REPORT

Aging hair follicles rejuvenated by transplantation to a young subcutaneous environment

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ABSTRACT

We demonstrate in the present study that young host mice rejuvenate aged hair follicles after transplantation. Young mice promote the hair shaft growth of transplanted old hair follicles, as well as young follicles, in contrast to old host mice, which did not support hair-shaft growth from transplanted old or young follicles. Nestin-expressing hair follicle-associated pluripotent (HAP) stem cells of transplanted old and young hair follicles remained active in young host nude mice. In contrast, the nestin-expressing HAP stem cells in young and old hair follicles transplanted to old nude mice were not as active as in young nude host mice. The present study shows that transplanted old hair follicles were rejuvenated by young host mice, suggesting that aging may be reversible.

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Introduction

Recently, parabiosis experiments pairing old and young mice have suggested that some features of aging organs in old mice, in particular stem cells, can be reversed by factors in blood of young mice,¹ including brain,^{2,3} spinal cord,⁴ and heart.⁵

The hair follicle, which cycles through telogen (resting), anagen (growing), and catagen (regression) throughout the life of mammals, undergoes obvious age-related changes including hair loss.⁶ The hair follicle contains hair-follicle-associated pluripotent (HAP) stem cells,⁷⁻²¹ which may also deteriorate during aging.

Instead of using complex parabiosis surgery,³ we used hairfollicle subcutaneous transplantation in order to determine if the hair follicle, including its ability to produce hair shafts, and its HAP stem cells, can be rejuvinated.

Results and discussion

Young host nude mice rejuvenate aging hair follicles to regrow long hair shafts

We transplanted young whisker hair follicles subcutaneously into both young and old nude mice. We also transplanted old whisker hair follicles into young and old nude mice (Fig. 1). In young nude mice, the transplanted young hair follicles started to establish blood vessel connections and hair shafts began to grow by week 2, at which time the average length of the 10 longest hair shafts was 1.03 mm \pm 0.16 mm. By week 4, the growth rate of the hair shafts began to increase and the average of the 10 longest hair-shaft length was 4.37 mm \pm 0.88 mm. By week 6, the hair-shaft length was 5.99 mm \pm 1.69 mm, and at week 8, the hair-shaft length was 6.52 mm \pm 1.49 mm. The old hair follicles transplanted to young nude mice also established blood vessel connections by week 2, at which time the average length of the 10 longest hair shafts was 0.73 mm \pm 0.12 mm. The hair-shaft growth rate increased by week 4, having a hair-shaft length of 1.98 mm \pm 0.55 mm and continued to grow at week 6 with a hair-shaft length of 2.70 mm \pm 0.81 mm, and at week 8 with a hair-shaft length of 3.62 mm \pm 0.59 mm. The growth rate of old hair follicles in young nude mice was somewhat slower than young hair follicles (Figs. 2 and 3).

In contrast, in old nude mice, both transplanted young and old hair follicles failed to regrow extensive hair shafts (Figs. 2 and 3). At week 2 and week 4, both the young and old transplanted hair follicles had less blood vessel connections with old host mice, in contrast to blood vessel connections in young mice.

Therefore, our results showed that both young and old hair follicles can regrow extensive hair shafts when transplanted to young nude mice, while neither young nor old hair follicles can regrow extensive hair shafts when transplanted to old nude mice. These results suggest that young nude mice can provide a more suitable environment to subcutaneously-transplanted hair follicles, both young and old, than old nude host mice. These results also suggest a large influence of the host nude on the donated hair follicles, due to the fact that both young and old hair follicles fail to regrow long hair shafts in old host mice. Old hair follicles had the capability to regrow long hair shafts when transplanted to young host mice, suggesting that old hair follicles can be rejuvenated by young host mice.

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Figure 1. Experimental scheme for subcutaneous transplantation of whisker hair follicles. Whisker hair follicles were first isolated from both young and old nestin-driven green fluorescent protein (ND-GFP) transgenic hairy mice and placed into culture medium. Both young and old hair follicles were subsequently transplanted into the subcutis on both flanks of young and old non-transgenic nude mice. Please see the Materials and Methods for details.

