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Synaptic cytoskeletal plasticity in the prefrontal cortex following psychostimulant exposure

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Abstract

Addiction is characterized by maladaptive decision-making, a loss of control over drug consumption, and habit-like drug seeking despite adverse consequences. These cognitive changes likely reflect the effects of drugs of abuse on prefrontal cortical neurobiology. Here we review evidence that amphetamine and cocaine fundamentally remodel the structure of excitatory neurons in the prefrontal cortex. We summarize evidence in particular that these psychostimulants have opposing effects in the medial and orbital prefrontal cortices ("mPFC" and "oPFC," respectively). For example, amphetamine and cocaine increase dendrite length and spine density in the mPFC, while dendrites are impoverished and dendritic spines are eliminated in the oPFC. We will discuss evidence that certain cytoskeletal regulatory proteins expressed in the oPFC and implicated in postnatal (adolescent) neural development also regulate behavioral sensitivity to cocaine. These findings potentially open a window of opportunity for the identification of novel pharmacotherapeutic targets in the treatment of drug abuse disorders in adults, as well as in drugvulnerable adolescent populations. Finally, we will discuss the behavioral implications of drugrelated dendritic spine elimination in the oPFC, with regards to reversal learning tasks and tasks that assess the development of reward-seeking habits, both used to model aspects of addiction in rodents.

Keywords

D-amphetamine; orbitofrontal; prelimbic; cingulate; infralimbic; review; adolescence; dependence; drug abuse; impulsivity

Introduction

Cocaine addiction is characterized by maladaptive decision-making, a loss of control over drug consumption, and habit-like drug seeking despite adverse consequences. These cognitive changes likely reflect the effects of repeated drug exposure on prefrontal cortical

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neurobiology that then further promote drug use (1–8). Rodents provide an excellent model system by which to characterize the neurobiology of psychostimulant exposure because like humans, rodents will readily self-administer drugs of abuse and engage in complex reward-related decision-making, as well as relapse-like behavior. Also as in humans, individual differences in behavioral response strategies can serve as phenotypic predictors of addiction-like behaviors, such as drug seeking following periods of abstinence and despite adverse consequences (9–10). *Experimenter*-administered, in addition to *self*-administered, drugs of abuse can also induce behavioral phenotypes in rodents that are relevant to addiction etiology in humans, *e.g.*, increased propensity to engage in reward-seeking habits following cocaine exposure (11–16).

At least some of the behavioral effects of drug exposure might be due in part to alterations in the underlying structure of neurons. The estimated 100 billion neurons in the brain are organized by synaptic connections between neurons, the majority of which form on specialized protrusions on dendrites termed "dendritic spines." Dendrites and dendritic spines can be remarkably plastic – for example, changes in spine structure and synaptic efficacy are thought to provide the cellular substrates of learning, memory, mood, and cognition. Further, research using animal models has repeatedly demonstrated that amphetamine and amphetamine-like psychostimulants such as cocaine structurally remodel dendrites and dendritic spines within discrete cortico-limbic circuits. For example, landmark studies reported that experimenter-administered amphetamine increases dendritic branch length and spine density in the nucleus accumbens (NAc), as well as on apical dendrites in layer III of the medial prefrontal cortex (mPFC) (17). Cocaine has the same effects in the NAc, and increases dendritic branching and spine density on apical and basal dendrites in layer V of the mPFC (18). Dendritic spines in the mPFC also proliferate after amphetamine or cocaine self-administration (19-21). These modifications can persist well beyond the period of active drug exposure, suggesting they may be causally associated with long-term craving, maladaptive decision-making, and failures in impulse control associated with addiction.

Here, we will review evidence that drugs of abuse fundamentally remodel prefrontal cortical neurons, and we will highlight relatively recent evidence in particular that cocaine and amphetamine have opposing effects in the orbital, relative to the medial, prefrontal cortex (termed "oPFC" and "mPFC," throughout).

We will then address potential cytoskeletal regulatory mechanisms within the oPFC of cocaine vulnerability and resilience. When relevant, we will use current knowledge regarding the molecular mechanisms of cortical development during adolescence as a framework. Why is this pertinent? Adolescence is characterized by increased risk-taking, and drug use is often initiated in humans during this period (22). In rodents, cocaine self-administration is more likely to escalate in adolescence than in adulthood (23). Also during this period, the prefrontal cortex is still developing, which may account for vulnerability to the long-term negative consequences of drugs of abuse and exposure to other pathological stimuli in adolescents (24–28). Recent studies indicate that certain cytoskeletal regulatory proteins expressed in the oPFC and implicated in postnatal neural development regulate behavioral sensitivity to cocaine. The isolation of these and other regulatory factors

potentially opens a window of opportunity for the identification of novel pharmacotherapeutic strategies and targets in the treatment of drug abuse disorders.

We will conclude by discussing the perspective that drug-induced neural remodeling in the oPFC may be associated with failures in impulse control and maladaptive decision-making in addiction. We will focus on so-called "reversal learning" tasks and tasks aimed at characterizing the development and maintenance of reward-seeking habits, behavioral assays commonly used in rodents to model aspects of addiction. The highlights of this review are outlined in Box 1.

Part 1. Psychostimulants remodel dendrites and dendritic spines, with opposite effects in the mPFC and oPFC

This review will focus on the effects of amphetamine and amphetamine-like psychostimulants such as cocaine on neural structure in the frontal cortex, and in this first section, we will highlight the differential effects of cocaine and amphetamine on neurons within the oPFC, relative to the mPFC. We will also briefly discuss the effects of postnatal nicotine exposure in the same regions.

i. Drugs of abuse remodel mPFC neurons, causing dendritic spine proliferation

The mPFC can be separated into the precentral cortex, anterior cingulate cortex, infralimbic cortex, prelimbic cortex, and the medial orbitofrontal cortex (figure 1a). It can also be divided along the dorsoventral axis into a dorsal portion containing the anterior cingulate and prelimbic cortex and a ventral compartment containing the ventral portion of the prelimbic cortex, the infralimbic cortex, and the medial orbitofrontal cortex (for excellent review, see 29). Although each subregion is anatomically and functionally distinct, cortico-striatal projections arising from the dorsomedial structures, as well as the infralimbic cortex, are implicated in drug-seeking behaviors (5), hence sustained interest in the field in characterizing drug-related modifications to the structure and function of excitatory neurons in these brain regions.

