

# Recommendations for Health Monitoring and Reporting for Zebrafish Research Facilities

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## Abstract

The presence of subclinical infection or clinical disease in laboratory zebrafish may have a significant impact on research results, animal health and welfare, and transfer of animals between institutions. As use of zebrafish as a model of disease increases, a harmonized method for monitoring and reporting the health status of animals will facilitate the transfer of animals, allow institutions to exclude diseases that may negatively impact their research programs, and improve animal health and welfare. All zebrafish facilities should implement a health monitoring program. In this study, we review important aspects of a health monitoring program, including choice of agents, samples for testing, available testing methodologies, housing and husbandry, cost, test subjects, and a harmonized method for reporting results. Facilities may use these recommendations to implement their own health monitoring program.

## Introduction

**E**THICAL AND FISCAL RESPONSIBILITIES require biomedical research be conducted and reported utilizing methods that produce valid, reproducible results. When reporting results from a study utilizing an animal research model, it is important to describe the health status of the animals, including the presence or absence of clinical or subclinical infection.<sup>1</sup> Failure to report presence of disease can lead to misinterpretation of research results from zebrafish<sup>2,3</sup> and mammalian models<sup>4-6</sup> and result in published studies becoming unusable or non-replicable.<sup>7</sup> Subclinical infections in zebrafish can result in confounded experimental results, misinterpretation of experimental data, poor reproducibility, and the unnecessary utilization of more animals to demonstrate statistical significance.

At many institutions, the centralization of zebrafish facilities improves operational efficiencies, promotes better husbandry practices, fosters collaboration, and facilitates fish transfers among investigators. However, as zebrafish facilities increase in size and complexity, so does the risk associated with infectious disease. The large multitrack recirculating aquaculture systems widely utilized by zebrafish core facilities may contain the colonies of multiple investigators, more than one species of fish, or numerous zebrafish lines that may differ in immune status. Therefore, the introduction of infectious agents is potentially devastating to research programs.

Despite earlier calls for standardized health monitoring programs and reporting formats, information on the health

status of animals from many institutions remains difficult to obtain.<sup>8,9</sup> The obstacles associated with implementing health monitoring programs for zebrafish colonies have been previously examined.<sup>8,9</sup> These include: limited knowledge regarding transmission, diagnosis, and treatment of infectious agents of zebrafish, lack of awareness of the impact of infectious diseases on animal health and research results, paucity of personnel, and cost.<sup>8,9</sup> Determining the health status of imported animals remains a challenge: reporting of zebrafish colony health information is sporadic, with no consensus on which agents should be monitored or testing frequency.

Knowledge of common zebrafish diseases and their impact on research outcomes has increased substantially, and it is recommended that all zebrafish facilities have a routine colony health monitoring program. Adoption of minimum reporting standards for health monitoring will make the transfer of fish between institutions less time consuming. A standardized reporting format (as described subsequently) will allow facilities to quickly and easily determine the risk to their facility from imported fish, to take measures to mitigate that risk, and to ensure that results achieved from research performed is free of uncontrolled variables.<sup>10</sup>

## General Considerations

A health monitoring program should minimize or eliminate the impact of infectious diseases on animal health and research results, as well as protect human health.<sup>8,9,11</sup> There

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are many factors to consider when designing a health monitoring program: size and diversity of the research program, frequency of importation, type of housing (facility design) and husbandry, use of live versus commercial feed, agents to be monitored, testing methodologies to be used, frequency of monitoring, and financial costs. Well-designed health monitoring programs will track the health of a zebrafish colony over time, as well as assist in the identification of biosecurity and husbandry issues as they arise. Exclusion of pathogens from zebrafish colonies is the most powerful tool for protecting zebrafish health. However, when breaks in biosecurity occur, detecting new pathogens as soon as possible allows for rapid assessment of risks to animal health and research programs, rapid action for biocontainment, treatment of infected animals if possible, and/or prevention of the spread of infectious agents within and between facilities or institutions.

Colony health monitoring programs must reflect the needs of the research being conducted at the institution and exhibit flexibility to accommodate changing needs. For example, research utilizing immunocompromised animal models or performing toxicology studies should exclude as many pathogens as possible, whereas opportunistic pathogens may be considered acceptable for other research objectives. Each facility or program must determine the frequency of testing and particular list of agents of concern and must review their health monitoring program as new information becomes available. Generally, agents, which may have a significant impact on the research program, should be tested for more frequently. Agents that present less risk to the program because of low prevalence or low pathogenicity can be tested for less frequently.

