

## ORIGINAL MANUSCRIPT

# A case–control analysis of smoking and breast cancer in African American women: findings from the AMBER Consortium

Song-Yi Park<sup>1,\*</sup>, Julie R. Palmer<sup>2</sup>, Lynn Rosenberg<sup>2</sup>, Christopher A. Haiman<sup>3</sup>, Elisa V. Bandera<sup>4</sup>, Traci N. Bethea<sup>2</sup>, Melissa A. Troester<sup>5</sup>, Emma Viscidi<sup>2</sup>, Laurence N. Kolonel<sup>6</sup>, Andrew F. Olshan<sup>5</sup> and Christine B. Ambrosone<sup>7</sup>

<sup>1</sup>Cancer Epidemiology Program, University of Hawaii Cancer Center, 701 Ilalo Street, Honolulu, HI 96813, USA, <sup>2</sup>Slone Epidemiology Center, Boston University, 1010 Commonwealth Avenue, Boston, MA 02215, USA, <sup>3</sup>Department of Preventive Medicine and Norris Comprehensive Cancer Center, Keck School of Medicine, University of Southern California, 1441 Eastlake Avenue, Los Angeles, CA 90089, USA, <sup>4</sup>Cancer Prevention and Control Program, Rutgers Cancer Institute of New Jersey, 195 Little Albany Street, New Brunswick, NJ 08903, USA, <sup>5</sup>Department of Epidemiology and Lineberger Comprehensive Cancer Center, University of North Carolina, 135 Dauer Drive, Chapel Hill, NC 27599, USA, <sup>6</sup>Office of Public Health Studies, University of Hawaii, 1960 East-West Road, Honolulu, HI 96822, USA and <sup>7</sup>Department of Cancer Prevention and Control, Roswell Park Cancer Institute, Elm and Carlton Streets, Buffalo, NY 14263, USA

\*To whom correspondence should be addressed. Tel: +1 808 564 5947; Fax: +1 808 586 2982; Email: [spark@cc.hawaii.edu](mailto:spark@cc.hawaii.edu)

## Abstract

Recent population studies suggest a role of smoking in the etiology of breast cancer, but few have been conducted among African American women. In a collaborative project of four large studies, we examined associations between smoking measures and breast cancer risk by menopause and hormone receptor status [estrogen receptor-positive (ER+), ER-negative (ER–) and triple-negative (ER–, PR–, HER2–)]. The study included 5791 African American women with breast cancer and 17 376 African American controls. Odds ratios (ORs) and 95% confidence intervals (CIs) were calculated in multivariable logistic regression analysis with adjustment for study and risk factors. Results differed by menopausal status. Among postmenopausal women, positive associations were observed for long duration and greater pack-years of smoking: relative to never smoking, fully adjusted ORs were 1.14 (95% CI: 1.03–1.26) for duration  $\geq 20$  years and 1.16 (95% CI: 1.01–1.33) for  $\geq 20$  pack-years. By contrast, inverse associations were observed among premenopausal women, with ORs of 0.80 (95% CI: 0.68–0.95) for current smoking and 0.81 (95% CI: 0.69–0.96) for former smoking, without trends by duration. Associations among postmenopausal women were somewhat stronger for ER+ breast cancer. The findings suggest that the relation of cigarette smoking to breast cancer risk in African American women may vary by menopausal status and breast cancer subtype.

## Introduction

The epidemiological evidence for an association between cigarette smoking and breast cancer risk has been inconsistent, leading to the conclusion in the past that smoking was not a risk factor for this type of cancer (1,2). However, more recent evidence seems to support a role of smoking in the etiology of breast cancer (3–5) with some studies finding the greatest increases for long-duration

smoking begun at an early age or before the first birth (5). In 2012, the International Agency for Research on Cancer (IARC) Monographs indicated that there is a positive association between tobacco smoking and breast cancer (6). In addition, the recent report from the US Surgeon General stated that a history of ever smoking was associated with an average of 10% increase in risk of breast cancer (7).

Received: January 4, 2016; Revised: March 15, 2016; Accepted: March 29, 2016

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## Abbreviations

AMBER	African American Breast Cancer Epidemiology and Risk
BWHS	Black Women's Health Study
CBCS	Carolina Breast Cancer Study
CI	confidence interval
ER	estrogen receptor
HER2	human epidermal receptor 2
IARC	International Agency for Research on Cancer
MEC	Multiethnic Cohort Study
OR	odds ratio
PR	progesterone receptor
WCHS	Women's Circle of Health Study

It is possible that associations of smoking with cancer outcomes differ by race. In the Multiethnic Cohort Study, Haiman and colleagues found that, among those who smoked less than 30 cigarettes per day, African Americans had significantly greater risks of lung cancer than European Americans, Asians and Hispanics (8). Also, African Americans had higher levels of total nicotine equivalents than other populations controlling for cigarettes per day (9). Such differences may be due to a number of factors including differences in smoking behavior, such as depth of inhalation (10) which could result in greater exposure to tobacco-smoke carcinogens, or differences in genetic variants related to carcinogen metabolism, DNA repair and/or other pathways that may confer greater susceptibility to carcinogenesis. Results of the two studies examining relationships of smoking with breast cancer among African American women have been inconsistent (11,12). Because African Americans have higher rates of premenopausal breast cancer compared with European Americans women, and greater proportions of estrogen receptor-negative (ER-) tumors associated with an aggressive pathology and poor prognosis (13), we aimed to investigate whether cigarette smoking is related to increased risk in these subgroups of breast cancer in African American women. In a collaborative project of four large studies with African American women, we examined associations between smoking exposure and breast cancer risk by hormone receptor status and menopausal status.

