

Upstream Pathways Controlling Mitochondrial Function in Major Psychosis: A Focus on Bipolar Disorder

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Les trajectoires en amont contrôlant la fonction mitochondriale dans la psychose majeure : regard sur le trouble bipolaire

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Abstract

Mitochondrial dysfunction is commonly observed in bipolar disorder (BD) and schizophrenia (SCZ) and may be a central feature of psychosis. These illnesses are complex and heterogeneous, which is reflected by the complexity of the processes regulating mitochondrial function. Mitochondria are typically associated with energy production; however, dysfunction of mitochondria affects not only energy production but also vital cellular processes, including the formation of reactive oxygen species, cell cycle and survival, intracellular Ca^{2+} homeostasis, and neurotransmission. In this review, we characterize the upstream components controlling mitochondrial function, including 1) mutations in nuclear and mitochondrial DNA, 2) mitochondrial dynamics, and 3) intracellular Ca^{2+} homeostasis. Characterizing and understanding the upstream factors that regulate mitochondrial function is essential to understand progression of these illnesses and develop biomarkers and therapeutics.

Abrégé

La dysfonction mitochondriale est communément observée dans le trouble bipolaire (TB) et la schizophrénie (SCZ) et peut être un élément central de la psychose. Ces maladies sont complexes et hétérogènes, ce qui est reflété par la complexité des processus régulant la fonction mitochondriale. Les mitochondries sont typiquement associées à la production d'énergie; cependant, la dysfonction des mitochondries affecte non seulement la production d'énergie, mais aussi des processus cellulaires vitaux, y compris la formation des dérivés réactifs de l'oxygène, le cycle et la survie des cellules, l'homéostasie intracellulaire Ca^{2+} , et la neurotransmission. Dans cette revue, nous caractérisons les composantes en amont qui contrôlent la fonction mitochondriale, notamment (1) les mutations de l'ADN nucléaire et mitochondrial, (2) la dynamique mitochondriale, et (3) l'homéostasie intracellulaire Ca^{2+} . La caractérisation et la compréhension des facteurs en amont qui régulent la fonction mitochondriale sont essentielles pour comprendre la progression de ces maladies et mettre au point des biomarqueurs et des thérapeutiques.

Keywords

psychosis, bipolar disorder, schizophrenia, mitochondria

Highlights

- Mitochondrial dysfunction is frequently reported in both bipolar disorder (BD) and schizophrenia (SCZ).
- This may lead to increased generation of reactive oxygen species (ROS).
- ROS may react with cellular macromolecules to alter signaling pathways, decompensate myelin, and cause damage to DNA and RNA.

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- Mutations in mitochondrial DNA (mtDNA) and nuclear DNA (nDNA) may produce mitochondrial dysfunction in BD and SCZ.
- Disrupted mitochondrial fusion, fission, and trafficking may impair mitochondrial function in SCZ.
- Enhanced release of Ca^{2+} from the endoplasmic reticulum in BD and SCZ may lead to mitochondrial Ca^{2+} overload, disrupting function.

Introduction

Bipolar disorder (BD) and schizophrenia (SCZ) are severe psychiatric disorders with a lifetime prevalence exceeding 3% of the population worldwide.¹ These disorders are characterized by clinical features such as mania and depression in BD or hallucinations and delusions in SCZ. Relapse and recurrent psychosis are common to both disorders, causing lifelong disease burden and impairment.^{2,3} Understanding the etiology and pathophysiology of these disorders is necessary to develop biomarkers and rational therapeutics to ease their burden. Substantial evidence exists suggesting a role for mitochondrial dysfunction in the pathophysiology of major psychoses.⁴⁻⁶ Although mitochondria are traditionally associated with adenosine triphosphate (ATP) production, they are also crucial in regulating cell cycle,⁷ death and survival,⁸ intracellular Ca^{2+} homeostasis,⁹ and neurotransmission.¹⁰ The brain in particular is affected by dysfunction in mitochondria due to its high energy demands and sensitivity to oxidative damage.¹¹ Because neurotransmitter release and cell survival are dependent on ATP production and Ca^{2+} homeostasis, mitochondrial dysfunction can alter synaptic connectivity, which may in turn produce symptoms of psychosis.^{12,13} Understanding mitochondrial function will be crucial to comprehend disease progression and to develop rational therapeutics to improve the quality of life of patients with psychiatric illness.

