

REVIEW ARTICLE

High-throughput sequencing of immune repertoires in multiple sclerosis

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Abstract

T cells and B cells are crucial in the initiation and maintenance of multiple sclerosis (MS), and the activation of these cells is believed to be mediated through specific recognition of antigens by the T- and B-cell receptors. The antigen receptors are highly polymorphic due to recombination (T- and B-cell receptors) and mutation (B-cell receptors) of the encoding genes, which can therefore be used as fingerprints to track individual T- and B-cell clones. Such studies can shed light on mechanisms driving the immune responses and provide new insights into the pathogenesis. Here, we summarize studies that have explored the T- and B-cell receptor repertoires using earlier methodological approaches, and we focus on how high-throughput sequencing has provided new knowledge by surveying the immune repertoires in MS in even greater detail and with unprecedented depth.

Introduction

Multiple sclerosis (MS) is believed to be mediated by an immunological attack on the central nervous system (CNS), orchestrated by T cells and B cells of the adaptive immune system. Already half a century ago, a local synthesis of immunoglobulin G (IgG) was identified in the cerebrospinal fluid (CSF) of MS patients.^{1,2} It was later shown that this IgG is produced by B cells in the CSF and CNS.^{3,4} Other studies have demonstrated clonal expansions of T and B cells,^{5,6} and deposition of immunoglobulins,⁷ in active demyelinating lesions. Tertiary lymphoid structures, which could be sites of B-cell differentiation and affinity maturation, are present in the meninges of some patients with long-standing disease, and have been linked to cortical pathology.^{8,9} In further support of the idea that T and B cells mediate CNS damage in MS, specifically killing them or hindering their recruitment to the CNS efficiently suppresses disease activity.¹⁰ Finally, genetic studies indicate that adaptive immunity may play a role also in the initiation of the disease.^{11,12}

T and B cells recognize specific antigens through their antigen receptors.¹³ The T-cell receptor (TCR) binds peptides presented on human leukocyte antigen (HLA) molecules, whereas the B-cell immunoglobulin (herein referred to as B-cell receptor, BCR) binds linear or conformational epitopes on native antigens (Fig. 1A). If the lymphocyte receives appropriate co-stimulatory signals, antigen recognition leads to activation and proliferation known as clonal expansion. Although immunization with myelin antigens induces an MS-like disease in rodents, the target antigens of the T- and B-cell responses in MS have not been identified. It is a particular paradox that the specificity of oligoclonal IgG within the CSF of patients with MS remains unknown, whereas it was proven more than four decades ago that oligoclonal IgG in CNS infection target the causative agent.¹⁴ Since then, the target antigens of oligoclonal CSF IgG have also been identified in patients with noninfectious immune-mediated diseases, such as Yo antigens in paraneoplastic cerebellar degeneration.¹⁵ This could either suggest that we need more refined methods to identify MS antigens

still hiding, or that there are no particular target antigens in MS. Importantly, the first alternative implies that MS could be treated by specific immune intervention strategies. In this review, we summarize studies that have surveyed the immune repertoires in MS using earlier techniques. We discuss how the introduction of high-throughput sequencing has provided new knowledge, and anticipate how it may continue to unravel important aspects of the adaptive immune responses in MS.

Immune Receptors and Repertoires

The TCR and the BCR share structural similarities (Fig. 1A). Both comprise distinct pair of chains, one α -

and one β -chain for the $\alpha\beta$ TCR and two heavy- and two light chains for the BCR, with variable domains mediating binding to antigens.¹³ The genes encoding the variable domains undergo somatic diversification during lymphocyte development. In this process, the variable (V), joining (J), and diversity (D; for the TCR β and BCR heavy chain) gene segments are rearranged (Fig. 1B). In addition, nucleotides may be randomly added or removed between the segments. The greatest diversity is found within the complementarity determining regions (CDRs), in particular the CDR3, which contributes most to the specificity of the receptors. Pairing of the receptor chains leads to further divergence of the repertoire, and the potential diversity has been estimated to 10^{18} $\alpha\beta$ TCRs and 5×10^{13}

