

ARTICLE

Nicotinamide Phosphoribosyltransferase Attenuates Methotrexate Response in Juvenile Idiopathic Arthritis and *In Vitro*

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Variability in response to methotrexate (MTX) in the treatment of juvenile idiopathic arthritis (JIA) remains unpredictable and poorly understood. Based on previous studies implicating an interaction between nicotinamide phosphoribosyltransferase (NAMPT) expression and MTX therapy in inflammatory arthritis, we hypothesized that increased NAMPT expression would be associated with reduced therapeutic response to MTX in patients with JIA. A significant association was found between increased plasma concentrations of NAMPT and reduced therapeutic response in patients with JIA treated with MTX. Inhibition of NAMPT in cell culture by either siRNA-based gene silencing or pharmacological inhibition with FK-866 was found to result in a fourfold increase in the pharmacological activity of MTX. Collectively, these findings provide evidence that NAMPT inhibits the pharmacological activity of MTX and may represent a predictive biomarker of response, as well as a therapeutic target, in the treatment of JIA with MTX.

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Study Highlights

WHAT IS THE CURRENT KNOWLEDGE ON THE TOPIC?

✔ Response to MTX in the treatment of JIA remains highly variable and continues to be unpredictable.

WHAT QUESTION DID THE STUDY ADDRESS?

✔ We hypothesized that NAMPT is an important biomarker of response to MTX.

WHAT THIS STUDY ADDS TO OUR CURRENT KNOWLEDGE?

✔ These findings demonstrate a relationship between elevated NAMPT levels and failure to respond to MTX that

seems to result from a biochemical interaction through which NAMPT modifies the pharmacological activity of MTX.

HOW THIS MIGHT CHANGE CLINICAL PHARMACOLOGY OR TRANSLATIONAL SCIENCE?

✔ This work may lead to: (1) the use of NAMPT as a predictive biomarker of response to MTX, and (2) a therapeutic approach utilizing pharmacological inhibitors of NAMPT to potentiate the pharmacological activity of MTX.

Methotrexate (MTX) therapy continues to be a cornerstone in the treatment of juvenile idiopathic arthritis (JIA). However, in the age of early and aggressive disease control, MTX therapy is mired by a delayed onset of action and a highly variable and unpredictable response profile that makes it the focus of individualized approaches to therapy.¹ Understanding predictors of optimal or poor response to MTX holds the promise of more streamlined therapy in JIA. This could include more rapid initiation or avoidance of the next tier biologic therapies, and their associated costs and risks.

In rheumatoid arthritis (RA) the adipocytokine nicotinamide phosphoribosyltransferase (NAMPT), also commonly

referred to as pre-B-cell colony-enhancing factor and visfatin, has been found at elevated concentrations in the plasma and synovial fluid of patients with RA, has been associated with disease activity, and has been found to be predictive of treatment response.^{2–10} These findings have supported a role for NAMPT as both a drug target and a biomarker in RA, but the role of this adipocytokine in the JIA population is yet to be established.^{11,12} Plasma NAMPT levels in a cross-sectional group of patients with JIA were found by our group to be higher in patients with active disease and lower in patients actively treated with MTX therapy.¹³ Although these findings suggest that NAMPT is associated

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with disease activity and MTX response in JIA, there remains a need for evaluation of NAMPT levels in a prospective cohort of patients with JIA treated with MTX to more fully understand the relationship of this adipocytokine with disease activity and drug response.

Identified and cloned based on its role in stimulating pre-B-cell colony formation, NAMPT is a ubiquitously expressed multifunctional protein that functions as both a cytosolic enzyme in the nicotinamide adenine dinucleotide (NAD) salvage pathway and as a secreted plasma protein that functions in the regulation of inflammation and metabolic activity, resulting in its designation as an adipocytokine.^{14–16} As a result of its role in NAD biosynthesis, NAMPT has been the target of several drug development programs and has resulted in the discovery of a number of highly potent inhibitors of its enzymatic activity, including FK-866 and GMX1778. NAMPT has been reported to stimulate CD14⁺ monocytes, promote the motility of leukocytes and synovial fibroblasts from patients with RA, activate the transcription factors NF- κ B and AP-1, induce the production of various cytokines including interleukin (IL)-1Ra, IL-1 β , TNF α , and IL-6, and to be induced by cytokines, including IL-1 β and IL-6.^{17–23} Despite the established proinflammatory role of NAMPT, the mechanism through which it mediates these effects remains controversial. Early studies suggested binding of extracellular NAMPT to the insulin receptor as a basis for its activity, however, these studies have since been retracted and no specific extracellular receptor has been identified to date.²⁴ The presence of an NAMPT receptor signaling pathway has also been supported by the induction of IL-6 by NAMPT in the presence of the inhibitor of NAMPT enzymatic activity FK-866.²⁵ In contrast, the role of NAMPT enzymatic activity in the pathogenesis of inflammatory arthritis has been supported by studies that demonstrated the role of cellular NAD regulation in lymphocyte development and activation.^{14,26} This has been supported further by studies in the collagen-induced arthritis mouse model that have found inhibition of NAMPT by either FK-866 or siRNA-based gene-silencing inhibits leukocyte activation and infiltration, cytokine production, and overall disease progression.^{23,27} Further supporting the role of NAMPT enzyme activity in disease progression, depletion of NAD levels in circulating leukocytes has been associated with the efficacy of FK-866 in the collagen-induced arthritis mouse model.²⁸

In addition to the role of NAMPT in the pathogenesis of inflammatory arthritis, a recent study has found that inhibition of NAMPT with GMX1778 results in the depletion of cellular NAD and enhances the pharmacologic activity of the antifolate pemetrexed.²⁹ Similar to pemetrexed, MTX is also an antifolate, and therefore suggests that reductions in NAMPT expression may potentiate the pharmacologic activity of MTX. Although a relationship between elevated baseline NAMPT levels and increased long-term disease progression in patients with RA has been demonstrated, the possibility that variation in NAMPT activity can affect the pharmacologic activity of MTX has not been evaluated.⁶

This study evaluates plasma concentrations of NAMPT in a prospective cohort of patients with JIA over 6 months after the initiation of MTX to determine the relationship between circulating NAMPT levels and therapeutic response.

