

# Distinct Membrane Disruption Pathways Are Induced by 40-Residue $\beta$ -Amyloid Peptides\*

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Cellular membrane disruption induced by  $\beta$ -amyloid (A $\beta$ ) peptides has been considered one of the major pathological mechanisms for Alzheimer disease. Mechanistic studies of the membrane disruption process at a high-resolution level, on the other hand, are hindered by the co-existence of multiple possible pathways, even in simplified model systems such as the phospholipid liposome. Therefore, separation of these pathways is crucial to achieve an in-depth understanding of the A $\beta$ -induced membrane disruption process. This study, which utilized a combination of multiple biophysical techniques, shows that the peptide-to-lipid (P:L) molar ratio is an important factor that regulates the selection of dominant membrane disruption pathways in the presence of 40-residue A $\beta$  peptides in liposomes. Three distinct pathways (fibrillation with membrane content leakage, vesicle fusion, and lipid uptake through a temporarily stable ionic channel) become dominant in model liposome systems under specific conditions. These individual systems are characterized by both the initial states of A $\beta$  peptides and the P:L molar ratio. Our results demonstrated the possibility to generate simplified A $\beta$ -membrane model systems with a homogeneous membrane disruption pathway, which will benefit high-resolution mechanistic studies in the future. Fundamentally, the possibility of pathway selection controlled by P:L suggests that the driving forces for A $\beta$  aggregation and A $\beta$ -membrane interactions may be similar at the molecular level.

(5–17). However, mechanistic studies of the A $\beta$ -induced membrane disruption process, particularly at the high-resolution level, are hindered by the co-existence of heterogeneous pathways even in the simplest model systems. For instance, A $\beta$  fibrillation may occur on the membrane surface, which serves as a platform to enhance the local concentration of A $\beta$  or to promote the formation of specific structures that facilitate fibrillar elongation (18). The oligomeric form of certain A $\beta$  aggregates may produce ionic channels inside of the membrane bilayer, and the channels are reported to be selective to cations such as K<sup>+</sup> and Ca<sup>2+</sup> (19–21). In addition, it has been discovered recently that A $\beta$  peptides (or oligomers) may also be fusogenic, *i.e.* inducing lipid mixing and vesicle fusion between liposomes (22, 23). Along individual pathways, the structural evolution of A $\beta$  may be heterogeneous, *i.e.* with the co-existence of both on-pathway and off-pathway intermediates. It might be possible to distinguish these intermediate species using novel high-resolution techniques such as dynamic-nuclear-polarization-based solid-state NMR spectroscopy (24). However, the presence of multiple pathways will further increase complexity and make high-resolution studies infeasible. Therefore, it is important to generate individual A $\beta$ -membrane systems with dominant pathways at least in the model phospholipid liposomes.

Studies in this work utilize model liposomes with a molar ratio between phosphatidylcholine (PC) and phosphatidylglycerol (PG) of ~4:1, which mimics the ratio of neutral *versus* negatively charged phospholipids in neuronal cells (25). The presence of other lipid components and sterol molecules is not considered in this simplest liposome model. One experimentally adjusted parameter, the peptide-to-lipid molar ratio (P:L), is investigated. The P:L is inhomogeneous in human brains because the local A $\beta$  concentration can be affected by many factors, such as the efficiency of the enzymatic cleavage of the amyloid precursor protein and the removal process of the eluted A $\beta$  (14, 26). It has been shown that the quantities of A $\beta$  peptides from the aged human brain cortex vary between 10<sup>3</sup>–10<sup>4</sup> pmol/g of wet brain tissue (27). Given the fact that the mass percentage of total lipids in the human brain is ~2% (28), the estimated P:L ratio in the human brain may vary between 1:25,000 and 1:2500, which is far from most *in vitro* studies using phospholipid liposomes. However, the membrane distribution of A $\beta$  is also heterogeneous, with more abundant A $\beta$  concentrated in the sterol-enriched lipid raft domain (11, 12). For instance, it was reported previously that a volume fraction of 0.5% lipid raft region might contain ~25% of the total 40-res-

Membrane disruption induced by amyloid peptides has been considered a universal pathological mechanism for amyloid diseases (1–4). For Alzheimer disease, neuronal cellular membrane disruptions caused by  $\beta$ -amyloid (A $\beta$ )<sup>3</sup> peptides, including both 40- and 42-residue A $\beta$ , have been reported within a broad range of systems, from synthetic phospholipid liposomes to the isolated plasma cellular membrane and living cells

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<sup>3</sup> The abbreviations used are: A $\beta$ , amyloid  $\beta$ ; PC, phosphatidylcholine; PG, phosphatidylglycerol; P:L, peptide:lipid; Fmoc, *N*-(9-fluorenyl)methoxycarbonyl; ThT, thioflavin T; PE, phosphatidylethanolamine; BLM, black lipid membrane; REDOR, rotational echo double-resonance; TEM, transmission electron microscopy; T<sub>2</sub>, spin-spin relaxation time.

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idue A $\beta$  (29). Therefore, in these regions, the P:L ratio can be as high as 1:500–1:50, which is close to the P:L value used in typical biophysical and structural studies for A $\beta$ -membrane interactions.

We have shown previously that, when monomeric A $\beta$  was added into preformed PC/PG liposomes, the two evolution pathways, fibrillation and peptide-induced lipid mixing, were competing with each other when the P:L ratio changed from 1:30 to 1:120 (23). Specifically, the higher P:L ratio benefited fibril formation, and the lower ratio promoted lipid mixing. This result illustrated the importance of the P:L ratio in the generation of model systems for studying the A $\beta$ -membrane interaction. In this work, we systematically investigate multiple membrane disruption pathways, including membrane content leakage, vesicle fusion, A $\beta$ -lipid aggregation, and formation of ionic channels, and their correlations with the P:L ratio. Our results show that three of these pathways, fibrillation accompanied by membrane content leakage, A $\beta$ -induced vesicle fusion, and the detachment of A $\beta$  oligomers from membrane bilayers with lipid uptake, can be dominant within distinct model systems. The P:L ratio plays a crucial role in pathway selection. The results suggest that it is possible to study individual membrane disruption pathways at high-resolution levels in future works.

### Experimental Procedures

**Peptide Synthesis and Purification**—All 40-residue A $\beta$  peptides were synthesized manually using routine solid-phase peptide synthesis protocols and Fmoc chemistry. Isotope-labeled amino acids were purchased from Cambridge Isotope Inc., and the Fmoc protection groups were added on by the literature approach if necessary. Peptides were purified using reverse-phase HPLC (Agilent Inc.) and a C18 column (Zorbax, Agilent Inc.) and then lyophilized. The lyophilized powder was dissolved in 2% v/v NH<sub>3</sub> and freeze-dried again to remove any preformed aggregation, according to a method described previously (32). The resulting peptides were stored at  $-20^{\circ}\text{C}$  until use.

**A $\beta$ -membrane Sample Preparation**—“External addition” and “preincorporation” sample preparation protocols were described in detail previously (23, 30, 31). Briefly, the external addition samples were made by adding A $\beta$  to preformed liposomes, which were prepared by resuspending dried lipid film in phosphate buffer (10 mM (pH 7.4) with 0.01% NaN<sub>3</sub>), followed by 10 cycles of freeze-thaw and 30 $\times$  extrusion with the designed membrane sizes. The preincorporation samples were prepared from the A $\beta$ /lipid film (co-dissolving of A $\beta$  and lipids in hexafluoro-2-propanol and chloroform, respectively) through the same resuspension, freeze-thaw, and extrusion cycles. All samples that were utilized in this study had liposomes with PC and PG with a molar ratio of 4:1, extruded with 100-nm pore size membranes, and an A $\beta$  concentration of 50  $\mu\text{M}$ . Only the P:L ratio was varied for different samples. For the external addition samples, the peptide powder was freshly dissolved in 2% DMSO (v/v to the final volume of liposome) to ensure the initial monomeric form (32–35).

**Analytical HPLC**—The A $\beta$ /liposome solutions from either external addition or preincorporation samples were centrifuged (Beckman Coulter Inc., 432,000  $\times g$ , 2 h, 4  $^{\circ}\text{C}$ ) after the

4-h incubation period at 37  $^{\circ}\text{C}$ . The supernatant ( $\sim 1$  ml for each sample) was collected, and 5% acetic acid (v/v) was added. The solution was then diluted by a factor of 2 using acetonitrile and sonicated for 3 min in a water bath sonicator to disassociate any oligomers. The supernatant was analyzed using an analytical C18 reversed-phase column (Zorbax, Agilent Inc.) and an acetonitrile-water linear solvent gradient (1–99% acetonitrile over 35 min). The concentration of A $\beta$  was calculated by integrating the peptide elution peak and comparing it with the standard working curve from freshly dissolved A $\beta$  peptides.

