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## Neuron-targeted caveolin-1 improves molecular signaling, plasticity and behavior dependent on the hippocampus in adult and aged mice

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### Abstract

**Background**—Studies *in vitro* demonstrate that neuronal membrane/lipid rafts (MLRs) establish cell polarity by clustering pro-growth receptors and tethering cytoskeletal machinery necessary for neuronal sprouting. However, the effect of MLR and MLR-associated proteins on neuronal aging is unknown.

**Methods**—Here we assessed the impact of neuron-targeted overexpression of a MLR scaffold protein, caveolin-1 (via a synapsin promoter; *SynCav1*), in the hippocampus *in vivo* in adult (6-months-old) and aged (20-month-old) mice on biochemical, morphologic and behavioral changes.

**Results**—*SynCav1* resulted in increased expression of Cav-1, MLRs, and MLR-localization of Cav-1 and tropomyosin-related kinase B (TrkB) receptor independent of age and time post gene transfer. Cav-1 overexpression in adult mice enhanced dendritic arborization within the apical

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dendrites of hippocampal CA1 and granule cell neurons, effects that were also observed in aged mice, albeit to a lesser extent, indicating preserved impact of Cav-1 on structural plasticity of hippocampal neurons with age. Cav-1 overexpression enhanced contextual fear memory in adult and aged mice demonstrating improved hippocampal function.

**Conclusions**—Neuron-targeted overexpression of Cav-1 in the adult and aged hippocampus enhances functional MLRs with corresponding roles in cell signaling and protein trafficking. The resultant structural alterations in hippocampal neurons *in vivo* are associated with improvements in hippocampal dependent learning and memory. Our findings suggest Cav-1 as a novel therapeutic strategy in disorders involving impaired hippocampal function.

### Keywords

membrane/lipid rafts; caveolin; neuroplasticity; TrkB; CA1; dentate gyrus

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### Introduction

Synaptic plasticity occurs when endogenous neurotrophins and neurotransmitters bind to membrane receptors in neuronal microdomains to initiate neuritogenesis. Key plasmalemmal organizers and regulators of these pro-growth signaling events are membrane/lipid rafts (MLRs), which are discrete plasmalemmal regions enriched in cholesterol, sphingolipids, and scaffolding proteins such as caveolins (Cavs) and flotillins (1-3). MLRs found at the leading edge of polarized neurites (1, 4) are essential for neurite growth and guidance (5, 6), synapse formation/stabilization (7). Cav-1 organizes a multitude of neuronal receptors (3, 8, 9) and modulators of cytoskeletal dynamics (10-13). Loss or disruption of MLRs from the leading edge of neuronal growth cones results in growth cone collapse and inhibition of neuritogenesis (14, 15), indicating the functional significance of MLRs in neuronal survival and differentiation as well as numerous synaptic functions.

Neurotrophins, such as nerve growth factor, brain-derived neurotrophic factor (BDNF), neurotrophin (NT)-3, and NT-4, are capable of binding to specific tropomyosin-related kinase (Trk) receptors and to the p75 neurotrophin receptor (16, 17). Binding of NTs to cognate Trk receptors results in the activation and recruitment of a number of downstream signaling proteins that are involved in neurotransmission, neuronal survival and differentiation, and retrograde signaling of developing and mature neurons (18, 19). Notably, the localization of Trk receptors to specific neuronal microdomains has been suggested to be crucial for determining the biological functions of neurotrophins. For example, recent *in vitro* and *ex vivo* studies have indicated that TrkB at synaptic sites are localized in MLRs (20-25), suggesting a role for lipid rafts in TrkB signaling. Furthermore, the localization of TrkB to MLRs is functionally important for BDNF-induced downstream signaling and neuronal plasticity in isolated corticohippocampal neurons (25). Supporting this study, previous work from our group demonstrated that neuron-targeted Cav-1 overexpression in corticohippocampal neurons enhanced MLR formation, increased pro-growth signaling (TrkB signaling, receptor-mediated cAMP formation), and promoted dendritic growth and arborization of primary neurons (9). However, whether Cav-1 overexpression-induced enhanced neuronal signaling and functional plasticity occurs *in vivo* is unknown, and the importance of Cav-1 overexpression in cognitive improvement has not been investigated.

With age there exists a greater vulnerability to cognitive deficits (26-28). Structural and functional changes in the aged brain that may underlie these deficits include a reduction in the number of synapses in the hippocampus (a brain region important for cognitive function), impairment in long-term potentiation (LTP) of hippocampal neurons, and a reduced capacity of the hippocampal neurons to evoke neuroplasticity (27, 29-31). Restoration of molecular signals that assist with structural and functional plasticity in the hippocampus might protect against age related cognitive decline. To that end, identification and targeting of the molecular events that promote neuronal survival and differentiation as well as associated synaptic functions in the hippocampus may yield new therapies to enhance functional neuroplasticity, thereby attenuating aged related cognitive dysfunction dependent on the hippocampus. In the context of this hypothesis, plasmalemmal organization and subcellular distribution of receptors and downstream signaling components essential for neuronal signaling and plasticity are altered with age (32-34), thus limiting the functional efficacy of neurotrophins. Because MLRs organize synaptic receptors necessary for plasticity, genetic interventions that enhance neuronal MLR formation may promote neuroplasticity dependent on MLR-neurotrophin signaling and reverse age-related cognitive decline. Therefore, we tested whether *in vivo* delivery of neuron-targeted Cav-1 in the aged hippocampus would enhance neurotrophin (TrkB)-induced signaling, structural plasticity of hippocampal neurons and improve hippocampal cognition in aged mice. The findings from the present study provide *in vivo* evidence to show that a single genetic intervention that increases MLRs in adult and aged subjects promotes molecular signals governing neuroplasticity, enhances structural plasticity of hippocampal neurons and improves hippocampal-dependent cognitive function.

## Materials and Methods

### Animals

All mice (C57BL/6; Jackson Laboratories) were treated in compliance with the Guide for the Care and Use of Laboratory Animals (National Academy of Science, Washington, D.C.). All animal use protocols were approved by the Veterans Administration San Diego Healthcare System Institutional Animal Care and Use Committee (IACUC, San Diego, California) prior to procedures performed. Male adult (4 month) or aged (10 month) mice were housed under normal conditions with *ad libitum* access to food and water and received stereotaxic injections of adeno-associated virus serotype 9 (AAV9) (at 4-month-old or 10-month-old, discussed below) and were tested for cognitive behaviors at 6 or 20 months of age (Figure 1). Two weeks after behavior testing all mice were euthanized by rapid decapitation and brain tissue was processed for western blotting or Golgi-Cox staining. Additional details on methods are provided in the supporting information.

