

The Spectrum of *Chromobacterium violaceum* Infections from a Single Geographic Location

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Abstract. *Chromobacterium violaceum* is a bacterium associated with soil and water exposure in tropical regions and causes rare and serious clinical infections that are often fatal. We reviewed the demographic and clinical details of 28 patients with *C. violaceum* detected over 15 years from 2000 to 2015, from the Top End of the Northern Territory. Of these patients, 18 had infections attributable to *C. violaceum*. Patients with infections were more commonly male (55.6%), and in the 16- to 60-year (61.1%) age group. Skin and soft tissue infections (50%), predominantly involving the limbs, were the major clinical manifestation. Water, mud exposure, and trauma were all noted as precipitating circumstances and comorbidities were present in 61.1% of the patients with infections. Of the 28 patients, 10 (35.8%) had *C. violaceum* isolated as an incidental finding or as asymptomatic colonization; these 10 patients did not require or receive therapy for *C. violaceum* bacterial infections. There were no relapsing infections in this group. *Chromobacterium violaceum* remains a serious infection, with seven patients (25%) in our series requiring intensive care management. However, the mortality rate (7.1%) in our series was far lower than previously described. This case series of *C. violaceum* infections from a single geographic area provides additional information of the characteristics of infection with this pathogen.

INTRODUCTION

Chromobacterium violaceum is one of the four oxidase-positive gram-negative bacteria, *Vibrio* spp., *Aeromonas* spp., *C. violaceum*, and *Shewanella* spp. (known as VACS),¹ associated with waterborne infections in tropical regions. *Chromobacterium violaceum* is a gram-negative bacillus characterized by the growth of smooth violet-black colonies on common laboratory media due to the pigment, violacein.² A total of 154 cases of *C. violaceum* have been previously published. Location data available for 143 cases reveal a worldwide tropical distribution comprising western Pacific (Vietnam, Japan, Korea, Cambodia, Malaysia, China, Australia, Singapore, Laos, and Papua New Guinea) with 49 cases (34.3%),^{3–12} the Americas with 46 cases (30.0%),^{3,13,14} southeast Asia (Thailand, India, Sri Lanka, and Nepal) with 23 cases (16.0%),^{3,15–22} Africa with 22 cases (15.4%),^{23,24} Persian Gulf with two cases (1.4%),²⁵ and Europe with one case (0.7%).²⁶

Chromobacterium violaceum is associated with a spectrum of disease from localized skin and soft tissue infection (SSTI) to systemic or invasive infection including necrotizing fasciitis,¹³ visceral abscesses, osteomyelitis, and central nervous system disease.³ Published cases often describe severe sepsis and high case fatality rates (up to 60%)³ among patients, particularly in children with chronic granulomatous disease (CGD).^{10,22}

In a recent analysis of VACS organisms from the Northern Territory of Australia, *C. violaceum* had significantly different epidemiology to the other organisms.¹ The Top End of the Northern Territory is a geographical area of approximately 500,000 km², with a 13,500 km coastline, tropical climate, and relatively low population density. The aim of this case series was to assess in detail the geographical distribution, demographic and clinical characteristics, and outcomes of *C. violaceum* infections in the Top End of the Northern Territory between January 2000 and March

2015 and assess factors associated with infection compared with colonization.

METHODS

Cases of *C. violaceum* were identified between January 2000 and March 2015 using the common laboratory database of the Top End public hospitals (Darwin, Katherine, and Gove hospitals). As the public microbiology laboratory is the only microbiology laboratory in the Northern Territory, we believe our case detection method using the laboratory database identifies the majority of infections that are laboratory confirmed. Population prevalence was derived from Australian Bureau of Statistical Data for the Northern Territory (population data were urban population compared with remote population over the 15-year period of the study). Data on identified *C. violaceum* cases were linked to government electronic health records and patient files to collect information on demographics (age, sex, and residence), site of infection, potential exposure source, comorbidities (diabetes, cancer, immunosuppression, hazardous alcohol use, chronic lung disease/smoking, chronic liver disease, and chronic kidney disease), severity (hospitalization, intensive care unit [ICU] admission), antibiotic therapy, and clinical outcomes (cure or death at 30 days from sample isolation). Colonization or an incidental finding of bacteria was defined as the presence of the bacteria, without signs of illness or infection attributable to the bacteria, when a probable alternative diagnosis was present or when deemed clinically insignificant by the treating team and no directed therapy given.

