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# **Voluntary wheel running reduces voluntary consumption of ethanol in mice: identification of candidate genes through striatal gene expression profiling**

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# **Abstract**

Hedonic substitution, where wheel running reduces voluntary ethanol consumption has been observed in prior studies. Here we replicate and expand on previous work showing that mice decrease voluntary ethanol consumption and preference when given access to a running wheel. While earlier work has been limited mainly to behavioral studies, here we assess the underlying molecular mechanisms that may account for this interaction. From four groups of female C57BL/6J mice (control, access to two-bottle choice ethanol, access to a running wheel, and access to both two-bottle choice ethanol and a running wheel), mRNA-sequencing of the striatum identified differential gene expression. Many genes in ethanol preference quantitative trait loci were differentially expressed due to running. Furthermore, we conducted Weighted Gene Coexpression Network Analysis and identified gene networks corresponding to each effect behavioral group. Candidate genes for mediating the behavioral interaction between ethanol consumption and wheel running include multiple potassium channel genes, Oprm1, Prkcg, Stxbp1, Crhr1, Gabra3, Slc6a13, Stx1b, Pomc, Rassf5, Polr2a, and Camta2. After observing an overlap of many genes and functional groups previously identified in studies of initial sensitivity to ethanol, we hypothesized that wheel running may induce a change in sensitivity, thereby affecting ethanol consumption. A behavioral study examining Loss of Righting Reflex to ethanol following exercise trended toward supporting this hypothesis. These data provide a rich resource for future studies that may better characterize the observed transcriptional changes in gene networks in response to ethanol consumption and wheel running.

# **Introduction**

Although the prevalence of alcohol use disorders remains high, there are relatively few treatment options available (Gunzerath et al., 2011; Rehm et al., 2009; Warren and Hewitt,  $2010$ ; WHO | World Health Organization). The concept of hedonic substitution, replacement

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of one rewarding behavior with another, is a promising area of research. Exercise has been used in the past to help reduce ethanol intake in heavy drinkers (Correia et al., 2005, Murphy et al., 1986. Weinstock, 2010. Werch et al., 2011<sub>)</sub>, and animal studies have shown consistent interaction effects with ethanol consumption (Darlington et al., 2014; Ehringer et al., 2009. Hammer et al., 2010. McMillan, 1978. McMillan et al., 1995. Ozburn et al., 2008. Werme et al., 2002). However, little is known about the neurobiology of this interaction. Our laboratory first attempted to identify transcriptional changes underlying hedonic substitution, and the candidate genes  $Slc18a2$  in the midbrain and  $Bdnf$  in the hippocampus were both found to respond differently to ethanol consumption and voluntary wheel running (Darlington et al., 2014. Gallego et al., 2015). The striatum plays an important role in the mesolimbic dopaminergic pathway, processing and integrating input from a number of other brain regions. Therefore, it seems probable that transcriptional events occurring in the striatum may provide further insight into hedonic substitution.

The mesolimbic dopaminergic pathway consists of dopaminergic neurons in the ventral tegmental area (VTA) of the midbrain, which project to the nucleus accumbens (NAc) in the ventral striatum and release dopamine (DA) upon stimulation. Both ingestion of ethanol and voluntary exercise facilitate increased DA levels in the NAc (Di Chiara and Imperato, 1985, 1986; Dishman et al., 2006). However, there is increasing evidence that the whole striatum is involved in the development of addiction (Everitt and Robbins, 2005; Koob and Volkow,  $2010$ ). While initial exposure to hedonic stimuli stimulates the shell of the NAc and feeds back to the VTA, interactions between the shell and the core of the NAc induce conditioned reinforcement to the stimuli. Furthermore, animals will respond to direct stimulation of substantia nigra as well as VTA, suggesting an acute nigrostriatal role in hedonia (Prado-Alcalá and Wise, 1984; Wise, 1981, 2009). In heavy drinking humans, there is greater activation in the dorsal striatum than in the ventral striatum when presented with drinkingrelated cues (Vollstädt-Klein et al., 2010). These studies demonstrate the importance of inclusion of the whole striatum when considering ethanol related changes.

This study was designed to identify candidate genes for hedonic substitution by examining mRNA from striatal tissue using RNA-Sequencing (RNA-seq) to compare transcriptional responses to voluntary ethanol consumption and wheel running. Weighted Gene Coexpression Network Analysis (WGCNA), an agnostic network analysis tool, was used to identify biologically relevant co-expression networks (Langfelder and Horvath, 2008; Zhao et al., 2010). Expression data produced from RNA-Seq and analyzed using WGCNA have been shown to improve network characteristics relative to microarray expression data (Iancu et al., 2012), and both microarrays and RNA-Seq have been used successfully to characterize gene co-expression networks related to ethanol behaviors (Contet, 2012; Darlington et al., 2013; Farris et al., 2014; Iancu et al., 2013; Marballi et al., 2015; McBride et al., 2010, 2013; Mulligan et al., 2011; Vanderlinden et al., 2013, 2015; Zhang et al., 2014). A recent review by Farris et al. (2015) summarizes findings across multiple omics studies. For the current study, we anticipated that we would identify numerous differentially expressed genes, and were interested in overlap with genes located in previously identified quantitative trait loci (QTL) related to ethanol behaviors, including ethanol preference (Belknap and Atkins, 2001. Crabbe et al., 2010. Fehr et al., 2005. Hitzemann et al., 2004. Phillips et al., 1998a), ethanol induced locomotor activation (Palmer et al., 2006; Phillips et al., 1995), loss

of righting reflex due to ethanol (Markel et al., 1997), and ethanol acceptance (McClearn et al.,  $1997$ 

In addition, we expect to detect novel sets of genes (e.g., pathways) that are co-regulated under these behavioral conditions, and are compared to pathways identified in previous studies of alcohol-related behaviors.

