

Biofilms on Hospital Shower Hoses: Characterization and Implications for Nosocomial Infections

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Although the source of drinking water (DW) used in hospitals is commonly disinfected, biofilms forming on water pipelines are a refuge for bacteria, including possible pathogens that survive different disinfection strategies. These biofilm communities are only beginning to be explored by culture-independent techniques that circumvent the limitations of conventional monitoring efforts. Hence, theories regarding the frequency of opportunistic pathogens in DW biofilms and how biofilm members withstand high doses of disinfectants and/or chlorine residuals in the water supply remain speculative. The aim of this study was to characterize the composition of microbial communities growing on five hospital shower hoses using both 16S rRNA gene sequencing of bacterial isolates and whole-genome shotgun metagenome sequencing. The resulting data revealed a *Mycobacterium***-like population, closely related to** *Mycobacterium rhodesiae* **and** *Mycobacterium tusciae***, to be the predominant taxon in all five samples, and its nearly complete draft genome sequence was recovered. In contrast, the fraction recovered by culture was mostly affiliated with** *Proteobacteria***, including members of the genera** *Sphingomonas***,** *Blastomonas***, and** *Porphyrobacter.* **The biofilm community harbored genes related to disinfectant tolerance (2.34% of the total annotated proteins) and a lower abundance of virulence determinants related to colonization and evasion of the host immune system. Additionally, genes potentially** conferring resistance to **β-lactam, aminoglycoside, amphenicol,** and quinolone antibiotics were detected. Collectively, our re**sults underscore the need to understand the microbiome of DW biofilms using metagenomic approaches. This information might lead to more robust management practices that minimize the risks associated with exposure to opportunistic pathogens in hospitals.**

espite the use of disinfectants in drinking water distribution systems (DWDS), bacteria are able to colonize different parts of DWDS, such as building plumbing systems and fixtures (e.g., sinks, showerheads, and faucets) $(1-3)$ $(1-3)$ $(1-3)$. Previous studies have shown that several organisms associated with DWDS can tolerate the effects of disinfectant compounds because of their ability to form biofilms [\(4,](#page-8-3) [5\)](#page-8-4). Unlike planktonic forms, bacteria in biofilms are more resistant to sterilization procedures and antimicrobial exposure, showing in some cases a MIC up to 1,000-fold higher than that of their planktonic counterparts (6) . Hence, biofilm formation in response to disinfectant treatment can increase the resistance to common cleaning protocols and promote the transfer of antibiotic resistance genes among the biofilm members, producing multidrug-resistant bacteria [\(7,](#page-8-6) [8\)](#page-8-7).

Although the frequency of nosocomial infections caused by bacteria located in hospital water supplies is traditionally thought to be low [\(9\)](#page-9-0), this infection route has regained attention due to the increase in hospital-acquired infections in recent years and the presence of opportunistic pathogens in biofilms located in hospital premise plumbing and medical devices [\(10](#page-9-1)[–](#page-9-2)[12\)](#page-9-3). Microorganisms forming a biofilm can detach and be transferred to surfaces, medical equipment, and human individuals [\(13\)](#page-9-4). Biofilms located on hospital showerheads can as such be an important reservoir for nosocomial infections [\(1,](#page-8-0) [14,](#page-9-5) [15\)](#page-9-6). Previous studies of the microbial community composition of showerhead biofilms have identified nontuberculous mycobacteria (NTM), some of which are considered opportunistic pathogens that are commonly found in natural environments (i.e., soil and water), as well as in the built environment, including hospitals [\(10,](#page-9-1) [16,](#page-9-7) [17\)](#page-9-8). Some NTM species

have been linked to hypersensitivity pneumonitis, cervical lymphadenitis, allergies, and respiratory problems, mainly in immunocompromised individuals [\(18,](#page-9-9) [19\)](#page-9-10). NTM growing in biofilms have been identified in drinking water systems, on polyvinyl chloride (PVC) surfaces, and on showerheads from hospitals, houses, and workplaces [\(20](#page-9-11)[–](#page-9-12)[22\)](#page-9-13). Their frequent occurrence in such habitats may be explained by their ability to survive stressors commonly found in distribution systems, such as oligotrophic conditions, chlorination, and hot temperatures [\(23,](#page-9-14) [24\)](#page-9-15). However, most previous surveys reporting the occurrence and prevalence of mycobacteria in DW have been restricted to 16S rRNA gene fragment analysis, lacking resolution at the species level (25) , and to culturebased techniques [\(17,](#page-9-8) [26,](#page-9-17) [27\)](#page-9-18), which often provide a biased repre-

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sentation of the sample due to the selective lab media, culture conditions, and volume of the sample processed.

