

Individual Differences in Impulsive Action Reflect Variation in the Cortical Serotonin 5-HT_{2A} Receptor System

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Impulsivity is an important feature of multiple neuropsychiatric disorders, and individual variation in the degree of inherent impulsivity could play a role in the generation or exacerbation of problematic behaviors. Serotonin (5-HT) actions at the 5-HT_{2A}R receptor (5-HT_{2A}R) promote and 5-HT_{2A}R antagonists suppress impulsive action (the inability to withhold premature responses; motor impulsivity) upon systemic administration or microinfusion directly into the medial prefrontal cortex (mPFC), a node in the corticostriatal circuit that is thought to play a role in the regulation of impulsive action. We hypothesized that the functional capacity of the 5-HT_{2A}R, which is governed by its expression, localization, and protein/protein interactions (eg, postsynaptic density 95 (PSD95)), may drive the predisposition to inherent impulsive action. Stable high-impulsive (HI) and low-impulsive (LI) phenotypes were identified from an outbred rodent population with the 1-choice serial reaction time (1-CSRT) task. HI rats exhibited a greater head-twitch response following administration of the preferential 5-HT_{2A}R agonist 2,5-dimethoxy-4-iodoamphetamine (DOI) and were more sensitive to the effects of the selective 5-HT_{2A}R antagonist M100907 to suppress impulsive action relative to LI rats. A positive correlation was observed between levels of premature responses and 5-HT_{2A}R binding density in frontal cortex ([³H]-ketanserin radioligand binding). Elevated mPFC 5-HT_{2A}R protein expression concomitant with augmented association of the 5-HT_{2A}R with PSD95 differentiated HI from LI rats. The observed differential sensitivity of HI and LI rats to 5-HT_{2A}R ligands and associated distinct 5-HT_{2A}R protein profiles provide evidence that spontaneously occurring individual differences in impulsive action reflect variation in the cortical 5-HT_{2A}R system.

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INTRODUCTION

High impulsivity cuts across multiple diagnostic categories of neural disorders, including attention deficit hyperactivity disorder, autism, schizophrenia, and substance use disorders (American Psychiatric Association, 2013). A major challenge for maximizing therapeutic approaches to these disorders is understanding the extent to which variation in the degree of inherent impulsivity predicts, promotes, or exacerbates problematic behaviors or therapeutic outcomes. Impulsivity is commonly dichotomized into impulsive choice (preference for small immediate rewards over large delayed rewards) and impulsive action (inability to withhold a prepotent motor response) (Evenden, 1999; Moeller *et al*, 2001). Here, we focus on impulsive action, or motor

impulsivity, that may be measured in such tasks as the continuous performance test, the Go/No-Go task, and the family of choice serial reaction time (CSRT) tasks. In these tasks, an inappropriate response that occurs before a signal (ie, premature response) constitutes the measure of impulsive action (Dougherty *et al*, 2000, 2002; Winstanley, 2011). Importantly, variable degrees of inherent impulsive action within outbred rodent populations are reliably identified in the CSRT tasks (Anastasio *et al*, 2014; Besson *et al*, 2013; Caprioli *et al*, 2014; Dalley *et al*, 2007; Economidou *et al*, 2012). The employment of such translationally focused models may lead to a greater appreciation of the neurobiological drivers underlying individual differences in motor impulsivity.

There is a limited, but growing, appreciation of the specific neurobiological drivers of individual differences underlying impulsive action (Anastasio *et al*, 2014; Besson *et al*, 2013; Caprioli *et al*, 2014; Dalley *et al*, 2007; Economidou *et al*, 2012). Particular attention has been given to prefrontal cortex (PFC) and its striatal connections. The medial aspect of the rodent PFC (mPFC) plays a complex and important role in impulsive action, as demonstrated by lesion, reversible

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inactivation, and genetic manipulation (Anastasio *et al*, 2014; Chudasama *et al*, 2003; Muir *et al*, 1996; Narayanan *et al*, 2006). Catecholamine and serotonin (5-HT) neurotransmission are important neuromodulators of such corticostriatal dynamics and have been implicated as key modulators of motor impulsivity (for review, see Cunningham and Anastasio, 2014; Dalley *et al*, 2002; Eagle and Baunez, 2010; Fineberg *et al*, 2010; Jupp *et al*, 2013).

Serotonin actions at the G protein-coupled 5-HT_{2A} receptor (5-HT_{2AR}) promote impulsive action based upon extensive pharmacological studies with 5-HT_{2AR} ligands. Specifically, systemically administered preferential 5-HT_{2AR} agonists increase whereas selective 5-HT_{2AR} antagonists reduce impulsive action (Anastasio *et al*, 2011; Cunningham *et al*, 2013; Fletcher *et al*, 2007; Koskinen *et al*, 2000b; Robinson *et al*, 2008; Winstanley *et al*, 2004b), effects that are recapitulated by intra-mPFC infusion (Passetti *et al*, 2003; Winstanley *et al*, 2003; Wischhof *et al*, 2011). The 5-HT_{2AR} in corticostriatal circuits may also drive individual differences in impulsive action given that 5-HT_{2AR} binding density is elevated in frontal cortical regions of the selectively bred Roman high-avoidance rat (Klein *et al*, 2014). It remains unknown whether this finding extends beyond selective breeding to explain natural variation in impulsive action among genetically heterogeneous rodents.

The present study was designed to gain insights into the nature and origins of individual differences in impulsive action and the involvement of the mPFC 5-HT_{2AR} in mediating these patterns of behavior in an outbred rodent population. The 5-HT_{2AR} is expressed at high density in the mPFC (Lopez-Gimenez *et al*, 1997; Pazos *et al*, 1985; Pompeiano *et al*, 1994) and is primarily localized to cytoplasmic compartments within dendritic shafts and only rarely localized to plasma membranes in cerebral cortex (Cornea-Hebert *et al*, 1999, 2002). The postsynaptic density protein of 95 kDa (PSD95) is a PSD scaffolding protein that complexes with the 5-HT_{2AR} (Becamel *et al*, 2002; Becamel *et al*, 2004; Xia *et al*, 2003); this interaction is essential to membrane expression/trafficking of the 5-HT_{2AR} and its signaling capacity as well as the pharmacological response to 5-HT_{2AR} ligands *in vivo* (Abbas *et al*, 2009). We propose that the functional capacity of the 5-HT_{2AR} in mPFC, which is governed by its expression, subcellular localization, and macromolecular protein complex composition, may drive the predisposition to high inherent impulsive action.

We hypothesized that high-impulsive (HI) rats, identified based upon levels of impulsive action (premature responses) in the 1-CSRT task, would be more sensitive than low-impulsive (LI) rats to the pharmacological effects of a preferential 5-HT_{2AR} agonist and/or selective 5-HT_{2AR} antagonist as assessed by the 5-HT_{2AR}-mediated head-twitch response and 1-CSRT task performance. We further hypothesized that HI rats, relative to LI rats, would display greater cortical 5-HT_{2AR} binding density and mPFC synaptosomal protein levels concomitant with an augmented 5-HT_{2AR}/PSD95 association. The following set of experiments provides the first evidence that spontaneously occurring individual differences in impulsive action in outbred rats reflect variation in the cortical 5-HT_{2AR} system.

