

Epigenetic modification of *OXT* and human sociability

Brian W. Haas^{a,b,1}, Megan M. Filkowski^a, R. Nick Cochran^a, Lydia Denison^c, Alexandra Ishak^d, Shota Nishitani^{c,e}, and Alicia K. Smith^c

^aDepartment of Psychology, University of Georgia, Athens, GA 30602; ^bInterdisciplinary Neuroscience Graduate Program, University of Georgia, Athens, GA 30602; ^cDepartment of Psychiatry and Behavioral Sciences, Emory University School of Medicine, Atlanta, GA 30322; ^dCenter for Interdisciplinary Brain Sciences Research, Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine, Stanford, CA 94305; and ^eDepartment of Neurobiology and Behavior, Unit of Basic Medical Sciences, Course of Medical and Dental Sciences, Nagasaki University, Graduate School of Biomedical Sciences, 1-12-4 Sakamoto, Nagasaki 852-8523, Japan

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Across many mammalian species there exist genetic and biological systems that facilitate the tendency to be social. Oxytocin is a neuropeptide involved in social-approach behaviors in humans and others mammals. Although there exists a large, mounting body of evidence showing that oxytocin signaling genes are associated with human sociability, very little is currently known regarding the way the structural gene for oxytocin (*OXT*) confers individual differences in human sociability. In this study, we undertook a comprehensive approach to investigate the association between epigenetic modification of *OXT* via DNA methylation, and overt measures of social processing, including self-report, behavior, and brain function and structure. Genetic data were collected via saliva samples and analyzed to target and quantify DNA methylation across the promoter region of *OXT*. We observed a consistent pattern of results across sociability measures. People that exhibit lower *OXT* DNA methylation (presumably linked to higher *OXT* expression) display more secure attachment styles, improved ability to recognize emotional facial expressions, greater superior temporal sulcus activity during two social-cognitive functional MRI tasks, and larger fusiform gyrus gray matter volume than people that exhibit higher *OXT* DNA methylation. These findings provide empirical evidence that epigenetic modification of *OXT* is linked to several overt measures of sociability in humans and serve to advance progress in translational social neuroscience research toward a better understanding of the evolutionary and genetic basis of normal and abnormal human sociability.

epigenetics | oxytocin | *OXT* | sociability | social cognition

Sociability is a central feature of the human species. Through one perspective, the complex array of human social-cognition and behavior serves to differentiate humans from other animals. However, there exist several core elemental components of the human sociobiological system that are present across many animal species, which may have remained relatively conserved throughout recent evolutionary history (1). Elucidating the genetic and biological substrates of social behavior serves to advance the way basic human nature is understood and improves the way genetic and biological markers can be used to prevent, diagnose, and treat people with impairments in social cognition and behavior.

Oxytocin is a neurohypophysial peptide synthesized in the hypothalamus in the brain, linked to a wide range of social behaviors in humans and other mammals. Administration of oxytocin in humans is associated with changes in social-approach behaviors, such as trust (2) and personal proximity (3). This evidence has motivated the search for genes within the oxytocin system that confer individual differences in social behavior and cognition. A burgeoning body of evidence highlights the role of several key genes within the oxytocin signaling pathway linked to sociability, including the oxytocin receptor gene (*OXTR*), *CD38*, and the structural gene for oxytocin (*OXT*) (4). Although mounting data strongly support the role of *OXTR* in the phenotypic expression of sociability in humans (5, 6) and animals (7), the roles of other oxytocin pathway genes has received relatively little attention. As

such, the role that *OXT* plays in the expression of sociability in humans is currently unknown.

As with all neurotransmitter and neurohypophysial systems, there exist a host of genes that influence the performance of specific nodes within the oxytocin system (4). One gene that influences the oxytocin signaling pathway is *OXT*. *OXT* is located on chromosome 20p13 and codes for a precursor protein that is synthesized to produce oxytocin and neurophysin I (8, 9). *OXT* knockout mice (*Oxt*^{-/-}) show aberrations in social behavior (10, 11). In humans, single nucleotide polymorphisms of *OXT* are associated with maternal bonding (12, 13) and psychiatric conditions, including autism (14, 15) and schizophrenia (16, 17). Although *OXT* is an important gene within the oxytocin system, there currently exists a scant amount of empirical evidence linking *OXT* with human sociability. Furthermore, it is currently unknown how epigenetic modification of *OXT* may influence the social brain and ultimately may confer individual differences in sociability in humans.

The function, and ultimately the end products, of genes are influenced by many endogenous and exogenous factors. DNA methylation is one epigenetic factor that affects the expression and function of genes. DNA methylation occurs when a methyl group forms a covalent attachment with the 5' carbon of cytosine in the context of a cytosine phosphodiester guanine (CpG) dinucleotide, commonly called a CpG site. DNA methylation regulates gene expression by influencing the recruitment and binding of regulatory protein to DNA. Typically, an increase in DNA methylation is associated with a decrease in expression of that gene (18). Recent breakthroughs in cross-disciplinary research approaches show that epigenetic modification of *OXTR*, via DNA methylation, is associated with human social behavior and brain activity during social-cognitive processing (6, 19, 20). However, unlike genetic studies, epigenetic modifications are tissue-specific, prompting most studies of brain function to rely on DNA extracted from the proxy

Significance

Elucidating the genetic and biological substrates of social behavior serves to advance the way basic human nature is understood and improves the way genetic and biological markers can be used to prevent, diagnose, and treat people with impairments in social cognition and behavior. This study shows that epigenetic modification of the structural gene for oxytocin (*OXT*) is an important factor associated with individual differences in social processing, including self-report, behavior, and brain function and structure in humans.

