

Direct Identification of Urinary Tract Pathogens from Urine Samples, Combining Urine Screening Methods and Matrix-Assisted Laser Desorption Ionization–Time of Flight Mass Spectrometry

Melania Íñigo,^a Andreu Coello,^b Gema Fernández-Rivas,^a Belén Rivaya,^a Jessica Hidalgo,^{a,b} María Dolores Quesada,^a Vicente Ausina^{a,c} Microbiology Service, Germans Trias i Pujol University Hospital, Department of Genetics and Microbiology, Autonomous University of Barcelona, Badalona, Spain^a; ; Microbiology Service, Fundació Institut d'Investigació en Ciències de la Salut Germans Trias i Pujol, Hospital Universitari Germans Trias i Pujol, Autonomous University of Barcelona, Badalona, Spain^b; CIBER in Respiratory Diseases (CIBERES), Madrid, Spain^c

Early diagnosis of urinary tract infections (UTIs) is essential to avoid inadequate or unnecessary empirical antibiotic therapy. Microbiological confirmation takes 24 to 48 h. The use of screening methods, such as cytometry and automated microscopic analysis of urine sediment, allows the rapid prediction of negative samples. In addition, matrix-assisted laser desorption ionization–time of flight mass spectrometry (MALDI-TOF MS) is a widely established technique in clinical microbiology laboratories used to identify microorganisms. We evaluated the ability of MALDI-TOF MS to identify microorganisms from direct urine samples and the predictive value of automated analyzers for the identification of microorganisms in urine by MALDI-TOF MS. A total of 451 urine samples from patients with suspected UTIs were first analyzed using the Sysmex UF-1000*i* **flow cytometer, an automatic sediment analyzer with microscopy (SediMax), culture, and then processed by MALDI-TOF MS with a simple triplecentrifuged procedure to obtain a pellet that was washed and centrifuged and finally applied directly to the MALDI-TOF MS plate. The organisms in 336 samples were correctly identified, mainly those with Gram-negative bacteria (86.10%). No microorganisms were misidentified, and no** *Candida* **spp. were correctly identified. Regarding the data from autoanalyzers, the best bac**teriuria cutoffs were 1,000 and 200 U/µI for UF-1000*i* and SediMax, respectively. It was concluded that the combination of a **urine screening method and MALDI-TOF MS provided a reliable identification from urine samples, especially in those containing Gram-negative bacteria.**

rinary tract infections (UTIs) are among the most common nosocomial and community-acquired bacterial infections [\(1\)](#page-5-0). The etiology is varied, but in approximately 90% of cases, enteric bacteria are implicated, especially *Escherichia coli*, which produces $>$ 70% of these infections. Other urinary tract pathogens are *Klebsiella* spp., *Enterobacter* spp., *Proteus* spp., *Pseudomonas* spp., *Enterococcus* spp., and *Staphylococcus saprophyticus* [\(2\)](#page-5-1).

A rapid diagnosis of UTIs has a significant beneficial impact on patient health, since it reduces unnecessary or inadequate empirical antimicrobial therapy [\(3\)](#page-5-2). Urine culture is still the gold standard for the microbiological confirmation of UTIs; however, it takes 24 to 48 h to provide results. The use of screening methods, such as traditional Gram staining or other methods for counting urine particles, like flow cytometry or automated microscopic urine sediment analysis, allow the prompt prediction of negative samples and a preliminary identification of microorganisms in positive samples [\(4](#page-5-3)[–](#page-5-4)[7\)](#page-5-5). Nevertheless, this information obtained from these methods is insufficient and requires culture and other biochemical tests.

In recent years, proteomic techniques have achieved a relevant role in the identification of microorganisms in the field of clinical microbiology. Matrix-assisted laser desorption ionization–time of flight mass spectrometry (MALDI-TOF MS) has been suggested as a fast and reliable method for bacterial identification [\(8\)](#page-5-6). This methodology has successfully been used for the rapid identification of microorganisms, both from culture plates and positive blood cultures, and also on other clinical samples, such as those from urine $(9-14)$ $(9-14)$ $(9-14)$. A biomarker capable of predicting the ability of MALDI-TOF MS to identify microorganisms directly from

clinical samples would be useful to improve the diagnostic procedure, reducing costs and time.

