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# Global Sensory Impairment among Older Adults in the United States

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<sup>#</sup> These authors contributed equally to this work.

# Abstract

**Objectives**—Age-related decline of the five classical senses (vision, smell, hearing, touch, and taste) poses significant burdens on older adults. The co-occurrence of multiple sensory deficits in older adults is not well characterized and may reflect a common mechanism resulting in global sensory impairment.

**Design, Setting, and Participants**—The National Social Life, Health, and Aging Project, a representative, population-based study of community dwelling older US adults (57-85 years of age), collected biomarkers, social and health history, and other physiological measures, including sensory function.

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**Author Contributions** 

Camil Correia analyzed the data, made important intellectual contributions, and drafted the manuscript. Kevin J. Lopez collected and analyzed the data, and made important intellectual contributions. Kristen E. Wroblewski performed all statistical analyses, edited the paper, provided important intellectual content including data interpretation, and drafted the figures and tables. Megan Huisingh-Scheetz contribute to the study design and made important intellectual contributions, and edited the paper. David W. Kern made important intellectual contributions, provided data interpretation, and edited the paper. Rachel C. Chen made important intellectual contributions. L. Philip Schumm assisted with analyses and provided intellectual input, including editing of the manuscript. William Dale provided important intellectual input and edited the manuscript. Martha K. McClintock designed and oversaw collection of the NSHAP biomeasures and acquired the data; she provided important intellectual contributions including study design, data analysis, and edited the manuscript. JMP had full access to all the data in the study and takes responsibility for the integrity of the data and the accuracy of the data analysis. The authors declare no conflicts of interest.

**Conflict of Interest:** The editor in chief has reviewed the conflict of interest checklist provided by the authors and has determined that the authors have no financial or any other kind of personal conflicts with this paper.

**Measurements**—We estimated the frequency with which impairment co-occurred across the five senses as an integrated measure of sensory aging. We hypothesized that multisensory deficits would be common and reflect global sensory impairment which would largely explain the effects of age, gender, and race on sensory dysfunction.

**Results**—Two thirds (67%) of the older US population suffer from two or more sensory deficits, 27% from just one, and only 6% had none. Impairment of the sense of taste was the most common (74%); 70% had a poor sense of touch; 22% had poor sense of smell; 20% had impaired corrected vision; and 18% had poor corrected hearing. Older adults, men, African Americans, and Hispanics had greater multisensory impairment (all P<0.01). Global sensory impairment largely accounted for the effects of age, gender, and race on the likelihood of impairment of each of the five senses.

**Conclusion**—Multisensory impairment is prevalent in older US adults. These data support the concept of a common process that underlies sensory aging across the five senses. Clinicians assessing patients with a sensory deficit should consider further evaluation for additional cooccurring sensory deficits.

#### Keywords

sensory function; aging; hearing; vision; smell; taste; touch

# INTRODUCTION

Aging has long been associated with decline in sensory function, a critical component of the health and quality of life of older people<sup>1</sup>. As an example, prior work has demonstrated that olfactory loss is associated with cognitive decline, highlighting its importance as an early warning sign of neurologic decline with its attendant morbidity and compromised physical function<sup>2–4</sup>, and that it strongly and independently predicts all-cause 5-year mortality<sup>2,5</sup>. These and other data are consistent with the idea that sensory function is a critical component of health and life itself.

Data from studies of single sensory deficits support this concept. For example, vision impairment is correlated with depression, poor quality of life, cognitive decline, and mortality<sup>6–8</sup>. Hearing loss is associated with slower gait speed<sup>9</sup> (a marker of physical decline), poor cognition, and mortality<sup>10</sup>. Like smell, taste has been associated with nutritional compromise<sup>11</sup> and in-patient mortality<sup>12</sup>, suggesting that chemosensory function is critical. Tactile discrimination declines with age<sup>13</sup> due to the cumulative effects of decreased nerve conduction velocity<sup>14</sup>, decreased density of Meissner's and Pacinian corpuscles, and gray matter changes within the central nervous system, and is also associated with cognitive decline<sup>15</sup>.

Individual sensory impairments are common. The prevalence of hearing loss (33%) and vision impairment (18%) is high among older adults (age 70 and older)<sup>16,17</sup>. Similarly, deficits in smell (24%)<sup>18,19</sup> and taste (up to ~61%) are widely prevalent in adults 70 and older<sup>20</sup>. Impairment of the sense of touch is noted in adults as young as  $55^{21}$ . These sensory losses have a major impact on how older adults live and function, often with profound consequences. As our population ages, these burdens will grow.

