

Electrocardiographic nature of restored sinus rhythm after Cox maze procedure in patients with chronic atrial fibrillation who also had other cardiac surgery

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Abstract

Objective—To characterise heart rate variability and high frequency components of restored sinus rhythm after the maze procedure. The maze procedure for chronic atrial fibrillation may prevent thrombotic events and improve the quality of life. However, the electrocardiographic nature of restored sinus rhythm after the maze procedure has not been fully elucidated.

Patients and methods—Between March 1993 and August 1995, 104 consecutive patients undergoing the maze procedure in combination with other cardiac surgery were studied. There were 100 long-term survivors (78 with mitral valve disease, 9 with aortic valve disease, 8 with congenital heart disease, and 5 others). Twenty age-matched patients with mitral valve disease who were in normal sinus rhythm preoperatively were enrolled as a control group. 30 days after surgery, the presence of arrhythmias and the circadian changes of heart rate variability were estimated by ambulatory electrocardiographic monitoring and the filtered P duration was evaluated by signal-averaged electrocardiogram.

Results—Restoration of sinus rhythm was observed in 73 of 100 cases. Subjects were classified into three groups according to their postoperative ambulatory electrocardiographic monitoring findings: patients in group 1 (n = 73) (1a: 58 regular sinus rhythm; 1b: 15 sinus rhythm with frequent premature atrial contractions (> 1000/day)); patients in group 2 (n = 21) still had persistent atrial fibrillation; and patients in group 3 (n = 6) required permanent pacemaker implantation because of sick sinus syndrome. The success rate of restoration of sinus rhythm was 88.3% if left atrial diameter was small (< 65 mm). Circadian changes in the low frequency to high frequency power ratio in group 1a were significantly diminished compared with control group (P < 0.01). Furthermore, the filtered P durations in group 1a (150 (20) ms) and group 1b (158 (23) ms) were longer than in the control group (122 (11) ms) (P < 0.01).

Conclusions—The maze procedure may result in a decreased sinus response and

non-uniform transmission of impulses in the atrium.

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Keywords: chronic atrial fibrillation; valvar heart disease; heart rate variability; signal-averaged P wave

Atrial fibrillation is a common but not a fatal arrhythmia. Cox *et al* identified three detrimental consequences of atrial fibrillation: symptomatic tachycardia, impaired haemodynamic function, and thromboembolic risk.¹

The maze procedure is a radical surgical treatment for atrial fibrillation developed by Cox *et al* in 1991.¹⁻⁵ It involves incision and resuturing of the atrium in the form of a maze. Cox *et al* suggested that atrial fibrillation was caused by multiple macro-reentries in the atrium (electrical excitation with large recurring cycles) and that these macro-reentries were prevented by the maze-like incisions. Detailed mapping studies conducted with multiple electrodes during atrial fibrillation indicated the presence of macro-reentries of various sizes, directions, and locations.⁶ With the maze procedure, a route of conduction of sinus node excitation to the atrioventricular node is assured. The incision is made so that multiple blind routes are given off from this route, and the atrium as a whole shows coordinated contraction.

Initially, the maze procedure was used as an isolated cardiac procedure in patients with chronic atrial fibrillation.³ However, with experience, this procedure came to be performed concomitantly with other cardiac procedures.⁷⁻¹¹ Cardiac surgery for the underlying lesions alone does not usually abolish atrial fibrillation.¹² Symptomatic tachycardia remains and the risk of thromboembolism is increased. In 1996, Kobayashi *et al* reported that the maze procedure can be combined with other cardiac surgery: they achieved rhythm conversion in 75.0% of their 200 patients.¹¹ However, there were sporadic cases of postoperative bradyarrhythmia, such as sinus node dysfunction and intra-atrial block, and atrial tachyarrhythmia.

We used ambulatory electrocardiographic monitoring and signal-averaged electrocardiography to study the clinical characteristics and electrocardiographic nature of restored sinus

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rhythm after the maze procedure in patients with chronic atrial fibrillation who had concomitant surgical treatment of other heart disease.