Three of the major upstream pathways that may impair mitochondrial function in BD and SCZ include 1) mutations in nuclear and mitochondria DNA, 2) altered mitochondrial dynamics, and 3) perturbed Ca^{2+} flux. BD and SCZ are complex diseases that cannot be characterized by a singular narrow pathway. Rather, numerous subtle alterations likely converge upon particular pathways (i.e., mitochondrial function) to produce functional alterations. Thus, examining upstream pathways that control mitochondrial function will lead to a more comprehensive understanding of the etiology and pathophysiology of BD and SCZ. In this review, we will address how these interrelated upstream processes may contribute to mitochondrial dysfunction in major psychosis.

Mitochondrial Dysfunction in Major Psychosis

Mitochondria are a major endogenous source of reactive oxygen species (ROS).¹⁴ During normal mitochondrial

metabolism, only a small proportion of electrons escape the electron transport chain (ETC), mainly through complex I.¹⁵ These electrons reduce O_2 to produce superoxide anion, which is then dismutated by superoxide dismutase (SOD) to yield hydrogen peroxide (H_2O_2) (Figure 1B).¹⁶ In the presence of reduced transition metals, H_2O_2 may further react to form a hydroxyl radical.¹⁶ Hydroxyl radicals are highly reactive and can oxidize nucleic acids, lipids, and proteins (Figure 1C).^{17,18} ROS are strong oxidants and important signaling molecules, whose effects are balanced by antioxidants,^{19,20} such as glutathione, SOD, and glutathione peroxidase (GPx).²¹ Dysregulation of the ETC may lead to greater proportion of electrons escaping and forming ROS.²² When ROS production exceeds the capacity of antioxidant networks, the cell is subjected to oxidative stress.^{15,18} The brain in particular is susceptible to oxidative stress due to its high-energy demand, easily oxidized polyunsaturated fatty acids, and relatively low antioxidant capacity.^{23,24} Compromised mitochondrial function can disrupt neuronal oxidative metabolism. This may alter neurotransmission and neuronal growth, 2 highly energy-dependent processes, producing symptoms of psychosis and altered mood.^{15,25}

Complex I is the first structure of the ETC that catalyzes the transfer of electrons from NADH to ubiquinone²⁶ and is also the major site of ROS generation in the ETC.^{27,28} Dysfunction of mitochondrial complex I is a commonly observed phenomenon in BD and SCZ. A recent review of microarray studies found a consistent downregulation of genes encoding subunits of complex I, including NDUFV1, NDUFS1, NDUFS8, and NDUFS7, in postmortem frontal cortex (PFC) and hippocampus samples of subjects with BD.⁴ The subunits that were found to be downregulated in BD formed the catalytic core of complex I involved specifically in electron transfer from NADH to ubiquinone,²⁹ suggesting that patients with BD may be susceptible to electron leakage through complex I. In contrast, patients with SCZ presented with inconsistent alterations, which included increased and decreased gene expression levels of both structural and catalytic subunits.⁴ In agreement with these findings, a previous study demonstrated decreased NDUFS7 protein levels in the PFC of subjects with BD but not SCZ, which were associated with decreased complex I activity.³⁰ Interestingly, the mood stabilizer Li^+ was found to increase expression of complex I subunits in postmortem brains and activity level in vivo of subjects with BD.^{31,32} These findings suggest that while complex I dysfunction is present in both disorders, impairments in electron transfer may be more specific to BD (Table 1).

A major consequence of complex I dysfunction is the generation of ROS, leading to oxidative damage to macromolecules. A number of studies have identified increased oxidative damage markers to protein, lipid, and DNA in BD and SCZ.^{30,33-38} ROS-induced oxidative damage to lipids, for instance, results in lipid hydroperoxides (LPH), which are unstable and react with other lipids to form

