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Calcium Sparks in the Heart: Dynamics and Regulation

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Abstract

Calcium (Ca^{2+}) plays a central role in the contraction of the heart. It is the bi-directional link between electrical excitation of the heart and contraction. Electrical excitation initiates Ca^{2+} influx across the sarcolemma and T-tubular membrane that triggered calcium release from the sarcoplasmic reticulum. Ca^{2+} sparks are the elementary events of calcium release from the sarcoplasmic reticulum. Therefore, understanding the dynamics of Ca^{2+} sparks is essential for understanding the function of the heart. To this end, numerous experimental and computational studies have focused on this topic, exploring the mechanisms of calcium spark initiation, termination, and regulation and what role these play in normal and patho-physiology. The proper understanding of Ca^{2+} spark regulation and dynamics serves as the foundation for our insights into a multitude of pathological conditions may develop that can be the result of structural and/or functional changes at the cellular or subcellular level. Computational modeling of Ca^{2+} spark dynamics has proven to be a useful tool to understand Ca^{2+} spark dynamics. This review addresses our current understanding of Ca^{2+} sparks and how synchronized SR Ca^{2+} release, in which Ca^{2+} sparks is a major pathway, is linked to the different cardiac diseases, especially arrhythmias.

Keywords

calcium; sparks; heart; arrhythmia

Introduction

The primary function of the heart is to pump blood to carry oxygen and nutrients to the tissue and carbon dioxide and waste products away from the tissue for removal from the body. The well-regulated, rhythmic contraction of the heart accomplishes this goal through a wide range of metabolic demands. Excitation-contraction coupling (ECC) is the process starting with the electrical excitation of the heart and ending with the contraction of the heart muscle. The intermediate step is the mobilization of calcium which not only binds to myofilaments to cause contraction but it also provide feedback on the electrical signal.¹

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DISCLOSURES

None.

Calcium is also involved in myriad intracellular signaling processes and regulates several signaling cascades.²⁻⁶

Ca²⁺ sparks are the elementary Ca²⁺ release events in heart.⁷ In this review several scientific questions about Ca²⁺ sparks will be addressed. These include a discussion of the mechanisms Ca²⁺ spark initiation and termination. These areas have been a topic of much scientific inquiry with competing hypotheses. The review will also discuss the role of Ca²⁺ spark dynamics in normal cardiac myocyte function and disease. To this end, the topics of cellular Ca²⁺ homeostasis, Ca²⁺ signaling, heart failure and arrhythmia will be discussed.

Excitation-Contraction Coupling and Ca²⁺ Sparks

Excitation-Contraction Coupling (ECC) is tightly controlled by the action of different ions. Central to ECC is Ca²⁺ signaling which is described in detail in the review by Fearnley and co-workers.⁸ Here we give a brief overview.

The transmembrane potential depolarization triggers the voltage-gated ionic channels (primarily Na⁺, K⁺, and Ca²⁺ selective permeable channels) with different activation and deactivation time constants. These opening channels generate different ionic currents (I_{Na}, I_K [I_{Ktof}, I_{Ktos}, I_{K1}, I_{Kss}] and I_{Ca}). The translocation of ions across the membrane via these opening ion channels causes a shift in ionic gradients ([Na⁺], [K⁺], [Ca²⁺]) and subsequently affect the transmembrane potential (V_m). In a cycle of the ECC, at the cellular level, the transmembrane potential transiently depolarizes forming the so-called action potential (AP). Cardiac cells, at different regions of the heart, have different expression levels of ionic channels and thus, the AP can have different waveforms.⁹

The aforementioned voltage-gated ion channels are located in the sarcolemma as well as in the T-tubule system which penetrate throughout the ventricular myocyte. Atrial myocytes have varying amounts of T-tubules. The T-tubules are located at the ends of the sarcomeres. Closely apposed (12-15 nm distance) to the T-tubular membrane at select locations is the junctional sarcoplasmic reticulum (SR) to define the dyad. This is the main site of calcium release in myocyte. A majority of the L-type Ca²⁺ channels (~80%) are found in the T-tubular membrane of the dyad. The remainder is considered to be non-junctional located elsewhere in the T-tubule and sarcolemma. Figure 1A shows demonstrates the repeating pattern of the sarcomere in the myocyte with the dyad circled. Figure 1B shows the details of the dyad and calcium cycling in the myocyte.

In cardiac myocytes, upon membrane depolarization, the opening of voltage-gated L-type Ca²⁺ channels can bring the local [Ca²⁺] from the resting level (~0.1 μM) to a level that is high enough to trigger the opening an array of 30-300 ryanodine receptors (RyRs) in the junctional SR membrane.¹⁰⁻¹³ This process is termed Ca²⁺-induced Ca²⁺ release. This is known as evoked Ca²⁺ sparks or triggered Ca²⁺ sparks. A similar phenomenon has also been found in other cell types, e.g. skeletal cells and smooth muscle cells¹⁴⁻¹⁶. On the other hand, under resting condition, without any electrical stimulus, spontaneous calcium sparks resulting from the stochastic opening of one or more RyR2 are observed.^{17,18}

The narrow space of dyad allows the small influx of calcium via LCC or the calcium elevation due to the opening of one or a few RyR2 channel to bring the subspace calcium concentration above the half-maximal activation level ($K_m \sim 12 \mu M$).¹⁹ Due to the restricted subspace in the dyad, the released calcium ions from the stochastic opening of a single RyR2 channel quickly diffuse to the neighboring RyR2 channel in the dyad and bind to the activation site and trigger additional channel opening. This Ca^{2+} -induced Ca^{2+} release (strong positive feedback) causes a fast amplification of the Ca^{2+} signal.

