

Patients Scheduled for Chondrocyte Implantation Treatment with MACI Have Larger Defects than Those Enrolled in Clinical Trials

Cartilage
2016, Vol. 7(2) 140–148
© The Author(s) 2015
Reprints and permissions:
sagepub.com/journalsPermissions.nav
DOI: 10.1177/1947603515622659
cart.sagepub.com



Casper Bindzus Foldager¹, Jack Farr², and Andreas H. Gomoll³

Abstract

Objective. To compare characteristics for patients scheduled for autologous chondrocyte implantation with matrix-assisted chondrocyte implantation (MACI) with those enrolled in clinical trials and to describe differences in patient selection between countries. **Design.** Anonymized data from patients scheduled for MACI treatment in the knee in Europe and Australia/Asia were obtained from the Genzyme/Sanofi database. Average age, defect size, and male-female ratio were analyzed and compared by country. Clinical cohort studies and prospective comparative trials using autologous chondrocyte implantation and related treatments were identified and weighted average age, weighted defect size, and male-female ratio were analyzed and compared with data from the database. **Results.** From the database 2,690 patients were included with mean age 33.7 years and male-female ratio of 67:33. Mean defect size was 5.64 cm² and 70% of the defects were 3 to 10 cm². There were significant differences between patients' mean defect sizes between countries. Sixty-nine studies (57 cohorts and 12 prospective comparative trials) with a total of 5,449 patients were identified. The combined weighted mean age was 34.2 years, and the combined weighted mean defect size was 4.89 cm². Patients scheduled for MACI had significantly larger defects than those included in clinical trials. There was no significant difference in age. No differences were found between cohorts and prospective comparative trials. **Conclusion.** The vast majority of patients scheduled for autologous chondrocyte implantation with MACI have chondral defects comparable to that generally recommended, but differences exist between countries. Patients enrolled in clinical trials have significantly smaller defects than those undergoing treatment outside controlled trials.

Keywords

autologous chondrocyte implantation, articular cartilage, knee, demographics

Introduction

Matrix-assisted chondrocyte implantation (MACI) is a commercially available third-generation autologous chondrocyte implantation (ACI) technique for the treatment of articular cartilage defects. Established treatment algorithms generally agree on the use of microfracture or osteochondral autograft transfer (OAT) as first-line treatment for smaller defects (<3 cm²) of the femoral condyles. The indication for MACI and other ACI techniques has generally been limited to larger focal chondral defects (>3–4 cm²) of the knee, mostly due to the expense of these procedures. Several studies have demonstrated superiority of ACI in larger defects,^{1,2} confirming recommendations for the use of ACI in this population; alternatively, osteochondral allograft transplantation (OCA) can be considered but is not readily available in many countries. Despite general agreement on these algorithms, they have never been validated nor has surgical adherence to their suggestions been demonstrated.

The 4 original studies by Brittberg and Peterson described periosteum-covered autologous chondrocyte implantation (ACI-p).^{3–6} After these initial studies, many surgeons replaced the periosteum with a collagen type I/III membrane (ACI-c) to reduce surgical time, patient morbidity, and the risk of hypertrophy. The current third generation of ACI utilizing matrix-seeded chondrocytes (ACI-m) was introduced and made commercially available, including

¹Orthopaedic Research Lab, Institute for Clinical Medicine, Aarhus University Hospital, Aarhus, Denmark

²Indiana University School of Medicine, OrthoIndy Cartilage Restoration Center, Indianapolis, IN, USA

³Cartilage Repair Center, Brigham & Women's Hospital, Harvard Medical School, Boston, MA, USA

Corresponding Author:

Casper Bindzus Foldager, Orthopaedic Research Lab, Aarhus University Hospital, Nørrebrogade 44, Building IA, 8000 Aarhus C, Denmark.
Email: foldager@clin.au.dk

MACI. The indications for ACI treatments have remained consistent with the original suggestions. Because the treatment is very costly,⁷ much efforts have been put into ensuring that the treatment is only offered to the patients where superiority over microfracture can be expected, for example, larger defect sizes.

While evidence for using ACI and related treatment continues to expand, there have been few reports detailing patient and defect characteristics across large patient populations. It has also become evident that the strict inclusion criteria in prospective randomized clinical trials leads to patient selection that differs from that of patients actually undergoing cartilage repair treatments in clinical practice. The aim of the present study was to investigate these demographic parameters in patients receiving MACI and to compare them to the inclusion criteria for current clinical trials, essentially comparing the reality of cartilage repair with the idealized situation in a restricted trial environment. We hypothesized that patients scheduled for MACI treatment are different from those enrolled in clinical trials of chondrocyte implantation in terms of age, cartilage defect size, and number of defects, and that there are differences between countries. Secondary, we hypothesized that patients included in prospective randomized trials had smaller defects than those included in cohorts of patients treated in clinical practice, rather than a controlled trial.

Methods

Database Review

Anonymized data were obtained from the Genzyme/Sanofi database on patients scheduled for autologous chondrocyte implants with MACI between 2008 and 2013. Only data from countries with more than 10 patients treated were included. Patient demographics (age, gender) and cartilage defect characteristics (size, number of defects) were evaluated. Age and defect size were reported at the time of biopsy, rather than implantation. The database includes a large number of patients, which in the present study is used as an indicator of the characteristics of patients actually receiving ACI treatment.

Literature Review

MEDLINE and Google Scholar were reviewed for clinical cohort and comparative studies in English with unique patient data on patients treated with ACI techniques for treatment of focal cartilage defects in the knee (on April 8, 2015). Arthroscopic treatments could not be discriminated in the database, but the number of procedures is expected to be negligible. Arthroscopic approaches were excluded in the study search, due to the possible confounding of treatment indication in the comparison. The studies were

evaluated based on patient age, gender, number of defects, and lesion size. Search words were “ACI,” “ACT,” “MACI,” “Autologous chondrocyte implantation,” “Autologous chondrocyte transplantation,” “Matrix-assisted chondrocyte implantation”; combined with “knee.”

Average patient age, average defect size, number of defects, and male-female ratio in the included studies were noted and compared with the database. Studies not mentioning average age and average defect size, and where these parameters could not be calculated using information in the respective articles, were excluded. Weighted average age and lesion sizes were calculated with respect to the enrolled patients in each study. Studies that presented follow-up data from patients previously published were excluded. Novel applications such as hydrogel-based administration were also excluded. Studies not directly addressing whether patients had been enrolled in previous trials were included. The included studies were grouped by country and compared by country to the database data when possible.

