Analyzing Deoxyribose Nucleic Acid from Malaria Rapid Diagnostic Tests to Study *Plasmodium falciparum* Genetic Diversity in Mali

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Abstract. We evaluated the use of positive malaria rapid diagnostic tests (mRDTs) to determine genetic diversity of *Plasmodium falciparum* in Mali. Genetic diversity was assessed via multiple loci variable number of tandem repeats analysis (MLVA). We performed DNA extraction from 104 positive and 30 negative used mRDTs that had been stored at ambient temperature for up to 14 months. Extracted DNA was analyzed via quantitative polymerase chain reaction (qPCR), and MLVA genotyping was then assessed on positive qPCR samples. Eighty-three of the positive mRDTs (83/104, 79.8%) and none of the negative mRDTs were confirmed *P. falciparum* positive via qPCR. We achieved complete genotyping of 90.4% (75/83) of the qPCR-positive samples. Genotyping revealed high genetic diversity among *P. falciparum* populations in Mali and an absence of population clustering. We show that mRDTs are useful to monitor *P. falciparum* genetic diversity and thereby can provide essential data to guide malaria control programs.

Genetic diversity analysis of *Plasmodium falciparum* in humans and parasite population dynamics are useful to monitor malaria control and elimination strategies. Indeed, several multiple loci variable number of tandem repeats analysis (MLVA) studies using microsatellite markers have shown that *P. falciparum* population genetics correlated with malaria transmission intensity in Africa and provided epidemiologically relevant information.^{1–5} Assessing malaria parasite genetic diversity over time can also help to evaluate malaria control programs. For instance, a *P. falciparum* microsatellite-based survey in Djibouti has revealed a significant decline in genetic diversity between 1998 and 2009, which was compatible with pre-elimination goals.⁵

Plasmodium falciparum genetic diversity has been well described in humans throughout the world^{1–5}; however, this type of study is difficult to manage in the field. Indeed, collection, transportation, and storage of large amounts of blood samples remain difficult in remote areas with a tropical climate. Sampling of dried blood spots on filter papers partially circumvents these technical difficulties, thereby enabling detection and genotyping of *P. falciparum* from archived specimens.^{1,4,5} Nevertheless, patient consent is required as long as specific blood sampling is required for the study.

Malaria rapid diagnostic tests (mRDTs) detect the presence of circulating *P. falciparum*-specific antigens, such as histidinerich protein 2 (PfHRP2) and lactate dehydrogenase. They are highly recommended by the World Health Organization for systematic malaria diagnosis before artemisinin-based combination therapy of uncomplicated malaria cases.⁶ As mRDTs are already used for case management, they are widely available in malaria-endemic countries and therefore represent a potential source of *P. falciparum* DNA for large population studies. Furthermore, patient consent is not required for such investigations, as mRDTs are passively collected during patient care and would normally been discarded once interpreted. Previous studies have shown that used mRDT nitrocellulose strips harbor *P. falciparum* DNA,⁷⁻¹⁰ and thereby enable the detection of antimalarial drug-resistant genes via the single nucleotide polymorphism genotyping.⁸ This study aimed to assess whether used mRDTs stored at room temperature provide sufficient quality DNA to conduct MLVA genotyping of *P. falciparum* in Mali.

Between October 2013 and January 2015, we randomly selected a total of 134 used mRDTs (104 PfHRP2 positive and 30 PfHRP2 negative) from four sites in Mali (Figure 1, Table 1). Blood samples were collected via finger prick (5–10 μ L) and absorbed onto mRDTs (SD BIOLINE Malaria Ag P.f[®] and P.f/Pan[®], Standard Diagnostics, Kyonggi, Republic of Korea) by Malaria Research and Training Center (MRTC) clinicians during the systematic testing of symptomatic febrile patients. Used mRDT samples were stored and transported at ambient temperature to the MRTC Central Laboratory in Bamako, Mali. The samples were then randomly selected and air transported to Marseilles, France, where *P. falciparum* DNA was extracted from January 2015 to August 2015.

The mRDT nitrocellulose strips (cut into five identical pieces) were incubated for 48 hours at ambient temperature in 800 µL of lysis buffer (bioMérieux, Marcy l'Etoile, France). The extracted DNA was eluted in 100 µL of elution buffer using a NucliSENS EasyMAG instrument (bioMérieux).¹¹ Screening for P. falciparum was performed via quantitative polymerase chain reaction (qPCR) using a LightCycler 480 PCR system (Roche Diagnostics, Meylan, France) with specific primers targeting the 18S rRNA gene.¹² Each experimental run included both a negative (no template) and a positive (P. falciparum 18S rRNA plasmid) control. Standard curves were generated with serial 10-fold dilutions of the plasmid to allow for species-specific quantification of parasite density (number of parasites/µL of blood). We assumed that each genome of P. falciparum has five copies of the 18S rRNA gene (as observed in the 3D7 genome).¹³ The qPCR-positive samples were genotyped using eight polymorphic microsatellite markers specific for P. falciparum (Poly a, TA109, TA1, TA81, TA42, ARA2, PfPK2, and Pfg377).¹ Microsatellite