The objectives of our study were to (i) assess the ability of MALDI-TOF MS to identify microorganisms from direct urine samples, and (ii) evaluate the predictive value of cytometry and automated microscopic urine sediment analysis for the identification of microorganisms in urine by MALDI-TOF MS.

MATERIALS AND METHODS

Ethics statement. Ethical approval from the research ethics committee of Germans Trias i Pujol University Hospital was obtained, and the need for informed consent was waived.

Settings. Our institution is a university tertiary-care hospital that covers a population of $>$ 200,000 inhabitants and is the reference hospital of >900,000 inhabitants in the regions of North and Maresme Barcelonés (Barcelona, Spain). The clinical microbiology department at our hospital receives samples from different hospitals, primary care centers, and prisons, covering about 2,300,000 inhabitants.

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Address correspondence to Vicente Ausina, vausina.germanstrias@gencat.cat. Copyright © 2016, American Society for Microbiology. All Rights Reserved.

Data collection. The characteristics of patients whose samples were included in the study were analyzed by sex, age, department of origin, and urine collection technique.

Urine processing and conventional identification. A total of 2,017 urine samples were processed during March to May 2015 from outpatients and inpatients with symptoms suggestive of UTIs. All samples were analyzed by the Sysmex UF-1000*i* flow cytometer (TOA Medical Electronics, Kobe, Japan), and a subgroup of 1,938 samples was also analyzed by the SediMax automatic sediment analyzer with microscopy (E77 Elektronika, Budapest, Hungary). On one hand, the Sysmex UF-1000*i* flow cytometer stains urine particles with a fluorescent dye, allowing their classification in leukocytes, red blood cells, epithelial cells, bacteria, and *Candida* spp. by impedance, scattering, and fluorescence. On the other hand, the SediMax automatic sediment analyzer homogenizes and transfers urine samples into special disposable cuvettes, which are centrifuged for a few seconds. Afterwards, whole-field high-definition images are obtained, and the inner software performs a morphological analysis of the particles, allowing their quantification and classification. All images are stored, which allows their review and further recounting if necessary. After that, $10 \mu l$ of urine was cultured onto chromogenic chromID CPS Elite agar plates (bioMérieux, Marcy-l'Étoile, France), and incubated under aerobic conditions at 37°C for 18 to 24 h; additionally, Gram staining was performed on those samples in which $>\!40$ leukocytes/ μ l were detected by cytometry, and these then were cultured in selective plates, according to microorganisms observed in the Gram stain (MacConkey agar [bioMérieux] for Gram-negative rods, colistin-nalidixic acid [CNA] agar [bioMérieux] for Gram-positive bacteria, *Candida* ID2 [CAN2] agar [bioMérieux] for yeast, and chocolate agar [bioMérieux] when no microorganism was observed). Identification from the colonies was done by MALDI-TOF MS, according to the manufacturer's procedures, and susceptibility testing was performed by disk diffusion method.

MALDI-TOF MS. All samples with positive cultures, except those considered to be contaminated, were processed 24 h later, as follows: urine samples were vortexed, and 2 ml was centrifuged at $2,000 \times g$ for 1 min to remove cellular debris, leukocytes, and mucus. The supernatant was centrifuged at 15,500 \times g for 5 min and then discarded. Pellets were resuspended in 1 ml of sterile water and centrifuged again at $18,500 \times g$ for 5 min. After discarding the supernatant, the pellet was spotted onto a polished steel MALDI-TOF MS target plate using a wooden toothpick and allowed to dry. Next, 1 μ l of matrix solution (α -cyano-4-hydroxycinnamic acid solution in 50% acetonitrile and 2.5% trifluoroacetic acid) was added prior to the acquisition of spectra in a mass spectrometer. The samples tested the day after were stored at 4°C until the procedure was performed. Those urine samples for which the microorganism's identification using the direct transfer method was not possible were further tested according to the same procedure but samples were first covered with 1 μ l of formic acid (70% [vol/vol]) and dried at room temperature before adding the matrix solution.