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¹To whom correspondence should be addressed. Email: bhaas@uga.edu.

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tissues. A recent study demonstrated that methylation of DNA extracted from saliva is more similar to the methylation patterns observed in brain tissues than those observed in blood (21). Thus, saliva may be a good proxy tissue for methylation studies of brain-based traits, such as sociability.

Here, we report on the results of a comprehensive investigation of the association between epigenetic modification of *OXT* and sociability in humans. Genetic, behavioral, and functional and structural neuroimaging data were collected from 121 healthy participants. Genetic data were collected via saliva samples and analyzed to target and quantify DNA methylation across the promoter region of *OXT* (Fig. 1 and Fig. S1). Based on prior evidence associating oxytocin with social bonding and attachment style (22), we measured individual differences in anxious and avoidant attachment style via self-report. Based on evidence associating oxytocin with emotional face processing (23), we measured individual differences in emotion recognition using a dynamic emotional face-recognition task. For functional neuroimaging (fMRI), we collected fMRI data while participants completed two social-cognitive tasks designed to engage neural activity within the mentalizing, empathy/theory of the mind network (emotional perspective-taking and emotion attribution tasks) (24). Finally, we collected structural MRI data and performed a whole-brain, voxel-based analysis designed to test for the association between DNA methylation of *OXT* and individual differences in regional gray matter volume. The overarching hypothesis for this body of research was that reduced DNA methylation of *OXT* (presumably yielding higher *OXT* expression) is associated with a greater amount of overt measures of human sociability.

Results

Genetic, behavioral, and neuroimaging data were collected from a sample of healthy participants within the surrounding community in Athens, Georgia (Table S1). Statistical analyses were performed to test for associations between *OXT* DNA methylation values and self-reported attachment style, recognition of dynamic emotional facial expressions, brain activity during two social-cognitive tasks (Fig. S2), and regional gray matter volume.

Attachment Style. Regression analysis revealed a significant association between DNA methylation of *OXT* and self-reported anxious attachment style [$R^2 = 0.06$, $t(1, 128) = 2.83$, $P = 0.005$, two-tailed] (Fig. 2A). Greater *OXT* DNA methylation was associated with higher anxious attachment-style scores ($r = 0.24$).

People exhibiting greater DNA methylation of *OXT* report higher levels of anxious attachment style (i.e., insecure attachment). The association between DNA methylation of *OXT* and anxious attachment style remained statistically significant when participant's sex and age were entered as covariates ($P = 0.006$). *OXT* methylation and avoidant attachment style were not significantly associated [$r = 0.03$, $t(1, 128) = 0.38$, $P = 0.71$].

Emotion Recognition. For the dynamic facial emotion-recognition task, we observed that greater *OXT* DNA methylation was associated with lower emotion recognition accuracy [$r = -0.21$, $t(1, 127) = 2.41$, $P = 0.017$, two-tailed] (Fig. 2B). People exhibiting greater DNA methylation of *OXT* tended to be less accurate when categorizing emotional facial expressions. The association between *OXT* DNA methylation and emotion recognition accuracy remained statistically significant when participant's sex and age were entered as covariates ($P = 0.014$). Because we observed a significant effect for accuracy across all emotion categories, we also tested for associations between *OXT* DNA methylation and accuracy within each emotion expression category (happy, angry, sad, and fearful). We observed that greater *OXT* DNA methylation was associated with lower emotion recognition accuracy for angry ($r = -0.21$, $P = 0.019$) and sad ($r = -0.20$, $P = 0.027$) facial expressions, but not for happy ($P = 0.91$) or fearful ($P = 0.95$) facial expressions. The association between *OXT* DNA methylation and reaction time during the task was not statistically significant ($P = 0.36$).

Functional Neuroimaging. We tested for an association between *OXT* DNA methylation and brain activity during two social-cognitive tasks (Fig. S2). The emotional perspective-taking task engages the ability to think about views and feelings of other people within a social scene. For emotional perspective-taking, we contrasted blood-oxygen level-dependent (BOLD) response while participants performed the emotional perspective-taking condition to BOLD response collected during the shape-matching condition. Whole-brain regression analysis revealed that greater *OXT* DNA methylation values were associated with reduced right superior temporal sulcus (STS) activity during emotional perspective-taking [$k = 407$; peak voxel: Montreal Neurological Institute (MNI): 48, -38, 4; $t = 4.59$, $P < 0.001$] (Fig. 3A). People exhibiting greater DNA methylation of *OXT* show reduced STS activity while emotional perspective-taking. The association between *OXT* DNA methylation and right STS activity remained statistically significant when the participant's sex and age were entered as covariates ($P < 0.001$).

