# Olfactory ecto-mesenchymal stem cells possess immunoregulatory function and suppress autoimmune arthritis

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Recent studies have identified olfactory ecto-mesenchymal stem cells (OE-MSCs) as a new type of resident stem cell in the olfactory lamina propria. However, it remains unclear whether OE-MSCs possess any immunoregulatory functions. In this study, we found that mouse OE-MSCs expressed higher transforming growth factor-beta and interleukin-10 levels than bone marrow-derived MSCs. In culture, OE-MSCs exerted their immunosuppressive capacity via directly suppressing effector T-cell proliferation and increasing regulatory T (Treg) cell expansion. In mice with collagen-induced arthritis, adoptive transfer of OE-MSCs markedly suppressed arthritis onset and disease severity, which was accompanied by increased Treg cells and reduced Th1/Th17 cell responses in vivo. Taken together, our findings identified a novel function of OE-MSCs in regulating T-cell responses, indicating that OE-MSCs may represent a new cell therapy for the treatment of rheumatoid arthritis and other autoimmune diseases.

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# INTRODUCTION

Mesenchymal stem cells (MSCs) are multipotent mesodermderived stromal cells that can differentiate into various lineages of non-hematopoietic cells in connective tissues.<sup>1</sup> MSCs usually reside in the bone marrow, cord blood, muscle, fat and other tissues, bearing surface antigens CD29, CD44, CD90, CD73, and CD105, but they lack the hematopoietic cell antigens CD34 and CD45.<sup>2</sup> MSCs have been found to possess potent immunosuppressive functions by modulating T- and B-cell proliferation and differentiation, dendritic cell maturation as well as NK cell activity.<sup>3,4</sup> These immunoregulatory properties make them well suited for modulating autoimmune responses and targeting autoimmune diseases. Significant progress has been made in applying MSCs for the treatment of autoimmune disorders and allograft rejection.<sup>5–7</sup> To date, bone marrow-derived MSCs (BM-MSCs) are among the most commonly used MSCs in pre-clinical research for the treatment of rheumatoid arthritis (RA) and other autoimmune diseases. $8-10$ 

However, there are some limitations associated with BM-MSCs in clinical applications, including the technical difficulty in acquiring sufficient numbers of cells for therapy. $^{11}$ 

Recently, olfactory ecto-mesenchymal stem cells (OE-MSCs), a new type of resident stem cell in the olfactory lamina propria, have been characterized.<sup>12</sup> Residing in the nasal cavity, OE-MSCs are derived primarily from neural crest cells and possess a high proliferation rate, self-renewal capability, and multiple lineage differentiation capabilities. $13$  Several studies have reported that OE-MSC transplantation can induce neurogenesis and restore hippocampal neuronal networks in mice.<sup>14</sup> However, it remains largely unknown whether OE-MSCs, which are similar to other types of MSCs, possess any immunoregulatory functions. Moreover, the potential utilization of OE-MSCs for the treatment of autoimmune diseases has not yet been explored.

In this study, we investigated the immunoregulatory property of OE-MSCs in modulating T-cell functions. We found

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that OE-MSCs exerted their immunosuppressive capacity via directly suppressing effector T-cell proliferation and increasing regulatory T (Treg) cell expansion. Using a mouse model of collagen-induced arthritis (CIA), we showed that adoptive transfer of OE-MSCs could effectively suppress arthritic progression, accompanied by reduced Th1/Th17 cell responses with increased Treg cells in vivo. Thus, our findings identified a novel, potent function of OE-MSCs in regulating T-cell functions, which suggests that OE-MSCs may represent a new cell therapy for the treatment of RA and other autoimmune diseases.