# **Materials and Methods**

#### **Statement on animal care**

This study was conducted with approval from the Institutional Animal Care and Use Committee at the University of Colorado, Boulder (Boulder, Colorado) following guidelines established by the Office of Laboratory Animal Welfare. All possible measures were taken to minimize animal discomfort.

#### **Animals for RNA-seq**

Adult female C57BL/6J mice (age 65–75 days on day 1 of behavioral testing), bred and housed at the Specific Pathogen Free facility at the Institute for Behavioral Genetics (University of Colorado, Boulder), were used for this study. Mice were group-housed in their home cages on the testing floor for at least 6 days prior to individual housing. On the first day of testing, mice were individually housed in polycarbonate cages with dimensions 30.3cm x 20.6cm x 26cm with cedar wood chips and one bedding square. The room was on a 12-hour light/dark cycle with lights on at 7:00AM. Room temperature and humidity were monitored every day, with temperatures ranging from  $23 - 24.5^{\circ}$ C and humidity ranging from  $20 - 40%$ . Mice had *ad libitum* access to both water and standard chow (Harlan Laboratories, Indianapolis, Indiana), and were monitored daily. Body weight and food consumption were measured every four days.

#### **Behavioral paradigm**

Mice were tested using a protocol described previously (Darlington et al., 2014<sub>), and</sub> consistent with methods previously described as producing an hedonic substitution effect (Ehringer et al., 2009). Mice were tested in batches of five animals, staggered every 2 days. Conditions were randomized between staggered groups. Briefly, mice were housed under one of four cage conditions (n=6/condition), including cages with: 1) water only and no wheel (sedentary/water), 2) water and ethanol two-bottle choice and no wheel (sedentary/ ethanol, 3) water only with a running wheel (running/water), and 4) water and ethanol twobottle choice with a running wheel (running/ethanol). Mice housed with running wheels had continuous 24-hour access to the running wheels (diameter 24.2cm, Harvard Apparatus, Holliston, Massachusetts) each day of the 16-day protocol. Running wheel revolutions were measured daily using a magnetic switch (Harvard Apparatus) triggered by a magnet on the wheel. Mice with access to two-bottle choice ethanol and water progressed as follows: water only for days 1–3, water and 3% ethanol  $(v/v)$  for days 4–5, water and 7% ethanol for days 6–7, and water and 10% ethanol for days 8–16. To prevent a side preference in the drinking bottles the side of the cage the bottles were on was alternated every two days. Volumes of water and ethanol (if applicable) consumed were measured daily. Bottle leakages were

determined using a daily outlier test, with a threshold of 2 standard deviations; however none were observed in this study. One daily wheel revolution count was missing from two mice, due to accidental misalignment of magnetic switch. Those two missing values have been imputed from the average of the two-nearest daily values.

#### **RNA extraction and preparation**

Immediately after cervical dislocation, brains were removed and each whole striatum was dissected out and placed in RNALater (Ambion, Foster City, California). Total RNA was extracted and purified using Qiagen RNeasy Midi kits (Qiagen, Valencia, California). Quantity and quality were determined using a NanoDrop™ spectrophotometer (Thermo Fisher Scientific, Wilmington, Delaware) and an Agilent 2100 BioAnalyzer™ (Agilent Technologies, Santa Clara, California). Ratios of absorbance (260nm:280nm) were shown to be excellent (>1.8). RNA Integrity scores were also shown to be excellent (>8.0). For each sample, five μg of total RNA was used, first for ribosomal RNA (rRNA) depletion using Ribo-Zero™ Magnetic kits (Epicentre Biotechnologies, Madison, Wisconsin), then poly-A enrichment using Dynabeads® oligo-dT magnetic beads (Invitrogen, Carlsbad, California), both according to kit specifications.

The preparation of the cDNA libraries was performed using ScriptSeq™ V2 RNA-Seq Library Prep kit (Epicentre Biosystems), which generated strand-specific pair-end libraries for quantitative RNA-Sequencing on Illumina platforms. The protocol followed is described in detail at www.epibio.com. Briefly, 50ng of mRNA was fragmented, and then reverse transcribed to single stranded cDNA. This first strand of cDNA was di-tagged with a 58 nucleotide oligomer, before purification with Agencourt AMPure XP beads (Beckman Coulter, Brea, California). Purified, di-tagged single stranded cDNA was then amplified with 15 cycles by polymerase chain reaction using ScriptSeq™ V2 Index Primers (Epicentre Biosystems), designed to add a 6 nucleotide unique barcode to each cDNA in each sample. After amplification, cDNA was purified using Agencourt AMPure XP beads (Beckman Coulter) and shipped to the University of Colorado, Denver Sequencing Core Facility. Upon arrival, samples were tested for quality and quantity using an Agilent 2100 BioAnalyzer™ (Agilent Technologies) and a Qubit® 2.0 Fluorometer (Invitrogen).

