

# BMJ Open Central venous Access device SeCurement And Dressing Effectiveness (CASCADE) in paediatrics: protocol for pilot randomised controlled trials

Amanda J Ullman,<sup>1,2,3</sup> Tricia Kleidon,<sup>2,3,4</sup> Victoria Gibson,<sup>3,4</sup> Debbie A Long,<sup>2,3,4</sup> Tara Williams,<sup>3,4</sup> Craig A McBride,<sup>3,4,5</sup> Andrew Hallahan,<sup>3,4,5</sup> Gabor Mihala,<sup>3,6,7</sup> Marie Cooke,<sup>1,2,3</sup> Claire M Rickard<sup>1,2,3</sup>

**To cite:** Ullman AJ, Kleidon T, Gibson V, *et al*. Central venous Access device SeCurement And Dressing Effectiveness (CASCADE) in paediatrics: protocol for pilot randomised controlled trials. *BMJ Open* 2016;**6**:e011197. doi:10.1136/bmjopen-2016-011197

► Prepublication history for this paper is available online. To view these files please visit the journal online (<http://dx.doi.org/10.1136/bmjopen-2016-011197>).

Received 19 January 2016  
Revised 6 April 2016  
Accepted 26 April 2016



CrossMark

For numbered affiliations see end of article.

## Correspondence to

Amanda J Ullman;  
a.ullman@griffith.edu.au

## ABSTRACT

**Introduction:** Paediatric central venous access devices (CVADs) are associated with a 25% incidence of failure. Securement and dressing are strategies used to reduce failure and complication; however, innovative technologies have not been evaluated for their effectiveness across device types. The primary aim of this research is to evaluate the feasibility of launching a full-scale randomised controlled efficacy trial across three CVAD types regarding CVAD securement and dressing, using predefined feasibility criteria.

**Methods and analysis:** Three feasibility randomised, controlled trials are to be undertaken at the Royal Children's Hospital and the Lady Cilento Children's Hospital, Brisbane, Australia. CVAD securement and dressing interventions under examination compare current practice with sutureless securement devices, integrated securement dressings and tissue adhesive. In total, 328 paediatric patients requiring a peripherally inserted central catheter (n=100); non-tunnelled CVAD (n=180) and tunnelled CVAD (n=48) to be inserted will be recruited and randomly allocated to CVAD securement and dressing products. Primary outcomes will be study feasibility measured by eligibility, recruitment, retention, attrition, missing data, parent/staff satisfaction and effect size. CVAD failure and complication (catheter-associated bloodstream infection, local infection, venous thrombosis, occlusion, dislodgement and breakage) will be compared between groups.

**Ethics and dissemination:** Ethical approval to conduct the research has been obtained. All dissemination will be undertaken using the CONSORT Statement recommendations. Additionally, the results will be sent to the relevant organisations which lead CVAD focused clinical practice guidelines development.

**Trial registration numbers:** ACTRN12614001327673; ACTRN12615000977572; ACTRN12614000280606.

## INTRODUCTION

Central venous access devices (CVADs) are used for monitoring and medication in critically and

## Strengths and limitations of this study

- Pilot randomised controlled design to enhance reliability of results using predetermined primary outcomes of feasibility.
- Securement and dressing products being trialled are not amenable to blinding of patients, family members, clinical staff or research staff. Radiological and laboratory staff assessing outcomes will be blinded.
- Use of computer-generated randomisation and allocation concealment will avoid risk of selection and allocation bias.

chronically unwell patients in a variety of inpatient and outpatient settings.<sup>1 2</sup> More than 5 million CVADs are used in the USA per year alone.<sup>3</sup> Conventionally, non-tunnelled CVADs (nt-CVADs) have been advocated for use when central venous access is required for a short time,<sup>4-6</sup> peripherally inserted central catheters (PICCs) for short-to-medium time,<sup>4 6</sup> and tunnelled CVADs (t-CVAD) and totally implantable devices for longer time periods.<sup>6 7</sup>

Children requiring CVADs to facilitate treatment are extremely vulnerable to the risk of adverse events associated with insertion and management.<sup>8 9</sup> About 25% of paediatric CVADs fail prior to treatment being complete.<sup>10</sup> This includes CVADs becoming partially or wholly dislodged, occlusions, venous thrombosis, fractured catheters, site erosion, severe pain or a bloodstream infection. The consequences of failure include the morbidity and mortality associated with the cause of the complication (eg, catheter-associated bloodstream infection (CABSI); with an attributable mortality as high as 35%),<sup>11 12</sup> interruption of medical treatment and the insertion of replacement

CVADs, involving the additional risk of procedural complications. Many CVAD complications are preventable with the consistent use of evidence-based CVAD insertion and maintenance practices.<sup>6 13 14</sup>

