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## **CCR5+T-bet+FoxP3+ Effector CD4 T Cells Drive Atherosclerosis**

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## **Abstract**

**Rationale—**CD4 T cells are involved in the pathogenesis of atherosclerosis, but atherosclerosisspecific CD4 T cells have not been described. Moreover, the chemokine(s) that regulate T cell trafficking to the atherosclerotic lesions are also unknown.

**Objective—In** *Apoe<sup>-/-</sup>* mice with mature atherosclerotic lesions (5 months of high fat diet), we find that most aortic T cells express CCR5 and IFN- $\gamma$  with a unique combination of cell surface markers ( $CD4+CD25$ <sup>-</sup>CD4<sup>hi</sup>CD62L<sup>lo</sup>) and transcription factors (FoxP3<sup>+</sup>T-bet<sup>+</sup>). We call these cells CCR5Teff. We investigated the role of CCR5 in regulating T cell homing to the atherosclerotic aorta and the functionality of the CCR5Teff cells.

**Methods and Results—**CCR5Teff cells are exclusively found in the aorta and para-aortic lymph nodes (paLNs) of  $Apoe^{-/-}$  mice. They do not suppress T cell proliferation in vitro and are less potent than regulatory T cells (Tregs) at inhibiting cytokine secretion. Blocking or knocking out CCR5 or its ligand CCL5 significantly blocks T cell homing to atherosclerotic aortas. Transcriptomic analysis shows that CCR5Teff cells are more similar to effector T cells than to Tregs. They secrete IFN-γ, IL-2, IL-10 and TNF. Adoptive transfer of these CCR5Teff cells significantly increases atherosclerosis.

**Conclusions—**CCR5 is specifically needed for CD4 T cell homing to the atherosclerotic plaques. CCR5+CD4 T cells express an unusual combination of transcriptional factors, FoxP3 and T-bet. Although CCR5Teff express FoxP3, we showed that they are not regulatory and adoptive transfer of these cells exacerbates atherosclerosis.

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The authors have declared that no conflict of interest exists.

Atherosclerosis; T cell; CCL5; CCR5; chemokine/chemokine receptor; CCR5Teff; Treg; Foxp3<sup>+</sup>IFN- $\gamma^+$ ; inflammation; vascular disease

## **INTRODUCTION**

Atherosclerosis is caused by accumulation of low-density lipoprotein (LDL) in the intima of large arteries, leading to infiltration by monocytes. Atherosclerosis has long been known to have an immune component that modulates plaque burden and disease progression<sup>1-4</sup>. CD4 T cells are the most abundant adaptive immune cells in atherosclerotic plaque in humans $5-7$ and mice<sup>8</sup>. Many plaque CD4 T cells secrete interferon (IFN)- $\gamma^9$ , a T helper 1 (Th1) proinflammatory cytokine that is known to advance atherosclerosis<sup>10</sup>. The defining transcription factor of these IFN- $\gamma$ -secreting Th1 cells is T-bet<sup>11</sup>. Some CD4 T cells in atherosclerotic plaques have been described to express FoxP3, the defining transcription factor of regulatory T cells<sup>123</sup>. Tregs are thought to be atheroprotective<sup>13–16</sup>, but there is evidence that the number of Tregs declines as atherosclerosis progresses $17-20$ .

CD4 T cells are found in atherosclerotic plaque, but it is not clear how they get there. Adoptive transfer experiments have shown that naïve CD4 T cells use L-selectin to home to the adventitia of normal and atherosclerotic mice<sup>21</sup>. However, most CD4 T cells in atherosclerotic plaque are not naïve but have an effector phenotype and interact with antigen-presenting cells<sup>922</sup>. In a previous study from this laboratory, we showed that the chemokine receptor CXCR6 is required for the homing of a small subset of T cells<sup>23</sup>. Other candidate chemokine receptors that could be responsible for Th1 cell homing are CXCR3 and CCR5. CXCR3 has been shown to be responsible for T cell homing in airway inflammation<sup>24</sup> and adipose tissue<sup>25</sup> inflammation in an obesity model. Although CCR5 is known to be involved in atherosclerosis and recruitment of classical monocytes<sup>26, 27</sup>, its potential role in T cell homing to atherosclerotic arteries has not been studied.

Based on initial findings that CCR5, but not CXCR3 was expressed on many T cells found in atherosclerotic arteries, we focused on CCR5 and its ligand CCL5. CCR5 is expressed on monocytes, macrophages, and Th1 cells<sup>26</sup>. Classical monocytes (Ly-6Chi in mice) use CCR5 (among other chemokine receptors) to reach atherosclerotic lesions<sup>28, 29</sup>. Its ligand CCL5 is expressed by monocytes, macrophages, smooth muscle cells and platelets. Platelets can deposit CCL5 on the endothelial surface and promote arrest (adhesion) from rolling<sup>30, 31</sup>. Genetic deletion studies in  $Apoe^{-/-}$  mice suggest that CCR5 has a pro-atherogenic role in neointimal plaque formation.  $Ccr5^{-/-}Apoe^{-/-}$  mice are protected from diet-induced atherosclerosis and show a more stable plaque phenotype, reduced mononuclear cell infiltration, reduced T cell infiltration, reduced Th1-type immune responses, and increased IL-10 expression<sup>26, 32</sup>. TAK-779, an inhibitor of both CCR5 and CXCR3, dramatically reduced atherosclerosis in the aortic root and carotid arteries of  $Ldtr^{-/-}$  mice. The number of T cells in the plaque was reduced by 95%, concurrently with a 98% reduction in area staining for IFN- $\gamma^{33}$ , suggesting a role of CCR5 and CXCR3 in regulating Th1 cell homing to the aorta. CCL5 antagonist treatment in  $L dlr^{-/-}$  mice similarly showed inhibited