### Choice of Agents

Several agents have been shown to infect zebrafish (Table 1), potentially altering physiology, immunity, histology, genetics, behavior and imaging results in zebrafish. These agents may be primary and/or opportunistic pathogens exacerbated by stress, poor husbandry techniques, and poor water quality.<sup>12,13</sup> Many of these agents can cause subclinical infections, or remain subclinical for weeks or months following infection, rendering detection during routine daily health checks more difficult. Subtle signs of infection may include a slight decrease in reproductive efficiency, a reduction in appetite or growth, and/or a low increase in colony mortality over time. Other agents cause anorexia, dropsy, emaciation, exophthalmia, skin ulceration, and high mortality. All seven of the *Mycobacterium* spp. that are known to infect zebrafish are potentially zoonotic; of these, *Mycobacterium marinum* has been most frequently implicated in zoonotic infections of immunocompetent individuals.<sup>14–17</sup>

Facility managers, veterinarians, and animal handlers should also be aware of potential emerging agents that may pose an unidentified risk to the facility or may impact the international transfer of animals. When determining which agents to monitor, methods, frequency of testing, and knowledge of the biology of the agents are essential. Pathogenicity; virulence; the utilization of alternate, paratenic, or intermediate hosts; mode of transmission; persistence in the environment; effective drugs or disinfectants; host specificity; and geographic distribution, all warrant consideration. Our knowledge of some of these agents has increased over the past few years and will be briefly reviewed in this study.

*Pseudoloma neurophilia*, an obligate intracellular microsporidium, which preferentially infects neural tissue, is the most prevalent infectious agent of laboratory zebrafish. Infection may result in subclinical infection or cause clinical signs such as emaciation and spinal deformities. More commonly, it is associated with reduced growth and decreased reproductive fitness.<sup>18</sup> Infection with this organism was recently shown to alter behavioral testing conducted with infected fry,<sup>19</sup> and intramuscular granuloma development and myonecrosis associated with infection may display autofluorescence interfering with imaging studies.<sup>20</sup> This agent can be vertically as well as horizontally transmitted, and most currently used protocols for embryo surface disinfection with sodium hypochlorite do not prevent horizontal transmission to offspring.<sup>21,22</sup> There is currently no known treatment for this infection.

Zebrafish can become infected in <2 months under certain conditions and an entire colony may become infected within 6 months.<sup>18</sup> Based on this information, fish may require exposure to this pathogen for at least 3 months before the identification of new infections of *P. neurophilia*, however zebrafish exposed for 6 months or more have a greater likelihood of testing positive. Therefore, quarterly testing of fish with at least 3 months of potential exposure may be a helpful strategy for identification of this pathogen. Sensitivity of *P. neurophilia* detection through sentinels can be improved by placing batches of sentinel fish with overlapping 6-month periods of effluent exposure.

Research involving behavioral analyses should import *P. neurophilia*-free fish, and exclude *P. neurophilia* to prevent nonexperimental behavioral variables associated with this infection. Similarly, given its persistence in the hindbrain and spinal cord, investigators performing neuroanatomical, neurodevelopmental, and neurophysiological studies should exclude this pathogen from their colonies. *Pleistophora hypnessobryconis* is another microsporidium that infects laboratory zebrafish; however, this pathogen is much less prevalent and primarily targets skeletal muscle, resulting in severe necrosis and expansion of myofibers, muscle deformity, and lethargy.<sup>23</sup> It is likely that measures used to prevent or control infection for *P. neurophilia* will also be effective for *Pleistophora hypnessobryconis*.<sup>23,24</sup>

Mycobacteriosis is the most widely distributed and second most prevalent infectious disease of laboratory zebrafish. There are more than 170 recognized *Mycobacterium* spp., including both infectious and noninfectious environmental species, which may be found in zebrafish systems and have the potential to cause disease in fish and/or human handlers.<sup>25–27</sup> Immunosuppressed handlers are particularly at risk. Seven different species have been reported to be pathogenic in zebrafish, including *M. chelonae*, *M. marinum*, *M. haemophilum*, *M. abscessus*, *M. fortuitum* and *M. peregrinum* and *M. saopaulense*.<sup>25,26</sup> These mycobacterial species are facultative pathogens that can both proliferate in the system biofilms and infect immunocompetent zebrafish.<sup>25,27</sup>

Two of these, *M. marinum* and *M. haemophilum*, are slowly growing mycobacteria that cause obvious clinical disease and mortality in infected colonies.<sup>25,28</sup> The five remaining species are all rapidly growing mycobacteria in culture. *M. chelonae* is the most widely distributed and prevalent mycobacterial infection of zebrafish. *M. chelonae* occasionally causes swim bladder necrosis and aerocystitis, but is usually subclinical—making its detection difficult if routine screening is not

