

## Basic Study

## Differential diagnosis of gallstones by using hypericin as a fluorescent optical imaging agent

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### Abstract

**AIM:** To explore the feasibility of using hypericin as an optical imaging probe with affinity for cholesterol for

differential fluorescent detection of human gallstones.

**METHODS:** Cholesterol, mixed and pigment stones from cholecystectomy patients were incubated with hypericin or solvent. After 72 h, the stones were analysed for fluorescence (365 nm) and treated with 2-propanol/dimethyl sulfoxide for high performance liquid chromatography (HPLC) analysis. Rats with virtual gallbladder containing human cholesterol, mixed or pigment gallstones (VGHG) received 5 mg/kg hypericin or solvent and VGHG rats with cholesterol stones were given different hypericin doses (5-15 mg/kg). Twelve hours later, the stones were analysed at 365 nm. Biliary excretion and metabolites of hypericin were assessed in common bile duct (CBD) cannulated rats for 9 h using fluorospectrometry, HPLC and matrix-assisted laser desorption/ionization-time-of-flight mass spectrometry (MALDI-TOF MS).

**RESULTS:** Homogeneous high fluorescence was seen on cholesterol stones either pre-incubated with hypericin or extracted from VGHG rats receiving hypericin. Mixed stones showed a dotted fluorescent pattern, whereas pigment and solvent-treated ones lacked fluorescence. HPLC showed 7.68, 6.65 and  $0.08 \times 10^{-3}$  M of cholesterol in extracts from cholesterol, mixed, and pigment gallstones, respectively. Hypericin accounted for 2.0, 0.5 and  $0.2 \times 10^{-6}$  M in that order. On cholesterol stones from VGHG rats receiving different hypericin doses, a positive correlation was observed between dose and fluorescence. In the bile from CBD-cannulated rats, fluorescence represented 20% of the injected dose with two peaks in 9 h. HPLC analysis revealed that hypericin conjugates reached 60% of the peak area. By MALDI-TOF MS, hypericin-glucuronide was detected.

**CONCLUSION:** This study proves the potential use of hypericin for differential fluorescent detection of human gallstones regarding their chemical composition.

**Key words:** Differential detection; Fluorescence; Human gallstones; Hypericin; Rat model of cholelithiasis

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**Core tip:** Cholelithiasis refers to cholesterol, mixed and pigment gallstones in the gallbladder. Although the current diagnostic methods may detect their presence in the biliary system, none of them may offer an *in situ* differential diagnosis of gallstones regarding their chemical composition. Hypericin is a fluorophore plant pigment tending to bind membrane lipids and is excreted *via* bile. Because cholesterol is likely the target that hypericin binds, hypericin could become a potential optical imaging agent for differential fluorescent detection of gallstones. Such imaging procedures would allow identifying the origin, composition and formation of gallstones in patients and permit adopting strategies to minimize cholelithiasis recurrence.