Despite these important consequences, little is known about the prevalence of deficits in multiple sensory systems, their combined impact, or common mechanisms that drive the underlying biology. While some studies have measured the prevalence of concurrent decreased vision and hearing<sup>22</sup> (termed dual sensory impairment), to our knowledge none has measured other senses in a geriatric population. The importance of considering simultaneous impairments is clear from studies of vision and hearing, where dual losses interfere synergistically with independent function, presage cognitive decline and signal increased mortality<sup>23–25</sup>.

The close connection between these various sensory deficits, cognitive decline and even death itself suggest the possibility that global sensory decline, which we define as a common physiological process underlying deterioration of the classical senses, is an early indicator of neurodegeneration<sup>2,12,20,24</sup>, with attendant poor social and health outcomes<sup>26</sup>. Additionally, frequent associations with health outcomes across different senses may reflect common mechanisms underlying the effects of aging on these systems. These could include peripheral nerve dysfunction, changes in sensory integration at the central level<sup>27</sup>, decreased regenerative capacity<sup>28</sup>, or secondary metabolic effects (e.g., consequences of atherosclerosis or lipidemia)<sup>29</sup>. Finally, as dual sensory impairment has been shown to have worse effects on function compared to single deficits<sup>24</sup>, one would expect multisensory impairment (defined as impairment of more than two senses) to cause even more detrimental health effects. Despite this, to our knowledge, no study has examined multiple sensory impairments in a national population sample.

To address multisensory impairment, we analyzed data from the National Social Life, Health, and Aging Project (NSHAP), a longitudinal population-based study of adults ages 57-85, that collected extensive health and social measures through in-home interviews and respondent-administered questionnaires<sup>30</sup>. Sensory function was assessed in all five classical senses<sup>31</sup>. In addition, respondents were asked about their physical and mental health, medication use, cognition, and health behaviors. The NSHAP project and secondary analyses of these data have provided insights into a number of aspects of aging<sup>32–34</sup>. NSHAP offers a unique opportunity to examine sensory function broadly.

We estimated the prevalence of multisensory impairment and developed a model of global sensory impairment based on the interrelationships among measures of all five senses. We hypothesized that multisensory deficits are common among older adults, more prevalent in men and minorities, and occur more often with increasing age. Furthermore, we introduce the concept of global sensory impairment, a process that we hypothesize largely accounts for the effects of age, gender, and race on the likelihood of impairment in each of the five senses.

# **METHODS**

#### **NSHAP Study Design**

**Respondents**—In 2005-6, interviewers from the National Opinion Research Center (NORC) conducted in-home interviews with 3,005 community-dwelling older adults (1,454 men and 1,551 women), identified using a probability sample of the population of

community-dwelling adults born between 1920–47 (aged 57–85 years) in the United States (see <sup>35,36</sup>). The Institutional Review Boards of NORC and The University of Chicago approved this study and all respondents provided written, informed consent.

NSHAP used a modular study design. All respondents were administered a core interview and provided a standard set of biomeasures in their homes, including olfaction and gustation testing and hearing assessment. In addition, half the respondents were randomized to receive both vision and touch testing<sup>31</sup>. The analytic sample includes the 2,968 respondents who had data on two or more of the five senses (Table 1). Of the 1,506 respondents eligible to receive all sensory modules, 1,301 (86%) individuals had complete data<sup>31</sup>. Race and Hispanic ethnicity were measured using the standard National Institutes of Health items as reported previously<sup>37</sup>, and respondents were coded as white (non-Hispanic), black or African-American, Hispanic (excluding those who self-identified as black or African-American) and other. Respondents were asked whether they had received a physician's diagnosis of diabetes, stroke, heart failure, hypertension or myocardial infarction, and were also asked to rate their overall physical health using the standard categories "Excellent," "Very good," "Good," "Fair" or "Poor." Data missing for one or more sensory measures due to the study design is, by definition, Missing Completely At Random (MCAR), and therefore does not introduce any bias into our analysis (only a loss of precision, relative to a design in which all respondents were administered all items). Although there was some item non-response due to respondent refusal (or responses of "Don't know") for each sensory dysfunction item, this non-response was in general low, thereby limiting the magnitude of any potential bias.