# MATERIALS AND METHODS

# Isolation and culture of OE-MSCs and BM-MSCs

OE-MSCs were obtained from the nasal cavity of wild-type mice by delicately discarding the turbinates, as previously described.<sup>15</sup> The retained olfactory epithelium tissue sample was cut into small pieces and cultured in flasks with the medium (Dulbecco's modified Eagle's medium (DMEM)/HAM'S F-12 supplemented with 15% fetal calf serum) (Gibco, Carlsbad, CA) for 7 days. After non-adherent cell removal, the remaining cells were trypsinized (0.05% trypsin-ethylenediaminetetraacetic acid at  $37^{\circ}$ C for 2 min) and further expanded for 3 passages. For the culture of BM-MSCs, bone marrow cells were collected by flushing the cells out of femurs and tibiae with cold phosphate-buffered saline (PBS). The cells were cultured in the medium (DMEM supplemented with 15% fetal calf serum) (Gibco, Carlsbad, CA) for 3 days. Then, the non-adherent cells were removed and when the remaining cells reached 80% confluence in the dish, the adherent cells were trypsinized and expanded for 3 passages.

# OE-MSC differentiation induction

Osteogenic and adipogenic differentiation of OE-MSCs was achieved by culturing under induction conditions. The osteogenic induction medium consisted of minimum essential medium that was supplemented with 0.1 μM dexamethasone (SigmaAldrich, St. Louis, MO), 10 mM b-glycerol phosphate (SigmaAldrich, St. Louis, MO), and 0.2 mM ascorbic acid (SigmaAldrich, St. Louis, MO). After 21 days of induction, the osteogenic differentiation was evaluated by alizarin red (Guangzhou, China) staining to detect the presence of calcium deposition into osteocytes.<sup>16</sup> To induce adipogenic differentiation, OE-MSCs were cultured in MSC-adipogenic differentiation medium (Cyagen, Guangzhou, China) for 14 days. The cells were then subjected to oil red O staining (Cyagen, Guangzhou, China). $17$ 

# Mice

DBA/1J mice (8–10 weeks old) were obtained from the Shanghai Laboratory Animal Center (Shanghai, China) and maintained in the Jiangsu University Animal Center (Jiangsu, China). All animal experiments were approved by the Jiangsu University Animal Ethics and Experimentation Committee.

#### CIA induction and OE-MSC treatment

For CIA induction, DBA/1J mice were immunized with 100 µg of bovine type II collagen (Chondrex, WA, USA) that was emulsified with Freund's complete adjuvant (SigmaAldrich, St. Louis, MO) via intradermal injection at the base of the tail, and a booster emulsion of CII in Freund's incomplete adjuvant (SigmaAldrich, St. Louis, MO) was administered on day 21 after the first immunization.<sup>18</sup> To determine the effects of the OE-MSC treatment, mice were given two intravenous injections of OE-MSCs or BM-MSCs  $(1 \times 10^6)$  on days 18 and 24 after the first immunization. The control group was administered with the same volume of PBS at the same time points. The mice were scored for signs of arthritis every 3 days after the second immunization.

## Joint fixation and histopathological assessment

Mice were killed on day 42 after the first immunization, and joint specimens were fixed in 10% phosphate-buffered formalin for 3 days. Joint tissues were sectioned at 4  $\mu$ m thickness and stained with hematoxylin and eosin for histopathological evaluation.<sup>19</sup>

#### Co-culture of OE-MSCs and T cells

OE-MSCs were co-cultured with splenic  $CD4^+$  T cells that were sorted from wild-type mice using  $CD4^+$  T-cell microbeads (Miltenyi Biotec, Bergisch Gladbach, Germany). Responder cells were co-cultured with different OE-MSC ratios in U-bottomed 96-well plates (Costar, Corning, NY) in the presence of anti-CD3 (10  $\mu$ g mL<sup>-1</sup>, Biolegend, San Diego, CA) and anti-CD28 (5  $\mu$ g mL<sup>-1</sup>, Biolegend, San Diego, CA) monoclonal antibodies (mAbs) for 72 h, and they were pulsed with [<sup>3</sup>H]-thymidine (Pharmacia, Stockholm, Sweden, 1 µCi/well) for the last 16 h of culture. Anti-CD3 and anti-CD28 mAbs were used for activating the T cells.