Laboratory isolates were identified by biochemical and phenotypic methods, including API (BioMerieux, Marcy l'Etoile, France) and VITEK 2 (BioMerieux). As Clinical and Laboratory Standards Institute (Wayne, PA) and EUCAST breakpoints are not available for *C. violaceum*, antimicrobial susceptibilities were interpreted using *Pseudomonas aeruginosa* susceptibility criteria as indicative susceptibilities, for the following antibiotics: piperacillin-tazobactam, meropenem, ceftazidime, cefepime, ciprofloxacin, and the aminoglycosides.¹ Statistical analysis was performed using χ^2 or Fisher's exact tests where appropriate (Microsoft Excel 2010, Redmond, WA).

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The study was registered with the Human Research Ethics Committee (HREC) of the Northern Territory Department of Health and Menzies School of Health Research (HREC reference number 2015-2359).

RESULTS

During the 15-year study period, 28 patients with *C. violaceum* were identified with 12 cases in the last 5 years compared with 16 cases in the 10 years from 2000. Patients with *C. violaceum* isolated resided more commonly in coastal regions, and though there were 14 isolations from the major population center of Darwin (Figure 1), the prevalence was 1.03/10,000 population in urban centers, over the 15-year period compared with 3.25/10,000 population in remote areas of the Top End. Isolation of *C. violaceum* did not occur in the inland centers of the Northern Territory (Alice Springs or Tennant Creek hospitals) in arid Central Australia, where year-round rainfall is low, and salt-water is absent. There was no obvious seasonal pattern of infection apparent, as infections occurred year-round.

Of the 28 patients with *C. violaceum* isolated, 10 met the criteria for colonization. Table 1 displays the demographic details and risk factors for both colonized and infected patients. There were no significant differences between the two groups according to demographics and clinical characteristics. The median age of all patients was 40 years (range = 0–82 years). Colonized patients were younger (mean age = 29.4 years), compared with infected patients (mean age = 42.5 years) and more commonly female (70%), but this was not statistically

significant. Infected patients were commonly male (55.6%) between the ages of 16 and 60 (61.1%) years.

In patients with infection, SSTI was the most frequent infection (50%), with limb infections (77.8%) more common. Two patients (11.1%) presented with septicemia. In the colonization group, fecal (40%) and respiratory (30%) sites were the most common.

Thirteen patients with infections (62.2%) had exposure to water, mud, or a traumatic episode, compared with 50% of the colonized patients.

Comorbidities were common, including malignancy, diabetes, and excessive alcohol use in 61.1% of infected patients, compared with comorbidities being present in 40% of patients who had *C. violaceum* as an incidental finding.

Co-isolation of other bacteria (Table 2) was present in 17 patients (60.7%) and more commonly in patients with infection (72.2%) compared with patients with colonization (40%). Co-pathogens included Enterobacteriaceae (28.6%), environmental gram negatives (21.4%), and *Staphylococcus aureus* (21.4%).

Table 3 lists the characteristics of the 18 individuals with *C. violaceum* infection and Table 4 lists the 10 patients with likely colonization or incidental isolation. Of the 28 patients, two (7.1%) with *C. violaceum* died as a direct result of the infection during the 15-year study period. Seven patients (25%) had severe disease defined by ICU admission during the clinical episode.

Susceptibilities of *C. violaceum* are presented in Table 5. All isolates had inferred susceptibility to ciprofloxacin, gentamicin,