Patients and methods

PATIENTS

Between March 1993 and August 1995 we treated 104 consecutive patients with the maze procedure combined with other cardiac surgery. The study includes 100 long-term survivors. The group comprised 45 men and 55 women, with ages ranging from 21 to 77 years (mean 59.7 (9.9) years. Duration of atrial fibrillation before surgery (median (interquartile range)) was 9.8 (4.2–14.8) years. All patients had organic heart disease (78 mitral valve disease, nine aortic valve disease, eight congenital heart disease, and five other). Eight patients had had previous cardiac surgery (8.0%). The operations performed in conjunction with the maze procedure are shown in table 1.

Twenty age-matched patients with mitral valve disease who were in normal sinus rhythm preoperatively (11 men and nine women, with ages ranging from 39 to 75 years, mean 56.3 (7.9) years) were enrolled as a control group to eliminate the effect of the heart surgery for the underlying lesions. All control patients had heart surgery.

This study was approved by Iwate Medical University Hospital Ethics Committee, and informed consent was obtained from all subjects.

MAZE PROCEDURE

The operative procedure was fundamentally the same as that initially described by Cox,⁴ and basic atriotomies and cryoablation areas were similar to Cox's second modification of his original procedure.¹³

ECHOCARDIOGRAPHY

Echocardiographic examination was performed in all patients with a cardiac ultrasound imaging system (77035A, Hewlett Packard, Massachusetts, USA). Left atrial diameter and left ventricular ejection fraction were measured in a standard manner by a M mode tracing taken from two dimensional parasternal long-axis views before surgery.

Table 1 Operations in conjunction with the maze procedure: comparison of the three groups (numbers)

Operation	Group 1		Group 2 (n = 21)	Group 3 (n = 6)
	1a (n = 58)	1b (n = 15)		
Mitral valve repair	17	5	10	3
OMC	8	2	3	0
MVR	15	6	6	3
Aortic valve repair	1	0	0	0
AVR	6	2	0	0
ASD closure	4	0	2	0
VSD closure	1	0	0	0
PDA division	1	0	0	0
CABG	2	0	0	0
Myxoma resection	1	0	0	0
Valsalva closure	1	0	0	0
Pericardiectomy	1	0	0	0

OMC, open mitral commissurotomy; MVR, mitral valve replacement; AVR, aortic valve replacement; ASD, atrial septal defect; VSD, ventricular septal defect; PDA, patent ductus arteriosus; CABG, coronary artery bypass grafting; Valsalva closure, closure of ruptured sinus of Valsalva.

AMBULATORY ELECTROCARDIOGRAPHIC MONITORING

A mean of 30 days after surgery, the presence of arrhythmias, the circadian variation in heart rate, and the circadian changes in the power spectrum of heart rate variability were estimated by ambulatory electrocardiographic monitoring (SCM-280, Fukuda Denshi, Tokyo, Japan). The percentage circadian variation in heart rate was defined with the following formula: ((maximum heart rate – minimum heart rate)/mean heart rate) × 10² (%). After analysis of the ambulatory electrocardiographic monitoring, the RR interval changes were transmitted to a personal computer (PC-9801 Vm, NEC, Tokyo, Japan) and the time and frequency domain analysis of heart rate variability was performed in patients in group 1a. The following time domain heart rate variability indices were analysed: (1) mean RR (mean of all coupling intervals between normal sinus beats), (2) SD (standard deviation of successive RR intervals), and (3) CV (coefficient of variation). The power spectrum density was calculated for RR intervals by fast Fourier transform as follows: RR intervals were sampled over a total of 1024 stable heart beats with no arrhythmias or artifacts using the Hamming window function at about 10 am, 2 pm, 12 pm, and 5 am. The fast Fourier transform analysis conditions included elimination of the DC component and use of the high-cut filter. Premature ventricular contractions were detected and interpolated to obtain a normalised RR interval. The power spectrum density was generated using multiple computation and the average fast Fourier transform of overlapping data segments. Maximum power spectral density from 0.04 to 0.15 Hz (low frequency power (LF)), from 0.15 to 0.40 Hz (high frequency power (HF)), and power in the band up to 0.40 Hz (total power) were calculated, as was the LF to HF ratio (LF/HF ratio). All normal values in our institution were collected from healthy 34 age-matched subjects (unpublished data).