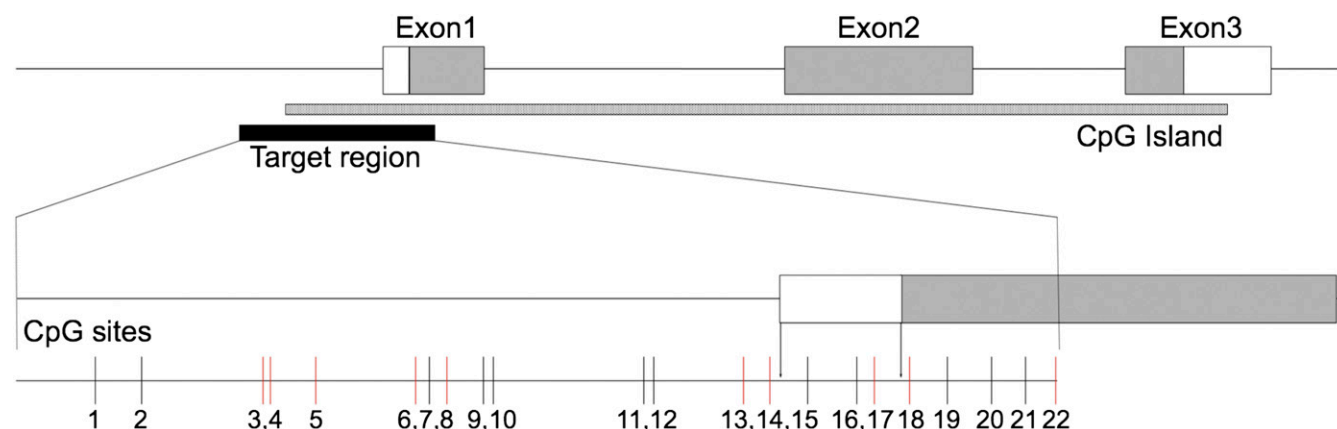


Fig. 1. Gene structure of *OXT* (chr20:3,052,266–3,053,162; hg19). The location of the nine CpG sites in this study indicated in red were analyzed, whereas those indicated in black were not uniquely discriminated in the spectra or had low call rates. Assayed CpG sites correspond to the following genomic positions: chr20:3052043/3052058 (CpG1,2), chr20:3052098/3052100 (CpG3,4), chr20:3052115 (CpG5), chr20:3052147 (CpG6), chr20:3052151 (CpG7), chr20:3052157 (CpG8), chr20:3052169/3052172 (CpG9,10), chr20:3052221 (CpG11), chr20:3052224 (CpG12), chr20:3052253 (CpG13), chr20:3052262 (CpG14), chr20:3052274 (CpG15), chr20:3052290 (CpG16), chr20:3052296 (CpG17), chr20:3052307 (CpG18), chr20:3052319/3052334/3052345 (CpG19,20,21), chr20:3052355 (CpG22).

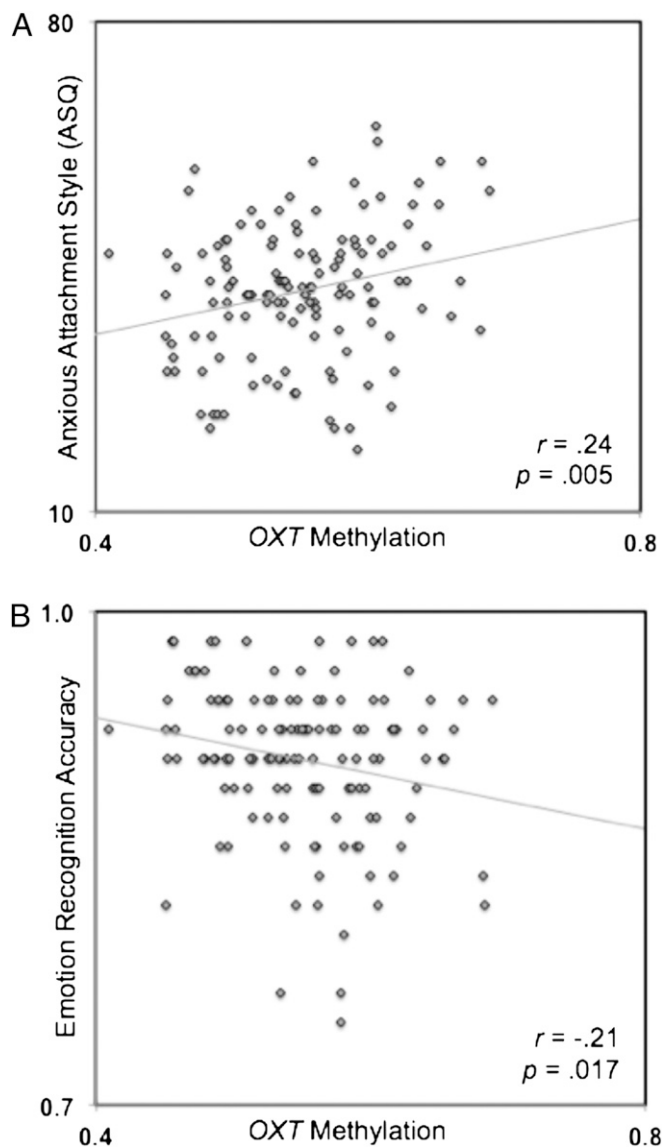


Fig. 2. Scatterplot displaying the association between *OXT* DNA methylation and ASQ (A) and emotion-recognition accuracy (B).

Analyses testing for sex differences and a Sex \times Methylation interaction effect on right STS activity were not significant. Next, we tested for an association between greater *OXT* DNA methylation values and larger contrast values between emotional perspective-taking and shape matching. No clusters of increased brain activity were found to be associated with greater *OXT* DNA methylation (i.e., positive correlation). *OXT* DNA methylation was not associated with accuracy ($P = 0.32$) or reaction time ($P = 0.22$) during the emotion perspective-taking task.