Protein analysis was carried out using the MALDI microflex LT mass spectrometer (Bruker Daltonik GmbH, Bremen, Germany) and Flex-Control version 3.0 software (Bruker Daltonik GmbH), using the default settings.

When the results obtained by conventional microbiological methods and MALDI-TOF MS were inconsistent, both were repeated. According to the manufacturer, a score of \geq 2.0 indicates species-level identification, a score between 1.7 and 1.99 indicates genus-level identification, and a score of \leq 1.7 indicates no identification. However, we registered the first 10 identification options provided by the MALDI-TOF MS software, considering species-level correct identification to be those options that agreed with the urine culture.

The MALDI-TOF MS result was correlated with the culture result, and the results were classified into four groups: (i) insufficient pellet, when not enough pellet for MALDI-TOF MS analysis was obtained after urine processing; (ii) unidentified, when the software did not provide any microbiological identification; (iii) correctly identified, when identification by

MALDI-TOF MS from colonies and direct samples were consistent (for mixed cultures, correct identification was considered if at least one of the two microorganisms isolated was correctly identified); and (iv) misidentified (MI), when identifications by both MALDI-TOF MS procedures were not consistent. MI results were verified by both methodologies.

Statistics. Categorical variables are provided with their frequencies. Continuous variables were summarized as median and interquartile range (IQR) with the 95% confidence interval (95% CI). Chi-square test and the Kruskal-Wallis or Mann-Whitney test, as appropriate, were performed for qualitative and quantitative variables, respectively. The optimal cutoffs of bacteriuria provided by UF-1000*i* and SediMax for correct identification by MALDI-TOF MS were calculated using receiver operating characteristic (ROC) curves. Sensitivity (Se), specificity (Sp), and positive and negative predictive values (PPV and NPV, respectively) were calculated for these cutoffs. The data analysis was carried out using the Stata release 10.1 statistical package (StataCorp LP, TX, USA) and SPSS version 13.0 (SPSS, Inc., Chicago, IL) softwares.

RESULTS

In total, 451 out of 2,017 processed urine samples yielded positive cultures (22.34%) and were further tested by MALDI-TOF MS. The vast majority of these samples were clean-catch specimens (79.38%), followed by specimens collected by catheterization (19.96%), pediatric bags (0.44%), and suprapubic aspiration (0.22%). The median bacteriuria level estimated by UF-1000*i* was 4,242 U/ μ l (IQR, 1,326 to 10,957 U/ μ l). A subgroup of 379 urine samples was also analyzed by SediMax, with a median bacteriuria level of 614 U/ μ l (IQR, 142 to 1,401 U/ μ l).

Out of 451 urine cultures, 44 (9.76%) resulted in polymicrobial cultures. Gram-negative microorganisms were isolated in 81.36%, Gram-positive in 16.43%, and yeast in 2.00% of the cultures. The most commonly isolated microorganisms were *E. coli* (56.51%), *Enterococcus faecalis* (9.42%), *Klebsiella pneumoniae* (7.01%), and *Pseudomonas aeruginosa* (6.01%). Three hundred thirty-nine urine samples (75.17%) yielded colony counts of $>$ 10⁵ CFU/ml, 74 (16.41%) samples had between 5×10^4 and 10^5 CFU/ml, and 38 (8.42%) samples had $\leq 10^4$ CFU/ml.

After processing urine samples for MALDI-TOF MS, 29 (6.43%) samples had insufficient pellet and so were not studied further, 86 (19.07%) samples were unidentified, and 336 (74.50%) samples were correctly identified. No microorganisms were misidentified.