MATERIALS AND METHODS

General Methods

Animals. Male, Sprague–Dawley rats ($n=167$; Harlan, Houston, TX) weighing 250–275 g upon arrival were housed two per cage under a 12-h light–dark cycle with controlled temperature (21–23 °C) and humidity (40–50%). Animals were acclimatized for 7 days to the colony room before the start of handling and experimental procedures. During the 1-CSRT task acquisition and maintenance, rats were food restricted to 90% free-feeding weight; water was available *ad libitum* except during daily operant sessions. Rats were weighed daily to ensure that their body weights were maintained at 90% of free-feeding levels. All experiments were conducted in accordance with the NIH Guide for the Care and Use of Laboratory Animals (2011) and with the University of Texas Medical Branch Institutional Animal Care and Use Committee approval.

1-choice serial reaction time task. Procedures occurred in standard five-hole nose-poke operant chambers equipped with a houselight, food tray, and an external pellet dispenser capable of delivering 45 mg pellets (Bio-Serv, Frenchtown, NJ) housed within a ventilated and sound-attenuated chamber (MedAssociates, St Albans, VT). The 1-CSRT task methodology has been described in detail previously (Anastasio *et al*, 2011, 2013, 2014; Cunningham *et al*, 2013). Briefly, in the pretraining stage, rats were habituated to the test chamber; a nose-poke into the singly illuminated center hole resulted in the delivery of one food pellet into the magazine on the opposite wall of the chamber and simultaneous illumination of the magazine light. Subsequent training stages consisted of daily sessions of 100 trials to be completed in a maximum of 30 min; each training stage implemented an incrementally shorter stimulus duration (final stage: 0.5 s) with a 5-s limited hold and an intertrial interval (ITI) of 5 s (ITI5). A maximum of 100 correct responses in a session resulted in a maximum of 100 reinforcers delivered; incorrect or premature responses or omissions resulted in a 5-s timeout period and a reduction in potential reinforcers obtained. Advancement to the next training stage required rats to meet acquisition criteria: ≥ 50 correct responses, $> 80\%$ accuracy (correct responses/(correct+incorrect) $\times 100$) and $< 20\%$ omissions (omitted responses/trials completed $\times 100$) (Anastasio *et al*, 2011).

The total number of responses (premature, correct, incorrect, and omissions) as well as the latency to collect the reinforcer were recorded. Premature responses were used to assess impulsive action. The number of reinforcers earned provides a measure of task competency and a secondary assessment of impulsive action, whereas percent accuracy is a general indication of attentional capacity. Percent omissions indicate failures of detection of the visual stimuli in the center hole as well as motivation to perform the task. Latency to collect the reinforcer provides an additional indicator of motivation.

Identification of impulsive action phenotype. After meeting stability criteria for the final training stage over five consecutive ITI5 sessions (with $< 20\%$ variability over last three sessions, days ~ 25 –30), an ITI8 challenge session was conducted in which the ITI was 8 s for the entirety of the

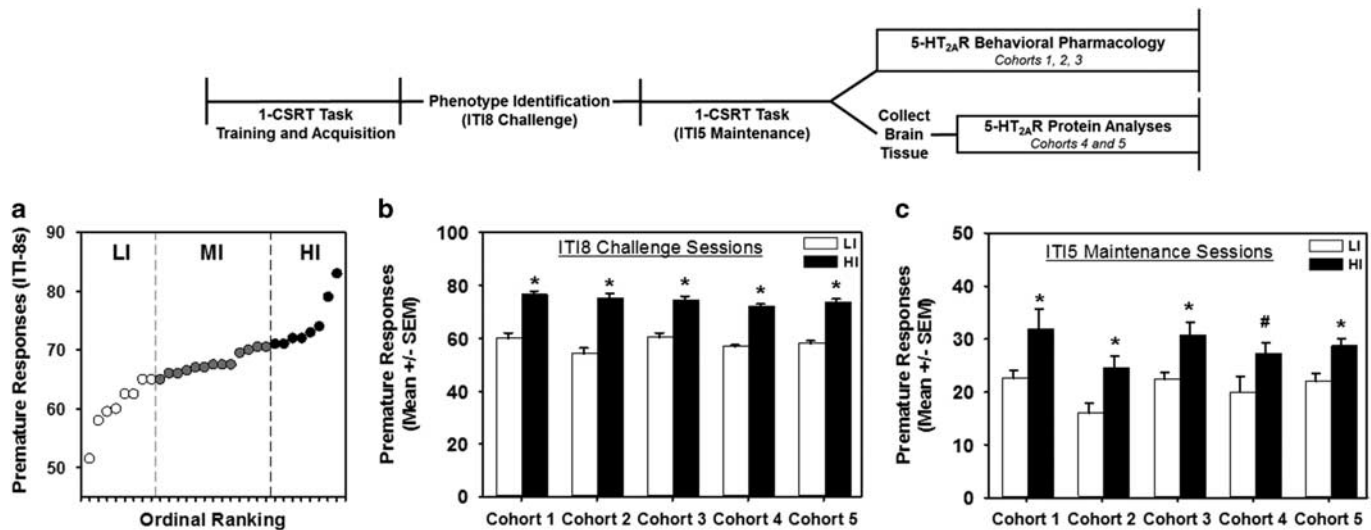


Figure 1 1-CSRT task separates impulsive action phenotypes. (a) Ordinal ranking of a representative cohort (cohort 3) based on premature responses averaged over two ITI8 challenge sessions. Low-impulsive (LI, $n = 8$, open circles) and high-impulsive rats (HI, $n = 8$, closed circles) were defined by lower and upper quartiles, respectively, from mid-impulsive rats (MI, $n = 13$, gray circles). (b) HI rats (black bars) exhibit elevated premature responses vs LI rats (white bars) in all cohorts during performance in ITI8 challenge sessions and (c) during stable performance in ITI5 maintenance sessions, as averaged over 2 to 3 days before subsequent experimentation (* $p < 0.05$ vs LI, # $p = 0.06$).

session (Anastasio *et al*, 2014; Dalley *et al*, 2002). Following ITI8 challenge, rats were restabilized on ITI5 sessions (<20% variability over three sessions) before a second ITI8 challenge. HI and LI rats were defined as the upper and lower quartile, respectively, of premature responses averaged over ITI8 challenge sessions. Rats were again restabilized on ITI5 maintenance sessions before subsequent experimentation.

Research Design

Cohort 1: inherent impulsive action predicts response to a 5-HT_{2A}R agonist in the head-twitch assay. Following phenotype identification on the 1-CSRT task (Figure 1, see experimental timeline), rats ($n = 28$) were kept in home cages for 3 days under maintenance of food restriction so as not to perturb 5-HT_{2A}R sensitivity (Serafine and France, 2014). The preferential 5-HT_{2A}R agonist (–)-2,5-dimethoxy-4-iodoamphetamine (DOI; Sigma-Aldrich, St Louis, MO) was dissolved in vehicle (sterile saline). Following injection with DOI (1 mg/kg) or vehicle (1 ml/kg, s.c.), rats were immediately placed into transparent cages (43 cm by 26 cm by 19 cm) and video recorded in high definition (HDR-XR550V; Sony, Tokyo, Japan) for 30 min. Head twitches were operationally defined as a rapid rotational head movement (Canal *et al*, 2013) and scored manually by a blinded reviewer over a 15-min period beginning 10 min after injection. Two outliers were removed from analysis using Cook's method ($n = 26$ rats analyzed).

