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# Taxometric evidence of a dimensional latent structure for depression in an epidemiological sample of children and adolescents

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# Abstract

**Background**—A basic phenomenological question of much theoretical and empirical interest is whether the latent structure of depression is dimensional or categorical in nature. Prior taxometric studies of youth depression have yielded mixed findings. In a step towards resolving these contradictory findings, the current taxometric investigation is the first to utilize a recently developed objective index, the comparison curve fit index (CCFI), to evaluate the latent structure of major depression in an epidemiological sample of children and adolescents.

**Methods**—Data were derived from Mental Health of Children and Young People in Great Britain. Participants were administered a structured diagnostic interview to assess for current depression. Parents (n = 683) were interviewed for children ages 5–16, and child interviews (n = 605) were conducted for those ages 11–16.

**Results**—MAMBAC (mean above minus below a cut), MAXEIG (maximum eigenvalue), and L-Mode (latent mode) analyses provided convergent support for a dimensional latent structure.

**Conclusions**—The current findings suggest that depression in youth is more accurately conceptualized as a continuous syndrome rather than a discrete diagnostic entity.

#### Keywords

classification; continuity; depression; latent structure; taxometrics

A fundamental nosological question of direct relevance to the theory, empirical study, and treatment of depression is whether this disorder is a qualitatively distinct syndrome (i.e., a taxon) or whether it possesses a dimensional latent structure, existing along a continuum of severity. Underlying current classification systems of mental disorders, the *Diagnostic and Statistical Manual of Mental Disorders 5th ed.* (DSM-5; American Psychiatric Association, 2013) and the *International Statistical Classification of Diseases, 10th revision* (ICD-10; World Health Organization, 1992), is the view that psychopathology is best assessed in a categorical manner, essentially as phenomenological entities made distinct from normality by the presence and severity of their individual constellation of symptoms. In contrast to this

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position, however, several theorists have contended that mental illnesses are more accurately assessed as dimensional phenomena, with differences between individuals being a matter of degree rather than of type (Flett *et al.* 1997; Widiger & Samuel 2005; Helzer *et al.* 2006; Widiger & Edmundson 2014). Empirical research is required directly to delineate the latent structure of depression, and thereby to inform the ongoing theoretical debate regarding the nosology of this disorder (Sonuga-Barke 1998; Beauchaine 2003).

There is a growing corpus of empirical studies providing evidence consistent with the view that diagnostic models of depression, at least as currently defined, are phenomenologically too restrictive, potentially leading to the omission of less severe, yet still clinically significant, manifestations of this disorder (i.e., false negatives; for reviews in this area, see Flett *et al.* 1997; Solomon *et al.* 2001; Wesselhoeft *et al.* 2013). Subthreshold depression in children and adolescents, for example, appears to share common risk factors and similarly poor clinical outcomes with major depression (Gotlib *et al.* 1995; Wesselhoeft *et al.* 2013). Furthermore, subthreshold symptoms of depression in adolescence have been found prospectively to predict first lifetime onset of major depression in early adulthood (Klein *et al.* 2013) as well as recurrent major depression (Pettit *et al.* 2013).

Collectively, such findings have often been taken to be supportive evidence for a dimensional latent structure for depression (Nierenberg et al. 2010; Pietrzak et al. 2013; Wesselhoeft et al. 2013). This interpretation, however, may not be justified based on these findings alone. Although studies of subthreshold depression are important for evaluating the validity of the criterial threshold for this disorder under current diagnostic classification systems, they are incapable of directly informing our understanding of the latent structure of this construct. That is, these studies only indicate that the diagnostic criteria for depression, as defined in DSM-5 and ICD-10, likely exclude milder symptomatological presentations that are nonetheless associated with clinically meaningful distress and impairment. Several mutually exclusive possibilities exist that may account for these findings. First, it may be that depression is taxonic (i.e., categorical), but with a lower cutting point differentiating the taxon from its complement class than is featured in DSM-5 and ICD-10. Individuals with major and subthreshold depression may both potentially be members of the putative depression taxon, and non-depressed individuals its complement class. To the degree that individuals with subthreshold depression differ from both those with major depression and no depression, this may simply be a reflection of continuous variation within the putative taxon rather than evidence of a dimensional construct (for a detailed discussion of possible dimensionality within taxa, see Ruscio et al. 2006). An alternative possibility that is also consistent with the findings on subthreshold depression is that this disorder may indeed exist along a continuum of severity. A different empirical approach is therefore necessary to clarify the latent structure of this disorder.