The emotion attribution task engages the ability to think about the reason why another person is emotionally reacting. For emotion attribution, we contrasted BOLD response collected while participants performed the emotion attribution condition to BOLD response collected during the gender-matching condition. Whole-brain regression analysis revealed that greater *OXT* DNA methylation values were associated with reduced right STS ($k = 60$; MNI: 42, -60, 2; $t = 3.03$, $P = 0.002$), right fusiform gyrus/middle occipital gyrus (Fus/MOG) ($k = 106$; MNI: 40, -60, -10; $t = 3.26$, $P = 0.001$), right inferior frontal gyrus (IFG) ($k = 92$; MNI: 58, 26, 24; $t = 3.23$, $P = 0.001$) and left

fusiform (Fus) activity ($k = 101$; MNI: -26, -72, -8; $t = 3.04$, $P = 0.001$) (Fig. 3B). The association between *OXT* DNA methylation and right STS, Fus/MOG, IFG, and left Fus activity remained statistically significant when participant's sex and age were entered as covariates ($P < 0.005$). Analyses testing for sex differences and a Sex \times Methylation interaction effect on right STS, Fus/MOG, IFG, and left Fus activity were not significant. Next, we tested for an association between greater *OXT* DNA methylation values and larger contrast values between emotion attribution and gender matching. No clusters of increased brain activity were found to be associated with greater *OXT* DNA methylation during the emotion attribution task (i.e., positive correlation). *OXT* DNA methylation was not associated with accuracy ($P = 0.28$) or reaction time ($P = 0.86$) during the emotion attribution task.

Structural Neuroimaging. We performed a whole-brain analysis with *OXT* DNA methylation values entered as the predictor variable and gray matter volume as criterion variable, while total brain volume, sex, and age were entered as covariates using the VBM8 toolbox (www.fil.ion.ucl.ac.uk/spm/software/spm8/) in SPM8. The results of this analysis demonstrated that greater *OXT* DNA methylation values were associated with reduced gray matter volume within the right fusiform gyrus (Fus) ($k = 354$; MNI: 48, -57, -14; $t = 4.44$, $P < 0.0005$) (Fig. 4) (i.e., negative correlation). Analyses testing for sex differences and a Sex \times Methylation interaction effect on right Fus gray matter volume were not significant. Next, we tested for an association between greater *OXT* DNA methylation values and increased gray matter volume. Greater *OXT* methylation values were not associated with increased gray matter volume in any brain regions (i.e., positive correlation). *OXT* DNA methylation values were not associated with total brain ($P = 0.23$), gray matter ($P = 0.42$), or white matter ($P = 0.45$) volume.

Discussion

Across several different metrics, including self-report, behavior, and the function and structure of the brain, we observed that epigenetic modification of *OXT*, via DNA methylation, is associated with individual differences in human sociability. We found that greater *OXT* DNA methylation, presumably linked to lower *OXT* expression, is associated with less-secure self-reported attachment (greater anxious attachment) and a reduced ability to recognize emotional facial expressions. Within the brain, we observed that greater *OXT* DNA methylation is associated with reduced neural activity within brain regions important for social-cognitive functioning, including the STS, fusiform gyrus, and IFG. Finally, we observed that greater *OXT* DNA methylation is associated with reduced gray matter volume within the right fusiform gyrus, a brain region important for face processing and social-cognition. Combined, these findings provide empirical, cross-modal evidence that *OXT* is a gene linked to human sociability and that epigenetic modification of *OXT* confers individual differences in human sociability.

These findings provide strong support that oxytocin pathway genes regulate the expression of social behavioral phenotypes in humans and other mammals. *OXT* is one gene among several that influences the oxytocin signaling pathway (4). *OXT* codes for a precursor protein synthesized to produce oxytocin and neurophysin I (8, 9). Neurophysin I is the carrier protein for oxytocin. The findings from this study are in accordance with animal studies demonstrating aberrations in social behavior in *OXT* knockout mice (11, 25). For example, Ferguson et al. (10) showed that *OXT* knockout mice fail to develop social memory and Winslow et al. (26) showed that *OXT* knockout mice exhibit reduced infant vocalizations and abnormal aggressive and fearful behavior. In humans, there is sparse evidence that single nucleotide polymorphisms of *OXT* are associated with social behavior,