#### Flow cytometric analysis

Single cell suspensions were stained with fluorochrome-conjugated mAbs specific for the following phenotypic markers: anti-CD29, anti-CD90, anti-CD44, anti-CD34, anti-CD45, and anti-CD11b (eBioscience, San Diego, CA). For Treg cell detection, cells were triple stained with anti-CD4, anti-CD25, and anti-Foxp3 mAbs according to the manufacturer's instructions with a Foxp3 Staining Kit (eBioscience, San Diego, CA). For intracellular cytokine staining, single cell suspensions were suspended in the medium with phorbol myristate acetate (50 ng  $mL^{-1}$ , SigmaAldrich, St. Louis, MO), ionomycin (1  $\mu$ g mL<sup>-1</sup>, Enzo, Farmingdale, NY) and monensin  $(2 \mu g m L^{-1}$ , Enzo, Farmingdale, NY) for 5 h. The cells were then stained with anti-CD4 mAbs (eBioscience, San Diego, CA) followed by permeabilization and incubation with intracellular anti-interferon gamma (IFN- $\gamma$ ) and anti-interleukin-17 (IL-17) antibodies (eBioscience, San Diego, CA). As a control, the appropriate isotype-matched antibodies were used for each staining. The stained cells were analyzed with a fluorescence-activated cell sorting Calibur flow cytometer (Becton Dickinson, Sparks, MD).

#### Immunofluorescence microscopy

OE-MSCs were harvested at 90% confluence in 24-well plates, fixed with 4% paraformaldehyde, incubated for 1 h at room temperature with blocking buffer (1% bovine serum albumin, 5% goat serum, and 0.25% Triton X-100 in PBS) and stained with rabbit polyclonal anti-nestin and anti-vimentin antibodies for 90 min.

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### Autoantibody and cytokine detection

Serum bovine type II collagen-specific antibody levels were measured with a sandwich enzyme-linked immunosorbent assay (ELISA), as previously described.<sup>20</sup> Culture supernatants and mouse serum levels of IL-17, transforming growth factor-beta (TGF- $\beta$ ), IFN- $\gamma$ , and IL-10 were measured with ELISA Kits (eBioscience, San Diego, CA) following the manufacturer's protocol. Nitric oxide (NO) was detected by determining the concentration of nitrite that accumulated in the culture supernatants using the colorimetric Griess reaction (Promega, Madison, WI).<sup>21</sup>

#### Quantitative real-time PCR (qRT-PCR)

Cells were homogenized in TRIzol reagent (Invitrogen, Carlsbad, CA). Total RNA was isolated and reverse-transcribed with the ReverTra Ace qPCR RT Kit (TOYOBO, Osaka, Japan) according to the manufacturer's instructions. The reverse transcript PCR and qRT-PCR were performed as previously described.<sup>18</sup> The following primers were sequences utilized: TGF- $\beta$ , 5'-AACCGGCCCTTCCTGCTCCTCAT-3' (forward), 5'-CGCCCGGGTTGTGTTGGTTGTAGA-3' (reverse); IL-10, 5'-GGTTGCCAAGCCTTATCGGA-3' (forward), 5'-ACCTG CTCCACTGCCTTGCT-3' (reverse);  $\beta$ -actin, 5'-TGGAAT CCTGTGGCATCCATGAAAC-3' (forward), 5'-TAAAACG CAGCTCAGTAACAGTCCG-3' (reverse); inducible nitric oxide synthase (iNOS), 5'-GAGCCCTCAGCAGCATCCAT-3' (forward), 5'-GGTGAGGGCTTGGCTGAGTG-3' (reverse); and 18s, 5-'TCCGGAGAGGGAGCCTGAGA-3' (forward), 5'-GCACCAGACTTGCCCTCCAA-3' (reverse). The relative mRNA expression quantification was calculated with the comparative threshold cycle (Ct) method.