progression of established atherosclerosis and decreased CD4 T cell infiltration in the aorta30, 34. However, studies with global knockout or inhibition of CCR5 cannot address the role of CCR5 in T cell homing, because CCR5 is broadly expressed.

The present study was designed to investigate mechanisms of T cell homing to atherosclerotic arteries using ex vivo and in vivo adoptive transfer systems analyzed by flow cytometry, confocal immunofluorescence and multiphoton microscopy. In the course of these experiments, we discovered that almost all CCR5+ T cells express FoxP3, T-bet and IFN-γ. Effector T cell (Teff) proliferation assays show that these FoxP3<sup>+</sup> T-bet<sup>+</sup> IFN-γ<sup>+</sup> T cells lack the ability to regulate Teff proliferation. Adoptive transfer of CCR5+ CD4 T cells significantly increases atherosclerosis.

## **METHODS**

An expanded Methods section is available in the online Supplement Material.

#### **In vitro T cell homing assay**

The aortic arch, the thoracic aorta, and part of the abdominal aorta (above the renal arteries) were surgically removed from  $Apoe^{-/-}$  WD mice. All para-aortic lymph nodes and adipose tissue were carefully removed without disturbing the aortic wall itself. Sorted effector (CD4<sup>+</sup>CD25<sup>-</sup>CD44<sup>hi</sup>CD62L<sup>-</sup>) or naïve (CD4<sup>+</sup>CD25<sup>-</sup>CD44<sup>lo</sup>CD62L<sup>+</sup>) T cells from  $Apoe^{-/-}$ WD mice were incubated with the explanted aorta for 12–18 hours in complete RPMI 1640 media containing 10% FBS, penicillin/streptomycin, l-glutamine, NEAA, HEPES, and sodium pyruvate in the presence or absence of CCL5 neutralizing antibody (clone MAB478; R&D), CCR5 neutralizing antibody (clone MC-68 obtained from Dr. Matthias Mack, University Hospital Regensburg, Germany), PTX (List Biological), or IgG control antibody.

#### **In vivo T cell homing assay**

Splenocytes from  $Ccr5^{-/-}Apoe^{-/-}$  WD mice and  $dsRedApoe^{-/-}$  mice were harvested and red blood cells were lyzed (eBioscience). The leukocytes were mixed 1:1 ratio and 60 million cells were injected retro-orbitally into each recipient  $CD45.1Apoe^{-/-}$  WD mice. 24 hrs later, the recipient mice were sacrificed and aorta, paLNs, spleen, blood, inguinal lymph nodes and axillary lymph nodes were harvested. The aortas were digested as described $^{22}$ . Cells were analyzed by flow cytometry. The percentage of each recovered population was normalized to the percentage in the input mix.

## **RESULTS**

## **T cells in the aorta of Apoe−/− western diet (WD) mice express CCR5/**

Aortas from  $Apoe^{-/-}$  mice on WD for 3–5 months were digested as described<sup>21, 22</sup> and prepared for flow cytometry. In all experiments, leukocytes were identified by CD45 expression and dead cells were excluded (Figure 1A). Cells were gated for singlets by forward scatter impulse width and side scatter impulse width (not shown). Because CD4 expressed on T cell surface is lost after the aorta digestion process (Online Figure I), we detected T cells in the aorta by antibodies against TCR $\beta$  and CD8.  $\alpha\beta$  T cells as detected by

staining for TCR $\beta$  (Figure 1B) accounted for 18–40% of all live CD45<sup>+</sup> singlets. We focused on CCR5, because this chemokine receptor was highly and reproducibly induced in aortic αβ T cells of  $Apoe^{-/-}$  mice on WD (Figure 1C), but not in control mice. The appearance of CCR5+ T cells correlated with the duration of WD and peaked at 5 months (Online Figure II). CD8<sup>+</sup> αβ T cells did not express CCR5 (data not shown). αβ T cells in aortas of  $Apoe^{-/-}$ mice on chow diet (CD) or wild-type (WT) C57BL/6 mice expressed low levels of CCR5 (Figure 1C). Interestingly, these cells expressed no CXCR3 (Figure 1D) (positive control in Online Figure III). A subset of about 1–10% of aortic T cells in  $Apoe^{-/-}$  mice on WD, but not on CD, expressed CXCR6 (Figure 1E), which is similar to findings in a previous report<sup>23</sup>. A much larger percentage (43±6 %) of aortic αβ T cells expressed CCR5 (Figure 1C, F). This was significantly higher than the fraction of CCR5-expressing αβ T cells in aortas of wild-type C57BL/6 mice (10±7 %) or in  $Apoe^{-/-}$  mice on CD (7±6%). We found some CCR5+CD4+ T cells in the draining paLNs and the spleen, but this fraction did not increase significantly in  $Apoe^{-/-}$  mice on CD or WD (Online Figure IV).

