Galectin-1 Protein Therapy Prevents Pathology and Improves Muscle Function in the *mdx* Mouse Model of Duchenne Muscular Dystrophy

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Duchenne muscular dystrophy (DMD) is a fatal neuromuscular disease caused by mutations in the dystrophin gene, leading to the loss of a critical component of the sarcolemmal dystrophin glycoprotein complex. Galectin-1 is a small 14 kDa protein normally found in skeletal muscle and has been shown to be a modifier of immune response, muscle repair, and apoptosis. Galectin-1 levels are elevated in the muscle of mouse and dog models of DMD. Together, these findings led us to hypothesize that Galectin-1 may serve as a modifier of disease progression in DMD. To test this hypothesis, recombinant mouse Galectin-1 was produced and used to treat myogenic cells and the mdx mouse model of DMD. Here we show that intramuscular and intraperitoneal injections of Galectin-1 into *mdx* mice prevented pathology and improved muscle function in skeletal muscle. These improvements were a result of enhanced sarcolemmal stability mediated by elevated utrophin and $\alpha 7\beta 1$ integrin protein levels. Together our results demonstrate for the first time that Galectin-1 may serve as an exciting new protein therapeutic for the treatment of DMD.

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INTRODUCTION

Duchenne muscular dystrophy (DMD) is a common X-linked muscular dystrophy affecting 1 in 3,500 male births. DMD patients suffer from severe, progressive muscle degeneration with clinical symptoms first detected 2-5 years of age. As the disease progresses patients are confined to a wheelchair in their teens and without medical intervention die in their early twenties from cardiopulmonary failure.1 DMD patients and mdx mice (the mouse model for DMD) have mutations in the gene encoding dystrophin. These mutations result in the absence of dystrophin, a 427 kDa cytoskeletal protein located under the sarcolemma of muscle fibers.² Through the N-terminal region, dystrophin interacts with F-actin of the cell cytoskeleton.³ The C-terminal region of dystrophin interacts with a transmembrane protein complex that includes α - and β -dystroglycans, dystrobrevins, α - and β -syntrophins, sarcospan, sarcoglycans, and nNOS.⁴ The absence of dystrophin leads to pronounced decrease in dystrophin-associated proteins in skeletal muscle of DMD patients and *mdx* mice.⁵ Decreased DGC levels leads to sarcolemmal instability and damage as muscle fibers detach from the laminin rich basal lamina during contraction.²

Galectin-1 is a small 14kDa nonglycosylated protein encoded by the Lectin, Galactoside-binding, Soluble-1 (LGALS1) gene. Galectin-1 protein is expressed by many different tissues with a concentration dependent monomeric or homodimeric structure which determines glycoside binding affinities. Although Galectin-1 binding dynamics are complex, the native dimeric form preferentially binds immobilized extended glycans.⁶ This binding induces many diverse physiological activities including cell migration, cell growth, angiogenesis, immunomodulation, and immune tolerance.^{7,8} In skeletal muscle, Galectin-1 aids in the conversion of dermal fibroblasts and stem cells to myogenic cells during muscle repair and regeneration.9-13 It also directly interacts with both laminin and the α 7 β 1 integrin to modulate myoblast fusion during muscle repair.14 In addition Galectin-1 has been shown to modulate inflammation and angiogenesis, both critical modifiers of disease progression in DMD.11,15

In this study, we assessed the therapeutic potential of systemically delivered recombinant mouse Galectin-1 (rMsGal-1) to prevent muscle disease in the dystrophin deficient *mdx* mouse model of DMD. rMsGal-1-treated *mdx* mice displayed improved activity and muscle strength with reduced skeletal muscle pathology and kyphosis. Further, we show rMsGal-1 treatments led to elevated levels of two critical sarcolemmal complexes in dystrophin-deficient skeletal muscle which have been shown to modify disease progression; the utrophin glycoprotein complex (UGC) and $\alpha7\beta1$ integrin. Together, our preclinical data indicate that Galectin-1 protein has exciting therapeutic potential for the treatment of DMD.

RESULTS

Production of recombinant mouse Galectin-1

Since Galectin-1 is upregulated in skeletal muscle in preclinical models of DMD⁹ and interacts with the $\alpha7\beta1$ integrin, we hypothesized that elevated levels might serve as a modifier of disease progression in DMD. Recombinant mouse Galectin-1 (rMsGal-1) was produced with a C-terminal 6x Histidine tag for purification purposes using the pET23b vector (**Figure 1a**). Ponceau S (**Figure 1b**) and western blotting (**Figure 1c**) confirmed greater than 95% rMsGal-1 purity and that the protein was Galectin-1.

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Figure 1 Purified rMsGal-1 increases disease modifying protein complexes in hDMD myotubes. The cDNA encoding mouse Galectin-1 was cloned into the pET23b vector (**a**). Purity of rMsGal-1 was determined by Ponceau S (**b**) and western blot analysis using a LGALS-1 antibody (**c**). Human DMD (hDMD) myotubes were plated, differentiated for 5–7 days then treated with either phosphate-buffered saline (PBS), 12, or 60 μ g/ μ l of rMsGal-1. Representative immunoblots show expression levels for α 7B integrin, α 7A integrin, β 1D integrin and β -DG (**d**). Quantification of immunoblots using image] software for α 7B integrin (**f**), β 1D integrin (**g**) and β -DG (**h**) are shown. Statistical analysis used was student *t*-test between treatment groups (***P* < 0.01, **P* < 0.05; *n* = 3 for each concentration and treatment group).

Intramuscular injections of rMsGal-1 reduces muscle pathology in mdx mice

As an initial assessment of the efficacy of rMsGal-1 treatment on skeletal muscle pathology, we performed intramuscular (IM) injections in the tibialis anterior (TA) of mdx mice. Ten-day-old *mdx* mice were injected with 1.5 μ g (n = 4) or 150 μ g (n = 3) rMsGal-1 in one TA and a corresponding volume of phosphatebuffered saline (PBS) in the contralateral TA. Muscle tissues were collected between 4-5 weeks of age and analyzed for the presence of centrally located nuclei (CLN) using Hematoxylin and Eosin (H&E) staining. CLN is an indicator of previous muscle damage and repair in *mdx* muscle. Although no significant difference was observed with rMsGal-1 treatment of 1.5 µg relative to the PBS treated control, a significant ~16% reduction in myofibers containing CLN was observed with 150 µg rMsGal-1 treatment (Supplementary Figure S1). These data suggest that Galectin-1 improves myofiber integrity and prevents muscle damage in the mdx mouse model of DMD.