TABLE 1. SELECT INFECTIOUS AGENTS OF ZEBRAFISH

Agent	Classification	Pathogenicity	References
<i>Aeromonas hydrophila</i>	Bacterium	Usually an opportunist	12,53
<i>Edwardsiella ictaluri</i>	Bacterium	Primary pathogen	49,50
<i>Flavobacterium columnare</i>	Bacterium	Primary pathogen	52
<i>Mycobacterium</i> spp.	Bacterium	Primary or secondary pathogen	13,25,26,28,29–39,82
<i>M. abscessus</i>			
<i>M. chelonae</i>			
<i>M. fortuitum</i>			
<i>M. haemophilum</i>			
<i>M. marinum</i>			
<i>M. peregrinum</i>			
<i>M. saopaulense</i>			
<i>Coleps</i> sp(p).	Ciliate	Facultative parasite of larvae	55
<i>Ichthyophthirius multifiliis</i>	Ciliate	Primary pathogen	55
<i>Tetrahymena</i> sp(p).	Ciliate	Facultative parasite of larvae	54,55
<i>Trichodina</i> sp(p).	Ciliate	Primary pathogen	56
<i>Piscinoodinium pillulare</i>	Dinoflagellate	Primary pathogen	54
<i>Saprolegnia brachydanis</i>	Oomycete	Opportunist	79
<i>Saprolegnia ferax</i>	Oomycete	Opportunist	79
<i>Myxidium streisingeri</i>	Myxozoan	Primary pathogen	48
<i>Gyrodactylus</i> sp(p).	Monogenean	Primary pathogen	56
<i>Pleistophora hyphessobryconis</i>	Microsporidium	Primary pathogen	23,24
<i>Pseudoloma neurophilia</i>	Microsporidium	Primary pathogen	18–21,24,74,75
<i>Pseudocapillaria tomentosa</i>	Nematode	Primary pathogen	2,44,45,47
<i>Transversotrema patialense</i> ( <i>sensu lato</i> )	Trematode	Primary pathogen	57
Red-spotted grouper nervous necrosis virus (RGNNV)	Betnodavirus	Primary pathogen	62
Viral hemorrhagic septicemia virus (VHSV)	Rhabdovirus	Experimental infection	63,65
Infectious spleen and kidney necrosis virus (ISKNV)	Megalocytivirus	Experimental infection	69,70
Spring viremia of carp virus (SVCV)	Rhabdovirus	Experimental infection	56,75

performed. Recent work has shown that *Mycobacterium* spp. may interfere with a wide variety of research results. The presence of granulomas confounds histopathology data in a number of studies.<sup>3</sup> Parikka *et al.* showed that *M. marinum* upregulates various inflammatory cytokines that may confound immunological research.<sup>29</sup> Infection with this species has been documented to alter gene expression in several studies.<sup>30–33</sup> Finally, fast-growing *M. chelonae* has been observed to autofluoresce, which may confound studies using fluorescence to examine biological processes.<sup>34</sup>

*M. abscessus* is very close phylogenetically to *M. chelonae*, and similarly produces predominantly subclinical infections; the recently described *M. saopaulense* also belongs to this group.<sup>26</sup> *M. fortuitum* is a widely distributed species associated with chronic subclinical granulomatous infections.<sup>35</sup> *M. peregrinum* is relatively uncommon and is usually subclinical,<sup>36</sup> although a high mortality epizootic has also been reported in association with this species.<sup>37,38</sup> *Mycobacterium* spp. have been detected in embryos and larvae, as well as adults. Some authors have suggested that Tübingen (TU) fish may be more susceptible to mycobacterial infection.<sup>28,39</sup>

Although they influence research results and negatively impact animal health, *Mycobacterium* spp. are ubiquitous in the aquatic environment. Therefore, exclusion of all species of mycobacteria that infect zebrafish is extremely challenging and usually cost-prohibitive. Some individual laboratories have generated germ-free zebrafish and subsequently colonized them with known microbiota.<sup>40–43</sup> Many zebrafish facilities, therefore, exclude some species (e.g., *M. marinum*),

while allowing other species that are both costly to exclude and infrequently cause clinical disease, such as *M. chelonae*.

*Pseudocapillaria tomentosa* is a common nematode pathogen that has been associated with emaciation and decreased reproductive efficiency in zebrafish.<sup>2</sup> Infected fish expel the eggs that embryonate in the environment and are then ingested by naive fish. Transmission can occur in as little as 1 month.<sup>44</sup> *P. tomentosa* has also been associated with an increased incidence of tumor formation in zebrafish exposed to carcinogens.<sup>2</sup> As more zebrafish are being used for cancer research, this is another possible confounding agent. Three recent publications described effective treatments for zebrafish infected with this parasite.<sup>44–47</sup> These include use of fenbendazole, ivermectin, emamectin benzoate, mebendazole and praziquantel.

Once *P. tomentosa* infections become patent, the eggs embryonate and infect new hosts quickly, so an adequate sample of effluent sentinels in place for at least 3 months would likely reveal infection. If fish infected with *P. tomentosa* are imported into a facility, these fish can be quarantined and treated before research use or spawning. Treatment of recirculating systems during an epizootic are costly, labor intensive, and time consuming; thus, it is important to identify this pathogen during the quarantine period.

*Myxidium streisingeri* is a fairly common myxozoan parasite of the zebrafish urinary tract, with plasmodia occurring in the collecting ducts and mesonephric ducts.<sup>48</sup> The plasmodia exhibit presporogonic stages and occasional mature myxospores that are shed into the environment.<sup>48</sup> Nearly all

myxozoans have complex life cycles that require both a vertebrate and an invertebrate host, with the infected invertebrate host shedding actinospores that infect the vertebrate host.<sup>48</sup> It is likely that the invertebrate host of *Myxidium streisingeri* is an oligochaete worm, which is free-living in many zebrafish systems. However, an invertebrate host species for *Myxidium streisingeri* has not yet been identified, and it is possible that this parasite exhibits direct transmission.<sup>48</sup>