**Circular Dichroism Spectroscopy**—All CD spectra were recorded on a Jasco J-810 spectrophotometer with a 0.1-cm path length quartz cuvette. Both external addition and preincorporation samples were incubated at 37  $^{\circ}\text{C}$  for the designated period of time. A 12- $\mu\text{l}$  aliquot of sample solution was diluted with deionized water to a total volume of 300  $\mu\text{l}$  and transferred into the CD cuvette. All spectra were recorded with a wavelength range of 190–260 nm at a 1 nm/sec scanning rate, the temperature at 20  $^{\circ}\text{C}$  (controlled with a water bath), and a signal averaging over 40 scans. No spectral difference was observed between individual scans, indicating that the dilution prevented further structural evolution during CD measurements. Control spectra that contained only liposomes and were incubated under the same conditions as the corresponding A $\beta$ -membrane samples were recorded and subtracted from the sample spectra. All spectra were processed using instrumental software.

**Fluorescence Spectroscopy**—All fluorescence experiments were performed using a PerkinElmer Life Sciences LS55 spectrometer with an external water bath for temperature control around 37  $^{\circ}\text{C}$  during the recording of kinetic traces. The detailed protocols for both ThT fluorescence and lipid mixing assays have been described in previous studies (23). The A $\beta$ -membrane samples were prepared to measure the membrane content leakage as follows. For the external addition samples, the calcein-contained liposomes were prepared by co-dissolving lipids and calcein in chloroform (the final concentration of calcein in all samples was kept at 10 mM). This was followed by the formation of a lipid/calcein film under high-vacuum resuspension of the film in phosphate buffer (10 mM (pH 7.4) with 0.01% NaN<sub>3</sub>), extrusion through a 100-nm filter membrane, and dialysis against bulk phosphate buffer (1:1000 v/v, 2  $\times$  24-hour dialysis at 4  $^{\circ}\text{C}$ ) to remove any uncaptured calcein molecules. Monomeric A $\beta$  peptides were freshly dissolved in 2% DMSO (v/v to the calcein-contained liposome solution) and added into liposomes. The mixture was transferred to a fluorescence cuvette and placed in the prewarmed sample holder, and the recording of the kinetic trace was started immediately. For the preincorporation samples, the A $\beta$  peptides, lipids, and calcein were co-dissolved in organic solvents to form the film. This was followed by the same resuspension, extrusion, and dialysis process. The long dialysis period used in this protocol might have caused the negative results in the membrane content leakage measurements for the preincorporation samples.

**Confocal Fluorescence Imaging**—Fluorescence imaging measurements were performed on large unilamellar vesicles that were extruded using 1.0- $\mu\text{m}$  filter membrane and giant unilamellar vesicles that were prepared using the fast evaporation

method described previously (36). The large unilamellar vesicle samples, which were prepared using the preincorporation protocol, were utilized to identify the co-localization of lipids and A $\beta$  peptides with 1% rhodamine B-labeled phosphatidylethanolamine (PE, molar percentage of total lipids) and rhodamine green-labeled 40-residue A $\beta$ . The samples were prepared with P:L molar ratios of 1:30 and 1:120 and incubated at 37 °C for 48 h before testing. The giant unilamellar vesicle samples were prepared for the external addition condition only because the fast evaporation method did not efficiently incorporate A $\beta$  peptides into vesicles. The giant unilamellar vesicle samples were utilized to monitor the changes in vesicle size upon addition of A $\beta$  at both 1:30 and 1:120 P:L ratios.

The liposome suspension was gently vortexed before imaging. 400  $\mu$ l of the liposome suspension was added to a glass-bottom confocal dish (MatTek Corp.). Images of the liposomes were captured at ambient temperature using a laser-scanning confocal microscope (Leica TCS SP2) with an HCX PL APO 63  $\times$  1.4 oil immersion objective by  $\times$ 4 digital zoom-in. Rhodamine green-labeled A $\beta$ 40 peptides were excited using a 488-nm argon laser, and rhodamine B-labeled PE was excited using a 543-nm HeNe laser. The laser power was kept at a minimum to allow sufficient signaling while avoiding unnecessary photobleaching. All images were processed with ImageJ software.

**Black Lipid Membrane (BLM) Measurements of Ionic Channel Activities**—To prepare the BLM, a 50- $\mu$ l aliquot of 1-palmitoyl-2-oleoyl-*sn*-glycerol-3-phosphocholine (in chloroform, 25 mg/ml) was dried under air flow to form a lipid film that was then redissolved in 75  $\mu$ l of *n*-decane. The two-compartment electrophysiological bilayer chamber with a 200- $\mu$ m aperture (Harvard Apparatus Inc., placed in a Faraday cage to reduce external vibration) was filled with 10 mM HEPES buffer (containing 150 mM KCl and 1 mM magnesium gluconate (pH 7.4)). A 10- $\mu$ l aliquot of 1-palmitoyl-2-oleoyl-*sn*-glycerol-3-phosphocholine/decane solution was deposited onto the aperture using a pipette to produce the BLM (which was monitored by measuring the resistance across the bilayer). All A $\beta$ -liposomes used in the ionic channel measurements were prepared with the designed P:L ratio and a modified preincorporation protocol. 20  $\mu$ l of 1-palmitoyl-2-oleoyl-*sn*-glycerol-3-phosphocholine in chloroform was dried out to create a film. Then 75  $\mu$ l of phosphate buffer was added to the film, and the solution was briefly sonicated in a bath sonicator. Then 11.7  $\mu$ l of freshly prepared A $\beta$  solution (2 mg/ml in deionized water) was added to the resuspended lipids. The mixture was freeze-thawed in liquid N<sub>2</sub> and a room temperature water bath for 10 cycles to form vesicles with both lipids and A $\beta$ . A transparent liposome solution was obtained using this approach. The solution was either used directly for the current trace recording or incubated for 48 h before testing. For the samples with chemical cross-linking, after the freeze-thaw cycles, 15.66  $\mu$ l of glutaraldehyde (70% in water, Sigma-Aldrich) was added to cross-link the ion channels in the sample (19, 37). The sample was then spun on a rotator mixer for 20 min. Then 21.75  $\mu$ l of Tris buffer (1 M, pH 7) was added to quench the cross-linking reaction, and the sample was set to incubate for 48 h at 37 °C.

To record an electronic current trace, the BLM was equilibrated for 5–10 min after the starting point for baseline recording. Drops of 3  $\mu$ l of 10 mM CaCl<sub>2</sub> solution were added to both compartments of the chamber to facilitate the fusion of liposomes onto the BLM (38). The designed volume (20–80  $\mu$ l) of liposome solution was then added to one side of the compartments that was connected to the anode of an Ag/AgCl electrode with gentle mixing. Recording of the electronic current trace was continued for 30–90 min (or until complete disruption of the BLM under certain circumstance).

**Solid-state NMR Spectroscopy**—All solid-state NMR measurements were performed on a 600 MHz Bruker NMR spectrometer installed with a 2.5-mm TriGamma magic angle spinning probe that was tuned to the <sup>1</sup>H/<sup>31</sup>P/<sup>13</sup>C configuration. All NMR samples were incubated at 37 °C for the desired time periods before sample collection. NMR samples were collected by ultracentrifuging the A $\beta$ /liposome solution (Beckmann Coulter Inc., TLX100.4 rotor, 100,000 rpm for 1 h at 4 °C) to form a gel-like pellet. For <sup>31</sup>P static and T<sub>2</sub> measurements, the wet pellet was packed into a 2.5-mm sample rotor with an Eppendorf centrifuge. For <sup>13</sup>C-<sup>31</sup>P REDOR measurements, the wet pellet was lyophilized, packed into a rotor as dry powder, and rehydrated with deionized water.