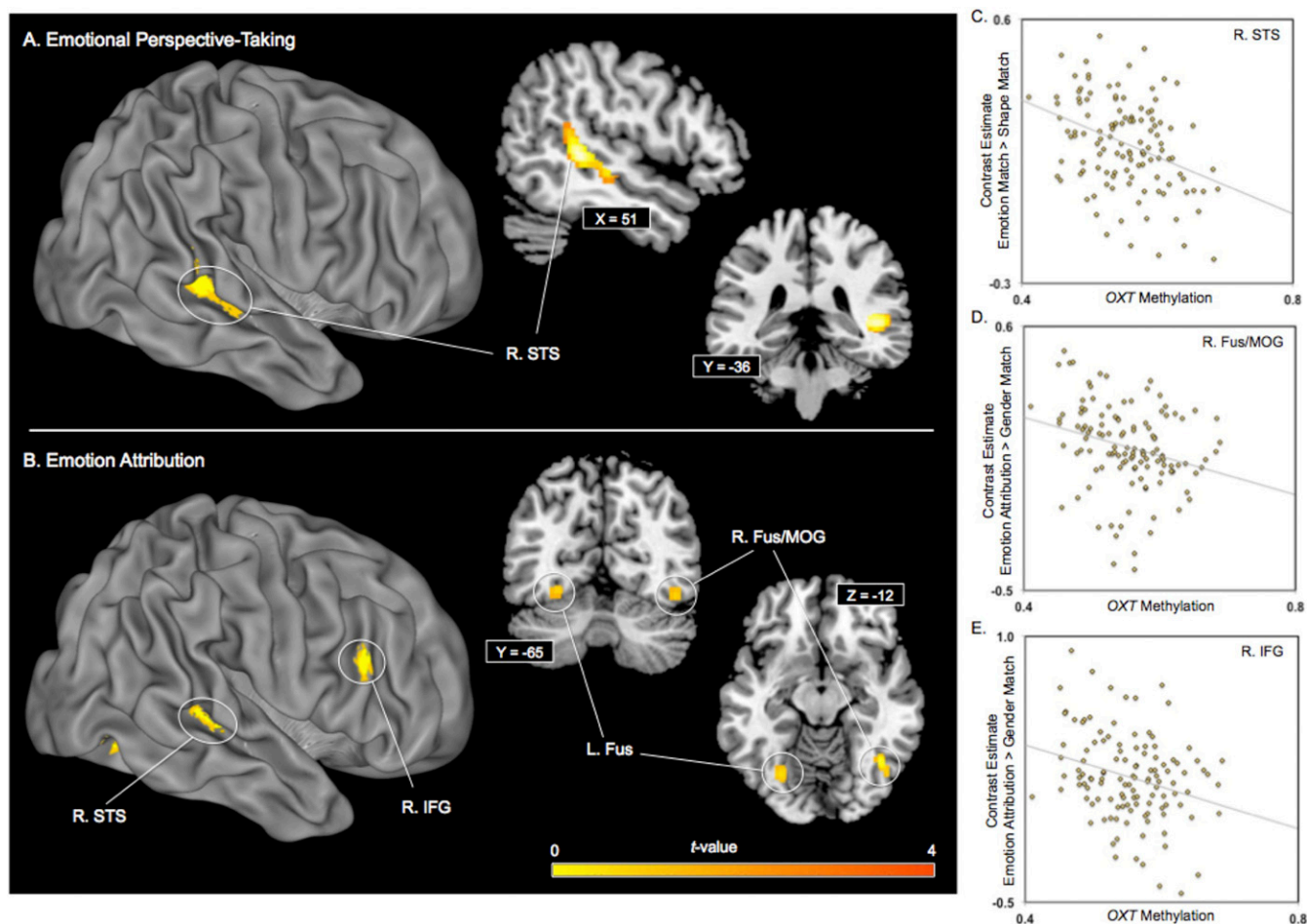


Fig. 3. *OXT* DNA methylation and brain activity during social-cognitive processing [(A) emotional perspective-taking, (B) emotion attribution]. Contrast estimates from three observed clusters [(C) emotional perspective-taking, (D and E) emotion attribution] are extracted (y axis) and plotted against *OXT* DNA methylation values (x axis). For the right superior temporal sulcus (STS), data were extracted from 407 voxels (peak voxel: MNI: 48, -38, 4), for the right fusiform gyrus (Fus) and middle occipital gyrus (MOG), data were extracted from 106 voxels (peak voxel: MNI: 40, -60, -10) and for the right inferior frontal gyrus (IFG), data were extracted from 92 voxels (peak voxel: MNI: 58, 26, 24). L, left; R, right.

such as social bonding between mother and child and breastfeeding (12, 13). Love et al. (27) demonstrated a link between *OXT* (rs4813625) and anxious attachment style, anxiety, emotional well-being, and dopamine function. There also exists some evidence that *OXT* is associated with conditions characterized by aberrations in social-cognition, such as autism (14, 15). The current findings strengthen the link between *OXT* and human

social behavior and suggest that the way *OXT* is methylated, and ultimately expressed, affects the function and structure of specific brain regions.

Unfortunately, within this study we did not measure *OXT* expression directly. However, there is evidence that *OXT* DNA methylation is associated with *OXT* expression in bovine cells. Bovine cells that express *OXT* have low levels of promoter

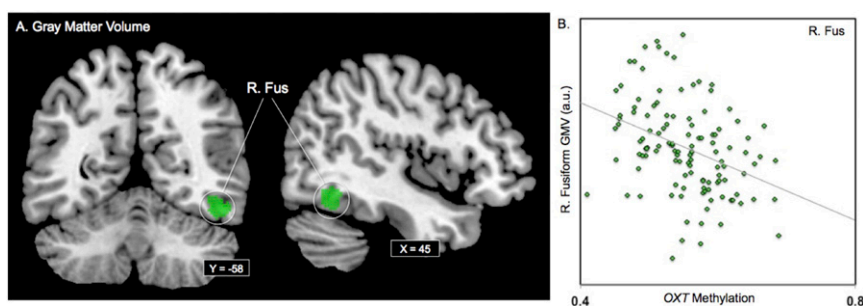


Fig. 4. *OXT* DNA methylation and gray matter volume. (A) Areas of significant regional gray matter volume associations are overlaid on a coronal and sagittal slice of a standardized template brain. (B) Scatterplot showing the association between *OXT* DNA methylation values and regional gray matter volume. *OXT* DNA methylation values are plotted on the x axis and fusiform gyrus (Fus) gray matter volume estimates in arbitrary units (a.u.) are plotted on the y axis. Data were extracted from 354 voxels (peak voxel: MNI: 48, -57, -14).

methylation, whereas cells that do not express *OXT* have high methylation levels in this region (28). It is currently unclear how exogenous and endogenous factors may impact DNA methylation of the *OXT* gene. DNA methylation is modified in response to early childhood experience (29), neuronal activity (30), and social stress (31). It will be important for future epigenetic studies on *OXT* to include variables representative of individual life experience and psychological stress.

