# Effect of Hydrogen Sulfide Donors on Intraocular Pressure in Rabbits

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## Abstract

**Purpose:** In this study, we investigated the effect of a slow-releasing hydrogen sulfide ( $H_2S$ ) donor, GYY 4137, on intraocular pressure (IOP) in normotensive rabbits. Furthermore, we compared the IOP-lowering action of GYY 4137 with those elicited by other  $H_2S$ -producing compounds, L-cysteine and ACS67 (a hybrid compound of latanoprost with an  $H_2S$ -releasing moiety).

*Methods:* IOP was measured in New Zealand normotensive male albino rabbits using a pneumatonometer (model 30 classic; Reichert Ophthalmic Instruments, Depew, NY). At 0 h,  $50 \,\mu$ L of test compounds were applied topically to 1 eye of each animal, while the contralateral eye received the same quantity of vehicle (saline). IOP was measured hourly until baseline IOP readings were attained and animal eyes monitored for potential side effects (i.e., tearing, hyperemia).

**Results:** GYY 4137 (0.1%–2%) produced a dose-dependent decrease in IOP reaching a maximum of 27.8%  $\pm$  3.14% (*n*=5) after 6 h. Interestingly, a significant contralateral effect was observed in vehicle-treated controls eyes at all doses tested. L-cysteine (5%) and ACS67 (0.005%) also elicited a significant (*P*<0.01) decrease in IOP that achieved a maximum of 28.84%  $\pm$  1.53% (*n*=5) and 23.27%  $\pm$ 0.51% (*n*=5), respectively, after 3 h. All 3 H<sub>2</sub>S-producing compounds also caused a significant contralateral effect in vehicle-treated control eyes.

**Conclusion:** We conclude that GYY 4137 and other  $H_2S$ -producing donors can reduce IOP in normotensive rabbits. However, the profile of IOP-lowering action of GYY 4137 was different from the other  $H_2S$  donors affirming its ability to act as a slow-releasing gas donor.

# Introduction

**H** YDROGEN SULFIDE (H<sub>2</sub>S) is an odiferous water-soluble gas that is commonly released into the environment by bacterial anaerobic digestion of organic matter.<sup>1</sup> Although known for centuries as an environmental toxicant and industrial pollutant, there is evidence that H<sub>2</sub>S can act as a gaseous neurotransmitter in mammals.<sup>1</sup> Three enzymes have been reported to synthesize H<sub>2</sub>S from the sulfur-containing amino acid, L-cysteine, in the presence of 2 pyridoxal 5'phosphate (vitamin B6)-dependent enzymes, cystathionine β-synthase (CBS), or cystathionine-γ-lyase (CSE) enzymes, and 3-mercaptopyruvate sulfurtransferase (3MST) along with cysteine aminotransferase.<sup>2-4</sup>

Both CBS and CSE have been localized in mammalian ocular tissues suggesting a potential physiological/pharmacological relevance for  $H_2S$  in the mammalian eye.<sup>5–8</sup> Indeed, there is a correlation between the expression of enzymes of the biosynthetic pathways for  $H_2S$  production with the endogenous production of this gas in ocular tissues.<sup>6,8</sup> Deficiency of CBS has been associated with ocular diseases such as lens dislocation, retina degeneration, retinal detachment, and acute glaucoma.<sup>9</sup> In the bovine isolated neural retina, inhibitors of CSE and CBS have been reported to reduce endogenous production of  $H_2S$ , whereas an activator of CBS, S-adenosyl-L-methionine, enhanced the biosynthesis of this gas confirming the involvement of enzymes of the transsulfuration pathway in this tissue.<sup>8</sup>

In addition to the demonstration of an *in situ* production of  $H_2S$ , there is evidence in favor of a pharmacological role for this gas in mammalian ocular tissues. In the anterior uvea,  $H_2S$  donors such as NaHS and Na<sub>2</sub>S inhibited field-stimulated [<sup>3</sup>H] norepinephrine release and reduced cate-cholamine concentrations from isolated porcine iris-ciliary

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bodies.<sup>10</sup> The ability of  $H_2S$  donors to reduce sympathetic output was blocked by inhibitors of CSE and CBS, indicating that endogenously produced  $H_2S$  is involved in this response.<sup>10</sup>

At postjunctional sites,  $H_2S$  donors and its substrate, Lcysteine, have also been reported relax precontracted isolated porcine irides, an effect that was partially dependent upon endogenous biosynthesis of  $H_2S$  in this tissue.<sup>11,12</sup> Furthermore, in bovine posterior ciliary arteries,  $H_2S$  donors such as NaHS, GYY 4137, AP67, and AP72 have been shown to relax phenylephrine-induced tone by an action that is partially dependent upon the endogenous production of  $H_2S$ , prostanoids, and  $K_{ATP}$  channels.<sup>13,14</sup>

In the retina,  $H_2S$  donors can inhibit excitatory amino acid neurotransmission from both isolated bovine and porcine tissues by an effect that was partially dependent on the endogenous biosynthesis of this gas.<sup>15</sup> There is evidence that  $H_2S$  donors can increase cyclic AMP production in isolated bovine and porcine retinae and retinal pigment epithelial cells, an effect that was dependent on endogenous biosynthesis of  $H_2S$  and on the functional integrity of  $K_{ATP}$ channels.<sup>16,17</sup> Taken together, these observations affirm the fact that  $H_2S$  can have both physiological and pharmacological actions on ocular tissues.