SIGNAL-AVERAGED ELECTROCARDIOGRAM

At an average of 30 days after surgery, the signal-averaged electrocardiogram (7T-18 model, Sanei, Tokyo, Japan) was recorded. After amplification (2500-fold) of chest bipolar leads X, Y, and Z and template waveform recognition using silver-silver chloride electrodes, bidirectional band processing was performed at 100–300 Hz, and the R-wave synchronised signal-averaged electrocardiogram was recorded. A/D conversion was conducted at 12 bits and when the input signal was sampled, and the minimum resolution was 0.5 μV. The root mean square:

$$\sqrt{(X^2 + Y^2 + Z^2)}$$

was calculated, and the filtered P duration for each patient was determined. The starting point of the P wave was the point where the potential continued over 1 μV of the recording with a noise level under 0.5 μV; the end point was the point of peak decrease from 1 μV by vector magnitude.

STATISTICAL ANALYSIS

Data are presented as mean (SD) or number (%). Duration of atrial fibrillation is expressed as median (interquartile range). Student's *t* test and Scheffé's *F* method were used to examine differences in baseline characteristics and indices of heart rate variability. Statistical significance was regarded as a *P* value of less than 0.05.

Results

BASELINE CHARACTERISTICS AND RESTORATION OF SINUS RHYTHM

There were four deaths in hospital and 100 long-term survivors. Sinus rhythm was restored in 73 of 100 cases. Restoration of sinus rhythm was more successful (88.3%, 68 of 77) in patients with a smaller left atrial diameter (< 65 mm). Subjects were classified into three groups according to their findings at postoperative ambulatory electrocardiographic monitoring: patients in group 1 (*n* = 73) (1a: 58 regular sinus rhythm; 1b: 15 sinus rhythm with frequent premature atrial contractions (< 1000/day)); patients in group 2 (*n* = 21) persistent atrial fibrillation; and patients in group 3 (*n* = 6) permanent pacemaker implantation because of sick sinus syndrome.

Preoperative baseline characteristics are shown in table 2. Significant differences were noted in the cardiothoracic ratio (59 (8)% in group 1a, 62 (8)% in group 1b, 71 (9)% in

group 2, and 69 (11)% in group 3) and left atrial diameter (53 (10) mm in group 1a, 58 (13) mm in group 1b, 69 (15) mm in group 2, and 66 (12) mm in group 3) measured by echocardiography. A significant difference was noted for previous cardiac surgery (3.4% in group 1a, 13.3% in group 1b, 4.8% in group 2, and 50.0% in group 3).

NATURE OF ARRHYTHMIAS AND HEART RATE VARIABILITY

Postoperative characteristics are shown in table 3. Premature atrial contractions were frequently noted (1920 (324)/day) in group 1b. Percentage circadian variation in heart rate in group 1a (34 (16)%) and in group 1b (33 (18)%) was lower than in the control group (44 (18)%). In three patients (one in group 1a and two in group 1b), paroxysmal supraventricular tachycardia was recorded.

The time and frequency domain analysis of heart rate variability in group 1a, the control group, and the normal value in our institution are shown in tables 4 and 5. In group 1a, all indices of heart rate variability, especially frequency domain analysis, tended to be lower than in the control group and healthy group. In the control group, total power, LF, and LF/HF ratio tended to be high in the daytime and low at night, and HF tended to be low in the daytime and high at night. On the other hand, in group 1a, diurnal variations in total power, HF, LF, and LF/HF ratio were absent or reduced.

Table 2 Preoperative baseline characteristics of the patients: comparison of the three groups

Characteristic	Group 1		Group 2 (<i>n</i> = 21)	Group 3 (<i>n</i> = 6)
	1a (<i>n</i> = 58)	1b (<i>n</i> = 15)		
Age (y)	58.4 (9.3)	62.1 (9.9)	61.3 (11.1)	60.2 (12.7)
Sex (M/F)	24/34	7/8	12/9	2/4
Duration of AF (y)	8.8 (5.2–12.0)	10.2 (6.0–16.2)	11.5 (6.2–18.0)	12.4 (6.4–16.0)
Previous cardiac surgery (%)	2 (3.4)	2 (13.3)	1 (4.8)†	3 (50.0)
NYHA (class)	2.6 (0.7)	2.7 (0.6)	2.7 (0.9)	2.3 (0.5)
CTR (%)	59 (8)‡	62 (8)§	71 (9)	69 (11)
LAD (mm)	53 (10)‡*	58 (13)**	69 (15)	66 (12)
LVEF (%)	64 (13)	60 (9)	62 (15)	63 (9)
Fundamental heart disease:				
Mitral valve disease (%)	40 (69.0)	13 (86.7)	19 (90.5)	6 (100.0)
MS	14	3	5	2
MR	18	7	10	2
MSR	8	3	4	2
Aortic valve disease (%)	7 (12.1)	2 (13.3)	0	0
Congenital heart disease (%)	6 (10.3)	0	2 (9.5)	0
Others (%)	5 (8.6)	0	0	0

