

# Methotrexate does not affect ovarian reserve or subsequent assisted reproductive technology outcomes

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## Abstract

**Purpose** The purpose of this research was to study whether methotrexate (MTX) as treatment for ectopic pregnancy (EP) impacts the future fertility of women undergoing assisted reproductive technology (ART)

**Methods** In a systematic review and multi-center retrospective cohort from four academic and private fertility centers, 214 women underwent an ART cycle before and after receiving MTX as treatment for an EP. Measures of ovarian reserve and responsiveness and rates of clinical pregnancy (CP) and live birth (LB) were compared in the ART cycles prior and subsequent to MTX.

**Results** Seven studies were identified in the systematic review, and primary data from four institutions was included in the final analysis. Women were significantly older in post-MTX cycles (35.3 vs 34.7 years). There

were no differences in follicle stimulating hormone, antral follicle count, duration of stimulation, oocytes retrieved, or fertilization rate between pre- and post-MTX cycles. However, post-MTX cycles received a significantly higher total dose of gonadotropins (4206 vs 3961 IU). Overall, 42 % of women achieved a CP and 35 % achieved a LB in the post-MTX ART cycle, which is similar to national statistics. Although no factors were identified that were predictive of LB in young women, the number of oocytes retrieved in the previous ART cycle and current AFC were predictive of LB (AUC 0.76, 0.75) for the older women.

**Conclusions** MTX does not influence ovarian reserve, response to gonadotropin stimulation, and CP or LB rate after ART. MTX remains a safe and effective treatment option for women with asymptomatic EPs.

**Capsule** As treatment for an ectopic pregnancy, methotrexate does not affect ovarian reserve, response to gonadotropin stimulation, clinical pregnancy, or live birth rates in subsequent assisted reproductive technology cycles.

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**Keywords** Methotrexate · Ectopic pregnancy · Ovarian reserve · In vitro fertilization · Pregnancy rate

## Introduction

Ectopic pregnancy is a significant cause of maternal morbidity and mortality and accounts for 1.5–2 % of all pregnancies [1–3]. Methotrexate (MTX) therapy has emerged as a safe, effective alternative to surgical management of an asymptomatic ectopic pregnancy [4–6]. As a folic acid antagonist and inhibitor of DNA synthesis, MTX functions by targeting actively proliferating cells, and in the case of an ectopic pregnancy, impedes further growth of the fetal cells. However, the impact of MTX on other dividing cells, such as oocytes and granulosa cells, is unclear [7].

During in vitro fertilization (IVF), gonadotropin stimulation of the ovary may amplify metabolically active follicles. Additionally, blood flow to the ovary is increased, thereby theoretically delivering increased quantity of MTX to the ovary and causing direct damage to oocytes and granulosa cells [8]. While data exists on the maintenance of tubal patency, resumption of menses, and clinical pregnancy rates, few studies have evaluated the effects of MTX on ovarian reserve and the effectiveness of future assisted reproductive technology (ART) [9–11]. There is no data available to specifically counsel women with diminished ovarian reserve, who may be at increased risk for the effects of MTX, nor is there information regarding the effects of multiple doses of MTX.

The objective of this study was to compare ovarian reserve parameters, IVF stimulation characteristics, and clinical outcomes in the IVF cycle before and after MTX administration for treatment of an ectopic pregnancy.

## Materials and methods

The conduct and reporting of this systematic review closely adhered to guidelines of the preferred reporting items for systematic review (PRISMA) guidelines [12].

### Search strategy

Our clinical librarian (SF), trained in systematic reviews, created search strategies for the concepts of MTX and ovarian responsiveness using a combination of standardized terms and keywords harvested from indices, dictionaries, and on-topic articles. To exclude animals, the Human filter for PubMed recommended in *Cochrane Handbook for Systematic Reviews of Interventions* was used as a model to create filters for the other databases searched [13]. The search strategies were launched in PubMed 1946–, Embase 1947–, Scopus 1823–, Cochrane Central Register of Controlled Trials

(CENTRAL), and ClinicalTrials.gov. Searches were limited to English using database supplied limits. Searches were completed in August 2013. The full strategies for PubMed and Embase are available in the [Appendix](#). All results were exported to EndNote. The automatic duplicate finder was applied, and duplicates were assumed to be accurately identified and removed. The reference list was reviewed and relevant articles were evaluated. Reference lists in the included articles were manually screened for additional, potential publications.

### Study selection criteria

Studies that compared ovarian reserve parameters and IVF stimulation characteristics before and after the IVF cycle that resulted in pregnancy were considered. Only original research published in English was included. Study design was not limited.

### Study selection and data collection

The results of the systematic search were thoroughly reviewed independently by two authors (CEB and ESJ). Corresponding authors were then contacted and primary data requested. De-identified patient-level data was collected from compliant authors.

