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# Rigid Substrate Induces Esophageal Smooth Muscle Hypertrophy and EoE Fibrotic Gene Expression

Eugene Tkachenko, Ph.D.<sup>5</sup>, Renee Rawson, B.S.<sup>1,2,4</sup>, Elizabeth La<sup>1,2,4</sup>, Taylor A. Doherty, M.D.<sup>1,5</sup>, Rachel Baum, B.S.<sup>1,5</sup>, Kellen Cavagnero, B.S.<sup>1,5</sup>, Atsushi Miyanohara, Ph.D.<sup>5</sup>, Ranjan Dohil, M.D.<sup>3,4</sup>, Richard C. Kurten, Ph.D.<sup>6</sup>, and Seema S. Aceves, M.D., Ph.D.<sup>1,2,4,5</sup> <sup>1</sup>Division of Allergy, Immunology, University of California, San Diego, Rady Children's Hospital, San Diego

<sup>2</sup>Center for Infection, Immunity, and Inflammation, University of California, San Diego, Rady Children's Hospital, San Diego

<sup>3</sup>Division of Gastroenterology and Nutrition, University of California, San Diego, Rady Children's Hospital, San Diego

<sup>4</sup>Department of Pediatrics, University of California, San Diego, Rady Children's Hospital, San Diego

<sup>5</sup>Department of Medicine, University of California, San Diego, Rady Children's Hospital, San Diego

<sup>6</sup>Department of Physiology and Biophysics, University of Arkansas for Medical Sciences, Arkansas Children's Hospital Research Institute

Corresponding Author: Seema Aceves, M.D., Ph.D., Division of Allergy, Immunology, Center for Immunity, Infection, and Inflammation, 9500 Gilman Drive, MC-0760, La Jolla, CA 92093-0760, Phone: 858-534-2983, Fax: 858-966-6791, saceves@ucsd.edu.

Eugene Tkachenko, Ph.D., Department of Medicine, University of California, San Diego, La Jolla, CA

Renee Rawson, B.S., Division of Allergy, Immunology, Center for Infection, Immunity, and Inflammation, Department of Pediatrics, University of California, San Diego, La Jolla, CA

Elizabeth La, Division of Allergy, Immunology, Center for Infection, Immunity, and Inflammation, Department of Pediatrics, University of California, San Diego, La Jolla, CA

Taylor A. Doherty, M.D., Division of Allergy, Immunology, Department of Medicine, University of California, San Diego, La Jolla, CA

Rachel Baum, B.S., Division of Allergy, Immunology, Department of Medicine, University of California, San Diego, La Jolla, CA Kellen Cavagnero, B.S., Division of Allergy, Immunology, Department of Medicine, University of California, San Diego, La Jolla, CA Atsushi Miyanohara, Ph.D., Department of Anesthesiology, Department of Medicine University of California, San Diego, La Jolla, CA

Ranjan Dohil, M.D., Division of Gastroenterology and Nutrition, Department of Pediatrics, University of California, San Diego, La Jolla, CA, Rady Children's Hospital, San Diego

Richard C. Kurten, Ph.D., Department of Physiology and Biophysics, University of Arkansas for Medical Sciences, Arkansas Children's Hospital Research Institute, Little Rock, AR

Seema S. Aceves, M.D., Ph.D., Division of Allergy, Immunology, Center for Infection, Immunity, and Inflammation, Departments of Pediatrics and Medicine, University of California, San Diego, La Jolla, CA, Rady Children's Hospital, San Diego

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Conflicts: ET has shares in MuWells (supplier of elastic cell substrates).