The gene functions that underlie the ecological success of most DW bacteria in DWDS remain poorly described, in part due to the lack of genetic information on microbial groups commonly inhabiting DWDS. Hence, metagenome sequencing (i.e., random sequencing of total community DNA extracts) has recently been used to examine the functional network of complex microbial communities [\(28,](#page-9-19) [29\)](#page-9-20). In spite of the rise of infections by opportunistic premise plumbing pathogens, relatively few studies have assessed the diversity of biofilms growing in DWDS at the metagenome level, especially in health care units [\(30](#page-9-21)[–](#page-9-22)[33\)](#page-9-23). Most previous reports are based on 16S rRNA gene amplicon surveys that are limited in scope as far as accurately predicting exposure risks. Therefore, in this study, we characterized the biofilm microbial communities of shower hoses in a hospital using shotgun metagenome sequencing and evaluated the genetic diversity and relative abundance of antibiotic and disinfectant resistance present. We also compared the metagenomics findings to those obtained by a substantial collection of genome sequences of isolates ($n =$ 94) recovered from the same samples and those of previous studies from other hospitals and the built environment.

MATERIALS AND METHODS

Sample collection. The samples used in this study were collected during four consecutive days in 2012 from 40 showerheads located in different rooms within an Ohio hospital. Drinking water in this building normally contains a free chlorine residual of 0.8 mg/liter, and the average water temperature and pH are 20°C and 8.4, respectively. In addition, the concentrations of several metals (Cr, Cu, Fe, Ni, Sr, Sn, and Pb) were measured using an inductively coupled plasma-mass spectrometry (ICP-MS) device, according to U.S. EPA Method 200.8 [\(34\)](#page-9-24), and were found to be below regulatory thresholds (e.g., Al, 52 to 65 µg/liter; P, 155 to 170 g/liter; S, 20 to 22 mg/liter; K, 0.5 to 2.4 mg/liter), with limited variation from room to room.

To minimize collection time, the entire showerheads were removed with the shower hoses, water was discarded, and the showerheads were transferred to sterile plastic bags, which were then placed in coolers containing ice packs. Hoses were removed and split open with a sterile knife to expose the inner luminal surfaces. Biofilms from the shower hoses were collected by scraping the inner surfaces with sterile spatulas. The biomass was then transferred to sterile conical tubes and resuspended in phosphate buffer. Five of the samples were randomly selected for metagenomic studies, while all samples were used for conventional microbiological culture. Samples were processed within 4 h of collection time.

Culturing and identification of isolates. For isolation, an aliquot (1 ml) of the resuspended biomass was used to grow heterotrophic bacteria. Biofilm samples were diluted, processed in duplicate, and spotted onto R2A agar plates [\(35\)](#page-9-25), which were then incubated at 25°C for 5 to 7 days. Colonies were restreaked onto R2A agar plates to obtain single isolated colonies. Using sterilized toothpicks, 2,000 pure colonies were carefully scraped from the R2A agar plates and resuspended in 30 μ l of sterile molecular-grade water. Resuspended cells $(2 \mu l)$ were used to partially amplify the 16S rRNA gene using universal primers 8F and 787F. The amplification conditions and sequencing analysis conducted were the same as those described elsewhere [\(36\)](#page-9-26).

High-throughput sequencing. The five samples used for the metagenomic analyses were filtered onto polycarbonate membranes and stored at -20° C until further processing. Total DNA was extracted from these filters using an UltraClean soil DNA kit (MoBio Laboratories), as previously described [\(25\)](#page-9-16).

A subset of all strains isolated in this study were subjected to wholegenome sequencing. This subset represented strains with the most common colony morphotypes and included strains from the samples used in metagenome sequencing.

Total DNA extracted from polycarbonate filters and from selected isolates was normalized to 5 ng/ μ l, and libraries were constructed using the Illumina TruSeq preparation protocol and sequenced on an Illumina HiSeq 2000 using a 100-bp paired-end read approach, according to the instructions of the manufacturer (Illumina, San Diego, CA).

Read trimming and *de novo* **assembly.** Raw reads from the metagenomes and isolate genomes were trimmed using SolexaQA, with a Q 20 Phred score cutoff (37) ; sequences of \leq 50 bp after trimming and/or with Illumina adaptors at the 3' end were discarded. Assembly of the metagenomes was performed using the previously described hybrid protocol [\(38\)](#page-9-28), which combines Velvet [\(39\)](#page-9-29), SOAP*denovo* [\(40\)](#page-9-30), and Newbler 2.0 [\(41\)](#page-9-31) assemblers, using k-mer values from 31 to 63. Table S1 in the supplemental material shows the statistics of the shower hose metagenomes. For the isolate genomes, trimmed reads were assembled using SPAdes assembler with "–sc – careful" and error correction options [\(42\)](#page-9-32).

Taxonomic classification of the biofilm microbial communities. Taxonomic classification of assembled metagenomic contigs was carried out using MyTaxa, with default parameters (likelihood score, \geq 0.5) [\(43\)](#page-9-33). In addition, the taxonomic affiliation of 16S rRNA gene fragments recovered from metagenomes and isolate genome reads was determined using the Ribosomal Database Project (RDP) classifier [\(44\)](#page-9-34), with the RDP 16S rRNA database release 11.3 [\(45\)](#page-9-35) at a 97% nucleotide sequence identity level.