# **RNA-Sequencing**

Four samples per lane (one per condition, ScriptSeq<sup>™</sup> barcodes 4–7) were run on six lanes of an Illumina HiSeq 2000 (Illumina, San Diego, California), and pair-end sequenced to 100 nucleotides. After sequencing, the core facility provided de-barcoded reads. Fastq files were assessed for quality using FastQC (v0.3, Babraham Institute). Using the FASTQ Trimmer (v1.0.0), six nucleotides from the 5′ end of each read were trimmed due to base composition bias at those positions. Trimmed reads were aligned to the mouse reference genome (mm9, Ensembl) using TopHat  $(v2.0)$ , (Trapnell et al., 2009) allowing for 2 mismatched bases, up to 10 alignments per read, no mismatches in secondary segment alignment, and aligning across known exon junctions. To assemble transcripts and generate read counts per transcript, output from TopHat and the annotated reference genome (mm9, Ensembl) was analyzed using Cufflinks (v2.0.2) to construct the minimum number of transcripts that explain the maximum number of reads (Trapnell et al., 2010). Since the sequenced sample had been

transcript were analyzed with ComBat  $(v3.18.0)$  (Johnson et al., 2007) to identify and correct for confounding variables, including cage placement on shelf, RNA extraction date, library preparation date, sequencing date, sequencing lane, and barcode. Corrected read counts were then output to EdgeR (v3.0.8) (Robinson et al., 2010), which was used to test for differential expression. For genes to be included in differential expression testing, there had to be at least one aligned read in each sample for that gene. This minimal threshold is consistent with other studies utilizing RNA-Sequencing/EdgeR (Bottomly et al., 2011; Iancu et al., 2012). EdgeR and ComBat are open-source R packages and provide for the statistical analysis of raw count data. EdgeR is implemented in Bioconductor (Gentleman et al., 2004) and allows for fitting a general linear model, allowing the inclusion of an interaction term, which is important for interpreting this 2x2 experimental design, and relies on the negative binomial distribution to infer differential expression. P-values are corrected using a Benjamini-Hochberg false discovery rate of 5% (FDR<0.05) (Benjamini and Hochberg,  $1995$ <sub>)</sub>.

#### **Weighted Gene Co-expression Network Analysis (WGCNA)**

The Weighted Gene Co-expression Network Analysis (WGCNA, v1.25.2) provided an agnostic analysis of patterns of gene expression, regardless of treatment condition ( Langfelder and Horvath, 2008; Zhao et al., 2010). Similarly co-expressed genes were clustered into modules, which could then be related to treatment and biological relevance. Raw counts were log2 normalized, then ComBat was used to correct for known batch effects including sequencing lane, barcode, and cage shelf position. Data were then quantile normalized prior to analysis (Supplementary Data). For WGCNA, a signed similarity matrix was generated using Pearson correlation between the expression patterns of each gene across each sample. This was converted to a weighted adjacency matrix by a power function, determined by a scale-free topology model  $(\beta=21)$ . The weighted adjacency matrix was converted to topological overlap matrix (TOM), and a measure of dissimilarity was generated by 1 - TOM. Genes were clustered based on hierarchical clustering of TOM-based dissimilarity, with the dynamic tree cutting algorithm cutreeDynamic, and the deepSplit option set to 4. Gene clusters with a minimum of 30 genes were identified using a dynamic tree-cutting algorithm, which identified 88 gene co-expression clusters (modules). Similar gene modules were merged using the mergeCloseModules command, with a dissimilarity threshold of 0.2 (Pearson correlation greater than 0.8). Merging similar modules resulted in 50 remaining modules used in downstream analysis. Notable genes in each module were determined by several categories. First, we ranked each gene by its module membership, calculated by WGCNA. Second, we ranked each gene by individual gene significance for the main effect(s) of the respective module. Third, genes in the top third of each module and previously implicated in ethanol related behavior were also considered notable. Module robustness was tested in three ways. First, average module adjacencies were calculated and compared to the average adjacencies of randomly sampled "modules" of the same size. 100,000 permutations of randomly sampled modules were generated. Modules were considered robust if average module adjacencies were significantly higher than the randomly generated modules. Second, we repeated this permutation test using average topological

overlap, similar to Iancu et al. (2012). Third, the intramodular and extramodular connectivity of each module was calculated and scaled according to module size. Modules with higher scaled intramodular connectivity were considered robust.

To identify experimentally relevant co-expression modules, we took the first principle component of the expression data of each module using the moduleEigengenes command from the WGCNA R-package. The resulting module eigengenes are representative of the gene expression levels for each module, as if the module were reduced to a single gene. A two-way analysis of variance of the resulting log2-normalized module eigengene values was used to identify module eigengenes different due to access to a running wheel, access to ethanol, or an interaction effect. Nominal significance was considered when p<0.05, and significant p-values were less than 0.05/50=0.001. Only modules meeting at least nominal significance were further tested for over-representation of functional groups, cell-type enrichment, and ethanol QTL enrichment.

#### **Functional group over-representation**

Each set of differentially expressed genes was tested for functional group overrepresentation using the Database for Annotation, Visualization and Integrated Discovery (DAVID v6.7) (Huang et al., 2009a, 2009b). This tool traverses and incorporates multiple ontologies. We tested for over-representation of functional categories using the DAVID EASE modified Fisher's exact test and corrected for multiple testing using Benjamini-Hochberg FDR of 0.05.

Using a database of genes over-expressed in cell types—neurons, astrocytes, and oligodendrocytes (Cahoy et al., 2008)—we tested whether these cell-type enriched genes were over-represented in the sets of differentially expressed genes or in each WGCNA module, implementing a one-tailed hypergeometric test in R. Modules were also tested for over-representation of genes found in ethanol-related QTLs, again using a one-tailed hypergeometric test. Modules were only tested if there were at least 2 genes within a category, and significant p-value thresholds were adjusted accordingly (0.05/#tests).