#### Keywords

Eosinophilic esophagitis; Remodeling; Fibrosis; Extracellular Matrix; Rigidity; Transforming Growth Factor-beta-1; Smooth muscle

### To the Editor

Eosinophilic esophagitis (EoE) is a chronic, food antigen mediated disease associated with esophageal fibrosis and dysmotility (1). Esophageal studies using ultrasounds and endoscopic functional luminal probes show increased esophageal rigidity and thickening of the smooth muscle layers, indicating hypertrophy (2–4). During EoE progression, the esophagus undergoes substantial tissue remodeling with fibrosis leading to clinical complications including strictures and food impactions (1, 4). EoE is induced by inflammation but the consequences of tissue remodeling can remain even after the inflammation is treated, suggesting the role of a fibrotic extracellular matrix (ECM) in the chronic nature of the disease. Fibrosis promotes remodeling of ECM, a substrate for adherent cells composing the tissue, often resulting in increased ECM rigidity. Changes in substrate rigidity have been shown to affect multiple cellular functions important for development, tissue homeostasis and progression of some diseases including cancer (5–7). Given the increased esophageal rigidity in EoE, we investigated the effect of cell substrate rigidity on the morphology, size, and gene transcription of cultured normal longitudinal smooth muscle (LSM) cells.

To control the rigidity of the substrate for primary human donor esophagus derived LSM cells we used SoftSubstrates silicone gels (MuWells, San Diego, CA) of defined, physiologically relevant rigidities (Young's Moduli, *E*, of 0.8, 3, 24, and 48 kPa) (see Methods in online supplement). We found that esophageal LSM cells cultured on stiffer substrate exhibited, decreased cell elongation, more pronounced actin filaments, and larger size compared to cells plated on softer substrates (Figure 1a, b). Cell spreading area was also significantly greater on increasingly rigid matrix (p=0.003) (Figure 1c). Taken together, our data indicate that smooth muscle (SM) cells on rigid matrix have a phenotype consistent with increased contraction and/or hypertrophy.

Phospholamban (PLN), an integral membrane protein regulating the sarcoendoplasmic reticulum calcium channel Serca2, is essential for cardiac contractility and is up-regulated in the esophageal muscularis mucosa in pediatric EoE subjects (8, 9). Our recent work has also identified PLN as an important player in TGF $\beta$ 1-mediated esophageal smooth muscle cell and myofibroblast contraction (8). To investigate the effects of rigid matrix on PLN expression substrate rigidity, we measured the transcriptional level of PLN in LSM cells plated on substrates of *E*=0.8, 3, 24, and 48 kPa and found it to be monotonically increased by substrate rigidity (Figure 2a). To understand the role of PLN in regulating SM cell size and morphology, we employed a stable transgenic primary human esophageal SM cell line expressing PLN under the control of a doxycycline inducible promoter (see online Methods). Using these cells, we found that SM cells overexpressing PLN had decreased elongation and increased cell size on flow cytometry analysis (Figure 2b, c). Therefore,

J Allergy Clin Immunol. Author manuscript; available in PMC 2017 April 01.

Tkachenko et al.

upregulation of PLN expression is sufficient to induce morphological changes in SM similar to those observed on rigid substrates.

The pattern of gene expression in LSM cultured on rigid cell substrate was strikingly reminiscent of a subset of TGF $\beta$ 1-induced genes including PLN, collagen I, and  $\alpha$ SMA (Figure 2d, e). However the expression of TGF $\beta$ 1 itself and other TGF $\beta$ 1-induced genes such as plasminogen activator inhibitor-1 (PAI-1) were not affected by the rigidity of the cell substrate (Figure 2d). Therefore cellular responses to substrate rigidity are likely to be controlled by signaling pathways with upstream molecular player(s) other than TGF $\beta$ 1.

In summary, we report here that a rigid cell substrate induces morphological and transcriptional changes in SM cells of the esophagus consistent with EoE. This finding challenges the paradigm of EoE pathogenesis as almost exclusively inflammation-dependent. In addition, the induction of collagen I, a structural component of the esophageal ECM, by a rigid matrix suggests that rigidity can potentially cause a positive feedback loop for fibrosis. We also demonstrate that PLN may be a key molecular player in rigid substrate-induced cellular hypertrophy since its expression increased monotonically with increasingly rigid substrate in parallel with cell size. Moreover, we demonstrated PLN overexpression is sufficient to promote SM cell hypertrophy. These results suggest that successful EoE treatment might require therapies that reverse the fibrotic changes in ECM to minimize the effects of rigid matrix on SM and that PLN may be a potential molecular target for these therapies. A focus on both inflammation-independent and inflammation-dependent esophageal rigidity may be needed to limit the onset, halt the progression, or reverse the path to a fibrostenotic esophagus in EoE.

### Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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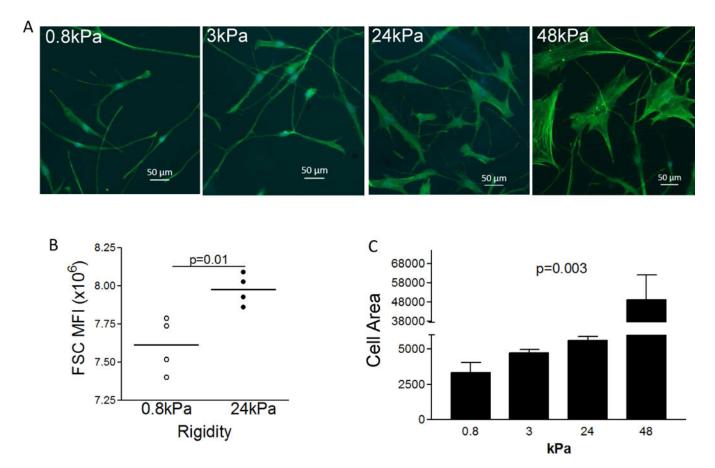
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J Allergy Clin Immunol. Author manuscript; available in PMC 2017 April 01.

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Tkachenko et al.

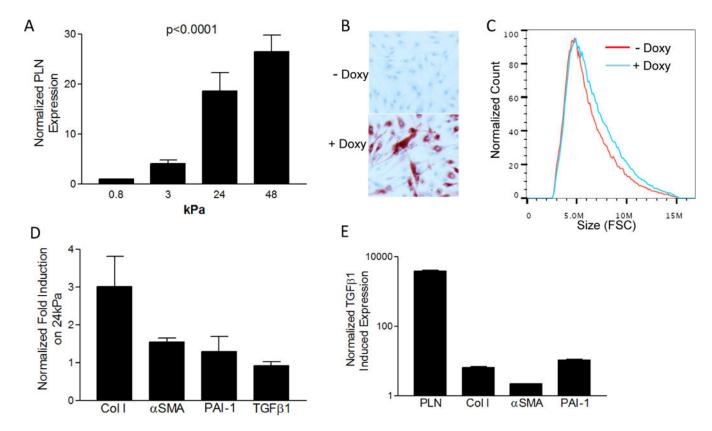


#### Figure 1.

Morphology of LSM cells on substrates of different rigidity. Representative image of phalloidin stain (green) of cells cultured on silicone gels of indicated elastic moduli (0.8, 3, 24 and 48kPa) (A). FACS analysis for cell size (relative units) was done using forward scatter and mean fluorescence intensity on live cells using Flowjo software (Tree Star) using cells cultured on 0.8 and 24kPa substrates. Each dot represents a biological replicate. Lines represent mean. p value was calculated using an unpaired t test (B). Quantification of cell area by the ratio of the area of phalloidin staining and cell numbers (quantified by blue nuclei) on substrates of indicated rigidities (0.8 to 48kPa). p value was calculated using ANOVA test (C).

J Allergy Clin Immunol. Author manuscript; available in PMC 2017 April 01.

Tkachenko et al.



#### Figure 2.

Gene Transcription and cell size in response to rigid substrate, PLN, or TGF $\beta$ 1. PLN induction in LSM cells cultured on substrates of indicated rigidities (0.8 to 48kPa). p value was calculated using ANOVA test (A). Doxycycline (Doxy) treatment of PLN inducible transgenic esophageal SM cells shows up-regulation of PLN expression (red stain) (B) and increased cell size using forward scatter (C). Normal longitudinal smooth muscle cells have increased gene transcription of indicated genes expressed as a ratio gene induction on hard (*E*=24 kPa) versus soft (*E*=0.8 kPa) substrates (D). Fold increase in LSM gene expression induced by TGF $\beta$ 1 treatment (E). mRNA levels for all conditions were normalized to the housekeeping gene RPL13A.