# Spontaneous thrombosis in giant intracranial aneurysms

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SUMMARY Twelve patients in a series of 22 with giant intracranial aneurysms demonstrated neuroradiological features of partial or total spontaneous intra-aneurysmal thrombosis. The presence of this intra-aneurysmal clot significantly altered the computed tomographic appearance of the giant aneurysm. Massive intra-aneurysmal thrombosis did not protect against subarachnoid haemorrhage and the likelihood of rupture of a clot containing giant aneurysm was not significantly different from that of a non-thrombosed giant aneurysm. Although parent artery occlusion from a thrombosed giant aneurysm, and massive aneurysmal thrombosis leading to the formation of giant serpentine aneurysm were documented, these are rare epiphenomena. The risk of embolisation from a partially thrombosed giant aneurysm, which was documented in one case, would appear to be greater than that from a non-thrombosed giant aneurysm. The findings in this series, and a review of literature, suggest that the presence of intra-aneurysmal clot in giant intracranial aneurysms has little prognostic significance and does not alter the management or outcome after treatment.

Since Morley and Barr<sup>1</sup> defined intracranial aneurysms with a diameter of greater than 2.5 cm as giant, these lesions have become recognised as a discrete neuropathological entity. Recent publications on giant intracranial aneurysms have documented their diagnostic neuroradiological features<sup>2-4</sup> and the trends in their neurosurgical management.5-8 An interesting feature, commonly noted in these studies, is the propensity for intra-aneurysmal thrombosis, either total or more commonly partial. This epiphenomenon was initially reported by Lyell<sup>9</sup> as an incidental finding at the necropsy of a man who had died of unrelated head injuries. Subsequently, additional case reports have documented further relevant clinical, neuroradiological and surgical manifestations of spontaneous thrombosis in giant intracranial aneurysms.<sup>10-14</sup> However, despite the pioneering work of Black and German<sup>15</sup> on intraaneurysmal thrombogenesis there has been no systematic study of this phenomenon in giant

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Received 1 July 1982 Accepted 9 August 1982 intracranial aneurysms despite its frequent occurrence. The clinical significance of this pathophysiological process has been further clouded by contradictory statements in the literature.<sup>5 13 16</sup>

In this paper the authors examine the diagnostic and features incidence of intra-aneurysmal thrombosis in 22 patients with giant intracranial aneurysms. The significance of this epiphenomenon was assessed with particular reference to the problems of subarachnoid haemorrhage, thromboembolism and parent artery occlusion from a thrombosing giant intracranial aneurysm. Our conclusions are compared to reported data, and implications with respect to neurosurgical management are discussed.

#### Patients and methods

During the period 1976–81, 302 patients with a diagnosis of intracranial aneurysm were admitted to the neurosurgical unit at the Royal Prince Alfred Hospital. Diagnosis was confirmed in each case by a combination of cerebral angiography, cerebral computed tomography (CT) or postmortem examination. Review of these studies together with clinical and operative records revealed that 22 of the patients had aneurysms of giant dimensions (>2.5 cm diameter). The neuroradiographic studies of these patients were examined in detail for evidence of intra-aneurysmal thrombosis. Angiographic features suggestive of significant intra-aneurysmal thrombosis were irregularity and

asymmetry of the aneurysmal lumen, decrease in the size of the aneurysmal lumen on serial angiography, and disparity in the size and shape of the aneurysm as suggested by the angiographic and CT data. The CT features suggestive of partial or total giant intracranial aneurysm thrombosis were mixed high density attenuation values within the aneurysmal lumen, the presence or absence of "Target Sign"<sup>2</sup> and peripheral ring enhancement after contrast administration, and curvilinear calcification of the aneurysmal wall. Neuroradiographic data in each case was correlated with the clinical course and operative or postmortem findings. An attempt was made to evaluate the significance of intra-aneurysmal thrombus with respect to clinical parameters such as subarachnoid haemorrhage, parent artery occlusion, thrombo-embolism and patient morbidity and mortality.

