

An open-label study in healthy men to evaluate the risk of seminal fluid transmission of denosumab to pregnant partners

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WHAT IS ALREADY KNOWN ABOUT THIS SUBJECT

- No published data are available on therapeutic monoclonal antibody (mAb) concentrations in human seminal fluid.
- There is a lack of clinical data to indicate whether male patients who receive a monoclonal antibody therapeutic such as denosumab should be required to use a barrier method of contraception.

WHAT THIS STUDY ADDS

• The data presented here indicate that the risk of denosumab in seminal fluid resulting in fetal exposure to this mAb is negligible and that any theoretical exposure that might occur is highly unlikely to be pharmacologically relevant. These observations may be generally relevant to the class of therapeutic mAbs.

AIMS

Denosumab is a fully human monoclonal immunoglobulin G2 antibody that inhibits bone resorption and increases bone mass and strength. The present clinical study assessed serum and seminal fluid pharmacokinetics following a single denosumab dose in healthy men, and evaluated whether denosumab in seminal fluid poses any risk to a fetus in the event of unprotected sexual intercourse with a pregnant partner.

METHODS

An open-label, single-dose study in 12 healthy men was conducted over a 106-day period. Subjects received a single subcutaneous dose of 60-mg denosumab on day 1. Serum and seminal fluid samples were collected at specified time points to assess denosumab pharmacokinetics. Adverse events were recorded.

RESULTS

Denosumab was measurable at low concentrations in seminal fluid (\sim 2% of serum concentrations). The mean [standard deviation (SD)] maximum observed drug concentration (C_{max}) was 6170 (2070) ng ml⁻¹ (serum) and 100 (81.9) ng ml⁻¹ (seminal fluid). The median time to C_{max} (t_{max}) was 8 days (serum) and 21 days (seminal fluid). The mean (SD) area under the plasma concentration–time curve (AUC) from time zero to the time of the last quantifiable concentration (AUC $_{\text{last}}$) was 333 000 (122 000) day•ng ml⁻¹ (serum) and 5220 (4880) day•ng ml⁻¹ (seminal fluid). The mean (SD) C_{max} and AUC ratios between seminal fluid and serum were 0.0217 (0.0154) and 0.0170 (0.0148), respectively. Using conservative assumptions for ejaculate volume (6 ml), vaginal absorption (100%) and placental transfer (100%), the measured mean denosumab seminal fluid C_{max} would result in fetal exposure that was more than 110 times below the preclinically derived 'no effect level' for denosumab.

CONCLUSIONS

These results indicate a negligible risk to a fetus exposed to denosumab via seminal fluid transfer to a pregnant partner.

Introduction

Osteoporosis is a skeletal disorder characterized by low bone mass and strength which predisposes individuals to an increased risk of fracture [1]. Although osteoporosis and osteoporotic fractures are most commonly associated with postmenopausal women, osteoporosis also occurs in men. Recent data from the National Osteoporosis Foundation estimate that approximately 2 million men in the United States alone have osteoporosis, and approximately 12 million more are at risk [2, 3].

Denosumab is a fully human immunoglobulin (Ig) G2 monoclonal antibody (mAb) with a high affinity $(K_d = 3 \times 10^{-12}$ M) and specificity for receptor activator of nuclear factor-kappaB ligand (RANKL) that can bind to and neutralize the activity of human RANKL similarly to the action of endogenous osteoprotegerin. In blocking RANKL, denosumab inhibits osteoclast formation, function and survival, thereby decreasing bone resorption and increasing bone mass and strength in both cortical and trabecular bone [4]. The United States Food and Drug Administration (US FDA) granted approval to use denosumab to increase bone mass in men with osteoporosis at high risk of fracture. During review of the denosumab marketing application, the US FDA raised concern about the potential risk for fetal transmission of denosumab in seminal fluid during unprotected sexual intercourse with a pregnant partner. As a consequence, the approved label informed physicians of this potential risk, pending further investigation. The clinical study described here was conducted to investigate denosumab levels in the seminal fluid of denosumabtreated men to evaluate the true potential of risk to a fetus. It should be noted that prior to December 2014, there was an overall lack of consensus on labelling requirements regarding the use of contraception in men who receive potentially genotoxic or teratogenic drug compounds. Subsequently, in December 2014, the US FDA issued the Pregnancy and Lactation Label Rule (PLLR), which now provides a dedicated subsection for discussion of male contraception requirements when there are human or animal data that suggest a potential for drug-associated effects to the fetus.

