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# Endothelial NADPH oxidase 4 protects ApoE–/– mice from atherosclerotic lesions

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# Abstract

Vascular reactive oxygen species (ROS) are known to be involved in atherosclerosis development and progression. NADPH oxidase 4 (Nox4) is a constitutively active ROS-producing enzyme that is highly expressed in the vascular endothelium. Nox4 is unique in its biology and has been implicated in vascular repair, however, the role of Nox4 in atherosclerosis is unknown. Therefore, to determine the effect of endothelial Nox4 on development of atherosclerosis, Apoe E-/- mice +/ - endothelial Nox4 (ApoE-/-+EC Nox4) were fed a high cholesterol/high fat (Western) diet for 24 weeks. Significantly fewer atherosclerotic lesions were observed in the ApoE-/- + EC Nox4 mice as compared to the ApoE-/- littermates, which was most striking in the abdominal region of the aorta. In addition, markers of T cell populations were markedly different between the groups; T regulatory cell marker (FoxP3) was increased whereas T effector cell marker (T-bet) was decreased in aorta from ApoE-/- + EC Nox4 mice compared to ApoE-/- alone. We also observed decreased monokine induced by gamma interferon (MIG; CXCL9), a cytokine known to recruit and activate T cells, in plasma and tissue from ApoE-/- + EC Nox4 mice. To further investigate the link between endothelial Nox4 and MIG expression, we utilized cultured endothelial cells from our EC Nox4 transgenic mice and human cells with adenoviral overexpression of Nox4. In these cultured cells, upregulation of Nox4 attenuated endothelial cell MIG expression in response to interferon-gamma. Together these data suggest that endothelial Nox4 expression reduces MIG production and promotes a T cell distribution that favors repair over inflammation, leading to protection from atherosclerosis.

### Keywords

NADPH Oxidase 4; reactive oxygen species; atherosclerosis; T regulatory cells; CXCL9

Disclosures: NONE

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### Introduction

Atherosclerosis is a multi-stage disease that initially involves endothelial dysfunction ultimately leading to intimal lipid accumulation, immune cell infiltration, and vascular inflammation. Increased reactive oxygen species (ROS) are considered a key component of atherogenesis. Although there are multiple potential vascular ROS producers[1], the abundance and increased expression of the NADPH oxidase (Nox) family of proteins in diseased vasculature suggest that these proteins are a major source of ROS [2].

There are 7 Nox family members (Nox1–5, Duox1/2) that variably require other accessory proteins (*i.e.* p22phox, p47phox, p67phox, etc.) found in vascular tissues [3]. However, one family member, NADPH oxidase 4 (Nox4) is unique in that it is constitutively active, and requires only p22phox for activity [4, 5]. In addition, unlike the other Nox members, Nox4 primarily generates hydrogen peroxide rather than superoxide as its ROS product [6, 7] Hydrogen peroxide has a longer half-life than superoxide, more easily crosses membranes, and is important for cell signaling via its largely reversible reaction with protein thiol moieties. Thus, Nox4 catalytic activity has been implicated in a number of cellular signaling processes. [4, 8–10].

In particular, Nox4 expression has been linked to such cell functions as proliferation, differentiation, and oxygen sensing. It is well established that Nox4 expression increases with TGF $\beta$  [11], and in models of vascular injury. The timing of increased Nox4 expression seems to coincide with the onset of tissue repair [12]. Consistent with this notion, overexpression of endothelial Nox4 leads to improved blood flow recovery and angiogenesis in response to hindlimb ischemia, whereas Nox4 loss-of-function delayed this process [13, 14]. In humans, vascular Nox4 expression may be decreased in severe disease states[15, 16]. Together, these data led us to hypothesize that endothelial Nox4 plays an important role in reparative responses required for the resolution of vascular disease. To test this, we have utilized endothelial Nox4 expression[13] in a mouse model of atherosclerosis.

### Methods

#### Materials and Methods

**Animals**—Studies were performed in control (C57/Bl6J) mice and hypercholesterolemic ApoE deficient (ApoE-/- mice) either fed normal chow or a high fat/high cholesterol (Western) diet (Research Diets: D12108) composed of 40 kcal% fat and 1.25% cholesterol. ApoE-/- mice were crossed with endothelial Nox4 expressing transgenic mice[13]. All experiments were done using ApoE-/- +EC Nox4 and littermate (ApoE-/-) controls. All experimental protocols were approved by the Institutional Animal Care and Use Committee of University of Massachusetts Medical School.

