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REVIEW

# Prevention and management of hepatitis B virus reactivation in patients with hematological malignancies treated with anticancer therapy

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# Abstract

Hepatitis due to hepatitis B virus (HBV) reactivation can be severe and potentially fatal, but is preventable. HBV reactivation is most commonly reported in patients receiving cancer chemotherapy, especially rituximabcontaining therapy for hematological malignancies and those receiving stem cell transplantation. All patients with hematological malignancies receiving anticancer therapy should be screened for active or resolved HBV infection by blood tests for hepatitis B surface antigen (HBsAg) and antibody to hepatitis B core antigen (anti-HBc). Patients found to be positive for HBsAg should be given prophylactic antiviral therapy to prevent HBV reactivation. For patients with resolved HBV infection, no standard strategy has yet been established to prevent HBV reactivation. There are usually two options. One is pre-emptive therapy guided by serial HBV DNA monitoring, whereby antiviral therapy is given as soon as HBV DNA becomes detectable. However, there is little evidence regarding the optimal interval and period of monitoring. An alternative approach is prophylactic antiviral therapy, especially for patients receiving highrisk therapy such as rituximab, newer generation of anti-CD20 monoclonal antibody, obinutuzumab or hematopoietic stem cell transplantation. This strategy may effectively prevent HBV reactivation and avoid the inconvenience of repeated HBV DNA monitoring. Entecavir or tenofovir are preferred over lamivudine as prophylactic therapy. Although there is no well-defined guideline on the optimal duration of prophylactic therapy, there is growing evidence to recommend continuing prophylactic antiviral therapy for at least 12 mo after cessation of chemotherapy, and even longer for those who receive rituximab or who had high serum HBV DNA levels before the start of immunosuppressive



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therapy. Many novel agents have recently become available for the treatment of hematological malignancies, and these agents may be associated with HBV reactivation. Although there is currently limited evidence to guide the optimal preventive measures, we recommend antiviral prophylaxis in HBsAg-positive patients receiving novel treatments, especially the Bruton tyrosine kinase inhibitors and the phosphatidylinositol 3-kinase inhibitors, which are B-cell receptor signaling modulators and reduce proliferation of malignant B-cells. Further studies are needed to clarify the risk of HBV reactivation with these agents and the best prophylactic strategy in the era of targeted therapy for hematological malignancies.

**Key words:** Hepatitis B virus reactivation; Hematological malignancies; Rituximab; Hematopoietic stem cell transplant; Prophylactic antiviral therapy

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**Core tip:** Hepatitis due to hepatitis B virus (HBV) reactivation can be severe and potentially fatal. All patients with hematological malignancies receiving anticancer therapy should be screened for hepatitis B surface antigen (HBsAg) and antibody to hepatitis B core antigen. Patients found to be positive for HBsAg should be given prophylactic antiviral therapy. For patients with resolved HBV infection, either preemptive therapy guided by serial HBV DNA monitoring or prophylactic antiviral therapy, especially for patients receiving high-risk therapy are reasonable options. Further studies are needed to find out the best prophylactic strategy in the era of targeted therapy for hematological malignancies.

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## INTRODUCTION

Patients infected with hepatitis B virus (HBV) are at risk of reactivation of the virus if they receive chemotherapy, even if they have chronic or resolved HBV infection. HBV reactivation is most commonly reported in patients receiving cancer chemotherapy for haematological malignancies or haemopoietic stem cell transplantation (HSCT) recipients, although it has also been reported in patients receiving treatment for solid tumours like breast cancer.

The first few reports of hepatitis B reactivation were in patients with lymphoma<sup>[1]</sup>, but the highest risk

of HBV reactivation is seen with the potent anti-CD20 monoclonal antibody, rituximab, which came into use in the last two decades and results in profound B-cell depletion.

The newer generation of anti-CD20 monoclonal antibody, obinutuzumab, will induce a more profound B-cell depletion than rituximab does, and the risk of HBV reactivation is expected to be high. Similarly, the newer targeted therapies, such as the Bruton's tyrosine kinase (BTK) inhibitors and phosphatidylinositol 3-kinase (PI3K) inhibitors, which have recently proven to be successful in a number of hematological malignancies<sup>[2-12]</sup>, may also potentially cause HBV reactivation because they block B-cell antigen receptor signalling and reduce malignant proliferation of B-cells. The increasing use of proteasome inhibitors in multiple myeloma and hypomethylating agents in elderly patients with acute myeloid leukemia should arouse caution on the risk of HBV reactivation in these hematological malignancies.

The initiating factor of HBV reactivation is thought to be loss of immune control over viral replication. During chemotherapy, when the immune system is suppressed, HBV replicates dramatically and the viral load increases causing widespread infection of hepatocytes. When chemotherapy is stopped and immune function is restored, liver cells containing HBV may produce a strong immune-mediated reaction causing liver damage<sup>[13]</sup>.

The clinical manifestations of HBV reactivation range from asymptomatic self-limiting anicteric hepatitis to potentially fatal, severe liver failure. Deranged liver function due to HBV reactivation may also lead to a delay or interruption of the chemotherapy regimen, which is likely to increase the risk of morbidity and mortality associated with the underlying malignancy.

Most of the data of HBV reactivation in cancer patients come from lymphoma patients receiving chemotherapy and rituximab. This article describes the risk and clinical course of HBV reactivation in patients with lymphoma, as well as those with other hematological malignancies such as multiple myeloma or acute leukemia, or receiving the novel agents used in hematological malignancies. We will also discuss the choice of antiviral agent for the prevention of HBV reactivation and duration of antiviral prophylactic therapy and management of HBV reactivation.

# DEFINITIONS OF HBV REACTIVATION AND CLINICAL MANIFESTATIONS

Approximately 350 million people worldwide are chronically infected with HBV. All patients with HBV infection develop anti-HBc and the antibody persists after clearance of HBsAg. Therefore, anti-HBc is a good marker of current as well as past infection with HBV. Anti-HBs can be present due to previous infection or successful hepatitis B vaccination. The presence of anti-HBc without HBsAg or anti-HBs indicates resolved



HBV infection, but patients with this marker are still at risk of HBV reactivation and a fatal outcome. Although HBV DNA is rarely found in peripheral blood after the HBV infection has resolved, trace amounts are often found within the liver and can be activated when the immune response is suppressed.