Hair follicle-associated pluripotent (HAP) stem cell behavior in transplanted follicles in young and old mice

In young nude host mice, HAP stem cells in the transplanted follicles were active throughout the 8-week experimental period as can be seen by their expression of nestindriven green fluorescent protein (ND-GFP). ND-GFP expressing cells were widely distributed in both young and old hair follicles transplanted to young host nude mice. HAP stem cells were located in various areas of the follicle, including the follicle sensory nerve, hair matrix bulb and outer-root sheath. HAP stem cells surrounded the hair bulb at week 8 suggesting their role in hair-shaft regrowth (Fig. 4). In old hair follicles of old nude mice, most of the ND-GFP expressing cells were located in the attached sensory nerves but not in the center of the hair follicle as they were in young follicles transplanted to young mice (Fig. 5). Thus, the subcutaneous environment has a strong influence on the HAP stem cells of young and old hair follicles.

Recent results have shown that young blood rejuvenates aging organs, possibly via stem cells.¹ Similarly, the young subcutaneous environment stimulates or rejuvenates hair-shaft growth in old follicles, also possibly via stem cells. We observed that both young and old hair follicles established blood vessel connections within 2 weeks after transplantation to young mice (Fig. 2). In contrast, in old nude mice, both young and old hair follicles failed to establish sufficient blood vessel connections. This result indicated that hair-shaft regrowth failure of transplanted hair follicles in old host mice may be due to a deficiency in angiogenesis in old nude mice.

The rejuvenated hair shaft regrowth capability of aging hair follicles effected by subcutaneous transplantation into young nude mice suggests that the aging hair loss (alopecia) may be reversible. Furthermore, this hair follicle aging model is a relatively short-term experiment compared to other life-long aging experiments and an efficient tool to test hair-growth promoting drugs.

Circadian-clock genes have been shown to regulate the hair growth cycle, possibly by modulating the cell cycle in the secondary hair germ.²² The circadian genes may play a role in aging of the hair follicle which is manifested in hair loss and color.²³ TP53 can convert CDKN1A (p21^{CIP1})-induced irreversible senescence into reversible quiescence possibly by inhibiting the mechanistic target of rapamycin (MTOR).^{24,25} High doses of doxorubicin and nutlin-3a, an inhibitor of the interaction between TP53 and its major negative regulator HDM2, promoted reversible quiescence, instead of irreversible senescence.^{25,26} MTOR inhibitors, such as rapamycin, may be able to rejuvenate stem cells within the aging hair follicle, as well as restore the responsiveness of the aging stem cells to stimuli.²⁷ Future experiments will also focus on the role of stem cells in the aging hair follicle and pharmaceutical rejuvenation of this process, such as with rapamycin.



Figure 2. Comparsion of hair-shaft growth from young and old hair follicles transplanted in young or old nude mice. Whisker follicles were isolated from young and old ND-GFP transgenic hairy mice and transplanted to young and old non-transgenic nude mice. Hair-shaft length was measured with the Dino-Lite microscope imager. Please see Materials and Methods for details.

Materials and methods

Mice

Nestin-driven green fluorescent protein (ND-GFP) transgenic immunocompetent mice and non-transgenic nude mice (AntiCancer, Inc., San Diego, CA), at different ages, were used. ND-GFP is expressed in the hair-follicle associated pluripotent (HAP) stem cells.^{7,28} Mice were kept in a barrier facility under HEPA filtration. Mice were fed with an autoclaved laboratory rodent diet. All mouse surgical procedures and imaging were performed with the animals anesthetized by subcutaneous injection of a ketamine mixture (0.02 ml solution of 20 mg/kg ketamine, 15.2 mg/kg xylazine, and 0.48 mg/kg acepromazine maleate). All animal studies were conducted with an AntiCancer Institutional Animal Care and Use Committee (IACUC)-protocol specifically approved for this study and in accordance with the principles and procedures outlined in the National



Figure 3. Quantitative time-course growth data of the average of the 10 longest hair shafts in the different groups after hair-follicle subcutaneous transplantation. Please see legend to Figure 2 for details.