To assess the localization of CCR5<sup>+</sup> T cells, we stained aortic root sections from  $Apoe^{-/-}$ mice for CCR5 and CD3. As expected, we found many more CCR5<sup>+</sup> than CD3<sup>+</sup> cells (Figure 2A–E). This is consistent with the known expression of CCR5 on myeloid cells. Almost all CD3+ T cells also expressed CCR5 and localized in the atherosclerotic lesions near the lumen (Figure 2E). The negative control for CCR5 is shown in Figure 2F. The main ligand for CCR5 is CCL5 (RANTES)<sup>35</sup>. Immunostaining aortic roots for CCL5 was diffuse as expected (Figure 2G), with some CCL5 deposited on the endothelium (Figure 2H,I,J) as described before36. Isotype control for CCL5 is shown in Figure 2K.

#### **CCR5 and its ligand CCL5 regulate T cell homing to the atherosclerotic aorta**

Since almost half of aortic T cells expressed CCR5 (Figure 1 F), and CCL5 was abundantly found in lesions (Figure 2 G), we reasoned that CCL5 and CCR5 might be involved in homing of antigen-experienced CD4 T cells to atherosclerotic lesions. To test this, we used three assays: T cell infiltration into the explanted aorta, multiphoton microscopy<sup>22</sup>, and competitive homing<sup>37</sup>. Explanted aortas harvested from  $Apoe^{-/-}$  mice were incubated overnight with effector CD4 T cells (CD44+CD25−CD62L−) harvested from Cd45.1 Apoe<sup>-/-</sup> mice (Figure 3A). Among the TCR $\beta$ <sup>+</sup> T cells recovered from each explanted aorta, around 80% ( $\sim$  1,000 cells) were donor-derived, with the balance being CD45.2<sup>+</sup> (hostderived) (Figure 3A, right panel). Pre-treating the T cells with a blocking monoclonal antibody to CCL5 reduced the infiltration by more than 50% (Figure 3A, bar graph). Similar effects were seen with a blocking monoclonal antibody to CCR5. The combined blockade of CCL5 and CCR5 had no additional effect, suggesting that CCL5 acted on CCR5 to attract these cells into the vessel wall. Also, treating the T cells with pertussis toxin (PTX) to block signaling through all Gαi-coupled chemokine receptors had the same effect. These findings suggest that the CCL5-CCR5 pathway is the major receptor-ligand pair driving CD4 T cells into the aortic tissue. Consistent with the finding that not all aortic T cells expressed CCR5, there was residual T cell infiltration into aortas even when CCR5, CCL5, both or all chemokine receptors were blocked, and this background level was similar to that of naïve T cells (CD44<sup>lo</sup>CD62L<sup>+</sup>: Figure 3A, last bar in bar graph).

To directly test whether CCR5 was involved in T cell homing to the aorta in vivo, we adoptively transferred splenocytes from  $Apoe^{-/-}$  Ccr5<sup>-/-</sup> mice mixed 1:1 with splenocytes from  $dsRedApoe^{-/-}$  mice into CD45.1 Apoe<sup>-/-</sup> recipients. Splenocytes from  $Apoe^{-/-}$  $Cor5^{-/-}$  mice contained similar numbers of CD4 and CD8 T cells as  $dsRedApoe^{-/-}$  mice (Online Figure V). When aortas were harvested 24 hours later, digested and analyzed by flow cytometry, we found significantly fewer  $Apoe^{-/-}$  Ccr5<sup>-/-</sup> CD4 T cells than dsRed  $A poe^{-/-}$  CD4 T cells (Figure 3B). In one recipient aorta, no  $A poe^{-/-}$  Ccr5<sup>-/-</sup> CD4 T cells were found, and in the other three recipient aortas, only half as many  $Apoe^{-/-}$  Ccr5<sup>-/-</sup> cells as  $\frac{dsRed\,Apoe^{-/-}}{CD4T}$  cells were found. Only the homing of CD4 T cells to aortas was strongly CCR5-dependent. There was no significant difference in the homing of all leukocytes harvested from  $Apoe^{-/-}$  Ccr5<sup>-/-</sup> cells as compared to  $dsRedApoe^{-/-}$  (Figure 3B). As a negative control, we investigated inguinal lymph nodes (Figure 3B) as well as other lymphoid organs (Online Figure VI) by flow cytometry and found no effect of absence of CCR5 on the homing of CD4 T cells or all leukocytes, as expected. These in vivo data show that CD4 T cells uniquely depend on CCR5 and its ligand CCL5 for their homing to the atherosclerotic aorta.

To obtain a visual representation of the proximity of T cells to antigen-presenting cells, we investigated aortas from  $CD11c$ -YFP Apoe<sup>-/-</sup> mice<sup>22</sup> incubated with labeled effector T cells by multiphoton microscopy (Figure 3C i–iv). We found that untreated T cells infiltrated the explanted aortas and reached the YFP+ antigen presenting cells (Figure 3c ii). This infiltration was abolished by pre-treatment with anti-CCL5 (Figure 3C iv). Taken together, flow cytometry, in vivo competitive homing and ex vivo imaging results all show that CCL5 and its receptor CCR5 are required for CD4 T cell homing to atherosclerotic mouse aortas.