*Edwardsiella ictaluri* is a Gram-negative bacterium responsible for causing high mortality epizootics in zebrafish characterized by severe systemic infection with necrotizing inflammation in various visceral organs and associated morbidity and mortality.<sup>49,50</sup> It is transmitted by direct contact, water, feces, and orally. Although this pathogen may be susceptible to several antibiotics, it is unknown if treatment eliminates the infection or induces a carrier state that could allow for further spread of disease. Several other Gram-negative bacteria, including *Aeromonas hydrophila* (causative agent of motile *Aeromonas* septicemia), *Edwardsiella tarda*, *Edwardsiella piscicida*, *Flavobacterium columnare*, and other *Flavobacterium* spp. have the potential to be primary or opportunistic pathogens in zebrafish.<sup>49,51–53</sup>

A number of other ciliate and helminth parasites are most likely to be introduced into laboratory colonies as a result of importing fish from pet stores, other facilities, which import fish from pet stores, commercial aquaculture facilities, or facilities that house other species of fish. *Ichthyophthirius multifiliis* and *Tetrahymena* species are related ciliate parasites that can infect zebrafish.<sup>54</sup> *I. multifiliis* is an obligate parasite, whereas *Tetrahymena* spp. can be free-living or opportunistic parasites. The specific identity of the species that infect zebrafish is unknown, but outbreaks can result in high mortality of larvae and juvenile zebrafish.<sup>54</sup>

*Piscinoodinium pillulare* is a parasitic dinoflagellate that is common in the ornamental fish trade and can cause epizootics in laboratory zebrafish. These pathogens can damage the gills and epithelium and lead to osmoregulatory disturbances, hypoxia, and increased susceptibility to secondary infections.<sup>55</sup>

Helminth parasites, including monogenean ectoparasites such as *Gyrodactylus* sp(p). that can damage the skin and gills, have also been reported to naturally infect zebrafish.<sup>56</sup> Zebrafish obtained from the pet trade may exhibit cestodes or metacercariae of digenean trematodes.<sup>55</sup> To minimize the risk of introducing uncommon pathogens, zebrafish should be obtained from reputable sources with accompanying health monitoring reports. *Transversotrema patialense* (sensu lato), a digenean trematode that requires a snail as an intermediate host, was recently reported to cause naturally occurring infections in zebrafish that were sold as “laboratory-reared” and “specific pathogen-free.”<sup>57</sup>

With the exception of the microsporidia, fungal pathogens of zebrafish are poorly characterized. Fungal aerocystitis is relatively common in some zebrafish facilities, but the species involved have not yet been identified. Noninvasive fungal hyphae are sometimes observed on the skin of zebrafish, and in extreme cases may occlude the mouth and gill openings of zebrafish larvae. *Lecytophthora mutabilis* was identified in one case,<sup>58</sup> although it is possible that other fungi may present similarly. Aquatic fungi are common in zebrafish systems and controlling fungi usually requires improving water quality and sanitization practices.

Relatively little is known about naturally occurring viral infections in zebrafish.<sup>59</sup> Multiple endogenous retroviruses, retrotransposons, and retroid agent sequences have been described in the zebrafish genome<sup>60,61</sup>; however, production of an infectious virion has not been reported. There is a single brief report of a naturally occurring infection of zebrafish by Red-spotted grouper nervous necrosis virus, a *Betanodavirus*.<sup>62</sup> Many aquatic viruses are not host specific, which increases the risk that naive laboratory zebrafish may be susceptible to viral diseases transmitted from other fish species housed in the same facility or from zebrafish acquired from aquaculture facilities or pet stores.<sup>58</sup>

Zebrafish have been shown to be experimentally susceptible to a number of fish viruses,<sup>63–66</sup> including infectious spleen and kidney necrosis virus,<sup>67–70</sup> a *Megalocytivirus*, which infects a very broad range of fish hosts<sup>71,72</sup> and is prevalent in the tropical ornamental fish trade.<sup>73,74</sup> Zebrafish have also been shown to be experimentally susceptible to a commercially important *Rhabdovirus*, spring viremia of carp virus (SVCV),<sup>75,76</sup> which has restricted importation of laboratory zebrafish into Canada and other nations. The relevance of testing for some viruses on a regular basis, such as SVCV, is questionable as these animals were infected under artificial housing conditions.<sup>56</sup> However, testing may be mandatory for import/export of fish to countries with restrictions on importation. Further investigation into the prevalence and pathogenicity of viruses is needed before evidence-based recommendations for their testing can be provided. Zebrafish may be susceptible to many viruses with broad host specificity. To mitigate this risk, fish of different species should be housed on separate systems.

### Samples for Testing

Samples that may be utilized to screen a colony include the animals themselves and environmental samples. Many different types of animals may be sampled for health monitoring: colony animals, aged zebrafish (>12 months), fish found in the system sumps, or intentionally placed sentinel zebrafish. Each of these types of fish provides some information on colony health.

Direct testing of colony animals will identify pathogens with a high prevalence, but may miss uncommon pathogens unless the sample size is very large. Other disadvantages of testing colony animals are a non-uniform genetic and experimental background of sampled fish and variable sampling time points based on the availability of animals after experiments. Because many infectious diseases of zebrafish are chronic subclinical infections that are not cleared by the immune system, some institutions use retired zebrafish breeders as sentinels because they have had the longest window of exposure.