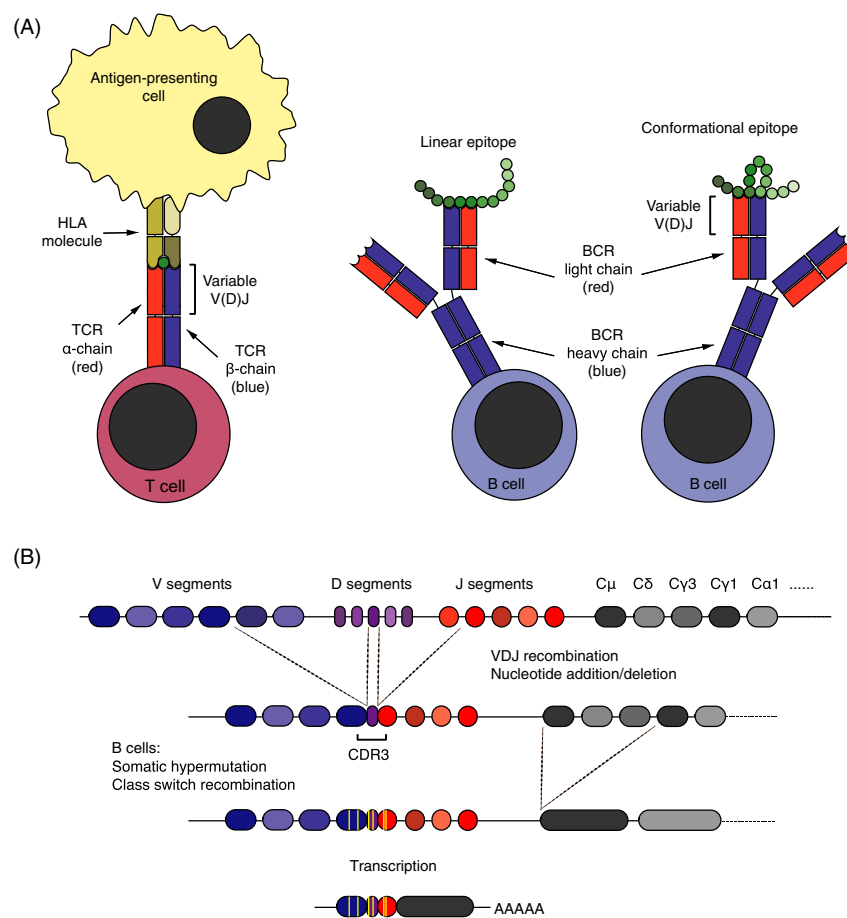


Figure 1. Structure, function, and diversification of antigen receptors. (A) The T-cell receptor (TCR) binds to linear epitopes presented on HLA molecules by antigen-presenting cells. The B-cell receptor (BCR), in contrast, recognizes linear or conformational epitopes on native antigens. Both antigen receptors are composed of distinct pair of chains: The TCR of an α - and a β -chain, and the BCR of two heavy and two light chains. The variable part of the receptor chains, encoded by V, J, and D (TCR β and BCR heavy) gene segments, constitutes their antigen-binding surface. (B) During T- and B-cell development, the V, J, and D (TCR β and BCR heavy) gene segments are stochastically recombined, and nucleotides may also be randomly added and deleted between them. The diversity of the receptor genes concentrates in the third complementarity determining region (CDR3), which encodes the center of the antigen-binding surface. In the course of antigen-driven immune responses, B cells may go through an additional round of diversification in germinal centers, where they undergo somatic hypermutation and clonal selection. During this process, they also switch the isotype of the constant chain. Class switch recombination leading to isotype switching from IgM (encoded by $C\mu$ gene segments) to immunoglobulin G (IgG)1 (encoded by $C\gamma$ 1 gene segments) is depicted.

Table 1. Principles, outcomes, and challenges with techniques used to study immune repertoires in multiple sclerosis.

