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Endothelial thermotolerance impairs nanoparticle transport in tumors

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Abstract

The delivery of diagnostic and therapeutic agents to solid tumors is limited by physical transport barriers within tumors, and such restrictions directly contribute to decreased therapeutic efficacy and the emergence of drug resistance. Nanomaterials designed to perturb the local tumor environment with precise spatiotemporal control have demonstrated potential to enhance drug delivery in preclinical models. Here, we investigated the ability of one class of heat-generating nanomaterials called plasmonic nanoantennae to enhance tumor transport in a xenograft model of ovarian cancer. We observed a temperature-dependent increase in the transport of diagnostic nanoparticles into tumors. However, a transient, reversible reduction in this enhanced transport was seen upon re-exposure to heating, consistent with the development of vascular thermotolerance. Harnessing these observations, we designed an improved treatment protocol combining plasmonic nanoantennae with diffusion-limited chemotherapies. Using a microfluidic

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endothelial model and genetic tools to inhibit the heat-shock response (HSR), we found that the ability of thermal preconditioning to limit heat-induced cytoskeletal disruption is an important component of vascular thermotolerance. This work therefore highlights the clinical relevance of cellular adaptations to nanomaterials and identifies molecular pathways whose modulation could improve the exposure of tumors to therapeutic agents.

Keywords

Nanomaterials; endothelium; drug transport; thermotolerance

Introduction

With the ongoing development of molecularly targeted therapies and nanoparticle carrier formulations, the delivery of such therapeutic cargos to solid tumors remains a central challenge in oncology. Locally enhancing the concentration of these agents within tumors will provide opportunities to achieve greater therapeutic efficacy, minimize off-target toxicities, and limit the development of drug resistance. Current chemotherapeutic regimens must carefully balance the conflicting goals of achieving cure and limiting systemic toxicity to normal organs. Many compounds which are highly lethal to cancer cells *in vitro* are rendered less effective in patients due to a narrow 'therapeutic index', a constraint well appreciated in clinical oncology.[1] To achieve the local concentrations required for optimal anticancer activity, the delivered cargo must overcome transport bottlenecks arising from physical features of tumors (e.g., high interstitial pressure and dense stroma). [2, 3]

Perturbing the tumor vasculature represents an attractive approach for enhancing transport for at least two reasons. First, by regulating physical barriers including blood flow and extravasation, the tumor vasculature limits the delivery of therapeutic agents spanning several orders of magnitude in size, including antibodies, nanoparticle carriers, and conventional chemotherapies.[3-7] Second, many solid tumors are dependent on the host vasculature for supplying nutrients and oxygen during neoangiogenesis. These features make the vasculature a generalized and genetically-stable target for solid tumors.[8] Multifaceted efforts have been made to modify the tumor vasculature to enhance transport. The anti-angiogenesis antibodies trastuzumab, bevacizumab, and cediranib normalize tumor vasculature and thereby improve tumor blood flow.[9-12] Transvascular transport is enhanced by vascular endothelial growth factor (VEGF), tumor necrosis factor alpha (TNF α), interleukin 1 (IL-1), histamine, and tumor-penetrating peptides.[13-16] Physical approaches harnessing electromagnetic or acoustical energy (e.g., radiofrequency ablation or focused ultrasound) are also being actively explored.[17-20] Nanomaterials (e.g., plasmonic nanoantennae) offer greater control of heating in tumor environments and have generated interest in nanomaterial-based methods for improving drug transport in tumors *via* localized heating.[21-27] Plasmonic nanomaterials efficiently convert near-infrared light into localized heat due to rapid oscillations in the nanoparticle's electron cloud, an effect known as surface plasmon resonance (SPR).[28, 29]

While many efforts have revealed how mass transport is altered in tumors as they develop, less is known about how the transport is altered in response to nanotherapeutic interventions, including hyperthermia.[30, 31] Vascular thermotolerance represents a potentially important adaptation of tumors to heat and limits transport in tumors, yet the cellular and molecular components responsible for its effects are not well understood.[5] Insight into how nanomaterial-mediated heating induces vascular thermotolerance and how vascular thermotolerance limits transport would deepen our understanding of tumor transport barriers and guide the development of oncologic approaches that utilize thermal energy.

The acquisition of thermotolerance has been primarily attributed to the heat-shock response (HSR), an evolutionarily conserved transcriptional program driven by Heat-Shock Factor 1 (HSF1) to protect cells from damage to the proteome induced by high temperature.[32] Upon heat-shock, HSF1 binds to regulatory elements on the DNA and induces the transcription of heat-shock proteins (HSPs), which act as molecular chaperones to restore protein homeostasis.[33-35] Many aspects of this pro-survival response are conserved from yeast to human, in various stressful conditions. In cancer, HSF1 is activated in tumors to promote their survival. Recent studies have revealed two distinct transcriptional programs activated by HSF1 in cancer cells and in cancer-associated stromal cells. Not only are these transcriptional programs different from each other, they are also distinct from the classic transcriptional response induced by heat-shock.[35] Together, these two cancer-associated programs promote malignancy in ways that reach far beyond the activation of classical heat-shock proteins. In fact, when exposed to heat, cancer cells, and presumably other cell types in the tumor, are capable of mounting an additional heat-shock response. However, it remains to be determined whether the HSR plays a role in mediating tumor transport through its effects on vascular thermotolerance.

Here, we explore the effects of local heating induced by plasmonic nanoantennae called gold nanorods (PEG-NRs) on tumor vasculature. PEG-NRs enhance the accumulation of therapeutic and diagnostic cargos in solid tumors, but at the same time they induce vascular thermotolerance. Therefore, while an initial heat exposure enhanced tumor transport, this effect was lost upon re-exposure to PEG-NR-mediated heating (as would occur in clinical protocols requiring repeated administration of chemotherapeutics over periods of days to weeks). We demonstrate in ovarian tumor xenograft models that delivery of diffusion-limited therapeutic agents is impaired due to thermotolerance, contributing to diminished treatment responses. Using microfluidic endothelial permeability assays, *in vitro* analysis of the endothelial cytoskeleton, and intravital microscopy of the tumor vasculature, we identify the HSR as playing a primary role in limiting heat-induced disruption of the actin cytoskeleton and thereby contributing to vascular thermotolerance. Lastly, we preliminarily explore inhibition of the HSR as a remedy for thermotolerance using genetic approaches that diminish HSF1 activity. Collectively, we find rapid thermal adaptation of solid tumors to nanomaterial-generated heat-stress, an effect with functional consequences for chemotherapeutic delivery and relevance to the design of more effective treatment schedules.