HBV reactivation is diagnosed by a marked increase or de novo appearance of HBV DNA in serum<sup>[14]</sup>. Reactivation of HBV replication is defined as a marked increase in HBV replication [ $\geq$  2log increase (100 fold) from baseline levels or a new appearance of HBV DNA to a level of  $\geq$  100 IU/mL] in a person with previously stable or undetectable levels of HBV DNA<sup>[15]</sup>. Newer and more sensitive HBV DNA assays have increased the number of patients who can be diagnosed with HBV reactivation<sup>[16]</sup>.

HBV reactivation can be described as exacerbation of chronic hepatitis B or reactivation of past hepatitis B infection. The latter can be further defined as reverse HBsAg seroconversion (reappearance of HBsAg), or appearance of HBV DNA in serum in the absence of HBsAg.

The course of HBV reactivation has three phases<sup>[15,17]</sup>. During the first phase, there is an increase in levels of HBV DNA in the serum of an HBsAg-positive person or a reappearance of HBsAg or HBV DNA in serum in a person who was previously HBsAg-negative or had undetectable serum HBV DNA, respectively. Symptoms of hepatitis are usually absent and levels of liver enzymes, *e.g.*, alanine aminotransferase (ALT), are not elevated.

During the second phase, serum HBV DNA levels continue to increase, and there is an increase in ALT levels, with or without symptoms of acute hepatitis. Hepatic injury may progress in some patients, causing liver failure and even death. These changes in the second phase may occur between chemotherapy administrations or after cessation of chemotherapy, and may result from reconstitution of the host immune response<sup>[18]</sup>.

In the third phase, hepatic injury resolves either spontaneously or as a result of withholding immunosuppressive therapy or initiation of antiviral therapy.

HBV reactivation can occur at any time during or after chemotherapy. It typically occurs after the second or third courses of chemotherapy for patients undergoing treatment for lymphoma. In patients receiving rituximab for the treatment of non-Hodgkin's lymphoma, HBV reactivation may occur after a median of six doses and up to 12 mo after the last dose of rituximab<sup>[19]</sup>.

HBsAg-negative/anti-HBc-positive patients who receive allogeneic HSCT are at risk of developing HBV reactivation for several years after transplantation because of the long delay in reconstituting the recipient's immune response to  $HBV^{[20]}$ .

## **RISK FACTORS FOR HBV REACTIVATION**

#### Underlying diseases

HBV reactivation is most commonly reported in patients with lymphoma, but it is unclear whether lymphoma itself increases the risk of HBV reactivation because there are no studies comparing the risk in patients with other diseases receiving similar chemotherapeutic regimens. The frequent association between lymphoma and HBV reactivation might be related to the intensity of the chemotherapy regimen, resulting in marked immunosuppression. Alternatively, it might also be related to a higher prevalence of HBV infection among lymphoma patients<sup>[21-25]</sup>.

Deng *et al*<sup>[26]</sup> recently showed that in HBsAg-positive diffuse large B-cell lymphoma (DLBCL) patients, the majority (96%) of patients' amino acid sequences of heavy- and light-chain complementarity-determining region 3 exhibited a high homology to antibodies specific for HBsAg, and 90% of *IgHV* and *IgLV* genes were mutated. This suggests that HBV-associated DLBCL might arise from HBV antigen-selected B-cells.

Although most early reports of HBV reactivation were in patients with lymphoma, more data on HBV reactivation have recently emerged in patients with other hematological diseases like multiple myeloma. Multiple myeloma is the second most common hematological malignancy. HBV reactivation has been reported in patients who are HBsAg-positive and in those who are HBsAg-negative/anti-HBc-positive<sup>[27-30]</sup>. Moreover, severe immune dysfunction associated with advanced myeloma may also predispose myeloma patients to virus reactivation<sup>[31]</sup>.

Mya *et al*<sup>[27]</sup> investigated the incidence of hepatitis B reactivation in 273 patients with multiple myeloma undergoing high-dose therapy followed by autologous stem cell transplant (HDT-ASCT) and treatment with novel agents. Patients were screened for the presence of HBsAg and anti-HBc. The prevalence of HBV infection was 5.5%, including three cases of HBV reactivation despite lamivudine prophylaxis. Of the three patients with HBV reactivation, two developed reactivation 3 to 5 mo after HDT-ASCT while receiving thalidomide maintenance, and one reactivated 3 years after HDT-ASCT followed by bortezomib salvage therapy.

Another study by Li *et al*<sup>[30]</sup> analyzed 139 myeloma patients. HBsAg-positive patients underwent prophylactic therapy before starting immunosuppressive therapy, and the incidence of HBV reactivation was 22.1%. This high incidence of HBV reactivation is believed to be due to the use of bortezomib and/or treatment with ASCT.

The risk of HBV reactivation is significant in patients with acute myeloid leukemia (AML) receiving chemotherapy, with an incidence similar to that in

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patients with lymphoma. A recent study by Chen et al<sup>[32]</sup> analysed 490 AML patients and found that the incidence of HBV reactivation and HBV-related hepatitis were 9.5 and 8.3 per 100 person-years, respectively, in AML patients who are also chronic hepatitis B carriers. This is similar to the incidence of HBV reactivation in lymphoma patients. Prophylaxis with anti-HBV agents significantly decreased the risk of hepatitis B reactivation among HBV carriers (13% vs 61%, P < 0.001). Since fulminant hepatitis B is a catastrophic event for AML patients infected with HBV<sup>[33-35]</sup>, periodic assessment of liver function and HBV serological status or prophylactic antiviral therapy is important during chemotherapy. Further prospective studies of patients with AML would be useful to assess the true incidence of HBV flare-ups and the best prophylactic strategy.

HBV reactivation is common in the setting of HSCT as a result of profound immunosuppression, the use of multiple immunosuppressive agents for allogeneic transplantations and substitution of the preexisting immune system with one that has not been exposed to HBV in the past<sup>[14]</sup>.

The risk is greatest among patients undergoing allogeneic HSCT because of the requirement for highdose conditioning chemotherapy, and the profound immunosuppression and prolonged use of immunosuppressive agents to prevent the development of graft-*vs*-host-disease after HSCT. Patients undergoing autologous HSCT receive high-dose chemotherapy like high-dose melphalan in multiple myeloma or BEAM [BCNU (carmustine), etoposide, cytarabine, melphalan] in relapsed or refractory lymphoma. The risk of HBV reactivation in autologous HSCT is similar to that in patients undergoing intensive chemotherapy.