Among the insufficient-pellet samples, 69.70% and 30.30% of the samples were Gram-negative and Gram-positive bacteria, re-spectively [\(Table 1\)](#page-2-0). Among the unidentified samples, 64.52% were Gram-negative bacteria, 24.73% were Gram-positive bacteria, and 10.75% were yeast, which corresponded to all yeasts included in the study ($n = 10$) [\(Table 1\)](#page-2-0). Therefore, samples with a positive culture for yeast could not be identified by MALDI-TOF MS. The majority of the correctly identified samples (86.10%) were Gram-negative bacteria, while 13.90% were Gram-positive bacteria [\(Tables 2](#page-3-0) and [3\)](#page-3-0). The correctly identified urine samples $(91.07%)$ showed a score of >1.7 , with an average score of 2.112 (95% CI, 2.092 to 2.132). The remaining 8.93% presented a score of <1.7, with an average score of 1.519 (95% CI, 1.468 to 1.570).

ROC curves were calculated for the bacteriuria parameter. The area under the curve values were 0.85 (95% CI, 0.80 to 0.90) for UF-1000*i* and 0.76 (95% CI, 0.70 to 0.82) for SediMax [\(Fig. 1\)](#page-4-0). According to these results, the cutoffs for the correctly identified samples by MALDI-TOF MS were 1,000 U/µl for UF-1000*i* (Se, 92.23%; Sp, 60.90%; NPV, 72.92%; PPV, 87.32%), and 200 U/µl

^a NA, not available.

 b Median candiduria level (yeasts/ μ l).</sup>

for SediMax (Se, 82.56%; Sp, 60.20%; NPV, 54.63%; PPV, 85.61%).

According to UF-1000*i* data, only 3 out of 29 insufficient-pellet samples (10.34%) presented a bacteriuria level of $>$ 1,000 U/ μ l (median bacteriuria level, 467 U/ μ l; IQR, 310 to 624 U/ μ l). Fortytwo out of 86 unidentified samples presented a bacteriuria level of $>$ 1,000 U/ μ l, and 310 out of 336 correctly identified samples presented a bacteriuria level of >1,000 U/µl [\(Table 4\)](#page-4-1). Out of these 336 correctly identified samples, 91.07% ($n = 306$) samples presented an identification score of $>$ 1.7 (average, 2.112; 95% CI, 2.092 to 2.132), while the remaining samples presented an identification score of \leq 1.7 (average, 1.519; 95% CI, 1.468 to 1.570).

Urine samples processed also by SediMax presented percentages of insufficient-pellet, unidentified, and correctly identified samples similar to those of UF-1000*i*: 6.59%, 19.26%, and 74.14%, respectively. Out of these 25 insufficient-pellet samples, only 2

samples (8%) had a bacteriuria level of $>$ 200 U/ μ l. Thirty-seven out of 73 unidentified urine samples (50.68%) presented a bacteriuria level of $>$ 200 U/ μ l, and 232 out of 281 correctly identified urine samples (82.56%) presented a bacteriuria level of >200 U/μ l [\(Table 4\)](#page-4-1). The 90.39% of these urine samples that were correctly identified presented an identification score of $>$ 1.7 (average, 2.100; 95% CI, 2.088 to 2.132), and the remaining 9.61% of these samples presented an identification score of \leq 1.7 (average, 1.522; 95% CI, 1.466 to 1.578).

In order to understand which kind of samples were correctly identified with higher frequency, several variables from the patients (sex, age, department of origin, and urine collection technique) were analyzed. Statistically significant differences for qualitative variables were analyzed by two different groups, "correct identification" versus "no correct identification" (unidentified plus insufficient pellet). Statistical significance was detected (*P*

^a NA, not available.

0.001) in those samples from women, primary-care patients, and clean-catch midstream urine samples.

DISCUSSION

In this study, we evaluated the ability of MALDI-TOF MS to detect microorganisms from direct urine samples in order to provide early diagnosis of UTIs; performing this methodology on the day of sample collection reduces the identification of the etiological agent by 18 to 24 h and thereby inadequate or unnecessary empirical antimicrobial treatment. The incorporation of this methodology in clinical laboratories has been an important improvement in the etiologic diagnosis of all types of infections, as its speed and relatively low cost have displaced the classical biochemical identification. Previous studies have evaluated the ability of MALDI-TOF MS to identify microorganisms in positive blood cultures [\(10,](#page-5-10) [15](#page-5-11)[–](#page-5-12)[19\)](#page-5-13). The next step was the identification of microorganisms from direct samples, without prior culture. One limitation is the large amount of protein necessary to obtain reliable profiles. Therefore, as suggested by Wang et al. [\(11\)](#page-5-14), samples need to be preselected depending on the bacterial load. Another useful algorithm for the rapid diagnosis of UTIs is presented by Burillo et al. [\(20\)](#page-5-15), who combined Gram stain with mass spectrometry.