Data are presented as mean (SD) or median (interquartile range) or number (%). AF, atrial fibrillation; NYHA, New York Heart Association function class; CTR, cardiothoracic ratio; LAD, left atrial diameter; LVEF, left ventricular ejection fraction; MS, mitral stenosis; MR, mitral regurgitation; MSR, mitral stenosis and regurgitation.

P* < 0.01 *v* group 3; †*P* < 0.05 *v* group 3; ‡ < 0.001 *v* group 2; §*P* < 0.01 *v* group 2; *P* < 0.05 *v* group 2.

Table 3 Postoperative characteristics of the patients: comparison of the three groups

Characteristic	Group 1		Group 2 (<i>n</i> = 21)	Group 3 (<i>n</i> = 6)
	1a (<i>n</i> = 58)	1b (<i>n</i> = 15)		
AECGM:				
PAC (/24 h)	220 (41)*	1920 (324)	—	198 (90)*
PVC (/24 h)	104 (245)	330 (615)	487 (738)	43 (35)
%CVHR (%)	34 (16)	33 (18)	53 (20)	68 (26)
PSVT (%)	1 (1.7)	2 (13.3)	—	—
PAF (%)	0	6 (40.0)	—	—
SAECG				
FPD (ms)	150 (20)	158 (23)	—	—
Antiarrhythmic agent (%):				
Class Ia (%)	5 (8.6)†	3 (20.0)	7 (33.3)	1 (16.7)
Class Ib (%)	2 (3.4)†	2 (13.3)	4 (19.0)	1 (16.7)
Class Ic (%)	3 (5.2)	1 (6.7)	3 (14.3)	0

Data are presented as mean (SD) or number (%). AECGM, ambulatory electrocardiographic monitoring; PAC, premature atrial contraction; PVC, premature ventricular contraction; %CVHR, % circadian variation in heart rate; PSVT, paroxysmal supraventricular tachycardia; PAF, paroxysmal atrial fibrillation; SAECG, signal-averaged electrocardiogram; FPD, filtered P duration.

**P* < 0.01 *v* group 1b; †*P* < 0.05 *v* group 2.

Table 4 Time domain analysis of heart rate variability in group 1a compared with controls*

Index	Time			
	1000	1400	0000	0500
Mean RR (ms) (n = 58):	722 (121)	726 (122)	760 (103)†	766 (116)
Control group (n = 20)	754 (103)	755 (103)	843 (135)	839 (117)
Normal value	791 (115)	807 (135)	957 (144)	957 (204)
SD (ms):	20 (11)	21 (11)	16 (9)	19 (11)
Control group	27 (15)	24 (13)	19 (8)	23 (6)
Normal value	32 (19)	29 (19)	25 (10)	29 (13)
CV (%):	2.8 (1.7)	2.7 (1.6)	2.1 (1.2)	2.6 (1.7)
Control group	3.8 (1.9)	3.2 (1.6)	2.3 (1.0)	2.7 (0.9)
Normal value	3.9 (1.9)	3.6 (2.1)	2.7 (1.0)	3.0 (1.1)

Data are presented as mean (SD). Mean RR, mean of all coupling intervals between normal sinus beats; SD, standard deviation of successive RR intervals; CV, coefficient of variation.

*Control group—patients with mitral valve disease who were in normal sinus rhythm preoperatively. Normal value, data collected from healthy 34 age-matched subjects in our institution. †P < 0.05 v control group.