Materials and Methods

Animal models and cell lines

All studies involving mice were approved by the MIT Committee on Animal Care. Epithelial ovarian cancer models were established by unilateral or bilateral subcutaneous injection of $\sim 1-2 \times 10^6$ CP70 human ovarian cancer cells into the rear flanks of 4-5-week-old athymic nude mice (Charles River). The NOD-SCID *Hsf1*-null mouse model was generated in the Lindquist Laboratory, as follows: *Hsf1*^{+/-} mice (BALB/c \times 129SvEV), a gift from Ivor J. Benjamin, were crossed with NOD-SCID mice, and intercrossed for 4 generations. Mice carrying a *SCID/SCID* genotype, in combination with either an *Hsf1*^{+/+}, *Hsf1*^{+/-} or *Hsf1*^{-/-} genotype were used for this study. The HGL heat-shock reporter mouse strain was generated in the Lindquist lab as follows: standard C57BL/6 ES cells were targeted with a plasmid encoding a GFP-Luciferase fusion protein, under regulation of the *HSPA6* promoter, and used to generate a mouse which was then crossed into the albino variant and bred to homozygosity. *Rag1*^{tm1MorrTg(Tie2GFP)287Sato/J} mice expressing GFP in endothelial cells were used for vessel permeability studies (Jackson Laboratory). Tumor growth was monitored for approximately 10-20 days prior to injection of PEG-NRs. Human CP70 and OVCAR-8 cells were cultured in RPMI 1640 with L-glutamine (Invitrogen) supplemented with 10% fetal bovine serum (FBS) and penicillin/streptomycin. Mouse B16 melanoma cells were cultured in DMEM supplemented with 10% fetal bovine serum (FBS) and penicillin/streptomycin. Primary human umbilical vein endothelial cells (HUVECs) were cultured in media prepared from the EGM-2 BulletKit (Lonza).

PEG-NR Synthesis

Concentrated cetyltrimethylammonium (CTAB)-coated gold nanorods (Nanopartz, Inc.) with dimensions of 41 nm \times 10 nm were incubated with 5 kDa methyl-PEG-thiol (Laysan Bio, Inc.) to a final concentration of 100 μ M as described previously.[36] After gentle mixing for 60 minutes, solutions were dialyzed for at least 24 hours in 3,500 MWCO Slide-A-Lyzer cassettes (Thermo Scientific) in deionized, distilled water. Solutions were transferred to 100 kDa filter tubes (Millipore) and washed with ultrapure water through five cycles of centrifugation (3,000g, 10 minutes). PEG-NR solutions were resuspended in sterile PBS to an optical density of ~ 100 OD and stored at 4°C prior to use in animal models.

Tumor accumulation studies

Mice bearing bilateral CP70 ovarian tumors were administered intravenous injections of PEG-NRs (100 μ L; 100-150 OD). After 48-72 hours to allow PEG-NR clearance from the systemic circulation, animals received an intravenous injection of AngioSpark750 (AS750) (Perkin Elmer) (50 μ L in PBS; stock solution) and one flank tumor received 808nm near-infrared irradiation for up to 30 minutes using a continuous 808nm diode laser source (Visotek). Tumor temperature was monitored continuously with an infrared thermal camera (FLIR T650sc) and tumor temperature was maintained at 40-43°C during the laser irradiation period. At multiple time points between 10 minutes and 48 hours after PEG-NR heating, tumor near-infrared fluorescence imaging was acquired using a whole-animal IVIS Spectrum-bioluminescent and fluorescent imaging system (Xenogen). Quantification of relative AS750 accumulation in PEG-NR-heated tumors compared to contralateral unheated

tumors was performed using Living Image analysis software (v4.3.1). Tumors harvested from animals were rinsed in PBS and whole-tumor AS750 fluorescence was detected using a near-infrared imaging system (LICOR Odyssey). Tumor homogenates were prepared by incubating tumor samples in tissue extraction buffer (70% EtOH, 0.3N HCl) and lysing samples on an automated homogenizer (gentleMACS Octo Dissociator, Miltenyi Biotec). Samples were centrifuged (1,000 rpm, 5 minutes), extracted overnight at 4°C, and supernatant fluorescence was measured in microplates on the LICOR imaging system.

For tumor accumulation studies in immunocompromised *Hsf1*-null, heterozygous, and wild type animals, subcutaneous CP70 xenografts were established on the hind flank, PEG-NRs were administered intravenously, and AS750 was administered immediately prior to heating. AS750 fluorescence was serially monitored by whole animal fluorescence imaging (IVIS) for up to 48 hours post-injection. Area under the curve (AUC) quantification was performed using GraphPad Prism software (v6.02).

Intravital imaging

Intravital tumor imaging was performed on an Olympus FV1000 multi-photon laser scanning confocal microscope with a 25X, N.A. 1.05 objective lens. For vessel permeability experiments, animals were anesthetized by isoflurane and administered an intravenous bolus of fluorescein dextran (70,000 MW; Invitrogen), tetramethylrhodamine (TMR) dextran (2,000,000 MW; Invitrogen), or Texas Red dextran (70,000 MW; Invitrogen) (2–2.5 mg/mL). Immediately following injection of vascular dyes, tumors were positioned and immobilized on the stage for the duration of the experiment. For heat-shock induction experiments, dorsal window chambers were surgically implanted or skin-flap models were prepared in HGL reporter mice. Induction of the heat-shock response as measured by GFP expression in vessels and surrounding tissue was monitored up to 24 hours post-heating. For intratumoral cellular uptake studies, Rag1-Tie2GFP mice bearing unilateral subcutaneous CP70 xenograft tumors were intravenously administered TR-dextran to visualize the vessel lumen and interstitial cells and imaged with a 25X, N.A. 1.05 objective lens and 4X digital zoom (100X total magnification) within 1-2 hours following PEG-NR heating.

Microfluidic in vitro permeability studies

Microfluidic devices were fabricated as described previously.[37, 38] Briefly, 400 µm stainless steel needles were withdrawn from collagen hydrogels polymerized within the device to create cylindrical voids that were then seeded with HUVECs. The endothelialized channels were exposed to continuously applied shear stress at magnitudes between 0.1 and 0.2 Pa for 12-18 hours to facilitate formation of tight junctions. Channels were placed in a temperature-controlled chamber (Air-Therm ATX, World Precision Instruments) on an epifluorescence microscope (Nikon Eclipse TI, Nikon Instruments). Saline solutions containing 70 kDa FITC-Dextran and Rhodamine-Dextran (Sigma) were continuously perfused through channels at flow rates of 5µL/min. Temperature within the heated chamber was continuously monitored for the duration of each experiment. Fluorescence and brightfield images were acquired with a 10X objective lens at the start and conclusion of each heating period. MetaMorph software (v7.7.3.0) was used for image acquisition. Channels receiving repeated heating cycles were returned to a 37°C incubator between the

initial and subsequent imaging sessions, and again exposed to fluid shear stress. Dextran diffusion was quantified by tracking the movement of the dye front as a function of time. Image analysis, quantification of dye front displacement, and statistical analysis were performed with ImageJ software and GraphPad Prism software (v6.02).

Cytoskeletal stability studies

HUVECs were seeded into μ -slide 8 well standard bottom dishes (ibidi) at 4.5×10^3 cells per well and allowed to adhere for 24 hours. The culture medium was then exchanged for fresh medium containing rAVCMV-LifeAct-TagGFP2 adenovirus (MOI: 100) (ibidi). After overnight incubation at 37°C, HUVECs either received a heat pre-treatment (45°C, 30 minutes) or were maintained at 37°C. Following a 24 hour recovery period at 37°C, all cells then received a heat-shock (45°C, 1 hour). Images were acquired using a 20X objective lens on a fluorescence microscope (Nikon Eclipse Ti) prior to and 0, 1, 2, 4, and 6 hours after the final heat treatment. Images were obtained from 6–8 different wells per condition and time point. An investigator blinded to the experimental conditions scored cells contained visible actin filaments connecting non-adjacent points on the cell membrane, as well as the total number of cells per field. A total of 13,583 cells were scored (1,072–1,213 cells per condition) and statistical analysis was performed using GraphPad Prism software.

