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TGF- β /SMAD Pathway and Its Regulation in **Hepatic Fibrosis**

Fengyun Xu¹, Changwei Liu¹, Dandan Zhou, and Lei Zhang

School of Pharmacy (FX, DZ, LZ); Institute for Liver Diseases (FX, DZ, LZ); Department of Pharmacy, The First Affiliated Hospital of Anhui Medical University (CL), Anhui Medical University, Hefei 230022, China

Summary

Transforming growth factor-beta I (TGF- β I), a key member in the TGF- β superfamily, plays a critical role in the development of hepatic fibrosis. Its expression is consistently elevated in affected organs, which correlates with increased extracellular matrix deposition. SMAD proteins have been studied extensively as pivotal intracellular effectors of TGF- β I, acting as transcription factors. In the context of hepatic fibrosis, SMAD3 and SMAD4 are pro-fibrotic, whereas SMAD2 and SMAD7 are protective. Deletion of SMAD3 inhibits type I collagen expression and blocks epithelial-myofibroblast transition. In contrast, disruption of SMAD2 upregulates type I collagen expression. SMAD4 plays an essential role in fibrosis disease by enhancing SMAD3 responsive promoter activity, whereas SMAD7 negatively mediates SMAD3-induced fibrogenesis. Accumulating evidence suggests that divergent miRNAs participate in the liver fibrotic process, which partially regulates members of the TGF- β /SMAD signaling pathway. In this review, we focus on the TGF- β /SMAD and other relative signaling pathways, and discussed the role and molecular mechanisms of TGF- β /SMAD in the pathogenesis of hepatic fibrosis. Moreover, we address the possibility of novel therapeutic approaches to hepatic fibrosis by targeting to TGF- β /SMAD signaling. (| Histochem Cytochem 64:157-167, 2016)

Keywords

Epithelial-myofibroblast transition, hepatic fibrosis, miRNAs, TGF-β/SMAD

Introduction

Hepatic fibrosis (HF) is a chronic liver disease, and a leading cause of end-stage hepatocellular carcinoma (Dongiovanni et al. 2014), which is characterized by an increase in extracellular matrix (ECM) deposited around the sinusoidal cell layer in the space of Disse (Bataller and Brenner 2005; Gao and Bataller 2011). The increased fibrotic matrix is the result of an imbalance of ECM synthesis and degradation. Carbon tetrachloride (CCL)-induced hepatic injury is a well-established model for the study of liver fibrogenesis. In the livers of CCl₄-treated animals, severe morphological changes, such as fat degeneration, ballooning, necrosis and infiltration of inflammatory cells, are observed as compared with control animals. Masson's trichrome staining shows that there is an increase in collagen I during rat liver fibrosis. Immunohistochemistry also shows that there is an increase in the abundance of p-SMAD2 and p-SMAD3 (Fig. 1) (Zhang et al. 2015). There are many mediators acting during the development of HF, such as growth factors (Sysa et al. 2009), mitogen-activated protein kinase (MAPK) (Qiang et al. 2006), leptin (Wang et al. 2009), and various integrins (Nadler et al. 2009). Of particular note is TGF- β 1, a key mediator in the pathogenesis of HF (Bi et al. 2012). TGF-B1 activates SMAD-dependent and -independent pathways to exhibit its biological activities. It is well-known that TGF- β exerts its biological effects by activating downstream mediators

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¹These authors contributed equally to this work.

Corresponding Author:

Lei Zhang, School of Pharmacy, Anhui Medical University, Mei Shan Road, Hefei, Anhui Province, 230032, China. Email: zhanglei_xu@sina.com, xfy6@163.com



Figure 1. The histology of hepatic fibrosis. Pathological observations of experimental rat liver sections stained with Masson's trichrome staining in (A) vehicle control and (B) CCl_4 -treated liver tissue. The analysis shows that total collagen deposition is significantly increased in CCl_4 -induced hepatic fibrosis tissues. Compared with the vehicle control (C, E), an increase in positive staining for p-Smad2 (D) and p-Smad3 (F) immunohistochemistry is noted during rat liver fibrosis. Scale, 50 μ m.

