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FULMINANT CORTICOBASAL DEGENERATION: AGRYPNIA EXCITATA IN CORTICOBASAL SYNDROME



Corticobasal degeneration (CBD) may be expressed as an atypical parkinsonism with a mean disease survival of about 7 years,¹ the shortest reported survival being 24 months.² We report a patient with corticobasal syndrome (CBS) and pathology-confirmed CBD whose 10-month course was manifested as a frontal alien hand evolving into agrypnia excitata.

Case report. A 60-year-old man without family history of neurologic illnesses developed falls and worsening dexterity of his right arm over 4 months, followed by severe insomnia and episodes of intermittent truncal tremor triggered by limb movement. By 7 months, he had developed an asymmetric parkinsonism with marked rigidity, high-frequency jerky hand tremor, and hyperreflexia. He had right-hand ideomotor apraxia but no cortical sensory loss. He exhibited picking movements with his right hand, which he did not perceive as alien (video on the *Neurology*[®] Web site at Neurology.org).

His medical history included hepatitis C–associated liver cirrhosis, diagnosed 3 years previously, and ribavirin-induced peripheral neuropathy. Brain MRI showed only minimal atrophy of the left posterior frontal and anterotemporal lobes (figure, A). PET with fluorodeoxyglucose showed mild decreased metabolic activity in the posterior parietal lobes and the bilateral thalami (figure, B). Routine CSF studies had normal results, including 14-3-3 protein. Levodopa yielded no benefits. By 8 months, he was bedbound, was unable to fall or remain asleep, and appeared to be in a constant dream-like state (detailed observations by his daughter during this period are available online as supplemental correspondence). He also manifested paranoid ideation and hallucinations. He died within 10 months after symptom onset.

Postmortem examination. The brain weighed 1,275 g. The left hemisphere showed mild frontal and parietal atrophy. There was moderate to severe neuronal cell loss and gliosis in the neocortex, basal ganglia, thalamus, and midbrain. Microvacuolization (spongiform change) was present within the superficial neocortex, most prominent in the middle frontal

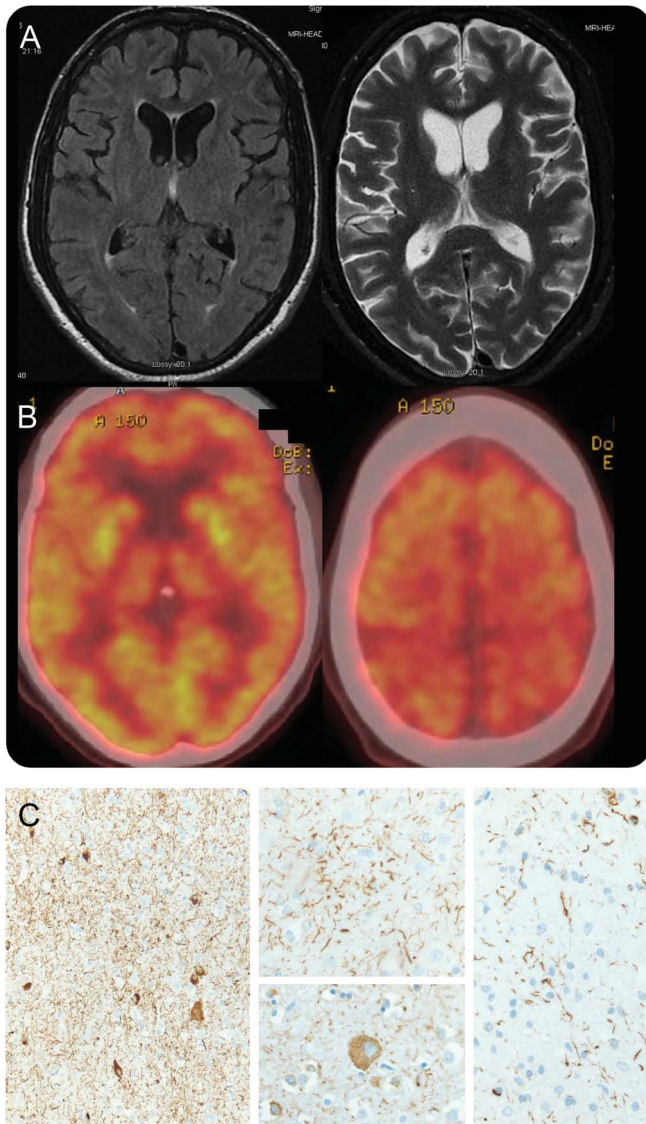
gyrus, cingulate gyrus, and inferior parietal lobule. No Lewy bodies were identified in the brain with hematoxylin & eosin staining. α -Synuclein staining was negative in the brainstem. 4R tau-immunoreactive neurons and astroglia, thread-like deposits, astrocytic plaques, and coiled bodies were found throughout the cerebral cortex, basal ganglia, subthalamic nucleus, cerebellar dentate nucleus, midbrain, pons, and medulla (figure, C). Within the thalamus, there was severe neuronal and glial tau deposition within the ventral lateral and reticular nuclei, as well as the zona incerta. There was moderate involvement of the dorsomedial nucleus, but relatively sparse involvement of the anterior (anteroventral) nucleus with only a few tau-immunoreactive neurons. Swollen achromatic balloon-like neurons were also documented. There was no associated β -amyloid staining. Tissue submitted to the National Prion Disease Pathology Surveillance Center showed no evidence of abnormal, protease-resistant prion protein. Genetic analysis on frozen tissue did not reveal mutations in *MAPT* exons 9 through 13. These findings were diagnostic of CBD.