Both the triggered and spontaneous elementary Ca^{2+} release events are called Ca^{2+} sparks and were discovered by Cheng, Cannell and Lederer.²⁰ In a rat ventricular myocytes there are $\sim 20,000$ of such Ca^{2+} release sites in a single cardiac cell of volume ~ 20 pL.²⁰ The summation of sparks from a fraction of calcium release sites results in the Ca^{2+} transient which binds to troponin-C in the myofilaments. The mechanism of Ca^{2+} spark activation and termination is the topic of active research in the last decade.^{21,22}

In cardiac ventricular myocytes, the microdomain of calcium release is a dyad subspace formed by a cluster of RyR2 (30-100 channels) on the terminal cisternae side and a smaller cluster of LCC on the T-tubular wall, in the case of cardiac myocyte, as shown in Figure 2. The dimension of this subspace is at the range of 10-15 nm height and 200-400 nm width. The physiological role of the variation in the cluster size and the spatial locations of these clusters, however, are not clearly understood.

T-tubules have been found in the cardiac tissues of all mammalian species (e.g. rat, mice, guinea pigs, dogs, rabbits, and humans), but appear to be absent in avian, reptile, and amphibian cardiac tissue.²³ Interestingly, T-tubules are far less developed in atrial, pacemaker cells, with about 50% of atrial myocytes having a sparse irregular T-tubular system.^{24,25} Although about one-third of the entire cell membrane area form the T-tubule networks, the total volume density is very small, e.g. about 1-3%.^{26,27}

The name T-tubular system was given due to the transversal direction of the invagination. However, subsequent studies shown that a considerable amount of tubules run in the axial direction^{28,29}. A better descriptive name was suggested as “transverse-axial tubular system” (TATS or T-Ax)²⁹. Another name, sarcolemma Z rete, was also proposed due to the fact that there is a large number of tubules that run neither axial nor transversal directions²⁶. Electron microscopy has also suggested that about 51% of tubules are between 180-280 nm wide in rat and the mean width is ~ 400 nm in rabbit and human.^{30,31} This complex structure of the T-Ax aids in uniform ECC throughout the cell. In fact the remodeling of T-Ax and the microdomains has been suggested to play a important role in the changes to ECC in heart failure.³²⁻³⁴

Spark Initiation

At rest, the open probability of a single RyR2 channel is very small (<0.001).³⁵ Calcium release from the SR has long been considered to be a result of Ca^{2+} -induced Ca^{2+} release (CICR). In the process, elevation of $[Ca^{2+}]$ in the dyad caused RyRs to open releasing Ca^{2+} which further elevates $[Ca^{2+}]$ resulting in the opening of more RyRs. This strong positive

feedback increases RyR2 open probability to ~0.5. Calcium sparks are considered to activate by the CICR mechanism as well.

More recently, experiments observed that the open probability was regulated by the $[Ca^{2+}]$ inside the junctional SR.³⁶ When SR calcium is elevated there is an increased RyR2 open probability. Lipid bi-layer experiments have shown that this regulation is not due to feedforward regulation in which Ca^{2+} exiting the RyR2 channel opens additional RyRs on the cytosolic side. Instead, Ca^{2+} binding to calsequestrin, triadin and junctin-2 complex or directly to the channel in the junctional SR lumen confers the probability.³⁷⁻³⁹ This led to the idea that increased cytosolic $[Ca^{2+}]$ during a wave could enter the SR and sensitize the RyR2 for Ca^{2+} release.⁴⁰ MacLennan and Chen suggested the mechanism of store overload-induced Ca^{2+} release (SOICR) in which increased SR $[Ca^{2+}]$ can trigger opening of RyRs to cause Ca^{2+} release.^{41,42} This is based upon the experimental observations that SR $[Ca^{2+}]$ modulates RyR2 open probability.³⁶ A computational model by Ramay and co-workers explored the role of SR $[Ca^{2+}]$ on calcium wave dynamics.⁴² The study suggested that SR $[Ca^{2+}]$ could sensitize RyRs to aid Ca^{2+} wave propagation only when SR Ca^{2+} diffusion is slow.

Computational models have allowed us to look at the initiating Ca^{2+} signal in detail.⁴³ The Williams *et al.* model for calcium dynamics in the rat ventricular myocyte includes 20,000 calcium release units consisting of clusters of stochastically gated RyR2s. The model allows the resolution of the many single RyR2 opening events that do not result in a Ca^{2+} spark (~3000 per cell per second) (Figure 1). It also shows that one RyR2 opening can trigger the opening of others through CICR and that once 6 RyR2s in a cluster of 49 channels are open a spark usually follows. The model demonstrates the importance of CICR for initiation of a Ca^{2+} spark. While it is mathematically possible that a step change in junctional SR $[Ca^{2+}]$ can increase the open probability of the RyR2 at a given dyadic $[Ca^{2+}]$, it is not likely to happen. The changes in junctional SR calcium usually follow the changes in dyadic subspace calcium arguing against SOICR as a mechanism for spark initiation.