Mechanism-based studies using a cellular model to measure the activity of MTX were conducted to further evaluate the pharmacological interaction between NAMPT and MTX.

METHODS

Study design and patients

Patient samples and data were collected from an ongoing single-center prospective study of patients with JIA started on standardized MTX dosing (15 mg/m²/week) and followed over 6 months. Because of a national shortage in MTX for injection during this study, patients were treated with either oral ($n = 29$) or subcutaneous ($n = 37$) MTX depending on when they were enrolled. After 3 months on therapy, non-responders to MTX monotherapy were permitted the addition of an anti-tumor necrosis factor alpha (TNF α) agent if deemed clinically necessary. The study was approved by the Children's Mercy Hospital institutional review board. Written informed consent/assent was obtained before the inclusion of each study participant and collection of patient samples.

NAMPT, IL-1 α , IL-1 β , IL-1Ra, IL-6, and TNF α concentrations were measured in plasma samples collected before the initiation of MTX therapy, and after 3 and 6 months after the initiation of MTX. Erythrocyte sedimentation rate (ESR), C-reactive protein (CRP), active joint count (AJC), limited joint count, patient/parent global assessment of overall well-being visual analogue scale (PT-VAS), physician global assessment of disease activity (MD-VAS), and Childhood Health Assessment Questionnaire (CHAQ) scores were determined at each visit. Clinical response was determined by the American College of Rheumatology pediatric response criteria (ACR Pedi) and the 71-joint count Juvenile Arthritis Disease Activity Score (JADAS) after 3 and 6 months on therapy.

Cell lines and reagents

A549 human lung carcinoma cells (catalog no. CCL-185) were purchased from ATCC (Manassas, VA) and grown in DMEM (catalog no. 11995-065) supplemented with 10% fetal bovine serum (catalog no. 03-600-511), 100 U/mL penicillin, and 100 U/mL streptomycin (ThermoFisher Scientific, Waltham, MA). Cells were maintained at 37°C in a 5% CO₂ controlled incubator and were passaged every 3 to 4 days at approximately 80% confluence. Resazurin sodium salt (ThermoFisher Scientific) was resuspended at 0.16 mg/mL in pH 7.4 phosphate-buffered saline (PBS) and passed through a 0.2 μ m syringe filter. Human NAMPT-specific carboxyl-terminal enzyme immunoassays (catalog no. EK-003-80) were purchased from Phoenix Pharmaceuticals (Burlingame, CA). High performance liquid chromatography purified NAMPT siRNA (sense: 5'-CCACCCAACACAAGC AAAGUUUUAUU-3') and scrambled control siRNA (sense: 5'-CCACAACAACAAACGUUGAUCCAUU-3') were custom synthesized (ThermoFisher Scientific). Multiplex human cytokine magnetic bead panels for the detection of IL-1 α , IL-1 β , IL-1Ra, IL-6, and TNF α (MILLIPLEX MAP, HCYTOMAG-60K) were purchased from EMD Millipore (Darmstadt, Germany).

NAMPT and cytokine analysis

Blood samples collected in EDTA tubes were immediately processed by centrifugation at 800 \times g for 10 min at room

temperature. Plasma samples were collected and immediately stored at -80°C before analysis, and were subjected to a single freeze/thaw cycle. Samples were thawed on ice and maintained at 4°C for a maximum of 48 h before analysis. NAMPT concentrations were determined in duplicate by enzyme immunoassay following the manufacturer's protocol and analyzed using a BioTek Synergy HT microplate-reader (BioTek, Winooski, VT) equipped with Gen5 data analysis software. The average coefficient of variation for all samples analyzed was 8.4%. Plasma concentrations of IL- 1α , IL- 1β , IL-1Ra, IL-6, and TNF α were determined in duplicate by multiplex analysis using the manufacturer's protocol. Samples were analyzed on a Luminex multiplex-reader (Luminex Corporation, Austin, TX) and the resulting average coefficient of variation for the analytes were 14.7%, 18.4%, 17.5%, 16.8%, and 12.0%, respectively.

NAMPT inhibition

For each well of a six-well plate, 250 pmoles of siRNA and $5\ \mu\text{L}$ of Lipofectamine 2000 (ThermoFisher Scientific) were each added to $250\ \mu\text{L}$ of Opti-MEM reduced serum media (ThermoFisher Scientific) for 5 min at room temperature before mixing and incubating at room temperature for 20 min, and then added to 1.5 mL of antibiotic-free growth media containing 2.5×10^5 cells. Volumes and densities were scaled to 5×10^3 cells per well for 96-well plate assays. After 24 h, transfection media was replaced with normal growth media and maintained for an additional 72 h under normal culture conditions before analysis. NAMPT enzymatic activity in cells was inhibited by adding 2.5 nM FK-866.

