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miR-223 contributes to the AGE-promoted apoptosis via down-regulating insulin-like growth factor 1 receptor in osteoblasts

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Synopsis

Advanced glycation end products (AGEs) have been confirmed to induce bone quality deterioration in diabetes mellitus (DM), and to associate with abnormal expression of miRNAs in DM patients or *in vitro*. Recently, miRNAs have been recognized to mediate the onset or progression of DM. In the present study, we investigated the regulation on *miR-223* level by AGE-BSA treatment in osteoblast-like MC3T3-E1 cells, with real-time quantitative PCR assay. And then we examined the inhibition of insulin-like growth factor 1 receptor (IGF-1R) expression by *miR-223*, via targeting of the 3' UTR of IGF-1R with real-time quantitative PCR, western blotting and luciferase reporter assay. Then we explored the regulation of *miR-223* and IGF-1R levels, via the lentivirus-mediated *miR-223* inhibition and IGF-1R overexpression in the AGE-BSA-induced apoptosis in MC3T3-E1 cells. It was demonstrated that AGE-BSA treatment with more than 100 $\mu\text{g/ml}$ significantly up-regulated *miR-223* level, whereas down-regulated IGF-1R level in MC3T3-E1 cells. And the up-regulated *miR-223* down-regulated IGF-1R expression in both mRNA and protein levels, via targeting the 3' UTR of *IGF-1R*. Moreover, though the AGE-BSA treatment promoted apoptosis in MC3T3-E1 cells, the IGF-1R overexpression or the *miR-223* inhibition significantly attenuated the AGE-BSA-promoted apoptosis in MC3T3-E1 cells. In summary, our study recognized the promotion of *miR-223* level by AGE-BSA treatment in osteoblast-like MC3T3-E1 cells. The promoted *miR-223* targeted IGF-1R and mediated the AGE-BSA-induced apoptosis in MC3T3-E1 cells. It implies that *miR-223* might be an effective therapeutic target to antagonize the AGE-induced damage to osteoblasts in DM.

Key words: advanced glycation end products (AGEs), apoptosis, insulin-like growth factor 1 receptor (IGF-1R), *miR-223*, osteoblasts.

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INTRODUCTION

Diabetes mellitus (DM) is a global metabolic disorder, which is characterized with hyperglycaemia and hyperglycaemia-associated complications. And various molecules important for the initiation and progression of DM have been recognized. In particular, global proteome profiles of tissue and serum samples from T2DM patients or mouse models have identified lots of proteins, which are associated with the pathogenesis of T2DM [1–4]. miRNAs are a group of small and non-coding small RNA molecules that bind to the 3' UTRs of target genes and regulate

their expression predominantly at the post-transcriptional level [5,6]. Recently, miRNAs has been extensively recognized to implicate in the pathogenesis of such diseases as cancers [7] and also DM [7,8]. miRNAs are abnormally expressed in insulin-targeted organs (liver, muscle and adipose tissues) [9,10] or circulating blood [8]. And the abnormally-expressed miRNAs mediate or indicate the onset/progression of DM.

Advanced glycation end products (AGEs) develop mainly via the Maillard reaction [11] and are extremely accumulated in DM [12,13]. And AGEs have been confirmed to contribute to the pathogenesis of multiple diabetic complications such as diabetic retinopathy [14], diabetic nephropathy [15] and other micro- or

Abbreviations: AGE, advanced glycation end product; DM, diabetes mellitus; H.P.T., hours post-treatment; IGF-1R, insulin-like growth factor 1 receptor; miR-Con, control miRNA; MOI, multiplicity of infection; ROS, reactive oxygen species; RAGE, the receptor for advanced glycation endproducts

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marcovascular complications [16,17]. AGEs are also reported to be associated with the increased risk of bone fracture and delayed fracture healing [18,19]. In addition, AGEs promote intracellular reactive oxygen species (ROS), the mitogen-activated protein kinase (MAPK) cascade, activate nuclear factor- κ B (NF- κ B) and AP1 [20–22] and thus promote the apoptosis [23–25] in various types of cells [19,26]. Therefore, the AGEs pose important deregulation on the bone fracture healing in the context of DM.

Far more recently, it has been indicated that AGEs are associated with several miRNAs as *miRNA-146a* [27], *miRNA-214* [28] and *miRNA-223* (*miR-223*) [29] in DM patients or *in vitro*. *miRNA-214* was recognized to target phosphatase and tensin homologue (PTEN) and mediated the AGE-induced apoptosis in monocytes [28]. And the platelet-secreted *miR-223* regulated the endothelial cell apoptosis which was induced by AGEs via targeting the insulin-like growth factor 1 receptor (IGF-1R) [29]. However, it remains to be elucidated whether miRNAs such as *miR-223* play a role in the AGE-induced functional changes of osteoblasts.

In the present study, we investigated the *miR-223* promotion by AGE-BSA treatment in osteoblast-like MC3T3-E1 cells, and examined the targeting of the 3' UTR of *IGF-1R* and the inhibition of IGF-1R expression by *miR-223*. Then we explored the association of *miR-223* promotion with the AGE-BSA-induced apoptosis in MC3T3-E1 cells.

EXPERIMENTAL

MC3T3-E1 cell culture and treatment

Mouse osteoblastic MC3T3-E1 cells (A.T.C.C.) were cultured in RPMI 1640 medium (Invitrogen), supplemented with 10% FBS (Gibco) in a humidified incubator with 5% CO₂ at 37 °C. Glycoaldehyde-AGE-BSA (AGE-BSA) was purchased from BioVision, with more than 70-folds of glycation than BSA (Sigma–Aldrich), and was dissolved in PBS (pH 7.4) with a concentration of 10 mg/ml before use. For the AGE-BSA treatment of MC3T3-E1 cells, AGE-BSA or BSA was diluted or was dissolved in RPMI 1640 medium with 2% FBS, with a final concentration of 0, 50, 100, 200 or 400 μ g/ml. Then MC3T3-E1 cells which were seeded in a plate with more than 80% confluence were incubated with the AGE-BSA- or BSA-contained RPMI 1640 medium with 2% FBS for 0, 6, 12, 24 or 48 h. To promote the *miR-223* level in the MC3T3-E1 cells with or without AGE-BSA treatment, *miR-223* mimics (mature sequence: 5'-ugucaguuuucaauacccca-3', Sigma–Aldrich) or control miRNA (miR-Con; mature sequence: 5'-ugggcguauagacguguuacac-3', Sigma–Aldrich) were transiently transfected with Lipofectamine RNAiMax (Invitrogen) for 12 or 24 h. To overexpress IGF-1R in MC3T3-E1 cells, the IGF-1R CDS (coding sequence) was cloned into the pcDNA3.1(+) vector (Invitrogen) with GST as negative control. And the IGF-1R-pcDNA3.1(+) or control GST-pcDNA3.1(+) plasmid was transfected into MC3T3-E1

