

Increased Expression of CSF-1 Associates With Poor Prognosis of Patients With Gastric Cancer Undergoing Gastrectomy

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Abstract: Clinical significance of diametrically polarized tumor-associated macrophages in gastric cancer has been elucidated in our previous study, whereas the role of cytokines that orchestrate tumor-associated macrophages polarization in gastric cancer remains elusive. The study aims to evaluate the prognostic value of colony-stimulating factor-1 expression in patients with gastric cancer.

We examined the colony-stimulating factor-1 expression in tumor tissues by immunohistochemical staining in retrospectively enrolled 365 patients with gastric cancer undergoing gastrectomy at Zhongshan Hospital during 2008. Kaplan–Meier analysis and Cox regression models were used to evaluate the prognostic value of colony-stimulating factor-1 expression and its association with clinicopathological factors. A predictive nomogram by integrating colony-stimulating factor-1 expression with the TNM staging system was generated for overall survival evaluation of the patients.

High colony-stimulating factor-1 expression predicted an unfavorable outcome in gastric cancer. The colony-stimulating factor-1 expression in tumor tissue could give a further discrimination for the prognosis of gastric cancer patients. Cox multivariate analysis identified the colony-stimulating factor-1 expression as an independent prognostic factor. The generated nomogram performed well in predicting the 3- and 5-year overall survival of gastric cancer patients.

The colony-stimulating factor-1 is a potential independent adverse prognosticator for gastric cancer patients, which could be integrated with the tumor-associated macrophages staging system to improve the predictive accuracy for overall survival, especially in advanced tumors.

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Abbreviations: CSF-1 = colony-stimulating factor-1, CSF-1R = colony-stimulating factor-1 receptor, IOD = integrated optical density, M-CSF = macrophage colony-stimulating factor, NF- κ B = Nuclear factor-kappa B, Stat3 = signal transducer and activator of transcription-3, TAM = tumor-associated macrophages, TNM = tumor node metastasis, VEGF = vascular endothelial growth factor.

INTRODUCTION

Gastric cancer remains to be the fourth most common malignancy and responsible for the third leading cause of cancer-related death worldwide, despite its steadily decreasing incidence and mortality since 1930s.^{1,2} Currently, the widely used UICC/AJCC TNM staging system is mainly based on the histopathological score,³ with the underlying molecular and cellular processes during carcinogenesis of gastric cancer being ignored. As those patients with the same TNM stage could have divergent clinical outcomes, illumination of the involved molecules and the underlying mechanisms in the development and progression of the disease might give a further risk stratification for the patients and provide the guidance for a more precise treatment.

Many studies have unraveled the crucial role of immune cells in the tumor microenvironment during carcinogenesis of tumors.^{4,5} As the most abundant cells infiltrated in tumor microenvironment, macrophages have entered the sight for its protumoral role in facilitating neoangiogenesis in the primary tumor and promoting metastasis,^{6–9} including gastric cancer.^{10,11} Recent studies revealed that the macrophages involved in the pathogen response appeared to come from circulating monocytes, as well as the ones associated with tumors.¹² Colony-stimulating factor-1 (CSF-1), also called macrophage colony-stimulating factor (M-CSF), is the essential orchestrator of monocyte infiltration and macrophage polarization during infection and carcinogenesis.¹³ Previous study proved the recruitment of macrophages by CSF-1 in the mouse model of breast cancer.¹⁴ Furthermore, many studies reported that CSF-1 was involved in the M2-polarization of macrophage, which usually favors neovascularization and tumor progression.¹⁵ High CSF-1 expression was associated with a poor survival in several tumors, including endometrial carcinoma,¹⁶ leiomyosarcoma,¹⁷ clear cell renal cell carcinoma,¹⁸ and breast cancer.¹⁹ However, the clinical significance of the expression of CSF-1 and its prognostic value in gastric cancer remain obscure.

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Our previous work has identified the prognostic role of diametrically polarized tumor-associated macrophages (TAMs) in gastric cancer.²⁰ Here in the study, we aimed to investigate the expression of CSF-1 in gastric cancer and its correlation with the clinicopathological characteristics as well as clinical outcomes. Furthermore, a predictive nomogram was generated to evaluate the 3- and 5-year overall survival for the patients with gastric cancer after surgery.