Table 5 Frequency domain analysis of heart rate variability in group 1a compared with controls

Index	Time			
	1000	1400	0000	0500
Total power (ms ²) (n = 58)	323 (336)*	321 (422)	215 (278)	286 (486)
Control group (n = 20)	793 (966)	630 (684)	363 (282)	417 (305)
Normal value	1052 (1021)	862 (1241)	718 (566)	930 (875)
HF (ms ²)	96 (136)	75 (105)	70 (101)*	76 (137)
Control group	72 (95)	102 (134)	148 (124)	64 (71)
Normal value	115 (90)	121 (89)	302 (281)	346 (471)
LF (ms ²)	39 (79)	15 (25)*	10 (11)‡	24 (96)
Control group	62 (110)	58 (102)	68 (94)	51 (88)
Normal value	183 (251)	127 (115)	128 (129)	184 (219)
LF/HF ratio	0.4 (0.2)‡	0.2 (0.2)‡	0.2 (0.2)†	0.2 (0.2)†
Control group	0.9 (0.6)	0.8 (0.5)	0.4 (0.3)	0.4 (0.4)
Normal value	1.4 (1.0)	1.2 (0.7)	0.5 (0.4)	0.6 (0.4)

Data are presented as mean (SD). HF, high frequency; LF, low frequency. Control group, patients with mitral valve disease who were in normal sinus rhythm preoperatively. Normal value, data collected from healthy 34 age-matched subjects in our institution.

*P < 0.05 v control group; †P < 0.01 v control group; ‡P < 0.001 v control group.

FILTERED-P DURATION

A signal-averaged electrocardiogram was obtained in 73 patients in group 1a or group 1b. The filtered P durations in group 1a (150 (20) ms) and group 1b (158 (23) ms) were longer (P < 0.01) than in control group (122 (11) ms).

MEDICATION

No attempt was made to standardise treatment. Medications after the maze procedure in each group are shown in table 3. The proportion of patients who were treated with antiarrhythmic agents was significantly lower (P < 0.05) in group 1a than in group 2.

Discussion

We found restoration of sinus rhythm in 73.0% of all patients, and in 88.3% of patients with a left atrial diameter < 65 mm. Heart rate variability was less in patients in whom sinus rhythm was restored than in the control group that underwent heart surgery. The signal-averaged P wave was longer in patients in whom sinus rhythm was restored than in the control group that underwent heart surgery.

PATIENTS

Cox *et al* reported a high rate of restoration of sinus rhythm with the maze procedure.¹⁴ However, half of their patients had paroxysmal atrial fibrillation and three quarters had idiopathic lone atrial fibrillation. Currently, in Japan the maze procedure is not used in

patients with lone atrial fibrillation. Therefore, in our institution, we used the Cox maze procedure in patients with organic heart diseases.

POSTOPERATIVE ARRHYTHMIAS AFTER THE MAZE PROCEDURE

In the present study, we found that the left atrial diameter was slightly larger in patients with frequent premature atrial contractions (< 1000/day) than in group 1a. This finding does not rule out the possibility that the frequent premature atrial contractions were caused by degeneration of the atrium. Cox *et al* reported, however, that paroxysmal atrial fibrillation sometimes occurred immediately after the maze procedure; factors responsible for such fibrillation include oedema, pericarditis, surgical trauma, and catecholamines.¹⁴ Most authors believe that the atrium has not yet recovered from the surgical procedure itself and that most patients develop atrial arrhythmias early after surgery. Our present study is based on early electrocardiographical results. At one year follow up we found the same incidence of restored sinus rhythm in the two groups of diameters, and a decrease in premature atrial contractions (unpublished data).

CIRCADIAN CHANGES OF HEART RATE VARIATION AFTER THE MAZE PROCEDURE

A fast Fourier transform analysis of changes in the RR interval recorded by ambulatory electrocardiographic monitoring evaluates autonomic nerve function. In a fast Fourier transform analysis of changes in the RR interval in healthy individuals, diurnal variations were observed, with the LF power tending to be high in the daytime and low at night, and the HF power tending to be low in the daytime and high at night. Furthermore, Bigger *et al* reported that the range of power values and diurnal variations tended to decrease with age.¹⁵ Therefore, age and the timing of measurements are critical in the evaluation of HF, LF, and LF/HF ratio. This is why we show age-matched normal values in tables 4 and 5 (unpublished data). After the maze procedure diurnal variations in total power, HF, LF, and LF/HF ratio were significantly decreased in patients in group 1a. Circadian variations in autonomic nerve activity were significantly reduced after the maze procedure. Possible mechanisms include denervation after the maze procedure or suppression of sinus node function after degeneration of sinus node cells, but the aetiology remains unknown. Ueshima *et al* reported that the heart rate response to exercise soon after successful cardioversion to normal sinus rhythm was consistent with chronotropic incompetence.¹⁶ Tamai *et al* reported that the mean heart rate and oxygen uptake at peak exercise were reduced soon after the maze procedure.¹⁷ Both reports showed that the response of the sinoatrial node to exercise was reduced early after the maze procedure; however, exercise capacity was improved late after the maze procedure. One year after the maze procedure indices of heart rate variability were improved (unpublished data).