Technology	Principle	Outcome	Challenges
Southern blot	DNA is digested by restriction enzymes, separated on agarose gels, and blotted onto nitrocellulose membranes. DNA fragments are hybridized with gene probes.	Clonal composition and diversity	<ul style="list-style-type: none"> ● Requires relatively large amounts of DNA ● Does not give the nucleic acid sequence ● Low throughput
CDR3 spectratyping	T-cell receptor cDNA is amplified by PCR across the CDR3 region using primers mapping to different families of variable genes. Since T-cell clones differ in CDR3 length, the distribution of lengths of the resultant PCR products reflects the overall diversity. Deviations from a bell-shaped distribution indicate clonal expansions.	Overview of the clonal composition and diversity	<ul style="list-style-type: none"> ● Limited resolution ● Does not give the nucleic acid sequence
Flow cytometry based T-cell receptor (TCR) V β repertoire analysis	A cell sample is stained with antibodies against different TCR-V β -families and analyzed on a flow cytometer.	Overview of the clonal composition	<ul style="list-style-type: none"> ● Limited resolution ● Only available for T cells and only for β-chain families ● Does not give the nucleic acid sequence
Sanger sequencing	The sequencing technique is based on selective incorporation of chain-terminating dideoxynucleotides. The resulting DNA fragments are separated by electrophoresis.	Nucleic acid sequence, up to 700 bp	<ul style="list-style-type: none"> ● Low-throughput limits the capacity for assessing repertoire diversity
<i>High-throughput sequencing technologies</i>			
Roche 454	"Sequencing by synthesis," based on the release of pyrophosphate on nucleotide incorporation.	Nucleic acid sequence, 400 bp (recently upgraded to 1000 bp)	<ul style="list-style-type: none"> ● Prone to insertions and deletions ("indels"), which cannot be distinguished from true insertions and deletions within CDR3
Illumina (HiSeq and MiSeq)	"Sequencing by synthesis," based on cyclic reversible termination, which is an adaption of Sanger sequencing. "Paired end" sequencing makes it possible to sequence both ends of a fragment, and subsequently align the reads to cover longer sequences.	Nucleic acid sequence, 2 \times 150 bp for HiSeq and 2 \times 300 bp for MiSeq	<ul style="list-style-type: none"> ● Due to shorter read length, HiSeq does not cover the entire immunoglobulin heavy-chain variable and therefore not all somatic mutations

BCRs.¹³ Upon encountering an antigen, B cells undergo an additional round of diversification in lymphoid germinal centers. This involves the enzyme activity-induced cytidine deaminase and is known as somatic hypermutation. The variable domains of TCRs and BCRs can thus be used as molecular fingerprints to track lymphocytes of similar specificities. The totality of different antigen receptors with distinct variable domains in a given individual is here denoted *the immune repertoire*.

Studies of immune repertoires in MS are important for several reasons: (1) The composition of the repertoires may indicate whether they are the result of antigen stimulation or other means of activation; (2) If the sequences encoding both antigen receptor chains are available, it is possible to express recombinant receptors to search for target antigens; and (3) Dominant clones could represent potential biomarkers or targets for selective immunotherapy.

Analyses of Immune Repertoires in MS

The TCR repertoire

A summary of the techniques most commonly used to investigate the immune repertoires in MS is given in Table 1. Using Southern blot, early studies explored the diversity of the TCR repertoires in the CSF.^{16,17} The methods included cloning and in vitro expansion of individual T cells. Accordingly, only a limited number of CSF T-cell clones were studied, and this limitation could possibly explain conflicting results.^{16,17} Subsequent investigations of T-cell clones from CSF and blood using gene-specific primers mapping to the TCR V β genes indicated a common TCR V β gene usage in some MS patients.¹⁸ Combining PCR amplification of TCR V β genes and conventional Sanger sequencing, another study found an

oligoclonal TCR repertoire in the CSF of patients with MS and also other inflammatory neurological conditions.¹⁹ Through PCR amplification of TCR $V\beta$ genes and a subsequent immunoenzymatic approach, Gran and colleagues found a skewed TCR $V\beta$ usage in the blood.²⁰