PATIENTS AND METHODS

Clinical Specimens

The study enrolled 365 patients diagnosed with gastric cancer at Zhongshan Hospital, Fudan University (Shanghai, China) in 2008. All the patients underwent a radical resection (R0) from the same surgical team and anticancer therapy naïve before surgery. The clinicopathological and baseline demographic characteristics of the patients, including age, gender, tumor size, tumor differentiation, Lauren's classification, and tumor stage were retrospectively collected. Two independent gastroenterology pathologists from Department of Pathology, Zhongshan Hospital gave their reassessments for the tumor stage according to the 7th Edition of the UICC/AJCC TNM Staging System. Overall survival was defined as the time from

the date of surgery to the date of death or last visit. Written informed consent from each patient was achieved and the use of human specimens was approved by the Clinical Research Ethics Committee of Zhongshan Hospital.

Tissue Microarray and Immunohistochemical Staining

The construction of tissue microarray and the immunohistochemical protocols were as previously described.²¹ Antimacrophage colony-stimulating factor antibody (Abcam, Cambridge, MA) was used as the primary antibody in the immunohistochemical analysis. A computerized image system composed of an Olympus CCD camera connected to a Nikon eclipse Ti-s microscope was used to measure the density of positive staining. The stained sections were scanned at $\times 200$ magnification and 3 independent microscopic fields with the strongest staining were captured by NIS-Element F3.2 software to ensure representativeness and homogeneity. Each photo used an identical setting. Image-Pro Plus version 6.0 software (Media Cybernetics Inc, Bethesda, MD) was used to measure the density of the staining. Integrated optical density (IOD) of all the positive staining in the captured photo was measured to give a quantitative assessment for the staining. The mean IOD of the 3 captured microscopic fields was regarded as the density of CSF-1

