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# Tuned Aperture Computed Tomography to Evaluate Osseous Healing

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# Abstract

Quantification of osseous healing is a challenging task, requiring expensive advanced imaging modalities. To improve diagnostic osseous imaging, we undertook this prospective study to explore the potential of Tuned Aperture Computed Tomography<sup>®</sup>. Eighty defects in 20 rabbit mandibles, randomly carrying an osteoblast suspension or a polymer matrix or a combination thereof or no treatment, were imaged at 3, 6, 9, and 12 weeks post-surgery. TACT slices, iteratively restored TACT, and conventional digital radiographs were evaluated. Mean-gray-value distribution within regions of interest was correlated with histomorphometric data. Lesions treated with osteoblast/polymer-matrix delivery systems demonstrated the highest mean gray-value, while the diagnostic efficacy of TACT-IR was significantly better than that of other imaging modalities (p < 0.001). Thus, TACT is an accurate imaging modality for non-destructive quantification of osseous dynamics.

#### Keywords

tomography; digital; osseous; computed; mandible

# INTRODUCTION

The radiographic monitoring of osseous defect healing by means of conventional imaging techniques is challenging because of the relative difficulties in distinguishing features of variations in projection geometry from clinically relevant changes in the configuration of the region of interest (ROI). In general, resolving this problem requires the acquisition of three-dimensional (3D) information (Webber *et al.*, 1997). There are several promising advanced imaging modalities currently available that could be adapted for this purpose, such as computed tomography and magnetic resonance imaging. Moreover, quantitative computed tomography (QCT) was designed specifically with such applications in mind. However, their complexity, relative cost, the need for the subject to be immobilized for long periods, and the

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need for the establishment of practical means for spatial registration of ROIs in 3D between successive examinations have precluded their practical application in laboratory (*in vivo*) and clinical settings.

This study was designed to evaluate Tuned-aperture Computed Tomography (TACT<sup>®</sup>) for the detection of healing differences in rabbit mandibles. TACT is a 3D image-forming algorithm that could be implemented with virtually any projection-based imaging system capable of digitized output. It produces true 3D data from any number of arbitrarily oriented two-dimensional (2D) projections (Webber et al., 1996, 1997; Nair et al., 1998; Yamamoto et al., 1998; Webber and Messura, 1999). It differs from existing modalities in that it computes the 3D representation using information acquired from known fiducial relationships in 2D projections. This is in contrast to the conventional method, wherein reconstruction is accomplished from "back projections" relative to a fixed-projection geometry designed into the associated hardware. The rigid geometric constraint imposes a practical consequence in that high-quality 3D reconstruction requires nearly complete immobilization of the ROI throughout the entire period of data acquisition. Since TACT produces precise 3D reconstructions from multiple 2D projections whose geometries need not be known in advance, respective projections characterized by inadvertent movement of a rigid ROI between exposures yield no appreciable 3D image degradation. Its numerous advantages lead us to consider its adaptation for the quantitative assay of osseous dynamics in a controlled laboratory environment.

The null hypotheses for this study were that no statistically significant correlation exists between the mean-gray-level distributions within an ROI encompassing the defect (1) and osseous integration, as determined histologically, based on imaging modality; AND with respect to: (2) treatment modalities, (3) time elapsed post-surgery, and (3) site (anterior vs. posterior) or side (left *vs.* right side) of the mandible, as evaluated from displays with all imaging modalities.

# MATERIALS & METHODS

#### Induction of Osteogenesis in Mandibular Bone Defects in Rabbits

The study protocol was approved by the Institutional Animal Care and Use Committee of the University. Twenty New Zealand rabbits were used in this study. One of the investigators, using a slow-speed straight fissure bur, induced 2 two-walled defects 8 mm wide and from 8 to 10 mm apart in each quadrant along the inferior margin (N = 80). Groups of 5 animals randomly received one of the following treatments in each defect: (a) none (control), (b) poly-lactide/polyglycolide (50:50) film–polymer matrix [PM] alone, (c) poly-lactide/polyglycolide (50:50) film impregnated with autologous osteoblasts [OS-PM], and (d) osteoblasts in suspension grown *in vitro* [OS] (Table 1). These groups of rabbits were killed following a post-surgical healing period of 3, 6, 9, or 12 wks, and the mandibles were subjected to histo-morphometric evaluation.