In an early investigation in gerbils, a single injection of methamphetamine increased dendritic spine density on excitatory neurons in layers III and V of the dorsal mPFC (30). Using repeated dosing, producing motoric sensitization, Robinson and Kolb (17) subsequently discovered that amphetamine also increases dendritic spine density in the mPFC in rats. Since then, accumulating evidence indicates that amphetamine (18;20;31–33), cocaine (18;19;21;34–39), and (+/–)3, 4-methylenedioxymethamphetamine (40) increase dendritic spine density in the mPFC. Deprenyl, which is metabolized into amphetamine, also increases dendrite branching of mPFC pyramidal neurons in Bonnett monkeys (41), and cocaine exposure increases the thickness and length of prefrontal cortical postsynaptic densities in rats, suggestive of synaptic strengthening (37).

Psychostimulant-elicited dendritic spine proliferation in the mPFC is both rapid and persistent. For example, studies using *in vivo* dendritic spine imaging indicate that cocaine-induced dendritic spine proliferation is detectable as soon as 2 hours after injection and is most robust after the first exposure (38). Meanwhile, *ex vivo* studies have documented

elevated dendritic spine counts for up to a month (and longer) following exposure (*e.g.*, 19). Interestingly, increased spine counts in drug-exposed animals appear to be attributable to both *de novo* spine proliferation and enhanced survival of spines that were present *prior* to the initial cocaine exposure (38). And importantly, amphetamine and amphetamine-like psychostimulant exposure can result in the formation of new synapses. For example, within the prelimbic cortex, amphetamine increases the number of asymmetric, presumed excitatory, axospinous synapses (42), and prenatal exposure to cocaine also increases the number of asymmetric spine synapses in the prelimbic cortex (43). Exposure to methylphenidate increases the density of synaptic contacts in the mPFC and also lengthens mPFC dendrites (44;45). It is important to note, however, that these synaptic modifications may be part of a temporally-dynamic sequence of events, or possibly dependent on developmental factors, since Rasakham and colleagues (39) reported evidence of synapse *elimination* in the mPFC following cocaine self-administration in rats.

Repeated psychostimulant exposure causes psychomotor sensitization (reviewed 46), and the mPFC regulates this particular behavioral response to drugs of abuse (47–49). Given that many of the studies examining the effects of psychostimulants on dendritic spine density use dosing regimens capable of producing psychomotor sensitization, it has been hypothesized that drug-induced modifications in dendritic spines could be attributed to progressive drug-induced increases in locomotor activity. At least two investigations using a running wheel to dissociate the effects of locomotor activity from psychostimulant-induced structural modifications, however, indicate that drug-induced dendritic spine proliferation in the mPFC cannot be attributed to locomotor activity (18;38). These and other findings support the perspective that drug-induced remodeling of mPFC neurons contributes to modifications in synaptic plasticity in cortico-cortical and cortico-NAc networks, heightened sensitivity to drug-related cues, and a degradation in the ability of the mPFC to control drug-seeking behaviors in addiction (5).

Another stimulant, nicotine, also remodels excitatory neurons within the mPFC. As with cocaine and amphetamine, repeated nicotine exposure, followed by a drug washout period, causes dendritic spine proliferation and dendrite lengthening in deep-layer mPFC (50). Adolescent nicotine exposure, followed by a subsequent washout period, similarly elongates the basal dendrites of excitatory neurons in the prelimbic cortex, though effects are more modest than following exposure in adulthood; further, nicotine largely spares the infralimbic region (51–52). The structural response of excitatory mPFC neurons to nicotine exposure may be temporally dynamic and/or layer-specific. For example, in another investigation, rats were exposed to nicotine, followed by a washout period. Then, a "challenge" injection was administered, and rats were euthanized the next day (53). In this case, layer III mPFC dendrites were shorter, rather than elongated. Further, dendritic spines were eliminated. In the same report, nicotine lengthened dendrites in the oPFC and increased spine density (53). This pattern is opposite that identified following amphetamine or cocaine, as will be discussed in the next section. Clarification of the long-term vs. acute responses of both mPFC and oPFC neurons to nicotine exposure will be a key addition to a growing body of literature. For further review regarding current knowledge on this topic, the reader is referred to discussions by Gulley and Juraska (54) and Kolb and Muhammad (55).

ii. Psychostimulant exposure leads to impoverished neurons in the oPFC

As summarized in the previous section, the rapid and long-lasting effects of amphetamine and amphetamine-like psychostimulants such as cocaine on neural structure have been intensively studied since the seminal reports of Robinson and Kolb describing drug-induced dendrite elaboration and dendritic spine proliferation in the mPFC and downstream NAc (17;18). Within the prefrontal cortex, the majority of subsequent research regarding neural morphology has remained focused on medial wall structures, sparing the oPFC. This is despite overwhelming evidence implicating oPFC function in addiction etiology (56;59). For example, the oPFC is hypermetabolic in cocaine-addicted individuals with limited drug abstinence, and plasticity in this region is associated with acute sensitivity to drug-associated cues in rodents (56;60). The oPFC is *hypo*-active following *chronic* cocaine use and withdrawal (56;57). Further, striatal dopamine D2 receptor binding is reduced in long-term methamphetamine abusers, and receptor occupancy covaries with lower metabolism in the oPFC (57;8). In rodents, acute and repeated cocaine and amphetamine fundamentally impact the neurobiological make-up of the oPFC, altering for example immediate-early gene and neurotransmitter receptor expression patterns (table 1).

Importantly, the oPFC is thought to be largely structurally and functionally conserved across species (61;62), and the healthy oPFC in both rodents and primates plays a major role in determining reinforcer value and inhibiting inappropriate behaviors, as well as in rapidly learning about predictive associations between stimuli and desired outcomes. These cognitive processes are thought to be impacted in addiction, resulting in increased perceived value of drugs of abuse, in stimulus-elicited drug seeking, and in failures in inhibitory control. In rodents, oPFC thickness atrophies in response to repeated amphetamine exposure (63). With the caveat that this effect is observed in females but not males (63; see also 64), structural atrophy may be linked to decreased oPFC glucose utilization after even short-term cocaine exposure in monkeys (65), as well as diminished oPFC gray matter and oPFC-dependent cognitive flexibility in long-term cocaine addicts (66–69).