Metagenomic functional gene assignment and abundance analysis. Protein-coding genes in assembled contigs >5 kbp were identified by MetaGeneMark using default parameters [\(46\)](#page-10-0). Functional annotation was based on BLASTp [\(47\)](#page-10-1) searches of the predicted amino acid sequences against the UniProt/Swiss-Prot database [\(48\)](#page-10-2), using a cutoff for a match of at least 30% identity and 50% of the length of the query protein sequence covered in the alignment. The abundance of protein functions in each data set was calculated as the number of (assembled) protein sequences assigned to the function above the cutoff divided by the total number of annotated proteins predicted in the respective sample.

Predicted proteins associated with antibiotic resistance mechanisms were identified by BLASTp searches against the antibiotic resistance database (ARDB) [\(49\)](#page-10-3) composed of 23,137 antibiotic resistance genes (ARG), with a threshold E value of $1e-10$ and at least 70% of the query sequence covered by the BLAST alignment (higher stringency than that described above in order to reduce the frequency of false-positive matches, as pre-viously suggested [\[50\]](#page-10-4)).

Genome equivalents in the metagenomic data sets were calculated as follows: Hidden Markov Model (HMM) searches of 101 universally conserved single-copy genes [\(51\)](#page-10-5) against the individual unassembled metagenomic reads were performed using HMMER3 version 3.1 [\(http://hmmer](http://hmmer.janelia.org/) [.janelia.org/\)](http://hmmer.janelia.org/) [\(52\)](#page-10-6), with default settings. Ten models, which represented more than one family or extremely conserved families at the sequence level (*rpoC*, *rpoC1*, *pheT*-bacteria, *pheT*-archaea, *proS*-bacteria, *proS*-archaea, *glyS*, alpha-*glyS*, *era*, and the tRNA synthase class I gene), were excluded from further analysis. The median sequencing depth (number of reads/bp) of the remaining 91 HMM models was determined and taken as a proxy of 1 genome equivalent (i.e., the corresponding proteins should be encoded by every genome in the sample). The number of copies per cell of a target gene was estimated as the sequencing depth of that gene (number of reads/bp) divided by the normalizing factor, i.e., the median number of reads/bp of the 91 universal genes.

Open reading frame (ORF) prediction and functional annotation of protein-coding genes in the isolate or population (bin) genomes (see below) were performed as described above for metagenomes. Proteins were assigned to the functional categories using Gene Ontology terms [\(53\)](#page-10-7). In addition, genome completeness was estimated by the recovery of the 91 universal single-copy genes based on HMM searches. The contamination rate was defined as the percentage of the universal genes found in multiple copies in an isolate or the population genome.

FIG 1 Taxonomic composition of the shower hose biofilms based on 16S rRNA gene fragments recovered from the metagenomes and isolates. The relative abundances (*y* axis) of the 16S rRNA gene-containing reads recovered from the metagenomes (normalized by the total number of classified 16S rRNA gene-containing reads in each metagenome) and the cultured fraction (normalized by the number of isolates; last column) for the major genera present in each sample (*x* axis) are shown.

Recovery of genomes from metagenomes (binning).Assembled contigs for each data set were clustered using MaxBin [\(54\)](#page-10-8), an expectation maximization-based algorithm that combines differential coverage and tetranucleotide compositional information to bin contigs into population genomes. Additionally, population genomes (bins) were visually inspected for uniform coverage across the genome sequence and a consistent phylogenetic signal of universal genes, which was confirmed using CONCOCT [\(55\)](#page-10-9). Taxonomic affiliation of bins was based on MyTaxa analysis, and the results were further validated by inspecting the results of BLASTp searches of universal genes predicted in the bins against the NCBI RefSeq database using the lowest common ancestor (LCA) algorithm of MEGAN [\(56\)](#page-10-10), essentially as previously performed [\(57\)](#page-10-11).

Potential virulence factors (VFs) in the *Mycobacterium* bin were identified by BLASTp searches of its predicted proteins against the Virulence Factors of Pathogenic Bacteria [\(58\)](#page-10-12) and PATRIC databases [\(59\)](#page-10-13), using a cutoff E value of $1e-10$ and at least 70% of the query aligned sequence.

Accession numbers. All raw sequence data sets were deposited in the Sequence Read Archive database at the NCBI under BioProject accession number [PRJNA299404](http://www.ncbi.nlm.nih.gov/bioproject/PRJNA299404) and accession number [SRP065069,](http://trace.ncbi.nlm.nih.gov/Traces/sra/?study=SRP065069) and binned genome sequences are available at [http://enve-omics.ce.gatech.edu/data](http://enve-omics.ce.gatech.edu/data/showerheads) [/showerheads.](http://enve-omics.ce.gatech.edu/data/showerheads)

RESULTS

Composition of the microbial community of shower hose biofilms. The taxonomic assignment based on 16S rRNA gene-containing metagenomic reads showed that shower hose biofilms contained actinobacteria closely related to the genus *Mycobacterium* (average \pm standard deviation [SD] relative abundance, $42.2\% \pm 13\%$ of the total; data are from the results with 5 samples), *Proteobacteria* closely related to the genera *Erythrobacter* (average \pm SD, 9.4% \pm 3%), *Sphingomonas* (average \pm SD, 6.6% \pm 2.6%), *Novosphingobium* (average \pm SD, 4.2% \pm 1.4%), and *Bradyrhizobium* (average \pm SD, 5.2% \pm 3.2%), and other less-abundant bacterial genera affiliated with the phyla *Bacteroidetes* (average \pm SD, 4.1% \pm 3%) and *Firmicutes* (average \pm SD, 1.2% \pm 1%) [\(Fig. 1;](#page-2-0) see also Table S1 in the supplemental material). Similar results were obtained based on best match analysis of predicted protein sequences recovered in the assembled metagenomic contigs against complete available genome sequences (see Table S1 in the supplemental material).