Direct digital images were produced by use of the tube-head of a programmable imaging unit (OP-100, Instrumentarium Imaging, Milwaukee, WI, USA), customized for TACT imaging (OrthoTACT<sup>®</sup>). Projections were captured by use of the Schick #2-size sensor

(Schick Technologies, Long Island City, NY, USA), which was mounted lingual to the mandible, by means of a positioner (Rinn Corporation, Elgin, IL, USA). A fiduciary marker, 1.5 mm in diameter, was attached approximately 3 mm buccal to the ROI to facilitate image reconstruction. We positioned the x-ray source for each exposure along a curved locus of the movable tube head, using arbitrary projection geometry of 9° to 20° to either side of the central projection axis (Nair *et al.*, 1998), resulting in 9 projections. The exposure parameters used were 65 kVp, 15 mA, and 0.1 sec, with a source-to-object distance of 40 cm. Thus, 3 imaging modalities were available for evaluation purposes: (a) two-dimensional digital images, (b) TACT slices (TACT-S), and (c) iteratively restored TACT (TACT-IR), with tomosynthetic artifacts subtracted (Nair *et al.*, 1998; Liang *et al.*, 1999).

Slices through comparable planes were evaluated across all specimens. Analysis of the graylevel distribution involved histogram equalization with respect to a reference image, and selection of an ROI within each site by an observer. This was then referenced so that it could be applied to homologous sites across all specimens. Three observers, blinded as to the variables involved and the results of histomorphometry, read the images. The gray-value distribution (**AQ**) and standard deviation within each ROI were computed by means of the TACT workbench. Five measurements were made within each site by each observer in two sittings, separated by 2 wks. The scores were then averaged for each ROI (Table 2).

The animals were killed by an overdose of Nembutal. The mandibular blocks were fixed in 10% neutral buffered formalin, and decalcified in 10% formic acid. The tissues were embedded in paraffin and sectioned sagitally and axially. Resulting 6- to 8-mm-thick sections were stained with hematoxylin and eosin and examined microscopically. The sections were scored on a scale of 0 to 10, where 0 represented no bone formation and 10, complete osseous healing of the defect.

Correlation between the mean-gray-value distribution and histologic data was computed by Pearson's correlation coefficient. Alpha was pre-set at 0.05.

#### RESULTS

ANOVA revealed a statistically significant difference in the mean gray-values based on treatment modality (p < 0.001), imaging modality (p < 0.001), time after surgery (p < 0.039), site (p < 0.004), and side (p < 0.022). The mean-gray-value distribution was the highest for OS-PM, followed by PM alone, OS alone, and control sites, respectively (Table 2) at p < 0.001. Higher mean gray-values were also noted for (1) iteratively restored TACT, (2) posterior lesions, (3) lesions on the right side, and (4) post-surgical healing periods of 9 or more wks (Table 2). These differences were significant for the following groups time-wise: 3 and 9 wks (p < 0.001), 6 and 9 wks (p < 0.001), 3 and 12 weeks (p < 0.001), and 6 and 12 wks (p < 0.01). Based on imaging modalities, TACT-IR differed from all other imaging modalities at p < 0.001. With respect to the sides and sites of lesions, it was noted in Tukey's analyses that the right sides of the mandibles demonstrated a higher mean gray-value (p < 0.04), as did the posterior sites (p < 0.003), at all times and across all imaging modalities.

Pair-wise comparisons of mean-gray-value distributions revealed that TACT-IR recorded the highest mean-gray-value distribution across all treatment modalities, followed by TACT-S and Dl, with sites carrying OS-PM recording the highest value (Table 3). Based on tine post-surgery, the mean-gray-value distribution continued to be the highest with TACT-IR images among all imaging modalities, with little change, or sometimes a lower mean gray-value being recorded at week 12 as compared with week 9. Interactions between treatment modality and time revealed that the highest mean gray-value was recorded for OS-PM at all times.