Spark Termination

Calcium sparks activate utilizing the strong positive feedback that results from CICR phenomenon. The mechanism by which this release ends, i.e. spark termination has been an active research topic for many years with several hypotheses proposed.⁴⁴⁻⁴⁶ The hypotheses can be classified as follows: 1) depletion of sarcoplasmic reticulum luminal Ca^{2+} ,⁴⁷⁻⁴⁹ (2) inactivation of the RyR2,^{50,51} (3) stochastic attrition,³⁵ or possibly a combination of these mechanisms as suggested by (4) the sticky cluster spark model.⁵² More recently, the ideas of (5) pernicious attrition and induction decay have been presented as mechanism of the termination of Ca^{2+} release.⁵³

The first possible mechanism the Ca^{2+} release from the SR could terminate is that there is no Ca^{2+} left in the SR to release. This however is not the case. Experimental studies, using caffeine to open RyRs, have shown that during after a Ca^{2+} transient, there is still releasable Ca^{2+} in the SR.⁵⁴ Other studies have shown that while most normal Ca^{2+} sparks are less than 40 ms in duration, low concentrations of ryanodine can result in sparks that last more than a

second.⁷ This argues that there is still releasable Ca^{2+} in the SR. Furthermore, experimental results shown there is a significant amount, 40% of free calcium in the jSR, as the nadir of jSR calcium level recorded in the form of Ca^{2+} blinks.^{55,56}

The second mechanism suggests that the RyR2 inactivate, i.e. the close and hence cannot release Ca^{2+} . However, experiments in lipid bilayers have failed to show the existence of inactivation of individual RyRs. Such studies have observed a phenomenon called adaptation in which the RyR2 open probability declines after an initial increase when Ca^{2+} levels are increased.^{44,57-59} A certain fraction of the channels remain in the adapted state so the 'adapted' channels remain closed to the subsequent higher level of calcium. However, the time course for adaptation is slow with a half-time of ~150 ms. Because the duration of the spark is smaller (~40 ms) adaptation does not seem to play a major role in spark termination.

The third suggested mechanism is stochastic attrition. In this mechanism the RyR2s stochastically close to terminate release. However, stochastic attrition can only work for a RyR2 cluster consisting of a few activated channels (<6). Scanning electron microscopy imaging using freeze fracture techniques have indicated that there are 30-300 RyR2 in a cluster.⁶⁰ More recent optical super-resolution methods have also shown that the RyRs are clustered in the dyad.⁶¹

As these previous hypotheses could not explain spark termination, the sticky cluster hypothesis was proposed. The sticky cluster mechanism, combines strong positive feedback of CICR, large clusters of RyR2s that display coupled gating conferred by the FKBP12.6 protein,⁶²⁻⁶⁵ local SR depletion (junctional SR), and a RyR2 open probability that decreases with decreasing SR luminal Ca^{2+} .³⁶ The model demonstrates a mechanism of termination that can be understood from Figure 2. Opening of a single RyR2 triggers opening of additional RyR2s in the cluster (Figure 2A). This quickly increases the open probability until most of the channels in the cluster are open (Figure 2D). With this opening, the RyR2 Ca^{2+} release flux quickly increases which leads to a jump in the dyadic subspace [Ca^{2+}] and emptying of the junctional SR (Figure 2C). The reduction in the junctional SR Ca^{2+} concentration leads to a decrease in the RyR2 Ca^{2+} release flux. The reduced flux leads to decreased subspace [Ca^{2+}] which results in decreased opening of the RyRs. Furthermore, the decreased subspace junctional SR [Ca^{2+}] further decreases the opening probability. As more and more channels stochastically close and fail to reopen, the number of closed channels increases and the subspace [Ca^{2+}] decrease until all the channels close terminating release. The coordinated closing of the channels is facilitated by coupled gating but is not a strict requirement.

More recently, the concept of pernicious attrition and induction decay were proposed as the mechanism for spark termination.⁵³ Both of these mechanisms rely on a decreasing Ca^{2+} release flux during the course of a Ca^{2+} spark being unable to maintain CICR resulting in closure of the RyR2s in the cluster. These proposed mechanisms do not require coupled gating of the RyR2s for closure. This idea of decreased flux being unable to maintain CICR seems to be a pervasive theme in all the proposed models of release. In fact, the decreased flux mechanism was proposed as the mechanism of release in the deterministic Jafri-Rice-

Winslow model of excitation-contraction coupling in the guinea pig ventricular myocyte many years earlier.⁶⁶