# RESULTS

# Generation and characterization of OE-MSCs

The OE-MSCs were successfully isolated from the nasal cavity of normal mice for culture. After 3 passages, the OE-MSC colonies formed, among which, most cells exhibited fibroblast-like morphology (Figure 1a). A phenotypic analysis revealed that the OE-MSCs stained strongly for CD29, CD90, and CD44 but were negative for CD34, CD45, and CD11b, which are similar phenotypic MSC markers (Figure 1b). Moreover, the nestin and vimentin expression, two proteins related to the neural stem cells, in OE-MSCs was further confirmed with immunofluorescent microscopy (Figure 1c).<sup>22,23</sup> Consistent with the most prominent characteristics of MSCs with multi-lineage differentiation capacity, OE-MSCs can differentiate into osteocytes and adipocytes when cultured under the indicated conditions (Figure 1d). Taken together, these findings suggest that OE-MSCs with similar phenotypic features and the multiple-lineage differentiation capacities of MSCs could be efficiently generated in culture.

# OE-MSCs possess potent immunosuppressive functions

To determine whether OE-MSCs possess any immunoregulatory function, we co-cultured splenic  $CD4^+$  T cells with OE-MSCs or BM-MSCs in the presence of anti-CD3 and anti-CD28 mAb stimulation. As shown in Figure 2a, although



Figure 1 Phenotypic and functional characterization of OE-MSCs. (a) OE-MSCs generated from lamina propria explants (1 passage, arrow represents the lamina propria explants) exhibited a fibroblast-like morphology (after 3 passages). (b) Flow cytometric analysis of OE-MSC surface-marker expression, including representative MSC markers, CD29, CD90, and CD44; hematopoietic cell markers, CD34, and CD45; and the myeloid cell marker, CD11b. (c) Representative immunofluorescence staining of anti-nestin and anti-vimentin antibodies (red) in OE-MSCs. (d) OE-MSCs were cultured in adipocytes/osteogenic conditions for 14/21 days, followed by oil red O (left panel) or alizarin red staining (right panel), respectively (original magnification ×10). Results are representative of three independent experiments.



Figure 2 OE-MSCs inhibit CD4<sup>+</sup> T-cell proliferation in vitro. (a) CD4<sup>+</sup> T cells were co-cultured with BM-MSCs or OE-MSCs at the indicated ratios (MSCs: T-cell ratio of 1:5, 1:10, 1:20) in the presence of anti-CD3 mAb and anti-CD28 mAb for 72 h. T-cell proliferation was measured by [<sup>3</sup>H]thymidine incorporation. The gray bar represents the T cell only group. (b and c) BM-MSCs or OE-MSCs were co-cultured with CD4<sup>+</sup> T cells (MSCs: T-cell ratio of 1:10) in the presence of anti-CD3 mAb and anti-CD28 mAb for 72 h. (b) TGF-B, IL-10, and NO concentrations in the co-culture supernatant were determined with ELISAs. (c) TGF-B, IL-10, iNOS, and PD-L1 mRNA levels in OE-MSCs and BM-MSCs were determined with  $qRT-PCR$  analysis. Data are shown, as the mean  $\pm$  SD of three independent experiments. \*\*\*P < 0.001, \*\*P < 0.01, \*P < 0.05.

both MSC types efficiently suppressed  $CD4^+$  T-cell proliferation, the OE-MSCs produced more potent inhibitory effects than the BM-MSCs, suggesting much stronger immunosuppression was produced by the OE-MSCs. As TGF- $\beta$ , IL-10, NO, and programmed death-ligand 1 (PD-L1) are key factors involved in MSC-mediated immunosuppression, we assessed these molecules at both the messenger RNA and protein levels in both OE-MSCs and BM-MSCs. The TGF-β, IL-10, and NO concentrations in the OE-MSC culture supernatants were significantly higher than those in the BM-MSC supernatants (Figure 2b), which was consistent with the higher TGF- $\beta$ , IL-10, iNOS, and PD-L1 transcript levels observed in the OE-MSCs (Figure 2c).