Primary data from Washington University's IVF program was also analyzed for inclusion. All subjects whose IVF cycle resulted in an ectopic pregnancy were treated with MTX and then underwent a subsequent IVF cycle between January 2001 and August 2013 which were included in the analysis. Details of the IVF cycles that resulted in ectopic pregnancy were extracted from the institution's SART database. Patient characteristics including age, BMI, and race were recorded. Ovarian reserve parameters, specifically antral follicle count (AFC), follicle-stimulating hormone (FSH), and anti-Müllerian hormone (AMH), were collected. IVF characteristics, such as IVF indication, stimulation protocol, total dose of gonadotropins, duration of stimulation in days, peak estradiol level, number of oocytes retrieved, fertilization rate, number of embryos transferred, number of embryos cryopreserved, and pregnancy outcomes, were also abstracted. Number of doses of MTX, the need for surgical management of the ectopic pregnancy, and time between MTX and the subsequent IVF cycle were also described. The primary outcome was number of oocytes retrieved.

### Ethical approval

Authors from each institution obtained ethical approval from their Institutional Review Board. In addition, IRB approval was obtained from Washington University prior to the chart review and data extraction.

## Statistical methods

The primary data from contributing authors, including Washington University, were pooled and analyzed as a retrospective cohort study. SPSS (Version 22.0, IBM Corp. in Armonk, NY) was utilized for statistical analysis. Standard bivariate statistics were applied for the entire cohort and for women stratified by age (<35 years, 38, and older) to identify relevant predictors. Parametric and non-parametric testing was used as appropriate (paired *t* test, Wilcoxon signed rank test, Mann–Whitney *U* test, and chi square analysis). Receiver operator characteristic (ROC) curves were used to determine the strength of identified predictors (reported as area under the curve (AUC)). A post hoc power analysis was performed using G\*Power (Version 3.1.9.2; 2009) to detect a two-tailed difference with 80 % power and 5 % alpha.

## Results

### Systematic review

As shown in Fig. 1, the systematic review produced 716 studies. One additional study was included during review of the literature as it was published after the initial systematic search. Seven hundred seven articles were excluded because they did contain primary data comparing IVF cycles before and after receiving MTX for an ectopic pregnancy. The remaining ten articles were then closely reviewed. Two studies by the same author were published as abstracts only and were therefore excluded [14]. One additional study was excluded because none of the patients were undergoing ART [15]. Seven studies met all the inclusion criteria [16–22]. As shown in Table 1, five of the studies were retrospective cohort analyses and two were prospective observational studies [19, 20]. All of the studies used a paired analysis of IVF cycles before and after MTX, but two studies also compared to a control group of patients who underwent salpingectomy [17, 22]. The majority of these studies are limited by their retrospective nature and sample size. Only two studies included more than 50 subjects [16, 17].

### Multi-center retrospective cohort

Corresponding authors of these seven studies were contacted and primary data requested. Three corresponding authors responded, and their patient-level data was utilized [16–18]. Complete data was available for 214 subjects (Hill, *n* = 117; McLaren, *n* = 23; Boots, *n* = 66, Washington University, *n* = 8). Four authors did not provide patient-level data; therefore, the 75 subjects among these four studies were not included in retrospective cohort analysis (Oriol *n* = 14, Orvieto *n* = 14, Provansal *n* = 11, Wisner *n* = 36). Of the four centers that provided primary data (including our own), three used the

single-dose MTX protocol; one center did not comment on protocol type. As shown in Table 1, the individual studies have similar mean ages, time between cycles (or time since MTX), and number of oocytes retrieved post-MTX suggesting their little heterogeneity among them.

Table 2 describes the baseline characteristics of the pooled cohort. The mean age of subjects at the start of the pre-MTX IVF cycle was  $34.7 \pm 4.7$  years. Women were slightly, but significantly, older in post-MTX cycles than in pre-MTX cycles,  $35.3 \pm 4.1$  years. When comparing markers of ovarian reserve, there were no differences in FSH or AFC. AMH was not measured in any of the included studies.

Among the 214 women, 119 (55.6 %) women received a single dose of MTX, while 79 (36.9 %) received two doses, and only 16 (7.5 %) women received three doses of MTX. The median time between the first day of stimulation in the pre- and post-MTX IVF cycles was 161 days, ranging from 81 to 737 days.

In Table 3, the cohort is stratified by features considered to be at high risk for the theoretical effects of MTX on ovarian reserve including the following: advanced age, low AFC, few oocytes retrieved during the initial IVF cycle, multiple doses of MTX, and a short interval between MTX and the subsequent IVF cycle. The pre- and post-MTX IVF cycles of women 38 years of age and older were compared to the cycles of younger women. Both older and younger women received a statistically increased total dose of gonadotropins in the post-MTX cycle. Similarly, when comparing the cycles of women who received two or more doses of MTX to those who received only one dose, a statistically higher total dose of gonadotropins was administered in all the post-MTX cycles as compared to pre-MTX cycles. There were no differences in duration of stimulation, peak estradiol levels, number of oocytes retrieved, fertilization rate, or number of embryos transferred in any of the high-risk categories. Almost every category had more embryos to cryopreserve in the cycle after MTX.