Calcium Spark Dynamics - Physiological Role of Sparks

In cardiac cells, under physiological conditions, to avoid calcium toxicity, the basal level of cytosolic calcium concentration is kept at a low level ($[Ca^{2+}]_i \sim 0.1\mu M$). This concentration can increase up to 10-fold within tens to a few hundreds of milliseconds, depending upon species to facilitate the contraction of the myofilaments.¹ During a cardiac cycle, the calcium homeostasis is regulated via ion channels such as the ryanodine-receptor (primarily RyR2 in cardiac myocytes) and inositol-1,4,5-triphosphate (IP₃R), and a number of special transmembrane protein complexes known as pumps and exchangers, e.g. plasma membrane ATP-driven pumps (PMCA) and Na⁺/Ca²⁺ exchanger (NCX), sarcoplasmic/endoplasmic reticulum (SR/ER) Ca²⁺-ATPase (SERCA) pumps, mitochondrial calcium uniporter (MCU).⁶⁷ For example: in rat ventricular myocyte, the contribution of the above proteins to bringing cytosolic calcium back to the normal diastolic level is SERCA uptake (nearly 90% uptake), NCX extrusion (nearly 7%),⁶⁸ by mitochondria (1-2%),⁶⁹ and sarcolemma Ca²⁺-ATPase (1%).⁶⁷

Ca²⁺ sparks play a significant role in maintaining Ca²⁺ homeostasis in addition to their role in excitation-contraction coupling. However, aberrant Ca²⁺ spark dynamics have been implicated in pathology such as heart failure and cardiac arrhythmia. Below we discuss the role of Ca²⁺ sparks in normal and patho-physiology.

Sarcoplasmic Reticulum Calcium Leak

As mentioned above, the SERCA actively sequesters Ca²⁺ ions into the SR. To balance the resting SERCA activity, a SR Ca²⁺ leak or Ca²⁺ efflux from the SR is present. This leak has been proposed to take the form of spontaneous Ca²⁺ spark activity. However, when the leak in the form of the Ca²⁺ spark is calculated, it is insufficient to account for the leak. Furthermore, the SR Ca²⁺ leak can be measured experimentally by blocking SERCA with cyclopiazonic acid or thapsigargin and measure SR Ca²⁺ content with caffeine trigger Ca²⁺ release through the RyR2s.⁷⁰ In such studies, the SR Ca²⁺ content declines as does the spark rate. However, after no Ca²⁺ sparks are no longer visible, the SR Ca²⁺ content continues to decline also suggesting that the Ca²⁺ sparks do not completely account for the SR Ca²⁺ leak. The missing component of leak has been termed invisible leak as it is not directly measureable.

Several hypotheses have been proposed to explain the invisible leak: (1) back flux through the SERCA, (2) other ion channels, and (3) non-junctional RyR2s. Shannon and co-workers proposed that the SERCA was a reversible pump with a forward flux and a back flux.^{67,68} They suggested that the back flux is a source of Ca²⁺ leak. However, while experiments have observed that SERCA can work in reverse, this occurs under extreme non-physiological conditions. A thermodynamically derived model by Tran and co-workers better represents SERCA function.⁷¹

The existence of other ion channels has been suggested. Early models used a passive Ca^{2+} leak to explain the entire leak. However, experiments have indicated that Ca^{2+} sparks form the visible part of the leak. For the invisible part of the leak, no other suitable ion channels have been found. The IP_3 receptor has been suggested as a candidate for the Ca^{2+} leak however, the number of IP_3 receptors is small (<5% the amount of RyR2s) and their physiological role in adult ventricular myocytes has not been directly observed. The non-junctional RyR2 located away from the release sites are few in number being perhaps less than 2-5% of the total RyR2 population and insufficient to account for the leak.

The sticky cluster model and its updated version, helps to explain mechanism of the SR Ca^{2+} leak. The model simulates Ca^{2+} sparks with realistic rate as well as openings of one or a few RyR2s that do not result in Ca^{2+} sparks (Figure 2B).^{21,45} The model also includes the opening of non-junctional RyR2s. The model suggests that total SR Ca^{2+} leak flux consisting of the Ca^{2+} sparks, non-spark leak and non-junctional RyR2 openings sufficiently balances the SERCA pump. The model therefore suggests that the ‘invisible’ SR Ca^{2+} leak release results from non-spark activation of RyR2 channels in the dyad and the non-junctional RyR2s. The non-spark release of Ca^{2+} via RyR2 channel opening has been experimentally confirmed and coined Ca^{2+} quarks.^{72,73} Thus, the model suggests a mechanism for the SR Ca^{2+} leak that relies only upon components known to exist in the myocyte.

Spatial Spread of Sparks-Calcium Quarks, Sparks, and Waves

The Ca^{2+} spark is the spatial spread of the Ca^{2+} release in a dyad. A three-dimensional spatial model excitation contraction coupling is used to simulate the linescan of Ca^{2+} spark (Figure 3A). With activation of L-type Ca^{2+} channels during an action potential, the influx of calcium via LCC is sensed by the closely apposed cluster of RyR2s, triggering the release of calcium from the SR and yielding a local rise in $[\text{Ca}^{2+}]$, i.e. $[\text{Ca}^{2+}]_{\text{ds}}$ (Figure 3B). These spatially localized triggered Ca^{2+} sparks occurring at the “calcium release unit” (CRU) is termed local control. However, as mentioned previously Ca^{2+} sparks can occur spontaneously. Smaller events of a single or a few RyR2 channels called Ca^{2+} quarks also occur spontaneously.