NAMPT expression and function

Western blot analysis was performed as described previously.³⁰ Briefly, cell lysate protein was quantified using the Micro BCA Protein Assay Kit (ThermoFisher Scientific). Protein ($20\ \mu\text{g}$) from each sample was then subjected to 10% SDS-polyacrylamide gel electrophoresis and transferred to PVDF membranes (EMD Millipore, Billerica, MA). The membranes were blocked with 5% nonfat dry milk in PBS containing 0.1% Tween 20 (TBS-T) at room temperature for 1 h and then incubated at 4°C overnight with primary antibody (anti-NAMPT antibody, 1:4000). After washing three times for 10 min with TBS-T, the membrane was incubated with horseradish-peroxidase-linked goat anti-rabbit secondary antibody (Santa Cruz Biotechnology, Dallas, TX) at room temperature for 1 h. The blots were visualized with the Pierce ECL Western blot detection reagent (ThermoFisher Scientific). Total cellular NAD content was measured using a colorimetric enzyme-linked microplate assay (catalog no. 600480) available from Cayman Chemical Company (Ann Arbor, MI). The assay was conducted in a 96-well plate format following the manufacturer's protocol.

Cellular viability

A549 cells seeded at 5×10^3 cells per well in optically clear black-walled 96-well plates were treated with MTX at concentrations up to $100\ \mu\text{M}$ for up to 120 h. To each well containing $100\ \mu\text{L}$ of growth medium, $20\ \mu\text{L}$ of 0.16 mg/mL rezasurin was added and incubated for 4 h at 37°C and 5% CO_2 . The plate was protected from light and allowed to cool to

room temperature for 10 min before reading. Fluorescence signal was measured for each sample using a BioTek Cytation 3 multimode plate reader equipped with scanning excitation and emission monochromators set at an excitation and emission of 560 nm and 590 nm, respectively. Background signal was subtracted and percent viability was determined by normalizing fluorescence signal to untreated cells. Cellular protein content and cell nuclei counting were used as secondary measures of cellular viability. Protein content was quantified using the Micro BCA Protein Assay Kit (ThermoFisher Scientific) and nuclei were stained with Hoechst 33342 (BD Biosciences, Franklin Lakes, NJ) and counted using Gen5 image analysis software on a BioTek Cytation 3 equipped with a DAPI filter cube and a $4\times$ objective. The resulting log dose-response curves were fit to a four-parameter logistic equation using SigmaPlot v12.5 (Systat Software, San Jose, CA) and the concentrations resulting in half maximal inhibition (IC50) are reported. All experiments were conducted in triplicate unless otherwise noted.

Statistical analysis

Treatment effects on measured variables in the patient samples were assessed by nonparametric testing including the Wilcoxon rank-sum test or paired analyses via the Wilcoxon signed-rank test using JMP software v11 (SAS Institute, Cary, NC). Associations between continuous variables were assessed by Spearman's rank correlation analysis. Data in the cell-based studies were compared by unpaired Student's *t* test analysis.

RESULTS

Patient clinical and laboratory findings

A participant flow diagram and the individual patient demographics for patients included in this study are presented in **Figure 1** and **Table 1**, respectively. Seventy-six percent of patients with baseline samples had available samples at 3 months and 50% had available samples at 6 months with the majority of loss due to lack of sample availability because of inadequate sample volume or because the patient had not yet reached the subsequent time point. Baseline NAMPT levels were lower among patients with unavailable samples at 3 or 6 months, as compared with those with samples for all visits (median [interquartile range {IQR}]: 10.1 [6.8, 12.5] vs. 11.8 [9.2, 18.2] ng/mL; $p = 0.04$). However, because of the variety of reasons for lack of sample availability it is difficult to draw any conclusions based on this observation. Only 15% of the observed attrition resulted from therapeutic nonresponse and no difference in NAMPT levels was observed in this group compared with those who continued in the study. Consistent with the greater JIA population, the patients enrolled in this study were predominately female. Statistically significant reductions in all individual measures of disease activity were observed over the treatment period corresponding to significant reductions in composite JADAS scores after initiation of therapy and 85% of patients meeting ACR Pedi 30 response criteria by 6 months.

Baseline NAMPT levels and disease activity

Pretreatment plasma concentrations of NAMPT spanned a 14-fold range between 4.2 and 58.9 ng/mL and were