Overall, in all five shower hose metagenomes, the dominant population corresponded to a previously unclassified *Mycobacterium* sp. most closely related to *Mycobacterium rhodesiae* and *My* $cobacterium tusciae$, showing $~85\%$ genome aggregate average nucleotide identity (ANI) [\(60\)](#page-10-14). The second most abundant population genome was affiliated with *Blastomonas*, which shared 77% of its proteins at \sim 84% average amino acid identity (AAI) to the closely related *Blastomonas*sp. strain AAP53 reference genome (see Table S3 in the supplemental material).

Analysis of partial 16S rRNA gene sequences of $>1,850$ R2A

FIG 2 Phylogenetic relationships and relative abundance of the populations recovered in the shower hose metagenomes. The tree shows all 30S ribosomal protein S9 sequences assembled from the metagenomes and selected reference sequences from publicly available genomes (denoted by complete species names). The radius of the pie charts indicates the number of reads mapping to the specific protein sequence related to the node, and the colors represent the five different data sets (see figure key). *Roseobacter denitrificans* was used as an outgroup. The phylogenetic tree was constructed using the neighbor-joining algorithm with 1,000 bootstrap replicates in MEGA5 [\(91\)](#page-11-0). The scale bar represents the number of substitutions per site.

isolates revealed that the vast majority $(>74%)$ belonged to the *Proteobacteria* phylum (data not shown). Specifically, 23% (22/ 94) of the isolates whose genomes were fully sequenced as part of this study were affiliated with the genus *Blastomonas*, followed by *Sphingomonas* (18%) and *Porphyrobacter* (14%) (see Table S2 in the supplemental material). Several isolates were assigned to the genera *Streptococcus* (*n* - 4), *Dermacoccus* (*n* - 2), *Acidovorax* $(n = 4)$, *Neisseria* $(n = 3)$, and *Mycobacterium* $(n = 2)$ [\(Fig. 1\)](#page-2-0).

A comparison of the recovered *Blastomonas*species population genome against the *Blastomonas* isolates showed an ANI of 99.9% (SD, 0.01) sharing approximately 91% of its protein sequences. These results suggest that the *Blastomonas* isolates are representatives of the population recovered in the metagenomes, presumably representing members of the same population [\(60\)](#page-10-14). In contrast, the average ANI of the recovered *Mycobacterium* species population and the two isolates classified as *Mycobacterium* sp. indicated that they indeed belong to the same genus but represent distinct populations and presumably species (ANI, 82.41%; SD, 0.02), and they are low-abundance members of the biofilm community.

The discrepancy between the taxonomic profiles of the culture-dependent and culture-independent results was presumably attributable to the culture medium and growth conditions used, which favored the recovery of *Blastomonas* species [\(61\)](#page-10-15). While many mycobacterial species can grow on R2A, it should be noted that some mycobacteria are slow growers and can take up to 8 weeks (or longer) to grow on media typically used for the propagation of mycobacteria [\(62\)](#page-10-16). Nonetheless, the genome isolates were useful as reference genomes for evaluating genome coverage and confirming species identification (see Fig. S2 in the supplemental material). Our results also showed that a substantial fraction (≥20%) of drinking water microbial communities growing on the shower hose surfaces can be cultured with the described

medium, contrasting with the 1 to 2% or less for several complex natural environments, such as soils [\(63\)](#page-10-17).

Presence of opportunistic pathogens. The taxonomic classification of metagenomic sequences and the genomes of isolates (see above) revealed the presence of potential opportunistic pathogens in shower hose biofilms (e.g., members of *Sphingomonas*, *Rhizobium*, *Mycobacterium mucogenicum*, and *Neisseria perflava*). Notably, the most abundant population recovered in the metagenomes (average \pm SD relative abundance among samples, 66.7% \pm 8.21% of the total) represented a close relative of *M*. *rhodesiae* and *M. tusciae.* These two mycobacterial species are considered potential opportunistic pathogens, since they have been identified as the causative agent of pulmonary and disseminated infections in immunocompromised individuals [\(10,](#page-9-1) [64](#page-10-18)[–](#page-10-19)[66\)](#page-10-20) [\(Fig. 2\)](#page-3-0).