Fig. a illustrates the comparison among radiographic examinations instituted for this study, where a distinct ossific bridge across the defect in a site treated with OS-PM is revealed clearly in the TACT-IR image. Fig. b illustrates the histological analysis of the defect, showing bone formation above the inferior alveolar nerve, paralleling the results of image analysis performed by TACT.

Pearson's correlation coefficient for each imaging modality revealed the highest correlation between mean-gray-value distribution (radiometric data) and new bone formation (histologic data) for TACT -IR, followed by TACT-S and conventional radiographs (0.84, 0.77, and 0.52, respectively). Interclass correlation coefficient computed to evaluate inter-observer agreement was 0.79, indicating good inter-observer reliability.

# DISCUSSION

An experimental design involving surgical induction of representative defects was selected over a passive model based on identification of naturally occurring lesions, because the latter are relatively rare and their morphology varies significantly with etiology. Previous studies showed that two-walled defects in rabbit mandibles, 5 mm or larger, did not heal over 52 wks post-surgery (Schmitz and Hollinger, 1986; Hollinger and Klineschmidt, 1990). However, our pilot studies using a polymer matrix (Atrix Laboratories, Fort Collins, CO, USA) indicated resolution of defects as large as 8 mm in 12 wks. Therefore, we elected to evaluate healing over 3–12 wks.

The fact that known healing variations confirmed histomorphologically were correlated significantly with observations derived non-destructively from *in vivo* specimens demonstrates the potential of TACT for the evaluation of osseous healing with conventional radiographic projections as source data. The mean-gray-value distribution computed from TACT-IR provided the most correlation with the histomorphometric data, followed by TACT-S and conventional radiographs. Conventional film-based radiographs can also be used to acquire the basis images, although in this study we used direct digital radiographs due to the availability of a digital imaging system entailing lower radiation exposures, without compromising the signal-to-noise ratio.

The highest mean gray-value recorded consistently with OS-PM reveals that healing was favored in instances where osteoblasts were available in the presence of adequate scaffolding material. It seems apparent that detectable healing effects are determined equally by the experimental conditions underlying lesion management and the period over which healing is

evaluated under the experimental conditions imposed by the investigation. The significance of time after surgery on the rate of healing was anticipated in the light of pilot studies where the same experimental design was used. This observation is not the result of unknown sources of statistical variation or system non-linearities that usually preclude detection of subtle changes with time, since histomorphometric analyses reveal osseous tissue formation very early in the healing process. The significant differences noted in the healing process time-wise may be due to possible maturation of bone that has already formed.

These results provide speculative bases for economically attractive alternatives to QCT and other existing high-tech methods for the evaluation of osseous changes in 3D (Fuhrmann *et al.*, 1995; Langen *et al.*, 1995; Matteson *et al.*, 1996; Dado *et al.*, 1997; Rosenstein *et al.*, 1997). TACT capitalizes on the fact that projection differences between individual homologous slices in a 3D ROI are less influenced by modest variations in projection geometry between examinations than by differences produced from 2D projections of the same region. Hence, this study compared data from TACT-generated density measurements of the ROIs with data produced from 2D projections, with information from histomorphometry as ground truth.

In conclusion, TACT has been shown to be an accurate method for facilitation of nondestructive assessment of osseous healing in rabbit mandibles, and by virtue of its flexibility and relative simplicity, warrants consideration as a cost-effective alternative or supplement to existing 3D-imaging modalities for a variety of clinical applications.

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#### Figure (a).

Representative images of the same specimen: (**A**) direct digital image; (**B**) unprocessed TACT (**C**) iteratively restored TACT. Anterior and posterior lesions depicted were subject to: (i) osteoblast-polymer-matrix graft, and (ii) no treatment. The extent of healing of the defect (i) is more evident in (**C**), where an ossific bridge is visible.



#### Figure (b).

Histological examination of defect in (a). Defect (arrows) shows bone formation where osteoblast/polymer-matrix system was allowed to heal for 8 wks. IAN = inferior alveolar nerve.