Galectin-1 increases β -dystroglycan and $\alpha 7\beta 1$ integrin proteins in mouse and DMD myogenic cells

Galectin-1 has been implicated in muscle cell repair through interactions with laminin and $\alpha 7\beta 1$ integrin. We hypothesized that the decreased CLN observed in rMsGal-1-treated mdx mice might be due to enhanced sarcolemmal stability mediated by elevated levels of the UGC and $\alpha 7\beta 1$ integrin protein complexes. To investigate whether rMsGal-1 treatment altered the levels of sarcolemmal protein complexes, we treated C2C12 myoblasts and myotubes using increasing concentrations of rMsGal-1. After a 48-hour treatment with 300 µg/ml rMsGal-1, western blot analysis of C2C12 myoblasts and myotubes displayed a 1.7-fold increase in $\alpha 7\beta$ integrin (Supplementary Figure S2a,b, n = 3). C2C12 myotubes also displayed an increase in β -DG at concentrations above 3 µg/ml of rMsGal-1 (**Supplementary Figure S2d**, n = 3). Finally, a dramatic increase in \$1D integrin levels was observed with rMsGal-1 concentrations above 1.5 µg/ml (9.6-fold; 3 µg/ml) in C2C12 myotubes relative to PBS-treated controls (Supplementary Figure S2c).

Next, we assessed the effects of rMsGal-1 treatments on sarcolemmal protein levels in human DMD (hDMD) myoblasts and myotubes using western blot analysis. We began by treating hDMD myoblasts with 72 µg/ml rMsGal-1, and found this led to a significant increase in α 7B integrin and β -DG (Supplementary Figure S3b,e; 2.3- and 1.6-fold respectively). However, protein levels of β 1A integrin and α -DG were not significantly altered in hDMD myoblasts with treatment (**Supplementary Figure S3c,d**). Treatment of hDMD myotubes with 12 µg/ml rMsGal-1 resulted in an increase in α 7B integrin (1.6-fold), α 7A integrin (5.6-fold), and β 1D integrin (1.8-fold) relative to PBS (Figure 1d, quantitated in Figure 1e-g). Treatment with 60 µg/µl rMsGal-1 was needed to increase the levels of β -DG (1.4-fold) relative to PBS-treated controls (Figure 1d, quantitated in Figure 1e-h). These data suggest that hDMD myotubes are more sensitive to Galectin-1 treatment than myoblasts or C2C12 cells and that Galectin-1 more potently enhances $\alpha 7\beta 1$ integrin levels, but can also act to elevate components of the DGC/UGC complex at higher concentrations. Together, these in vitro experiments show that rMsGal-1 treatment can stabilize and/or increase $\alpha 7\beta 1$ integrin and β -DG, a critical member of the DGC/UGC protein complexes, in skeletal muscle.

rMsGal-1 protein demonstrates a pharmacokinetic and pharmacodynamic profile in mdx mice that supports systemic delivery for the treatment of DMD

Due to the small 14 kDa size of Galectin-1, we predicted intraperitoneal (IP) injections would be an effective delivery method that would ensure bioavailability of the rMsGal-1 to skeletal muscle of mdx mice. Based on the 60 µg/ml dose of rMsGal-1 required to achieve β -DG elevation in human DMD myotubes, we selected a dose in mice that was 5-10 times higher and represented the industry standard in moving from in vitro to in vivo studies. Therefore, we began evaluating *mdx* mouse serum pharmacokinetics (PK) of the rMsGal-1 after a single 20 mg/kg IP injection (n > 3/time point), a concentration approximately eight times higher than the in vitro concentration used. Enzyme-linked immunosorbent assay (ELISA) was used to assess total mGalectin-1 serum levels prior to injection and at eight time-points between 0.5 and 6 hours posttreatment (Figure 2a). Maximum mGalectin-1 levels were not observed until ~2 hours postinjection, suggesting a slow uptake into serum with IP delivery. Serum clearance was determined from the maximum at two hours onward. The serum half-life $(t_{1/2})$ for Galectin-1 was determined to be 1.07 hours (Figure 2a). This study shows that rMsGal-1 can be effectively administered systemically into the *mdx* mouse by IP injections and that elevated serum levels do not persist after ~6 hours postdelivery with a 20 mg/kg treatment.

Assessment of rMsGal-1 treatment level and schedule in the mdx mouse model

Since the activity of Galectin-1 is known to be concentration dependent, the optimal rMsGal1 dosage and delivery for mdx mice was assessed using IP delivery of rMsGal-1 at 5 mg/kg/week, 20 mg/kg/week, or 20 mg/kg/bi-weekly rMsGal1 (**Supplementary Figure S4**). While this study used a relatively low number of animals, it should be noted that all treatments regimes showed elevated protein levels of both α 7A integrin and β -DG (**Supplementary**

Figure S4). The 20 mg/kg weekly injection provided the greatest difference in α 7A integrin and β -DG levels relative to PBStreatment (Supplementary Figure S4). Therefore, based on this preliminary study, the 20 mg/kg/week delivery schedule was used for further evaluation of the efficacy of Galectin-1 treatment. Total mGalectin-1 in the skeletal muscle of *mdx* mice treated weekly from 10 to 70 days of age with 20 mg/kg rMsGal-1 or PBS was quantified. Western blot analysis revealed total mGalectin-1 in the TA was increased 1.4-fold increase in rMsGal-1 treated mice compared to PBS-treated animals (Figure 2b). As the final injection had occurred approximately 3-4 days prior to sacrifice, we believe this represents the average level of total mGalectin-1 elevation in skeletal muscle using this treatment regime. Immunofluorescence of total Galectin-1 in the TA confirmed the rMsGal-1 treatments led to elevated mGalectin-1 levels which appeared to be localized to the extracellular matrix (ECM) (Figure 2c). This pattern of localization also observed in PBS-treated mdx mouse TA sections (Figure 2c). Coimmunofluorescence staining of mGalectin-1 and Laminin- α 2 verified that the rMsGal-1 localization surrounding the myofiber was primarily in the ECM (Supplementary Figure S5). Together, these data confirm increased total mGalectin-1 levels in the skeletal muscle of rMsGal-1-treated mdx mice relative to PBS-treated controls.