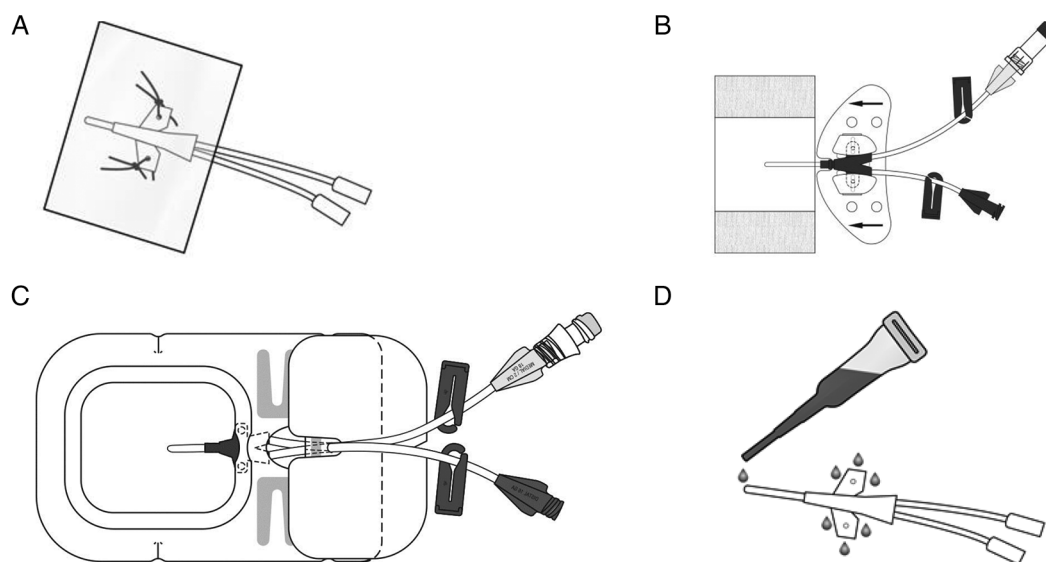
An essential component to prevent postinsertion CVAD complications is the securement and dressing product chosen. To prevent complications, CVADs require (1) insertion site protection from microbial contamination from the surrounding skin and environment; (2) the external portion to be secured to prevent venous dislodgement and (3) securement to prevent micromotion within the vein and at the insertion site.<sup>15</sup> Micromotion is believed to irritate the vein wall causing inflammation, thrombosis, occlusion, vessel erosion and encourages the skin bacteria to enter the insertion wound.<sup>15-17</sup> Since the 1980s, pervasive practice has been to suture CVADs for securement, with adhesive, polyurethane dressings placed over the sutured site (see figure 1A).<sup>18</sup> Transparent polyurethane dressings are claimed to be impermeable to microorganisms but semipermeable to oxygen, carbon dioxide and water vapour.<sup>11 15 18</sup>

Recent evidence supports the introduction of chlorhexidine gluconate-impregnated (CGI) CVAD dressing products within the critical care as a strategy to reduce the incidence of site colonisation and CABSIs in non-tunnelled devices. The recent Cochrane systematic review by Ullman and colleagues<sup>18</sup> found moderate quality evidence that CGI dressings reduced the frequency of catheter-related BSI per 1000 patient days compared with conventional polyurethane dressings (relative risk (RR) 0.51, 95% CI 0.33 to 0.78;  $p=0.002$ ). The prevalence of catheter tip colonisation was also significantly reduced (RR=0.58; 95% CI 0.47 to 0.73;  $p<0.001$ ). The transferability of these results outside of the critical care population has yet to be established, considering the different CVAD dwell times, insertion

technique and clinician groups caring for CVADs in the various healthcare settings.<sup>15 18</sup>

Alternative securement and dressing options have become available that may be superior to suturing and polyurethane dressings for preventing complications, but these have not yet been adequately tested for efficacy, acceptability or cost-effectiveness.<sup>15</sup> Sutureless securement devices (SSDs) have large adhesive padded footplates with CVAD-locking clasps of plastic or Velcro (see figure 1B). They aim to reduce movement, kinking and flow impedance<sup>15 16</sup>, and are used with polyurethane dressings. A manufacturer-sponsored randomised controlled trial (RCT) in PICCs ( $n=170$ ) found significantly reduced CABSIs with SSD (9.4% suture vs 1.2% SSD;  $p=0.04$ ), and non-significant reduction in unplanned removal (36% suture vs 24% SSD).<sup>19</sup> An independent RCT in dialysis devices ( $n=72$ ) found reduced haematoma, thromboses and dislodgement (13.9% suture vs 8.3% SSD;  $p=NS$ ).<sup>20</sup> Neither of these studies included the paediatric population.

Integrated securement dressings (ISDs) are 'next generation' polyurethane dressings with a tough fabric adhesive border around the central polyurethane with continued adhesive over and underneath the CVAD body (figure 1C).<sup>15</sup> ISDs claim to eliminate the need for a separate securement device (eg, sutures), and a reduction in costs and procedural complexity. They also include an absorbent layer around the polyurethane, which is claimed to move moisture away from the wound. This may be useful for newly inserted CVADs, which commonly ooze and require more frequent replacement, which increases CABSIs risk.<sup>21</sup> A recent adult cohort study<sup>22</sup> ( $n=327$  ISD;  $n=94$  historical suture controls) reported ISD to be associated with significantly delayed onset of occlusion (from 8 to 25 days;  $p<0.01$ ) in comparison to sutures.



**Figure 1** Illustration of products tested within the CASCADE junior trials: (A) Simple polyurethane and suture; (B) Sutureless securement device with simple polyurethane; (C) Integrated securement dressing product; (D) Tissue adhesive.

Tissue adhesive (TA) is medical-grade ‘superglue’ (cyanoacrylate) used as an alternative to sutures in internal and external wounds.<sup>23</sup> (figure 1D) Case reports in adults suggest TA reduces CVAD dislodgement from 12% to 4%, with no skin reactions or mechanical complications.<sup>24 25</sup> TA is bactericidal and inhibits growth of all Gram-positive organisms (predominant in CABS), including methicillin resistant *Staphylococcus aureus* (MRSA).<sup>24</sup> TA forms an occlusive healing environment and a physical barrier to microorganisms, with haemostatic properties to reduce ooze and haematomas.<sup>24</sup> When used with a polyurethane dressing, TA remains for 4–7 days, sloughs off slowly, and can be reapplied or removed easily with commercial wipes or petroleum jelly.<sup>26</sup> TA may hold the key to avoiding sutures and CVAD complications by reducing pistoning, accidental removal, infection and bleeding.