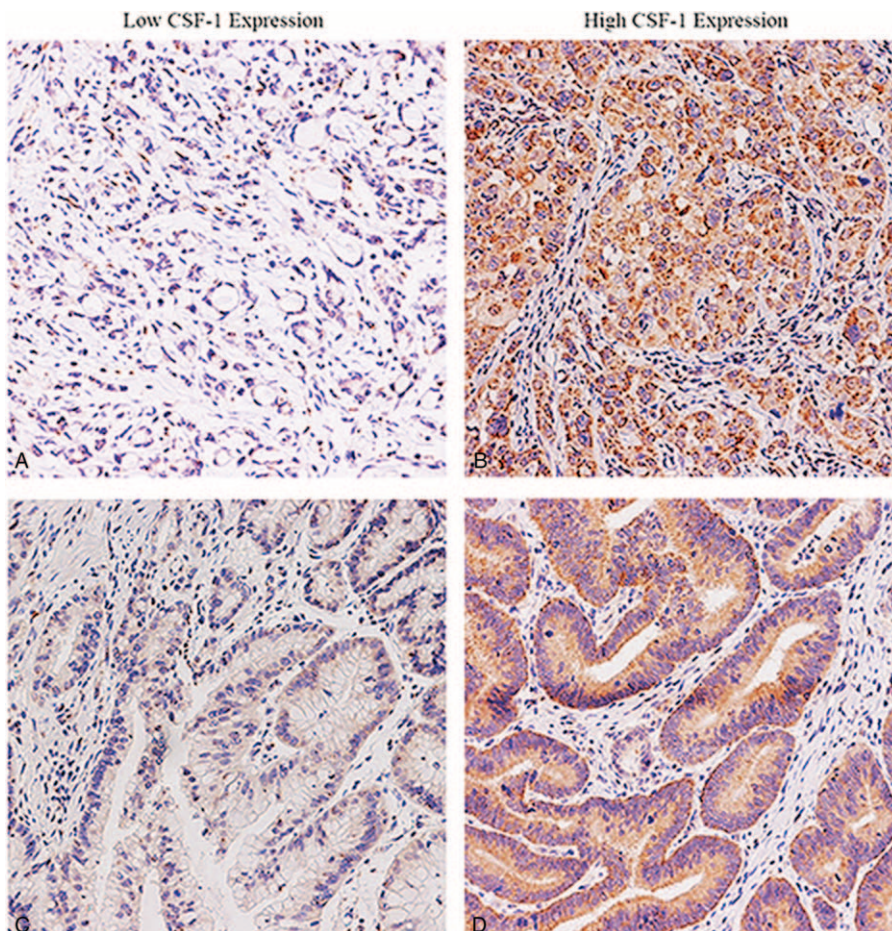


FIGURE 1. Representative images for CSF-1 expression in gastric cancer. Gastric cancer tissue with low CSF-1 expression (A, C) and high CSF-1 expression (B, D). Magnification $200\times$. CSF-1 = colony-stimulating factor-1.

expression in the represented tissue. Two independent gastroenterology pathologists who were blinded to the patient outcomes and clinicopathological characteristics gave the evaluation of the immunostaining. The cut-off point for the definition of high/low expression subgroups were determined by X-tile software.²²

Statistical Analysis

SPSS 19.0 (SPSS Inc, Chicago, IL) and R software version 3.0.2 with the “rms” package (R Foundation for Statistical Computing, Vienna, Austria) were used to perform the analyses. Pearson χ^2 test or Kruskal–Wallis test was used to compare categorical variables. Continuous variables were analyzed by Student’s *t* test. Overall survival functions were compared using Kaplan–Meier estimates, and statistical significance was determined using the log-rank test. Multivariable Cox proportional hazards models were used to identify the independent prognosticator. Nomogram was generated by R software with “rms” package. Calibration plots for 3- and 5-year overall survival were constructed to examine the performance characteristics of the generated nomogram. The prognostic accuracy was measured by calculating Harrell’s concordance indices (c-indices). All statistical analyses were 2-sided and *P* < 0.05 was regarded as statistically significant.

RESULTS

Immunohistochemical Findings

The positive staining of CSF-1 was observed in the cytoplasm and/or on the membrane of neoplastic epithelia and in the stroma (Figure 1A–D). The integrated optical density (IOD) of the immunostaining in each specimen varied greatly in tumor tissues. The measured IOD of the staining in tumor tissue was 237.0 ± 235.1 (median 144.9; range from 0.7 to 1185.9). With the X-tile software, the cut-off point was 236.3, which was determined using the method of minimum *P* value. Thus, the CSF-1 low expression subgroup included 231 (63.3%) patients whereas the high expression subgroup included 134 (36.7%) patients.

Correlations Between CSF-1 Expression and the Clinicopathological Features

Table 1 showed clinicopathological features. All the patients were followed up until April 2014 with a median follow-up time of 43.3 months, ranging from 2 to 79 months. A total of 69.3% (253) of the patients were men. The average age of the patients was 59.8 ± 11.7 years old, ranging from 27 to 88. 64.1% (234) are of Lauren’s intestinal type and the rest are of the diffuse type. The majority histological type (of 331 patients) was tubular adenocarcinoma and there were both 17 patients for signet-cell carcinoma and mucinous adenocarcinoma. Totally 232 (63.6%) of the patients had lymph node metastasis. Of all the patients, 84 were in the TNM I stage; 83 were in the TNM II stage; 198 were in the TNM III stage. The relationship between clinical pathological characteristics and CSF-1 expression is also shown in Table 1. CSF-1 expression in tumor tissue was only significantly associated with lymph node metastasis (*P* = 0.030). No significant association was found between CSF-1 expression and the other clinical pathological characteristics.

Prognostic Value of CSF-1 Expression in Gastric Cancer

Kaplan–Meier analysis was used to determine the overall survival in the 2 subgroups mentioned above. Statistical

significance was determined using the log-rank test. As shown in Figure 2A, high expression of CSF-1 was associated with poor overall survival (*P* < 0.001). The average survival time for CSF-1 low expression subgroup was 56.3 ± 1.95 months whereas that for the high expression subgroup was only 46.16 ± 2.67 months. Kaplan–Meier analysis was also applied to compare overall survival according to CSF-1 expression in different TNM stages and Lauren’s classification in tumor tissues, respectively. Significances were found in TNM III stage tumor, Lauren’s intestinal-type tumor according to CSF-1 expression (Figure 2B and C) whereas in TNM I,