Statistical Analysis

Bartlett's test revealed unequal variance of the patient age and defect size. Hence, *t* test for independent samples with unequal variances was used to test our hypotheses. Variables compared between cohort studies and comparative trials were investigated using weighted 2-sample *t* test.⁸ Register data and data in studies (age and defect size) was investigated using *t* test with weighting of studies based on patient number. A significance level of $P < 0.05$ was used.

Results

A total of 2,690 patients from 9 European countries, Australia, and Singapore were included in the evaluation. Ireland, Portugal, Qatar, United Arab Emirates, China, Hong Kong, Philippines, New Zealand, and Malaysia had less than 10 patients operated and were excluded.

Comparison of Studies and Database

In the Genzyme/Sanofi database of 2,690 patients the average age was 33.7 years (range = 11–65), and male-female ratio was 67:33. Mean defect size was 5.64 cm² (range = 0.16–47 cm²). Single defects accounted for 81% whereas 19% were multifocal. There were no correlations between mean defect size and number of defects or patient age. On average, 18.9% of cartilage defects were small (<3 cm²) (and 63.1% of these were <2 cm²); 11% were large (>10 cm²), and the majority of defects (70%) were medium in size (3–10 cm²) (**Fig. 1**).

A total of 71 studies fulfilled the inclusion criteria with a total of 5,449 patients (**Tables 1 and 2**). Twelve studies

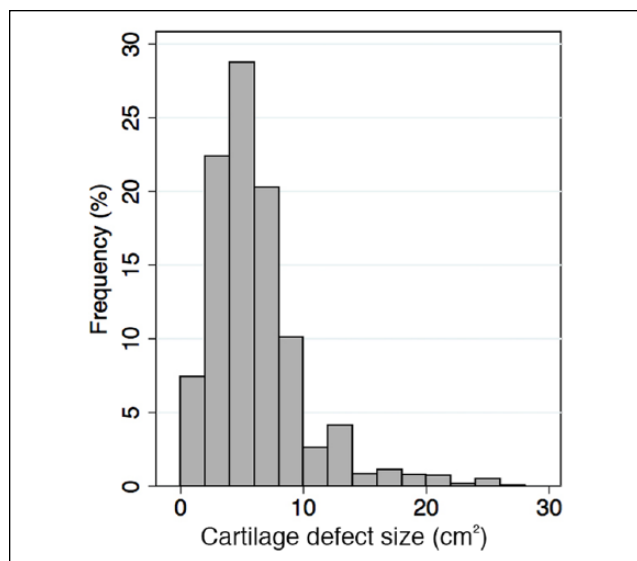


Figure 1. Frequency distribution of defect sizes of patients included in the database. Bars represent intervals of 2 cm².

were prospective randomized trials. Four randomized trials were retrospective and were assigned to the cohort group of studies, giving a total of 57 studies in the cohort group. The weighted mean age of all studies was 34.2 years (range = 8–65 years), and the combined weighted mean defect size was 4.95 cm² (range = 0.5–36 cm²). The defect size of the patients in the database was significantly larger than that of patients included in the studies ($P = 0.001$). There were no difference in age between the database and the studies ($P = 0.68$).

The weighted mean ages in cohort studies and randomized trials were 34.3 years and 32.9 years, respectively, and this difference of 1.6 years was not statistically significant ($P = 0.91$). Weighted mean defect size was equal for the 2 groups of studies (4.94 cm² vs. 4.37 cm²; $P = 0.93$). Male-female ratios in the 2 groups of studies were also similar (60%), which was lower than that in the database (67%). Prospective comparative studies included only patients with single lesions while 19% of the treated patients in the register had multifocal lesions.

International Comparisons

Significant differences in patient age and cartilage defects size in the database were observed between countries (Fig. 2). Defect sizes are presented in descending order: Turkey 7.4 cm² [6.3; 8.5]; Spain 6.8 cm² [6.0; 7.6]; Greece 6.5 cm² [5.9; 7.2]; Italy 6.3 cm² [5.8; 6.8]; Singapore 5.9 cm² [5.1; 6.8]; Netherlands 5.7 cm² [3.4; 8.1]; Australia 5.5 cm² [5.1; 5.8]; Denmark 5.2 cm² [4.3; 6.1]; Germany 5.1 cm² [4.8; 5.5]; England 5.0 cm² [4.7; 5.2]; Israel 3.6 cm² [2.2; 4.9].

Stratification by country of the included studies showed that defect size in patients receiving chondrocyte transplantation was up to 1.5 to 2.5 times larger than that of the patients enrolled in their clinical trials.

In Swedish^{3–6} studies, average defect size was 4.5 cm², in Austria^{34,53,54,60,65} 3.2 cm² ($n = 154$), whereas patients in the United States^{17,18,21,23,24,30,35,37–40,50,51} had the largest average defect size of 6.5 cm² ($n = 1,591$). Notably, most studies included operated patients that were younger and had larger defects than their respective trials (Table 3).

Discussion

In the present study, we compared 2,690 patients assigned for treatment with MACI for cartilage defects in the knee with 5,449 patients enrolled in cohort studies and prospective clinical trials. The majority of the patients scheduled for MACI treatment were comparable in terms of age and defect size, to those included in cohort and prospective comparative studies instructing current treatment guidelines. Comparing average defect sizes, however, the defects were larger in the database than the average defect size in the cohort studies. We further discovered that the size of the cartilage defects in patients assigned for MACI varied significantly between countries.

The differences in cartilage defect sizes between patients enrolled in trials and those scheduled for ACI with MACI may be multifactorial. Obviously, strict inclusion criteria for studies in terms of limiting population sizes for sufficient power may be partly responsible for this difference. However, due to the significant cost of the treatment compared to other modalities, public health care systems and private insurance companies may be reluctant to offer this treatment to patients with defect size in the lower end of the recommended interval.

Engen *et al.* previously addressed the issue of differences between patients enrolled in cartilage repair trials and those seen in their clinic with respect to all different surgical cartilage repair modalities.⁹ They found that of 137 patients referred to their clinic with cartilage defects only 4.4% were eligible for inclusion in all randomized controlled trials ranging between 7% and 80% for the individual studies. The main contributor in their review was defect size, while age and additional joint injuries such as meniscal tears were also important. The database applied in our comparison did not contain information of joint comorbidities.

Treatment selection for focal articular cartilage lesions requires several patient-specific considerations as well as attention to additional joint pathologies.