Cohorts 2 and 3: inherent impulsive action predicts sensitivity to 5-HT_{2A}R ligands in the 1-CSRT task. Following the ITI8 challenge session ($n = 32$ rats, each cohort) and ITI5 restabilization (Figure 1, see experimental timeline), 1-CSRT task performance was evaluated after administration of the 5-HT_{2A}R agonist DOI (cohort 2) or 5-HT_{2A}R antagonist M100907 (cohort 3; synthesized by Kenner Rice,

National Institute on Drug Abuse, Bethesda, MD). Vehicle (sterile saline (cohort 2); 1% Tween-80 in sterile saline (cohort 3); 1 ml/kg), DOI (0.01, 0.03, and 0.1 mg/kg; s.c.), or M100907 (0.001, 0.01, and 0.1 mg/kg; i.p.) were injected 30 min before commencement of 1-CSRT task sessions under ITI5 conditions. Within each cohort, each rat received all doses of DOI (cohort 2) or M100907 (cohort 3) in a balanced, pseudo-randomized order. Rats underwent five daily 1-CSRT task sessions per week; rats were treated with vehicle the day before drug treatments and received only one drug treatment per week. An additional ITI8 challenge session was conducted following completion of drug testing to confirm identification of the impulsive action phenotype. Two rats from cohort 2 and three rats from cohort 3 were excluded from analysis because of failure to maintain stable performance (cohort 2: $n = 30$ rats analyzed, cohort 3: $n = 29$ rats analyzed).

Cohort 4: inherent impulsive action predicts 5-HT_{2A}R density in whole frontal cortex. At 2 to 3 days following behavioral testing, rats ($n = 30$) were anesthetized with chloral hydrate (400 mg/kg, i.p.) and brains were extracted (Figure 1, see experimental timeline). The olfactory bulbs were discarded, and frontal cortex was isolated by a single coronal cut rostral to striatum (+3 mm from bregma) (Paxinos and Watson, 1998) and frozen at -80°C until use. Frontal cortices were processed by crude synaptosomal fractionation that enriches presynaptic and postsynaptic compartments (Gyls *et al*, 2000). Samples were homogenized in sucrose buffer (0.32 M sucrose with 10 $\mu\text{l/ml}$ each of protease and phosphatase inhibitors; Sigma-Aldrich) using a glass-teflon homogenizer. Samples were centrifuged at 12 000 g for 15 min, and pellets were washed twice in Tris buffer (Tris HCL (50 mM), MgCl₂ (10 mM), and protease and phosphatase inhibitors (10 $\mu\text{l/ml}$), pH 7.4 at 4°C). Finally, samples were

resuspended in Tris buffer. Protein concentrations were determined by BCA assay (Thermo Scientific, Rockford, IL), and samples were diluted to 1 mg/ml and stored at -80°C until assayed (<2 weeks).

Radioligand binding and analysis were conducted according to published protocols with modifications (Clarke *et al*, 2001). Assay buffer (50 mM Tris, 10 mM MgCl₂, pH 7.4, at 4°C), prazosin (100 nM final concentration; Sigma-Aldrich), and [³H]-ketanserin (50.3 Ci/mmol; 10 nM final concentration) (PerkinElmer, Waltham, MA) were sequentially added to glass tubes to a total volume of 450 μl . Prazosin was added to mask α_1 -adrenergic receptors, and nonspecific binding was determined by the addition of M100907 (10 μM final concentration). Reactions commenced with the addition of 50 μg protein and proceeded with constant agitation for 1 h at room temperature. Reactions were terminated using a cell harvester (Brandel, Gaithersburg, MD) by rapid filtration through GF/C glass filters presoaked in 0.3% polyethylenimine (Sigma-Aldrich). Filters were dried overnight, transferred to vials containing 5 ml scintillant (RPI, Mount Prospect, IL), equilibrated overnight, and counted with a LS6500 scintillation counter (Beckman Coulter, Indianapolis, IN). Specific binding was averaged across three independent experiments in which samples were measured in triplicate. Two samples were lost during tissue handling ($n=28$ samples analyzed).

The crude synaptosomal protein extracted from whole frontal cortex of HI and LI rats (above) was modified by the addition of 0.5% NP-40 and 1 mM dithiothreitol (DTT). 5-HT_{2A}R protein levels were assessed using the Wes automated western blotting system (ProteinSimple, San Jose, CA) that utilizes capillary electrophoresis-based immunodetection for higher resolution, sensitivity, and reproducibility (even at low sample concentrations) relative to traditional immunoblotting techniques (Liu *et al*, 2013). Wes reagents (biotinylated molecular weight marker, streptavidin-HRP fluorescent standards, luminol-S, hydrogen peroxide, sample buffer, DTT, stacking matrix, separation matrix, running buffer, wash buffer, and matrix removal buffer, secondary antibodies, antibody diluent, and capillaries) were obtained from the manufacturer (ProteinSimple) and used according to the manufacturer's recommendations. The 5-HT_{2A}R antibody (LS-C172270, 1:500; LifeSpan Biosciences, Seattle, WA) or pan-cadherin antibody (AB6528, 1:1000; Abcam, Cambridge, MA) were diluted with ProteinSimple antibody diluent.

Equal amounts of protein (3 μg) were combined with $0.1\times$ sample buffer and $5\times$ master mix (200 mM DTT, $5\times$ sample buffer, $5\times$ fluorescent standards), gently mixed, and then denatured at 95°C for 5 min. The denatured samples, biotinylated ladder, antibody diluent, primary antibodies, HRP-conjugated secondary antibodies, chemiluminescent substrate, and wash buffer were dispensed to designated wells in a pre-filled microplate (ProteinSimple). Separation electrophoresis (375 V, 31 min, 25°C) and immunodetection in the capillaries were fully automated using the following settings: separation matrix load for 200 s, stacking matrix load for 14 s, sample load for 7 s, antibody diluent for 30 min, primary antibody incubation for 60 min, secondary antibody incubation for 30 min, and chemiluminescent signal exposure for 30, 120, 240, and 480 s. Data analyses were performed using the Compass Software (ProteinSimple) and

5-HT_{2A}R immunoreactivity normalized to pan-cadherin immunoreactivity.

Cohort 5: impulsive action phenotypes exhibit distinct 5-HT_{2A}R expression profiles in the mPFC. At 2 to 3 days following behavioral testing, rats ($n=30$) were anesthetized (chloral hydrate solution (400 mg/kg)), and brains were extracted (Figure 1, see experimental timeline). The mPFC (containing infralimbic, prelimbic, and anterior cingulate cortex) was microdissected immediately over ice, flash frozen in liquid nitrogen, and stored at -80°C for subsequent RNA and protein extraction. Crude synaptosomal protein was prepared (Anastasio *et al*, 2010) with one modification. Immediately following initial homogenization, 10% of sample volume was transferred to 500 μl of TRI Reagent for RNA isolation (Life Technologies, Grand Island, NY). RNA was stored at -80°C until assayed (see Supplementary Materials and Methods). For immunoprecipitation experiments, mPFC samples ($n=8$, 4 HI and 4 LI) were drawn from a cohort that underwent identical 1-CSRT task training and phenotype identification (previously published) (Anastasio *et al*, 2014).