SMAD2 and SMAD3, and is negatively regulated by an inhibitory SMAD7 (Lan and Chung 2011). SMADs also act as signal integrators and interact with other signaling pathways, such as the MAPK and NF- κ B signaling pathways (Derynck and Zhang 2003; Sengupta et al. 2009). Recent research into microRNAs has demonstrated that TGF- β may regulate the expression of several microRNAs to influence fibrosis (Tian et al. 2008).

The present review focuses on the functional role and regulatory mechanisms of SMAD-dependent and -independent pathways that interact with the TGF- β pathway during the progression of HF. The therapeutic potential for targeting the related TGF- β /SMAD signaling pathways is also discussed.

The Pathological Process of HF

ECM Synthesis during the Development of Fibrosis

Chronic damage to the liver, including persistent infections, autoimmune reactions, allergic responses, chemical insults, and radiation, negatively impacts the liver's wound healing response (Friedman 2004). Fibrosis is the end result of chronic inflammatory reactions and characterized by an excessive deposition of ECM of predominantly type I collagen. The excessive deposition of ECM disrupts the normal architecture of the liver and results in hepatic dysfunction. In response to liver injury, hepatic stellate cells (HSCs) become activated, which exhibit a myofibroblast-like phenotype.

The activated HSC is primarily responsible for the excessive synthesis and deposition of ECM in the hepatic interstitium, leading to liver fibrogenesis (Shek and Benyon 2004).

Chronic inflammation and repair can trigger an excessive accumulation of ECM components, especially collagens, the major fibrous proteins in the ECM. The increased transcription of type I collagen genes, *COL1A1* and *COL1A2*, contributes to this excessive tissue deposition of ECM proteins (Trojanowska et al. 1998; Uitto and Kouba 2000). Both collagen turnover and ECM remodeling are regulated by various MMPs and their inhibitors. The net accumulation of collagens in tissue fibrosis is a result of an imbalance between their synthesis and degradation (Verrecchia and Mauviel 2004).

EMT and EndoMT in the Development of Fibrosis

The key effector cells of fibrosis are the myofibroblasts, which serves as the primary collagen-producing cells when activated. HSCs are believed to be the major source of collagen-producing myofibroblasts in cirrhotic livers (Rygiel et al. 2008). Thus, the fibroblasts expressing alpha-smooth muscle actin (α -SMA) (myofibroblasts) may be derived from the transdifferentiation of quiescent HSCs. Fibroblasts are also generated from epithelial cells through epithelialmesenchymal transition (EMT), which is the process of fully differentiated epithelial cells undergoing phenotypic transition into fully differentiated mesenchymal cells (fibroblasts or myofibroblasts) (Lee and Kay 2012; Thompson and Haviv 2011). During EMT, mature epithelial cells lose their original shape, cell-cell contact, and epithelial cellspecific protein expression, but gain the typical features of mesenchymal cells (Aldehni et al. 2009; Heinrich et al. 2012). The proteomic features of EMT include the loss of epithelial cell adhesion molecules, such as epithelial (E)-cadherin and zonula occludens-1 (ZO-1), which are replaced by the mesenchymal markers, α -SMA, matrix metalloproteinase (MMP)-2, MMP-9, collagens, and the intermediate filament protein vimentin (Bi et al. 2014; Zhang et al. 2012). This process leads to increased deposition of the ECM, which indicates that EMT is crucial in the pathology of liver fibrosis (Barnes et al. 2010). The generation of fibrogenic fibroblasts through EMT can occur through a variety of sources. In addition, endothelial-myofibroblast transition (EndoMT) has been implicated in fibrogenesis (Zeisberg et al. 2008; Zeisberg and Kalluri 2008). EMT of hepatocytes and cholangiocytes has been reported in patients and in mice with liver fibrosis (Syn et al. 2009; Zeisberg et al. 2007b). Evidence of EMT has also been reported in the kidney, lung, eye and serosal membranes, suggesting that EMT could be involved in the pathogenesis of fibrotic disorders in these organs (Willis et al. 2006). EMT in liver fibrosis causes a loss of epithelial

cells, contributing to the parenchyma destruction seen in advanced fibrosis. Endothelial cells may also transit to mesenchymal cells, giving rise to (myo)fibroblasts in response to fibrogenic injury. EndoMT has been reported (Zeisberg et al. 2007a), but EndoMT is difficult to measure because there is not yet a specific marker for endothelial cells. EMTderived myofibroblasts produce a variety of factors that are involved in the fibrotic process (Quan et al. 2006). Therefore, a therapeutic approach to disturbing their development may be an effective strategy for treating hepatic fibrosis.