## **Flow cytometry of CCR5+ CD4 T cells in the aorta and paLNs of Apoe−/− WD mice**

Aortas of  $Apoe^{-/-}$  mice<sup>38</sup> and humans<sup>39</sup> are known to contain CD4 T cells and a smaller number of CD8 T cells. Most of these T cells express IFN- $\gamma$ , identifying them as Th1 cells<sup>9</sup>. A smaller subset of CD4 T cells express FoxP3<sup>16</sup>, a transcription factor found in Tregs<sup>40, 41</sup>. When we interrogated  $\alpha\beta$  T cells in aortas from  $Apoe^{-/-}$  mice for expression of CCR5, we found that almost all of the CCR5<sup>+</sup> T cells co-expressed IFN- $\gamma$ , the Th1 transcription factor T-bet and the Treg transcription factor FoxP3 (Figure 4A). These cells were CD44hiCD62L<sup>lo</sup> and did not express CD25 (Figure 4A, right panels). By contrast, the CCR5− T cell population did not contain any IFN-γ<sup>+</sup> FoxP3<sup>+</sup> cells, but did contain a small population of FoxP3+T-bet− T cells (Figure 4A) that were mixed for CD44 and CD62L and some of which expressed CD25 (Figure 4A, right panel). The phenotype of FoxP3<sup>+</sup>CD25<sup>+</sup>IFN-γ<sup>-</sup>T-bet<sup>-</sup> cells in the CCR5− gate is consistent with Tregs. The percentage of CCR5+ T cells shown in Figure 4 is less than that shown in Figure 1 because permeabilization reduced the detectable CCR5 on T cell surface (Online Figure VII).

The abdominal aorta is drained by the paLNs. We reasoned that effector T cells may traffic from the aorta to its draining lymph nodes (and back). Therefore, we tested  $\alpha\beta$  T cells in paLNs for expression of CCR5. Indeed, we found that a subset (about 2.5% of all αβ T cells) expressed CCR5. Among the CCR5<sup>+</sup> T cells, we found both  $FoxP3$ <sup>+</sup> IFN- $\gamma$ <sup>+</sup> and  $FoxP3$ <sup>+</sup> IFN- $\gamma$ <sup>-</sup> cells (Figure 4B). Only the FoxP3<sup>+</sup>IFN- $\gamma$ <sup>+</sup> cells and not the FoxP3<sup>+</sup>IFN- $\gamma$ <sup>-</sup> cells

expressed T-bet (Figure 4B, histograms). FoxP3, T-bet and IFN-γ expression was confirmed by real-time PCR and RNA sequencing (Figure 4 C, D). The  $FoxP3+IFN-\gamma+T-bet^+$  cells were  $CD44<sup>hi</sup>CD62L<sup>lo</sup>$  and did not express CD25, the same phenotype as CCR5+ T cells in the aorta. Among the CCR5<sup>-</sup> αβ T cells in the paLNs, we found a substantial number of FoxP3<sup>+</sup> IFN- $\gamma$ <sup>-</sup> cells that did not express T-bet. These cells were mixed for CD44 and CD62L and some expressed CD25 (Figure 4B, lower row). This is consistent with the phenotype of Tregs. Among the few CCR5<sup>+</sup>  $\alpha\beta$  T cells found in spleens of  $Apoe^{-/-}$  mice on WD, no FoxP3<sup>+</sup>IFN- $\gamma$ <sup>+</sup>T-bet<sup>+</sup> cells were found (Online Figure VIII). In the aortas of *Apoe*<sup>-/-</sup> mice on WD, more than 80% of all CCR5<sup>+</sup> αβ T cells expressed FoxP3 and IFN-γ. This fraction was still more than 15% in paLNs (Figure 4E), but  $FoxP3+IFN-\gamma^+T$  cells were undetectable in the spleen.

Taken together, these data show that the CCR5Teff cells are concentrated in the aorta, with some making their way to the paLNs, but not (at detectable levels) to the spleen. We emphasize that, as in previous studies<sup>42</sup>, we find that the spleen does not reflect the lymphocyte composition of the aorta.

#### **CCR5Teff do not suppress T cell proliferation**

To test the functionality of the newly discovered atherosclerosis-specific T cell subset, we conducted an in vitro Treg assay. As positive controls, we used conventional Tregs sorted from  $FoxP3\text{-}GFP\text{}Apoe^{-/-}$  mice<sup>43, 44</sup> on WD for 5 months (Online Figure IX) or CD4<sup>+</sup>CD25<sup>+</sup> conventional Tregs from  $Apoe^{-/-}$  mice on CD. Tregs from both types of mice effectively suppressed effector T cell proliferation on anti-CD3 already at a 16:1 Teff:Treg ratio and completely suppressed at 4:1 or higher (Figure 5A). However, the CD4+CCR5<sup>+</sup> cells from paLNs were completely unable to suppress Teff proliferation at any ratio, up to 1:1 (Figure 5 A, B). Although CCR5Teff cells did not inhibit T cell proliferation, they did inhibit T cell cytokine secretion (Figure 5C). When cultured at 1:1 or 2:1 ratios to T cells, CCR5Teff cells significantly decreased IFNγ, IL-4, IL-13, IL-6 and IL17A secretion, but not IL-2 or IL-5. At the 2:1 ratio, they also reduced IL-10 and TNF secretion. However, in all cases, the suppressive effect of the CCR5Teffs is less than that of Tregs. The finding that CCR5Teff cannot suppress IL-2 secretion probably explains why CCR5Teff cells are completely unable to suppress Teff proliferation (Figure 5A, B).