Figure 4. Time-course comparison of ND-GFP fluorescence of HAP stem cells and their location in young and old hair follicles transplanted to young nude host mice. ND-GFP expressing HAP stem cells were located in various areas: sensory nerve, hair matrix bulb area, and outer-root sheath area. HAP stem cell ND-GFP fluorescence was imaged with the Dino-Lite. In the fluorescence images, each follicle is outlined with a dashed line and numbered for comparison with the brightfield images where the follicles are numbered. Please see the Materials and Methods for details.

Institutes of Health Guide for the Care and Use of Animals under Assurance Number A3873-1, as described above.

Isolation and subcutaneous transplantation of whisker hair follicles

Mice were anesthetized with the ketamine mixture described above. The whisker pad of the nestin-GFP transgenic mice was removed, and its inner surface was exposed and dissected under a binocular microscope with a small scissors to separate each follicle. The isolated follicles were quickly washed in PBS for 2 seconds and maintained in DMEM (GIBCO Life Technologies, Grand Island, NY) for transplantation.

Both young and old hair follicles were then transplanted into the subcutis on both flanks of young and old nude mice (Fig. 1). An "L" shape incision in the skin on the back of nude mice was made using fine scissors and the hair follicle was carefully inserted under the skin. On day-0, after obtaining images with the portable Dino-Lite microscope imager (AM4113TGFBW Dino-Lite Premier; AnMo Electronics Corporation, Taiwan),²⁹ the skin was closed with a 6-0 suture. The host young nude mice were approximately 4 weeks old, and aging host nude mice were approximately 7.5 months old. Donor young hairy ND-GFP mice were approximately 6 weeks old, while the donor aging hairy ND-GFP mice were 14 months old. Four groups were set up as follows: young transplanted hair follicle young host nude mice group (Young HF-Young mice); old transplanted hair follicle - young host nude mice (Old HF-Young mice); young transplanted hair follicle - old host nude mice (Young HF-Old mice); and old transplanted hair follicle old host nude mice (Old HF-Old mice). Each group consisted of 17-20 hair follicles. The skin flap, which contained the transplanted hair follicles was exposed and observed every 2 weeks (0, 2, 4, 6, and 8 weeks). The transplanted hair follicles were exposed by making a larger "L" shape incision around the edge of the scar in the skin which resulted from transplantation of the hair follicles as described above, on the back of nude mice, and avoiding the hair follicles and connected blood vessels



Figure 5. Time-course comparison of ND-GFP fluorescence of HAP stem cells in young and old hair follicles transplanted to old nude host mice. After subcutaneous transplantation. ND-GFP-expressing HAP stem cells in young hair follicles of old nude mice were located mainly in the center of hair follicles (arrows), while in old hair follicles, the ND-GFP expressing HAP stem cells were located mainly in the attached sensory nerves (arrow). HAP stem cell ND-GFP fluorescence was imaged with the Dino-Lite. In the fluorescence images, each follicle is outlined with a dashed line and are also numbered for comparison with the brightfield images where the follicles are numbered. Please see the Materials and Methods for details.

associated with them. The skin was lifted and the skin-flap opened in order to obtain images with the portable Dino-Lite microscope imager. After obtaining the images, the incision was closed with a 6-0 suture.

Measurement of hair shaft length

In vivo hair-follicle images, obtained with the Dino-Lite, were used to determine the length of each hair shaft using Image Pro Plus 6.0 software. The average length of the 10 longest hair shafts in each group is presented as the mean \pm SEM. Group differences were obtained using the ANOVA test. The significance level for all tests was P < 0.05.

Disclosure of potential conflicts of interest

No potential conflicts of interest were disclosed.

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Dedication

This paper is dedicated to the memory of A.R. Moossa, M.D.

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