

HHS Public Access

Author manuscript *Urology*. Author manuscript; available in PMC 2016 August 01.

Published in final edited form as:

Urology. 2016 August ; 94: 246–254. doi:10.1016/j.urology.2016.03.044.

National Variation in Urethroplasty Cost and Predictors of Extreme Cost: A Cost Analysis with Policy Implications

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Abstract

Objective—To determine which factors are associated with higher urethroplasty procedural costs and whether they have been increasing or decreasing over time. Identification of determinants of extreme costs may help reduce cost while maintaining quality.

Materials and Methods—We conducted a retrospective analysis using the 2001–2010 Healthcare Cost and Utilization Project - Nationwide Inpatient Sample (HCUP-NIS). The HCUP-NIS captures hospital charges which we converted to cost using the HCUP Cost-to-Charge Ratio. Log cost linear regression with sensitivity analysis was used to determine variables associated with increased costs. Extreme cost was defined as the top 20th percentile of expenditure, analyzed with logistic regression and expressed as Odds Ratios (OR).

Results—A total of 2298 urethroplasties were recorded in NIS over the study period. The median (interquartile range) calculated costs was \$7321 (\$5677–\$10000). Patients with multiple comorbid conditions were associated with extreme costs (OR 1.56 95% CI 1.19–2.04, p=0.02) compared to patients with no comorbid disease. Inpatient complications raised the odds of extreme costs OR 3.2 CI 2.14–4.75, p<0.001). Graft urethroplasties were associated with extreme costs (OR 1.78 95% CI 1.2–2.64, p=0.005). Variation in patient age, race, hospital region, bed size, teaching status, payer type, and volume of urethroplasty cases were not associated with extremes of cost.

Conclusion—Cost variation for perioperative inpatient urethroplasty procedures is dependent on preoperative patient comorbidities, postoperative complications and surgical complexity related to graft usage. Procedural cost and cost variation are critical for understanding which aspects of care have the greatest impact on cost.

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Keywords

surgical cost; cost effectiveness; urethroplasty; utilization

Introduction

Urethral stricture disease affects roughly 5,000 new patients per year. [1] Common etiologies of urethral strictures include traumatic urethral injury, infections of the genitourinary tract, and/or prior lower urinary tract instrumentation. The clinical implications of stricture disease include lower urinary tract symptoms, pain, urinary infections and ejaculatory dysfunction. [2]

Urethral stricture disease may be managed with urethral dilation, urethrotomy, urinary diversion or urethroplasty. [3] Urethroplasty is considered the gold standard treatment for urethral stricture with high success rates. [4] Urethroplasty has also been shown to be a cost-effective management of urethral stricture disease. [5] Several studies have demonstrated that urethroplasty is cost-effective for long strictures, recurrent strictures following internal urethrotomy, and virgin bulbar strictures. [5–7] Increasing attention to the development of a high value low cost healthcare system is a priority of United States (U.S.) policy makers as projections of healthcare costs in the U.S. are shown to be unsustainable. [8] Attention on healthcare cost reduction has been a major focus of policy efforts. [9] Cost-transparency is an important first step in targeting cost-containment efforts.

In surgical subspecialties, procedural costs and surgical outcomes are under increased scrutiny.

Efforts to minimize cost and maximize quality care have led to the development of quality reporting clearinghouses such as the NIS and NSQIP (National Surgical Quality Improvement Program). [10] Such programs allow for critical appraisal of healthcare delivery with a focus on optimizing quality at reduced cost. Recently the American Urological Association (AUA) announced its quality registry termed AQUA whose focus will be quality improvement in prostate cancer management. [11] Utilizing this NIS data, we can critically evaluate the optimal drivers of cost associated with inpatient surgical procedures.