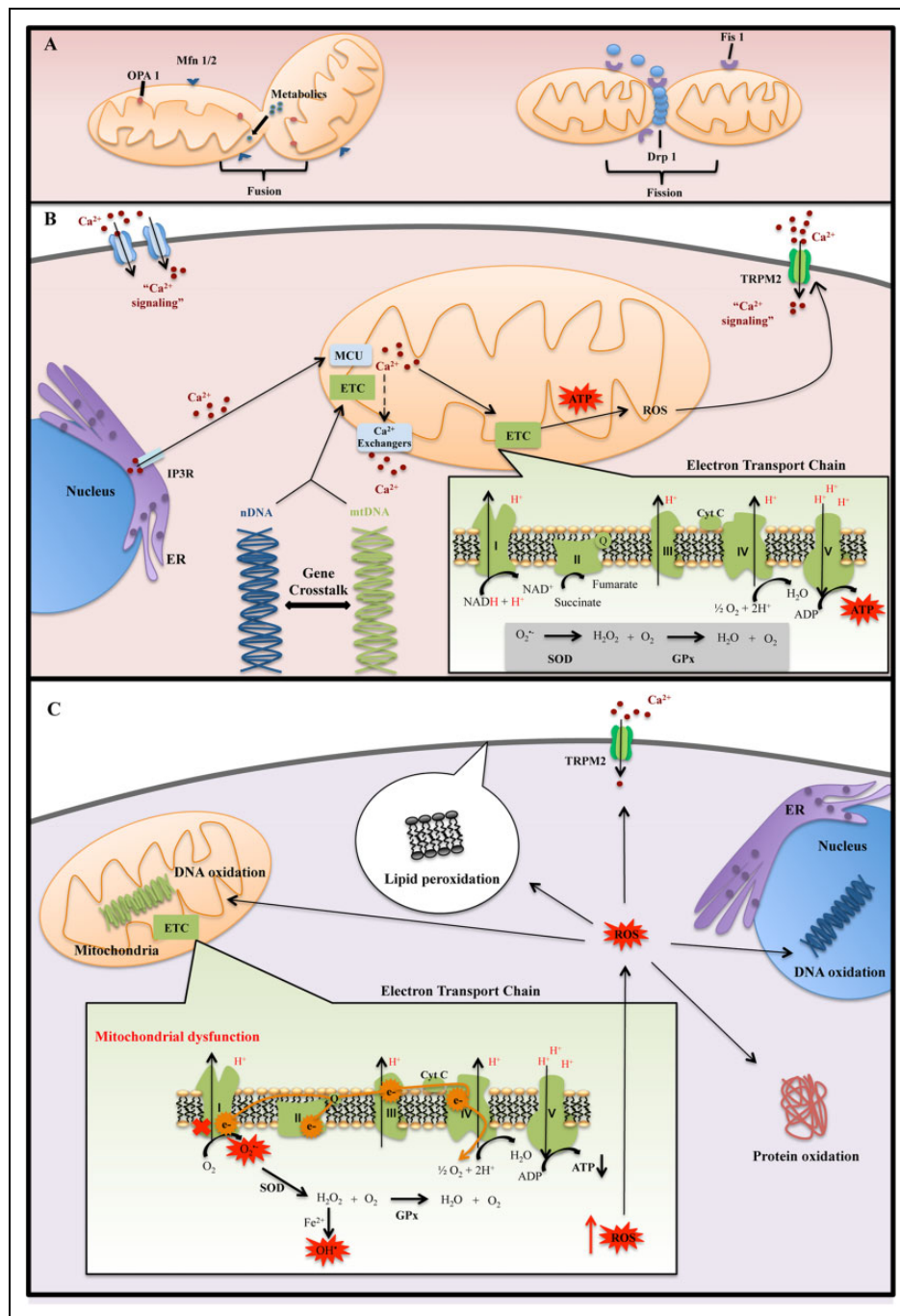


Figure 1. (A) Mitochondrial dynamic: fusion process is important for mitochondrial function by diffusion of metabolites and enzymes between mitochondria, as well as dilution of damaged proteins and DNA. The fusion mediators are Mfn1 and Mfn2, which is present on the outer mitochondrial membrane, and Opa1, which is located in the inner mitochondrial membrane. Fission process can isolate injured mitochondria, contributing to mitochondrial quality control. The fission mediators are Fis1 and Drp1. Fis1 recruits Drp1 to mitochondria, and it permits the development of fission process. (B) Normal mitochondrial function: mitochondrial and electron transport chain (ETC) assembly and function are dependent on nuclear DNA (nDNA) and mitochondrial DNA (mtDNA)-encoded proteins. nDNA-encoded proteins regulate mitochondrial replication, transcription, and repair, allowing for crosstalk between nDNA and mtDNA. Mitochondria take up Ca^{2+} primarily through mitochondrial Ca^{2+} uniporter (MCU). Ca^{2+} is then extruded from mitochondria through ion exchangers that are coupled to adenosine triphosphate (ATP) production. Mitochondria are localized close to sites of Ca^{2+} entry, such as the endoplasmic reticulum (ER) and membrane channels, allowing them to buffer cytosolic Ca^{2+} concentrations. (C) Mitochondrial dysfunction: ETC impairment increases the amount of electrons leakage, resulting in increased reactive oxygen species (ROS) production. High levels of ROS coupled with low antioxidant defenses disrupt redox homeostasis, leading to cellular oxidative stress. Antioxidant defenses include superoxide dismutase (SOD) and glutathione peroxidase (GPx). If these high levels of ROS are not sufficiently detoxified by these antioxidant enzymes, it can cause oxidative damage to proteins, lipids, and nucleic acids.

Table 1. Summary of Pertinent Findings Discussed of Mitochondrial-Related Alterations in Patients with BD and SCZ.