The <sup>31</sup>P static spectra were collected with the <sup>1</sup>H-decoupled <sup>31</sup>P direct excitation pulse sequence in which the acquisition was applied right after the 50-kHz,  $\pi/2$  <sup>31</sup>P radiofrequency pulse. A continuous-wave 100-kHz <sup>1</sup>H decoupling field was applied throughout the excitation and acquisition periods. The static spectra were processed with 100-Hz Gaussian line broadening. The <sup>31</sup>P T<sub>2</sub> measurements were performed with a Hahn echo pulse sequence with 50-kHz  $\pi/2$  and  $\pi$  <sup>31</sup>P pulses. Spectra with an array of delay times were recorded, and the normalized peak areas were plotted *versus* the delay period. The <sup>13</sup>C, <sup>31</sup>P REDOR pulse sequence contains a 50-kHz <sup>1</sup>H  $\pi/2$  excitation pulse, a cross-polarization period (~45-kHz <sup>1</sup>H field and 40- to 65-kHz <sup>13</sup>C field with a linear ramp over 1.5 ms), a series of rotor-synchronized  $\pi$  pulses with XY-8 phase cycling, and an acquisition period with a 100-kHz <sup>1</sup>H decoupling field. The <sup>13</sup>C transmitter was set to 165 ppm, which was close to the carbonyl carbon region of the spectrum. For each REDOR dephasing period, a pair of S<sub>0</sub> and S<sub>1</sub> spectra was collected without and with the <sup>31</sup>P  $\pi$  pulses, respectively. The REDOR dephasing curve was obtained by plotting the normalized <sup>13</sup>C signal attenuation (*i.e.* (S<sub>0</sub>-S<sub>1</sub>)/S<sub>0</sub>) as a function of dephasing time. All Spectra were processed with a 100-Hz Gaussian line broadening. For magic angle spinning spectroscopy, the spinning frequency was set to 10 kHz, and the temperature for all NMR measurements was controlled with a 270 K cooling N<sub>2</sub> flow (corresponding to the ~280 K sample temperature estimated from the <sup>1</sup>H chemical shift of H<sub>2</sub>O). The REDOR curves were fit to a model <sup>13</sup>C, <sup>31</sup>P two-spin system using a SIMPSON simulation package and the best fit internuclear distances were reported (39).

## Results

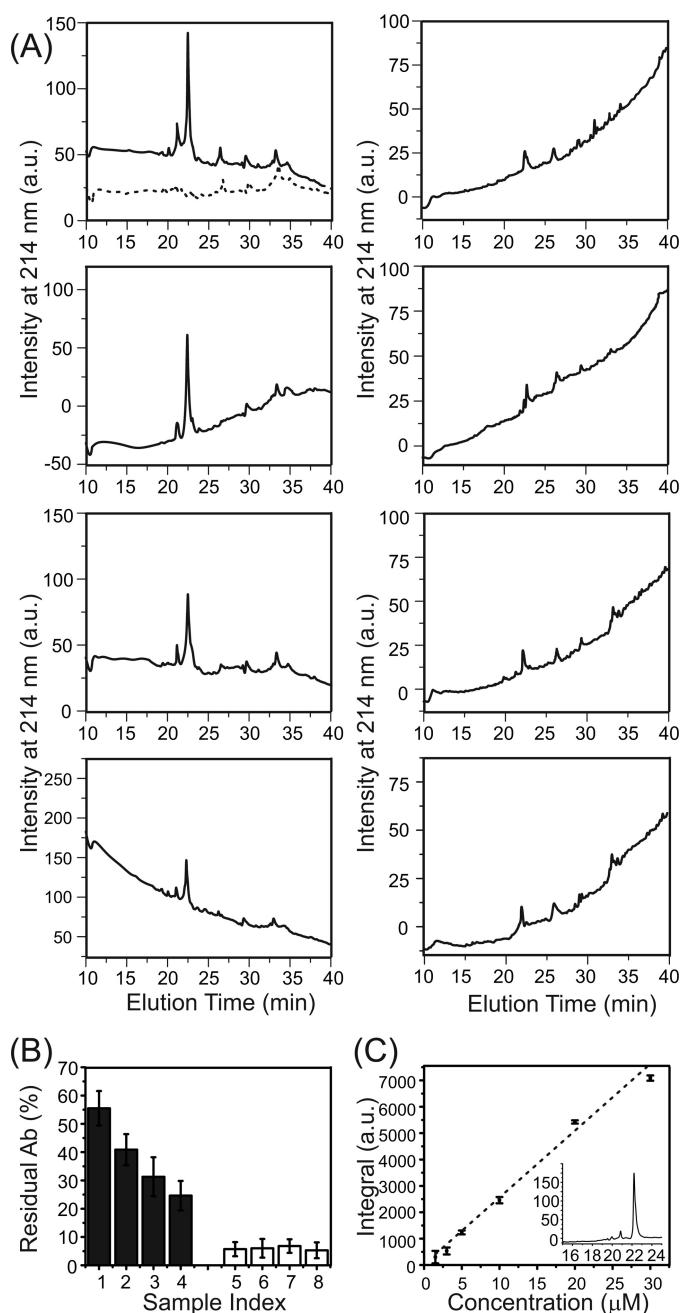
**Initial States of A $\beta$  in Model Systems**—We generated model systems using previously described external addition and preincorporation protocols with a range of P:L ratio from 1:30–1:120 (23, 30, 31). Peptides were pretreated using an approach



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reported in the literature to ensure the monomeric state (40). For the external addition protocol, we have shown that the thioflavin T (ThT) fluorescence emission was detected immediately after the addition of A $\beta$  to liposomes for P:L values of 1:30, 1:60, and 1:90 but not for the P:L ratio of 1:120 (23). Additionally, the same concentration of free A $\beta$  in aqueous buffer (*i.e.* 50  $\mu$ M) does not show detectable ThT fluorescence within a similar incubation period (*i.e.*  $\sim$ 6 h, data not shown), meaning that the rapid aggregation of A $\beta$  is induced by peptide-membrane interactions. Analytical HPLC was performed to analyze the concentration of residual A $\beta$  in the supernatant after the 4-h incubation period (Fig. 1). For the external addition samples, the percentage of residual A $\beta$  in the supernatant decreases with the P:L ratio. At the lowest ratio (*i.e.* 1:120),  $\sim$ 25% of A $\beta$  remains in solution after the short incubation. The preincorporation samples, on the other hand, contains little residual A $\beta$  ( $\sim$ 5%) in the supernatant, and the percentage seems to be independent of the P:L ratio. CD spectroscopy characterization of A $\beta$  conformation in the external addition samples further confirmed the lack of abundant  $\beta$  strands (*i.e.* mostly random-coil, Fig. 2A) within the time period. Overall, for the external addition samples, the monomeric A $\beta$  peptides seem to be absorbed by the liposome, and the initial nucleation process starts with membrane interactions in the first few hours of incubation. On the other hand, the CD spectra for preincorporation samples with different P:L ratios show a significantly higher population of  $\beta$  strand conformations within 4 h and increasing populations of  $\beta$  strands after 24 h (Fig. 2B). Therefore, high-order A $\beta$  oligomers, but not fibrils (proved by transmission electron microscopy (TEM) in previous studies (31)), seem to be present as the dominant form of A $\beta$  in the preincorporation samples. These oligomers may form during liposome preparation when a high concentration of A $\beta$  peptides is suspended in aqueous buffer.

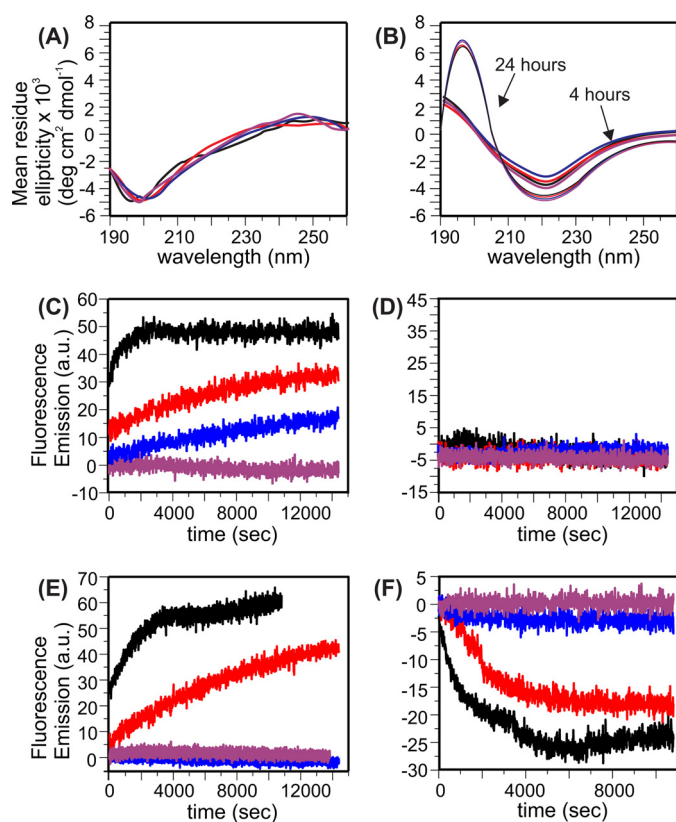
**Fibrillation and Membrane Content Leakage Are Associated, but They Compete with Vesicle Fusion**—We measured the calcein fluorescence emission for both the external addition and preincorporation samples with various P:L ratios (Fig. 2, C and D). Calcein molecules were initially concentrated inside of the liposomes, and therefore the fluorescence signal was attenuated because of the self-quenching effect (18). The increment of the fluorescence emission indicates dilution of calcein and therefore leakage of the membrane bilayers. For the external addition samples, the calcein fluorescence emission increases at a higher P:L ratio, which follows the same trend as the ThT fluorescence but behaves oppositely to the trend of lipid mixing. Therefore, it is possible that the fibrillation process on the membrane surface induces local disruption of the phospholipid bilayers, which allows leakage of calcein molecules. At the highest P:L ratio (*i.e.* 1:30), the kinetics of membrane leakage is obviously faster than the build-up of ThT fluorescence emission and reaches plateau in less than 1 h. Because the CD results show that the peptide has mainly a random coil conformation within this short time period, the membrane content leakage is likely to be induced by the initial aggregation of A $\beta$ , which does not involve the formation of a large hydrophobic core with  $\beta$  sheet-like structures. The absence of calcein fluorescence at a lower P:L ratio suggested that the vesicle fusion process did not induce membrane content leakage, which was consistent with