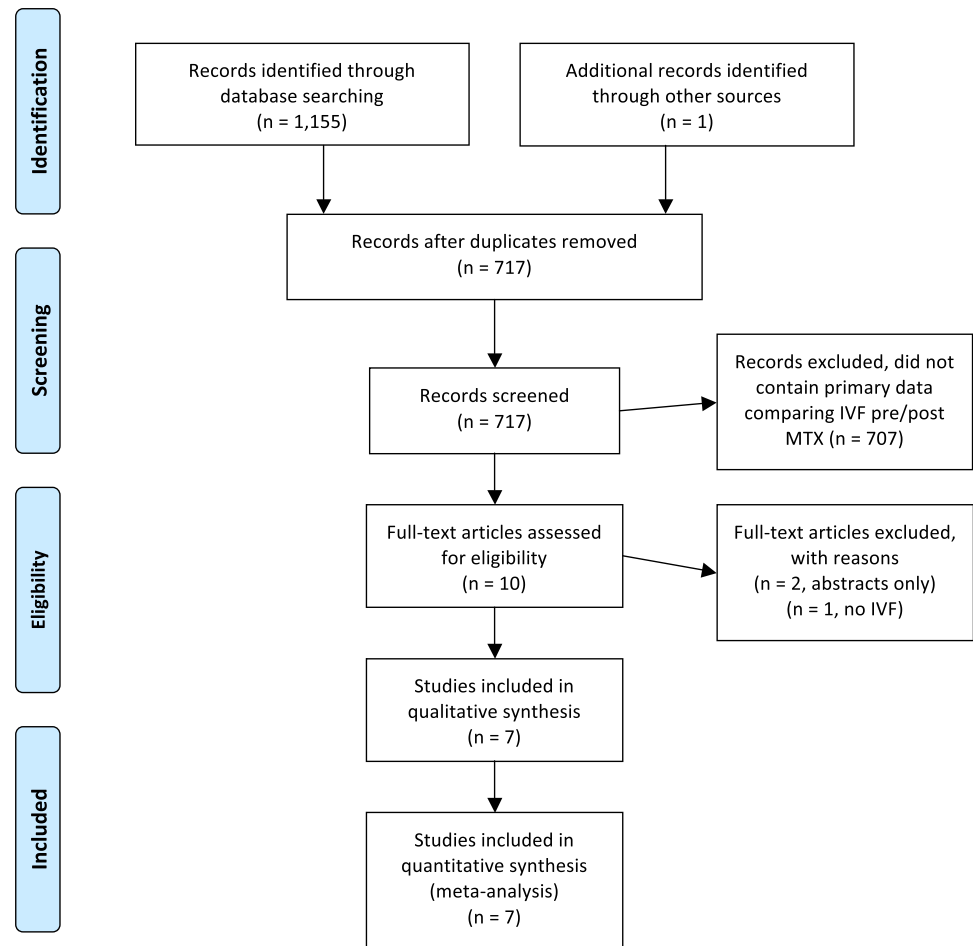
Information regarding clinical outcomes was available for 214 women (Table 2). Nineteen women did not undergo embryo transfer. At least four women delayed transfer due to planned comprehensive chromosome screening with embryo vitrification. Three women had failed fertilization, one elected to freeze embryos and transfer at a later date for personal reasons, and one transfer was cancelled for ovarian hyperstimulation syndrome. Reasoning for the decision not to proceed with transfer was not available in the remaining ten subjects. Of note, four of these women had at least one embryo cryopreserved.

Forty-two percent (82/195) of women who had at least one embryo transferred achieved a clinical pregnancy (CP) in the post-MTX ART cycle. This is similar to national data published by the Society of Assisted Reproductive Technology demonstrating a pregnancy rate per transfer of 53 % in women less than 35 years of age and 37 % in women 38–40 years [23]. Six (3.1 %) women had another ectopic pregnancy. Live birth (LB)

**Fig. 1** PRISMA four-phase flow diagram of search yield, screening and inclusion steps



### PRISMA 2009 Flow Diagram



data was available for 138 women. Of these women, 34.8 % achieved a live birth. The probability of LB in women younger than 35 years of age (42.6 %) was again comparable to SART reports (46 %). No factors were identified that were predictive of CP or LB for these women. The probability of LB was lower in

women 38 years of age and older (29.3 %), but not different from age-matched national reports (27.3 %). To assess cycle characteristics' predictive value of LB in women 38 years of age and older, an ROC analysis was performed. As illustrated in Fig. 2, numbers of oocytes retrieved and AFC served as reasonable