Cell viability studies

HUVECs were seeded at 5×10^3 cells per well in 96-well black glass-bottom plates (Grenier) and allowed to adhere for 24 hours. Cells were pretreated by incubation at 45°C for 30 minutes, allowed to recover for 24 hours at 37°C, then incubated at 45°C for an additional 1 hour. Cells were allowed to recover at 37°C for 30 hours. Relative viable cell number was assayed using Alamar Blue (Invitrogen) prior to and 0, 6, and 30 hours after the final heat treatment.

Tumor volume and survival studies

For tumor progression studies, nude mice were implanted with $\sim 1-2 \times 10^6$ CP70 human ovarian cancer cells in the hind flanks. Tumor treatments consisted of administration of PEG-NRs, doxorubicin-loaded liposomes (5 mg/kg) (Encapsula), and NIR irradiation with appropriate controls. Briefly, 48-72 hours after PEG-NR administration, tumors were exposed to NIR laser irradiation to achieve a temperature of $\sim 41-43^\circ\text{C}$ for 30 minutes as monitored using an infrared camera (FLIR T650sc). 24 hours later, animals underwent a second cycle of NIR laser irradiation in combination with intravenously administered doxorubicin-loaded liposomes. Longitudinal tumor progression studies lasted $\sim 4-5$ weeks from initial treatment with tumor volumes measured approximately every 3-4 days using digital calipers by investigators who were blinded to the experimental groups. Animals were euthanized when the tumor burden exceeded 500 mm^3 . Plots and statistical analysis of tumor volume growth and Kaplan-Meier survival analysis were performed using GraphPad Prism.

Immunohistochemistry

Tumors were harvested and fixed in PBS containing 4% paraformaldehyde overnight at 4°C. Tissues were transferred to cassettes and placed in 70% ethanol solution at room

temperature until paraffin embedding. Antibodies used included a rabbit polyclonal CD31 antibody (1:75, Abcam), rabbit monoclonal HSP70 (1:50, Cell Signaling), and a cocktail of rat monoclonal antibodies to HSF1 (AB4) (1:500, Thermo Scientific). Slides were counterstained with standard Hematoxylin & Eosin (H&E). LabVision Autostainer 360 Immunohistochemical Stainer (Thermo Scientific) was used to perform IHC with antigen retrieval.

Nanoparticle circulation time

AS750 and FITC-Dextran were intravenously administered to animals, and blood was collected by retro-orbital sampling at several times following injection using heparin-coated microcapillary tubes (VWR). Samples were rapidly transferred to a 5 mM EDTA solution to prevent coagulation. Blood samples were spun on a tabletop centrifuge for 30-60 seconds to separate plasma and erythrocyte fractions. Plasma fractions were transferred to 96-well plates and read on a fluorescence microplate reader (Molecular Devices) and near-infrared imaging system (LICOR).

Nanoparticle in vitro stability

AS750 nanoparticles were serially diluted in solutions of distilled water, PBS, 10% (v/v) FBS in PBS, and 50% (v/v) FBS in PBS to a lowest concentration of 1:100,000 of the stock concentration. Nanoparticle fluorescence was measured on an IVIS Spectrum-bioluminescent and fluorescent imaging system (Xenogen) and an Odyssey near-infrared scanner (LICOR). Image analysis and quantification was performed using ImageJ software.

Results

PEG-NR heating enhances tumor transport followed by development of thermotolerance

Mild heating of tumors with PEG-NRs or other methods has previously been shown to enhance the accumulation of diagnostic and therapeutic agents in tumors.[5, 24, 39] To study the impact of nanomaterial-driven heating on tumor transport, mice with ovarian xenograft flank tumors were administered PEG-NRs several days prior to heating. At various times, tumor transport was assessed by quantifying delivery of pegylated fluorescent nanoparticles (AS750) as a model of diffusion-limited cargo. AS750 is composed of an iron oxide core coated with polyethylene glycol (PEG) and near-infrared fluorophores; its circulation time ($t_{1/2}$: 283 minutes), particle size (~35 nm), and spectral characteristics (Ex/Em: 750/775 nm) make it a good model for clinical nanoparticle formulations and for *in vivo* monitoring. Consistent with previous studies, tumors receiving a single exposure to PEG-NR heating accumulated AS750 in 2.1-fold excess compared to unheated tumors on the contralateral flanks (**Fig. 1**). Because most therapeutic agents are administered clinically in multiple cycles spanning periods of days to weeks, we explored the consequences of repeated PEG-NR heating on tumor transport. Ovarian tumor xenografts received repeated exposure to PEG-NR heating with intervals between heating episodes defined as delta T ranging from 8 hours to 1 week. Tumor transport was characterized at the time of the second heat exposure by administration of AS750. A delta T of 8 hours still resulted in a 1.4-fold increase in tumor transport relative to untreated tumors, however the enhancement was reduced as compared to that seen after a single heat exposure. At longer delta T of 24 and 48 h, tumor

transport was no longer enhanced over untreated controls (0.9- and 1.0-fold respectively), consistent with the development of vascular thermotolerance. At longer delta T, we noted a recovery of heat-enhancement, beginning at 96 h and increasing back to >2-fold by a delta T of one week. Fluorescence of explanted tumors displayed a similar trend, with shorter delta T between PEG-NR heat exposures correlating with reduced tumor transport (**Supp. Fig. 1**). These data demonstrate that PEG-NR heating increases tumor transport but also induces a state of vascular thermotolerance that peaks at 24-48 h and reverts after one week. In subsequent experiments, we used a delta T of 8 or 24 h to further investigate the acquisition of thermotolerance within the tumor vasculature.

To explore the dynamics of heat-enhanced tumor transport, mice received either a single or double exposure to PEG-NR heating and tumor transport was assessed by offsetting the administration of AS750 by 0, 1, or 6 h after heating (**Supp. Fig. 2a**). Tumors receiving a single exposure of PEG-NR heating displayed a 2-2.7-fold increase in accumulation when AS750 was administered within 1 hour of PEG-NR heating and no relative enhancement in accumulation when AS750 was administered 6 hours after PEG-NR heating (**Supp. Fig. 2b,c**). These data indicate that a single exposure of PEG-NR heating establishes a 6 hour 'window' where nanoparticles can accumulate to a greater extent within heated tumors. Interestingly, in tumors receiving a repeated PEG-NR exposure after delta T of 8 h, we no longer observed an enhancement in accumulation when AS750 was administered 1 h following the second heat exposure (**Supp. Fig. 2b,c**). These results suggest that both the magnitude of the thermal response and its dynamics may be altered after repeated exposure to heat. Taken together, these data demonstrate an initial increase in tumor transport in response to heat that is followed by a transient, reversible loss in heat-enhancement.