cells by lipofectamine 2000 (Invitrogen). To abrogate the *miR-223*, MC3T3-E1 cells were infected with the lentivirus-mediated *miR-223* inhibitor or the Lenti-Con virus (both were synthesized and were packed by Sigma–Aldrich with a multiplicity of infection (MOI) of 2 or 5.

Real-time quantitative PCR analysis of miRNA and mRNA samples

miRNA samples from MC3T3-E1 cells were prepared using the mirVana™ miRNA Isolation Kit (Ambion) under the guidance of the product's manual. And the quantitative analysis of *miR-223* level was performed with the NCode™ EXPRESS SYBR® GreenER™ miRNA qRT-PCR Kit (Thermo Fisher Scientific) according the manufacturer's guidance. Cellular mRNA was isolated with the TRIzol reagent (Life Technologies) and was supplemented with RNasin® Plus RNase Inhibitor (Promega). The quantitative analysis of IGF-1R mRNA level was performed with the Takara One Step RT-PCT kit (Takara). The quantification of *miR-223* or IGF-1R was relative presented with U6 or β -actin as reference gene, via the $\Delta\Delta$ Ct method [30].

Western blot analysis of IGF-1R

3 x 10⁵ MC3T3-E1 cells post-treatment were lysed with the ice-cold Cell Lysis Buffer (Cell Signaling Technology Inc.); then the cell lysate was centrifuged with 13 600 g at 4 °C for 30 min and was quantified using BCA Protein Assay Reagent Kit (Pierce). Each protein sample was successively subject to the electrophoresis with 10% SDS/PAGE gradient gel, then transfer to nitrocellulose membrane (Millipore), to the blockage for non-specific binding sites on the membrane with 5% skimmed milk (4 °C overnight), to the incubation (room temperature for 2 h) with the rabbit polyclonal antibody to IGF-1R (Abcam) or to β -actin (Sigma–Aldrich), and then to the incubation (room temperature for 1 h) with the incubation with horseradish peroxidase-linked secondary antibodies (Pierce). And the specific binding band to IGF-1R or to β -actin was then quantified with ECL detection systems (Thermo Scientific).

Luciferase reporting assay

The 3' UTR of IGF-1R containing the *miR-223*-targeted sequence (5'-aacugaca-3') was amplified from human chromosomal DNA and was cloned into the pGL3-luciferase basic vector (Promega). The IGF-1R^{mut} Reporter containing the *miR-223*-non-targeted sequence (5'-UUGACUGU-3') was also constructed as a control reporter plasmid. For the luciferase assay, MC3T3-E1 cells were transfected with 25 or 50 nM *miR-223* mimics or miR-Con, following the transfection with the IGF-1R reporter plasmid or the IGF-1R^{mut} Reporter plasmid via lipofectamine 2000 (Invitrogen). Twenty-four hours post-transfection, Dual luciferase re-reporter assay kit (Promega) was utilized to measure luciferase activity in MC3T3-E1 cells.