## Materials and methods

### Study population

The African American Breast Cancer Epidemiology and Risk (AMBER) Consortium was designed to elucidate the reasons for disparities in breast cancer subtypes among African American women. The details of AMBER have been published elsewhere (14). In brief, AMBER consists of two case-control studies, the Carolina Breast Cancer Study (CBCS) (15,16) and the Women's Circle of Health Study (WCHS) (17,18), and two cohort studies, the Black Women's Health Study (BWHS) (19) and the Multiethnic Cohort Study (MEC) (20). Diagnosis years (age range) were 1993–2014 (20–74 years) in CBCS and 2002–2013 (20–75 years) in WCHS. Enrollment years were 1995 (21–69 years) in BWHS and 1993–1996 (45–75 years) in MEC. Institutional Review Board approval was granted for each individual study and for the AMBER Consortium, and informed consent was provided by all study participants. The cohort studies provided nested case-control data with approximately four controls randomly selected from among women without breast cancer, matched on year of birth and on having completed the same questionnaire as the last questionnaire completed by the case before her diagnosis (index date) of breast cancer. The nested case-control data from BWHS and MEC were pooled with case-control data from CBCS and WCHS to create an AMBER database.

### Cases of breast cancer

Eligible cases for the present study were 5819 women with a first diagnosis of invasive breast cancer or ductal carcinoma in situ and 17453 controls. For the present study, individuals with missing data on smoking status ( $n = 105$ ) were excluded, leaving 5791 cases and 17376 controls. Pathology data from hospital records or cancer registry records were used to classify cancers by subtype based on ER, progesterone receptor (PR) and human epidermal receptor 2 (HER2). In the present study, 3099 ER-positive (ER+), 1511 ER- and 694 triple-negative (ER-, PR-, HER2-) cases were included.

### Smoking measures

Smoking measures included smoking status (never, former, current), age at smoking initiation ( $\leq 14$ , 15–17, 18–20,  $\geq 21$  years), average number of cigarettes per day ( $< 5$ , 5–14, 15–24,  $\geq 25$ ), smoking duration ( $< 10$ , 10–19,  $\geq 20$  years), pack-years ( $< 10$ , 10–19,  $\geq 20$ ) and years smoked prior to first birth among parous women (calculated by subtracting age at smoking initiation from age at first birth; smoked after first birth only, 1–5, 6–9,  $\geq 10$  years).

### Statistical analysis

Distributions of smoking exposures between cases and controls were compared by chi-square tests. Associations between smoking and breast cancer were assessed by calculating odds ratios (ORs) and 95% confidence intervals (95% CIs) using unconditional logistic regression models. Never smokers were used as the common reference group. Basic models were adjusted for age (years), study (four studies), calendar year of interview (1993–1998, 1999–2005, 2006–2013) and geographic region (Northeast-NJ, Northeast-excluding NJ, South, Midwest, West and other). Multivariate models were further adjusted for education ( $< 12$ , 12, 13–15, 16,  $\geq 17$  years, unknown), age at menarche ( $< 11$ , 11–12, 13–14, 15–16,  $\geq 17$  years, unknown), age at first birth ( $< 18$ , 18–19, 20–24, 25–29, 30–34,  $\geq 35$  years, unknown), parity (nulliparous, 1–2, 3–4,  $\geq 5$ , unknown), age at menopause ( $< 45$ , 45–49, 50–54,  $\geq 55$  years, unknown), oral contraceptive use (never/ $< 1$ , 1–9,  $\geq 10$  years, unknown), estrogen only use (never,  $< 5$ ,  $\geq 5$  years, unknown), estrogen and progesterone use (never,  $< 5$ ,  $\geq 5$  years, unknown), body mass index ( $< 18.5$ , 18.5–24.9, 25–29.9, 30–34.9, 35–39.9,  $\geq 40$  kg/m<sup>2</sup>, unknown), family history of breast cancer (yes, no) and alcohol consumption (never; past; current:  $< 1$ ; current: 1–6; current:  $\geq 7$  drinks/week; unknown). For each covariate, there was  $< 2\%$  missing data. In analyses limited to participants without missing data on any covariate ( $n = 19669$ ; 85%), the results did not change. We also included the study and the year of interview as random effects in the models, but the result did not vary. For analyses of passive smoking, we excluded MEC due to lack of information. Women who had never been exposed to active or passive smoking at home were used as the reference group. Tests for linear trend were performed by entering the ordinal variable as continuous parameter in the models, excluding never smokers. Tests for interaction were performed using Wald statistics for cross-terms. *P* values were two sided and were considered statistically significant if  $< 0.05$ . All analyses were performed with SAS, version 9.4 (SAS Institute, Cary, NC).