**Study Design**—Mouse were started on the Western diet at 8–10 weeks of age. Tissues were harvested at 5, 12, and 24 weeks after start of the diet.

**Total Cholesterol**—Plasma was drawn prior to high fat feeding (baseline) and 12 weeks post-high fat feeding. Total cholesterol was measured using Cayman Cholesterol Assay Kit catalog # 10007640.

**Glucose tolerance test**—Glucose (1 g/kg) was administrated by intraperitoneal injection. Blood samples were harvested from the tail vein at the indicated time, and glycemia was determined using a glucometer (Bayer).

**Oil Red O Aortic Staining**—Aorta were harvested immediately following euthanasia and cleaned (fat and connective tissue removed) from the aortic arch to the femoral arteries. Aorta were then cut lengthwise, pinned with insect pins on a black dish and gently washed  $1 \times$  with PBS for 1 minute at RT. Aorta were then soaked in 60% isopropanol for 1 minute at RT. Oil Red O stain was then applied and let sit for 30min at 37°C. Aorta were then washed with 60% isopropanol for 2 minutes followed by PBS for 2 minutes. Aorta were drained and pictures were immediately taken. Lipid deposits were quantified using image J software in a blinded fashion.

**PCR**—Total RNA was extracted with the use of Qiagen RNeasy Mini Kits for cells and with the use of TRIzol (Invitrogen) for tissue samples according to the manufacturer's protocol. Total RNA was reverse- transcribed to cDNA with the use of Qiagen Omniscript RT Kit at 37°C for 60 minutes. The real- time polymerase chain reaction reactions were run on a Bio-RAD iQ5 iCycler using SYBR green or the Invitrogen Taqman System. All gene expression data was normalized to HPRT unless otherwise specified. See Table 1 for SYBR green primer sequences used. Relative gene expression was calculated using 2 <sup>Ct</sup>.

**Histology**—Aortic roots were excised after 0.9% saline perfusion and fixed overnight in 4% PFA at 4°C. PFA was then rinsed 3× and the tissue was submerged in 30% sucrose with gentle shaking at 4°C. Tissue was then immediately frozen in Tissue Tek OCT, and sections (10uM) were subsequently stained with Masson's Trichrome and MOMA-2 (1:100). Images were obtained with a 40× objective (Nikon) on an inverted microscope (TE-2000; Nikon) Images were captured with the use of SpotSoftware (Diagnostic Instruments). All images were quantified using 3–5 sections/mouse using image j software.

**Plasma Cytokines**—Whole blood was collected by cardiac puncture at time of sacrifice in EDTA tubes and immediately spun to separate plasma. Plasma was then snap-frozen and stored at -80°C until further analyzed. Plasma cytokines were measured by ELISA (Luminex 200; Millipore) using the Mouse Magnetic 20-Plex Panel from Life Technologies (Catalog #: LMC0006M).

**Cell culture**—Cultured human aortic ECs were obtained from Lonza (Basel, Switzerland) and used between passages 3 and 8. Mouse lung endothelial cells (MLECs) were harvested via 2 consecutive selections using ICAM-2 and cultured on 0.2% gelatin-coated dishes. The MLECs were used for experiments between passages 2–6. All endothelial cells were cultured in EGM-2 containing 2% FBS with the included bullet kit supplements (Lonza). Adenoviral constructs were added to the cells for 24h as previously described [13] prior to a 24h treatment with human or mouse interferon gamma (IFNγ R&D systems; 12.5ng/mL. The range of hNox4 overexpression in HAEC with the adenoviral constructs was 4–10 fold (data not shown).

**Statistics**—Statistics were performed using Prism software (GraphPad, version 6.0). 2tailed Student's t tests were used to analyze all normally distributed data. Mann-Whitney rank sum test was used when data were not normally distributed or had unequal group variances. P values less than 0.05 were considered significant. The Grubb's test was used to detect outliers.