#### **RT-PCR confirmation of gene expression**

We selected eleven differentially expressed genes to confirm expression differences in 24 additional C57BL/6J adult female mice (n=6/group) that underwent the same behavioral paradigm as described above. Mice were sacrificed on day 16, and total RNA from the striatum was extracted using EZNA Total RNA Kit II (Omega Bio-tek, Norcross, Georgia). Quality and quantity of RNA were determined by gel electrophoresis and NanoDrop™ spectrophotometer (ThermoFisher Scientific, Waltham, Massachusetts). A260/A280 was determined to be excellent in each case  $(>1.8)$ . Total mRNA was reverse transcribed using the High Capacity cDNA Reverse Transcription kit (Applied Biosystems, Foster City, California). Genes selected for quantification were: transthyretin  $(Th)$ , syntaxin 1b  $(Stx1b)$ , syntaxin 19 (Stx19), opioid receptor mu 1 (Oprm1), potassium inwardly-rectifying channel, subfamily J, member 6 (Kcnj6), guanylate cyclase 1, soluble, alpha 2 (Gucy1a2), Cd24a antigen (Cd24a), coiled-coil domain containing 33 (Ccdc33), coiled-coil domain containing 153 (Ccdc153), B-cell CLL/lymphoma 9-like (Bcl9l), and RIKEN cDNA 1700003M02

 $(1700003M02Rik)$ . Control genes included *Gapdh* and the RNA gene *Rn18s*. Reactions

were run as a PCR array, using 384-well plates designed by SABiosciences (Qiagen, Hilden, Germany) and with primers designed by SABiosciences and SYBR Green for detection. Real-time quantitative PCRs were performed using an ABI 7900HT (Applied Biosystems, Foster City, California) running Sequence Detection Systems software (SDS v2.3, Applied Biosystems, Foster City, California). All target genes were normalized using the  $2<sup>-</sup>$  Ct method (Livak and Schmittgen, 2001; Schmittgen and Livak, 2008). Subsequent melting curve analysis of target sequences showed that all primers used in this study generated amplicons that had a single peak, without primer-dimer artifacts.

#### **Loss of righting reflex for differences in acute ethanol sensitivity**

Twenty-seven adult female C57BL/6J mice were singly housed in cages as previously described (n=15 with wheel, n=12 no wheel). All mice had access only to water. To determine if 16 days of voluntary wheel running induces differences in acute sensitivity to ethanol's sedative-hypnotic effects we used the standard Loss of Righting Reflex paradigm (Crabbe et al., 2006). All mice received an intraperitoneal injection of ethanol (4.1 g/kg; vol/vol of a 20% ethanol solution in physiological saline), and were placed on their back in a V-shaped plastic trough when they were unable to right themselves. The length of time until they regained the righting response was monitored. When each mouse was able to right itself three times in 1 minute the mouse was considered recovered. At the recovery time the mice had a 10μL sample of blood drawn from the tail vein for blood ethanol concentration determination. One mouse from the wheel running group did not become sedated after 3min post-injection and was removed from the experiment.

BEC was measured by a modified enzymatic method (Smolen et al., 1986). The 10µL of blood was added to 200μL of ice-cold 0.55M perchloric acid. Samples were neutralized with 200μL 0.6M KOH containing 50mM acetic acid. This solution precipitates the perchlorate anion and buffers the solution to about pH 5. Samples were centrifuged at 1500 rpm for 10 min. The resulting supernatant was used to measure blood ethanol content. A 50μL aliquot of the supernatant solution was transferred into duplicate assay tubes and one blank. The assay solution consisted of 2mM NAD (Roche, Nutley, New Jersey), 8–10 units of yeast alcohol dehydrogenase (ADH, Sigma-Aldrich, St. Louis, Missouri), and 500mM Tris-HCl, pH 8.8, in a total volume of 400μL. Blanks contained no ADH. The reaction mixture was allowed to incubate at 25°C for 30 min prior to measuring the absorbance due to NADH formation at 340nm in a Tecan GENios FL TWT Fluorescence Microplate Reader (Tecan Group Ltd., Morrisville, North Carolina). BEC was calculated from linear regression analysis of a standard curve prepared just prior to BEC analysis.

# **Results**

#### **Behavior**

Over the course of the 16-day protocol, mice with access to a running wheel consumed less ethanol than sedentary mice. Exercising mice consumed  $8.47\pm0.8$  g/kg/day compared to 14.3 $\pm$ 0.4 g/kg/day (F<sub>12,120</sub>=10.2, p<0.001, repeated measures ANOVA, Figure 1a), and also showed less preference for ethanol than sedentary mice, with preference ratios of 0.49±0.05

and 0.84 $\pm$ 0.02, respectively (F<sub>12,120</sub>=27.9, p<0.001, repeated measures ANOVA, Figure 1b). There was no effect of access to ethanol on daily running wheel revolutions (Figure 1c). Mouse body weights increased, with no effects of access to ethanol or wheel running (19.5  $\pm 0.2$  baseline, 20.2  $\pm 0.2$  on day 16, F<sub>3,60</sub>=9.4, p<0.001, repeated measures ANOVA, Figure 1d). There was a main effect of both access to a running wheel and access to ethanol on food consumption as measured by two-way ANOVA (Figure 1d, inset). Running mice consumed slightly more food than sedentary mice. Running mice consumed  $4.13\pm0.1$  g/day compared to 3.57 $\pm$ 0.08 g/day for sedentary mice (F<sub>1,20</sub>=27, p<0.001). Mice with access to ethanol consumed slightly less food (3.68 $\pm$ 0.1 g/day) than water only mice (4.01 $\pm$ 0.1 g/day,  $F_{1,20}=9.7, p<0.01$ ).