HBV reactivation is not uncommon in HBsAgnegative/anti-HBc positive patients undergoing HSCT, with a rate of HBsAg seroconversion (reappearance of HBsAg in a person who was HBsAg-negative, anti-HBc-positive before HSCT) of 20% according to a retrospective study<sup>[20]</sup>. The cumulative probability of HBsAg seroconversion was 42.9% at 4 years after HSCT.

#### Gender

Male sex is a consistent host factor shown to be associated with an increased risk of HBV reactivation<sup>[1,36]</sup>. In one study of 78 HBsAg-positive patients with various types of cancer, 29% of the male patients had HBV reactivation compared with 10% of the female patients<sup>[36]</sup>.

#### HBV serologic status

HBsAg-positive patients have a higher risk of HBV reactivation than patients who are HBsAg-negativeanti-HBc-positive. HBsAg positivity is associated with a 5- to 8-fold increase in the risk for HBV reactivation<sup>[37]</sup>. Moreover, those with detectable or high levels of serum HBV DNA prior to start of immunosuppressive therapy have a higher risk of HBV reactivation than do those with undetectable or low levels of HBV  $DNA^{[38-40]}$ .

HBV reactivation in HBsAg-negative patients is also increasingly being encountered nowadays because of the use of B-cell-depleting agents<sup>[16,41,42]</sup>. Most HBsAgnegative-anti-HBc-positive patients have undetectable serum HBV DNA levels, but the risk of HBV reactivation is higher in the minority with detectable serum HBV DNA at baseline. Moreover, in HBsAg-negative-anti-HBc-positive patients, those who have an undetectable or low titre of anti-HBs level at the onset of immunosuppressive therapy or have a loss of anti-HBs during immunosuppressive therapy have an increased risk of HBV reactivation<sup>[43-47]</sup>.

#### Types of anticancer therapies

Steroids are a common component of treatment for hematological malignancies, especially lymphoid diseases, and are combined with chemotherapy in most regimens used to treat lymphoma and multiple myeloma. It was shown that long-term treatment with prednisolone increases HBsAg levels and HBV DNA in hepatocytes, with rebound immune T-cell function and subsequent hepatocyte destruction upon withdrawal of the corticosteroid<sup>[48]</sup>. High-dose steroid (> 20 mg/d of prednisolone) and long duration of therapy (> 4 wk) increases the risk of HBV reactivation.

Anthracyclines, such as doxorubicin or daunorubicin, are commonly used to treat hematological malignancies such as lymphoma and acute leukemia. There is a significant risk of HBV reactivation in patients receiving doxorubicin as part of the chemotherapeutic regimens<sup>[49,50]</sup>.

B-cell depleting agents, like anti-CD20 monoclonal antibodies, are used in various hematological malignancies, including lymphoma and chronic lymphocytic leukemia (CLL). These monoclonal antibodies (including rituximab, ofatumumab) act against B-lymphocyte antigen CD20, resulting in profound depletion of the B-cells involved in priming specific cytotoxic T-cells<sup>[51]</sup>. Rituximab was the first monoclonal antibody approved by the Food and Drug Administration (FDA), and is the most widely used treatment for CD20-positive B-cell lymphoma patients. Rituximab is a chimeric type 1 antibody that kills CLL cells primarily by means of complement-dependent and antibody-dependent cellular cytotoxicity after binding to CD20. The use of rituximab is associated with a more than 5-fold increase in the risk of HBV reactivation<sup>[19]</sup>. In 2013, the United States FDA issued a black box warning concerning the risk of HBV reactivation in patients receiving anti-CD20 monoclonal antibodies<sup>[52]</sup>.

The profound B-cell depletion induced by rituximab interferes with the generation of anti-HBs, which can neutralize circulating HBsAg. Rituximab worsens the impairment of antigen-presenting B-cells that is seen with chronic HBV, leading to insufficient induction of CD4 T-cell activation and proliferation and a T-cell



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Drug class	Drug	Risk of HBV reactivation for HBsAg-positive patients	Risk of HBV reactivation for HBsAg- negative/anti-HBc-positive patients					
Monoclonal antibody	Rituximab	High (30%-60%)	High (> 10%)					
	Ofatumumab							
	Obinutuzumab							
Anthracycline chemotherapy	Doxorubicin	High (15%-30%)	High (> 10%)					
	Epirubicin							
	Daunorubicin							
Corticosteroids	High dose,	High (> 10%)	Not available					
	<i>e.g.</i> , Prednisolone $\ge 20 \text{ mg for} \ge 4 \text{ wk}$							
	Moderate dose,	Moderate (1%-10%)	Moderate (1%-10%)					
	<i>e.g.</i> , Prednisolone < 20 mg for $\ge$ 4 wk							
	Low dose, <i>e.g.</i> , Prednisolone < 1 wk	Low (< 1%)	Low (< 1%)					
Tyrosine kinase inhibitors	Imatinib, nilotinib	Moderate (1%-10%)	Moderate (1%-10%)					
Traditional	Methotrexate, azathioprine,	Low (< 1%)	Low (<1%)					
immunosuppressive agents	6-mercaptopurine							

Table 1 Drug classes and corresponding risks of HBV reactivation<sup>[49,67]</sup>

HBV: Hepatitis B virus.

hyporesponsive state<sup>[53]</sup>.

Alemtuzumab is an anti-CD52 monoclonal antibody that is useful in refractory chronic lymphocytic leukemia patients and certain types of T-cell lymphoma. HBV reactivation has also been reported to occur with alemtuzumab therapy<sup>[54-57]</sup>.

Tyrosine kinase inhibitors (*e.g.*, imatinib, dasatinib, nilotinib) are currently the standard treatment for all phases of chronic myeloid leukemia. There have been some reports of HBV reactivation in patients who have been given these agents<sup>[58-64]</sup>. The exact mechanism for HBV reactivation is not clear with tyrosine kinase inhibitors, but it may be related to immune restoration. Clinicians need to give prophylactic antiviral therapy or regularly monitor HBV DNA and liver enzymes of HBV-infected patients during imatinib treatment.