## Results

As shown in Table 1, the CBCS had the highest proportion of ER- and triple-negative cases, due to oversampling of young women, and the MEC had the highest proportion of older women. Proportions of current smokers among controls ranged from 18.3 in BWHS to 20.7 in WCHS. The proportion of former smokers was higher in MEC (34.4) than in the other three studies (19.7–23.4), which likely reflects the high proportions of older women in MEC.

Table 2 presents results from a basic model (adjustment for age, study, year and geographic region) and fully adjusted models for associations between smoking measures and overall risk of ER+, ER- and triple-negative breast cancer. There was little difference in ORs from the basic and multivariate models. Results were similar for each cancer subtype, with few exceptions. Neither former nor current smoking was associated with risk for ER+, ER- or triple-negative breast cancer. Results were

**Table 1.** Characteristics of breast cancer cases and controls by study

	CBCS		WCHS		MEC		BWHS		Total	
	n	(%)	n	(%)	n	(%)	n	(%)	n	(%)
<b>Breast cancer cases</b>										
Total	894		1406		1138		2353		5791	
ER+	405	(45.3)	813	(57.8)	692	(60.8)	1189	(50.5)	3099	(53.5)
ER-	401	(44.9)	313	(22.3)	244	(21.4)	553	(23.5)	1511	(26.1)
ER-, PR-, HER2-	233	(26.1)	182	(12.9)	95	(8.3)	184	(7.8)	694	(12.0)
Missing	88	(9.8)	280	(19.9)	202	(17.8)	611	(26.0)	1181	(20.4)
<b>Age at diagnosis (years)</b>										
<40	139	(15.6)	162	(11.5)	0	(0.0)	182	(7.7)	483	(8.3)
40-49	289	(32.3)	395	(28.1)	16	(1.4)	690	(29.3)	1390	(24.0)
50-59	212	(23.7)	484	(34.4)	171	(15.0)	759	(32.3)	1626	(28.1)
≥60	254	(28.4)	365	(26.0)	951	(83.6)	722	(30.7)	2292	(39.6)
<b>Smoking status among controls</b>										
Total	788		1221		4590		10777		17376	
Never	470	(59.6)	705	(57.7)	2160	(47.1)	6285	(58.3)	9620	(55.4)
Former	155	(19.7)	270	(22.1)	1577	(34.4)	2519	(23.4)	4521	(26.0)
Current	163	(20.7)	246	(20.2)	853	(18.6)	1973	(18.3)	3235	(18.6)

null for all measures of smoking among the combined group of current and former smokers except duration: there was evidence of an increasing risk with increasing duration of smoking for ER+ breast cancer (OR for ≥20 years duration: 1.11, 95% CI: 1.00–1.23; *P* trend for duration categories = 0.033), but no trend observed for ER- or triple-negative breast cancer.

Table 3 presents data for all subtypes together, stratified by menopausal status. ORs from the basic and multivariate models were very similar. Among postmenopausal women, the OR for current relative to never smokers was 1.05 (95% CI: 0.94–1.17), with fully adjusted OR of 1.07 (95% CI: 0.95–1.20). Among premenopausal women, there appeared to be inverse associations for current versus never smokers (OR = 0.79, 95% CI: 0.68–0.92; fully adjusted OR = 0.80, 95% CI: 0.68–0.95). Among postmenopausal women, smoking duration and pack-years of ≥20 were associated with non-significant increases in risk (adjusted OR for ≥20 years duration = 1.14, 95% CI: 1.03–1.26); adjusted OR for ≥20 pack-years = 1.16, 95% CI: 1.01–1.33) compared with never smoking. By contrast, among premenopausal women, adjusted ORs for duration ≥20 years and pack-years ≥20 were 0.78 (95% CI: 0.64–0.94) and 0.91 (95% CI: 0.67–1.22), respectively, with similar estimates in basic and fully adjusted models. For initiation of smoking before age 15 relative to never smoking, ORs were 1.01 (95% CI: 0.82–1.25) in postmenopausal women and 0.73 (95% CI: 0.54–0.98) in premenopausal women. Although tests for interaction by menopausal status were statistically significant for all smoking measures except years smoked before first birth, the *P* values for interaction largely reflected the differences in association for ever smoking versus never smoking rather than differences for the heaviest categories of smoking exposure. We also looked at joint exposures based on findings from previous studies. In a combined analysis of age at initiation of smoking and pack-years, ORs for smoking initiation at ≤17 years and ≥20 pack-years of smoking compared with never smoking were 1.19 (95% CI: 0.84–1.70) in premenopausal women and 1.07 (95% CI: 0.87–1.32) in postmenopausal women (data not shown). In a combined analysis of total pack-years with years smoked before first birth, ORs for ≥6 years smoked before first birth and ≥20 pack-years compared with parous never smokers were 0.89 (95% CI: 0.53–1.48) in premenopausal women and 1.07 (95% CI: 0.82–1.40) in postmenopausal women (data not shown). Results did not vary when we restricted the analyses to invasive cases only (78% of the cases, data not shown).

In analyses stratified on study design (case-control versus cohort) of the original contributing studies, the inverse association observed for current smoking in premenopausal women was stronger in the case-control (OR = 0.68, 95% CI: 0.52–0.89) than in the cohort studies (OR = 0.88, 95% CI: 0.71–1.08), but a test for heterogeneity was not statistically significant (*P* = 0.64). Among postmenopausal women, ORs for current smoking were 1.00 (95% CI: 0.77–1.29) in the case-control studies and 1.08 (95% CI: 0.95–1.23) in the cohort studies.