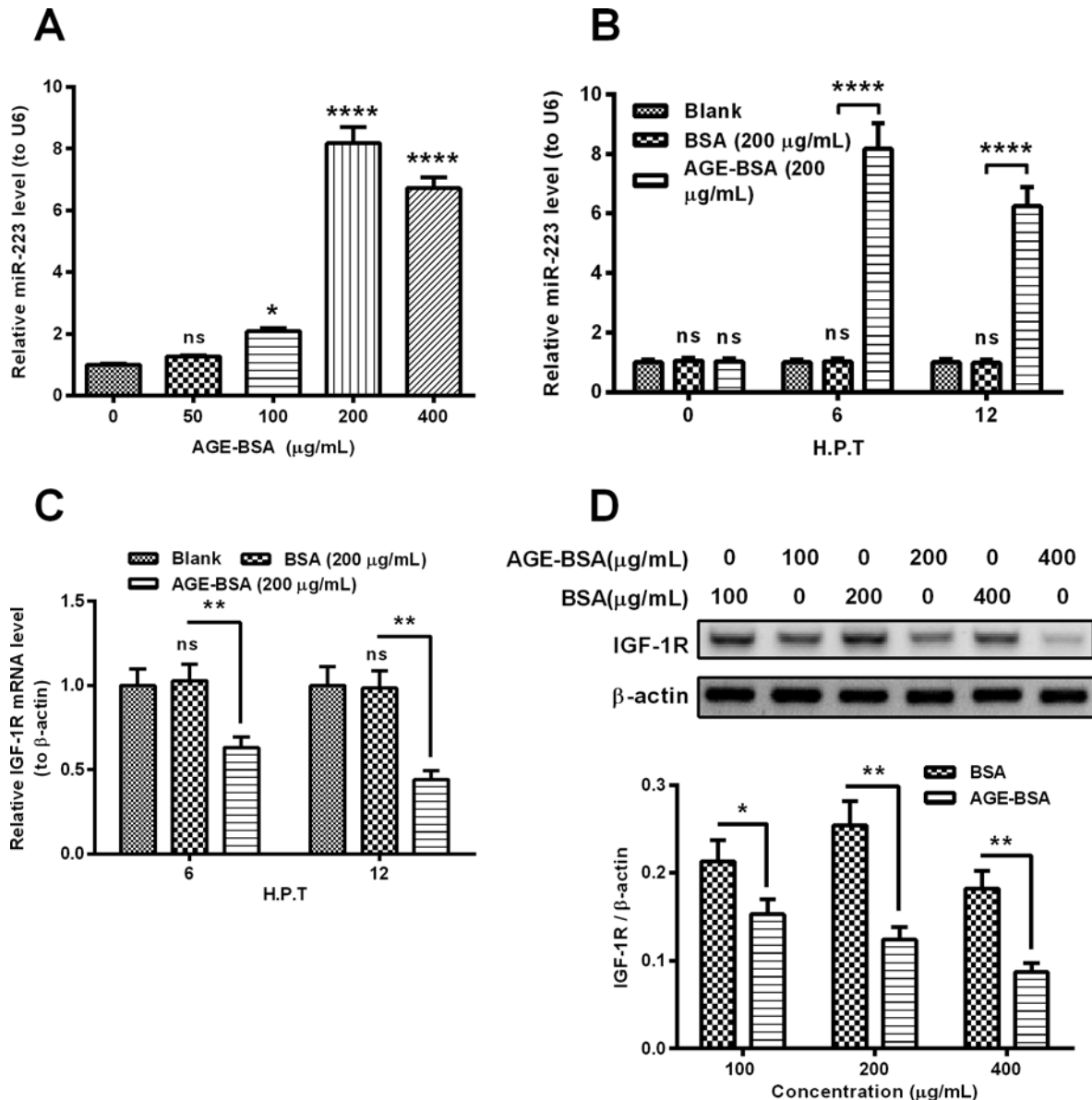


Figure 1 AGE-BSA treatment up-regulates *miR-223* level, whereas down-regulates IGF-1R level in osteoblast-like MC3T3-E1 cells

(A) MC3T3-E1 cells were treated with 0, 50, 100, 200 or 400 µg/ml AGE-BSA for 6 h, then the *miR-223* level was assayed, with RT-qPCR, with U6 as a reference; (B) *miR-223* level in MC3T3-E1 cells which were treated with or without 200 µg/ml AGE-BSA or BSA for 6 or 12 h; (C) mRNA level of IGF-1R in MC3T3-E1 cells which were treated with or without 200 µg/ml AGE-BSA or BSA for 6 or 12 h; (D) western blot analysis of IGF-1R in protein level in the MC3T3-E1 cells post the treatment with 100, 200 or 400 µg/ml AGE-BSA or BSA for 24 h. Each data were averaged for triple independent result, ns: no significance, * $P < 0.05$, ** $P < 0.01$ or **** $P < 0.0001$.

MTT assay, apoptosis assay and caspase 3 activity assay

Viability of MC3T3-E1 cells was evaluated with MTT assay. In brief, MC3T3-E1 cells seeded in 96-well plate with 85% confluence were treated with 0, 50, 100, 200 or 400 µg/ml AGE-BSA or with 200 µg/ml BSA for 24 or 48 h and were added with the MTT buffer with a final concentration of 5 mg/ml and were incubated at 37°C for 4 h. Post the removal of cell supernatant,

cells then were added with 200 µl DMSO, and the D_{570} value was measured at 570 nm wavelength using a microplate reader (Bio-Rad Laboratories). Cellular viability was presented as a percent level to control.

The AGE-BSA-induced apoptosis of MC3T3-E1 cells was evaluated with an Annexin V-FITC Apoptosis Detection Kit (Abcam). Briefly, the AGE-BSA- or BSA-treated MC3T3-E1 cells, with or without the transfection with IGF-1R-pcDNA3.1 (+) or