How do psychostimulants impact dendritic spine density and structure in the oPFC? To summarize current evidence, amphetamine and cocaine both *reduce* dendritic spine density on pyramidal neurons within the oPFC (20;32;33;70;71; reviewed 55) (figure 1b–c). In other words, the response of oPFC neurons is opposite that of mPFC neurons. Notably, morphine self-administration and alcohol withdrawal *increase* dendritic spine density and branching in the oPFC (72;73), which has led to the occasional misperception that psychostimulants also induce dendritic spine proliferation in the oPFC, but this generalization appears to be unfounded (74). Rather, experimenter-administered amphetamine (32;33), self-administered amphetamine (70;20), and experimenter-administered cocaine (71) result in dendritic spine elimination in layers III and V of the oPFC. A great strength reports by Muhammed and Kolb (32;33) and Crombag et al. (20) is that dendritic spines on both mPFC and oPFC principal pyramidal neurons were enumerated *within the same subjects*, providing further compelling evidence that cocaine and amphetamine have opposing structural effects in these brain regions.

Despite multiple studies indicating that dendritic spines on oPFC neurons are eliminated following psychostimulant exposure, it is important to note that Ferrario et al. (21) found no

evidence of oPFC spine elimination (or proliferation) following short- or extended-access cocaine self-administration. In this case, spine densities in layer III were simply unchanged. Nonetheless, evidence that cocaine eliminates *deep-layer* dendritic spines (71) is provocative, given that: *1*) cocaine causes dendritic spine proliferation in the adjacent mPFC, as already discussed above. *2*) Further, amygdalo-cortical interactions are implicated in addiction-related behaviors (3;7), and amygdala projections innervate deep-layer prefrontal cortex (*e.g.*, 75). Thus, cocaine may fundamentally imbalance synaptic plasticity between amygdalo-oPFC and amygdalo-mPFC neurocircuits, contributing to heightened sensitivity to drug-related conditioned stimuli and promoting drug seeking at the expense of engaging inhibitory response strategies. Supporting this perspective, inactivation of amygdalo-mPFC projections in cocaine self-administering rats prevents cue-induced reinstatement of cocaine seeking, an animal model of relapse (76).

One report has indicated that early-life (adolescent) cocaine exposure, followed by acute reexposure in adulthood, eliminates dendritic spines on oPFC neurons and also increases the head diameter of remaining dendritic spines (71). This is notable because measures such as dendritic spine head diameter directly relate to spine function, as spines with larger heads, mushroom-type spines, are more likely to be synapse-containing (77;78). And indeed, expression of the post-synaptic marker PSD95 in the oPFC, but not mPFC, is elevated in nonhuman primates euthanized immediately following extended-access cocaine selfadministration (79), suggestive of synaptic strengthening.

To reiterate, early-life cocaine exposure, followed by acute re-exposure in adulthood, eliminates oPFC dendritic spines, but increases the head diameter of remaining spines (71). Cocaine-induced spine head enlargement may reflect a neural response that preserves or even under some circumstances enhances neuroplasticity in the face of drug-induced spine elimination. Whether this phenomenon is behaviorally 'protective' or deleterious is unclear. For example, blocking F-actin polymerization in the oPFC, needed for dendritic spine enlargement, exaggerates locomotor activity in response to cocaine (71), suggesting that spine head growth is in some ways protective. On the other hand, acute amphetamine causes cognitive impairments in a food-reinforced instrumental conditioning task, and these deficiencies are associated with acute drug-induced hyper-activity of oPFC neurons (80). In humans, cocaine exposure acutely hyper-activates the oPFC, and this response is associated with drug craving (56). Future research should clearly dissociate the rapid effects of cocaine on neural structure in the oPFC from the more prolonged, durable consequences since these modifications may have separable influences on behavioral outcomes. For example, acute structural plasticity could contribute to drug craving and disorganized decision-making, while the long-term degradation of neural structure following repeated cocaine exposure could contribute to impaired oPFC-dependent impulse control and habit-like drug seeking.

As discussed, repeated cocaine exposure can eliminate dendritic spines on excitatory neurons in deep-layer oPFC. Repeated cocaine exposure also simplifies the dendritic arbors of deep-layer excitatory neurons in the oPFC, reducing overall dendrite length and decreasing branch intersections in Sholl analyses (81; figure 1b–c). Chronic ethanol exposure does *not* appear to remodel dendrite arbors of excitatory neurons in the oPFC (82;83), thus these effects may be selective to amphetamine-like psychostimulants, or

potentially cocaine specifically. Interestingly, oPFC dendrite arbors and dendritic spines also remodel following exposure to elevated levels of stress hormones, but in this case, oPFC spines are eliminated while arbors become more complex (84–86). Thus, even relative to prolonged stressor exposure, cocaine appears to pose a "double threat" to the dendritic structures of oPFC neurons, simplifying arbors on principal pyramidal neurons *and* eliminating dendritic spines (figure 1b–c). In this sense, cocaine is more comparable to prenatal stress, which causes oPFC dendrite regression and spine elimination, detectable multiple weeks following the stressor exposure period (87). Identification of whether common behavioral phenotypes are linked to changes in neural structure may be a fruitful topic of future research.

Part 2. Cytoskeletal regulatory factors in the cerebral cortex regulate behavioral sensitivity to cocaine

i. Rho regulatory factors

Dendritic spine morphology is regulated by an underlying actin cytoskeleton, which determines the spine's shape and its signaling properties. Cytoskeletal remodeling of dendrites and dendritic spines is orchestrated in part by Rho family GTPases including RhoA (Rho), Rac1, and Cdc42, which coordinate the actin cytoskeletal rearrangements required for dendrite elaboration or simplification. Rho activation decreases branch extensions in multiple neural systems, while interference with Rho promotes dendrite growth (*e.g.*, 88–93). Interference with Rho also promotes activity-dependent remodeling of dendritic spines (94). Regulators of Rho activity are thus well-poised to coordinate structural and behavioral responses to cocaine and other drugs of abuse.

One endogenous Rho inhibitor in the brain is p190RhoGAP, which is activated by integrin receptor binding to extracellular matrix proteins and activation of regulatory partners such as Arg kinase (also called Abl2; 95–99). *p190rhogap*–/– mice are not viable, and while *p190rhogap*+/– mice appear superficially normal, they exhibit significant vulnerabilities to genetic and chemical perturbations. For example, simultaneous heterozygosity for mutations in both p190RhoGAP and Arg kinase results in increased Rho activity and hippocampal dendritic arbor destabilization, accompanied by deficits in a novel object recognition task (92). Further, mice deficient in p190RhoGAP or Arg kinase are hyper-vulnerable to cocaine, generating a sensitization-like locomotor response following a single cocaine injection (100;71). Thus, disinhibition of Rho is associated with behavioral vulnerability to cocaine.