**FIGURE 1. Analytical HPLC of residual 40-residue A $\beta$  in supernatants.** A, HPLC chromatograms for the external addition and preincorporation samples with different P:L ratios. The A $\beta$  eluted at  $\sim$ 22 min. The *dashed* HPLC profile shown in the *top left panel* represents the blank without A $\beta$ . The minor peak at  $\sim$ 21 min was identified (using mass spectrometry) as the truncated A $\beta$  impurity. B, plot of the residual A $\beta$  (Ab) concentrations in the supernatant of external addition (sample index: 1, P:L = 1:30; 2, 1:60; 3, 1:90; 4, 1:120) and preincorporation (sample index: 5, 1:30; 6, 1:60; 7, 1:90; 8, 1:120) samples, calculated from the standard curve of freshly dissolved A $\beta$  peptide. Error bars were determined from three independent runs. C, calibration curve from the freshly dissolved A $\beta$  (with a concentration range from 1.5–30  $\mu$ M) with a sample HPLC profile (30  $\mu$ M) shown in the *inset* (x axis, elution time in minutes; y axis, intensity at 214 nm). Error bars were determined from three independent runs. a.u., arbitrary unit.

the well known SNARE-mediated model through hemifusion and fusion pore formation (41).

For the preincorporation samples, calcein fluorescence emissions were not observed for any P:L ratio. This result is surpris-



**FIGURE 2. CD and fluorescence spectra for A $\beta$ -liposome samples.** Samples with different P:L ratios are color-coded in a uniform way for all panels (black, 1:30; red, 1:60; blue, 1:90; purple, 1:120). A and B, CD spectra for external addition (with 4-h incubation) (A) and preincorporation samples (with 4- and 24-h incubation) (B). Control spectra with liposomes in the absence of A $\beta$  were subtracted from the corresponding A $\beta$ -liposome samples. C and D, membrane content leakage traces from time-dependent calcein fluorescence emissions for external addition (C) and preincorporation (D) samples. All spectra were recorded with excitation and emission wavelengths at 485 and 520 nm, respectively. E, ThT fluorescence measurements on fibrillation kinetics for the preincorporation samples. Similar measurements for the external addition samples have been reported previously. Excitation and Emission wavelengths were set to 430 and 490 nm, respectively. F, lipid mixing assay on vesicle fusion for the preincorporation samples. Similar measurements for the external addition samples have been reported before. Excitation and Emission wavelengths were set to 480 and 585 nm, respectively. a.u., arbitrary unit.

ing because we have proposed previously (and will prove with later evidence) that membranes are seriously disrupted by the elution of A $\beta$  oligomers under this condition (30, 31). However, it is worth noting that the calcein-contained liposomes used in this fluorescence assay were separated from the uncaptured calcein through slow dialysis (see “Experimental Procedures”). It is likely that membrane disruption had already occurred during the dialysis process and the system had been in equilibrium before the calcein fluorescence assay. ThT fluorescence (Fig. 2E) and lipid mixing measurements (Fig. 2F) were performed on preincorporation samples to further study the evolution of A $\beta$  oligomers. At high P:L ratios (*i.e.* 1:30 and 1:60), increments in the ThT fluorescence are detected, meaning that further A $\beta$  aggregation occurs during the incubation. Given the fact that there had already been  $\beta$  strand-enriched structures at the beginning of incubation, it is likely that the size of the  $\beta$  sheet core increased. On the other hand, the lipid-mixing assay resulted in a decreased fluorescence signal, which means that

the distances between fluorophores and quenching chromophores are shortened (see “Experimental Procedures”). This is opposite to the expected fluorescence enhancement in lipid mixing, suggesting that there is no vesicle fusion along the evolution pathway of the preincorporation samples. At low P:L ratios (*i.e.* 1:90 and 1:120), neither ThT fluorescence nor lipid mixing activity was detected.

**Membrane-associated A $\beta$  Oligomers Form Peptide-Lipid Complexes Rapidly at a High P:L Ratio**—We have previously proposed the formation of A $\beta$ -lipid complexes in preincorporation samples with a P:L of  $\sim$ 1:30 (30). Experimentally, spherical oligomer species were observed by TEM with 4-h incubation (31), and solid-state NMR spectroscopy identified the parallel  $\beta$  sheet core and residue-specific lipid contact within the oligomers (30). To further investigate the fates of membrane-associated A $\beta$  oligomers at different P:L ratios, we perform solid-state NMR  $^{31}\text{P}$  static spectroscopy (Fig. 3A) and relaxation measurements (Fig. 3B). The data show that the isotropic  $^{31}\text{P}$  peak intensity increases significantly during the 4-h incubation period for the samples with high P:L ratios (*i.e.* 1:30 and 1:60), but samples with lower ratios have less change. Particularly the phospholipid bilayers seem to be unaffected at a P:L of  $\sim$ 1:120 within 4 h. The large isotropic  $^{31}\text{P}$  peak intensities for samples with a high P:L ratio decrease after 24-h incubation, but the isotropic peak intensities for low P:L ratio samples seem to slightly increase within the same incubation time. This suggests that, along with the formation of spherical oligomer species (within the first few hours based on previous TEM measurements (31)), at least a fraction of lipid molecules experience fast tumbling, which is different from the typical uniaxial rotation and wobbling motion of lipids in integrated bilayers. For samples with a high P:L ratio, this lipid motion was restricted after a long incubation period. In addition, the spin-spin relaxation ( $T_2$ ) time constants of  $^{31}\text{P}$  for samples with 1:30 and 1:60 P:L ratios decrease within the same period of incubation (*i.e.*  $\sim$ 4 h) but increase again to their initial values after 24 h. For lower P:L ratios such as 1:90 and 1:120, no obvious change in  $T_2$  is detected. Because the  $T_2$  constant is mainly influenced by low-frequency motion and therefore reflects the overall rigidity of membrane bilayers (42, 43), the result again suggests that, at a high P:L ratio, membranes are likely to be disrupted within a few hours.

Our previous solid-state NMR measurements suggested residue-specific contacts between A $\beta$  and lipids in the preincorporation sample with a P:L ratio of 1:30 (30). For instance, the residues Asp-23 and Leu-34 are detected to be in close proximity to the lipid phosphate headgroups. We performed confocal fluorescence imaging measurements to further study the locations of A $\beta$  and lipids in the external addition and preincorporation samples with different P:L ratios. All samples were prepared with a 48-h incubation period and therefore reflected the equilibrium states of the corresponding A $\beta$ -membrane system. Fig. 4A shows that, in the systems with fluorophore-labeled lipids, the external addition samples, at both 1:30 and 1:120 P:L ratios, contain only liposomes with mostly spherical morphology. Therefore, the externally added A $\beta$  did not induce disruption of the overall integrity of membranes at either a higher or lower P:L ratio. However, at the lower P:L ratio, there are a