One family of statistical procedures specifically developed to assess the taxonicity versus dimensionality of latent constructs is Meehl's (1995, 2004) taxometric methods. Among prior taxometric studies of depression in youth, three found evidence of taxonicity (Ambrosini *et al.* 2002; Solomon *et al.* 2006; Richey *et al.* 2009), whereas the remaining two reported findings more consistent with a dimensional solution (Whisman & Pinto 1997; Hankin *et al.* 2005). These studies are characterized by several limitations, however, which

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may bias their results toward taxonicity or dimensionality, and thereby complicate the interpretability of their findings. Most importantly, although the comparison curve fit index ([CCFI]; Ruscio & Kaczetow 2009; Ruscio *et al.* 2010) has been applied to taxometric studies in adults, no studies to date of childhood and adolescent depression have utilized the CCFI. This objective index of taxonicity is a recent development, as well as the most significant one thus far (Haslam *et al.* 2012), in the broader taxometric literature. The advantage of the CCFI lies in its ability objectively to differentiate between taxonic and dimensional data at a high level of accuracy and its robustness to a wide array of poor measurement conditions (Ruscio & Kaczetow 2009). Older studies relying on subjective interpretation based on visual inspection of taxometric graphical output are more vulnerable to spurious taxonic findings. Indeed, a recent quantitative review of the taxometric literature found evidence consistent with this possibility, studies using the CCFI being more likely to more likely to report dimensional findings than studies relying solely on visual inspection (Haslam *et al.* 2012).

Another threat to validity is inadequate sample size, with a minimum of 300 participants being generally recommended (Meehl 1995). Smaller samples, as was featured in two of the studies (Whisman & Pinto 1997, n = 160; Richey et al. 2009, n<sub>Study 2</sub> = 159), may result in unstable curves and a bias toward taxonicity (Ruscio et al. 2006). Alternatively, if too few cases of the putative taxon are included in a small sample, a bias toward dimensionality may result. Finally, a third concern relates to construct measurement. Specifically, several studies featured self-report measures of depression (e.g., Richey et al., 2009; Whisman & Pinto, 1997). Such measures may lead to spurious taxonic findings (Beauchaine & Waters 2003; Haslam et al. 2012). Still others have expressed concern that they may instead lend a dimensional bias (for a discussion of this issue, see Ruscio et al. 2009). Yet another study (Hankin et al. 2005) assessed for the presence of each depressive symptom at anytime over the past 12 months, regardless of whether it temporally overlapped with other symptoms included in the analyses. As mentioned previously by others (Solomon et al. 2006), such an approach may challenge the ability of the study instrument accurately to reflect the construct it was intended to measure, as temporally disconnected symptoms are unlikely to reflect the same underlying syndrome.

The present study aimed to bridge the gaps in the literature in several important ways. In addition to utilizing the CCFI objectively to evaluate data fit with taxonic and dimensional models, this study assessed the latent structure of depression in an epidemiological sample of children and adolescents, thereby addressing sample selection and sample size issues of past studies. The current investigation also used a structured clinical interview of DSM-IV major depression and related distress and impairment, the Development and Well-Being Assessment (DAWBA; Goodman *et al.* 2000).<sup>1</sup> It thus addresses the stated need for research in this area using well-validated structured interviews in large representative samples (Solomon *et al.* 2001). Importantly, an advantage of the DAWBA as employed in the current study is that it exclusively assessed for current depression (i.e., four-week prevalence), in contrast to previous research involving clinical interviews assessing depressive symptoms

<sup>&</sup>lt;sup>1</sup>Although the DAWBA was also designed to assess for ICD-10 depressive episodes and symptoms, DSM-IV criterial symptoms were used in the current study so as to facilitate comparison with past taxometric research.

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Another feature unique to the present investigation is the inclusion of psychological distress and impairment items in the analyses. That impairment and distress have yet to be incorporated in taxometric studies of child and adolescent depression is important in as much as they are required fully to evaluate the latent structure of major depression (i.e., content validity). Functional impairment related to psychopathology in children has been found to predict severe emotional illness later in adolescence (Costello *et al.* 1999). In depressed children and adolescents, level of impairment is also positively associated with likelihood of seeking mental health treatment (Wu *et al.* 2001).

concerns have led some to recommend focusing diagnostic assessments on the most recent

one-month period (Shaffer et al. 1996).