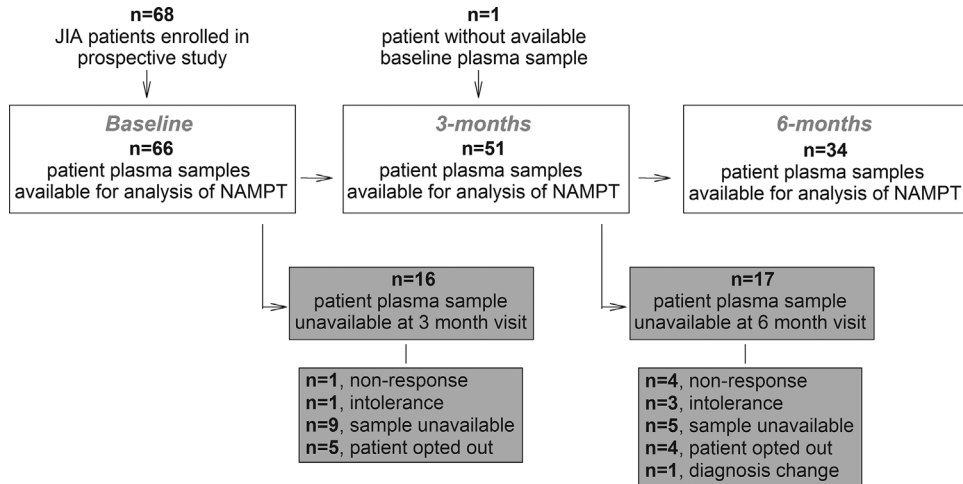


Figure 1 Flow diagram of participants with plasma samples available for nicotinamide phosphoribosyltransferase (NAMPT) analysis at their baseline, 3-month, and 6-month clinic visits. Gray boxes indicate participants for which samples at the subsequent clinic visit were unavailable for analysis.

Table 1 Patient demographics and clinical data before the initiation of MTX (0 month), and after 3 and 6 months of therapy

Patient characteristics	0	3	6
Visit, months	0	3	6
No. of patients	66	51	34
Gender, female, no. (%)	48 (73)	33 (65)	22 (65)
Age, y, median [IQR]	11.5 [5.4, 14.4]	10.9 [5.3, 13.8]	10.3 [5.5, 13.9]
ESR, mm/h	16 [9, 35]	9 [7, 21]***	8 [7, 15]***
CRP, mg/L	0.7 [0.5, 1.8]	0.5 [0.5, 1.3]*	0.5 [0.5, 0.6]
AJC	5 [2, 13]	3 [1, 7]***	1 [0, 5]***
PT-VAS	6 [3, 8]	2 [0.8, 4]***	1 [0.5, 4]***
MD-VAS	5 [3, 7]	2 [0, 4]***	1 [0, 2.5]***
CHAQ	0.5 [0.1, 1.4]	0.12 [0, 0.66]***	0 [0, 0.25]***
JADAS	19 [12, 30]	7 [4, 16.5]***	5 [2, 10.15]***
ACR Pedi <30, no. (%)	-	15 (29)	5 (15)
ACR Pedi >30, no. (%)	-	36 (71)	29 (85)
ACR Pedi >50, no. (%)	-	27 (53)	27 (79)
ACR Pedi >70, no. (%)	-	14 (27)	18 (53)

ACR Pedi, American College of Rheumatology pediatric response criteria; AJC, active joint count; CHAQ, Childhood Health Assessment Questionnaire; CRP, C-reactive protein; ESR, erythrocyte sedimentation rate; IQR, interquartile range; JADAS, 71-joint count Juvenile Arthritis Disease Activity Score; MD-VAS, physician global assessment of disease activity visual analogue scale; PT-VAS, physician global assessment of disease activity visual analogue scale.

* $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$ by paired Wilcoxon signed-rank testing.

found to be positively associated with plasma markers of inflammation including: CRP ($\rho = 0.27$; $p = 0.03$), IL-1 α ($\rho = 0.40$; $p = 0.002$), IL-1 β ($\rho = 0.27$; $p = 0.03$), IL-1Ra ($\rho = 0.68$; $p < 0.0001$), IL-6 ($\rho = 0.39$; $p = 0.002$), and TNF α ($\rho = 0.27$; $p = 0.03$). Baseline plasma NAMPT levels were not found to be associated with JADAS scores, or any of the other individual clinical measures of disease activity. NAMPT levels were found to be lower in girls compared with boys (median [IQR]: 10.3 [7.6, 10.8] vs. 13.7 [10.8, 18.8] ng/mL; $p = 0.04$), but were not found to vary significantly by disease subtype, age, weight, or body mass index. No significant

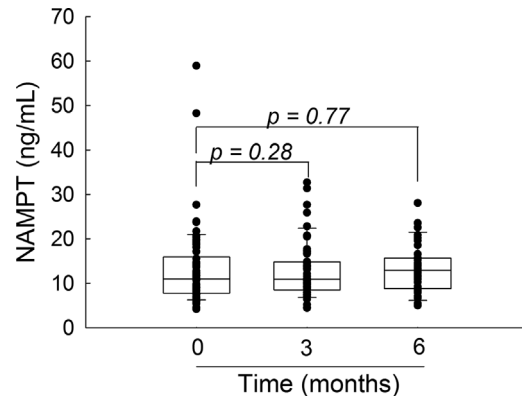


Figure 2 Plasma nicotinamide phosphoribosyltransferase (NAMPT) concentrations in juvenile idiopathic arthritis (JIA) after initiation of methotrexate (MTX). NAMPT concentrations were measured in plasma samples obtained from patients with JIA before the initiation of MTX therapy and after 3 and 6 months of therapy. Data points and representative box and whisker plots are shown for each time point. Changes in NAMPT values were evaluated by matched pair analysis using the Wilcoxon signed-rank test and the resulting p values are provided.

differences in baseline demographics or disease activity were observed between participants with samples for all visits and those who did not have available 3- or 6-month samples. No association between NAMPT levels and erythrocyte concentrations of MTX or its metabolites were observed.

Effect of MTX on NAMPT levels

Plasma concentrations of NAMPT were measured before the initiation of MTX therapy and at 3 and 6 months of therapy (Figure 2). No significant change in plasma NAMPT concentrations were observed after the initiation of MTX, as determined by either paired or unpaired analysis. Changes in NAMPT concentrations from baseline over the treatment period were not found to be significantly different between responders and nonresponders based on the ACR Pedi

response criteria and did not correlate with changes in JADAS scores (Δ JADAS) at either 3 or 6 months.