Immunoblotting. Equal amounts of crude synaptosomal protein prepared from the mPFC (Anastasio *et al*, 2010, 2014) were separated by SDS-PAGE and transferred to a PVDF membrane for blotting with 5-HT_{2A}R antibody (AB16028, 1:1000; Abcam) or pan-cadherin antibody (AB6528, 1:10000; Abcam). Membranes were incubated with mouse IgG IRDye 800 (1:10000) or rabbit IgG IRDye 680 (1:10000) for detection by Odyssey Imaging System (LI-COR, Lincoln, NE). The integrated intensity of each band was analyzed with the Odyssey Software and 5-HT_{2A}R immunoreactivity normalized to pan-cadherin immunoreactivity.

Co-immunoprecipitation. Postsynaptic density (PSD95) antibody (MAB1598, 10 μg ; Millipore, Billerica, MA) was covalently crosslinked onto protein A/G resin as previously described with minor modifications (Anastasio *et al*, 2010, 2013). Crude synaptosomal protein (200 μg) prepared from the mPFC was incubated with the antibody-crosslinked resin for 48 h at 4°C with constant shaking. The eluted antigen was subjected to cold acetone precipitation and the protein sample centrifuged at 15000 g for 10 min at 4°C . The precipitated protein was resuspended in $2\times$ loading buffer and subjected to SDS-PAGE. Immunoblotting for 5-HT_{2A}R and PSD95 (1:1000) was performed as described above. One sample was lost during processing.

Statistical analyses. Measures of 1-CSRT task performance were assessed by Student's *t*-test and one-way ANOVA as appropriate, and pair-wise preplanned comparisons between phenotypes or cohorts were assessed by Tukey's test. The effects of DOI and M100907 on 1-CSRT task performance were analyzed by two-way repeated-measures ANOVA; the effects of treatment *vs* vehicle within phenotype were assessed by Dunnett's procedure. The DOI-induced head-twitch response, [³H]-ketanserin binding, and 5-HT_{2A}R expression data were assessed by Student's *t*-test and Pearson's correlation. Data were collected blinded to the experimenter, and analyses were performed in SAS

(version 9.3; Cary, NC) with an experiment-wise error rate of $\alpha = 0.05$.

RESULTS

HI and LI Rats Are Reliably Identified in the 1-CSRT Task

Phenotypic classification of rats in the CSRT tasks has proven useful toward evaluating the neurobiology underlying individual differences in impulsive action. Five cohorts of outbred rats were stratified for the impulsive action phenotype using the 1-CSRT task. Figure 1a demonstrates the separation of rats in a representative cohort (cohort 3) by upper (HI, $n = 8$) and lower (LI, $n = 8$) quartiles of premature responding during ITI8 challenge sessions. In all cohorts, HI rats exhibited significantly greater premature responses (Figure 1b; $p < 0.0001$), earned fewer reinforcers (Supplementary Table S1; $p < 0.0001$), and omitted fewer trials (Supplementary Table S1; $p < 0.01$) than LI rats during ITI8 challenge sessions. No differences were observed in accuracy or latency to collect the reinforcer (Supplementary Table S1). Elevated premature responding stably persisted in HI vs LI rats under ITI5 maintenance conditions (Figure 1c; $p < 0.05$). Differences between HI and LI rats in reinforcers earned and accuracy under ITI5 conditions did not reach statistical significance (Supplementary Table S2). In a single cohort (cohort 2), fewer omissions were observed in HI relative to LI rats (Supplementary Table S2, $p < 0.05$); however, the number of omissions for either groups was substantially below the set training criterion of $< 20\%$ omissions (see Materials and Methods) (Anastasio *et al*, 2011). No differences in premature responses, reinforcers earned, omissions, or accuracy were observed within phenotypes between the cohorts (Supplementary Table S2). Population variability in premature responding under prolonged ITI8 challenge conditions in the 1-CSRT task allows stratification of rats as HI or LI in part because the sensitivity to detect differences is enhanced and premature responding is encouraged (Anastasio *et al*, 2014; Besson *et al*, 2013; Caprioli *et al*, 2014;

Dalley *et al*, 2007; Economidou *et al*, 2012). The differential levels of premature responses on the ITI8 that direct phenotypic identification mirror subsequent performance under standard ITI5 maintenance conditions that stably endures for months of daily sessions and with little variability between separate cohorts of rats (Anastasio *et al*, 2014).

The Preferential 5-HT_{2A}R Agonist DOI Elicits Greater Head-Twitch Responses in HI vs LI Rats

Variation in the functional capacity of the 5-HT_{2A}R may contribute to individual differences in impulsive action, such that elevated signaling through the 5-HT_{2A}R may underlie the predisposition to high impulsive action. We first sought to evaluate the pharmacological responsiveness of the 5-HT_{2A}R system in HI and LI rats (cohort 1) using a nonoperant behavioral measure routinely employed to assess 5-HT_{2A}R function *in vivo*. Many 5-HT_{2A}R agonists induce a head-twitch response in rodents that is dependent upon 5-HT_{2A}R activation (Canal *et al*, 2013). We hypothesized that the preferential 5-HT_{2A}R agonist DOI would elicit a greater head-twitch response in HI relative to LI rats. Administration of DOI (1 mg/kg) produced a greater head-twitch response in HI rats than LI rats (Figure 2a; $p < 0.01$). Regression analysis of individual rats revealed a positive correlation between DOI-induced head twitches and premature responses (Figure 2b; $r = 0.499$, $p < 0.01$). No head twitches were observed following vehicle administration (data not shown).

The Preferential 5-HT_{2A}R Agonist DOI Increases Impulsive Action in the 1-CSRT Task

Several studies have demonstrated that systemic administration of the preferential 5-HT_{2A}R agonist DOI elicits modest increases in premature responses in the 5-CSRT task (Koskinen *et al*, 2000a, b, 2003; Koskinen and Sirvio, 2001; Wischhof and Koch, 2012). Given the observation that the DOI-induced head-twitch response pharmacologically dissociated HI and LI rats (Figure 2a), we next sought to

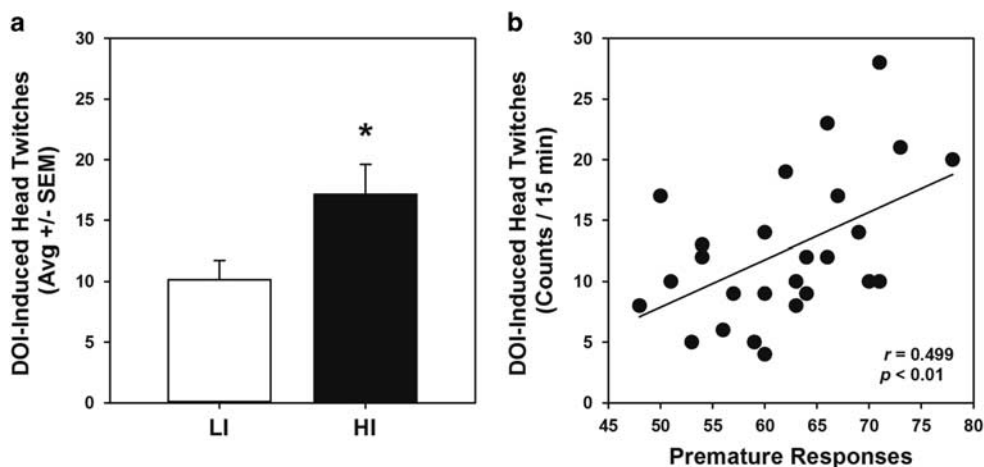


Figure 2 Inherent impulsive action predicts the DOI-elicited head-twitch response. Upon completion of 1-CSRT task training and phenotypic identification (cohort 1), injection of DOI (1 mg/kg, s.c.) resulted in head-twitches that were quantified over a 15-min period. (a) HI rats ($n = 7$, black bar) exhibited a greater number of head twitches than LI rats ($n = 7$, white bar; $*p < 0.05$ vs LI-VEH). (b) There was a positive correlation between the number of head-twitches and premature responses during phenotype identification on the ITI8 challenge in the 1-CSRT task ($r = 0.499$; $p < 0.01$).