#### **Transcriptomic analysis shows that CCR5Teff is similar to Teff**

To analyze genome-wide CCR5Teff cell gene expression, we performed RNA sequencing using sorted CCR5Teff, Treg and Teff from the paLNs from  $Apoe^{-/-}$  mice on WD for more than 5 months. We found only 23 genes that were significantly differentially expressed in CCR5Teff vs. Teff, whereas 780 genes were differentially expressed between CCR5Teff and Treg (Figure 6 and online table). This result confirms the functional result (Figure 5) that CCR5Teff are similar to Teff but not to Treg. The similarity between CCR5Teff and Teff was confirmed by heatmap and PCA analysis (Figure 6 B, C). Although CCR5Teff express FoxP3 as seen by flow cytometry, real-time PCR and confirmed by RNA sequencing, their read counts reflecting FoxP3 mRNA are much lower than in Treg (Figure 4 D). They express more T-bet and IFN- $\gamma$  than Tregs (Figure 4 D). These findings suggest that CCR5Teff are not regulatory and may play a pathogenic role in the pathogenesis of atherosclerosis.

#### **Adoptive transfer**

To test the functionality of the newly discovered CCR5Teff T cell subset in vivo, we adoptively transferred sorted CCR5+CD4+CD25− T cells, Tregs and CCR5− effector T cells isolated from paLNs into  $Ccr5^{-/-}Apoe^{-/-}$  WD mice and quantified aortic plaque area of the recipients 12 weeks after adoptive transfer. The mice that received CCR5Teff showed significantly increased plaque area in the whole aorta and thoracic aorta as that in the mice received CCR5− effector T cells (Figure 7 A, B), and transferred CCR5+ T cells were detected in the aortic roots by immunofluorescence indicated by white arrows (Figure 7 C, D). Flow cytometry analysis of the carotid arteries, blood, paLNs and spleen of the recipient mice showed that CCR5Teff cells preferentially homed to the carotid arteries (Figure 7 E). Cytometric bead array analysis of sorted cells showed that the cytokine production profile of the CCR5Teff T cell subset is more similar to the effector T cells than the Tregs. CCR5Teff cells produce high levels of IFN-γ, TNFα, IL-10 and IL-2, but not IL-5, IL-6, IL-13 or IL-17 upon stimulation (Figure 7 F). IFN- $\gamma$  and TNF are known pro-atherogenic cytokines9, 10, 45, 46. Although M1 macrophage markers like iNOS and CD11c are not increased in the aorta root of mice received CCR5Teff (Online Figure X), high expression of IFN-γ and TNF at mRNA and protein level suggests that the CCR5Teff T cells promote atherosclerosis by secreting these cytokines.

## **DISCUSSION**

Here, we report that CCR5 and its ligand CCL5 is a major chemokine receptor-ligand pair required for CD4 T cell homing to atherosclerotic aortas in  $Apoe^{-/-}$  mice. The CCR5<sup>+</sup> CD4 T cells in the aorta, but not elsewhere, have a striking phenotype in that they express FoxP3, IFN-γ and T-bet, but not CD25. We propose to call this new

CCR5<sup>+</sup>CD4<sup>+</sup>CD44<sup>hi</sup>CD62L<sup>lo</sup>FoxP3<sup>low</sup>T-bet<sup>+</sup>IFN-γ<sup>+</sup>T cell subset CCR5Teff. Although previous studies had shown that blocking CCR5 was protective  $33, 47$ , our data are the first to unequivocally establish CCR5 as the major homing receptor for CD4 T cells into atherosclerotic lesions in  $Apoe^{-/-}$  mice.

A previous study from this laboratory has shown that effector CD4 T cells  $(CD44^{\text{hi}}CD62L^{\text{lo}})$ are present in atherosclerotic, but not control mice<sup>22</sup>. These cells can interact with CD11c<sup>+</sup> antigen presenting cells in the aortic wall in an MHC-II-restricted manner without adding exogenous antigen. Therefore, "atherosclerosis antigens" are present in the diseased, but not the normal aorta and their presentation induces a recall response with production of IFN-γ and TNF22. However, the phenotype of endogenous CD4 T cells was not analyzed beyond CD44 and CD62L in that study. It is likely that the aorta-homing T cells described here are the producers of IFN- $\gamma$  seen in<sup>22</sup>. IFN- $\gamma$  is known to drive atherosclerosis<sup>9, 10, 48</sup>.