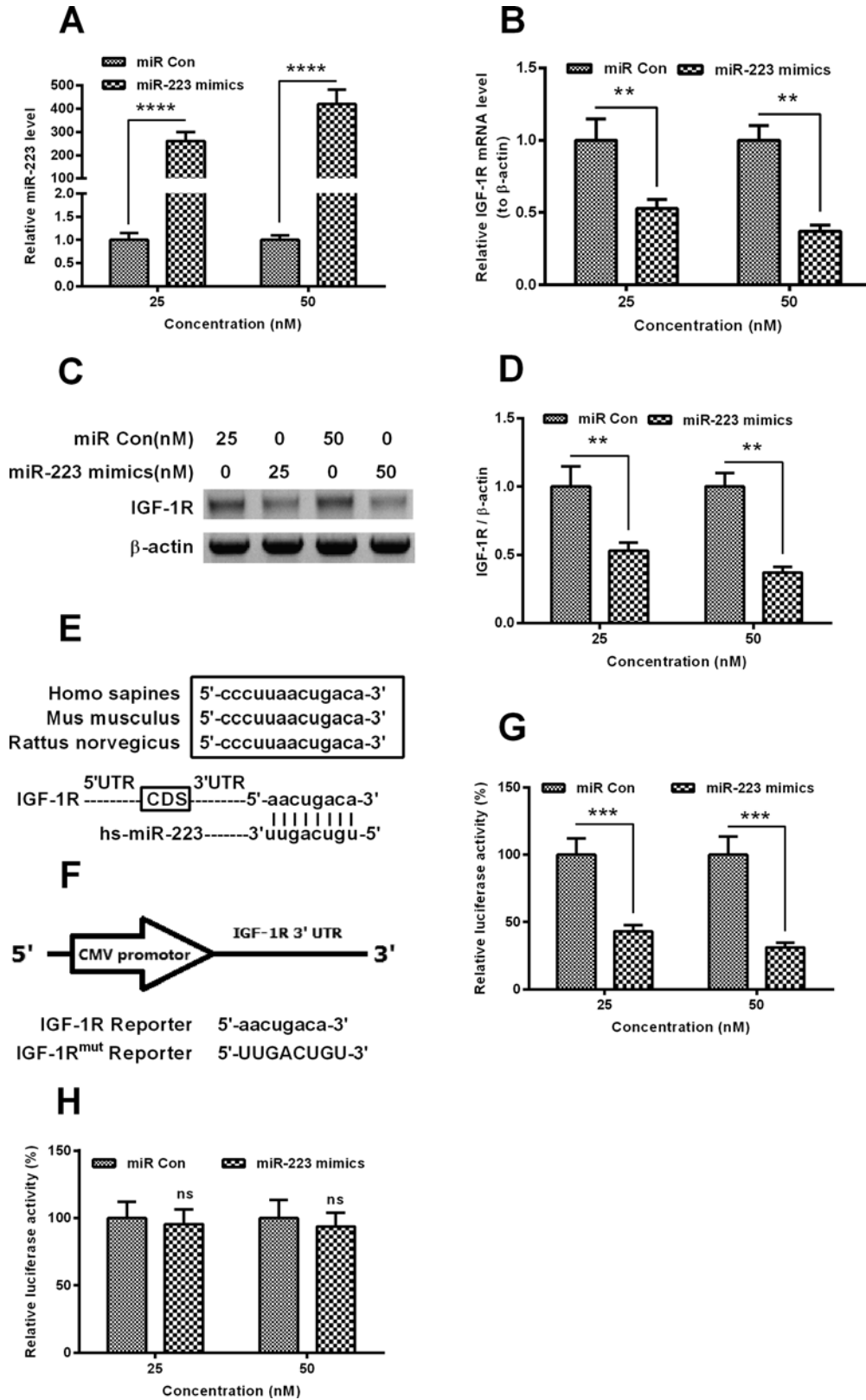


Figure 2 *miR-223* targets the 3' UTR of *IGF-1R* gene and inhibits the *IGF-1R* expression

control GST-pcDNA3.1(+) plasmid, with the infection with 2 or 5 MOI of Lenti-*miR-223* inhibitor or Lenti-Con virus were collected and were suspended in the 400 μ l $1 \times$ binding buffer at a concentration of 5×10^5 cells/ml, then 5 μ l of Annexin V-FITC and propidium iodide was added in the cell suspension with an incubation at dark for 10 min; and then cells were performed flow cytometry analysis. The apoptotic cells were presented as a percentage to total cells. The caspase 3 activity was performed with the caspase 3 activity assay kit (Roche Diagnostics GmbH) according to the manual. And the activity was expressed as a relative value to control.

Statistical analysis

Statistical analyses were performed using GraphPad Prism 6 (GraphPad Software). The *miR-223* level, IGF-1R in mRNA or protein level, the relative luciferase activity, the percentage of apoptotic cells, the caspase 3 activity between two groups were analysed by Student's *t* test. A *P* value <0.05 or less was considered significance.

RESULTS

Up-regulation of *miR-223* and down-regulation of IGF-1R by AGE-BSA in osteoblast-like MC3T3-E1 cells

To investigate the regulation by AGEs on the *miR-223* expression in osteoblasts, we incubated MC3T3-E1 cells with serially-diluted AGE-BSA and examined the *miR-223* level with quantitative PCR method. As shown in Figure 1A, the AGE-BSA treatment with more than 100 μ g/ml significantly up-regulated the *miR-223* level in the MC3T3-E1 cells ($P < 0.01$ or $P < 0.0001$). And such up-regulation was confirmed in either 6 or 12 h post-treatment (H.P.T.) for 100 μ g/ml AGE-BSA (either $P < 0.0001$, Figure 1B). It was reported that *miR-223* targeted and inhibited IGF-1R in several types of cells [31–33]; we then examined the IGF-1R expression in both mRNA and protein levels in the AGE-BSA-treated MC3T3-E1 cells. Figure 1C demonstrated that compared with the treatment with BSA (200 μ g/ml), the AGE-BSA treatment (200 μ g/ml) markedly down-regulated the IGF-1R mRNA level at either 6 or 12 H.P.T. ($P < 0.01$ for 0.6317 ± 0.0643 compared with 1.0288 ± 0.0967

at 6 H.P.T. or $P < 0.01$ for 0.4436 ± 0.0521 compared with 0.9856 ± 0.1015 at 12 H.P.T.). And the western blotting assay confirmed the down-regulation of IGF-1R in the AGE-BSA-treated MC3T3-E1 cells. The relative protein level of IGF-1R was markedly down-regulated in the MC3T3-E1 cells treated with 100, 200 or 400 μ g/ml AGE-BSA ($P < 0.05$ or $P < 0.01$, Figure 1D). Thus, we found the up-regulation of *miR-223* and the down-regulation of IGF-1R in AGE-BSA-treated MC3T3-E1 cells.

miR-223 targets and inhibits IGF-1R in MC3T3-E1 cells

To associate the *miR-223* up-regulation with the down-regulated IGF-1R, and to confirm the targeted inhibition of IGF-1R by *miR-223* in MC3T3-E1 cells, we then investigated the regulation by *miR-223* up-regulation on the IGF-1R expression in MC3T3-E1 cells. It was indicated in Figure 2A that the transfection with 25 or 50 nM *miR-223* mimics markedly promoted the *miR-223* level at 12 H.P.T. ($P < 0.0001$ respectively). Moreover, both mRNA ($P < 0.01$ for 25 or 50 nM, Figure 2B) and protein ($P < 0.01$ for 25 or 50 nM, Figures 2C and 2D) levels of IGF-1R were markedly down-regulated by the transfection with 25 or 50 nM *miR-223* mimics. And to reconfirm such targeted down-regulation of IGF-1R by *miR-223*, we constructed a luciferase reporter with the 3' UTR. Figure 2E demonstrated the high homologous 3' UTR sequence of *IGF-1R* from *Homo sapiens*, *Mus musculus* or *Rattus norvegicus*; and the sequence of the IGF-1R reporter, with *miR-223* target, or the IGF-1R^{mut} reporter, without the *miR-223* target was confirmed by sequencing (Figure 2F). As shown in Figure 2G, the luciferase assay with IGF-1R reporter demonstrated that the transfection with either 25 or 50 nM *miR-223* dramatically down-regulated the luciferase activity than the miR-Con (either $P < 0.001$), whereas there was no such difference between *miR-223* and miR-Con, in the context of the luciferase assay with IGF-1R^{mut} reporter. Therefore, we confirmed the targeting inhibition of IGF-1R expression by *miR-223* in MC3T3-E1 cells.