Arg-p190RhoGAP interactions are stimulated by integrin receptor binding (98). Integrins are heterodimeric α/β subunit-containing transmembrane receptors that mediate cell adhesion to the extracellular matrix and control signaling pathways that coordinate changes in cytoskeletal rearrangements (101). In neurons, integrins are localized to the synaptic cleft where they initiate biochemical signaling cascades that contribute to synapse maturation, synaptic transmission and plasticity, and dendrite formation and stability. Mice lacking β 1integrin, Arg kinase, or both Arg and β 1-integrin, are deficient in an oPFC-dependent test of behavioral flexibility (reversal learning) (71;100;102;103). This is significant because poor performance in this task in drug-naïve rodents is associated with increased cocaine self-

administration (104). Further, as with Arg and p190RhoGAP deficiency, β 1-integrin knockdown elicits a sensitization-like locomotor response following a single cocaine injection (103). These studies utilized mice with forebrain-specific knockout, suggesting that cortical β 1-integrin expression and signaling in particular may be a resiliency factor against pathological stimuli such as cocaine exposure.

While the loss of β 1-integrin in the forebrain augments cocaine-induced locomotor hyperactivity (103), independent investigations have indicated that self-administered cocaine does not impact the expression of β 1-integrin in the NAc (105). Rather, in the NAc, cocaine self-administration regulates β 3-integrin expression (105). Given that drugs of abuse have opposite effects on dendritic spines in the oPFC relative to NAc, future studies might capitalize on brain region-specific fluctuations in spine regulatory factors, *e.g.*, to develop pharmacological strategies that promote spinogenesis in the oPFC – reversing the effects of repeated psychostimulant exposure – but spare dendritic spine density in the NAc. Such strategies could possibly be combined with those that *reverse* drug-induced spinogenesis in the NAc, but spare oPFC spines. Together, these effects could normalize widespread, divergent structural consequences of psychostimulant exposure, potentially to therapeuticlike ends.

This model presumes, however, that dendritic spine proliferation in the NAc is associated with cocaine seeking behaviors, drug craving, *etc.*, but this may not be the case. For example, knock out of the Rho-GEF Kalirin 7 blocks cocaine-induced dendritic spine proliferation in the NAc and *blunts* cocaine conditioned place preference, a protective-like response. On the other hand, Kalirin 7 knockout mice also develop exaggerated cocaine-induced locomotor sensitization and self-administer more cocaine than wild type mice (106;107). For further discourse regarding the complex roles that drug-related dendritic spine proliferation in the NAc may play in cocaine vulnerability *vs.* resilience, see discussions by Chandler and Kalivas (108), Smith et al. (109), and others.

Even with these caveats, accumulating evidence indicates that integrin-mediated signaling events are impacted by cocaine exposure in rodents (105;110) and possibly involved in cocaine addiction in humans (111;112), motivating the authors of the present review to better understand the role of the downstream Arg kinase in models of addiction vulnerability. To this end, we have investigated the effects of Arg deficiency on the expression of prefrontal cortical dopamine D1- and D2-type receptors. In both cases, Arg kinase deficiency results in progressive receptor loss during postnatal development (100). Additionally, infusion of the AbI-family kinase inhibitor STI-571 selectively in the oPFC mimics behavioral vulnerability to cocaine observed in *arg*-/- mice, augmenting drug-induced locomotor sensitization and interfering with oPFC-dependent learning and memory (100;71).

At a basic level, dendritic spine morphology is regulated by actin cycling between monomeric globular (G)-actin and filamentous (F)-actin (113;114). Chronic cocaine exposure decreases prefrontal cortical levels of F-actin (115), consistent with spine elimination in the oPFC following cocaine exposure (71). Notably, however, modestly *elevated* F-actin and PSD95 levels have also been reported (37). This apparently

contradictory finding may simply reflect differences in tissue dissection strategies that resulted in the enrichment of mPFC tissues in the more recent investigation (37) since dendritic spines proliferate in the mPFC following psychostimulant exposure, as discussed in Part 1 of this review.

Other spine-regulatory factors include transcription factors implicated in cocaine action such as deltaFosB (116). deltaFosB overexpression in the NAc causes dendritic spine proliferation (117), and under certain circumstances, deltaFosB induction in the oPFC has protective benefits with regards to the cognitive deficiencies induced by cocaine (118;119). These benefits could conceivably be attributable to a proliferative influence on oPFC dendritic spines.

We have noted several instances in which manipulations of neurobiological factors related to dendritic spine stability and density in the oPFC regulate locomotor sensitivity to drugs of abuse. One remaining question thus pertains to *how* the oPFC itself might regulate psychomotor sensitization. The rodent NAc receives projections from the oPFC, but they are quite sparse (120). Further, Winstanley et al. (119) recently provided indirect but compelling evidence that hyper-sensitization caused by over-expression of deltaFosB in the oPFC was unlikely to be due to effects on the NAc. The rodent oPFC strongly innervates the dorsal striatum, however (120). This connectivity may be associated with its ability to regulate drug-induced locomotor sensitization.

ii. Adolescent critical periods and metaplasticity in neural structure

Adolescence is characterized by increased risk-taking, vulnerability to the development of neuropsychiatric disorders such as drug addiction, and activity-dependent neocortical refinement that culminates in synaptic reorganization and dendritic spine pruning by early adulthood (121–126;22;78). Synapse and spine stabilization processes may impose a biological "set-point" for prefrontal cortical-dependent neuropsychiatric vulnerabilities and cognitive capacity in adulthood (127), and structural stabilization may confer resilience to impulsive decision-making, addiction, and addictive-like behaviors in the transition from adolescence to adulthood (125;22). Within the prefrontal cortex, certain aspects of oPFC development have a prolonged maturation timecourse (128). This protracted developmental trajectory may result in a substantial window of opportunity for aberrant dendritic spine reorganization and remodeling due to pathological events such as cocaine exposure. On the other hand, 'beneficial' experiences may also impact developmental trajectories. For example, in rodents, early-life housing with same-age conspecifics – increasing the likelihood of social play – appears to facilitate typical dendritic spine pruning in the oPFC relative to housing with adult cagemates (129).

