# Bone Marrow Stromal Cell Intraspinal Transplants Fail to Improve Motor Outcomes in a Severe Model of Spinal Cord Injury

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## Abstract

Bone marrow stromal cells (BMSCs) have been reported to exert potential neuroprotective properties in models of neurotrauma, although precise mechanisms underlying their benefits are poorly understood. Despite this lack of knowledge, several clinical trials have been initiated using these cells. To determine whether local mechanisms mediate BMSC neuroprotective actions, we grafted allogeneic BMSCs to sites of severe, compressive spinal cord injury (SCI) in Sprague-Dawley rats. Cells were administered 48 h after the original injury. Additional animals received allogeneic MSCs that were genetically modified to secrete brain-derived neurotrophic factor (BDNF) to further determine whether a locally administered neurotrophic factor provides or extends neuroprotection. When assessed 2 months post-injury in a clinically relevant model of severe SCI, BMSC grafts with or without BDNF secretion failed to improve motor outcomes. Thus, allogeneic grafts of BMSCs do not appear to act through local mechanisms, and future clinical trials that acutely deliver BMSCs to actual sites of injury within days are unlikely to be beneficial. Additional studies should address whether systemic administration of BMSCs alter outcomes from neurotrauma.

Key words: bone marrow stromal cells; brain-derived neurotrophic factor; neuroprotection; severe spinal cord compression

# Introduction

THERE ARE NO EFFECTIVE THERAPIES for spinal cord injury (SCI). Several previous reports indicate that bone marrow stromal cell (BMSC) transplantation into experimental models of SCI generate modest locomotor recovery and enhanced tissue sparing.<sup>1-10</sup> Based on such reports, clinical trials of BMSC transplantation for SCI have already been conducted<sup>11,12</sup> and several more are in progress (Clinicaltrials.gov). Yet relatively little is known regarding mechanisms underlying potential therapeutic effects of BMSC. Modification of systemic immune responses,<sup>13–15</sup> trophic secretion,<sup>16–18</sup> or, less likely, stem cell-related mechanisms<sup>19</sup> have been cited as possible mediators of beneficial outcomes.

If BMSCs act through neuroprotective mechanisms to improve outcomes after SCI, the only practical human donor cell source would consist of allogeneic BMSCs. That is, cells would need to be rapidly administered to influence secondary injury mechanisms that are targets of neuroprotection, and autologous cells could not be prepared within a time frame of less than several weeks. Human BMSCs are routinely banked and human leukocyte antigen (HLA)typed for human use<sup>20</sup> as a means of reconstituting bone marrow in patients who have undergone marrow ablation, and constitute an available cell source for human clinical trials of neuroprotection. Of note, the medical literature indicates that allogeneic bone marrow cells transplanted into humans typically survive for a period of only several weeks, and then host endogenous bone marrow cells reconstitute the hematopoietic system.<sup>21–23</sup> The transient nature of allogeneic BMSC transplant survival presents an opportunity for application to neurotrauma: allogeneic BMSC grafts could be used to transiently deliver candidate therapeutics to sites of SCI. For example, delivery of brain-derived neurotrophic factor (BDNF) to sites of SCI promotes axonal growth<sup>24-26</sup> and, in some reports, improves functional outcomes<sup>27,28</sup>; however long-term secretion of BDNF results in spasticity<sup>25,29,30</sup> or pain.<sup>29,31</sup> Genetic manipulation of BMSCs to overexpress and secrete BDNF could represent a means of transient therapeutic delivery if the grafted cells eventually die, providing a sub-acute period of growth factor delivery to enable neuroprotection while potentially avoiding adverse consequences of long-term expression.

