

# Capnogram slope and ventilation dead space parameters: comparison of mainstream and sidestream techniques

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## Abstract

**Background:** Capnography may provide useful non-invasive bedside information concerning heterogeneity in lung ventilation, ventilation–perfusion mismatching and metabolic status. Although the capnogram may be recorded by mainstream and sidestream techniques, the capnogram indices furnished by these approaches have not previously been compared systematically.

**Methods:** Simultaneous mainstream and sidestream time and volumetric capnography was performed in anaesthetized, mechanically ventilated patients undergoing elective heart surgery. Time capnography was used to assess the phase II ( $S_{II,T}$ ) and III slopes ( $S_{III,T}$ ). The volumetric method was applied to estimate phase II ( $S_{II,V}$ ) and III slopes ( $S_{III,V}$ ), together with the dead space values according to the Fowler ( $V_{DF}$ ), Bohr ( $V_{DB}$ ), and Enghoff ( $V_{DE}$ ) methods and the volume of  $CO_2$  eliminated per breath ( $V_{CO_2}$ ). The partial pressure of end-tidal  $CO_2$  ( $PET_{CO_2}$ ) was registered.

**Results:** Excellent correlation and good agreement were observed in  $S_{III,T}$  measured by the mainstream and sidestream techniques [ratio=1.05 (SEM 0.16),  $R^2=0.92$ ,  $P<0.0001$ ]. Although the sidestream technique significantly underestimated  $V_{CO_2}$  and overestimated  $S_{III,V}$  [1.32 (0.28),  $R^2=0.93$ ,  $P<0.0001$ ],  $V_{DF}$ ,  $V_{DB}$ , and  $V_{DE}$ , the agreement between the mainstream and sidestream techniques in the difference between  $V_{DE}$  and  $V_{DB}$ , reflecting the intrapulmonary shunt, was excellent [0.97 (0.004),  $R^2=0.92$ ,  $P<0.0001$ ]. The  $PET_{CO_2}$  exhibited good correlation and mild differences between the mainstream and sidestream approaches [0.025 (0.005) kPa].

**Conclusions:** Sidestream capnography provides adequate quantitative bedside information about uneven alveolar emptying and ventilation–perfusion mismatching, because it allows reliable assessments of the phase III slope,  $PET_{CO_2}$  and intrapulmonary shunt. Reliable measurement of volumetric parameters (phase II slope, dead spaces, and eliminated  $CO_2$  volumes) requires the application of a mainstream device.

**Key words:** capnography; carbon dioxide; intraoperative monitoring; mechanical ventilation; ventilation-perfusion ratio

Capnography is a non-invasive method for the numerical and graphical analysis of the exhaled  $CO_2$  concentration,<sup>1–5</sup> and a valuable tool for the improvement of patient safety.<sup>6</sup> Although assessment of capnogram shape factors is not yet a standard part of

patient monitoring, it has the promise to provide routine information concerning pathophysiological processes of lung ventilation, such as airway patency<sup>7–10</sup> and lung recoil tendency.<sup>8–9</sup> Furthermore, combination of capnography with expired gas volume

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### Editor's key points

- It is not clear which factors sidestream capnography can indicate as accurately as mainstream capnography.
- Mainstream and sidestream time and volumetric capnography were performed to compare several factors in anaesthetized, mechanically ventilated patients undergoing elective heart surgery.
- Sidestream capnography provides adequate quantitative bedside information about uneven alveolar emptying and ventilation–perfusion mismatch, but mainstream capnography is required for a reliable measurement of volumetric parameters.

monitoring allows the assessment of ventilation–perfusion matching and the metabolic status of the body.<sup>3 5 10 11</sup>

In clinical practice, two techniques are available, based on the measurement site of CO<sub>2</sub>. Mainstream capnography applies an infrared sensor located proximally to the patient between the tracheal tube and the Y-piece, and thus, allows a rapid and accurate analysis of the CO<sub>2</sub> concentration of the exhaled gas.<sup>12–14</sup> However, this method is used mainly in intensive care units, because of the disadvantages posed by the local heating of the head and the weight of the sample cell, which increases the risk of tracheal tube dislocation.

As an alternative, sidestream capnography is often used in the operating theatre because it is easily manageable and allows the monitoring of other gases.<sup>7–9 15</sup> These devices analyse the gas sample distally from the patient, and therefore, have the drawbacks of a prolonged total response time,<sup>16–18</sup> the occurrence of axial mixing,<sup>2 10 11 19</sup> and a variable suction flow rate.<sup>20</sup> All these processes result in a dynamic distortion of the CO<sub>2</sub> concentration curve, and thus, have a potential to bias the derived capnographic parameters.

There have been a few previous attempts to compare capnographic parameters obtained by sidestream and mainstream techniques, but they were the manufacturer's educational material,<sup>21</sup> focused only on the end-tidal CO<sub>2</sub> value in experimental<sup>22</sup> and clinical studies,<sup>23–25</sup> or were limited to a small cohort of infants.<sup>26</sup> However, there is a lack of information about the relationship between capnographic indices obtained by sidestream and mainstream techniques in mechanically ventilated adults. Therefore, the aim of the present study was to validate the ability of the sidestream technique to provide adequate quantitative bedside information about uneven alveolar emptying and ventilation–perfusion mismatching. Therefore, we determined which of the capnogram parameters (shape factors, respiratory dead space) can be assessed reliably by applying the sidestream technique. We hypothesized that sidestream capnography is suitable to measure indices obtained from the quasi-static phases of the capnogram, whereas phases with transient CO<sub>2</sub> concentration changes are exposed to measurement bias.

## Methods

### Patients

Twenty-nine patients [female/male: 13/16, 71 (57–85) yr old] undergoing elective cardiac surgery were enrolled into the study in a prospective consecutive manner. The study protocol was approved by the Human Research Ethics Committee of the University of Szeged, Hungary (no. WHO 2788). Written informed consent was obtained from each patient. Patients with severe

cardiopulmonary disorders (pleural effusion >300 ml, ejection fraction <30%, BMI >35 kg m<sup>-2</sup>, or intraoperative acute asthma exacerbation) were excluded.

### Anaesthesia and surgery

Anaesthesia was induced with i.v. midazolam (30 µg kg<sup>-1</sup>), sufentanil (0.4–0.5 µg kg<sup>-1</sup>), and propofol (0.3–0.5 µg kg<sup>-1</sup>), and was maintained by an i.v. propofol infusion (50 µg kg<sup>-1</sup> min<sup>-1</sup>). Neuromuscular block was achieved by i.v. boluses of rocuronium (0.2 mg kg<sup>-1</sup> every 30 min).