In CDR3 spectratyping, the lengths of the CDR3 sequences are investigated. This technique showed an overrepresentation of certain $V\beta$ genes in the blood,²¹ clonal T cell expansions in the CSF,²² a diversification of the TCR repertoire after autologous stem cell transplantation,²³ and more recently that the drugs natalizumab and fingolimod might influence the peripheral TCR repertoire.^{24,25} It is also possible to explore the TCR $V\beta$ repertoire by flow cytometry using fluorochrome-labeled antibodies against different $V\beta$ families.²⁶ A study using this technique demonstrated clonal expansions mainly among CD8+ T cells in the CSF.²⁷

Oksenberg and colleagues were the first to explore the TCR repertoires expressed in brain lesions.²⁸ Through specific PCR amplification, they found a restricted TCR $V\alpha$ usage. In contrast, another early study using PCR amplification and Southern blot reported a polyclonal TCR repertoire in MS brains.²⁹ Later studies combining CDR3 spectratyping with Sanger sequencing of candidate T-cell clones have indicated that the TCR repertoire in MS brains is diverse, but nevertheless dominated by expanded clones.^{30,31} Many of these are CD8+ T cells, and at least some can also be detected in the CSF and blood at different time points.³⁰ Interestingly, some expanded clones within MS lesions express TCR β sequences that are similar on the amino acid level, but encoded by different nucleotide combinations.^{6,31} The existence of such shared TCR sequences is suggested to be due to “convergent recombination,” which makes some TCRs to be produced more frequently than others.³² Since similar TCRs are believed to share specificity, the presence of such sequences within an MS brain argues that they have been recruited by the same antigen.

The repertoire of myelin basic protein (MBP)-specific T cells in blood has been studied by PCR amplification of TCR $V\beta$ genes followed by Southern blotting or conventional Sanger sequencing in combination with antibodies against different $V\beta$ families.^{33–37} While some of these studies demonstrated a restricted TCR repertoire,^{33–35} other research groups found a broader and more diverse composition.^{36,37} Later studies focusing on the change in the MBP-specific T-cell repertoire over time showed some cases of preserved specificities,³⁸ but also instances of diversification of the repertoire due to epitope spreading,³⁹ which may have implications for antigen-specific tolerization strategies.⁴⁰

Previous studies using restriction fragment length polymorphisms (RFLP) as genetic markers have

reported conflicting results regarding the influence of TCR gene polymorphisms on MS risk.^{41–44} A more recent study used single-nucleotide polymorphism markers to revisit this and identified three potential loci of interest in TCR alpha V and constant gene regions.⁴⁵

The BCR repertoire

PCR amplification, cloning, and Sanger sequencing of immunoglobulin heavy-chain V (IGHV) genes in CSF B cells from MS patients have demonstrated clonal expansion and somatic hypermutation.^{46–48} Using similar techniques, clonal expansions of B cells have also been identified in the brain and meninges.^{5,49,50} Moreover, antigen-experienced B cells within the CSF and CNS tend to preferentially use VH4 germline segments, which is indicative of an antigen-driven response,^{5,46,49,50} and it has been suggested that certain patterns of somatic mutations within these VH4 segments could be used as a diagnostic tool.⁵¹

PCR amplification of IGHV transcripts from single sorted B cells allows faithful pairing of the heavy and light chains, and has enabled researchers to express expanded CSF and CNS B-cell clones as recombinant antibodies to identify target antigens. This approach has proven successful for aquaporin-4-specific B cells from the CSF in neuromyelitis optica and measles-specific B cells from the brain in subacute sclerosing panencephalitis.^{52,53} Initial attempts to identify the specificity of recombinant antibodies from expanded CSF B cells in MS, in contrast, was not conclusive.⁵⁴ However, some of these antibodies has recently been found to bind to astrocytes and neuronal antigens, and to cause complement-mediated tissue destruction in spinal cord explants.⁵⁵ Other studies have found evidence of myelin reactivity of recombinant Fab fragments and antibodies from the CSF.^{56,57} A very recent study investigating recombinant antibodies from expanded B cells in MS brains did not succeed in identifying specificities unique to the disease.⁵⁸ Taken together, the evidence so far show that BCRs from MS patients have a mutation pattern compatible with an antigen-driven immune response, but does not unambiguously point to a particular target antigen.