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In the present study, we addressed two topics related to BMSC transplantation after SCI. First, we determined whether BMSC transplantation achieves neuroprotection via local cellular mechanisms by implanting allogeneic donor cells directly into sites of severe compressive SCI. We hypothesized that if cells secrete neuroprotective molecules, they will reduce lesion size and improve functional outcomes. Second, taking advantage of the transient survival of allogeneic BMSC transplants, we examined whether BMSCs genetically engineered to over-express BDNF can further augment tissue sparing and functional recovery. To enhance clinical relevance, we used a model of severe T8 spinal cord compression because most human injuries are severe in degree<sup>32,33</sup>; BMSCs have not previously been tested in models of severe rodent SCI that are most likely to predict benefit in clinical trials,<sup>34</sup> and surprisingly, BMSCs have gone on to human clinical trials without such supportive rodent data. We now report that subacute implants of allogeneic BMSC grafts to sites of severe SCI fail to improve motor or autonomic outcomes, suggesting that their local administration is unlikely to merit clinical translation.

#### Methods

#### Experimental design

Fifty-four adult female Sprague-Dawley rats (10–14 weeks old, 200–250 g) were experimental subjects. This strain of rat is outbred, so any non-self cell transplants would eventually be rejected by the immune system. Three groups of animals were studied. All groups underwent T8 severe forceps compression lesions (n=12 animals per group) followed 48 h later by one of three possible treatments: Group 1 received implants of allogeneic BMSCs into the lesion site, genetically engineered to express green fluorescent protein (GFP); Group 2 received implants of allogeneic BMSCs into the lesion site, genetically engineered to express human BDNF



**FIG. 1.** In vitro characterization of bone marrow stromal cells (BMSCs). (A-I) Immunolabeling of BMSCs for green fluorescent protein (GFP) and CD90 with or without infection of GFP or brain-derived neurotrophic factor (BDNF)-ires-GFP lentivirus. Flow cytometry quantification of CD90 (J-L) and CD45 (M-O) expression on BMSCs with or without lentiviral infection. Scale bar:  $100 \,\mu$ m. DAPI, 4',6-diamidino-2-phenylindole. Color image is available online at www.liebertpub.com/neu

TABLE 1. FACS ANALYSIS OF IN VITRO BMSCS

Sample	<i>CD90</i> +	CD29+	CD45+	CD11b+
BMSC BMSC-GFP	99.9% 99.9%	99.9% 99.9%	20.4% 7.9% 7.1%	27.0% 13.8%

FACS,; BMSC, bone marrow stromal cell; GFP, green fluorescent protein; BDNF, brain-derived neurotrophic factor.

and GFP; and Group 3 received lesions only followed by injection of PBS 48 h later. Animals then underwent weekly Basso, Beattie, and Bresnahan (BBB) and sensory testing and were sacrificed 10 weeks post-lesion. In addition, four animals underwent T8 severe compression lesions and were sacrificed 48 h later for histological assessment of the lesion cavity, to understand the nature of the





**FIG. 2.** Morphology of lesion site at time of grafting. Nisslstained series of horizontal sections 2 days following severe spinal cord compression between the T8 and T9 vertebrae. Images show the morphology of the lesion epicenter prior to bone marrow stromal cell injections. Scale bar: 1 mm. Color image is available online at www.liebertpub.com/neu

**FIG. 3.** Survival of bone marrow stromal cells (BMSCs) 3 days post-grafting. Horizontal series, spaced 300  $\mu$ m apart, immunolabeled for green fluorescent protein (GFP)+ BMSCs and glial acidic fibrillary protein (GFAP). Animals were injected with GFP+ BMSCs 2 days following severe compression and perfused 3 days later. Scale bar: 1 mm. Color image is available online at www.liebertpub.com/neu



**FIG. 4.** Survival of bone marrow stromal cells (BMSCs) within potential neuroprotective window. Immunolabeling of grafts of green fluorescent protein (GFP)-expressing BMSCs implanted 2 days following severe compression and examined at several time-points thereafter. Red, glial acidic fibrillary protein label; blue, 4',6-diamidino-2-phenylindole nuclei label. (**A-D**) Three and 7 days post-transplantation, GFP+ BMSCs survive and fill T8 lesion site. (**E-H**) Two and 10 weeks post-transplantation, GFP+ BMSCs are no longer detectable. (E, F) Lesion-only subjects at 10 weeks. Scale bars: A,C,E, 1 mm; B,D,F, 250  $\mu$ m. PBS, phosphate-buffered saline. Color image is available online at www.liebertpub.com/neu

3 days, 7 days, or 14 days post-transplant (5 days, 9 days, or 16 days post-compression, respectively).