Out of the various factors predicting outcome of ACI procedures for cartilage repair, age and defect size are often addressed. While some authors find age to be a factor influencing outcomes, convincing evidence of the role of defect size is still absent.^{10,11} Ebert *et al.* reviewed patients from 2

Table 1. Demographics of Patients Receiving Chondrocyte Transplantation Enrolled in Cohort Studies and Retrospective Comparative Studies^a.

Author	Year	Country	Treatment	n	Age (Years)	Defect size (cm ²)
Brittberg et al. ³	1994	Sweden	ACI-p	23	27.0 (14-48)	3.1 (1.6-6.5)
Peterson et al. ⁶	2000	Sweden	ACI-p	101	29.4 (15-51)	4.4 (1.3-12.0)
Minas et al. ¹⁷	2001	USA	ACI-p	169	36.2 (13-58)	7.3 (—)
Micheli et al. ¹⁸	2001	USA	ACI-p	50	31.0 (19-53)	4.2 (0.4-20)
Peterson et al. ⁴	2002	Sweden	ACI-p	61	28.4 (—)	4.1 (1.3-12.0)
Peterson et al. ⁵	2003	Sweden	ACI-p	58	26.4 (14-52)	5.7 (1.5-12.0)
Cherubino et al. ¹⁹	2003	Italy	ACI-p	13	35.0 (18-49)	3.5 (2.0-4.5)
Haddo et al. ²⁰	2004	England	ACI-c	30	31.0 (15-51)	2.9 (1-7)
Minas et al. ²¹	2005	USA	ACI-p	45	36.9 (15-54)	10.54 (—)
Dozin et al. ²²	2005	Italy	ACI-p	22	29.6 (—)	1.97 (—)
Browne et al. ²³	2005	USA	ACI-p	100	37.0 (14-55)	4.9 (0.84-23.5)
Fu et al. ²⁴	2005	USA	ACI-p	58	36.9 (—)	5.1 (—)
Marcacci et al. ²⁵	2005	Italy	ACI-m	192	37.6 (—)	3.5 (—)
Behrens et al. ²⁶	2006	Germany	ACI-m	38	35.0 (18-58)	4.1 (0.64-17.75)
Gobbi et al. ²⁷	2006	Italy	ACI-m	32	30.5 (15-55)	4.7 (0.8-12)
Ossendorf et al. ²⁸	2007	Germany	ACI-m	40	36 (17-64)	4.6 (2-15)
Steinwachs et al. ²⁹	2007	Germany	ACI-c	63	34.3 (18-50)	5.9 (3-16)
Mandelbaum et al. ³⁰	2007	USA	ACI-p	40	37.0 (16-48)	4.5 (1-14)
Kreuz et al. ³¹	2007	Germany	ACI-m	118	35.0 (18-50)	6.5 (3-16)
Niemeyer et al. ³²	2008	Germany	ACI-p/c/m	309	35.2 (—)	4.6 (—)
Niemeyer et al. ³³	2008	Germany	ACI-c	70	34.3 (—)	4.41 (—)
Nehrer et al. ³⁴	2008	Austria	ACI-m	8	30 (19-40)	4.61 (1.8-7.9)
Rosenberger et al. ³⁵	2008	USA	ACI-p	56	48.6 (45-60)	4.7 (1-15)
Ebert et al. ³⁶	2008	Australia	ACI-m	62	38.3 (16-62)	3.3 (0.65-10)
Rue et al. ³⁷	2008	USA	ACI-p	16	23.4 (13-38)	3.9 (1.8-7.5)
Gomoll et al. ³⁸	2009	USA	ACI-p/c	401	32.0 (13-56)	7.2 (0.5-36)
Zaslav et al. ³⁹	2009	USA	ACI-p	154	34.5 (—)	4.6 (1-30)
McNickle et al. ⁴⁰	2009	USA	ACI-p	137	30.3 (13-49)	5.2 (0.8-26.6)
Gobbi et al. ⁴¹	2009	Italy	ACI-m	34	31.2 (15-55)	4.45 (3-12)
Kreuz et al. ⁴²	2009	Germany	ACI-m	19	35.0 (25-50)	4.0 (2-6)
Niemeyer et al. ⁴³	2010	Germany	ACI-m	59	37.0 (21-57)	4.64 (1-8)
Niemeyer et al. ⁴⁴	2010	Germany	ACI-m	67	37.4 (—)	4.3 (—)
Erggelet et al. ⁴⁵	2010	Germany	ACI-m	82	35.0 (16-63)	5.51 (2-17.5)
Macmull et al. ⁴⁶	2011	England	ACI-p/m	31	16.3 (14-18)	5.3 (0.96-15.75)
Ebert et al. ⁴⁷	2011	Australia	ACI-m	41	38.5 (13-65)	3.0 (1.9)
Ossendorf et al. ⁴⁸	2011	Germany	ACI-p	51	36 (13-61)	7.25 (3-17.5)
Dhollander et al. ⁴⁹	2012	Belgium	ACI-c	32	29.8 (—)	3.1 (—)
Filardo et al. ¹⁶	2013	Italy	ACI-m	250	31.3 (—)	2.98 (—)
Bode et al. ⁵⁰	2013	Germany	ACI-p	43	39.1 (—)	4.6 (—)
Gomoll et al. ⁵¹	2014	USA	ACI-p	110	33 (15-55)	5.4 (1-13.2)
Minas et al. ⁵²	2014	USA	ACI-p	210	35.8 (8-57)	8.4 (—)
Meyerkort et al. ⁵³	2014	Australia	ACI-m	25	42.3 (—)	3.5 (—)
Aldrian et al. ⁵⁴	2014	Austria	ACI-m	16	33.3 (19-44)	3.80 (1.2-6.7)
Pachowsky et al. ⁵⁵	2014	Austria	ACI-m	40	35.2 (—)	4.34 (—)
Nawaz et al. ⁵⁶	2014	England	ACI-p/c/m	827	34.0 (14-56)	4.09 (0.64-20.75)
Niemeyer et al. ⁵⁷	2014	Germany	ACI-p/c	23	31.7 (—)	5.1 (—)
Zhang et al. ⁵⁸	2014	China	ACI-m	15	33.9 (14-57)	4.0 (0.5-12)
Pestka et al. ⁵⁹	2014	Germany	ACI-m	80	37.9 (17-57)	4.6 (1-8.8)
Salzman et al. ⁶⁰	2014	Germany	ACI-p	70	33.3 (—)	6.5 (—)
Zak et al. ⁶¹	2014	Austria	ACI-m	23	30.8 (22-46)	4.1 (1.8-10)
Ebert et al. ⁶²	2014	Australia	ACI-m	56	39 (18-60)	2.3 (1-9)
Ebert et al. ⁶³	2014	Australia	ACI-m	83	38.9 (13-62)	3.30 (1-9)
Ebert et al. ⁶⁴	2015	Australia	ACI-m	47	37.4 (20-61)	3.3 (1-7.2)
Niethammer et al. ⁶⁵	2015	Germany	ACI-m	30	36.4 (12-51)	5.40 (2-12)
Wondrasch et al. ⁶⁶	2015	Austria	ACI-m	31	31.0 (18-55)	4.86 (1.1-8.1)
Bode et al. ⁶⁷	2015	Germany	ACI-p	40	37.6 (—)	4.4 (—)

ACI-p = periosteum-covered autologous chondrocyte implantation; ACI-m = matrix-seeded autologous chondrocyte implantation; ACI-c = collagen type I/III membrane autologous chondrocyte implantation.