We repeated the analyses after excluding passive smokers from the reference category (data not shown). The ORs for passive only relative to never active and never passive were 1.10 (95% CI: 0.94–1.30) among premenopausal women and 0.93 (95% CI: 0.79–1.10) among postmenopausal women. Estimates for active smoking relative to never active and never passive were similar to the estimates based on a reference group of never active smokers.

We next assessed associations with ER+, ER- and triple-negative breast cancer within strata of menopausal status (Tables 4 and 5). Among premenopausal women (Table 4), results were generally similar for ER+ and ER- cancer with a few exceptions: ORs for ≥20 pack-years versus none were 1.13 (95% CI: 0.78–1.64) for ER+ and 0.55 (95% CI: 0.30–1.01) for ER-, and ORs for ≥25 cigarettes per day were 1.09 (95% CI: 0.67–1.78) and 0.66 (95% CI: 0.33–1.32) for ER+ and ER-, respectively. Among postmenopausal women, there was some evidence of stronger associations for ER+ than ER- breast cancer. The OR for ≥20 years duration was 1.17 (95% CI: 1.04–1.32) for ER+ cancer and 1.03 (95% CI: 0.86–1.24) for ER- cancer (Table 5). The OR for ≥10 years of smoking before first birth was 1.20 (95% CI: 0.90–1.59) for ER+ and 0.93 (95% CI: 0.59–1.47) for ER- cancer. ORs for triple-negative tumors were similar to those for ER- breast cancer.

Associations between smoking and breast cancer did not differ between alcohol drinkers and non-drinkers in pre- or postmenopausal women (data not shown).

## Discussion

In this collaborative study of breast cancer in African American women, associations between cigarette smoking and breast cancer risk differed by menopausal status. Among postmenopausal women, smoking duration of ≥20 years and pack-years of ≥20 were related to a 14 and 16% increased breast cancer risk,

Table 2. Smoking and breast cancer risk by tumor subtype

	ER+		ER-		ER-, PR-, HER2-	
	n controls	n cases	n controls	n cases	n controls	n cases
		OR (95% CI) <sup>a</sup>	OR (95% CI) <sup>b</sup>	OR (95% CI) <sup>a</sup>	OR (95% CI) <sup>b</sup>	OR (95% CI) <sup>a</sup>
Never smokers	9620	1738	860	380	1.00 (ref)	1.00 (ref)
Smoking status						
Former	4521	790	382	179	1.08 (0.94-1.23)	1.19 (0.98-1.44)
Current	3235	571	269	135	0.91 (0.78-1.05)	1.07 (0.87-1.32)
Former/current smokers						
Age at smoking initiation (years)						
≥21	3294	543	243	110	1.00 (0.84-1.15)	1.09 (0.87-1.38)
18-20	2023	362	177	87	0.97 (0.81-1.16)	1.11 (0.86-1.43)
15-17	1514	285	159	81	1.11 (0.92-1.34)	1.29 (0.99-1.67)
≤14	714	148	65	35	0.94 (0.72-1.24)	1.12 (0.77-1.62)
P for trend <sup>c</sup>		0.10	0.034	0.59	0.39	0.47
Cigarettes per day						
<5	2135	353	160	80	1.04 (0.87-1.25)	1.29 (1.00-1.68)
5-14	2953	529	253	127	0.97 (0.84-1.14)	1.14 (0.92-1.41)
15-24	1822	360	163	76	0.97 (0.81-1.17)	1.02 (0.78-1.34)
≥25	691	103	68	27	1.08 (0.82-1.42)	1.03 (0.67-1.57)
P for trend <sup>c</sup>		0.94	0.63	0.85	0.74	0.26
Smoking duration (years)						
<10	1750	281	156	79	0.99 (0.82-1.19)	1.18 (0.91-1.53)
10-19	1908	281	166	76	1.04 (0.86-1.24)	1.13 (0.87-1.47)
≥20	3848	775	319	154	0.99 (0.86-1.14)	1.12 (0.91-1.37)
P for trend <sup>c</sup>		0.066	0.033	0.76	0.86	0.56
Pack-years						
<10	3766	654	329	170	0.96 (0.84-1.11)	1.14 (0.94-1.39)
10-19	2125	399	191	88	1.08 (0.90-1.28)	1.17 (0.91-1.50)
≥20	1524	272	116	48	1.01 (0.82-1.25)	1.04 (0.75-1.43)
P for trend <sup>c</sup>		0.18	0.20	0.49	0.52	0.57
Years smoked before first birth <sup>d</sup>						
Never smokers	7576	1421	735	333	1.00 (ref)	1.00 (ref)
0	2784	477	243	110	0.94 (0.83-1.08)	0.98 (0.77-1.24)
1-5	1838	302	172	87	0.97 (0.84-1.13)	1.13 (0.88-1.46)
6-9	770	149	87	41	1.12 (0.92-1.36)	1.37 (0.96-1.94)
≥10	753	148	48	27	1.11 (0.91-1.35)	0.99 (0.65-1.50)
P for trend <sup>c</sup>		0.0022	0.11	0.86	0.20	0.52

<sup>a</sup>Adjusted for age, study, time period and geographic region.

