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## Progesterin Increases the Expression of Gonadotropins in Pituitaries of Male Zebrafish

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### Abstract

Our previous study showed that the *in vivo* positive effects of 17 $\alpha$ ,20 $\beta$ -dihydroxy-4-pregnen-3-one (DHP), the major progesterin in zebrafish, on early spermatogenesis was much stronger than the *ex vivo* ones, which may suggest an effect of DHP on the expression of gonadotropins. In our present study, we first observed that *fshb* and *lhb* mRNA levels in the pituitary of male adult zebrafish were greatly inhibited by 3 wk exposure to 10 nM estradiol (E<sub>2</sub>). However, an additional 24 hr 100 nM DHP exposure not only reversed the E<sub>2</sub>-induced inhibition, but also significantly increased the expression of *fshb* and *lhb* mRNA. These stimulatory effects were also observed in male adult fish without E<sub>2</sub> pretreatment, and a time course experiment showed that it took 24 hr for *fshb* and 12 hr for *lhb* to respond significantly. Because these stimulatory activities were partially antagonized by a nuclear progesterone receptor (Pgr) antagonist mifepristone, we generated a Pgr-knock out (*pgr*<sup>-/-</sup>) model using the TALEN technique. With and without DHP *in vivo* treatment, *fshb* and *lhb* mRNA levels of *pgr*<sup>-/-</sup> were significantly lower than those of *pgr*<sup>+/+</sup>. Furthermore, *ex vivo* treatment of pituitary fragments of *pgr*<sup>-/-</sup> with DHP stimulated *lhb*, but not *fshb* mRNA expression. Results from double-colored fluorescent *in situ* hybridization showed that *pgr* mRNA was expressed only in *fshb*-expressing cells. Taken together, our results indicated that DHP participated in the regulation of neuroendocrine control of reproduction in male zebrafish, and exerted a Pgr-mediated direct stimulatory effect on *fshb* mRNA at pituitary level.

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#### Declaration of interest

The authors declare that there is no conflict of interest that could be perceived as prejudicing the impartiality of the research reported.

#### Author contributions

CLW was involved in entire study. DTL performed TALEN synthesizing, mutation screen. WTC performed double-colored fluorescent *in situ* hybridization. WG, YZ and WSH supervised the project and prepared manuscript drafting. SXC conceived and supervised the project, analyzed results and wrote the paper.

## Keywords

17 $\alpha$ ,20 $\beta$ -dihydroxy-4-pregnen-3-one; Gonadotropin; Nuclear progesterone receptor; Zebrafish; Pituitary

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## Introduction

Gonadal steroid hormones play key roles in regulating gametogenesis, but they also exert both positive and negative feedback effects at the hypothalamic and pituitary levels. In tetrapod vertebrates, progesterone (P4) is the dominant ovarian progestin, which regulates reproductive behavior (Blaustein 1986) and exerts feedback effects on both pituitary gonadotropin secretion (Turgeon & Waring 1990, Waring & Turgeon 1992, Turgeon & Waring 2000) and hypothalamic gonadotropin-releasing hormone (GnRH) release (O'byrne *et al.* 1991, Skinner *et al.* 1998). 17 $\alpha$ ,20 $\beta$ -dihydroxy-4-pregnen-3-one (DHP) and 17 $\alpha$ ,20 $\beta$ , 21-trihydroxy-pregn-4-en-3-one (20 $\beta$ -S) are the most potent and biologically relevant progestins in teleosts (Scott *et al.* 2010). In male fish, progestins induce spermiation (Ueda *et al.* 1985), increase seminal fluid production (Baynes & Scott 1985), and stimulate spermatozoa motility (Miura *et al.* 1992, Tubbs & Thomas 2008). Studies in Japanese eel (*Anguilla japonica*) demonstrated that DHP induces the entry of male germ cells into meiosis (Miura *et al.* 2006). Our recent studies in zebrafish showed that DHP treatment increased proliferation and differentiation of early spermatogonial generation (Chen *et al.* 2013). Interestingly, the *in vivo* effect of DHP on spermatogonia was more prominent than that *ex vivo*. One likely mechanism is that the effects of DHP *in vivo* may involve both direct action at the testicular level and indirect modulation of pituitary gonadotropin release. Alternatively, *in vitro* incubation could also lead to dysregulation of many paracrine and autocrine signaling around testes that are important for DHP signaling.

In mammalian models, some studies reported no effect of progesterone on luteinizing hormone (LH) (Kerrigan *et al.* 1993, Park *et al.* 1996), while others using immortalized gonadotrope-derived L $\beta$ T2 cells (L beta T2 gonadotrope cell line, Turgeon *et al.* 1996) demonstrated that progesterone suppressed LH  $\beta$  subunit gene expression, in contrast to its stimulatory effect on the expression of follicle-stimulating hormone (FSH)  $\beta$  subunit (Thackray *et al.* 2006, Thackray *et al.* 2009). In teleosts, much progress has been made in understanding the regulation of the GnRH-Fsh/Lh system by androgens and 17 $\beta$ -estradiol (Zohar *et al.* 2010), but the potential roles of progestins in the neuroendocrine regulation of reproduction have received little attention. In female tilapia, DHP has been implicated in the regulation of Fsh and Lh release (Levavi-Sivan *et al.* 2006), but these DHP-mediated effects are considered to play a minor role in comparison to the dominant actions of androgen and 17 $\beta$ -estradiol (Van der Kraak 2009). Lack of information hinders an overall understanding of steroid hormones in regulating reproductive processes in teleosts.

The effects of progestins are mainly mediated through an intracellular nuclear progestin receptor (Pgr) that belongs to the nuclear receptor family (Conneely *et al.* 1986). In addition, multiple membrane progestin receptors (mPRs), which have no structural similarity to Pgr, also can mediate the non-classical action of progestin (Zhu *et al.* 2003, Hanna & Zhu 2011,

Tan & Thomas 2015). In zebrafish, the Pgr is expressed robustly in the preoptic region of the hypothalamus (Hanna *et al.* 2010), and membrane progesterin receptors (mPRs) in scattered cells in the pituitary (Hanna & Zhu 2009), suggesting potential roles of progestins in the brain-pituitary complex and the involvement of multiple progesterin receptors and signaling pathways.