The constellation of cytoskeletal regulatory proteins discussed in the prior section $-\beta$ 1integrin, Arg, and p190RhoGAP – is involved in hippocampal and cortical development during adolescence (92;100;71;103;101). And as discussed, the absence of Arg kinase increases behavioral vulnerability to cocaine (100;71). These patterns suggest that perturbations in normative structural maturation during adolescence increase vulnerability to cocaine. Further support for this perspective comes from additional experiments using Argdeficient mice, in which oPFC dendritic spines are lost beginning at roughly postnatal day

31 (71). Psychomotor sensitivity to cocaine is normal at time points preceding dendritic spine loss, and heightened motoric sensitivity emerges only with the onset of dendritic spine elimination associated with Arg kinase deficiency. This temporal convergence provides empirical support for the hypothesis that structural instability in adolescence contributes to vulnerability to the drug (71).

Cocaine-induced locomotor sensitization can be mitigated in adult rodents by treatment with broad-spectrum NMDA receptor antagonists, as well as ifenprodil, an NR2B-selective NMDA receptor antagonist (130;131). Additionally, cocaine exposure can *increase* NR2B expression in the prefrontal cortex (132). These findings are provocative from a developmental perspective because NR2A signaling stabilizes cortical synapses during early-life critical periods (133) and in response to environmental stimuli (134;135), suggesting that *enhancing* NR2A-mediated signaling during adolescent critical periods by *blocking* NR2B may have long-term behavioral benefits. In support of this perspective, ifenprodil treatment in adolescent mice exposed to cocaine blocks the sensitized response to a challenge injection administered in adulthood, 4 weeks later, even in the absence of further ifenprodil treatment (71).

NR2B blockade can also enhance Arg kinase signaling by preventing a substrate, cortactin, from translocating from the dendritic spine (136); this mechanism could further contribute to the protective effects of ifenprodil in adolescent mice (71). The authors do not mean to suggest that ifenprodil is *only* effective during adolescence, however; ifenprodil also has protective benefits in the context of alcohol-, nicotine-, heroin-, and morphine-seeking behaviors in mature rodents, suggestive of potentially widespread applications (137–141).

Of the studies reporting that psychostimulant exposure eliminates dendritic spines on excitatory neurons in the oPFC, the authors of one of these - ref. 71 - administered cocaine during the equivalent of early adolescence in rodents, then administered a "challenge" injection in adulthood prior to euthanasia. Dendritic spines were eliminated, and remaining spine heads were enlarged. This experimental design raises the issue of metaplastic sensitivity of oPFC neurons to cocaine exposure. The term "metaplasticity" was originally used to refer to a type of synaptic plasticity in which the history of plasticity at that synapse influenced its response to subsequent stimuli. It has increasingly been applied, however, to biochemical, physiological, and morphological phenomena (142). For example, Shen and colleagues reported that a rat's cocaine exposure history determines the structural response of dendritic spines in the NAc to subsequent cocaine injection (143). With regards to dendritic spine head enlargement in the oPFC following adolescent cocaine exposure and a subsequent challenge injection in adulthood (71), whether head enlargement can be attributed to a history of cocaine exposure in adolescence, or to a metaplastic response to further exposure in adulthood remains unclear. Dissociating these possibilities may be important since the likelihood of occasional cocaine use transitioning to cocaine dependence in humans *peaks* in late adolescence/young adulthood, later than for alcohol and marijuana (144), and developmentally-regulated metaplastic effects of repeated drug exposure on oPFC structure and function may play a role.

Part 3. Psychostimulant exposure impacts complex behavior

i. Cocaine-related impulsivity and behavioral inflexibility can be modeled in rodents

In humans, individuals who initiate cocaine use in adolescence are at increased risk of developing dependence (145) and have decreased likelihood of seeking treatment (146). Interventions aimed at correcting perturbations in the cellular structure of oPFC neurons, particularly during critical adolescent developmental periods, may have beneficial effects, as discussed in Part 2 of this review. Experiments in this vein may capitalize on tests of impulse control and behavioral flexibility, aspects of oPFC-dependent day-to-day function that are impacted by cocaine exposure in both humans and rodent models. For example, adolescent cocaine exposure impairs response reversal in instrumental and water maze tasks for up to 5 weeks following exposure (147;148;81), evidence of long-term detriments to oPFC-dependent cognitive and behavioral flexibility. We will conclude our review with a discussion of these and other tasks commonly used to assess the functional consequences of cocaine exposure in rodents.

The term "reversal learning" most commonly refers to tasks in which animals must associate specific stimuli — such as visual cues — with desired outcomes — such as food reinforcers — and then update these stimulus-outcome associations as they are modified by the experimenter. These discrimination-based reversal tasks, like other reversal tasks, require simultaneous inhibition of a previously acquired response and deployment of a previously withheld response. Across multiple species, oPFC lesions impair performance in discrimination-based reversals, and impairments can be attributed to increased perseverative responding, as opposed to, for example, response extinction (149–156; see for further discussion, 157;158). In these tasks, the oPFC is not critical to the initial stimulus-outcome associated stimuli and associated outcomes. Instead, the oPFC is necessary for altering behavior as contingencies shift, for using specific information about desired outcomes in the expression of decision-making strategies, for "on the fly" decision-making (159;160).

oPFC-dependent response reversals can be tested in multiple model systems, and reversal tasks have been used to probe oPFC function following cocaine exposure with a high degree of concordance across species. For example, repeated cocaine exposure in both nonhuman primates and humans impairs reversal performance (161;68). Furthermore, the severity (amount and duration) of cocaine use correlates with deficits in reversal tasks in humans (69). Repeated cocaine exposure also impairs reversal performance in rodents (162;163). Of particular note, reversal deficits in cocaine self-administering rats are detectable up to three months following exposure (164), further evidence that chronic cocaine exposure persistently degrades oPFC function. Given that cocaine-related dendritic spine elimination in the oPFC also persists multiple weeks beyond the exposure period (71), structural remodeling in this region, coupled with drug-induced irregularities in the electrophysiological and neurochemical properties of oPFC systems (see 158;59), may be causally associated with cocaine-induced failures in impulse control.