Some earlier genetic association studies have explored BCR gene polymorphisms. The use of DNA probes mapping to different V gene segments and RFLP showed significant associations.^{59,60} On the other hand, the use of microsatellite markers within the IGH cluster produced negative results.^{61,62} One study using gene-specific primers to explore an IGHV4-39 germline deletion did not detect any association linking the polymorphism to disease susceptibility or progression.⁶³

High-Throughput Sequencing of Immune Repertoires

As described above, molecular methods such as Sanger sequencing and CDR3 spectratyping have provided important insights on the clonality of intrathecal T- and B-cell repertoires, and have provided promising tools for studies of the specificity of CSF and CNS B cells. Cloning and conventional Sanger sequencing, however, only allows interrogation of a small fraction of the immune repertoires. CDR3 spectratyping, on the other hand, gives an “eagle eye” perspective, but no information about the sequence determining receptor specificity. These constraints have hampered an unbiased characterization of the complete immune repertoires within each immunological or anatomic compartment. High-throughput sequencing overcomes these limitations and offers the best of both worlds. It enables sequencing of millions of short templates in parallel, capturing even infrequent clones. The diversity is accurately determined by estimating the contribution of single clones to the total repertoire.

Although the theoretical diversity of the $\alpha\beta$ TCR repertoire in the human body is assumed to be 10^{18} ,¹³ the number of different TCRs present in a given individual was estimated in an earlier study only to 10^6 different β chains, each potentially pairing with one of 25 different α chains.⁶⁴ High-throughput sequencing has recently been used to revisit this, and revealed that the true number of different β chains present is higher. By combining high-throughput sequencing with a computational approach, Robins and colleagues found that the TCR β diversity was at least fourfold greater than previous estimates.⁶⁵ Qi and colleagues found an even higher estimate of 10^8 different TCR β chain genes in young adults.⁶⁶ It has been claimed that these approximations could be biased by sample size, and that the true diversity of the TCR repertoire might still be greater.⁶⁷

Although well suited to study immune repertoires, high-throughput sequencing poses new experimental and computational challenges.⁶⁸ For T cells, one has to decide whether to sequence TCR α or β chain genes. Up to 10% of T cells may express two functional α chains, whereas it has been estimated that less than 1% express two functional β chains.⁶⁹ Consequently, the distribution of TCR β genes more accurately reflects the repertoire on a cellular level in a given sample, and high-throughput sequencing of TCR β genes would often be preferable to TCR α genes to estimate the number of T cells expressing a given TCR. Another important question is whether one should use complementary DNA (cDNA) that are reverse transcribed from mRNA, or genomic DNA (gDNA) for the investigation of immune repertoires. Due to multiple copies of the same RNA transcript per cell, the use of

cDNA is much more sensitive than gDNA. This is advantageous if cell numbers are low, as for CSF B cells.^{70,71} The use of cDNA also excludes introns and simplifies the sequencing strategy, and it reduces the number of unproductive sequences.⁷² However, RNA copy number depends on the activation status, and may consequently not be proportional to the number of cells. Activation of T cells, for instance, modifies the expression of TCR genes.⁷³ Moreover, antibody-secreting effector cells, such as plasmablasts in the CSF, show increased levels of BCR transcripts.⁷⁴ The amount of gDNA, on the other hand, has been shown to correlate well with cell numbers if PCR bias is eliminated.⁷⁵

There are different options for sequencing technologies, and a few have been used in MS (Table 1). The Roche 454 technology has been utilized to study the BCR repertoires in CSF and blood.^{70,76–78} This technology provides longer sequence reads than other platforms, but has a high rate of artifactual insertions and deletions, which might be impossible to distinguish from true insertions and deletions introduced during receptor gene recombination. We and others have applied Illumina sequencing technology to study the TCR^{79–83} and the BCR^{71,84} repertoires. Artifacts are rarer, but the sequence lengths on the HiSeq platform are shorter, and consequently not covering all possible somatic mutations within IGHV genes.