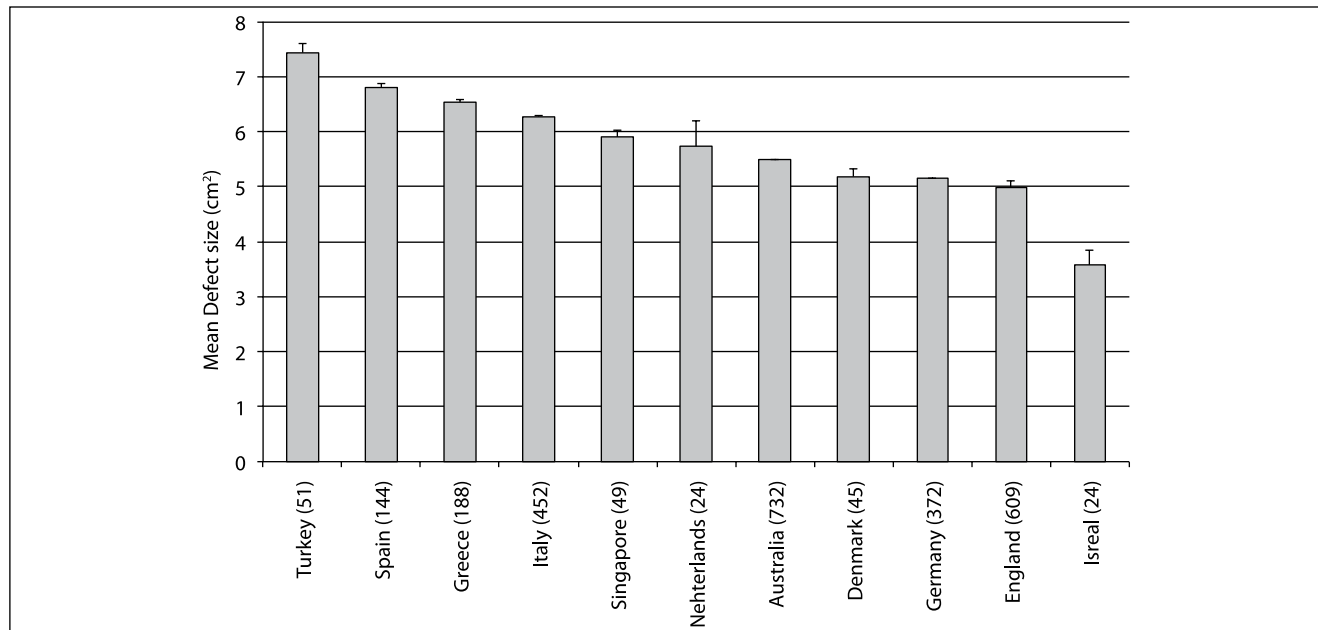
^aAge and defect size are presented as mean and range. The number of patients (n) reflects that of patients receiving chondrocyte transplantation. (—) range was not obtainable.

Table 2. Demographics of Patients Receiving Chondrocyte Transplantation Enrolled in Prospective Clinical Comparative Trials^a.

Author	Year	Country	Treatment	n	Age (Years)	Defect Size (cm ²)
Bentley <i>et al.</i> ⁶⁸	2003	England	ACI-c	58	31.3 (16-49)	4.66 (1-12.2)
Horas <i>et al.</i> ⁶⁹	2003	Germany	ACI-p	20	33.4 (18-44)	3.75 (3.2-5.6)
Bartlett <i>et al.</i> ⁷⁰	2005	England	ACI-c/m	91	33.6 (15-49)	6.05 (1-22)
Dozin <i>et al.</i> ²²	2005	Italy	ACI-p	22	29.6 (16-40)	1.97 (—)
Gooding <i>et al.</i> ⁷¹	2006	England	ACI-p/c	68	30.5 (15-52)	4.54 (1-12)
Knutsen <i>et al.</i> ⁷²	2007	Norway	ACI-p	40	32.2 (—)	4.8 (2-10)
Saris <i>et al.</i> ⁷³	2008	Netherlands	ACI-p	57	33.9 (18-50)	2.6 (1-5)
Zeifang <i>et al.</i> ⁷⁴	2010	Germany	ACI-p/m	21	29.3 (—)	4.1 (—)
Ebert <i>et al.</i> ⁷⁵	2012	Australia	ACI-m	63	38.2 (16-63)	3.27 (0.65-10)
Lim <i>et al.</i> ⁷⁶	2012	South Korea	ACI-p	18	25.1 (18-32)	5.2 (3.0-7.2)
Saris <i>et al.</i> ²	2014	Multicenter	ACI-m	72	34.8 (—)	5.8 (—)
Akgun <i>et al.</i> ⁷⁷	2015	Turkey	ACI-m	7	32.7 (18-46)	3 (2.3-4.3)
Gobbi <i>et al.</i> ⁷⁸	2014	Italy	ACI-m	19	43.1 (—)	9.73 (—)

ACI-p = periosteum-covered autologous chondrocyte implantation; ACI-m = matrix-seeded autologous chondrocyte implantation; ACI-c = collagen type I/III membrane autologous chondrocyte implantation.

^aAge and defect size are presented as mean and range. The number of patients (n) reflects that of patients receiving chondrocyte transplantation. (—) range was not obtainable.

**Figure 2.** Mean defect size by country of patients included in the database. Values in parentheses are number of patients included by country. Bars are standard error of mean.**Table 3.** Defect Sizes and Age of Patients Included in Studies Compared with Patients in the Database Scheduled for Chondrocyte Transplantation Treatment Stratified by Country.