TABLE 1. Correlations Between CSF-1 Expression and Clinical Pathological Features in Patients With Gastric Cancer (n = 365)

Characteristics	CSF-1 Expression			<i>P</i> Value*
	All Patients	Low	High	
Age (y)				0.461
Mean ± SD	59.8 ± 11.7	60.2 ± 11.6	59.2 ± 12.0	
Gender				0.497
Male	253	163	90	
Female	112	68	44	
Tumor size (cm)				0.063
Mean ± SD	3.75 ± 2.13	3.91 ± 2.19	3.48 ± 1.99	
Histology				0.881
Well differentiated	15	11	4	
Moderately differentiated	135	84	51	
Poorly differentiated	181	113	68	
Signet-ring cell carcinoma	17	11	6	
Mucinous adenocarcinoma	17	12	5	
Lauren’s Classification				0.983
Intestinal	234	148	86	
Diffuse	131	83	48	
Depth of Invasion				0.414
T1	63	41	22	
T2	51	36	15	
T3	66	40	26	
T4	185	114	71	
Lymph node Metastasis				0.030
N0	133	90	43	
N1	39	28	11	
N2	74	48	26	
N3	119	65	54	
pTNM Stage				0.090
I	84	57	27	
II	83	57	26	
III	198	117	81	

CSF-1 = colony stimulating factor-1, SD = standard deviation, TNM = tumor node metastasis.
* χ^2 test, Kruskal–Wallis test or Student’s *t* test was performed. *P* < 0.05 was regarded as statistically significant.