FoxP3 is considered the lineage-defining transcription factor for  $Tregs^{40, 49}$ . Recently, subsets of regulatory T cells have been described that express FoxP3 and T-bet (for Th1) or GATA3 (for Th2) or ROR-γt (for Th17) or Bcl6 (for TFH)<sup>50–54</sup>. T-bet<sup>+</sup>FoxP3<sup>+</sup> CD4 cells have been called "Th1-like Treg". Even though Th1-likeTregs can produce IFN-γ, they retain the capacity to regulate effector T cell expansion in the standard in vitro suppression  $assay<sup>51, 54</sup>$ . In the present study, the absence of suppressive activity of CCR5Teff formally rules out the possibility that the CCR5Teff cells found in atherosclerotic aortas and paLNs

are "Th1-like Tregs" as described $54-58$ . This leaves two possibilities: The CCR5Teff cells could be ex-Tregs that have lost (most) FoxP3 expression and the ability to regulate, or they could be effector T cells that transiently express (some) FoxP3.

That FoxP3 is not only expressed in Tregs was discovered by Steven Ziegler's group in 200359. FoxP3 can be expressed in human CD4+CD25− T cells, a population that is not thought to contain Tregs. This was confirmed in another study<sup>60</sup>, suggesting that FoxP3 is not a sufficient marker to identify Tregs in humans. Several later studies confirmed this. However, there is no published evidence that FoxP3 can be expressed in Teff cells in mice. In a lethal model of oral infection with toxoplasma gondii, a collapse of Treg numbers and increased expression of IFN- $\gamma$  by former Tregs was described<sup>51</sup>. This was accompanied by a reduced number of Tregs. However, we did not observe a change in the number of conventional CD4+CD25+FoxP3+ Tregs in our atherosclerosis model. Instead, we saw the emergence of a new subset of T cells that are CD4<sup>+</sup>CCR5<sup>+</sup>T-bet<sup>+</sup>IFN-γ<sup>+</sup>FoxP3<sup>low</sup>CD25<sup>-</sup> and cannot regulate Teff proliferation but exacerbate atherosclerosis. The gene expression profile of these CCR5Teff cells is similar to that expressed in Teff. Flavell's group observed lower levels of FoxP3 in tissue-resident pancreatic Tregs of diabetic mice compared to normal mice<sup>61</sup>. This phenotype is reminiscent of the lower level of FoxP3 observed here in CCR5+ CD4 T cells compared to Tregs.

 $Ccr5^{-/-}Apoe^{-/-}$  mice have been reported to develop reduced atherosclerosis<sup>26, 32</sup>. This finding was attributed to reduced monocyte recruitment, but our data suggest that there is likely a contribution of the absence of CCR5Teff cells. Other studies have shown that blocking CCR5<sup>27</sup> or its ligand CCL5 by gene targeting or by peptide inhibitors<sup>30</sup> is atheroprotective. Again, in these studies the protective effect cannot be attributed to reduced T cell homing because recruitment of inflammatory monocytes is also reduced<sup>28, 29</sup>. Here, we show that half of the CD4 T cells homing into the atherosclerotic aorta require CCR5. In a previous study, we have shown that another, smaller subset uses CXCR6 for homing to the aorta23. Together, these two chemokine-receptor systems, CCR5-CCL5 and CXCR6- CXCL16, explain most T cell homing to atherosclerotic aortas in mice.

The CCR5Teff promote atherosclerosis by secreting TNF and IFN-γ, both known proatherogenic cytokines<sup>91045, 46</sup>. IFN- $\gamma$  activates macrophages<sup>62</sup>, inducing and reinforcing the M1 phenotype<sup>63</sup>) that is known to drive atherosclerosis<sup>6465</sup>. The role of TNF in atherosclerosis is less clear, but blocking TNF has been reported to limit atherosclerosis in mice45, 46. We have previously shown that TNF is produced when antigen-experienced CD4 T cells are incubated with explanted atherosclerotic aortas<sup>22</sup>. Taken together, the CCR5Teff cells appear to be a very significant source of pro-atherogenic cytokines.

We conclude that CCR5 fulfills a non-redundant, essential role for the homing of CD4 T cells to the atherosclerotic aortic wall where they exacerbate atherosclerosis. This identifies CCR5 and its ligand CCL5 as the most important homing receptor-ligand pair for T cells in atherosclerosis. Almost all CCR5<sup>+</sup> T cells are CD4<sup>+</sup>CD44<sup>hi</sup>CD62L<sup>-</sup>FoxP3<sup>low</sup>IFNγ<sup>+</sup>Tbet<sup>+</sup>CD25<sup>−</sup> and thus represent an atherosclerosis-specific subset of T cells that has not been described before in atherosclerosis or in other diseases. Interestingly, these CCR5Teff cells

home to and are highly enriched in the atherosclerotic aorta, suggesting they are a local pool of memory T cells.

## **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

## **Acknowledgments**

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## **Nonstandard Abbreviations and Acronyms**



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#### **Novelty and Significance**

#### **What Is Known?**

- **•** T cell is the second large leukocyte population after macrophage in atherosclerotic plaques.
- **•** Th1 cells are abundant and pathogenic in atherosclerosis.