In preliminary studies, we found that the  $H_2S$  donor, NaHS, can reduce intraocular pressure (IOP) on normotensive conscious albino rabbits.<sup>18</sup> Similarly, ACS67, an  $H_2S$ releasing derivative of latanoprost, induced a much higher decrease in IOP than the parent compound in 2 glaucomatous rabbit models, indicating a role for  $H_2S$  in the regulation of aqueous humor dynamics.<sup>19</sup> The aim of this study is to compare the IOP-lowering effect of 3 different categories of  $H_2S$ -releasing compounds (Fig. 1) in normotensive rabbits: GYY 4137, a slow  $H_2S$ -releasing compound; ACS67, a fast-releasing hybrid of latanoprost; and an  $H_2S$ -producing moiety and L-cysteine, a substrate for the endogenous production of  $H_2S$ . Parts of the data presented in this article have been communicated in an abstract form.<sup>20</sup>



**FIG. 1.** Chemical structures for hydrogen sulfideproducing compounds. (A) L-cysteine; (B) GYY 4137; and (C) ACS67.

# Methods

## Chemicals

ACS67 [7-[(1R,2R,3R,5S)-3,5-dihydroxy-2-[(3R)-3hydroxy-5-phenylpentyl]cyclopentyl]-4-(3-thioxo-3H-1,2dithiol-5-yl)phenyl ester, 5Z-heptenoic acid] and GYY 4137 [(*p*-methoxyphenyl)morpholino-phosphinodithioic acid] were purchased from Cayman Chemicals (Ann Arbor, MI). L-cysteine was purchased from Sigma-Aldrich (St. Louis, MO; 63103).

### Measurement of IOP

Animal protocols were approved by the Institutional Animal Care and Use Committee. Animal studies were conducted in adherence to the Association for Research in Vision and Ophthalmology statement for the Use of Animals in Ophthalmic and Vision Research.

New Zealand normotensive male albino rabbits (weighing about 2 kgs) were purchased from Charles River Laboratories and conditioned to 12-h light–12-h dark cycles and divided into groups of 5 animals each. Each concentration of test drug was tested in 5 different animals. When utilized multiple times, animals were allowed a wash-out period of at least 7 days before they were used to evaluate the IOP effects of other test drugs. Test drugs were applied at 8:00 am in the morning and were unmasked to the investigators.

On the day of the experiment, baseline IOP was measured 30 min before and 0 h after topical application of proparacaine 0.5% (local anesthetic). Measurements of IOP were taken in gently restrained conscious animals using a pneumatonometer (model 30 classic; Reichert Ophthalmic Instruments, Depew, NY). At 0 h, 50  $\mu$ L of compounds (GYY 4137, ACS67, and L-cysteine) were applied topically to 1 eye of each animal, while the contralateral eye received the same quantity of vehicle (saline). IOP was measured hourly until baseline IOP readings were attained to observe the complete profile of action of the compounds administered. Eyes of animals treated with the various compounds were also monitored for potential side effects (i.e., tearing, hyperemia).

## Data analysis

Results were expressed as change in IOP (mmHg) and/or percentage inhibition of IOP. Except where indicated otherwise, values given are arithmetic mean  $\pm$  standard error of the mean. Significance of differences between control and agent-treated preparations was evaluated using analysis of variance followed by Tukey's post-test. Differences with *P*-values <0.05 were accepted as statistically significant.

# Results

As illustrated in Fig. 2A, topical application of GYY 4137 (0.1%-2%) elicited a dose-dependent decrease in IOP. Interestingly, a fall in IOP was also observed in the contralateral eyes treated with the vehicle (Fig. 2B). At a dose of 2%, GYY 4137 caused a 27.48% ± 3.14% (n=5) maximal decrease in IOP with a duration of action that lasted up to 9 h. The decrease in IOP observed in the contralateral (vehicle control) eyes of animals treated with GYY 4137 also exhibited a similar pattern of response and recovery



**FIG. 2.** Effect of GYY 4137 on IOP in normotensive conscious albino rabbits *in vivo*. (A) GYY 4137 (0.1%-2%)-treated and (B) contralateral, vehicle-treated eyes. *Vertical bars* represent means ± SEM of data obtained from 5 rabbits. \*P < 0.05, \*\*P < 0.001; \*\*\*P < 0.001, significantly different from baseline IOP. IOP, intraocular pressure; SEM, standard error of the mean.