TGF-β/SMAD Signaling Pathways

The TGF- β Superfamily

The TGF- β superfamily includes a large number of structurally and functionally related proteins, such as bone morphogenetic proteins (BMPs), activins, inhibins, growth differentiation factors (GDFs), and glial-derived neurotrophic factors (GDNFs) (Maribo et al. 1998; Massague and Wotton 2000). These members act as multifunctional regulators of a wide range of biological processes, such as morphogenesis, embryonic development, adult stem cell differentiation, immune regulation, wound healing, inflammation, and cancer (Boon et al. 2011; Kang et al. 2008). TGF- β family members (TGF- β 1, - β 2, and - β 3) are induced and activated in a variety of fibrotic diseases (Govinden and Bhoola 2003). TGF-β1 was discovered in 1983 because of its ability to stimulate the growth of cultured rat fibroblasts in soft agar, and was regarded as the master cytokine in liver fibrogenesis (Drabsch and ten Dijke 2012). Release of TGF- β 1 by necrotic hepatocytes during liver damage may be one of the first signals to activate adjacent quiescent HSCs, resulting in their transdifferentiation into myofibroblasts. TGF-B1 signaling inhibits HSC apoptosis, and induces HSCs to synthesize excessive amounts of matrix proteins, such as fibronectin, and collagen types I, III, and IV (Kanzler et al. 1999). In addition, TGF- β 1 disturbs the production of matrix-degrading proteases and upregulates protease inhibitors, such as tissue inhibitor of metalloproteinase (TIMP) and plasminogen activator inhibitor. Thus, TGF-β1 promotes ECM production and inhibits its degradation (Dudas et al. 2001; Eddington et al. 2007). Furthermore, TGF- β 1 modulates the expression of integrins in a manner that increases cellular adhesion to the matrix. In patients with HF, increased concentrations of TGF-B1 correlate with the severity of hepatic fibrosis, suggesting a link between TGF- β expression and progressive liver disease (Friedman 2008; Gressner and Weiskirchen 2006; Lee and Friedman 2011).

TGF- β 1 promotes fibrogenesis via three mechanisms. Firstly, TGF- β 1 inhibits ECM degradation by suppressing MMP and promoting the natural inhibitor TIMP. Secondly, TGF- β 1 induces myofibroblast formation through tubular EMT. Thirdly, TGF- β 1 induces matrix production through SMAD3-dependent or non-SMAD associated mechanisms (Border and Noble 1998; Lan 2003).

TGF- β Signaling through SMAD Proteins

SMAD proteins mediate intracellular TGF- β signaling. Members of the SMAD family can be classified into three groups according to their functions: 1) the receptor-regulated SMADs (R-SMADs), which include SMAD1, SMAD2, SMAD3, SMAD5, and SMAD8; 2) the common SMAD (Co-SMAD), of which there is only one member, SMAD4; 3) the inhibitory SMADs (I-SMADs), including SMAD6 and SMAD7. The R-SMADs bind to membrane-bound serine/threonine receptors, and are activated by their kinase activity. As a co-factor, the co-SMAD binds to the activated R-SMADs to form a complex that translocates into the nucleus. I-SMADs counteract the effects of R-SMADs, thus exerting an inhibitory effect on TGF- β superfamily signaling by various mechanisms (Blanco Calvo et al. 2009; Blank and Karlsson 2011).

Latent TGF- β 1, which is called the latent precursor, binds to latent TGF- β -binding protein (LTBP). TGF- β 1 is released from the latency-associated peptide (LAP) and LTBP when exposed to various factors, such as reactive oxygen species (ROS), plasmin or acid (Wang et al. 2005b). Upon activation, the mature TGF-B1 binds to type I and type II cell-surface receptor complexes. Each receptor complex is made of a small cysteine-rich extracellular region and an intracellular region consisting mainly of the kinase domains. In TGF-B/SMAD signaling, TGF-B1 initiates intracellular signaling by binding to the TGF-B receptor II (TβRII). Then, TGF-β1 activates the TGF-β receptor type I (TβRI) kinase, resulting in phosphorylation of SMAD2 and SMAD3. Subsequently, the activated SMAD2 and SMAD3 form oligomeric complexes with SMAD4. These oligomeric complexes translocate into the nucleus, where they regulate the transcription of target genes, including the induction of SMAD7 (Conidi et al. 2011; Meng et al. 2013; Xie et al. 2014).