| Markers | | BD | SCZ | Sample Type | References |
|-------------------------|---------------------------------|----|-----|--|--|
| Mitochondrial complex I | NDUFV1 | ↓ | — | Postmortem prefrontal cortex and hippocampus | Scola et al., ⁴ Andreazza et al. ³⁰ |
| | NDUFS1 | ↓ | — | | |
| | NDUFS8 | ↓ | — | | |
| | NDUFS7 | ↓ | — | | |
| mtDNA polymorphisms | A10398G (ND3) | R | NA | Peripheral blood | Kato et al. ⁵⁴ |
| | T12027C (ND4) | NA | R | Postmortem brain | Marchbanks et al. ⁵⁷ |
| | T3644TC (ND1) | R | NA | Transmitochondrial cybrids | Munakata et al. ⁵⁸ |
| nDNA polymorphisms | −796C>G (NDUFV2 at 18p11) | R | NA | Lymphoblastoid cells | Washizuka et al., ⁶⁰ Washizuka et al. ⁶¹ |
| | −795T>G (NDUFV2 at 18p11) | R | NA | | |
| | −602G>A (NDUFV2 at 18p11) | R | NA | | |
| | −233T>C (NDUFV2 at 18p11) | R | NA | | |
| nDNA-mtDNA crosstalk | DNA polymerase subunit γ | ↓ | — | Lymphoblastoid cells, peripheral blood mononuclear cells | Kato et al., ⁶⁶ Munkholm et al. ⁶⁷ |
| Lipid peroxidation | Malondialdehyde | ↑ | ↑ | Peripheral blood | Gonzalez-Liencrez et al., ³⁸ Kunz et al., ⁴¹ Gubert et al. ⁴² |
| | 4-Hydroxy-2-nonenal | ↑ | ↑ | Postmortem anterior cingulate and prefrontal cortex | Wang et al., ³⁴ Andreazza et al. ³⁶ |
| Antioxidant enzyme | 8-Isoprostanes | ↑ | — | Postmortem prefrontal cortex | Andreazza et al. ³⁶ |
| | Glutathione peroxidase | — | ↑ | Serum | Kuloglu et al. ⁴³ |
| Protein alterations | Carbonyl content | ↑ | — | Postmortem prefrontal cortex | Andreazza et al., ³⁰ Andreazza et al. ³⁶ |
| | 3-Nitrotyrosine content | ↑ | ↑ | Postmortem prefrontal cortex, peripheral blood | Andreazza et al., ³⁰ Andreazza et al. ³⁵ |
| RNA damage | 8-Hydroxyguanosine | ↑ | ↑ | Postmortem hippocampus | Che et al. ⁴⁴ |

↑, increased; ↓, decreased; —, no specific or significant alteration; R, risk factor; NA, not applicable; BD, bipolar disorder; mtDNA, mitochondrial DNA; nDNA, nuclear DNA; SCZ, schizophrenia.