(Fig. 2B). We observed that eyes treated with GYY 4137 and its vehicle did not exhibit any ocular side effects (hyperemia, tearing, etc.).

We compared the pharmacological actions of GYY 4137 with those of L-cysteine, a substrate for the production of H<sub>2</sub>S. Topical application of L-cysteine (5%) caused a 28.84%  $\pm$  1.53% (*n*=5) decrease in IOP, which reached a maximum in 3 h and lasted up to 7 h (Fig. 3). A contralateral decrease in IOP was observed in the vehicle-treated (control) eyes. The fall in IOP in the control eyes displayed a similar pattern of response seen in compound-treated ones. In addition, no ocular side effects were observed in eyes treated with L-cysteine or in the vehicle (control) ones.

We next examined the effect of a topical application of 2 doses of ACS67 on IOP. ACS67 [0.005% (Fig. 3) and 0.01%] elicited a 23.3%  $\pm$  0.51% (*n*=5) and a 22.84%  $\pm$  3.41% (*n*=5) reduction in baseline IOP that reached a maximum in ~3 h and lasted up to 7 h. A corresponding decrease in IOP was observed in the contralateral vehicle-treated (control) eyes of animals exposed to both doses of ACS67. We did not observe ocular side effects in animals treated with both doses of ACS67. Table 1 summarizes the effects of doses of GYY



**FIG. 3.** Effect of hydrogen sulfide-producing compounds, L-cysteine (5%) and ACS67 (0.005%), on IOP in normotensive conscious albino rabbits *in vivo*. *Vertical bars* represent means  $\pm$  SEM of data obtained from 5 rabbits. \*\*\**P* < 0.001, significantly different from baseline IOP.

4137, L-cysteine, and ACS67 that produced an equivalent maximal reduction of IOP in normotensive animals.

## Discussion

It is well established that exposure of the mammalian eye to high concentrations of H<sub>2</sub>S can lead to deleterious side effects.<sup>21</sup> For instance, concentrations of H<sub>2</sub>S above 50 ppm at the mucus membrane can lead to keratoconjunctivitis.<sup>22</sup> Recently, the possible physiological and pharmacological actions of this gas have been demonstrated in ocular tissues from several mammalian species. The presence and distribution of enzymes responsible for the biosynthesis of H<sub>2</sub>S in ocular tissues (such as CBS and CSE) have been reported by several investigators.<sup>5–8</sup> Interestingly, insufficiency of CBS due to a deficiency in the gene encoding this enzyme has been linked to some ocular disorders such as retinal detachment and acute glaucoma.9 In addition to enzymes of the transsulfuration pathway involved in the production of H<sub>2</sub>S, substrates such as cysteine and homocysteine are present in ocular tissues. Indeed, elevated concentrations of homocysteine have been reported in the aqueous humor, tear fluid, and plasma of patients with primary open-angle glaucoma.<sup>23,24</sup> Furthermore, Roedl et al. found an increased level of homocysteine in the tear fluid and plasma of

TABLE 1. PEAK ACTIVITY, DURATION OF ACTION, AND MAXIMUM IOP REDUCTION (%) OF HYDROGEN SULFIDE DONORS

Drug	Concentration (%)	Peak activity (h)	Duration of action (h)	Max ± SEM (%) IOP reduction
GYY 4137	0.1	5	9	$16.34 \pm 2.37$
GYY 4137	1	5	9	$17.04 \pm 1.79$
GYY 4137	2	6	9	$27.84 \pm 3.14$
ACS67	0.005	3	7	$23.27 \pm 0.51$
ACS67	0.01	3–4	7	$22.84 \pm 3.41$
L-Cysteine	5	3	7	$28.84 \pm 1.53$

IOP, intraocular pressure; SEM, standard error of the mean.

patients with pseudoexfoliation glaucoma.<sup>25</sup> In 2014, Ran et al. reported elevated concentrations of  $H_2S$  in the vitreous body and plasma of patients with proliferative diabetic retinopathy.<sup>26</sup>

In addition to its potential physiological and pathophysiological roles in the eye,  $H_2S$  has been shown to exert pharmacological actions in mammalian ocular anterior and posterior segments. For instance,  $H_2S$  can alter neurotransmitter release from tissues of the anterior uvea and retina and can exert a neuroprotective action in the retina.<sup>10,15–17,19,27,28</sup> There is evidence that  $H_2S$  can relax both isolated mammalian irides and posterior ciliary arteries.<sup>11–14</sup> ACS67, a novel  $H_2S$ -releasing derivative of latanoprost, was found to exert a greater fall in IOP than the parent compound in 2 glaucomatous rabbit models, indicating a role for  $H_2S$  in aqueous humor dynamics as well.<sup>19</sup>