Both TGF- β and BMP-7 share similar downstream SMAD signaling pathways but counter-regulate each other to maintain the balance of their biological activities. In mammals, TGF- β conveys intracellular signals through phosphorylation of SMAD2 and SMAD3. On the other hand, BMP-7 activates R-SMAD1/5/8. Phosphorylated R-SMADs will form heteromeric complexes with a common partner, SMAD4 (co-SMAD). The resultant SMAD4/SMAD1/5/8 and SMAD2/3/4 complexes regulate the transcription of two different sets of genes (Fig. 2) (Meng et al. 2013). Besides SMAD-dependent pathways, TGF- β 1 also activates SMAD-independent pathways such as MAPK (West 2010), NF-kB, and phosphatidylinositol-3-kinase

(PI3K) pathways (Derynck and Zhang 2003). This review focuses on the cross-talk between TGF- β /SMAD and other signaling pathways in the pathogenesis of HF.

TGF-β1/SMAD Signaling Pathways and Regulation in HF

Differential Roles of SMADs in HF

The balance of different SMAD isoforms is important for cell differentiation, stem cell maintenance, tissue homeostasis and tumorigenesis (Tao and Sampath 2010). An imbalance between positive and negative SMAD signaling pathways may play a vital role in the development of HF. SMADs have two conserved domains: N-terminal Mad homology 1 (MH1) and C-terminal Mad homology 2 (MH2) domains. Among R-SMADs and Co-SMADs, the MH1 domain is highly conserved among all SMADs (Moustakas et al. 2001; Singh et al. 2011).

Differential Roles of SMAD2 and SMAD3 in HF. The general structure of SMAD proteins is similar, with a few differences among the various SMAD categories. With structural similarity but functional diversity, SMAD2 and SMAD3 interact with each other to mediate TGF- β -triggered signaling transduction. Although SMAD2-deficient mice die early in development at embryonic day 9.5, SMAD3 KO mice are viable but usually die from defects in mucosal immunity at 1–6 months of age (Datto et al. 1999; Heyer et al. 1999). SMAD3 KO mice show diminished T-cell responsiveness to TGF- β . As SMAD3 binds to DNA directly, whereas SMAD2 does not, these two SMADs may have distinct effects on the regulation of target genes.

Whereas both SMAD2 and SMAD3 are strongly activated in liver fibrosis (Yao et al. 2012), only SMAD3 appears to be a key element in the signal transduction pathways responsible for fibrosis (Medeiros et al. 2004). A number of fibrogenic genes (collagens) and markers (α-SMA and E-cadherin) are SMAD3-dependent, and SMAD3 directly binds to DNA sequences that regulate these target genes (Latella et al. 2009; Masszi and Kapus 2011). In addition, TGF- β induces TIMP-1 by activating SMAD3, thus inhibiting ECM degradation. Overexpression of SMAD3 inhibits MMP-1 activity in fibroblasts. Knockdown of SMAD3 blocks EMT and attenuates renal fibrosis, inflammation, and apoptosis after unilateral ureteral obstruction (UUO) (Meng et al. 2010; Sato et al. 2003). All of these results suggest a pathogenic role for SMAD3 during TGFβ1–induced fibrosis.

In contrast, SMAD2 plays a protective role in hepatic fibrosis despite interacting with SMAD3 and sharing more than 90% structural similarity (Massague and Wotton 2000). Previous studies have demonstrated different



Figure 2. TGF- β I/SMAD signaling pathways in hepatic fibrosis. In hepatic fibrosis, TGF- β I triggers SMAD2/3, whereas BMP7 activates SMAD1/5/8. Then the phosphorylated SMAD2/3 or SMAD1/5/8 form complexes with SMAD4 and shuttle into the nucleus to regulate gene transcription by binding to DNA sequences or cofactors. In addition, TGF- β I also activates the inhibitory SMAD5 (SMAD7) to negatively regulate their signals. Abbreviations: BMPRI, bone morphogenetic protein receptor type I; p, phosphorylation.

functional roles of SMAD2 and SMAD3 in mediating the action of TGF- β 1 (Phanish et al. 2006; Yang et al. 2003). These observations are further confirmed by our recent in vitro finding that knockdown of SMAD2 in human HSC LX-2 cells enhances SMAD3-dependent hepatic fibrosis by increasing phosphorylation, nuclear translocation, and collagen type I promoter binding of SMAD3 (Zhang et al. 2015). Therefore, SMAD2 plays a protective role in hepatic fibrosis by counter-regulating SMAD3 signaling.