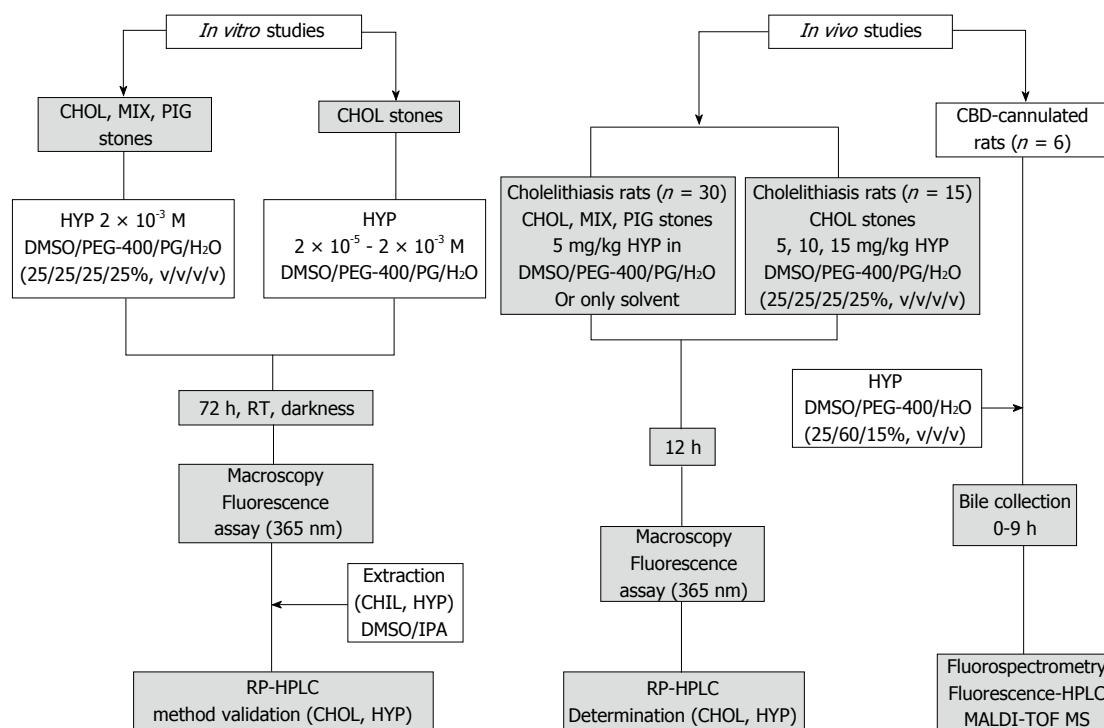
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## INTRODUCTION

Hypericin is a pigment originated from the *Hypericum perforatum* (St. John's Wort) plant and has been used as an herbal medicine due to its biological properties<sup>[1-3]</sup>. Recently, hypericin has been identified as a potent necrosis avid agent with numerous medical applications<sup>[4,5]</sup>. Several mechanisms underlying its necrosis avidity have been proposed. Exposed sites of degraded life molecules present in necrotic cell remnants<sup>[6]</sup>, albumins<sup>[7]</sup> and low-density lipoproteins (LDL)<sup>[8]</sup> have been suggested as the targets of hypericin. Its affinity for lipid components such as cholesterol, phosphatidylethanolamine (PE) and phosphatidylserine (PS) from cell membrane bilayer has been reported<sup>[9,10]</sup>.

Cholelithiasis is a common abdominal disorder worldwide<sup>[11-13]</sup> and refers to the presence of gallstones in the gallbladder. Cholelithiasis can cause acute gallbladder inflammation and infection by intestinal bacteria with symptoms of pain, jaundice and fever<sup>[14,15]</sup>. Gallstones are bile concretions that can differ in size, pathogenesis and composition, and are caused by the precipitation of cholesterol, bilirubin and cholates (or bile salts)<sup>[11]</sup>. According to the published classification system based on their compositions<sup>[16]</sup>, gallstones can be divided into cholesterol stones (having  $\geq 70\%$  of cholesterol); mixed stones comprising palmitate phosphate, calcium carbonate, bilirubin and other bile compounds (30%-69% of cholesterol); and pigment stones consisting of bilirubin and calcium salts (< 30% of cholesterol)<sup>[17,18]</sup>.

Among diagnostic methods for gallbladder diseases including cholelithiasis are interventional approaches such as duodenal drainage, endoscopic ultrasonography and endoscopic retrograde cholangiopancreatography (ERCP) as well as noninvasive sonography, cholescintigraphy, oral cholecystogram, intravenous cholangiogram (IVC), computed tomography (CT), magnetic resonance cholangiopancreatography (MRCP) and blood tests<sup>[18-20]</sup>. Although these techniques may help to find the presence of gallstones, thickening of the gallbladder wall, pericholecystic fluid and occurrence of ductal obstruction, none of them can offer a differential diagnosis of gallstones regarding their chemical composition<sup>[18]</sup>. However, if available, such imaging procedures would be of added value for identifying the origin of gallstone formation in a given patient and consequently allow adopting preventive strategies for