Phylogenetic analysis showed that the assembled protein sequences of this *Mycobacterium*-like population genome are linked to a novel species based on relatively low ANI values (\sim 85%; see Fig. S2 in the supplemental material) to known mycobacterial species [\(60\)](#page-10-14). Remarkably, the recruitment of metagenomic reads against the recovered mycobacterial genome revealed that this population was the most abundant and distinct from rare (lessabundant) cooccurring relatives in the samples (see Fig. S4 in the supplemental material). Further, reads with $>$ 99% nucleotide identity to the reference represented around 62.5% of the total *Mycobacterium-*like sequences in the metagenomes, and overlapping reads sampling the same part of the genome produced a star-like phylogeny (see Fig. S4 in the supplemental material), suggesting that this is an abundant and homogenous clonal (or nearly clonal) population. Predicted proteins from this population shared 85.6% AAI (77% of the total number of proteins in the population bin) with *M. tusciae* and 86.2% AAI (76% of the total number of predicted proteins) with *M. rhodesiae*.

Functional annotation of the recovered *Mycobacterium* species

population genome revealed a number of proteins related to virulence and host colonization previously identified in other NTM species, including *M. rhodesiae*, *M. smegmatis*, and *M. bovis* (see Table S3 in the supplemental material). In particular, our analysis identified several key proteins for (i) biogenesis and central metabolism inside host cells, such as the pantothenate synthetase gene (*panC*), aspartate-1-decarboxylase gene (*panD*), and superoxide dismutase gene (*sodC*), together with genes for (ii) insertion into the host cell via complement-mediated phagocytosis, including fibronectin-binding protein C (*fbpC2*) and the fibrinogenbinding protein (*fbpA*), and (iii) genes for protection against oxygen free radicals delivered by host cells, such as catalase-peroxidase (*katG*) and the sigma factor (*sigF*) [\(Table 1\)](#page-5-0).

We also identified members of the *Sphingomonas* genus in the shower hose biofilms. Members of this genus were previously isolated from hospital water sources and associated with urinary tract infections and peritonitis [\(12,](#page-9-3) [67\)](#page-10-21). Notably, cases of bacteremia have been reported, including one in a hospital in Taiwan [\(68\)](#page-10-22) and another in a cardiovascular intensive care unit (ICU) in a hospital in Turkey [\(69\)](#page-10-23). Since these reports are based on nonsequencing methods (e.g., pulsed-field gel electrophoresis and blood cultures), it was not possible to perform a more detailed comparison to the isolates and populations recovered in the present study. 16S rRNA gene sequence analysis showed that the closest relative for several of our isolates was *Sphingomonas koreensis* (99% nucleotide identity), which has been identified as the causative agent of meningitis in at least one previous study [\(70\)](#page-10-24). Taken together, it is likely that the *Sphingomonas* isolates recovered here represent opportunistic pathogens.

Disinfectant resistance mechanisms. Several genes associated with resistance to disinfectants applied to municipal water treatment were recovered in both metagenome and isolate genomes. For instance, we recovered genes encoding proteins with participation in SoxR, OxyR, and SOS systems that have been experimentally identified as conferring protection against oxidative stress [\(71,](#page-10-25) [72\)](#page-10-26). These functions were at least 10 times more frequent (i.e., number of distinct gene alleles detected) in the metagenomes relative to all completed bacterial genomes with similar genome sizes available in NCBI, as of January 2016 (number of genomes used, 442; genome size, 2 to 4 Mb; average *P* value, 0.00065, *t* test), indicating that the shower hose environment selects for the functions. In addition, we identified multidrug efflux pump genes, including those encoding the ABC, small multidrug resistance (SMR), and resistance-nodulation-division (RND) systems, which can confer resistance to disinfectants and antibiotics (for the antibiotic mechanisms, see below) in Gram-negative biofilm members affiliated with *Sphingomonas*, *Porphyrobacter*, and *Blastomonas*. All corresponding protein sequences showed high amino acid identity $(>40%)$ and conservation of functional domains with their experimentally verified homologs [\(Fig. 3;](#page-6-0) see also Table S4 in the supplemental material).

Antibiotic resistance mechanisms. A BLAST analysis of the metagenomic proteins against the Antibiotic Resistance Genes Database (ARDB) revealed that the sampled organisms likely have proteins that underlie resistance to at least four distinct antibiotic classes: β -lactamases, quinolones, aminoglycosides, and amphenicols. Overall, the M3 metagenome presented the highest percentage of cells carrying ARG, specifically the β -lactamase gene (*bl2B*) (23.1% of total), mycobacterial fluoroquinolone resistance protein A gene (*mfpA*) (28.3%), which is involved in DNA mimicry mechanisms [\(73\)](#page-10-27), and the aminoglycoside 2'-*N*-acetyltransferase gene (*aac2Ib*) that acetylates aminoglycoside antibiotics, preventing their binding to the bacterial ribosome [\(74\)](#page-10-28) [\(Table 2\)](#page-7-0). Thus, the dominance of *Mycobacterium* in sample M3 (53%) was also reflected in the antibiotic resistance profile of this sample, since 66.6% of the contigs containing ARG were phylogenetically affiliated with this genus.