The use of hypomethylating agents including decitabine and azacitidine has increased in recent years, especially in the elderly acute myeloid leukemia (AML) patients. AML is common in elderly patients and the median age of onset is 67 years<sup>[65,66]</sup>. To date, there has been no reported case of HBV reactivation in patients using hypomethylating agents, possibly because the degree of myelosuppression with these agents is not as severe as it is with cytotoxic chemotherapy for AML. There is no recommended prophylactic strategy for HBV reactivation in these patients using hypomethylating agents. We would recommend consideration of antiviral prophylaxis for HBsAg positive patients using hypomethylating agents for the treatment of AML, since myelosuppression is a side effect of these agents. Table 1 summarizes the drug classes and corresponding risks of HBV reactivation<sup>[49,67]</sup>.

#### Newer monoclonal antibodies

Adult T-cell leukemia/lymphoma (ATLL) is a rare but aggressive subtype of T-cell lymphoma with a higher prevalence in Japan and South America. Mogamulizumab is a humanized monoclonal antibody targeting the C-C chemokine receptor 4 that was developed and introduced into the management of ATLL. However, there have been reports of HBV reactivation in Japanese patients treated with this agent, affecting both HBsAg-positive and HBsAg-negative/anti-HBc patients<sup>[68-70]</sup>. One of these cases of HBV reactivation with mogamulizumab in an ATLL patient was fatal<sup>[68]</sup>. Further prospective studies are needed to estimate the risk and incidence of HBV reactivation in patients using this agent and to establish regular HBV DNA monitoring-guided preemptive antiviral therapy for such patients.

Brentuximab vedotin is an anti-CD30 drug-conjugated antibody used in the treatment of relapsed or refractory Hodgkin lymphoma and CD30 positive T-cell lymphoma<sup>[71-73]</sup>. CD30 can be found on malignant lymphoid cells and activated T-cells. CD30 has an important role in developing memory and effector CD4<sup>+</sup> T-cells, but its effects on B-cells are controversial. Following binding to CD30, brentuximab vedotin will be internalized rapidly and cause cell cycle arrest and apoptosis. There has been a case report from China of HBV reactivation in one patient given brentuximab vedotin<sup>[74]</sup>.

Obinutuzumab is a newer generation of anti-CD20 monoclonal antibody. Similar to rituximab, it is a humanized, glycol-engineered type 2 antibody also targeted against CD20<sup>[75]</sup>. Based on the risk of HBV reactivation with rituximab, the FDA has mandated a warning about risk of HBV reactivation with obinutuzumab, although no specific events of reactivation have been reported with this agent. Obinutuzumab showed higher efficacy than rituximab, by inducing direct cell death and enhanced antibody-dependent cellular cytotoxicity (with less complement-dependent cytotoxicity). It can cause more profound suppression of CD20 than rituximab. A comparison of obinutuzumab with rituximab showed better complete response rate and longer progression-free survival with obinutuzumab than with rituximab,



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when both were given in combination with chlorambucil in the treatment of CLL<sup>[76]</sup>. The use of this agent would be expected to increase in the treatment of CLL and other lymphoproliferative diseases.

#### Other novel agents

There are many new targeted agents for hematological malignancies, including the BTK ibrutinib and the PI3K delta inhibitor idelalisib, which are both B-cell receptor signaling modulators. They have been approved by FDA for the treatment of CLL and certain low-grade non-Hodgkin's lymphomas (NHL). These oral compounds are currently in various clinical trials in patients with different subtypes of aggressive and low-grade B-cell NHLs and they will be used more clinically in the future.

There is already a case report concerning the HBV reactivation in a CLL patient receiving ibrutinib<sup>[77]</sup>. This patient with relapsed CLL had previously resolved hepatitis B infection and was negative for HBsAg and positive for anti-HBc Ab. HBV reactivation occurred five months after starting ibrutinib treatment. The patient recovered from HBV reactivation after receiving entecavir therapy. Ibrutinib acts by blocking B-cell antigen receptor signalling, thereby reducing malignant proliferation of B-cells and inducing cell death<sup>[4]</sup>. Ibrutinib irreversibly binds IL-2-inducible kinase and inhibits activation of Th2 cells after T-cell receptor stimulation. This inhibition is specific to Th2polarized CD4 T-cells, because redundant resting lymphocyte kinase remains functional, thus providing a compensatory platform for activation of Th1 and CD8 T-cells<sup>[78]</sup>.

Physicians should be vigilant about the possibility of HBV reactivation when using these agents. We recommend screening patients for HBV antigens before using the BTK or PI3K blockers, and prescribing prophylactic antiviral therapy in HBsAg-positive patients. Further studies are required to assess the risk of HBV reactivation in patients receiving small molecules in the treatment of lymphoma and leukemia.

Myelofibrosis is a myeloproliferative disease characterized by excessive production of reticulin and collagen fibers, hepatosplenomegaly, anemia and a tendency to transform to acute leukemia. About 50% of patients present the JAK2V617F mutation, resulting in a constitutively activated Janus-activated kinase (JAK) signal and increased production of cytokines. Ruxolitinib is a novel inhibitor JAK1 and JAK2 that has been approved for the treatment of patients with myelofibrosis. Clinical trials have shown that ruxolitinib can effectively reduce the size of the spleen and liver and improve myelofibrosis-related symptoms<sup>(79,80]</sup>. However, there are also reports of HBV reactivation in patients with myelofibrosis following ruxolitinib treatment<sup>[81,82]</sup>.

The approval of the proteasome inhibitor bortezomib for newly diagnosed and relapsed or refractory multiple myeloma patients marked a revolutionary change in the drug treatment of multiple myeloma<sup>[83-85]</sup>. Bortezomib is also the backbone of induction therapy for transplant-eligible patients prior to stem cell harvest. It inhibits T-cell function<sup>[86,87]</sup>, which could promote viral replication in patients with multiple myeloma. Bortezomib has been shown to be associated with HBV reactivation in both HBsAg positive patients and HBsAg negative/anti-HBc positive patients with or without stem cell transplant<sup>[29,30,88]</sup>. HBV reactivation has been reported 1 to 3 years after stem cell transplantation in some patients with multiple myeloma and factors associated with bortezomib-containing chemotherapy and autologous stem cell transplant.