<sup>b</sup>Additionally adjusted for education, age at menarche, age at first birth, parity, status of and age at menopause, oral contraceptive use, estrogen only use, estrogen and progesterone use, body mass index, family history of breast cancer and alcohol consumption.

<sup>c</sup>Excluding never smokers.

<sup>d</sup>Among parous women.

Table 3. Smoking and breast cancer risk by menopausal status

	Premenopausal (n = 7340)				Postmenopausal (n = 14295)				P for interaction <sup>c</sup>
	n controls	n cases	OR (95% CI) <sup>a</sup>	OR (95% CI) <sup>b</sup>	n controls	n cases	OR (95% CI) <sup>a</sup>	OR (95% CI) <sup>b</sup>	
Never smokers	3532	1326	1.00 (ref)	1.00 (ref)	5441	1732	1.00 (ref)	1.00 (ref)	
Smoking status									
Former	875	286	0.80 (0.69–0.94)	0.81 (0.69–0.96)	3389	1074	1.06 (0.96–1.16)	1.07 (0.97–1.18)	0.015
Current	992	329	0.79 (0.68–0.92)	0.80 (0.68–0.95)	2021	638	1.05 (0.94–1.17)	1.07 (0.95–1.20)	
Former/current smokers									
Age at smoking initiation (years)									
≥21	514	170	0.80 (0.65–0.98)	0.82 (0.67–1.01)	2621	785	1.06 (0.96–1.17)	1.07 (0.96–1.19)	0.025
18–20	559	168	0.75 (0.62–0.92)	0.77 (0.62–0.94)	1305	448	1.11 (0.98–1.26)	1.11 (0.97–1.27)	
15–17	531	194	0.87 (0.72–1.05)	0.88 (0.72–1.07)	868	305	1.06 (0.91–1.23)	1.09 (0.93–1.27)	
≤14	240	77	0.72 (0.54–0.96)	0.73 (0.54–0.98)	439	146	0.98 (0.79–1.20)	1.01 (0.82–1.25)	
P for trend <sup>d</sup>			0.73	0.76			0.63	0.81	
Cigarettes per day									
<5	558	147	0.75 (0.61–0.92)	0.78 (0.63–0.96)	1469	433	1.02 (0.90–1.15)	1.05 (0.92–1.20)	0.026
5–14	796	261	0.76 (0.64–0.90)	0.76 (0.64–0.91)	1966	647	1.07 (0.96–1.19)	1.09 (0.97–1.22)	
15–24	369	159	0.92 (0.74–1.14)	0.93 (0.74–1.16)	1336	453	1.12 (0.98–1.27)	1.12 (0.99–1.28)	
≥25	125	43	0.86 (0.59–1.25)	0.86 (0.58–1.26)	511	156	0.99 (0.81–1.21)	0.99 (0.81–1.21)	
P for trend <sup>d</sup>			0.43	0.38			0.77	0.93	
Smoking duration (years)									
<10	582	175	0.77 (0.63–0.93)	0.77 (0.63–0.94)	1046	319	1.05 (0.91–1.21)	1.07 (0.93–1.24)	0.0072
10–19	624	206	0.87 (0.72–1.04)	0.88 (0.73–1.06)	1147	309	0.93 (0.80–1.07)	0.94 (0.81–1.08)	
≥20	625	227	0.77 (0.64–0.92)	0.78 (0.64–0.94)	3017	1051	1.12 (1.02–1.23)	1.14 (1.03–1.26)	
P for trend <sup>d</sup>			0.86	0.98			0.14	0.11	
Pack-years									
<10	1180	356	0.75 (0.65–0.86)	0.76 (0.65–0.88)	2351	754	1.01 (0.91–1.12)	1.03 (0.93–1.15)	0.024
10–19	431	172	0.89 (0.73–1.10)	0.90 (0.73–1.12)	1569	500	1.10 (0.97–1.24)	1.11 (0.98–1.26)	
≥20	214	77	0.89 (0.67–1.18)	0.91 (0.67–1.22)	1211	407	1.15 (1.01–1.31)	1.16 (1.01–1.33)	
P for trend <sup>d</sup>			0.21	0.16			0.062	0.084	
Years smoked before first birth <sup>e</sup>									
Never smokers	2472	1026	1.00 (ref)	1.00 (ref)	4575	1500	1.00 (ref)	1.00 (ref)	0.11
Smoked after only	404	161	0.75 (0.61–0.93)	0.78 (0.61–0.98)	2231	692	1.00 (0.90–1.12)	1.04 (0.92–1.17)	
1–5	491	154	0.73 (0.59–0.90)	0.78 (0.62–0.97)	1199	362	0.96 (0.83–1.10)	0.96 (0.83–1.11)	
6–9	231	85	0.87 (0.66–1.15)	0.85 (0.64–1.14)	495	185	1.20 (1.00–1.45)	1.12 (0.92–1.37)	
≥10	332	97	0.80 (0.62–1.03)	0.75 (0.57–0.98)	390	136	1.09 (0.88–1.35)	1.10 (0.87–1.39)	
P for trend <sup>d</sup>			0.32	0.71			0.17	0.45	

<sup>a</sup>Adjusted for age, study, time period and geographic region.<sup>b</sup>Additionally adjusted for education, age at menarche, age at first birth, parity, status of and age at menopause, oral contraceptive use, estrogen only use, estrogen and progesterone use, body mass index, family history of breast cancer and alcohol consumption.<sup>c</sup>Based on the multivariate model.<sup>d</sup>Excluding never smokers.<sup>e</sup>Among parous women.