### Stereotactic Injection

Mice were anesthetized and prepared for surgery with a protocol modified from a previously described study (35). Hippocampal-targeted injections were controlled using Injectomate software (Neurostar – Berlin, Germany). Injections were made using a 33 gauge 10 l Hamilton Gas Tight syringe. At each coordinate, the needle was lowered at a rate of 0.32 mm/sec. After 60 sec, 0.5 l of AAV9 containing synapsin-red fluorescent protein (*SynRFP*)

or synapsin-caveolin-1 (*SynCav1*) was injected over 60 sec (0.5  $\mu$ l/min injection rate at a viral titer of  $10^9$  g.c./ $\mu$ l) at 3 locations (rostral to caudal) in each hippocampal hemisphere with an indwelling time of 1 min. Sagittal brain sections were stained to confirm location and spread of RFP protein in adult (data not shown) and aged (supplementary figure 1) animals. Sections were also stained for hematoxylin and eosin, and histopathological analysis did not reveal any gross morphology or cell death in hippocampal sections from adult and aged mice (supplementary figure 1).

### Biochemical characterization of membrane/lipid rafts

Mice were sacrificed by rapid decapitation under isoflurane (5%) anesthesia. The whole brain was quickly removed and hippocampal tissue (bilateral, CA regions and dentate gyrus combined, 50-100 mg) was dissected and homogenized using a carbonate lysis buffer (500 mM sodium carbonate, pH 11.0) containing protease and phosphatase inhibitors (33). Protein was quantified by Bradford assay and normalized to 0.5 mg/ml. Sucrose density gradients were prepared as previously reported (9). Membranes samples (f4-5 and f10-12) were incubated overnight with primary antibodies for Cav-1 (Cell Signaling #3238, 1:1000), TrkB (BD Biosciences 610102, 1:1000), or CT-B (Invitrogen C-22841, 1:1000) and probed with species-specific secondary antibodies conjugated to HRP. Densitometric analysis (arbitrary units) was conducted as previously described (33).

### Golgi-Cox impregnation

Mice were sacrificed by rapid decapitation (5% isoflurane) and whole brain was quickly removed and submerged in Golgi-Cox solution A + B (FD Neurotechnologies Inc.) for 8 days at room temperature, followed by solution C for 4 days at room temperature and stored at  $-80^{\circ}\text{C}$  until processed for staining. Frozen brain tissue was coronally cut on a cryostat at 80- $\mu$ m-thick sections and stained with solution D + E and dehydrated according to manufacturer's instructions. To evaluate hippocampal neuron morphology, a Zeiss Axiolmager microscope and a computer-based system (NeuroLucida; Micro-BrightField) were used to generate three dimensional neuron tracings that were subsequently visualized and analyzed using NeuroExplorer (MicroBrightField). For each animal, two to five CA1 pyramidal neurons and three to four dentate gyrus (DG) granule cell neurons were traced at 40x magnification with an oil immersion lens (equipped with a 10x eye piece) (Fig. 3a-e and 4a-c). For CA1 neurons, both the apical and basal dendrites were traced, whereas for DG neurons only apical dendrites were traced and morphological measurements were analyzed separately as described by Kim et al 2014 (36).

### Fear conditioning behavior

Fear conditioning was performed as previously described (37, 38). Foot shocks were delivered through the floor consisting of 36 stainless steel rods wired to a shock generator. Presentation of unconditioned stimuli (US: scrambled foot shock) and conditioned stimuli (CS: auditory tone) were controlled by computer (Med Associates Inc.). Freezing was determined using analysis software (Video Freeze®, Med Associates Inc., ANY-MAZE, San Diego Instruments). Training: After an acclimation period (2 min), mice were presented with a tone (CS: 90 dB, 5 kHz) for 30s that co-terminated with a foot shock (US: 2.0s, 1.0 mA) in dark chambers. A total of three tone-shock pairings were presented with a varying intertrial

interval of 30-90s. Freezing was measured during each CS to measure fear acquisition level across groups. Context fear was tested twenty-four hours later. Cued fear was tested twenty-four hours after context fear. To remove contextual cues, the chambers were altered across several dimensions (odor - scent; visual – light chambers and walls are altered via plastic inserts; tactile - new floor covering) to minimize generalization from the conditioning context. The session started with a 3 min acclimation period, during which time no tones were presented (“pre-tone” period), then 10 blocks of 5 CSs were presented for 30s each with an inter-trial interval of 5s. Freezing was recorded during each CS presentation. For analysis, total freezing was averaged as total freezing during all CS presentations.

### Statistical analyses

Data were checked for normal distribution and then analyzed with 2-way ANOVA, Mann-Whitney or student's t-test. Following significant effects with 2-way ANOVA, unpaired *t*-tests were performed as appropriate. For the analysis we used GraphPad Prism 6 (La Jolla, CA). Data are compared as *SynRFP* versus *SynCav1* and presented as *mean ± SEM*. Significance was assumed when  $p < 0.05$ . Experimental groups were blinded to the experimenters and code was broken only for analysis.

## Results

### SynCav1 significantly enhances TrkB, CT-B and Cav-1 in adult and aged hippocampal MLR fractions

To test whether *SynCav1* gene delivery *in vivo* increased MLR formation in adult and aged mice (Figure 1), hippocampal tissue was homogenized and subjected to sucrose density fractionation followed by Western blot analysis. Whole hippocampal tissue homogenates demonstrated a significant increase in Cav-1 protein expression in both adult (~ 1.8 fold over *SynRFP*;  $t_8 = 3.55$ ;  $p = 0.008$ ;  $n = 5$ /group; Figure 2A) and aged (~ 9.7 fold over *SynRFP*;  $t_7 = 6.45$ ;  $p < 0.001$ ;  $n = 4-5$ /group; Figure 2C) brains after *SynCav1* gene delivery. No significant change in TrkB whole hippocampal homogenate was found in either adult (Figure 2A) or aged (Figure 2C) brains. Sucrose density fractionation of these hippocampal homogenates revealed a significant increase in TrkB expression, CT-B binding (indicative of increased gangliosides and MLR formation), and Cav-1 expression in the MLR fraction of adult (Figure 2B; TrkB:  $t_8 = 3.17$ ;  $p = 0.01$ ; CT-B:  $t_8 = 2.64$ ;  $p = 0.03$ ; Cav-1:  $t_8 = 3.00$ ;  $p = 0.02$ ;  $n = 5$ /group) and aged mice (Figure 2D; TrkB:  $t_7 = 3.37$ ;  $p = 0.01$ ; CT-B:  $t_8 = 7.83$ ;  $p < 0.001$ ; Cav-1:  $t_6 = 4.38$ ;  $p = 0.005$ ;  $n = 3-5$ /group), indicating that *SynCav1* overexpression produced significant biochemical and subcellular changes in the hippocampus of both adult and aged mice compared with *SynRFP* overexpression.