## BMSC isolation and cell preparation

Rat primary BMSCs were isolated according to the method of Azizi and colleagues.<sup>35</sup> Briefly, adult Sprague-Dawley rats were deeply anesthetized with a combination (2 mL/kg) of ketamine

(25 mg/mL), xylazine (1.3 g/mL), and acepromazine (0.25 mg/mL), and the tibias and femurs were dissected free of overlying muscle tissue. The ends of each bone were removed and 5 mL of BMSC culture media was injected into the central canal of the bone to extrude the marrow. Bone marrow aspirates were gently triturated and plated in BMSC media at a density of  $5 \times 105$  cells/cm<sup>2</sup>. Cells were maintained at 37°C in a mixture of 20% O<sub>2</sub> and 5% CO<sub>2</sub>. Media was changed every day for 5 days and at that time stromal



**FIG. 5.** Brain-derived neurotrophic factor (BDNF) expression.. BDNF-transduced bone marrow stromal cells (BMSCs) express BDNF 3 days after grafting. (A) BDNF protein is detected within BDNF-transduced BMSC grafts and surrounding areas, but (B) not within control BMSC grafts lacking the BDNF complementary DNA. Scale bar:  $100 \,\mu$ m. GFP, green fluorescent protein. Color image is available online at www.liebertpub.com/neu

cells had adhered to the flask. BMSCs were expanded to passage 3, then infected with lentivirus expressing either green fluorescent protein (GFP) or BDNF-ires-GFP, as described previously.<sup>7</sup> GFP+ cells were separated by flow cytometry to >95% purity. BMSCs were further expanded in BMSC media contained Minimum Essential Medium alpha +2 mM GlutaMAX +1× penicillin/streptomycin (all from Life Technologies), supplemented with 20% heat-inactivated fetal bovine serum (Hyclone). Prior to grafting, BDNF secretion was determined by two-site BDNF enzyme-linked immunosorbent assay (ELISA).<sup>36</sup> Basal levels of BDNF secretion from control BMSCs was determined by ELISA to be 34 ng/106 cells/day for GFP cells and 177 ng/106 cells/day for BDNF-ires-GFP infected cells.

### In vitro characterization

For BMSC immunocytochemistry, passage 7 cells were incubated with alexa-647 conjugated mouse anti-rat CD90 (5 ug/mL; BioLegend), for 30 min at 37°C. Cells were then washed with phosphate-buffered saline (PBS) and fixed in 3.7% formaldehyde for 20 min at 37°C. Following PBS washes, cells were permeabilized in 100% methanol for 10 min at room temperature. Cells were washed and blocked in 5% goat serum for 30 min at room temperature. Rabbit anti-GFP ( $0.5 \mu g/mL$ ; Life Technologies) was added and the cells incubated overnight at 4°C. Cells were washed and incubated in a mixture of alexa-488 conjugated goat anti-rabbit ( $2 \mu g/mL$ ; Life Technologies) and 4',6-diamidino-2-phenylindole (DAPI;  $1 \mu g/mL$ ; Sigma-Aldrich), for 1 h at room temperature. Cells were washed and immediately imaged.

For flow cytometry, cells were dissociated with 1 mM EDTA (Life Technologies) and incubated with alexa-647 conjugated mouse anti-rat CD90, CD29, CD45 and CD11b ( $10 \mu g/ml$ : Bio-Legend) for 20 min at 37°C. Cells were washed in PBS and fixed in a 2% formaldehyde/PBS solution on ice. Background staining was determined with cells incubated without antibodies or cells incubated with alexa-647 mouse Fc fragments. At least 50,000 singlet events were analyzed on a FACSCANTO II flow cytometry system (BD Biosciences).