In this study, we characterized epigenetic modification of *OXT* via DNA methylation values derived from saliva samples. There exist several factors associated with this approach that warrant consideration. Despite its association with sociability, methylation patterns observed in saliva may not reflect DNA methylation patterns in the relevant brain regions, as we did not measure methylation in brain loci specifically. Some studies, however, indicate that DNA derived from saliva may be a good proxy for methylation within brain tissue (21, 32) and may reflect epigenetic programming that is not tissue-specific. In this study, salivary DNA may represent a noninvasive tissue for biomarker testing. Finally, methylation of the majority of CpG sites evaluated in this study were correlated, a common phenomenon in CpG islands. For this reason, average methylation across the region was analyzed, and a subset of these CpG sites may be just as informative as the region evaluated with this assay.

We observed that greater DNA methylation of *OXT*, presumably linked to lower *OXT* expression, is associated with higher anxious attachment-style scores. This finding is consistent with extant data showing that oxytocin administration facilitates social-approach behavior. Following oxytocin administration, people tend to trust one another more (2), stand in closer proximity to one another (3), and display a more secure attachment style (22). We measured both anxious and avoidant attachment styles, and observed that *OXT* methylation values were associated with the anxious form, but not with the avoidant form. An anxious attachment style reflects the tendency to display fear or anxiety about the value one has within relationships, and in extreme scenarios, to be overly dependent on relationship partners. The current finding indicates that *OXT* may influence social bonding during development and affects the way people form and maintain intimate social relationships with others.

We found that greater DNA methylation of *OXT* is associated with lower accuracy in determining the emotional expression from dynamic faces. This observation is in accordance with evidence associating oxytocin with social perception (33) and with emotional face recognition (23). Oxytocin may affect emotion recognition by increasing attention toward specific relevant cues, such as the eye region of faces (34). Because we observed an association between *OXT* methylation and overall accuracy during the task, we also tested for emotion category-specific associations and found that methylation is associated with accuracy during the angry and sad conditions, but not during the happy or fearful conditions. This emotion-specific pattern was unexpected, requires replication, and should be considered with caution. One factor, however, that may have influenced the likelihood of detecting an effect within the happy condition was the consistently high accuracy (happy accuracy: mean = 99%, SD = 2.6; all others: mean < 91%, SD > 9.0) observed during this condition. Taken together, these findings support the role of oxytocin signaling genes in the perception, processing, and recognition of emotional facial expressions.

Across two social-cognitive fMRI tasks, we observed that *OXT* DNA methylation is associated with STS activity. People exhibiting lower *OXT* methylation displayed greater right STS activity during an emotional perspective-taking task and an emotion attribution task. Both fMRI tasks are designed to elicit activation within brain regions encompassing the mentalizing/theory of mind networks. The emotional perspective-taking task requires a person to estimate the attitudes, beliefs, and behaviors of other

people who are in different emotional situations. The emotion attribution task requires a person to estimate the cause of another person's emotional reaction. Both the emotional perspective-taking and the emotion attribution task involve thinking about the mental states of other people (i.e., mentalizing). The STS is an important brain region within the mentalizing network (24) and is functionally and structurally aberrant in conditions characterized by deficits in social-cognition, such as autism (35).

An inspection of each of the STS clusters observed in this study indicates that each cluster is located relatively posterior within the sulcus. In reviewing characteristics of tasks that elicit STS activity, Hein et al. (36) found that the anterior portion of the STS is mainly involved in speech perception, whereas the posterior portion is mainly involved in cognitive tasks, such as theory of mind and face processing. The current finding is consistent with a prior neuroimaging study demonstrating that oxytocin administration enhances STS activity in individuals with autism (37), and with a recent finding that *OXT* methylation is associated with STS activity (6). It is important to note however, that Puglia et al. (6) reported a positive association between *OXT* methylation and STS activity, and we observed a negative association between *OXT* methylation and STS activity. These findings indicate that methylation of specific genes within the oxytocin signaling pathway affects the function of the STS differently. Combined, these data show that the STS plays an important role in the relationship between oxytocin signaling genes and the way humans process social-cognitive tasks.

For the emotion attribution fMRI task, we also found that *OXT* methylation is associated with IFG and fusiform gyrus activity. The IFG functions to regulate response tendencies during cognitive, emotional, and social decision-making (38). The emotion attribution task requires participants to decide which social-emotional scene they believed caused a person's (depicted in a photograph) emotional reaction. Average reaction time during the emotion attribution condition (mean = 2324.13 ms, SD = 322.39) was considerably longer than during the gender-match condition (mean = 1804.32, SD = 281.32), indicating that additional neurocognitive resources were required. Taken together, these findings may indicate that individuals displaying greater IFG activity (associated with reduced *OXT* DNA methylation) may be allocating more neurocognitive resources when thinking about the emotional states of others, compared with those displaying less IFG activity.