products such as 8-isoprostanes (8-ISO), malondialdehyde (MDA), 4-hydroxy-2-nonenal (4-HNE), and acrolein.^{39,40} MDA has been frequently found to be elevated in both BD and SCZ⁴¹⁻⁴³ and was negatively correlated with complex I activity.⁴² Oxidative damage to fatty acids, which make up myelin, may cause degeneration of white matter tracts and produce abnormalities in neural circuits.⁴⁰ Indeed, elevated levels of 4-HNE have been found in myelin fractions from patients with BD and SCZ, with elevated levels of 8-ISO in BD.³⁶ It is also important to note that many other markers are specific to particular disease states. For example, increased GPx levels were found in SCZ but not BD,⁴³ while protein carbonylation was elevated in BD but not in SCZ.³⁰ Overall, these findings support the hypothesis that mitochondrial dysfunction and oxidative imbalance contribute to the pathophysiology of BD and SCZ. Next, we explore upstream processes involved in controlling mitochondrial and ETC function in the context of BD and SCZ, including mitochondrial and nuclear genomics, mitochondrial dynamics and quality control, and Ca²⁺ homeostasis.

Mitochondrial and Nuclear Genomics

As BD and SCZ show a high degree of heritability,^{45,46} studying where genetic mutations occur may provide

insight into possible pathways that are dysregulated in these diseases. While genetic alterations related to countless cellular processes have been reported in BD and SCZ,^{47,48} we focus on those directly related to ETC function. While mitochondria contain their own DNA, this is not sufficient for function of the ETC.⁴⁹ Both mitochondrial DNA (mtDNA) and nuclear DNA (nDNA)-encoded proteins are essential for ETC assembly (Figure 1B). For example, complex I is composed of 37 nDNA-encoded and 7 mtDNA-encoded subunits. Importantly, a number of nDNA-encoded assembly factors or chaperones are required for the stability and proper assembly of ETC complexes.⁵⁰ nDNA-encoded proteins also regulate the replication, transcription, and repair of mtDNA.^{51,52} Therefore, mutations in either nDNA or mtDNA have the potential to directly affect mitochondrial function.

mtDNA mutations likely contribute to BD and SCZ. mtDNA mutations (Table 1) are commonly associated with BD and SCZ. Furthermore, these disorders have higher rates of maternal inheritance than paternal inheritance, which aligns with the fact that mtDNA is inherited exclusively from the mother.^{45,53} Dozens of mtDNA single-nucleotide polymorphisms (SNPs) in genes encoding ETC proteins have been associated with BD and SCZ.⁵⁴⁻⁵⁶ These SNPs have the potential to affect ETC function. For example, the

mtDNA SNP 12027T>C, encoding the ND4 subunit of complex I, is associated with SCZ and with greater production of SOD, suggesting a compensatory response to increased ROS production.⁵⁷ mtDNA SNPs occurring in the ND1 and ND3 subunits of complex I are associated with BD and lead to impaired mitochondrial function in mtDNA cybrids.^{54,58} Many other mtDNA SNPs have been associated with BD and SCZ, but the functional consequences of most of these have not been explored. Based on current evidence, it is likely that variants in genes encoding ETC proteins can directly affect mitochondrial function.

Mutations in nDNA are also involved in mitochondrial dysfunction. nDNA-encoded genes are important for the architecture, assembly, and catalytic functions of mitochondrial ETC.⁴⁹ Mutations in nDNA encoding complex I catalytic subunits have been shown to impair mitochondrial function.⁵⁹ Indeed, the complex I subunit NDUFB2 has been identified as a possible risk factor for BD; its gene is found at a well-replicated susceptibility locus for BD (18p11), and SNPs in this gene have been associated with BD.⁶⁰ One particular SNP (-602G>A) is associated with BD and results in decreased promoter activity.⁶¹ Altered NDUFB2 expression levels have been reported in samples of both BD^{60,62} and SCZ.⁶³ Downregulation of NDUFB7 has also been reported in BD,^{30,31} which was correlated with reduced activity of complex I and increased protein oxidation.³⁰ nDNA-encoded proteins not only make up the majority of the ETC^{64,65} but are also required for the stability of the ETC⁵⁰ and the replication, transcription, and repair of mtDNA.^{51,52} For example, DNA polymerase subunit gamma (Polγ), which is responsible for the replication of mtDNA, is downregulated in peripheral cells of patients with BD.^{66,67} Interestingly, transgenic mice expressing neuron-specific mutant Polγ accumulate mtDNA mutations and demonstrate mood disorder-like behavior that is worsened by tricyclic antidepressants and improved by Li⁺.⁶⁸ The association between genes and symptoms in psychiatric disorders is often complex, but identifying risk genes may help shed light on potential mechanisms and therapeutic targets for these disorders.^{55,69,70}