After tracheal intubation, the patients' lungs were mechanically ventilated in volume-controlled mode with descending flow (Dräger Zeus, Lübeck, Germany) by setting the tidal volume to 7 ml kg<sup>-1</sup>, the ventilator frequency to 9–14 bpm, and the PEEP to 4 cm H<sub>2</sub>O, and maintaining the inspired oxygen fraction at 0.5.

### Recording and analyses of the expiratory capnogram

The measurement set-up was designed to allow the sampling of the mainstream (Capnogard®; Novamatrix, Andover, MA, USA) and sidestream (Ultima™; Datex/Instrumentarium, Helsinki, Finland) capnographs from the same sampling site in the ventilator circuit. This was achieved by connecting the sampling port of the sidestream capnograph next to the mainstream sensor between the Y-piece and the tracheal tube. A screen pneumotachograph (Piston Ltd, Budapest, Hungary) was used to record the central airflow at the same point of the ventilator circuit. Simultaneous 15 s recordings of the CO<sub>2</sub> signals of the mainstream and sidestream capnographs and the ventilation flow were digitized (sampling frequency 102.4 Hz) and analysed with custom-made software. Volumetric capnograms were constructed from the time capnograms and the integrated flow data. To compensate for the transport delay caused by the suction of the gas into the sample cell, the sidestream time capnograms were shifted by –1.65 s. This value was determined by analysing the time delay between the mainstream and sidestream capnogram curves during stepwise changes in CO<sub>2</sub> concentration, in a similar manner to an earlier approach.<sup>17</sup>

The slopes of phase III of the time and volumetric capnograms determined by mainstream (S<sub>III,T,MS</sub> and S<sub>III,V,MS</sub>) and sidestream (S<sub>III,T,SS</sub> and S<sub>III,V,SS</sub>) capnography were assessed by fitting a linear regression line to the last 60% of phase III.<sup>7 8 12</sup> Likewise, regression lines were fitted to the points around the inflexion point of phase II within 20% of the time or volume of phase II, to determine their slopes in the mainstream (S<sub>II,T,MS</sub> and S<sub>II,V,MS</sub>) and sidestream (S<sub>II,T,SS</sub> and S<sub>II,V,SS</sub>) measurements. The angles formed by the phase II and III limbs of the expiratory time mainstream (α<sub>MS</sub>) and sidestream (α<sub>SS</sub>) capnograms were calculated from the phase II and phase III slopes using a monitoring speed of 1.67 kPa s<sup>-1</sup> (12.5 mm Hg s<sup>-1</sup>).

Additionally, dead space fractions were calculated from volumetric capnograms. Fowler's dead space, reflecting the volume of the conducting airways,<sup>27</sup> was determined by taking the volume expired up to the inflexion point of phase II from the mainstream and sidestream capnograms (V<sub>DF,MS</sub> and V<sub>DF,SS</sub>). The physiological dead space according to Bohr (V<sub>DB,MS</sub> and V<sub>DB,SS</sub>), reflecting the alveolar volume with decreased or no perfusion, was calculated from the mainstream and sidestream capnograms as follows:<sup>28</sup>

$$V_{DB,MS}/V_T = (Pa_{CO_2,MS} - P\bar{E}_{CO_2,MS})/Pa_{CO_2,MS}$$

$$V_{DB,SS}/V_T = (Pa_{CO_2,SS} - P\bar{E}_{CO_2,SS})/Pa_{CO_2,SS}$$

where Pa<sub>CO<sub>2</sub>,MS</sub> and Pa<sub>CO<sub>2</sub>,SS</sub> are the mean alveolar partial

pressures of CO<sub>2</sub> determined from the midpoint of phase III in the mainstream and sidestream capnograms, respectively,<sup>3, 14</sup> and  $P\bar{E}_{CO_2,MS}$  and  $P\bar{E}_{CO_2,SS}$  are the mixed expired CO<sub>2</sub> partial pressure obtained by calculating the area under the mainstream and sidestream volumetric capnogram curves, respectively, via integration and dividing the resulting values by  $V_T$ .

Enghoff's approach contains all of the ventilation-perfusion mismatching. Hence, besides the  $V_{DB}$ , it also incorporates the intrapulmonary shunt (i.e. the alveolar volume with decreased or even loss of ventilation with perfusion maintained), as follows:<sup>29</sup>

$$V_{DE,MS}/V_T = (Pa_{CO_2} - P\bar{E}_{CO_2,MS})/Pa_{CO_2}$$

$$V_{DE,SS}/V_T = (Pa_{CO_2} - P\bar{E}_{CO_2,SS})/Pa_{CO_2}$$

where  $Pa_{CO_2}$  is the partial pressure of CO<sub>2</sub> in the arterial blood.

Additionally, we calculated the normalized differences between the Enghoff and Bohr dead spaces obtained by mainstream [ $V_{s,MS}/V_T = (V_{DE,MS} - V_{DB,MS})/V_T$ ] and sidestream capnography [ $V_{s,SS}/V_T = (V_{DE,SS} - V_{DB,SS})/V_T$ ], which reflects the all the mixed venous blood entering the arterial system, including Thebesian veins, part of the bronchial veins, and intrapulmonary shunt circulation (i.e. the virtual gas volume of the alveolar units with perfusion with decreased or no ventilation).

The amount of the CO<sub>2</sub> exhaled during each expiration was calculated as the area under the volumetric CO<sub>2</sub> concentration curve obtained by mainstream ( $V_{CO_2,MS}$ ) and sidestream ( $V_{CO_2,SS}$ ) capnography.

The changes in the sampling flow rate during the mechanical ventilation were measured in a smaller cohort of ventilated patients ( $n=5$ ). The sampling flow was assessed by measuring the pressure difference between the proximal and distal ends of the sampling tube with a miniature differential pressure transducer (model 33NA002D; IC Sensors, Milpitas, CA, USA). The potential variability of the sampling flow governed by the respiratory impedance can theoretically bias the accuracy of sidestream estimates. Thus, the main cohort of patients was divided into three groups based on their compliance ( $C$ ) values into lower ( $C < 37 \text{ ml cm H}_2\text{O}^{-1}$ ) and higher ( $C > 53 \text{ ml cm H}_2\text{O}^{-1}$ ) quartiles and medium interquartile range.