Discussion. While asymmetric levodopa-unresponsive parkinsonism with ideomotor apraxia suggested CBS, there were 2 main atypical features: (1) very rapid progression, not beyond the 1 year required by current criteria,¹ suggesting a prionopathy; and (2) severe insomnia, which evolved into a state of oneiric stupor, characteristic of agrypnia excitata.³

Previous reports of very rapidly progressive CBS (death within a year) have not been due to CBD but rather to Creutzfeldt-Jakob disease (CJD).^{4,5} Our case suggests that CBS due to CBD pathology may exceptionally have a rapid, nearly fulminant course, leading to death in months. The associated hepatitis C–associated liver cirrhosis probably did not contribute to disease progression: there was no clinical hepatopathy or corresponding imaging or neuropathologic brain changes. The rapid progression could be related to the prominent tau pathology in the thalamus, affecting the thalamo-limbic circuit and severely disrupting sleep. Other rapidly progressive pathologies associated with thalamic involvement include prionopathies (fatal familial insomnia [FFI], CJD, and variant CJD), encephalopathy due to

Supplemental data
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Figure Selected brain MRI, fluorodeoxyglucose PET, and histopathology images



(A) Axial brain MRI demonstrates mild atrophy of the left posterior frontal and anterotemporal lobes, widening the sylvian fissure. There was no abnormal signal in T1 or T2/fluid-attenuated inversion recovery sequences. (B) Fluorodeoxyglucose PET shows mild symmetric decreased metabolic activity in the posterior parietal lobes near the vertex, as well as in the thalamus. (C) Histopathology (tau immunohistochemistry) demonstrated abnormal tau deposition within neurons and glia associated with prominent thread-like deposits within gray and white matter. Frontal cortical gray matter (left; original magnification 100 \times). Astrocytic plaque (center top) and balloon neuron (center bottom; original magnification 400 \times). White matter with coiled bodies and thread-like deposits (right; original magnification 400 \times).

anti-voltage-gated potassium channel complex (VGKC) antibodies, and Wernicke encephalopathy.³

Compromise of the thalamo-limbic circuit may be the underlying cause for sleep-wake alterations characteristic of *agrypnia excitata*,³ due to either anatomic interruption, as in FFI, or functional blockade caused by VGKC antibodies or delirium tremens.³ A characteristic of *agrypnia excitata* is the recurrence of stereotyped gestures mimicking simple daily life activities, known as *oneiric stupor*.³ We speculate that

the unusually severe burden of tau pathology in the thalamus, correlating with the hypometabolism documented by PET, may have contributed to our patient's profound insomnia. The pattern of tau deposition within the thalamus, indicating the severity of involvement by CBD, partially overlaps with areas involved by FFI, namely the dorsomedial nucleus. The anteroventral nucleus, typically severely affected in FFI,⁶ appeared relatively uninvolved in this case. Given the rarity of severe sleep disturbances in CBD, future studies of the relationship between thalamic involvement and sleep disorders in CBD will require a large multisite clinicopathologic study.