### Results

#### Radiological

Twelve (55%) of the 22 patients with a giant intracranial aneurysm demonstrated complimentary angiographic and CT features of significant intraaneurysmal thrombosis (table 1). There was no particular preference in site of the distribution of the non-thrombosed and thrombus-containing giant intracranial aneurysms (table 2). On CT scanning the 12 thrombus-containing giant intracranial aneurysms appeared as lesions of variable shape and with mixed attenuation values that were always higher than the surrounding brain. "Target Sign" and peripheral ring enhancement after contrast administration, were seen in 10 (83%), and seven (58%) cases respectively.

 

 Table 2
 Locations of the 22 giant intracranial aneurysms in the series, and incidence of intra-aneurysmal thrombus with locus

Locus	No	Intra-aneurysmal thrombus	
		Present	None
Cavernous carotid	3	2	1
bifurcation/ophthalmic	4	2	2
Anterior cerebral A	i	ō	ī
Middle cerebral A	10	5	5
Basilar-bifurcation	4	3	1
Total	22	12	10

Two patients (17%) did not demonstrate a "Target Sign", one because of complete aneurysmal thrombosis (Case 4), and the other (Case 6) because the residual aneurysmal lumen was too small for the resolution of the CT scanner. Calcification of the aneurysm wall was visualised in six (50%) cases.

Disparity in the size and shape of the angiographically demonstrated aneurysm and CT lesion occurred in all 12 cases (figs 1, 2). In five (42%) cases the angiographically demonstrated lumen appeared irregular in outline, and in seven (58%) cases the angiograms suggested the presence of small or moderate (<2.5 cm) sized aneurysms. One totally thrombosed aneurysm (Case 4) appeared as an avascular mass. This aneurysm was associated with ipsilateral carotid artery thrombosis that extended down to the carotid bifurcation in the neck, and was the only case of parent artery occlusion in the series.

 Table 1
 Major angiographic and computed tomographic findings in the 12 patients with partially and totally thrombosed giant intracranial aneurysms

Case no	Angiographic features	Computed tomographic features
1	R middle cerebral artery aneurysm (MCA) dumbell shaped, 8 × 18 mm. Irregular lumen	Globoid, high density middle cranial fossa lesion ( $4.5 \times 6.0$ cm). Target sign. Mural enhancement and calcification
2	<ol> <li>Fusiform giant MCA aneurysm (5 × 3 cm). Cerebrovascular ectasia</li> </ol>	(1) Fusiform high density L MCA lesion. Uniform contrast enhancement
	(2) Massive aneurysmal thrombosis with residual eccentric serpiginous MCA channel	(2) Mixed density lesion. Target sign and mural enhancement
3	Basilar bifurcation aneurysm $1.6 \times 1.5$ cm	Ovoid suprasellar $(3 \cdot 0 \times 2 \cdot 0 \text{ cm})$ lesion of mixed density. Target sign enhancement
4	L internal carotid artery (ICA) Occlusion. Avascular L middle fossa mass. Mural calcification	Globoid $(6.0 \times 5.0 \text{ cm})$ L parasellar high density lesion. Mural calcification and enhancement. Absent target sign
5	Saccular R carotid bifurcation aneurysm $(4.5 \times 3.8 \text{ cm})$	Ovoid (5.0 × 3.0 cm) suprasellar mixed high density lesion. Target sign enhancement. Contiguous, Frontal lobe oedema
6	Multilobed L MCA aneurysm $(3 \times 8 \text{ mm})$	Globoid $(3.0 \times 2.5 \text{ cm})$ L middle fossa lesion of mixed high density. Mural calcification. No target sign enhancement
7	Saccular R MCA aneurysm $(3.0 \times 2.5 \text{ cm})$	Globoid (4.5 × 4.5 cm) R middle fossa mass of mixed high density. Mural and target sign enhancement. Mural calcification
8	Saccular basilar bifurcation aneurysm $(1 \cdot 0 \times 1 \cdot 3 \text{ cm})$ . Irregular lumen	Ovoid $(4.0 \times 2.8 \text{ cm})$ suprasellar mixed high density lesion. Mural and target sign enhancement
9	Triangular basilar bifurcation aneurysm with irregular lumen $(2.0 \times 1.5 \text{ cm})$ . Proximal vasospasm	Globoid $(2.5 \times 2.5 \text{ cm})$ suprasellar mass of mixed high density. Target sign enhancement
10	Ovoid basilar bifurcation aneurysm $(1.8 \times 1.2 \text{ cm})$	Saccular $(3\cdot 3 \times 3\cdot 6 \text{ cm})$ suprasellar mass of mixed high density. Mural calcification and enhancement. Target sign enhancement
11	L cavernous carotid aneurysm with irregular lumen $(1.5 \times 1.5 \text{ cm})$	Globoid (2.5 × 2.5 cm) left parasellar mass of mixed high density. Target sign enhancement
12	L semi-saccular MCA aneurysm $(2.8 \times 1.4 \text{ cm})$ with irregular lumen	Globoid $(2.8 \times 2.5 \text{ cm})$ left suprasellar mass of mixed high density. Target sign enhancement. Mural calcification