### SynCav1 enhances dendritic arborization of CA1 and DG neurons in the hippocampus in adult and aged mice

In adult mice, three-dimensional Sholl analysis of CA1 (Figure 3A-E) and DG (Figure 4A-C) neurons from each group ( $n = 4-6$  mice/group, 2-5 neurons per animal) demonstrated that *SynCav1* significantly increased dendrite arborization in CA1 pyramidal neurons (Figure 3F-G; effect of Cav-1, apical:  $F_{1,388} = 13.82$ ,  $p < 0.001$ ; basal:  $F_{1,200} = 4.2$ ,  $p = 0.04$  by 2-way ANOVA), and increased total basal dendrite length (Figure 3H;  $t_{37} = 2.90$ ;  $p = 0.006$  by

unpaired *t* test) with no significant difference in total apical dendrite length ( $p = 0.89$ ). Enhanced arborization was evident in apical dendritic segments 70  $\mu\text{m}$  ( $p = 0.001$ ), 90  $\mu\text{m}$  ( $p = 0.009$ ), and 190  $\mu\text{m}$  ( $p = 0.02$ ) from soma and basal dendritic segments 130  $\mu\text{m}$  ( $p = 0.02$ ) from soma by unpaired *t* test. *SynCav1* did not alter the number of dendritic spines on CA1 apical dendrites (number of spines per 10  $\mu\text{m}$ :  $16.9 \pm 0.74$  vs  $18.9 \pm .81$ ;  $t_{30} = 1.89$ ;  $p = 0.07$ ) nor basal dendrites (number of spines per 10  $\mu\text{m}$ :  $18.1 \pm .67$  vs  $18.4 \pm .75$ ;  $t_{30} = 0.25$ ;  $p = 0.80$ ). In aged mice, *SynCav1* significantly increased CA1 apical dendrite arborization (Figure 3I; effect of Cav-1,  $F_{1,166} = 4.8$ ,  $p = 0.03$ ; by 2-way ANOVA), without altering arborization within basal dendrites (Figure 3J; effect of Cav-1,  $p = 0.29$ ) and total apical ( $p = 0.20$ ) or basal ( $p = 0.32$ ) dendrite length of CA1 neurons (Figure 3K). Enhanced arborization was evident in apical dendritic segment 70  $\mu\text{m}$  from soma ( $p = 0.05$  by unpaired *t* test).

Within the dentate gyrus, *SynCav1* significantly increased apical dendrite arborization in the DG neurons (effect of Cav-1,  $F_{1,318} = 3.85$ ,  $p = 0.05$  by 2-way ANOVA, Figure 4D), with no difference in soma-tip distance (Figure 4E;  $p = 0.67$ ) in adult mice. Enhanced arborization was evident in apical dendritic segments at 210  $\mu\text{m}$  from soma ( $p = 0.03$ ). *SynCav1* did not alter the apical dendrite arborization in the DG neurons of aged mice (Figure 4F; effect of Cav-1,  $p = 0.75$ ) nor soma to tip distance (Figure 4G;  $p = 0.11$ ).

### **SynCav1 enhances contextual fear memory dependent on the hippocampus in adult and aged mice**

Mice were weighed and baseline tested for gross motor function and anxiety in the open field paradigm to exclude any obvious dysfunction before testing learning and memory behaviors (supplementary figure 3; all  $p > 0.05$ ). To assess the behavioral consequence of *SynCav1*, we performed hippocampal injections with either *SynCav1* or *SynRFP* in young adult mice (4 month) and then monitored the mice at 6 months (2 month post gene delivery) in the fear conditioning paradigm (Figure 5A-C). We performed an unpaired *t*-test on baseline freezing, context freezing, and cued freezing measures after testing for normality and exclusion of outliers using ROUT's method ( $Q = 1\%$ ). A 2-way ANOVA with gene as the between subject factor and tone as a within subject factor was performed for percent freezing during the learning phase on day 1. Fear conditioning revealed no baseline difference in freezing behavior between groups (*SynRFP*:  $3.88 \pm 0.61$  vs *SynCav1*:  $5.47 \pm 0.62$ ;  $t_{25} = 1.83$ ;  $p = 0.08$ ;  $n = 13-14/\text{group}$ ) and during the acquisition period, indicated by no significant effect of 'gene' ( $F_{1,25} = 1.58$ ,  $p = 0.22$ ) or 'time \* gene' - interaction ( $F_{2,50} = 0.12$ ,  $p = 0.89$ ) (Figure 5D;  $n = 13-14/\text{group}$ ) by repeated measure 2-way ANOVA. In both groups, similar increases in freezing over time with repeated CS-US pairing trials were apparent ( $F_{2,50} = 56.64$ ,  $p < 0.001$ ). On day 2, *SynCav1*-injected mice showed significantly increased freezing response during the contextual recall test, an effect specific to hippocampal-dependent learning and memory (39) (Figure 5E;  $t_{26} = 2.19$ ;  $p = 0.037$ ;  $n = 14/\text{group}$ ). No significant difference between groups was observed during exposure to the cue in an altered context on day 3 (Figure 5F;  $p = 0.12$ ;  $n = 14/\text{group}$ ).

To assess the behavioral consequence of *SynCav1* in aged mice (Figure 5G-I), we performed hippocampal injections with either *SynCav1* or *SynRFP* in middle aged mice (10 month) and then monitored the mice at 20 months (10 month post gene deliver) in the fear



conditioning paradigm. We performed unpaired *t*-tests on the baseline freezing, context freezing, and cued freezing measures after testing for normality and exclusion of outliers using ROUT's method (Q=1%). A 2-way ANOVA with group as the between subject factor and trial as a within subject factor was performed for percent freezing during the learning phase on day 1. Fear conditioning revealed no baseline difference between groups (*SynRFP*:  $7.80 \pm 1.18$  vs *SynCav1*:  $8.55 \pm 1.27$ ;  $t_{33} = 0.44$ ;  $p = 0.66$ ;  $n = 17-18/\text{group}$ ) and responses during the acquisition period, represented by no significant effect of 'gene' ( $F_{1,35} = 0.01$ ,  $p = 0.92$ ) or 'time \* gene' - interaction ( $F_{2,70} = 0.47$ ,  $p = 0.62$ ; Figure 5G;  $n = 17-20/\text{group}$ ) by repeated measures 2-way ANOVA. In both groups, similar increases in freezing over time with repeated CS-US pairing trials were apparent ( $F_{2,70} = 98.36$ ,  $p < 0.001$ ). On day 2, *SynCav1*-injected mice showed significantly increased freezing response during the contextual recall test, an effect specific to hippocampal-dependent learning and memory (39) (Figure 5H;  $t_{33} = 2.52$ ;  $p = 0.017$ ;  $n = 17-18/\text{group}$ ). No significant difference between groups was observed during exposure to the cue in an altered context on day 3 (Figure 5I;  $t_{34} = 1.23$ ;  $p = 0.23$ ;  $n = 17-19/\text{group}$ ).