# Adoptive transfer of OE-MSCs suppresses arthritis progression in CIA mice

Next, we sought to determine the suppressive effects of OE-MSCs on autoimmune pathogenesis in vivo. We performed adoptive transfer of OE-MSCs or BM-MSCs into CIA mice and compared the therapeutic effects of OE-MSCs on arthritis onset and disease progression with those of BM-MSCs (Figure 3a). As shown in Figure 3b, the clinical scores for arthritis severity were markedly decreased in the CIA mice following adoptive transfer of both the OE-MSCs and BM-MSCs. Additionally, the OE-MSC-treated mice presented significantly reduced disease incidence, beyond what was observed in the BM-MSC-treated group. Moreover, the serum anti-CII autoantibody levels were significantly decreased in the OE-MSCtreated mice compared with the control group (Figure 3c). Furthermore, histopathological assessment showed severe fibrovascular synovial and periarticular proliferation with a high level of inflammatory cell infiltration in the CIA group. However, after the BM-MSC treatment, the joint pathology

was ameliorated such that only mild fibrovascular synovial and periarticular proliferation with few infiltrated inflammatory cells was observed. Furthermore, no obvious joint damage and clear joint space and intact articular cartilage were observed in the OE-MSC-treated group. The histopathological examination showed markedly reduced joint pathology in the OE-MSC-treated mice compared with the BM-MSC-treated group (Figure 3d). Together, these data demonstrated that the OE-MSCs possess more potent immunosuppressive effects than the BM-MSCs in ameliorating autoimmune progression in CIA mice.

# OE-MSCs treatment promotes Treg cell expansion and suppresses Th1/Th17 responses in vivo

To examine the possible mechanisms underlying the immunosuppressive effects of OE-MSCs in vivo, we performed an immunophenotypic analysis of T-cell responses in draining lymph nodes (dLN). As shown in Figure 4a, OE-MSC treatment significantly increased the  $CD4^+CD25^+$ Foxp3<sup>+</sup> Treg frequency in the dLNs. By contrast, the percentages of  $CD4^+$ IFN- $\gamma^+$  Th1 cells (Figure 4b) and  $CD4^+$ IL-17<sup>+</sup> Th17 cells (Figure 4c) upon OE-MSC treatment were decreased when compared with the control and the BM-MSC-treated groups. Moreover, the serum levels of the pro-inflammatory cytokines, IFN- $\gamma$  and IL-17 were decreased whereas the TGF- $\beta$ , IL-10 and NO levels were increased. As shown in Figure 4d, the OE-MSC treatment significantly reduced the pro-inflammatory cytokine levels compared with the BM-MSCs, although there was no significant difference in the serum IL-10, TGF- $\beta$ , and NO levels between the two groups. Together, these data indicate that the OE-MSCs were able to suppress the inflammatory response by recalibrating the balance between antiinflammatory Tregs and inflammatory effector T-cell subsets.

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Figure 3 OE-MSCs prevented tissue damage in CIA. (a) A graphic scheme of CIA induction and OE-MSCs administration. DBA/1J mice were immunized with CII/CFA on day 0 and boosted with CII/IFA on day 21. The treatment groups were intravenously injected with OE-MSCs (1  $\times$  10<sup>6</sup>) on days 18 and 24 after CII/CFA immunization. Mice were killed on day 42. (b) Clinical score and incidence of arthritis development in the immunized mice that treated with OE-MSCs, BM-MSCs, or PBS were monitored every 3 days ( $n = 6$  per group). (c) Serum levels of CII-specific autoantibodies from the OE-MSCs, BM-MSCs, or PBS-treated groups were measured with ELISAs. (d) Representative hind paw sections are shown that were stained with hematoxylin and eosin, and then assessed for histopathological joint tissue scores from OE-MSC, BM-MSC, or PBS-treated CIA mice. The CIA group had augmented fibrovascular synovial and periarticular proliferation (fp) and inflammatory cell infiltration (ici) levels. Clear joint spaces (is) and intact articular cartilage (ac) were observed in the CIA mice that were treated with OE-MSCs. Results are expressed as the mean  $\pm$ SD. \*\* $P < 0.01$ , \* $P < 0.05$ .