**Figure 1** Flowchart of the experimental procedures. CBD: Common bile duct; CHOL: Cholesterol; DMSO: Dimethyl sulfoxide; HYP: Hypericin; IPA: 2-propanol; PEG: Polyethylene glycol; PG: Propylene glycol; RP-HPLC: Reverse phase-high performance liquid chromatography; MALDI-TOF MS: Matrix-assisted laser desorption-ionization time-of-flight mass spectrometry; MIX: Mixed; PIG: Pigment; RT: Room temperature.

minimizing cholelithiasis recurrence.

It was during the mechanism studies of hypericin affinity that this new imaging procedure for differential diagnosis of gallstones has been explored. Hypericin is known to bind to membrane lipids<sup>[9,21]</sup>, be strongly fluorescent, and be mainly excreted into the bile<sup>[22]</sup>. We therefore hypothesized that: (1) cholesterol is most likely the target lipid that hypericin binds; and (2) hypericin could be a potential optical imaging agent for differential fluorescent detection of gallstones in clinic. Indeed, hypericin is a polycyclic aromatic naphthodianthrone with excellent fluorophore properties including high brightness and photostability. When it absorbs external energy from an electromagnetic radiation in the range from 300 to 400 nm, it fluoresces in the orange-red region between 600 and 650 nm<sup>[23,24]</sup>, making it a good candidate for optical imaging.

To test these hypotheses, we evaluated the interaction of hypericin with gallstones derived from patients subjected to cholecystectomy. *In vitro* studies were done by testing the affinity of hypericin with cholesterol, mixed and pigment gallstones. To quantify the amount of cholesterol and hypericin in the stones, two chromatographic methods were developed and validated. For the suitability of hypericin in differential detection of gallstones, *in vivo* experiments were conducted in an animal model of cholelithiasis<sup>[25]</sup>. To better understand in which form hypericin is present in the bile for interacting with the gallstones, the hepatobiliary pathway of hypericin and its metabolites

in the bile were studied in rats with common bile duct (CBD) drainage.

## MATERIALS AND METHODS

The experimental procedures included in this paper are shown in Figure 1.

### Chemicals

Cholesterol, 3 $\beta$ -hydroxy-5-cholestene (purity  $\geq$  99%) was purchased from Sigma-Aldrich (United States). Hypericin (1,3,4,6,8,13-hexahydroxy-10,11-dimethylphenanthro [1,10,9,8-opqra]perylene-7,14-dione, purity  $\geq$  98%) was obtained from Planta Natural Products (Austria; <http://www.planta.at/hyper/hyper.htm>). The solvents were Ph. Eur reagent grade and acquired from commercial sources. For solubilization, hypericin was dissolved in dimethyl sulfoxide (DMSO)/polyethylene glycol-400 (PEG-400)/propylene glycol (PG)/water (H<sub>2</sub>O) (25%:25%:25%:25%, v/v/v/v).

### Biological materials

The experiments were performed using cholesterol, mixed and pigment stones from the gallbladder of cholecystectomy patients ( $n = 3$ ) at the Department of Abdominal Surgery, Leopold Park Clinic, CHIREC Cancer Institute, Brussels, Belgium.

### In vitro studies

**Preparation of standard solutions:** Calibration curves of hypericin and cholesterol were built. From a

stock solution of  $5.2 \times 10^{-2}$  M cholesterol in DMSO/2-propanol (IPA) (50%:50%, v/v), sequential dilutions were performed to obtain standard solutions including 2.6, 5.2, 7.8, 10.3 and  $12.9 \times 10^{-3}$  M. For hypericin, a stock solution at  $4.0 \times 10^{-5}$  M in DMSO/IPA (50%:50%, v/v) was prepared and diluted at the concentrations of 0.6, 1.3, 2.5, 5 and  $10 \times 10^{-6}$  M. A blank of DMSO/IPA (50%:50%, v/v) was included for both compounds. The solutions were assessed by reverse phase (RP)-high performance liquid chromatography (HPLC).

