

Inverse psoriasis

Editor – We enjoyed the article ‘Psoriasis: guidance on assessment and referral’ (*Clin Med* 2014;2:178–82). As a dermatologist and non-specialist in dermatology we found it was a useful summary from the recent National Institute for Health and Care Excellence (NICE) clinical guidelines on the assessment and management of psoriasis relevant to the non-dermatologist. However, we do think that there is one very useful subtype of psoriasis missing: inverse psoriasis. Inverse psoriasis affects armpits, groins and genital area. It is a specific subtype that is not only difficult to recognise but also to treat. It should be considered in all cases of chronic inflammatory dermatitis affecting flexural areas and folds unresponsive to antifungal treatment or with negative fungal investigation, especially if there is a family background of psoriasis. Furthermore the sudden onset of inverse psoriasis, especially in adults, might be an indicator of HIV that the non-

dermatologist should be made aware of. Therefore, we feel that this subtype deserves a mention in your article, including the adequate management (biopsy, HIV serology and consultation with a specialist).¹ ■

ANNA ZAMPETTI

Consultant in dermatology, Department of Dermatology, Whipps Cross University Hospital, Barts NHS Trust, London, UK

SIMON TIBERI

Consultant in infection, Department of Infectious Diseases, Newham University Hospital, Barts NHS Trust, London, UK

Reference

- 1 Morar N, Willis-Owen SA, Maurer T, Bunker CB. HIV-associated psoriasis: pathogenesis, clinical features, and management. *Lancet Infect Dis* 2010;10:470–8.



Royal College
of Physicians



Future
Hospital

Everyone has
a story to tell
Tell us yours...



The Future Hospital Programme (FHP) aims to develop and implement the RCP's vision for the future of medical care in hospital and community settings. We are keen to showcase examples of best and innovative practice to improve patient care, and would very much like to hear more about your work.

We are asking people to share their stories to create, grow and connect a future hospital network. These stories of best and innovative practice and patient care may be featured on the RCP website as exemplars of FHP principles and recommendations in action.

To share your story

Visit: www.rcplondon.ac.uk/FH-tell-us-your-story

For further information

Visit: www.rcplondon.ac.uk/FHP

or contact

futurehospital@rcplondon.ac.uk