Another reversal task utilized in rodents has been termed "instrumental reversal" conditioning. In this case, mice or rats are trained to nose poke for food reinforcers in a

chamber with multiple response operandi. Once animals have acquired the reinforced response, the location of the reinforced aperture is "reversed" to another previously non-reinforced aperture. The initial acquisition of the instrumental response is largely unrelated to reversal performance (165), and the reversal phase is oPFC-dependent. Specifically, lesions of the lateral oPFC delay the acquisition of the new response, while lesions of the medial oPFC increase perseverative errors; this can be attributed to energized response rates directed toward the previously-reinforced response because response rates on the newly-reinforced aperture are unaffected (166). Repeated cocaine exposure in mice similarly impairs the acquisition of a new response, characteristic of damage to the lateral oPFC (167;81). DePoy et al. in the same report (81) provided evidence that the same cocaine exposure protocol simplifies dendrite arbors in the lateral and ventrolateral oPFC (recapitulated in figure 1b–c here), suggesting that cognitive deficiencies may be associated with these neural rearrangements.

Instrumental reversal conditioning in *drug-naïve* mice is predictive of cocaine sensitivity, in that poor reversal performance is associated with higher rates of cocaine-reinforced responding (104). This finding suggests that instrumental reversal tasks could be used as a tool to isolate neurobiological factors associated with cocaine vulnerability and resilience in *drug-naïve* organisms.

What factors regulate instrumental reversal learning? oPFC-selective (but not mPFC-selective) knockdown of *Brain-derived neurotrophic factor* (*Bdnf*) impairs response acquisition in an instrumental reversal task in adult male mice (168;169), recapitulating the effects of repeated cocaine exposure. In female mice, oPFC-selective *Bdnf* knockdown results in instrumental responding for food reinforcers that greatly outpaces reinforcer delivery, a possible indicator of impulsive-like behavior (170). BDNF is essential to dendrite pruning and dendritic spine stability, including in the mature cortex (171–173), and accordingly, *Bdnf* knockdown-induced behavioral abnormalities can be corrected by application of a Rho-kinase inhibitor (170). Rho-kinase is a substrate of the RhoA GTPase, a primary regulator of cell shape throughout the central nervous system (as discussed in Part 2). Thus, oPFC BDNF may facilitate goal-directed decision-making via its actions on local structural plasticity.

In a large study, response patterns in an instrumental reversal task were characterized in 51 strains of mice (165). Among these genetically diverse strains, optimal reversal performance was associated with elevated brain *Synapsin-3 (Syn3)* mRNA levels. *Syn3* codes for synapsin 3, a member of the synapsin family, which anchors synaptic vesicles to the cytoskeletal network of presynaptic terminals. Laughlin and colleagues (165) propose a model in which *Syn3* regulates dopamine D2 receptor function. This could impact impulse control since reduced D2 activity or expression, due to genetic or pharmacological interventions or individual differences, interferes with reversal performance (100;165;174;175). D2 receptor knockout causes dendritic spine elimination in deep-layer prefrontal cortex (176). Thus, low D2 levels – *e.g.*, due to genetic perturbations or individual differences in receptor expression levels – may impact addiction-related behaviors by sensitizing oPFC neurons to cocaine-induced dendritic spine elimination.

ii. Goal-directed decision-making and reward-seeking habits

The oPFC has long been associated with the expression of goal-directed behaviors. For example, oPFC lesions in monkeys and rats resulted in a resistance to the extinction of a food-reinforced response in classical studies (177;178). Butter and colleagues (177) attributed this finding to the inability of monkeys with lesions to suppress "strong, habitual modes of response."

A bias towards the development of cue-elicited habits at the expense of engaging goaloriented behavioral response strategies is considered an etiological factor in addiction (5;179;180). The most common way to test whether reward-related decision-making occurs according to outcome-based (goal-directed) *vs.* stimulus-response (habitual) associative contingencies in rodents is by assessing reward-related responding following devaluation of a reinforcer. This can be accomplished by pairing the reinforcer with, for example, temporary malaise induced by post-ingestion injection of lithium chloride. If responding associated with the outcome persists despite devaluation, responding is interpreted as being under the control of a stimulus-response habit, while response inhibition by contrast reflects goal-directed modes of response (181). In rodents, responding for cocaine can rapidly assume habitual qualities (182;183). Moreover, a *history* of repeated cocaine or amphetamine exposure also results in insensitivity to changes in reinforcer value in foodreinforced tasks, evidence of persistent biases towards stimulus-elicited habits (11;14– 16;184;185).

Response-outcome contingency degradation can also be used to classify response strategies. Here, mice or rats are typically trained to generate two distinct reinforced responses, then the likelihood of reinforcement associated with one response is reduced – or "degraded." Rodents and humans that are sensitive to the predictive relationship between actions and their outcomes – that are goal-directed – will inhibit responding associated with non-contingent reinforcer delivery, providing evidence of knowledge of the response-outcome relationship (181;186). By contrast, equivalent engagement of both responses reflects reflexive habits. Using this task, Gourley and colleagues found that acute cocaine exposure can interrupt response-outcome learning and memory and thereby bias response strategies towards habit-based, as opposed to goal-directed, responding (12). Further, this task has been used to provide evidence that cocaine exposure in mice (13). The same cocaine dosing protocol simplifies the dendritic arbors of deep-layer excitatory oPFC neurons (81). Durable neural remodeling could contribute to a drug-induced bias towards reward-seeking habits.

oPFC-selective knockdown of *Bdnf* and surgical disconnection of the oPFC from the downstream dorsal striatum also cause habit behavior, as assessed using response-outcome contingency degradation (168). This report focused on ventrolateral and dorsolateral oPFC projections targeting the ventrolateral compartment of the dorsal striatum (120;187). Instrumental conditioning — that is, learning that a response produces a reinforcer — increases immediate-early gene expression in this region of the dorsal striatum, supporting the perspective that it is involved in associating a particular behavioral response with a particular reinforcer (188).

Abundant evidence indicates that the *medial* compartment of the dorsal striatum — which receives projections from the medial and ventrolateral oPFC (120;187) — is also essential to goal-directed action selection, while the dorsolateral striatum is instead intimately linked with stimulus-response habits (189;190). Consistent with this model, site-selective inhibition of the cytoskeletal regulator Arg kinase decreases synaptic marker expression and causes habits when targeted to the dorsomedial striatum, but *breaks* habits when targeted to the dorsolateral striatum (12). Further, methamphetamine *increases* dendritic spine density in the dorsolateral striatum, associated with stimulus-elicited habits, but *eliminates* dendritic spines (particularly synapse-associated mushroom-shaped spines) in the dorsomedial striatum, tightly coupled with goal-directed response strategies (191). These structural modifications – in concert with impoverished neural structure within the oPFC – could be causally associated with drug-induced biases towards stimulus-elicited habits.