The effects of RANKL inhibition on fetal development have been studied in: (i) an enhanced pre-postnatal (ePPN) study in cynomolgus monkeys in which denosumab doses of 50 mg kg^{-1} were administered throughout pregnancy [5, 6], and (ii) genetically engineered 'knockout' mice or using other biological inhibitors of the RANK/RANKL pathway – namely, osteoprotegerin–Fc [7–9]. Some of the biological effects of denosumab on the fetus are consistent across these animal models and with the known on-target effects of RANKL inhibition, supporting the use of the biological 'no observed effect level' (NOEL) for denosumab in the prospectively calculated 'safe' concentration threshold

in seminal fluid (see Discussion and Table 1). These effects include bone abnormalities; an absence of axillary, inguinal, mandibular and mesenteric lymph nodes; reduced haematopoiesis; tooth malalignment; and decreased neonatal growth. However, differences were seen, in that there was no effect on tooth eruption in the infant monkeys and no effect on mammary gland development in pregnant females.

Further investigation of fetal exposure to an IgG2 mAb following biweekly intravaginal administration to cynomolgus monkeys throughout pregnancy yielded data demonstrating that only 0.01% of the intravaginal dose reaches the maternal circulation during the midto-late third trimester, with no detectable exposure in the conceptus [10]. Similar results were seen with an IgG4 mAb [11]. These in vivo animal study results indicate that male-mediated mAb drug transfer may not pose a health risk to the pregnant female partner and her fetus, especially as mAbs are not likely to be bioavailable to the developing conceptus.

In contrast to some small-molecule drugs, for which human seminal fluid chemical concentrations have been reported to be generally similar to or lower than blood concentrations [12], mAbs have physicochemical characteristics that limit passive transmission through biological membranes [13]. Accordingly, in a study conducted by Raux et al., the seminal fluid : serum ratio for total endogenous IgG2 in 22 healthy volunteers was estimated to be 0.3% [14]. As such, seminal fluid concentrations of therapeutic mAbs should also be low. However, no published data are available on therapeutic mAb concentrations in human seminal fluid.

Denosumab nonclinical safety, pharmacology and clinical study data, together with conservative assumptions derived from published literature pertaining to ejaculate volume, vaginal absorption and placental transfer of mAbs, were used to calculate prospectively a hypothetical denosumab concentration in seminal fluid below which there would be negligible potential for fetal risk (see Methods section for calculations). In the present clinical study, denosumab concentrations in the seminal fluid of denosumab-treated men were compared with corresponding serum denosumab concentrations. These results were then evaluated against the abovementioned prospectively calculated denosumab seminal fluid concentration of 11.5 μ g ml⁻¹, below which there would be minimal or no biological activity or impact of denosumab and which would be considered safe for a fetus.

Currently, limited human data are available to indicate whether male patients who receive a mAb therapeutic such as denosumab should be required to use any form of contraception. The data presented here, together with other recently published data [11, 10], indicate that the risk of denosumab in seminal fluid resulting in fetal exposure to denosumab is negligible and that

Table 1

Seminal fluid denosumab concentration back calculations

*First trimester estimate of fetal–maternal ratio; †Based on late gestation IgG placental transfer data. C_{max}, maximum observed drug concentration; IgG, immunoglobulin G; NOEL, no observed effect level.

any theoretical exposure that might occur is highly unlikely to be pharmacologically relevant. These observations may be generally relevant to the class of therapeutic monoclonal antibodies.

Methods

Study design

This study was an open-label, single centre, single-dose, Phase 1b clinical trial in healthy male participants age 40–65 years. The enrollment period included a 21-day screening period and a 106-day treatment-free, follow-up period (Figure 1). Subjects received 60 mg denosumab by subcutaneous injection on day 1 and were considered to be enrolled once they had received this. All subjects were instructed to take ≥1000 mg calcium and ≥800 IU vitamin D daily. Subjects returned to the study centre on an outpatient basis for additional seminal fluid and blood sample collections for pharmacokinetic measurements (days 1, 10, 22, 36, 50, 78 and 106) and for safety assessments (chemistry: days 1, 10, 36, 78 and 106; antibody analysis: days 1 and 106). Use of concomitant medication was assessed at each study visit (days 1, 10, 22, 36, 50, 78 and 106). Adverse event and serious adverse event assessments were made throughout the study. If subjects tested positive for neutralizing antibodies to denosumab at the final scheduled study visit, they were scheduled to return for additional follow-up testing. If an end-of-study test result demonstrated a significant clinical or laboratory abnormality, follow-up of the subject occurred until resolution of the abnormality or until it was considered clinically stable by the investigator.