Mitochondrial Dynamics and Trafficking

Mitochondria are dynamic organelles that undergo changes in morphology and localization; these changes affect cellular processes such as ATP production, mitosis, and mitophagy.⁷¹⁻⁷³ Mitophagy is a quality control process in which damaged mitochondria are degraded in lysosomes. Alterations in mitochondrial dynamics have been implicated in neurodegenerative diseases.⁷⁴ Initial investigations in psychiatric illnesses have suggested a role for altered mitochondrial dynamics in SCZ. However, these processes have not been thoroughly investigated in either SCZ or BD. Future research may help to answer these questions.

Mitochondrial dynamics involve changes in mitochondrial morphology through fusion and fission, as well as

movement through the cells via microtubule motor proteins (Figure 1A).^{71,75,76} Fusion promotes diffusion of contents between mitochondria, spreading metabolites and enzymes,⁷⁷ diluting damaged proteins and DNA, and increasing communications with the endoplasmic reticulum.^{74,78} On the other hand, fission is necessary for cell division and for maintaining mitochondrial quality control; damaged mitochondria are isolated by fission and subject to mitophagy.⁷⁷ Thus, both fission and fusion are necessary for optimal mitochondrial and cell function.

The fusion process is mediated by Mitofusin 1 (Mfn1), Mitofusin 2 (Mfn2),^{75,79} and optic atrophy 1 (Opa1) protein.⁷⁴ Mfn2 is also crucial for mitochondrial tethering to ER membranes, forming mitochondria-associated ER membranes (MAMs).⁸⁰ MAMs allow for the transport of Ca²⁺ and lipids from the ER to mitochondria and are important for mitophagy.^{80,81} Knockout of Mfn2 in cells leads to fragmentation of mitochondria, disrupted MAMs,⁸⁰ and impaired mitophagy.⁸² The role of fusion in psychiatric illnesses has not been established yet, but one analysis of postmortem prefrontal cortex samples revealed decreased levels of Opa1 in SCZ specimens.⁸³

Mitochondrial fission is essential for cell proliferation and mitophagy.^{84,85} The main mediators of fission are mitochondrial fission 1 protein (Fis1) and dynamin-related protein 1 (Drp1).^{74,86} However, few studies to date have established the role for Fis1 and Drp1 in BD and SCZ; these represent potential targets for future investigation.⁸³ An interesting mechanism for altered mitochondrial dynamics in SCZ is through G72. G72 has previously been identified as a candidate gene for SCZ,⁸⁷ and levels of G72 protein appear to be substantially higher in the plasma of both medicated and unmedicated patients with SCZ.⁸⁸ While originally thought to modulate NMDA signaling, a recent investigation demonstrated that transfection of G72 into primary neurons induces mitochondrial fragmentation and increases dendritic branching.⁸⁹ Cells expressing a loss-of-function Drp1 mutant, which have impaired fission, exhibit drastically reduced fragmentation in response to G72.⁸⁹ Overexpression of G72 may promote mitochondrial fission and lead to altered neural connectivity. G72 is not only a promising peripheral biomarker but may also contribute to mitochondrial dysfunction in SCZ.

Mitochondrial dynamics involve not only the processes of fission and fusion but also movement of mitochondria through the cell.⁷¹ The trafficking and localization of mitochondria in neurons are influenced by ATP and Ca²⁺ concentration.⁹⁰ High levels of ATP increase mitochondrial motility in dendrites to areas of high energy demand⁹¹; in contrast, high levels of ADP and Ca²⁺ inhibit movement.⁹¹⁻⁹³ Because localization of mitochondria is important for Ca²⁺ homeostasis¹⁰ and ATP provision,⁹⁴ impairment in mitochondrial trafficking can produce alterations in neurotransmitter release and synaptic function.^{90,95} A key protein involved in mitochondrial trafficking is disrupted in schizophrenia (Disc1).^{71,96} Disc1 associates with kinesin-1, which

is necessary for the anterograde movement of mitochondria.⁹⁴ In yeast, decreased Disc1 function results in decreased complex I activity and ATP production, as well as perturbed Ca²⁺ buffering.⁹⁷ The Disc1 SNP R37 W decreases Disc1 expression⁹⁸ and impairs anterograde movement of mitochondria.⁹⁴ Other Disc1 SNPs are associated with SCZ and BD, although the functional consequences are unknown.^{94,99,100} Currently available research suggests that mitochondrial dynamics are impaired in SCZ, but it is unknown if mitochondrial dynamics are involved in other psychiatric illnesses.