In non-human primates, oPFC neurons encode both stimulus-outcome and responseoutcome associative contingencies (192), further implicating the oPFC in goal-directed action selection and suggesting that damage to the oPFC – *e.g.*, through repeated cocaine exposure – could contribute to a reliance instead on stimulus-response habits elicited by reward-associated cues. These cues can include the *context* in which an appetitive reinforcer, such as cocaine, is acquired. Studies using cocaine self-administration approaches indicate that prolonged oPFC inactivation enhances context-elicited reinstatement of drug seeking, sparing drug-seeking behaviors induced by other conditioned stimuli (193;194). Independent investigations indicate that oPFC-selective ablation of GABA_A α 1 receptor subunit expression causes a decrease in synaptic marker expression in the oPFC, and in concert, mice develop reward-seeking habits, but only in the context in which the instrumental response was originally trained (195).

Together, these findings provide evidence that, in the development of adaptive response strategies, the healthy oPFC gates the influence of contextual cues associated with appetitive outcomes. Repeated cocaine exposure could degrade this function to promote the development and maintenance of context-elicited habitual drug seeking through repeated stimulation of the dopamine D1 receptor for example (see 196), dendrite and dendritic spine elimination (as discussed above), and/or imbalance between dopamine D1- and D2-type receptors, given that D2 is highly expressed on basal arbors that are eliminated by cocaine exposure (197;81).

Conclusions

Dendrites and dendritic spines can be remarkably plastic, and their structure is sculpted by multiple external stimuli including exposure to drugs of abuse and stressors. Studies aimed at identifying molecular mechanisms of cocaine-induced dendritic spine remodeling – particularly in the NAc – strongly suggest that cellular structural modifications can directly regulate behavioral outcomes. These include potentially adaptive consequences; for example, cocaine-induced dendritic spine proliferation in the NAc has been associated with certain behavioral resiliencies (*e.g.*, 109), and blockade of cocaine-induced dendritic spine modifications in both the oPFC and NAc can *increase – though in other cases, occlude –* behavioral vulnerability to cocaine (115;71;198;199). Meanwhile, the *correction* of long-

term or metaplastic modifications following prolonged cocaine exposure may have behavioral benefits (200;143).

Animal models, and particularly rodent models, provide a strong venue to disentangle these issues and resolve knowledge gaps: First, rodent models are amenable to determining neurobiological vulnerability and resiliency factors associated with drugs of abuse using both *prospective* and retrospective approaches, and using experimental designs and manipulations that can establish *causal relationships* between structural plasticity and behavioral outcomes. Second, we and others argue that the identification of signaling cascades – in addition to specific proteins – that could serve as promising therapeutic targets will be critical (201). Third, developmental critical periods and neurobiological correlates and mechanisms of sex differences in drug vulnerability and resilience may be more rapidly isolated using rodent, rather than primate, systems. A final challenge that could be tackled using rodent models may be the identification of approaches that can normalize drug-induced structural modifications associated with maladaptive behaviors across multiple brain regions. Such studies may benefit from leveraging differential expression of relevant protein targets across structures, and/or attempting to augment new learning regarding the negative consequences of drug self-administration and habitual reward seeking.

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Synopsis

Exposure to cocaine and amphetamine structurally reorganizes excitatory neurons in the medial and orbital prefrontal cortices (mPFC and oPFC), inducing dendritic spine proliferation in the mPFC, and eliminating spines in the oPFC. Modifications may be causally associated with addiction etiology. Certain cytoskeletal regulatory proteins expressed in the oPFC and implicated in postnatal neural development also regulate behavioral sensitivity to cocaine, potentially opening a window of opportunity for the identification of novel pharmacotherapeutic targets in the treatment of drug abuse disorders.

Box 1. Review Highlights

- O Cocaine and amphetamine cause the structural reorganization of excitatory neurons in the medial and orbital prefrontal cortices, two brain regions implicated in addiction etiology. In particular, repeated psychostimulant exposure causes dendritic spine proliferation in the medial prefrontal cortex (mPFC), while spines are eliminated in the orbitofrontal cortex (oPFC).
- O A number of cytoskeletal regulatory proteins expressed in the oPFC impact behavioral sensitivity to cocaine. Several of these targets are additionally involved in postnatal (adolescent) prefrontal cortical development. A better understanding of how drugs of abuse impact structural plasticity during adolescent critical periods may elucidate why adolescents are at heightened risk for the development of drug abuse disorders on the one hand, and help to identify novel targets for intervention on the other.
- O Modifications in oPFC neuron structure may be associated with drug-related failures in inhibitory control and the development of inflexible, habitual modes of response, aspects of drug abuse disorders that can be modeled in rodents.

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Figure 1. Cocaine: A double threat to neurons in the oPFC?

(a) Sub-regions of the prefrontal cortex transposed onto coronal images from the Mouse Brain Library (202). Pink represents the oPFC and orange, yellow, red and green represent sub-regions of the mPFC: the anterior cingulate, prelimbic, infralimbic, and medial orbital cortices, respectively. These sections correspond roughly to Bregma +1.98, +2.1, and +2.46.
(b) Representative deep-layer oPFC neurons from mice treated with saline or cocaine several weeks prior to euthanasia. (c) Sholl analyses indicate that cocaine exposure decreases branch intersections. Inset: Dendritic spines on secondary and tertiary branches are also lost. These findings were originally reported in ref. 81 (for dendrites) and ref. 71 (for dendritic spines), and the reader is referred to these reports for methodological details. Bars and symbols represent means and SEMs, *p<0.05,**p<0.05 40–100 µm from the soma.

Table 1

Postnatal amphetamine or cocaine exposure alters protein or mRNA expression in the oPFC in rodents.