#### Surgery

National Institutes of Health (NIH) guidelines for laboratory animal care and safety were strictly followed. All surgery was performed under anesthesia with a combination (2 mL/kg) of ketamine (25 mg/mL), xylazine (1.3 g/mL), and acepromazine (0.25 mg/mL).

For spinal cord compression lesions, blunt dissection was used to expose the T8 and T9 dorsal processes. Without laminectomy, a blunted, non-graded #55 forceps was lowered between the T8 and T9 vertebral columns and the forceps tips were entirely closed for 1 sec from the lateral aspects of the spinal cord. The muscles were sutured and the skin stapled. Rats were given ampicillin (20 mg/kg, subcutaneously) and banamine (1 mg/kg, subcutaneously), and the bladder was manually expressed twice a day.

Two days post-compression, the animals were re-anesthetized with isoflurane gas (instead of ketamine, to reduce potential toxicity from repeated ketamine exposure and to enable more rapid awakening) placed in a spinal stereotax (Kopf) and a laminectomy of the T8 vertebra was performed. Immediately prior to transplantation, BMSCs (passage 7) were concentrated by centrifugation at 200 g for 4 min and re-suspended in 5  $\mu$ L of PBS. The lesion was identified by a visible hematoma and a total volume of  $5 \,\mu L$ (500,000 cells) was injected directly into the lesion site using a Picospritzer II (General Valve). Cells were injected into three points (one point at midline and two points 0.5 mm lateral of midline). Control animals received injections of PBS containing no cells. The muscles were sutured, the skin stapled, and the rats were maintained for in a 37°C incubator until awake and alert. Rats were given daily subcutaneous injections for 3 days of a 3 mL solution containing lactated Ringer's, ampicillin (20 mg/kg), and banamine

(1 mg/kg). Bladder was manually expressed twice daily until reflex voiding returned (10–14 days post-compression).

#### Behavior testing

Prior to SCI, all rats were acclimated to the tester and the testing apparatus. Rat bladders were voided, then 10 min later the animals were placed in the open field. Two independent observers blinded to group identity assessed locomotor activity for 4 min and the open-field score was determined using the 21-point BBB locomotor rating scale.<sup>37</sup> No significant differences were observed when scoring the right and left hind paws at any time-point



**FIG. 6.** Motor and autonomic outcomes. (A) Open field Basso, Beattie, and Bresnahan (BBB) scoring following T8 severe compression. No group differences are evident (p=0.99, analysis of variance [ANOVA]). (B) Bladder weight following T8 severe compression. There are no differences among lesioned groups, which significantly differ from intact animals and animal's 2 days post-lesion (p < 0.05, ANOVA). PBS, phosphate-buffered saline; BMSC, bone marrow stromal cell; GFP, green fluorescent protein; BDNF; brain-derived neurotrophic factor. Color image is available online at www.liebertpub.com/neu

(analysis of variance [ANOVA], p = 0.9); therefore, the values were averaged.

#### Tissue preparation and immunohistochemistry

Rats were transcardially perfused with 0.9% NaCl<sub>2</sub>, followed by ice cold 4% paraformaldehyde (PFA). Spinal cords were removed and post-fixed overnight in 4% PFA, then transferred to 30% sucrose in 0.1 M phosphate buffer and cryoprotected for 3 days at 4°C. A 1 cm block of spinal cord tissue containing the lesion site was embedded in tissue cryoprotectant solution (Thermo Fisher) and frozen on dry ice. Horizontal tissue sections were cut on a cryostat set to  $16 \,\mu$ m and thaw-mounted directly onto superfrost plus slides. A subset of slides were stained with 0.25% cresyl violet to label Nissl bodies or immunolabeled, as described below.