### Measurement protocol

Mainstream and sidestream capnographic signals were recorded simultaneously during different stages of cardiac surgery: before sternotomy, 5 min before and after cardiopulmonary bypass, and immediately after sternal closure. Two pairs of 15 s traces were recorded in each stage, producing eight recordings per patient (~20 pairs of expirations). For the assessment of  $Pa_{CO_2}$ , arterial blood gas samples were obtained during each measurement condition, and the resistance ( $R$ ) and compliance ( $C$ ) values displayed by the ventilator were also registered.

### Supplemental measurements

To assess whether sidestream capnography affects the mainstream results via gas suctioning, an additional protocol was performed with a set-up identical to that used in the main study group in a smaller cohort of patients ( $n=8$ ). A total number of 87 mainstream measurements, each lasting 60 s, were performed with the sidestream sampling flow switched on randomly during either the first or second half of the recordings. Separate analyses of first and second halves allowed pairwise comparisons of mainstream capnogram parameters obtained with and without gas suctioning by the sidestream device.

### Statistical analyses

Sample size estimation was based on the aim to determine the 95% limits of agreement with great reliability according to the corresponding recommendation.<sup>30</sup> The correlations between the mainstream and sidestream variants of individual variables were analysed with the Pearson test. If the regression lines were close to the line of identity for a corresponding mainstream and sidestream value pair, Bland-Altman analysis was performed to assess the extent of their agreement.<sup>31</sup> In the event of normality, Student's paired t-tests were used to assess the statistical significance of the difference between the results of the mainstream and sidestream methods. The effects of compliance on the sidestream and mainstream dead space and shunt parameters were assessed by using one-way ANOVA tests on ranks. A  $P$ -value  $< 0.05$  was considered significant. The reported values are expressed as the mean (SEM) in case of normality, or as the median [first quartile-third quartile] otherwise.

### Results

Figure 1 shows representative time and volumetric capnograms obtained with simultaneous mainstream and sidestream capnography. In both the time and volume domains, the mainstream capnograms exhibited a steeper phase II, smaller  $\alpha$  angles, and an earlier transition into phase III. Moreover, a later transition into the inspiratory phase was observed in the time domain mainstream capnogram. These shape differences result in a lower area under the sidestream capnogram compared with the corresponding mainstream capnogram.

Figure 2 illustrates the temporal relationship between the sidestream capnogram and the sampling flow variability in a representative patient. The transient spikes in the sampling flow coincide with the cyclic changes in the breathing phases.

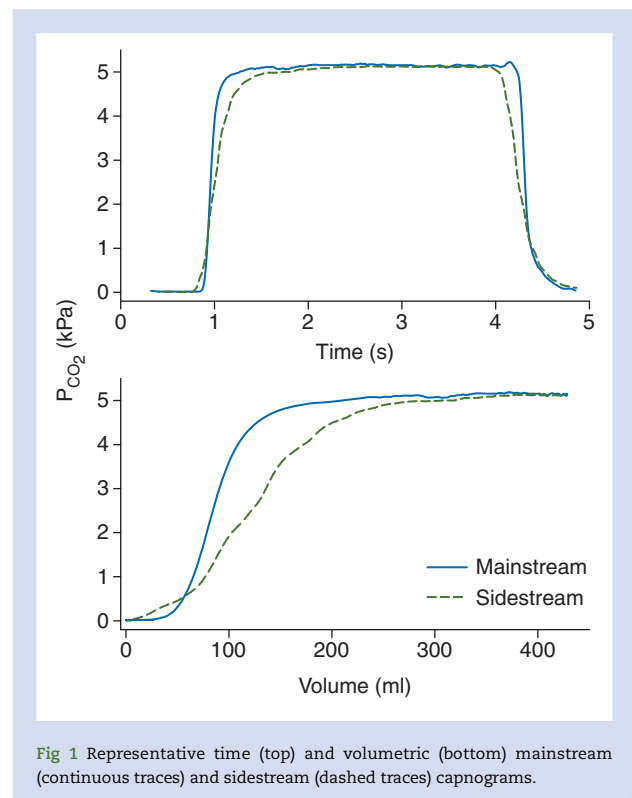


Fig 1 Representative time (top) and volumetric (bottom) mainstream (continuous traces) and sidestream (dashed traces) capnograms.

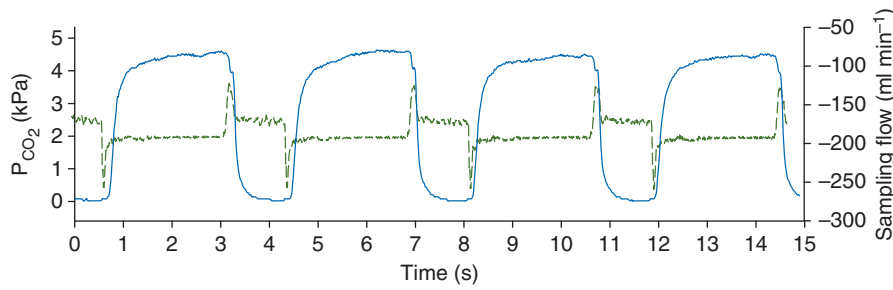


Fig 2 Sidestream capnogram curve (continuous line, left axis) together with the flow in the sampling tube (dashed line, right axis) in a representative patient.