There remains a paucity of literature examining national urethroplasty trends and outcomes with most published data limited to single institutional series. [12] Furthermore, data on national variations in urethroplasty cost is lacking. Our objective is to examine this variation in urethroplasty cost and identify predictors of highest cost for urethroplasties admitted to U.S. hospitals. We hypothesize urethroplasty associated with extremes of cost is related to patient comorbidities and surgical complexity.

Methods

Data Source

We identified men in the National Inpatient Sample (NIS) database who underwent urethroplasty surgery between 2001 and 2010. The NIS is a database that captures 20% of hospital admissions within the U.S. Details on the methods of data capture and variance in NIS have been previously published. [13]

Inclusion and Exclusion Criteria

Male patients were included if they had both an International Classification of Disease (ICD-9) diagnosis code of urethral stricture disease and an ICD-9 procedural code for urethroplasty indicating that a urethroplasty was performed. The ICD-9 diagnosis codes utilized for urethral stricture were 598, 598.0, 598.01, 598.1, 598.2, 598.8, and 598.9. ICD-9 procedural codes for urethroplasty included 58.4 (repair of urethra), 58.42 (closure of urethrostomy), 58.44 (reanastomosis of urethra), 58.45 (repair of hypospadias), 58.46 (reconstruction of urethra), 58.47 (urethral meatoplasty), and 58.49 (other repair of urethra). Two separate urologists (CRH and BNB) individually evaluated all codings to ensure proper assignment of procedures.

We excluded patients who underwent a urethral dilation, urethral fistula repair, and those with an additional major surgical procedure(s) such as cystectomy. Patients were categorized based upon the type of urethroplasty performed: buccal mucosa grafting (ICD-9 procedural codes 7.49, 27.99, and 27.56), other graft or flap urethroplasty (83.43, 83.82, 86.63, 86.66, 86.69, 86.70, 86.71, 86.72, 86.74, and 86.91), or lack of graft or flap procedural codes i.e. excision and primary anastomosis [13]. If a procedural code for grafting was not utilized, then procedures were categorized as EPA procedures.

Predictor Variables

NIS captures the total charges rendered for perioperative and inpatient hospital admission. This does not reflect how much hospital services actually cost or the specific amounts that hospitals received in payment. Such costs represent the actual expenses incurred during a hospital admission ie. supplies and utility costs. The NIS charges can be converted to dollar amount using the HCUP Cost-to-Charge Ratio based on hospital accounting reports from the Centers for Medicare & Medicaid Services. [14] This report contains hospital-specific cost-to-charge ratios based upon all-payer inpatient costs for NIS participating hospitals. To obtain cost estimates, we multiplied total charges with the appropriate cost-to-charge ratio.

We evaluated the following patient demographic characteristics: age (18–45, 45–65, and >65), race (Caucasian, African American, other), household income quartile (extrapolated from a patient's ZIP code), number of comorbidities (0, 1, 2, 3 or more), and type of comorbidity (e.g. diabetes, hypertension, obesity). We assessed the following hospital characteristics: hospital location (rural or urban), region of the hospital (Northeast, Midwest, South, West), hospital bed size (small, medium, large), and teaching status of the hospital (yes/no). We also examined payer status (Medicaid, private insurer, self-pay, or Medicare), urethroplasty volume of the surgeon (1, 2–9, or greater than 10 per year), the year the

urethroplasty was performed, type of urethroplasty procedure, presence and type of a perioperative complication(s), and length of hospital stay. Demographic definitions were all congruent with the current descriptions of data elements utilized by HCUP-NIS.

Outcome Variables

The primary outcome variable was urethroplasty cost, specifically variables associated with the top 20th percentile in urethroplasty cost, which was defined as Extreme Cost. Extreme cost was set at the top 20th percentile of cost a priori. As a post-hoc sensitivity analysis, we compared the outcome of the top 20th percentile and 10th percentile of cost and demonstrated no differences.