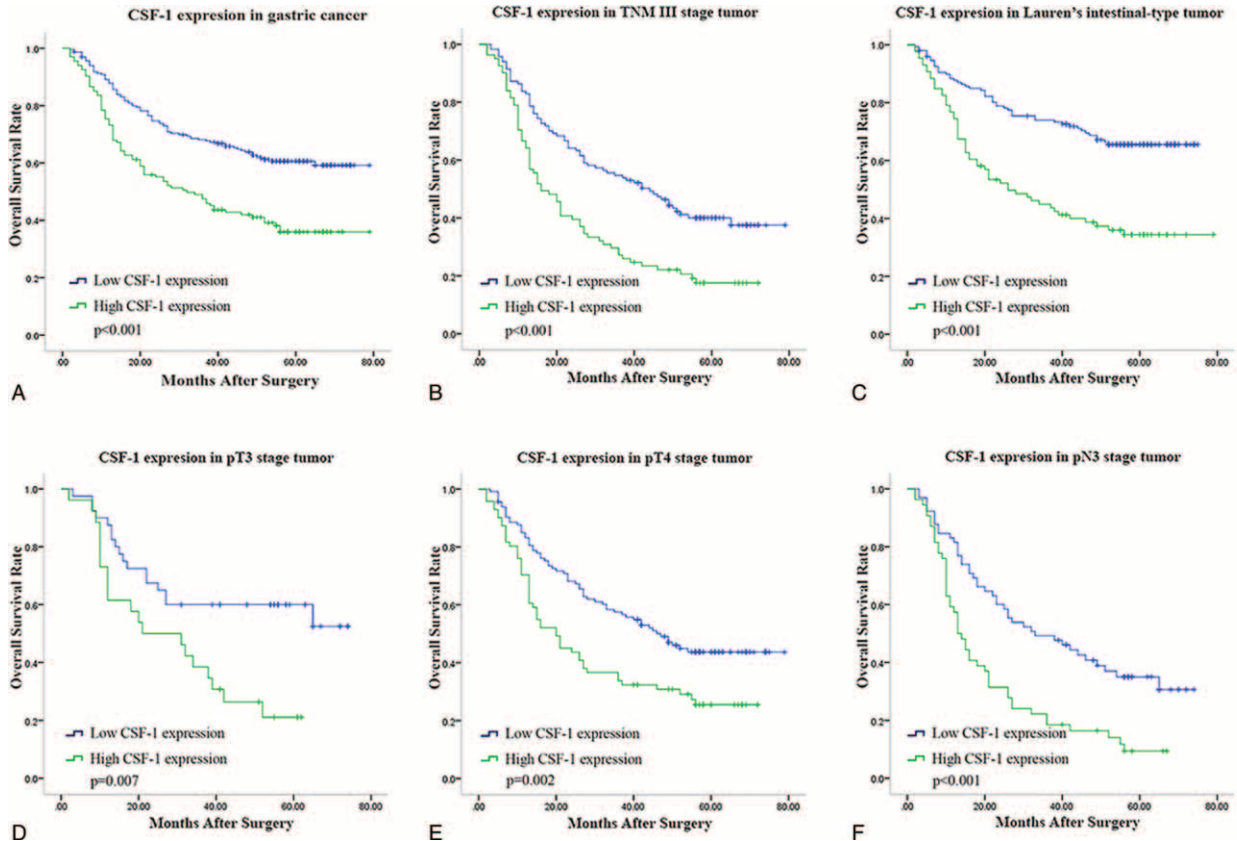


FIGURE 2. Kaplan–Meier analysis for overall survival of patients with gastric cancer according to CSF-1 expression. Kaplan–Meier analysis for overall survival according to CSF-1 expression in all patients (A); in patients with TNM III stage tumor (B); in patients with Lauren’s intestinal-type tumor (C); in patients with pT3 stage tumor (D); in patients with pT4 stage tumor (E); in patients with pN3 stage tumor (F). *P* value, calculated by log-rank test, < 0.05 was regarded as statistically significant. CSF-1 = colony-stimulating factor-1, TNM = tumor node metastasis.

TNM II or Lauren’s diffuse-type, no significant differences were found between the 2 subgroups (Figure S1, <http://links.lww.com/MD/A733>). As significances were found only in TNM III tumors, we gave a further stratified analysis in different depth of tumor invasion and lymph node metastasis status. Significant differences were found in pT3, pT4, and pN3 stage tumors (Figure 2D–F) whereas no significant differences were found in pT1, pT2, and pN0–2 stage tumors (Figure S1, <http://links.lww.com/MD/A733>).

As the majority of histological type of the tumors was tubular adenocarcinoma, we gave a stratified analysis in this type of tumor according to the differentiation (Figure 3). Significant differences were found in the moderately differentiated tumor ($P = 0.011$) and poorly differentiated tumor ($P < 0.001$) whereas no difference was found in well-differentiated tumor ($P = 0.858$).

In the univariate Cox regression analysis of overall survival, CSF-1 expression was defined as a prognostic factor ($P < 0.001$). Multivariable Cox proportional hazards models including depth of tumor invasion, lymph node metastasis, CSF-1 expression, Lauren’s classification, and histological subtype as covariables were built. Depth of tumor invasion ($P = 0.003$), lymph node metastasis ($P < 0.001$), and CSF-1 expression ($P = 0.002$) were found to be independent prognostic factors for overall survival for patients with gastric cancer (Table 2).

Predictive Nomogram for Overall Survival in Gastric Cancer Patients

A quantitative nomogram was built to provide a more sensitive prognostic model for outcomes of patients with gastric cancer (Figure 4A). The factors incorporated in the nomogram were independent factors for overall survival selected after multivariate analysis. A higher total point predicts a worse prognosis. The total point was raised by the addition of the score of depth of tumor invasion, lymph node metastasis, and CSF-1 expression for each patients correspondingly. For internal validation, calibration curves for nomogram predicted 3- and 5-year survival rates were built and performed well with the ideal model (Figure 4B and C). Harrell’s c-index for the generated nomogram was higher (0.711; 95% CI, 0.673–0.749) than that of TNM stage (0.689; 95% CI, 0.650–0.728), indicating the nomogram performed better in predicting the overall survival for the patients.