Recently, we have clearly shown that Pgr knockout (*pgr*<sup>-/-</sup>) causes completely anovulation and infertility in female zebrafish, but male knockout fish is still fertile (Zhu *et al.* 2015). In current study, we focused on the effects and molecular mechanisms of progesterin (DHP) signaling in male zebrafish. We demonstrate that DHP can enhance expression of gonadotropins (*fshb* and *lhb* transcripts) in the pituitaries of male adult zebrafish, independently of estradiol (E<sub>2</sub>) inhibition. We also provide clear evidence from studies of Pgr antagonist, knockout and *in situ* to indicate that effects of progesterin (DHP), especially on *fshb* are mediated directly at least in part by Pgr that is expressed in Fsh expressing cells in the pituitary of male zebrafish.

## Materials and Methods

### Zebrafish husbandry

The experimental fish were Tübingen strain, which were housed in the zebrafish (*Danio rerio*) facility (ESSEN, China) and maintained in recirculating freshwater (pH 7.2–7.6) at 28°C with a 14L:10D photoperiod (lights on at 08:00). The fish were fed three times per day with commercial tropical fish food (Otohime B2, Reed Mariculture, CA, USA), using standard conditions for this species (Westerfield 2000). All the fish used were mature adult males (age 4–6 months, body length 2.4–2.8cm, body weight 275–440mg). Experimental protocols were approved by the Institutional Animal Care and Use Committee of Xiamen University.

### Generating and characterizing *pgr*<sup>-/-</sup> zebrafish using TALENs

Instead of using an unit assembly protocol and a modified FokI (Huang *et al.* 2011, Zhu *et al.* 2015), we used a Golden Gate TALEN assembly protocol and wildtype FokI (Cermak *et al.* 2011) to generate TALEN expression vectors targeting one the locus same as previous target (Zhu *et al.* 2015) located in the 1<sup>st</sup> exon (Fig. 1A) of the zebrafish *pgr* gene (Ensembl No. ENSDARG00000035966). Thereafter, assembled *pgr* GoldyTALEN expression vectors were linearized using *Sac*I (Thermo Scientific, USA), and transcribed into mRNAs using the Mmessage mMACHINE T3 Transcription Kit (Life Technologies, USA).

Approximately 1 nL containing ~75 pg of each TALEN mRNA was injected into the yolk of each embryo at the one-cell stage. For examining the mutation rate of the injected embryos, a pool of genomic DNA was extracted from 30 injected embryos or the same number of wild type (WT) embryos. With genomic DNA as template, a DNA fragment containing the TALEN target site was amplified using PCR (Table 1; Fig. 1A), followed by restriction endonuclease (*Pau*I; Thermo Scientific, USA) digestion, and checked with agarose gel electrophoresis. Area densities of cut and uncut bands on the gel were measured using the

Gel-Pro Analyzer Program (Media Cybernetics) (Fig. 1B), mutation efficiency being calculated as (%) = uncut/(cut + uncut) × 100%.

To obtain homozygous mutant zebrafish, adult (>90 dpf) F0 founder fish were outcrossed with WT fish. From each cross, a pool of genomic DNA was extracted from 30 randomly selected F1 embryos, and the status of the TALEN target site was analyzed via PCR amplification, and restriction enzyme digestion as described above. Based on the mutation efficiency, the remaining F1 embryos from F0 founder fish with high rates of germline transmission were raised to adulthood and were genotyped individually using tail fin-clip screening assay in order to obtain heterozygous F1. Based on the DNA sequence of the TALEN target sites, heterozygous F1 fish with the same frameshift mutation were intercrossed to produce F2 offspring (Fig. 1C). Homozygous Pgr-knockout ( $pgr^{-/-}$ ), heterozygotes ( $pgr^{+/-}$ ) and homozygous wild-type ( $pgr^{+/+}$ ) in F2 fish were identified via PCR amplification followed by restriction enzyme digestion analysis as described above (Fig. 1D).

In order to examine the *pgr* mRNA sequence in  $pgr^{-/-}$  male fish, cDNA was synthesized using a Revert Aid First Strand cDNA Synthesis Kit (Thermo Scientific, USA) from the total RNA extracted from pooled pituitary samples using RNazol reagent (MRC, Cincinnati, OH, USA). The specific PCR product was obtained using the Pgr-primers (Table 1), followed by cloning and Sanger sequencing.

In order to examine if Pgr protein was absent in  $pgr^{-/-}$  male fish, testicular samples of WT and  $pgr^{-/-}$  fish were collected for Western blot assay as described previously (Hanna *et al.* 2010). Total protein samples were extracted by immediately placing freshly excised testis into 1×SDS buffer, denatured by boiling for 5 min, and then cooled on ice. Equal amounts (60 µg) of protein samples were loaded and separated using a 12% SDS-PAGE gel and were transferred onto a PVDF membrane. The membrane was blocked in TBST containing 0.1% (v:v) tween-20 and 1% (w:v) bovine serum albumin for 1 hr at room temperature (RT), before the membrane was incubated with Pgr antibody (Hanna *et al.* 2010) for 24 hr at 4°C. After five washes with TBST, the membrane was incubated for 1 hr at RT with the horseradish peroxidase (HRP)-conjugated secondary antibody (1:1000, v:v). A Bio-Rad ECL kit was used to detect signals on the PVDF membrane. Protein size was determined by comparing blotted protein size to a biotinylated protein ladder (Cell Signaling Technology, #7727s, USA) following the manufacturer's directions.

### Expression of *fshb* and *lhb* mRNA during the diurnal cycle

To examine the expression of *fshb* and *lhb* mRNA levels in the pituitary during the diurnal cycle, mature WT male fish (>90 dpf) from the same batch were randomly chosen. Pituitary samples were collected every four hours starting at 10:00 until 06:00. Since maximum levels were found at 06:00, expression levels of WT and  $pgr^{-/-}$  fish were compared at 06:00. Three pituitaries were pooled as one sample for these mRNA quantification studies.