Essential Role of SMAD4 in HF. SMAD4 interacts with SMAD2/3 and participates in the intracellular TGF- β signaling pathway. Because of the early embryonic lethality of SMAD4 knockout mice, functional research of SMAD4 in liver disease has been delayed (Hruska et al. 2000). However, a recent study in kidney-specific conditional SMAD4 knockout mice has found that disruption of the SMAD4 gene in kidney tubules decreases ECM synthesis in obstructed kidneys in vivo and in TGF- β 1-treated kidney interstitial fibroblasts in vitro (Meng et al. 2012). Similarly, deletion of SMAD4 from mesangial cells results in the inhibition of TGF- β 1-induced ECM deposition (Tsuchida et al.

2003). These results indicate that disruption of SMAD4 attenuates fibrosis by decreasing SMAD3-responsive promoter activity. SMAD4 plays an essential role in fibrosis disease by regulating the ability of SMAD3 to initiate transcription of its target genes.

Protective Role of SMAD7 in HF. It is now clear that TGF-β1 induces the expression of SMAD7, which, in turn, negatively regulates TGFβ1/SMAD signaling via two possible mechanisms. First, SMAD7 binds to TβRI, thereby preventing the recruitment and phosphorylation of R-SMADs. Second, SMAD7 recruits the E3 ubiquitin ligase SMAD ubiquitination regulatory factors (SMURFs) to SMAD2 and TβRI, which subsequently ubiquitinate and degrade these two proteins (Lin et al. 2000; Tan et al. 2008). It is important to note that SMAD7, an inhibitory SMAD, is induced by TGF-β1 to block the over activation of TGF-β signals via inhibition of TβRI and SMAD2/3, but that it does not simply enhance SMAD2 degradation and aid in hepatic fibrosis (Zhu et al. 1999; Kavsak et al. 2000).

SMAD7 is a potential master transcriptional repressor of HSC activation and hepatic fibrosis in vitro and in vivo.

Deletion of SMAD7 promotes these processes, whereas overexpression of SMAD7 protects against them (Dooley et al. 2008; Hamzavi et al. 2008). Studies have shown that quiescent HSCs in culture display a negative feedback involving TGF-\u00c31-dependent transient activation of SMAD7 expression, and this feedback mechanism is lost in myofibroblasts (Dooley et al. 2001; Stopa et al. 2000). Significantly decreased SMAD7 expression is seen in fibrotic livers during TGF-\beta1-induced HSC activation and in myofibroblast-like cells throughout chronic liver injury (Bian et al. 2014). Disruption of the SMAD7 gene enhances CCl₄-dependent liver damage and fibrogenesis in mice (Hamzavi et al. 2008). Thus, SMAD7, like TGF- β , plays a role in EMT in hepatocytes (Zhu et al. 2011). Moreover, TGF- β 1 treatment is able to induce migration of the cells, and this effect is significantly accelerated when SMAD7 is deleted.

Vimentin is a well-recognized marker for EMT, as is E-cadherin for epithelial cells (Kalluri and Weinberg 2009). TGF- β 1-induced reduction of E-cadherin and upregulation of vimentin are profoundly enhanced by SMAD7 deletion. SMAD7 deficiency is also able to enhance TGF- β 1-induced EMT in hepatocytes. Overexpression of SMAD7 in mouse liver could attenuate TGF- β 1 signaling and decrease CCl₄provoked liver fibrosis (Dooley et al. 2008). These data indicate that SMAD7 is protective against TGF- β 1 signaling.