# Results

#### Nox4 expression is altered by a Western diet

To gain insight into how Nox4 could impact atherosclerosis, we examined its expression in atherosclerosis-resistant versus atherosclerosis-prone models. In response to 24 weeks of a high-fat diet, atherosclerosis-resistant C57/Bl6 (WT) mice demonstrated a significant increase in aortic Nox4 expression (Figure 1A), as previously reported [17]. In contrast, the atherosclerosis-prone ApoE<sup>-/-</sup> model exhibited reduced Nox4 expression with high-fat feeding (Figure 1B). These data and published reports [15, 16] therefore suggest decreased Nox4 tissue expression may be associated with the development of atherosclerosis.

### Endothelial Nox4 expression attenuates atherosclerosis

There is little information about how Nox4 in specific cells modulates the atherosclerotic process. Since Nox4 is the main NADPH oxidase isoform in the endothelium, and endothelial dysfunction has been linked to atherosclerosis, we sought to determine if preventing Nox4 downregulation in the endothelium would impact atherosclerosis. Therefore, we bred endothelial cell Nox4 overexpressing mice (EC Nox4) onto the ApoE<sup>-/-</sup> background. These mice demonstrated similar endothelial Nox4 expression levels as previously published [13]. We observed no differences in cholesterol levels, weight gain, or glucose tolerance between the two groups after a Western diet (Figure 1C – F).

Aortas were harvested at 5, 12 and 24 weeks to assess atherosclerosis at early and late stages. Using Oil Red O staining to visualize atherosclerotic lesions, we observed little lesion development at 5 weeks (data not shown), but there was significant staining primarily in the aortic arch at 12 weeks, regardless of EC Nox4 status (Figure 2A). However, after 24 weeks on a Western diet, there was significantly less lesion area in the ApoE-/- + EC Nox4 group (Figures 2B). Histologic examination of the aortic arch showed no differences in lesion composition (Masson's trichrome stain) or macrophage infiltration (MOMA-2

staining; Figures 2 C,D). Thus, preservation of endothelial cell Nox4 expression appears to protect  $ApoE^{-/-}$  from late-stage atherosclerosis, particularly in the abdominal region.

# Endothelial Nox4 expression does not alter selectin or adhesion molecule expression, but changes T cell population markers

We harvested the aorta from ApoE-/- + EC Nox4 mice on either a normal chow or Western diet for 24 weeks and examined the expression of selectins and adhesion molecules, known to be involved in atherosclerosis. As shown in Figures 3A and B, there were no significant differences observed between the groups with regards to the expression of E-selectin, P-selectin, VCAM-1, or ICAM-1.

We also examined gene expression of specific markers for immune cell types known to contribute to atherosclerotic lesion development. We found that EC Nox4 did not impact the expression of markers for monocytes and macrophages (CD68, F4/80, Mac-1) in the aorta regardless of diet (Figures 3C and D).

# Endothelial Nox4 alters T cell populations and decreases monokine of interferon gamma (MIG) expression

As recent data has indicated T cell populations as mediators of atherosclerosis, we examined aortic gene expression for markers of these T cell subsets. T regulatory cells (Treg; documented by FoxP3 expression), which are known to decrease the severity and pathogenesis of atherosclerosis [18], trended to increase (p = 0.05) in aorta of the ApoE-/- + EC Nox4 mice (Figure 4A), whereas T effector cells (Teff; documented by T-bet expression) were significantly decreased in aorta of the ApoE-/- + EC Nox4 mice (Figure 4B).

We examined plasma cytokines that could mediate the observed differences in the T cell populations. Plasma monokine of interferon gamma (MIG; CXCL9) levels were significantly reduced (~75%) (Figure 4C) in the transgenic mice. Since endothelial cells are known to produce MIG which typically recruits and activates Teffs, we measured aortic MIG mRNA expression and found that MIG was significantly decreased in aorta from our ApoE-/- + EC Nox4 mice compared to the ApoE-/- controls (Figure 4D).

As MIG was reduced in animals expressing endothelial Nox4, we sought to investigate the relation between Nox4 and MIG expression. We treated mouse lung endothelial cells (MLECs) from EC Nox4 transgenic mice and littermate controls with IFN $\gamma$  and found that Nox4 significantly decreased IFN $\gamma$ -induced MIG expression (Figure 4E). Similarly, expression of Nox4 in human aortic endothelial cells (HAECs) prevented IFN $\gamma$ -mediated MIG expression (Figure 4F). Thus, endothelial Nox4 status modulates endothelial MIG responses to IFN $\gamma$ .