Previous publications have shown that infection with *Pseudoloma neurophilia* is more prevalent in zebrafish over 1 year of age.<sup>18</sup> Similarly, as female zebrafish age, they are more likely to have *Pseudoloma* spores within their ovaries, which can spread infection both vertically within the ovum as well as horizontally into the environment.<sup>77</sup> Older zebrafish may also be more susceptible to reactivation of latent mycobacterial infections.<sup>29</sup> It is recommended to euthanize fish older than 12 months of age to minimize the spread of infection through a colony. These animals may be submitted for routine screening for infectious diseases.

Sump fish may also provide information as to the infectious diseases present in a colony. They are typically exposed to all the effluent water from the system on which they were housed. In the sump, they may live off of uneaten food, tank debris, and feces. These fish also present a risk to the primary colonies, as they may develop and then propagate disease. Furthermore, health and welfare issues in these fish may go undetected as it is difficult to perform daily health checks on these animals. We recommend removing these animals from the sumps periodically. These animals may also be submitted for routine screening when removed from the sump.

Sentinel animals are a major component of rodent health monitoring programs.<sup>11</sup> Zebrafish are usually housed on recirculating systems with many tanks plumbed in parallel. This arrangement reduces the likelihood of transmission of infectious agents from tank to tank, but also increases the necessary sample size to detect pathogens by testing colony animals directly. Sentinel programs are designed to maximize transmission of pathogens to a smaller group to maximize pathogen detection using fewer animals. Many zebrafish holding systems are now designed with a sentinel tank position; tanks in these positions may be exposed to effluent water from the entire system. Other advantages of sentinel zebrafish are that they facilitate meaningful comparisons of sentinel data over time, may include a known genetic background without experimental manipulation, and are housed on the system for a known period of time.

Ideally, sentinel fish should be introduced to the housing conditions in which they will be used as sentinels at the larval stage. This minimizes the risk of introducing new or unknown pathogens to the system from imported adult sentinels. If adult zebrafish are obtained from another system or facility, their health status should be known with regard to all infectious agents of interest to ensure that any positive result was acquired from the system being monitored and not introduced along with the imported fish to be used as sentinels.

Minimally, sentinel fish should be exposed to the water/housing system being tested for at least 3 months and should be screened every 3–6 months for pathogens. In rodent sentinel programs, outbred stock mice are often used because they can seroconvert to a number of pathogens. It is still unclear what line(s) of zebrafish may be the best for routine screening of pathogens. As stated above, TU fish exhibit increased susceptibility to *M. chelonae*.<sup>77</sup> Transparent fish (e.g., Casper zebrafish) have also been suggested as a way to perform screening for mycobacterial infections.<sup>34</sup> Some facilities may want to use whatever background strain is used most commonly on the system being monitored. As more is learned about the immune system of zebrafish and various lines, future recommendations may include a specific line that is susceptible to a variety of pathogens.

When performing routine screening, the minimum number of animals sampled to detect a pathogen with 95% confidence depends on the expected prevalence of a pathogen in the colony,<sup>8</sup> but in practice the number of zebrafish sampled is usually limited by financial constraints, as in rodents. For pathogens of low prevalence, the number of fish that would be required to detect infection is often impractical. Moreover, the statistical formula presupposes that every fish is equally likely to infect every other fish, which is not the case for zebrafish systems. The exposure of fish to effluent water is a method that can be used to increase the chances of detecting a

pathogen with the evaluation of fewer fish. Expected prevalence is often difficult to determine as housing method, water filtration, and breeding practices can have a significant impact on prevalence in a population.

Incidence of a pathogen may also vary based on animal genetics and immune status as well as husbandry procedures. For these reasons, prevalence of infection may differ substantially among colonies. Therefore, sentinel fish maintained in colony tanks or in a specially designed tank that receives effluent system water may be the most reliable detection method. If budget allows, aged colony animals may also be submitted to provide a more complete picture of colony health. The number of zebrafish sampled will reflect a balance of the risk of not detecting all infectious agents with the cost of the health monitoring program.

Environmental sampling is very useful for the detection of agents such as *Mycobacterium* spp. that proliferate in system biofilms and are thus common in the environment. The sensitivity of environmental sample type varies according to the life cycle and biology of the agent. Relying on environmental testing alone may be insufficient for detection of agents that are relatively uncommon in the environment or are intermittently or poorly shed by infected fish. Since there is limited information on environmental sampling for zebrafish pathogens, and since some pathogens may be more common in infected fish than in the environment, environmental sampling should be considered an adjunct to testing animals.

### Testing Methodologies

Testing methodology is also an important factor to consider when designing a health monitoring program. The most appropriate diagnostic platform will depend on several factors, including the type of information needed, the pathogen of interest, the likely stage of infection, and cost-effectiveness. Historically, health monitoring for zebrafish colonies relied on postmortem necropsies and histopathology of whole adult zebrafish.<sup>78</sup> Today, several methodologies are available for facilities to utilize, including real-time polymerase chain reaction (PCR), conventional PCR, microbiology with microbial with identification by matrix-assisted laser desorption-ionization time-of-flight mass spectrometry (MALDI-TOF MS), histopathology, and simple direct exams, such as wet mounts.