Strategies to process and analyze high-throughput sequencing data of antigen receptors have recently been reviewed.^{68,85} The raw sequence reads must first be filtered and clustered in order to correct for sequencing and PCR errors,⁸⁶ and some software solutions that perform these algorithms have been developed.^{87,88} Next, the sequences are classified according to their V(D)J germline segment, which can be achieved using web-based tools such as IMGT/HighV-QUEST or IgBLAST,^{89,90} or available software.^{91,92} Several software packages and web-based analysis tools, such as Adaptive Biotechnologies ImmunSEQ platform, is accessible for further analysis of sequencing data.^{93–95}

The need for publicly available databases dedicated to rearranged TCR and BCR sequences are becoming increasingly clear.⁹⁶ This would simplify the search for previously published identical or highly similar CDR3 sequences that may represent public TCRs or BCRs. Moreover, there is also a need for standardization of sequencing protocols and data handling, which would enable analyses of meta data.⁹⁷ For the time being, the National Center for Biotechnology Information (NCBI) BLAST search engine is a valuable tool to identify sequences in the nonredundant protein database obtained with previously available sequencing technology.⁹⁸ For high-throughput sequencing data deposited in the NCBI

Sequence Read Archive, it is possible to perform a BLAST search within files of published projects.⁹⁹

High-Throughput Sequencing of TCRs in Multiple Sclerosis

Autologous stem cell transplantation and the monoclonal antibody alemtuzumab are assumed to “reset” the immune system. To test this hypothesis in MS patients treated with stem cell transplantation, Muraro, Robins and colleagues followed the renewal of the T-cell repertoire applying high-throughput TCR β sequencing.⁸⁰ This allowed a comprehensive assessment of the regenerated CD4+ and CD8+ T-cell repertoires, including the impact of individual surviving clones on the new repertoire. Interestingly, whereas the CD4+ T-cell repertoire after transplantation were largely composed of newly generated clones, the CD8+ T-cell repertoire were reestablished from clones already present before treatment.⁸⁰ The latter mechanism, known as homeostatic proliferation, was shown by assessment of thymic output by TCR excision circles also to be prominent after treatment with alemtuzumab.⁷⁹ Less diverse TCR repertoires were associated with a poor response to stem cell transplantation and with the development of secondary autoimmunity after treatment with alemtuzumab.^{79,80} These results show that high-throughput sequencing may enable monitoring of disease-relevant T-cell clones following therapies with fundamental effects on the immune system.

We have recently used high-throughput sequencing to explore the TCR β repertoires of MS patients and controls with other types of neuroinflammation.⁸¹ Compared to previously available technology, high-throughput sequencing allowed a better estimate of the diversity in the CSF and blood, and a precise quantitation of the overlap between the two compartments. We found highly diverse repertoires both in CSF and blood, and a significant overlap between the compartments, indicating that most CSF T cells have entered from blood. The most frequent clones within the CSF were, however, infrequent in blood, indicating that they had expanded locally.⁸¹ Such dominant clones only made up a small proportion of the total TCR β repertoire in CSF, but were remarkably stable for at least one year. Applying high-throughput TCR sequencing in peripheral blood, another recent study demonstrated that children with MS were characterized by a long VJ junction region, indicating a self-reactive TCR repertoire, and a skewed TCR V β family usage.⁹⁵

MS is associated with Epstein–Barr virus (EBV).¹⁰⁰ In order to track EBV-reactive T cells and determine if they accumulate in the CSF, we created reference TCR β libraries by sorting and sequencing EBV-reactive CD4+ and CD8+ T cells in blood.⁸¹ Because the TCR β

sequence is unique for each memory clone, the sequences of EBV-reactive T cells from blood could be used to track T cells from the same clone in CSF. By these means, we found an enrichment of EBV-reactive CD8+ T cells in the CSF of MS patients, but not the controls.⁸¹ Among the EBV-reactive CD8+ T cells in the CSF, we identified several public TCR β sequences. These sequences are known to be shared across individuals, and to be carried by TCRs that recognize common viral antigens in the context of particular HLA molecules. To our surprise, one of the public EBV-specific sequences, and another almost identical sequence, had previously been identified in MS lesions.³¹ This confirms that EBV-specific T cells gain entry to the crime scene in MS, and that high-throughput sequencing can catch them *in flagrante*.