**Chromatographic conditions:** The chromatographic analysis was done with a Hitachi Elite LaChrom HPLC system (Auckland, New Zealand) equipped with an L-2130 pump and an XTerra C18 reverse-phase analytical column (5.0  $\mu$ m 4.6  $\times$  150 mm; Waters, United States). The sample injection was made through a Rheodyne Model 7725 injector. The column was eluted with a 30 min-gradient of 10% to 90% acetonitrile in 5.0 mM ammonium acetate pH 7.0 at 1.0 mL/min. For cholesterol, an L-2450 diode array detector at 204 nm was used. With hypericin, an L-2480 fluorescent detector was set with excitation and emission wavelengths of 470 and 600 nm, respectively. Data acquisition and processing were performed with EZChrom Elite version 3.1.6 developed by Scientific Software Inc. The peak areas (PAs) and retention times (RTs) were recorded.

**Validation of the chromatographic methods:** Two RP-HPLC methods for cholesterol and hypericin were validated, as described in the ICH harmonized tripartite guidelines<sup>[26,27]</sup>. For assessment of column efficiency, peak symmetry and precision, four replicates of the blank and the five standard solutions of cholesterol and hypericin were used. Column efficiency was reported as the number of theoretical plates ( $N > 2000$ )<sup>[28]</sup>. Peak symmetry was represented as peak asymmetry (As) and tailing factor (TF  $< 2.0$ )<sup>[28]</sup>. Precision was reported as the percentages of the relative standard deviation (%RSD  $< 1.0$ ) of the PAs and RTs<sup>[28]</sup>. Accuracy was evaluated by recovery measurements of  $2.6 \times 10^{-3}$  M cholesterol and  $5.0 \times 10^{-6}$  M hypericin at 80%, 100% and 120% levels in triplicate. The recovery percentages and %RSD values were determined<sup>[29]</sup>.

**Calibration curve preparation:** To build the standard curves of cholesterol and hypericin, the RP-HPLC-peak areas on Y-axis and the concentration of the blank and the five standard solutions on X-axis were plotted and fit to a straight line, using linear regression analysis<sup>[27]</sup>. The slope, Y-intercept, regression equation and regression coefficient ( $R^2$ ) of the calibration curves were determined. The limits of detection (LOD) and the limits of quantification (LOQ) were calculated based on the slope of the corresponding calibration curves and the standard deviations of their responses<sup>[28,29]</sup>.

**Analysis of cholesterol, mixed and pigment stones pre-incubated with hypericin:** Cholesterol, mixed and pigment stones were incubated with  $2 \times 10^{-3}$  M hypericin or only with the solvent. Hypericin non-treated gallstones were set as controls. After 72 h of incubation, the stones were rinsed with distilled water and dried using paper towels. They were photographed (Canon Digital IXUS 860 IS, Japan) in a CN-15 darkroom cabinet (Vilber Lourmat Deutschland GmbH, Eberhardzell, Germany) under white light and at an excitation wavelength of 365 nm for assessment of physical and fluorescent properties, respectively.

For cholesterol and hypericin quantification, the stones were separately crushed with an agate mortar. Ten mg of each type of powdered stone was treated with 3.0 mL of DMSO/IPA (50%:50%, v/v) under stirring for 1 h, at room temperature under dim-light. The samples were centrifuged for 5 min at 5000 rpm at 4 °C. Aliquots from the supernatants were analyzed by RP-HPLC, as described in section 2.3.2. The percentage of cholesterol in each type of stone was estimated. The concentrations of cholesterol and hypericin in the DMSO/IPA extracts were determined from the regression equation of their corresponding calibration curves.

**Interaction of cholesterol stones with hypericin at different concentrations:** Cholesterol stones were treated with hypericin at  $2 \times 10^{-5}$ ,  $2 \times 10^{-4}$  and  $2 \times 10^{-3}$  M or only with the solvent for 72 h. After rinsing and drying, the stones were photographed under white light and at 365 nm in a CN-15 darkroom cabinet.