AGE-BSA treatment promotes apoptosis in MC3T3-E1 cells

To investigate the influence posed by AGE-BSA treatment on the cell apoptosis, MC3T3-E1 cells were subject to 50, 100, 200 or 400 μ g/ml for 48 h, and the cellular viability was examined with

Figure 2 Continued

(A) *miR-223* level in MC3T3-E1 cells which were transfected with 25 or 50 nM *miR-223* mimics or scramble miRNA (miR-Con) for 12 h; (B) mRNA level of IGF-1R in the *miR-223* mimics- or miR-Con-transfected MC3T3-E1 cells (25 or 50 nM for 12 h); (C and D) protein level of IGF-1R, by western blotting, in the *miR-223* mimics- or miR-Con-transfected MC3T3-E1 cells (25 or 50 nM for 24 h), with β -actin as control; (E) alignment of the consensus target sequence with IGF-1R 3' UTR from *H. sapiens*, *M. musculus* and *R. norvegicus* with *Homo sapiens miR-223* (hs-*miR-223*); (F) schematic presentation of a luciferase reporter with the IGF-1R 3' UTR. The IGF-1R 3' UTR or the mutant IGF-1R 3' UTR was inserted behind the cytomegalovirus promoter; (G and H) relative luciferase of the reporter with the 3' UTR of IGF-1R (G) or the mutant 3' UTR of IGF-1R (H) with *Renilla* luciferase as internal control, in MC3T3-E1 cells, post the *miR-223* mimics or scrambled oligonucleotide transfection. Each data were averaged for triple independent result. Statistical significance was considered when $P < 0.05$ or less, ns: no significance, ** $P < 0.01$, *** $P < 0.001$ or **** $P < 0.0001$.

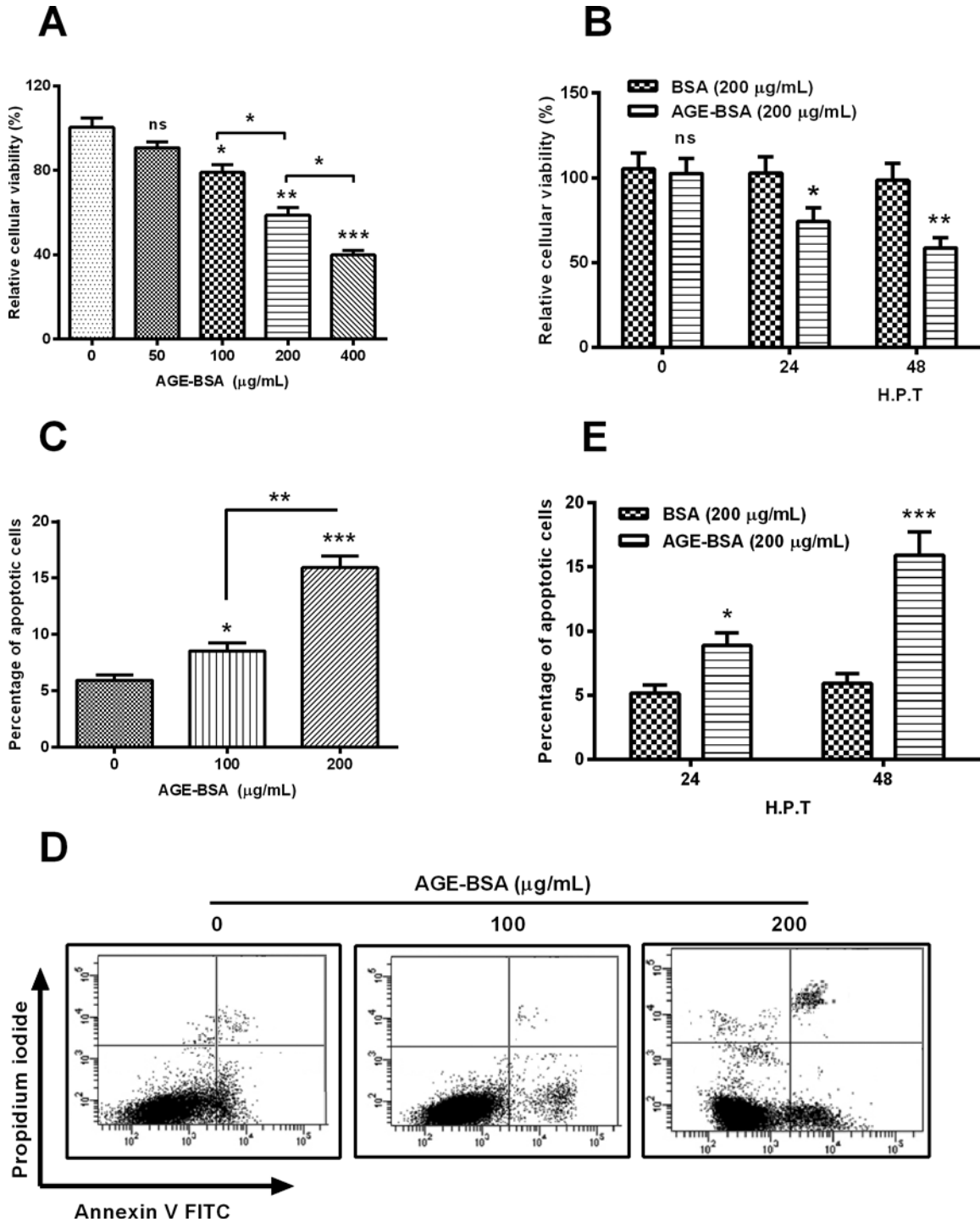


Figure 3 AGE-BSA reduces the viability and induces apoptosis in MC3T3-E1 cells

(A) MC3T3-E1 cells were treated with 0, 50, 100, 200 or 400 $\mu\text{g/mL}$ AGE-BSA for 48 h, then the cellular viability was examined with MTT assay; (B) viability of MC3T3-E1 cells which were treated with 200 $\mu\text{g/mL}$ AGE-BSA or BSA for 24 or 48 h; (C and D) apoptosis of MC3T3-E1 cells which were treated with 0, 100 or 200 $\mu\text{g/mL}$ AGE-BSA, revealing by the flow cytometry analysis; (E) apoptosis of MC3T3-E1 cells which were treated with 200 $\mu\text{g/mL}$ AGE-BSA or BSA for 24 or 48 h; ns: no significance, * $P < 0.05$, ** $P < 0.01$ or *** $P < 0.001$.