In accordance with previous studies, the identification of Gram-negative bacteria has provided better results than Grampositive and yeast [\(9,](#page-5-7) [21\)](#page-5-16). We did not identify any yeast from the urine direct samples. In a study recently published by Galán et al. [\(22\)](#page-5-17), the utility of this technology for the identification of clinically interesting yeast is highlighted. The 94.80% of the yeasts

TABLE 3 MALDI-TOF MS versus conventional identification and bacteriuria levels of 33 correctly identified urine samples with polymicrobial infections

			Bacteriuria (median) (bacteria/µl)	
Identification by conventional methods	Identification by MALDI-TOF MS	No. of isolates	$UF-1000i$	SediMax
$E.$ faecalis + P. aeruginosa	P. aeruginosa	6	3,233	259
$E.$ faecalis + $E.$ coli	E. faecalis	$\overline{2}$	2,261	81
$E.$ faecalis + $E.$ coli	E. coli	2	12,485	600
Aerococcus urinae $+$ P. stuartii	P. stuartii		14,278	NA^a
$C.$ freundii + K. pneumoniae	K. pneumoniae		5,596	554
Enterobacter asburiae $+ E$. coli	E. coli		1,870	152
Enterobacter spp. $+ E$. coli	E. coli		29,763	2,640
E. faecalis + E. coli + K. pneumoniae	K. pneumoniae		4,629	4,906
E. faecalis + E. coli + P. aeruginosa	E. coli		6,871	27.72
E. faecalis + K. pneumoniae + P. mirabilis	K. pneumoniae		6,087	NA
$E.$ faecalis + $P.$ mirabilis	P. mirabilis		11,889	668
$E.$ faecalis $+ S.$ aureus	E. faecalis		3,573	656
E. faecium + M. morganii + P. stuartii	P. stuartii		4,779	465
Enterococcus spp. + E. coli + K. pneumoniae	K. pneumoniae		7,579	257
$Enterococcus$ spp. $+$ Staphylococcus spp.	E. faecalis		4,242	333
E. $\text{coli} + K$. oxytoca	E. coli		21,257	1,912
E. $\text{coli} + K$. pneumoniae	K. pneumoniae		6,636	374
E. coli + K. pneumoniae + P. aeruginosa	E. coli		7,761	NA
E. coli + K. pneumoniae + P. aeruginosa	K. pneumoniae		17,754	98
E. coli + K. pneumoniae + S. aureus	E. coli		18,019	9,592
E , coli + P, mirabilis	E. coli		14,973	1,789
$E.$ coli + P. mirabilis	P. mirabilis		9,802	497
E. $\text{coli} + S$. agalactiae	E. coli		1,791	216
K. pneumoniae $+$ P. mirabilis	P. mirabilis		8,917	NA
K. pneumoniae $+$ P. aeruginosa	K. pneumoniae		9,520	1,815
P. stuartii + P. aeruginosa	P. aeruginosa		6,098	2,107

^a NA, not available.

Result of sample processing	No. (%) by bacteriuria level and instrument							
	$UF-1000i$			SediMax				
	Total no.	$>1,000$ bacteria/ μ l	$\leq 1,000$ bacteria/µl	Total no.	$>$ 200 bacteria/ μ l	$<$ 200 bacteria/ μ l		
Insufficient pellet	29	3(10.34)	26 (89.66)	25	2(8)	23(92)		
Unidentified	86	42 (48.84)	44(51.16)	73	37 (50.68)	36 (49.32)		
Correctly identified	336	310 (92.26)	26(7.74)	281	232 (82.56)	49 (17.44)		

TABLE 4 Bacteriuria levels and results of urine samples analyzed by MALDI-TOF MS

isolated in several clinical samples, mainly vaginal swabs, urine samples, respiratory secretions, and blood cultures, were correctly identified. However, in all cases, the identification was done directly from colonies. Therefore, the identification of yeasts from direct samples is still unresolved.