For monitoring of external parasites, an external examination with wet mount preparations of fin clips and gill clips may be used. Molecular diagnostic techniques, such as real-time PCR are commercially available and provide exquisite sensitivity and specificity with rapid turnaround times. Real-time PCR offers significant advantages for detection of *Mycobacterium* spp., which are slowing growing bacteria and often require special conditions for growth.<sup>25</sup> Bacterial culture can facilitate isolation and species-level identification of a wide array of microorganisms, including bacteria, yeast, filamentous fungi, and oomycetes. Sensitivity of microbiology for zebrafish varies according to the biology of the organisms cultivated and the experience of the laboratory with aquatics, since several fish pathogens have specific requirements, including unique incubation temperatures, specialized culture media, and/or longer incubation times.

The recent application of MALDI-TOF MS to laboratory animal diagnostics has dramatically increased specificity and the number of organisms that can be correctly identified to the

species level, which is limited by the diversity of existing spectral databases.<sup>79,80</sup> Histopathology is very specific for some pathogens, particularly parasites with unique morphologic characteristics, but cannot be used to identify *Mycobacterium* spp. to the species level, and often cannot be used to identify other bacterial and fungal pathogens, except to narrow the list of possibilities to broad categories. Similarly, histopathology is often insensitive relative to other methods.

The key advantage of histopathology for health monitoring is the capacity for simultaneous evaluation for a wide variety of infectious and noninfectious conditions. Macroscopic and microscopic evaluation of epithelial tissues can reveal pathogens, including ectoparasites and gliding bacteria. A combination of PCR, microbiological techniques, histopathology, and gross examination of animals contribute to a complete health profile of the colony.

We recommend that in addition to more frequent sampling by other methods, histopathology should be performed for routine screening. Histopathology is important for evaluating the colony for an increased incidence of noninfectious lesions, including tumors, hepatocytic megalocytosis, laminar epithelial hyperplasia of the gills, heart disease, egg-associated inflammation and fibroplasia, nephrocalcinosis, and other lesions. When possible, histopathology should be performed on euthanized sick or moribund fish, particularly if multiple fish are clinically affected.

### Housing and Husbandry

The source of animals, water source and quality, and live feeds are important risk factors for the introduction of pathogens. Water quality, stocking density, and other husbandry parameters influence the spread of infectious agents and severity of clinical signs. Maintaining adequate water quality is important for preventing disease from opportunistic agents. A number of publications have described appropriate housing conditions and stocking densities for zebrafish.<sup>81</sup> Poor water quality and stress may exacerbate infections<sup>13</sup> and latent infections can become reactivated when the fish are stressed or irradiated.<sup>29</sup> Live feed has also been associated with potential introduction of pathogens,<sup>82</sup> so some facilities now exclusively utilize commercially manufactured feeds (Carrie Barton, SARL, pers. comm.).

Maintenance of appropriate stocking densities and water quality, quarantine of fish with clinical disease, prompt removal of dead fish, surface disinfection of embryos, culling fish over 12 months of age, periodic removal of sump fish, and feeding of commercial diets or routine verification that live feeds are free of infectious agents are all husbandry measures that can be taken to prevent infection with opportunistic pathogens in immunocompetent zebrafish lines. Excluding primary pathogens from a facility by evaluating health reports and using quarantine will also minimize the risk of pathogen introduction into the facility.

The use of large recirculating water systems supporting multiple research laboratories makes biocontainment more difficult, since most existing systems were not designed to be compartmentalized to control the spread of an introduced disease. In contrast, facilities that utilize flow-through systems or compartmentalized recirculating systems with multiple life support systems allow more options to control pathogen transmission following a break in biosecurity. Because patho-

gens are more likely to be detected in quarantine than on main systems, we recommend that flow-through systems be utilized for quarantine whenever possible. The increased risk of potentially exposing the colonies of multiple investigators with fish housed on the same system makes appropriate quarantine and routine health monitoring procedures even more crucial.

### Cost

There are costs associated with performing regular health monitoring. However, as some outbreaks have shown, neglecting proper quarantine and inappropriate health monitoring can lead to loss of entire colonies,<sup>50</sup> which could also result in the loss of genetically engineered models that have not been cryopreserved or disseminated to other facilities. Research results may also be irreproducible or invalid due to presence of infections.<sup>10</sup> We propose that the risk of not performing routine health monitoring is much greater than the cost of implementing a program.

### Test Subjects

Currently, there are limited sources for zebrafish with a known health background and limited agreement among researchers regarding which pathogens must be avoided or eliminated. As a result, each facility must determine the agents it would like to exclude and those it wishes to control and must take this into consideration when importing fish and placing sentinels. For example, if a facility wishes to control and evaluate for the presence of *P. neurophilia*, sentinel fish should be obtained from a source that is able to provide zebrafish that are free of this pathogen, such as The Sinnhuber Aquatic Resource Laboratory.<sup>83</sup> As the zebrafish continues to grow in importance as a model organism, more centers should consider developing pathogen-free zebrafish lines.

### Health Monitoring Report

A recent and specific health monitoring report should be available for all zebrafish colonies. Health reports are critically important for the transfer of fish between facilities and should provide a complete picture of the health status of the animals being shipped or received. Health reports should include a summary report of the most recent findings as well as a synopsis of recent history (e.g., the past 1–2 years). A complete report should also provide information regarding husbandry parameters.