The tissue distribution of the systemically delivered rMsGal-1 protein was assessed using immunofluorescence (IF) to detect the 6x Histidine tag on the exogenously delivered rMsGal-1 protein in *mdx* mice. The rMsGal-1 protein was observed in all skeletal muscles probed (Diaphragm, TA, and Gastrocnemius) and was localized to the basal lamina (**Figure 2d**). We also observed rMs-Gal-1 in the CA1 and CA3 hippocampal regions of the brain (**Figure 2d**) indicating rMsGal-1 was able to cross the blood-brain barrier. We did not observe exogenously delivered rMsGal-1 in the heart or kidney of treated *mdx* mice (**Figure 2d**). Together, these data show that rMsGal-1 can be systemically delivered to the skeletal muscle basal lamina of *mdx* mice.

rMsGal-1 treatment improves activity and muscle strength in mdx mice

In order to assess the efficacy of rMsGal-1 treatments in mdx mice, treatments of either 20 mg/kg/week (n = 13) or an identical volume of PBS (n = 12) were administered systemically by weekly IP injections beginning at 10 days of age. As functional strength and activity levels are the most critical measurable outcomes for DMD patients,16 individual mouse activity data were collected at 10 weeks of age. Activity levels were measured using an Opto-Varimex-4 computerized system for 30 minutes with wild-type (n = 27) mice included as a controls. The rMsGal-1 treated mdx mice displayed a significant increase in distance traveled (Figure 3a), large ambulatory time (Figure 3c), and vertical sensor breaks (stand-ups) (Figure 3d). Conversely, there was a decrease in the overall resting (nonactive) time of rMsGal-1-treated animals compared to PBS-treated mice (Figure 3b). These results indicate treatment with rMsGal-1 improved the overall activity of *mdx* mice.

The weights of wild-type and *mdx* mice treated with rMsGal-1 or PBS was measured weekly (Figure 4a). No significant difference was observed in the average total mouse body mass between



Figure 2 Pharmacokinetics and pharmacodynamics of systemically delivered rMsGal-1. Pharmacokinetics of rMsGal-1 using serum taken from *mdx* mice between 0–6 hours postinjection with 20 mg/kg rMsGal-1 or phosphate-buffered saline (PBS) (n = 7 for 0.5, 2, and 6 hours, n = 4 for 1 hour and n = 3 for 2.5, 3, and 5 hours). For PBS-treated mice, n = 3 for 0, 0.5, 1, 2, and 4 hour (**a**). Immunoblot quantification of *tibialis anterior* (TA) lystate from dystrophic muscle treated with PBS or 20 mg/kg/week with rMsGal-1 and probed with LGALS-1 antibody (**b**). High-resolution confocal microscopic images using TA muscle of rMsGal-1-treated mice versus controls were immunostained with an anti-LGALS-1 antibody (**c**). Immunofluorescence labeling using an anti-His-Tag verified rMsGal-1 was delivered systemically to the brain, diaphragm, liver, gastrocnemius, and TA of mice receiving a 10-week treatment (**d**). Scale bar = 100 µm for **b** and **c** (*P < 0.05 and *P < 0.01).

any of the groups at any point (**Figure 4a**). The wet-weights of TA, extensor digitorum longus (EDL), and soleus muscles were also measured. Interestingly, similar to wild-type muscle, we observed a decrease in the average muscle mass of the TA, EDL, and soleus in mdx mice treated with rMsGal-1 relative to PBS alone (**Figure 4b,c,f**). This suggests that the rMsGal-1 treatment not only restores activity levels of mdx mice but also improves muscle functionality by decreasing hypertrophy in these muscles.

In order to determine whether the activity and changes in muscle mass were due to improved muscle strength, we investigated force production in the EDL and soleus muscles isolated from 10-week-old wild-type and *mdx* mice treated with PBS or rMsGal-1. The EDL and soleus muscles were subjected to maximum isometric twitch and tetanus followed by force frequency analysis for each treatment group (**Table 1** and **Figure 4d,e,g,h**). The *mdx* mice treated with rMsGal-1 had EDL and soleus muscles that had improved maximum isometric twitch and tetanus specific force generation relative to PBS-treated mice (**Figure 4d,g; Table** 1). The EDL force frequency displayed improved force generation beginning at 50 Hz and continuing through 180 Hz (**Figure 4e**). The rMsGal-1 treatment appeared to be more effective in the EDL muscle than in the soleus where the maximum isometric tetanus specific force did not indicate a significant difference in *mdx* mouse treatment groups (**Figure 4g**). While the rMsGal-1 treatment did lead to significantly elevated specific force frequency levels between 50 and 180 Hz relative to PBS, the improvement was not as pronounced as that observed in the EDL (**Figure 4h**). Time to peak in the EDL for both tetanus and twitch produced significant increases in rMsGal-1-treated mice (**Table 1**). Together, these data show *mdx* mice treated with rMsGal-1 protein had improved functional outcome measures including activity, increased muscle strength and decreased muscle hypertrophy.

rMsGal-1 reduces kyphosis in mdx mice

Dystrophic patients and *mdx* mice have spinal curvature abnormalities which correlate to disease progression.^{17,18} Previous



Figure 3 Improved activity in *mdx* **mice treated with rMsGal-1**. Activity levels of rMsGal-1- and phosphate-buffered saline (PBS)-treated *mdx* mice and wild-type mice were measured for distance traveled (**a**), resting time (**b**), large ambulatory time (**c**), and vertical sensor breaks (**d**). There were improvements in all activity levels measured in rMsGal-1-treated mice with the greatest difference being a 2.2-fold increase in distance traveled (**a**). For (**a**–**d**), n = 5 for PBS mice, n = 8 for rMsGal-1 mice and n = 27 for wild-type mice (*P < 0.05 and *P < 0.01).

studies have not examined kyphosis in mdx mice as young as 10 weeks. In order to determine if treatment with rMsGal-1 improved kyphosis relative to controls, left lateral radiographs were taken for wild-type controls (n = 32) along with rMsGal-1 (n = 11) and PBS (n = 7) treated mdx mice at 10 weeks of age (Figure 5a). Spinal curvature was assessed using the kyphotic index (KI) measurement following previously described procedures.¹⁷ A significant increase in KI was observed in rMsGal-1 (4.44) treated mdx mice compared to PBS (3.59) controls (Figure 5b), where a higher KI number is indicative of decreased kyphosis. Although previous studies have not examined mice as young as 10 weeks, a KI of ~4.4 was maintained by wild-type control mice from 4 to 18 months of age.¹⁷ These data indicate that the rMsGal-1-treated mdx mice maintained paraspinal muscle strength and spinal curvature through 10 weeks of age.