Cross-talk between SMADs and Other Signaling Pathways in HF

Although the R-SMADs can be phosphorylated by kinase domains on membrane-bound receptors, they can also be phosphorylated by kinases involved in other pathways. Both MAPK and NF-KB pathways are the major cross-talk pathways related to SMADs signaling pathway. The MAPK pathway has been shown to be involved in HSC proliferation, and may amplify the number of fibrogenic cells and promote fibrogenic response. The MAPK pathway contains the c-Jun N-terminal kinase (JNK), the extracellular signalregulated kinases (ERKs), and p38 kinase. JNK has been shown to positively regulate cell proliferation in several cell types, including HSC (Schreiber et al. 1999). Inhibiting JNK activity in quiescent HSCs or in culture-activated HSCs using a dominant-negative form of JNK prevented HSC proliferation (Schnabl et al. 2001; Schreiber et al. 1999). ERK is activated by platelet-derived growth factor (PDGF) stimulation of HSCs, both in vitro and in vivo (Gentilini et al. 2000; Ross and Hill 2008). Pharmacological ERK inhibitors positively regulate cell growth, demonstrating the importance of this signaling pathway in HSC proliferation (Pages et al. 1993). In contrast, activation of p38 kinase inhibits HSC multiplication in either quiescent or activated HSCs (Schnabl et al. 2001).

The crosstalk between the TGF- β 1/SMAD7 and NF- κ B signaling pathway is also important in the development of

liver inflammation. Loss of SMAD7 enhances NF- κ Bdriven inflammation (Fukasawa et al. 2004; Ng et al. 2005). In contrast, overexpression of SMAD7 effectively attenuates inflammatory cell infiltration and suppresses the production of inflammatory cytokines during the pathogenesis of various diseases (Ka et al. 2007; Ka et al. 2012). The underlying mechanism of SMAD7-mediated inflammation attenuation may be due to increased expression of I κ B α , an inhibitor of NF- κ B (Azuma et al. 1999; Wang et al. 2005a).

Regulation of Relationship between microRNA and TGF- β I/SMAD in HF

MicroRNAs (miRNAs) are small, noncoding RNAs, 18–24 nucleotides in length, that regulate gene expression by binding to mRNAs to interfere with the process of translation (Szabo and Bala 2013). As an evolutionarily conserved species, miRNAs are involved in many biological processes including regulation of apoptosis, development, signal transduction, cell proliferation, and immune defense (Spizzo et al. 2009).

miRNAs target and regulate essentially all biological processes and cell types, including those in the liver, and influence gene expression in virtually all cellular processes. Numerous reports have demonstrated that alterations in intracellular miRNAs correlate with various liver diseases, such as miR-155, miR-132, miR-21, miR-26a, and miR-217. miR-155 was shown to be elevated in Kupffer cells after alcohol feeding, and TNF was identified as a target of miR-155 to promote liver inflammation (Bala et al. 2011). Induction of miR-132 was also reported in the liver and Kupffer cells after chronic alcohol administration in mice (Bala and Szabo 2012). In addition, various miRNAs control hepatocyte proliferation. miR-21 regulates various genes involved in the cell cycle and DNA synthesis (Ng et al. 2012). In contrast to miR-21, miR-26a is shown to be downregulated after partial hepatectomy and promotes hepatocyte proliferation (Zhou et al. 2012). miR-217 has an anti-proliferative role, and methvlation of its promoter region results in its decreased expression during liver regeneration (Pan et al. 2012).

Growing evidence indicates that miRNAs participate in liver fibrotic process and activation of HSCs, and miRNAs play a role through targeting SMAD proteins in the liver. miR-199a has a critical role in EMT and promotes liver fibrosis by enhancing the expression of fibrotic genes such as those that encode α 1 procollagen, collagenase 3, and metalloproteinase inhibitor 1 (Murakami et al. 2011). At the same time, overexpression of miR-200 inhibits SMAD3 activity and attenuates TGF- β 1-induced fibrosis. This finding suggests that miR-200a is not only regulated by TGF- β 1/SMAD3, but also interacts with SMAD3 to exhibit its functional activities (Wang et al. 2011). Recently, the miR-454 family has been reported to be up-regulated in human colorectal cancer tissues and cell lines by targeting SMAD4.

MicroRNAs	Target	Fibrosis
MiR-199a	Smad3	enhance
MiR-200a	Smad3	inhibit
MiR-454	Smad4	inhibit
MiR-146a	Smad4	inhibit
MiR-33a	Smad7	enhance
MiR-21	Smad7	enhance

Figure 3. The relationship between microRNA and TGF- β 1/ SMAD in hepatic fibrosis. In hepatic fibrosis, miR-146a, miR-454 and miR200a negatively correlate with SMAD4 and SMAD3, respectively. In addition, miR-199a, and miR-33a and miR-21 are positively associated with SMAD3 and SMAD7, respectively.