In summary, the current study conducted taxometric analyses of depression in an epidemiological sample of children and adolescents. An empirically validated structured diagnostic interview was used to assess parent- and child-reported DSM-IV depressive symptoms and related psychological distress and functional impairment over the past fourweek period. Finally, to resolve the mixed findings in the literature on whether depression in children and adolescents better fits with a categorical or dimensional model, a relatively recently developed objective taxometric aid, the CCFI, was applied in the current study.

# Method

#### **Participants**

The study sample was drawn from the 1999 and 2004 surveys of Mental Health of Children and Young People in Great Britain (Meltzer *et al.* 2000; Ford *et al.* 2003; Green *et al.* 2005). These national surveys were conducted with children and adolescents living in private households in England, Scotland, and Wales. Child diagnostic interviews were conducted with those of ages 11 to 16, and interviews with a parent were obtained for children of ages of ages 5 to 16. Children below age 11 were not administered diagnostic interviews on the grounds that prior research has found poor reliability in reporting of symptoms among children of this age (Fallon & Schwab-Stone 1994; Schwab-Stone *et al.* 1996). A total of 18,415 (unweighted) families participated in the surveys.

Consistent with standard procedures utilized in prior taxometric studies with interview-based measures of depression (e.g., the Kiddie-Schedule for Affective Disorders and Schizophrenia, Ambrosini et al., 2002; the Composite International Diagnostic Interview, Prisciandaro & Roberts 2005; Slade & Andrews 2005; Slade 2007; Ahmed *et al.* 2011), only

 $<sup>^{2}</sup>$ It is also worth noting within the present context that even recall for objectively occurring, rather than subjectively experienced, phenomena, such as negative life events, declines appreciably over a 12-month period (Brown & Harris 1982), with a pronounced fall-off occurring for recall of severe events after approximately seven months in adolescents (Monck & Dobbs 1985).

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respondents who endorsed a two-week period of depressed mood, irritability, or anhedonia (i.e., the primary criterion symptom for DSM-IV major depression) within the most recent four weeks completed all remaining symptom and impairment questions in the diagnostic interview for depression, assessed over the same two-week period. As taxometric procedures require response data for all symptom questions, these respondents formed the subsample included in the current analyses (unweighted  $n_{parent} = 683$ ;  $n_{child} = 605$ ). Thus, consistent with prior taxometric studies of depression featuring interview-based measures (e.g., Slade & Andrews, 2005), a small proportion of the entire sample was included in the current study. <sup>3</sup> The low endorsement rate for depressed mood, irritability, and anhedonia was expected for a four-week assessment interval with a very young community sample.<sup>4</sup> Additionally, although a smaller fraction met full diagnostic criteria for major depression (i.e., the putative taxon) over the last four weeks in the full sample (weighted prevalence rate = 0.65%),<sup>5</sup> the prevalence of this disorder in the subsample was adequate for taxometric analysis (weighted prevalence rate = 10.01%).<sup>6</sup> This subsample was 52.98% female, with a mean age of 12.00 years (SE = 0.09 years). The racial/ethnic composition of the subsample was 91.23% White, 3.62% Black, 3.15% South Asian, and 2.00% other. The median gross household income was £15,000 to £17,499.

#### Measure and indicator construction

The Development and Well-Being Assessment (DAWBA; Goodman *et al.* 2000), a structured diagnostic interview designed for epidemiological research, was used to assess for the presence of DSM-IV major depressive disorder during the most recent four-week period. This instrument has been found to detect higher rates of psychiatric diagnoses in clinic than in community samples (Goodman *et al.* 2000), and has demonstrated adequate validity (Goodman *et al.* 2000, 2002).

A total of 31 items reflecting the nine DSM-IV symptoms of depression and related psychological distress and impairment were used to construct the taxometric indicators included in the analyses. Each symptom item was dichotomous (i.e., presence versus absence of symptom), whereas distress and impairment items utilized a four-point response scale ranging from "*not at all*" to "*a great deal*". Following standard taxometric procedures (Beauchaine 2003; Haslam 2003; Cole 2004), indicators reflecting different facets of the latent construct of depression were derived from these 31 items. Four indicators were created by summing conceptually related items into composite scores. These four indicators were: core depressive symptoms (14 items reflecting depressed mood, irritability, and anhedonia), somatic symptoms (6 items assessing fatigue, appetite and weight disturbance,

 $<sup>{}^{3}</sup>$ For a similar approach to the taxometric study of social anxiety disorder in an epidemiological sample, see Ruscio (2010).  ${}^{4}_{4}$ Approximately 70% of the full unweighted sample was under age 13.