## Discussion

Although previous work has shown that markers of MLRs, such as CT-B (40, 41) and/or flotillins (42, 43), are elevated during neuronal sprouting and repair after CNS trauma, the functional significance of overexpression of a MLR-associated scaffold protein, Cav-1, in the adult and aged brain is unknown. In this study, we have demonstrated that hippocampus-targeted overexpression of Cav-1 in adult and aged mice recruits TrkB receptors to MLRs in the hippocampus. These molecular events were accompanied by morphological alterations in hippocampal neurons, visualized as enhanced dendritic arborization within apical dendrites in adult and aged mice, indicating enhanced structural plasticity of these neurons. Moreover, the molecular and structural changes in the hippocampus in animals overexpressing Cav-1 specifically in neurons were associated with improved hippocampal-dependent behavior, suggesting direct functional effects from Cav-1 on neuroplasticity and memory. Furthermore, our biochemical findings demonstrate that Cav-1 regulates the subcellular distribution of TrkB towards membrane microdomains (i.e., MLRs) *in vivo*, a cellular event necessary for TrkB activation, which in turn promotes structural plasticity and improves cognitive function. Although the mechanism underlying Cav-1-induced TrkB relocation to MLRs *in vivo* is not known, Cav-1 may regulate TrkB endocytosis and recycling as suggested by recent *in vitro* evidence for Cav-1 mediated increases in TrkB activation (i.e., phosphorylation) and MLR localization via enhanced sphingolipids and Rac-mediated signaling (44).

In the adult mammalian brain, inhibitory/repulsive molecules present a major obstacle for nerve regeneration after injury and diseases (45). Thus, understanding neurotrophin-induced signal transduction mechanisms in the context of neuronal growth and guidance will provide potential strategies to combat growth inhibition of regenerating nerve fibers. For many guidance cues, the formation of ligand-receptor complexes on the plasma membrane in neuronal subdomains represents the first step in signal transduction, followed by additional cellular events that result in synaptic plasticity (46). The fact that these important events occur at or within the plasma membrane suggests that the membrane lipid environment is

crucial for signal transduction of these extracellular cues. Notably, recent *in vitro* data indicates that the lipid environment of the plasma membrane plays a role in guidance signaling, and membrane components including MLRs are important for functional receptor-signaling complexes to generate specific signaling cascades for distinct dendritic and axonal responses (1, 3, 47-49). Furthermore, BDNF-TrkB signaling within MLRs plays a role in chemotrophic guidance of nerve growth cones in adult brain and neurons isolated from adult cortex, indicating a functional role for MLRs in mediating localized signal transduction during growth cone guidance (24, 50, 51). In the adult rodent brain, BDNF is heavily expressed in the hippocampus, which is the anatomical component of learning and memory, and hippocampal neurons undergo several forms of plasticity during adulthood (27, 29, 52).

Importantly, the present findings in adult mice demonstrate that neuron-specific overexpression of Cav-1 in the hippocampus induces recruitment of TrkB receptors to MLRs and produces enhancements in dendritic structure of hippocampal neurons and hippocampal dependent behaviors. The observation that overexpression of Cav-1 in the hippocampus of adult mice significantly enhanced CA1 apical and basal dendrite arborization and total spine density in the stratum radiatum and stratum oriens and enhanced granule cell apical dendritic arborization approximately 150-200  $\mu\text{m}$  distal from soma indicates that functional MLRs promote structural and potentially functional plasticity (53). These results suggest a novel strategy of enhancing neuroplasticity in the aged hippocampus that specifically rely on manipulation of MLRs and their associated components (including neurotrophins, current findings, and other MLR-associated glutamatergic receptor systems (9).

It is possible that genetic interventions that increase MLRs and concurrently neuronal structural plasticity have the potential to improve behavior in the aged brain. For example, a key brain region that is impaired during aging is the hippocampus (27). The aging brain demonstrates region-specific alterations in neuronal morphology, reduced structural plasticity (30, 31) and dendritic branching (54), and a decreased capacity to regenerate (27, 55). With age the brain undergoes changes in plasma membrane biophysical properties (i.e., decreased cholesterol, gangliosides, and phosphoinositides) (56), impaired cholesterol synthesis and lipoprotein transport (55), changes in the molecular composition of the postsynaptic membrane (54) accompanied with reduced MLR-associated synaptic proteins (57), and diminished pre-synaptic vesicle exocytosis and subsequent neurotransmitter release; the latter are due to cholesterol depletion or cholesterol redistribution from cyto to exofacial leaflet of the plasma membrane ultimately leading to altered recruitment of SNARE complexes (56). Akin to these findings, previous work from our group demonstrated that Cav-1 and synaptic components (e.g., PSD-95, NMDAR, AMPAR, TrkB) are decreased in the aged brain, specifically in synaptosomes and MLRs isolated from the hippocampus (33, 54). Age-related changes in membrane lipid composition and concomitant reduction in functional synaptic components (both pre- and post-synaptic) may contribute to the maladaptive plasticity of the aged brain. Although some therapeutic approaches attempt to initiate structural and functional plasticity through delivery of exogenous pro-growth stimuli (such as neurotrophins (58)), the lack of efficacy may be due to the absence of receptors and their downstream effector molecules from the appropriate plasma membrane microdomains. Therefore, interventions that promote MLR formation in neurons may enhance the signaling efficacy of endogenous neurotransmitters and neurotrophins that



converge upon pro-growth signaling. The present findings show through neuroanatomical and biochemical analysis of hippocampal tissue from aged mice that underwent cognitive testing that Cav-1 overexpression significantly enhanced dendritic arborization of CA1 hippocampal neurons in the stratum radiatum of aged mice, results similar to that seen in the adult mice. Furthermore, Cav-1 overexpression in aged animals enhanced hippocampal Cav-1 expression and MLR formation (as indicated by CT-B binding to GM1 gangliosides), and TrkB localization to MLR fractions. These findings in aged animals show that neuron-targeted overexpression of Cav-1 enhances MLR formation, TrkB recruitment to MLRs and structural plasticity of hippocampal neurons, which perhaps produces neuritogenesis and synapse maintenance/stabilization.