These new technologies potentially reduce complications associated with the use of CVADs in the paediatric population. There are currently no strong data supporting their relative effectiveness and safety across the diverse range of CVADs and patients in paediatric clinical practice. Randomised, experimental, efficacy trials, with measures to prevent bias, are necessary to provide true estimates of relative effectiveness and inform practice.<sup>27</sup> The UK’s Medical Research Council’s Developing and evaluating complex interventions framework (see figure 2)<sup>27</sup> highlights the importance of piloting prior to undertaking large efficacy trials to prevent problems of acceptability, compliance, intervention implementation, recruitment and retention, and underpowered studies.<sup>27</sup> Pilot studies should examine the key uncertainties that have been identified during research development. This involves testing of intervention and data collection procedures, estimating recruitment and retention numbers and determining effect estimates for future sample size calculations.

The primary aim of this research is to evaluate the feasibility of launching a full-scale randomised controlled efficacy trial of PICC, nt-CVAD and t-CVAD securement and dressing using predefined feasibility

criteria for recruitment, retention, protocol fidelity and product acceptability. The secondary aim is to compare the effectiveness of dressings and securement products on CVAD complications and failure due to infection, occlusion, dislodgement, thrombosis, or breakage, for children in acute care facilities.

## METHODS AND ANALYSIS

### Design

Three separate pilot RCTs involving PICC, nt-CVAD and t-CVAD are being undertaken to provide information for the planning and justification of a future efficacy RCT, allowing refinement of the study components including the protocol, processes and outcomes.<sup>28 29</sup> The trials are referred to as Central venous Access device SeCurement And Dressing Effectiveness in paediatrics (the CASCADE Junior trials).

### Study setting

The three pilot RCTs were initially conducted at the Royal Children’s Hospital, Brisbane, Australia; and, after local hospital mergers, the larger Lady Cilento Children’s Hospital, Brisbane, Australia. These are tertiary level, specialist paediatric teaching hospitals in Queensland providing full-spectrum health services to children and young people from birth to 18 years of age. Referrals are from throughout Queensland, northern New South Wales and the Pacific Rim.

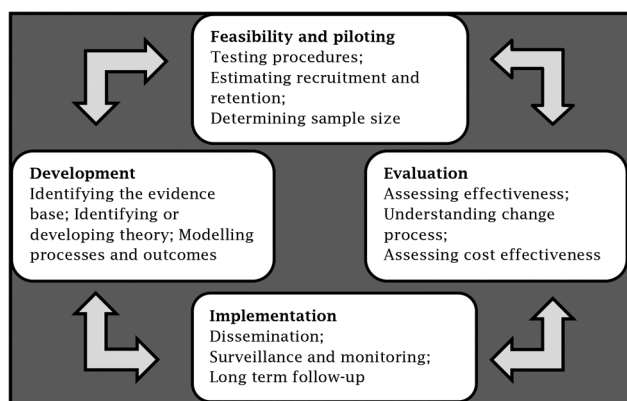
### Participants

Perioperative patients requiring an elective CVAD insertion for medical treatment; or those with a non-trial CVAD in situ and requiring device replacement, as well as those requiring urgent CVAD insertion within the intensive care unit will be recruited. In total, 100 participants will be recruited to PICC-CASCADE Junior allowing 30 participants per study arm and potential 10% attrition. In total, 180 participants will be recruited to nt-CASCADE Junior allowing 55 participants per study arm and potential 10% attrition. In total, 48 participants will be recruited to t-CASCADE Junior, allowing 12 participants per study arm. As the aim of these pilot studies is to test the feasibility of the definitive RCTs, and not hypothesis testing, the power level was not a valid consideration for sample size. The CASCADE Junior pilot sample sizes are in accordance with recommendations by Thabane *et al*<sup>30</sup> and Hertzog<sup>31</sup> to facilitate accurate estimates of effect size while minimising unnecessary costs, time and recruitment of future definitive study participants.

Patients who meet all the inclusion criteria and no exclusion criteria described in table 1 are eligible for enrolment.

### Interventions

The intervention arms for each CVAD study have been individualised to the three device requirements (PICC,



**Figure 2** Medical Research Council framework for the evaluation of complex interventions:<sup>27</sup> reproduced with permission.

**Table 1** Inclusion and exclusion criteria for the CASCADE Junior trials

Inclusion criteria	Exclusion criteria
<ul style="list-style-type: none"> <li>▶ Patients &lt;18 years of age</li> <li>▶ Will remain admitted to the Royal Children's Hospital or Lady Cilento Children's Hospital for &gt;24 hours</li> <li>▶ Informed consent to participate</li> </ul>	<ul style="list-style-type: none"> <li>▶ All other intravascular device types (eg, totally implanted CVADs, peripheral intravascular devices)</li> <li>▶ Current bloodstream infection</li> <li>▶ Non-English speakers without an interpreter</li> </ul>
<b>PICC-CASCADE Junior</b> <ul style="list-style-type: none"> <li>▶ PICC to be inserted and will remain in situ for &gt;24 hours</li> </ul>	<ul style="list-style-type: none"> <li>▶ CVADs inserted through diseased burned, scarred or extremely diaphroetic skin</li> </ul>
<b>nt-CASCADE Junior</b> <ul style="list-style-type: none"> <li>▶ nt-CVAD to be inserted and will remain in situ for &gt;24 hours</li> </ul>	<ul style="list-style-type: none"> <li>▶ Known allergy to any study product</li> <li>▶ Current skin tear/ 'papery' skin at high risk of tear</li> </ul>
<b>t-CASCADE Junior</b> <ul style="list-style-type: none"> <li>▶ t-CVAD to be inserted and will remain in situ for &gt;24 hours</li> </ul>	<ul style="list-style-type: none"> <li>▶ Previous enrolment in the CASCADE Junior studies within this hospital admission</li> </ul>

CASCADE, Central venous Access device SeCurement And Dressing Effectiveness; CVAD, central venous access device; nt, non-tunnelled; PICC, peripherally inserted central catheter; t, tunnelled.

nt-CVAD and t-CVAD). Details regarding the intervention arms can be seen in [box 1](#), with the dressing and securement technologies under evaluation illustrated in [figure 1](#). Researchers and local clinicians developed the intervention arms; taking into consideration current local practice, best available evidence and the safety of all participants.