<sup>&</sup>lt;sup>5</sup>This low four-week prevalence rate is likely due to the high proportion of participants below age 12 and the rarity of depression in this age group (Kessler *et al.* 2005). If the current sample is limited to 13–16 year olds, the weighted four-week prevalence rate of depression is 2.17%, a figure comparable to the weighted four-week prevalence of major depression and dysthymia (2.6%) in the National Comorbidity Survey Replication Adolescent Supplement, with a sample of 13–17 year olds (Kessler *et al.* 2012). <sup>6</sup>Taxon base rates of P = 0.1 are generally required for conducting taxometric analysis (Ruscio *et al.* 2006). Having an inadequate number of members of the putative taxon biases taxometric analyses toward dimensionality. Samples considerably larger than the minimum required for taxometric analysis (n = 300), such as is featured in the present study, may offset potential concerns regarding low taxon base rates in as much as they yield an adequately higher raw number of cases of the putative taxon (Ruscio & Ruscio 2004). In the current study, 84 cases of major depression (unweighted) were included in the analyses utilizing parent data, and 74 cases (unweighted) in analyses based on child-report data.

#### Data analysis

Three distinct taxometric procedures were employed in the present study: MAMBAC (mean above minus below a cut; Meehl & Yonce, 1994), MAXEIG (maximum eigenvalue; Waller & Meehl, 1998), and L-Mode (latent mode; Waller & Meehl, 1998).

MAMBAC requires at least two valid indicators, with one serving as the input indicator and another functioning as the output indicator. The difference in mean scores of the output indicator above and below a sliding cut-off score on the input indicator is plotted as a function of the input indicator cut-points. This procedure is repeated for every possible pair of indicators. In the current study, 50 cuts were made along each input indicator. Each indicator in a pair alternates as the input and output indicator, and thus two graphical MAMBAC plots are generated for each pair of indicators. The results of these analyses are averaged into a single MAMBAC curve.

MAXEIG requires at least three indicators. One indicator is designated the input indicator, and the interrelationship between the remaining indicators is evaluated in a series of overlapping "windows" (i.e., subsamples) ordered along the input indicator. Based on optimal analysis parameters (Walters & Ruscio 2010), the sample in the current study was split into 25 windows with 90% overlap between adjacent windows. The covariance matrix for the output indicators (variance values are replaced with 0's such that only covariances remain) in each window is factor analyzed, and the eigenvalue of the first principal factor is then plotted on a graph with the windows of the input indicator.

L-Mode similarly requires at least three indicators. This is a factor analytic procedure for differentiating between taxonic and dimensional structures. It calculates the factor scores of cases on a one-factor latent variable, with the factor score density plot of the entire distribution then plotted.

For each taxometric procedure, simulated taxonic and dimensional comparison data were generated, approximating all distribution properties of the empirical data known to influence the shape of taxometric curves. Specifically, the simulated data were identical to the research data in terms of surface-level statistical properties of the observed indicators, such as sample size, means, standard deviations, indicator skew, and inter-indicator correlations, and differed only in terms of latent structure. The results for the empirical data were directly compared with those for simulated taxonic and dimensional data to determine which they most closely matched. For simulated data across all three taxometric techniques, a putative taxon base rate of .12 was used, as this was the unweighted prevalence rate of major depression in both parent-report and child-report data. This same taxon base rate was also used in estimating between-group validity and within-group correlations. Additionally, data for each model (i.e., taxonic and dimensional) were simulated 100 times to approximate

sampling distributions for each model for each of the three taxometric procedures used in the current study. This approach of comparing the empirical data to simulated models of taxonicity and dimensionality with identical statistical properties, provides a much more accurate comparison than would be the case with a prototypical model.