Ca^{2+} sparks can be detected using fluorescent dyes which then can be quantified using the full-width half-max (FWHM), time-to-peak, half-decay time and full-duration half-max (FDHM) (Figure 3C).⁷ The line-scan image is a 2D picture with x-axis is time, and y-axis is the spatial information. At the time point where the Ca^{2+} spark reaches the peak, FWHM is the spatial distance between two locations at which the amplitude is half of the peak. If we assume the line-scan going through the center of the release site, FDHM is the time period from the two time points at which the value is half peak. In cardiac cells, FWHM of a Ca^{2+} spark is wide (~2 μm), yet do not trigger neighboring sites under normal physiological conditions. Computational models have been used to study the spatial spread of Ca^{2+} during a spark, yet none can produce a FWHM of 2 μm suggesting that our understanding of the physiological processes or dye properties is missing some detail. Attempts to spread the Ca^{2+} release site, increase unitary RyR2 Ca^{2+} flux, increase optical blurring of the confocal

microscope model have increased the FWHM observed in models but have not provided adequate explanation of what are the processes underlying the spread of a Ca^{2+} spark.

Ca^{2+} sparks can lead to Ca^{2+} waves, especially under Ca^{2+} overload condition.⁷⁴⁻⁷⁶ At the cellular level, the wave needs synchronized activation from multiple CRUs. For this Ca^{2+} release must propagate from one Ca^{2+} release site to the next. In ventricular cardiac cells, the mean inter-release site distance is about 1.6 μm longitudinal and 0.8 μm in the axial direction.⁷⁷ Chen-Izu and co-workers were first to quantify the distribution of the nearest neighbor distance between the CRUs along the transversal and longitudinal directions.⁷⁸ Hoang-Trong and co-workers developed a 3D spatio-temporal model of the rat ventricular myocyte that shows the importance of release distances on the same Z-discs, especially those near the end of the cell where the diffusion is stronger on the other end and the role of intermediate 'rogue' RyR2 cluster size during the wave initiation and wave velocity.⁷⁹ This is in agreement with the study by Izu that suggests that a Ca^{2+} wave requires multiple Ca^{2+} release units in the same Z-disk to activate to release enough Ca^{2+} to propagate to the next Z-disk.⁸⁰ In another study, Nivala *et al.* proposed a theoretical framework using power-law distribution as an indicator of critical state for wave initiation.⁸¹ They hypothesized that the size of the RyR2 cluster follows exponential distribution when the coupling is weak and power-law distribution if the coupling is strong. However, they did not explain the role of cluster distances and the role of intermediate cluster.

RyR2 Phosphorylation and Ca^{2+} Sparks

Phosphorylation plays a significant role in the regulation of RyR2 activity. Each of the four pore-forming subunits of the RyR2 have several phosphorylation sites. In addition to these sites, accessory proteins such as FKBP12.6 can also be phosphorylated. The state of phosphorylation depends on the activity of the numerous kinases and phosphatases in the myocyte. Of these, the most widely studies are protein kinase A (PKA) and Ca^{2+} /calmodulin dependent protein kinase II (CaMKII). This does not rule out the potential role of other kinases that phosphorylate serine/threonine residues of proteins.⁸² Of these many phosphorylation sites on the RyR2, it is difficult to assay which particular ones are phosphorylated at any given time. However, experimental observations indicate that with phosphorylation by either PKA or CaMKII, the open probability of the RyR2s increases.⁸³ One physiological role of this is during exercise (fight of flight response), where PKA phosphorylation increase the size of the Ca^{2+} transient and the ability of the heart to pump blood.^{84,85} On the other hand, increasing the spontaneous spark rate and the Ca^{2+} leak from the SR. Increases Ca^{2+} leak has been implicated in increased risk of cardiac arrhythmia. Abnormal RyR2 phosphorylation plays a role in atrial fibrillation, heart failure, and CPVT.⁸² The role of Ca^{2+} sparks in arrhythmia in these conditions is discussed below.

Role of Ca^{2+} Sparks in Pathology

Ca^{2+} Sparks and Arrhythmia

Heart disease is the leading causes of death, with 24.6% of total death in the United States.⁸⁶ Among them, cardiac arrhythmia is the largest cause of death, about 450,000 adults each year.⁸⁷ Cardiac arrhythmia occurs when the normal pattern of depolarization and

repolarization of the heart is disrupted. If severe, the heart may not pump enough blood to the body, reducing blood supply to the brain that can cause a person to lose consciousness in just a few minutes. In the extreme, sudden cardiac death occurs. In over half of the cases, however, sudden cardiac arrest occurs without prior symptoms. Until today, the underlying cellular mechanism is still unclear; with the most common life-threatening arrhythmia is ventricular fibrillation. As a result, The proper use antiarrhythmic drugs is critical to avoid unexpected side effects that can increase the risk or mortality. For example, flecainide increases the risk mortality in patients with reduced left ventricular function following a myocardial infarction.⁸⁸ On the other hand, flecainide is useful in suppressing arrhythmia in atrial fibrillation patients with no structural defects in the heart.