**Table 1** Systematic review

Study	Location	Study period	Design	Sample size	MTX protocol	Mean age	Mean time since MTX or time between cycles	Oocytes retrieved post-MTX
Boots, et al. 2013	Illinois, USA	2007–2011	Retrospective cohort	66	Single-dose (50 mg/m <sup>2</sup> ) <sup>a</sup>	34.6	187	13.7
Hill, et al. 2014	Maryland, USA	2004–2010	Retrospective cohort	153	Not stated <sup>a</sup>	34.3	158	14
McLaren, et al. 2009	California, USA	1999–2005	Retrospective cohort	30	Single-dose (50 mg/m <sup>2</sup> )	36.9	Not stated	10.8
Oriol, et al. 2008	Spain	2005–2006	Prospective cohort	14	Single-dose (1 mg/kg)	33	226	10.5
Orvieto, et al. 2007	Israel	NA	Prospective cohort	14	Single-dose	34	171	10
Provansal, et al. 2009	France	2000–2007	Retrospective cohort	11	Single-dose (1 mg/kg)	32	180	5
Wiser, et al. 2013	Israel	2005–2012	Retrospective cohort	36	Not stated	33.8	222	9.5

<sup>a</sup> Analyzed effect of multiple doses

**Table 2** Significant predictors of live birth in women 38 years of age and older

Demographics	Pre-MTX (n = 214)	Post-MTX (n = 214)	P value
Age (years)	34.7 ± 4.2	35.3 ± 4.1	<0.01
BMI (kg/m <sup>2</sup> )	25.7 ± 5.6	25.8 ± 5.6	<0.01
FSH (IU/L)	7.0 ± 2.9	7.1 ± 3.0	NS
AFC	13.8 ± 7.8	13.9 ± 7.2	NS
<i>IVF cycle characteristics</i>			
Duration of stimulation (days)	11.9 ± 2.9	11.9 ± 3.3	NS
Total dose of gonadotropins (IU)	3961 ± 1786	4206 ± 1825	<0.01
Peak E2 (pg/mL)	2345 ± 1108	2334 ± 1103	NS
Endometrial thickness (cm)	10.2 ± 2.2	10.3 ± 2.5	NS
Number of oocytes	12.7 ± 6.1	12.8 ± 6.3	NS
Fertilization rate	70 ± 21 %	71 ± 22 %	NS
Number of embryos transferred	2.4 ± 0.8	2.4 ± 1.1	NS
Number of embryos cryopreserved	0.55 ± 0.25	1.05 ± 1.91	<0.01
<i>IVF outcomes</i>			
Clinical pregnancy	–	42.1 % (82/195)	
Ectopic pregnancy	100 % (214/214)	3.1 % (6/195)	
Pregnancy loss	–	14.3 % (28/195)	
Live birth	–	34.8 % (48/138)	
<i>Number of MTX doses</i>	1.52 ± 0.63 (1–3)		
<i>Time between cycles (days)</i>	161 (81–737) <sup>a</sup>		

Mean ± SD

<sup>a</sup> Median (range)

predictors of live birth. For example, 10 oocytes retrieved in the previous ART cycle predicted LB with 83 % sensitivity and 55 % specificity whereas 13 oocytes predicted live birth with 67 % sensitivity and 86 % sensitivity (AUC 0.76). Current AFC of 11 predicted LB in these older women with 80 % sensitivity and 52 % specificity, and AFC of 13 predicted LB with 60 % sensitivity and 81 % specificity (AUC 0.75).

When comparing ovarian reserve and response characteristics in women who did and did not achieve a LB in the post-MTX, there were few differences noted (Table 4). Women with a successful LB were younger, required a lower total dose of gonadotropins, and had significantly more oocytes retrieved in the cycle that resulted in LB. There were no other differences between the two cohorts, including no difference in the number of doses of MTX received or in the time interval between cycles.

### Discussion

Ectopic pregnancy is an undesired yet common outcome after ART therapy. Treatment options include expectant management, surgical intervention, and medical management with MTX [24]. Limited published evidence exists on the impact of MTX on future ART success to help guide in their decision making. In this large multi-center study, MTX appears to remain a safe and effective treatment option for women with

asymptomatic ectopic pregnancies. MTX does not influence ovarian reserve, response to gonadotropin stimulation, CP, or live birth rate after IVF. With a median time of less than 6 months between cycles, there were no differences in AFC, FSH, duration of stimulation, maximum estradiol levels, fertilization rate, or number of embryos transferred. With adequate power, there was also no difference in the primary outcome of the number of oocytes retrieved. This conclusion was illustrated in the analysis of all the data as well as in stratified analyses.

The only consistently different parameter was an increased dose of total gonadotropins in the post-MTX cycle. Analysis of all the data as well as analysis of the stratified data demonstrated this finding. It is important to note that similar to women with high-risk features, women considered low risk for the effects of MTX (<38 years old, AFC ≥ 10, >5 oocytes retrieved, only one MTX dose, and ≥180 days between cycles) also received higher doses of medication in the second cycle. Women may be requiring higher doses due to the impact of MTX on their ovarian reserve, but without a non-paired control group, we cannot eliminate an effect of MTX. However, the most likely explanation for the subtle increase in dosage is a combination of the passage of time and physicians' natural tendency to increase dosage in subsequent cycles.