Multiple myeloma cells uniformly overexpress CD38. Daratumumab, a CD38-targeting, human IgG1 $\kappa$  monoclonal antibody, was shown to have a favorable safety profile and encouraging efficacy in heavily pretreated patients with refractory myeloma<sup>[89]</sup>. Daratumumab can potentially increase the risk of HBV reactivation because CD38 is expressed in B-cell hematological malignancies. There is no reported case so far and further studies are needed to assess the risk of HBV reactivation with this monoclonal antibody.

There has been a report of HBV reactivation occurring after six cycles of pomalidomide/doxorubicin/ dexamethasone treatment in a myeloma patient with an initially unknown HBV carrier status<sup>[90]</sup>. This had not been observed after previous administration of highly immunosuppressive high-dose melphalan prior to autologous stem cell transplantation, which may indicate that the immunomodulatory agent (pomalidomide) was the cause of the HBV reactivation. More data are needed to determine whether immunomodulators affect the risk of HBV reactivation.

### PREVENTION OF HBV REACTIVATION

#### HBV screening

The key to prevention of HBV reactivation is the identification of patients with HBV infection before initiation of chemotherapy. Patients at risk of HBV reactivation are easily identified by testing HBsAg and anti-HBc. The European Association for the Study of the Liver and Asian-Pacific Association for the Study of the Liver recommend universal HBV screening prior to initiation of immunosuppressive therapy while the American Association for the Study of Liver Diseases, American Gastroenterological Association and American Society of Clinical Oncology recommend screening patients with risk factors<sup>[49,91-94]</sup>. We recommend screening all patients with hematological malignancies for active or prior HBV infection by testing for HBsAg and anti-HBc in serum.

#### HBsAg positive patients

The risk of HBV reactivation is high in HBsAgpositive patients receiving chemotherapy. The risk is



even higher in patients with high HBV replication at baseline with high serum HBV DNA level, receiving rituximab-containing chemotherapy or a stem cell transplant. A systematic review of 14 studies showed that, in HBsAg-positive patients who were not given prophylaxis with the antiviral agent lamivudine during chemotherapy, the rate of HBV reactivation, liver failure, and death were 32%, 13%, and 7%, respectively<sup>[95]</sup>. Furthermore, lamivudine prophylaxis could decrease HBV reactivation and HBV hepatitis by 80% to 100% and eliminate HBV liver failure, as well as reducing the delay or interruption of chemotherapy due to HBV reactivation<sup>[96]</sup>.

Therefore, once a patient is identified as being seropositive for HBsAg, the patient will benefit from receiving prophylactic antiviral treatment for hepatitis B before or concomitantly with starting chemotherapy, irrespective of the HBV DNA level. The number needed to treat to prevent one reactivation was 3 patients<sup>[97]</sup>. Antiviral therapy started after HBV reactivation may not be able to prevent hepatitis or hepatitis flares<sup>[16]</sup>, because antiviral therapy usually takes a few weeks to months to reduce viral loads and control the disease, during which there is ongoing inflammation and necrosis of the liver<sup>[14]</sup>. Moreover, randomized trials have shown that prophylactic antiviral therapy is more effective than a pre-emptive strategy in HBsAg-positive patients<sup>[98,99]</sup>. Another major limitation of pre-emptive antiviral therapy is its reliance on close monitoring of HBV DNA levels.

#### HBsAg-negative/anti-HBc-positive patients

Patients with resolved HBV infection may have occult HBV infection with persistent detectable viremia despite the absence of detectable circulating HBsAg<sup>[14]</sup>. The HBV reactivation rate ranged from 8.9% to 41.5% in HBsAg-negative/anti-HBc-positive patients receiving rituximab-containing chemotherapy in different studies with different definitions of HBV reactivation, using either HBsAg seroconversion or detectable HBV DNA<sup>[16,41,42,45,99]</sup>. A meta-analysis of 15 studies (6 prospective and 9 retrospective) involving 578 patients gave a pooled risk estimation of HBV reactivation (ALT more than 3 times the upper limit of normal and either HBsAg seroconversion or an increase in serum HBV DNA) of 6.3% in patients exposed to rituximab<sup>[100]</sup>. Most of the reported cases of HBV reactivation in patients with resolved HBV infection were self-limited, but fulminant hepatitis and hepatitis-induced mortality were sometimes  $reported^{[99,101-105]}$ .

For patients with resolved HBV infection, no standard strategy has yet been established to prevent HBV reactivation. There are usually two options. One is pre-emptive therapy guided by serial HBV DNA monitoring, whereby the antiviral drug is given as soon as HBV DNA becomes detectable. Pre-emptive antiviral therapy may be a reasonable strategy, but there is limited evidence regarding the optimal interval and period of monitoring<sup>[16,106]</sup>. An alternative approach

is prophylactic antiviral therapy, especially for highrisk chemotherapy such as rituximab-containing chemotherapy. This strategy may effectively prevent HBV reactivation and avoid the inconvenience of repeated HBV DNA monitoring<sup>[107]</sup>. Moreover, antiviral therapy may be less effective once high titers of viremia are attained, and the same medication could be more effective if given earlier, when viremia is minimal.

Prophylactic antiviral therapy is more effective than pre-emptive antiviral therapy in preventing HBV reactivation in high-risk patients, such as those receiving rituximab or undergoing HSCT. Whether pre-emptive antiviral therapy is more cost-effective in clinical settings associated with moderate risk of HBV reactivation (for example, HBsAg-negative-anti-HBc-positive patients receiving chemotherapy for lymphoma that does not include anti-CD20 therapy) is unclear. A major limitation of pre-emptive antiviral therapy is its reliance on close monitoring of HBV DNA levels and prompt initiation of antiviral therapy when HBV reactivation is detected. Table 2 summarizes the prospective studies in HBsAg negative/anti-HBc positive patients with hematological malignancies who received pre-emptive or prophylactic treatment.

More reports of resolved HBV infection in other hematological malignancies like multiple myeloma have been published in recent few years. In a recently published study of 230 HBsAg-negative/anti-HBcpositive multiple myeloma patients, 12 (5.2%) displayed HBV reactivation, which was defined as the reappearance of HBsAg with or without de novo detection of HBV DNA in the blood<sup>[29]</sup>. The cumulative rate of HBV reactivation was 5% at 2 years and 8% at 5 years<sup>[29]</sup>. Absence of anti-HBs and high-dose therapy and then autologous stem cell transplant were found to be risk factors associated with HBV reactivation. The cumulative incidence rate of HBV reactivation rate at 2 years was significantly higher in patients who were anti-HBs negative than anti-HBs positive at baseline (9% vs 3%, P = 0.033) patients, and was also significantly higher for patients who had received high-dose therapy and then autologous stem cell transplant than for patients who had not (7% vs 0%, P = 0.025). These high-risk patients may benefit from regular monitoring of HBV DNA levels.