## Membrane Disruption by $\beta$ -Amyloid Peptides

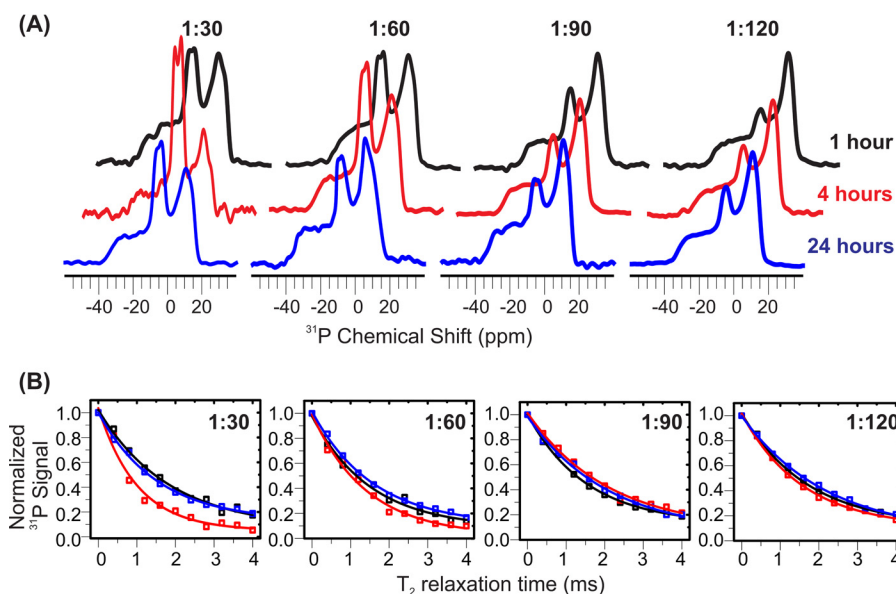


FIGURE 3.  $^{31}\text{P}$  solid-state NMR measurements for preincorporation  $\text{A}\beta$ -liposome samples. *A*, static  $^{31}\text{P}$  NMR spectra collected at 1- (black), 4- (red), and 24-h (blue) incubation times for samples with different P:L ratios. Isotropic peaks were observed at  $\sim 5$  ppm for the sample with P:L ratios of 1:30 and 1:60 but less significantly for samples with P:L ratios of 1:90 and 1:120. *B*, plots of  $^{31}\text{P}$   $T_2$  relaxation curves versus incubation time (1, 4, and 24 h). A faster relaxation rate was observed for 1:30 and 1:60 samples at a 4-h incubation period. All experimental data sets fit reasonably well to single exponential decay curves.

number of cases where fusion between individual vesicles is observed, resulting in non-spherical species. Detailed analysis of the liposome size suggests that the distribution of vesicle size in the external addition sample with a 1:120 P:L ratio is broader and that there are larger populations of vesicles with greater sizes compared with the 1:30 sample (as well as the control liposomes without peptides), indicating the presence of vesicle fusion. For the preincorporation samples, confocal fluorescence imaging experiments were performed on the double fluorophore-labeled system where the rhodamine B-labeled (red) lipids and rhodamine green-labeled  $\text{A}\beta$  were utilized. We observed co-localization of lipids and peptides within the amorphous aggregates (Fig. 4*B*) for P:L ratios 1:30 and 1:120. For the 1:30 preincorporation sample, there seems to be a larger population of amorphous aggregates and few spherical vesicles. For the 1:120 sample, the aggregates are smaller in size and less abundant, whereas the spherical vesicles are greater in population. At the 1:120 ratio, the spherical vesicles contain only lipids (red) but no peptide (green). The co-localization of lipids and peptides in aggregates illustrates the final fate of  $\text{A}\beta$  oligomers in preincorporation samples, *i.e.* they eventually disassociated from the bilayer by phospholipid uptake and therefore caused membrane disruption. This process is likely to happen at all P:L ratios that have been tested in this work. However, a higher P:L ratio accelerates the process.

**Residue-specific Peptide-to-Lipid Contact in the  $\text{A}\beta$ -Lipid Complex**—We have previously determined residue-specific contacts between lipid phosphate headgroups (*i.e.*  $^{31}\text{P}$ ) and residues Asp-23 and Leu-34 within the  $\text{A}\beta$ -lipid aggregates in the preincorporation sample with a P:L ratio of 1:30 using solid-state NMR rotational echo double-resonance (REDOR) spectroscopy (31). To perform more quantitative measurements, we synthesized four doubly labeled  $\text{A}\beta$  sequences. Within each sequence, one glycine and one non-glycine amino acid (*i.e.* Ala,

Val, or Leu) were  $^{13}\text{C}$  isotope-labeled at the carbonyl carbons. This design utilized the distinct  $^{13}\text{C}'$  (carbonyl carbon) chemical shifts between glycine and other residues. Based on the fluorescence imaging results on the same sample, peptides were only located in the aggregates. Therefore, the REDOR distances reflect the  $^{13}\text{C},^{31}\text{P}$  proximities within the aggregates. Fig. 5, *A–D*, plots the representative REDOR spectra with 17.8- and 23.8-ms mixing periods. The experimental REDOR buildup curves and the fitting of the experimental data to a theoretical  $^{13}\text{C},^{31}\text{P}$  two-spin system are shown in Fig. 5, *E–H*. Certain residues within the  $\text{A}\beta$  sequence have closer contacts (and therefore faster buildup curves) to lipid  $^{31}\text{P}$  than the others, indicating that there are specific  $\text{A}\beta$ -lipid binding sites within the complex and that the amorphous  $\text{A}\beta$ -lipid aggregates are composed of ordered  $\text{A}\beta$ -lipid complexes at the molecular level. This is consistent with the fact that the morphologies of aggregates observed in red (*i.e.* lipids) and green (*i.e.* peptides) channels in confocal imaging are similar. The residues Gly-25, Gly-29, Gly-33, and Val-36 showed relatively stronger  $^{31}\text{P}$  contacts and therefore shorter internuclear distances, whereas residues Gly-9, Val-12, Leu-17, and Ala-21 were farther away from  $^{31}\text{P}$ . Quantitative REDOR distance fitting showed that two residues, Gly-25 (with the best fit  $^{13}\text{C},^{31}\text{P}$  distance of  $6.3 \pm 0.2$  Å) and Val-36 (with the best fit  $^{13}\text{C},^{31}\text{P}$  distance of  $6.0 \pm 0.2$  Å), had particularly close contacts to  $^{31}\text{P}$ , which was consistent with our previous observations for residues Asp-23 and Leu-34. Fittings for residues Gly-33 ( $7.0 \pm 0.1$  Å) and Gly-29 ( $7.3 \pm 0.1$  Å) showed longer distances. It is worth noting that the fittings for Gly-25 and Val-36 were less perfect compared with Gly-33 and Gly-29 (with larger  $\chi^2_{\text{min}}$  values). It is possible that multiple lipid molecules are located closer to these residues so their REDOR data were more significantly deviated from an ideal two-spin system. We have also shown previously that  $\text{A}\beta$  peptides were likely to adopt a parallel in-register  $\beta$  sheet core