DISCUSSION

Studies on CSF-1 expression in various tumors have proved that CSF-1 played an important role in carcinogenesis and served as an adverse prognosticator in some tumors.^{16–19} However, studies on the expression of CSF-1 and its prognostic value in gastric cancer were rare. Here, we demonstrated the

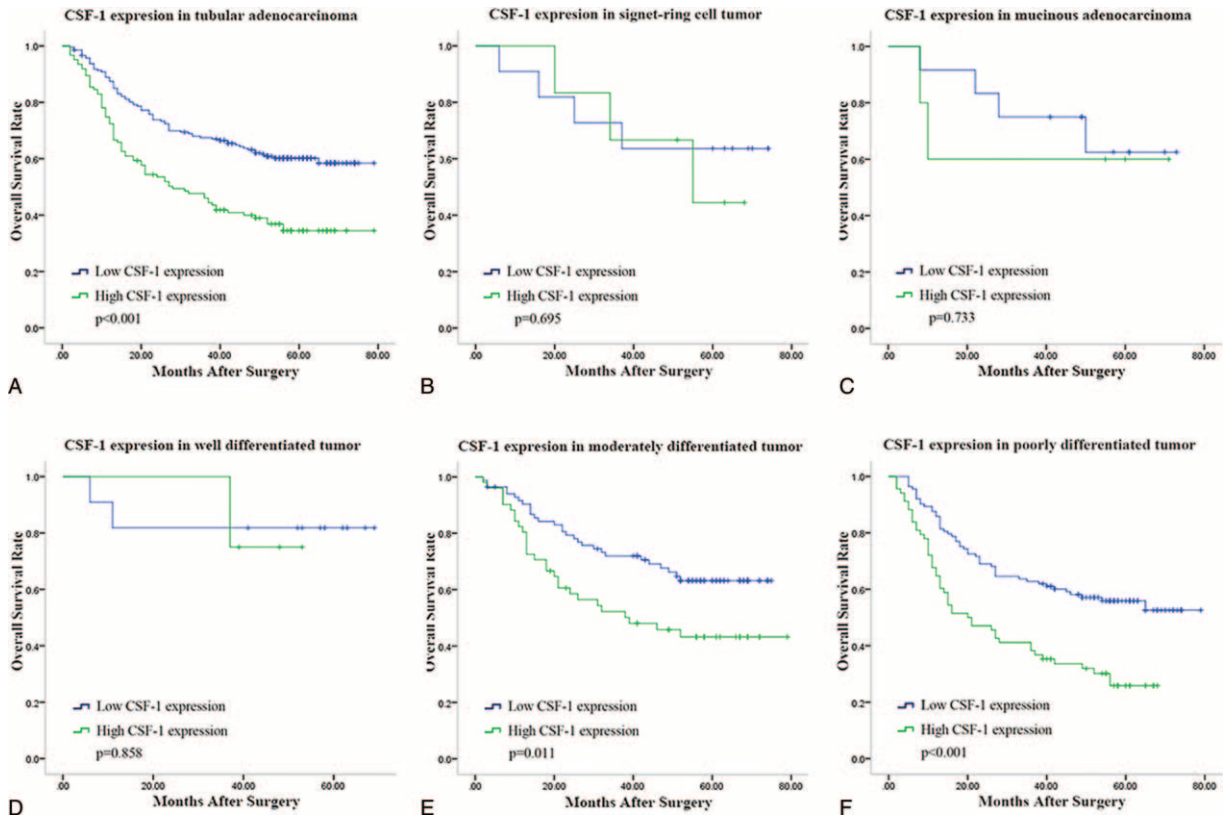


FIGURE 3. Kaplan–Meier analysis for overall survival of patients with different histological type of gastric cancer according to CSF-1 expression. Kaplan–Meier analysis for overall survival according to CSF-1 expression in patients with gastric tubular adenocarcinoma (A); gastric signet-ring cell tumor (B); gastric mucinous adenocarcinoma (C); well-differentiated tubular adenocarcinoma (D); in moderately differentiated tubular adenocarcinoma (E); in poorly differentiated tubular adenocarcinoma (F). *P* value, calculated by log-rank test, < 0.05 was regarded as statistically significant. CSF-1 = colony-stimulating factor-1.