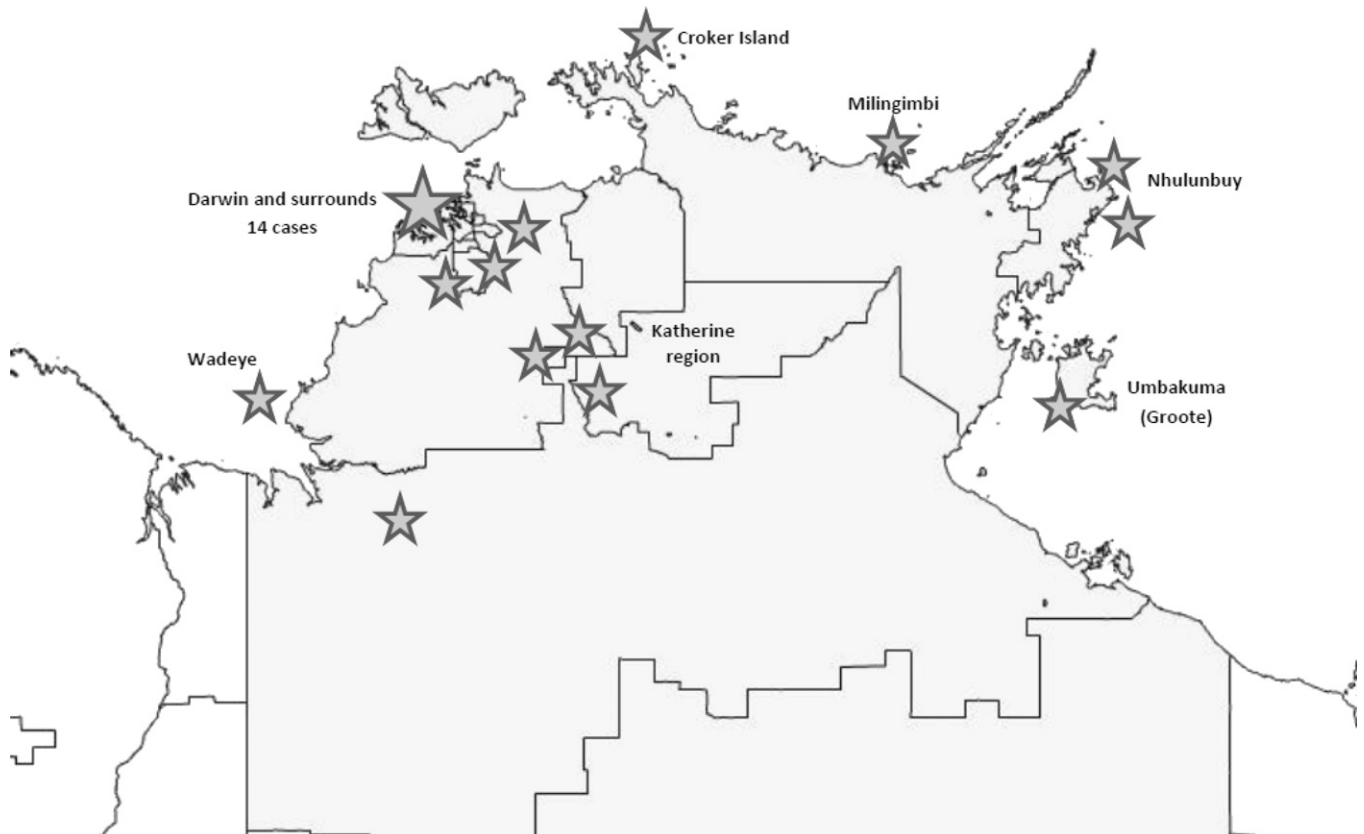


FIGURE 1. Residential locations of patients with *Chromobacterium violaceum* detected in the Top End of the Northern Territory, 2000–2015. Stars indicate the location of individual cases from that location.

TABLE 1

Demographic details of patients with *Chromobacterium violaceum* detected in the Northern Territory 2000–2015