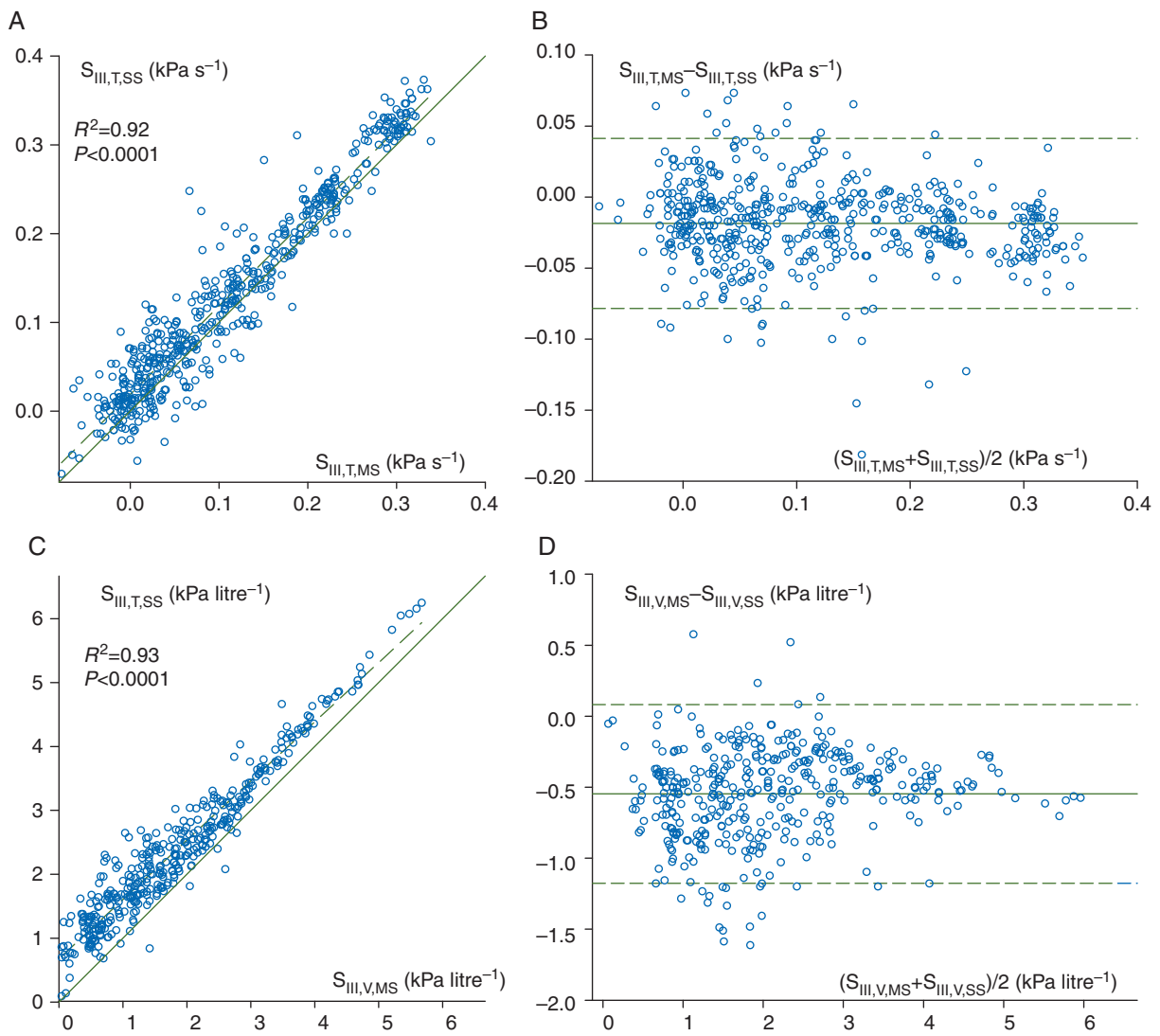


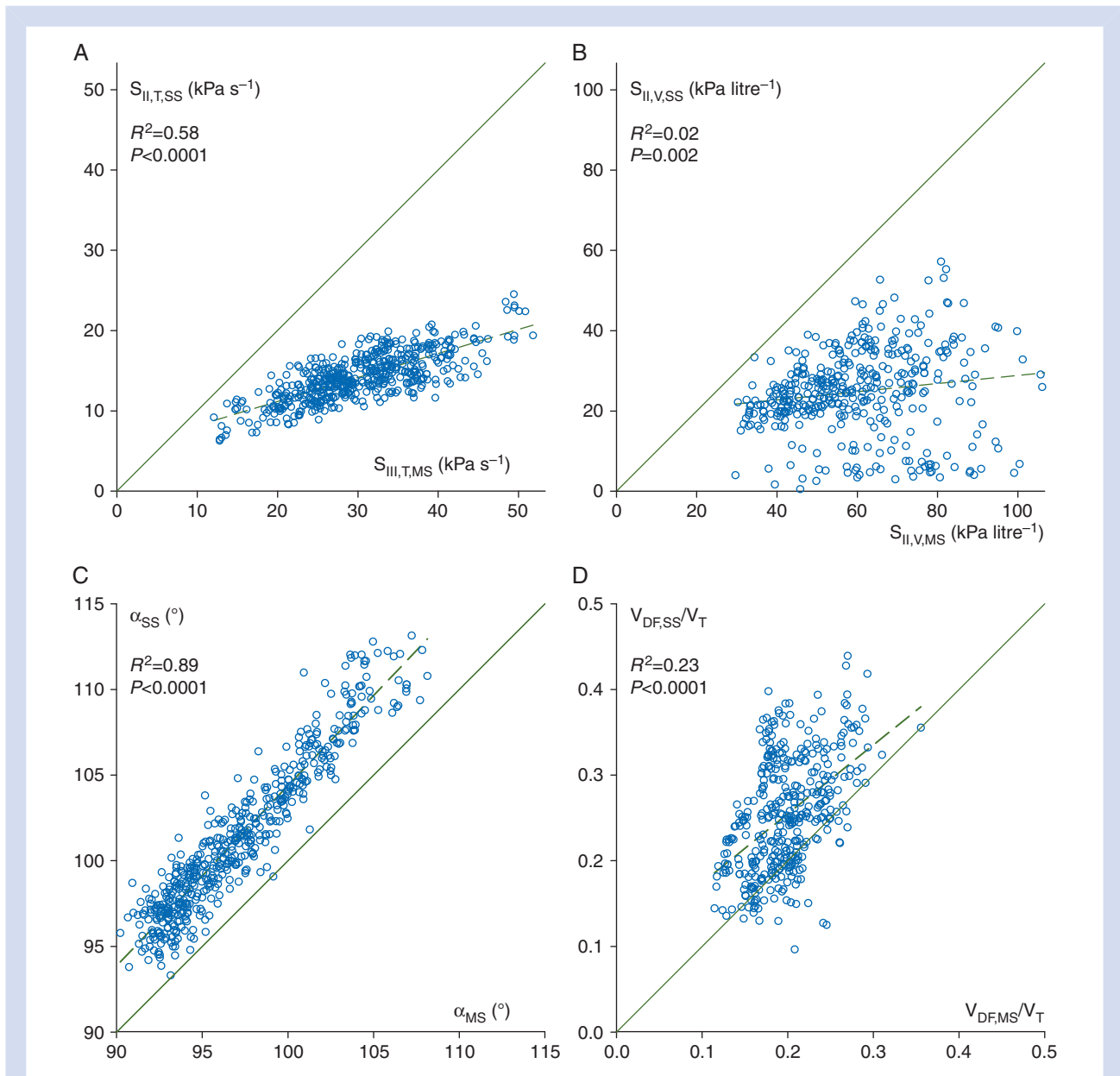
Fig 3 Correlations between the phase III slopes in the time (A,  $S_{III,T,MS}$  vs  $S_{III,T,SS}$ ) and volumetric domains (C,  $S_{III,V,MS}$  vs  $S_{III,V,SS}$ ) obtained by mainstream (horizontal axis) and sidestream capnography (vertical axis), with the regression lines (dashed) and the lines of identity (continuous). Regression equations:  $S_{III,T,SS} = 0.142 + 0.996 \cdot S_{III,T,MS}$  and  $S_{III,V,SS} = 5.09 + 0.93 \cdot S_{III,V,MS}$ . The corresponding Bland-Altman plots are demonstrated on the right for the time (B,  $S_{III,T,MS}$  vs  $S_{III,T,SS}$ ) and volumetric (D,  $S_{III,V,MS}$  vs  $S_{III,V,SS}$ ) capnograms. The means of differences are  $-0.019$  kPa  $s^{-1}$  and  $-0.55$  kPa litre $^{-1}$  (continuous), and the limits of agreement are  $0.06$  kPa  $s^{-1}$  and  $0.63$  kPa litre $^{-1}$  (dashed) for the time and volumetric capnograms, respectively. Each data point represents one expiration.  $S_{III,T,MS}$ , phase III slope of time capnogram;  $S_{III,V,MS}$ , phase III slope of volumetric capnogram;  $S_{II,T,MS}$ , phase II slope of time capnogram;  $S_{II,V,MS}$ , phase II slope of volumetric capnogram;  $V_{DF,MS}/V_T$ , normalized Fowler dead space;  $V_{DB,MS}/V_T$ , normalized Bohr dead space;  $V_{DE,MS}/V_T$ , normalized Enghoff dead space;  $V_{S,MS}/V_T$ , normalized difference between the Enghoff and Bohr dead spaces;  $V_T$ , tidal volume.