There was one case (Case 2) documented with serial angiography, of almost complete spontaneous giant intracranial aneurysm thrombosis, in a previously non-thrombus-containing giant fusiform middle cerebral artery aneurysm. The middle cerebral artery, remained patent as a serpiginous channel through the avascular mass, thus resulting in the formation of a "Giant Serpentine aneurysm"<sup>1011</sup> (fig 3). CT studies suggested a similar process had occurred in another patient (Case 7); however, severe contrast allergy precluded angiographic documentation.



Fig 1 Carotid angiograms and enhanced CT scan of Case 1. The anteroposterior (a) and lateral (b) carotid angiograms show a dumbell-shaped left middle cerebral artery aneurysm of approximate dimensions  $0.8 \times 1.8$  cm. Although there is distortion of the  $M_3$  segment, and a suggestion of a larger contiguous aneurysmal cavity, the CT scan (c) reveals the true dimensions of the lesion. This study also demonstrates the mural calcification and mixed attenuation values of the intra-aneurysmal thrombus.

#### Clinical

Symptoms and signs leading to clinical presentation of the 12 patients with thrombus-containing giant intracranial aneurysms are listed in table 3. Symptomatology emanating from the intracranial mass effect of the aneurysm (viz progressive focal neurological deficit, focal epilepsy, intellectual headache) accounted for impairment and presentation in eight (67%) patients. However four of these patients had no focal neurological deficit on clinical examination. Headache was the most commonly recorded symptom, being documented in 10 (83%) patients in the weeks prior to admission. There was one case of recurrent faciobrachial paresis and dysphasia due to embolism from a largely thrombosed giant left middle cerebral artery aneurysm (Case 2). Four (44%) of the nine patients with partially thrombosed giant intracranial aneurysms at presentation had experienced



Fig 2 Vertebrobasilar angiogram (subtraction film) and CT scan of Case 10. The anteroposterior angiographic film (a) shows an ovoid basilar bifurcation aneurysm of approximately  $1.8 \times 1.2$  cm, with a regular lumen. The CT scan (b) again reveals the true dimensions of the lesion. A central "Target sign", mural calcification and contrast enhancement of the aneurysm wall are also demonstrated.

subarachnoid haemorrhage and it was the presenting syndrome in three of these cases. Subarachnoid haemorrhage had occurred in five (42%) of the 12 patients who at presentation had non-thrombosed giant intracranial aneurysms. This difference in the incidence of haemorrhage from non-thrombosed and thrombus-containing giant intracranial aneurysms is not significant. In those patients presenting with subarachnoid haemorrhage the mortality was 60% for non-thrombosed and 66% for thrombuscontaining giant intracranial aneurysms. Overall there was no significant difference in age, sex distribution, morbidity, mortality and incidence of definitive aneurysm surgery in the patients with non-thrombosed and thrombus-containing giant intracranial aneurysms (table 4). Preoperative management which consisted of a routine regime of anti-fibrinolytic, anticonvulsant and steroid therapy, was not influenced by the presence of intraaneurysmal clot.