Demographic details of patients with <i>C. violaceum</i> isolated	Number of patients (%)		P value	Total (%)
	Incidental	Infected		
Sex				
Female	7 (70)	8 (44.4)	0.19	15 (53.6)
Male	3 (30)	10 (55.6)		13 (46.4)
Age (years)				
0–15	5 (50)	3 (16.7)	0.11	8 (28.6)
16–60	3 (30)	11 (61.1)		14 (50)
> 60	2 (20)	4 (22.2)		6 (21.4)
Specimen site (of initial isolate)				
Skin and soft tissue	3 (30)	9 (50)	0.3	12 (66.7)
Lower limb	3 (100)	4 (44.4)		7 (58.3)
Upper limb	0	3 (33.3)		3 (25)
Torso	0	2 (22.2)		2 (16.7)
Respiratory	3 (30)	3 (16.7)		6 (21.4)
Feces	4 (40)	0		4 (14.3)
Urine	0	4 (22.2)		4 (14.3)
Blood	0	2 (11.1)		2 (7.1)
Precipitating circumstances				
Water exposure	2 (20)	3 (16.7)	0.23	5 (17.9)
Trauma	2 (20)	3 (16.7)		5 (17.9)
Remote location	1 (10)	3 (16.7)		4 (14.3)
Mud exposure	0	3 (16.7)		3 (10.7)
Insect bite	0	1 (5.6)		1 (3.6)
Nil recorded	5 (50)	5 (27.8)		10 (35.7)
Comorbidities (one or more)				
Alcohol excess	1 (10)	5 (22.2)	0.28	6 (21.4)
Malignancy	2 (20)	3 (16.7)		5 (17.9)
Chronic lung disease/smoker	2 (20)	2 (11.1)		4 (14.3)
Diabetes	0	3 (16.7)		3 (10.7)
Chronic liver disease	1 (10)	1 (5.6)		2 (7.1)
Severe chronic renal disease	0	2 (11.1)		2 (7.1)
Nil	6 (60)	7 (38.9)		13 (46.4)

and meropenem. Minimum inhibitory concentration to ciprofloxacin was 0.012 mg/L for three isolates. Susceptibility to other antimicrobials, including ceftazidime (30%), amikacin (87.6%), tobramycin (75%), and co-trimoxazole (TMP-SMX) (88.9%) was found, though the overall numbers of isolates tested was small.

TABLE 2

Co-pathogenic bacteria isolated in conjunction with *Chromobacterium violaceum*

Presence of coexisting bacterial isolates	Number of patients (%)		
	Incidental	Infected	Total (%)
Co-pathogen (one or more)	4 (40)	13 (72.2)	17 (60.7)
Enterobacteriaceae	1 (10)	7 (38.9)	8 (28.6)
Non-fermentative gram negative*	2 (20)	3 (16.7)	6 (21.4)
<i>Staphylococcus aureus</i>	0	4 (22.2)	6 (21.4)
Yeast	2 (20)	1 (5.6)	3 (10.7)
β-hemolytic streptococci	1 (10)	2 (11.1)	3 (10.7)
Other VACS organisms	0	2 (11.1)	2 (7.1)
Anaerobes	0	1 (5.6)	1 (3.6)
<i>Acinetobacter</i> sp.	0	1 (5.6)	1 (3.6)
Fecal specimen†	4 (40)	0	4 (14.3)
No other bacterial isolates	2 (20)	5 (27.8)	7 (25)

VACS = *Vibrio* spp., *Aeromonas* spp., *C. violaceum*, and *Shewanella* spp.

* *Stenotrophomonas maltophilia*, *Chryseobacterium indologenes*, *Pseudomonas aeruginosa*, and *Burkholderia cepacia*.

† Presence of the other bacteria in four patients with fecal detection of *C. violaceum* not listed.

Comparison data with the other VACS organisms is presented in Table 6. These organisms were isolated from patients from the same geographic location, in the same period and are all associated with tropical waterborne infections.

DISCUSSION

Our series of *C. violaceum* cases from the Top End of the Northern Territory provides some novel clinical insights into the nature of infection caused by this tropical and water-associated bacterium. We present a relatively large case series of *C. violaceum* infection from a single center collected over 15 years. Consistent with previous reports in the literature documented, most *C. violaceum* infections manifested as SSTI with exposure of wounds to environmental water or soil.