Future prospective studies are needed on costeffective strategies for the optimal timing and duration for the regular monitoring of HBV DNA and indication of prophylactic antiviral therapy in multiple myeloma patients for avoiding HBV-related liver complications and mortality.

Another recent study included 315 HBsAg-negative, anti-HBc positive patients who received autologous or allogenic stem cell transplantation. The primary endpoint was the incidence of HBV reactivation. With a median follow-up duration was 21.4 mo, antiviral prophylaxis was not given to 219 patients, and 96 received

# Table 2 Prospective studies on HBV reactivation in haematology patients with resolved hepatitis B virus infection (HBsAg negative anti-HBc positive patients)

Author/year	Disease	Study design	Sample size	Definition of HBV reactivation	Rate of HBV reactivation	Risk factor(s) identified for HBV reactivation	Death from HBV reactivation
Yeo et al <sup>[99]</sup> 2009	Diffuse large B-cell lymphoma	All patients were observed every 2-3 wk during anticancer therapy and every 6-8 wk for 9 mo after anticancer therapy Start lamivudine upon HBV reactivation	46	HBsAg seroconversion (the reappearance of HBsAg) with an increase in HBV DNA levels when compared with baseline HBV DNA levels, in the absence of acute infection with HAV, HCV, or other systemic infections	25% in patients receiving R-CHOP	Absence of anti- HBs, use of rituximab and male sex	20% died of HBV reactivation
Huang <i>et al</i> <sup>[107]</sup> 2013	B-cell lymphoma	Entecavir prophylaxis (continued until 3 mo after completing chemotherapy) vs preemptive treatment	80	Elevation of HBV viral load to 2000 IU/mL with two consecutive determinations (2 wk apart)	Incidence was 4.3% in entecavir group and 25.9% in the control group at 1.5 yr	Lack of entecavir prophylaxis	Nil
Seto <i>et al</i> <sup>[45]</sup> 2014	CD20 positive B-cell lymphoma	HBV DNA monitoring every 4 wk Start entecavir upon detection of HBV reactivation	63	HBV DNA ≥ 10 IU/mL	2-yr cumulative rate 41.5%	Anti-HBs < 10 mIU/mL	Nil
Hsu <i>et al</i> <sup>[16]</sup> 2014	CD20 positive B-cell lymphoma	HBV DNA monitoring every 4 wk Start entecavir upon detection of HBV reactivation	150	> 10-fold increase in HBV DNA, compared with previous nadir levels	Incidence was 10.4%	Absence of anti- HBs	Nil
Kusumoto <i>et al</i> <sup>[46]</sup> 2015	CD20 positive B-cell lymphoma	HBV DNA monitoring every 4 wk Start entecavir upon detection of HBV reactivation	269	HBV DNA ≥ 11 IU/mL	Incidence was 8.3% at 1.5 yr	Anti-HBs < 10 mIU/mL and baseline HBV DNA below level of quantification	Nil

HBV: Hepatitis B virus; HBsAg: Hepatitis B surface antigen; HBc: Hepatitis B core antigen.

prophylaxis. The median duration of prophylaxis was 7.0 mo. HBV reactivated in 12 patients (4 in the group receiving prophylaxis and 8 in the non-prophylactic group). The median time to reactivation was 20.5 mo after starting chemotherapy<sup>[108]</sup>. All patients who developed HBV reactivation were treated with antiviral agents. The risk of reactivation was increased significantly in patients who had an allogeneic HSCT and those with loss of anti-HBs. This study showed that short-term antiviral prophylaxis may not be able to decrease the risk of HBV reactivation. This suggests that prophylaxis should be used for longer than 24 mo or careful monitoring of HBV DNA should be combined with on-demand antiviral treatment to prevent hepatitis flares in post-transplant patients.

# HBsAg negative/anti-HBc negative/anti-HBs positive patients

HBV reactivation in patients with isolated anti-HBs is extremely rare. In general, individuals who are seropositive only for anti-HBs (HBsAg negative and anti-HBc negative) are usually considered as having a history of HBV vaccination and are at no risk for HBV reactivation. Routine monitoring is usually not recommended. However, HBV reactivation has been reported to occur in patients who were seropositive for anti-HBs alone<sup>[109,110]</sup>.

A patient with follicular lymphoma without record of hepatitis B vaccination had only anti-HBs but no anti-HBc before chemotherapy. He later developed high viremia with an HBV escape mutant, which was difficult to detect by HBsAg assays<sup>[109]</sup>. The escape mutants of HBV carry mutations in the major antigenic region of HBsAg. They are able to grow in the presence of anti-HBs. Anti-HBc may appear very late.

Another patient with diffuse large B-cell lymphoma without record of vaccination against HBV was negative for HBsAg and anti-HBc, and positive for anti-HBs (127 IU/mL) before chemotherapy. She had HBV reactivation after finishing rituximab-containing chemotherapy. She died of liver failure although antiviral treatment was started after detection of HBV reactivation<sup>[110]</sup>.

Therefore, clinicians should be aware of this possible complication when they give chemotherapy to hematology patients who are HBsAg negative/anti-HBc negative/anti-HBs positive. When the patient has unexplained deranged liver function, HBV DNA should



Figure 1 Recommended algorithm for hepatitis B virus testing and treatment in patients with hematological malignancies receiving anti-cancer therapy. HBV: Hepatitis B virus; HBsAg: Hepatitis B surface antigen; HBc: Hepatitis B core antigen.

be checked to look for HBV reactivation in this setting.

Figure 1 is a suggested algorithm for testing of HBV and management of patients with hematological malignancies receiving anticancer therapy. Table 3 summarizes the recent international guidelines on the management of patients with HBV infection receiving chemotherapy.