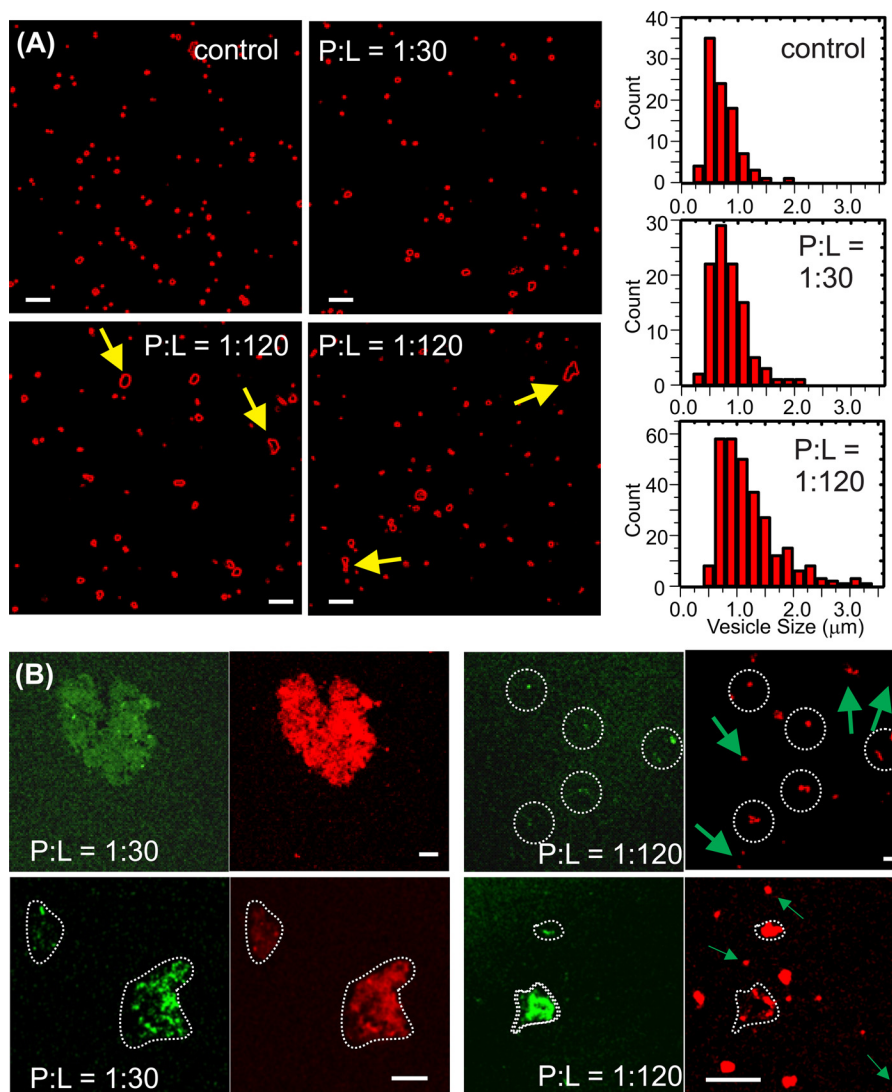


FIGURE 4. **Confocal fluorescence imaging for  $\beta$ -liposome samples.** *A*, representative confocal imaging for rhodamine B-labeled (red channel only) liposomes in the external addition giant unilamellar vesicle samples and the distribution of vesicle sizes after 48-h incubation. The histograms for the control (without peptide) and the sample with 1:30 P:L ratio and 1:120 P:L ratio are shown in the *top left*, *center left*, and *bottom left* panels, respectively. The *arrows* highlighted non-spherical species that indicate fusion between individual vesicles. *B*, representative confocal imaging for rhodamine B-labeled (red channel) liposomes and rhodamine green-labeled (green channel) 40-residue  $\beta$  peptides in the preincorporation large unilamellar vesicle samples with a P:L ratio of 1:30 (*left panels*) and 1:120 (*right panels*). The *white dotted contours* highlight the morphologies of aggregates, and the *arrows* highlight spherical vesicles only composed of lipids (lack of green channel signal at the same locations). *Scale bars* = 5  $\mu\text{m}$ .

structure in the  $\beta$ -lipid complex, which was similar to the  $\beta$  fibrils (31). This means residues Gly-25 and Val-36 are located far away from each other within one  $\beta$  molecule. Therefore, it is reasonable to conclude that there is more than one possible binding site on the  $\beta$  sequence for the lipid molecule.

*Membrane-associated  $\beta$  Oligomers Form Temporarily Stable Ionic Channels at a Low P:L Ratio*—Although the preincorporation samples from  $\beta$ -lipid complexes and aggregates at both P:L ratios 1:30 and 1:120, they behave differently within the first few hours of incubation according to our fluorescence and  $^{31}\text{P}$  NMR measurements. It has been suggested that  $\beta$  peptides form an ionic channel in the model liposomes that were prepared using similar preincorporation protocols and a P:L ratio around 1:120 (19, 21, 37). We prepared fresh preincorporation samples with this low P:L ratio and fused the  $\beta$ -oligomer-contained vesicles to the BLM deposited on a 200- $\mu\text{m}$  aperture within an electrophysiological chamber. Without the

addition of  $\beta$ -contained liposomes, the BLM is sufficiently stable. Electronic current induced by the  $\text{K}^+$  cation across the BLM bilayer, which indicates the opening and closing activities of ionic channels, was observed (Fig. 6A). Meanwhile, resistance across the planar BLM decreases and the noise level of the current trace increases continuously, suggesting the destabilization of membrane bilayer. Interestingly, when the same sample (the preincorporation sample with a P:L ratio of 1:120) was incubated at physiological temperature for 48 h, no obvious ionic channel activity was recorded. The planar BLM, however, still seems to be destabilized (Fig. 6B), as indicated by the resistance decreasing over time. In addition, a slow time scale oscillation of the electronic current trace was recorded, which might suggest membrane leakage through nonspecific interactions other than ion channels. When samples were freshly prepared with the P:L ratio of 1:30, the BLM seemed to be unaffected and was stable for a long time (Fig. 6C). Fluorescence imaging and

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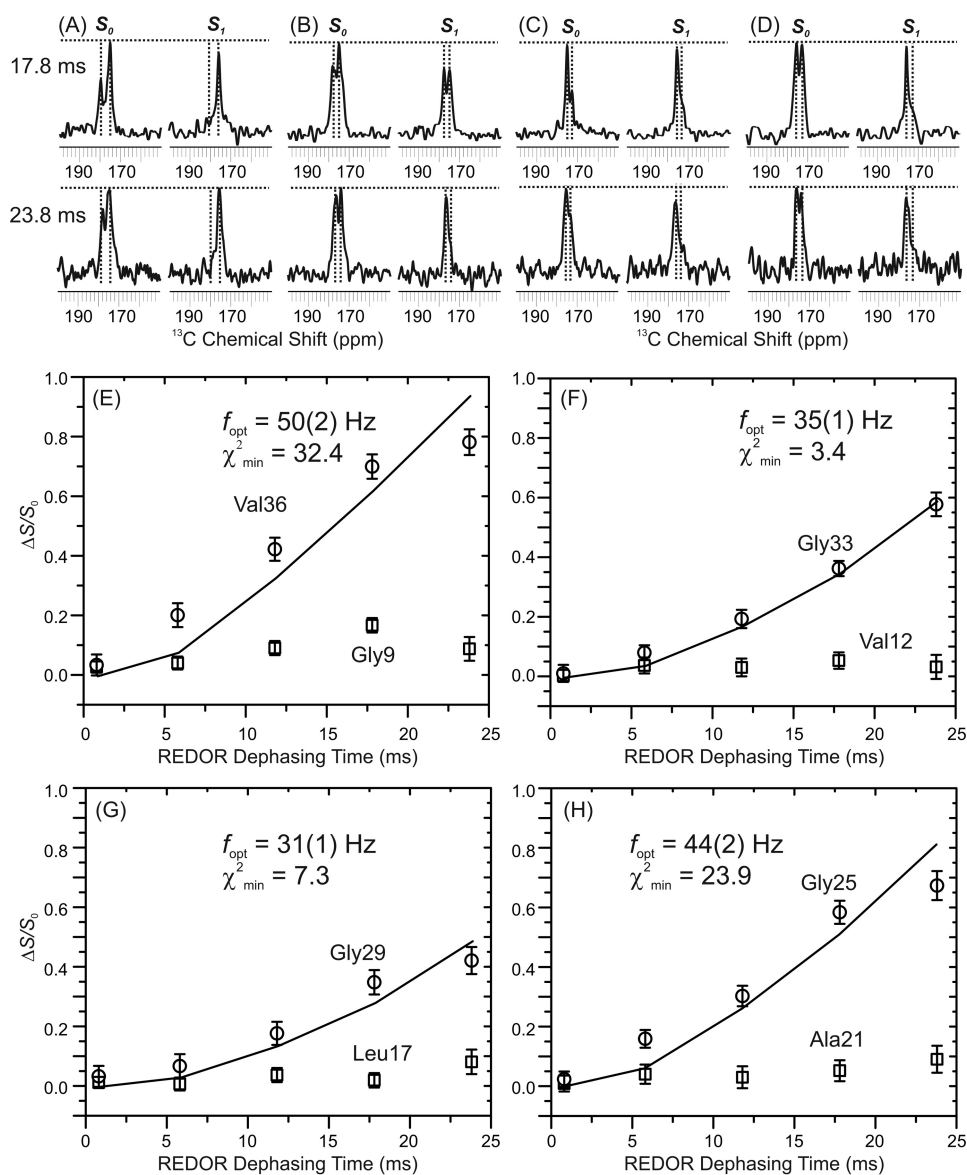
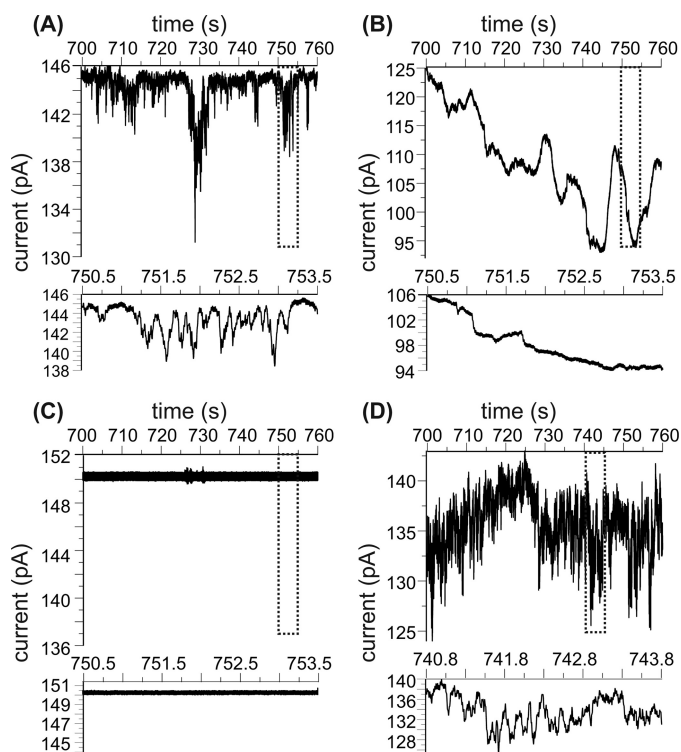