In comparison with other waterborne tropical VACS organisms, *C. violaceum* epidemiology in the Northern Territory differs significantly with respect to sex, age, and site of isolation compared with the other organisms.¹ *Chromobacterium violaceum* patients were more evenly matched for sex (M:F ratio 0.85:1 versus 2:1), infections occurred more commonly in children < 15 years of age (28.6% versus 8.3%) and isolates from feces (14.3% versus 5.0%), respiratory samples (21.4% versus 2.2%), and urine (14.3% versus 1.4%) was more frequent, compared with the pooled results of the other three VACS organisms, respectively.¹

Chromobacterium violaceum was also more commonly isolated from patients in ICU (seven cases, 25%) than patients with *Vibrio* spp. (three cases, 4.1%), *Aeromonas* spp. (13 cases, 4.2%), or *Shewanella* spp. (four cases, 6.6%) (for all $P < 0.05$), supporting the potential seriousness and virulence of the organism.¹

In contrast to previous case series, which have relied heavily on clinical reporting of notable cases, we reviewed all laboratory isolates of *C. violaceum* in one location. This resulted in the identification of 10 cases (35.7%) that were not associated with clinical disease, demonstrating a role of *C. violaceum* in asymptomatic colonization of humans. Previous reports of asymptomatic infection are rare.¹⁵

Severe illness due to *C. violaceum* was frequent (25%), but the overall mortality rate in this series was small (7.1%) compared with previous reviews that have reported mortality of 53%.³ Potential causes of the reduced mortality include 1) *C. violaceum* is a relatively rare infection with only 154 cases reported, and therefore published case reports tend to favor serious infection, over more mild disease, as series from one location are not common; 2) It is not clear what determines the clinical disease and virulence in *C. violaceum*. Host risk factors such as CGD and glucose-6-phosphate dehydrogenase (G6PD) deficiency exist, but the many cases have been reported in immunocompetent patients. Microbial factors may be more significant. The pigment violacein has been related to cytotoxic activity; however, non-pigmented strains have been isolated with similar clinical severity.²⁷ It is possible that there are strain differences with respect to virulence factors,²⁸ postulated to be related to elevated levels of superoxide dismutase and catalase. Potentially, strains from both hemispheres and different disease manifestations could be compared by whole-genome sequencing as a next step. There is a precedent with other tropical water-associated bacteria such as *Burkholderia pseudomallei* having geographic strain differences²⁹; or 3) As the Top End of the Northern Territory is an

TABLE 3
Clinical features of patients with *Chromobacterium violaceum* infections

Case number	Sex	Diagnosis year	Age at diagnosis	Site of isolate	Clinical disease	Mixed culture	Treatment	Outcome	Notes
1	F	2000	23	Lower limb	SSTI	Coliform sp.	Co-trimoxazole. Prior amoxicillin had failed	Resolved	Jeep bogged in mud, fell onto branch; leg wound. 8 months later, re-explored – chronic infection with granulation tissue.
2	M	2000	12	Upper limb	SSTI	Mixed coliforms	Cephazolin + gentamicin initially, 7 days co-trimoxazole	Resolved	Right elbow laceration, fell off a motorbike
3	F	2001	42	Torso	SSTI	Mixed coliforms, yeast on separate tissue	Piperacillin–tazobactam 3 days, then meropenem gentamicin 3/7	Deceased	Polymicrobial gram-negative sepsis from ischemic bowel, abdominal wall abscess, and fat necrosis
4	F	2001	53	Lower limb	SSTI	<i>Staphylococcus aureus</i>	Gentamicin 7 days.	Resolved	Diabetic foot infection—deep plantar collection
5	F	2004	78	Urine	Urinary tract infection	Pure growth	Co-trimoxazole 2 weeks Co-trimoxazole 1 month	Resolved	Co-morbidity – ovarian malignancy with ascites
6	M	2004	52	Torso	SSTI	–	Piperacillin–tazobactam 10 days	Resolved	Sternal wound sepsis post cardiac graft surgery
7	M	2006	19	Sputum	Ventilator pneumonia	<i>Burkholderia cepacia</i>	Meropenem 4 days	Resolved	Trauma—hit by fiancé's ex with a bat. Subdural, ventilator pneumonia. No other exposure history
8	M	2006	32	Lower limb	SSTI	–	Co-trimoxazole 3 weeks	Resolved	Laceration third, fourth toe while in swamp. Pus drained
9	F	2006	61	Urine	Severe sepsis, urosepsis	<i>Escherichia coli</i>	Meropenem, then piperacillin–tazobactam	Resolved	Patient was septic from urosepsis, coinfection with <i>E. coli</i> and <i>C. violaceum</i>
10	M	2008	57	Torso	SSTI	<i>Aeromonas</i> sp., <i>Acinetobacter</i> sp., mixed anaerobes, enteric flora	Meropenem 14 days	Resolved	Found in creek outside hospital, chest wall infection
11	F	2008	38	Blood	Septicemia, pneumonia	–	Meropenem 1 week	Deceased	Homeless patient presented with severe sepsis
12	F	2009	9	Urine	Urinary tract infection	–	Co-trimoxazole 2 weeks	Resolved	Recurrent urosepsis, patient with vesicoureteric reflux
13	M	2010	45	Upper limb	SSTI	<i>Staphylococcus aureus</i> , <i>Vibrio</i> spp., group G <i>Streptococcus</i>	Doxycycline	Resolved	Stab injury to right hand
14	M	2012	50	Lower limb	SSTI	Enteric flora, cutaneous flora	Cephazolin, then doxycycline	Resolved	Toe abscess was debrided
15	M	2013	76	Sputum	Exacerbation chronic pulmonary disease	<i>Stenotrophomonas maltophilia</i> , <i>Chryseobacterium indologenes</i>	Co-trimoxazole	Resolved	<i>Chromobacterium violaceum</i> present with other environmental gram-negative bacteria
16	M	2014	82	Urine	Urinary tract infection	<i>Pseudomonas</i> sp.	Ceftazidime 2 days, then norfloxacin	Resolved	Symptomatic urinary tract infection, with <i>C. violaceum</i> and <i>Pseudomonas aeruginosa</i> both present
17	M	2015	21	Upper limb	SSTI	<i>S. aureus</i> , coliforms	Debridement, flucloxacillin, then amoxicillin-clavulanic acid	Resolved	Spider bite, abscess debrided, <i>C. violaceum</i> also present with <i>S. aureus</i>
18	F	2015	15	Blood	Skin wound, bacteremia, liver abscess	Group B <i>Streptococcus</i> , <i>S. aureus</i>	Meropenem 2 weeks, ciprofloxacin, doxycycline 4 weeks	Resolved	Liver abscesses and septicemia, required prolonged intensive care unit admission