Improved skeletal muscle pathology in mdx mice treated with rMsGal-1 protein

We next wanted to confirm that the physiologic effects observed in the *mdx* mice treated with 20 mg/kg/week rMsGal-1 were a result of improvements to skeletal muscle integrity. Immunofluorescence for dystrophin and nNOS (**Figure 6a**) was used to verify animal genotyping and showed that Galectin-1 treatment did not increase the number of revertant dystrophin expressing myofibers. The lack of restored nNOS localization suggests that the functional and histological improvements in rMsGal1 treated *mdx* are in the absence of a normally localized nNOS protein (**Figure 6a**). The TA muscles from wild-type and *mdx* mice treated with rMsGal-1 or PBS were stained with Hematoxylin and Eosin or Alexafluor-488 labeled Wheat Germ Agglutinin and 4',6-diamidino-2-phenylindole (DAPI) (**Figure 6a**) and analyzed for the presence of CLN (Figure 6b) and Feret's diameter (Figure 6c). Previously damaged muscle fibers were determined by quantifying the percentage of myofibers with CLN (Figure 6a). A twofold decrease in CLN percentage was observed in the rMsGal-1-treated mdx TA muscle (29.9%) compared to those treated with PBS (58.0%) and wildtype (3.2%) (Figure 5b). Minimum Feret's diameter of the muscle fibers was used to assess hypertrophy in the *mdx* treatment groups. We found the average myofiber diameter for the rMsGal-1 (34.6 µm) treated mdx mice was only slightly lower compared to PBStreated animals (35.2 µm) (Supplementary Figure S6). However, mice treated with rMsGal-1 had a slight change in the percentage of myofibers between 21–30 µm (Figure 6c). This change in fiber size distribution causes a minor left shift in the Feret's diameter fiber distribution curve away from PBS-treated mdx mice toward wild-type indicative of more myofibers with a smaller diameter and less hypertrophy. Evans blue dye (EBD) positive fibers were counted in order to assess the sarcolemmal integrity. We observed approximately twofold decrease in the percentage of myofibers positive for EBD with rMsGal-1 (15.0%) treatment compared to PBS (28.4%) treated animals (Figure 6d; wild-type 3.0%). Together, these data indicate that rMsGal-1 treatment improves sarcolemmal stability in dystrophin deficient muscle and prevents muscle fiber damage and normalizes myofiber size.

Previous studies have shown Galectin-1 can suppress fibrosis,¹⁹ but can also induce TGF- β 1 signaling which enhances fibrosis.²⁰ Therefore, a hydroxyproline assay was used to determine the collagen content of costal diaphragm muscle from the *mdx* treatment groups and wild-type mice. The results showed no difference in collagen content in the costal diaphragms from either *mdx* treatment group (**Figure 6e**). However, as expected, all *mdx* diaphragms contained approximately twofold more collagen than



Figure 4 Improved *ex vivo* **muscle function in** *mdx* **mice treated with rMsGal-1**. Mice were weighed each week starting at 10 days of age continuing till 10 weeks with no significant changes in weight (**a**). Isolated skeletal muscles were excised and wet mass was recorded (**b**, **c**, **f**). Isometric tetanic contractions were performed *in vitro* in isolated extensor digitorum longus (EDL) muscles from wild type (WT) and *mdx* PBS and rMsGal-1-treated mice at 10 weeks of age. Isometric tetanic specific force is improved in the EDL (**d**) and soleus (**g**) of *mdx* mice treated with rMsGal-1. Force frequency analysis of EDL (**e**) and soleus (**h**) and expressed in specific force. Data represent averages and error bars represent standard deviation of the mean. Statistics were calculated using analysis of variance with a Bonferroni correction (**P* < 0.05, ***P* < 0.01), ****P* < 0.001). #*P* < 0.05 Statistically significant difference from WT to *mdx* mice treated with rMsGal-1. \$*P* < 0.05 Statistically significant difference from WT to *mdx* mice treated with PBS.

wild-type (**Figure 6e**). While this result suggests Galectin-1 treatment did not reduce diaphragm fibrosis, it also did not accelerate the process.

Mdx mice treated with rMsGal-1 have increased sarcolemmal levels of the UGC and $\alpha7\beta1$ integrin complexes

To investigate the mechanism underlying the improvements in mdx mice, we examined if rMsGal-1 increased sarcolemmal stabilizing complexes in skeletal muscle. Western analysis was used to quantify α - and β -dystroglycan (DG), α 7A and α 7B integrin, utrophin (Utr), α - β -, δ - and ϵ -sarcoglycans (SG), sarcospan

(SSPN), and β 1D integrin (**Figure 7a**). The rMsGal-1 treatment led to an average protein increase in α - and β -dystroglycans (DG) and α 7A and α 7B integrin of 1.4 or greater (**Figure 7c,g,i,j**). rMsGal-1 treatment led to elevated utrophin, SGs (α -, β -, δ -, and ϵ -SGs), SSPN, and β 1D integrin protein with a fold increase between 3–5.4-fold (**Figure 7b,e,h,k,f,l,d**). While it is unclear whether these elevated proteins are a result of protein/complex stabilization or altered signaling leading to transcriptional activation, the observation that UCG and α 7 β 1 integrin receptor complexes are increased with rMsGal-1 treatments suggests that sarcolemmal stabilization is a factor in preventing damage in dystrophin deficient muscle.

EDL-Twitch force						
Treatment	Time to peak (ms)	Half relaxation time (ms)	Max D _t /dt	Specific force (mN/mm ²)	Number of mice	
Nontreatment WT	30.1	13.3	197	39.4	4	
PBS mdx	30.4	14.6	158	24.8	3	
rMsGal-1 mdx	*33.0	15.7	243	31.9	3	
EDL-Tetanic force						
Treatment	Time to peak (ms)	Half relaxation time (ms)	Max D _t /dt	Specific force (mN/mm ²)	Number of mice	
Nontreatment WT	153	779	657	363	6	
PBS mdx	122	738	602	222	4	
rMsGal-1 mdx	*172	767	675	*313.7	4	
Soleus-Twitch force						
Treatment	Time to peak (ms)	Half relaxation time (ms)	Max D _t /dt	Specific force (mN/mm ²)	Number of mice	
Nontreatment WT	32.9	24.3	92	27.5	3	
PBS mdx	39.2	23.3	200	18.1	3	
rMsGal-1 mdx	37.7	24.1	147	*22.3	3	
Soleus-Tetanic force						
Treatment	Time to peak (ms)	Half relaxation time (ms)	Max D _t /dt	Specific force (mN/mm ²)	Number of mice	
Nontreatment WT	685	272	219	344	3	
PBS mdx	515	449	303	162	3	
rMsGal-1 mdx	603	364	219	197	4	
* <i>P</i> < 0.05 PBS comp	ared to rMsGal-1					
Treatment	Mass of EDL (mg)	Soleus L _o (mm)	EDL-CSA (mm ²)	Mass of soleus (mg)	Soleus L _o (mm)	Soleus-CSA (mm ²)
Nontreatment WT	9.6	11.4	0.8	7.9	11.1	0.7
PBS mdx	13.3	11.8	1.1	15.0	12.5	1.1
rMsGal-1 mdx	11.4	12.0	0.9	*11.1	11.8	0.9

Table 1 Isometric force measurements for EDL and soleus from wild-type and mdx mice treated with PBS or rMsGal-1

*P < 0.05, mean values. Cross-sectional area values were calculated by fiber length.