Rational design of PEG-NR therapeutic regimens for enhanced tumor transport and efficacy

We next examined the relationship between PEG-NR heating schedules, chemotherapeutic drug accumulation in tumors, and resulting anticancer activity. Our results in tumor models point to specific design criteria that could maximize the efficacy of combination approaches involving PEG-NR heating and chemotherapy. In particular, we reasoned that the temporal relationship between heating and administration of therapy may be important, as re-exposure to PEG-NR heating with delta T of less than 96 h dampened tumor accumulation. Doxorubicin-loaded liposomes are a clinically-approved nanoparticle therapy for ovarian cancer, yet their relatively large particle diameter (~100 nm) limits their intratumoral accumulation. Consistently, a single exposure to PEG-NR heating led to a 2.7-fold higher concentration of doxorubicin liposomes in xenograft tumor homogenates relative to double heated tumors with delta T of 24 h (**Fig. 2a**). Given the enhancement in intratumoral doxorubicin concentrations, we then investigated the degree to which improved delivery influenced antitumor efficacy and animal survival. Cohorts of tumor-bearing mice were randomized to receive doxorubicin liposomes with either single or double exposures to PEG-NR heating (1X Heat+Dox and 2X Heat+Dox, respectively), doxorubicin liposomes alone (Dox), or no treatment (NT) (**Fig. 2b**). We observed the greatest antitumor effect in the 1X Heat+Dox cohorts. While tumor growth was delayed in the 2X Heat+Dox cohort relative to untreated controls, these tumors grew significantly faster than those in the 1X Heat+Dox

cohort (**Fig. 2c**). A similar trend was observed in a Kaplan-Meier survival analysis; untreated and Dox only cohorts survived between 16-20 days after initiation of treatment. While 2X Heat+Dox cohorts survived longer than either of these groups, the 1X Heat+Dox cohorts survived for the longest duration overall and significantly longer than the 2X Heat +Dox cohort with no evidence of systemic toxicity among any of the cohorts (**Fig. 2d, Supp. Fig. 3**).

Endothelial response to PEG-NR heat exposure in the tumor environment

Because the endothelium is a dynamic, heat-responsive interface between the systemic circulation and the tumor interstitium, we next assessed the role of the endothelium in mediating vascular thermotolerance. Having observed the effect of thermotolerance on tumor transport and growth *in vivo*, we sought to visualize endothelial barrier function *in vivo*. In particular, we sought to understand the size-dependence of the permeability effects on potential cargos, as well as observe endothelial responses to single and double PEG-NR heating in the tumor environment. Mouse xenograft models received either a single PEG-NR heat exposure or double PEG-NR heat exposure with a delta T of 24 hours. Transvascular transport in tumors was probed by an intravenous bolus of 70 kDa FITC-Dextran. Unheated tumors displayed minimal extravasation of 70 kDa FITC-Dextran tracer dye, whereas tumors receiving a single PEG-NR heat exposure exhibited vascular leakage into the interstitial space within an hour after heating (**Supp. Fig. 4**). Consistent with bulk measurements in Fig. 1, tumors receiving a second exposure to PEG-NR heating displayed less extravasation of tracer dye into the interstitial space.

Increased vascular permeability via endothelial cell retraction would not necessarily lead to enhanced tumor accumulation of tracer due to bidirectional diffusive transport of cargo across the vessel wall. [3] Therefore, we sought to understand what could be driving tracer accumulation and retention in our model using intravital microscopy. To visualize extravasation in proximity to tumor vessels at higher resolution, we established tumors in a transgenic mouse model using the Tie2 promoter to drive tissue-specific expression of GFP in endothelial cells. Intravenous 70 kDa Texas Red dextran (TR-Dex) was administered and the intra- and extravascular distribution of TR-Dex was examined in response to PEG-NR heating regimens (**Fig. 3**). Most notably, we observed a significant number of perivascular TR-Dex positive puncta, likely representing macrophage or dendritic cell populations, consistent with phagocytic uptake of TR-Dex. (**Fig. 3a,b**). For each PEG-NR heating regimen, we quantified the frequency of TR-Dex-positive cells per volumetric image stack as a proxy for the degree of local extravasation (**Fig. 3c**). Unheated tumors displayed relatively few TR-Dex-positive cells, whereas tumors receiving a single exposure to PEG-NR heating displayed a significant 3.9-fold greater frequency of TR-Dex positive cells. In contrast, tumors re-exposed to PEG-NR heating with delta T of 24 h displayed a reduced frequency of TR-Dex-positive cells which was only 1.6-fold higher than the unheated state. For each condition, tumor blood flow was maintained during each imaging period suggesting that vaso-occlusion or thrombosis was not a major contributor to the diminished extravasation observed with repeated PEG-NR heating (data not shown). Elevated levels of vascular endothelial growth factor (VEGF) in the tumor microenvironment could also enhance vascular permeability, with both increased inter-endothelial gap formation and

increased transcytosis. Nevertheless, we did not observe significant differences in VEGF expression following either heating regimen in this study (**Supp. Fig. 5**).

To corroborate these observations with bulk tumor accumulation, tumor homogenates were prepared from mice injected intravenously with 70 kDa FITC-Dextran. Homogenates from tumors receiving a single exposure to PEG-NR heating accumulated 1.7-fold greater FITC-Dextran than unheated controls, whereas homogenates from tumors receiving a double heat exposure accumulated FITC-Dextran to a similar degree as unheated tumors (**Fig. 3d**).

Activation of endothelial heat-shock response is sufficient to limit heat-enhanced transvascular transport

Having demonstrated a role for the endothelium in mediating vascular thermotolerance, we next focused on the relevant cellular and molecular pathways involved. To study the specific contribution of the endothelium to vascular thermotolerance, we used a microfluidic device consisting of a cylindrical channel lined by a monolayer of endothelial cells encapsulated in type I collagen.[37] (**Fig. 4a**) The cylindrical monolayers represent a first approximation of the vasculature of solid tumors, which consist of an endothelial monolayer surrounded by a network of collagen fibers, proteoglycans, and cancer cells as well as reduced pericyte coverage.[8] A saline solution containing 70 kDa FITC-Dextran was perfused through the endothelial channel and permeability associated with various temperatures and heating regimens was measured over time using the migration of the FITC-Dextran dye front. (**Fig. 4b**) We applied a temperature ramp spanning physiological body temperature of 37°C to 45°C to encompass the full range of temperatures achieved during *in vivo* PEG-NR heating experiments. For vessels subjected to a single heat treatment, FITC-Dextran dye was retained within the vessel lumen between 38°C and 42°C (**Fig. 4d,e**). At 43°C, we observed significant migration of the dye front into the surrounding collagen matrix, indicating disruption of the endothelial monolayer and increased transvascular permeability (**Fig. 4c**). Structural changes to the endothelium were observed, as the cells transitioned from a confluent, flow-aligned ‘cobblestone’ appearance prior to heating to a contracted state with increased frequency of inter-endothelial gaps (**Fig. 4b**).

Interestingly, when the same vessels were subjected to a second heat treatment with a delta T of 8-24 h, the dye front displacement of FITC-Dextran was diminished. When heated channels were returned to physiological body temperature after an initial heating, the endothelial cells resealed to form a functional barrier to FITC-Dextran diffusion (data not shown). Compared to their initial heating exposure, re-heated vessels displayed 26.3- and 11.6-fold less dye front displacement at 42°C and 43°C, respectively (**Fig. 4c,d**). To integrate the effect across temperature, we calculated the cumulative dye front displacement during single heating and re-heating regimens. The cumulative displacement of FITC-Dextran from the lumen into the surrounding collagen matrix between 40°C and 43°C was reduced by 2.6-fold in re-heated channels relative to single heated channels (**Fig. 4e**). The ability to recapitulate vascular thermotolerance in a model containing minimal elements (i.e., endothelial cells and collagen) suggests that the endothelium is a key factor in adaptation to repeated thermal challenges.