**Table 4.** Smoking and breast cancer risk by tumor subtype in premenopausal women

	n controls	ER+		ER-		ER-, PR-, HER2-	
		n cases	OR (95% CI) <sup>a</sup>	n cases	OR (95% CI) <sup>a</sup>	n cases	OR (95% CI) <sup>a</sup>
Never smokers	3532	641	1.00 (ref)	384	1.00 (ref)	175	1.00 (ref)
Smoking status							
Former	875	128	0.75 (0.60–0.95)	95	0.94 (0.72–1.23)	44	0.94 (0.64–1.38)
Current	992	165	0.87 (0.70–1.08)	89	0.69 (0.52–0.91)	51	0.82 (0.57–1.20)
Former/current smokers							
Age at smoking initiation (years)							
≥21	514	74	0.77 (0.58–1.02)	49	0.79 (0.56–1.12)	23	0.83 (0.50–1.37)
18–20	559	77	0.74 (0.56–0.98)	47	0.69 (0.48–0.97)	27	0.87 (0.55–1.39)
15–17	531	97	0.92 (0.70–1.19)	64	0.98 (0.71–1.35)	33	0.96 (0.62–1.50)
≤14	240	44	0.87 (0.60–1.26)	23	0.78 (0.48–1.26)	12	0.80 (0.41–1.56)
P for trend <sup>b</sup>			0.16		0.38		0.79
Cigarettes per day							
<5	558	75	0.78 (0.59–1.04)	38	0.82 (0.56–1.18)	21	1.11 (0.66–1.84)
5–14	796	117	0.71 (0.56–0.90)	81	0.79 (0.59–1.05)	44	0.88 (0.59–1.30)
15–24	369	76	0.99 (0.74–1.33)	53	0.87 (0.61–1.23)	26	0.80 (0.49–1.32)
≥25	125	23	1.09 (0.67–1.78)	11	0.66 (0.33–1.32)	4	0.47 (0.16–1.43)
P for trend <sup>b</sup>			0.16		0.72		0.16
Smoking duration (years)							
<10	582	85	0.83 (0.63–1.07)	58	0.76 (0.55–1.05)	36	1.04 (0.68–1.59)
10–19	624	87	0.80 (0.62–1.04)	63	0.91 (0.67–1.25)	26	0.77 (0.48–1.24)
≥20	625	119	0.82 (0.64–1.05)	62	0.77 (0.56–1.07)	32	0.80 (0.51–1.25)
P for trend <sup>b</sup>			0.95		0.97		0.47
Pack-years							
<10	1180	170	0.76 (0.62–0.93)	110	0.78 (0.61–1.00)	64	0.96 (0.68–1.35)
10–19	431	74	0.83 (0.62–1.11)	59	0.98 (0.70–1.37)	24	0.80 (0.49–1.32)
≥20	214	45	1.13 (0.78–1.64)	13	0.55 (0.30–1.01)	6	0.50 (0.20–1.22)
P for trend <sup>b</sup>			0.068		0.60		0.11
Year smoked before first birth <sup>c</sup>							
Never smokers	2472	487	1.00 (ref)	308	1.00 (ref)	143	1.00 (ref)
Smoked after only	404	64	0.69 (0.50–0.96)	51	0.73 (0.50–1.06)	26	0.79 (0.47–1.33)
1–5	491	69	0.75 (0.55–1.02)	60	0.99 (0.71–1.40)	31	1.00 (0.62–1.60)
6–9	231	41	0.86 (0.59–1.27)	26	0.98 (0.61–1.57)	10	0.68 (0.33–1.42)
≥10	332	58	0.84 (0.60–1.19)	19	0.58 (0.34–0.99)	13	0.97 (0.49–1.92)
P for trend <sup>b</sup>			0.087		0.31		0.48

<sup>a</sup>Adjusted for age, study, time period, geographic region, education, age at menarche, age at first birth, parity, oral contraceptive use, estrogen only use, estrogen and progesterone use, body mass index, family history of breast cancer and alcohol consumption.

<sup>b</sup>Excluding never smokers.

<sup>c</sup>Among parous women.

respectively, and associations were more apparent for ER+ than for ER- cancer. The magnitude of the associations is quite modest compared to the relationship between smoking and lung cancer risk, where smoking duration ≥20 years and pack-years ≥20 are associated with more than 240 and 490% increased risk of lung cancer, respectively, in women (21). Among premenopausal women, measures of smoking duration and intensity were not associated with increased risk of breast cancer and results were similar for ER+, ER- and triple-negative breast cancer. Former and current smoking were associated with an approximately 20% reduction in risk, but without a clear dose-response relationship in any of the smoking variables.