NAMPT levels and therapeutic response in JIA

NAMPT levels at 3 and 6 months were assessed for their association with clinical response at these two time points. The relationship between NAMPT levels and changes in each individual measure of disease activity and inflammation is provided in **Supplementary Table S1**. The primary measures of clinical response for this study were the ACR Pedi criteria and corresponding changes from baseline in JADAS (Δ JADAS). Although NAMPT levels at 3 months were not found to be associated with Δ JADAS, lower NAMPT levels were found to be significantly associated with a greater reduction in active joint count (Δ AJC) from baseline ($\rho = 0.32$; $p = 0.021$). Using ACR Pedi response criteria, elevated 3-month NAMPT levels were observed in patients defined as nonresponders by ACR Pedi 50 criteria compared with responders (median [IQR]: 12.8 [9.95, 17.6] ng/mL vs. 9.28 [7.54, 14.5]; $p = 0.035$).

At 6 months, reductions in disease activity by Δ JADAS were found to be associated with reduced NAMPT levels measured at 6 months and were primarily driven by an association of NAMPT levels with Δ AJC (**Figure 3**). In line with the lack of change observed in NAMPT levels over the treatment period, it was also found that lower NAMPT levels measured at baseline were associated with improved response to therapy, as represented by a positive association with Δ AJC at 6 months ($\rho = 0.34$; $p = 0.04$).

In concordance with the observed associations with Δ JADAS, elevated NAMPT concentrations were associated with nonresponse by ACR Pedi 30 at 6 months (**Figure 4b**). Similarly, elevated baseline NAMPT levels were associated with nonresponse by ACR Pedi 30 and ACR Pedi 50 at 6 months (**Figure 4a**).

Reduced NAMPT expression potentiates the pharmacological activity of MTX

Although the pharmacological basis of MTX activity in JIA remains controversial, the antiproliferative activity of MTX is believed to represent a primary mechanism of therapeutic efficacy.^{31,32} To investigate the role of NAMPT on the pharmacologic activity of MTX, NAMPT expression was inhibited in the A549 cell line by siRNA-based silencing of NAMPT. NAMPT levels were assessed in triplicate by Western blotting and remained undetectable in the siRNA transfected cells for at least 96-hours (**Figure 5a**). The NAMPT antibody consistently yielded triplet bands that made verification of knockdown uncertain; therefore, recombinant NAMPT (rNAMPT) was loaded on the first lane suggesting that the bottom band of the triplet represents NAMPT. NAMPT knockdown was verified by measuring cellular NAD levels and NAMPT siRNA caused an 87% reduction in cellular NAD content consistent with reduced NAMPT expression (**Figure 5b**). Despite the marked reduction in NAMPT and NAD levels, no change in cell viability was observed after NAMPT knockdown (**Figure 5c**). Nuclear counting by fluorescence microscopy using Hoechst 33342 and protein measurements by BCA analysis supported these findings and actually demonstrated an increase in cell number and protein content in cells treated

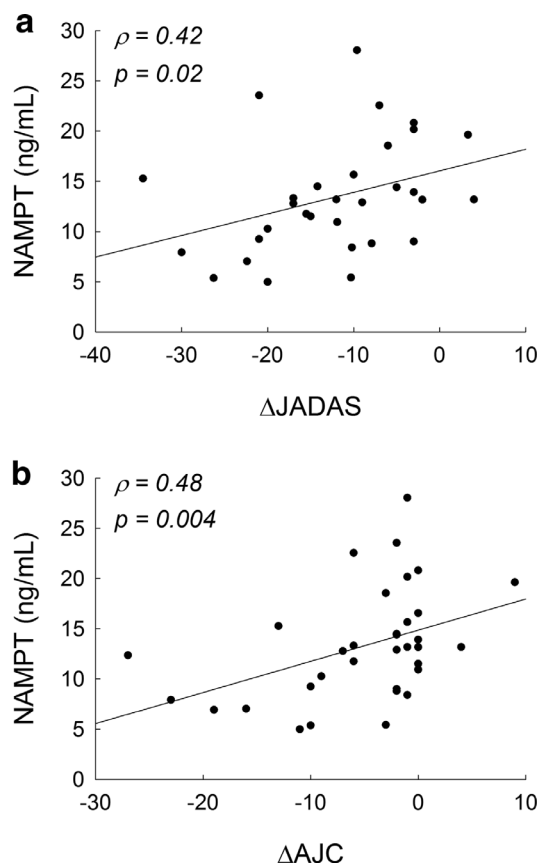


Figure 3 Association between plasma nicotinamide phosphoribosyltransferase (NAMPT) concentrations and clinical improvement in disease activity. Linear regression plots of 6-month plasma NAMPT concentrations vs. changes in (a) Juvenile Arthritis Disease Activity Score (JADAS) scores and (b) active joint count (AJC) in patients with juvenile idiopathic arthritis (JIA) over the 6-month treatment period. Spearman's rank correlation coefficients (ρ) and the resulting p values are presented.

with NAMPT siRNA (**Supplementary Figure S1**). Compared to the scrambled siRNA control, knockdown of NAMPT resulted in an approximately fourfold reduction in the concentration of MTX resulting in half-maximal inhibition of cell growth (IC₅₀; mean \pm SD: 82.8 \pm 3.3 vs. 21.6 \pm 2.4 nM; $p < 0.0001$; **Figure 5d**). NAMPT knockdown was also found to result in an increase in the growth inhibitory capacity of MTX, as illustrated by the difference in cell viability at 100 μ M MTX (mean \pm SD: 82.8 \pm 1.6% vs. 58.7 \pm 6.0%; $p = 0.002$). Measurement of cell viability using the Hoechst 33342 nuclear staining method and the BCA protein content assay yielded a similar four to fivefold reduction in IC₅₀ values for MTX after NAMPT knockdown (**Supplementary Figure S1**).