The results of the structural MRI analysis demonstrated an association between *OXT* DNA methylation and gray matter volume of the fusiform gyrus. It is currently unknown how oxytocin pathway genes influence brain development and ultimately the structure of specific brain tissues. There exists limited evidence that other oxytocin genes, such as *OXT*, correspond to individual differences in brain structure. Furman et al. (39) and Inoue et al. (40) showed a link between *OXT* and amygdala volume, and Tost et al. (41) showed a link between *OXT* and hypothalamus volume. The fusiform gyrus contains the fusiform face area and plays an important role in initial face representation and facial identity recognition (42). Prior research in various patient groups shows that greater fusiform gyrus gray matter volume is associated with an improved ability to recognize facial expressions (43, 44). OT administration is associated with increased fusiform gyrus activity (45) and *OXT* methylation is associated with fusiform gyrus reactivity to emotional facial expressions (6). Combined, these findings suggest that fusiform gyrus structure and function may influence the relationship between *OXT* DNA methylation and the processing—and ultimately the recognition—of faces.

There exist several important limitations of this study that warrant consideration. First and foremost, the sample size for this study was modest (n ranged from 120–129). To our knowledge, this is the first empirical study on *OXT* methylation in humans.

However, based on effect sizes reported in studies investigating other oxytocin genes (19, 20, 46, 47), namely *OXTR*, and behavior or brain associations, we estimated that a sample size of 66 or larger would be adequate to test each of our hypotheses. This effect size estimate, however, does not account for many other factors, such as publication bias; therefore, our results should currently be interpreted with caution until they can be replicated in an independent cohort. Second, there exist other oxytocin signaling genes that may influence human sociability in similar or different ways, such as *CD38*, that were not considered in this study. Third, there may not be a linear relationship between DNA methylation in this region and oxytocin protein levels, and further studies are warranted. Fourth, our sample was relatively homogeneous, and was comprised of people within a relatively narrow age range (18–35 y). Thus, it will be important to investigate how age and various life experiences may impact DNA methylation throughout the lifespan. Finally, our findings do not provide any direct empirical information regarding the production, function, or accessibility of oxytocin within the central nervous system.

In conclusion, this study provides comprehensive evidence that epigenetic modification of *OXT* is linked to several overt measures of sociability in humans. These findings serve to advance progress in translational social neuroscience research toward understanding the evolutionary and genetic basis of normal and abnormal human sociability.

Materials and Methods

Participants. We recruited 129, fluent English-speaking (72 females, 57 males; mean age = 21.37 y, SD = 3.49 y) adults from the University of Georgia and surrounding community to participate in genetic and behavioral testing and neuroimaging. All participants were screened for neurological and psychiatric conditions (via self-report) and MRI contraindications. All participants provided written informed consent as detailed in the Declaration of Helsinki, and the University of Georgia Institutional Review Board approved all procedures within this study. From this total sample, 129 completed genetic testing, 129 completed the Attachment Style Questionnaire (ASQ), 128 completed the emotion recognition task, 121 completed the emotional perspective-taking fMRI task, 120 completed the emotion attribution fMRI task, and 121 completed structural neuroimaging. A complete listing of subgroup-specific demographic data are provided in Table S1, along with a description of factors that affected participant retention, data collection, and quality.

Saliva Collection and DNA Extraction. Saliva samples were collected using Oragene Discover OGR-500 kits (DNA Genotek). DNA was extracted using prepIT•L2P reagent (DNA Genotek) and was quantified with PicoGreen (Quant-iT PicoGreen dsDNA Assay Kit, Thermo Fisher Scientific).

DNA Methylation of *OXT*. One microgram of DNA was treated with bisulfite using the EpiTect Bisulfite Kit (Qiagen). DNA methylation of CpG sites (Fig. 1) in the promoter region of the *OXT* gene (chr20: 3,052,266–3,053,162; hg19 build) were analyzed using EpiTYPER (MassARRAY system; Agena Biosciences) according to the manufacturer's instructions. Forward (aggaagagagTTTTTTGTTTTATTAGTGGTTAGG) and reverse (cagtaatcactactatagggagaaggctTCTTACCTCCCAAAAACAATTCTA) primers corresponding to chr20:3,052,009–3,052,392 were designed using EpiDesigner (Agena Bioscience), and the spectrum characteristics were validated with RSeqMeth (48). Cycling conditions were: denaturation (94 °C for 15 min) then 50 cycles of amplification (94 °C for 30 s, 58 °C for 60 s, and 72 °C for 30 s) and a final extension step of 72 °C for 10 min. Samples were electrophoresed using 2% (wt/vol) agarose gel to confirm amplification. The CpG sites were unambiguously interrogated, and their genomic locations are detailed in Fig. 1. The mass spectra methylation ratios were generated using EpiTYPER v1.2 (Agena Biosciences).

Finally, we confirmed the reliability of the *OXT* methylation assay by using EpiTect unmethylated (0%) and methylated (100%) DNA samples (Qiagen) as positive controls (Fig. S1). For each participant, average *OXT* DNA methylation values were calculated by averaging across a total of nine CpG sites.