F = female; M = male; SSTI = skin and soft tissue infection.

TABLE 4
Clinical features of patients with *Chromobacterium violaceum* considered incidental or minor in nature

Case number	Sex	Diagnosis year	Age at diagnosis	Site of isolate	Mixed culture	Therapy for admission diagnosis	Outcome	Notes
1	F	2004	33	Sputum	Oral flora, yeast, <i>Pseudomonas</i>	Piperacillin-tazobactam for 4 days	Resolved	Patient in hospital after a motor vehicle accident. <i>Chromobacterium violaceum</i> noted on sputum, thought to be incidental
2	M	2006	53	Sputum	<i>Chryseobacterium</i> sp., <i>Stenotrophomonas</i> sp., yeast	Ceftazidime 4 weeks, Co-trimoxazole 2-3 months for melioidosis	Resolved	Patient had disseminated melioidosis with abscesses in prostate and spleen. Incidental <i>C. violaceum</i> in feces
3	F	2006	5	Feces	-	Metronidazole 3 days	Resolved	Patient being investigated for chronic colitis. <i>Chromobacterium violaceum</i> in feces was felt to be incidental
4	F	2009	15	Skin	Group A <i>Streptococcus</i>	Flucloxacin 4 weeks	Resolved	Septic laceration left leg, resolved with therapy for group A <i>Streptococcus</i> .
5	M	2011	54	Lower limb	-	Dicloxacillin 10 days	Resolved	No therapy for <i>C. violaceum</i> . Admitted with knee cellulitis. This resolved with 48 hours antibiotics before the swab result became available
6	M	2013	1	Feces	-	Flucloxacin and co-trimoxazole 12 days in total	Resolved	Incidental fecal finding, culture performed for inpatient diarrhea. Patient admitted with facial abscess
7	F	2013	64	Sputum	Not listed	Nil	Resolved	Exacerbation of severe chronic pulmonary disease. <i>Chromobacterium violaceum</i> in sputum, not treated, the exacerbation resolved
8	F	2013	4	Feces	-	Nil	Resolved	Self-limiting diarrhea in both patient and her sister
9	F	2013	64	Skin	Cutaneous flora, mixed coliforms	Nil	Resolved	Chronic calf wound for 2 months. <i>Chromobacterium violaceum</i> detected on a wound swab (not present on earlier swabs) and not treated
10	F	2014	1	Feces	-	One dose of ceftriaxone before detection of bacteria	Resolved	Admitted after a 9-day febrile illness with diarrhea and an irritable hip, spontaneous resolution of diarrhea

F = female; M = male.