Women were significantly older in the post-MTX cycle, though the mean age at the post-MTX cycle was relatively young (35.3 years) with a mean difference of only 0.6 years.

**Table 3** Stratification by high-risk features

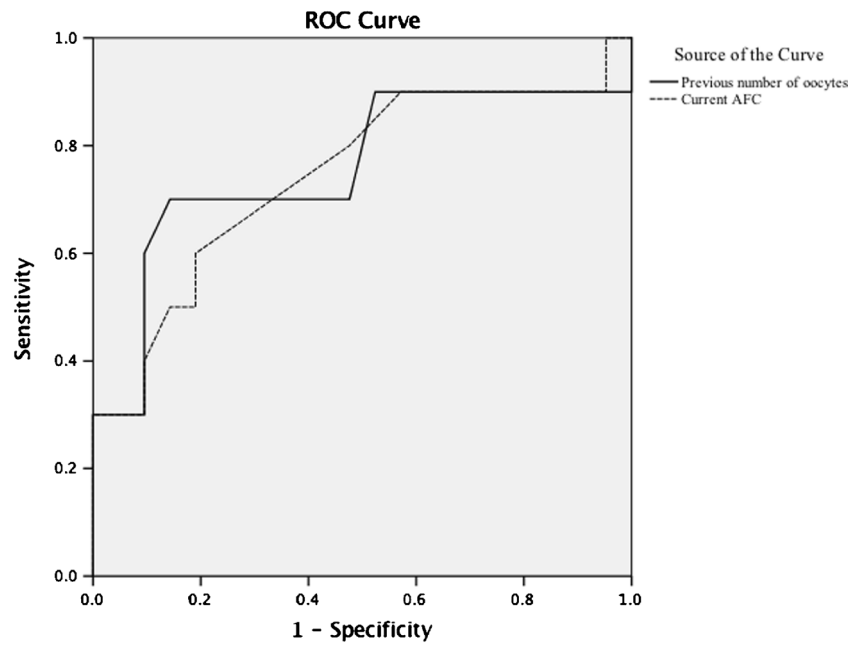
High-risk feature	Duration of stimulation (days)		Total dose of gonadotropins (IU)		Peak E2 (pg/mL)		Number of oocytes		Fertilization rate		Embryos transferred		Embryos Cryopreserved		
	N (%)	Pre-MTX	Post-MTX	Pre-MTX	Post-MTX	Pre-MTX	Post-MTX	Pre-MTX	Post-MTX	Pre-MTX	Post-MTX	Pre-MTX	Post-MTX	Pre-MTX	Post-MTX
<i>Advanced age</i>															
≥38 years	61	11.9 ± 3.1	12.4 ± 3.2	4745 ± 1681	<b>*5111 ± 1736</b>	2230 ± 1145	2155 ± 1138	11.5 ± 5.7	10.8 ± 6.1	73 % ± 19 %	73 % ± 20 %	2.8 ± 0.83	2.8 ± 1.3	0.44 ± 1.1	0.58 ± 1.3
<38 years	153	11.9 ± 2.9	11.8 ± 3.3	3648 ± 1734	<b>*3845 ± 1738</b>	2387 ± 1096	2398 ± 1088	13.2 ± 6.2	13.6 ± 6.3	69 % ± 22 %	70 % ± 22 %	2.2 ± 0.8	2.3 ± 1.0	0.60 ± 1.3	<b>*1.2 ± 2.1</b>
<i>Low AFC</i>															
<10	61	11.8 ± 2.8	11.7 ± 2.7	4532 ± 1867	4778 ± 1773	2092 ± 1004	2059 ± 912	11.0 ± 5.6	11.1 ± 5.9	71 % ± 20 %	70 % ± 23 %	2.4 ± 0.79	2.4 ± 1.1	0.27 ± 0.63	<b>*0.62 ± 1.2</b>
≥10	129	11.9 ± 3.0	12.0 ± 3.5	3519 ± 1671	<b>*3780 ± 1795</b>	2468 ± 1142	2456 ± 1167	14.0 ± 6.2	14.5 ± 6.2	69 % ± 22 %	71 % ± 21 %	2.3 ± 0.82	2.3 ± 1.1	0.62 ± 1.4	<b>*1.3 ± 2.1</b>
<i>Few oocytes retrieved</i>															
≤5	21	11.3 ± 1.9	11.4 ± 2.8	4917 ± 1680	5027 ± 1516	1757 ± 1419	1577 ± 748	3.9 ± 1.1	<b>*7.6 ± 5.4</b>	82 % ± 21 %	78 % ± 25 %	2.4 ± 0.61	2.3 ± 0.89	0 ± 0	<b>*0.95 ± 1.8</b>
>5	193	11.9 ± 3.0	12.0 ± 3.3	3857 ± 1770	<b>*4117 ± 1837</b>	2408 ± 1056	2414 ± 1106	13.7 ± 5.6	13.4 ± 6.2	69 % ± 21 %	70 % ± 21 %	2.4 ± 0.87	2.4 ± 1.2	0.61 ± 1.3	<b>*1.1 ± 1.9</b>
<i>No. of MTX doses</i>															
≥2	95	11.8 ± 2.5	12.0 ± 3.4	3891 ± 1805	<b>*4149 ± 1885</b>	2377 ± 1232	2304 ± 1140	12.5 ± 6.5	12.9 ± 6.1	68 % ± 23 %	69 % ± 22 %	2.3 ± 0.86	2.4 ± 1.1	0.46 ± 1.2	<b>*1.0 ± 1.8</b>
<2	119	12.0 ± 3.2	11.9 ± 3.1	4017 ± 1776	<b>*4252 ± 1783</b>	2320 ± 1001	2358 ± 1077	12.9 ± 5.8	12.7 ± 6.6	72 % ± 20 %	72 % ± 22 %	2.4 ± 0.84	2.4 ± 1.1	0.63 ± 1.3	<b>*1.1 ± 2.0</b>
<i>Time between cycles</i>															
<180 days	128	11.8 ± 2.6	11.7 ± 2.7	4112 ± 1798	4336 ± 1787	2158 ± 1058	2249 ± 1160	12.4 ± 6.2	12.8 ± 6.5	71 % ± 21 %	71 % ± 24 %	2.4 ± 0.8	2.5 ± 1.1	0.43 ± 1.2	<b>*1.0 ± 1.9</b>
≥180 days	86	12.1 ± 3.4	12.3 ± 3.9	3736 ± 1129	<b>*4013 ± 1875</b>	2641 ± 1129	2457 ± 1001	13.2 ± 6.0	12.8 ± 6.1	68 % ± 21 %	71 % ± 19 %	2.4 ± 0.9	2.3 ± 1.2	0.73 ± 1.3	1.1 ± 1.9
<i>Obesity</i>															
BMI ≥ 30 kg/m <sup>2</sup>	46	12.3 ± 3.7	11.6 ± 3.1	3715 ± 1828	<b>*4088 ± 1863</b>	2263 ± 1086	2004 ± 1025	12.9 ± 5.5	12.4 ± 5.5	67 % ± 23 %	67 % ± 22 %	2.3 ± 0.9	2.4 ± 1.2	0.39 ± 1.0	0.65 ± 1.5
BMI < 30 kg/m <sup>2</sup>	144	11.8 ± 2.6	12.0 ± 3.3	3916 ± 1793	<b>*4141 ± 1860</b>	2366 ± 1120	2436 ± 1113	13.0 ± 6.3	13.6 ± 6.5	71 % ± 20 %	72 % ± 22 %	2.3 ± 0.8	2.3 ± 1.1	0.57 ± 1.3	1.2 ± 2.0