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FIGURE 1. Map of the four study sites in Mali. The size of the red dots indicates the relative approximate number of inhabitants of Bamako, Bougoula, Djoliba, Samako, and Kolle. Samako and Kolle were pooled as a single site because of geographic proximity.

amplification was performed applying a semi-nested PCR strategy using fluorescent end-labeled primers.¹ PCR products were analyzed using an ABI 3130XL capillary sequencer (Applied Biosystems, Foster City, CA). To differentiate allele peaks from stutter peak artifacts, we scored multiple alleles per locus if minor peaks were > 33% of the height of the major peak, corresponding to the predominant allele.¹ We also discarded peaks with a fluorescence intensity < 100 units. Genetic diversity metrics were assessed using Arlequin v3.5 (Excoffier & Lischer 2010) software based on complete genotypes. For a haploid organism, genetic diversity was defined as a measure of the probability to randomly draw a pair of different alleles from an allelic pool. Potential values ranged from 0 (no diversity, 100% similarity between alleles) to one (maximal diversity, 100% of the alleles are different). Because of the frequent occurrence of multiclonal infections, we only considered major peaks when determining genotypes for genetic diversity and haplotype analysis.^{1–5} To analyze the relationship between *P. falciparum* haplotypes, we computed a dendrogram using the Unweighted Pair Group Method with Arithmetic Mean (UPGMA) method (BioNumerics v7.1 Software, Applied Maths, Ghent, Belgium).

Eighty-three of the positive mRDTs (83/104, 79.8%) and none of the negative mRDTs were confirmed *P. falciparum*positive via qPCR (Table 1). Among the 83 qPCR-positive samples, 75 (90.4%) were successfully genotyped for all test loci (Table 1). The eight remaining samples displayed one (N = 3), two (N = 2), three (N = 1), and four (N = 2) negative loci of the eight loci tested (see Table 3 for complete microsatellite data). Mean PCR cycle threshold (C_t) values were 31.94 ± 3.15 for the 75 samples that were completely genotyped (estimated parasitemia ranging from 11 to 512,000

TABLE 1

Epidemiological and sampling characteristics as well as the qPCR and MLVA results of the 104 mRDT-positive samples collected from four sites in Mali

Study sites	Djoliba	Kolle (K) Samako (S)	Bamako	Bougoula	Total
Sampling period	October 2013 to January 2014	November 2014 (K) December 2014 (K) January 2015 (K) (S)	December 2014 January 2015	January 2015	
Endemicity*†	Hyperendemic	Hyperendemic	Hypoendemic	Hyperendemic	
Patients sampled, no.	34	27	28	15	104
Positive PCR for <i>Plasmodium falciparum</i> , n (%)	29 (85.3)	24 (88.9)	20 (71.4)	10 (66.7)	83 (79.8)
Complete genotype ($N = 8 \text{ loci}$), $n(\%)$	28 (96.5)	21 (87.5)	18 (90.0)	8 (80.0)	75 (90.4)
Genetic diversity (mean \pm SD)	$0.7\dot{6} \pm 0.18$	0.75 ± 0.16	0.78 ± 0.17	0.69 ± 0.36	0.75 ± 0.22

MLVA = multiple loci variable number of tandem repeats analysis; mRDTs = malaria Rapid Diagnostic Tests; qPCR = quantitative polymerase chain reaction; SD = standard deviation. *Data from various Malian official reports and studies reviewed in a published thesis in French. (Doumbo O, 1992. Epidémiologie du paludisme au Mali, étude de la chloroquinorésistance, essai de stratégie de contrôle basée sur l'utilisation de rideaux imprégnés de permethrine associée au traitement systématique des accès fébriles. Thèse de Doctorat. Sciences Biologiques, Montpellier II, France.)

†Malaria endemicity levels based on *P. falciparum* prevalence among children aged 2-10 years (PfPR₂₋₁₀), according to the World Health Organization classification: hypoendemic, 0-10%; hyperendemic, 50-75%.