Statistical Analysis

Data analysis was performed using SAS (Version 9.2, SAS Institute Inc, Cary NC). Relative median cost (RMC) was used to compare differences in increased cost and Odds Ratios (OR) were used to compare extremes of cost. A log cost linear regression model was used to assess for variables associated with more costly urethroplasties. Multivariate analysis controlling for patient age, race, and year of urethroplasty was performed. Extremes of cost was defined as the top 20th percentiles of all reported urethroplasties and were analyzed using multiple logistic regression with the same predictors as for log cost. A comparison was then performed between extreme of cost and increased cost to determine which variables were major drivers of cost.

Results

Predictors of High Cost Urethroplasty

A total of 2298 male urethroplasties were reported in NIS between 2001–2010 representing an estimated total 12,389 (95% CI 8750–16029) procedures performed in the U.S. The median charges (inter-quartile range) were \$19866 (\$14346–\$29382) with calculated costs of \$7321 (\$5677–\$10000). The mean cost of urethroplasty did not vary by year over time. (p=0.58) The median increase in U.S. dollars per year of urethroplasty was \$616.

Cost of urethroplasty was higher in patients age 45–65 years relative to patients age 18–45 years (RMC 1.1, 95% CI 1.0–1.1, p=0.03). Conversely, patients older than 65 years were not more costly (RMC 1.0, 95% CI .95–1.10, p=.74). Patient race, patient income, and payor type were not independently associated with increased cost on univariate analysis. (Table 1)

On multivariate analysis after controlling for age, race, and year of urethroplasty performed, there was a significantly higher cost of urethroplasty in higher volume urethroplasty centers. Compared to hospitals performing 1 urethroplasty/year, hospitals performing 2–9 and 10 urethroplasty/year were most costly (RMC 1.2, 95% CI 1.1–1.3, p=0.002; RMC 1.5, 95% CI 1.2–1.8, p=0.01, respectively). Use of buccal or other graft was also associated with increased cost (RMC 1.2, 95% CI 1.1–1.3, p<0.001; RMC 1.2, 95% CI 1.1–1.3, p=0.003, respectively). There was no significant difference in urethroplasty cost by hospital setting, hospital region, teaching hospital status, or hospital size. (Table 2) The presence of any medical comorobidity was associated with increased urethroplasty cost (RMC 1.1, 95% CI

1.07–1.2), with increasing cost with increasing numbers of comorbities (RMC 1.1, 95% CI 1.05–1.24, RMC 1.2, 95% CI 1.03–1.33, all p<0.03 for patients with 1, 2, and 3 or more comorobidites, respectively). Specific cormorbidites that increase urethroplasty cost include hypertension (RMC 1.1, 95% CI 1.0–1.1, p=0.02), obesity (RMC 1.1, 95% CI 1.1–1.2, p=001), renal failure (RMC 1.4, 95% CI 1.1–1.6, p=0.002), psychiatric illness (RMC 1.3, 95% CI 1.0–1.6, p=0.04), and congestive heart failure (RMC 1.6, 95% CI 1.1–2.2, p=0.01). Diabetes, chronic lung disease, depression, alcohol abuse, arthritis, liver disease, drug use, perivascular disease, coagulopathy, valvular disease, lymphoma, aids, circulatory disease, and weight loss were not associated with increased cost on multivariate analysis. (Table 2)

The presence of a complication was associated with higher cost urethroplasty (RMC 1.3, 95% CI 1.2–1.5, p<0.001). Among complications, genitourinary (RMC 1.3, 95% CI 1.1–1.6, p=0.003), surgical (RMC 1.2, 95% CI 1.0–1.4, p=0.05), wound (RMC 1.5, 95% CI 1.3–1.8, p<0.001), cardiovascular (RMC 1.7, 95% CI 1.1–2.6, p=0.02), and respiratory complications (RMC 2.0, 95% CI 1.2–3.4, p=0.007) were more costly. Gastrointestinal, neurologic, and medical complications were not associated with a significant increase in cost. (Table 2)

Extremes of Cost Analysis

Multiple factors were associated with extreme cost which we categorized as the top 20th percentile of costs. A rural hospital setting had more than three-fold higher odds of having extreme cost compared to an urban hospital setting (OR 3.5, 95% CI 1.3–9.3, p=0.01). Other graft use was associated with highest cost urethroplasty (OR 1.8, 95% CI 1.2–2.6, p=0.005) however buccal graft was not associated with extreme cost (OR 1.3, 95% CI 0.9–1.9) (Table 3) Patient factors of age, race, and payer type as well as hospital region, size, teaching status, and volume of urethroplasty cases were not associated with extremes of cost.