The Role of Calcium Homeostasis in Mitochondrial Dysfunction

Among other functions, Ca²⁺ influences cell metabolism, death/survival, and neurotransmission through regulation of the mitochondria. The primary uptake mechanism for Ca²⁺ by mitochondria is through the mitochondrial Ca²⁺ uniporter (MCU).^{101,102} While the affinity of the MCU for Ca²⁺ is low, localization of mitochondria to regions of cytosolic Ca²⁺ influx, such as the ER and membrane channels, allows them to buffer the cell from large spikes in Ca²⁺ concentration.^{10,102} Mitochondrial Ca²⁺ is extruded into the cytosol through exchangers that are coupled to the ETC (Figure 1 B).^{9,102} Uptake of Ca²⁺ into mitochondria enhances respiration by activating several dehydrogenases in the citric acid cycle.¹⁰³ The subsequent accumulation of NADH leads to an increased production of ATP, which is required to pump Ca²⁺ out of mitochondria.^{9,104} While Ca²⁺ is a positive effector of mitochondrial function, Ca²⁺ overload causes uncoupling of the ETC and depolarization of the mitochondrial membrane.^{105,106} Ca²⁺ overload therefore decreases the mitochondrion's capacity to generate ATP and remove Ca²⁺,⁹ inducing ROS production¹⁰⁴ and potentially leading to apoptosis. As mitochondrial ATP production and Ca²⁺ buffering are essential for neurotransmission and cell survival, dysfunction may alter neural plasticity.^{10,107}

Intracellular Ca²⁺ dyshomeostasis has long been implicated in BD and SCZ. For example, elevated Ca²⁺ are frequently observed in stimulated platelets from patients with untreated SCZ and BD.¹⁰⁸⁻¹¹² Such findings are indicative of altered intracellular Ca²⁺ signaling but do not offer specific evidence of the processes involved. The ER is a likely source of Ca²⁺ dysfunction in BD and SCZ. Because the ER is a major source of intracellular Ca²⁺ and closely associated with mitochondria through MAMs, dysfunctions in ER-mediated release of Ca²⁺ affect Ca²⁺ homeostasis within mitochondria.^{102,104}

The ER releases Ca²⁺ largely through inositol triphosphate receptors (IP₃ R). IP₃ R is an ER membrane Ca²⁺ channel that is activated by IP₃. Dysregulation of Ca²⁺ influx through IP₃Rs disrupts mitochondrial function through Ca²⁺ overload.¹⁰⁴ In neurons, such events alter normal neurotransmitter release and synaptic plasticity.¹⁰ Several lines of evidence suggest a role for IP₃Rs in Ca²⁺

dyshomeostasis in BD and SCZ. Neuronal Ca²⁺ sensor-1 (NCS-1) protein levels are elevated in the dorsolateral PFC of patients with SCZ and BD but not depression.^{113,114} NCS-1 increases cytosolic Ca²⁺ levels by enhancing IP₃ R activity; this process is blocked by therapeutic levels of Li⁺.^{115,116} Furthermore, Li⁺ and valproate inhibit enzymes in the IP cycle involved in the generation of IP₃, decreasing IP₃ R activity.^{117,118} As well, both typical and atypical antipsychotics inhibit IP₃-induced Ca²⁺ release. Patients with untreated BD or SCZ may have altered sensitivity to Ca²⁺-releasing stimuli in part due to overexpression of NCS-1.¹¹⁹