Cytoskeletal recovery of endothelial cells is enhanced after repeated exposures to heat

The morphological changes in endothelial cells suggested that cytoskeletal disruption can contribute to functional changes in permeability. To explore the response of the endothelial cytoskeleton to single versus double heat exposures, human umbilical vein endothelial cells (HUVECs) were infected with adenovirus expressing an F-actin-binding GFP fusion protein which enables dynamic monitoring of F-actin destabilization and structural recovery in living endothelial cells. HUVECs received either a single heat exposure ('1X heat') or second heat exposure with delta T of 24 h ('2X heat'), and cytoskeletal structure was serially monitored by time-lapse fluorescence microscopy (**Fig. 5a**). To quantify cytoskeletal structure, we scored cells with at least one visible F-actin filament connecting non-adjacent points along the cell membrane (F-Actin+). Heating conditions were chosen to mimic the single and double PEG-NR heating regimens explored *in vivo*, and the heat exposures in the minimal microfluidic vasculature *in vitro*. At physiological temperatures, the majority of cells in the 1X heat group and 2X heat group displayed numerous membrane-spanning F-actin filament networks (**Fig. 5b,d, Supp. Fig. 6**). Immediately following heating, both 1X heated and 2X heated cells displayed a collapsed F-actin appearance as observed in prior studies.[40, 41] Time-lapse microscopy revealed the kinetics of cytoskeletal recovery of 1X heated and 2X heated cells following heat exposure. 2X heated endothelial cells exhibited efficient structural recovery 1-2 hours after heat exposure and remained stable at these levels for 4-6 hours after heat exposure. In contrast, 1X heated cells failed to exhibit recovery of the cytoskeleton 1-2 hours after heat exposure, and 6 hours later exhibited only partial recovery. Endothelial cell viability was not significantly different between 1X heated and 2X heated cells before heat exposure, immediately following heat exposure, or 30 hours following heat exposure. A small decrease in viability in 1X heated cells was observed 6 hours after heat exposure (**Fig. 5c**). Collectively, these data demonstrate that a pre-conditioning heat treatment of endothelial cells accelerates recovery upon subsequent heat exposure, which is manifested by more efficient F-actin cytoskeleton recovery. Importantly, the time scales for cytoskeletal recovery observed in 1X heated and 2X heated endothelial cell populations were similar to the windows of altered cargo accumulation observed in tumors exposed to single and double PEG-NR heating regimens, respectively.

PEG-NR heat exposure induces a heat-shock response

Because we found that vascular thermotolerance impacts tumor transport, an understanding of the molecular pathways mediating this effect could suggest approaches to improve transport. The mammalian heat-shock response (HSR) is an ancient, evolutionarily conserved cellular signaling network that is activated in response to a variety of proteotoxic stresses including heat, oxidative stress, low pH, and heavy metals.[32] Previous studies have identified a role for the HSR in mediating thermotolerance in a variety of cells and organisms.[42-44] Thermotolerance is classically defined as a cell-intrinsic adaptation to heat stress that promotes increased viability upon subsequent heat stress. Of interest to this study, thermotolerance has been shown to confer enhanced cytoskeletal stability to cells upon subsequent heat exposure.[40, 41] To investigate whether nanomaterial-induced heat activates an HSF1-dependent HSR in our model, we performed intravital microscopy of tumor xenografts growing in transgenic mice expressing HSF1-dependent GFP fused to

Luciferase (HGL model) (**Fig. 6a**). HGL mice bearing B16 melanoma xenografts received single PEG-NR heat treatments. Unheated tumors displayed minimal GFP expression in vascular territories (**Fig. 6b**). Because of their strong optical scattering properties, PEG-NRs were readily visualized in both heated and unheated tumors as punctate, perivascular signals in all emission channels (**Fig. 6b, Supp. Fig. 7**). Tumors receiving a single PEG-NR heat exposure displayed a marked and diffuse increase in GFP expression in the host-derived tumor stroma indicating robust induction of the HSR in response to PEG-NR heating. A cellular infiltrate appearing to concentrate the PEG-NRs in perivascular regions was also observed in PEG-NR heated tumors (**Fig. 6b**). Using a dorsal skinfold model to investigate normal endothelium, several regions revealed strong vascular GFP expression indicating that the normal vascular endothelium mounts a prominent HSR within hours following heating (**Fig. 6c,d**). Our results suggest that the thermotolerance we observed in tumors with delta T between 8 – 24 h could be explained by induction of the HSR in the endothelium after an initial heat exposure. These experiments establish that tumor-localized heating by PEG-NRs and other means is sufficient to induce a robust HSR in both normal and tumor endothelium.

Inhibition of the HSR maintains heat-enhanced tumor transport upon repeated heating

We next investigated whether sustained inhibition of the HSR might restore transport in the setting of thermotolerance. To this end, we established tumor xenografts in immunocompromised mice harboring deletions in one or both alleles of *Hsf1*. Tumors received two PEG-NR heat exposures with a delta T of 24 h. As in Fig. 1, AS750 tumor accumulation was serially measured by in vivo fluorescence imaging. (**Fig. 7a**). Because we observed the greatest thermotolerance with delta T of 24 h in earlier experiments, we selected this as the interval between PEG-NR heat exposures. Among the groups, animals with two functional alleles of *Hsf1* displayed the least enhancement in AS750 accumulation following 2X heating, consistent with the development of thermotolerance observed earlier (**Fig. 7a,b**). Interestingly, compared to *Hsf1*^{+/+} mice, mice with one or two deleted *Hsf1* alleles accumulated 2.6- and 6.0-fold greater concentrations of AS750, respectively, during the 24 h period following AS750 administration (**Fig. 7c,d**). To rule out the possibility that tumors growing in *Hsf1*^{-/-} mice were more prone to accumulate AS750 than those growing in *Hsf1*^{+/+} mice due to intrinsic, non-vascular structural differences, single exposures of PEG-NR heating were explored in *Hsf1*^{+/+} and *Hsf1*^{-/-} models. With single exposure to PEG-NR heating, we observed no significant difference in the net accumulation of AS750 in xenografts implanted in *Hsf1*^{+/+} vs. *Hsf1*^{-/-} mice after 24 hours (**Supp. Fig. 8**). Variations in accumulation based on genotype were observed at earlier time points (3-4 h), but these differences were not statistically significant. Immunohistochemical staining of tumor sections revealed strong nuclear HSF1 expression in the tumor cells independent of the host's genetic background, but no expression in CD31⁺ vascular cells in *Hsf1*^{-/-} animals, even those that received PEG-NR heating (**Supp. Fig. 9**). Collectively, these data suggest a model in which PEG-NR heating modulates the tumor endothelium in a transient, reversible manner, with consequences both for cargo delivery and overall therapeutic efficacy. (**Fig. 7e**)

Discussion

This study deepens our understanding of vascular thermotolerance, both in terms of its functional effects on tumor growth and the underlying mechanisms involved. We find that nanomaterial-generated heat stress can induce vascular thermotolerance in tumors, contributing to reduced delivery of therapeutics and diminished treatment responses. Additionally, we identify stabilization of the actin cytoskeleton associated with the endothelial HSR as a major feature of acquired vascular thermotolerance.

Because dosing regimens in the clinic require multiple cycles of administration, we explored the effect of re-exposure to PEG-NR heating on tumor transport. Previous studies have elucidated a role for vascular thermotolerance in regulating tumor blood flow in a site- and tumor model-dependent manner.[45] For instance, local vascular damage after heating in regions containing higher concentrations of PEG-NRs may play a role in the initial development of vascular thermotolerance.[30] In our model, however, the tumor vasculature remained functionally perfused with blood. Our studies extend the effects of vascular thermotolerance to transvascular transport, a major barrier to cargo delivery.[46] Our data revealed a transient period of impaired transport in tumors re-exposed to PEG-NR heating within 24-48 h of an initial heat exposure. Heat-responsiveness was restored approximately 1 week after the initial exposure. It is feasible that blood flow and transvascular transport in tumors are functionally coupled in the context of therapeutic delivery, and this hypothesis requires further study.