Certain cognitive abilities such as executive function, episodic memory, working memory, short-term recollection, the speed of processing new information, and spatial memory that are dependent on the hippocampus are greatly compromised with age (27, 59). These age-related changes render the older brain more susceptible to other forms of neurodegenerative disorders like Alzheimer's disease (26, 27, 60). Several studies have suggested that decreases in synapses and total neuronal loss within regions of the hippocampus more closely correlate with hippocampal dependent cognitive impairment (26, 39). Contextual memory is multisensory and hippocampal-dependent, and involves a combination of spatial, temporal, interoceptive (e.g., hormonal, hunger, stress), cognitive (i.e., understanding the encoding), and social (i.e., understanding the world around us) processing. Therefore, we performed a fear-conditioning paradigm on aged mice (20 month) and found that Cav-1 overexpression in the hippocampus significantly enhanced hippocampal-dependent contextual fear memory, but not cued fear memory. The latter is predominantly regulated by the amygdala and medial prefrontal cortex (39). A minor limitation of the present study is that a behavioral test was used that did not demonstrate an aging-induced deficit in hippocampal dependent memory (no difference between adult and aged mice in context and cued freezing behavior). Therefore we speculate that Cav-1 overexpression could potentially improve behaviors that are impaired in aged subjects. Nevertheless, these behavioral findings reaffirm the biochemical and neuroanatomical results and extend the notion that Cav-1 overexpression enhances structural and perhaps functional hippocampal plasticity, and ultimately improves cognitive function.

Restoration of synaptic plasticity and preservation of cognitive function in the aged brain remains a major medical challenge. Understanding how age-related changes affect synaptic membrane protein clustering within neurons may yield therapeutic targets for the purpose of restoring functional MLR, neuronal membrane expansion, and synapse formation that is necessary to promote functional plasticity and reverse age-related behavioral decline. Genetic interventions that re-establish the proper subcellular membrane regions necessary to restore pro-growth and pro-survival signaling have the potential to increase the efficacy of pharmacologic agents designed to improve functional outcomes. The ability of Cav-1 to significantly enhance functional hippocampal neuronal growth and plasticity and improve hippocampal-dependent (i.e., contextual) learning and memory in aged mice holds considerable potential as a novel therapeutic to restore brain function during the aging process.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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## Abbreviations

<b>AAV9</b>	adeno-associated virus serotype 9
<b>ANCOVA</b>	analysis of covariance
<b>ANOVA</b>	analysis of variance
<b>CT-B</b>	cholera toxin subunit B
<b>CS-US</b>	conditioned stimulus-unconditioned stimulus
<b>CA</b>	cornu ammonis
<b>DG</b>	dentate gyrus
<b>MLR</b>	membrane/lipid rafts
<b>SynCav1</b>	synapsin caveolin-1
<b>SynRFP</b>	synapsin red fluorescent protein
<b>TrkB</b>	tropomyosin receptor kinase B