TABLE 2. Multivariate Analysis for Survival in Gastric Cancer Patients (n = 302)

Variables	Hazard Ratio	95% CI	<i>P</i> Value*
Depth of tumor invasion			0.001
T2 vs T1	1.061	0.424–2.655	0.900
T3 vs T1	3.004	1.364–6.618	0.006
T4 vs T1	2.825	1.311–6.086	0.008
Lymph nodes metastasis			<0.001
N1 vs N0	1.321	0.704–2.481	0.386
N2 vs N0	1.689	1.007–2.832	0.047
N3 vs N0	2.927	1.832–4.677	<0.001
Histology			0.698
Well vs mucinous	0.768	0.188–3.133	0.713
Moderate vs mucinous	0.765	0.318–1.841	0.550
Poor vs mucinous	0.850	0.362–1.944	0.708
Signet-ring cell vs mucinous	0.502	0.164–1.535	0.227
Lauren’s classification			
Diffuse/intestinal	1.032	0.784–1.425	0.848
CSF-1 expression			
High vs low	1.900	1.401–2.578	<0.001

CSF-1 = colony-stimulating factor-1, CI = confidence interval.
 *Data obtained from the Cox proportional hazards model.
P value < 0.05 was regarded as statistically significant.

prognostic value of CSF-1 expression in gastric cancer and defined CSF-1 expression as an independent prognosticator for overall survival of the patients. The generated nomogram gave a better risk stratification for the overall survival of the patients than the TNM staging system.

Tumor-associated macrophages (TAM) gains increasing interest of researchers for its important role in tumor initiation, progression, and metastasis.^{8,23} Ishigami et al found TAMs associated with an adverse prognosis in gastric cancer²⁴ whereas Ohno et al revealed that the aggregation of TAMs within tumor nest had a beneficial effect.²⁵ Divergences existed partially because these studies ignored the differences in the phenotypes of TAM. By interaction with the tumor microenvironment, macrophages change their activation states, usually defined as M1- and M2-TAM.²⁶ Increasing evidence suggested that M2-TAMs facilitated the progression of tumors.⁶ Our previous work proved the prognostic significance of M1/M2 phenotypes using combined analysis of CD11c and CD206 in gastric cancer.²⁰ As the essential regulator of macrophage homeostasis and chemotaxis, CSF-1 was reported to induce transformation of macrophages from M1 to M2 phenotype relayed by NF-κB.²⁷ Furthermore, by blockade of CSF1/CSF1R could functionally reprogram macrophage responses that enhanced antigen presentation and productive antitumor T-cell responses.²⁸ Thus, it is conceivable that increased expression of CSF-1 would promote M1 to M2 polarized macrophages that infiltrated and invaded favorably of the primary tumor.