Our transport data enabled us to rationally design therapeutic dosing schedules involving PEG-NRs and chemotherapeutic agents. In particular, we observed that delivery of doxorubicin liposomes was impaired by vascular thermotolerance for a period of up to 48 hours. It is interesting that despite comparable therapeutic concentrations in the unheated and 2X PEG-NR heating groups, animals receiving doxorubicin liposomes in combination with PEG-NR heating demonstrated slower tumor progression, which could reflect a synergistic interaction between heating and chemotherapy occurring in the tumor parenchyma. Nevertheless, the superior response to weekly doxorubicin liposomes and single PEG-NR heat exposure suggests that vascular thermotolerance has direct clinical consequences on tumor progression.

The well-defined role of the tumor endothelium in regulating cargo transport [3] led us to focus on its role in thermotolerance. Using a minimal microfluidic model of the endothelium, we recapitulated the transport behavior observed *in vivo*, providing evidence that the endothelium was sufficient for the development of thermotolerance. Additionally, for both single and double heat exposures, we linked the stability and recovery kinetics of the endothelium to F-actin cytoskeleton dynamics. Importantly, normal endothelial cells exhibited thermotolerance in our microfluidic and fluorescent actin studies, suggesting that this effect is not limited to tumor-associated endothelial cells. The *in vivo* selectivity for tumor vessels we observe is therefore likely a consequence of local PEG-NR accumulation and focused deposition of energy in the tumor environment, rather than intrinsic differences between normal and tumor endothelium; however, the similarity and differences in thermal responses of different endothelial subtypes remains an open area of inquiry. By observing

similar heat-responsive kinetics at multiple biological scales – from individual cells to three-dimensional endothelial models to the tumor environment – we suggest that subcellular processes in endothelial cells related to cytoskeletal stability contribute to the macroscopic effects on tumor transport.

While the development of thermotolerance is associated with induction of the heat-shock response (HSR), less is known about the role of the HSR in the context of therapeutic delivery. In this study, we demonstrate a role for the HSR in vascular transport by observing that induction of the HSR in the endothelium temporally correlates with the development of thermotolerance. Furthermore, genetic deletion of *Hsf1*, the master regulator of the mammalian HSR, in the vasculature was associated with enhanced accumulation following re-exposure to PEG-NR heating. Loss of *Hsf1* in fibroblasts co-injected with breast cancer cells into mice has recently been shown to attenuate the growth of breast cancer tumor xenografts.[47] CP70 cells used in this study, however, are a cisplatin-resistant, highly aggressive subclone of A2780 ovarian cancer cells. Xenografts formed by these cells are largely devoid of cancer-associated fibroblasts (CAFs), and any other stroma, and still form in *Hsf1* null mice. A role for the HSR in endothelial stability has been suggested by previous reports identifying HSR proteins including HSP27 as stabilizers of F-actin stress fibers during thermal stress.[40, 41] Cell lines with elevated HSP27 expression had increased stability of stress fibers during multiple heat exposures. This behavior persisted for several days and contributed to maintenance of both normal morphology and viability. Future studies may illuminate roles of HSP27 and other HSR-regulated proteins in modulating transport across the vascular endothelium into the tumor.

Our focus in this study on the endothelial cell-intrinsic adaptations to heat exposure does not preclude other mechanisms of vascular permeability. In addition to thermally-induced cytoskeleton collapse, endothelial contraction in venules is induced by vasoactive agents such as histamine and bradykinin, as well as cytokines including tumor necrosis factor (TNF) and interferon- γ . [48] Mast cell activation in tumors may induce local release of histamine, which in turn may contribute to the early phases (< 1 hour) of enhanced nanoparticle delivery observed. Additionally, direct endothelial injury in regions with high concentrations of PEG-NRs may induce an immediate sustained response lasting for several hours following PEG-NR heat exposure. Vascular endothelial growth factor (VEGF) influences vascular permeability in tumors[8], but we did not observe variations in VEGF between different heating regimens in this study. Lastly, modifications to the extracellular matrix, particularly collagen, can independently modify drug transport.[49-53] In our model, we observed retention of macromolecules in regions with higher collagen density (**Supp. Fig. 10**), further supporting a role for the extracellular matrix in modulating drug transport. PEG-NR-mediated therapy alters collagen structure at ablative temperatures [54], but the effect at milder heating regimes remains an active area of investigation. The kinetics of nanoparticle accumulation suggest that vascular-modifying effects of PEG-NR heating are likely to be multifactorial, including both chemical mediators and the cell-intrinsic adaptations we describe.

Delivery of therapeutics to solid tumors in an efficient and specific manner remains a major challenge. In addition to molecular targeting approaches with monoclonal antibodies or

peptides, physical stimuli such as acoustic and electromagnetic energy have garnered interest because they target a genetically-stable component of solid tumors. In addition, the technologies to generate intratumoral heating have significantly matured during the past decades, with nanomaterials such as gold nanorods offering the promise of more targeted, homogeneous, controlled, and efficient deposition of thermal energy within tumor tissue. [55] Pharmacological strategies to render endothelial cells more heat-responsive or block the induction of thermotolerance would create new opportunities to enhance chemotherapy efficacy. As nanomaterial-inspired approaches are developed to improve tumor transport, this work anticipates a potential clinical challenge and suggests methods for achieving a maximal therapeutic response through rationally designed dosing schedules. Future studies investigating cellular adaptations to nanomaterial-mediated perturbations in solid tumors will provide additional avenues for incorporating nanomaterials into clinical practice.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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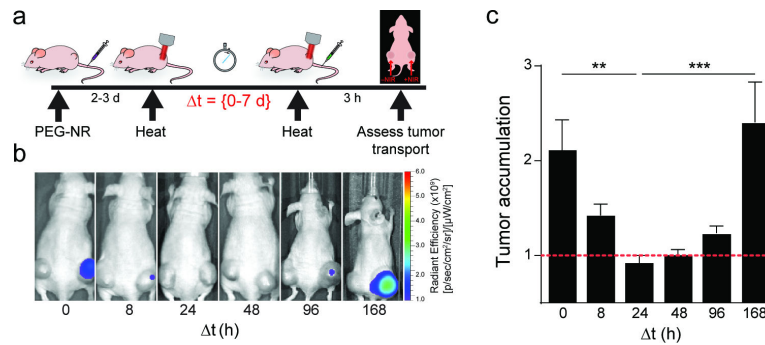


Figure 1.

Heat-induced transport enhancement is followed by a period of thermotolerance wherein transport-enhancement is resistant to subsequent heating. (a) Experimental time course includes administration of gold nanorods (PEG-NR), an initial exposure of laser heating (heat), and an interval ΔT varying from 0 to 7 days prior to re-exposure (heat). Tumor transport is probed at the end of ΔT via administration of AS750 imaging nanoparticles and tumor accumulation is quantified via *in vivo* fluorescence imaging. (b) Tumor transport as visualized by AS750 nanoparticle fluorescence in heated versus unheated tumors for increasing ΔT . Note the increase in tumor transport after heat exposure is absent upon repeat exposure after 24-48 h but begins to recover at 96 h. (c) Tumor transport (ratio of AS750 for heated versus unheated tumors) ($n = 8-12$ per group from two independent experiments, ** $P < 0.01$, *** $P < 0.001$, one-way ANOVA and Tukey's post-tests.) Error bars, SE.