#### **What New Information Does This Article Contribute?**

- A novel CCR5<sup>+</sup>CD4<sup>+</sup>CD44<sup>hi</sup>CD62L<sup>lo</sup>FoxP3<sup>+</sup>T-bet<sup>+</sup>IFN- $\gamma$ <sup>+</sup> subset was found in aortas of  $Apoe^{-/-}$  mice.
- These cells are found exclusively in the aorta and the draining lymph nodes.
- **•** CCR5 and its ligand CCL5 regulate T cell homing to the atherosclerotic aorta.
- **•** These cells exacerbate atherosclerosis and are more similar to effector T cells than to Tregs

CD4 T cells are found in atherosclerotic lesions, but their homing mechanism was unknown. Here, we show that the chemokine receptor CCR5 and its ligand CCL5 are necessary. Many of the CD4 T cells in the aorta of atherosclerotic mice show a unique co-expression of the transcription factors FoxP3 (Treg) and T-bet (Th1). Although these cells retain some regulatory function (reduce cytokine secretion by effector T cells), their net effect is pro-atherogenic.



**Figure 1. CCR5 and CXCR6 expression on aortic T cells is increased in** *Apoe***−/− mice on WD** Aortas from  $Apoe^{-/-}$  on WD (n=8) or CD (n=4) mice and C56BL/6 WT mice (n=4) were digested and analyzed by multi-color flow cytometry. A, Cells gated on live CD45+ and B, on CD4 T cells (TCRβ <sup>+</sup>CD8−). C, CCR5 D, CXCR3 and E, CXCR6 on aortic CD4 T cells of Apoe−/− mice on WD (red) or CD (green) or WT mice (dotted black); isotype controls in grey. F, Mean±SD of CCR5, CXCR3 and CXCR6 expression on CD4 T cells. \* p<0.05 by ttest.



**Figure 2. Localization of CCR5+ T cells and CCL5 in the aorta root of** *Apoe***−/− mice on WD** Fresh frozen aortic root sections from  $Apoe^{-/-}$  WD mice were fixed and stained with fluorescently labeled antibodies to **A**, CCR5 (green), **B**, CD3 (red), **C**, nuclei (blue), **D,**  merge. **E**, Colocolization between CCR5 and CD3 was analyzed by creating a mask of CD3 and apply it to CCR5 (image J). **F**, CCR5 and nuclei staining on aorta root sections from  $CCR5^{-/-}Apoe^{-/-}$  mice. G, CCL5 (red), H, CD31 (green), I, nuclei (blue) and J, merge. K, CCL5 and nuclei staining on aorta root sections from  $\text{CCL5}^{-/-}$  mice.



**Figure 3. Neutralizing CCL5 or CCR5 inhibits T cell infiltration into the** *Apoe***−/− aorta** A, Effector T cells (CD4+CD25−CD44hiCD62L−) or naïve CD4 T cells

 $(CD4+CD25-CD44^{10}CD62L^+)$  from spleens of  $Cd45.1Apoe^{-/-}$  WD mice were incubated with aortas from  $Cd45.2Apoe^{-/-}$  WD mice with media alone, anti-CCL5 (1ug/ml), anti-CCR5 (10ug/ml), IgG control antibody (10ug/ml) or pertussis toxin (PTX, 300ng/ml) over night. CD45.1+ T cells infiltrating into aorta and left in the supernatant were quantified by flow cytometry (right panels). n=5 in each group. Bar graph: mean $\pm$ SE. \*p<0.05 vs media, # p<0.05 vs IgG. t-test. B, Impaired CCR5 deficient T cells homing to the  $Apoe^{-/-}$  aorta.

 $6\times10^7$  splenocytes from *dsRedApoe<sup>-/-</sup>* mice and *Ccr5<sup>-/-</sup>Apoe<sup>-/-</sup>* mice were transferred at 1:1 ratio to CD45.1Apoe<sup>-/-</sup> WD mice by retro-orbital injection. 24 hrs later, cells from the aorta and inguinal LNs (Ing) of the recipients were analyzed by flow cytometry. The percentage of transferred  $TCR\beta+CDA^+T$  cells and all CD45.2 leukocytes was normalized by its percentage in the input. Data shown is the ratio of  $Ccr5^{-/-}Apoe^{-/-}$  vs.  $dsRedApoe^{-/-}$ cells.  $*$   $p<0.05$ , n=5, t-test. C, Two photon imaging of isolated aorta co-cultured with effector T cells. Effector T cells from  $Apoe^{-/-}$  WD mice were labeled with SNARF and then incubated with aorta from  $CD11c$ -YFP Apoe<sup>-/-</sup> WD mice without (i and ii) or with (iii and iv) anti-CCL5. Maximum intensity projection along z axis (top view) (i and iii) and axis (side view) (ii and iv) through the image stacks from the adventitia of aorta are shown.