# **Differential expression analysis**

We quantitatively sequenced mRNA from 24 striatum samples from 4 groups of mice on the Illumina HiSeq 2000 platform. We generated paired-end reads, 100 nucleotides long, and after trimming 6 bases from the 5′ end, aligned them to the mouse reference genome, masked to preferentially align to protein coding genes. Alignment statistics from the sequencing and alignment are shown in Supplementary Data. 14,919 genes were expressed across the samples, meeting the minimum threshold and tested for differential expression. Using the general linear model in EdgeR with a False Discovery Rate (FDR<0.05), there were 1,305 differentially expressed genes (DEGs) due to the access to running wheel. 217 genes were differentially expressed due to ethanol consumption, and 129 genes showed an interaction effect (Figure 2). Fifty-nine genes were differentially expressed due to both main effects, ethanol consumption and wheel running. Details about all differentially expressed genes are summarized in Supplementary Data. Notable genes previously implicated in ethanol related behaviors include protein kinase c gamma (Prkcg), opioid receptor mu 1 (Oprm1), pro-opiomelanocortin (Pomc), GABA A receptor alpha 3 (Gabra3), GABA transporter (Slc6a13), eighteen potassium channel genes (Kcna2, Kcna3, Kcnb1, Kcnc1, Kcnc3, Kcnd1, Kcnd3, Kcng3, Kcng4, Kcnh4, Kcnh5, Kcnh7, Kcnj6, Kcnj10, Kcnj16, Kcnk1, Kcnq2, Kcnq3), Ras association domain family member 5 (Rassf5), syntaxin 1b  $(Stx1b)$ , corticotropin releasing hormone receptor 1  $(Chr1)$ , protein tyrosine phosphatase, receptor type N (Ptprn), and multiple genes located in previously identified ethanol related QTL regions. There were also many highly significant differentially expressed genes that have not been previously implicated in ethanol behaviors.

We used DAVID to test for over-representation of functional groups. The set of ethanol responsive differentially expressed genes was enriched for genes involved in apoptosis (4 genes, p=0.01), and response to calcium signaling (5 genes, p=3.9x10-4). Genes differentially expressed due to wheel running were enriched for numerous functional groups, including potassium signaling, synaptic transmission, among others. Genes differentially expressed due to the interaction of ethanol and wheel running were enriched for functional groups involved in drug metabolism  $(3 \text{ genes}, \text{p}=0.005)$  and neural cell adhesion molecule signaling  $(4 \text{ genes}, \text{p}=0.003)$ . The complete list of over-represented functional groups is shown in Supplemental materials.

We tested for over-representation of genes highly expressed in either neurons, astrocytes, or oligodendrocytes, based on a study of genes over-expressed at least 1.5-fold in these cell types (Cahoy et al., 2008) compared to at least one of the other cell-types. The set of genes differentially expressed due to running were enriched for each cell-type (neurons, 213 genes,  $p=3.8x10-15$ ; astrocytes, 206 genes,  $p=1.6x10-4$ ; oligodendrocytes, 175 genes,  $p=3.3x10-4$ ). We further tested for enrichment of genes contained in ethanol related QTLs. No QTLs were enriched in the sets of interaction or ethanol consumption DEGs. The set of wheel running DEGs were enriched for genes in the alcohol preference 1 QTL (Ap1q) on chromosome 1 (16 genes, p=0.029), and trended towards enrichment of genes in the loss of righting reflex due to ethanol 4 QTL (Lore4) on chromosome 11 (6 genes, p=0.058).

# **WGCNA**

A single WGCNA for all 24 samples produced 50 distinct clusters (modules) of coexpressed genes (Figure 3, Table 1). Each module was arbitrarily named after a color, and 27 genes were assigned to the 'grey' module, indicating failure to fit a co-expression pattern consistent with the other 50 modules. The number of genes per module other than grey ranged from 42 to 1191. Robustness testing confirmed that each module has: greater average adjacency than random, greater average topological overlap than random, and greater scaled intramodular connectivity than scaled extramodular connectivity. The grey module failed each test of robustness (Supplemental Data).

To identify potentially biologically relevant modules, the first principle component of the expression data for each module was calculated using the moduleEigengenes command in R. The calculated module eigengene was representative of the expression pattern of each gene in the module across all samples. A two-way ANOVA (main effects access to ethanol and access to wheel running) suggested several modules corresponded with access to wheel running (Figure 3). Six modules were significant when accounting for multiple testing (darkolivegreen, p=0.00015; blue2, p=0.00002; magenta, p=0.0003; darkturquoise, p=0.00033; mediumorchid, p=0.00073; and darkmagenta, p=0.00074). Ten other modules were nominally significant. No modules were significant for ethanol consumption when adjusted for multiple testing, but 5 modules were nominally significant. The darkseagreen4 module reached significance for an interaction effect  $(p=0.000037)$ , and 10 other modules were nominally significant. Representative modules for each main effect are shown in Figure 4.

Functional over-representation analysis using DAVID showed significant functional group enrichment for many of the modules. Several modules did not have any functional groups meet significance after correcting the p-value according to a Benjamini-Hochberg false discovery rate of 0.05, although this seems likely to be a function of module size, as they are all among the smaller modules. While too numerous to name, the most common significantly enriched functional groups were related to transcriptional regulation and RNA processing. Modules were also enriched for signaling pathways (brown), ion channels (brown, sienna3, firebrick4), synapse (mediumpurple2, lavenderblush2, sienna3), and neurodegenerative disease (cyan, magenta).