In evaluating comorbidities, univariate analysis showed that patients with a single comorbidity had increased odds of highest cost urethroplasties compared to patients with no comorbid disease (OR 1.4, 95% CI 1.1–1.7, p<0.001). The odds increased even further in patients with three or more comorbidities (OR 2.2, 95% 1.3–3.8, p<0.001). On multivariate analysis findings were consistent that patients with one comorbid disease had increased odds of highest cost urethroplasties compared to patients with no comorbid disease (OR 1.6, 95% CI 1.2–2.0, p=0.02). However, there was no further increase in extreme cost in patients with 3 or more comorbidities (OR 1.6, 95% CI .8–3.12). Patients with obesity (OR 1.8, 95% CI 1.2–2.5, p=0.001) and renal failure (OR 2.3, 95% CI 1.12–4.6, p=0.02) were most likely to have extremes of cost compared to other comorbidities on univariate analysis, but on multivariate analysis there was no single comorbidity found to be associated with extremes of cost. (Table 3, Fig. 1) Increasing length of inpatient hospital stay was significantly associated with extreme cost. Greater than five days was associated with extreme cost (OR 61.1, CI 15.1–247.5, p<0.001). (Table 3, Fig. 1)

On multivariate analysis, inpatient complications increased the odds of high hospital costs (OR 3.1, 95% CI 1.7–5.3, p<0.001), with wound (OR 8.6, 95% CI 3.1–23.9, p<0.001) and respiratory (OR 8.4, 95% CI 2.1–34.6, p=0.003) complications contributing to the highest odds of cost. (Table 3, Fig. 1)

When we examined the top 10^{th} percentile of urethroplasty costs as compared with the top 20^{th} percentile we found similar extremes of cost with graft usage, length of hospital stay, and presence of postoperative complications. Interestingly, cardiovascular complications were drivers of cost in the top 10^{th} percentile (OR 4.1, 95% CI 1.01–16.88, p=0.05) whereas this was not significant in the 20^{th} percentile. (OR 2.08, 95% CI 0.63–6.94, p=0.23)

Discussion

To our knowledge this is the first report on cost variation in a national sample of urethroplasties. Two prior studies have tackled cost evaluation from the perspective of optimum surveillance strategies for the postoperative management of urethral strictures. [15, 16] Here we analyze and begin to understand cost variations, specifically which factors are most strongly associated with increased urethroplasty cost among admitted patients, as this has important implications for healthcare resource utilization.

We demonstrate that patient comorbidities and postoperative complications are strong predictors of a more costly urethroplasty. This highlights the importance of optimizing patient comorbidities preoperatively in an effort to decrease postoperative complications and cost. We found that postoperative complications were major drivers of extereme cost urethroplasties. Supporting efforts to optimize patients for surgery in order to maximize outcomes and thus minimze complications is warranted.

Buccal graft and other grafting use was also associated with a higher cost urethroplasty and other graft use was associated with extreme cost urethroplasty. This is reflective of more complex urethral stricture disease that drives up procedural cost, complication rate, and length of hospital stay. We hypothesize that urethroplasty in patients over 65 were not more costly due to selection bias toward simpler urethral reconstructive techniques such as urethrotomy or urethral dilations which were excluded in this analysis and have been shown to be the most common procedure done for Medicare beneficiaries with urethral stricture disease over 65 years of age. [17]

We hypothesize that hospitals with an annual urethroplasty volume of two or more are associated with higher cost urethroplasty as they are more likely to perform complex urethral surgery and are more likely to utilize graft/flap procedures compared to hospitalize performing only one urethroplasty per year. Also, hospitals coded as performing one urethroplasty a year may suffer from accidental mis-coding.