Facilities should designate a specific individual or individuals to oversee the health monitoring program and update the health monitoring reports. This person should be involved in all zebrafish imports and exports. See Figure 1 for an example of a health monitoring report that may be provided to a facility receiving animals from a noncommercial source. If a particular agent is not tested for, NOT TESTED (NT) should be indicated where that agent is listed. A positive result must be noted on the health monitoring report. A colony that was previously positive for an agent that has now been eradicated, should maintain a positive status for at least 1–2 years after the last negative result. Once at least a year has passed, the colony may be identified as negative.

Accompanying the health monitoring report, a 1–2-page description detailing housing and husbandry (Fig. 2) should be included that indicates the approximate facility size, and a description of what testing occurs at the tank level, rack level,

Health Monitoring Report for Zebrafish										
<b>Institution:</b> Fish Facility ZF2015 <b>Microbiological Unit:</b> (choose level suitable for your facility) <b>Building:</b> 5 <b>Room:</b> 520 <b>System:</b> 1 (Main Colony) <b>Rack:</b> <b>Contact person:</b> (name, e-mail, phone) Fish facility manager email@institution.org (XXX) XXX-XXX								<b>Date:</b> November 18, 2015 <b>Unit type:</b> (mark the correct type) Re-circulating: X Flow through: Static: Other:		
Testing Results:	Tested Subject (sentinel, colony fish, sump fish, environmental, etc.)	Sampling Location (pre-filtration, post-filtration, main colony, quarantine, etc.)	Age of Fish	Exposure Time	Testing Frequency	Testing Method	Testing Laboratory	Recent Testing		Historical Results
								Sampling Date	# Positives/ # Tested	Collected over ___ months
<b>Bacteria</b>										
<i>Aeromonas hydrophila</i>	Sentinel/AB	pre-filtration, main colony	12 months	12 months	bi-annually	aerobic culture	In-house	Oct, 2015	0/6	0/12
<i>Edwardsiella ictaluri</i>	Sentinel/AB	pre-filtration, main colony	12 months	12 months	bi-annually	aerobic culture	In-house	Oct, 2015	0/6	0/12
<i>Flavobacterium columnare</i>	Sentinel/AB	pre-filtration, main colony	12 months	12 months	bi-annually	aerobic culture	In-house	Oct, 2015	0/6	0/12
<i>Mycobacterium spp.</i>	Sentinel/AB	pre-filtration, main colony	12 months	12 months	bi-annually	PCR	Commercial Diagnostic Laboratory	Oct, 2015	0/6	0/12
<i>Mycobacterium abscessus</i>	Sentinel/AB	pre-filtration, main colony	12 months	12 months	bi-annually	PCR	Commercial Diagnostic Laboratory	Oct, 2015	0/6	0/12
<i>Mycobacterium chelonae</i>	Sentinel/AB	pre-filtration, main colony	12 months	12 months	bi-annually	PCR	Commercial Diagnostic Laboratory	Oct, 2015	0/6	3/12
<i>Mycobacterium fortuitum</i>	Sentinel/AB	pre-filtration, main colony	12 months	12 months	bi-annually	PCR	Commercial Diagnostic Laboratory	Oct, 2015	0/6	0/12
<i>Mycobacterium haemophilum</i>	Sentinel/AB	pre-filtration, main colony	12 months	12 months	bi-annually	PCR	Commercial Diagnostic Laboratory	Oct, 2015	0/6	0/12
<i>Mycobacterium marinum</i>	Sentinel/AB	pre-filtration, main colony	12 months	12 months	bi-annually	PCR	Commercial Diagnostic Laboratory	Oct, 2015	0/6	0/12
<i>Mycobacterium peregrinum</i>	Sentinel/AB	pre-filtration, main colony	12 months	12 months	bi-annually	PCR	Commercial Diagnostic Laboratory	Oct, 2015	0/6	0/12
<b>Microsporidia</b>										
<i>Pseudoloma neurophilia</i>	Sentinel/AB	pre-filtration, main colony	12 months	12 months	quarterly	Histology	In-house	Oct, 2015	0/6	3/24
<i>Pleistophora hypessobryconis</i>	Sentinel/AB	pre-filtration, main colony	12 months	12 months	bi-annually	Histology	In-house	Oct, 2015	0/6	0/12
<b>Protozoa</b>										
<i>Ichthyophthirius multifiliis</i>	Sentinel/AB	pre-filtration, main colony	12 months	12 months	bi-annually	Skin scrape	In-house	Oct, 2015	0/6	0/12
<i>Piscinodinium pillulare</i>	Sentinel/AB	pre-filtration, main colony	12 months	12 months	bi-annually	Skin scrape	In-house	Oct, 2015	0/6	0/12
<b>Fungi</b>										
<i>Saprolegnia brachydans</i>	x	NT	x	x	x	x	x	x	x	x
<b>Parasites</b>										
<i>Pseudocapillaria tomentosa</i>	Sentinel/AB	pre-filtration, main colony	12 months	12 months	quarterly	PCR	Commercial Diagnostic Laboratory	Oct, 2015	0/6	0/24
<b>Additional Agents</b>										
Spring Viremia of Carp Virus (SVCV)	Colony Fish/ tp53 <sup>+/±</sup>	post-filtration, main colony	6 months	6 months	as needed for exports	PCR	OIE-approved Diagnostic Laboratory	Nov, 2015	0/6	0/6
Infectious Spleen and Kidney Necrosis Virus (ISKNV)	Sentinel/AB	pre-filtration, main colony	12 months	12 months	as needed for exports	PCR	Commercial Diagnostic Laboratory	Sept, 2015	0/6	0/6