## Outcomes

### Primary outcome

The primary outcome is feasibility of full efficacy trials. This will be established by composite analysis of elements of feasibility as described by Lancaster *et al*,<sup>28</sup> Thabane *et al*<sup>30</sup> and Hertzog.<sup>31</sup> Full definitions of the primary and secondary outcomes are provided in [box 2](#).

### Study procedures

The research nurse (ReN) will screen patients daily, obtain written informed consent and undertake randomisation. The ReN will prepare study packs with securement and dressing products and will liaise closely with the CVAD insertion clinicians. Randomisation will be web-based via Griffith University <https://www151.griffith.edu.au/random>. This will ensure full compliance with best practice standards for randomisation generation and allocation concealment until study entry. Randomisation will be generated on a 1:1:1:1 (t-CASCADE Junior) or 1:1:1 (PICC-CASCADE and

## Box 1 Intervention arms for the CASCADE Junior trials

### PICC-CASCADE Junior

1. Standard care:
  - ▶ Sutureless securement device (Statlock VPPCSP ; Bard, Georgia); and
  - ▶ Bordered polyurethane dressing (Tegaderm 1655 or 1616; 3M, St Paul).
2. Tissue adhesive:
  - ▶ Tissue adhesive (Histoacryl; B. Braun, Germany); and
  - ▶ Bordered polyurethane dressing (Tegaderm 1655 or 1616; 3M, St Paul).
3. Integrated dressing securements:
  - ▶ Integrated dressing securements (SorbaView SHIELD SV353; Centurion Medical Products, Williamston).

### nt-CASCADE Junior

1. Standard care:
  - ▶ Suture (Prolene; Ethicon, New Jersey, USA);
  - ▶ Chlorhexidine-impregnated disc (Biopatch 44150; Johnson & Johnson, New Jersey, USA); and
  - ▶ Bordered polyurethane dressing (Tegaderm 1655 or 1616; 3M, St Paul).
2. Tissue adhesive:
  - ▶ Suture (Prolene; Ethicon, New Jersey, USA);
  - ▶ Tissue adhesive (Histoacryl; B. Braun, Germany);
  - ▶ Chlorhexidine-impregnated disc (Biopatch 44150; Johnson & Johnson, New Jersey, USA); and
  - ▶ Bordered polyurethane dressing (Tegaderm 1655 or 1616; 3M, St Paul).
3. Integrated dressing securements:
  - ▶ Suture (Prolene; Ethicon, New Jersey, USA);
  - ▶ Chlorhexidine-impregnated disc (Biopatch; Johnson & Johnson, New Jersey, USA); and
  - ▶ Integrated dressing securements (SorbaView SHIELD SV430 or SV254; Centurion Medical Products, Williamston).

### t-CASCADE Junior

1. Standard care:
  - ▶ Suture (Prolene; Ethicon, New Jersey, USA); and
  - ▶ Bordered polyurethane dressing (Tegaderm 1655 or 1616; 3M, St Paul).
2. Sutureless securement device:
  - ▶ Suture (Prolene; Ethicon, New Jersey, USA);
  - ▶ Sutureless securement device (Statlock VFDSSP; Bard, Georgia or GripLok 3601CVC; TIDI, Neenah WI); and
  - ▶ Bordered polyurethane dressing (Tegaderm 1655 or 1616; 3M, St Paul).
3. Tissue adhesive:
  - ▶ Tissue adhesive (Histoacryl; B. Braun, Germany); and
  - ▶ Bordered polyurethane dressing (Tegaderm 1655 or 1616; 3M, St Paul).
4. Integrated dressing-securements:
  - ▶ Suture (Prolene; Ethicon, New Jersey, USA); and
  - ▶ Integrated dressing securements (SorbaView SHIELD SV254; Centurion Medical Products, Williamston).

CASCADE, Central venous Access device SeCurement And Dressing Effectiveness; PICC, Peripherally inserted central catheter; nt, non-tunnelled; t, tunnelled.

nt-CASCADE Junior) ratio for the study groups. Block size will vary randomly. The project manager will undertake quality checks to ensure allocation integrity. CVAD



## Box 2 Primary and secondary outcomes of the CASCADE Junior trials

### Primary outcome

1. *Feasibility of full efficacy trials*: Composite analysis of elements of feasibility:

*Eligibility*:  $\geq 70\%$  of patients screened will be eligible;

*Recruitment*:  $\geq 70\%$  of patients eligible agree to enrol;

*Retention and attrition*:  $< 15\%$  of participants are lost to follow-up or withdraw from study;

*Protocol adherence*:  $\geq 80\%$  of participants receive their allocated treatment throughout their study participation;

*Missing data*:  $< 10\%$  of data are missed during study data collection;

*Satisfaction and acceptability*: Parent and healthcare staff levels of satisfaction and acceptability using structured point-based questions; and

*Sample size estimates*: A reduction in all-cause CVAD failure or complication (defined in the secondary outcomes) by at least an absolute proportion of 5% in the experimental arms, in comparison to standard care.