Country	n	Defect Size— Studies (cm ²)	Defect Size— Database (cm ²)	Index	Age—Studies (Years)	Age—Database (Years)	Index
Germany	1173	5.1	5.1	100	35.6	30.9	87
England	1044	4.3	5.0	116	33.6	35.5	106
Italy	584	3.5	6.3	178	33.7	36.3	108
Australia	377	3.1	5.5	178	38.7	34.4	89
Netherlands	72	2.6	5.7	219	34.8	28.9	83
Turkey	7	3	7.4	247	32.7	28.5	87

of their trials for factors predicting 5-year outcome after MACI treatment and found that while preoperative physical and mental scores in the SF-36 questionnaire contributed significantly to the 5-year KOOS value, cartilage defect size and preoperative duration of symptoms were only predictors of outcome on magnetic resonance imaging evaluation.¹² Behery *et al.* recently reviewed the evidence of different patient-specific parameters and their effect on outcome after cartilage repair in 13 studies. They found that neither patient age nor defect size were independent factors related to the clinical outcome.¹³ Similar results were found by Smith *et al.*, in an analysis of 284 patient data sets, and by Jungmann *et al.*, investigating risk factors for revision surgery after ACI.^{14,15}

Other factors for consideration in patient selection include alignment, ligamentous and meniscal injuries, and amount of degenerative changes. In the present article, we only address 2 specific characteristics, namely, age and defect size. Unfortunately, the database was inconsistent in the reporting of anatomical location of the defect and these data therefore were not included in our study. Females are less likely to receive ACI treatment as seen in the database compared with the studies. The role of gender in focal cartilage damage and outcome after ACI has been investigated previously and some controversy exists. While Jungmann *et al.* found the female gender to be negatively related to outcome, Filardo *et al.* showed in a match-pair analysis that while females generally had more complex cartilage injuries, all other factors equal, the female gender did not predict worse outcome after ACI-m.^{15,16}

There are no clear explanation for the international differences observed in patient inclusion for MACI treatment. Cultural aspects may play a role but different health care and reimbursement systems may also be important. The database does not provide any information on whether patients were treated in private or public hospitals. Notably, studies carried out in the United States had the highest average defect size of the study population, but it still remains unclear how this compares to the patient population receiving chondrocyte implantation in that country.

The present study used nonstandardized surgeon assessment of defect size, which could potentially confound the data. If all surgeons overestimated or underestimated the defect size during arthroscopy for the database compared with a postdebridement measurement in the studies, this may be a potential source of bias. It is, however, a measurement method similar to that most commonly used in clinical studies. For example, the largest combined defect size in the register is estimated to be 47 cm², which likely represents an outlier. The high number of included patients and surgeons performing the evaluations limit the role of this potential confounder as well as the influence of the very few statistical outliers. As the database contained age at the time of biopsy, the actual age of the patients at the time of

surgery will be higher, but the actual age at the time of surgery is unknown. However, it could be argued that since the biopsy is taken at the time of indication for chondrocyte transplantation, this may be the more correct measure to use, as we do not look at the outcome in relation to age. The Genzyme/Sanofi database did not contain information on body mass index and the reproducible information on anatomical location of the defect was insufficient to allow for analysis. There were also no data on additional knee injury such as meniscal and ligament tears. All these factors are however also important in considering the correct patient selection for treatment of cartilage injuries with autologous chondrocyte implantation.

We compared patients scheduled for a commercially available third-generation ACI treatment—MACI. This was compared with patients scheduled for many different types of ACI-related treatments. In the comparison made in the present study, emphasis is put on indications, removing potential confounding since the indications are similar for all types of ACI treatments regardless of generation or commercialization.

In our comparison there is overlap in patient data between the database and the studies, since patients receiving MACI in the studies are also present in the database. This could impair the validity in terms of potential bias in the country-stratification comparison if countries with no or little difference between defect size in the database and reported studies (e.g., Germany and England) were only using MACI in the reported studies. This is however not the case and the risk of bias is presumed to be of small in this comparison.

Conclusion

This study shows that the vast majority of patients scheduled for ACI with MACI have articular cartilage defect sizes that are within the range of what is generally recommend for this procedure, although patients enrolled in clinical trials have significantly smaller defects than those scheduled for treatment outside a trial environment. This study also shows that patients receiving MACI treatment in 9 European countries, Australia, and Singapore have different cartilage defect sizes, and in some countries the difference between patients enrolled in trials and generally assigned for surgery differs significantly.

Acknowledgments and Funding

The author(s) received no financial support for the research, authorship, and/or publication of this article.

Declaration of Conflicting Interests

The author(s) declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

Ethical Approval

No ethical approval was required for the completion of this work.