EDL, extensor digitorum longus; PBS, phosphate-buffered saline; WT, wild type.



Figure 5 rMsGal-1 treatment prevents kyphosis in *mdx* mice. (**a**) Left lateral radiographs taken at 10 weeks of age indicate an improved kyphotic index for rMsGal-1-treated mice, quantitated and graphed (**b**). n = 32 for WT, n = 7 for PBS mice, and n = 11 for rMsGal-1 mice (**P < 0.01).

To determine whether the increased levels of the UGC and $\alpha7\beta1$ integrin complexes were localized to the sarcolemma, immunofluorescence (IF) of key members of these protein complexes was performed. Results show increased sarcolemmal localization of utrophin (Figure 7m,n), α -DG (Figure 7o,p), β -DG (Figure 7q,r), $\alpha7$ integrin (Figure 7s,t), α -SG (Figure 7u,v), β -SG (Figure 7w,x), $\beta1D$ integrin (Figure 7y,z) in rMsGal-1-treated *mdx* mice compared to PBS-treated animals. This study confirms that rMsGal-1 treatment of *mdx* mice leads to increased sarcolemma localization of the UGC and $\alpha7\beta1$ integrin protein complexes in *mdx* mice.

DISCUSSION

DMD is a fatal neuromuscular disease for which there is no cure and limited treatment options.²¹ Current treatments for DMD involve the daily use of glucocorticoids (prednisone or deflazacort), which provide only transient benefits by temporarily improving muscle strength. However, high-dose, long-term steroid treatment is associated with numerous negative side effects especially in children.²² Several novel approaches are being developed for



Figure 6 Reduced muscle pathology in *mdx* **mice treated with rMsGal-1**. *Tibialis anterior* (TA) muscle cryosections from *mdx* mice treated with PBS or rMsGal-1 and untreated WT mice were stained with hematoxylin and eosin, immunostained with Alexafluor-488 labeled wheat germ agglutinin (WGA) or WGA and Evans blue dye (**a, rows 3–5**). Subjects from each treatment group were analyzed for the presence of dystrophin to ensure disease genotype and lack of revertant fibers. Immunofluorescence for nNOS localization displayed a lack of sarcolemma restoration in either mdx treatment group (**a, rows 1 & 2**). Centrally located nuclei (CLN), minimum Feret's diameter, and EBD percentage analysis were performed using the same composite WGA stained TA images. rMsGal-1 treatment resulted in a decrease in CLN (PBS *n* = 12, rMsGal-1 *n* = 13, WT *n* = 12 mice) (**b**). rMsGal-1-treated mice had a minimum Feret's diameter percent myofiber curve which shifted left toward less hypertrophic myofibers (*n* = 4 mice, *n* = 6 mice, and *n* = 3 mice) (**c**). A poststain with EBD indicated a decrease in EBD-positive fibers (**d**). Average hydroxyproline content of quarter costal diaphragm muscles in WT (*n* = 13), PBS (*n* = 5), or rMsGal-1-treated *mdx* mice (*n* = 10) was analyzed and graphed wild-type (*n* = 10) (**e**). Statistical analysis used was unpaired Student's t-test. *P* = 0.10. Scale bar = 100 µm (**P* < 0.05, ****P* < 0.001, ****P* < 0.001).

the treatment of DMD including gene replacement, exon skipping, gene repair, and use of embryonic and adult muscle stem cells.^{23–25} These approaches face several challenges including the large size of the dystrophin gene, immune response, efficient stem cell engraftment, and feasibility in treating all muscles affected in DMD. Targeting disease modifiers including Utrophin, GalNac, Biglycan, and $\alpha 7\beta 1$ integrin have shown promise as potential therapeutics for DMD.^{26–28}

Biologics are an exciting new therapeutic area for DMD. Recently, protein therapy using TAT-utrophin, biglycan, MG53, and laminin-111 have shown efficacy in DMD preclinical models.²⁹⁻³³ These protein therapeutics all have roles in muscle related to sarcolemma stability, membrane repair, or enhanced regeneration. In this study, we have identified Galectin-1 as a novel protein therapeutic for DMD. Galectin-1 is a nonglycosylated 14 kDa protein which can be produced and purified in large quantities using a bacterial expression system. We show rMsGal-1-treated *mdx* mice exhibit reduced muscle damage as measured by percentage of myofibers containing CLN and Evans blue dye uptake of rMsGal-1-treated mice. Given its known role in muscle repair, it is possible the presence of exogenous Galectin-1 may promote more efficient myogenic fusion of satellite cell populations. Although this mechanism may provide benefits in DMD muscle repair and modify disease progression, these cells would still harbor the dystrophin mutation and would not prevent the underlying DMD pathogenesis. These results are more likely due to a role for Galectin-1 protein therapy in protecting the sarcolemma of dystrophin-deficient muscle from progressive damage. Utrophin and $\alpha 7\beta 1$ integrin have been identified as major DMD disease modifiers and these complexes act in part through sarcolemmal stabilization.²⁸ Studies have shown sarcospan, a component of the UGC and DGC, can act to link utrophin and $\alpha 7\beta 1$ integrin complexes in skeletal muscle.34 We show that Galectin-1 acts to increase levels of both utrophin and $\alpha 7\beta 1$ integrin complexes in *mdx* mice. In addition, we observed increased sarcospan levels in Galectin-1 treated mdx mice suggest treatment promotes a sarcospan-mediated formation of α 7 β 1 and utrophin macromolecular complexes that might act to protect myofibers from contraction induced muscle injury and prevent progressive muscle disease.

The improvements in muscle pathology in dystrophin deficient *mdx* mice treated with rMsGal-1 may also be attributed to the role Galectin-1 plays in the immunomodulation of leukocytes.⁹ Studies suggest that the binding of dimeric Galectin-1 to activated T helper (Th) cells will promote Regulatory Type 1 (Tr1) cell differentiation. Tr1-mediated secretion of interleukin-27 and interleukin-10 efficiently dampens inflammation in mouse models of autoimmunity, and immune evasion or tolerance in murine cancer models.⁸ Furthermore, Galectin-1 can suppress T-cell immune response in Mesenchymal stem cells.³⁵ Galectin-1 facilitated interactions reducing immune response, apoptosis and/ or cell turnover.⁸ Chronic skeletal muscle damage in DMD patients and *mdx* mice leads to increased immune response and inflammation. Preventing the immune response to muscle damage in *mdx* mice has been shown to limit muscle damage and lead to elevated strength,³⁶ similar to what we have observed with Galectin-1 treatment. Thus the immune-modulatory actions of Galectin-1 could be responsible for many of the observed improvements, although this remains unclear from the current study.