The commercial product denosumab was used in this study and was manufactured and provided by Amgen as a sterile, clear, colourless to slightly yellow, preservative-free solution in a 1-ml prefilled syringe for single use.

Selection of study participants

This study was conducted at one centre in the United States. Subjects were eligible for participation if they were men, aged 40–65 years, with no history or evidence

Figure 1

Study design and treatment schema. Ab, antibody; PK, pharmacokinetics; SC, subcutaneous

of a clinically significant disorder, condition or disease that would pose a risk to subject safety or interfere with the study evaluation, procedures or completion. Key exclusion criteria included denosumab exposure in the past 12 months and participation in another drug study within 1 month or 5 half-lives (whichever was longer) of ending treatment.

All subjects provided written informed consent to participate before any protocol-specific screening procedures or any investigational products were administered. The study was conducted in accordance with applicable country regulations and the International Conference on Harmonisation (ICH) Good Clinical Practice (GCP) Guidelines. An institutional review board approved the study.

Study endpoints and safety

The study objective was to assess the concentration of denosumab in seminal fluid (primary endpoint) and serum (secondary endpoint). All subjects who received a dose of denosumab and had ≥1 measurable pharmacokinetic parameter were included in the pharmacokinetic analyses. All subjects who received a dose of denosumab were included in the safety analyses.

Concentration of denosumab

Concentrations of denosumab in seminal fluid and serum were measured by a validated enzyme-linked immunosorbent assay at PPD Inc. (Richmond, VA, USA). The lower limit of quantification was 20 ng ml⁻¹. Concentrations below 20 ng ml^{-1} were set to zero before the pharmacokinetic data analysis.

Before initiation of this clinical study, the concentration of denosumab in seminal fluid below which there would be no potential risk to the fetus was determined. Hypothetical seminal fluid denosumab concentrations were back-calculated using a fetal serum concentration of 22.9 ng ml^{-1} as a starting point as this was the NOEL for denosumab in cynomolgus monkeys. As the binding site for denosumab is fully homologous in cynomolgus monkeys and humans, and the pharmacokinetic and pharmacodynamic properties of denosumab in these two species are very similar, the cynomolgus monkey was determined to be a suitable species for establishing the NOEL for the present clinical study.

Two sets of hypothetical calculations of the concentration of denosumab in seminal fluid below which there would be no potential for fetal risk were undertaken prospectively (Table 1). The initial assumptions were based on those described in a recent publication by Banholzer et al. for estimating drug exposure in a pregnant human female and her fetus as a result of seminal transmission and vaginal absorption following sexual intercourse with a male treated with a small molecule or therapeutic mAb [13]. The assumptions underpinning this calculation have

been validated by recently published data [11, 10, 15]. Using the assumptions of Banholzer et al. [13], a denosumab seminal fluid concentration of 1145 μ g ml⁻¹ would be required to attain fetal exposure equal to the serum NOEL of 22.9 ng ml⁻¹. Using a second method that applied more conservative assumptions of equal fetal and maternal exposure and 100% absorption of denosumab from the vagina, a denosumab seminal fluid concentration of 11.5 μ g ml⁻¹ would be required to attain fetal exposure equal to the serum NOEL of 22.9 ng m I^{-1} . This estimate is 100-fold below the Banholzer et al. estimate. Below this concentration of denosumab in seminal fluid, there would be no potential that a fetus would be exposed to biologically active concentrations of this agent.

Results

Subject disposition

The study was conducted between June and October 2013. A total of 12 subjects were screened and enrolled in the study. All subjects received investigational product, completed the study, and were included in the pharmacokinetic and safety analysis sets. No important protocol deviations were reported.

Baseline demographics

Baseline demographics and characteristics are summarized in Table 2. All subjects were men and 11 (91.7%) were white (the race for one subject was categorized as 'Other'). The mean [standard deviation (SD)] age was 56.6 (7.0) years, the height was 177.52 (7.11) cm, the weight was 87.66 (15.80) kg and the body mass was 27.73 (4.21) kg m⁻². .

Denosumab pharmacokinetics in serum and seminal fluid

The pharmacokinetic set included 84 serum and 83 seminal fluid denosumab samples from a total of 12 men. Of these, one subject had two samples excluded from the data analysis and individual concentration summary tables because the samples were collected at unscheduled visits.