### Discussion

In this study, we found that atherosclerosis-prone ApoE–/– mice exhibited reduced Nox4 expression on an atherogenic (Western) diet, whereas atherosclerosis-resistant C57/Bl6J mice demonstrated preserved Nox4 expression on the same diet. In our model of

atherosclerosis, endothelial Nox4 overexpression significantly attenuated disease primarily in the abdominal aorta. Protection from atherosclerosis was associated with a reduction in plasma and tissue levels of the cytokine MIG in addition to increased Treg and decreased Teff markers in the aorta. Thus, our findings suggest that endothelial Nox4 plays a key role in mediating endothelial inflammatory responses in atherosclerosis.

A significant finding of our study was that plasma and tissue MIG expression was decreased in our atherosclerotic transgenic mice. MIG is a cytokine that functions to recruit activated T cells, promoting inflammation. We found that Nox4 inhibited IFN $\gamma$  induced MIG expression in cultured endothelial cells further suggesting that the decrease in plasma and tissue MIG is a direct effect of endothelial Nox4. Indeed, mice harboring a genetic deletion of the MIG receptor (CXCR3) [19], or a functionally related chemokine (CXCL10) [20], resulted in a similar pattern of protection against atherosclerosis. In these studies, protection was also associated with an increased population of Treg to Teff cells in the aorta.

The fact that we observed reduced MIG in our model suggest that endothelial Nox4 could modulate aortic T cell populations, in part through its impact on MIG. Recent literature has documented that the balance between effector T cells and regulatory T cells can determine the outcome of disease. In this context, Tregs act to decrease inflammation and promote repair, while Teffs serve to promote inflammation [21]. Consistent with this, depleting Tregs enhanced atherosclerosis in both LDLR–/– and ApoE–/– mice [22, 23]. In our study, the expression of T cell markers (FoxP3 and T-bet) indicated a change in the Treg/Teffector balance as a function of Nox4 expression. Taken together, these observations suggest that endothelial Nox4 promotes a T cell distribution that favors repair over inflammation.

Tregs are influenced by the localized environment and multiple factors have been documented to dictate Treg commitment. In this study we demonstrated EC Nox4 mice had decreased plasma and tissue levels of MIG and Nox4 in endothelial cells decreased MIG expression, however this may not be the only factor dictating the localized Tcell response. As we and others have previously shown, endothelial Nox4 produces H<sub>2</sub>O<sub>2</sub> released into the extracellular environment [13]. Recent data has documented a link between ROS and the Treg/Teffector balance, wherein both intracellular and extracellular ROS production can determine T cell fate [24–27]. Therefore, in addition to decreasing MIG production and subsequent T effector recruitment, EC Nox4 expression may also directly modulate the local environment to increase Treg commitment in the Tcell population through ROS signaling.

Our results demonstrate that Nox4 reduces MIG expression, increases the population of Tregs, and decreases Teffs which likely leads to the observed protection against the formation of atherosclerotic lesions. Although the precise function of endothelial Nox4 in human atherosclerosis is yet to be determined, our findings support an adaptive role for Nox4 in response to disease.

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# Abbreviations

| ROS      | reactive oxygen species              |
|----------|--------------------------------------|
| Nox4     | NADPH oxidase 4                      |
| MIG      | monokine induced by interferon gamma |
| $H_2O_2$ | hydrogen peroxide                    |
| WT       | wild type                            |
| EC       | endothelial cell                     |
| MLEC     | mouse lung endothelial cells         |
| Treg     | T regulatory cell                    |
| Teff     | T effector cell                      |
| IFNγ     | interferon gamma                     |

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# Highlights

- NADPH oxidase 4 in the endothelium protects ApoE-/- mice from atherosclerosis.
- Plasma monokine of interferon gamma was decreased with endothelial Nox4 expression.
- Aorta from Nox4 mice had increased T regulatory and decreased T effector cell markers.
- Endothelial Nox4 promotes repair by altering the localized T cell populations.