Experiments have indicated that calcium release is stochastic and regulated locally suggesting the possibility of spatially heterogeneous calcium levels in the cells. This spatial heterogeneity might be important mediating different signaling pathways. In addition, the disruption in the pump/leak balance can be a precursor to many pathological conditions, especially the triggering of arrhythmogenic Ca^{2+} waves.^{89,90} Spontaneous Ca^{2+} release from the SR elevate intracellular Ca^{2+} concentration which can activate Na^{+} - Ca^{2+} exchange. The activation of Na^{+} - Ca^{2+} exchange can cause afterdepolarizations.^{83,91,92} If this occurs during the action potential (systole) it is called an early afterdepolarization (EAD). If this occurs during diastole, it is called a delayed afterdepolarization (DAD).

An example of a genetic defect resulting in defective Ca^{2+} dynamics is catecholaminergic polymorphic ventricular tachycardia (CPVT). CPVT is a rare disease with an occurrence of one among 10,000 people, and a high mortality rate (30-35%) comprising 15% of all unexplained sudden cardiac death.^{93,94} CPVT patients are seemingly normal, but upon physical activity can develop a fatal arrhythmia.⁹⁵ CPVT results as mutation to the RyR2 (CPVT1), calsequestrin (CPVT2), calmodulin (CPVT4), and triadin (CPVT5). For CPVT3 the gene is unknown. Experiments have isolated some of the gene variants. For example, mutations to calsequestrin result in a steeper dependence of RyR2 open probability on SR [Ca^{2+}], that is the spontaneous Ca^{2+} spark rate of a given SR [Ca^{2+}] is higher.⁹⁶ Mutations to RyR2 can also alter this luminal dependence or increase sensitivity of the RyR2 to Ca^{2+} with enhances increases to Ca^{2+} sensitivity with β -adrenergic stimulation.⁹⁷ This increased sensitivity results in an increased Ca^{2+} spark rate. Using flecainide which blocks the open state and tetracaine to prolong the closed state, Hilliard *et al.* showed that blocking the open state can be a new therapeutic strategy to prevent diastolic Ca^{2+} wave resulting in CPVT.⁹⁸ Using verapamil which is an L-type Ca^{2+} channel blocker, can decrease the prevalence of ventricular tachycardia (VT) in patients with CPVT during stress, but it does not completely suppress CPVT.⁹³ Further studies are needed to find interventions that might normal Ca^{2+} spark dynamics associated with the changes in function of Ca^{2+} handling proteins.

A recently discovered signaling pathway in cardiac cells, called X-ROS signaling, has shown the role of mechanical stress in increasing spark frequency.⁹⁹ Under rapidly stress, reduced-form nicotinamide adenine dinucleotide phosphate (NADPH) oxidase 2 (NOX2) is activated to produce reactive oxygen species (ROS) near microtubules where NOX2 is located. ROS production triggers a burst of increased spontaneous Ca^{2+} sparks. One important discovery is that when the chemical reducing capacity of the cell is decreased, X-

ROS signaling increases SR Ca^{2+} leak and global oxidative stress, thereby increasing the possibility of arrhythmia. Oxidative Stress (OS) can thus lead to pathological conditions such as systolic dysfunction, arrhythmia and heart failure (HF).¹⁰⁰ Skeletal muscle has a similar X-ROS mechanism yet with important and distinctive differences.¹⁰¹ A computational model that simulates the effect of ROS on RyR2 gating has been developed to provide quantitative information that is not currently available from experimental means.¹⁰² In mouse model of Duchenne muscular dystrophy (DMD, the *mdx* mouse) stretching the cardiomyocytes reveal that stretch-induced ROS production can result in arrhythmogenic Ca^{2+} waves.

Ca^{2+} Sparks and Heart Failure

Heart failure is a condition where the heart loses its ability to function as a pump. Failing heart has an increased risk for arrhythmia. On the single myocyte level, the physiological changes include a prolonged action potential and a Ca^{2+} transient with reduced amplitude. Another characteristic is an increased SR Ca^{2+} leak and propensity for spontaneous Ca^{2+} waves. These changes result from certain structural and gene functional changes that result from changes to gene expression and compensatory post-translational modification of proteins. These changes include upregulation of K^+ channels and Na^+ - Ca^{2+} exchangers, and down regulation of SERCA. There is also phosphorylation of the RyR2s by PKA and CaMKII and rearrangement of the T-tubular system.^{32,82,103} Computational modeling has shown that the changes to Ca^{2+} dynamics contribute significantly to action potential prolongation as well as the changes in the Ca^{2+} transient (Figure 4AD)¹⁰⁴. Other computational studies suggest that these changes result in an increase diastolic spark rate (SR Ca^{2+} leak) and an increase late phase of Ca^{2+} release during the action potential (Figure 4C). This late Ca^{2+} release is enhanced by the remodeling of the T-tubular network which is referred to as orphaning as RyR2 clusters are no longer associated with a T-tubule¹⁰³. It leads to increase potential for arrhythmia by increasing depolarization late in the action potential which increases the potential for re-excitation of the cardiac tissue. With the aforementioned changes to Ca^{2+} spark dynamics are altered levels of the SR [Ca^{2+}] due to a resetting of the pump-leak balance (Figure 2B).