Bold and \* indicate significant findings

Mean ± SD

\*P &lt; 0.05

**Fig. 2** Diagonal segments are produced by ties



Diagonal segments are produced by ties.

Whether this significant increase in age is due to time patients are counseled to wait after MTX before proceeding with another cycle [25, 26] or it is influenced by other factors such as cost is unknown. After review of the first cycle, physicians

may increase the dose and/or choose a more aggressive protocol with the aim of retrieving more oocytes and a better outcome. Prior to MTX, 43 % of the cycles utilized a luteal phase agonist protocol and 34 % utilized an antagonist

**Table 4** Comparison of women whose post-MTX ART cycle resulted in live birth

Pre-MTX	Live birth (n = 48)	No live birth (n = 90)	P value
Age (years)	33.6 ± 4.3	35.3 ± 4.2	0.03
BMI (kg/m <sup>2</sup> )	25.8 ± 5.3	26.1 ± 5.6	NS
AFC	14.2 ± 8.0	12.1 ± 7.8	NS
Duration of stimulation (days)	10.8 ± 1.9	10.9 ± 1.7	NS
Total dose of gonadotropins (IU)	3273 ± 1559	4337 ± 1739	<0.01
Peak E2 (pg/mL)	2374 ± 1404	2142 ± 957	NS
Number of oocytes	14.0 ± 6.7	12.5 ± 5.5	NS
Fertilization rate	69 ± 23.4 %	64 ± 19.6 %	NS
Number of MTX doses	1.58 ± 0.68	1.64 ± 0.68	NS
Time between cycles (days)	153 (81–554) <sup>a</sup>	162 (94–522) <sup>a</sup>	NS
<i>Post-MTX</i>			
Age (years)	34.3 ± 4.2	35.8 ± 4.3	0.05
BMI (kg/m <sup>2</sup> )	25.9 ± 5.3	26.2 ± 5.6	NS
AFC	14.7 ± 7.3	12.7 ± 7.4	NS
Duration of stimulation (days)	10.9 ± 1.9	10.9 ± 1.7	NS
Total dose of gonadotropins (IU)	3506 ± 1714	4395 ± 1754	<0.01
Peak E2 (pg/mL)	2487 ± 1294	2189 ± 1041	NS
Number of oocytes	15.7 ± 5.8	11.6 ± 5.7	<0.01
Fertilization rate	74 ± 17.1 %	66 ± 19.3 %	0.03
Number of embryos transferred	2.4 ± 0.9	2.6 ± 1.1	NS
Number of embryos cryopreserved	1.4 ± 2.2	0.5 ± 1.4	0.02