The second most abundant population genome recovered from the metagenomes, which was also well represented among the isolates (unlike the abundant mycobacterial population), was assigned to *Blastomonas* and contained genes likely conferring resistance to aminoglycoside, macrolide, and bacitracin antibiotics. Indeed, a comparison between the 16S RNA gene sequences obtained from the shower hose *Blastomonas* isolates in this study and those obtained from *Blastomonas* strains isolated from a tap water sample in Portugal (GenBank accession no. [HF930725.1\)](http://www.ncbi.nlm.nih.gov/nuccore?term=HF930725.1) [\(64\)](#page-10-18) revealed high sequence identity $(>97%)$; therefore, these two isolates likely represent the same or highly related species. The Portuguese tap water isolate was highly resistant to antibiotics, based on an ATB PSE EU (bioMérieux) susceptibility test, mostly to the aminoglycoside antibiotic class, including gentamicin and tobramycin. This finding was consistent with the gene content predicted in the *Blastomonas* isolates of our study. In addition, other genes conferring resistance to penicillin, cephalosporin, paromomycin, neomycin, lividomycin, ribostamycin, and chloramphenicol were detected in the metagenomes, albeit at much lower abundances (present in \leq 5% of the genome equivalents).

Comparisons to other similar environments. We compared 16S rRNA gene fragments recovered from the shower hose metagenomes against 16S rRNA gene sequences available from DWDS pipes located in Florida [\(75\)](#page-10-29) and a surface in the intensive care unit (ICU) of a hospital ward in Spain [\(76\)](#page-10-30). This analysis revealed distinct taxonomic profiles between these and our shower hose metagenomes (see Fig. S1 in the supplemental material). Most notably, the shower hose data sets presented higher abundances of sequences related to *Mycobacteriaceae* (an average of 38% in shower hose versus 0.03% in the ICU surface and 6% in pipes), followed by *Sphingomonadaceae* (18% in shower hose versus 5% in the ICU surface and 0.03% in pipes), and *Erythrobacteraceae* (13% in shower hose versus 0.09% in the ICU surface and 0% in pipes). Distinctively, members of the *Methylococcaceae* order dominated the DWDS pipe sample (83% of the total) but were essentially absent in the other two data sets. In addition, *Staphylococcaceae* and *Enterobacteriaceae* dominated the ICU ward surface of the hospital (22% and 20% of the total, respectively) but were in low abundance in the other data sets.

A comparison of the shower hose metagenomes with available metagenomes from diverse natural water ecosystems in similar temperate geographic regionsindicated that the shower hosemetagenomes were enriched in virulence factors (3.64% of total metagenomic reads) and antibiotic resistance functions (0.032%) compared to metagenomes from the Pearl River (China) (0.072% and 0.011% of total reads annotated as virulence factors and antibiotic resistance genes, respectively), and wintertime (0.071% and 0.010%, respectively) and summertime (0.340% and 0.072%, respectively) samples from Lake Lanier (GA, USA). Compared to a drinking water treatment plant located in the Pearl River Delta in China (0.008%), the showerhead metagenomes were enriched in these two functions (0.17%) (see Fig. S3 in the supplemental material).

TABLE 1 Description of the proteins present in the metagenomes associated with biofilm formation, antibiotic and disinfectant resistance mechanisms, and virulence

^a Standard deviation (4th column) represents the variation observed among the five metagenomes. Relative abundance was based on the number of predicted proteins assigned to a particular function divided by the total number of annotated metagenomic proteins, previously mentioned in Materials and Methods. *^b* PE-PGRS, Pro-Glu polymorphic GC-rich sequence.

FIG 3 Relative abundance of functional genes in the shower hose metagenomes. (Top to bottom) The heat map on the left is composed of 7 proteins involved in antibiotic resistance, 12 proteins involved in disinfectant resistance mechanisms and EPS production, and the 30 most abundant proteins annotated with UniProt DB (rows) for each sample (columns). The small heat map on the right represents a magnification of the main heat map, focusing on the antibiotic resistance genes (note the difference in scale). Relative abundance of a gene/function was defined as the fraction of total annotated proteins with the particular function. The antibiotic class denotes the classification of the antibiotics based on WHO ATC code J01 (WHO Collaborating Centre for Drug Statistics Methodology [\[http://www.whocc.no/atc_ddd_index/\]](http://www.whocc.no/atc_ddd_index/)). The cladogram was constructed using complete linkage hierarchical clustering with Euclidean distance, as implemented on gplot package in R [\(92\)](#page-11-1). A detailed description of all the proteins plotted in the heat map is in Table S4 in the supplemental material.

DISCUSSION

This study analyzed biofilms of shower hoses in a hospital and found that most metagenomic sequences were associated with members of the genera *Mycobacterium*, *Erythrobacter*, *Sphingomonas*, and *Novosphingobium*. These findings were consistent with those from previous studies showing that mycobacterial populations are frequently abundant in DWDS because of their high resistance to chlorine, monochloramine, and other disinfectant compounds in water systems [\(1,](#page-8-0) [22,](#page-9-13) [77\)](#page-10-31). The high abundance of mycobacterial populations in the shower hose biofilms contrasted

with their low abundance or absence in microbial communities on the surface of the ICU in a hospital in Spain, which consisted predominantly of *Staphylococcaceae* and *Enterobacteriaceae* (see Fig. S1 in the supplemental material). The abundance of these two bacterial groups in the Spanish hospital might be the result of these organisms being continuously shed by incoming patients and hospital staff and therefore may not be waterborne in nature.