Combining high-throughput sequencing and CDR3 spectratyping, a recent study compared the TCR β repertoires in MS lesions, CSF, and blood from the same individuals.⁸² The repertoire in the CNS appeared to be closer to the repertoire in the CSF than to that in blood, and closer to the CD8+ than to the CD4+ peripheral T-cell compartment. Characterization of clonally expanded CD8+ T cells in blood by flow cytometry showed that these cells were biased toward a memory phenotype with increased expression of CCR5, CD11a, and Granzyme B.⁸² Another study used high-throughput sequencing to explore the TCR repertoire present in so-called pattern II MS lesions, which are believed to be associated with antibody-mediated pathology.⁸³ The authors identified expanded T-cell clones and were subsequently able to isolate them from the CSF of the same patient and show that they secreted Th2 cytokines and were able to provide B cell help.⁸³ They did not observe identical TCR sequences encoded by different nucleotide combinations, a phenomenon observed by others and taken in support of an antigen-driven T cell response.^{6,31} However, several sequences had identical CDR3 sequence but slightly different TCR β V gene segments.⁸³ The CDR1 and CDR2 sequences in these TCRs were highly similar, which might indicate that the TCRs recognize the same antigen/HLA combination.

These examples demonstrate the ability of high-throughput sequencing to track disease-relevant T cells in different compartments, and the possibility of combining the technique with functional characterization of T-cell clones.

High-Throughput Sequencing of BCRs in Multiple Sclerosis

While previously available technology enabled expression of recombinant antibodies from a limited number of CSF B cells, high-throughput sequencing made it possible to

sequence previously unattainable numbers of IGHV genes from CSF and blood. This paved the way for identification of related B-cell clones in CSF and blood, first shown by von Büdingen and colleagues and later by us.^{70,71} Figure 2 shows data from two MS patients, based on high-throughput sequencing of IGHV genes as described elsewhere.⁷¹ By comparing the BCR transcriptome with the IgG proteome characterized by mass spectrometry, we were able to ensure that the sequence data are correct and reflect B cells producing IgG within the CSF. Somatic hypermutation of the IGHV genes makes it possible to track the maturation of B-cell clones in CSF and blood. This can be visualized as “trees” where distinct B-cell clones that have acquired somatic mutations are depicted as different “branches” emerging from a hypothetical germline clone. In the present data, we detected related B-cell clones in CSF and blood of the patients investigated (Fig. 2). Previous publications have shown that some related clones present in both compartments match CSF IgG.^{71,76} One of the B-cell