### *In vivo* exposure to sex steroids

Using a zebrafish model of estrogen-induced androgen insufficiency (De Waal *et al.* 2009), adult (>90 dpf) males were kept for 3 wk in water containing 10 nM estradiol (E<sub>2</sub>) (Sigma-

Aldrich, China). Fish were then exposed again to 10 nM E<sub>2</sub> either with or without 100 nM DHP (Sigma-Aldrich, China) for another 24 hr. From the same batch of male fish, animals without E<sub>2</sub> pretreatment were exposed to 100 nM DHP for 24 hr. Male fish were euthanized in ice water; pituitaries were collected (three pituitaries were pooled as one sample), frozen quickly in dry ice and stored at -80°C for RNA extraction.

For other *in vivo* exposure experiments, adult (>90 dpf) male fish were randomly divided into the control and DHP treatment groups. To determine an appropriate exposure concentration, fish were exposed to 10 or 100 nM DHP for 24 hr (starting at 13:00), while the control group was exposed to the vehicle (ethyl alcohol at a concentration of 0.0001%, v:v). For time course experiments, treatment groups were exposed to 100 nM DHP at 13:00, and pituitary samples were collected as described above at 16:00, 19:00, 01:00 and 13:00 to determine appropriate length of exposure time.

To study if the effects of DHP on *fshb* and *lhb* transcript levels were Pgr-dependent, male fish were exposed to DHP (100 nM) and Pgr specific antagonist (RU486, 0.1 or 1 μM) for 24 hr. An additional control group was exposed only to 1 μM RU486 for 24 hr. Moreover and, in addition, *pgr*<sup>-/-</sup> male fish were exposed to the vehicle (as control, 0.0001% ethyl alcohol, v:v) or DHP (100 nM) for a period of 24 hr. We also quantified the basal *fshb* and *lhb* mRNA levels in *pgr*<sup>+/+</sup> fish.

#### Pituitary *ex vivo* exposure to sex steroids

Pituitaries of mature male fish were removed, washed three times with Hank's balanced salt solution (without magnesium and calcium) in a 24-well plate (NEST, USA), and then incubated individually in basal culture medium consisting of 15mg/mL Leibovitz's L-15 medium (Invitrogen, USA), supplemented with 10 mM Hepes (Merck, Germany), 0.5% w/v BSA (MULT Sciences, China), 200 U/mL penicillin and 200 mg/L streptomycin (Invitrogen, USA); pH was adjusted to 7.4 with NaOH. Pituitary samples were incubated for 24 hr in basal culture medium containing either 100 nM DHP, or 0.0001% (v:v) ethyl alcohol as control. Incubation was carried out in a humidified air atmosphere at 28°C for 24 hr, and three pituitaries were pooled to obtain one sample for gene expression analysis.

#### Gene expression analysis

Total RNA was extracted from pituitary samples using RNAzol reagent (MRC, Cincinnati, OH, USA). Three pituitaries were pooled as one sample to obtain sufficient RNA for cDNA synthesis. The same amount of total RNA (1.0 μg) was used for the synthesis of the first strand cDNAs using a Revert Aid First Strand cDNA Synthesis Kit (Thermo Scientific, USA) following the manufacturer's instructions.

The relative expression levels of *fshb*, *lhb* and of the house-keeping-gene *efla* were determined using real-time quantitative PCR (qPCR) with gene-specific primers (Table 1), which had been examined for their specificity and amplification efficiency on serial dilutions of respective target gene plasmid DNA (2×10<sup>2</sup>–2×10<sup>7</sup> copies/2 μL). qPCR was performed in a 20 μL reaction mixture on the 7500 FAST real-time PCR detection system (Applied Biosystems, USA) using default settings. Copies of *efla*, which showed no significant difference among different stages, were used as internal control. The relative mRNA levels

of the target genes were determined using the comparative  $C_t$  method (Schmittgen & Livak 2008).

### Double-colored fluorescent in situ hybridization

The colocalization of *pgr* with either *fshb* or *lhb* mRNA in zebrafish pituitary was investigated using double-colored fluorescent in situ hybridization (FISH), as described previously (Chen & Ge 2012), except that cryosections were used. In brief, pituitaries of adult male zebrafish were dissected and fixed in 4% w/v paraformaldehyde in PBS at 4 °C overnight, followed by immersion in 25% w/v sucrose in PBS at 4 °C until sinking, and then embedded in optimal cutting compound (Tissue-Tek™, Sakura, USA) by freezing in liquid nitrogen. Embedded pituitaries were processed for serial frozen sectioning at 10µm thickness, rehydrated and digested with proteinase K (5 µg/mL; Roche Applied Science, Germany) at 37°C for 5 min, followed by hybridization with fluorescein labeled and DIG-labeled RNA probes at 55°C overnight. The probes for the detection of *fshb*, *lhb* and *pgr* mRNA were generated as described previously (Chen & Ge 2012, Chen *et al.* 2010). After hybridization, the cryosections were washed with 2×saline-sodium citrate (SSC; 0.06 M NaCl and 0.006 M sodium citrate) for 30 min at RT, 30% v/v formamide deionized in 2×SSC for 15 min at 65°C, 0.2×SSC for 15 min at 65°C, and 0.2×SSC for 15 min at RT. After washing, a TSA Plus Cyanine3/Fluorescein (TSA-Cy3) System (PerkinElmer, USA) was used to detect the hybridization signal. The first signal was detected using HRP-conjugated anti-fluorescein antibody (Roche Applied Science, Germany) with TSA Fluorescein following the manufacturer's instructions. In order to detect the second signal, cryosections were incubated in 1% H<sub>2</sub>O<sub>2</sub> for 60 min to deactivate the HRP from the first staining. HRP-conjugated anti-DIG antibody (Roche Applied Science, Germany) were added to the sections, followed by detection with the TSA-Cy3 system. After mounting with the medium for fluorescence reagent (Vector, USA), the slides were observed and the images recorded using a Zeiss LSM 780 NLO two photon laser scanning system (Zeiss, Germany).