## CHOICE OF ANTIVIRAL THERAPIES

Lamivudine was the first oral antiviral agent used to treat chronic HBV infection, and has been studied in randomized controlled trials for its efficacy to prevent HBV reactivation in patients receiving immunosuppressive therapies<sup>[85,98]</sup>. Lamivudine is generally safe and well tolerated, but it is also associated with a high incidence of viral resistance after prolonged use for more than 6 mo due to the emergence of YMDD mutations<sup>[93]</sup>. Lamivudine has been shown to have a low barrier to resistance with rates of antiviral resistance of 14%-32% after 1 year of treatment and 60%-70% after 5 years of treatment in clinical trials in patients with chronic hepatitis B<sup>[93]</sup>. Emergence of drug resistance mutations may outweigh the benefits of preventative antiviral therapy and can lead to hepatitis flares, liver failure and death.

Antiviral agents with high genetic barriers to

resistance (*i.e.*, entecavir or tenofovir) are preferred to lamivudine in the treatment of chronic HBV infection<sup>[79]</sup>. A prospective randomized study by Huang *et al*<sup>[111]</sup> recruited 121 patients seropositive for the HBsAg with untreated DLBCL (61 received entecavir prophylaxis and 60 received lamivudine prophylaxis). It showed that the rate of various endpoints were significantly lower in the entecavir than the lamivudine group: for HBV-related hepatitis (0% *vs* 13.3%, *P* = 0.003), HBV reactivation (6.6% *vs* 30%, *P* = 0.001), and chemotherapy disruption (1.6% *vs* 18.3%, *P* = 0.002)<sup>[111]</sup>.

A recent retrospective study in 213 patients (entecavir group, 70 patients; lamivudine group, 143 patients) found a lower incidence of HBV reactivation in the entecavir group than the lamivudine group (0% vs 7.0%, P = 0.02). No HBV reactivation was noted in the patients with a baseline HBV DNA level < 2000 IU/mL. A baseline HBV DNA level > 2000 IU/mL, HBeAg, and lamivudine were significantly associated with HBV reactivation<sup>[40]</sup>. Another recent study also showed that, compared with lamivudine, entecavir has more potent antiviral efficacy and may be a better choice for prophylaxis of HBV reactivation in HBsAgpositive allogenic HSCT recipients<sup>[112]</sup>.

There are also recent data suggesting that tenofovir may help to prevent HBV reactivation. During routine

Association guidelines	HBV screening	Screening tests	HBsAg positive patients	HBsAg negative, anti- HBc positive patients	Antiviral drug recommended	Duration of antiviral therapy
EASL 2012 <sup>[91]</sup>	All candidates for chemo- and immunosuppressive therapy	HBsAg, anti-HBc, HBV DNA if serology positive	Prophylactic antiviral therapy, test for HBV-DNA level	Test for HBV DNA; provide prophylactic antiviral therapy if detectable HBV DNA; monitor ALT and HBV DNA levels closely if no detectable HBV DNA	Lamivudine if HBV DNA < 2000 IU/mL and the treatment duration is finite and short, Entecavir or tenofovir if HBV DNA is high, and/or lengthy and repeated cycles of immunosuppression	12 mo after cessation of therapy
APASLD 2012 <sup>[92]</sup>	All patients prior to receiving immunosuppression or chemotherapy	HBsAg, anti- HBc	Prophylactic antiviral therapy	Monitor HBV-DNA	Lamivudine or entecavir or tenofovir	Continue until 6 mo after end of chemotherapy
AGA 2015 <sup>[49]</sup>	High risk of HBV reactivation (> 10%) and moderate risk of HBV reactivation (1%-10%) Routine screening not recommended for low risk of HBV reactivation (< 1%)	HBsAg, anti-HBc , HBV DNA if serology positive	Prophylactic antiviral therapy	Antiviral prophylaxis over monitoring for patients if the chemotherapy is associated with high or moderate risk of HBV reactivation	Drug with high barrier to resistance is favored over lamivudine	6 mo after discontinuation of therapy and at least 12 mo for B-cell depleting agents
AASLD 2009 <sup>[93]</sup> , no update in the version in 2016 <sup>[126]</sup>	Anyone at high risk of HBV infection	HBsAg and anti-HBc	Prophylactic antiviral therapy	No recommendation	Lamivudine or telbivudine if the anticipated treatment duration is < 12 mo and baseline HBV DNA is not detectable Tenofovir or entecavir if anticipated treatment duration > 12 mo	Maintain for 6 mo after completion of chemotherapy
ASCO 2015 <sup>[94]</sup>	Risk-adapted HBV screening strategy	HBsAg, anti-HBc , HBV DNA if serology positive	Prophylactic antiviral therapy	Consider Antiviral prophylaxis if the systemic cancer therapy is associated with high risk of HBV reactivation	Entecavir, tenofovir	Minimum of 6 mo after stopping therapy, longer than 12 mo for patients receiving anti- CD20 monoclonal antibodies

#### Table 3 Comparison of international guidelines on the management of patients with hepatitis B virus infection receiving chemotherapy

HBV: Hepatitis B virus; EASL: European Association for the Study of the Liver; APASLD: Asian Pacific Association for the Study of the Liver; AGA: American Gastroenterology Association; AASLD: American Association for the Study of Liver Diseases; ASCO: American Society of Clinical Oncology.

clinical practice, none of the 25 patients who received prophylactic treatment with tenofovir had HBV flares and all achieved undetectable serum HBV DNA during a mean follow-up period of 17.2 mo. One patient even had HBsAg seroconversion<sup>[113]</sup>.

Entecavir will be a better option in the case of significant renal impairment as tenofovir has a small risk of inducing proximal tubular dysfunction and renal insufficiency<sup>[114-116]</sup>. On the other hand, tenofovir is preferred to entecavir if patients have received lamivudine therapy previously because of a high rate of resistance (genotypic resistance of 51% and virologic breakthrough of 43% within 5 years)<sup>[117]</sup>. Prophylaxis with telbivudine or adefovir is not recommended because of development of drug resistance and there are limited data from clinical trials using these agents<sup>[49]</sup>.

A recent study showed that concurrent telbivudine treatment with initial chemotherapy can reduce HBV reactivation in HBsAg-positive lymphoma patients,

and the efficacy is independent of the baseline HBV viral loads<sup>[118]</sup>. This study in 60 HBsAg-positive patients showed that the rate of HBV reactivation was 11.7% (7/60), and the median time to HBV reactivation was 228 d (range 113-699 d). The fulminant hepatitis rate was 6.6%. The rates of undetectable HBV DNA and ALT normalization were 61.7% and 83.3%, respectively<sup>[118]</sup>.