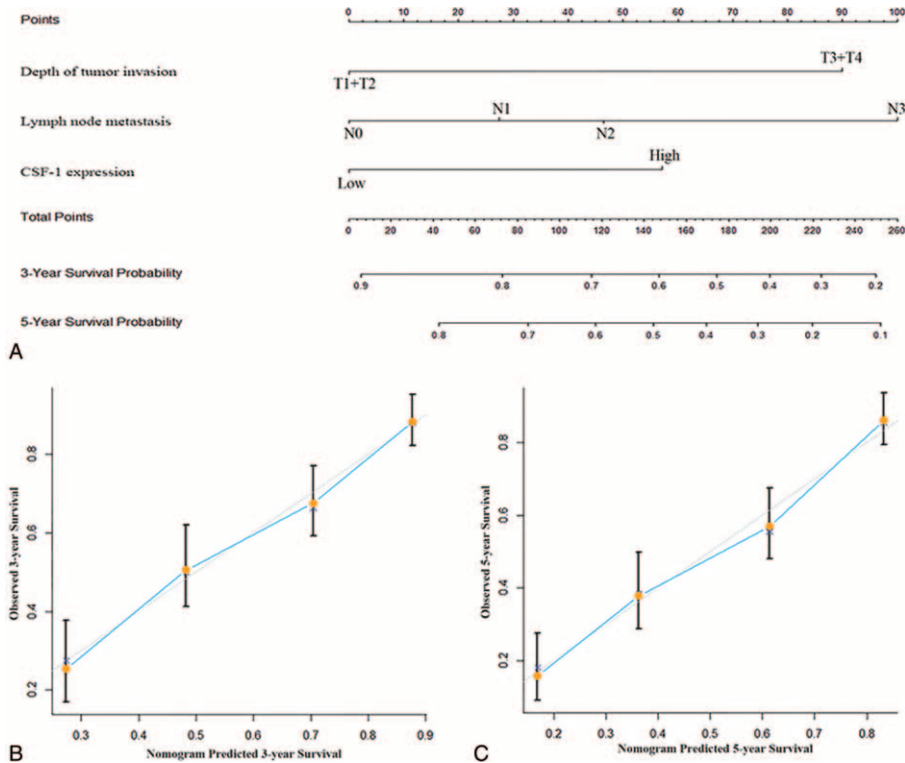


FIGURE 4. Nomogram for predicting 3- and 5-year overall survival in patients with gastric cancer. (A) Nomogram for predicting clinical outcomes integrated CSF-1 expression (low/high) with tumor depth (T1 + T2/ T3 + T4) and lymph nodes metastasis (N0/N1/N2/N3). In the nomogram, higher total point predicts worse prognosis. Addition of the scores of tumor invasion depth, lymph node metastasis status, and CSF-1 expression for each patients correspondingly gives the total point. (B) Calibration plot for nomogram predicted and observed 3-year overall survival rate. (C) Calibration plot for nomogram predicted and observed 5-year overall survival rate. Calibration curves for nomogram predicted 3- and 5-year overall survival performed well with the ideal model. Line of dashes: ideal model; vertical bars, 95% confidence interval. CSF-1 = colony-stimulating factor-1.

In the study, CSF-1 was found to be associated with depth of tumor invasion and lymph node metastasis. Tumor gains the nutrition from the host that facilitates its development and progression via dispersion at the early stage. When tumor becomes advanced, dispersion could not provide enough nutrition. Therefore, tumor-derived growth factors that promote neoangiogenesis and lymphangiogenesis to facilitate nutrition supply and metabolite excretion emerge. It is reported that TAM could promote angiogenesis and lymphangiogenesis in gastric cancer by elevated VEGF and VEGF-C.¹⁰ Furthermore, the previous study has identified that CSF-1 could lead to the activation of signal transducer and activator of transcription-3 (Stat3), which promotes cell survival and proliferation as well as immune responses associated with tumor progression.²⁹ These could give a possible explanation for our finding that the overall survival of the 2 subgroups differed significantly in more advanced tumors (in TNM III, pT3, pT4, and pN3 stage tumors).

Although tumor size is an important prognostic factor in many malignancies, its prognostic value and relation with clinicopathological factors in gastric cancer have not been well defined. Contradictory results have been obtained about its prognostic significance and its relation with lymph node metastasis.^{30–32} Using tumor size as a continuous variable in our study, we found that patients with high expression of CSF-1 had a negative correlation trend with tumor size ($P = 0.063$) while

had a positive correlation with lymph node metastasis ($P = 0.030$). Univariate Cox regression analysis found tumor size was not a prognostic factor for OS, making the relation between CSF-1 expression and tumor size still unclear. Therefore, relation between CSF-1 expression and tumor size need to be validated in a larger, prospective study.

Here, we unraveled the prognostic value of CSF-1 expression in gastric cancer. By different CSF-1 expression in tumor tissue, we could give a simple risk stratification for the patients. Further, CSF-1 expression yielded as an independent adverse prognostic factor for overall survival in gastric cancer patients. Stratification analyses revealed CSF-1 expression could give some additional prognostic information in tumors of different stages, especially in advanced tumors. A nomogram by integrating CSF-1 expression, depth of tumor invasion, and lymph node metastasis status was built to give a quantitative prediction for the 3- and 5-year overall survival of the patients. Calibration plots and c-indices for the generated nomogram indicated a better performance than the TNM staging system in discrimination for the patients of different outcomes.

Accumulating evidence indicated that anticancer therapies, including cytotoxic drugs, radiotherapy, and targeted agents depended on the activation of anticancer immune responses.³³ Studies on the reversion of M1/M2 polarization, as well as the prognostic value of TAMs^{34,35} and CSF-1 expression given, raised the possibility that by targeting the

reversion of TAM polarization could open a new avenue for the treatment of gastric cancer.

In conclusion, we have identified aberrant expression of CSF-1 in gastric cancer as an independent prognostic factor, which could be integrated with depth of tumor invasion and lymph node metastasis status to generate a nomogram to give a better risk stratification for gastric cancer patients with different prognosis, especially in advanced stages.

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