### Secondary outcomes

*CVAD failure*: Cessation of function prior to completion of therapy;<sup>10</sup>

*CVAD complication*: A composite of CABSIs, local infection, occlusion, dislodgement, venous thrombosis or breakage (defined below);

*Catheter-associated bloodstream infection (CABSI)*: A laboratory-confirmed bloodstream infection (LCBI) in a patient who had a central line within the 48-hour period before the development of the BSI, and that is not related to an infection at another site. The CABSI must meet one of the following criteria of LCBI: Criterion 1: Patient has a recognised pathogen cultured from one or more blood cultures and organism cultured from blood is not related to an infection at another site. OR Criterion 2: Patient has at least one of the following signs or symptoms: fever ( $> 38^\circ\text{C}$ ), chills, or hypotension, and signs and symptoms and positive laboratory results are not related to an infection at another site, and common skin contaminant is cultured from two or more blood cultures drawn on separate occasions. Examples of common skin contaminants: diphtheroids (*Corynebacterium* spp.), *Bacillus* (not *B. anthracis*) spp., *Propionibacterium* spp., coagulase negative staphylococci (including *S. epidermidis*), viridans group streptococci, *Aerococcus* spp., *Micrococcus* spp.<sup>32</sup> Determined by blinded infectious disease specialist;

*Local infection*: Purulent discharge, or redness extending 1 cm beyond the site that prompts clinician to order removal, or commence antimicrobial therapy;

*Venous thrombosis*: Development of thrombosed vessel (partial or complete) at the CVAD site diagnosed radiologically as requested by the treating clinician in a symptomatic patient;

*Dislodgement*: *Partial*: change in CVAD length from hub to tip, as measured by marking closest to hub, or CVAD removal because tip is no longer in superior or inferior vena cava (diagnosed by X-ray/leakage from site on injection/infusion).<sup>19</sup> *Complete*: CVAD body completely leaves the vein;

*Occlusion*: *Partial—resolved*:  $\geq 1$  lumens cannot be flushed and/or aspirated, but resolves after line clearance strategy; *Partial—unresolved*:  $\geq 1$  lumens cannot be flushed and/or aspirated, and does not resolve after line clearance strategy; *Complete*: all lumens cannot be flushed and/or aspirated and does not resolve after line clearance strategy;

*CVAD breakage*: Visible split in CVAD material diagnosed by leakage or radiographic evidence of extravasation from a portion of the CVAD into tissue;

*CVAD-related BSI*: Laboratory confirmed with matched organism from blood and catheter tip culture;<sup>32</sup>

*Securement-dressing failure*: Replacement in under 7 days for loose, missing, bloodstained, diaphoresis or secretion soaked dressings;

*CVAD and first securement dressing dwell period*: Days from insertion/application of CVAD/dressing until removal;

*Cost effectiveness*: Estimates of direct product costs, healthcare resource utilisation (including additional equipment, staff time) and failure-associated resource usage using previously established cost estimates;<sup>33</sup> and

*Safety*: Skin complications including skin rash, skin tears, blisters, pruritus, local or systemic allergic reaction.<sup>34 35</sup>

CASCADE, Central venous Access device SeCurement And Dressing Effectiveness; CVAD, central venous access device.

securement and dressings are not amenable to blinding of patients, clinical staff or ReNs.

Data collection will be facilitated using REDCap (Research Electronic Data CAPture <http://project-redcap.org/>) by the ReN. The ReN will visit patients daily to inspect the CVAD and dressing securement products, view medical records and talk to staff, patients and caregivers. They will collect data until 4 weeks after insertion, study withdrawal, removal of the CVAD, or hospital discharge. CVADs still in situ at 4 weeks or discharge will be censored from the study at that time. ReN will collect data on primary and secondary outcomes. Demographic data will be collected to describe the participant group and enable comparisons to inform

future generalisability. Data will also be collected regarding patient and device-related characteristics that are known to increase the risk of CVAD failure.<sup>1 36–41</sup> Variables to be collected include age, gender, diagnostic category, immunocompromise, existing infection, presence of stoma, parenteral nutrition, length of hospital stay, level of consciousness, diaphoresis, CVAD utilisation, insertion site and technique, experience of the CVAD inserter. ReN will inspect the site and collect data on all adverse events. At CVAD removal (or within 24 hours), the ReN will ask the patient or caregivers and healthcare staff about their assessment of the acceptability and satisfaction with the dressing and securement product (numeric rating scale 0–10).

## CVAD procedures

The pilot studies are pragmatic in order to maximise the applicability to future efficacy trials and future generalisability, therefore, ReNs will not be involved in CVAD insertion and will minimise their involvement in CVAD care. Standardised CVAD insertions include; a large sterile drape, sterile gloves, gown and mask. The CVAD inserter will select site (eg, jugular, subclavian), CVAD type (eg, number of lumens) and approach (tunnelled or non-tunnelled) based on clinical judgement of patient needs, and then apply the allocated products.<sup>3</sup> The ReNs will ask inserters to rate ease of application using a 11-point scale (0=very difficult, 10=very easy).

Extensive education activities and user guides will be provided to hospital staff to ensure consistency and protocol adherence. Nursing staff will change study products weekly and as clinically indicated. Product replacements/reinforcements, including tape, and the reasons for these will be recorded.

Clinical staff will take blood and CVAD tip cultures on suspicion of infection, as per standard hospital and pathology protocols.<sup>12 42</sup> Diagnoses of CABSIs and CVAD-related BSI will be made by an independent, blinded infectious diseases specialist. Similarly, ultrasound for the identification of symptomatic venous thrombosis will be requested by the clinical team coordinating the participants' care, with diagnosis made by an independent, blinded radiologist using standard department protocols.

## Reliability and validity

The reliability of the CASCADE Junior trials will be ensured through the adherence to the a priori study protocol.<sup>43</sup> Internal validity will be maintained by following the study protocol monitored by the project manager, with adherence to reporting safeguards to minimise bias. Use of computer-generated randomisation and allocation concealment will avoid risk of selection and allocation bias. The CVAD securement and dressing products being trialled are not amenable to blinding of patients, family members, clinical staff or research staff. Radiological and laboratory staff assessing the CABSIs and venous thrombosis outcomes will be blinded. With an intention to treat approach, all participants will be accounted for in the final analysis following randomisation.<sup>44</sup> The CONSORT Guidelines,<sup>45</sup> including the checklist and diagram, will be used to report the CASCADE Junior trials findings.