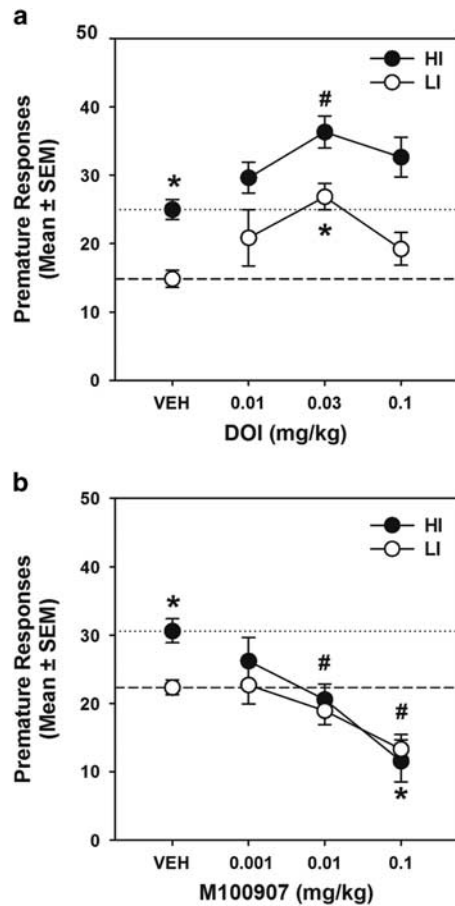


Figure 3 HI rats are more sensitive to the behavioral effects of M100907, but not DOI, in the 1-CSRT task. Following 1-CSRT task training and phenotypic identification, the effects of DOI (0.01, 0.03, and 0.1 mg/kg; cohort 2) and M100907 (0.001, 0.01, and 0.1 mg/kg; cohort 3) were each evaluated in separate cohorts of rats under IT15 conditions. In both cohorts, baseline levels of premature responses in HI rats administered vehicle (VEH; closed circles, upper dotted line) were significantly higher than the vehicle baseline in LI rats (open circles, lower dashed line; * $p < 0.05$ vs LI-VEH). (a) In both HI ($n = 9$) and LI rats ($n = 7$), DOI significantly increased premature responses at 0.03 mg/kg (# $p < 0.05$ vs HI-VEH, * $p < 0.05$ vs LI-VEH). (b) In HI rats ($n = 8$), M100907 significantly suppressed premature responses at 0.01 and 0.1 mg/kg (# $p < 0.05$ vs HI-VEH), below the vehicle baseline of LI rats ($n = 8$). Only the highest dose of M100907 (0.1 mg/kg) significantly suppressed premature responses in LI rats (* $p < 0.05$ vs LI-VEH).

determine whether the differential behavioral effects of DOI would be recapitulated in the 1-CSRT task (cohort 2). Vehicle (VEH)-treated HI rats demonstrated elevated premature responses relative to vehicle-treated LI rats (Figure 3a; $p < 0.05$), consistent with baseline task performance (Figure 1c and Supplementary Table S2). DOI increased premature responses (Figure 3a); there was a main effect of phenotype on premature responses ($F_{1,15} = 19.24$, $p < 0.001$) and a main effect of treatment ($F_{3,45} = 13.54$, $p < 0.0001$), but no treatment \times phenotype interaction ($F_{3,45} = 0.38$, n.s.) was observed. In HI rats, a main effect of treatment was observed ($F_{3,35} = 5.31$, $p < 0.01$); planned comparisons showed that only the 0.03 mg/kg dose of DOI increased premature responses vs vehicle ($145.3 \pm 6.5\%$ of vehicle performance; $p < 0.05$). Similarly, only 0.03 mg/kg of DOI increased premature responses in LI rats ($180.7 \pm 7.2\%$

of vehicle performance; main effect: $F_{3,28} = 4.84$, $p < 0.01$; Dunnett's, $p < 0.05$). The effects of DOI to increase premature responding was accompanied by a decrease in reinforcers earned (Supplementary Figure S1A; main effect: $F_{3,45} = 10.35$, $p < 0.0001$). No main effect of phenotype on reinforcers earned was observed ($F_{1,15} = 3.53$, n.s.), nor was there a significant treatment \times phenotype interaction ($F_{3,45} = 0.11$, n.s.). No main effect of treatment was observed for omissions (Supplementary Figure S1B) or accuracy (data not shown). Thus, whereas HI rats exhibit increased DOI-induced head-twitch response relative to LI rats, the DOI-mediated increase in impulsive action was parallel between HI and LI rats.

HI Rats Are More Sensitive to the Suppressive Effects of the Selective 5-HT_{2A}R Antagonist M100907 than LI in the 1-CSRT Task

Selective blockade of the 5-HT_{2A}R consistently reduces impulsive action after systemic administration, measured predominantly in 1- or 5-CSRT tasks (Anastasio *et al*, 2011; Cunningham *et al*, 2013; Fletcher *et al*, 2007; Koskinen *et al*, 2000b; Robinson *et al*, 2008; Winstanley *et al*, 2004b). In another cohort of rats (cohort 3), we tested the hypothesis that HI rats would exhibit greater sensitivity to the suppressive effects of the 5-HT_{2A}R antagonist M100907 on impulsive action compared with LI rats. Vehicle-treated HI rats demonstrated elevated premature responses relative to vehicle-treated LI rats (Figure 3b; $p < 0.05$). M100907 dose-dependently decreased premature responses (Figure 3b); there was no main effect of phenotype on premature responses ($F_{1,14} = 1.13$, n.s.), but a main effect of treatment ($F_{3,42} = 25.89$, $p < 0.0001$) and a significant treatment \times phenotype interaction ($F_{3,42} = 3.68$, $p < 0.05$) were observed. In HI rats, a main effect of treatment was observed ($F_{3,28} = 8.99$, $p < 0.001$); planned comparisons showed that both the 0.01 and 0.1 mg/kg doses of M100907 decreased premature responses vs vehicle ($68.6 \pm 8.0\%$ and $36.3 \pm 7.6\%$ of vehicle performance, respectively; $p < 0.05$). However, only the highest dose of 0.1 mg/kg M100907 significantly suppressed premature responses in LI rats ($58.9 \pm 7.1\%$ of vehicle performance; main effect: $F_{3,28} = 4.24$, $p < 0.05$; Dunnett's, $p < 0.05$). Thus, HI rats are more sensitive to the effects of M100907 to suppress impulsive action by one order of magnitude.