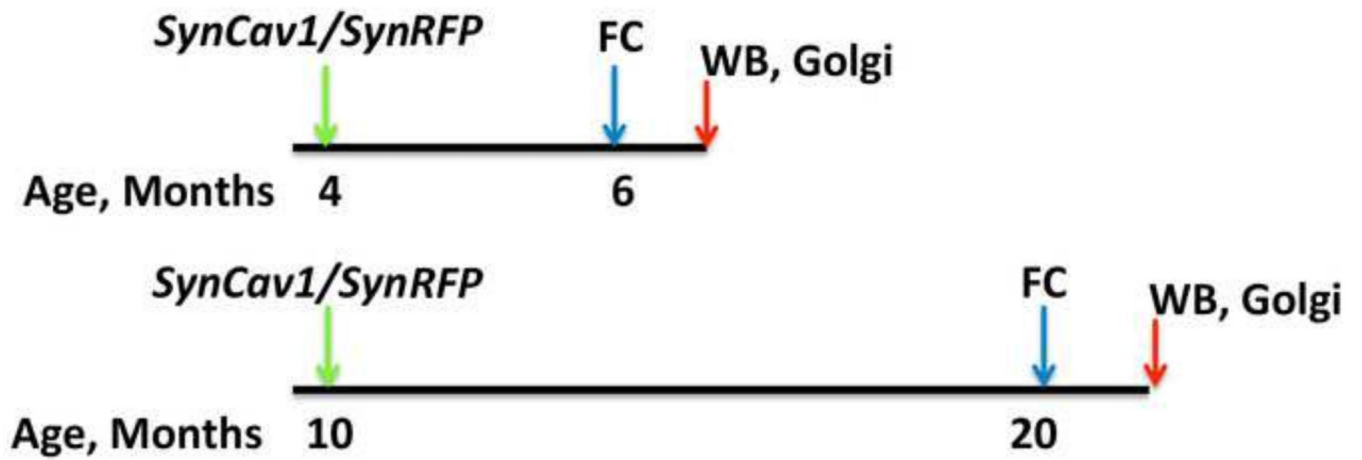
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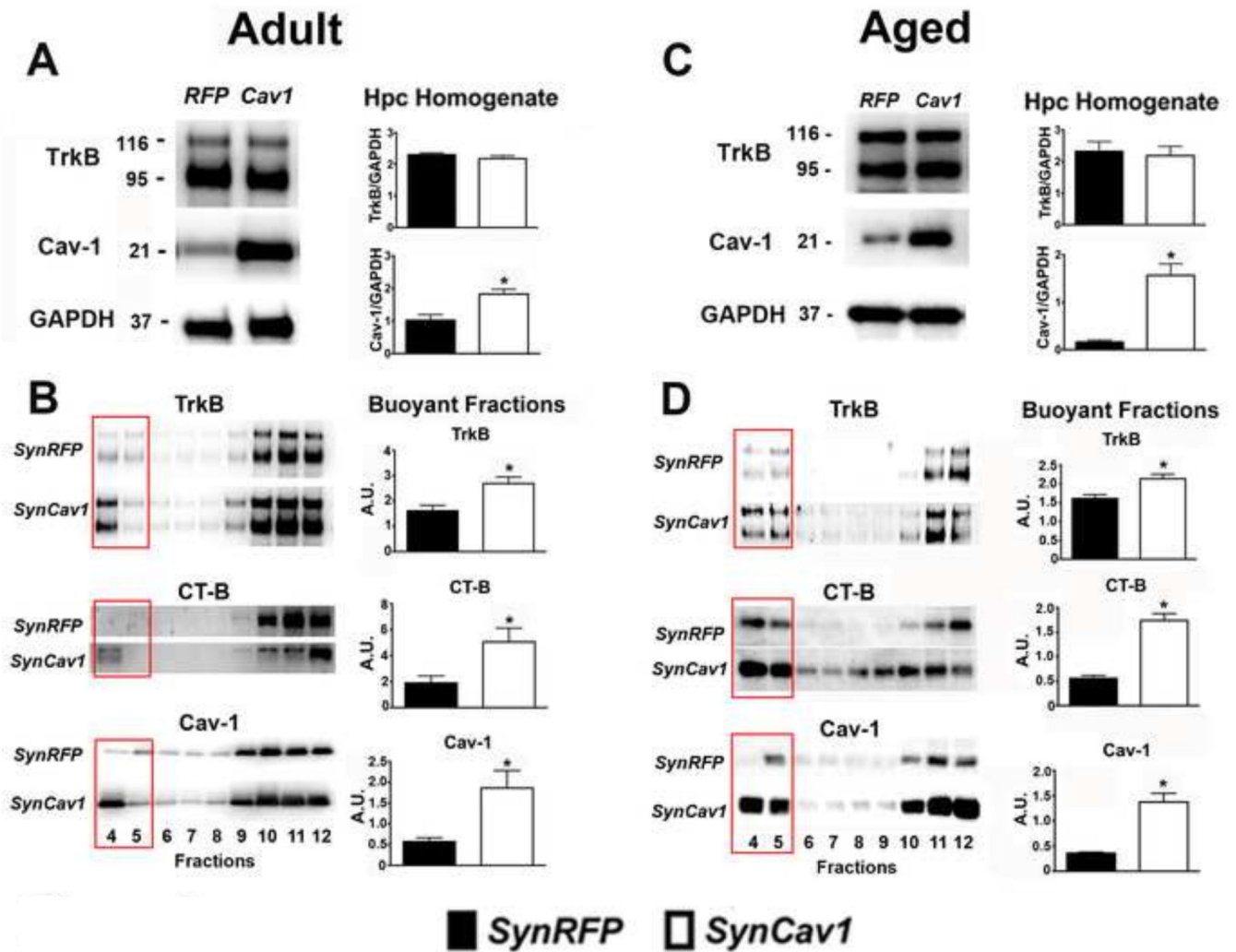
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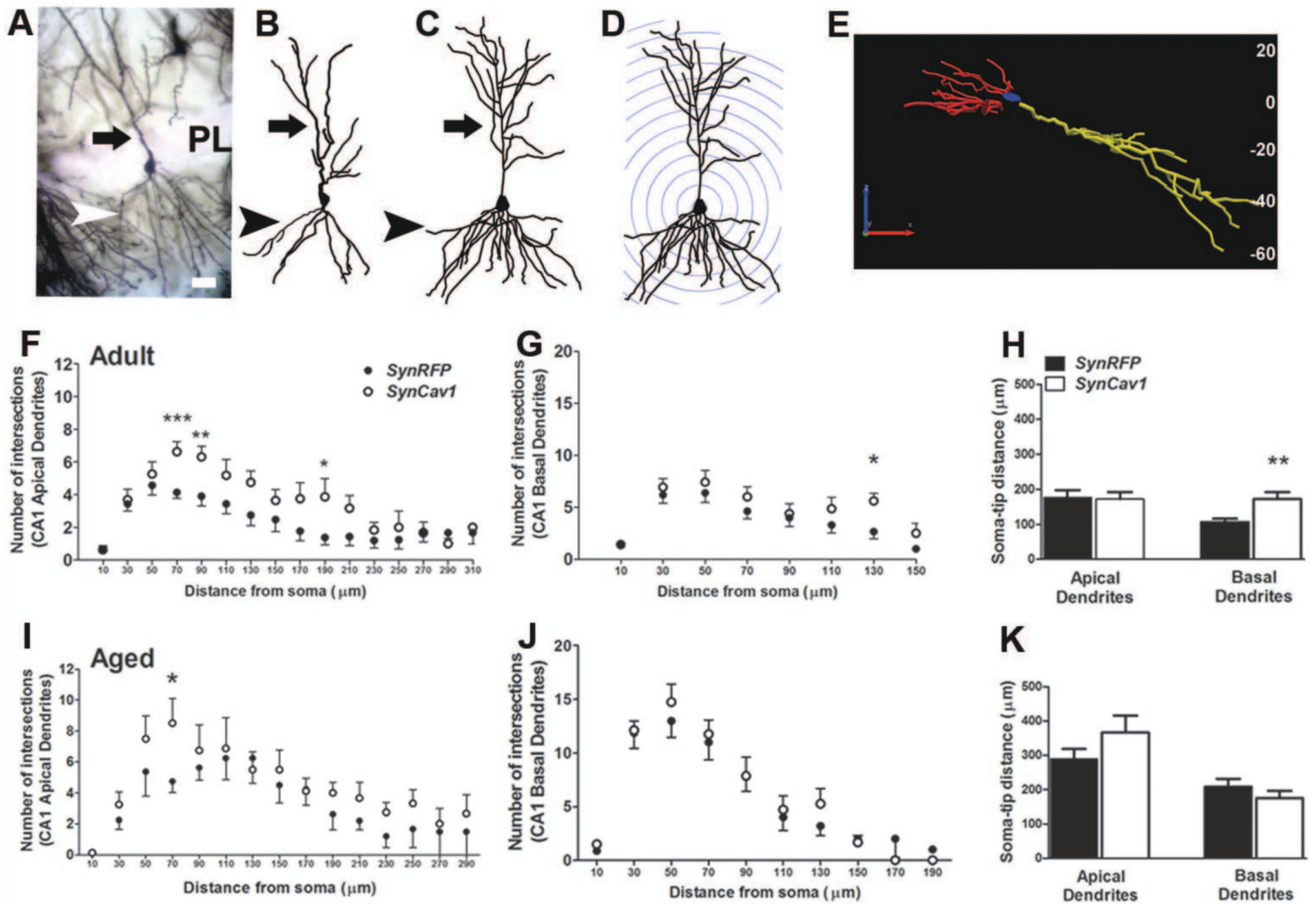
**Figure 1.**

Schematic illustration of experimental design in adult and aged animals. Green arrows indicate injection of virus into the hippocampus and blue arrow indicate fear conditioning (FC) behavioral timeline. Red arrows indicated euthanasia for brain tissue collection. Age of the animal is indicated in months.