		1		i
AMPH or COC	Treatment regimen	Target	Effect	Reference
AMPH	range 1 – 8 mg/kg s.c., 1 injection per day for 4 days, then 4 injections per day for 9 days (40 injections total)	Zif268 (mRNA)	Ť	Shilling et al. (2000) (#203)
AMPH	0.5 mg/kg/infusion i.v. (1 infusion)	Arc (mRNA)	†	Klebaur et al. (2002) (#204)
AMPH	2.5 mg/kg i.p. (5 daily injections), then 1 mg/kg i.p. challenge	c-fos	\uparrow with challenge	Nordquist et al. (2008) (#205)
AMPH	0.5 mg/kg i.p. (1 injection)	Arc (mRNA)	Ť	Banerjee et al. (2009) (#206)
AMPH	2.5 mg/kg i.p. (1 injection)	AGS1	1	Schwendt et al. (2010) (#207)
		AGS3	NC	
		Rhes (mRNA)	NC	
AMPH	range 1 – 10 mg/kg s.c., 3 injections per day for 4 days (12 injections total)	5-HT2a (mRNA)	Ļ	Horner et al. (2011) (#208)
AMPH	2 mg/kg i.p. (1 injection)	c-fos (mRNA)	†	Cáceda et al. (2012) (#209)
AMPH	1 mg/kg i.p. (14 daily injections)	Retsat	↑	Mychasiuk et al. (2013)
		Lpar1	Ť	(#210)
		Csrp1	↑	
		Bhlhe40	\downarrow	
		Dusp6	Ļ	
		Synpo	\downarrow	
		Dnajb5	\downarrow	
		Ahdc1 (results of gene array)	Ļ	
AMPH	range 1 – 10 mg/kg i.p., 3 injections per day for 4 days (12 injections total)	5-HT2a (mRNA)	NC	Murray et al. (2014) (#211)
AMPH; COC	2 mg/kg i.p. (1 injection) 40 mg/kg i.p. (1 injection)	Fos	↑ *	Trinh et al. (2003) (#212)
			ľ	<u> </u>
COC	0.5 mg/kg/infusion i.v. (multiple infusions self-administered per day for 10 days)	DAT TH	NC NC	Grimm et al. (2002) (#213)
COC	0.25 mg/kg/infusion i.v. (multiple infusions self-administered per day for 9–12 days)	Zif268 (mRNA)	↑ in control rats receiving yoked COC-cue pairings	Thomas et al. (2003) (#214)
COC	2 mg/kg/infusion i.v. (1 infusion)	c-fos	↑	Samaha et al. (2004) (#215)

AMPH or COC	Treatment regimen	Target	Effect	Reference
		Arc (mRNA)	↑ ↑	
COC	0.75 mg/kg/infusion i.v. (2 infusions)	c-fos (mRNA)	†	Cao et al. (2007) (#216)
COC	0.5 mg/kg/infusion i.v. (multiple infusions self-administered per day for 21 days) OR 15 mg/kg i.p. (21 daily injections)	FosB	↑ i.v. and i.p.	Winstanley et al. (2007) (#118)
COC	0.75 mg/kg/infusion i.v. (multiple infusions self-administered per day for 28 days) followed by 22 days extinction or abstinence	Fos	\uparrow after abstinence	Zavala et al. (2007) (#217)
		GluR1	NC	
		GluR2/3	NC	
		GluR4	NC	
COC	0.4 mg/kg/infusion i.v. (multiple infusions self-administered per day for 22 days; 1 or 6 hour sessions)	DRD2	\downarrow after long access	Briand et al. (2008) (#218)
		DRD1 (mRNA)	NC	
COC	0.6 mg/kg/infusion i.v. (multiple infusions self-administered per day for 10 days) followed by 22 hours abstinence, OR 15 days abstinence, then re-exposure to: 1) a novel chamber; 2) the COC-associated chamber, or 3) the COC-associated chamber and COC-associated cues	Arc BDNF c-fos Zif268	↑ after 22 hours	Hearing et al. (2008) (#219)
		Arc	↑ with COC, further ↑ with COC- associated environment	
		c-fos BDNF	↑, but to same degree as drug naïve rats exposed to a familiar context	
		Zif268 (mRNA)	↑ with COC- associated environment + cues	
COC	0.75 mg/kg/infusion i.v. (multiple infusions self-administered per day for 23 days)	Arc (mRNA)	↑	Zavala et al. (2008) (#220)
COC	0.75 mg/kg/infusion i.v. (multiple infusions self-administered per day for 24 days) followed by 24 days extinction or abstinence	Fos	↑ after abstinence	Zavala et al. (2008) (#221)
COC	10 mg/kg i.p. or 40 mg/kg i.p. (1 injection)	c-fos	↑ (Caster et al. (2009)
		Zif268 (mRNA)	↑ 	(#222)
COC	2 mg/kg/infusion i.v. (1 infusion)	Fos	↑	Kufahl et al. (2009) (#223)
COC	25 mg/kg i.p. (5 daily injections), then 25 mg/kg i.p. challenge	Zif268	NC	Unal et al. (2009) (#224)
		Homer 1a (mRNA)	NC	

AMPH or COC	Treatment regimen	Target	Effect	Reference
COC	15 mg/kg i.p. (4 daily injections)	Zif268	NC	Fritz et al. (2011) (#225)
COC	1 mg/kg/infusion, i.v. (multiple infusions self-administered per day for 8 days) followed by cue- or drug- primed reinstatement (10 mg/kg) OR 10 mg/kg i.p. (1 injection)	Arc Zif268 (mRNA)	NC i.p.; ↑ prime NC	Ziólkowska et al. (2011) (#226)
COC	15 mg/kg i.p. (4 daily injections)	Zif268	†	El Rawas et al. (2012) (#227)
COC	250 μg/infusion, i.v. (multiple infusions self-administered per day for 11 or 44 days) in high and low impulsivity rats	Zif268	\downarrow in high impulsivity rats	Besson et al. (2013) (#228)
		5-HT2c (mRNA)	NC	
COC	15 mg/kg i.p. (1 injection)	Zif268 (mRNA)	Ť	Burton et al. (2013) (#229)
COC	0.25 mg/kg/infusion i.v. (multiple infusions self-administered per day for 25 days)	Arc	¢	Riedy et al. (2013) (#230)
		Zif268 (mRNA)	NC	
COC	2 mg/kg/infusion i.v. (multiple infusions self-administered per day for 7 days), then 2 mg/kg i.v. challenge	Fos	↑ (Kufahl et al. (2015) (#231)

Abbreviations: AMPH, *d*-amphetamine; COC, cocaine; i.v., intravenous; i.p., intraperitoneal; s.c., subcutaneous; cue, cue-induced reinstatement; prime, drug-primed reinstatement; NC, no change.

Effects: ↑, increase; ↓, decrease; NC, no change. All results reflect drug-exposed compared to drug-naïve controls.