Evidence for an effect of cigarette smoking on breast cancer risk is still 'insufficient' in humans, according to the IARC Monographs (22). Historically, most studies found no link between cigarette smoking and breast cancer (23), but in recent years, more studies have found that smoking is related to a higher risk of breast cancer (3,4). A meta-analysis of 15 cohort studies in 2013 showed a 12% increase in risk among current smokers and a 9% increase among former smokers, compared with never smokers (5), whereas a collaborative re-analysis in

2002 concluded that smoking had no effect on the risk of developing breast cancer (24). The 2013 meta-analysis also reported that smoking initiation at a younger age and before the first birth was associated with a higher risk of breast cancer, and an expert panel convened by four Canadian agencies, the Ontario Tobacco Research Unit, the Public Health Agency of Canada, Physicians for a Smoke-Free Canada and the Canadian Partnership Against Cancer, concluded that the association between active smoking and breast cancer is consistent with causality (3). Recently, several cohort (12,25–28) and population-based case-control (29,30) studies found an increased risk associated with various smoking measures, whereas one cohort (31) and one population-based case-control (32) study found no association with any smoking variable. However, there are few data for African American women.

Results from studies on smoking in relation to pre- and postmenopausal breast cancer are mixed (6,7). IARC Monographs in 2012 stated that results for pre- versus post-menopausal breast cancer were inconsistent (6). The US Surgeon General Report in 2014 concluded that, although a meta-analysis of 20 studies suggested greater risk in premenopausal than in

**Table 5.** Smoking and breast cancer risk by tumor subtype in postmenopausal women

	n controls	ER+		ER-		ER-, PR-, HER2-	
		n cases	OR (95% CI) <sup>a</sup>	n cases	OR (95% CI) <sup>a</sup>	n cases	OR (95% CI) <sup>a</sup>
Never smokers	5441	1000	1.00 (ref)	415	1.00 (ref)	180	1.00 (ref)
Smoking status							
Former	3389	611	1.04 (0.92–1.17)	259	1.11 (0.93–1.33)	120	1.17 (0.90–1.51)
Current	2021	365	1.12 (0.97–1.30)	145	0.93 (0.75–1.16)	68	0.97 (0.71–1.34)
Former/current smokers							
Age at smoking initiation (years)							
≥21	2621	448	1.03 (0.90–1.18)	170	1.01 (0.83–1.24)	77	1.08 (0.80–1.46)
18–20	1305	254	1.14 (0.97–1.34)	110	1.08 (0.85–1.38)	52	1.17 (0.83–1.65)
15–17	868	165	1.08 (0.89–1.32)	81	1.13 (0.86–1.48)	39	1.17 (0.79–1.74)
≤14	439	90	1.13 (0.87–1.46)	37	1.01 (0.69–1.47)	19	1.03 (0.60–1.75)
P for trend <sup>b</sup>			0.56		0.68		0.69
Cigarettes per day							
<5	1469	257	1.09 (0.93–1.27)	107	1.11 (0.88–1.41)	51	1.26 (0.90–1.77)
5–14	1966	373	1.09 (0.95–1.26)	151	1.04 (0.84–1.28)	70	1.05 (0.77–1.43)
15–24	1336	261	1.13 (0.96–1.33)	91	0.92 (0.71–1.18)	42	0.96 (0.66–1.38)
≥25	511	72	0.83 (0.63–1.09)	49	1.20 (0.86–1.68)	21	1.15 (0.69–1.90)
P for trend <sup>b</sup>			0.23		0.67		0.55
Smoking duration (years)							
<10	1046	170	1.01 (0.84–1.21)	83	1.12 (0.87–1.46)	37	1.16 (0.79–1.71)
10–19	1147	176	0.92 (0.76–1.10)	81	1.03 (0.79–1.34)	41	1.21 (0.84–1.75)
≥20	3017	611	1.17 (1.04–1.32)	231	1.03 (0.86–1.24)	106	1.04 (0.79–1.37)
P for trend <sup>b</sup>			0.023		0.64		0.68
Pack-years							
<10	2351	432	1.03 (0.90–1.18)	188	1.05 (0.86–1.27)	91	1.12 (0.85–1.49)
10–19	1569	301	1.18 (1.01–1.38)	113	1.02 (0.81–1.28)	53	1.09 (0.77–1.53)
≥20	1211	214	1.07 (0.90–1.27)	90	1.10 (0.85–1.42)	37	1.04 (0.71–1.54)
P for trend <sup>b</sup>			0.42		0.67		0.81
Years smoked before first birth <sup>c</sup>							
Never smokers	4575	858	1.00 (ref)	375	1.00 (ref)	167	1.00 (ref)
Smoked after only	2231	393	1.00 (0.86–1.16)	165	1.00 (0.81–1.24)	72	0.90 (0.65–1.24)
1–5	1199	198	0.98 (0.81–1.18)	96	0.94 (0.73–1.21)	47	0.98 (0.68–1.42)
6–9	495	94	1.11 (0.86–1.43)	50	1.16 (0.82–1.63)	24	1.42 (0.87–2.31)
≥10	390	85	1.20 (0.90–1.59)	26	0.93 (0.59–1.47)	12	1.04 (0.53–2.03)
P for trend <sup>b</sup>			0.70		0.37		0.91

<sup>a</sup>Adjusted for age, study, time period, geographic region, education, age at menarche, age at first birth, parity, oral contraceptive use, estrogen only use, estrogen and progesterone use, body mass index, family history of breast cancer and alcohol consumption.