#### OE-MSCs promote Treg cell expansion in culture

To determine whether OE-MSCs could directly modulate Treg cell differentiation *in vitro*, a co-culture of naïve  $CD4^+$  T cells with OE-MSCs was performed. As shown in Figure 5a, a significantly increased frequency of  $CD4^+CD25^+$ Foxp3<sup>+</sup> T cells was detected when naïve  $CD4^+$  T cells were co-cultured with OE-MSCs. Furthermore, under polarized Treg cell differentiation conditions, the OE-MSCs markedly promoted the expansion of Treg cells that were differentiated from naïve  $CD4^+$  T cells in culture (Figure 5b). Therefore, these results demonstrated that OE-MSCs could promote Treg cell expansion, which might contribute to their therapeutic effect in suppressing CIA progression in vivo.

# **DISCUSSION**

Olfactory MSCs have been reported to possess the potential for multi-lineage differentiation. Olfactory MSCs could differentiate into cells with cardiomyocyte characteristics or cells with bone-specific bioactivity.<sup>22,24</sup> Recently, human MSCs isolated

from the olfactory mucosa were found to have a promyelination effect that contributed to the repairment of spinal cord injury.<sup>23</sup> However, it was not well characterized whether OE-MSCs possess any similar immunoregulatory properties as other MSCs and if so, whether adoptive transfer of OE-MSCs could suppress autoimmune pathogenesis in vivo.

In this study, we first showed that in vitro-expanded OE-MSCs expressed phenotypic MSC markers, including CD29, CD90, CD44, nestin, and vimentin, but they did not express CD34, CD45, and CD11b. Moreover, the OE-MSCs were capable of differentiating into mesenchymal cell types, such as adipocytes and osteocytes. Several studies have demonstrated the ability of MSCs to polarize T cells toward a regulatory phenotype; this serves as an important mechanism by which MSCs dampen inflammation reactions and tissue damage.<sup>25</sup> Notably, we found for the first time that OE-MSCs possess a profound inhibitory capacity in suppressing effector T-cell proliferation. MSC-mediated immune modulation occurs mainly through paracrine effects by producing soluble factors,

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Figure 4 OE-MSCs enhanced Treg cell levels during CIA. (a–c). Flow cytometric analysis of CD4<sup>+</sup> Foxp3 + CD25<sup>+</sup> Treg cells (a), CD4<sup>+</sup> IFN- $\gamma$ <sup>+</sup> Th1 (b) and CD4<sup>+</sup> IL-17A<sup>+</sup> Th17 (c) in the dLN of CIA mice that were treated with OE-MSCs, BM-MSCs, or PBS. (d) Serum TGF-B, IL-10, NO, IFN- $\gamma$ , and IL-17 levels in CIA mice that were treated with OE-MSCs, BM-MSCs, or PBS were detected with ELISAs ( $n = 3$ /group). Results are expressed as the mean  $\pm$  SD. \*\* $P$  < 0.01,\* $P$  < 0.05.



Figure 5 OE-MSCs induced regulatory T-cell expansion. (a) Naïve CD4<sup>+</sup> T cells ( $1\times10^6$ ) isolated from C57BL/6 mouse spleens were co-cultured with or without OE-MSCs (5  $\times$   $10^4$ ) in the presence of anti-CD3 and anti-CD28 mAbs. After 3 days, regulatory T cells were analyzed in the CD4<sup>+</sup> Tcell fraction by flow cytometry. (b) Naïve CD4<sup>+</sup> T cells ( $1\times10^6$ ) sorted from C57BL/6 mouse spleens and were cultured in Treg cell polarization medium with or without OE-MSCs (5  $\times$  10<sup>4</sup>). After 5 days, the proportion of regulatory T cells in the CD4<sup>+</sup> T-cell fraction was analyzed by flow cytometry. Data are shown as the mean  $\pm$  SD of three independent experiments. \*\*P < 0.01, \*P < 0.05.