When examining the extremes of cost, a rural hospital setting was more than three times the cost compared to an urban hospital setting. We hypothesize that this is the result of rural settings having less specialty trained urethral reconstructive surgeons and lower volume of complex urethral surgical cases compared to larger referral center which are usually located in urban or suburban settings. [18] Studies have consistently shown increased length of stay and hospital costs for complex procedures performed in rural settings.[19] Interestingly, hospital bed size e.g. a smaller number of beds was not found to be predictive of a urethroplasty of higher cost or extreme cost.

Despite a trend toward more costly urethroplasty being performed at teaching hospitals, multivariate analysis demonstrated no significant differences when compared to cost of urethroplasty at nonteaching institutions. This is congruent with current data suggesting that increased trainee oversight amounts to equal cost, quality and patient satisfaction at teaching institutions. [20] We hypothesize that despite more complex urethroplasties being performed at teaching hospitals, the cost may be offset by attending oversight rendering improved quality and/or patient satisfaction.

Cost reduction efforts are only part of the solution in optimizing healthcare delivery. Other policy efforts include increasing value of healthcare by improving the metrics of healthcare outcomes and patient satisfaction. Quality indicators of urethral stricture disease have previously been explored.[21] A shift in focus on cost-conscious, high value healthcare is a priority for U.S. policy makers as current healthcare expenditures are unsustainable. [22] Identifying which aspects of perioperative care and the impact of presurgical patient optimization will be criticial for cost reduction. Current data suggests that preoperative intervention strategies can reduce postoperative complications and therefore surgery-associated cost. In a randomized trial of multimodal preoperative patient optimization preceeding colorectal surgery, Gatt et al demonstrated less postoperative complications and shorter hospital length of stay. [23] This study identifies which aspects of urethroplasty are most costly in effort to improve cost-transparency – an important first step in cost-containment.

There are several study limitations within this study. First, NIS data is cross-sectional and based on procedural coding and thus does not include information on urethral stricture disease etiology. It is well known that stricture etiology such as lichen sclerosis, reoperative strictures, or longer stricture length are preoperative factors associated with complex flap/ graft urethroplasty and increased complication rates and hospital stay.[24-27] Second, the NIS data is limited to the immediate inpatient stay after urethroplasty. Outpatient or shortstay related procedures may not be captured by this dataset depending on coding differences across hospitals. As a result, there is selection bias toward morbid patients who require admission following urethroplasty. Longer-term complications, types of complications, readmissions, and/or urethroplasty outcomes are also not accounted for such that NIS data is lacking granularity. However, long-term success rates of urethroplasty are high [12, 28] and delayed complications from urethroplasty are rare. [29] Therefore, the downstream cost of stricture recurrence is unlikely to be a major driver of total urethroplasty cost. Third, we subcategorized anastomotic urethroplasty if a buccal grafting procedural code was not utilized. This may falsely overestimate the number of anastomotic procedures rendered nationally. Lastly, only inpatient complications during the initial perioperative hospital admission period were captured thus missing complications from outpatient surgical centers and some 23-hour stay patients might not be included based on coding differences across hospitals. Similarly, readmissions following urethroplasty were not captured. Understanding which patients have such long term complicating features would allow for a more sensitive subgroup analysis to determine drivers of cost.

Conclusion

We demonstrate that cost variation for perioperative inpatient urethroplasty procedures is dependent on preoperative patient comorbidities, postoperative complications and usage of grafting. Identification of extreme cost variation has policy implications to reduce healthcare costs meanwhile maintaining quality. Further evaluation of long-term outcomes of outpatient urethroplasty is needed to fully understand predictors of extreme cost given that the majority of urethroplasties are performed on an outpatient basis.