#### Fluorescent immunolabeling

For glial acidic fibrillary protein (GFAP) and/or green fluorescent protein (GFP) double labeling, slides were place in a slide staining rack (Thermo Fisher), rinsed with Tris-buffered saline (TBS), permeabilized with 100% methanol for 20 min, and rinsed with TBS. Non-specific antibody binding was then blocked for 1 h in a solution of 5% horse serum in 0.25% triton-x in TBS (TBS++). Slides were incubated in a mixture of mouse anti-GFAP (1  $\mu$ g/mL; Millipore,) and rabbit anti-GFP ( $0.5 \ \mu g/mL$ ; Life Technologies) overnight in TBS++. Following TBS washes, slides were incubated in a mixture of donkey anti-rabbit alexa-488 and donkey anti-mouse alexa-594 (4  $\mu g/mL$ ; Life Technologies) in TBS++ for 1 h at room temperature. All nuclei were counterstained with DAPI (1  $\mu g/mL$ ; Sigma-Aldrich) for 5 min. Slides were air-dried and coverslipped with Fluoromount G (Southern Biotech).

## Light level immunolabeling

For GFAP immunolabeling, mouse anti-GFAP ( $0.2 \mu g/mL$ ; Millipore) was diluted in TBS++ and added to each slide and incubated overnight at 4°C. Following TBS washes, slides were incubated for 1 h in biotinylated horse anti-mouse immunoglobulin G (IgG; 7.5  $\mu g/mL$ ; Vector Labs) diluted in TBS++. Following TBS washes, slides were incubated for 1 h in ABC reagent (1:100 dilution; Vector Labs). Slides were transferred to a coplin jar and washed 3× in TBS. The horseradish peroxidase (HRP) reaction product was allowed to react for 10 min with a solution of 0.25 mg/ mL 3,3'-diaminobenzidine (DAB), 0.04% NiCl<sub>2</sub>, 1.2% H<sub>2</sub>O<sub>2</sub> in TBS. Slides were rinsed in TBS and dehydrated with a series of increasing ethanol concentrations to citrosolv. Finally, slides were cover-slipped with Entellan mounting solution.

For BDNF immunolabeling, slides were placed in a coplin jar and washed in TBS. Slides were then transferred to a 0.01M Tris-



**FIG. 7.** Lesion site after 10 weeks. Nissl-stained series of horizontal sections, 10 weeks following severe T8 compression. Cavitation is evident in all groups and surviving bone marrow stromal cells (BMSCs) are not present within the lesion site. Scale bar: 1 mm. Color image is available online at www.liebertpub.com/neu

## **BMSCS IN SEVERE SCI**

HCl, pH 9 solution pre-warmed to 80°C and incubated for 30 min. Slides were allowed to return to room temperature, then fixed in a solution of 2% paraformaldehyde/0.2% parabenzoquinone in 0.1 M PO<sub>4</sub> for 5 min. Slides were washed in TBS, blocked in TBS++ for 1 h, then incubated for four nights at 4°C in a mixture of rabbit anti-BDNF (0.1  $\mu$ g/mL; Chicago Proteintech) in TBS++. Following TBS washes, slides were incubated for 2 h in biotinylated horse anti-rabbit IgG (7.5  $\mu$ g/mL; Vector Labs) diluted in TBS++. Following TBS washes, slides were incubated for 1 h in ABC reagent (1:100 dilution; Vector Labs). Slides were transferred to a coplin jar and washed 3× in TBS. The HRP reaction product was allowed to react for 10 min with a solution of 0.25 mg/mL DAB, 0.04% NiCl<sub>2</sub>, 1.2% H<sub>2</sub>O<sub>2</sub> in TBS. Slides were rinsed in TBS and dehydrated with a series of increasing ethanol concentrations to citrosolv. Finally, slides were cover-slipped with Entellan mounting solution.

## Imaging

Both light level and fluorescent images were acquired with an Olympus AX70 microscope equipped with an Optronics Microfire A/R digital camera. Images were imported into Photoshop CS2 and minimally altered for brightness and contrast.

## Lesion size quantification

GFAP immunolabeled horizontal sections containing the entire lesion site were used for estimation of lesion size. Lack of GFAP immunolabeling in six sections spaced every 300  $\mu$ m was outlined using StereoInvestigator software (MicroBrightField). Live images were received from an Olympus Optical OLY-200 video camera mounted on an Olympus Optical BX60 microscope fitted with a Ludl 99S000 XYZ motorized stage. The lesion volume index was calculated by summing the lesion area from all six sections. The mean lesion volume index was calculated for each group.