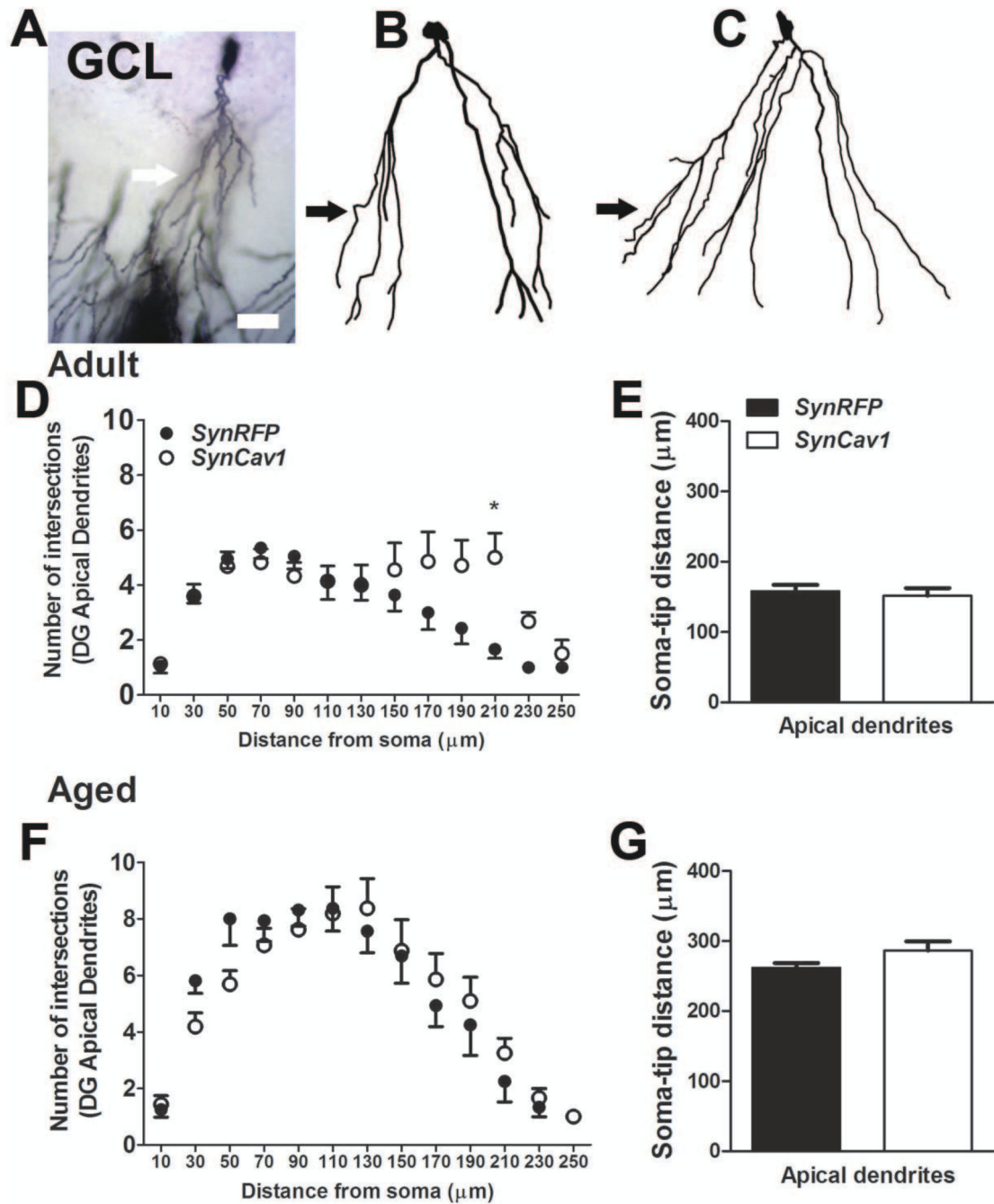


**Figure 2.**

*SynCav1* significantly enhances TrkB, CT-B and Cav-1 in adult and aged hippocampal membrane/lipid raft fractions. Hippocampal homogenates from adult (A) and aged (C) mice were western blotted for TrkB, Cav-1, and GAPDH. Hippocampal tissue was subjected to sucrose density fractionation followed by western blot analysis for TrkB, CT-B and Cav-1. Quantitation of protein expression in MLR (buoyant fractions 4 & 5 are denoted by an open rectangle box) isolated from adult hippocampi (B). Quantitation of protein expression in MLR (buoyant fractions 4 & 5) isolated from aged hippocampi (D). Six month and 20 month old mice per gene injection from the behavioral cohorts were used for quantitation. All fractions were generated from equal protein loading of 0.5 mg/ml. Data represent arbitrary units (A.U.) mean  $\pm$  SEM. Significance was assumed when \* $p < 0.05$ .

**Figure 3.**

*SynCav1* enhances CA1 pyramidal neuron dendritic arborization and soma-tip length in adult mice. **A-E**, 3D reconstruction and Sholl ring analysis at 20  $\mu\text{m}$  ring distance with a starting ring at 10  $\mu\text{m}$ . **A** representative example of Golgi-Cox stained CA1 pyramidal neuron in the hippocampus (**A**) along with neuron tracings in Neurolucida (**B**, *SynRFP*; **C**, *SynCav1*) and corresponding 3D reconstruction and Sholl ring of the neuron in **C** (**D**). xyz orientation of the cell in **C** and the corresponding depth of the cell shown in micrometers are indicated in **E**. xyz analysis indicated that the entire cell in its xyz axis is within 80  $\mu\text{m}$  thickness. Arrow in **A-D** points to the apical dendrites; arrowhead in **A-D** points to basal dendrites; scale bar in **A** represents 20  $\mu\text{m}$  (applies **A-E**). **F-H**, Total number of intersections of apical dendrites (**F**; filled circles, *SynRFP* in black and *SynCav1* in white) and basal dendrites of CA1 pyramidal neurons (**G**), and length of soma to tip distance of the dendrites (**H**) in adult mice. **I-K**, Total number of intersections of apical dendrites (**I**; filled circles, *SynRFP* in black and *SynCav1* in white) and basal dendrites of CA1 pyramidal neurons (**J**), and length of soma to tip distance of the dendrites (**K**) in aged mice.  $n = 4-6$  animals in each group and neuron data are from 10-22 neurons in each group. \*\*\* $p < 0.001$ , \*\* $p < 0.01$ , \* $p < 0.05$  compared with *SynRFP*.