The number of reinforcers earned increased significantly only in HI rats following M100907 administration (Supplementary Figure S2A). No main effect of phenotype on reinforcers earned was observed ($F_{1,14} = 0.17$, n.s.), but a main effect of treatment ($F_{3,42} = 11.34$, $p < 0.0001$) and a significant treatment \times phenotype interaction ($F_{3,42} = 3.43$, $p < 0.05$) were observed. In HI rats, a main effect of treatment on reinforcers earned was observed ($F_{3,28} = 4.94$, $p < 0.01$); 0.1 mg/kg M100907 significantly increased reinforcers earned ($126.6 \pm 5.1\%$ of vehicle performance; $p < 0.05$). A main effect of treatment on reinforcers earned in LI rats was not observed ($F_{3,28} = 0.52$, n.s.), indicating that M100907 preferentially enhanced task performance in HI, but not LI, rats. No main effect of treatment was observed for accuracy or latency to collect the reinforcer (data not shown), but there was a nonsignificant trend for

increased omissions (Supplementary Figure S2B; main effect: $F_{3,42} = 2.58$, $p = 0.066$).

Impulsive Action Phenotypes Exhibit Distinct 5-HT_{2A}R Protein Profiles in Whole Frontal Cortex

HI rats were more sensitive to the effects of the 5-HT_{2A}R ligands than LI rats in two independent behavioral measures. Differential sensitivity to 5-HT_{2A}R ligands may be explained by differences in 5-HT_{2A}R density in frontal cortex (Leysen and Pauwels, 1990), the brain region with the highest 5-HT_{2A}R density (Pazos et al, 1985; Pompeiano et al, 1994). In a separate cohort of rats (cohort 4), we tested the hypothesis that inherent impulsive action is associated with greater 5-HT_{2A}R binding sites in frontal cortex. Single-point radioligand binding with the 5-HT_{2A}R antagonist [³H]-ketanserin was conducted to estimate 5-HT_{2A}R binding sites at saturation (Muguruza et al, 2013) in a crude synaptosomal fraction of the whole frontal cortex; specific binding of 410.7 ± 7.0 fmol/mg protein (average \pm SEM) is consistent with previous reports (Leysen et al, 1982). A significant difference in [³H]-ketanserin binding was not observed in frontal cortex of HI and LI rats (HI: 418.4 ± 33.1 fmol/mg, LI: 409.6 ± 41 fmol/mg; n.s.); a regression analysis of individual rats revealed a positive correlation between specific [³H]-ketanserin binding and premature responses (Figure 4a; $r = 0.508$, $p < 0.01$). There was a relatively wide distribution of premature responses for this cohort under ITI5 maintenance conditions (Supplementary Figure S3). Although ITI8 challenge sessions generally allow more facile stratification of phenotypes, premature responding under ITI8 and ITI5 conditions equally reflect a failure to appropriately withhold a response. Thus, the absence of a difference in [³H]-ketanserin binding sites between HI and LI groups does not diminish the biological significance of the correlation between [³H]-ketanserin binding and impulsive action across the entire cohort (Figure 4a).

We next sought an alternative assessment of 5-HT_{2A}R protein abundance to confirm the association between

frontal cortex 5-HT_{2A}R binding density and inherent impulsive action. The same frontal cortex crude synaptosomal protein employed for [³H]-ketanserin binding was evaluated by capillary gel-based immunodetection that offers greater sensitivity and quantitation over traditional immunoblotting (Liu et al, 2013). Higher 5-HT_{2A}R immunoreactivity was observed in the whole frontal cortex sample of HI rats relative to LI rats (Figure 4b; $p < 0.05$). These results suggest that phenotypic variation in 5-HT_{2A}R protein profiles in whole frontal cortex associates with levels of motor impulsivity.

Impulsive Action Phenotypes Exhibit Distinct 5-HT_{2A}R Protein Profiles in mPFC

The relatively large section of frontal cortex necessary for radioligand binding experiments is a functionally heterogeneous structure containing regions that may not contribute to inhibitory control as reflected in the 1-CSRT task. The mPFC is a subregion of the frontal cortex known to modulate impulsive action (Dalley et al, 2004), and microinfusion of the 5-HT_{2A}R agonist DOI into the mPFC is sufficient to increase impulsive action and elicit the head-twitch response (Willins and Meltzer, 1997; Wischhof et al, 2011). Thus, we next sought to determine whether the 5-HT_{2A}R protein expression level was higher in HI relative to LI rats, specifically within the mPFC subregion of the frontal cortex. Immunoblots performed on crude synaptosomal fractions of mPFC revealed elevated 5-HT_{2A}R expression in HI vs LI rats (Figure 5a; $p < 0.05$). To determine whether differential regulation of 5-HT_{2A}R expression occurs at the level of transcription, qRT-PCR was performed to measure *Htr2a* mRNA; no difference in *Htr2a* mRNA abundance was observed in mPFC extracts of HI and LI rats (Supplementary Figure S4). Immunoblots were conducted to evaluate 5-HT_{2A}R protein expression in total mPFC homogenate to address the discordance between *Htr2a* mRNA levels and crude synaptosomal 5-HT_{2A}R protein levels; no difference in 5-HT_{2A}R protein expression between HI and LI rats was

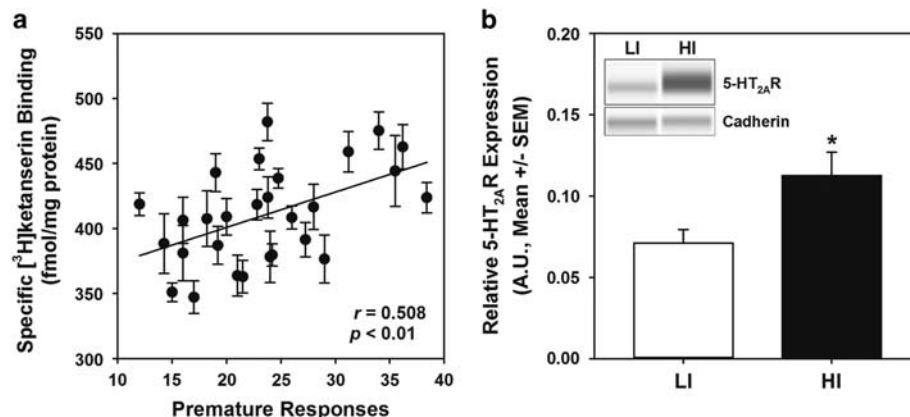


Figure 4 Inherent impulsive action predicts 5-HT_{2A}R binding density and protein expression in whole frontal cortex. (a) Following 1-CSRT task training and phenotypic identification (cohort 4), whole frontal cortex was collected and a crude synaptosomal preparation analyzed for single-point radioligand binding ([³H]-ketanserin, 10 nM) to approximate saturation binding. Specific [³H]-ketanserin binding positively correlated with premature responses during stable ITI5 performance in the 1-CSRT task ($n = 28$; $r = 0.508$, $p < 0.01$). Error bars (\pm SEM) represent results from three independent experiments run in triplicate. (b) The subset of HI and LI samples from the same frontal cortex crude synaptosomal preparations were then analyzed by capillary gel-based immunodetection. Quantitation of 5-HT_{2A}R immunoreactivity (normalized to cadherin loading control) revealed elevated 5-HT_{2A}R protein expression in HI ($n = 6$, black bar) relative to LI rats ($n = 6$, white bar; $*p < 0.05$ vs. LI). The inset presents representative electrophoretic bands. Arbitrary units (AU) of normalized densitometry are presented (see Materials and Methods).