The CCFI was calculated for each taxometric procedure to form an objective determination of whether the results matched the simulated taxonic or dimensional comparison data (Ruscio *et al.* 2007). It compares the root-mean-square residual (RMSR) of the fit between the curve for the actual data and for each simulated comparison curve. CCFI values range from 0 (dimensional structure) to 1 (taxonic structure), with 0.50 being equally supportive of dimensional and taxonic structures (Ruscio *et al.* 2010). CCFI values falling between the dual thresholds of 0.45 and 0.55 indicate ambiguous results (Walters & Ruscio 2013). These dual thresholds have been found to have an accuracy rate ranging from 95.8% for MAXEIG to 98.2% for MAMBAC (Ruscio *et al.* 2010). The CCFI is a relatively recent development in taxometric research, but an important one that appears to have resulted in appreciably reduced rates of spurious taxa in the taxometric literature (Haslam *et al.* 2012). All analyses were conducted using Ruscio's (2012) taxometric programs in RRO 8.0.1 beta.

#### Results

#### Indicator suitability analyses

Indicator properties, including skew, correlations, and validity, were assessed to determine suitability of the data for taxometric analysis. Highly skewed indicators were not observed in the present study (for all four indicators, skew 0.882). To avoid nuisance covariance in indicator construction, it is important for indicator correlations to be substantially smaller within the putative taxon and complement groups than within the full sample (Ruscio *et al.* 2006). It has been suggested that a sizeable difference between the full-sample and withingroup indicator correlations should be present (Ruscio *et al.* 2006; Walters 2008). For both parent-report and child-report data, full sample *rs* 0.403 and taxon and complement *rs* 0.295. Finally, it has been recommended that the constructed indicators should separate the putative taxon from its complement at Cohen's *d* 1.25 to achieve an acceptable minimum validity (Meehl 1995; Meehl & Yonce 1996). This condition was satisfied in the current study (for both parent-report and child-report data, mean *d* 1.765).<sup>7</sup> Table 1 provides a summary of indicator characteristics and validity statistics.

#### **Taxometric analyses**

MAMBAC analyses produced 12 curves each for parent-report and child-report data. Figure 1 depicts the averaged graphical output relative to simulated taxonic and dimensional MAMBAC data for each response source. Both parent-report and child-report data more closely resembled dimensional distributions. Indeed, their corresponding CCFI values unambiguously favored dimensional solutions (CCFI<sub>parent</sub> = 0.315, CCFI<sub>child</sub> = 0.185). MAXEIG procedures yielded relatively flat averaged curves for both parent-report and

<sup>&</sup>lt;sup>7</sup>Although the somatic symptoms indicator drawn from parent-reported data falls just short of this condition, it does not compromise the validity of the analyses when considered within the context of the highly valid remaining indicators.

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child-report data that more closely matched simulated dimensional than categorical data (see Figure 2). The CCFI values of 0.252 for parent-report data and 0.242 for child-report data provide unambiguous objective support for the presence of a continuous latent structure. The results of L-Mode analyses relative to simulated categorical and dimensional data are graphically presented in Figure 3. L-Mode curves for both parent-report and child-report data did not indicate evidence of bimodal distributions, and both CCFI values were below 0.45 (CCFI<sub>parent</sub> = 0.349, CCFI<sub>child</sub> = 0.309), providing clear support for dimensionality. The mean CCFIs across all three taxometric procedures for parent-report data (0.305) and child-report data (0.245) were congruent with a dimensional latent structure for depression.

## Discussion

The aim of the present study was to investigate the latent structure of depression in children and adolescents using three mathematically non-redundant taxometric procedures (i.e., MAMBAC, MAXEIG, and L-Mode). It is the first taxometric study of depression in youth to date to utilize objective indices (i.e., CCFI values) in place of subjective visual inspection tests of taxonicity and dimensionality. As such, and in addressing several important methodological limitations of prior taxometric studies of depression in youth, it represents an important step toward resolving the mixed taxometric findings in the literature. The results across all analyses provided convergent support for a dimensional latent structure of depression in this age group. These results appear to be fairly robust, as they were consistent across data derived from multiple reporting sources (i.e., parent and child). The findings of dimensionality in the current investigation are also notably consistent with the broader taxometric literature for depression in adults (Haslam *et al.* 2012).

Evidence of dimensionality in the latent structure of depression in children and adolescents may lend clarity to the existing research on subthreshold depression. In particular, the finding that subthreshold depression is associated with several of the same risk factors and prognostic outcomes as major depression has led some researchers to conclude that depression exists along a continuum of severity (Nierenberg *et al.* 2010; Pietrzak *et al.* 2013; Wesselhoeft *et al.* 2013). The results of the current study provide direct support for this interpretation, and counter the alternative possibility that subthreshold depression and major depression, at least in children and adolescents, exist as part of a single categorical entity.