### Statistical analysis

All data are presented as means ± standard error of the mean. Depending on the experimental setup, data were analyzed using either Student's *t*-test or one-way ANOVA followed by Tukey's post hoc test to assess statistical differences between two or more groups. The analyses were performed using the GraphPad Prism 4 software package (GraphPad Software, San Diego, CA).

## Results

### Generating the *pgr*<sup>-/-</sup> zebrafish model and knockout phenotype

Mutant lines targeting two different loci with three different frame shift mutations caused by small deletions and/or insertions of nucleotides in the 1<sup>st</sup> exon of *pgr* genomic sequences have been generated and characterized using a unit assembly protocol and modified FokI (for details, see Zhu *et al.* 2015). In current study, we targeted same locus as one of the previous targets (Fig. 1A) using a different TALEN assembly protocol and wildtype FokI (Cermak *et al.* 2011), and successfully generated a new knockout line with a different frame shift (7-bp deletion) and a premature stop codon (Fig. 1B–E). Pgr protein was undetectable

in the testes of *pgr*<sup>-/-</sup> fish (Fig. 1F). We found exact same anovulation and infertility in newly generated knockout female zebrafish, which validated our previous finding (Zhu *et al.* 2015). Similarly, we found that Pgr knockout had no obvious effect in male fertility. So this new Pgr line was chosen for the following experiments.

### **E<sub>2</sub> inhibited but DHP stimulated the expression of *fshb* and *lhb*, independently from E<sub>2</sub> inhibition**

Both *fshb* and *lhb* transcripts in the pituitaries of male zebrafish decreased significantly to 2 (*fshb*) or 20% (*lhb*) of the control after 3 wk of E<sub>2</sub> (10 nM) exposure (Fig. 2). In contrast, expression of the *fshb* and *lhb* transcripts in the pituitaries of male zebrafish increased significantly compared to the control when male fish were exposed to DHP both with or without E<sub>2</sub> (Fig. 2).

### **Dose and time dependent stimulatory effects of progestin on the expression of *fshb* and *lhb***

Because pituitary *fshb* and *lhb* transcript levels increased to similar levels in response to DHP irrespective of an E<sub>2</sub> pretreatment, the subsequent DHP exposure experiments were carried out without E<sub>2</sub> pretreatment.

Both *fshb* and *lhb* transcripts in the pituitaries of male fish increased significantly (5-fold for *fshb*, 7-fold for *lhb*) when fish were exposed to 100 nM DHP water for 24 hr; while 10 nM DHP exposure had no significant effects (Fig. 3A, B). The time course experiment indicated that significant increases of *fshb* and *lhb* transcript levels in response to DHP (100 nM) required at least 24hr and 12 hr exposure, respectively (Fig. 3C, D).

### **RU486 inhibited DHP induced expression of *fshb* and *lhb* in the pituitary**

Effects of a Pgr specific antagonist (RU486) were examined in order to determine if DHP-induced *fshb* and *lhb* expression was mediated through Pgr. RU486 alone, up to a concentration of 1  $\mu$ M, did not alter *fshb* and *lhb* expression levels (Fig. 4), but RU486 significantly inhibited the stimulatory effects of DHP on the expression of *fshb* and *lhb*, in a dose-dependent manner (Fig. 4).

### **Daily expression levels of *fshb* and *lhb* transcripts in the pituitary of *pgr*<sup>-/-</sup> male fish**

Expression of *fshb* and *lhb* mRNA showed distinct diurnal changes in WT male fish. Both transcripts of *fshb* and *lhb* were low in the late morning (10:00) after spawning and in the afternoon (14:00). The levels increased in the evening (18:00) and reached peak levels in early morning (06:00), two hours before the lights came on and the start of spawning activity (Fig. 5A, B). The highest transcript level of *fshb* was ~7.5-fold higher than the lowest one, while that of *lhb* was ~4.0-fold higher than the lowest one. Furthermore, we observed that there was no difference in *fshb* or *lhb* transcript levels between control WT male (i.e. not treated with TALENs) and *pgr*<sup>+/+</sup> male pituitaries collected at 06:00 (Fig. 5C, D). This excluded potential TALEN induced off-target effects on the site that might affect the reproductive system. In addition, the levels of *fshb* and *lhb* mRNA of *pgr*<sup>-/-</sup> male fish were significantly lower than those of WT and *pgr*<sup>+/+</sup> collected at 06:00 (Fig. 5C, D).

### Effects of DHP on the expression of *fshb* and *lhb* in *pgr*<sup>-/-</sup> male zebrafish

Surprisingly, we found that DHP still significantly increased the mRNA levels of *fshb* and *lhb* in *pgr*<sup>-/-</sup> fish, but the magnitudes of the increases were significantly lower than those observed in WT fish (Fig. 6A, B).

To examine whether DHP acts directly at the pituitary level to increase *fshb* and *lhb* mRNA levels, an *ex vivo* pituitary culture system was used. Both *fshb* and *lhb* transcripts increased significantly (~2-fold for *fshb*, ~2.5-fold for *lhb*) in the cultured pituitary tissue fragments of both WT and *pgr*<sup>+/+</sup> males exposed to 100 nM DHP for 24 hr (Fig. 7). Furthermore, compared to the *pgr*<sup>-/-</sup> control, there was a significant increase (~2-fold) of *lhb* transcript levels in pituitary fragments of *pgr*<sup>-/-</sup> fish following exposure to 100 nM DHP for 24 hr (Fig. 7B), while *fshb* transcript levels no longer responded to DHP in pituitaries of *pgr*<sup>-/-</sup> males (Fig. 7A).