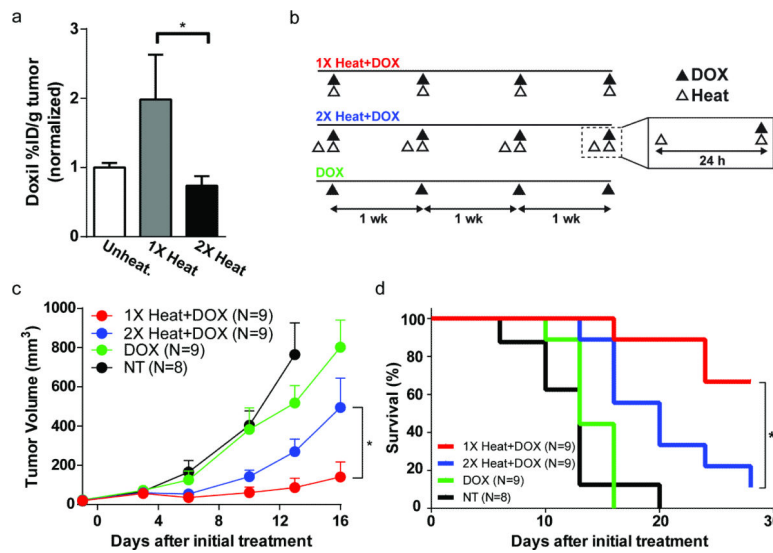


Figure 2. Rational design of PEG-NR treatment regimens to enhance drug delivery and efficacy. (a) Accumulation of doxorubicin liposomes in unheated, single heat exposure (1X heat), and re-exposure with delta T of 24 h (2X heat) groups. Bars normalized to unheated controls. (n = 5 mice per group, *P<0.05, Mann-Whitney test.) Error bars, SE. (b) Time courses for each experimental group. Animals received 0, 1, or 2 exposures to PEG-NR heating with doxorubicin liposomes administered with the final heat exposure. Regimens were repeated weekly for the duration of the therapeutic trial period. (c-d) Tumor volume and Kaplan-Meier survival analysis (n = 8–9 mice per group, *P<0.05, (c) unpaired t-test, two-tailed, Holm-Sidak method for multiple comparisons and (d) Log-rank Mantel-Cox test) Error bars, SE.

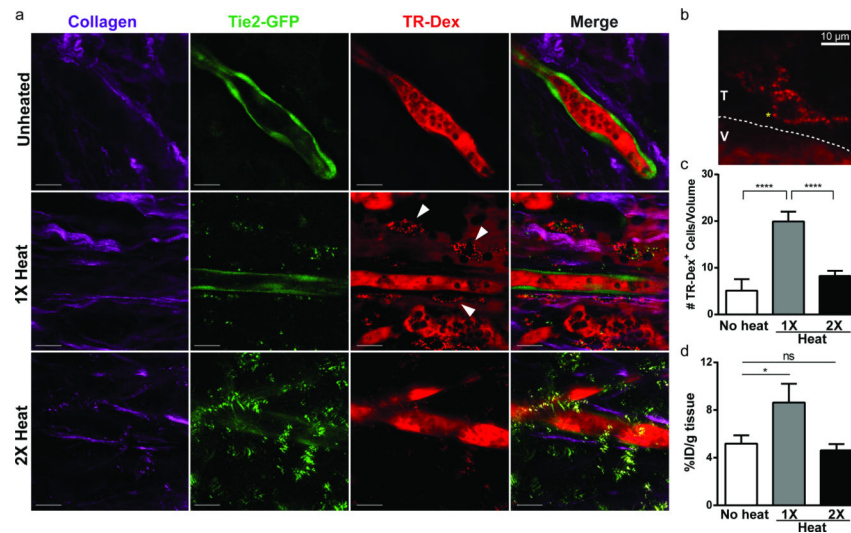


Figure 3. Macromolecule accumulation *in vivo* after single or double PEG-NR heating exposures. (a) Intravital imaging of intra- and extravascular distribution of 70 kDa Texas Red dextran (TR-Dex) in ovarian xenografts with Tie2-GFP+ endothelium. Collagen fibers (purple) highlight the tumor interstitial space, GFP (green) highlights tumor endothelium, and TR-Dex (red) is distributed between vessel lumen, interstitial space, and perivascular cells. PEG-NRs appear as punctate spots most strongly in GFP channel. Scale bar: 20 μ m (b) Perivascular phagocytic cell residing in tumor interstitium (T) outside of tumor blood vessel (V). Yellow asterisk highlights uptake of TR-Dex cargo in putative endosome. (c) Quantification of TR-Dex-positive cells per tumor tissue volume measured by intravital imaging. (n = 15 – 23 fields of view from 3 mice per condition, ****P<0.0001, one-way ANOVA with Tukey's post-tests.) Error bars, SE. (d) Accumulation of FITC-labeled 70 kDa Dextran in tumor homogenates from tumors receiving no heating, a single exposure, or double PEG-NR heat exposure. (n = 3-7 tumors per condition, *P<0.05, unpaired t-test, two-tailed.) Error bars, SE.

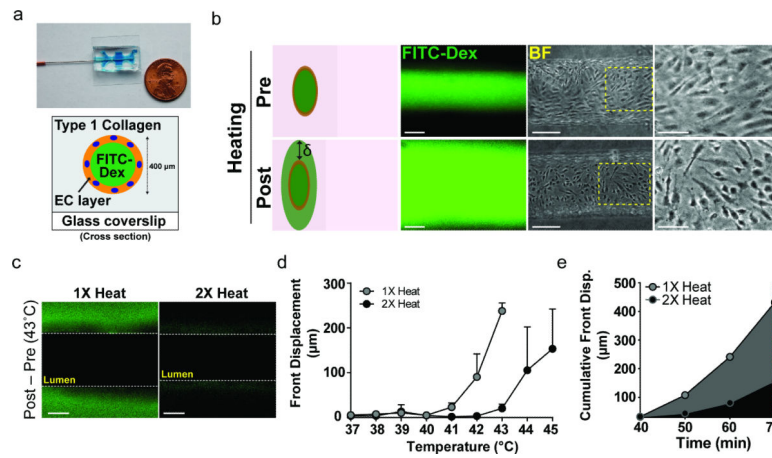


Figure 4. Endothelial HSR is sufficient for transvascular transport and vascular thermotolerance. (a) Photograph and cross-section schematic of microfluidic endothelial channel. A cylindrical channel lined by an endothelial monolayer is established within a type 1 collagen gel. Saline solutions containing 70 kDa FITC-Dextran are flowed through the channel during controlled heating regimens to monitor temperature-dependent transport across endothelium. (b) Representative fluorescence and bright field images for pre- and post-heating. Dye front displacement (δ) measured for each temperature. Scale bars: FITC-Dex: 200 μm , BF: 150 μm , BF zoomed: 75 μm (c) FITC-Dextran accumulation outside of lumen during 43°C heating period in microfluidic channels subjected to a single (1X heat) or repeated (2X heat) heat exposure. Scale bar: 150 μm (d) Dye front displacement versus temperature across physiological temperature range. ($n = 3-6$ channels per group) (e) Cumulative front displacement over time between 40–43°C. Channels were exposed to each temperature level for 10 minutes excluding ramping intervals.