Chemical inhibition of NAMPT potentiates the pharmacological activity of MTX

To further confirm the role of NAMPT on the pharmacological activity of MTX, the competitive inhibitor of NAMPT enzymatic activity FK-866 was evaluated for its effect on MTX-mediated growth inhibition in the A549 cell line. After the

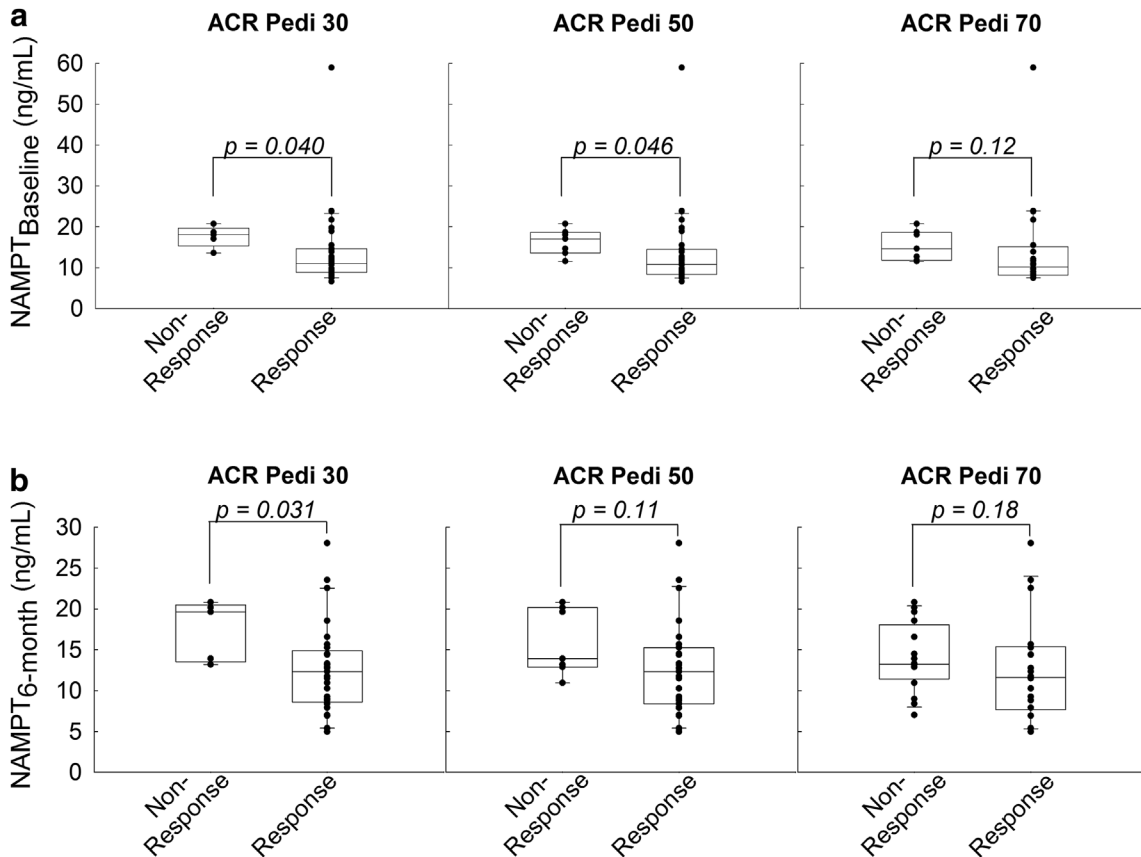


Figure 4 Relationship between plasma nicotinamide phosphoribosyltransferase (NAMPT) concentrations and clinical improvement by American College of Rheumatology pediatric response criteria (ACR Pedi) scoring. Plasma NAMPT levels at (a) baseline and (b) 6 months were compared between patients failing to respond to therapy (i.e., nonresponse) and those responding to therapy (i.e., response) based on ACR Pedi response criteria. Data points and representative box and whisker plots are shown for ACR Pedi 30, 50, and 70 responses as assessed after 6 months of therapy. NAMPT concentrations were compared between groups as indicated using the Wilcoxon rank-sum test and the resulting p values are provided.

treatment procedure previously outlined for the interaction between the NAMPT inhibitor GMX1778 and pemetrexed, A549 cells were pretreated for 48 h with MTX before the addition of 2.5 nM FK-866 for an additional 72 h.²⁹ FK-866 at 2.5 nM was chosen as the maximum tolerated dose and resulted in less than a 10% reduction in cell viability (mean \pm SD: $91 \pm 4\%$ viability). Similar to NAMPT knockdown, FK-866 treatment resulted in a greater than fourfold reduction in the IC₅₀ for MTX (63.4 ± 2.7 vs. 13.5 ± 0.9 nM; $p < 0.0001$; **Figure 6**). In agreement with the NAMPT knockdown studies, it was found that FK-866 caused a significant increase in the growth inhibitory capacity of MTX, as illustrated by the difference in cell viability at 100 μ M MTX ($86.6 \pm 0.7\%$ vs. $60.5 \pm 1.5\%$; $p < 0.0001$).