TABLE 5
Chromobacterium violaceum antimicrobial susceptibility results

Antibiotic	<i>C. violaceum</i>
	Isolates tested (% susceptible)
Amikacin	8 (87.6)
Ampicillin	6 (0)
Amoxicillin–clavulanate	7 (0)
Ceftriaxone	5 (20)
Ceftazidime	10 (30)
Cephazolin	4 (0)
Ciprofloxacin	13 (100)
Cefepime	4 (100)
Gentamicin	13 (100)
Meropenem	9 (100)
Piperacillin–tazobactam	6 (84)
Ticarcillin–clavulanate	9 (22)
Tobramycin	8 (75)
Co-trimoxazole	9 (88.9)

endemic zone for *B. pseudomallei*, the bacteria that causes melioidosis, protocols for sepsis include the early empiric use of meropenem. These measures have improved outcomes in patients presenting with septic presentations of melioidosis,³⁰ and our low *C. violaceum* mortality may be an unexpected side benefit. Meropenem usually has excellent activity against *C. violaceum* and may explain the lower mortality seen.

The limitations of this study, by its retrospective nature, were the inability to have formal G6PD and CGD testing performed on the patient group. In future, more formal immune function and G6PD screening should be considered, particularly in pediatric patients.

The findings of this case review confirm that *C. violaceum* is a rare human pathogen, with 28 clinical isolates identified over 15 years in a tropical setting. This pathogen has the

TABLE 6
Comparison of demographic and clinical details *Chromobacterium violaceum* to other VACS organisms

	<i>C. violaceum</i>	<i>Aeromonas</i> spp.*	<i>Vibrio</i> spp.*	<i>Shewanella</i> spp.*
No. of bacterial isolates	28	312	71	61
Sex				
Males (% of total)	13 (46)	203 (68)	47 (77)	51 (84)
Age				
0–15	8 (28.6)	27 (9)	8 (13)	2 (3)
16–60	14 (50)	223 (74)	43 (70)	51 (84)
> 60	6 (21.4)	50 (17)	10 (16)	8 (13)
Site of isolation (%)				
Skin and soft tissue	12 (42.9)	260 (83)	52 (73)	50 (82)
Blood	2 (7.1)	11 (3.5)	7 (9.9)	6 (9.8)
Feces	4 (14.3)	16 (5.1)	6 (8.5)	0 (0)
Respiratory	6 (21.4)	4 (1.3)	2 (2.8)	4 (6.6)
Peritoneal	0 (0)	3 (1.0)	1 (1.4)	0 (0)
Bile	0 (0)	2 (0.6)	0 (0)	0 (0)
Bone	0 (0)	1 (0.3)	0 (0)	0 (0)
Eye	0 (0)	6 (1.9)	1 (1.4)	1 (1.6)
Urine	4 (14.3)	5 (1.6)	1 (1.4)	0 (0)
Genital tract	0 (0)	3 (1.0)	0 (0)	0 (0)
Ear	0 (0)	1 (0.3)	1 (1.4)	0 (0)
ICU admission (% of total)	7 (25)	13 (4.2)	3 (4.1)	4 (6.6)

ICU = intensive care unit; VACS = *Vibrio* spp., *Aeromonas* spp., *C. violaceum*, and *Shewanella* spp.

*Isolate data from 2000 to 2013 inclusive, as reported by McAuliffe and others.¹

potential to cause severe and fatal disease. However, the increased frequency of asymptomatic colonization, and less severe clinical spectrum of disease reported, suggest that in the endemic setting, *C. violaceum* may not be as pathogenic as previously thought. Early targeted antibiotic therapy and early sepsis recognition may be factors associated with improved outcomes.

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