In our study, we found an association between the bacteriuria levels provided by the two analyzers, UF-1000*i* and SediMax, and the correct identification of microorganisms by MALDI-TOF MS. The data of the bacteriuria levels provided by UF-1000*i* and Sedi-Max can be used for the direct identification on the same day of the sample collection, while conventional culture needs a minimum of 24 to 48 h. For our population, the established cutoffs were 1,000 U/µl for UF-1000i and 200 U/µl for SediMax. Additionally, the 89.66% and the 92% of insufficient-pellet urine samples showed bacteriuria levels of \lt 1,000 U/ μ l and \lt 200 U/ μ l, as estimated by UF-1000*i* and SediMax, respectively. Therefore, these data might be a good biomarker to provide better results in the identification of microorganisms with MALDI-TOF MS from direct urine. However, these cutoffs should be established for each population and for each urine particle screening system.

The analysis of mixed cultures did not provided successful results. Wang et al. [\(11\)](#page-5-14) analyzed urine specimens containing two microorganisms in different ratios (*E. coli* and *P. aeruginosa*, and *E. coli* and *Enterococcus faecium*); two types of bacteria were simul-

taneously detected in a mixture at a ratio 1:1 or 1:2, but only the dominant bacteria were detected in a mixture at a ratio of 1:9. However, almost half of the polymicrobial clinical samples provided invalid results [\(11\)](#page-5-14). On the other hand, in our study, the analysis of 75% of the polymicrobial urine samples provided the correct identification of one microorganism. The unreliable identification of the remaining 25% (15.91% unidentified and 9.10% insufficient-pellet urine samples) might be related to the low bacteriuria levels detected in these samples. Therefore, the identification of several microorganisms directly from urine samples is established as a still-unresolved diagnostic challenge.

In order to reduce costs, we analyzed only those samples considered positive for a urinary tract infection, so MALDI-TOF MS testing was performed when culture results were known the following day. Therefore, a limitation of our study is that screening of urine particles and urine cultures was performed the day before MALDI-TOF MS analysis was done. All urine samples were treated equally and correctly stored at 4°C in a sterile correctly closed container, so we consider that these samples had not undergone a significant change in such a short period of time. However, to confirm this, further studies would be necessary to evaluate the results provided by MALDI-TOF MS in urine samples on two consecutive days.

In general, the identification of microorganisms with MALDI-TOF MS from direct urine samples is a process for which standardization of the procedure is necessary. Several procedures have been described [\(11,](#page-5-14) [13,](#page-5-8) [23\)](#page-5-18). Veron et al. [\(24\)](#page-5-19) compared different methods, concluding that previous short-culture and dual-filtration methods provided the best results. In previous studies, we compared three urine processing methods (data not shown), establishing 2 ml as the optimum volume, as it is easily manipulated in Eppendorf tubes and centrifuges available in clinical microbiology laboratories, and it also requires limited hands-on time. The use of larger volumes also entails the use of larger tubes, and centrifugation at higher revolutions may require special equipment not present in routine clinical laboratories.

Regarding the studied population, correct identifications were made in those samples from women, samples from primary-care center and emergency departments, and in clean-catch midstream urine samples, and statistical significance was found $(P < 0.001)$. Although the results were good, we cannot establish that the rest of the samples were not suitable for work-up, because the study was not designed for this purpose. This point should be analyzed in detail, leading to the design of a study that includes a similar number of patients from different departments and a similar number of urine samples collected by different methods.

In conclusion, the combination of urine screening methods, such as flow cytometry or automated microscopic urine sediment **FIG 1** ROC curves of bacteriuria levels for UF-1000*i* and SediMax. analysis, and MALDI-TOF MS provided a reliable bacterial iden-

tification from urine samples, mainly of Gram-negative microorganisms. In the future, it will be necessary to optimize the methodology for the study of polymicrobial infections and the UTIs caused by Gram-positive bacteria or yeasts.

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We declare no conflicts of interest.

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