DISCUSSION

These findings are the first prospective evaluation of the relationship between MTX therapy and circulating concentrations of NAMPT in JIA. Despite 85% of patients meeting the ACR Pedi 30 response criteria at 6 months, NAMPT concentrations failed to change significantly after the initiation of MTX. Consistent with the coregulation of NAMPT and

inflammatory cytokines, increased NAMPT levels at baseline were associated with increased plasma levels of IL-1 α , IL-1 β , IL-1Ra, IL-6, and TNF α . However, NAMPT levels were not found to be significantly associated with baseline measures of disease activity. Although these findings contradict many of the studies in RA, these findings are not unprecedented. A study of the 6-month response in patients with RA similarly failed to find an association between NAMPT levels and disease activity, and failed to observe a change in NAMPT levels over the study period.³³ Similarly, a study in patients with severe RA treated with infliximab found that NAMPT levels were not associated with disease activity and did not change in response to therapy.³⁴ The failure to observe any significant reduction in NAMPT over the study period does not necessarily lessen the importance of NAMPT in the pathogenesis of JIA, as MTX therapy may target the disease process downstream of NAMPT. However, it does suggest that MTX itself does not modify NAMPT expression as a basis for its pharmacological activity, as suggested by our previous findings.¹³ Similarly, the inability to correlate disease activity and response with changes in NAMPT levels greatly limits the potential utility of monitoring NAMPT as a reactive biomarker of response.

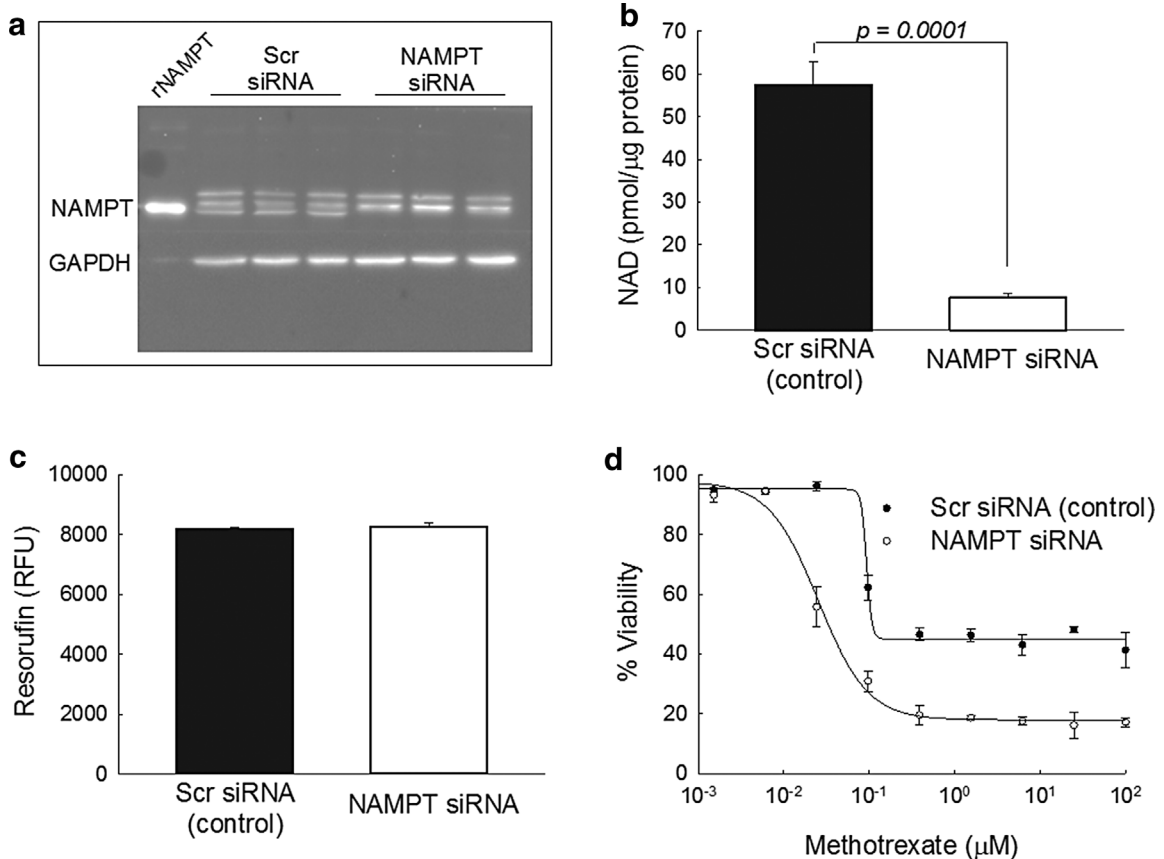


Figure 5 Effect of reduced cellular nicotinamide phosphoribosyltransferase (NAMPT) expression on the pharmacological activity of methotrexate (MTX). A549 cells were treated with either siRNA targeting NAMPT mRNA or a scrambled control siRNA and evaluated after 96 hours for differences in (a) NAMPT expression by Western blot analysis, (b) intracellular nicotinamide adenine dinucleotide (NAD) levels, (c) cell viability measured as resorufin relative fluorescence units (RFUs), and (d) sensitivity to the growth inhibitory effects of MTX. Results from a single experimental evaluation including three independent replicates are presented here along with the resulting mean \pm SD. The Western blot is representative of three independent experimental evaluations and the MTX growth inhibitory response data is representative of four independent experimental evaluations.