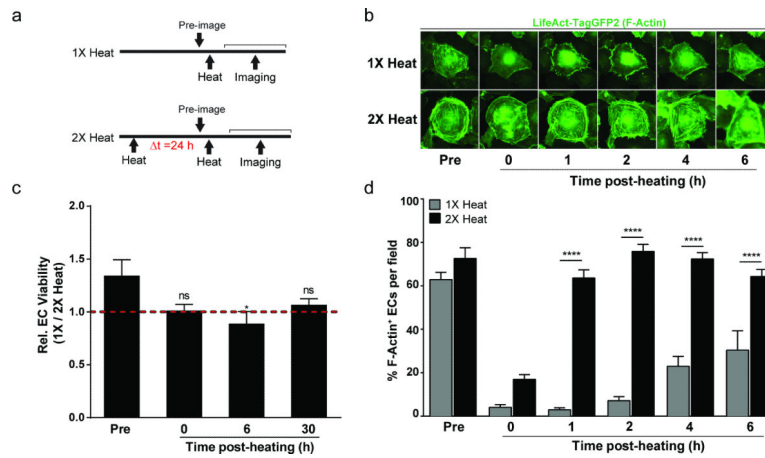


Figure 5. Cytoskeletal recovery in endothelial cells is enhanced by pre-conditioning heat exposure. (a) Experimental time courses for single heat exposure (1X heat) and re-exposure to heat (2X heat). (b) Representative fluorescence images of endothelial cell (EC) F-Actin filaments during recovery after final heating. Images depict cytoskeletal collapse and subsequent recovery. For each regimen, the same cell is shown across multiple time points to demonstrate the kinetics of EC recovery. (c) Relative EC viability for cells in 1X heat and 2X heat groups prior to and at different time points after heating. (n = 5 per group, *P<0.05 one-way ANOVA and Tukey's post-tests.) (d) Percentage of cells with visible membrane-spanning F-Actin filaments per field during the post-heating recovery period. (n = 1,072 – 1,213 cells from 6-8 fields of view per condition per time point, ****P<0.0001, two-way ANOVA and Bonferroni's post-tests.) Error bars, SE.

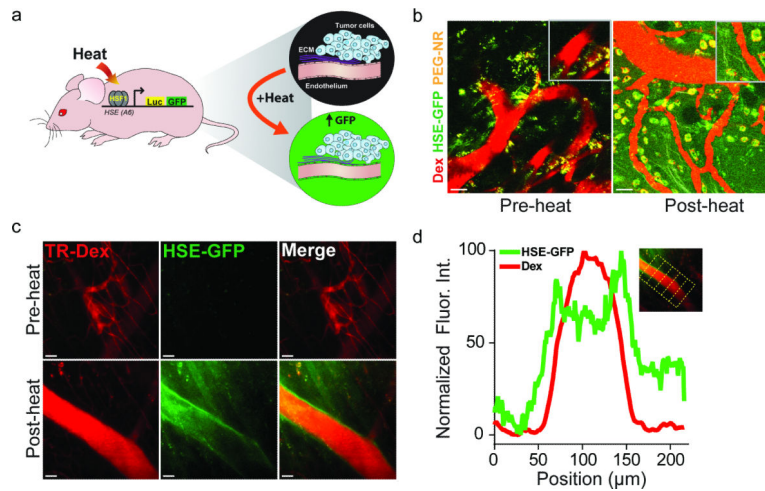


Figure 6. Induction of HSR upon heating in tumor and normal vasculature. (a) Schematic of HGL transgenic model. Heat-responsive promoter elements from the *HSPA6* gene regulate expression of GFP-firefly luciferase fusion protein, permitting visualization of the HSR in the host-derived tumor stroma including the neovascular endothelium. (b) Elevated GFP expression following PEG-NR heating in tumors indicates robust induction of the HSR. Tumor vasculature highlighted by intravenous TR-Dextran (TR-Dex). Intrinsic luminescence of PEG-NRs allows for direct detection of nanoparticles by multiphoton microscopy. (c-d) Intravital imaging reveals induction of normal endothelial HSR. Line histogram profiles of normalized GFP and TR-Dex fluorescence intensities at regularly-spaced intervals along vessel after heat exposure ($n = 6$ equidistant positions along vessel). Scale bar: 50 μm

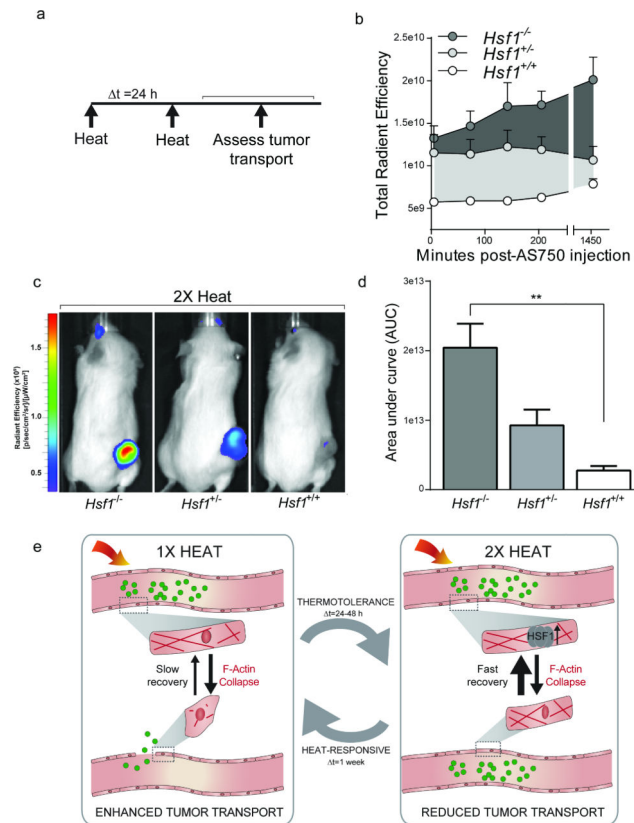


Figure 7. Genetic ablation of HSR prevents vascular thermotolerance in response to repeated PEG-NR heating. (a) Ovarian tumor xenografts established in either homozygous-null ($-/-$), heterozygous ($+/-$), or wild type ($+/+$) *Hsf1* animals received an initial PEG-NR heat exposure (heat), an interval ΔT of 24 h, and a re-exposure to PEG-NR heating (heat). Tumor transport was assayed by intravenous injection of AS750 post-heating, followed by serial measurements of AS750 fluorescence for 24 h by *in vivo* fluorescence imaging. (b) Tumor accumulation of transported AS750 for each genetic background up to 24 h after treatment. ($n = 3-6$ per group) Error bars, SE. (c) Representative *in vivo* fluorescence images in animals with *Hsf1* $-/-$, *Hsf1* $+/-$, and *Hsf1* $+/+$ backgrounds receiving double PEG-NR heat exposures. (d) Area under the curve from panel (b) for each genetic background demonstrating enhanced accumulation in *Hsf1* $-/-$ animals. ($n = 3-6$ per group, $**P < 0.01$, one-way ANOVA and Tukey's post-tests.) Error bars, SE. (e) Proposed model for the effects of PEG-NR heating on tumor transport and acquired thermotolerance. An initial exposure to PEG-NR heating alters the endothelial architecture via cytoskeletal collapse, leading to enhanced tumor transport of nanoparticle cargos. Over the next 24-48 h, acquired thermotolerance, mediated by the heat-shock response and *Hsf1*, upon re-exposure to PEG-NR heating, results in enhanced cytoskeletal recovery and diminished tumor transport. Restoration of heat-sensitivity occurs after approximately 1 week from the initial heat exposure.