The difference in mainstream and sidestream partial pressure of end-tidal  $\text{CO}_2$  [ $\text{PET}_{\text{CO}_2}$ ; 4.27 (0.02) vs 4.24 (0.02) kPa] was small, although statistically significantly higher with the former technique ( $P < 0.001$ ). The  $V_{\text{CO}_2}$  was systematically underestimated by the sidestream method [ $V_{\text{CO}_2, \text{SS}}/V_{\text{CO}_2, \text{MS}} = 0.895$  (0.3),  $P < 0.0001$ ], despite the presence of good correlation between these variables ( $R^2 = 0.91$ ,  $P < 0.0001$ ).

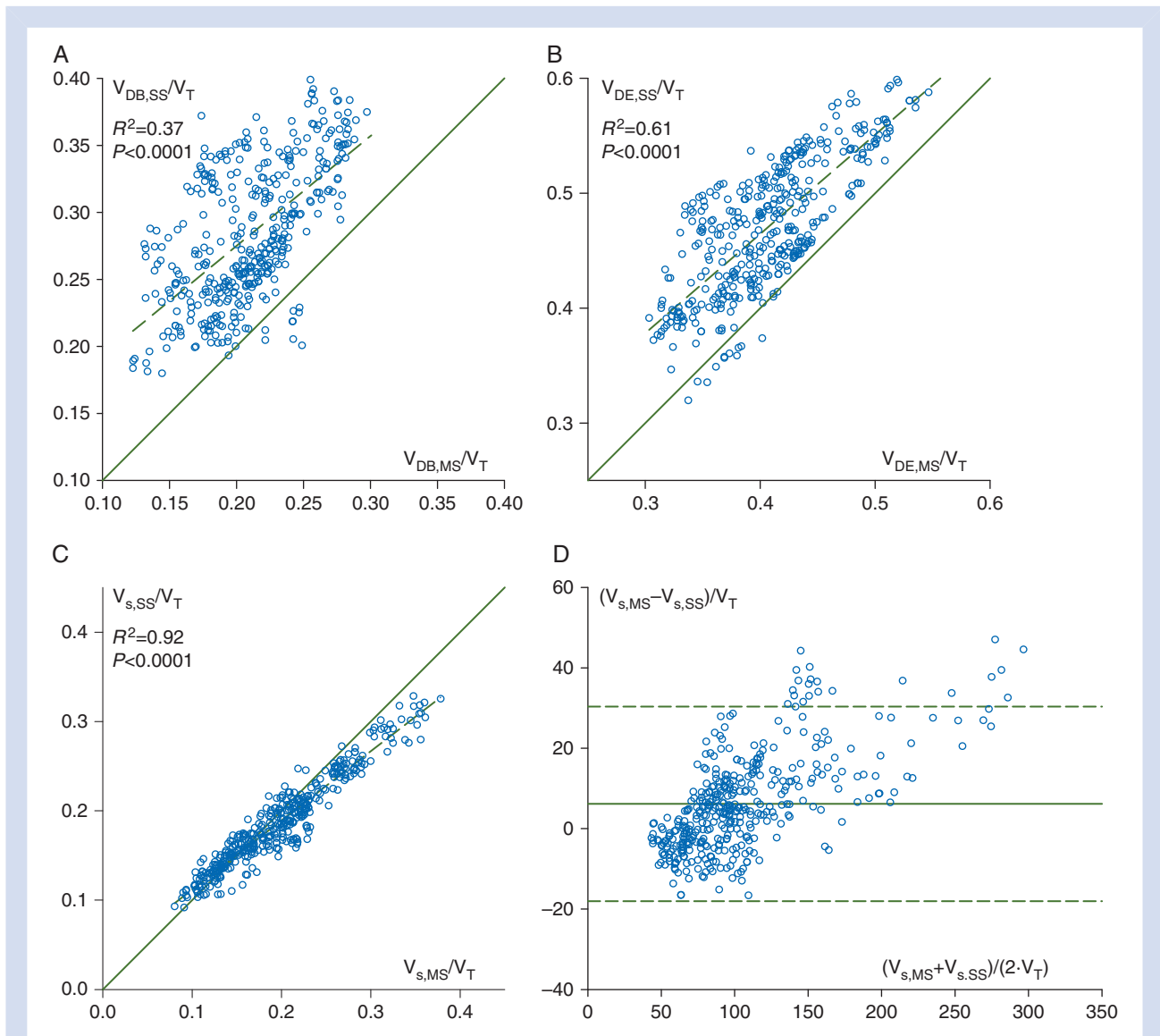
Correlations between the phase III slopes obtained by the mainstream and sidestream methods, and the corresponding Bland–Altman plots, are demonstrated in Fig. 3. An excellent correlation ( $R^2 = 0.92$ ,  $P < 0.0001$ ) and good agreement were observed between  $S_{\text{III}, \text{T}, \text{MS}}$  and  $S_{\text{III}, \text{T}, \text{SS}}$ , although the sidestream method slightly but significantly overestimated  $S_{\text{III}, \text{T}}$  [ $S_{\text{III}, \text{T}, \text{SS}}/S_{\text{III}, \text{T}, \text{MS}} = 1.05$