FIGURE 5. A–D,  $^{13}\text{C}$ ,  $^{31}\text{P}$  REDOR measurements on the preincorporation sample with a P:L ratio of 1:30. For each labeled sequence, pairs of representative  $S_0/S_1$  REDOR spectra at 17.8 and 23.8 ms dephasing times. Each spectrum shows a doublet where the right-side peak represents Gly C' and the left-side peak is from the C' of the second type of amino acid (i.e. Val/Leu/Ala). E–H, the experimental REDOR dephasing (i.e.  $\Delta S = (S_0 - S_1)/S_0$ ) was calculated by integrating over a 1-ppm range around the corresponding  $S_0$  and  $S_1$  peaks. Shown is fitting of the experimental  $\Delta S$  versus REDOR dephasing time to a single  $^{13}\text{C}$ ,  $^{31}\text{P}$  spin pair using SIMPSON. For each set of experimental data, the best fit  $^{13}\text{C}$ ,  $^{31}\text{P}$  dipolar coupling frequency ( $f_{\text{opt}}$ ) and the standard deviation ( $\chi^2_{\text{min}}$ ) are shown. The best fit  $^{13}\text{C}$ ,  $^{31}\text{P}$  distances ( $r$ ) were calculated using the relationship  $r = (12,250/f_{\text{opt}})^{1/3}$ .

previous TEM results showed that, at this high P:L ratio, the  $\text{A}\beta$  oligomers elute from the membrane bilayer, form a peptide-lipid complex rapidly, and form larger aggregates after the 48-h incubation period (30). These aggregates are likely to sediment in the electrophysiological chamber and will not fuse to the BLM bilayer. In addition, the chemically cross-linked  $\text{A}\beta$ -liposome system with a P:L ratio of 1:120 showed ionic channel activity after 48-h incubation (Fig. 6D). These findings suggest that the  $\text{A}\beta$  ionic channels could form within a short period time at relatively a low P:L ratio but may not be stable over time. Chemical cross-linking may help stabilize the ionic channel structures (19). Similar temporary cation-selected membrane pore formation for the membrane-associated 40-residue  $\text{A}\beta$  has been reported in a previous article where the monomeric peptide was added to preformed liposomes (40). The peptide

concentration ( $\sim 10 \mu\text{M}$ ) utilized in that work was approximately five times lower than our  $\text{A}\beta$  concentration, and the P:L ratio (1:500~1:1000) was also much lower. For this system, the authors proposed a two-step membrane disruption process that involved the formation of a membrane pore first, followed by the detergent-like lipid disruption. In fact, this seems to be similar to our current observation for the preincorporation sample with a P:L ratio of 1:120, which represents membrane interactions of  $\text{A}\beta$  oligomers. Although monomeric  $\text{A}\beta$  was added into preformed liposomes in the literature, it was shown that the peptide was probably in the nucleation step while interacting with membranes. Therefore, the initial  $\text{A}\beta$  oligomers were probably stabilized by excessive amount of lipids. This is different from our external addition samples, where the  $\text{A}\beta$  concentration was higher but there were less surrounding lip-





**FIGURE 6. Electronic current traces for the preincorporation samples.** Each panel contains a 1-min current trace that is  $\sim 10$  min after the data collection and a 3-s expanded region that highlights the signal. *A*, freshly prepared sample with a P:L ratio of 1:120. *B*, the same sample as in *A* but after 48-h incubation at 37 °C. *C*, cross-linked sample with a P:L ratio of 1:120 and after 48-h incubation at 37 °C. *D*, freshly prepared sample with a P:L ratio of 1:30.

ids. In our case, the  $A\beta$  peptides are more likely to have peptide-peptide interactions to form fibrils.

## Discussion

*Three Distinct  $A\beta$  Evolution Pathways in the Presence of the Membrane*—Three distinct membrane-associated  $A\beta$  evolution pathways are identified based on this as well as previous studies, and each individual pathway seems to result in membrane disruption differently. Elution of  $A\beta$  occurs after amyloid precursor protein cleavage (44). Whether the peptide aggregates before interacting with the membrane depends on the local  $A\beta$  concentration, which can be affected by a variety of factors, such as the efficiency of  $A\beta$  elution from the membrane and the clearance of existing  $A\beta$  aggregates. In addition, the critical concentration of aggregation for  $A\beta$  peptides may also vary in a broad range, from below 0.1  $\mu\text{M}$  to above 10  $\mu\text{M}$ , as determined previously using a number of techniques (45–48). Therefore, the interactions between  $A\beta$  and the membrane may start from a highly heterogeneous system that involves the co-existence of  $A\beta$  monomers and small and large oligomers. In this work, the external addition model systems contain largely unstructured  $A\beta$  at the initial stage of incubation (Fig. 2*A*), and the peptides are slowly absorbed by membrane. It is likely that it represents membrane interactions of  $A\beta$  monomers or small oligomers. On the other hand, the preincorporation model contains  $\beta$  strand-enriched  $A\beta$  constructs (Fig. 2*B*) that are initially bound to liposomes. Therefore, it mimics the interaction between large  $A\beta$  oligomers and membranes.

When monomeric or small oligomeric  $A\beta$  is exposed to phospholipid liposomes with a relatively high P:L ratio, the peptide forms amyloid fibrils (Fig. 7*A*). The whole process under physiological temperature and pH value takes several days, and it was previously traced by both TEM and ThT fluorescence (30). The ThT fluorescence was characterized by an initial slow enhancement, indicating the formation of a nucleus on the membrane surface, followed by a rapid increase in fibril elongation. Fig. 4*A* shows that there is no lipid involved in  $A\beta$  fibrils because no filament-like morphology was observed in the red channel. During the fibrillation process (*i.e.* 48 h after the initial incubation), the liposome is largely intact. However, the very beginning stage of nucleation is accompanied by membrane content leakage. Based on previous solid-state NMR  $^{31}\text{P}$  relaxation measurements, the overall membrane rigidity was reduced during the time period of membrane leakage, and this membrane disruption was less significant in the absence of negatively charged lipids or in the presence of cholesterol (31).

When the P:L ratio is relatively low, monomeric or small oligomeric  $A\beta$  will not form fibrils but induce lipid mixing and vesicle fusion (Fig. 7*A*). This was observed previously by a fluorescence lipid mixing assay and confirmed by the increment of vesicle size in confocal imaging (23). The peptide does not exist in the form of large  $\beta$  sheet-like oligomers at the fusion site because an increase of ThT fluorescence was not detected. We have shown previously that the same segments in the  $A\beta$  sequence were involved in both the initial fibrillation (*i.e.* peptide-peptide interaction) and vesicle fusion (*i.e.* peptide-lipid interaction) and therefore induced the competition between these two evolution pathways (23).

The interaction of preformed large  $A\beta$  oligomers with membrane bilayers takes a distinct pathway (Fig. 7*A*) because it does not lead to vesicle fusion. Meanwhile, it will not form long filament-like amyloid fibrils even after having been incubated for a long time. Previous TEM images have shown that the oligomers will finally form amorphous aggregates of spherical species and short and curvy protofilaments (30). We further show here that the aggregates are composed of both  $A\beta$  and lipids and that there is little  $A\beta$  remaining in the liposomes. However, the detailed elution process of  $A\beta$  oligomers from the membrane may depend on the P:L ratio, which defines the amount of lipids available to stabilize the oligomers. At a high P:L ratio (*e.g.* 1:30), the elution process occurs rapidly and results in the formation of a stable  $A\beta$ -lipid complex. This process is accompanied by further increments of oligomer size (increase of ThT fluorescence) and an overall decrease in membrane rigidity (decrease of the  $^{31}\text{P}$   $T_2$  constant). At this stage, we obtained the following structural features for the  $A\beta$ -lipid complex (31): previous chemical shift measurements on individual residues showed that Phe-19, Ala-21, Asp-23, Ala-30, and Leu-34 were in  $\beta$  strand conformation and that Ser-26, Lys-28, and Val-40 were in coil conformation. Residues Val-18, Ala-21, Ala-30, and Met-35 were in parallel-in-register  $\beta$  sheet conformation. The  $A\beta$  oligomer core had a similar structure as the  $A\beta$  fibril because close contacts were detected within residue pairs Asp-23/Lys-28 and Phe-19/Leu-34. Qualitatively, there were close contacts between lipid  $^{31}\text{P}$  and residues Asp-23 and Leu-34. Quantitatively, the  $^{13}\text{C}$ s of Gly-25 ( $6.5 \pm 0.2$  Å), Gly-29 ( $7.3 \pm$