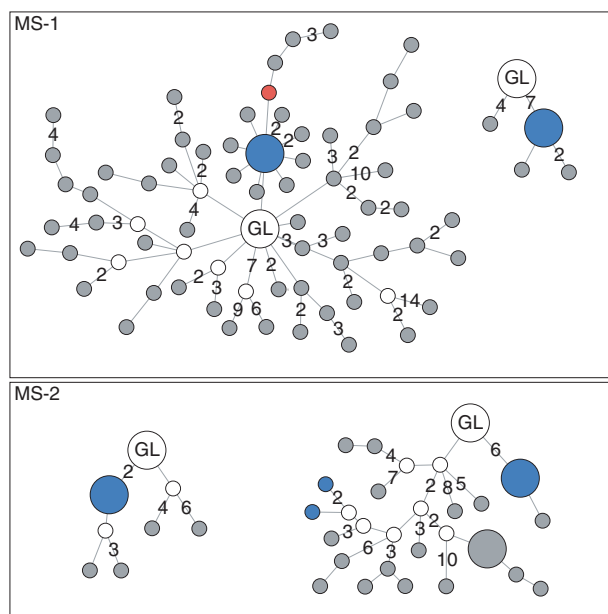


Figure 2. Maturation of four immunoglobulin G (IgG)-producing B-cell clones from two multiple sclerosis (MS) patients. High-throughput sequencing of immunoglobulin heavy-chain variable (IGHV) transcripts from cerebrospinal fluid (CSF) and blood was performed, and IgG from CSF and serum was analyzed by mass spectrometry. Each node represents a single IGHV sequence. The hypothetical germline (GL) sequence is set as origo, and the connecting lines depict somatic mutations. Lines without numbers denotes a single-nucleotide exchange, “2” denotes two mutations, and so on. Gray nodes represent sequences only detected in CSF, the red node is a sequence only detected in blood, and blue nodes are identical sequences detected in both CSF and blood, whereas white nodes represent hypothetical intermediates. Larger nodes represent the most abundant transcripts. The CDR3 of all lineage trees matched CSF IgG. The rightmost tree of MS-1 also matched IgG from serum.

lineages presented here has members matching both CSF and serum IgG (Fig. 2, MS-1, rightmost tree).

Stern and colleagues applied high-throughput sequencing on B cells in paired samples from cervical lymph nodes and brains of MS patients.⁸⁴ They found considerable overlap between the B-cell repertoire in the CNS and the lymph nodes. On the other hand, some clones were only present in a single compartment, and the repertoire tended to be more focused in the CNS compared to the periphery. Most importantly, they found that a greater proportion of clonal founders within cervical lymph nodes, suggesting that initiation of the B-cell maturation occur in secondary lymphoid tissue outside the CNS.⁸⁴

The findings of clonally related T cells and B cells on both sides of the blood–brain barrier are particularly interesting in the light of the discovery of the drainage of the interstitial fluid of the brain through the so-called “glymphatic” pathway,¹⁰¹ and more recently of a lymphatic drainage system from the brain to deep cervical lymph nodes.^{102,103} These findings corroborate early studies suggesting that the afferent arm of the immune system is operating in the brain.¹⁰⁴ The existence of such lymphatic vessels also offers a path for the egression of immune cells from the CNS, and could thus contribute to explain the finding of identical and clonally related T cells and B cells, as well as IgG, in blood and CSF.

Prospects and Promise

High-throughput sequencing of immune repertoires in MS has so far been limited to genes encoding one of the two antigen receptor chains. Paired sequencing of both chains will significantly increase the resolution of the analysis. For BCR sequencing, paired data will make it possible to explore somatic mutations also in the V region of the light chain, capturing a more accurate picture of the affinity maturation. Importantly, paired-chain sequencing will also enable recombinant expression of TCRs and BCRs for studies of receptor specificities.

For high-frequency B-cell clones, it is possible to pair heavy and light chains based on their relative frequencies,¹⁰⁵ and a combinatorial approach has recently been developed to match the α - and β -chains in high-throughput TCR sequencing.¹⁰⁶ Recent technological advances have also made it possible to increase the throughput of single-cell analyses.¹⁰⁷ By barcoding transcripts from the same cell or by linking sequences during cDNA synthesis, it is possible to perform high-throughput sequencing on paired templates in heterogeneous samples.^{108,109} Moreover, in order to link TCR and BCR sequences to functional T- and B-cell phenotypes, it is possible to simultaneously assess the receptor sequences and the transcript expression from single cells.¹¹⁰

It has been shown that immunoglobulin V region polymorphisms may have a profound impact on immune responses,¹¹¹ and high-throughput sequencing has recently revealed that there is a plethora of undiscovered immunoglobulin V gene segment alleles.¹¹² By detailed mapping of germline immunoglobulin segments in large cohorts of MS patients and controls, high-throughput sequencing technology may reveal novel disease-associated V gene polymorphisms.

As our knowledge of the MS pathogenesis expands, new applications of high-throughput sequencing of immune repertoires will likely emerge. Novel strategies for antigen-specific tolerization have recently been suggested.⁴⁰ If selective immunotherapy were to become a reality, high-throughput sequencing would be well suited to monitor pathogenic clones posttreatment. This would parallel the tracking of minimal residual disease, which shows great promise in the follow-up of lymphoid malignancies.¹¹³

Conflict of Interest

None declared.

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