# Table 1

# Experimental Design

Specimen	Quadrant	Site	Treatment	Death (wks)
1 – 5	Left	Anterior		
		Posterior		
	Right	Anterior		3
		Posterior		
		Anterior		
	Left	Posterior	Polymer-matrix; OR	
6 - 10	Right	Anterior	Polymer-matrix with osteoblasts; OR	6
		Posterior		
		Anterior	Osteoblasts; OR	
	Left	Posterior	No treatment.	
11 - 15		Anterior		9
	Right	Posterior		
		Anterior		
	Left	Posterior		
16 - 20		Anterior		12
	Right	Posterior		

#### Table 2

Note Increases in Mean-gray-value Distributions (in bold) for: (1) Sites Carrying Osteoblast-Polymer Combination; (2) Iteratively Restored TACT, (3) Posterior Lesions, (4) 9 or More Wks Post-surgery, and (5) Lesions on the Right Side

Effect	Туре	Mean Gray-value (SD)		
Treatment	Controls	62 (13.7)		
	Polymer-matrix only	66 (13.4)		
	Osteoblasts only	64 (12.2)		
	Osteoblast/polymer-matrix	76 (13.2)		
Image	TACT slices	62 (9.9)		
	Iteratively restored TACT	78 (9.1)		
	Two-dimensional digital	61 (9.3)		
Location	Anterior	65 (9.9)		
	Posterior	<b>69 (9.4)</b>		
Time (wks)	Three	60 (9.2)		
	Six	64 (9.6)		
	Nine	70 (9.2)		
	Twelve	70 (9.5)		
Side	Right	67 (9.9)		
	Left	66 (9.6)		

#### Table 3

Matrices of Pair-wise Comparisons of Mean-gray-value Distribution Based on Interactions among Imaging, Treatment Modality, and Time after Surgery

	Imaging vs. Treatment Modality				
	Controls	Polymer-matrix	Osteoblasts	Polymer-matrix- osteoblasts	
Digital images	55.4 (11.2) <sup>a</sup>	60.0 (12.7) <sup>a</sup>	56.7 (10.8) <sup>a</sup>	73.3 (14.9) <sup>a</sup>	
Iteratively restored TACT	73.4 (9.3) <sup>a</sup>	75.5 (8.7) <sup>a</sup>	74.0 (8.9) <sup>a</sup>	85.5 (12.7) <sup>a</sup>	
TACT slices	57.8 (10.4) <sup>a</sup>	62.0 (8.9) <sup>a</sup>	61.2 (9.6) <sup>a</sup>	68.6 (8.2) <sup>a</sup>	
	Time vs. Treatment Modality				
	3wks	6wks	9wks	12wks	
Digital images	58.5 (11.7) <sup>a</sup>	57.3 (12.4) <sup>a</sup>	64.1 (12.4) <sup>a</sup>	65.1 (15.0) <sup>a</sup>	
Iteratively restored TACT	68.2 (10.2) <sup>a</sup>	73.9 (10.6) <sup>a</sup>	83.6 (12.4) <sup>a</sup>	80.9 (15.2) <sup>a</sup>	
TACT slices	56.1 (7.3) <sup>a</sup>	62.0 (9.0) <sup>a</sup>	64.4 (11.3) <sup>a</sup>	65.3 (9.5) <sup>a</sup>	
	Time vs. Treatment Modality				
	3wks	6wks	9wks	12wks	
No treatment	59.4 (10.0) <sup>a</sup>	61.4 (12.9) <sup>a</sup>	62.4 (16.3) <sup>a</sup>	65.6 (14.7) <sup>a</sup>	
Polymer-matrix	60.6 (12.8) <sup>a</sup>	64.2 (10.4) <sup>a</sup>	67.1 (16.3) <sup>a</sup>	71.7 (12.4) <sup>a</sup>	
Osteoblasts only	57.2 (10.3) <sup>a</sup>	61.6 (13.9) <sup>a</sup>	66.2 (10.7) <sup>a</sup>	69.0 (12.3) <sup>a</sup>	
Polymer-matrix/osteoblast	67.5 (8.9) <sup>a</sup>	70.2 (13.3) <sup>a</sup>	81.5 (10.9) <sup>a</sup>	82.5 (15.8) <sup>a</sup>	

<sup>a</sup>Standard deviation.