References

- Basad E, Ishaque B, Bachmann G, Sturz H, Steinmeyer J. Matrix-induced autologous chondrocyte implantation versus microfracture in the treatment of cartilage defects of the knee: a 2-year randomised study. *Knee Surg Sports Traumatol Arthrosc.* 2010;18:519-27.
- Saris D, Price A, Widuchowski W, Bertrand-Marchand M, Caron J, Drogset JO, *et al.* Matrix-applied characterized autologous cultured chondrocytes versus microfracture: two-year follow-up of a prospective randomized trial. *Am J Sports Med.* 2014;42:1384-94.
- Brittberg M, Lindahl A, Nilsson A, Ohlsson C, Isaksson O, Peterson L. Treatment of deep cartilage defects in the knee with autologous chondrocyte transplantation. *N Engl J Med.* 1994;331:889-95.
- Peterson L, Brittberg M, Kiviranta I, Akerlund EL, Lindahl A. Autologous chondrocyte transplantation. Biomechanics and long-term durability. *Am J Sports Med.* 2002;30:2-12.
- Peterson L, Minas T, Brittberg M, Lindahl A. Treatment of osteochondritis dissecans of the knee with autologous chondrocyte transplantation: results at two to ten years. *J Bone Joint Surg Am.* 2003;85(Suppl 2):17-24.
- Peterson L, Minas T, Brittberg M, Nilsson A, Sjogren-Jansson E, Lindahl A. Two- to 9-year outcome after autologous chondrocyte transplantation of the knee. *Clin Orthop Relat Res.* 2000;(374):212-34.
- Samuelson EM, Brown DE. Cost-effectiveness analysis of autologous chondrocyte implantation: a comparison of periosteal patch versus type I/III collagen membrane. *Am J Sports Med.* 2012;40:1252-8.
- Bland JM, Kerry SM. Statistics notes. Weighted comparison of means. *BMJ.* 1998;316:129.
- Engen CN, Engebretsen L, Årøen A. Knee cartilage defect patients enrolled in randomized controlled trials are not representative of patients in orthopedic practice. *Cartilage.* 2010;1:312-9.
- de Windt TS, Bekkers JE, Creemers LB, Dhert WJ, Saris DB. Patient profiling in cartilage regeneration: prognostic factors determining success of treatment for cartilage defects. *Am J Sports Med.* 2009;37(Suppl 1):58S-62S.
- Krishnan SP, Skinner JA, Bartlett W, Carrington RW, Flanagan AM, Briggs TW, *et al.* Who is the ideal candidate for autologous chondrocyte implantation? *J Bone Joint Surg Br.* 2006;88:61-4.
- Ebert JR, Smith A, Edwards PK, Hambly K, Wood DJ, Ackland TR. Factors predictive of outcome 5 years after matrix-induced autologous chondrocyte implantation in the tibiofemoral joint. *Am J Sports Med.* 2013;41:1245-54.
- Behery OA, Harris JD, Karnes JM, Siston RA, Flanagan DC. Factors influencing the outcome of autologous chondrocyte implantation: a systematic review. *J Knee Surg.* 2013;26:203-11.
- Smith GD, Jones P, Ashton JB, Richardson JB. Identification of factors which affect clinical outcome of autologous chondrocyte implantation using z-transformation and multiple regression analysis. *J Bone Joint Surg Br.* 2006;88.
- Jungmann PM, Salzmann GM, Schmal H, Pestka JM, Sudkamp NP, Niemeyer P. Autologous chondrocyte implantation for treatment of cartilage defects of the knee: what predicts the need for reintervention? *Am J Sports Med.* 2012;40:58-67.
- Filardo G, Kon E, Andriolo L, Vannini F, Buda R, Ferruzzi A, *et al.* Does patient sex influence cartilage surgery outcome? Analysis of results at 5-year follow-up in a large cohort of patients treated with matrix-assisted autologous chondrocyte transplantation. *Am J Sports Med.* 2013;41:1827-34.
- Minas T. Autologous chondrocyte implantation for focal chondral defects of the knee. *Clin Orthop Relat Res.* 2001;(391 Suppl):S349-61.
- Micheli LJ, Browne JE, Erggelet C, Fu F, Mandelbaum B, Moseley JB, *et al.* Autologous chondrocyte implantation of the knee: multicenter experience and minimum 3-year follow-up. *Clin J Sport Med.* 2001;11:223-8.
- Cherubino P, Grassi FA, Bulgheroni P, Ronga M. Autologous chondrocyte implantation using a bilayer collagen membrane: a preliminary report. *J Orthop Surg (Hong Kong).* 2003;11:10-5.
- Haddo O, Mahroof S, Higgs D, David L, Pringle J, Bayliss M, *et al.* The use of chondrogide membrane in autologous chondrocyte implantation. *Knee.* 2004;11:51-5.
- Minas T, Bryant T. The role of autologous chondrocyte implantation in the patellofemoral joint. *Clin Orthop Relat Res.* 2005;(436):30-9.
- Dozin B, Malpeli M, Cancedda R, Bruzzi P, Calcagno S, Molfetta L, *et al.* Comparative evaluation of autologous chondrocyte implantation and mosaicplasty: a multicentered randomized clinical trial. *Clin J Sport Med.* 2005;15:220-6.
- Browne JE, Anderson AF, Arciero R, Mandelbaum B, Moseley JB Jr, Micheli LJ, *et al.* Clinical outcome of autologous chondrocyte implantation at 5 years in US subjects. *Clin Orthop Relat Res.* 2005;(436):237-45.
- Fu FH, Zurakowski D, Browne JE, Mandelbaum B, Erggelet C, Moseley JB Jr, *et al.* Autologous chondrocyte implantation versus debridement for treatment of full-thickness chondral defects of the knee: an observational cohort study with 3-year follow-up. *Am J Sports Med.* 2005;33:1658-66.
- Marcacci M, Berruto M, Brocchetta D, Delcogliano A, Ghinelli D, Gobbi A, *et al.* Articular cartilage engineering with Hyalograft C: 3-year clinical results. *Clin Orthop Relat Res.* 2005;(435):96-105.
- Behrens P, Bitter T, Kurz B, Russlies M. Matrix-associated autologous chondrocyte transplantation/implantation (MACT/MACI)—5-year follow-up. *Knee.* 2006;13:194-202.
- Gobbi A, Kon E, Berruto M, Francisco R, Filardo G, Marcacci M. Patellofemoral full-thickness chondral defects treated with Hyalograft-C: a clinical, arthroscopic, and histologic review. *Am J Sports Med.* 2006;34:1763-73.
- Ossendorf C, Kaps C, Kreuz PC, Burmester GR, Sittlinger M, Erggelet C. Treatment of posttraumatic and focal osteoarthritic cartilage defects of the knee with autologous polymer-based three-dimensional chondrocyte grafts: 2-year clinical results. *Arthritis Res Ther.* 2007;9:R41.
- Steinwachs M, Kreuz PC. Autologous chondrocyte implantation in chondral defects of the knee with a type I/III collagen membrane: a prospective study with a 3-year follow-up. *Arthroscopy.* 2007;23:381-7.