Mean $(± SD)$ serum and seminal fluid denosumab concentration–time profiles and descriptive statistics of pharmacokinetic parameter estimates after a single 60-mg subcutaneous dose of denosumab are shown in Figure 2 and Table 3, respectively. The mean $(\pm$ SD) maximum observed drug concentration (C_{max}) values in the serum and seminal fluid samples were 6170 (± 2070) and 100 (\pm 81.9) ng ml⁻¹, respectively. The median (range) t_{max} values in the serum and seminal fluid samples were.8.0 (7.9–21) and 21 (8.0–49) days, respectively. The mean $(\pm$ SD) area under the plasma concentrationtime curve (AUC) from time zero to the time of the last

Table 2

Baseline demographics and characteristics

SD, standard deviation.

quantifiable concentration (AUC_{last}) values were 333 000 $(\pm 122 000)$ day•ng ml⁻¹ for serum and 5220 (\pm 4880) day•ng ml^{-1} for seminal fluid. The time to last quantifiable denosumab concentration in seminal fluid was observed as early as day 36 and ranged up to day 106 (end of study). The mean $(\pm$ SD) C_{max} ratio (seminal fluid/serum), calculated by dividing the maximum seminal fluid concentration by the serum concentration at the corresponding time point, was 0.0217 (\pm 0.0154). The mean $(\pm$ SD) AUC ratio for the 106-day dosing period was 0.0170 (\pm 0.0148). The mean (\pm SD) day 106 (end of study) concentration ratio was 0.0197 (\pm 0.0318).

As mentioned above, the prospectively calculated estimate of 11.5 μ g m I^{-1} denosumab in seminal fluid was determined as the threshold concentration below which there would be no risk to the fetus. The mean C_{max} value in seminal fluid observed in the study was 100 ng ml^{-1} $(0.1 \ \mu g \ m l^{-1})$, which is more than 110 times below the prospectively calculated conservative concentration of 11.5 μ g ml⁻¹. Additionally, based on the assumptions

Figure 2

Serum and seminal fluid denosumab concentration–time profiles following a single subcutaneo us administration of denosumab 60 mg to healthy male volunteers. Data are means and standard deviations. $-$ **O**—, Serum (N = 11-12); $-$ **0**—, Semen (N = 11-12).

of Banholzer et al. [13], the mean C_{max} value observed in seminal fluid was more than 11 000 times below the concentration required to result in an embryo–fetal serum C_{max} equal to the serum NOEL.

No denosumab-treated subjects tested positive for binding or neutralizing anti-denosumab antibodies in the present study. Therefore, the effect of anti-denosumab antibodies on denosumab pharmacokinetics was not evaluated.

Safety

Treatment-emergent adverse events were reported for five of the 12 subjects (41.7%) (Tables 4 and 5). One subject (8.3%) had positional vertigo, which was reported as a serious adverse event [Common Terminology Criteria for Adverse Events (CTCAE) Grade 3] and was not considered by the investigator to be related to denosumab. All other adverse events were reported as mild (Grade 1) to moderate (Grade 2) in severity. None of the subjects had adverse events that led to discontinuation of treatment or from the study.

Laboratory values were also assessed in all subjects and none were reported as CTCAE Grade 3 or above during the study. An adverse event of hypophosphatemia (Grade 2), considered to be related to denosumab, was reported in one subject on study day 9 and resolved on day 16. No intervention was required for resolution of the subject's hypophosphatemia. All other chemistry parameters, including calcium concentrations, were within laboratory reference ranges at all time points throughout the study.

The adverse events reported during the study were mild to moderate in severity and were consistent with those in previous studies and the identified risks for denosumab. In addition, no new safety risks were identified.

Discussion

The present study addressed the potential for fetal exposure to denosumab in seminal fluid from unprotected sexual intercourse with a pregnant partner. The results demonstrated that denosumab was present in seminal fluid samples at low concentrations, with mean C_{max} and AUC values representing approximately 2% of the concurrent serum exposure (Table 3). The maximum denosumab seminal fluid concentration observed was 0.301 μ g ml⁻¹, which is at least 38 times below the concentration of 11.5 μ g ml⁻¹ required to attain an embryo-fetal serum C_{max} equal to the serum NOEL $(22.9 \text{ ng } \text{ml}^{-1})$, based on conservative calculations (assuming 100% vaginal and placental transfer from a 6-ml ejaculate), and >3800 times below the concentration of 1145 μ g ml⁻¹ based on the assumptions of Banholzer et al. [13]. In addition, the maximum amount

Table 3

Descriptive statistics of serum and seminal fluid denosumab pharmacokinetic parameter estimates