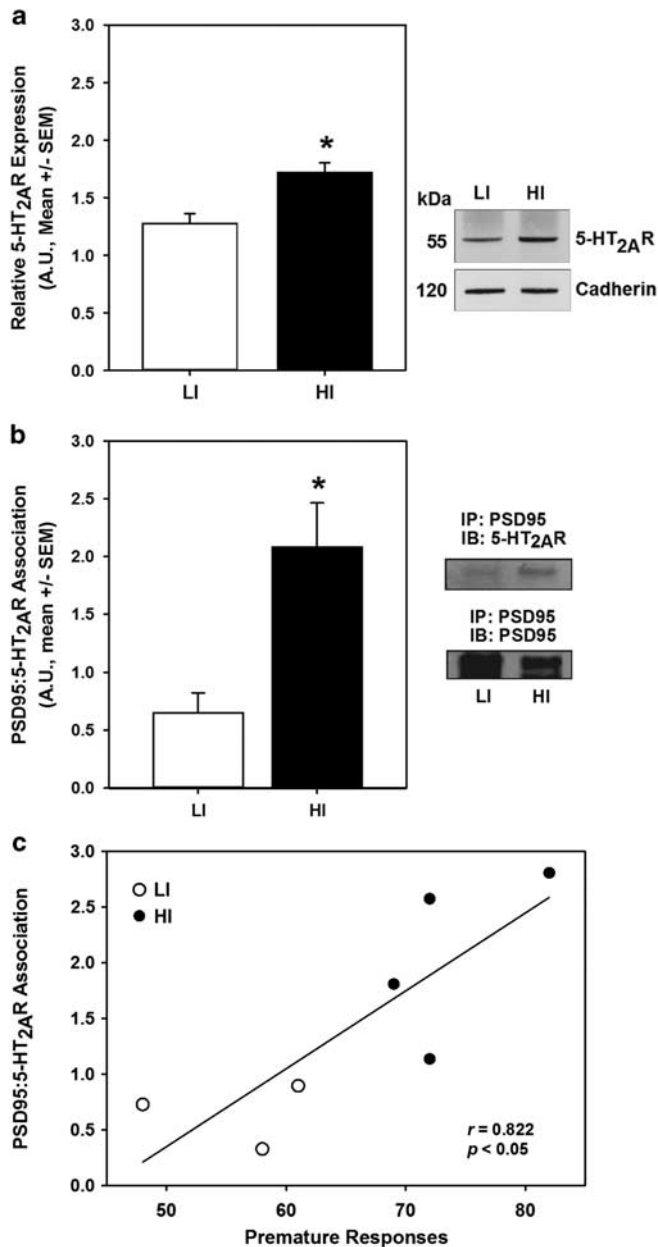


Figure 5 Inherent impulsive action predicts synaptic protein expression in mPFC. (a) Following I-CSRT task training and phenotypic identification (cohort 5), the mPFC was collected for biochemical analysis. Immunoblot for the 5-HT_{2A}R and cadherin loading control was performed using crude synaptosomal protein from the mPFC (inset, representative blot). Densitometric quantitation revealed elevated 5-HT_{2A}R protein expression in HI (*n* = 7, black bar) relative to LI rats (*n* = 7, white bar; *p* < 0.05). (b) Immunoprecipitation (IP) of mPFC crude synaptosomes with α -PSD95 antibody followed by immunoblots (IB) for 5-HT_{2A}R and PSD95 (right, representative blots) revealed an increased 5-HT_{2A}R/PSD95 association in HI (*n* = 4, black bar) relative to LI rats (*n* = 3, white bar; *p* < 0.05). (c) There was a correlation between premature responses in the I-CSRT task and densitometric quantitation of 5-HT_{2A}R/PSD95 association (*r* = 0.822; *p* < 0.05). Arbitrary units (AU) of normalized densitometry are presented (see Materials and Methods).

observed in the total mPFC homogenate (data not shown). These results suggest differential regulation of 5-HT_{2A}R protein expression in the synaptosomal compartment of the mPFC in HI and LI rats.

Ultrastructural studies within the mPFC have localized the majority of 5-HT_{2A}R expression to postsynaptic elements (Miner *et al*, 2003), and the abundant scaffolding protein PSD95 complexes with the 5-HT_{2A}R to positively regulate membrane trafficking and signaling (Abbas *et al*, 2009; Xia *et al*, 2003). Thus, we hypothesized that the difference in 5-HT_{2A}R protein expression between HI and LI rats in a crude synaptosomal fraction of the mPFC (Figure 5a) may be attributed to differences in the association of 5-HT_{2A}R and PSD95. We performed immunoprecipitation of mPFC crude synaptosomal fractions with anti-PSD95 antibody and subsequently immunoblotted with anti-5-HT_{2A}R antibody to determine 5-HT_{2A}R/PSD95 association in HI and LI rats. Greater 5-HT_{2A}R co-immunoprecipitated with PSD95 in HI rats than LI rats (Figure 5b; *p* < 0.05); a positive correlation was observed between premature responses and 5-HT_{2A}R/PSD95 association (Figure 5c; *r* = 0.822, *p* < 0.05). No differences were observed in total PSD95 protein expression (data not shown).

DISCUSSION

The present study provides the first indication that spontaneously occurring individual differences in impulsive action in genetically heterogeneous outbred rats reflect variation in the cortical 5-HT_{2A}R system. We discovered that HI rats exhibited higher sensitivity to the effects of the preferential 5-HT_{2A}R agonist DOI (5-HT_{2A}R-mediated head-twitches) and to the effects of the selective 5-HT_{2A}R antagonist M100907 (suppression of premature responses). Our finding that HI action tracks with high cortical 5-HT_{2A}R density, particularly within the mPFC, is consistent with microinfusion studies that validate the importance of the 5-HT_{2A}R in the mPFC for both generating the head-twitch response (Willins and Meltzer, 1997) and mediating impulsive action (Passetti *et al*, 2003; Winstanley *et al*, 2003; Wischhof *et al*, 2011; but see Robinson *et al*, 2008). Furthermore, the higher level of 5-HT_{2A}R/PSD95 association in the mPFC of HI rats relative to LI rats suggests that factors that control the functional status of the 5-HT_{2A}R in mPFC may drive in part the predisposition to inherent impulsive action. Our observations, concordant across multiple independent cohorts of animals, represent a unique contribution to an emergent body of research indicating that individual differences in motor impulsivity are related to specific neurobiological distinctions within corticostriatal circuits.

Substantial evidence supports the complex role of serotonergic tone within corticostriatal networks in the control of motor impulsivity. Premature responding positively correlates with 5-HT release in the PFC (Dalley *et al*, 2002); however, depletion of 5-HT, which results in a compensatory upregulation of the 5-HT_{2A}R (Heal *et al*, 1985), increases impulsive action (Harrison *et al*, 1997; Winstanley *et al*, 2004a, b). In addition, 5-HT_{2A}R-expressing neurons in the mPFC project to the dorsal raphe to regulate the activity of midbrain 5-HT neurons (Vazquez-Borsetti *et al*, 2009). Differences between HI and LI rats in 5-HT release during demands on inhibitory control, 5-HT_{2A}R signaling capacity, and 5-HT_{2A}R-mediated cortical-raphe feedback may dynamically interact to account for the effects of the selective 5-HT_{2A}R antagonist M100907 to potently and efficaciously

'normalize' high motor impulsivity. Furthermore, the dose-dependent increase in reinforcers earned in high, but not low, impulsive rats suggests that M100907 may act as a 'cognitive enhancer' selectively in HI rats (Robbins, 2002; Robbins *et al*, 1997). Taken together, these findings support the conclusion that the enhanced sensitivity of HI rats to M100907 is not simply attributable to putative floor effects on premature responses in LI rats, but that the cortical network discerns shifts in serotonergic modulation via the 5-HT_{2A}R to mitigate impulsive responding.