ATRIAL CONDUCTION AND ARRHYTHMOGENESIS AFTER THE MAZE PROCEDURE

Guidera and Steinberg reported that filtered P duration was significantly longer in paroxysmal atrial fibrillation than in normal individuals, and also that filtered P duration in the signal-averaged electrocardiogram during sinus rhythm was useful as a non-invasive index for predicting paroxysmal atrial fibrillation.¹⁸ The maze procedure requires sutures in the atrium because of the complexity of the atrial incision. It was suggested that the maze procedure produces non-uniform transmission around the suture lines in the atrium, and this could cause reentrant atrial tachyarrhythmia. When the P wave, which recovers after the maze procedure, was analysed by signal-averaged electrocardiography, filtered P duration potential was significantly greater than in the control group, and this change was much more marked in patients with atrial arrhythmias after surgery. It is likely that tissue near the suture lines causes uneven conduction of impulses, and this is related to the onset of atrial tachycardia after surgery. In this study, paroxysmal supraventricular tachycardias were newly recorded in three patients after the maze procedure. Chiba *et al* reported that intra-atrial reentrant tachycardias were diagnosed by electrophysiological study a mean of three weeks after surgery.¹⁹ Intra-atrial reentrant tachycardias were reproducibly induced and terminated by a single right atrial extrastimulus on electrophysiological study. The cycle lengths of intra-atrial reentrant tachycardias ranged from 220 to 550 ms (mean 422 ms). We believe that the incisions and suture lines cause anatomical slow conduction zones and subsequent intra-atrial reentrant tachycardias. Post-surgical atrial tachycardias tended to be less common after cryoablative surgery to the interatrial septum, coronary sinus, and tricuspid annulus.

PREDICTORS OF SUCCESS

Age, gender, and duration of atrial fibrillation did not predict restoration of sinus rhythm. However, restoration of sinus rhythm was more common (88.3%) in those with a smaller left atrial diameter (< 65 mm). Kosakai *et al* have already pointed out that patients who remain in atrial fibrillation have a larger left atrial diameter preoperatively.⁹ Furthermore, Segawa *et al* reported that the atrium showed severe degeneration and fibrosis in patients who had persistent atrial fibrillation after the concomitant maze procedure.²⁰ On the other hand, we reported that the intraoperative atrial epicardial mapping data were useful for predicting the restoration of sinus rhythm.²¹ Preoperative average peak to peak atrial amplitude during atrial fibrillation was significantly higher in patients in whom sinus rhythm was restored than in patients with persistent postoperative atrial fibrillation. These findings suggest that restoration of sinus rhythm cannot be expected in cases where the atrium is expanded to the point of degeneration and fibrosis. If the patients had sick sinus syndrome preoperatively, one would not expect

the maze procedure to restore the sinus node function despite abolition of the atrial fibrillation. Preoperative evaluation of the sinus node function and atrioventricular conduction may be helpful in preventing postoperative sick sinus syndrome. Unfortunately, an electrophysiological study was not performed preoperatively in this study. Interestingly, three of these six patients had had previous surgery. However, we had no definite data to indicate that multiple surgical procedures caused the damage to the sinus node: the aetiology was unknown.

INDICATION OF THE MAZE PROCEDURE

The maze procedure may avoid the detrimental consequences associated with atrial fibrillation. In Japan the number of patients with rheumatic heart disease has decreased, but the percentage of cases of valvar heart disease with atrial fibrillation is still high. Furthermore, the number of patients with mitral valve disease who need valve repair and the maze procedure has increased recently. The maze procedure, because it does not require any postoperative anticoagulant therapy, may be particularly useful in such cases. Further follow up study of the incidence of thrombotic events and the evaluation of quality of life are needed to assess the Cox maze procedure. A randomised controlled trial is needed to determine the advantages and disadvantages of the maze procedure.

CONCLUSIONS

Restoration of sinus rhythm was more likely to be successful in patients with smaller left atrial diameters. However, the maze procedure may result in a decreased sinus response and non-uniform transmission of impulses in the atrium.

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