Behavioral Measures.

Attachment style. Each participant completed the ASQ (49). The ASQ consists of 40 items and is designed to measure adult attachment style in normative and clinical populations (50). The ASQ yields scores to characterize both anxious and avoidant attachment styles. The anxious attachment scale

characterizes the tendency to exhibit an excessive need for reassurance, fear of rejection, and a desire to merge with relationship partners. The avoidant attachment scale characterizes the tendency to avoid intimacy and to be distrusting of others. Together, high scores of anxious and avoidance attachment style reflect an insecure attachment, whereas low scores reflect a secure attachment. For the current sample, reliability analysis for anxious and avoidant attachment scales yielded Cronbach's α values of 0.72 and 0.80, respectively. We performed two regression analyses, with *OXT* methylation values entered as the predictor variable and attachment style (anxious and avoidant) entered as the criterion variable. We adopted a significance threshold of $P = 0.025$ to protect against type 1 errors.

Emotion recognition task. Participants completed a dynamic facial emotion recognition task (23). Participants were presented with 10-s length video clips of neutral facial expressions gradually morphing to happy, angry, sad, or fearful facial expressions. Face stimuli were obtained from the NimStim set for Facial Expressions (51) and morphing was conducted using FantaMorph software (FantaMorph v5: www.fantamorph.com/index.html). To mimic the rapidity and the average course of natural facial change, each frame was presented for 100 ms, resulting in a frame ratio of 10 fps (52). Participants were presented with 56 dynamic stimuli, 14 for each emotion category. Each emotion category contained an equal number of male and female faces.

Participants were instructed to indicate, by pressing the spacebar, when they were confident what emotional expression the neutral face was morphing into. Then participants indicated via button press, which of the four emotion categories they believed the neutral face was morphing into. The outcome variables used for this task included emotion recognition accuracy and the speed required to reach "confidence" (reaction time), overall and for each emotion category. Further details of data processing and statistical analyses for the emotion recognition task are provided as *SI Materials and Methods*.

Neuroimaging Procedures.

fMRI tasks. Participants underwent fMRI while completing a series of two social-cognitive tasks (emotional perspective-taking and emotion attribution) designed to evoke neural activity within the mentalizing, theory of mind/empathy brain network that includes the temporal parietal junction, medial prefrontal cortex, and STS (24) (Fig. S2). For the emotional perspective-taking task, participants were presented a social scene with one person's face "blanked out," above two emotional expression face-response options (53). Participants were instructed to take into account the social interaction within the social scene and to decide which one of two emotional facial expressions is most appropriate for the person whose face is blanked out within the social scene. As a control condition, each participant was instructed to match the shape embedded within the social scene with one of two shapes presented on the bottom of the screen. There is no difference in the visual presentation of stimuli between the emotional perspective-taking and shape-matching conditions; however, participants were instructed to base their decision on different stimulus characteristics within each condition. The critical comparison used in this study is: emotional perspective taking > shape matching.

The emotion attribution task was designed to elicit the mental process of deciding the cause of another person's emotional reaction (54). For the emotional attribution task, participants were informed that photos of people (target) were taken while they were presented with an image of a social-emotional scene. Participants were instructed to decide which one of two social-emotional scenes they believed "caused" the person's (target) emotional reaction. As a control condition, each participant was instructed to match the gender of the person in the photograph (target) with the social-emotional scene that contained the highest proportion of that gender. There is no difference in the visual presentation of stimuli between the emotional attribution and gender-matching conditions; however, participants were instructed to base their decision on different stimulus characteristics within each condition. The critical comparison used in this study is: emotion attribution > gender matching.

fMRI data analysis. fMRI data collection and preprocessing details are provided in *SI Materials and Methods*. Analyses of fMRI data during the emotional perspective-taking task were initiated by comparing the BOLD signal acquired during the emotion perspective-taking condition to the shape-matching condition. Each block, within each condition, was modeled based on a convolution to the hemodynamic response function and represented the BOLD signal acquired throughout each block (boxcar), including fixation-cues. Data within each model were high-pass-filtered using default settings (128 s). On a group level, t -contrast maps were entered into a random-effects model (emotion perspective taking > shape match).

We used a two-tier statistical approach to identify brain loci that: (i) displayed a significant increase of activity during the emotional perspective-taking condition compared to the shape-matching condition, and (ii) exhibited activity significantly associated with *OXT* methylation. First, we identified brain regions exhibiting greater BOLD response during the emotional perspective-taking condition compared to the shape-match condition by performing a whole brain analysis contrasting emotion perspective-taking > shape match, using a family wise error (FWE), $P < 0.05$ (corrected) threshold (Fig. S3). All subsequent analyses were restricted to brain regions that surpassed the whole-brain-corrected FWE analysis. Next, we performed a regression analysis with *OXT* methylation values entered as the predictor variable and contrast estimates (emotion perspective-taking > shape match) as the criterion variable using a threshold of $P < 0.005$, voxel extent of $k = 60$, which is sufficient to preserve the balance between sensitivity and false-positive rates (55, 56). Confirmatory multiple regression analyses were performed while sex and age were entered as covariates using the same statistical procedures.

Analyses of fMRI data during the emotional attribution task were identical to the approach used for the emotional perspective-taking fMRI data in all procedures except that the contrast estimates used as the criterion variable were derived from emotion attribution > gender match (instead of emotion perspective-taking > shape match).

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