#### **Sensory Function**

**Vision**—Participants wore their usual glasses or contact lenses, and corrected distance visual acuity was assessed under home lighting conditions via a Snellen chart test utilizing a standardized protocol<sup>31</sup>. Corrected vision was chosen to determine the actual functional level experienced by the respondent in daily life, consistent with prior benchmark studies<sup>38</sup>. Categories for visual acuity corresponded to those required for a driver's license: 'good' defined as 20/40 or better, 'fair' defined as between 20/50 or 20/63, and 'poor' defined as worse than 20/63.

**Touch**—Tactile sensitivity was assessed using a 2-point discrimination test on the index finger of the dominant hand while eyes were closed<sup>31</sup>. Three 2-point tests were conducted at inter-point distances of 12 mm, 8 mm, 4 mm as well as a single point following the 12 mm test. A 4 mm threshold ('good') was defined as correctly identifying two points at all three distances plus the single point test; an 8 mm threshold ('fair') was correctly identifying two points at 12 mm and 8 mm but not 4 mm and the single point test and a 12 mm threshold ('poor') was correctly identifying 2-points only at 12 mm and the single point test. All other response patterns were considered non-discriminating and also categorized as 'poor'.

**Smell**—Olfaction was evaluated through a validated 5-item odor identification test using felt tip pens<sup>39</sup> as previously described<sup>37</sup>. A single odorant was presented and respondents were instructed to select one of four word/picture choices with refusals coded as incorrect.

Four or five errors were considered 'poor' (anosmic), two or three errors 'fair' (hyposmic) and one or no errors 'good' (normosmic).

**Taste**—Gustation was evaluated using 4 filter paper strips<sup>31</sup>, which were applied to the tongue in the following order: sour, bitter, sweet and salty with a sip of water between each application<sup>31</sup>. Respondents were asked to describe the taste using the same four descriptors. Responses of 'tried unable to do,' 'refused' or 'don't know' were counted as incorrect. Two to four errors were categorized as 'poor' (ageusic), one error 'fair' (hypogeusic), and zero errors 'good' (normogeusic).

**Hearing**—Respondents' conversational hearing during the interview was assessed afterward by the field interviewer using a 5-point scale (1=practically deaf, 5=normal hearing) <sup>31</sup>. Scores of 4 or 5 were categorized as 'good', 3 as 'fair', and 1 or 2 as 'poor'. Respondents who chose to wear hearing aids during the interview were permitted to do so, but not required. Additional psychophysical measures of hearing (e.g., audiometry) were precluded by the time and resource constraints of the omnibus survey.

#### Statistical Analysis

Estimates of the prevalence of impairment (defined as having fair or poor function) for each sense and of the distribution of the total number of impairments among the U.S. national population of home-dwelling older adults (ages 57-85) were obtained by using the sampling weights provided with the dataset to account for differential probabilities of selection and non-response as previously described<sup>36</sup>. In addition, estimates of the population prevalence of several comorbid diseases and of the distribution of self-rated physical health and the demographic variables age, gender and race/ethnicity are also presented.

For each of the five senses individually, ordinal probit regression was used to model the relationship between sensory dysfunction (good/fair/poor) and age, gender and race/ ethnicity (Figure 1A). Ordinal probit regression is a straightforward extension of the probit regression model, with the (standard) Normal distribution presumed to underlie the response being split according to multiple cutpoints (one fewer than the number of observed categories of the outcome) instead of just one. Thus, the coefficients for the covariates have an identical interpretation to those from probit regression—namely, as the change in standard units of the underlying Normal variable associated with a one unit change in the covariate. A generalized single factor measurement model (Figure 2B) was then fit to the five observed sensory dysfunction measures, assuming a single latent variable (with variance equal to one) capturing global sensory impairment which predicts each of the five sensory dysfunction measures via an ordinal probit regression<sup>40</sup>. For each dysfunction measure, the proportion of variance in its underlying distribution (as specified by the ordinal probit regression model) explained by global sensory impairment was calculated. This model was then expanded by specifying global sensory impairment to be a function of age (in decades), gender and race/ethnicity (white, black or African-American, Hispanic (nonblack) and other) (Figure 2C). Finally, this Structural Equation Model (SEM) was augmented by adding direct effects of the demographic covariates on each of the sensory dysfunction measures, one at a time (Figure 2D). Indirect effects of age on each dysfunction

(through its effect on global sensory impairment) were calculated and compared to the direct

effects of age<sup>41</sup>. For all analyses, a two-sided p 0.05 was considered statistically significant. All analyses were performed with Stata (Release 13.1, StataCorp LP, College Station, Texas, USA).