30. Mandelbaum B, Browne JE, Fu F, Micheli LJ, Moseley JB Jr, Erggelet C, *et al.* Treatment outcomes of autologous chondrocyte implantation for full-thickness articular cartilage defects of the trochlea. *Am J Sports Med.* 2007;35:915-21.
31. Kreuz PC, Steinwachs M, Erggelet C, Lahm A, Krause S, Ossendorf C, *et al.* Importance of sports in cartilage regeneration after autologous chondrocyte implantation: a prospective study with a 3-year follow-up. *Am J Sports Med.* 2007;35:1261-8.
32. Niemeyer P, Pestka JM, Kreuz PC, Erggelet C, Schmal H, Suedkamp NP, *et al.* Characteristic complications after autologous chondrocyte implantation for cartilage defects of the knee joint. *Am J Sports Med.* 2008;36:2091-9.
33. Niemeyer P, Steinwachs M, Erggelet C, Kreuz PC, Kraft N, Kostler W, *et al.* Autologous chondrocyte implantation for the treatment of retropatellar cartilage defects: clinical results referred to defect localisation. *Arch Orthop Trauma Surg.* 2008;128:1223-31.
34. Nehrer S, Chiari C, Domayer S, Barkay H, Yayon A. Results of chondrocyte implantation with a fibrin-hyaluronan matrix: a preliminary study. *Clin Orthop Relat Res.* 2008;(466):1849-55.
35. Rosenberger RE, Gomoll AH, Bryant T, Minas T. Repair of large chondral defects of the knee with autologous chondrocyte implantation in patients 45 years or older. *Am J Sports Med.* 2008;36:2336-44.
36. Ebert JR, Robertson WB, Lloyd DG, Zheng MH, Wood DJ, Ackland T. Traditional vs accelerated approaches to post-operative rehabilitation following matrix-induced autologous chondrocyte implantation (MACI): comparison of clinical, biomechanical and radiographic outcomes. *Osteoarthritis Cartilage.* 2008;16:1131-40.
37. Rue JP, Yanke AB, Busam ML, McNickle AG, Cole BJ. Prospective evaluation of concurrent meniscus transplantation and articular cartilage repair: minimum 2-year follow-up. *Am J Sports Med.* 2008;36:1770-8.
38. Minas T, Gomoll AH, Rosenberger R, Royce RO, Bryant T. Increased failure rate of autologous chondrocyte implantation after previous treatment with marrow stimulation techniques. *Am J Sports Med.* 2009;37:902-8.
39. Zaslav K, Cole B, Brewster R, DeBerardino T, Farr J, Fowler P, *et al.* A prospective study of autologous chondrocyte implantation in patients with failed prior treatment for articular cartilage defect of the knee: results of the Study of the Treatment of Articular Repair (STAR) clinical trial. *Am J Sports Med.* 2009;37:42-55.
40. McNickle AG, L'Heureux DR, Yanke AB, Cole BJ. Outcomes of autologous chondrocyte implantation in a diverse patient population. *Am J Sports Med.* 2009;37:1344-50.
41. Gobbi A, Kon E, Berruto M, Filardo G, Delcogliano M, Boldrini L, *et al.* Patellofemoral full-thickness chondral defects treated with second-generation autologous chondrocyte implantation: results at 5 years' follow-up. *Am J Sports Med.* 2009;37:1083-92.
42. Kreuz PC, Muller S, Ossendorf C, Kaps C, Erggelet C. Treatment of focal degenerative cartilage defects with polymer-based autologous chondrocyte grafts: four-year clinical results. *Arthritis Res Ther.* 2009;11:R33.
43. Niemeyer P, Lenz P, Kreuz PC, Salzmann GM, Sudkamp NP, Schmal H, *et al.* Chondrocyte-seeded type I/III collagen membrane for autologous chondrocyte transplantation: prospective 2-year results in patients with cartilage defects of the knee joint. *Arthroscopy.* 2010;26:1074-82.
44. Niemeyer P, Salzmann G, Steinwachs M, Sudkamp NP, Schmal H, Lenz P, *et al.* Presence of subchondral bone marrow edema at the time of treatment represents a negative prognostic factor for early outcome after autologous chondrocyte implantation. *Arch Orthop Trauma Surg.* 2010;130:977-83.
45. Erggelet C, Kreuz PC, Mrosek EH, Schagemann JC, Lahm A, Ducommun PP, *et al.* Autologous chondrocyte implantation versus ACI using 3D-bioresorbable graft for the treatment of large full-thickness cartilage lesions of the knee. *Arch Orthop Trauma Surg.* 2009;130:957-64.
46. Macmull S, Parratt MT, Bentley G, Skinner JA, Carrington RW, Morris T, *et al.* Autologous chondrocyte implantation in the adolescent knee. *Am J Sports Med.* 2011;39:1723-30.
47. Ebert JR, Robertson WB, Woodhouse J, Fallon M, Zheng MH, Ackland T, *et al.* Clinical and magnetic resonance imaging-based outcomes to 5 years after matrix-induced autologous chondrocyte implantation to address articular cartilage defects in the knee. *Am J Sports Med.* 2011;39:753-63.
48. Ossendorf C, Steinwachs MR, Kreuz PC, Osterhoff G, Lahm A, Ducommun PP, *et al.* Autologous chondrocyte implantation (ACI) for the treatment of large and complex cartilage lesions of the knee. *Sports Med Arthrosc Rehabil Ther Technol.* 2011;3:11.
49. Dhollander AA, Verdonk PC, Lambrecht S, Almqvist KF, Elewaut D, Verbruggen G *et al.* The combination of microfracture and a cell-free polymer-based implant immersed with autologous serum for cartilage defect coverage. *Knee Surg Sports Traumatol Arthrosc.* 2012;20:1773-80.
50. Bode G, Schmal H, Pestka JM, Ogon P, Sudkamp NP, Niemeyer P. A non-randomized controlled clinical trial on autologous chondrocyte implantation (ACI) in cartilage defects of the medial femoral condyle with or without high tibial osteotomy in patients with varus deformity of less than 5 degrees. *Arch Orthop Trauma Surg.* 2013;133:43-9.
51. Gomoll AH, Gillogly SD, Cole BJ, Farr J, Arnold R, Hussey K *et al.* Autologous chondrocyte implantation in the patella: a multicenter experience. *Am J Sports Med.* 2014;42:1074-81.
52. Minas T, Von Keudell A, Bryant T, Gomoll AH. The John Insall Award: a minimum 10-year outcome study of autologous chondrocyte implantation. *Clin Orthop Relat Res.* 2014;472:41-51.
53. Meyerkort D, Ebert JR, Ackland TR, Robertson WB, Fallon M, Zheng MH, *et al.* Matrix-induced autologous chondrocyte implantation (MACI) for chondral defects in the patellofemoral joint. *Knee Surg Sports Traumatol Arthrosc.* 2014;22:2522-30.
54. Aldrian S, Zak L, Wondrasch B, Albrecht C, Stelzener D, Binder H, *et al.* Clinical and radiological long-term outcomes after matrix-induced autologous chondrocyte transplantation: a prospective follow-up at a minimum of 10 years. *Am J Sports Med.* 2014;42:2680-8.
55. Pachowsky ML, Werner S, Marlovits S, Stelzener D, Renner N, Trattng S, *et al.* 3D-isotropic high-resolution morphological imaging and quantitative T2 mapping as biomarkers for gender related differences after matrix-associated autologous chondrocyte transplantation (MACT). *J Orthop Res.* 2014;32:1341-8.