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**Figure 4. CCR5+ T cells express FoxP3, IFN-**γ **and T-bet (CCR5Teff). T cells from A, aorta and B, paLNs of** *Apoe***−/− mice on WD for > 5 months were analyzed by multi-color flow cytometry** Cells were gated on live  $CD45^+$  singlets  $TCR\beta^+$ . Gates are set based on FMO and isotype controls. One representative experiment is shown. C, CD4+CCR5+CD25− (CCR5+, enriched CCR5Teff) and CD4<sup>+</sup>CCR5<sup>-</sup> (CCR5−) T cells were sorted from the paLNs of  $Apoe^{-/-}$  mice on WD. mRNA was extracted and gene expression was analyzed for T-bet, FoxP3 and IFN-γ by rear-time PCR. \* $p \le 0.05$ , n=5, T-test. D, CD4<sup>+</sup>CCR5<sup>+</sup>CD25<sup>-</sup> (CCR5+) and CD4<sup>+</sup>CD25<sup>+</sup>CCR5<sup>-</sup> (Treg) were sorted from paLNs of  $Apoe^{-/-}$  mice on WD >5months. mRNA were extracted for next-generation sequencing. Normalized read count of T-bet,

FoxP3, and IFN-γ were shown. \*  $p$ <0.05, T-test. E, Percentage of Foxp3<sup>+</sup>IFN-γ<sup>+</sup> cells among CCR5<sup>+</sup> and CCR5<sup>-</sup> T cells, mean  $\pm$  SEM, \*p<0.05 by 2 way ANOVA, n=5 in aorta, n=4 in paLNs and spleen.



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**Figure 5. CCR5Teff cells do not suppress T cell proliferation but reduce T cell cytokine secretion** A, Splenic CellTrace Violet labeled CD4<sup>+</sup>CD25<sup>-</sup> T cells (1×10<sup>4</sup> per well) isolated from Apoe<sup>-/-</sup> CD mice were cultured with anti-CD3 mAb in the presence of  $5\times10^4$  irradiated Tdepleted splenic APCs and decreasing numbers of CD4+CCR5+ cells (top row) or CD4<sup>+</sup>CCR5<sup>−</sup>GFP<sup>+</sup> conventional Tregs sorted from paLNs of *FoxP3GFPApoe<sup>-/–</sup>* WD>5mth mice (middle row) or from  $Apoe^{-/-}CD$  mice (bottom row). After 4 days of culture, proliferation was measured by CellTrace Violet signal using flow cytometry. B, Mean±SD of suppression of proliferation (n=3 experiments).\*  $p \times 0.05$  by t-test. C. Cytokine secretion from CD4<sup>+</sup>CD25<sup>-</sup> T cells ( $1\times10^4$  per well) cultured with CCR5Teff or conventional Treg sorted from WD mice were measured by cytometric bead array. n=5. Mean±SD.  $*$   $p<0.05$ vs. T cells alone, t-test.

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#### **Figure 6. CCR5Teff cells are similar to effector T cells but not Tregs** CCR5Teff (CD4+CCR5+CD25−), Tregs (CD4+CD25+) and Teff

 $(CD4+CD25-CCR5-CD44<sup>hi</sup>CD62L<sup>lo</sup>)$  were sorted from the paLNs from  $Apoe^{-/-}$  mice on WD for  $>5$  months. RNA was extracted from the three populations, amplified, reverse transcribed and subjected to next generation sequencing (Illumina). **A**, The MA-plot shows the log fold changes as a function of the mean of normalized read counts. Genes with an adjusted p-value below 0.05 are shown in red. Venn diagram represents a summary of differentially expressed genes in the three contrasts as indicated. **B**, Principal component analysis of normalized read counts  $(n=14,839)$  shows the relatedness of samples. The first three principal components accounted for more than 70% of the total variance. **C**, Unsupervised clustering of the 1,479 differentially expressed genes also separates CCR5 Teff, Teff and Treg from all samples. The colors of the heatmap represent normalized gene counts (red as high).



#### **Figure 7. Adoptive transfer CD4+CCR5+CD25− T cells increases atherosclerosis**

A, Sudan IV stained aortas (whole aorta and thoracic aorta) from  $Ccr5^{-/-}Apoe^{-/-}$  mice that received 2×10<sup>5</sup> enriched CCR5Teff, Treg or Teff isolated from paLNs of *Cd45.1Apoe<sup>-/-</sup>* mice on WD for 5 month or saline (control) i.v. 12 weeks before analysis. B, Quantification of plaque area as % of aortic surface.  $n=5$ , \*  $p<0.05$ , t-test. C and D, IHC of aorta root sections of the recipients that received CCR5Teff (C) or saline (D) stained with CCR5 (green) and CD3 (green). The CCR5+CD3+ T cells were indicated by arrows. E, Flow cytometry analysis of the carotid arteries, blood, paLNs and spleen of the  $Ccr5^{-/-}Apoe^{-/-}$ 

recipient mice that received  $2\times10^5$  CCR5Teff or saline. The CD45.1<sup>+</sup> TCR $\beta$ <sup>+</sup> donor T cells were gated from live CD45<sup>+</sup> singlets  $TCR\beta^+$ . Percent CD45.1<sup>+</sup> among all  $TCR\beta^+$  cells indicated above gate. n=5, Mean $\pm$ SE, t-test, \*p<0.05. F, CCR5Teff (CCR5<sup>+</sup>), conventional Tregs (Treg) and effector T cells (Teff) were sorted directly into PMA /ionomycin (8,000 to 25,000 cells/well) and cytokine secretion was measured by cytometric bead array and expressed as ng/ml per million cells. n=4, Mean±SE, t-test,  $*p<0.05$  CCR5+ vs. Treg, #  $p$ <0.05 Teff vs. Treg.