Mean ± SD

<sup>a</sup> Median (range)

protocol. In the subsequent cycles, 26 % were luteal phase agonists and 47 % antagonists.

Conclusions from this analysis are in agreement with a recently published meta-analysis [27]. However, the strength of this study lies in the utilization of primary rather than secondary data. Primary data allows for more detailed and stratified analyses of potentially high-risk women. Additionally, the sample size is powered to detect a clinically significant difference in number of oocytes, which is the best representation of ovarian reserve and is a predictor of pregnancy and live birth in older women. Finally, the nature of a multi-center collection of data improves generalizability.

Limitations of this analysis include its retrospective study design. In the systematic review of all studies evaluating the effects of MTX on subsequent ovarian reserve, only one of seven studies was prospectively analyzed [19]. It is possible that a significant number of women who receive MTX do not seek or complete an additional ART cycle and are therefore not included in these retrospective analyses. An additional limitation of this systematic review and pooled cohort lies in the possibility of a publication bias. Although publication bias is more typically noted with positive rather than negative results, only one of all the published studies noticed a difference in the ART cycle following MTX. This difference was only noted in the number of oocytes if the subsequent cycle occurred within 180 days of MTX administration.

Although the sample size and power are adequate to detect the primary outcome of oocytes retrieved in the overall cohort, the possibility of a type 2 error among the stratification data cannot be excluded. A final limitation is the relatively short follow-up after MTX administration. The longest time between MTX and the subsequent IVF cycle was approximately 2 years with a median interval of 161 days. Long-term follow-up on the effect of ovarian function many years after receiving MTX is still unknown.

## Conclusions

The main finding of this study is the absence of a negative effect of MTX on subsequent IVF outcomes. Women with a history of ART-related ectopic pregnancy have a good chance of LB in a subsequent ART cycle, and repeated doses of MTX do not impact this chance. For women 38 years of age and older, prior response to gonadotropins and current AFC may be helpful tools to predict chance of CP and LB in future ART cycles. Because this is a paired analysis of women whose initial IVF cycle resulted in an ectopic pregnancy, there is no control group to compare outcomes in the post-MTX cycle. However, the pregnancy and live birth rates after MTX were equivalent to those reported by SART in the national data summary during this time. In conclusion, the findings of this large, multi-center pooled cohort are consistent with the

findings of nearly all the individual studies as well as a meta-analysis and support the continued use of MTX in the medical management of ectopic pregnancy.

## Disclaimer

The views expressed in this manuscript are those of the authors and do not reflect the official policy or position of the Department of Health and Human Services, Department of Defense, or the US Government.

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**Compliance with ethical standards** Authors from each institution obtained ethical approval from their Institutional Review Board. In addition, IRB approval was obtained from Washington University prior to the chart review and data extraction.