# RESULTS

#### **Prevalence of Individual Sensory Impairments**

**Overall**—Taste impairment was the most prevalent sensory deficit, with 74% of respondents having an impaired sense of taste (26% fair/48% poor) (Table 1). Also prevalent was touch impairment, estimated to be fair in 38% of older adults and poor in 32%. Fourteen percent had fair corrected distance vision (20/50 or 20/63) while another 6% experienced poor corrected distance vision (20/80 or worse). The prevalence of fair and poor sense of smell was 19% and 3% respectively. Thirteen percent had fair corrected hearing and 5% had poor corrected hearing.

#### Association with age, gender, and race/ethnicity

Older people had worse function for all five senses, with the largest differences occurring for hearing, vision and smell (Table 2A; Figure 1). Men also had worse function for hearing, smell and taste, though demonstrated *better* corrected vision than women. African Americans and Hispanics had worse sensory function than whites on all measures except for hearing where there was no evidence of racial/ethnic differences and for taste where although African Americans still had worse function than whites, Hispanics had *better* function (Supplementary Figure 1).

#### **Prevalence of Co-occurring Sensory Impairments**

Sensory deficits were widely prevalent in older US adults, with 94% demonstrating at least one sensory deficit (Table 1). Two-thirds (67%) of older adults had two or more sensory deficits, with two impairments being the most common (38%) (Figure 1). These deficits were correlated; for example, 34% had 0–1 and 8% had 4–5, as compared to the 28% and 6%, respectively, that would be expected under the null hypothesis of independence among the senses. Nearly two-thirds of adults (65%) experienced substantial impairment (i.e., poor functioning) in at least one sense, and 22% suffered from substantial impairment of two or more senses.

#### **Global Sensory Impairment**

Each of the sensory outcomes was associated with a single common factor (Table 3, Single Factor Model; Figure 2B), with the strongest associations for vision and smell, followed by hearing. This factor explains a significant proportion of the variation in the underlying distributions of the individual sensory deficits: 0.15 (hearing), 0.33 (vision), 0.30 (smell), 0.08 (touch) and 0.05 (taste). The effects of a +/- one SD change in this factor on the actual probability of each deficit is illustrated in Supplementary Figure 2.

Global sensory impairment (i.e., the common factor) was strongly associated with age, gender and race/ethnicity (Table 3, Structural Equation Model; Figure 2C). Consistent with

the individual results for each sense reported above, older age was associated with an increase in global sensory impairment, which was also higher for men than for women and among African Americans and Hispanics relative to whites.

To test the hypothesis that global sensory impairment accounts for much of the association between age and individual sensory deficits, as well as to examine the fit of the model, we added direct effects of the demographic covariates on each of the sensory deficits one at a time to the structural equation model (Table 2B; Figure 2D). For vision, smell and touch, most (if not all) of the association with age is explained by the effect of age on global sensory impairment, as judged by the fact that the direct effects of age on these senses were not statistically significant. Only for hearing and taste were the direct effects of age significant. For hearing, the direct effect of age was 0.28 (slightly larger than the indirect effect through global sensory impairment of 0.22), while for taste, the estimated negative direct effect of -0.21 reflects the fact that the association between age and taste dysfunction is the weakest of all the senses (as noted above). Thus, we find that global sensory impairment explains most of the association between age and the individual sensory dysfunction outcomes.

# DISCUSSION

Multisensory loss is remarkably common among older US adults and seems to be driven by a common underlying process. To our knowledge, this population-based study is the first to examine the full spectrum of sensory loss across the five classical senses in a representative sample of older adults, and emphasizes the broad and prevalent sensory burden faced by this growing segment of the population.

Prior studies have established that 6% of older adults have impaired vision *and* hearing<sup>22</sup>. Our results suggest that these same adults may also have additional sensory impairments. Across all five senses, we find that 38% of older adults have two impairments and 28% have three or more. Twenty-two percent have a substantial impairment (i.e., poor function) in two or more sensory modalities, representing a significant burden. Other recent studies of multiple sensory impairments to date support our findings here, and suggest important associations with function and quality of life with carefully measured sensory measures<sup>42–44</sup>. We note that these studies did not focus exclusively on older adults, address representative populations, include touch, or, in one case<sup>44</sup>, utilize objective measures. These and other factors may explain variability in findings among studies.