#### ***In vivo* interaction of cholesterol stones and hypericin**

**Animals:** Fifty-one Wistar rats (male, 8-10 wk, 300-350 g) were used. The animals were purchased from Charles River Breeding Laboratories, Inc. (St. Aubain les Elbeuf, France). One week before the experiments, they were housed under environmentally controlled conditions (temperature  $23 \pm 2$  °C, relative humidity  $60\% \pm 10\%$ , 12:12 h light-dark cycle). Standard rat chow (Ssniff Spezialdiäten GmbH, Soest, Germany) and water were available *ad libitum*. The experiments were approved by the local animal ethics committee and were performed according to the European Ethics Committee guidelines (decree 86/609/EEC).

**Fluorescent detection of human stones in a rat model of cholelithiasis receiving a given hypericin dose:** Model rats with virtual gallbladder having implanted either cholesterol, mixed or pigment stones (VGHG) were prepared, as previously described<sup>[25]</sup>. Animals were imaged by MRI using a 3.0 T Siemens Trio whole-body scanner (Siemens, Erlangen Germany) to monitor the dilatation of the CBD and to detect the location of the gallstone(s) in the virtual gallbladder.

According to the gallstones classification by composition, VGHG rats with cholesterol, mixed or pigment stones were allocated in three groups ( $n = 5$  each). Under intraperitoneal (IP) Nembutal anesthesia (30 mg/kg), the rats were intravenously (IV) given  $1 \times 10^{-3}$  M hypericin at 5.0 mg/kg *via* the penile vein. The other three groups of VGHG rats ( $n = 5$ ) with cholesterol, mixed or pigment stones receiving only solvent were used as controls. Twelve hours later, the animals were sacrificed with an overdose Nembutal of 100 mg/kg. The stones were extracted from the animals, rinsed and photographed under white light and fluorescence (365 nm) in a CN-15 darkroom cabinet.

#### **Fluorescent detection of cholesterol stones in a rat model of cholelithiasis receiving different hypericin doses:**

Three groups of anesthetized rats ( $n = 5$  each) with virtual gallbladder having embedded cholesterol gallstones were IV given  $1 \times 10^{-3}$  M hypericin at 5, 10 or 15 mg/kg. After 12 h, the animals were killed with anaesthetic overdose and the internal organs were exposed. The animal and the extracted cholesterol stones were photographed in a CN-15 darkroom cabinet under white light and at 365 nm, with hypericin non-treated stones set as controls.

#### **Analysis of biliary metabolites of hypericin**

To investigate in which form hypericin is present in the bile for interacting with the stones, CBD-ligated rats were prepared by ligation of the CBD in six normal rats with a non-absorbable silk suture. The resulting enlarged CBD were cannulated using polyethylene (PE) tubing (0.58 mm ID and 0.96 mm OD, Natume Co., Tokyo, Japan) for bile collection.

The CBD-ligated rats then received IV  $1 \times 10^{-3}$  M hypericin at 10 mg/kg, and biliary juice was hourly collected from 0 to 9 h. Bile samples were transferred to a 96-well black polystyrene plate (Greiner Bio-One; Kremsmünster, Austria) and measured on a plate reader (FLUOstar OPTIMA, BMG Labtech, Offenburg, Germany) with excitation and emission filters of 485 and 590 nm wavelengths, respectively. The fluorescence concentrations versus time curves were built and the area under the curve from 0 up to 9 h (AUC<sub>0-9 h</sub>) was determined using the linear/logarithmic trapezoidal rule.

Bile samples were also analyzed by RP-HPLC using UV and fluorescence detection. Solutions of  $1.3 \times 10^{-5}$  M hypericin either in DMSO/PEG-400/PG/H<sub>2</sub>O (25%:25%:25%:25%, v/v/v/v) or bile were also analyzed.