(0.16),  $P < 0.0001$ ]. Strong correlation and good agreement were found between the volumetric  $S_{\text{III}}$  values ( $R^2 = 0.93$ ,  $P < 0.0001$ ), with a systematic overestimation of  $S_{\text{III}, \text{V}, \text{MS}}$  by  $S_{\text{III}, \text{V}, \text{SS}}$  ( $S_{\text{III}, \text{V}, \text{SS}}/S_{\text{III}, \text{V}, \text{MS}} = 1.32$  [1.21–1.49],  $P < 0.0001$ ). The limits of agreements were  $-0.08$  to  $0.04$   $\text{kPa s}^{-1}$  and  $-0.07$  to  $1.16$   $\text{kPa litre}^{-1}$  for the time and volumetric phase III slopes, respectively.

Figure 4 depicts the correlations between the shape factors and the dead space fractions associated with phase II of the capnogram ( $V_{\text{DF}}$ ). Although  $S_{\text{II}, \text{T}, \text{SS}}$  correlates significantly with  $S_{\text{II}, \text{T}, \text{MS}}$  ( $R^2 = 0.58$ ,  $P < 0.0001$ ), there is no agreement between these slopes because of the substantial underestimation by the sidestream method [ $S_{\text{II}, \text{T}, \text{SS}}/S_{\text{II}, \text{T}, \text{MS}} = 0.48$  (0.004),  $P < 0.0001$ ]. A rather poor correlation and a lack of agreement were observed between the



**Fig 4** Correlations between phase II slopes in the time (A,  $S_{\text{II}, \text{T}, \text{MS}}$  vs  $S_{\text{II}, \text{T}, \text{SS}}$ ) and volume domain (B,  $S_{\text{II}, \text{V}, \text{MS}}$  vs  $S_{\text{II}, \text{V}, \text{SS}}$ ), angles  $\alpha$  (C,  $\alpha_{\text{MS}}$  vs  $\alpha_{\text{SS}}$ ) and Fowler's dead space indices (D,  $V_{\text{DF}, \text{MS}}/V_{\text{T}}$  vs  $V_{\text{DF}, \text{SS}}/V_{\text{T}}$ ) obtained by mainstream (horizontal) and sidestream (vertical) capnography, with the regression lines (dashed) and the lines of identity (continuous). Regression equations:  $S_{\text{II}, \text{T}, \text{SS}} = 39 + 0.298 \cdot S_{\text{II}, \text{T}, \text{MS}}$ ,  $S_{\text{II}, \text{V}, \text{SS}} = 140.2 + 0.1 \cdot S_{\text{II}, \text{V}, \text{MS}}$ ,  $\alpha_{\text{SS}} = -0.84 + 1.05 \cdot \alpha_{\text{MS}}$ , and  $V_{\text{DF}, \text{SS}}/V_{\text{T}} = -22.3 + 1.52 \cdot V_{\text{DF}, \text{MS}}/V_{\text{T}}$ . Each data point represents one expiration.

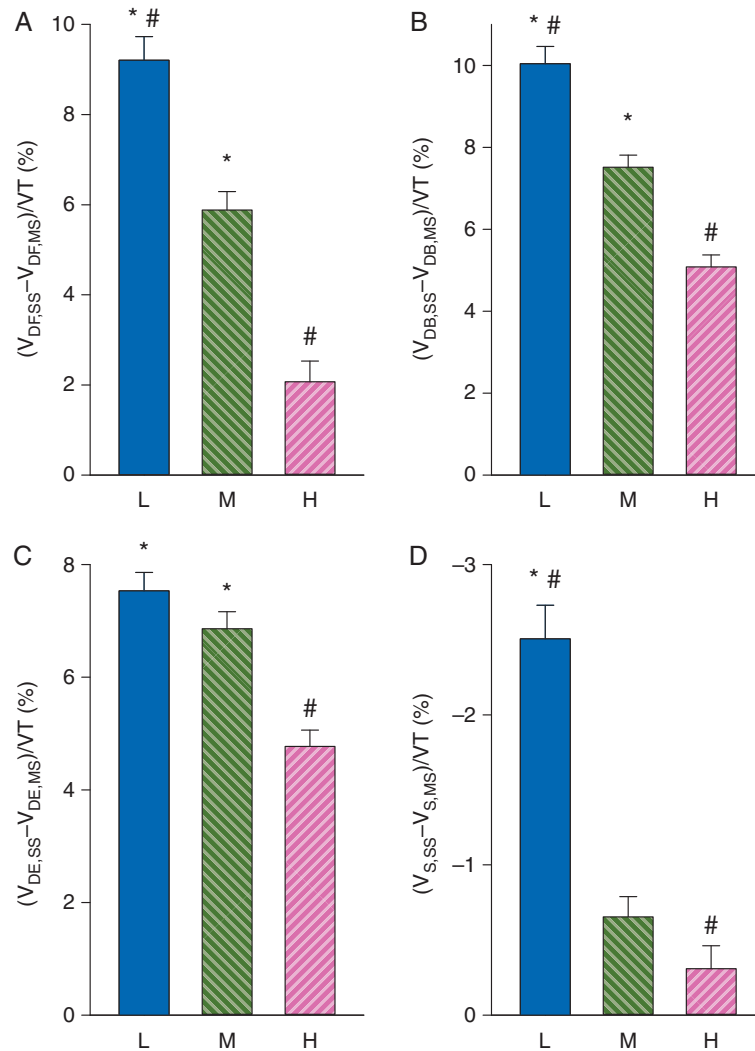


**Fig 5** Correlation between normalized dead space indices calculated according to Bohr (A,  $V_{DB,MS}/V_T$  vs  $V_{DB,SS}/V_T$ ) and Enghoff (B,  $V_{DE,MS}/V_T$  vs  $V_{DE,SS}/V_T$ ), and their difference [C,  $V_{s,MS}/V_T=(V_{DE,MS}-V_{DB,MS})/V_T$  vs  $V_{s,SS}/V_T=(V_{DE,SS}-V_{DB,SS})/V_T$ ] obtained by mainstream (horizontal) and sidestream (vertical) capnography, with the regression line (dashed) and the line of identity (continuous). Regression equations:  $V_{DB,SS}/V_T=0.11+0.82 \cdot V_{DB,MS}/V_T$ ,  $V_{DE,SS}/V_T=0.12+0.86 \cdot V_{DE,MS}/V_T$ , and  $V_{s,SS}/V_T=0.034+0.774 \cdot V_{s,MS}/V_T$ . (D) The corresponding Bland-Altman plot is demonstrated for  $V_{s,MS}/V_T$  and  $V_{s,SS}/V_T$ . The mean of differences is 6.17 (continuous), and the limit of agreement is 24.2 (dashed). Each data point represents one expiration.