The antiapoptotic protein Bcl-2 also inhibits IP₃-mediated IP₃ R Ca²⁺ release,¹²⁰ thereby protecting mitochondria against Ca²⁺ overload.⁹ Decreased levels of Bcl-2 protein have been reported in the frontal cortex of patients with BD¹²¹ and the temporal cortex of patients with SCZ.^{122,123} Bcl-2 SNPs in patients with BD are associated with lower levels of Bcl-2 messenger RNA and protein, elevated basal Ca²⁺, and enhanced IP₃R-mediated Ca²⁺ release.^{124,125} Li⁺ has been shown to increase Bcl-2 expression in the central nervous system¹²⁶ and restores Ca²⁺ homeostasis in Bcl-2 variants, further supporting a role for Bcl-2 in BD.¹²⁴ Bcl-2 not only reduces IP₃R-mediated Ca²⁺ release¹²⁰ but also modulates membrane L-type Ca²⁺ channels.¹²⁷ Cells with decreased levels of Bcl-2, such as in BD and SCZ, are therefore at greater risk of mitochondrial Ca²⁺ overload. Ca²⁺ dysregulation observed in BD and SCZ may be in part due to altered IP₃ R activity, leading to enhanced influx of Ca²⁺ from the ER to closely associated mitochondria. Ca²⁺ overload can depolarize the mitochondrial membrane and impair its other functions.^{105,106}

It is important also to consider that mitochondrial function is crucial in the regulation of intracellular Ca²⁺ levels. Impairments in mitochondrial function have the potential to dysregulate Ca²⁺ homeostasis. For example, the mtDNA SNP 10398G>A, found in the region encoding the complex I subunit ND3, is associated with BD⁵⁴ and with higher mitochondrial pH and Ca²⁺ concentrations.¹²⁸ Moreover, SH-SY5Y cells chronically exposed to rotenone (>2 weeks), which induces 15% to 30% decreases in complex I function, demonstrate altered Ca²⁺ influx in response to stimulation, which is dependent in part on MCU.¹²⁹ This suggests that diminished ETC function, which is commonly observed in BD and SCZ, impairs the mitochondrion's ability to buffer intracellular Ca²⁺. Mitochondrial ROS can also alter Ca²⁺ flux by modulating redox-sensitive Ca²⁺ channels, such as TRPM2.^{130,131} Disruptions in either mitochondrial function or intracellular Ca²⁺ homeostasis have the potential to exacerbate each other.

Concluding Remarks

We have described a role for mitochondrial dysfunction in the pathophysiology of major psychoses and discussed upstream pathways that may contribute to controlling mitochondrial function in BD and SCZ. Upstream pathways can be summarized as mutations in mtDNA and nDNA,

perturbed mitochondrial dynamics, and dysregulated intracellular Ca^{2+} homeostasis. BD and SCZ are complex and heterogeneous diseases; it is unlikely that all of these pathways are dysregulated in a given individual. Rather, different individuals may present with alterations in different processes that may converge upon mitochondrial dysfunction. The processes involved in energy production, mitochondrial dynamics, and Ca^{2+} homeostasis are interdependent. Subtle alterations in one process may either be compensated or exacerbated by other processes, contributing to the complexity of these disorders. Despite this, the mitochondrial dysfunction present in BD appears to be distinct from that in SCZ. While both BD and SCZ are associated with mitochondrial dysfunction and redox modulations, BD is associated with decreased protein and gene expression of NDUFS7 and NDUFS8, 2 core subunits for electron transfer in complex I. As these subunits are mandatory for electron transfer to ubiquinone, patients with BD may be more susceptible to ROS generation by electron loss through complex I compared to those with SCZ. Altered expression of complex I subunits is reported in SCZ, but the direction of these findings is inconsistent, unlike the decreased levels observed in BD.⁴

BD features manic and depressive episodes. Studies to date have not been designed to address how mitochondrial function may change in each state of the illness within the same individual. Nevertheless, we might speculate that during manic episodes, patients experience a general increase in neurotransmission; this requires high levels of energy, suggesting an increase in mitochondria activity resulting in increased ATP and ROS production. Overproduction of mitochondrial ROS leads to changes in the redox state of certain proteins, altering their function. This may explain, in part, the cyclical nature of BD. Redox modulations to proteins may decrease mitochondrial activity, altering neurotransmission and producing symptoms of depression. Of course, it should be noted that the above mechanism is speculative, and longitudinal studies examining markers of mitochondrial function are crucial to determine how mitochondrial activity varies between mood states.

Understanding the upstream processes that affect mitochondrial function will help in identifying the different triggers of mitochondrial dysfunction in each of the 2 psychiatric illnesses. Ultimately, delineating the causes of mitochondrial dysfunction will guide rational development of novel therapeutics with better efficacy and fewer adverse effects.

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