**Figure 4.**

*SynCav1* enhances granule cell neuron dendritic arborization in adult mice. **A-E**, 3D reconstruction and Sholl ring analysis at 20  $\mu\text{m}$  ring distance with a starting ring at 10  $\mu\text{m}$ . A representative example of Golgi-Cox stained DG neuron in the hippocampus (**A**) along with neuron tracings in NeuroLucida (**B**, *SynRFP*; **C**, *SynCav1*). Arrow in **A-C** points to the apical dendrites; scale bar in **A** represents 20  $\mu\text{m}$  (applies **A-C**). **D**, Total number of intersections of apical dendrites (filled circles, *SynRFP* in black and *SynCav1* in white) of DG granule cell neurons in adult mice. **E**, Length of soma to tip distance of the dendrites in

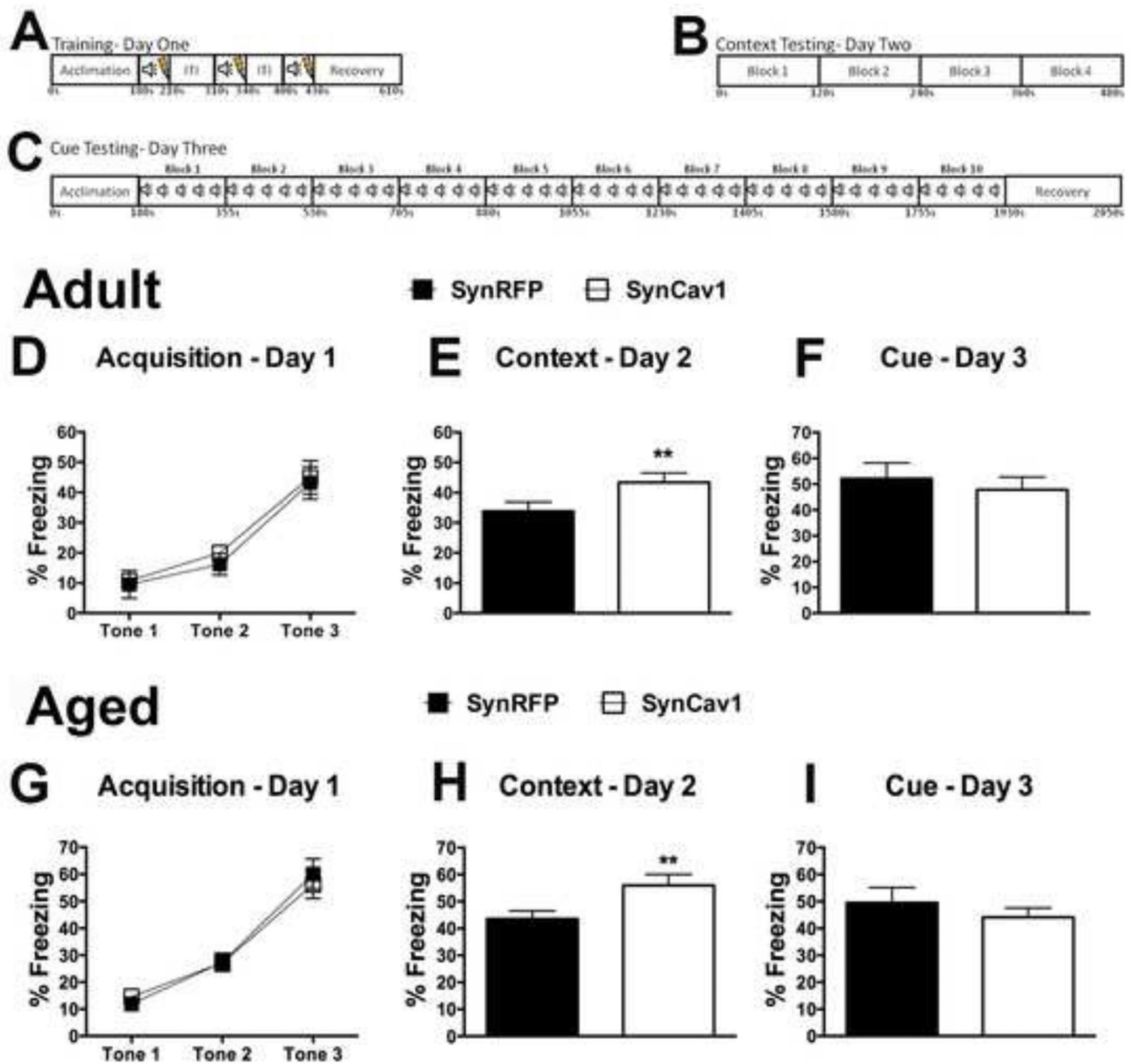
adult mice. **F**, Total number of intersections of apical dendrites (filled circles, *SynRFP* in black and *SynCav1* in white) of DG granule cell neurons in aged mice. **G**, Length of soma to tip distance of the dendrites in aged mice.  $n = 4-6$  animals in each group and neuron data are from 16-22 neurons in each group. \*\*\* $p < 0.001$ , \*\* $p < 0.01$ , \* $p < 0.05$  compared with *SynRFP*.

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**Figure 5.** *SynCav1* gene delivery improves contextual fear learning and memory in adult and aged mice. Schematic detailing the fear conditioning protocol for (A) training day one, (B) context testing day two, and (c) cue testing day three. *SynCav1* gene delivery improves contextual fear learning and memory in young adult mice. **D**, *SynRFP* and *SynCav1* ( $n = 13-14/\text{group}$ ) injected adult mice (4 months) showed similar acquisition in response to the conditioned stimulus at 6 months of age; this was reflected in A significant effect of time during the repetitive exposure of the tone/shock pairings, with no significance for ‘gene’ or ‘time \* gene’ – interaction. **E**, *SynCav1*-injected mice exhibited increased freezing to context re-exposure ( $p = 0.037$ ). **F**, No significant difference between groups was observed

after re-exposure to the conditioned stimulus in the altered context. **G**, *SynRFP* and *SynCav1* ( $n = 17-20/\text{group}$ ) injected mice (10 months) showed similar acquisition in response to the conditioned stimulus at 20 months of age; this was reflected in a significant effect of time during the repetitive exposure of the tone/shock pairings. **H**, *SynCav1*-injected mice exhibited increased freezing to context re-exposure ( $p = 0.017$ ). **I**, No significant difference between groups was observed after re-exposure to the conditioned stimulus in the altered context. Data are presented as mean  $\pm$  SEM. Significance was assumed when  $p < 0.05$ .

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