Atrial Fibrillation and Ca^{2+} Sparks

Atrial fibrillation (AF) is a pathology in which the atria undergo rapid uncoordinated depolarization. It is classified as paroxysmal, persistent, and permanent.⁸³ Paroxysmal AF consists of transient episodes that terminate on their own. Persistent AF requires some sort of medical intervention to ensure termination. Permanent AF persists in spite of medical intervention. While AF is not fatal, it can be uncomfortable for the patient and prolonged AF increases the risk of stroke.^{105,106} With time, AF results in a remodeling of the atrial tissue that involves both changes in function as well as the ultrastructure of the cells and tissue involved.

Ca^{2+} spark dynamics play an important role in the initiation and maintenance of AF.⁹² AF is accompanied by increased SR Ca^{2+} leak, which elevates intracellular Ca^{2+} levels. This leads to Ca^{2+} -dependent inhibition of Na^+ channels which causes conduction slowing. Furthermore, the elevated intracellular Ca^{2+} levels and increased RyR2 activity results in

increased EADs and DADs.^{92,107} Phosphorylation of the RyR2s by CaMKII increases SR Ca²⁺ leak and the risk of afterdepolarization.¹⁰⁸

Contributing to the maintenance of AF are changes in gene expression and phosphorylation state of the myocyte. The calmodulin levels increase 60%, CaMKII autophosphorylation at Thr287 increases 87% and RyR2 phosphorylation at the PKA site SER2808 increases 235% and at the CaMKII site Ser2814 increases by 77%.^{83,108} Furthermore, there is increased phosphorylation of phospholamban, thereby increasing SR Ca²⁺ load.¹⁰⁹ These contribute further to Ca²⁺ spark activity further perpetuating conditions make AF more easily initiated and sustained.

Studies suggest that in congestive HF increases atrial SR Ca²⁺ load and reduces calsequestrin expression.⁸³ This causes increases in Ca²⁺ spark rate, i.e. the SR Ca²⁺ leak. Therefore, the risk of EADs and DADs and resulting cardiac arrhythmia increases.

DISCUSSIONS/PERSPECTIVES

Ca²⁺ spark is the elementary event of calcium release that regulate the excitation and contraction of the cardiac myocytes. The presence of Ca²⁺ sparks has also been found in nerve cells in which IP₃R and RyR2 both control the release of Ca²⁺ from the endoplasmic reticulum.^{110,111} However, its role is less well understood than that in muscles. In cardiac cells, despite its stable regulation via the local control mechanism, under calcium overloaded or sensitization of RyR2 channels, the spark frequency can increase which disrupt the pump/leak balance, eventually leading to ectopic heart beat or inefficient contraction.

The extent of this SR Ca²⁺ leak is important as it can cause systolic dysfunction (due to the less SR Ca²⁺ available to release) and diastolic dysfunction (due to elevated myoplasmic calcium basal level). The elevation of myoplasmic calcium level can cause calcium wave and thus increase the potential of triggered arrhythmias.¹¹² To quantify the control of calcium leak, it is important to have a mechanistic computational model that can replicate the different pathways of Ca²⁺ leak.²¹

Due to the extensive computational high demand of developing a mechanistic whole-cell model that is able to capture the calcium dynamics at the single-channel level, developing such computational models is still a challenging problem.^{113,114} In such models, it is important to incorporate the spatial placement of all calcium release sites in the heart, as well as non-uniform distribution of ion channels, and exchangers on the sarcolemma, including the external surface and the T-tubule systems. These models can provide an unprecedented tool to study calcium waves, and the role of T-tubule de-tubulation in cardiac diseases. Such studies can give insight into the role of Ca²⁺ spark dynamics and the role they play in cardiac arrhythmia and disease.

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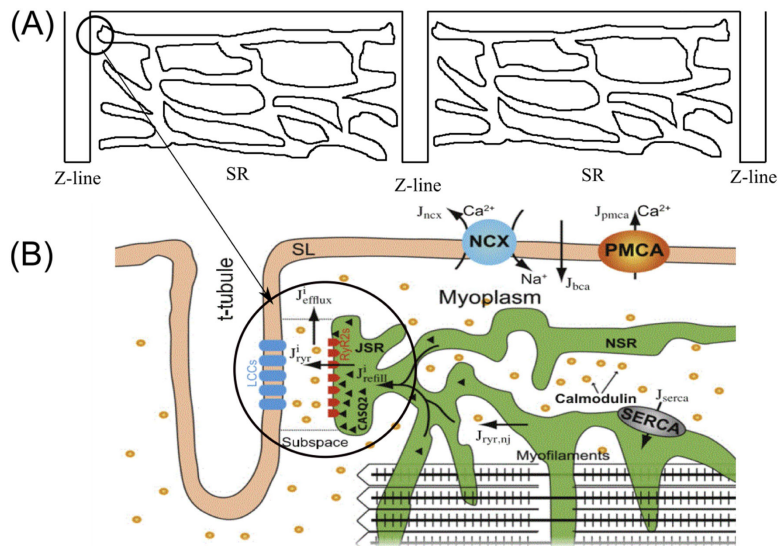


Figure 1.
 A schematic diagram of calcium-induced calcium-release mechanism in a cardiac myocyte.
 (A) the distribution of SR in the sarcomere, (B) details of the dyad and Ca²⁺ dynamics.