<sup>b</sup>Excluding never smokers.

<sup>c</sup>Among parous women.

postmenopausal women, it remained uncertain whether the association of smoking with breast cancer differed by menopausal status (7). In the present study of African American women, we found inconsistent directions in the associations with smoking exposures by menopausal status, with inverse associations between smoking and risk of premenopausal breast cancer and positive associations with postmenopausal cancer. We can only speculate as to the biologic mechanisms that could be at play to explain reduced risk with smoking in younger African American women with breast cancer. It has been shown in numerous studies that serum estradiol levels are significantly higher across the menstrual cycle in African American compared with Caucasian women (33), particularly in premenopausal women (reviewed in reference), and that serum hormone levels differ according to smoking status, with lower estradiol and estrone among premenopausal women who are smokers (34). In the Women's Health Initiative, smoking was associated with increased risk of infertility and natural menopause occurring before the age of 50 years (35), illustrating effects on reproductive and hormonal factors. Smoking has been shown to exert estrogen-lowering effects in premenopausal women through the action of nicotine

on increasing the number of regressing follicles in the ovary and blocking the aromatase enzyme, leading to a decreased conversion of androgens to estrogens (36).

Because African American women have higher estrogen levels throughout the menstrual cycle than Caucasians and have greater prevalence of premenopausal breast cancer, it may be plausible to suggest that potential anti-estrogenic effects of cigarette smoking, by reducing levels of estradiol and estrone, could reduce risk of premenopausal breast cancer in African American women. This reduction in estrogen levels in premenopausal women may outweigh an increased risk due to the carcinogens in cigarette smoke. To our knowledge, inverse associations between smoking and premenopausal breast cancer have not been previously reported, and these findings among premenopausal African American women merit further investigation. In contrast to the findings in premenopausal women, among postmenopausal women in our study, longer duration of smoking was related to an increased risk of breast cancer. Tobacco smoking is associated with higher levels of sex hormones in postmenopausal women (37), which may partly explain the link between tobacco and breast cancer risk, apart from its direct

toxic and carcinogenic effects. The mechanism for these associations is unknown but may involve more general effects on the hypothalamic–pituitary–adrenal axis (38). Therefore, cigarette smoking may not have the same effects on breast cancer risk in pre- and post-menopausal women (36,37).

Previous findings have been inconsistent on the association of smoking with breast cancer subtypes defined by hormone receptor status (6,7). Recent large cohort studies in Europe and the USA found an increased risk in current and former smokers for ER+ but not for ER– breast cancer, although the interaction tests were not statistically significant (5,26). A population-based case–control study of young women in the USA found that ever smokers had an increased risk of ER+ but not of triple-negative breast cancer (30). A case–control study in Japan reported that women who start to smoke as teenagers might have a higher risk of postmenopausal ER–/PR– cancer (39). In our study, the association of smoking with postmenopausal cancer risk was somewhat stronger for ER+ than for ER– cancer. Cigarette smoking has direct carcinogenic effects in breast tissue, since mammary carcinogens in cigarette smoke can reach breast tissue (40), form DNA adducts and cause mutations (41,42). These effects may explain the increased risk observed among postmenopausal women in our study. Also, carcinogens in tobacco smoke can have both estrogenic and anti-estrogenic effects (30,36,43). Therefore, the effects of tobacco smoke on breast cancer risk via estrogen metabolism are not straightforward.

To our knowledge, no study other than those participating in the AMBER Consortium reported the association between smoking and breast cancer risk in an African American population. CBCS previously found a stronger association in African Americans than in whites (11). BWHS reported an increased risk of premenopausal ER+ breast cancer associated with active smoking, especially smoking at younger age and higher pack-years (12). MEC and WCHS did not report separately on African American women.

Strengths of our study include a large sample size and a wide range of covariates. The AMBER Consortium offers a unique opportunity to assess risk factors for specific subtypes of breast cancer and subgroups in African American women with adequate statistical power. A limitation is that we were not able to examine exposure to passive smoking for the entire dataset, because MEC did not collect data on it. However, when we ran the analysis limited to women with secondhand smoking information, no significant association was found with passive smoking. We were not able to consider duration or intensity of passive smoking due to insufficient information. Two of the four studies included in the analysis were case–control studies, which could be subject to recall bias and to underrepresentation of smokers among controls. Separate analyses of the case–control studies and the original cohort studies did not provide evidence of such bias. Another limitation is that HER2 data were missing for many participants, since testing for HER2 expression did not become widespread until 2005. ER status was also missing for a substantial proportion (20%) of subjects, which may lead to bias in risk estimates.

In conclusion, we found an increased risk of postmenopausal breast cancer associated with long duration and greater pack-years of smoking in African American women, possibly stronger for ER+ cancer, but a decreased risk of premenopausal breast cancer in former and current smokers.

## Funding

National Cancer Institute (P01CA151135 to all investigators, UM1CA164973 to S.-Y.P. and C.A.H., P50CA58223 to A.F.O.,

R01CA058420 and UM1CA164974 to L.R., T.N.B. and J.R.P., R01CA100598 to C.B.A.); Breast Cancer Research Foundation (to C.B.A.); University Cancer Research Fund of North Carolina (to A.F.O.).

*Conflict of Interest Statement:* None declared.

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