### Pgr mRNA were expressed in *fshb*-expressing cells but not in *lhb*-expressing cells

Because the above results suggested that at least some part of DHP effects on gonadotropin hormone (GTH) expression were likely mediated by Pgr, we further investigated if *pgr* mRNA was expressed in gonadotropin cells for a direct action of DHP. Using double-colored FISH, which could detect the expression of two genes in the same section as reported previously (Chen & Ge 2012), we observed that the *fshb*-expressing cells scattered individually in the pituitary, whereas the *lhb*-expressing cells normally formed aggregates (Fig. 8A), which is consistent with a recent report (Golan *et al.* 2016). Because the expression level of *pgr* mRNA was much lower than those of *fshb* and *lhb* mRNA in the pituitary, the FISH signals of *pgr* mRNA were observed only in a few cells scattered individually (Fig. 8B–F). The FISH signal of *pgr* transcript was mostly observed in *fshb*-expressing cells (Fig. 8C–F), but none in *lhb*-expressing cells (Fig. 8B).

## Discussion

Gonadal steroids exert negative or positive feedbacks on gonadotropin synthesis and secretion in various vertebrates. In the present study, we investigated the potential roles of DHP in the regulation of gonadotropin transcription in adult male zebrafish using morphological, physiological and molecular approaches. The results showed that DHP was able to stimulate the transcription levels of both *fshb* and *lhb*. Importantly, using *pgr*<sup>-/-</sup> fish we demonstrated that the stimulatory effect of DHP on *fshb* mRNA was mediated by the Pgr which was expressed in *fshb*-expressing pituitary cells.

We first applied the long-term E<sub>2</sub> treatment model to examine the effects of DHP on gonadotropin subunit expression *in vivo*. Our results showed that DHP significantly increased gonadotropin subunit mRNA expression in the presence and absence of E<sub>2</sub>. This was different from that in mammalian models, in which many studies have shown that progesterone can suppress LH mRNA levels in the presence of estrogen (Abbot *et al.* 1988, Simard *et al.* 1988, Corbani *et al.* 1990). Therefore, it seemed that there was no interaction between DHP and E<sub>2</sub> in regulating GTH subunit expression in male zebrafish.



Extensive studies in goldfish have demonstrated that waterborne DHP is a pheromone which can increase LH, steroid and seminal fluid production (Stacey & Sorensen 1986, Dulka *et al.* 1987, Kobayashi *et al.* 2002). Because of the exposure via water in the present study, it is possible that DHP exerted its stimulatory effects as a pheromone. While the zebrafish ovary can produce steroid glucuronides, including 17,20 $\beta$ -P-glucuronide, which are attractive to males, 17,20 $\beta$ -P-glucuronide has never been tested as a sex pheromone in male zebrafish. However, 17,20 $\beta$ -P-sulphate is the only steroid that males appear to be able to smell (Belanger *et al.* 2010). Sex pheromones usually induce a rapid endocrine response at low concentrations (pM and low nM). For example, exposure of goldfish to 0.5 nM DHP increases serum LH levels after only 15 min (Dulka *et al.* 1987). However, in the present study, the significant response of *fs hb* and *lh b* to DHP exposure required 24 hr and 12 hr, respectively, reaching maximum levels after 24 hr exposure, and DHP induced the up-regulation of *fs hb* mRNA expression only at a high concentration (100 nM). Moreover, using the primary pituitary *ex vivo* culture system, we observed a stimulatory effect of DHP on GTH expression. Taken together, it was most likely that DHP-induced GTH up-regulation, especially *fs hb* mRNA expression, through an endocrine pathway.

Several studies in fish report that plasma LH levels are very low during the early spermatogenesis stage and become detectable when germ cells entered meiosis; however, the increase is not prominent until the spawning season (Schulz *et al.* 2010). Similarly, the highest levels of circulating progestins are observed during the entire spermiation process, especially during the spawning season (Schulz *et al.* 2010). One physiological mechanism to explain this coincidence is that LH induced the production of DHP (Schulz *et al.* 2010). Our previous study in zebrafish also demonstrates that recombinant zebrafish Lh induces DHP production *ex vivo* (Chen *et al.* 2010). Data from the present study showed that DHP had a positive feedback on *lh b* mRNA expression, which was in agreement with previous studies in female tilapia (Levavi-Sivan *et al.* 2006). These results might indicate that LH is the main factor regulating the production of the maturation-inducing hormone DHP.

An increase of *fs hb* mRNA levels during spermiation is recorded in several teleost species, which may be due to environment factors, i.e. temperature and photoperiod (Schulz *et al.* 2010). In the present study, we reported that DHP increased *fs hb* mRNA levels in male zebrafish. It is worth noting that this stimulatory effect required a high concentration of DHP (100 nM), which is supposed to happen during spawning. Therefore, we examined the diurnal changes of *fs hb* expression levels, and the results indicated that both *fs hb* and *lh b* transcripts reached peak levels at 06:00, 2 hours before spawning. Interestingly, a previous study in female zebrafish also reports an obvious elevation of *fs hb* expression at 01:00 and 04:00 before final oocyte maturation at 07:00 (So *et al.* 2005). Taken together, these results suggested that FSH may be involved in final gamete maturation, which is different from the current view that FSH in fish is involved in early gametogenesis, i.e. promoting the early stage of spermatogenesis in the testis, and stimulating follicle growth or vitellogenesis in the ovary. As a continuous daily breeder with an asynchronous spermatogenic cyst, it is most likely that zebrafish initiate the early stages of spermatogenesis at some time point every day. Results from our present study supported the suggestion from our previous study that DHP-induced early spermatogenesis is mainly mediated by triggering the release of gonadotropins (Chen *et al.* 2013). Recent studies in zebrafish indicate that FSH promotion of

proliferation and differentiation of spermatogonia does not require androgen, but can also be mediated by suppressing an inhibitor of spermatogenesis (Skaar *et al.* 2011), or by inducing a stimulator of spermatogenesis (Igf3) (Nóbrega *et al.* 2015). Moreover, the testes in *fshr*<sup>-/-</sup> males showed significant retardation in growth with delayed spermatogenesis and gonad formation, though male fertility did not seem to be affected (Zhang *et al.* 2015a). In contrast to significant effects and infertility due to LH knockout in female fish, male fertility was also apparently not affected in zebrafish (Zhang *et al.* 2015b, Chu *et al.* 2014). However, our present study clearly indicates expressions of *fshb* and *lhb* mRNA are regulated by feedback signaling of progesterin in zebrafish. Taken together, FSH, LH and progesterin are working in concert to appropriately regulate gonadal growth, puberty onset, daily recruitment and maturation of germ cells in male zebrafish. Clearly, additional studies are required to understand effects, regulation, and conserved functions of LH, FSH, progesterin, and their receptors during reproduction and evolution.