Our case highlights the localizing value of the frontal variant of the alien hand syndrome, where the grasping or picking behaviors are not endorsed as truly alien, as is the case with the classic (parieto-occipital) alien hand of CBS, often associated with levitation and cortical sensory deficits^{7,8} (table e-1).

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CEREBRAL HEMODYNAMIC CHANGES DURING LIMB-SHAKING TIA: A NEAR-INFRARED SPECTROSCOPY STUDY



Limb-shaking (LS) TIA is a rare form of TIA manifesting as involuntary movements involving one or more limbs. Cerebral ischemia in the context of hemodynamic failure has been incriminated.¹ Indeed, LS-TIAs are associated with severe carotid stenocclusive disease and often precipitated by a decrease in blood pressure.¹ A limited number of studies using transcranial Doppler,² ¹³³xenon SPECT,³ or ¹⁵O-H₂O-PET⁴ have shown reduced regional cerebral blood flow (CBF) and diminished vasomotor reactivity. The latter techniques can only provide a single snapshot of regional CBF and do not allow for continuous assessment of cerebral hemodynamic changes during an actual LS-TIA. Functional near-infrared spectroscopy (fNIRS) is a neuroimaging technique that can noninvasively monitor at the bedside cortical changes in oxyhemoglobin (HbO₂), deoxyhemoglobin (HbR), and total hemoglobin (HbT, as a proxy to cerebral blood volume).⁵ We report the hemodynamic changes observed throughout the course of LS-TIAs using a simultaneous multichannel fNIRS-EEG system.

Case report. A 61-year-old man was admitted for daily episodes of right upper LS and leg weakness for the last 3 weeks, more often while standing. The patient had been hospitalized 12 years ago for a left hemispheric stroke in association with a 60% stenosis of the M1 segment of the left middle cerebral artery (MCA), which subsequently became occluded later that same year. He recovered well until 2 months prior to admission, at which time he experienced right-sided amaurosis fugax. CT angiography at that time showed a 30% stenosis of the supraclinoid right

internal carotid artery (ICA) without any significant stenosis of the external carotid artery.

On admission, neurologic examination was normal. MRI disclosed no acute lesions. Magnetic resonance angiogram revealed interval progression of the right supraclinoid ICA narrowing to a severe stenosis of more than 70% (figure e-1A on the *Neurology*[®] Web site at Neurology.org). Dynamic susceptibility contrast T2*-weighted perfusion (figure e-1B) and arterial spin labeling perfusion (figure e-1C) both confirmed decreased relative CBF to the left MCA territory while relative CBF within the right carotid artery territory appeared maintained despite the aforementioned stenosis.

A portable fNIRS-EEG system developed in-house was used to record real-time HbO₂, HbR, and HbT over the fronto-temporo-parietal regions bilaterally. This system has been described previously.⁶ Briefly, our system includes 32 light sources and 32 photodetectors offering a total of 128 NIRS channels with an average interoptode distance of 3 cm. As the patient stood up, blood pressure gradually decreased from 134/70 mm Hg to 90/54 after 10 minutes, at which point he experienced tremor of the right forearm and hand associated with weakness of both legs and mild dysarthria (video). fNIRS showed over bilateral (left more than right) dorsolateral frontal cortices a progressive decrease in HbO₂ and HbT as well as an increase in HbR over a 1-minute period prior to the onset of LS (figure 1). These changes normalized within 15 seconds after the patient sat down, and LS subsided. Three additional LS episodes were recorded, which revealed similar hemodynamic changes starting 20–60 seconds prior to LS and weakness. Simultaneous EEG monitoring showed diffuse slow (3–50 μ V, 4–6 Hz theta) activity (more predominantly over the left parasagittal regions) at the moment of LS.

Supplemental data
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