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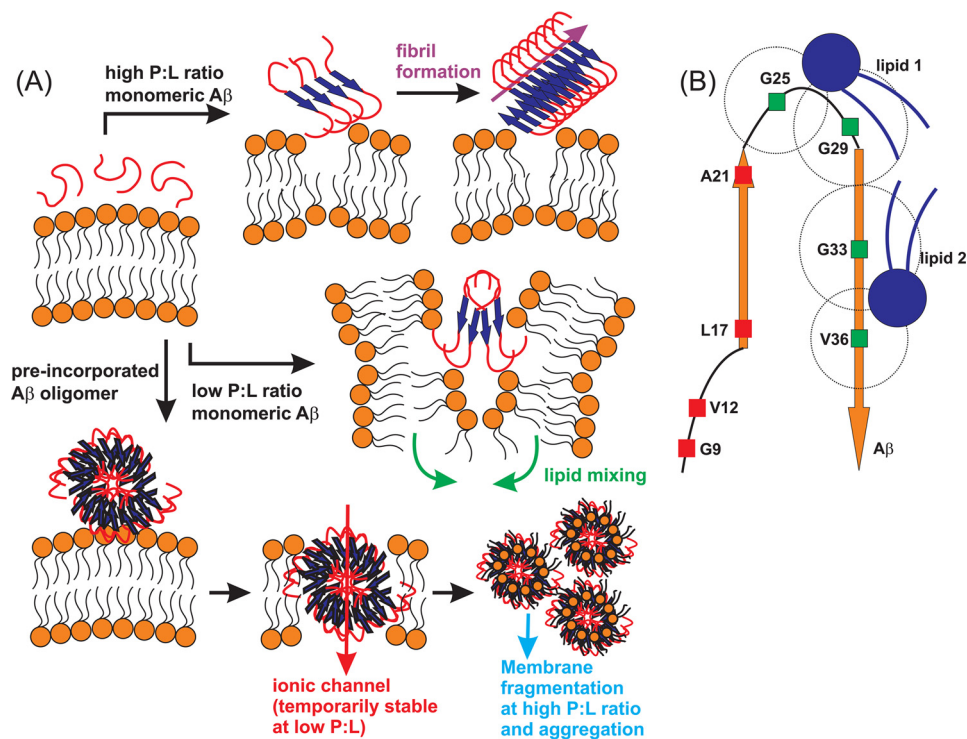


FIGURE 7. *A*, proposed membrane interaction pathways under different conditions of initial  $A\beta$  oligomeric states and P:L molar ratio. Fibrillation and vesicle fusion are induced by membrane interactions of monomeric or small oligomeric  $A\beta$  peptides. Membrane fragmentation and  $A\beta$ -lipid aggregates are induced by membrane interactions of preformed large  $A\beta$  oligomers, with the possibility of forming ionic channels. *B*, schematic of binding between  $A\beta$  and lipids in the  $A\beta$ -lipid aggregates based on solid-state NMR measurements. A possible binding model between  $A\beta$  and phospholipids, derived from solid-state NMR  $^{13}\text{C}$ ,  $^{31}\text{P}$  REDOR experiments. The best fit distances for four specific residues, Gly-25, Gly-29, Gly-33, and Val-36, are shown with *dashed circles*, which indicate the possible binding sites of phospholipids. At least two binding sites are required to fulfill the experimental results. The schematic is drawn in scale.

0.1 Å), Gly-33 ( $7.0 \pm 0.1$  Å), and Val-36 ( $6.2 \pm 0.2$  Å) are closer to  $^{31}\text{P}$ , and the N-terminal residues Gly-9 ( $> 10.0$  Å), Val-12 ( $> 10.0$  Å), Leu-17 ( $> 10.0$  Å), and Ala-21 ( $> 10.0$  Å) are farther away. A sketched model of binding between  $A\beta$  and lipid molecules that satisfies all these constraints is shown in Fig. 7*B*. Interestingly, the proposed structural model of  $A\beta$  oligomers in the ionic channel by molecular dynamics simulation showed similar features in terms of the  $A\beta$  core and possible lipid contacts (21, 49–51). At a low P:L ratio (e.g. 1:120), we observed the formation of  $\text{K}^+$  ionic channels with freshly prepared preincorporation samples, and the channel activity was stabilized with chemical cross-linking that stabilizes the membrane-contained oligomers. Therefore, it is possible that the channel activity disappears upon incubation because the  $A\beta$  oligomers eventually aggregate to form an  $A\beta$ -lipid complex. However, we do not rule out the possibility that the ionic channel may be stabilized with a higher molar ratio of lipids or changes in lipid composition.

It is worth noting that the three distinct pathways shown in Fig. 7 are predominant in particular model systems. The membrane-incorporated large  $A\beta$  oligomers do not form mature fibrils or induce membrane content leakage or lipid fusion. Meanwhile, monomeric or small oligomeric  $A\beta$  peptides do not seem to form an  $A\beta$ -lipid complex or other aggregates that involve co-localization of both peptides and lipids. In addition, the  $A\beta$  fibrils and the hydrophobic core of the  $A\beta$ -lipid complex are structurally different at a high-resolution level. Therefore, our model systems can be utilized to simplify the heterogeneous structural evolution of membrane-associated  $A\beta$

peptides. Along each pathway, liposomes are disrupted through distinct mechanisms, and, therefore, the high-resolution peptide-lipid interactions that cause the disruptions are expected to be different. Simplified model systems can minimize the complexity and facilitate future high-resolution studies along each pathway.

*Implications for the Cellular Toxicity of  $A\beta$* —Different  $A\beta$  constructs seem to possess different levels of cellular toxicity that are usually evaluated by cell viability assays upon incubation with these species. Typically, it is considered that oligomers have a higher toxicity level compared with either monomers or fibrils (1, 51–54). In addition, different high-resolution fibrillar structures might also possess variable levels of toxicity (32, 33, 55, 56). Cellular membrane disruption has been considered as a major mechanism for the neurotoxicity induced by amyloid peptides, including  $A\beta$ . Our results have the following implications. Cellular membranes can be disrupted through a variety of pathways that involve interactions between lipids and different  $A\beta$  species. This means one needs to be cautious when evaluating the relative cellular toxicity in two types of  $A\beta$  species. For instance, different  $A\beta$  sequences (*i.e.* wild-type *versus* mutants) may have distinct critical concentrations of aggregation (57). Therefore, they might be in different oligomer states when the same concentration is used, and this might affect the dominant membrane disruption pathways, as we have shown. Additionally, the P:L ratio is also critical for pathway selection. Therefore, to evaluate the relative cellular toxicity between the two  $A\beta$  species, it is important to quantify the lipid components in cells (2). Our results show that cellular membrane disruption

is a dynamic process that is accompanied by changes in  $A\beta$ . For example, the membrane content leakage occurs simultaneously with the nucleation process of  $A\beta$  fibrillation in external addition samples. For preincorporation samples, the changes in membrane overall rigidity is observed together with the increment of ThT fluorescence, which is an indication of the growth of the  $A\beta$  hydrophobic core. Therefore, cellular toxicity might be related to the dynamic properties of an  $A\beta$  species. It has been reported previously that the cellular toxicity of mature  $A\beta$  fibrils increases with ultrasound sonication (33, 56). This can be explained by the fact that the fibrillar ends are more dynamic for the short pieces (*i.e.* typically  $\sim 50$ – $100$  nm) than in long filaments. It is possible that the shrinkage and/or elongation processes induce cellular membrane disruption and therefore possesses a high cellular toxicity (3). Formation of ionic channels has been proposed as a universal mechanism for the cellular toxicity of amyloid peptides because the channel disrupts  $Ca^{2+}$  homeostasis across cellular membranes. We show that transient ion channel activities can be detected for the membrane-associated  $A\beta$  oligomers at relatively low P:L ratios. Using the same preincorporation protocols, aggregations of the  $A\beta$ -lipid complex form rapidly at a higher P:L ratio. Lowering the ratio seems to postpone the aggregation process. It is possible that the ionic channel shares similar structural features with the  $A\beta$ -lipid complex as an intermediate species along the aggregation process. In fact, we have shown, using NMR, that a number of structural results agreed with the computational model of ionic channels. In the future, it may be possible to stabilize the intermediate ionic channel constructs by chemical cross-linking and to perform NMR studies to characterize their high-resolution structures.

**Author Contributions**—W. Q. conceived and coordinated the study and wrote the paper. D. A. D. designed, performed, and analyzed the experiments shown in Figs. 1 and 2. K. D. performed and analyzed the experiments shown in Figs. 3 and 6. C. G. designed and helped with the experiments shown in Fig. 6. K. D., D. X., and H. D. designed, performed, and analyzed the experiments shown in Fig. 4. D. A. D., H. K., and Q. C. performed and analyzed the experiments shown in Fig. 5. All authors reviewed the results and approved the final version of the manuscript.

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