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TABLE 2
Quantification of samples via qPCR cycle threshold and estimated parasitemia based on the number of positive loci

	Complete genotypes (8 positive loci; $N = 75$)	Incomplete genotypes (< 8 positive loci; $N = 8$)
PCR cycle threshold (mean \pm SD)	31.94 ± 3.15	37.52 ± 1.92
Estimated parasitemia* (parasites/ μ L blood) (mean \pm SD)	$43,067 \pm 82,558$	$749 \pm 1,280$
Range of estimated values of parasitemia* (parasites/µL blood)	11–512,000	0.01–3,620

qPCR = quantitative polymerase chain reaction; SD = standard deviation. *Estimation of parasite density: ([copy number of the gene in 1 µL of DNA] × [100/25]). We assumed that each genome of *Plasmodium falciparum* has five copies of the *I8S rRNA* gene,¹³ that 5 µL of blood was spotted onto malaria rapid diagnostic tests, and that extracted DNA was eluted into 100 µL.

parasites/ μ L) versus 37.52 ± 1.92 for the eight incompletely genotyped samples (estimated parasitemia ranging from 0.01 to 3,620 parasites/ μ L) (Table 2).

Genetic diversity was high (mean value of 0.75) and did not differ between the urban site of Bamako and the rural sites of Samako/Kolle (which were pooled together because of geographical proximity) and Djoliba (Table 1). The dendrogram based on the analysis of the 75 complete haplotypes (Figure 2) demonstrates that each haplotype was unique, which is consistent with the high level of isolate genetic diversity. The absence of major haplotype clustering between and within study sites indicates a lack of local clonal expansion of *P. falciparum*.

Our findings show that mRDTs are a very accessible, convenient, and efficient tool to detect and genotype P. falciparum from patient blood samples. As mRDTs are already widely used for malaria case management, such samples can be collected and stored in large-scale in malaria-endemic countries. Systematic collection of used mRDTs can be considered for genetic diversity studies without specific population sampling procedures or patient consent requirements. Malaria RDTs are also suitable for field conditions, as they can be transported and stored at ambient temperature, even for extended periods. Indeed, after a 14-month storage period at ambient temperature, DNA quality and quantity were sufficient to perform complete genotyping of 90.4% of the qPCR-positive samples. In addition, mRDTs can be transported in simple packages; this feature is critical as it is increasingly difficult to ship biological samples because of the expansion of international biological risk.

Of 104 mRDT-positive samples, 21 tested negative via qPCR. This discrepancy may be due to false-positive mRDT results associated with the persistence of PfHRP2 antigenemia following malaria treatment, as previously observed.^{10,14} Malaria RDT-positive samples that yielded negative qPCR results could also be interpreted as false-negative qPCR results because of the presence of PCR inhibitors or DNA extraction failure. Insufficient parasitic material may also yield a false-negative result, as the blood volume spotted onto mRDTs is low (5–10 μ L) compared with the blood volume usually spotted on filter papers (50 μ L). However, previous studies have reported the absence of PCR inhibitors in samples obtained from mRDTs.^{7,9} Furthermore, the estimated qPCR sensitivity from mRDT samples is much higher than that of mRDT antigen capture and field microscopy (both estimated to 100 parasites/ μ L).¹ Indeed, the presence of a single parasite in a 5–10 μ L blood sample spotted onto an mRDT should be sufficient to yield a positive qPCR result.9

Eight of 83 samples (9.6%) were not successfully genotyped for all test loci despite a positive qPCR result. This outcome may be due to low parasite density, as indicated by the higher C_t values (mean C_t of 37) compared with the successfully genotyped samples (mean C_t of 32). This result may also be due to unsuccessful primer recognition because of high polymorphism or local DNA alterations of the target sequence. Nevertheless, 90.4% of samples were completely genotyped for all eight test loci, which provided sufficient data to examine *P. falciparum* genetic diversity.

Our study demonstrates high genetic diversity among *P. falciparum* populations in Mali (mean genetic diversity = 0.75), which indicates a high intensity of malaria transmission in the country. These results are compatible with local malaria epidemiology, as Mali has yet to reach the malaria pre-elimination stage. Microsatellite studies performed in other malaria-endemic countries in Africa have also reported high genetic diversity of *P. falciparum*, ranging from 0.72 to 0.8.¹⁻⁴

These techniques of DNA extraction and genotyping from used mRDTs have already been transferred to the MRTC in Mali and will serve to monitor genetic diversity of *P. falciparum* in the context of malaria control. This approach will also facilitate the monitoring of drug resistance via genotyping of resistance genes. Using mRDTs, future large-scale *P. falciparum* genetic studies would be relatively cost-effective and easy to carry out, as they circumvent specific blood sampling, storage, and transportation. This technique thus represents a breakthrough in the capacity to bolster field malaria epidemiological studies.

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FIGURE 2. UPGMA dendrogram displaying the relationship between the *Plasmodium falciparum* haplotypes (N = 75). The isolates are colored according to geographic location in the dendrogram. Red: Djoliba; blue: Samako/Kolle; green: Bamako; and gold: Bougoula.

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