Studies suggest that potential DMD therapeutics should use health-related quality of life (HrQOL) outcomes to assess efficacy of the therapeutic potential.^{37,38} For patients in the ambulatory stage of DMD, the primary goal reported to healthcare providers





Figure 7 Increased sarcolemmal localization of UGC and α 7 β 1 integrin protein complexes in *mdx* mice treated with rMsGal-1. Immunoblot analysis of α - and β -dystroglycans (DG), α 7A and α 7B integrin, utrophin (Utr), α - β -, δ - and ϵ -sarcoglycans (SG), sarcospan (SSPN), and β 1D integrin (**a**). Representative example immunoblots are shown for each protein tested (**b**–I). All immunoblots were quantified using ImageJ analysis software and were normalized as indicated on graphs (**P* < 0.05, ***P* < 0.01). High-resolution confocal images were taken of transverse sections of *tibialis anterior* from *mdx mice* treated with either phosphate-buffered saline or rMsGal-1. Immunofluorescence images show increased correct localization of UGC and α 7 β 1 Integrin proteins (**m**–**z**).

is to maintain ambulation for as long as possible.³⁹⁻⁴¹ The 6 Minute Walking Distance (6MWD) is considered one the most relevant endpoint measures for ambulatory DMD patients and has a strong correlation to self-reported HrQOL.37 In this study, we show that Galectin-1 protein therapy improved the activity of *mdx* mice compared to PBS treatment. This included increased distance traveled and ambulatory time. Interestingly, this improvement took place without the restoration of nNOS localization which has been previously shown to critically impact muscle fatigue.^{42,43} Galectin-1 treatment was also shown to improve overall strength and specific muscle force relative to PBS. It is interesting that the specific force improvement was greater in the EDL which contains a greater number of fast-twitch fibers than in the Soleus which contains a greater number of slow-twitch. Together, these data indicate Galectin-1 treatment may have a positive impact on the HrQOL measures that include maintaining muscle strength and ambulation in DMD patients.

Spinal deformity or kyphosis is a major clinical problem for DMD patients which is caused by degeneration of the musculature supporting the vertebral column.^{17,18} Severe kyphosis in DMD patients can cause chest compression limiting respiratory function as well as reducing patient mobility often resulting in wheelchair confinement.¹⁸ Loss in respiratory function due to severe kyphosis in DMD patients is thought to be caused by reduced lung and chest wall compliance that restricts diaphragm and ribcage activity.⁴⁴ Progressive and severe kyphosis is therefore a major contributing factor to the increased morbidity due to respiratory dysfunction observed in DMD patients.⁴⁴ The *mdx* mouse also exhibits progressive spinal deformity which can be measured using x-ray imaging.¹⁷ In our study, we show that Galectin-1-treated *mdx* mice exhibit an improved kyphotic index. These results indicate Galectin-1 treatment slows progressive spinal deformity in the *mdx* mouse model, which may improve respiratory outcome measures for DMD patients.

DMD patients exhibit changes in the CNS as a result of loss of dystrophin.²¹ These include neuronal loss, neurofibrillary tangles and changes in the blood–brain barrier. Recent studies show prednisone treatments are able to alleviate blood–brain barrier fragility in *mdx* mice.⁴⁵ Our results show rMsGal-1 could be detected in the brain of *mdx* mice after treatment indicating the exogenous protein was able to cross from the blood compartment into the brain parenchyma. Although the current study did not examine if the presence of rMsGal-1 in the brain improved CNS preclinical outcomes, the presence of rMsGal-1 may re-establish components of the dystrophin-associated protein complex and restore pathways involved in CNS function. DMD patients often have severe progressive cardiomyopathy which is a critical factor in life span. Galectin-1 has been shown to be elevated shortly after myocardial infarction.⁴⁶ Therefore, it is somewhat surprising that little to no rMsGal-1 or endogenous Galectin-1 was observed in the cardiac tissue of the *mdx* mice. However, the *mdx* mouse model does not show any observable signs of cardiac dysfunction until around 9 months of age. Perhaps rMsGal-1 is targeted to damaged tissue and would therefore be present in the cardiac tissue with treatment of older *mdx* mice.

In this study we have identified Galectin-1 as a novel small protein therapeutic for the treatment of DMD. There are still numerous questions that remain to be answered concerning the therapeutic potential of Galectin-1: (i) Can recombinant Galectin-1 protein therapy prevent cardiomyopathy associated with DMD disease? (ii) Will long-term Galectin-1 protein therapy prevent DMD muscle disease? (iii) Will Galectin-1 protein treatment be an effective therapeutic after disease onset? (iv) Can recombinant Galectin-1 manufacturing be scaled up to treat DMD patients? (v) Can Galectin-1 improve muscle repair and engraftment of myogenic cells? (vi) Can Galectin-1 improve CNS function in DMD patients? (vii) Is Galectin-1 unique or do other Galectins (e.g., Galectin-3) also have therapeutic potential for the treatment of DMD? Although future research is needed to answer these questions, this study indicates Galectin-1 may represent a novel class of protein therapeutic for DMD which may have applications for the treatment of other muscle diseases.

MATERIALS AND METHODS

Recombinant mouse Galectin-1 production. The mouse Galectin-1 cDNA was produced using standard reverse transcriptase (Superscript III, Invitrogen, Grand Island, NY) from mouse muscle total RNA (Trizol, Invitrogen) followed by PCR using Platinum Taq Supermix (Invitrogen). This PCR product was then subcloned into the pGEM T-Easy vector, sequenced and compared to NCBI database sequence, and finally cloned into the pET23b vector (EMD Millipore, Billerica, MA) in frame with the 6x Histidinetag. This vector was then transfected into Rosetta *E. coli* (EMD Millipore), grown and induced with 0.4 mmol/l IPTG (Invitrogen) to express mGalectin-1. Galectin-1 was then purified as described in the pET vector handbook using the cobalt Talon Metal Affinity Resin (Clontech 635502, Mountain View, CA) in a disposable column (Thermo Scientific, Grand Island, NY) and imidazole (Sigma-Aldrich, Saint Louis, MO) buffer for elution. Purified rMsGal-1 was filtered through a 0.4 μm filter, dialyzed three times for 1 hour in PBS at 4 °C and used in various experiments.