#### Duration of antiviral therapies

There are few data available in the literature to guide physicians on when antiviral therapy can be stopped. For patients receiving B cell-depleting agents, the duration of antiviral therapy should be extended to at least 12 mo after cessation of the B-cell depleting agent, because there is profound suppression of B-cell function<sup>[14,19,107]</sup>. The duration of nucleoside analog therapy also depends on the patient's baseline serum HBV DNA level and the degree of fibrosis/cirrhosis present. A previous study showed that high levels of serum HBV DNA ( $\geq$  4log<sub>10</sub> copies/mL) before chemotherapy was the most important predictor of HBV reactivation after withdrawal of prophylactic antiviral therapy<sup>[119]</sup>.

There is growing evidence that HBsAg-positive patients with lymphoma can develop hepatitis B flares due to HBV reactivation more than 6 mo after cessation of chemotherapy<sup>[21,120]</sup>. It is reasonable to consider extending the duration of prophylactic antiviral therapy to at least one year after completion of chemotherapy.

Kim *et al*<sup>[121]</sup> also reported the importance of HBV DNA levels and consolidation period as predictors of HBV reactivation after withdrawal of prophylactic antiviral therapy. Their study enrolled 95 HBsAgpositive patients who were analyzed for sustained offtreatment virological response, defined as HBV DNA levels below 2000 IU/mL for at least 12 mo after the end of therapy. The baseline HBV DNA level was shown to be an independent factor associated with sustained off-treatment virological response. The rate of HBV reactivation was 72.1% and 23.5% for those with HBV DNA < 2000 IU/mL and  $\geq$  2000 IU/mL, respectively (P < 0.001). Consolidation treatment duration showed association with sustained off-treatment virological response only for those with low baseline HBV DNA levels. The sustained off-treatment virological response rates were 54.5%, 71.4%, 73.9%, and 100% for consolidation treatment durations of < 3, 3-6, 6-12,and  $\geq$  12 mo, respectively, among those with baseline HBV DNA < 2000 IU/mL<sup>[121]</sup>.

Liu *et al*<sup>[122]</sup> recently analyzed 107 newly diagnosed DLBCL patients with HBV infection who received chemotherapy. The median time from the cessation of antitumor therapy to the withdrawal of prophylactic antiviral therapy was 6.1 mo. Ten of the 46 patients in the HBsAg-positive group (21.7%) experienced delayed HBV reactivation, whereas none in the HBsAgnegative/anti-HBc-positive group exhibited delayed HBV reactivation.

HBV reactivation can occur many years after HSCT, so antiviral prophylaxis is required for a longer duration. The optimal duration of therapy is not well defined in HSCT patients with occult infection. HBV reactivation can occur months or even years (up to 6 years) after transplantation<sup>[20, 123]</sup>.

#### Management of Hepatitis B virus reactivation

Any adverse change in liver function in a patient undergoing chemotherapy needs to be thoroughly investigated, to distinguish HBV reactivation from other potential causes, including infections by other hepatitis virus (A, C, D, E) or opportunistic infections (*e.g.*, cytomegalovirus, herpes viruses) and hepatotoxic drugs. Once HBV reactivation is detected, patients should receive antiviral therapy with either entecavir or tenofovir<sup>[49]</sup>. Severe flares can be accompanied by an increase in IgM hepatitis B core antibody, which may be misdiagnosed as acute HBV infection.

Hepatitis B flare-ups are generally rare when patients are receiving anti-HBV prophylaxis with potent antivirals. When patients are receiving lamivudine as a prophylaxis, they may develop resistance and may benefit from rescue therapy such as entecavir or tenofovir. We need to watch out for resistance when using low genetic barrier drug such as lamivudine. A recent study also showed that some patients could recover virologically and biochemically after combination regimens with lamivudine plus adefovir or entecavir plus adefovir, respectively<sup>[124]</sup>.

The goal of treatment is to prevent the development of severe hepatitis, hepatic failure and even mortality. Close monitoring of liver enzymes, bilirubin levels and the clotting profile is essential. Occasionally, patients progress to hepatic failure despite nucleoside therapy<sup>[16]</sup>, especially if they already have jaundice or a marked increase in liver enzymes. Although there have been a few reports of successful liver transplantation in patients who develop liver failure, most of those with hematological malignancy will die because their underlying disease will preclude them from being candidates for liver transplantation<sup>[125]</sup>.

### CONCLUSION

Hepatitis due to HBV reactivation is a common and important complication in patients receiving cancer chemotherapy, especially for hematological malignancies. Although potentially fatal, HBV reactivation is preventable through screening with blood tests and administration of prophylactic antiviral therapy for patients with moderate or high risk of HBV reactivation.

We recommend undertaking screening tests for HBsAg, anti-HBc and anti-HBs in all hematology patients about to start anticancer therapy. Risk stratification based on their serologic status and the types of therapies would be the next step. For HBsAgpositive patients, prophylactic antiviral therapy is essential. There are two options for HBsAg-negative/ anti-HBc-positive patients. One is pre-emptive therapy guided by serial HBV DNA monitoring, whereby the antiviral drug is as soon as HBV DNA becomes detectable. The other approach is routine prophylactic antiviral therapy. We recommend prophylactic therapy in patients receiving high-risk therapies like anti-CD20 monoclonal antibodies or HSCT recipients.

Entecavir or tenofovir are preferred over lamivudine as prophylactic therapy. We recommend continuing preventative antiviral therapy for at least 12 mo after the completion of chemotherapy and even longer for those who receive rituximab or who had high serum HBV DNA levels before the start of chemotherapy. Screening for HBV before the start of chemotherapy is the key to preventing HBV reactivation.

In the era of targeted therapy for hematological



malignancies, further studies are needed to estimate the risk of HBV infection and the optimal prophylactic strategy in patients receiving new targeted therapies. Although there is currently limited evidence to guide the optimal preventive measures, we recommend consideration of antiviral prophylaxis in HBsAg-positive patients to minimize the risk of HBV reactivation, especially with the BTK and PI3K inhibitors, which are B-cell receptor signaling modulators and reduce proliferation of malignant B-cells.

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