## Statistical methods

Each pilot study will be analysed separately. Descriptive statistics will be used to ascertain the primary outcome of feasibility for the larger trial. All randomised patients will be analysed on an intention-to-treat (ITT) basis. Comparability of groups at baseline will be assessed using clinical parameters. Incidence rates of CVAD device failure (per 1000 device days) and CVAD complication (per 100 devices) will summarise the impact of

each dressing regimen; group differences will be evaluated by calculating 95% CIs and p values. CVADs in situ after 4 weeks or at hospital discharge will be censored from analysis at this point. Kaplan-Meier survival curves (with log rank test) will compare CVAD failure and complication over time. Secondary end points including dwell time, dislodgment, infection and safety will be compared between groups using parametric or non-parametric techniques as appropriate. In addition to group, multivariate regression (Cox) models will test the effect of patient and device variables associated with CVAD failure, for example, insertion site, dwell time, length of stay, diagnostic group, age, sex, mobility, comorbidities and IV medications. Prior to analysis, data cleaning of outlying figures, missing and implausible data will be undertaken, and a random 5% sample of source data will be re-entered and checked. All attempts will be made to collect the primary end point. A per-protocol analysis will assess the effect of protocol violations.  $p < 0.1$  will be evaluated as indicating some evidence against a null hypothesis, and values  $< 0.05$  will be considered statistically significant.

## Estimating cost parameters

Trial costs will be collected as direct product costs (material costs) and healthcare resource utilisation (labour costs), including failure-associated costs using previously established cost estimates.<sup>33</sup> Health resource utilisation will be measured by assessing the staff time and equipment associated with CVAD insertion (PICC, t and nt) and dressing changes.<sup>42</sup> Group differences will be tested using a non-parametric statistical test.

## ETHICS AND DISSEMINATION

### Ethics and safety considerations

Ethics approval for the CASCADE Junior trials has been gained from the Children's Health Services Queensland (HREC/13/QRCH/181) and Griffith University (NRS/10/14/HREC) Human Research Ethics Committees (HRECs). The CASCADE Junior trials were also registered with the Australian and New Zealand Clinical Trial Registry (PICC-CASCADE ACTRN12614001327673; nt-CASCADE ACTRN12615000977572; t-CASCADE ACTRN12614000280606). Adverse events (eg, skin irritation) will be recorded and serious adverse events (eg, death) will be reported to the HRECs.

Parents/legal guardians will be given an information sheet, time to read and fully understand it, and an opportunity to ask questions. Children will be provided a youth assent form if older than 6 years of age and developmentally appropriate. All children will be provided with information regarding the study and given the opportunity to provide assent for participation. Withdrawal from the study will, in no way, affect the care they receive from the hospitals. Participant confidentiality will be ensured and anonymity guaranteed. Only aggregate data will be published and data will be stored

according to National Health & Medical Research Council guidelines.<sup>46</sup>

### Dissemination

In accordance with the primary outcome of feasibility, the results of this research will be used to inform the design of further efficacy RCTs of CVAD securement in paediatrics. The results of this research will also be disseminated locally at the involved children's hospital, and at relevant local, national and international vascular access and paediatric scientific meetings. Each pilot study will be separately published in a relevant health-care journal presented in accordance with the CONSORT statement recommendations.<sup>47</sup> Additionally, the results will be sent to the relevant organisations which lead CVAD focused clinical practice guidelines development. The funding organisations will not be involved in the analysis or preparation of publications resulting from the research.

### Trial status

Recruitment of patients to the PICC-CASCADE and t-CASCADE Junior trials started in April 2014. Recruitment was paused from November 2014 to March 2015, due to the hospital merger, for the safety of all participants. Recruitment of patients to the nt-CASCADE Junior trial will commence in January 2016. It is expected that recruitment will be completed for all pilots by December 2016.

## DISCUSSION

The risk of paediatric CVAD failure and complication varies between device types.<sup>10</sup> CVAD dressing and securement devices need to be evaluated for effectiveness and suitability across the CVAD range. A 'one-size-fits-all' approach to CVAD securement is inappropriate and likely to be ineffective.<sup>35</sup> Depending on the insertion site and length, CVADs have different tensile strength requirements.<sup>15</sup> For example, tunnelled and cuffed devices, in comparison to other CVAD types, may have lower strength requirements after tissue engraftment. PICCs may have higher strength requirements due to limb movement and device length.

The contrasting external shapes of CVADs mean some securement products may not be suitable or vary in their effectiveness to prevent complication. For example, many of the SSD products anchor devices using the CVAD 'wings', which are absent in tunnelled cuffed CVADs, such as Hickman or Broviac catheters. The limited skin space available to secure and dress jugular, non-tunnelled CVADs in infants and neonates can result in some securement devices also being impractical. Individual testing of CVAD securement and dressing products in paediatrics between CVAD types is necessary.

CVAD securement and dressing products provide an important contribution to the prevention of CVAD failure and complication. The ideal CVAD securement

and dressing should (1) prevent accidental removal, micromotion and pistoning; (2) block bacteria entering the wound; (3) have antimicrobial properties; (4) assist with haemostasis; (5) be comfortable for patients; (6) be easy for staff to use and (7) be cost-effective. Although many alternatives to suture and polyurethane dressings exist, how these meet the above criteria is largely unknown. Systematic and narrative reviews have highlighted the dearth of literature to support practice in this area.<sup>15-48</sup> The CASCADE Junior trials will contribute new knowledge to inform the individual efficacy of each dressing and securement type for each of the populations and devices utilising them.