#### Pathological examination

The neuroradiographic diagnosis of significant intraaneurysmal thrombosis was confirmed at operation in six patients (Case 1, 4–6, 10) and in one (Case 2) at necropsy. Macroscopic and histopathological examination of the aneurysmal fundi removed at operation (Case 4–6) or necropsy (Case 2) revealed lamination and variable organisation of the thrombus in all cases (fig 4).

## Discussion

Spontaneous intra-aneurysmal thrombosis is a well documented phenomenon that, as in our series, has been noted in approximately 50% of giant intracranial aneurysms<sup>235617</sup> as well as being the topic of many case reports.9-14 This high incidence of thrombus formation within giant intracranial aneurysms is related to a critical ratio, between aneurysmal volume and aneurysmal neck size, below which intra-aneurysmal thrombosis occurs.15 Although other biophysical and dynamic parameters contribute to the delicate balance between thrombogenesis and thrombolysis within the aneurysm (vide infra), the volume/orifice ratio would appear to be the major factor.15

Computed tomography has considerably facilitated the diagnosis of partially or totally thrombosed giant intracranial aneurysms. Although intra-aneurysmal thrombus significantly alters the CT appearance, the pathognomonic features of these lesions have recently been well documented.<sup>2-4</sup> This variable appearance may, however, simulate many different intracranial lesions, the differential diagnosis of which includes germinoma, pituitary adenoma, meningioma, glioma, acoustic neuroma, epidermoid cyst and craniopharyngioma.<sup>2</sup> Disparity in the size and shape of the lesion as visualised by CT and cerebral angiography is diagnostic of partial or total giant intracranial aneurysm thrombosis. Angiography may be non-diagnostic or frequently misleading with respect to the aneurysm size if significant thrombosis has occurred. The clinical correlation is also variable since, although 47% of patients with giant intracranial aneurysms may present with subarachnoid haemorrhage, the



Fig 3 Sequential carotid angiograms and CT scans of Case 2 showing the evolution of a giant serpentine aneurysm from a previously non-thrombus-containing giant fusiform middle cerebral artery aneurysm. Carotid angiography (a) and enhanced CT scan (b), performed in December, 1980 reveal a giant fusiform left middle cerebral artery aneurysm, and diffuse cerebrovascular ectasia. Subsequent studies performed in August, 1981 (c, d) following the onset of headaches and transient ischaemic attacks, reveal extensive thrombosis of the aneurysm, with preservation of serpiginous middle cerebral arterial lumen.

remaining patients present with neurological symptoms and signs that are either non-specific or related to intracranial mass effect.<sup>5-8</sup> The clinical significance of intra-aneurysmal thrombus formation in giant intracranial aneurysms has not previously been studied, although contradictory statements have appeared in the neurosurgical literature, particularly with regard to its efficacy in the prevention of subarachnoid haemorrhage.

Organisation of the thrombus has been claimed to provide a skeletal lattice that protects against haemorrhage<sup>1316</sup> and enhances enlargement of the aneurysm to giant dimensions.<sup>18</sup> Conversely Drake<sup>5</sup> has suggested that even massive intra-aneurysmal clot does not protect against haemorrhage. The results in this small series and data extrapolated from the larger series of Drake<sup>5</sup> and Hosobuchi,<sup>6</sup> would support the contention that unless the giant intracranial