The proposal that HI rats exhibit higher sensitivity to 5-HT_{2A}R ligands relative to LI rats is further substantiated by our observation that the preferential 5-HT_{2A}R agonist DOI elicited greater head-twitches in HI vs LI rats. The positive correlation between premature responses and DOI-induced head-twitches ensures that differences in 5-HT_{2A}R ligand sensitivity are continuous across individual differences in impulsive action, irrespective of phenotypic grouping by the experimenter. The DOI-induced head-twitch response is potently and efficaciously blocked by selective 5-HT_{2A}R antagonists; however, DOI additionally exhibits a high affinity for, and partial agonist actions, at the 5-HT_{2C}R (McClue *et al*, 1989; Porter *et al*, 1999; Smith *et al*, 1998). The 5-HT_{2A}R and 5-HT_{2C}R exhibit oppositional effects on premature responding in CSRT tasks (Cunningham *et al*, 2013; Fletcher *et al*, 2007; Robinson *et al*, 2008; Winstanley *et al*, 2004b) and competing actions of DOI at these receptors upon systemic administration may complicate interpretation of its effects in relatively complex behavioral paradigms (Nichols, 2014), such as the CSRT tasks. The nonoperant, and presumably involuntary, DOI-induced head-twitch circumvents these complications and may provide a more specific index of 5-HT_{2A}R functional capacity *in vivo*.

The functional capacity of the 5-HT_{2A}R protein in mPFC is governed in part by its expression that, in the present studies, is elevated in HI vs LI rats, and also by other features such as subcellular localization and trafficking. The positive correlation between premature responses and 5-HT_{2A}R density assessed by [³H]-ketanserin binding in whole frontal cortex provides biochemical evidence that mechanistically supports our behavioral pharmacological observations. The quantity of tissue required to conduct receptor binding assays necessitated the use of the whole frontal cortex that comprises not only the mPFC, but also cortical subregions that putatively could have limited or opposing functional involvement in inhibitory control. Thus, 5-HT_{2A}R density determined in whole frontal cortex may underestimate differences between impulsive action phenotypes within functionally relevant frontal cortical subregions such as the mPFC that mediates DOI-induced head-twitches (Willins and Meltzer, 1997) and motor impulsivity (Passeti *et al*, 2003; Winstanley *et al*, 2003; Wischhof *et al*, 2011). Interestingly, we found that HI rats expressed higher 5-HT_{2A}R protein expression assessed by immunodetection methods in the whole frontal cortex as well as the mPFC. As differential 5-HT_{2A}R expression was observed neither at the mRNA level nor within total homogenate fractions, targeted localization of the 5-HT_{2A}R to the functionally relevant synaptic compartment may be an important neurobiological determinant of inhibitory control. Association of the 5-HT_{2A}R with PSD95 is critically important for 5-HT_{2A}R signaling and membrane targeting as PSD95 deletion

substantially reduced the effects of 5-HT_{2A}R agonists and antagonists at cellular and behavioral levels (Abbas *et al*, 2009; Xia *et al*, 2003). Excitingly, HI rats exhibited a significant elevation in the association of the 5-HT_{2A}R and PSD95 in the mPFC, supporting the concept that a higher level of 5-HT_{2A}R translocation to the functionally relevant postsynaptic density (Abbas *et al*, 2009) may be an important neurobiological determinant of HI action.

The correlational analyses in the present experiments support an interpretation that functional capacity of the 5-HT_{2A}R protein in mPFC is important in setting the tone for the differential sensitivity to systemically administered 5-HT_{2A}R ligands between HI and LI rats. Given the clear bidirectional effects of pharmacological 5-HT_{2A}R manipulation on motor impulsivity (agonists promote, antagonists suppress), it is unlikely that our observations of elevated 5-HT_{2A}R density in HI rats reflect a molecular response to the consequences of highly impulsive behavior. Nevertheless, a strictly causal relationship between 5-HT_{2A}R density and individual differences in motor impulsivity cannot be definitively deduced from these experiments. Genetic manipulation of 5-HT_{2A}R through virally mediated overexpression (Herin *et al*, 2013) or knockdown of the 5-HT_{2A}R in the mPFC will facilitate a more conclusive determination of causal directionality in the association between 5-HT_{2A}R density and phenotypic impulsive action.

The present data add to the small, but growing, body of research to suggest that phenotypic variance in motor impulsivity is under the control of a complex basal or constitutive balance within corticostriatal circuitry. Individual differences in impulsive action have now been associated with expression patterns of the dopamine D₁ receptor (Simon *et al*, 2013), D_{2/3} receptor (Besson *et al*, 2013; Dalley *et al*, 2007; Simon *et al*, 2013), γ -aminobutyric acid (GABA), and dendritic markers (Caprioli *et al*, 2014) in the nucleus accumbens as well as the 5-HT_{2A}R (present results) and the 5-HT_{2C}R in mPFC (Anastasio *et al*, 2014). The precise manner in which these systems coordinate at the level of the neuron and/or circuit remains poorly understood, and it is parsimonious to suggest that these neurobiological factors interact to fine-tune behavioral control afforded by the corticostriatal network (Jupp *et al*, 2013). For example, in a recent study, we reported that genetic loss of the 5-HT_{2C}R in the mPFC resulted in increased motor impulsivity (Anastasio *et al*, 2014), concomitant with augmented 5-HT_{2A}R-mediated control over impulsive action and increased 5-HT_{2A}R expression in the mPFC (Anastasio *et al*, unpublished observations). Given that the constitutive knockout of the 5-HT_{2A}R results in upregulation of 5-HT_{2C}R control over the excitability of mPFC neurons (Beique *et al*, 2007), these data suggest that a 5-HT_{2A}R/5-HT_{2C}R interaction at the level of the mPFC may rheostatically control impulsive action (Cunningham and Anastasio, 2014). Future studies will be required to intuit the coordinated serotonergic, dopaminergic, and GABAergic control of the corticostriatal circuitry that contributes to phenotypic impulsive action (Besson *et al*, 2013; Caprioli *et al*, 2014; Dalley *et al*, 2007; Jupp *et al*, 2013; Simon *et al*, 2013).

Determination of the neurobiological substrates of individual differences in motor impulsivity remains a critical step toward development of personalized therapeutic strategies to curb problematic impulsive tendencies associated with

neuropsychiatric disorders. Our observations are a significant contribution toward this goal and stand among few studies to reveal the neurobiological underpinnings of individual differences in motor impulsivity. Given the evolutionary value of natural variation in the predisposition toward impulsive behavior (Stevens *et al*, 2005), examination of such individual differences affords a strategic approach toward identification of the specific factors that underlie the impulsive phenotype (Jupp *et al*, 2013) and may collectively lead to refined and optimized treatment of neuropsychiatric disorders characterized by extreme, disadvantageous impulsive behavior.

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