**Pathology:** Occasional egg-associated inflammation in sentinels > 6 months

**Additional comments:**

**FIG. 1.** Example of a health monitoring report.

room level, and/or facility level. Other important details include whether the colony is closed or animals are frequently imported, quarantine measures routinely applied to incoming animals, and embryo surface disinfection practices. If a colony has had a positive result, the letter should also indicate what steps were taken to identify the outbreak, control transmission, and/or eradicate the pathogen.

In addition to being utilized for zebrafish transfers, health monitoring reports should be made readily available to all researchers. The Animal Research: Reporting of *In Vivo* Experiments guidelines specify that the health status of animals and husbandry methods should be reported when publishing results obtained utilizing an animal model.<sup>1</sup> The provision of this information is important for an adequate

**Housing & Husbandry Report**

November 27, 2015

Dr. Principal Investigator  
Generic University  
1000 University Avenue  
Science Building, Room 2000  
New York, NY 10045

Re: Zebrafish Husbandry and Health Monitoring Description

Dear Dr. Principal Investigator

I have been requested by John Smith from Dr. Owen's lab at XYZ University to provide you with health information on the zebrafish colony located in Fish Facility ZF2015 from which the animals described on the attached health certificate and/or health report will be obtained.

The fish included in this shipment are housed on a re-circulating housing system fed from a reverse osmosis water source. Recirculated water is filtered with 40 micron particulate filters, biological filtration, followed by UV disinfection. Zebrafish are the only fish species maintained in this building. There are 2 life support systems in same room, each supporting 10 linked racks. System water is maintained at a temperature of 26-28°C, pH 6.8-7.5, and conductivity of 800-900 µS. Larvae are fed rotifers and a powdered commercial diet and adult fish are fed an irradiated commercial pelleted diet. New adult fish from various sources are imported approximately every 2 months and are placed on a standalone housing rack that is used only for incoming fish in a quarantine room that is separate from the main colony. No adult fish leave quarantine and all fish in the main colony are derived from surface disinfected (100 ppm sodium hypochlorite x 10 minutes) embryos. Access to zebrafish holding rooms are restricted and personal protective equipment is required (gloves and dedicated shoes). The designated maximum cull age for all fish on the system is 12 months.

The health status of all the colonies is monitored at least bi-annually via histopathology, bacterial culture, or PCR testing by evaluation of sentinel animals. Six-to-ten fish per system are submitted at each testing time point.

Animals are free of all known pathogens of zebrafish with the following exceptions: *Pseudoloma neurophilia* and *Mycobacterium chelonae*. Although *P. neurophilia* was not detected in the most recent testing period, it has been identified within the past year. It may be present at low levels in our facility. We do not exclude *M. chelonae*, therefore we assume that all fish may carry subclinical carriers of this bacterium.

I can be reached at <(555) 555-5555> or by email at jane.doe@iXYZuniversity.edu if you have further questions concerning the health status of these animals.

Sincerely,

Jane Doe  
Fish Facility Manager

description of the methods used when conducting biomedical research, and thus should be made readily available to the researchers utilizing these models. (Supplementary Figs. S1 and S2 can be downloaded by individual facilities and used to facilitate transfer of relevant information; Supplementary Data are available online at [www.liebertpub.com/zeb](http://www.liebertpub.com/zeb)).

**Limitations**

One limitation of health monitoring programs is that the results are always retrospective and thus may not always reflect the current health status of the colony. There are still

**FIG. 2.** Example of a housing and husbandry description.

many challenges such as limited availability of pathogen-free zebrafish, limited knowledge of the impact of background genetics on disease detection, a lack of communication between researchers and veterinarians, and the costs involved with developing a health monitoring program. Continued work on zebrafish health and husbandry will ensure quality research results and positively impact animal health.

**Conclusions**

We propose that all facilities utilizing zebrafish should make a concerted effort to evaluate and report health status information



more systematically to facilitate harmonization; including a summary of recent testing, a synopsis of recent history (e.g., the past 1–2 years), information regarding husbandry parameters, and appropriate contact details for questions regarding the report. A common method of reporting will facilitate transfer of animals, ensure the health of different colonies, and minimize the introduction of pathogens that may have devastating consequences on animal health and research objectives.

### Acknowledgments

The authors thank Dr. Zoltan Varga for his input regarding the ZIRC health monitoring program, Carrie Barton for information on the use of commercial diets at SARL, and Dr. E. Kate Banks for critical review of the article.

### Disclosure Statement

One of the three authors (M.J.C.) is employed by a diagnostic company with a financial interest in the subject matter.

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