The level of the miR-454 was down-regulated in fibrotic livers. On the contrary, the levels of α -SMA and SMAD4 expression were all upregulated. Since there is a tendency for SMAD4 expression to oppose that of miR-454 in hepatic fibrosis, it has been suggested that miR-454 may be involved in the progression of liver fibrosis through the TGF- β 1/ SMAD4 pathway (Zhu et al. 2014). Overexpression of miR-146a suppresses TGF-\beta1-induced HSC proliferation and increases both HSC apoptosis and the expression of α -SMA, at least, in part, via decreasing the expression of SMAD4 (He et al. 2012). TGF-B1 induces miR-33a expression, and miR-33a stimulates HSC fibrogenic activation by targeting the inhibitory SMAD7 (Huang et al. 2015). In addition, SMAD7 is also targeted by miR-21, further suggesting that SMAD7 is targeted during miRNA-associated fibrosis progression (Marguez et al. 2010). These findings indicate the complex relationship between TGF- β 1/SMADs and miRNAs under pathophysiological conditions (Fig. 3).

The Relationship between Long Non-coding RNA and Fibrosis

Non-coding RNAs (ncRNAs) include small ncRNAs and various classes of long ncRNAs (lncRNAs). LncRNAs, defined by non-protein coding transcripts longer than 200 nucleotides, are a new class of ncRNAs found to be pervasively transcripted in the genome (Szabo and Bala 2013). The Arid2-IR is one of the most highly up-regulated lncRNAs present following UUO in the kidneys of wild-type mice, with the progressive renal fibrosis and inflammation able to be largely suppressed in the diseased kidney of SMAD3 knockout mice. Arid2-IR deletion from medullary thymic epithelial cells (mTECs) or from the UUO kidney did not influence TGF-β/SMAD3 signaling or renal

fibrosis. Thus, Arid2-IR may play a functional role in renal fibrosis (Zhou et al. 2015). Hence, we surmise that lncRNAs may be useful as a therapeutic target for fibrosis disease.

Therapeutic Strategies

Considering the central role of TGF- β 1 signaling in the pathogenesis of liver inflammation and fibrosis, targeting TGF- β 1 signaling may represent a novel therapeutic strategy for liver diseases. To combat TGF- β -induced fibrosis, neutralizing TGF- β antibodies, with antisense TGF- β oligodeoxynucleotides, soluble human T β RII and specific inhibitors against T β R kinases can be used to block upstream TGF- β signaling and attenuate fibrosis (Lan and Chung 2012). However, these potential therapies may also increase liver inflammation by inhibiting the general anti-inflammatory property of TGF- β 1.

With recent advances in the understanding of the negative effects of inhibiting TGF- β signaling, we propose to target downstream mediators of the TGF-ß signaling pathway, especially SMAD3. Since SMAD3 plays such a critical role in mediating the pathobiology of fibrotic disease, inhibition of SMAD3 signaling could be a potential target for fibrotic disease intervention. Additionally, SMAD7 is an effective inhibitor of TGF- β signaling and is a key regulator of TGF- β -induced fibrogenesis. Overexpression of SMAD7 not only inhibits the activation of SMAD2/3, but also blocks NF-KB signaling in fibrosis and during inflammation, suggesting that SMAD7 may be a potential therapeutic agent. TGF- β /SMAD signaling is a major contributor to the development of HF. In the context of HF, SMAD3 is pathogenic, whereas SMAD2 and SMAD7 are protective. Understanding the specific roles of ligandsreceptors and antagonists, as well as the cross-talk between intracellular signaling pathways at transcriptional and posttranscriptional levels, including SMA-dependent miRNAs in the pathogenesis of liver fibrosis, would enable us to develop specific and effective therapeutics for HF.

Author Contributions

The authors contributed as follows: Design, Lei Zhang; manuscript preparation, Fengyun Xu and Changwei Liu; manuscript editing, Fengyun Xu and Changwei Liu; and manuscript review, Lei Zhang

Competing Interests

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