Tissue culture. C2C12 myoblasts and myotubes were grown as previously described³³ Human DMD myoblast and myotubes from the same patient were originally isolated and maintained as described.⁴⁷ Briefly, C2C12 myoblasts were grown and maintained in DMEM without phenol red (GIBCO, Grand Island, NY), 20% FBS (Atlanta Biologicals, Lawrenceville, GA), 0.5% chick-embryo extract (CEE, Seralab, West Sussex, UK), 1% L-glutamine (GIBCO, Grand Island, NY) and 1% penicillin/streptomycin (PS) (GIBCO). All myoblasts were maintained below 70% confluence until use in assay. C2C12 myoblasts were differentiated into myotubes in DMEM without phenol red (GIBCO), 1% horse-serum, and 1% Penicillin/Streptomycin (P/S) + L-Glutamine. All cells were maintained in Heracell 150i tissue culture (Thermo Scientific) incubators at 37 °C with 5% CO₂.

Recombinant mouse Galectin-1 in vitro treatment. C2C12 and human DMD myoblasts were treated with various amounts of recombinant mouse Galectin-1 (rMsGal-1) for 48 hours, washed in PBS, and lysed in RIPA buffer with protease inhibitor cocktail set III (Calbiochem, Billerica, MA) for

western blotting. C2C12 and human myotubes were treated with different amounts of rMsGal-1 subsequent to 3–5 days in differentiation media after myotubes were formed.

Mouse maintenance and treatments. In this study *mdx* mice (strain C57BL/10ScSn-DMD^{mdx}/J) and wild-type mice (strain C57BL/10ScSn/J) were housed and experiments performed under an approved protocol from the University of Nevada, Reno Institutional Animal Care and Use Committee under guidelines set forth by NIH. Genotype of *mdx* mice were verified as described⁴⁸ or by dystrophin immunofluorescence on all *mdx* mice. 100 μ l volume rMsGal-1 (1.5 or 150 μ g) was delivered into the left mouse TA muscle by IM injection with an equal volume of PBS delivered to the right at 10 days of age. Mice were then sacrificed at 4–5 weeks of age and the TA muscles were removed for use in other experiments. IP treatments were started at 10 days of age and given weekly with either 5 mg/kg/weekly rMsGal-1, 20 mg/kg/weekly rMsGal-1, 20 mg/kg/bi-weekly rMsGal-1 or with corresponding volume of PBS as controls. Mice received weekly treatments from 10–70 days of age, were sacrificed and tissue harvested at the end of study. All treatments have been well tolerated with no observed side-effects.

ELISA. The mouse Galectin-1 DuoSet ELISA development kit (R & D Systems, Minneapolis, MN) was used to determine the levels of mGalectin-1 in serum of *mdx* and wild-type mice following manufacturer's directions. Plates were read on the Victor V plate reader made by Perkin Elmer (Waltham, MA). Half-life was determined using GraphPad Prism 5 software nonlinear curve fit one-phase decay with the plateau constrained at 394 (pg/ml average noninjected). As mGalectin-1 concentration peaked at 2 hours; only points at or beyond 2 hours were used to determine curve (Figure 2a).

Physiological assays. Mouse body mass was measured weekly prior to treatment. Distance traveled, resting time, large ambulatory time, and vertical sensor breaks were assessed using the Opto-Varimex-4 System with Auto-track v4.96 software for a 30-minute time period (Columbus Instruments, Columbus, OH).

Muscle contractile properties: muscle preparation and force measurements. Mice were deeply anesthetized using isoflurane. The EDL and soleus muscles were prepared following as described.⁴⁹ Briefly, muscles were mounted in an oxygenated tissue bath in a physiologic salt solution⁴⁹ and hung from a computer-controlled Aurora Scientific servomotor. After 10 minutes of acclimation in bath without electrical stimulation each muscle received three isometric twitch and three isometric tetanus contractions at 150 Hz followed by force frequency protocol at 10, 30, 50, 65, 80, 100, 120, and 150 Hz (Treat-NMD SOP, DMD_M.1.2.002). There was a 10-minute rest between each set of experiments. L_0 was determined as the muscle length at which the maximal twitch force was elicited and was usually 1 g. For all experiments, an electrical stimulation of 7 V with a 200 µs pulse duration (701A Stimulator; Aurora Scientific, Aurora, Ontario, Canada) were delivered by a pair of platinum electrodes. Data were analyzed as described in Treat-NMD SOP, DMD_M.1.2.002.

Mouse digital radiography. Digital radiography was performed blinded by a member of the University of Nevada Reno's Lab Animal Medicine staff on 10-week-old *mdx* mice using a Sound-eklin tru/Digital radiography machine. Spinal curvature was assessed using the kyphotic index (KI) measurement, which is defined as the measure of the caudal margin of the last cervical vertebra to the caudal margin of the sixth lumbar vertebra divided by the perpendicular distance to the dorsal edge of the vertebra at the point of greatest curvature.¹⁷ Measurements from the radiographs were taken using both the Sound-eklin eSeries software (to draw 90 °angles, lines and scale bars) and ImageJ software to convert measurements to millimeters.

Histology. Using a Leica CM1850 cryostat 10-µm sections of Tissue-TEK Optimal cutting Temperature compound (Sakura Finetek USA, Torrance, CA) embedded tissues from mice were placed on Surgipath

microscope slides (Surgipath Medical Industries, Richmond, IL). Hemotoxylin and eosin (H&E) staining and CLN was performed on the TA of IM-treated mice as previously described⁵⁰ and images were taken using an Olympus Fluoview FV1000 Laser Confocal Microscope. TA muscle sections from IP-injected mice were poststained with a 0.003% EBD (Sigma) solution for 20 minutes at room temperature. Tissue was then fixed using 3.7% paraformaldehyde, washed and myofibers were outlined using Oregon Green-488 labeled wheat germ agglutinin conjugates (WGA, W6748, 1:250, Molecular Probes, Invitrogen detection technologies). Pictures of an entire TA section were taken at 100× using a Zeiss Axioskop 2 Plus fluorescent microscope, Zeiss AxioCam HRc digital camera (San Diego, CA), and Axiovision 4.8 software or an Olympus FluoviewFV1000 Laser scanning biological confocal microscope using the Olympus micro FV10-ASW 3.1 software. Compiled images were used to reconstruct a view of the entire TA muscle. This compilation was used for calculating CLN, number of fibers and minimum Feret's diameter. There was a minimum of n = 3 mice for each treatment group and n > 6,200 fibers counted. IP-treated H&E slides were used for qualitative assessment of treated tissue.