In this study, we compared the pharmacological actions of a slow-releasing  $H_2S$  donor, GYY 4137, with those of other donors, L-cysteine and ACS67, on IOP in normotensive rabbits. GYY 4137 has been reported to act as a water soluble, slow-releasing  $H_2S$  donor.<sup>29,30</sup> We observed that topical administration of GYY 4137 caused a dosedependent decrease in IOP that reached a maximum in 5–6 h and lasted up to 9 h before its return to baseline pressure. Interestingly, a corresponding fall in IOP was observed in the contralateral vehicle (control) eyes at all doses tested. The observed consensual ophthalmotonic reaction observed in the control eyes could be due to a systemic action of the absorbed topical dose of GYY 4137 or by a central action on IOP control mechanisms<sup>31</sup>.

NaHS is a widely used H<sub>2</sub>S donor that has been shown to release large amounts of the gas in a short duration of time.<sup>29,30</sup> In preliminary studies, a dose of 1%, topically applied NaHS caused a drop in IOP of 28.13% (n=6), which peaked in 3 h and lasted up to 7 h.<sup>18</sup> A comparable effect was observed for L-cysteine, a substrate for the production of H<sub>2</sub>S, which also caused a maximal fall in IOP in 3 h that lasted up to 7 h before its return to baseline pressure. Similar to NaHS, the contralateral vehicle-treated (control) eyes of animals exposed to L-cysteine also displayed a concomitant parallel decrease in IOP that lasted up to 7 h.<sup>18</sup> The observed contralateral effect in the vehicle-treated eyes may be due to a systemic action of these compounds or their central effect on IOP control mechanisms. It is pertinent to note that the maximal reduction in IOP elicited by Lcysteine occurred earlier and the duration of action was shorter than that observed with GYY 4137.

Since ACS67 has been reported to decrease IOP in 2 models of induced glaucoma in rabbits, this study investigated the pharmacological actions of this compound on IOP in normotensive animals.<sup>19</sup> We found that ACS67 elicited a fall in IOP that reached a maximum in  $\sim$  3 h and lasted up to 7 h. Our data support the observation made by Perrino et al. that ACS67 can lower IOP in both normotensive and glaucomatous animals.<sup>19</sup> A corresponding decrease in IOP was observed in the contralateral vehicle (control)-treated eyes at both doses tested. The consensual ophthalmotonic reaction may be due to a systemic action of ACS or its central effect on IOP control mechanisms. Since New Zealand albino rabbits are reportedly resistant to the IOP-lowering effects of latanoprost,<sup>19</sup> it is conceivable that the H<sub>2</sub>S accounts for the observed ocular hypotensive effect elicited by ACS67. In comparison with GYY 4137, ACS67 displayed a profile of reduction in IOP that reached its maximum earlier and had a shorter duration of action.

It is of interest to note that all 3 H<sub>2</sub>S-releasing compounds tested lowered IOP and caused a corresponding contralateral effect in vehicle-treated eyes. The ability of ocular hypotensive compounds to elicit a parallel consensual ophthalmotonic reaction has been reported for  $\beta$ -adrenoceptor antagonists such as timolol and for muscarinic receptor agonists such as pilocarpine.<sup>31</sup> The contralateral effects observed with H<sub>2</sub>S donors may be due to the inherent ability of the gas to easily cross biological membranes. The exact mechanism of action of H<sub>2</sub>S in regulating aqueous humor dynamics is unknown. It is tempting to speculate that due to its ability to modify sympathetic neurotransmission, an effect of H<sub>2</sub>S on nerve activity and/or neurotransmitter pools in the anterior uvea may account, at least in part, for its action on IOP.<sup>10</sup>

We conclude that  $H_2S$ -releasing compounds can lower IOP in normotensive animals. The slow-releasing  $H_2S$ compound, GYY 4137, displayed a profile of action that took a longer time to reach maximal reduction in IOP and a longer time to recover from its action. On the other hand, the substrate for  $H_2S$  biosynthesis, L-cysteine and ACS67, elicited a fall in IOP that reached its maximum in a shorter time and recovered much faster than GYY 4137. The profile of IOP-lowering action of GYY 4137 was different from the other  $H_2S$  donors confirming its ability to act as a slowreleasing  $H_2S$  donor.

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### **Author Disclosure Statement**

The authors, S.E.O. and C.A.O., hold U.S. Patent 8092838, 2012 for "Use of hydrogen sulfide in the treatment of eye diseases."

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