**Conflict of interest** There are no conflicts of interest to declare.

## Appendix

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'methotrexate'/exp OR 'methotrexate' OR 'mtx' OR '4 amino 10 methylfolic acid' OR '4 amino 10 methylpteroylglutamic acid' OR '4 amino n10 methylpteroylglutamic acid' OR 'a methopterin' OR 'abitrexate' OR 'amethopterin' OR 'amethopterin' OR 'amethopterin' OR 'antifolan' OR 'biotrexate' OR 'canceren' OR 'cl 14377' OR 'cl14377' OR 'emtexate' OR 'emthexat' OR 'emthexate' OR 'emtrexate' OR 'enthexate' OR 'farmitrexat' OR 'farmitrexate' OR 'farmotrex' OR 'folex' OR 'ifamet' OR 'imeth' OR 'lantarel' OR 'ledertrexate' OR 'maxtrex' OR 'metex' OR 'methoblastin' OR 'methohexate' OR 'methotrate' OR 'methotrexat' OR 'methotrexato' OR 'methotrexate' OR 'methotrexate' OR 'methylaminopterin' OR 'methylaminopterin' OR 'metecil' OR 'metoject' OR 'methothrexate' OR 'metotrexat' OR 'metotrexate' OR 'metotrexin' OR 'metrex' OR 'mexate' OR 'mpi 5004' OR 'mpi5004' OR 'neotrexate' OR 'novatrex' OR 'nsc 740' OR 'nsc740' OR 'reumatrex' OR 'rheumatrex' OR 'texate' OR 'texorate' OR 'trexall' OR 'xaken' OR 'zexate' AND ('ovarian reserve'/exp OR 'oocyte development'/exp OR 'ovary function'/de OR 'ovary follicle'/exp OR 'ovary cycle'/exp OR 'follitropin'/exp OR 'muellerian inhibiting factor'/exp OR 'oocyte reserve' OR 'ovarian reserve' OR 'ovarian responsiveness' OR 'ovarian stimulation' OR 'ovarian cycle' OR 'ovulation cycle' OR 'reproductive cycle' OR 'ovarian activity' OR 'ovarian function' OR 'ovarium function' OR 'egg development' OR 'oocyte growth' OR 'oocytogenesis' OR 'oogenesis' OR 'ovogenesis' OR 'ovum development' OR 'oocyte maturation' OR 'egg maturation' OR 'follicle maturation' OR 'fertiline' OR 'fertinom p' OR 'follicle stimulating hormone' OR 'follicotropin' OR 'folliculostimulating hormone' OR 'follitrophin' OR 'follitropine' OR 'folltropin' OR 'fsh' OR 'ovagen' OR 'super ov' OR 'ovarian follicles' OR 'ovarian follicle' OR 'graafian follicle' OR 'graafian follicles' OR 'atretic follicle' OR 'atretic follicles' OR 'hfsh'



OR 'anthrogon' OR 'antral follicle count' OR 'afc' OR 'anti-mullerian hormone' OR 'amh' OR 'anti mullerian hormone' OR 'antimullerian hormone' OR 'antimullerian hormone' OR 'muellerian inhibiting substance' OR 'muellerian inhibitor' OR 'mullerian inhibiting factor' OR 'mullerian inhibiting substance' OR 'mullerian inhibitor' OR 'mullerian inhibiting hormone' OR 'mullerian-inhibitory substance' OR 'mullerian inhibitory substance' OR 'mullerian-inhibiting factor' OR 'mullerian-inhibiting hormone' OR 'anti-mullerian factor' OR 'anti mullerian factor' OR 'mullerian regression factor') NOT (([animals]/lim NOT [humans]/lim) AND [english]/lim

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("Methotrexate"[Mesh] OR "methotrexate" OR "MTX" OR "4 amino 10 methylfollic acid" OR "4 amino n10 methylpteroylglutamic acid" OR "a methopterin" OR "amethopterin" OR "amethopterin" OR "amethopterin" OR "emthexat" OR "emtrexat" OR "emtrexat" OR "folex" OR "ledertrexate" OR "metex" OR "methotrexat" OR "methotrexate" OR "methotrexate" OR "methylaminopterin" OR "metoject" OR "methotrexate" OR "metotrexat" OR "metotrexate" OR "metrex" OR "mexate" OR "neotrexate" OR "nsc 740" OR "rheumatex" OR "texate") AND ("Ovarian Follicle"[Mesh] OR "Follicle Stimulating Hormone"[Mesh] OR "Anti-Mullerian Hormone"[Mesh] OR "ovarian reserve" OR "oocyte development" OR "ovary function" OR "ovary follicle" OR "ovary cycle" OR "follicotropin" OR "Mullerian inhibiting factor" OR "oocyte reserve" OR "ovarian reserve" OR "ovarian responsiveness" OR "ovarian stimulation" OR "ovarian cycle" OR "ovulation cycle" OR "reproductive cycle" OR "ovarian activity" OR "ovarian function" OR "egg development" OR "oocyte growth" OR "oocytogenesis" OR "oogenesis" OR "ovogenesis" OR "ovum development" OR "oocyte maturation" OR "egg maturation" OR "follicle maturation" OR "fertiline" OR "follicle stimulating hormone" OR "follicotropin" OR "folliculostimulating hormone" OR "follictrophin" OR "follictropine" OR "follltropin" OR "FSH" OR "ovagen" OR "super ov" OR "Ovarian Follicles" OR "Ovarian Follicle" OR "Graafian Follicle" OR "Graafian Follicles" OR "Atretic Follicle" OR "Atretic Follicles" OR "hFSH" OR "Anthrogon" OR "Antral follicle count" OR "AFC" OR "Anti-Mullerian Hormone" OR "AMH" OR "anti mullerian hormone" OR "antimullerian hormone" OR "muellerian inhibiting substance" OR "mullerian inhibiting factor" OR "Mullerian Inhibiting Hormone" OR "Mullerian-Inhibitory Substance" OR "Mullerian Inhibitory Substance" OR "Mullerian-Inhibiting Factor" OR "Mullerian-Inhibiting Hormone" OR "Anti-Mullerian Factor" OR "Anti Mullerian Factor" OR "Mullerian Regression Factor") NOT (("Animals"[Mesh]) NOT ("Animals"[Mesh] AND "Humans"[Mesh]))

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