### Glial scar quantification

Images magnified 20 ×were acquired of GFAP immunolabeled horizontal sections containing the rostral edge of the lesion cavity. Images were imported into ImageJ (NIH) and a region of interest outlined 100  $\mu$ m from the lesion cavity. Percent of area occupied by GFAP immunolabeling was quantified in six serial sections spaced 300  $\mu$ m apart. The mean percent of GFAP area was calculated for each group.

## Statistical analysis

In all quantification procedures observers were blinded to the nature of the experimental manipulations. For histological outcomes, multiple group comparisons were made using one-way ANOVA with a designated significance level of 95%. Post hoc differences were tested by Fisher's least square difference. For behavioral outcomes, multiple group comparisons were made by repeated measures two-way ANOVA (group vs. time, BBB and sensory threshold testing) or one-way ANOVA (conditioned place preference testing) with a significance level of 95% followed by Fisher's *post hoc* test. Data are presented as mean  $\pm$  standard error of the mean (SEM). The final numbers of animals per group that were assessed were n=7 in the BMSC-GFP group, n=10 in the BMSC-BDNF group, and n = 12 in the PBS control group. Animal numbers were reduced from the original n = 12 per group for the following reasons: five died in the BMSC-GFP group due to excessive weight loss and bladder infections, and two died in the BMSC-BDNF group due to bladder infections.

#### Results

#### In vitro characterization of bone marrow stromal cells

Immunocytochemistry of non-transduced, GFP-expressing and BDNF-expressing BMSCs showed similar cell surface expression of CD90 (thy 1.1), a characteristic marker of rat BMSCs (Fig. 1).<sup>38</sup> Flow cytometry demonstrate that neither lentiviral infection nor BDNF expression changed the percentage of cells immunolabeled by the BMSCs markers CD90 or CD29 (see Table 1). With the media used in this study, the presence of <20% CD45+ and/or CD11b+ cells is to be expected.<sup>38</sup>

# Minimal tissue sparing 2 days following severe thoracic compression lesion

To examine the nature of the T8 severe compression site at the time of BMSC transplantation, we examined four animals 2 days



**FIG. 8.** Tissue sparing after 10 weeks. Light-level immunolabeling for glial acidic fibrillary protein (GFAP) outlines lesion border. (**A-C**) No qualitative difference in lesion size is evident among groups. (**D**) Quantification of lesion size indicates no quantitative difference between the groups (p = 0.92, analysis of variance). Scale bar: 1 mm.

post-lesion. At this time-point, the lesion site contained cellular debris and a hematoma within the lesion epicenter (Fig. 2). A cystic lesion cavity had not yet formed, as expected, but there was attenuation of parenchymal density that appeared compatible with an ability to graft cells into the lesion site, confirmed at later time-points (see below). Most white matter appeared directly injured by the lesion, with possible minimal sparing in only the most ventrally located sections (Fig. 2).

# Bone marrow stromal cells survive and fill the lesion cavity 3 days post-grafting

When examined 3 days post-grafting (5 days post-lesion), GFPimmunoreactive BMSCs extensively filled the lesion site (Fig. 3). BMSCs remained present in the lesion site at 7 days post-grafting (9 days post-lesion). However, at 14 days and 10 weeks postgrafting, allogeneic BMSCs were no longer present within the lesion site (Fig. 4); this finding is consistent with previous reports that allogeneic BMSC transplants do not survive for prolonged time periods *in vivo*.<sup>39</sup> BDNF immunolabeling confirmed expression of BDNF by grafted cells at this 3-day time-point, indicating that BDNF was locally available through early time-points post-injury (Fig. 5), when it might support neuroprotection. Thus, allogeneic BMSCs survive early grafting and express BDNF within subacute lesion sites, but are not present at prolonged time-points. This experimental paradigm thereby generates a transient cellular fill of the lesion site and, in the case of cells genetically engineered to secrete BDNF, allows transient delivery of the growth factor BDNF.