phase II slopes in the volume domain ( $R^2=0.02$ ,  $P<0.002$ ), with a similar underestimation by sidestream capnography [ $S_{II,V,SS}/S_{II,V,MS}=0.44$  (0.008),  $P<0.0001$ ]. Significant correlation but poor agreement was found between the two types of  $\alpha$  angle ( $R^2=0.89$ ,  $P<0.0001$ ), with  $\alpha_{SS}$  slightly but consistently overestimating  $\alpha_{MS}$  [1.04 (0.001),  $P<0.0001$ ]. Although  $V_{DF,MS}$  and  $V_{DF,SS}$  correlated moderately ( $R^2=0.56$ ,  $P<0.0001$ ), their agreement was rather poor, and the sidestream method overestimated the mainstream values [ $V_{DF,SS}/V_{DF,MS}=1.3$  (0.013),  $P<0.0001$ ].

Figure 5 illustrates the correlations between respiratory dead space indices measured by the two methods. Moderate, but statistically significant correlation was found between the normalized dead space parameters  $V_{DB,MS}/V_T$  and  $V_{DB,SS}/V_T$  ( $R^2=0.37$ ,  $P<0.0001$ ), with overestimation of mainstream Bohr's dead

space by the sidestream method [ $V_{DB,SS}/V_{DB,MS}=1.37$  (0.01),  $P<0.0001$ ]. In the measurement of the Enghoff dead space, the two methods exhibited good correlation ( $R^2=0.61$ ,  $P<0.0001$ ) and a slight overestimation by the sidestream capnograph [ $V_{DE,SS}/V_{DE,MS}=1.16$  (0.004),  $P<0.0001$ ]. Given that  $PA_{CO_2}$  shows excellent agreement between the two techniques [ $R^2=0.95$  and mainstream/sidestream ratio=1.01 (0.02),  $P=0.2$ ], the dissociations between physiological dead space parameters can be ascribed to the discrepancies in  $P_{ECO_2}$  [ $R^2=0.77$  and mainstream/sidestream ratio=1.12 (0.08),  $P<0.0001$ ]. The overestimations of  $V_{DE}$  and  $V_{DB}$  by the sidestream technique resulted in a strong correlation in their difference (i.e. the lung volume with the intrapulmonary shunt;  $R^2=0.92$ ,  $P<0.0001$  between  $V_{s,SS}/V_T$  and  $V_{s,MS}/V_T$ ). This relationship was associated with good agreement between the



**Fig 6** Relative differences in dead space and pulmonary shunt parameters obtained with the two methods in patients with the lower (L, compliance  $<37\text{ ml cm H}_2\text{O}^{-1}$ ) and higher (H, compliance  $>53\text{ ml cm H}_2\text{O}^{-1}$ ) quartiles and medium (M) interquartile range. \* $P<0.05$  vs H; # $P<0.05$  vs M.

**Table 1** Mainstream capnographic parameter values, obtained with or without sidestream suctioning, and the corresponding P-values of Student's paired t-tests. Values are expressed as the mean (SD).  $S_{III,T,MS}$ , phase III slope of time capnogram;  $S_{III,V,MS}$ , phase III slope of volumetric capnogram;  $S_{II,T,MS}$ , phase II slope of time capnogram;  $S_{II,V,MS}$ , phase II slope of volumetric capnogram;  $V_{DF,MS}/V_T$ , normalized Fowler dead space;  $V_{DB,MS}/V_T$ , normalized Bohr dead space;  $V_{DE,MS}/V_T$ , normalized Enghoff dead space;  $V_{S,MS}/V_T$ , normalized difference between the Enghoff and Bohr dead spaces;  $V_T$ , tidal volume

Sidestream suctioning	$S_{III,T,MS}$ ( $\text{kPa s}^{-1}$ )	$S_{III,V,MS}$ ( $\text{kPa litre}^{-1}$ )	$S_{II,T,MS}$ ( $\text{kPa s}^{-1}$ )	$S_{II,V,MS}$ ( $\text{kPa litre}^{-1}$ )	$V_{DF,MS}/V_T$	$V_{DB,MS}/V_T$	$V_{DE,MS}/V_T$	$V_{S,MS}/V_T$	$V_T$ (ml)
On	0.106 (0.108)	1.82 (0.92)	29.13 (5.42)	62.96 (14.31)	0.196 (0.037)	0.198 (0.04)	0.401 (0.059)	0.198 (0.067)	586 (116)
Off	0.109 (0.104)	1.85 (0.92)	29.03 (5.36)	62.19 (14.23)	0.195 (0.036)	0.198 (0.04)	0.403 (0.058)	0.199 (0.065)	590 (116)
P-value	0.4	0.19	0.39	0.18	0.21	0.11	0.13	0.4	0.003

shunt volumes, with the sidestream method only slightly underestimating the mainstream values [ $V_{S,SS}/V_{S,MS}=0.97$  (0.004),  $P<0.0001$ ]. The limit of agreement was 24 ml.

To reveal the effect of lung stiffness on the difference between the dead space and pulmonary shunt parameters determined by

the mainstream and sidestream methods, Fig. 6 depicts the differences between mainstream and sidestream values as a function of C. Decreasing compliance resulted in an increasing overestimation of dead space and shunt parameters assessed by using the sidestream technique ( $P<0.0001$ ).

In the supplemental measurements assessing the potential biasing effect of sidestream sampling flow on the mainstream parameters, no statistically significant differences were found in any of the mainstream capnogram parameters obtained with or without suctioning (Table 1;  $P > 0.11$ ), whereas a 3.64 (1.22) ml difference was found in  $V_T$  ( $P < 0.004$ ).