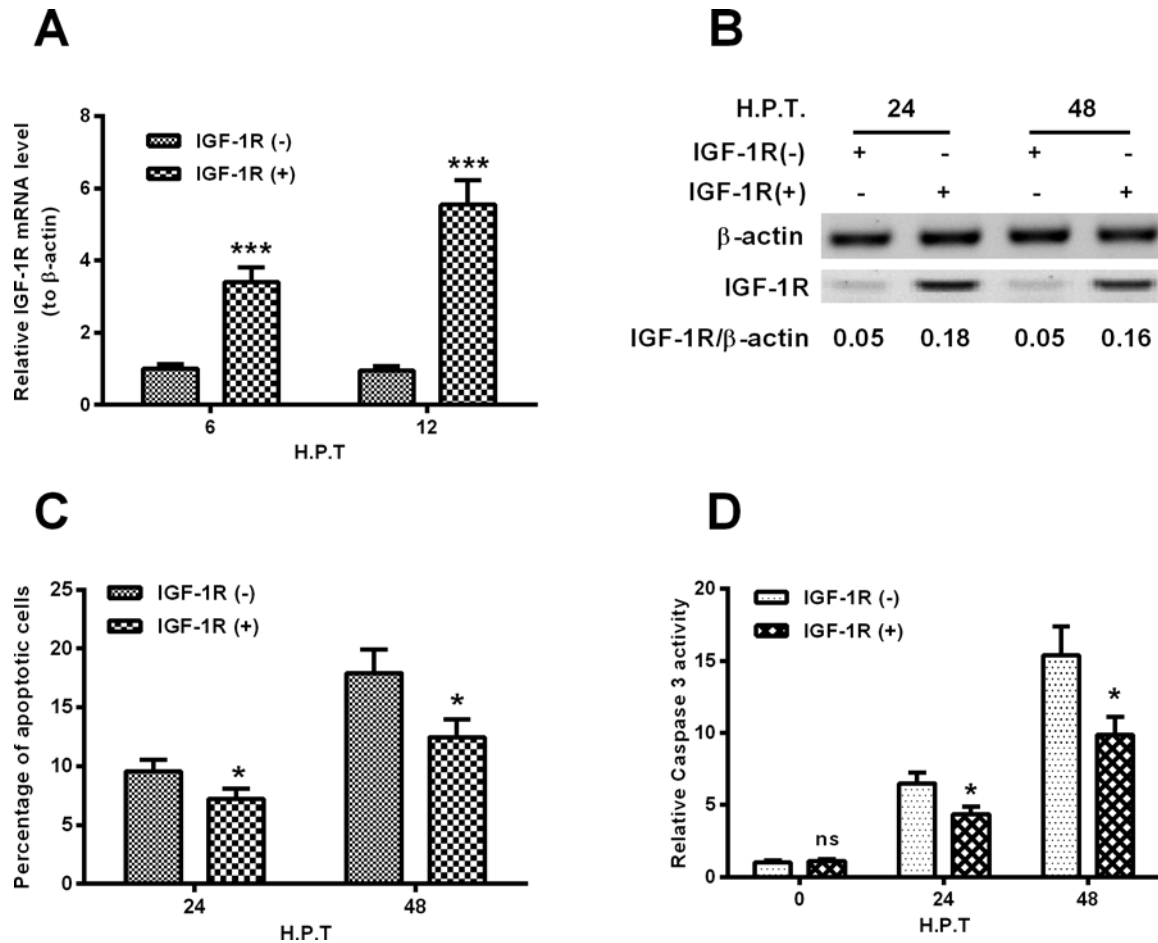


Figure 4 Overexpression of IGF-1R inhibits the AGE-BSA-induced apoptosis of MC3T3-E1 cells

(A) mRNA level of IGF-1R in the MC3T3-E1 cells which were transfected with IGF-1R-pcDNA3.1(+) or GST-pcDNA3.1(+) plasmid for 6 or 12 h, in the presence of 200 μ g/ml AGE-BSA; (B) western blot analysis of IGF-1R in protein level in the MC3T3-E1 cells which were transfected with IGF-1R-pcDNA3.1(+) or GST-pcDNA3.1(+) plasmid for 24 or 48 h, in the presence of 200 μ g/ml AGE-BSA; (C and D) apoptosis (C) and caspase 3 activity (D) in the MC3T3-E1 cells which were transfected with IGF-1R-pcDNA3.1(+) or GST-pcDNA3.1(+) plasmid for 24 or 48 h, in the presence of 200 μ g/ml AGE-BSA. All experiments were performed in triplicate independently and statistical significance was showed as * $P < 0.05$ or *** $P < 0.001$.

MTT assay. Figure 3A indicated that AGE-BSA treatment with more than 100 μ g/ml markedly reduced the viability of MC3T3-E1 cells ($P < 0.05$, $P < 0.01$ or $P < 0.001$) dose-dependently ($P < 0.05$). Compared with the treatment with 200 μ g/ml BSA, the 200 μ g/ml AGE-BSA reduced the cellular viability at either 24 or 48 H.P.T. ($P < 0.05$ or $P < 0.01$, Figure 3B). Moreover, we examined the apoptosis induction by AGE-BSA treatment with an Annexin V-FITC apoptosis detection kit. As indicated in Figures 3C and 3D, either 100 or 200 μ g/ml AGE-BSA treatment for 48 h induced significantly high level of apoptotic cells ($P < 0.05$ or $P < 0.001$), also dose-dependently ($P < 0.01$). And such apoptosis induction was repeatedly found at either 24 or 48 H.P.T. for 200 μ g/ml AGE-BSA, rather than 200 μ g/ml BSA ($P < 0.05$ or $P < 0.001$, Figure 3E). In summary, AGE-BSA treatment reduces cellular viability and promotes apoptosis in MC3T3-E1 cells.