Three classes of progesterin receptors, i.e. Pgr, mPR and progesterone receptor membrane component (Pgrmc), are reported in vertebrates (Zhu *et al.* 2008, Thomas 2008). Previous reports and the present results showed that both Pgr and mPR are expressed in the zebrafish hypothalamus and pituitary (Chen *et al.* 2010, Hanna *et al.* 2010, Hanna & Zhu 2009), so that DHP may induce GTH expression via Pgr or/and mPRs. The results from present study showed that the Pgr antagonist RU486 partially blocked the stimulatory effects of DHP. Furthermore, using a pituitary *ex vivo* culture system, we did not observe any stimulatory effect of DHP on *fshb* expression in the *pgr*<sup>-/-</sup> model. Moreover, results from double-colored FISH showed that most of the FISH signals revealed by the *pgr* probe were observed in *fshb*-expressing cells, but not in *lhb*-expressing cells. Our results clearly indicated that DHP exerted a direct stimulatory effect on *fshb* mRNA expression which was mediated by Pgr at the pituitary level. In mammals, it has been demonstrated that the full suppressive effect of progesterone on *Lhb* gene expression requires the unique amino-terminal region of the Pgr, but this suppression does not require direct binding of Pgr to the *Lhb* promoter although it is recruited to the endogenous promoter in live cells (Thackray *et al.* 2009). In contrast, progesterone directly activates *Fshb* through binding of Pgr in the proximal FSH promoter (Thackray *et al.* 2006). The molecular mechanism of progestins on *fshb* gene expression is conserved in vertebrates during evolution. Further study is necessary to show whether other progesterin receptors are involved in mediating the stimulatory effect of DHP on *lhb* gene expression in fish.

Interestingly, DHP still caused up-regulation of GTH expression *in vivo* in *pgr*<sup>-/-</sup> male fish, suggesting that nonnuclear receptor mediated pathways in other brain regions, most likely in the hypothalamus, might be involved in the stimulatory effects of DHP on GTH. However, the relevant information is less documented in teleosts. In mammals, the molecular mechanisms of progesterone on GnRH were also unambiguous. Classic Pgr (Skinner *et al.* 1998), PAQR (Sleiter *et al.* 2009) and PGRMC1 (Bashour & Wray 2012) are suggested as the key players in mediating progesterone action on GnRH. Further research is needed to address the involvement of other progesterin receptors in mediating this effect.

In teleost fish, estrogenic compounds can inhibit androgen synthesis and prevent spermatogenesis (Van der Ven *et al.* 2003, Van den Belt *et al.* 2004, Pawlowski *et al.* 2004,

Van der Ven *et al.* 2007), but the mechanisms remain unclear. A study in zebrafish suggests that *in vivo* exposure to E<sub>2</sub> causes a state of androgen insufficiency, involving feedback mechanisms on the hypothalamus–pituitary system (De Waal *et al.* 2009). In the present study, we observed *in vivo* a clear inhibitory effect of E<sub>2</sub> on *fshb* and *lhb* mRNA levels, similar to what is described in the closely related goldfish (Kobayashi *et al.* 2000, Huggard-Nelson *et al.* 2002). However, direct estrogenic stimulation of pituitary cells elevates *fshb* and *lhb* transcript levels in zebrafish (Lin & Ge 2009). Therefore, we concluded that in zebrafish, long-term exposure to E<sub>2</sub> inhibited stimulatory or strengthened inhibitory signaling towards the pituitary gonadotropin cells, and these effects overruled the direct, stimulatory effects of E<sub>2</sub> on gonadotropin subunit expression.

In summary, the present study indicated that DHP played an important role in the regulation of gonadotropin production in the male zebrafish pituitary. It is likely that the effect of DHP on gonadotropin gene expression may have resulted from integration of multiple effectors acting on the hypothalamus, as well as the pituitary. In addition, Pgr was the main but not the only receptor type for mediating this effect. However, at the pituitary level, DHP exerted a Pgr mediated direct stimulatory effect on *fshb* mRNA. Despite this, *pgr*<sup>-/-</sup> male fish are fertile (Zhu *et al.* 2015), which is similar to a mice model (Schneider *et al.* 2005), and the biological significance of this stimulatory effect of DHP on gonadotropin gene expression remains to be clarified.

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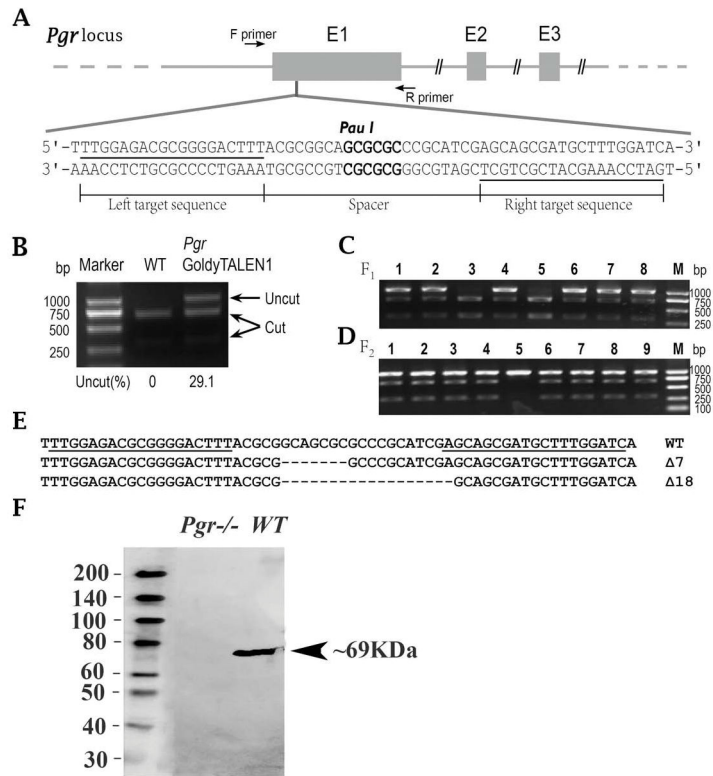


Figure 1.