### Author affiliations

<sup>1</sup>School of Nursing and Midwifery, Griffith University, Nathan, Queensland, Australia

<sup>2</sup>NHMRC Centre of Research Excellence in Nursing, Menzies Health Institute Queensland, Nathan, Queensland, Australia

<sup>3</sup>Alliance for Vascular Access Teaching and Research Group, Menzies Health Institute Queensland, Nathan, Queensland, Australia

<sup>4</sup>Children's Health Queensland, Lady Cilento Children's Hospital, South Brisbane, Queensland, Australia

<sup>5</sup>School of Medicine, University of Queensland, Herston, Queensland, Australia

<sup>6</sup>School of Medicine, Griffith University, Brisbane, Queensland, Australia

<sup>7</sup>Centre for Applied Health Economics, Menzies Health Institute Queensland, Nathan, Queensland, Australia

**Twitter** Follow Amanda Ullman at @a\_ullman and Claire Rickard at @avatar\_grp

**Acknowledgements** The authors gratefully acknowledge the contributions of the clinicians working at the Royal Children's Hospital and Lady Cilento Children's Hospital, Brisbane who have assisted in preparing and undertaking this research.

**Contributors** AJU conceived the study, wrote grant, developed protocol and funding applications, wrote the first draft of manuscript and approved the final draft. TK and DAL assisted with proposal development, grant application, managed the study, reviewed manuscript and approved the final draft. CMR conceived the study, wrote grant, developed protocol, setting, reviewed manuscript and approved the final draft. GM contributed to statistical methods, proposal development, reviewed the manuscript and approved the final draft. VG and TW contributed in data collection, assistance with study management and primary end point assignment, reviewed the manuscript and approved the final draft. MC contributed in grant application, prepared and reviewed the manuscript, and approved the final draft. AH and CAM contributed in grant application, oversight data collection, reviewed the manuscript and approved the final draft.

**Funding** Centurion Medical Products (Williamston, USA), the Australian National Health and Medical Research Council (NHMRC) Centre for Research Excellence in Nursing Interventions for Hospitalised Patients (Brisbane, Australia), Griffith University Industry Collaboration Scheme (Brisbane, Australia) and the Centaur Memorial Fund for Nurses Scholarship have each provided partial funding for the CASCADE Junior trials. These organisations have not been involved in the design or undertaking of the study and will not be involved in the analysis or preparation of publications resulting from the research.

**Competing interests** In addition to funding disclosed in the funding statement, AJU, CMR, TK have received funding through Griffith University for their research from product manufacturers (Becton Dickinson; 3M; Carefusion; Centurion Medical Products).

**Patient consent** Obtained.

**Ethics approval** Children's Health Services Queensland and Griffith University.

**Provenance and peer review** Not commissioned; externally peer reviewed.



**Open Access** This is an Open Access article distributed in accordance with the Creative Commons Attribution Non Commercial (CC BY-NC 4.0) license, which permits others to distribute, remix, adapt, build upon this work non-commercially, and license their derivative works on different terms, provided the original work is properly cited and the use is non-commercial. See: <http://creativecommons.org/licenses/by-nc/4.0/>