AUC, area under the drug concentration–time curve; AUC last, AUC from time zero to the time of the last quantifiable concentration; AUC ratio (seminal fluid/serum), ratio of seminal fluid AUC to serum AUC for the 106-day dosing period; C_{max}, maximum observed drug concentration; C_{max} ratio (seminal fluid/serum), ratio of maximum seminal fluid concentration to the serum concentration at the corresponding time point; CV%, % coefficient of variation; Day 106 ratio (seminal fluid/serum), ratio of seminal fluid concentration to the serum concentration at the last study time point (Day 106); PK, pharmacokinetic; SD, standard deviation; t_{max}, time to reach C_{max}.

of denosumab delivered to a female partner following vaginal intercourse would result in maternal and fetal exposures approximately 11 000 times lower than the prescribed 60 mg subcutaneous dose administered. The vaginal absorption data derived from cynomolgus monkeys [10] demonstrated that maternal and fetal IgG2 plasma concentrations were only approximately 0.01% of the administered intravaginal dose. Thus, the conservative calculations assuming 100% vaginal

Table 4

Summary of subject incidence of treatment-emergent adverse events

absorption described above is also likely to be overestimating fetal exposure up to 10 000-fold. These data suggest that male-mediated mAb transfer via seminal fluid does not present a health risk to the female partner and is not bioavailable to the developing conceptus.

Table 5

Treatment-emergent adverse events by preferred term

Preferred terms were coded using MedDRA version 16.1. *Not related to investigational product.

The hypothetical maternal C_{max} or maternal vaginally absorbed dose was determined as the vaginal dose multiplied by the percentage absorbed (10% or 100%) and divided by the maternal volume of distribution (3000 ml). The molecular weight, lipophilicity and ionization characteristics of mAbs such as denosumab are likely to limit the vaginal absorption of these large molecules from seminal fluid [12]. Banholzer et al. assumed 10% absorption from the vagina into the maternal circulation to calculate the maternal absorbed dose [13]. The conservative calculations presented herein assumed 100% absorption of the vaginal dose into the maternal circulation, which is tenfold higher than that used by Banholzer et al. [13].

Other clinical considerations include the transfer of denosumab from maternal circulation to fetus during pregnancy. The amount of placental transfer can be calculated by multiplying the maternal systemic concentration by the fetal/maternal ratio. During pregnancy, immunoglobulins are transferred from mother to fetus. Studies have shown differences in the placental transfer of Ig subtypes as pregnancy progresses [21–24]. As denosumab is an IgG2 mAb, placental transfer is expected to be very limited early in gestation (during organogenesis) [25] and increases as pregnancy progresses, with the largest amount transferred during the third trimester, but at a rate lower than that of other Ig subtypes in humans [21–24]. Banholzer et al. assumed an early gestation estimate of 10% placental transfer from the maternal to fetal circulation [13]. In a study during the first trimester of human pregnancy, Jauniaux et al. demonstrated that the materno–fetal Ig transfer was closer to 1% [26]. For the purposes of the conservative calculations presented herein, a fetal/maternal ratio of 100% was used, which is tenfold higher than the ratio used by Banholzer et al. [13].

Although the no-effect dose for denosumab-induced teratogenicity is not known, a C_{max} of 22.9 ng ml⁻¹

was identified in cynomolgus monkeys, at which no biologic effects (NOEL) of denosumab (and therefore, no inhibition of RANKL) were observed. Based on the highest observed denosumab seminal fluid concentration measured in men (0.301 μ g ml⁻¹), and assuming 100% vaginal and placental transfer from a 6-ml ejaculate, female and fetal exposure via seminal fluid would be up to 0.6 ng m I^{-1} . As mentioned earlier, this is at least 110 times lower than the NOEL in cynomolgus monkeys, indicating that the female partner or fetus would not be exposed to pharmacologically relevant concentrations of denosumab via seminal fluid.

The results from the present clinical study, together with other recently published data on vaginal and placental transfer of IgG2 mAbs, provide compelling evidence that the risk of exposing a fetus to denosumab through seminal fluid is negligible and that any theoretical exposure that might occur is highly unlikely to be pharmacologically relevant. These observations may be generally relevant to the class of therapeutic mAbs.

Competing Interests

All authors have completed the Unified Competing Interest form at http://www.icmje.org/coi_disclosure.pdf (available upon request from the corresponding author) and declare: WS, EL, OE, GM, JB, DP, EN, SK and JGS had support from Amgen Inc. for the submitted work; WS, EL, OE, GM, JB, DP, EN, SK and JGS are/were employees of Amgen Inc. within the previous 3 years; no other relationships or activities that could appear to have influenced the submitted work.

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