Several modules were enriched for genes shown to be overexpressed in neurons (firebrick4,  $p=6.6x10-12$ ; darkolivegreen4,  $p=6.5x10-4$ ; mediumpurple2,  $p=1.5x10-3$ ; lavenderblush2,  $p=5.5x10-4$ ; and sienna3,  $p=8.4x10-13$ ) and oligodendrocytes (steelblue,  $p<1.0x10-13$ ; and blue2, p=3.6x10-5). Modules were also enriched for genes contained within ethanol related QTLs. Firebrick4 was enriched for genes in alcohol acquisition 1 QTL ( $A a q I$ ) on chromosome 15 (p=0.0042); darkred was enriched for genes contained in alcohol preference 1 QTL  $(Ap1q)$  on chromosome 1 (p=0.0033); darkseagreen4 was enriched for genes in loss of righting reflex due to ethanol 1 (Lore1) on chromosome 1 ( $p=0.0083$ ); blue2 was enriched for genes in alcohol preferences 3 QTL  $(Ap3q)$  on chromosome 4; and both green  $(p=0.00053)$  and lavenderblush2 ( $p=0.0053$ ) were enriched for genes in loss of righting reflex due to ethanol 4 (Lore4) on chromosome 11.

#### **RT-PCR confirmation of gene expression**

Using an additional 24 mice undergoing the same behavioral paradigm, we attempted to confirm gene expression changes in the striatum using quantitative real-time polymerase chain reaction. In all cases, the direction of change in gene expression was consistent with observations from RNA-Seq, however not every difference reached statistical significance (Supplementary Data).

#### **Loss of righting reflex for differences in acute ethanol sensitivity**

We used the loss-of-righting-reflex due to ethanol paradigm to test whether wheel running would lead to increased acute sensitivity to ethanol. There were no group differences in duration of LORR, although exercising mice tended to have longer durations  $(113.9\pm 10$ minutes compared to 99.5 $\pm$ 9.5 minutes in the sedentary group, one-sided t<sub>23.9</sub>=1.04, p=0.15, Cohen's d=0.41, Figure 5). There was no difference between blood ethanol concentrations, measured at the time mice regained righting reflex, between groups. Exercising mice consumed more water and more food over the course of the 16 day experiment.

# **Discussion**

Over the course of 16 days, voluntary wheel running reduced the amount of ethanol consumed by mice, supporting the hypothesis that under certain conditions, hedonic stimulus from one behavior can substitute for stimulus from another behavior. Transcriptional changes in the striatum, a major component of the mesolimbic dopaminergic reward pathway, were examined in order to provide insight into the mechanisms underlying reduced ethanol preference. Wheel running in rodents has been shown to induce a myriad of behavioral responses related to tests of stress, anxiety, and depression (Adlard and Cotman, 2004; Brené et al., 2007; Clark et al., 2015; Dishman et al., 2006; Greenwood et al., 2011, 2013; Hare et al., 2014; Lapmanee et al., 2013; Loughridge et al., 2013; Mika et al., 2015; Sciolino et al., 2015; Sierakowiak et al., 2014). Furthermore, previous studies have demonstrated wheel running was sufficient to reduce voluntary intake of amphetamine (Kanarek et al., 1995), cocaine (Cosgrove et al., 2002, Smith et al., 2011), as well as nicotine-seeking during extinction (Sanchez et al., 2013; Smith and Lynch, 2011). Taken together with the effects of wheel running on ethanol behaviors, observed across multiple species (Darlington et al., 2014. Ehringer et al., 2009. Gallego et al., 2015. Hammer et al.,

2010; McMillan et al., 1995; Weinstock, 2010; Werme et al., 2002), these data show clear evidence of hedonic substitution. Understanding the neurobiological components of hedonic substitution will provide for further comprehension of the addiction process, and additional strategies for combating AUDs.

Only female mice were used due to the increased hedonic substitution compared to male mice (Ehringer et al., 2009). Unfortunately, attempts to control for estrous cycle, using daily vaginal swabs (Goldman et al., 2007), abolished any effect of running on ethanol consumption (not shown), and therefore was not included in the study. However, with a cycle length of 3–4 days, any effect of hormonal fluctuation on ethanol consumption should be minimal.

This study validates and extends the findings from our laboratory (Darlington et al., 2014; Ehringer et al., 2009. Gallego et al., 2015<sub>)</sub> both behaviorally and at the level of gene expression. Previously, striatal Drd1a showed reduced expression due to access to a running wheel (Darlington et al., 2014). In the currently study using RNA-Seq we observed reduced expression due to wheel running, although not quite significant when corrected for multiple testing (p=0.06). We further identified additional differentially expressed genes (DEGs) including 1305 wheel running-responsive DEGs, 217 ethanol-responsive DEGs, and 129 DEGs that are significant for the interaction between wheel running and ethanol consumption. In addition to differential expression testing, we utilized WGCNA to identify 50 gene co-expression modules, of which several exhibited expression patterns consistent with behavioral condition. Many of these modules were enriched for genes known to be highly expressed in either neurons or oligodendrocytes, as well as functional group enrichment.

As noted previously, we observed no difference in running behavior due to ethanol consumption, but did observe a replicable significant difference in ethanol consumption due to running. These findings suggest that at these levels of exposure to wheel running and ethanol, the latter exerts the dominant effect. Therefore, it seems reasonable to suggest that wheel running affects transcription of genes involved in regulating ethanol behaviors. This is supported by the subset of DEGs, as well as genes in behaviorally associated co-expression modules, located in previously identified ethanol behavior QTLs on chromosomes 1, 2, 4, 9, 11 and 15, (Belknap and Atkins, 2001; Crabbe et al., 2010; Fehr et al., 2005; Hitzemann et al., 2004; Markel et al., 1997; McClearn et al., 1997; Palmer et al., 2006; Phillips et al., 1998a, 1998b). In particular, there were 16 DEGs in an ethanol preference QTL on chromosome 1  $(Ap1q1)$ , including Rassf5, one of the top genes in the sienna<sup>3</sup> co-expression module. Multiple wheel running DEGs were found in loss-of-righting-reflex due to ethanol QTL regions (6 in Lore4 and 9 in Lore5). In Lore4, DNA-directed RNA polymerase II polypeptide A (Polr2a) is a brain expressed gene enriched in oligodendrocytes. Running led to increased expression of Polr2a while ethanol consumption decreased expression. Although there was no significant interaction, when tested as an individual gene, Polr2a was a top gene in the large brown module, nominally significant for an interaction effect. While Polr2a has not been previously associated with ethanol behaviors, the opposing effects of wheel running and ethanol consumption suggest that it may play a role in mediating this behavioral interaction.