## Acute BMSC grafts do not improve locomotor outcomes

This study employed a severe spinal cord compression lesion to more closely model the most common form of human SCI, severe injury.<sup>40</sup> Of 36 animals that underwent T8 severe compression lesions, 29 survived the planned 10-week period of in-life analysis, as follows: Group 1, GFP, n=7; Group 2, BDNF, n=10; Group 3, PBS control, n=12. This final group of 29 subjects was used for behavioral and anatomical analysis. On the 21-point BBB open field locomotor scale, control PBS-injected rats exhibited severe deficits, recovering to a mean BBB score of only  $1.24\pm0.34$  (mean  $\pm$  SEM; n=12) by week 10 after injury (Fig. 6A). Neither group of



**FIG. 9.** Glial scar after 10 weeks. Light-level immunolabeling for glial acidic fibrillary protein defines glial scar at lesion border. (**A-C**) No qualitative difference in glial scar deposition evident among groups. (**D**) Quantification of glial scar in a 100  $\mu$ m-thick region in host tissue, measured from the lesion cavity border, indicates no quantitative difference between the groups (*p*=0.75 ANOVA). Scale bar: 1 mm. PBS, phosphate-buffered saline; BMSC, bone marrow stromal cell; GFP, green fluorescent protein; BDNF, brain-derived neurotrophic factor.



**FIG. 10.** Serotonergic axons are not present below the lesion. (**A-C**) Light level immunolabeling for serotonin (5-HT) demonstrates high density of labeling rostral to the compression site, and a lack of labeling caudally in all groups at 10 weeks post-lesion. (**D-F**) Higher magnification images of 5-HT labeling rostral and (**G-I**) caudal to the lesion. Scale bars: A-C, 1 mm; D-F, 150 µm; H-J, 100 µm. PBS, phosphate-buffered saline; BMSC, bone marrow stromal cell; GFP, green fluorescent protein; BDNF; brain-derived neurotrophic factor.

grafted animals exhibited a significant difference in outcome, compared with lesioned controls (Fig. 6A; ANOVA, p = 0.9).

# Acute BMSC grafts do not support recovery of bladder function

Another dimension of neuroprotection that can be measured in experimental paradigms of SCI is bladder function. SCI is typically followed by flaccid expansion of the bladder muscle as a consequence of denervation,<sup>26</sup> with a consequent increase in weight. Neuroprotective therapies may prevent this expansion.<sup>27,28,29</sup> At the conclusion of functional testing, animals were sacrificed and bladder weights were examined. Severe compression lesions resulted in a significant increase in bladder weight (ANOVA, p < 0.05; Fig. 6B). All lesioned groups exhibited equal increases in bladder weight without evidence of protection from this outcome (Fig. 6B).

## Acute BMSC grafts do not reduce lesion size or attenuate glial scar

Cresyl violet stains and GFAP-immunolabeling performed 10 weeks post-compression demonstrated cavitation and cellular infiltration surrounding the lesion (Fig. 7 and Fig. 8). Quantification of lesion size through a series of 1-in-6 GFAP-labeled sections showed no significant difference in lesion size among groups (Fig. 8D). Quantification of GFAP immunolabeling at the rostral edge of the lesion site showed no significant difference in glial scar density among groups (Fig. 9).

# Acute BMSC grafts do not increase serotonergic axons below lesion

Light level immunolabeling for serotonin (5-HT) performed 10 weeks post-compression demonstrated a high density of labeling rostral to the lesion site and immediately adjacent to the lesion epicenter. However, no 5-HT labeled axons were observed caudal to the lesion site in any group (Fig. 10).