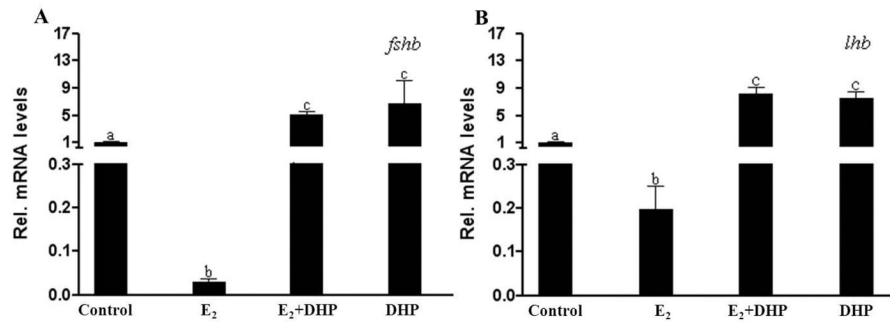


Figure 2.

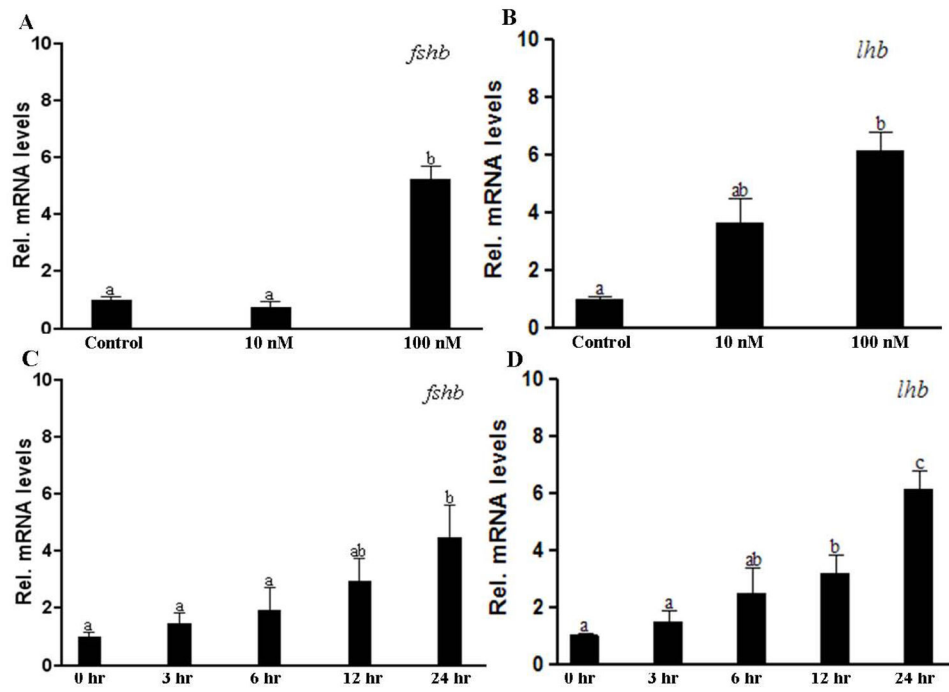


Figure 3.

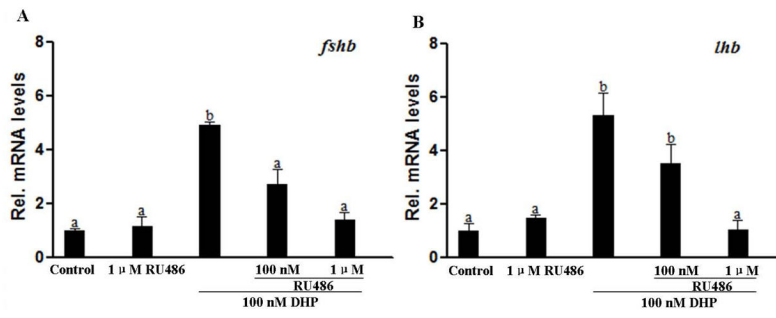


Figure 4.

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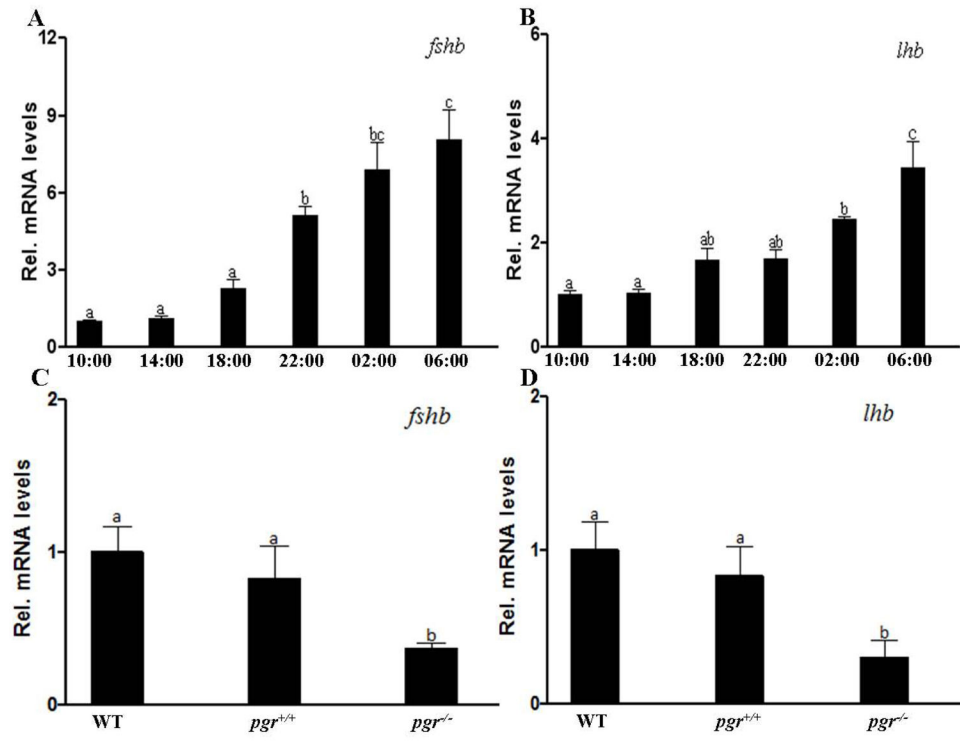


Figure 5.