A significant amount of the variation in each of the sensory dysfunctions may be explained by a single underlying factor, which we interpret as global sensory impairment. This single factor accounts for much of the association between age and each of the sensory impairments, suggesting a common process of sensory aging. There are several possible mechanisms, shared across the senses, which could link their deficits during aging: neurodegeneration<sup>20,45</sup>, secondary effects of common environmental insults<sup>29,46</sup>, underlying genetics such as variation in genes involved in nerve maintenance or innate immunity<sup>47</sup>, coordinate cellular senescence, or combinations thereof.

The concept of global sensory impairment also leads to new ways of thinking about how other factors such as gender and race/ethnicity may affect sensory function through this common mechanism. Many studies have found associations between gender and race/ethnicity and individual sensory impairment<sup>22,37</sup> and have proposed mechanisms to explain these. Our results here differ in that they investigate the relationship between these factors across all five senses. For example, other than for corrected vision, women seem to be protected from sensory loss compared to men, highlighting the prospect of a biologic mechanism. The higher prevalence and severity of multisensory impairment among African Americans is especially troubling given the well-documented disparities in access, treatment, and outcomes faced by African Americans.

There are important clinical implications to these data. Clinicians who see patients with single or dual sensory deficits (e.g., with hearing or vision loss or both) should consider evaluation of the other senses, as it is highly likely that such patients will have these undiagnosed conditions. Patients with multisensory impairment may be at higher risk for important sequelae such as neurodegeneration, complications from falls, burns, food poisoning, smoke inhalation, and others. If these other conditions are identified, even in the face of limited treatment options, mitigation through awareness, social intervention via family or caregiver support, or other means may be instituted. This burden of multisensory impairment may impact patients' ability to cope with social, cognitive, and physical stresses, so attention to these issues is critical.

There are several limitations to our findings. We found high rates of multisensory impairment in the general population of older adults living at home, however individuals in a clinic or institutionalized setting may be at even higher risk. Conversely, one recent study that included objective measures of sensory function showed minimal multisensory impairment in adults younger than 45 years of age<sup>43</sup>. Although we measured corrected vision and hearing, we still found deficits in the home environment, which should prompt clinicians to be sensitive to the discrepancy between clinic and home-based assessment of sensory function and the consequences for patient care. For example, clinic-based estimates of sensory function, under optimal controlled conditions, may minimize the impact on daily life since they do not account for "real world" experience of the patients in their own home environments.

Additionally, this model does not explain everything we observe in the data and there are some important deviations, which are consistent with prior findings in the literature. For example, gender reliably predicted sensory dysfunction, with men being worse than women in all senses except for corrected vision where women were worse. This difference may reflect a gender disparity in obtaining or using adequate corrective lenses. Women may also have more rapid rates of decline in vision than men, perhaps indicating an underlying susceptibility to age-related vision loss. This is troubling given previous work demonstrating that in older women, vision impairment is a risk factor for cognitive decline<sup>23</sup>. Medicare fails to cover eyeglasses or contact lenses, so this issue may also reflect lack of financial resources among women.

Finally, our integrated measure of hearing was based on the interviewer's assessment during social conversation in the home. Subsequent work could expand on this study by including audiometry as an objective measure of hearing (e.g., at speech and other frequencies), although its inclusion is challenging (but not impossible, for screening at least<sup>26</sup>) in large field studies without specialized personnel and equipment (audiometer, sound booth, etc.). We view our measure of the ability to hear conversational speech in the home as a major strength of NSHAP in that the focus is on their typical environment and social context as experienced by older adults in their everyday lives, in contrast to clinic or hospital based assessments. From this perspective, we are likely underestimating the burden of hearing loss in this population. Similarly, our measures of sensory function could be enriched (e.g. the addition of near vision, olfactory sensitivity, more precise measures, etc.). However, we do not believe such enriched measures would alter our main results.