Acknowledgments

None

Source of Funding

None

Abbreviations

HCUP-NIS Healthcare Cost and Utilization Project - Nationwide Inpatient Sample

EPA	excision and primary anastomosis
IQR	inter-quartile range
CI	confidence interval
U.S.	United States

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Multivariate analysis of Variables Associated with Extreme Cost (top 20%) Urethroplasty after adjusting for age, race and year

Univariate Analysis of Mean Costs Stratified by Patient, Operative, Hospital and Comorbid/Complication Characteristics

		# of pts	% of pts	Mean Cost \$	Univariate Relative Median Cost (CI)	p-value
All Patients		12389		8569		
Patient characteristics						
Age						
	18-45	6070	49.0	8355	reference	I
	4565	4595	37.1	8980	1.06 (1.01–1.11)	0.03
	65+	1725	13.9	8439	1.01 (.95–1.08)	0.74
Race						
	White	6712	70.3	8498	reference	I
	Black	1406	14.7	8423	0.98 (.82–1.17)	0.84
	Other	1424	14.9	8785	1.02 (.94–1.12)	0.6
Payor						
	Medicaid	937	7.6	8852	1.05 (.93–1.18)	0.42
	No charge	101	0.8	11816	1.13 (.75–1.71)	0.56
	Other	953	Τ.Τ	8760	1.04(.94-1.14)	0.44
Privat	te insurance	7610	61.5	8552	1.00 (.92–1.08)	0.95
	Self Pay	578	4.7	8370	.95 (.78–1.16)	0.62
	Medicare	2196	17.7	8513	reference	I
Median Income by Zipcode						
	Quartile 1	2383	23.3	8505	reference	Ι
	Quartile 2	2328	22.7	8499	1.01 (.94–1.09)	0.79
	Quartile 3	2594	25.3	8920	1.04 (.95–1.15)	0.39
	Quartile 4	2930	28.6	9663	1.09 (.9–1.33)	0.36
Number of Comorbidities						
	0	7167	57.8	8107	reference	ļ
	1	3068	24.8	8988	1.12 (1.07–1.17)	<.0001
	2	1578	12.7	9442	1.12(1.04 - 1.20)	0.003
	3 or more	577	4.7	10263	1.27 (1.12–1.43)	0.0001

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		# of pts	% of pts	Mean Cost \$	Univariate Relative Median Cost (CI)	p-value
Operative characteristics						
Graft Use						
	No graft	9930	80.2	8276	reference	I
	Buccal graft	1824	14.7	10015	1.2 (1.14–1.30)	<.0001
	Other graft	635	5.1	9466	1.12(1.02-1.24)	0.02
Hospital teaching status						
	Teaching	2394	68.5	7512	1.13(1.02-1.24)	0.02
	Nonteaching	1099	31.5	6735	reference	I
Annual hospital urethropla	isty volume					
	1	2757	22.3	6756	reference	I
	2–9	4212	34.0	8113	1.22 (1.12–1.34)	<.0001
	10+	5420	43.7	9813	1.45 (1.17–1.83)	0.001
Hospital characteristics						
Hospital location						
	rural	377	3.1	8730	1.01 (.81–1.25)	0.95
	urban	11880	96.9	8604	reference	I
Hospital region						
	Northeast	679	19.4	7168	.86 (.73–1.02)	0.09
	Midwest	719	20.5	7040	.92 (.81–1.04)	0.17
	South	1214	34.6	7015	.90 (.79–1.01)	0.08
	West	895	25.5	7893	reference	I
Hospital bedsize						
	Small	537	4.4	7686	reference	I
	Medium	1659	13.5	7444	.97 (.83–1.14)	0.69
	Large	10061	82.1	8835	1.12 (.94–1.33)	0.2
Length of Hospital Stay						
	0	117	0.9	4966	.75 (.59–.96)	0.02
	1	3929	31.7	6321	reference	I
	2	3579	28.9	7899	1.24 (1.15–1.34)	<.0001
	3	2177	17.6	8121	1.32 (1.18–1.46)	<.0001