## REFERENCES

- Robinson JL, Casey LM, Huynh HQ, et al. Prospective cohort study of the outcome of and risk factors for intravascular catheter-related bloodstream infections in children with intestinal failure. *JPEN J Parenter Enteral Nutr* 2014;38:625–30.
- Intravenous Nursing New Zealand. Provisional infusion therapy standards of practice. In: O'Hara C, ed. Auckland: Intravenous Nursing New Zealand, 2012.
- Frasca D, Dahyot-Fizelier C, Mimoz O. Prevention of central venous catheter-related infection in the intensive care unit. *Crit Care* 2010;14:212.
- Pittiruti M, Hamilton H, Biffi R, et al. ESPEN Guidelines on Parenteral Nutrition: central venous catheters (access, care, diagnosis and therapy of complications). *Clin Nutr* 2009;28:365–77.
- O'Grady NP, Alexander M, Burns LA, et al. Guidelines for the prevention of intravascular catheter-related infections. *Clin Infect Dis* 2011;52:e162–93.
- Loveday HP, Wilson JA, Pratt RJ, et al. epic3: national evidence-based guidelines for preventing healthcare-associated infections in NHS hospitals in England. *J Hosp Infect* 2014;86(Suppl 1):S1–70.
- Ruebner R, Keren R, Coffin S, et al. Complications of central venous catheters used for the treatment of acute hematogenous osteomyelitis. *Pediatrics* 2006;117:1210–15.
- Perdikaris P, Petsios K, Vasilatou-Kosmidis H, et al. Complications of Hickman-Broviac catheters in children with malignancies. *Pediatr Hematol Oncol* 2008;25:375–84.
- Cesaro S, Corró R, Pelosin A, et al. A prospective survey on incidence and outcome of Broviac/Hickman catheter-related complications in pediatric patients affected by hematological and oncological diseases. *Ann Hematol* 2004;83:183–8.
- Ullman AJ, Marsh N, Mihala G, et al. Complications of central venous access devices: a systematic review. *Pediatrics* 2015;136:e1331–44.
- Ross T. *A survival guide for health research methods*. Berkshire, UK: Open University Press, 2012.
- Maki DG, Kluger DM, Crnich CJ. The risk of bloodstream infection in adults with different intravascular devices: a systematic review of 200 published prospective studies. *Mayo Clin Proc* 2006;81:1159–71.
- Ullman AJ, Long DA, Rickard CM. Prevention of central venous catheter infections: a survey of paediatric ICU nurses' knowledge and practice. *Nurse Educ Today* 2014;34:202–7.
- Pronovost P, Needham D, Berenholtz S, et al. An intervention to decrease catheter-related bloodstream infections in the ICU. *N Engl J Med* 2006;355:2725–33.
- Ullman AJ, Cooke M, Rickard C. Examining the role of securement and dressing products to prevent central venous access device failure: a narrative review. *J Assoc Vasc Access* 2015;20:99–110.
- Frey AM, Schears GJ. Why are we stuck on tape and suture? A review of catheter securement devices. *J Infus Nurs* 2006;29:34–8.
- Orgel E, Ji L, Pastor W, et al. Infectious morbidity by catheter type in neutropenic children with cancer. *Pediatr Infect Dis J* 2014;33:263–6.
- Ullman AJ, Cooke ML, Mitchell M, et al. Dressings and securement devices for central venous catheters (CVC). *Cochrane Database Syst Rev* 2015;9:CD010367.
- Yamamoto AJ, Solomon JA, Soulen MC, et al. Sutureless securement device reduces complications of peripherally inserted central venous catheters. *J Vasc Interv Radiol* 2002;13:77–81.
- Teichgräber UK, de Bucourt M, Gebauer B, et al. Effectiveness of sutureless percutaneous placement of cuffed tunneled hemodialysis catheters applying StatLock attachment devices. *J Vasc Access* 2011;12:17–20.
- Timsit J, Schwebel C, Bouadma L, et al. Chlorhexidine-impregnated sponges and less frequent dressing changes for prevention of catheter related sepsis in critically ill adults: a randomized controlled trial. *JAMA* 2009;301:1231–41.
- Saijo F, Mutoh M, Kurihara M, et al. Effect of the sutureless stabilization device, SorbaView SHIELD, on the peripherally inserted central catheter. *Jpn J Surg Metab Nutr* 2014;48:107–13.
- Singer AJ, Thode HCJ. A review of the literature on octylcyanoacrylate tissue adhesive. *Am J Surg* 2004;187:238–48.
- Wilkinson JN, Sheikh N, Jayamaha J. Tissue adhesive as an alternative to sutures for securing central venous catheters. *Anaesthesia* 2007;62:969–70.
- Wilkinson JN, Fitz-Henry J. Securing epidural catheters with Histoacryl glue. *Anaesthesia* 2008;63:324.
- Marsh N, Webster J, Flynn J, et al. Securement methods for peripheral venous catheters: a randomised controlled pilot trial. *J Vasc Access* 2015;16:237–44.
- Craig P, Dieppe P, Macintyre S, et al. Developing and evaluating complex interventions: the new Medical Research Council guidance. *BMJ* 2008;337:a1655.
- Lancaster GA, Dodd S, Williamson PR. Design and analysis of pilot studies: recommendations for good practice. *J Eval Clin Pract* 2004;10:307–12.
- Arain M, Campubell MJ, Cooper CL, et al. What is a pilot or feasibility study? A review of current practice and editorial policy. *BMC Med Res Methodol* 2010;10:67.
- Thabane L, Ma J, Chu R, et al. A tutorial on pilot studies: the what, why and how. *BMC Med Res Methodol* 2010;10:1.
- Hertzog MA. Considerations in determining sample size for pilot studies. *Res Nurs Health* 2008;31:180–91.
- Centers for Disease Control and Prevention. *National healthcare safety network device associated module: CLABSI*. Atlanta: Government USoA, 2014:1–9.
- Tuffaha H, Rickard C, Webster J, et al. Cost-effectiveness analysis of clinically indicated versus routine replacement of peripheral intravenous catheters. *Appl Health Econ Health Policy* 2014;12:51–8.
- Ho KM, Litton E. Use of chlorhexidine-impregnated dressing to prevent vascular and epidural catheter colonization and infection: a meta-analysis. *J Antimicrob Chemother* 2006;58:281–7.
- Broadhurst D, Moureau N, Ullman AJ. Central venous access devices site care practices: an international survey of 34 countries. *J Vasc Access* 2016;17:78–86.
- Fratino G, Molinari AC, Parodi S, et al. Central venous catheter-related complications in children with oncological/hematological diseases: an observational study of 418 devices. *Ann Oncol* 2005;16:648–54.
- Cecinati V, Brescia L, Tagliaferri L, et al. Catheter-related infections in pediatric patients with cancer. *Eur J Clin Microbiol Infect Dis* 2012;31:2869–77.
- Reichman DE, Greenberg JA. Reducing surgical site infections: a review. *Rev Obstet Gynecol* 2009;2:212–21.
- Advani S, Reich NG, Sengupta A, et al. Central line-associated bloodstream infection in hospitalized children with peripherally inserted central venous catheters: extending risk analyses outside the intensive care unit. *Clin Infect Dis* 2011;52:1108–15.
- Lorente L, Huidobro MS, Martín MM, et al. Accidental catheter removal in critically ill patients: a prospective and observational study. *Crit Care* 2004;8:R229–33.
- Jumani K, Advani S, Reich NG, et al. Risk factors for peripherally inserted central venous catheter complications in children. *JAMA Pediatr* 2013;167:429–35.
- Rickard CM, Marsh NM, Webster J, et al. Intravascular device administration sets: replacement after standard versus prolonged use in hospitalised patients—a study protocol for a randomised controlled trial (The RSVF Trial). *BMJ Open* 2015;5:e007257.
- Kimberlin CL, Winterstein AG. Validity and reliability of measurement instruments used in research. *Am J Health Syst Pharm* 2008;65:2276–84.
- Rothwell PM. Factors that can affect the external validity of randomised controlled trials. *PLoS Clin Trials* 2006;1:e9.
- Schulz KF, Altman DG, Moher D. CONSORT 2010 statement: updated guidelines for reporting parallel group randomized trials. *Ann Intern Med* 2010;152:726–32.
- National Health and Medical Research Council, the Australian Research Council, the Australian Vice-Chancellors' Committee. *National statement on ethical conduct in human research*. Canberra: Australia Co, 2013.
- Schulz KF, Altman DG, Moher D, CONSORT Group. CONSORT 2010 statement: updated guidelines for reporting parallel group randomised trials. *Int J Surg* 2011;9:672–7.
- Webster J, Gillies D, O'Riordan E, et al. Gauze and tape and transparent polyurethane dressings for central venous catheters (review). *Cochrane Database Syst Rev* 2011;(11):CD003827.