Case no	Age (yr)	Sex	Giant aneurysm	Thrombosis	Symptom	Focal signs	Outcome comments
1	47	F	R MCA	Extensive	Jacksonian epilepsy (previous sub- arachnoid baemorrhage)	Nil	Aneurysm clipped. Well. Occasional seizures
2	59	М	L MCA	Extensive	Headaches, uncinate seizure, intellectual impairment	Nil	Aneurysm wrapped. Progressive deterioration. Recurrent emboli, transient ischaemic attacks. Died with nulmonary emboli
3	66	F	Basilar bifurcation	Partial	Subarachnoid haemorrhage, Prodromal headache (1 month)	Subarachnoid haemorrhage, grade 3	Rebleed. Died day 10
4	26	М	L cavernous ICA	Total	Headache, ophthalmoplegia	L proptosis, ophthalmoplegia, facial dysaesthesia	Aneurysmotomy, thrombectomy. Well
5	56	F	R I carotid bifurcation	Partial	1/52 headache, intellectual impairment	Nil	Aneurysmectomy. Clipping. Unchanged intellect
6	57	М	L MCA	Extensive	1/12 progressive R brachial paresis	Brachial paresis, dysphasia	Aneurysmectomy and throm- bectomy. Dysphasia. R hemi- paresis. Post-on. seizure × 1
7	47	F	R MCA	Extensive	Headache	Nil	Well. Aneurysm wrapped and glued
8	63	F	L carotid bifurcation	Extensive	Subarachnoid haemorrhage. Grand mal seizures. Headache. Intellectual impair- ment	Subarachnoid haemorrhage. Grade 3 hemiparesis (right), intellectual impairment, oculo- motor palsy	Aneurysm clipped. Hemiparesis resolved. Intellect improved after ventriculoperitoneal shunting
9	45	F	Basilar bifurcation	Partial	Subarachnoid haemorrhage. Prodromal headaches	Subarachnoid haemorrhage, grade 5	Rebleed. Died day 9
10	50	F	Basilar bifurcation	Extensive	Headache. Progres-	Mild L hemiparesis	Aneurysm clipped. Mild residual L
11	53	F	L cavernous carotid	Extensive	Ophthalmoplegia 1/52	Ophthalmoplegia	ICA ligation with BTA-MCA bypass. Ophthalmoplegia unchanged
12	21	М	L MCA	Extensive	Non-haemorrhagic syncope	R hemiplegia	Currently rehabilitating. CT scan show focal capsular infarction

Table 3 Clinical symptomatology and signs together with treatment and outcome of the twelve patients with partially or totally thrombosed giant intracranial aneurysm

aneurysm is totally thrombosed, intra-aneurysmal clot does not protect against subarachnoid haemorrhage. The incidence of subarachnoid haemorrhage from partially thrombosed giant intracranial aneurysms in the latter two series was 40% compared to an incidence of subarachnoid giant haemorrhage from non-thrombosed intracranial aneurysms of 48% and 40% respectively.56 In both these series, as in ours, these differences are not significant.

The incidence of haemorrhage from thrombuscontaining giant intracranial aneurysms may be spuriously elevated by the detection of thrombus formed the after haemorrhage. Altered haemodynamics at the time of haemorrhage and subsequent cerebral vasospasm could enhance intraaneurysmal Nonetheless vascular stasis. the neuroradiological, operative and post-mortem findings, would suggest that in most cases laminated thrombus antedates the haemorrhage. Peripheral ring enhancement and mural calcification are

believed to be related to longstanding aneurysmal thrombosis and clot organisation.<sup>10 18</sup> Furthermore, thrombus deposition within the aneurysm is nonuniform because of flow dynamics, turbulence patterns and the pattern of endothelial damage. Consequently, although sections of the giant intracranial aneurysm wall may be fibro-calcific, other segments may be extremely tenuous, and it is from these sites that rupture occurs.

The significance of intra-aneurysmal thrombus in the genesis of thrombo-emboli from a giant intracranial aneurysm is uncertain, mainly because of the infrequency with which, until recently, emboli from aneurysms had been recognised as a cause of transient cerebral ischaemia. In a review of the literature to 1978 only twelve well documented cases from all intracranial aneurysms had been reported.<sup>19</sup> ischaemic neurological deficits Reversible attributable to emboli emanating from partially thrombosed giant intracranial aneurysms have been documented on several occasions<sup>6</sup><sup>18</sup><sup>19</sup><sup>21</sup> and our Case

 
 Table 4
 Comparative patient profiles showing the incidence of major neurosurgical intervention, mortality and morbidity in patients with non-thrombosed and thrombus containing giant intracranial aneurysms