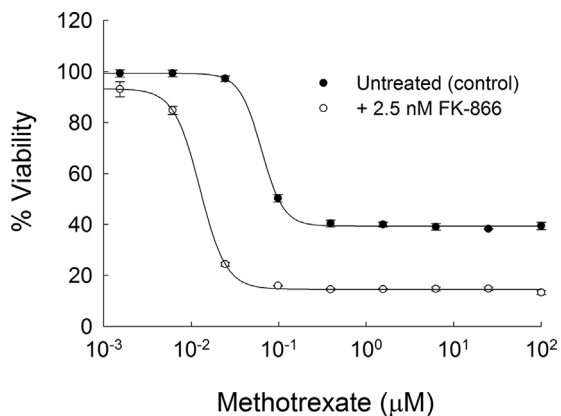


Figure 6 Effect of chemical inhibition of nicotinamide phosphoribosyltransferase (NAMPT) on the pharmacological activity of methotrexate (MTX). Cell viability was determined in A549 cells treated for 48 h with MTX before the addition of 2.5 nM FK-866 or vehicle control for an additional 72 h. Data points represent the mean \pm SD of viability measurements conducted in a single experiment with three independent replicates.

The observation that increased NAMPT concentrations, which seem to be stable over the treatment period, are associated with response failure suggests that NAMPT may remain a useful predictive biomarker for therapeutic response. A similar observation has been made in patients with RA, in which baseline plasma NAMPT levels predicted long-term disease progression.⁶ These findings suggest that higher pretreatment NAMPT concentrations may subsequently identify patients who are more inclined to fail MTX, which could result in earlier intervention with the next tier of biologic therapies, avoiding unnecessary delays in adequate therapy. Significant overlap was observed between responders and nonresponders in our study and therefore would limit its utility as a single discriminatory biomarker of nonresponse, but perhaps, in the future, may be able to be combined with other markers of response to develop algorithms to predict drug response early in therapy.

Last, these data support the role of NAMPT as a modifier of the pharmacologic activity of MTX. Inhibition of translation of NAMPT mRNA through siRNA gene-silencing and pharmacological inhibition of NAMPT enzyme activity both resulted in a similar increase in sensitivity to the growth

inhibitory activity of MTX. These findings support the hypothesis that NAMPT modifies the pharmacological response to MTX through its enzymatic activity, and not through receptor signaling pathways. The previous study of pemetrexed and the NAMPT inhibitor GMX1778 found that pharmacologic inhibition of NAMPT resulted in the depletion of cellular NAD that was further exacerbated by activation of poly (ADP-ribose) polymerase (PARP) by pemetrexed resulting in depletion of the cellular NAD pool and enhanced sensitivity to pemetrexed.²⁹ Similar to pemetrexed, MTX has also been found to activate PARP in animal models and in isolated leukocytes.^{35,36} In agreement with the role of PARP in the pharmacological activity of MTX, supplementation with the NAMPT substrate and PARP inhibitor, nicotinamide has been found to inhibit the hepatotoxic activity of MTX and promote its efficacy in a mouse model.^{37,38} Additional interacting pathways for NAD metabolism and MTX have also been suggested in metabolomic studies that have found inhibition of NAMPT affects purine biosynthesis, as several steps of purine and pyrimidine biosynthesis require NAD and its intermediates.³⁹ The fact that MTX targets enzymes in the purine and pyrimidine biosynthesis pathway as a component of its pharmacological activity further links NAMPT to the known biologic effects of MTX.⁴⁰ Although the biochemical mechanism through which NAMPT affects the pharmacological activity of MTX remains unclear at this point, these findings suggest that reduced NAMPT activity is associated with an increase in the activity of MTX, and may support pharmacologic inhibition of NAMPT as a means of enhancing clinical response to MTX. To date, no *in vivo* studies have evaluated the combination of MTX and NAMPT inhibition. However, based on these findings the combination would be expected to result in synergism. Whether the synergism would be limited to drug efficacy, or would also result in enhanced toxicity, is difficult to assess based on these data. The targeting of lymphocytes by both NAMPT inhibitors and MTX suggests that combination would result in increased efficacy, however, the basis for toxicity of these agents is less clear and may display a similar synergism.^{26,31,32}

With the paucity of biomarkers in children, resulting from many of the same problems that have historically plagued pediatric drug development, there remains a need to identify clinical biomarkers in the pediatric population to help guide drug therapy. Therefore, despite the incomplete understanding of the biochemical basis for the observed relationship between NAMPT and MTX, these results highlight the potential role of plasma NAMPT levels as a clinical biomarker in predicting therapeutic response to MTX. Most importantly, the ability of pretreatment NAMPT levels to predict future response to MTX may fulfill a critical need in the treatment regimen of JIA. The identification of poor responders to MTX, *a priori*, allows clinicians to choose potentially more effective therapies at the onset of treatment, minimizing the delay in achievement of disease control and further optimizing long-term outcomes in JIA.

Future studies are needed to understand more fully the mechanism through which NAMPT modifies the pharmacological activity of MTX and the role of NAMPT as a biomarker of therapeutic response to MTX in JIA. Such an understanding may present the opportunity to target NAMPT and related

biochemical pathways in drug development for the treatment of JIA and further support its role as a predictive clinical biomarker in the treatment of JIA.

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