Wild type (A) and ApoE–/– (B) mice were fed with a Western diet for 24 weeks and aortic Nox4 gene expression (normalized to HPRT) was assessed (mean  $\pm$  SE; n = 4 – 5; \*p < 0.05). ApoE–/– mice were bred with the Ve-Cad endothelial specific Nox4 expressing mice [13] and both the control and Nox4 expressing groups of mice were examined for differences in weight (C), cholesterol (D), or glucose tolerance (E,F) after a Western diet (12 weeks; mean  $\pm$  SE; \*p < 0.05).





Aorta were harvested from ApoE–/– and ApoE–/– + EC Nox4 mice and Oil Red O staining was performed after 12 weeks (A) or 24 weeks (B) of a Western diet. The total aortic lesions and each section of the aorta were quantified for % lesion area (mean  $\pm$  SE; n = 7–12 / group \*p < 0.05). Aortic root sections were harvested at 5,12, and 24 weeks on a Western diet and stained with Masson's trichrome (C) and MOMA-2 (D) (mean  $\pm$  SE; n = 3–5 / group; 3–5 sections/mouse).

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Figure 3. Endothelial Nox4 does not change adhesion molecule expression or macrophage recruitment

Aorta were harvested from ApoE-/- and ApoE-/- + EC Nox4 mice and expression of different adhesion molecules (A,B) and immune cell markers (C,D) were assessed in mice fed with normal chow diet or a Western diet (normalized to hPRT; mean ± SE; n = 4 – 6).



Aorta were harvested and mRNA of the T regulatory marker FoxP3 (A) and the T effector marker T-bet (B) were measured (mean  $\pm$  SE; n = 4 – 6; \*p < 0.05). Plasma was collected from mice fed with a Western diet for 24 weeks and cytokine levels were measured by ELISA in ApoE–/– and ApoE–/– + EC Nox4 mice (C) (mean  $\pm$  SE; n = 8 –10; \*p < 0.05). Aorta were harvested and MIG mRNA was measured (D). Mouse lung endothelial cells (MLECs) were harvested from both EC Nox4 transgenic mice (Nox4 TG) and littermate controls (WT). MLECs were treated for 24h with mouse IFN $\gamma$  (12.5 ng/mL) and MIG

mRNA expression was measured (normalized to HPRT; mean  $\pm$  SE; n = 3; \*p < 0.05) (E). Human aortic endothelial cells (HAECs) were either transduced by control virus or Nox4 expressing virus. After transduction cells were treated for 24h with human IFN $\gamma$  (12.5 ng/mL) and harvested for gene expression of MIG (normalized to HPRT; mean  $\pm$  SE; n = 3; \*\*p < 0.01) (F).

# Table 1

SYBR green primer sequences.

| gPCR primers  |                         |
|---------------|-------------------------|
| mE-selectin F | ACACATCTGGTGGCAATTCA    |
| mE-selectin R | TGTTGTTTGGTTCACCTGGA    |
| mP-selectin F | TGTTCTCATGAACTGCAGCC    |
| mP-selectin R | ATCCCAGAAGCCAAACATTG    |
| mICAM-1 F     | GTGATGCTCAGGTATCCATCCA  |
| mICAM-1 R     | CACAGTTCTCAAAGCACAGCG   |
| mVCAM-1 F     | AGTTGGGGATTCGGTTGTTCT   |
| mVCAM-1 R     | CCCCTCATTCCTTACCACCC    |
| mF4/80 F      | CCCCAGTGTCCTTACAGAGTG   |
| mF4/80 R      | GTGCCCAGAGTGGATGTCT     |
| mMac-1 F      | ATGGACGCTGATGGCAATACC   |
| mMac-1 R      | TCCCCATTCACGTCTCCCA     |
| mCD68 F       | CCATCCTTCACGATGACACCT   |
| mCD68 R       | GGCAGGGTTATGAGTGACAGTT  |
| mCD3 F        | AGTGCAGTTCGGGAACAGAAG   |
| mCD3 R        | GATTGGCTACTCTGCTGGGT    |
| mCD4 F        | TCACCTGGAAGTTCTCTGACC   |
| mCD4 R        | GGAATCAAAACGATCAAACTGCG |
| mFoxP3 F      | TTGGTTTACTCGCATGTTCG    |
| mFoxP3 R      | AGGGATTGGAGCAGCACTTGTTG |