What are the implications of these findings? Because of the critical nature of these sensory modalities in daily living, our results of multisensory loss may explain, in part, why older adults report decreased quality of life and challenges in interacting with the environment and other people<sup>16</sup>. Our data also prompt further questions about the relationship between global sensory impairment and physical frailty, the concept of decline across multiple domains of physical performance, potentially including shared physiological mechanisms<sup>38</sup>. Are they independent processes, or does global sensory loss develop simultaneously with physical frailty, worsening its impact (e.g., weight loss, falls, and decreased physical activity) and even increasing the risk of mortality? Given that older adults face major changes in sensory perception, creating deleterious effects on both health and function, future work should characterize global sensory impairment and examine the trajectory of its decline in longitudinal studies. Current measures of physical frailty have proven important in the management of geriatric health care needs and an analogous consideration of multisensory impairment may prove useful.

In summary, further examination of multisensory loss in older adults will provide answers to these and other gaps in our knowledge and allow us to begin to design preventative measures or identify therapeutic targets in the underlying biology that is common to these five sensory modalities, with great promise for alleviating the suffering that they cause.

# **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

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Some of these data were presented at the Association of Chemoreception Sciences annual meeting in 2014.

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#### Sponsor's Role

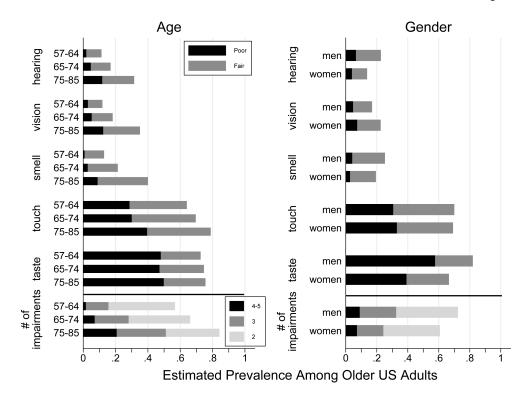
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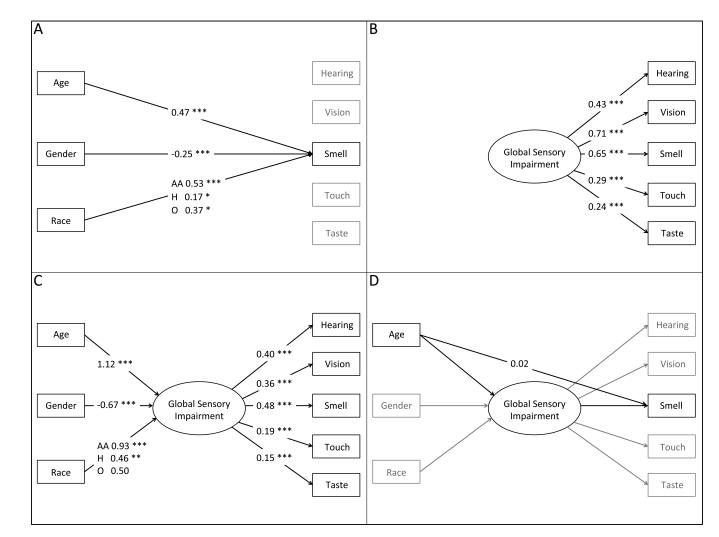
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# Figure 1.

Prevalence of sensory impairments for each of the five senses among community-dwelling older adults in the US, by age group and gender.

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### Figure 2.

Visual representation of the analytic models: (A) Overall effects of age, gender and race/ ethnicity on each sensory dysfunction without global sensory impairment, using smell as an example (Table 2A); (B) Effects of global sensory impairment on each of the five sensory dysfunction measures (Table 3, Single Factor Model); (C) Effects of age, gender and race/ ethnicity on global sensory impairment, and through global sensory impairment on each sensory dysfunction measure (Table 3, Structural Equation Model); (D) Direct effects of demographic variables on sensory dysfunction controlling for global sensory impairment, using the effect of age on smell as an example (Table 2B).