Previously identified as a candidate gene for ethanol preference, the expression of opioid receptor mu 1 (Oprm1) was increased due to an interaction effect of ethanol consumption and wheel running, consistent with its inclusion in the firebrick4 module. Running alone increased expression of *Oprm1*, but this effect was eliminated in the presence of ethanol. Naltrexone, an approved pharmacological treatment for AUDs  $(Johnson, 2010)$ , is an antagonist of the μ-opioid receptor. To speculate, an increase in expression of Oprm1 under running conditions suggests possible compensation for a reduction in receptor sensitivity, similar to the effect of antagonizing the receptor.

In mapping an ethanol preference QTL on mouse chromosome 2, syntaxin binding protein 1 (*Stxbp1*) was identified as a candidate gene for ethanol preference (Fehr et al., 2005). Recently, it was identified as a hub gene in a co-expression module corresponding to lifetime ethanol consumption in humans (Farris et al., 2014). Although  $Stxbp1$  was not differentially expressed after correction for multiple testing, it was identified as a top gene in the sienna3 module. Furthermore, syntaxin 1b  $(Stx1b)$  was significantly differentially expressed, with higher expression due to wheel running. These two proteins have been shown to interact, and facilitate neurotransmitter release (Mishima et al., 2014).  $Stx1b$  was shown to be more highly expressed in the prefrontal cortex of ethanol preferring P rats compared to nonpreferring NP rats (Worst et al., 2005), suggesting regional differences in expression patterns in response to wheel running. Also in sienna3, Ras association domain family member 5 (*Rassf5*) is located in an alcohol preference QTL region on chromosome 1 ( $Ap1q1$ ). This neuronally expressed gene has been shown to interact with alcohol dehydrogenase 6 (ADH6) (Wang et al., 2011) as well as Ras association domain family member 2 (RASSF2) (Ortiz-Vega et al., 2002), previously implicated in differences in the loss of righting reflex due to ethanol (Darlington et al., 2013; MacLaren et al., 2006). Rassf5 was also shown to be upregulated in the amygdala and nucleus accumbens in several rat lines bred for high consumption of ethanol (McBride et al., 2013).

A previous study of gamma-protein kinase c (Prkcg) showed the differences in ethanol consumption between null mutant and wildtype mice could be correlated with differences in the expression of transthyretin (Ttr) (Smith et al., 2006). While we previously showed a similar difference in  $Ttr$  expression between strains of mice selected for ethanol sensitivity, the current study does not support this. In fact, we see a significant increase in the expression of  $Prkcg$  in running mice, with no changes in  $Tr$  expression. As a neuronally expressed gene, Prkcg seems a more likely candidate for a role in ethanol behaviors, especially given evidence of decreased expression in rats bred for high ethanol consumption (McBride et al., 2013). Contained within the brown module, Prkcg was co-expressed in the lavenderblush2 module with several other neuronally expressed genes, including synapsin 1  $(Syn1)$ , cadherin, EGF LAG seven-pass G-type receptor 2 (*Celsr2*), and calmodulin binding transcription activator 2 (Camta2, also in Lore4). Also in this module, corticotropin releasing hormone receptor 1 (*Crhr1*), significantly up-regulated due to wheel running, has been shown to mediate GABAergic signaling in response to ethanol consumption (Chen et al., 2010; Funk et al., 2007), was up-regulated in rats bred for high ethanol consumption (McBride et al., 2013), and down-regulated after ethanol consumption in mice (Marballi et al., 2015). The corticotrophin signaling pathway plays an important role in the addiction process (Koob, 2008).

Multiple potassium channel subunits have been shown to be direct targets of ethanol, especially the G-protein gated inward rectifying receptors (Aryal et al., 2009; Federici et al., 2009). Kcnq2 and Kcnq3 have been shown to mediate the release of dopamine after exposure to ethanol (McGuier et al., 2015). Furthermore, recent studies have shown differential regulation in ethanol behaviors of *Kcnb1* (Farris et al., 2014; Marballi et al., 2015), Kcnj6 and Kcnj16 (McBride et al., 2013), and Kcnk1 (Marballi et al., 2015). The brown (8 potassium channel subunit genes including Kcnq2) and sienna3 (6 potassium channel subunit genes) co-expression modules were enriched for potassium signaling genes. Likewise, the gamma aminobutyric acid (GABA) receptor A3 (*Gabra3*), a ligand gated ion channel, has been shown to mediate the response to ethanol (Blednov et al., 2013; Farris et al., 2014). The GABA neurotransmitter system plays an important role in the physiological response to ethanol (Davies, 2003; Lobo and Harris, 2008), and another GABA gene, the GABA transporter (Slc6a13) was also differentially expressed. Both Gabra3 and Slc6a13 were co-expressed in the floralwhite module, which as a module was not significant for any behavioral association.