IGF-1R overexpression inhibits the AGE-BSA-promoted apoptosis in MC3T3-E1 cells

To explore the regulatory role of IGF-1R in the AGE-induced apoptosis of MC3T3-E1 cells, we then overexpressed IGF-1R in MC3T3-E1 cells via gain-of-function strategy. The IGF-1R coding sequence-carried IGF-1R-pcDNA3.1(+) or the control GST-pcDNA3.1(+) plasmid was transfected into MC3T3-E1 cells to manipulate the IGF-1R level. It was demonstrated that there was a significant up-regulation of IGF-1R in both mRNA ($P < 0.001$ for either 6 or 12 H.P.T., Figure 4A) and protein levels (either 24 or 48 H.P.T., Figure 4B) post the transfection with IGF-1R-pcDNA3.1(+) transfection in MC3T3-E1 cells, compared with the GST-pcDNA3.1(+) transfection. In addition, the apoptotic cells and relative caspase 3 activity were also assayed in MC3T3-E1 cells which were transfected with each type of recombinant plasmid. Figure 4C demonstrated that the AGE-BSA-induced

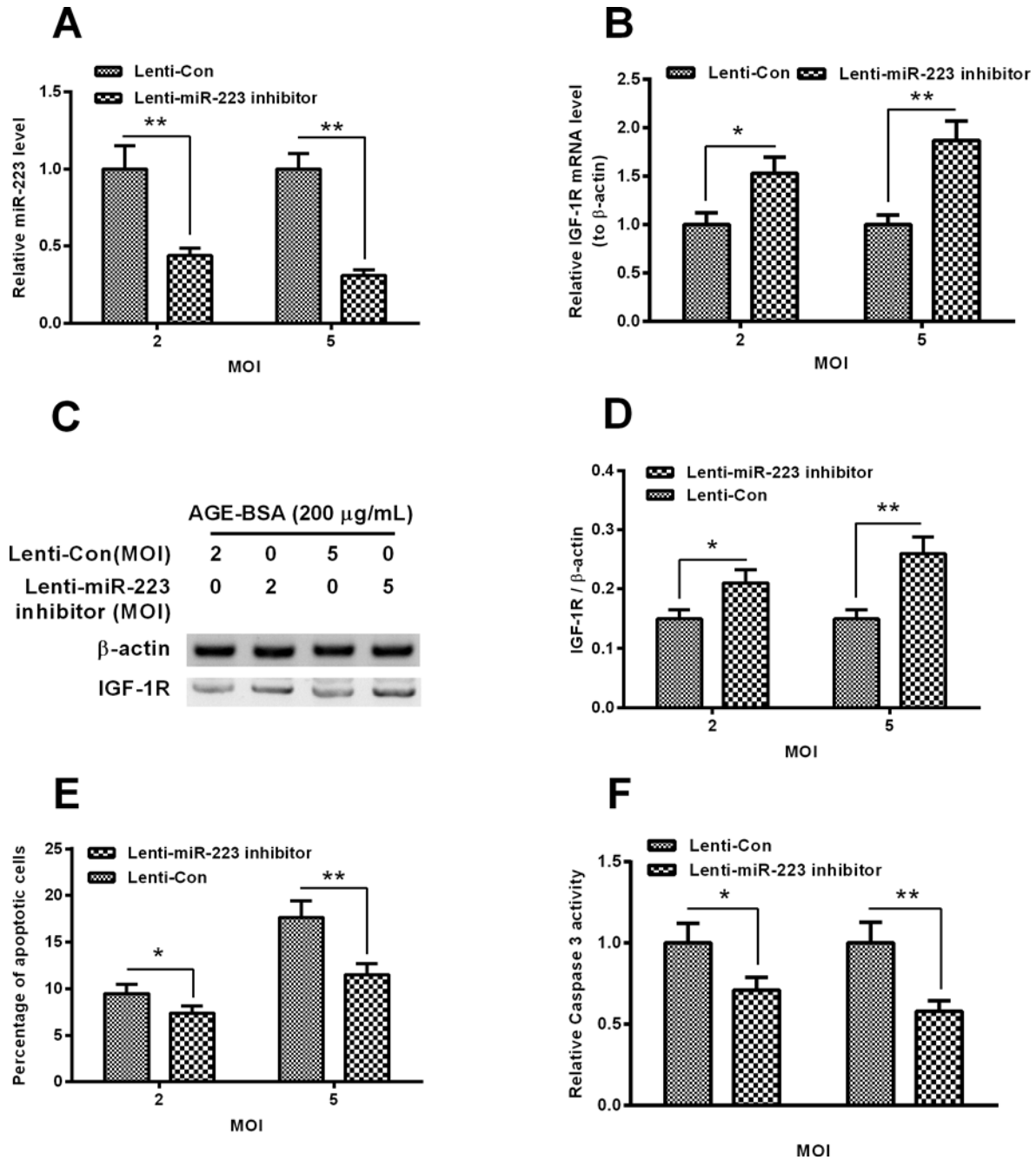


Figure 5 Apoptosis in the AGE-BSA-treated MC3T3-E1 cells post the miR-223 inhibition

(A and B) *miR-223* level (A) or the IGF-1R mRNA level (B) in the MC3T3-E1 cells which were infected with 2 or 5 MOI Lenti-*miR-223* inhibitor or Lenti-Con (as control) virus for 12 h, in the presence of 200 μ g/ml AGE-BSA; (C and D) western blot analysis of IGF-1R in protein level (C) in the MC3T3-E1 cells which were infected with 2 or 5 MOI Lenti-*miR-223* inhibitor or Lenti-Con (as control) virus for 24 h, in the presence of 200 μ g/ml AGE-BSA, the IGF-1R in protein level was presented as a relative level to β -actin; (E and F) apoptosis (E) and caspase 3 activity (F) in the MC3T3-E1 cells which were infected with 2 or 5 MOI Lenti-*miR-223* inhibitor or Lenti-Con virus for 48 h, in the presence of 200 μ g/ml AGE-BSA. All experiments were performed in triplicate independently and statistical significance was showed as * $P < 0.05$ or ** $P < 0.01$.