56. Nawaz SZ, Bentley G, Briggs TW, Carrington RW, Skinner JA, Gallagher KR, *et al.* Autologous chondrocyte implantation in the knee: mid-term to long-term results. *J Bone Joint Surg Am.* 2014;96:824-30.
57. Niemeyer P, Salzmann G, Feucht M, Pestka J, Porichis S, Ogon P, *et al.* First-generation versus second-generation autologous chondrocyte implantation for treatment of cartilage defects of the knee: a matched-pair analysis on long-term clinical outcome. *Int Orthop.* 2014;38:2065-70.
58. Zhang Z, Zhong X, Ji H, Tang Z, Bai J, Yao M, *et al.* Matrix-induced autologous chondrocyte implantation for the treatment of chondral defects of the knees in Chinese patients. *Drug Des Dev Ther.* 2014;8:2439-48.
59. Pestka JM, Bode G, Salzmann G, Steinwachs M, Schmal H, Sudkamp NP, *et al.* Clinical outcomes after cell-seeded autologous chondrocyte implantation of the knee: when can success or failure be predicted? *Am J Sports Med.* 2014;42:208-15.
60. Salzmann GM, Erdle B, Porichis S, Uhl M, Ghanem N, Schmal H *et al.* Long-term T2 and qualitative MRI morphology after first-generation knee autologous chondrocyte implantation: cartilage ultrastructure is not correlated to clinical or qualitative MRI outcome. *Am J Sports Med.* 2014;42:1832-40.
61. Zak L, Albrecht C, Wondrasch B, Widhalm H, Vekszler G, Trattnig S, *et al.* Results 2 years after matrix-associated autologous chondrocyte transplantation using the Novocart 3D scaffold: an analysis of clinical and radiological data. *Am J Sports Med.* 2014;42:1618-27.
62. Ebert JR, Smith A, Fallon M, Wood DJ, Ackland TR. Degree of preoperative subchondral bone edema is not associated with pain and graft outcomes after matrix-induced autologous chondrocyte implantation. *Am J Sports Med.* 2014;42:2689-98.
63. Ebert JR, Smith A, Fallon M, Wood DJ, Ackland TR. Correlation between clinical and radiological outcomes after matrix-induced autologous chondrocyte implantation in the femoral condyles. *Am J Sports Med.* 2014;42:1857-64.
64. Ebert JR, Fallon M, Smith A, Janes GC, Wood DJ. Prospective clinical and radiologic evaluation of patellofemoral matrix-induced autologous chondrocyte implantation. *Am J Sports Med.* 2015;43:1362-72.
65. Niethammer TR, Valentin S, Gulecyuz MF, Rossbach BP, Ficklscherer A, Pietschmann MF, *et al.* Bone marrow edema in the knee and its influence on clinical outcome after matrix-based autologous chondrocyte implantation: results after 3-year follow-up. *Am J Sports Med.* 2015;43:1172-9.
66. Wondrasch B, Risberg MA, Zak L, Marlovits S, Aldrian S. Effect of accelerated weightbearing after matrix-associated autologous chondrocyte implantation on the femoral condyle: a prospective, randomized controlled study presenting MRI-based and clinical outcomes after 5 years. *Am J Sports Med.* 2015;43:146-53.
67. Bode G, Ogon P, Pestka J, Zwingmann J, Feucht M, Sudkamp N, *et al.* Clinical outcome and return to work following single-stage combined autologous chondrocyte implantation and high tibial osteotomy. *Int Orthop.* 2015;39:689-96.
68. Bentley G, Biant LC, Carrington RW, Akmal M, Goldberg A, Williams AM, *et al.* A prospective, randomised comparison of autologous chondrocyte implantation versus mosaicplasty for osteochondral defects in the knee. *J Bone Joint Surg Br.* 2003;85:223-30.
69. Horas U, Pelinkovic D, Herr G, Aigner T, Schnettler R. Autologous chondrocyte implantation and osteochondral cylinder transplantation in cartilage repair of the knee joint. A prospective, comparative trial. *J Bone Joint Surg Am.* 2003;85:185-92.
70. Bartlett W, Skinner JA, Gooding CR, Carrington RW, Flanagan AM, Briggs TW, *et al.* Autologous chondrocyte implantation versus matrix-induced autologous chondrocyte implantation for osteochondral defects of the knee: a prospective, randomised study. *J Bone Joint Surg Br.* 2005;87:640-5.
71. Gooding CR, Bartlett W, Bentley G, Skinner JA, Carrington R, Flanagan A. A prospective, randomised study comparing two techniques of autologous chondrocyte implantation for osteochondral defects in the knee: periosteum covered versus type I/III collagen covered. *Knee.* 2006;13:203-10.
72. Knutsen G, Drogset JO, Engebretsen L, Grontvedt T, Isaksen V, Ludvigsen TC, *et al.* A randomized trial comparing autologous chondrocyte implantation with microfracture. Findings at five years. *J Bone Joint Surg Am.* 2007;89:2105-12.
73. Saris DB, Vanlauwe J, Victor J, Haspl M, Bohnsack M, Fortems Y, *et al.* Characterized chondrocyte implantation results in better structural repair when treating symptomatic cartilage defects of the knee in a randomized controlled trial versus microfracture. *Am J Sports Med.* 2008;36:235-46.
74. Zeifang F, Oberle D, Nierhoff C, Richter W, Moradi B, Schmitt H. Autologous chondrocyte implantation using the original periosteum-cover technique versus matrix-associated autologous chondrocyte implantation: a randomized clinical trial. *Am J Sports Med.* 2010;38:924-33.
75. Ebert JR, Fallon M, Zheng MH, Wood DJ, Ackland TR. A randomized trial comparing accelerated and traditional approaches to postoperative weightbearing rehabilitation after matrix-induced autologous chondrocyte implantation: findings at 5 years. *Am J Sports Med.* 2012;40:1527-37.
76. Lim HC, Bae JH, Song SH, Park YE, Kim SJ. Current treatments of isolated articular cartilage lesions of the knee achieve similar outcomes. *Clin Orthop Relat Res.* 2012;470:2261-7.
77. Akgun I, Unlu MC, Erdal OA, Ogut T, Erturk M, Ovali E, *et al.* Matrix-induced autologous mesenchymal stem cell implantation versus matrix-induced autologous chondrocyte implantation in the treatment of chondral defects of the knee: a 2-year randomized study. *Arch Orthop Trauma Surg.* 2015;135:251-63.
78. Gobbi A, Chaurasia S, Karnatzikos G, Nakamura N. Matrix-Induced Autologous Chondrocyte Implantation versus Multipotent Stem Cells for the Treatment of Large Patellofemoral Chondral Lesions: A Nonrandomized Prospective Trial. *Cartilage.* 2015 Apr;6(2):82-97. doi:10.1177/1947603514563597.