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including NO, IL-10, and TGF- $\beta$ , but this may also occur through cell surface-expressed inhibitory molecules, such as PD-L1, to mediate direct cell–cell interactions. Compared with BM-MSCs, OE-MSCs produced higher inhibitory factor levels, including NO,<sup>26</sup> IL-10, TGF- $\beta$ ,<sup>27</sup> and PD-L1.<sup>28</sup> These mediators have been shown to play a critical role in effector T-cell proliferation suppression and in the induction of Treg differentiation, both in vitro and in vivo. Moreover, recent studies have demonstrated that both allogeneic BM-MSCs and human adipose-derived MSCs can treat experimental arthritis and induce immune tolerance by inhibiting autoreactive effector T-cell response and inducing Treg cell expansion.<sup>29,30</sup> Thus, the immunoregulatory properties of OE-MSCs identified in this study may license them to suppress autoimmune responses and inflammatory reactions.

To further verify the immunoregulatory function of OE-MSCs in suppressing autoimmune progression in vivo, we performed adoptive transfer of OE-MSCs and observed significantly ameliorated synovial hyperplasia and joint tissue damage in CIA mice. Remarkably, the OE-MSC treatment resulted in a significantly increased Treg percentages and decreased Th1 and Th17 cell responses. Notably, the immunoregulatory function exerted by the OE-MSCs was much stronger than that exerted by the BM-MSCs in suppressing arthritic progression in CIA mice, which could primarily be attributed to their capacity to produce higher IL-10 and TGF- $\beta$  expression levels. Consistent with these *in vivo* findings, we further revealed that the co-culture of naïve T cells with OE-MSCs promoted the expansion of Treg cells under a polarized condition for Treg differentiation. Although it currently remains unclear how OE-MSCs promote Treg cell differentiation, it is likely that soluble mediators produced by OE-MSCs, such as TGF- $\beta$ , IL-10, and NO may contribute to the functional induction of Treg cells. In particular, it is evident that TGF- $\beta$ plays a non-redundant role in the activation of Foxp3 expression and the expansion of Treg cells.

RA is a common autoimmune disease that progressively affects multiple joints with synovial hyperplasia, cartilage destruction, and bone erosion. Although the etiology of RA is still unclear, current strategies for the treatment of RA include the suppression of autoimmune inflammation using newly developed biologics, such as IL-1 receptor antagonists,<sup>31</sup> TNF inhibitors,<sup>32</sup> and an anti-IL-6 receptor antibody.<sup>33</sup> Although these treatments can significantly inhibit the inflammatory response, achieving full remission of disease progression remains a challenge for many RA patients.<sup>34</sup> Therefore, it is important to develop more effective therapies for RA.

MSCs are a type of stromal cell that are capable of differentiating into cartilage, bone, and other tissues. Other than their clinical applications in regenerative medicine, MSCs have been extensively investigated for their immunosuppressive functions. In the clinical settings, BM-MSCs have been used to treat inflammatory and autoimmune diseases by promoting tissue damage repair and tissue regeneration.<sup>35,36</sup> Recent studies have characterized the immunoregulatory functions of MSCs in

modulating immune responses that are mediated by various immune cells, such as T- and B lymphocytes and dendritic cells.<sup>37</sup> It has been reported that BM-MSCs strongly suppress T-lymphocyte proliferation via mechanisms involved in cell– cell contact and in soluble factor production.<sup>38</sup> However, clinical applications of BM-MSCs have encountered difficulties, including the invasive approach that is required for cell harvest and donor age-related limitations.<sup>39,40</sup> Because the nasal lamina propria is an easily accessible tissue that can be harvested under local anesthesia, <sup>41</sup> OE-MSCs could be collected for autologous transplantation. Moreover, OE-MSCs exhibit a higher proliferation profile than BM-MSCs and can be expanded in culture for therapeutic approaches.<sup>12</sup> Considering the advantages of their easy accessibility and efficient expansion for adoptive transfer, OE-MSCs may serve as a possible cellular therapy for RA.

In conclusion, we have identified a novel function for OE-MSCs with immunoregulatory properties. Moreover, OE-MSCs could exert their immunosuppressive capacity in modulating T-cell responses and could significantly ameliorate disease severity in CIA mice. These findings suggest that OE-MSCs represent a new potential cell therapy for targeting autoimmune diseases.

# CONFLICTS OF INTEREST

The authors declare that no conflicts of interest exist.

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