		Giant aneurysm status		
		No thrombus	Partial/total thrombosis	
1	No	10	12	
2	Female : male ratio	8:2	8:4	
3	Age (mean $\pm$ SD) vr	$50 \pm 13$	$50 \pm 10$	
4	Operation on aneurysm (clipping, wrapping, glueing,	7	0	
5	Death	1	2	
5	Morbidity	4	3	
	No focal neurological deficit	3	3	
	Isolated ophthalmoplegia	2	3	
	Intellectual impairment	2	2	
	Epilepsy	1	ō	
	Hemiplegia/dysphasia	Ō	2	

2 is the first report of embolisation from a giant serpentine aneurysm. In one series 59% of the thrombus-containing giant intracranial aneurysms were associated with distal thrombo-embolism,<sup>18</sup> in another it was 5%,<sup>6</sup> and in the present series the figure is 8%. Paroxysmal ischaemic episodes have, however, been described from non-thrombuscontaining giant intracranial aneurysms<sup>20 21</sup> and in these cases it has been postulated that the cerebral dysfunction may be attributable to compressive effects of the aneurysm, ipsilateral carotid artery plaques, vasoconstrictor agents (Thromboxane A<sup>2</sup>, Prostaglandin G<sup>2</sup>) activated by turbulence and stasis within the giant intracranial aneurysm, as well as platelet emboli. Platelet deposition is a dynamic process that has recently been documented with radioisotopic technique to occur in giant intracranial aneurysm without radiographically detectable thrombus or clinical symptomatology.<sup>18</sup> Overall, it would appear that the risk of embolisation is greater from a thrombus-containing giant intracranial aneurysm although the relative incidence of this epiphenomenon awaits documentation.

The probability of parent artery occlusion by propagation of thrombus from a giant intracranial aneurysm would appear to be extremely low. There are two reported cases of parent artery occlusion associated with total spontaneous giant intracranial aneurysm thrombus<sup>3 12</sup> one of which is Case 4 of the present series, and one report of partial parent artery occlusion by a partially thrombosed giant intracranial aneurvsm.<sup>22</sup> The rarity of this epiphenomenon despite gross distortion of the parent arterial lumen or its incorporation into the aneurysmal fundus is related to local aneurysmal and arterial haemodynamics. Black and German<sup>15</sup> demonstrated that intra-aneurysmal blood velocity is inversely related to aneurysmal volume, and that flow into the aneurysm is related to aneurysm neck size. Thus as an aneurysm thromboses the conditions propitious for further thrombosis diminish, and this equilibrium is partly determined by the haemodynamic capabilities of the parent artery. Conversely the dynamics of the jet stream of blood from the parent artery are altered by distortion of the arterial lumen by the aneurysm. The importance of the Coanda Effect has been described in aneurysmal surgery,<sup>23</sup> and recently it has been postulated as a major factor in the formation of the eccentric serpiginous vascular channels seen in giant serpentine aneurysm.<sup>10</sup> The giant serpentine



Fig 4 Photomicrograph of a segment of the wall of a giant aneurysm with underlying organised thrombus (Case 4). The tunica adventitia of the aneurysmal wall can be seen in the top right. The underlying mural tissue consists of a hypercellular fibrous stroma, with interspersed capillaries, that merges with the organised thrombus. Vascular sinuses and capillaries are prominent within the clot. (H&E  $\times$  100)

aneurysm formed in Case 2 in this series would appear to substantiate this hypothesis, and this case also demonstrates that although massive aneurysmal thrombosis may occur, the parent arterial lumen may be maintained.

Recent reports on the current trends in the neurosurgical management of giant intracranial aneurysm do not differentiate between partially thrombosed and non-thrombosed aneurysms.5-8 One may therefore infer that no difference in the clinical presentation, surgical approach, and morbidity and mortality between the two groups has been noted. This would appear to be complemented by the results for these parameters in this series. Thus although partially thrombosed giant intracranial aneurysm may present a diagnostic challenge the subsequent behaviour of these aneurysms, and the principles in their surgical management do not differ significantly from non-thrombosed giant intracranial aneurysms. Totally thrombosed giant intracranial aneurysm, however, pose a different threat to the patient, and the management of these rare aneurysms is well documented.12-14

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