The limitations of the current investigation warrant mention. First, the current study did not include children below the age of 6. Thus, although homotypic continuity has been found between preschool depression and major depression later in childhood (Luby *et al.* 2009, 2014), the current findings cannot be generalized to depression in preschool children. A second limitation of this study is that it evaluated the latent structure of depression based on DSM-IV criteria. Thus, it cannot be ruled out that a depression taxon may exist which includes symptoms not part of DSM-IV criteria (e.g., hopelessness). Additionally, it is possible that only a subset of DSM-IV depressive symptoms form the putative depression taxon (i.e., a subtype of depression), the detection of which may have been obscured by the inclusion of non-taxon-relevant symptoms. Indeed, such a possibility is congruent with the view held by several researchers that major depression is a markedly heterogeneous condition (Spangler *et al.* 1997; Klein 2008; McGuffin 2008; Harkness *et al.* 2011).

Finally, the present findings have implications for clinical prevention and treatment, as well as the study of this disorder in youth. The converging evidence across multiple taxometric analyses of a dimensional structure for depression complements prior research indicating that subthreshold depression is often associated with impairment of a degree comparable to that of major depression (Gotlib et al. 1995; Wesselhoeft et al. 2013). Collectively, they are congruent with the position that a movement away from a categorical conceptualization of depression in treatment planning may be warranted, and toward a greater emphasis on other characteristics of this disorder (e.g., symptom severity, degree of impairment). Within the context of quantitative research, the arbitrary dichotomization of a dimensional construct leads to a loss in measurement precision (Ruscio & Ruscio 2002) and statistical power (Cohen 1983; MacCallum et al. 2002), and to an increased risk of spurious statistical findings (Maxwell & Delaney 1993). Furthermore, the findings of dimensionality for depression may also inform statistical approaches to the study of this condition. That is, classical test theory and item response theory are more appropriate for analyses involving dimensional latent constructs, whereas other approaches, such as Bayes's Theorem, are more ideally suited for taxonic constructs (Ruscio & Ruscio 2004).

dimensional latent structure (Meehl 1977; Meehl & Golden 1982).

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50 Cuts

300

400

200



300

400

500

600

100

200

#### Figure 1.

100

Taxometric results for MAMBAC curves relative to simulated taxonic and dimensional data. In each graph, the average curve for the sample data are represented by a dark line, with the gray area reflecting the middle 50% of the simulated values, and the light lines indicating the minimum and maximum simulated values at each data point. The top panels illustrate results for parent-reported data, and the bottom panels depict results for child-reported data.

500

600

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#### Figure 2.

Taxometric results for averaged MAXEIG curves relative to simulated taxonic and dimensional data. In each graph, the average curve for the sample data are represented by a dark line, with the gray area reflecting the middle 50% of the simulated values, and the light lines indicating the minimum and maximum simulated values at each data point. The top panels illustrate results for parent-reported data, and the bottom panels depict results for child-reported data.



#### Figure 3.

Taxometric results for L-Mode curves relative to simulated taxonic and dimensional data. In each graph, the average curve for the sample data are represented by a dark line, with the gray area reflecting the middle 50% of the simulated values, and the light lines indicating the minimum and maximum simulated values at each data point. The top panels illustrate results for parent-reported data, and the bottom panels depict results for child-reported data.

Table 1

Summary of indicator correlations and validity

			Indica	tor corre	lations		
	1	2	3	Full sample	Within taxon	Within complement	Cohen's d
Parent-report				0.433	-0.125	0.295	
1. Core depressive symptoms							2.037
2. Somatic symptoms	0.418						1.228
3. Cognitive symptoms	0.429	0.451					1.927
4. Distress and impairment	0.492	0.373	0.438				2.002
Child-report				0.403	-0.084	0.254	
1. Core depressive symptoms							2.001
2. Somatic symptoms	0.289						1.290
3. Cognitive symptoms	0.184	0.352					1.885
4. Distress and impairment	0.231	0.144	0.322				1.882

Note: Cohen's d = difference between the putative taxon and complement standardized using pooled within-group variances weighted by degrees of freedom.