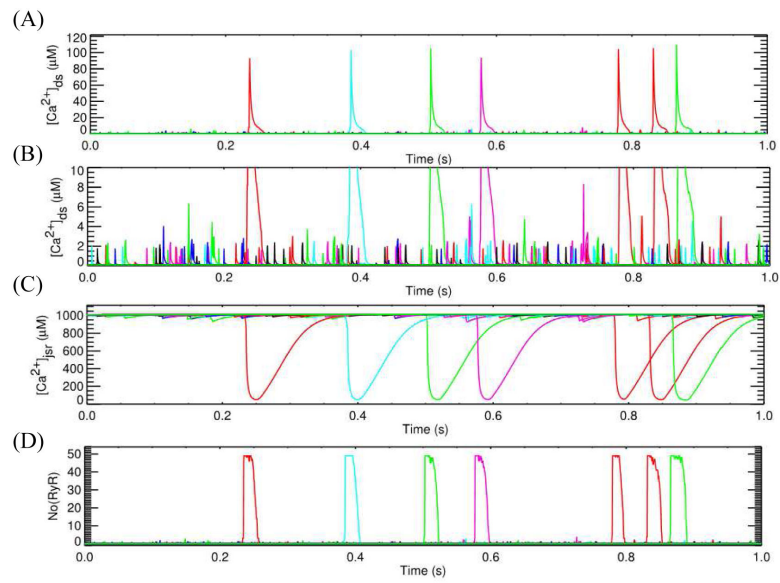


Figure 2. Simulation with sticky cluster model incorporated into model for excitation-contraction coupling in the rat ventricular myocyte. (A) dyadic subspace $[Ca^{2+}]$ showing Ca^{2+} sparks and (B) dyadic subspace $[Ca^{2+}]$ showing Ca^{2+} quarks, (C) Dynamics of jSR Ca^{2+} release, (D) Number of RyR2 openings,

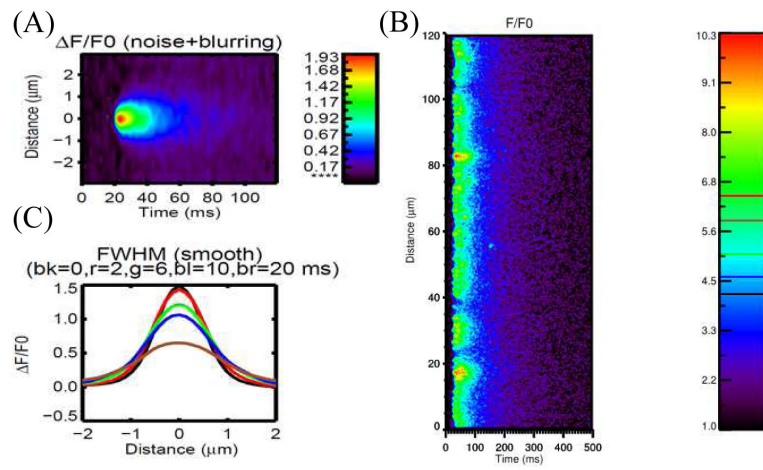


Figure 3. Simulated Ca^{2+} spark. (A) Linescan of Ca^{2+} spark, (B) Linescan of Ca^{2+} sparks during an action potential, (C) Spatial profile at different times after peak (bk=black at 0 ms, r = red at 2 ms, g = green at 6 ms, bl = blue at 10 ms and br = brown at 20 ms).

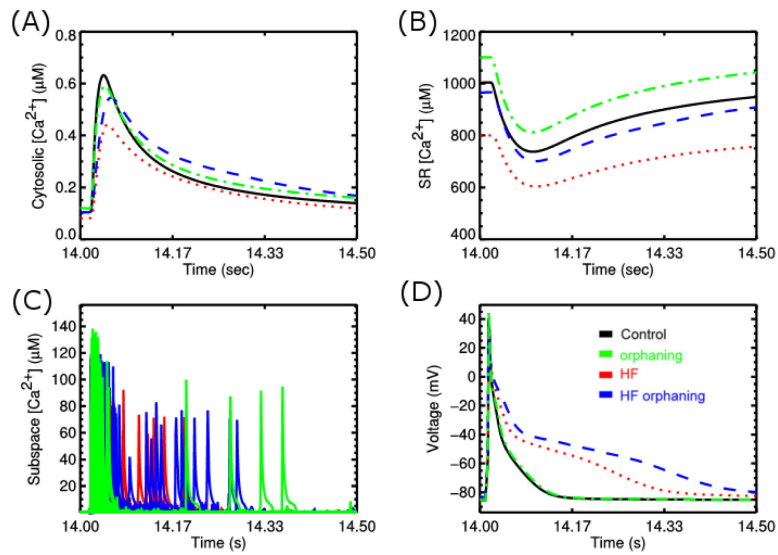


Figure 4. Simulation with sticky cluster model incorporated into model for excitation-contraction coupling in the rat ventricular myocyte to explore heart failure. In the panes black = control, green = orphaning – T-tubular rearrangement, red = changes in gene expression and post-translational modification with heart failure blue = red + T-tubular rearrangement, and (A) Cytosolic $[Ca^{2+}]$, (B) SR $[Ca^{2+}]$, (C), subspace $[Ca^{2+}]_{ds}$, (D) Action potential.