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	# of pts	% of pts	Mean Cost \$	Univariate Relative Median Cost (CI)	p-value
4	1087	8.8	9676	1.58 (1.32–1.89)	<.0001
5+	1499	12.1	15744	2.33 (1.70–3.20)	<.0001
Comorbid and Complications characteristics					
Number of Comorbidities					
0	7167	57.8	8107	reference	I
1	3068	24.8	8988	1.12 (1.07–1.17)	<.0001
5	1578	12.7	9442	1.12 (1.04–1.20)	0.003

Number of Comorbidities					
0	7167	57.8	8107	reference	I
_	3068	24.8	8988	1.12 (1.07–1.17)	<.0001
2	1578	12.7	9442	1.12(1.04-1.20)	0.003
3 or more	577	4.7	10263	1.27 (1.12–1.43)	0.0001
Comorbidities Type					
Hypertension	3236	26.1	9111	1.08 (1.03–1.13)	0.0009
Diabetes	1205	9.7	9174	1.04 (.97–1.12)	0.27
Diabetes Chronic	66	0.8	10785	1.18 (.91–1.53)	0.22
Chronic Lung Disease	871	7.0	8563	1.02 (.95–1.10)	0.52
Obesity	885	7.1	10303	1.20 (1.10–1.32)	0.0001
Depression	410	3.3	2606	1.09 (.97–1.22)	0.15
Renal failure	293	2.4	12234	1.41 (1.22–1.64)	<.0001
Alcohol abuse	175	1.4	8972	1.08 (.91–1.28)	0.41
Arthritis	169	1.4	10961	1.25 (.99–1.58)	0.06
Psychiatric illnesses	162	1.3	10015	1.17 (.97–1.42)	0.09
Liver disease	156	1.3	8918	1.03 (.88–1.21)	0.7
Drug use	139	1.1	9612	1.10 (.92–1.32)	0.31
Perivascular disease	84	0.7	11919	1.21 (.85–1.72)	0.29
Coagulopathy	78	0.6	10882	1.15 (.83–1.62)	0.39
Valvular disease	58	0.5	1606	1.12 (.92–1.36)	0.27
Congestive heart failure	34	0.3	12594	1.56(1.19-2.05)	0.002
Lymphoma	29	0.2	8769	1.04 (.74–1.47)	0.82
AIDS	11	0.1	5209	.59 (.27–1.31)	0.2
Pulmonary/Circulatory disease	10	0.1	16613	2.05 (1.18–3.56)	0.01
Weight loss	10	0.1	8984	1.15 (.78–1.70)	0.47

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	# of pts	% of pts	Mean Cost \$	Univariate Relative Median Cost (CI)	p-value
Complication	829	6.7	11550	1.29(1.16-1.42)	<.0001
	11560	93.3	8391		
Complication Type					
Genitourinary	364	2.9	12082	1.29(1.12 - 1.48)	0.0003
Surgical	156	1.3	9816	1.19(1.02 - 1.38)	0.03
Wound	143	1.2	12281	1.46(1.21 - 1.75)	<.0001
Cardiovascular	88	0.7	17678	1.69(1.24-2.31)	0.001
Respiratory	LL	0.6	19645	1.85 (1.18–2.88)	0.007
Gastrointestinal	46	0.4	7923	.97 (.74–1.26)	0.82
Neurologic	30	0.2	6871	.89 (0.70–1.12)	0.31
Medical	16	0.1	6224	.83 (.7592)	0.0003
Musculoskeletal	15	0.1	34118	4.5 (4.05–5.10)	<.0001