Western blotting. Protein concentrations of extracts from myoblast, myotubes and mouse TA tissue were isolated and extracted as previously described.⁵¹ Protein was quantified using the Pierce BCA Assay kit (Thermo Scientific), loaded at identical concentrations into 4-12% SDS-PAGE gels and separated under standard conditions. Proteins were then transferred to nitrocellulose (GE Healthcare Life Sciences, Whateman, Pittsburgh, PA) and probed using the following rabbit or goat polyclonal or mouse monoclonal antibodies: α7A Integrin,⁵² α7B Integrin,⁵² Galectin-1 (LGALS, Aviva System Biology 1:500, San Diego, CA), β1D integrin,⁵³ α-dystroglycan (IIH6 C4, 1:50, Developmental Studies Hybridoma Bank (DSHB), Iowa City, IA), glyceraldehyde 3-phosphatae dehydrogenase $(GAPDH V-18, sc-20357, 1:200), \beta$ -dystroglycan H-242 (sc-28535, 1:200), $\alpha\text{-sarcoglycan},$ (IVD3(1) A9 c, DSHB,1:100), $\beta\text{-sarcoglycan}$ H-98 (sc-28279, 1:200), γ -sarcoglycan Z-24 (sc-133984, 1:100), δ -sarcoglycan H-55 (sc-28281, 1:100), ɛ-sarcoglycan H-67 (sc-28282, 1:100, all sc antibodies are from SantaCruz Biotechnology, Dallas, TX), sarcospan (gift from Dr. Rachelle H. Crosbie-Waston, UCLA, 1:5), dystrophin (MANDRA1,1:50, DSHB), utrophin (MANCHO3, 1:50, DSHB), and α-tubulin (DM1A, ab7291, Abnova, Walnut, CA 1:500). Primary antibodies were detected using Alexa Fluor 680 goat anti-rabbit IgG, Alexa Fluor 800 donkey antirabbit IgG, Alexa Fluor 800 goat anti-mouse-IgG, Alexa Fluor 800 or 680 donkey anti-goat-IgG (1:5,000, Li-Cor Biosciences or Molecular Probes, Invitrogen detection technologies) in 2.5% milk, 0.02% Sodium Azide solution for 1 hour. Prior to blocking a representative number of immunoblots were treated with Swift Membrane Stain (G. Biosciences, Saint Louis, MO) or Ponceau S stain to normalize for sample loading. Band intensities for all antibodies were determined using ImageJ software and normalized to bands visualized using either α -tubulin or GAPDH as indicated.

Immunofluorescence. Tissues were embedded in Tissue-Tek OCT and 10 µm transvers sections were cut using a Leica CM 1850 cryostat (Leica, Wetzal, Germany). Sections were placed on precleaned Surgipath slides (Surgipath Medical Industries, Richmond, IL) and fixed using methanol, acetone, 4% paraformaldehyde (PFA) and/or 4% formaldehyde. The Mouse on Mouse (M.O.M.) kit was used with all mouse antibodies according to the package instructions (FMK-2201, Vector Laboratories, Burlingame, CA). Mouse primary antibodies were applied overnight followed by a fluorescein isothiocyanate (FITC)-conjugated rabbit-anti-mouse-IgG secondary antibody (1:5,000; Li-Cor Biosciences). All other sections were blocked in 5% bovine serum albumin (BSA, Fisher Scientific, Grand Island, NY) and allowed to incubate overnight at 4 °C. Antibodies were diluted in 1% BSA, except α 7 integrin (CA5.5) which was applied for 1 hour at room temperature. The following primary antibodies were used: FITC- α 7 (CA5.5, 1:1,000, Sierra Biosource), 6x His-Tag (Thermo Scientific, 1:25),

nNOS (Abcam, Cambridge, MA 1376, 1:100), laminin- $\alpha 2$ (Sigma L0663, 1:200), and $\beta 1D$ integrin (1900 Millipore, 1:40) in addition to antibodies previously listed. Secondary antibodies were applied for 1 hour followed by a FITC-conjugated anti-rabbit-IgG (1:5,000; Li-Cor Biosciences, Lincoln, NE). All immunofluorescence experiments were performed with secondary only antibody controls in order to test auto-fluorescence. Slides were mounted using Vectashield Hard Set with DAPI (Vector Laboratories, Burlingame, CA). Images were captured using a Zeiss Axioskop 2 Plus fluorescent microscope, Zeiss AxioCam HRc digital camera, and Axiovision 4.8 software or an Olympus FluoviewFV1000 Laser scanning biological confocal microscope using the Olympus micro FV10-ASW 3.1 software.

Hydroxyproline assay. Hydroxyproline assay was performed following the procedure outlined in Giordano *et al.*⁵⁴ All chemicals were purchased from Sigma-Aldrich. Briefly, between 5–10 mg of trimmed costal diaphragm muscle was homogenized in 0.5 mL 0.5M acetic acid and dried in a speed vac. The tissue was then transferred into a glass vial and incubated in 1 ml 6N HCl O/N at 110 °C. The next day the vial caps were removed and HCl evaporated at 110 °C, then brought up in citrate-acetate buffer at 50 μ l/1 mg and hydroxyproline analyzed with Chloramine T/Ehrlich's buffers as previously described.⁵⁴ Results were graphed using Graphpad Prism as previously described.

Statistical analysis. All statistical analysis was performed using GraphPad Prism 5 software. Averaged data are reported as the mean \pm the standard error of the mean. Individually reported data points were reported at mean \pm standard deviation. Comparison for two groups was performed using a Student's *t*-test and between multiple groups using one-way analysis of variance with Bonferroni post-test with *P* < 0.05 considered statistically significant.

SUPPLEMENTARY MATERIAL

Figure S1. rMsGal-1 delivered intramuscularly to dystrophin deficient muscle decreased Centrally Located Nuclei (CLN).

Figure S2. rMsGal-1 treatment enhanced levels of α 7B and β 1D integrin in mouse skeletal.

Figure S3. hDMD myoblast have increased levels of α 7B integrin and β -DG with rMsGal-1 treatment.

Figure S4. Skeletal muscle protein outcome measures to determine optimal dosage concentration and regiment in rMsGal-1 treated *mdx* mice.

Figure S5. Immunofluorescent staining for Galectin-1 staining (red) shows it co-localizes with Laminin- α 2 staining (green).

Figure S6. Myofibers in *mdx* mice treated with rMsGal-1 were less hypertrophic than those treated with PBS.

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