At first, when compared to the effects of 16 days of wheel running, it was surprising how few genes were differentially regulated from 16 days of ethanol consumption. The important point may not be the small number of genes affected by ethanol, but the myriad of transcriptional changes due to wheel running, and the suggestion that running can influence other behaviors at the molecular level. Therefore, it is reasonable that a number of DEGs and top module genes have no obvious connection to ethanol behaviors, both functionally and based on tissue expression. This could be due to the limited data available on these genes, although it is also likely that these genes respond to wheel-running with or without corresponding changes to other behaviors besides ethanol consumption. As additional evidence accumulates through future transcriptome-wide studies, the functional connection between these genes and ethanol behaviors may become apparent. It is beyond the scope of this paper to speculate on the role of each identified gene. This study can serve as a replication of previous findings, as well as adding evidence of new genes involved in the mediation of ethanol consumption and wheel running behaviors.

Furthermore, the similarities of differentially expressed genes (*Prkcg*, opioid signaling genes, Rassf5, potassium channel subunits, Lore QTL genes) and gene networks (MAPK signaling pathway, oligodendrocyte enrichment, Lore1 and Lore4 QTL enrichment) between this study and prior studies using other models of alcohol behaviors were noteworthy (Darlington et al., 2013; Smith et al., 2006). This led us to propose that wheel running induced an increase in sensitivity to ethanol, thereby decreasing ethanol consumption. This would be consistent with previous findings that wheel running does not change ethanol metabolic rates (Ehringer et al., 2009), thereby suggesting a metabolic mechanism rather than hedonic compensation. We tested this hypothesis using a model of ethanol sensitivity, the loss of righting reflex due to ethanol. We found that 16 days of wheel running was insufficient to alter the sensitivity to acute ethanol using the LORR protocol. However, the effect of this trend was in the predicted direction. It remains possible that other tests of ethanol sensitivity may identify wheel running-induced differences, but most other tests of sensitivity like rotarod or balance beam, involve motor coordination, that could be confounded by the presence of exercise in one group.

These data represent the highest resolution of striatal transcriptome responses to ethanol consumption and wheel running. We identified many wheel running-responsive genes that have been previously implicated in ethanol behaviors (*Oprm1, Prkcg*, potassium channels, Stxbp1, Crhr1, Gabra3, Slc6a13), are associated with previously implicated genes (Stx1b, Pomc, Rassf5), or reside in ethanol behavior QTLs (Polr2a, Camta2).

# **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

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# **Figure 1.**

Behavioral outcomes of sixteen days of voluntary ethanol consumption and voluntary wheel running. Mice with access to running wheel are represented in red, while mice with access to ethanol are denoted by solid lines/bars. Running mice consumed less ethanol compared to sedentary mice when normalized to body weight (A) and when computed as a preference ratio (B). There was no difference in daily running wheel revolutions between mice consuming ethanol and mice only consuming water (C). Body weights for all mice increased over the course of the experiment (D). Mice consuming ethanol consumed less food than water-only mice, and running mice consumed more food than sedentary mice (inset).

Sedentary Running Running Sedentary 5H Water Ethanol Water Ethanol Ē Running Ethanol 高 nteraction Ę re<br>Fanafalle fn de Sedentar Sedentary Running Running ūη Water Ethanol Water Ethanol



#### **Figure 2.**

Heatplots and dendrograms generated from log2 count per million expression of differentially expressed genes (DEGs) across all four groups of mice (n=6/group). The three heatplots show genes differentially expressed due to a main effect of wheel running, ethanol consumption and the interaction of wheel running and ethanol consumption. Red signifies higher expression, blue denotes lower expression values. Genes residing within ethanolrelated quantitative trait loci are shown with a black bar next to heatplot. The Venn diagram displays the overlap between genes in each group.

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# **Figure 3.**

Results of the WGCNA. Hierarchical clustering and dynamic tree cutting are shown in (A). The y-axis represents a dissimilarity measurement based on topological overlap, with the distance between the branches signifying dissimilarity. Each branch of the dendrogram represents one gene. Branches of the dendrogram are dynamically "pruned" into modules, corresponding to each color in the bottom row. In (B), the log2 normalized moduleEigengenes from each module, y-axis, were tested by 2-way ANOVA for main effects of running, ethanol, or the interaction, x-axis. Darker colors represent lower p-values, and p-values less than 0.1 are presented in text.



#### **Figure 4.**

Representative modules corresponding to each effect. Heat maps depict log2 normalized expression levels for each gene (rows) in the module, blue colors represent lower expression, red colors represent higher expression. Each column represents one mouse sample. Line graphs are plots of corresponding module eigenGene, grouped by treatment. Dashed lines are water-only mice, solid lines are ethanol-consuming mice. The blue2 module is representative of a main effect of running (A). The coral2 module shows a main effect of ethanol consumption (B). The darkseagreen4 module displays an interaction effect (C).



# **Figure 5.**

Duration of loss of righting reflex (LORR) due to intraperitoneal injection of 4.0 g/kg ethanol. There was a non-significant trend that mice with 16 days of access to a running wheel (red bar) had a longer duration of LORR (113.9±10 minutes) than mice without access to running wheel (black bar,  $99.5\pm9.5$  minutes, one-sided t<sub>23.9</sub>=1.04, p=0.15, Cohen's  $d=0.41$ ).

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Over-represented ethanol related quantitative trait loci. P-values bases on one tail hypergeometric test.

 $d_{\mbox{Over-represented functional groups. Assessed using DAVID.}}$ Over-represented functional groups. Assessed using DAVID.

Notable genes were determined by high module membership, gene-trait significance, brain expression, or ethanol QTL. Notable genes were determined by high module membership, gene-trait significance, brain expression, or ethanol QTL.

\* p-values significant when corrected for number of tests. p-values significant when corrected for number of tests.