Table 2

Multivariate Analysis of Variables Associated with Increased Cost Urethroplasty after adjusting for age, race and year

	Number of patients	Percent of patients	Mean Cost (\$)	Relative Median Cost (CI)	p-value
Graft Use					
No graft	9930	80.2	8276	I	I
Buccal graft	1824	14.7	10015	1.21 (1.13–1.29)	<.0001
Other graft	635	5.1	9466	1.18 (1.06–1.31)	0.003
Annual hospital urethroplasty volume					
1	2757	22.3	6756	I	I
2–9	4212	34.0	8113	1.20 (1.07–1.34)	0.002
10+	5420	43.7	9813	1.32 (1.07–1.64)	0.01
Length of Hospital Stay					
0	117	0.9	4966	.71(.57–.88)	0.002
1	3929	31.7	6321	I	I
2	3579	28.9	7899	1.31 (1.20–1.43)	<.0001
3	2177	17.6	8121	1.44 (1.28–1.63)	<.0001
4	1087	8.8	9496	1.78 (1.47–2.16)	<.0001
5+	1499	12.1	15744	2.61 (1.86–3.66)	<.0001
Number of Comorbidities					
0	7167	57.8	8107	1	I
1	3068	24.8	8988	1.13 (1.07–1.20)	<.0001
2	1578	12.7	9442	1.14 (1.05–1.24)	0.002
3 or more	577	4.7	10263	1.17 (1.03–1.33)	0.02
Comorbidities Type					
Hypertension	3236	26.1	9111	1.07 (1.01–1.13)	0.02
Obesity	885	7.1	10303	1.13 (1.05–1.22)	0.001
Renal failure	293	2.4	12234	1.35 (1.12–1.63)	0.002

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	Number of patients	Percent of patients	Mean Cost (\$)	Relative Median Cost (CI)	p-value
Psychiatric illnesses	162	1.3	10015	1.29 (1.02–1.64)	0.04
Congestive heart failure	34	0.3	12594	1.56 (1.10–2.21)	0.01
Complication					
	829	6.7	11550	1.29 (1.15–1.45)	<.0001
Complication Type					
Genitourinary	364	2.9	12082	1.33 (1.11–1.61)	0.003
Surgical	156	1.3	9816	1.20 (1.00–1.43)	0.05
Wound	143	1.2	12281	1.51 (1.26–1.81)	<.0001
Cardiovascular	88	0.7	17678	1.68 (1.09–2.60)	0.02
Respiratory	TT	0.6	19645	2.0 (1.21–3.38)	0.007
Gastrointestinal	46	0.4	7923	1.02 (.82–1.27)	0.88
Neurologic	30	0.2	6871	.85 (.67–1.08)	0.19
Musculoskeletal	15	0.1	34118	I	I

Table 3

Multivariate Analysis of Variables Associated with Extreme Cost (top 20%) Urethroplasty after adjusting for age, race and year

	Multivariate OR of Extreme Cost (CI)	p-valu
Graft Use		0.005
No graft	-	
Buccal graft	1.30 (.88–1.93)	
Other graft	1.78 (1.20–2.64)	
Hospital location		0.01
rural vs. urban	3.50 (1.31–9.31)	
Length of Hospital Stay		<.0001
0	_	-
1	_	
2	5.45 (2.40–12.40)	
3	5.22 (1.71–15.94)	
4	14.29 (4.15–49.25)	
5+	61.13 (15.10–247.54)	
Number of Comorbidities		0.02
0	-	
1	1.56 (1.19–2.04)	
2	1.32 (.85–2.03)	
3 or more	1.56 (.78–3.12)	
Complications		
yes vs. no	3.19 (2.14-4.75)	<.0001
Complication Type		
Genitourinary	3.03 (1.72–5.32)	0.0001
Surgical	3.85 (1.84-8.07)	0.0004
Wound	8.66 (3.14–23.94)	<.0001
Respiratory	8.44 (2.06–34.60)	0.003