#### Table 1

Demographic and health characteristics of the US population of home-dwelling older adults based on the National Social Life, Health and Aging Project (2005-6)

	Percent <sup>1</sup>
Age (yrs) (n=2,968)	
57-64	41.4
65-74	34.9
75-85	23.7
Gender (% men) (n=2,968)	48.6
Race/ethnicity (n=2,956)	
White	80.7
African-American (AA)	9.9
Hispanic (non-AA)	6.9
Other	2.5
Self-rated physical health (n=2,957)	
Poor	6.8
Fair	17.9
Good	29.6
Very good	32.6
Excellent	13.1
Comorbid diseases (n=2,968)	
Hypertension	53.9
Diabetes	19.9
Heart attack	11.7
Heart failure	8.3
Stroke	8.2
Sensory function (good/fair/poor)	
Hearing (n=2,968)	82.0/12.8/5.3
Vision <sup>2</sup> (n=1,417)	80.3/13.6/6.1
Smell (n=2,939)	77.8/18.8/3.5
Touch <sup>2</sup> (n=1,464)	30.4/37.7/31.8
Taste (n=2,735)	26.0/25.8/48.2
Number of impairments <sup>3</sup> (n=1,301)	
0	5.9
1	27.6
2	38.1
3	20.3
4	6.8
5	1.3

 $^{I}$ Estimates are weighted using the sample weights distributed with the dataset to yield population estimates of prevalence.

<sup>2</sup>Measures were only administered to a randomly selected 50% of respondents.

 $^{3}$ An impairment was defined as fair or poor function; 1,301 respondents had data on all five senses.

#### Table 2

Estimated effects of age, gender and race/ethnicity on individual sensory dysfunctions, both unadjusted and adjusting for global sensory impairment

	Sensory dysfunction				
	Hearing	Vision	Smell	Touch	Taste
A. Separate regression models	showing the asso	ciations betwee	n demographics	and sensory dy	sfunction <sup>1</sup>
Age (per decade)	0.48***	0.41***	0.47***	0.21***	0.09**
Women (vs. men)	-0.39***	0.25***	-0.25***	0.04	-0.44 ***
Race/ethnicity (vs. white)					
African-American (AA)	-0.01	0.47***	0.53***	0.36***	0.16**
Hispanic (non-AA)	0.06	0.39**	0.17*	0.65***	-0.16*
Other	0.08	0.01	0.37*	-0.03	0.01
B. Associations between demog	graphics and sens	ory dysfunction	, holding consta	nt global sensor	ry impairmen
Age (per decade)	0.28***	-0.48	0.02	0.02	-0.21*
Women (vs. men)	-0.30***	1.08 **	0.06	0.15	-0.32***
Race/ethnicity (vs. white)					
African-American (AA)	$-0.28^{*}$	-0.18	0.33**	0.22*	-0.09
Hispanic (non-AA)	-0.07	0.13	-0.02	0.60***	-0.33**
Other	-0.04	-0.42	-0.04	-0.11	-0.13

<sup>I</sup>Ordinal probit regression models, fit individually to each of the 5 sensory dysfunctions. Coefficients for each covariate indicate the change in the likelihood (on the probit scale) of being above a given cut point associated with a one unit increase in the covariate.

 $^{2}$  Direct effects of age, gender and race/ethnicity on each of the 5 sensory dysfunctions, adjusting for global sensory impairment. Obtained by adding direct effects to the Structural Equation Model in Table 3, separately for each dysfunction.

\* P<0.05,

\*\* P<0.01,

\*\*\* P<0.001

#### Table 3

Impact of global sensory impairment on the likelihood of individual sensory dysfunctions, and its association with age, gender and race/ethnicity.

	Single Factor Model		Structural Equation Model		
	Coefficient	P value	Coefficient	P value	
Sensory Dysfunction <sup>1</sup>					
Hearing dysfunction	0.43	< 0.001	0.40	< 0.001	
Vision dysfunction	0.71	< 0.001	0.36	< 0.001	
Smell dysfunction	0.65	< 0.001	0.48	< 0.001	
Touch dysfunction	0.29	< 0.001	0.19	< 0.001	
Taste dysfunction	0.24	< 0.001	0.15	< 0.001	
Demographics <sup>2</sup>					
Age (per decade)			1.12	< 0.001	
Women (vs. men)			-0.67	< 0.001	
Race/ethnicity (vs. white)					
African-American (AA)			0.93	< 0.001	
Hispanic (non-AA)			0.46	0.002	
Other			0.50	0.066	

 $^{I}$ Coefficients from ordinal probit regressions of each three-category sensory dysfunction measure on the underlying factor (global sensory impairment), each indicating the change in the likelihood (on the probit scale) of being above a given cut point associated with a one standard deviation increase in the underlying factor.

 $^{2}$  Coefficients indicate the change in the underlying factor associated with a one-unit change in the demographic covariate (residual variance of the underlying factor is constrained to equal one).