Another possible explanation for the dominance of *Mycobacterium*-like sequences is related to the particular physicochemical features of the shower hose, such as pipe material that is either

ARG symbol	Function	Antibiotic resistance	Genome equivalents $(\%)^a$				
			M1	M ₃	M4	M ₅	M6
BL ₂ b	B-Lactamase	Penicillin, cephalosporin	10.9	23.1	6.2	Ω	2.5
MfpA	Mycobacterium fluoroquinolone resistance protein A	Fluoroquinolone, ciprofloxacin, sparfloxacin	4.2	17.6	4.3	16.7	5.5
Aac2Ib	Aminoglycoside 2'-N-acetyltransferase	Netilmicin, tobramycin, dibekacin, gentamicin	1.3	38.3	2.7	$\overline{0}$	2.8
Aph3Ic	Aminoglycoside O-phosphotransferase	Paromomycin, neomycin, kanamycin, lividomycin, ribostamycin, gentamicin B	$\overline{0}$	1.9	$\overline{0}$	0.2	Ω
Aac2Ic	Aminoglycoside N-acetyltransferase	Gentamicin, netilmicin, tobramycin, dibekacin	$\mathbf{0}$	$\mathbf{0}$	$\mathbf{0}$	18.7	31.6
CeoB	Resistance-nodulation-division transporter system; multidrug resistance efflux pump	Chloramphenicol	Ω	$\mathbf{0}$	$\mathbf{0}$	$\overline{0}$	0.5
BacA	Undecaprenyl pyrophosphate phosphatase	Bacitracin	$\mathbf{0}$	$\mathbf{0}$	$\mathbf{0}$	$\overline{0}$	$0.4\,$

TABLE 2 Abundance of antibiotic resistance genes recovered from the shower hose metagenomes

^a The values represent the genome equivalents of each gene calculated using its sequencing depth divided by the normalizing factor of the corresponding data set, outlined in Materials and Methods.

galvanized (zinc coated) or made of copper, and the disinfectants and low organic carbon content of the water, which selectively favor the growth of some mycobacterial populations [\(78,](#page-10-32) [79\)](#page-10-33). Because of the identification of several pathogenicity factors and antibiotic resistance genes [\(Fig. 3\)](#page-6-0), as well as its high relatedness to characterized NTM (i.e., in terms of both gene content and amino acid similarity), the recovered *Mycobacterium* species population might represent an opportunistic pathogen. Therefore, our findings revealed that microbial biofilms in hospital shower hoses are characterized by a distinct composition, including previously nondescribed species, which require more attention due to their potential implications for health (see also below). Nonetheless, it should be noted that this *Mycobacterium* species genome encoded, in general, fewer virulence factors than those of its close relatives *M. tusciae* (66.6% of total virulence factors [VFs] of *M. tusciae* were present in the *Mycobacterium* species population) and *M. rhodesiae* (80.9% of total VFs shared), indicating that this population might represent a member of NTM with comparatively fewer public health implications.

In addition, some of the isolates were affiliated with diseasecausing bacteria. The isolates CCH10-H12 and CCH6-A12 were most closely affiliated with *Neisseria perflava* (98% and 100% 16S rRNA gene identity, respectively). This bacterium is a common oral commensal of the human upper respiratory tract but occasionally can cause endocarditis, peritonitis, and complicated bacteremia, mainly in individuals with immune suppression [\(80\)](#page-10-34). Further, two *Mycobacterium* isolates were below the detection limit of our metagenomic effort (rare members of the biofilm) and most closely assigned to *M*. *mucogenicum* (100% 16S rRNA gene identity). Compared to other mycobacterial species, this is a fastgrowing organism and is commonly involved in catheter-related infections and nosocomial outbreaks caused by contaminated hospital equipment and water sources [\(81,](#page-10-35) [82\)](#page-10-36). The divergence between the *Mycobacterium* species recovered by culture-dependent and -independent methods was probably due to the fact that incubation time and culture media were not suitable for isolating the most abundant *Mycobacterium* sp., which was recovered with the metagenomic approach used here (close relative to *M. rhode-* *siae* and *M. tusciae*). Therefore, even though the frequency with which the aforementioned organisms cause infections is probably lower than that of some of the other most commonly encountered opportunistic pathogens, such as members of the *Burkholderia* and *Ralstonia* genera, it is quite likely that they represent a health risk, especially for immunocompromised patients. Collectively, these findings suggest that more attention needs to be given to biofilms growing on shower hoses and other surfaces in clinical settings due to their potential to represent a health risk. Current and future studies held by the Hospital Microbiome and the Indoor Environment Projects [\(33,](#page-9-23) [83\)](#page-10-37), analyzing hundreds of samples and from various hospital settings, would add to the picture of the microbial communities presented here and the assessment of the associated risk for public health.