apoptosis (200 $\mu\text{g/ml}$) in MC3T3-E1 cells was markedly attenuated by the transfection with IGF-1R-pcDNA3.1(+) ($P < 0.05$ for either 24 or 48 H.P.T.). And a less caspase 3 activity was induced by the 200 $\mu\text{g/ml}$ AGE-BSA in the IGF-1R-up-regulated MC3T3-E1 cells ($P < 0.05$ for the 24 or 48 H.P.T., Figure 4D).

miR-223 inhibition ameliorates the AGE-BSA-down-regulated IGF-1R and blocks the AGE-BSA-promoted apoptosis in MC3T3-E1 cells

We have confirmed the targeted inhibition of IGF-1R by *miR-223* in MC3T3-E1 cells and the contribution of the reduced IGF-1R in the AGE-BSA-induced apoptosis in MC3T3-E1 cells. In order to investigate the role of the promoted *miR-223* in such apoptosis induction, we then knocked down the *miR-223* promotion with lentivirus-mediated *miR-223* inhibitor in the AGE-BSA-treated MC3T3-E1, and re-evaluated the AGE-BSA-induced apoptosis. Figure 5A confirmed the marked reduction of *miR-223* by the Lenti-*miR-223* inhibitor virus infection with 2 or 5 MOI ($P < 0.01$ respectively). And the *miR-223* inhibition also blocked the IGF-1R reduction in the MC3T3-E1 cells which were treated with 200 $\mu\text{g/ml}$ AGE-BSA in both mRNA ($P < 0.05$ or $P < 0.01$, Figure 5B) and protein ($P < 0.05$ or $P < 0.01$, Figures 5C and 5D) levels. Moreover, as expected, the apoptosis induction was markedly reduced by the *miR-223* inhibition with either 2 or 5 MOI Lenti-*miR-223* inhibitor virus ($P < 0.05$ or $P < 0.01$, Figure 5E). And the caspase 3 activity promotion by 200 $\mu\text{g/ml}$ AGE-BSA was also attenuated by the Lenti-*miR-223* inhibitor virus infection with either 2 or 5 MOI ($P < 0.05$ or $P < 0.01$, Figure 5E). Therefore, we confirmed the mediatory role of *miR-223* in the AGE-BSA-induced apoptosis in MC3T3-E1 cells via targeting IGF-1R.

DISCUSSION

AGEs promote apoptosis in various types of cells, such as fibroblasts, renal tubular cells and endothelial cells [34–36]. And recently, AGEs have been recognized to involve in the bone quality deterioration in DM, via promoting bone loss [37], bone fragility [38] and impairment to fracture healing [18,19]. Oxidative stress and the generation of AGEs have emerged as links between inflammation and bone destruction in DM [37]. Accumulated AGEs along with impaired collagen cross-linking and the suppression of bone turnover seem to be significant factors impairing bone strength [38]. In particular, the inflammation aroused by ROS and AGEs increases chondrocyte and osteoblast death and prolongs osteoclast survival, resulting in impaired bone regeneration in DM [19].

AGEs also up-regulated the expression of both the receptor for advanced glycation endproducts (RAGE) and galectin-3 and induced apoptosis in MC3T3-E1 cells [39]. Far more recently, AGEs have been recognized to promote several miRNAs

[27–29] in DM patients or *in vitro*. In the present study, we firstly confirmed the promotion to *miR-223* by AGEs in osteoblast-like MC3T3-E1 cells. And the promoted *miR-223* contributed to the AGE-induced apoptosis in MC3T3-E1 cells. *miR-223* has been reported to associate with various types of diseases such as cancers [40,41], obesity [42], rheumatoid arthritis (RA) [43] or cardiovascular diseases [44], via targeting tumour suppressor EPB41L3 [40], targeting HSP90B1 [41] or targeting cardiac troponin I-interacting kinase [44]. Our study found the high homology of *miR-223* with the 3' UTR of *IGF-1R* with species, such as *H. sapiens*, *M. musculus* or *R. norvegicus* for the first time. And the promoted *miR-223* by AGE-BSA treatment in MC3T3-E1 cells down-regulated the IGF-1R in both mRNA and protein levels via targeting the 3' UTR of *IGF-1R*.

The tumour suppressive role of IGF-1R has been widely recognized in cancer cells [45,46], in stem cells [46]. And multiple regulatory roles of IGF-1R have been recognized in osteoblasts, including differentiation [47,48] and growth [49]. Our further investigation associated the AGE-induced apoptosis in MC3T3-E1 cells with the *miR-223* up-regulation and its targeted inhibition to IGF-1R. AGE-BSA treatment significantly reduced the cellular viability and induced apoptosis in MC3T3-E1 cells dose-dependently. However, the promoted apoptosis of MC3T3-E1 cells by AGE-BSA was significantly inhibited by the IGF-1R overexpression. The significantly-up-regulated IGF-1R markedly attenuated the induction by AGE-BSA of apoptosis and caspase 3 activity in MC3T3-E1 cells. Moreover, the *miR-223* inhibition also ameliorated the AGE-BSA-down-regulated IGF-1R and blocked the AGE-BSA-promoted apoptosis in MC3T3-E1 cells. The infection with lenti-*miR-223* inhibitor virus with 2 or 5 MOI blocked the IGF-1R reduction and reduced the AGE-induced apoptosis and the caspase 3 activity in MC3T3-E1 cells.

In summary, our study recognized the promotion of *miR-223* by AGE-BSA treatment in osteoblast-like MC3T3-E1 cells. The promoted *miR-223* targeted IGF-1R and mediated the AGE-BSA-induced apoptosis in MC3T3-E1 cells. Therefore, we confirmed the mediatory role of *miR-223* in the AGE-BSA-induced apoptosis in MC3T3-E1 cells via targeting IGF-1R. It implies that *miR-223* might be a effective marker to antagonize the AGE-induced damage to osteoblasts in DM.

AUTHOR CONTRIBUTION

Yi Qin, Jichao Ye and Huiyong Shen designed the study, Yi Qin, Jichao Ye, Peng Wang and Liangbin Gao performed the experiments. Yi Qin, Jichao Ye and Huiyong Shen conceived the study, drafted the manuscript. Liangbin Gao and Suwei Wang performed the statistical analysis. All authors read and approved the final manuscript.

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