## Discussion

The results of the present study revealed that the sidestream capnography led to a dynamic distortion of the  $\text{CO}_2$  concentration curve compared with the mainstream approach regarded as a reference technique.<sup>32</sup> Thus, the sidestream method biased the solid indices obtained from capnogram regions in which rapid changes in  $\text{CO}_2$  concentration occur (i.e. phase II slopes, the transition from phase II to III, the end-tidal portion,  $V_{\text{CO}_2}$ , and derived parameters, such as Fowler's and Bohr's dead space). However, the sidestream technique does provide a good approximation of capnogram parameters characterizing periods of low rates of change in  $\text{CO}_2$  (phase III slopes) and intrapulmonary shunt.

The differences between the sidestream and mainstream techniques can be explained by physical principles. The transport delay of the gas in the sampling tube is a well-described characteristic of the sidestream measurement system.<sup>17</sup> This phenomenon introduces a predictable time lag in the detection of the  $\text{CO}_2$  concentration and gives rise to axial mixing of the gas residing in the sampling tube.<sup>2 10 11 19</sup> Axial in-line diffusion in both space and time occurs during the transport, depending on the  $\text{CO}_2$  gradient.<sup>32</sup> This blurring process equilibrates the concentration differences between the gas compartments.<sup>26</sup> Theoretically, the biasing effects of this adverse process can be diminished by shortening the sampling tube, increasing the suction flow rate, or both. Shortening the sampling tube (from 3 to 1.5 m) in five additional patients led to fairly proportional improvements in the sidestream estimates to the ratio of the tube lengths ( $S_{\text{II,T,SS}}/S_{\text{II,T,MS}}$  of 37.4 and 60.2%;  $V_{\text{DF,SS}}/V_{\text{DF,MS}}$  of 154.2 and 128.5% with long and short tubes, respectively). Likewise, increasing the sampling flow rate decreased the difference between sidestream and mainstream estimates ( $S_{\text{II,T,SS}}/S_{\text{II,T,MS}}$  of 47 and 76%;  $S_{\text{III,T,SS}}/S_{\text{III,T,MS}}$  of 146 and 99% for suction rates of 100 and 350  $\text{ml min}^{-1}$ , respectively). These results suggest the possibility of improving the accuracy of shape factor estimates by using sidestream capnography.

A further factor contributing to the distortion of the sidestream capnogram is the variable sampling flow rate resulting from the alternating positive airway pressure during mechanical ventilation.<sup>19 20</sup> Given that this phenomenon acts during inspiratory–expiratory phase transitions, it ultimately modifies the ascending and descending limbs of the capnograms.<sup>19 20</sup>

The physical principles described above are of less importance in the assessment of the capnogram phase III slope. The reason for the good correlation and agreement (Fig. 3A and B) is the relatively steady-state  $\text{CO}_2$  concentration (Fig. 1) and constant gas sampling flow during this period (Fig. 2). In the only previous study where the sidestream and mainstream phase III slopes were compared, substantially greater differences were observed in infants, which can be attributed to the higher ventilation rate ( $\sim 32$  bpm).<sup>26</sup>

The initial part of the capnogram, comprising the phase II slopes, angle  $\alpha$ , and  $V_{\text{DF}}$ , coincides with a high rate of change in the  $\text{CO}_2$  concentration and with sudden pressure alterations in the breathing circuit causing variable sampling flow rate<sup>20</sup> in the tube of the sidestream capnograph. Consequently, in

agreement with previous results on ventilated infants,<sup>26</sup> the phase II slope of the sidestream capnogram is lower than that obtained by the mainstream technique (Fig. 1, bottom panel, and Fig. 4B). This reduction in  $S_{\text{II,T,SS}}$  of necessity infers weak relationships between the anatomical dead spaces,  $V_{\text{DF,MS}}$  and  $V_{\text{DF,SS}}$  (Fig. 4D), and the sidestream-derived  $\alpha_{\text{SS}}$  (Fig. 4C).

The ventilation–perfusion mismatch can be divided into alveolar dead space ventilation and shunt perfusion.<sup>3 14</sup> We obtained fairly weak correlations and agreements of both the normalized Bohr and Enghoff dead space fractions. The correlation analyses revealed that these dissociations can be ascribed to the discrepancies in the  $\text{PE}_{\text{CO}_2}$ , resulting from the dynamic distortion of the sidestream capnogram (e.g. Fig. 1). Taking the difference between the Enghoff and Bohr dead spaces eliminates these discrepancies, which explains the excellent correlations and good agreement between  $V_{\text{s,MS}}$  and  $V_{\text{s,SS}}$  (Fig. 5C and D). The differences between the two estimates in the dead space and shunt parameters depend on the level of C, with the greatest deviations in patients with low compliance (Fig. 6). Around the ventilation frequency, the respiratory system impedance is dominated by the elastic forces. Given that low compliance involves higher airway pressures, variations in sampling flow rate are expected to be augmented within the respiratory cycle in the presence of increased stiffness. This implies that the use of dead space parameters determined by the sidestream technique might result in false interpretations. Conversely, the assessment of the shunt fraction is feasible by using sidestream capnography, although a slight underestimation is expected in patients with a less compliant respiratory system.

Our measurements demonstrate that the most frequently used capnogram parameter, the  $\text{PET}_{\text{CO}_2}$ , is underestimated by a value with clinically minimal relevance (0.025 kPa). This concordance between the two techniques supports the conclusions of previous studies.<sup>23 25</sup>

As a methodological aspect, we assessed whether gas sampling to the sidestream capnograph affects the shape of the mainstream capnogram resulting from the juxtaposed position of the mainstream sensor. However, the lack of differences in any of the mainstream parameters revealed that this effect has negligible impact on the mainstream parameters. This lack of sensitivity can also be anticipated from the amount of aspirated volume being about two orders of magnitude smaller than the  $V_T$ .

In conclusion, we provide evidence that sidestream capnography allows reliable measurement of  $\text{PET}_{\text{CO}_2}$ , time and volumetric phase III slopes, and the intrapulmonary shunt fraction. Thus, sidestream capnography is suitable for quantification of the unevenness of the alveolar ventilation and the ventilation–perfusion mismatch. However, reliable assessments of the phase II slope, the anatomical and physiological dead spaces, and the rate of elimination of  $\text{CO}_2$  necessitate the combined application of mainstream volumetric capnography and sophisticated bedside information technology tools.

## Authors' contributions

Study design: F.P., B.B.

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Custom-made software design for data collection: G.H.F., J.T.

Data collection: A.L.B., Z.C.

Data analysis: A.L.B., F.P., G.H.F., B.B.

Interpretation of data: A.L.B., G.H.F., J.T., B.B.

Writing up the paper: A.L.B., F.P., B.B.

All authors contributed to revising the manuscript critically for important intellectual content.



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