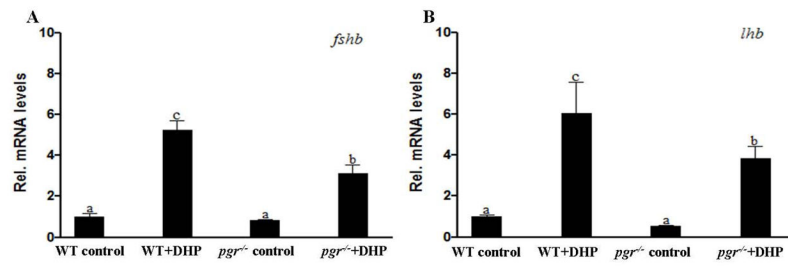


Figure 6.

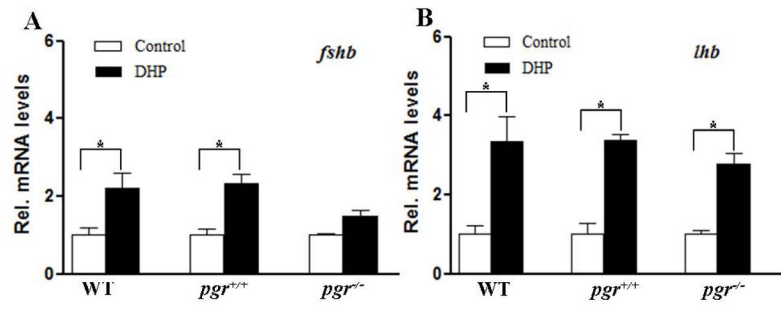


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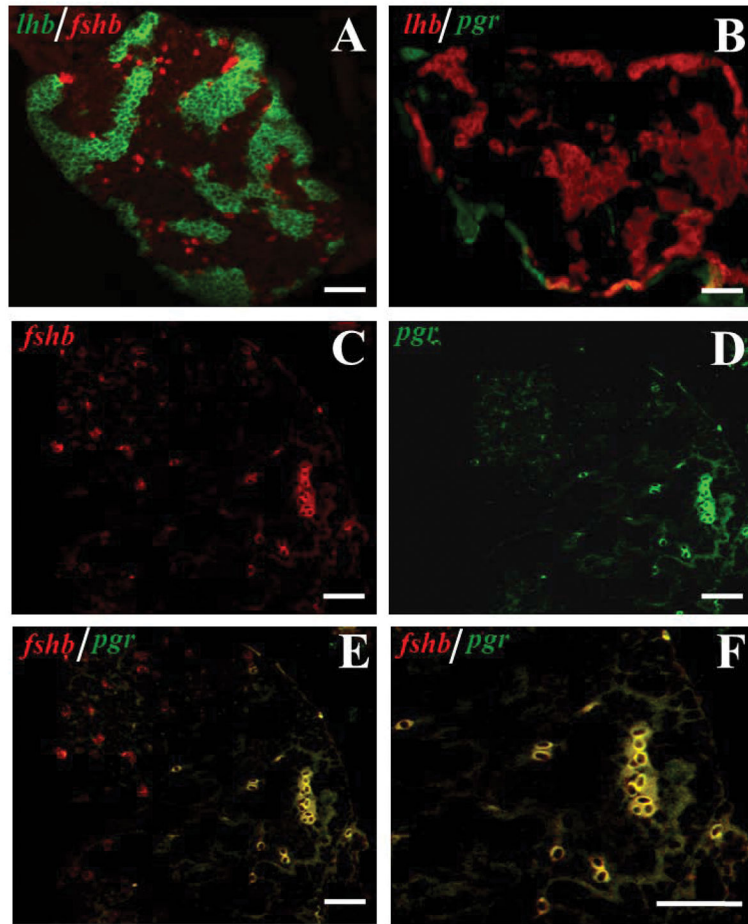


Figure 8.

Table 1

Primers used in present study

Primer name	Primer sequence (5'-3')	Expected size (bp)	GenBank accession number	Purpose
<i>pgr</i> -TALEN Forward	AGGAATACGTGCGACACTTT	965	Ensembl No. ENSDARG000000035966	Positive gene Knockout fish screening
<i>pgr</i> -TALEN Reverse	CGCCAATTTTAATTCGACCTC			
<i>pgr</i> -Forward	GGGTCTCGCTGCGTAAATTT	841	Ensembl No. ENSDARG000000035966	RT-PCR
<i>pgr</i> -Reverse	GCCTGGTAGCACTTTCGAAG			
<i>efl</i> <i>a</i> -Forward	GGCTGACTGTGCTGTGCTGATTG	409		Real-time PCR
<i>efl</i> <i>a</i> -Reverse	CTTGTGGTGGGACGGGCTAGG		BC064291	
<i>fishb</i> -Forward	CAGATGAGGATGCCGTGTGC	281	AY424303	Real-time PCR
<i>fishb</i> -Reverse	ACCCCTGCAGGACAGCC			
<i>lhb</i> -Forward	GCAGAGACACTTACAACAGCC	145	AY424304/AY424305	Real-time PCR
<i>lhb</i> -Reverse	AAAAACCAAGCTCTGAGCAGCC			