## Discussion

Preceding studies in the scientific literature indicate that grafts of BMSCs improve functional and anatomical outcomes after experimental SCI,<sup>6,41</sup> leading to clinical trials that have yielded inconsistent findings.<sup>11,12</sup> However, a substantial problem in translating pre-clinical findings from rodent models of SCI to human clinical trials is the fact that many experimental therapies for SCI use only moderate injury severity models, whereas most humans sustain severe injuries.<sup>32,33</sup> Severe injury models in rodents appear a priori to offer a more valuable tool for identifying therapies that could merit clinical translation.<sup>34</sup>

In this study, we employed a severe compression lesion model to determine whether allogeneic grafts of BMSCs locally to injury sites could improve functional outcomes. We succeeded in generating severe lesions with minimal functional recovery below the level of the lesion; animals exhibited only thin bands of spared white matter, as is often encountered after human injury.<sup>42–44</sup> Using this model, we now find no beneficial effect of allogeneic BMSC grafts on functional outcomes after SCI. The preceding literature indicates that BMSC grafts may confer neuroprotection in moderate models of SCI, a finding observed whether BMSCs were injected locally into sites of SCI1,28,45-47 intrathecally48 or systemically.49,50 Mechanisms that might confer neuroprotection in these less severe lesion models include either local neuroprotective effects, or alternatively systemic alterations in immune responses that reduce inflammation in the spinal cord.<sup>15</sup> Our findings suggest that the magnitude of neuroprotection provided by a local cell graft will be insufficient to improve outcomes after more severe injuries.

In addition, several studies report that neurotrophic factors are neuroprotective when tested in models of incomplete or moderate contusive SCI.<sup>51–54</sup> However, we now find that grafts of allogeneic BMSCs transduced to secrete BDNF are not neuroprotective when delivered two days after severe SCI.

We chose to use an allogeneic grafting protocol for several reasons. First, only an allogeneic cell source is practical as an acute or subacute intervention after SCI; culturing autologous BMSCs would require weeks in the clinical setting and is not a practical translational option for acute or subacute SCI. Second, HLAcharacterized banks of BMSCs already exist in major academic medical centers for human grafting (for bone marrow replacement), allowing practical grafting of more immune-tolerant cells among individuals. The use of outbred Sprague-Dawley rats models the type of allografting that would be encountered in a clinical setting. Third, even HLA-matched cell grafts in humans largely die off within weeks to months of grafting, to be replaced by progeny that are derived from the host.<sup>21-23,55</sup> There are potential major advantages to an eventual loss of grafted cells to a site of SCI over time: first, a potential immune stimulus would not persist over time. Second, cells genetically modified to secrete a growth factor will express only transiently over the time period of cell survival, avoiding potential adverse effects of persistent growth factor expression, such as spasticity<sup>41</sup> or pain.<sup>56</sup> Indeed, in this study, we found that allogeneic cells readily survived grafting for several days but were no longer detectable 10 weeks after grafting. However, this grafting paradigm did not confer neuroprotection or improvement in functional outcomes.

Negative outcomes of studies must be interpreted with appropriate caution. We grafted cells 48 h after injury, a time-point that may have missed an earlier window of opportunity for neuroprotection. We note, however, that human clinical trials of BMSC grafting in SCI have grafted cells at time-points of 5 and 10 days post-injury; thus, our experimental paradigm was representative of these subacute time-points explored clinically<sup>57,58</sup> We grafted cells directly into lesion epicenters, as undertaken in several previous studies, <sup>1,28,45,46</sup> whereas other studies have grafted cells intrathecally<sup>48</sup> or systemically<sup>49,50</sup>; it is possible that these alternative routes of administration may be effective where local administration is not. It is also possible that delivery of an alternative cell type, such as a Schwann cell, might be successful whereas a BMSC is not, or that an alternative neuroprotective factor such as NT-3<sup>59</sup> or erythropoietin<sup>60,61</sup> might be effective. With these important caveats in mind, our findings support the conclusion that 2-day delayed intraparenchymal injection of wild-type or BDNF-expressing BMSCs is unlikely to represent a useful translational therapy for SCI.

We propose that translational programs consider the use of severe rodent injury models as a useful predictor of potential clinical benefit, a point raised in a recent review.<sup>34</sup> Our study identified a divergence in efficacy outcomes in partial lesion models compared to our severe model, and the negative clinical trial to date<sup>11</sup> is compatible with the concept that a severe rodent lesion model represent the best predictor of clinical outcome.

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#### **Author Disclosure Statement**

No competing financial interests exist.

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