In addition to mycobacteria, members of other abundant genera present in the shower hose biofilms, namely, *Porphyrobacter*, *Blastomonas*, and *Sphingomonas*, have also been frequently found in water-related environments, such as swimming pools, bulk water, and faucets, presumably because of their ability to survive disinfection regimes $(3, 84)$ $(3, 84)$ $(3, 84)$. In particular, these bacterial groups are considered to play an important role in the formation and dynamics of biofilms because of their high production potential for exopolysaccharide (EPS) and ability to colonize surfaces [\(85\)](#page-10-39). Members of these genera also have the ability to coaggregate with other community members, contributing to effective colonization and expansion of biofilms [\(84\)](#page-10-38). In view of the frequent occurrence of *Sphingomonadaceae* in hospital tap water and their high survival in the air of the indoor environment, this group has been identified as a frequent contaminant of medical devices [\(67,](#page-10-21) [69,](#page-10-23) [76\)](#page-10-30). Although these organisms were less abundant than mycobacteria in shower hose biofilms (see Fig. S2 in the supplemental material), their occurrence in these environments may be linked to resistance to cleaning and disinfection due to known adaptive mechanisms and biofilm-forming ability.

Biocide agents have a strong influence on the bacterial community structure and may increase the frequency of antibioticresistant bacteria [\(86\)](#page-11-2). Exposure to chlorine can stimulate the expression of efflux pumps and drug resistance operons, as well as

induce mutations in some genes leading to increased antibiotic resistance [\(87\)](#page-11-3). Some of the antibiotic resistance signatures observed in the shower hose metagenomes have been reported to be triggered by biocide exposure; these include the chloramphenicol, kanamycin, and penicillin resistance genes [\(87,](#page-11-3) [88\)](#page-11-4). Further, previous studies have observed that several *Mycobacterium* species can modify the cell membrane fatty acid composition in response to stress conditions, producing an altered permeability to biocide and antibiotic compounds [\(89,](#page-11-5) [90\)](#page-11-6). Several of the known proteins that underlie this altered permeability, such as those involved in lipid metabolism and mycolic acid biosynthesis, e.g., long-chain fatty acid ligase (Facl), membrane protein (MmpL3), mycolic acid methyltransferase (MmaA), and GroEL, were encoded in the shower hose metagenomes. Accordingly, the acquisition of the antibiotic resistance profile identified in the biofilm community may, to a certain extent, be directly influenced by chlorine exposure. However, the direct testing of this hypothesis and quantification of the effect of chlorine exposure would require additional experiments.

The bacterial populations recovered from the metagenomes were validated through analysis of the presence/absence (completeness) and phylogenetic identity (contamination) of singlecopy genes. These binned populations represented consistent biological units with limited, if any, contaminating sequences from other populations based on the phylogenetic analysis of singlecopy genes (e.g., see Fig. S2 in the supplemental material). Also, the genome sequences of the isolates recovered from the same samples were used to validate several of the bins at almost-complete high-quality draft genome sequences (see Table S3 in the supplemental material). For example, the binned *Blastomonas* population genome showed high nucleotide identity values (ANI, 99.9%; SD, 0.01) and remarkable synteny with the *Blastomonas* isolate genomes (see Fig. S5 in the supplemental material). In contrast to *Blastomonas*, the recovery of an abundant uncultivated *Mycobacterium* population, without known sequenced representatives and 100% completeness, was achieved using binning approaches. The fact that a number of functional gene sequences were recovered using culture-dependent and culture-independent approaches (i.e., both genome isolates and metagenomes), as well as the high relative abundance *in situ* (e.g., *Mycobacterium* species and *Blastomonas* populations), suggests that many of the bacteria in these biofilms were alive, further highlighting their ability to withstand the harsh conditions within DW systems. Finally, although the variation in the abundance of the dominant populations among the samples was, in general, limited, certain populations, such as the *Mycobacterium* sp., showed substantial differences in abundance [\(Fig. 1\)](#page-2-0). These differences were not attributable to the measured physicochemical parameters of the water of the shower hoses, which typically do not vary much among samples, or some characteristics (e.g., floor) of the hospital rooms sampled, and thus are likely due to random sampling events.

Altogether, the results reported here reveal novel metagenomic information relevant to microbial exposure in the built environment. As some of the identified mycobacterial populations are related to previously identified pathogens, they may represent an uncharacterized pool of potential nosocomial pathogens growing in biofilms attached to showerhead surfaces. While further evidence is needed to determine if the abundant *Mycobacterium* sp. and some other less-abundant biofilm populations represent a high risk to patients and health care workers, the data suggest that

they should be carefully examined due to their chlorine-resistant phenotype and the presence of several important antibiotic resistance genes in their genomes. Because of the persistence of several community members across samples, the potential for release from the biofilm and adhesion to medical devices, and the presence of antibiotic resistance genes in the biofilm community, our findings call for more attention to the biofilms growing on showerheads, as they might constitute a public health risk. In conclusion, our findings further highlight the increasing importance of metagenomic surveys to better understand the functional genetic network (or microbiome) in clinical settings and in DW distribution systems [\(22\)](#page-9-13).

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