The fluorescent HPLC peaks from bile analysis were collected and evaluated by matrix-assisted laser desorption/ionization time-of-flight mass spectrometry (MALDI-TOF MS) as described previously<sup>[30]</sup>. After digestion and extraction of the tryptic peptides, the samples were dried down, desalted onto Millipore

ZipTip C18 (Bedford, MA, United States) and analyzed by MS on a MALDI-TOF/TOF 4800 instrument (Applied Biosystems, Foster City, United States)<sup>[30]</sup>. Data interpretation was performed with the GPS Explorer software (Version 3.5), and database searching was done using the Mascot program (Version 2.2) (www.matrixscience.com).

#### **Statistical analysis**

The numerical results are expressed as mean  $\pm$  standard deviation (SD). Statistical analyses were performed using GraphPad Prism (version 4.0; GraphPad, San Diego, United States) by one-way analysis of variance (ANOVA). *P* values  $< 0.05$  were considered statistically significant.

## **RESULTS**

#### **General aspects**

**Solutions:** Cholesterol solutions in DMSO/IPA (50%:50%, v/v) at different concentrations were transparent without any turbidity. Different concentrations of hypericin either in DMSO/IPA (50%:50%, v/v) or DMSO/PEG-400/PG/H<sub>2</sub>O (25%:25%:25%:25%, v/v/v/v) showed a light pink to bright red color without any discernible aggregates.

**Stone morphology:** Each cholecystectomy patient had several stones with similar size and morphology. However, marked variations in sizes and shapes of the stones were observed from different human subjects. Cholesterol stones were yellow polyhedrons having a smooth surface. Mixed stones appeared to have a yellow color, with large brown patches on their irregular surface. Pigment stones looked dark brown. Gallstones sized between 0.1 and 1.0 cm with various shapes ranging from round to faceted.

**Animal models:** The rat model of surgically induced virtual gallbladder with human cholesterol, mixed and pigment stones was successfully established in all animals<sup>[25]</sup>, as confirmed by MRI (Figure 2).

No animals died due to the anesthetics and surgical procedures. For CBD-ligated rats, all the animals survived the anesthesia, surgery and cannulation process. None of them was excluded from the study because of procedural complications. The process proved to be safe and took around 20 min for each animal.

#### **In vitro studies**

#### **Validation of the chromatographic methods for cholesterol and hypericin quantification in gallstones:**

For cholesterol quantification, a blank and five standard solutions were prepared from 2.6 to  $12.9 \times 10^{-3}$  M in DMSO/IPA (50%:50 %, v/v). Chromatograms were obtained by RP-HPLC and diode array detection at 204 nm (Figure 3A).

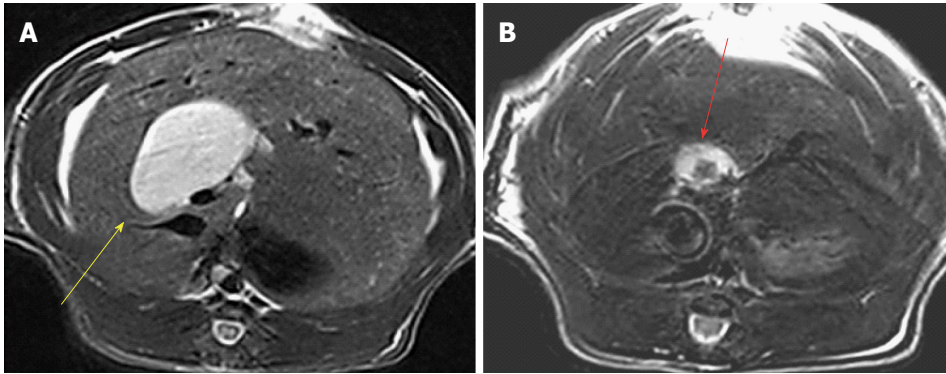


Figure 2 Transverse T2 weighted MR scanning images in a rat model of cholestasis-induced virtual gallbladder (yellow arrow) before (A) and after (B) implantation of a human gallstone (red arrow).

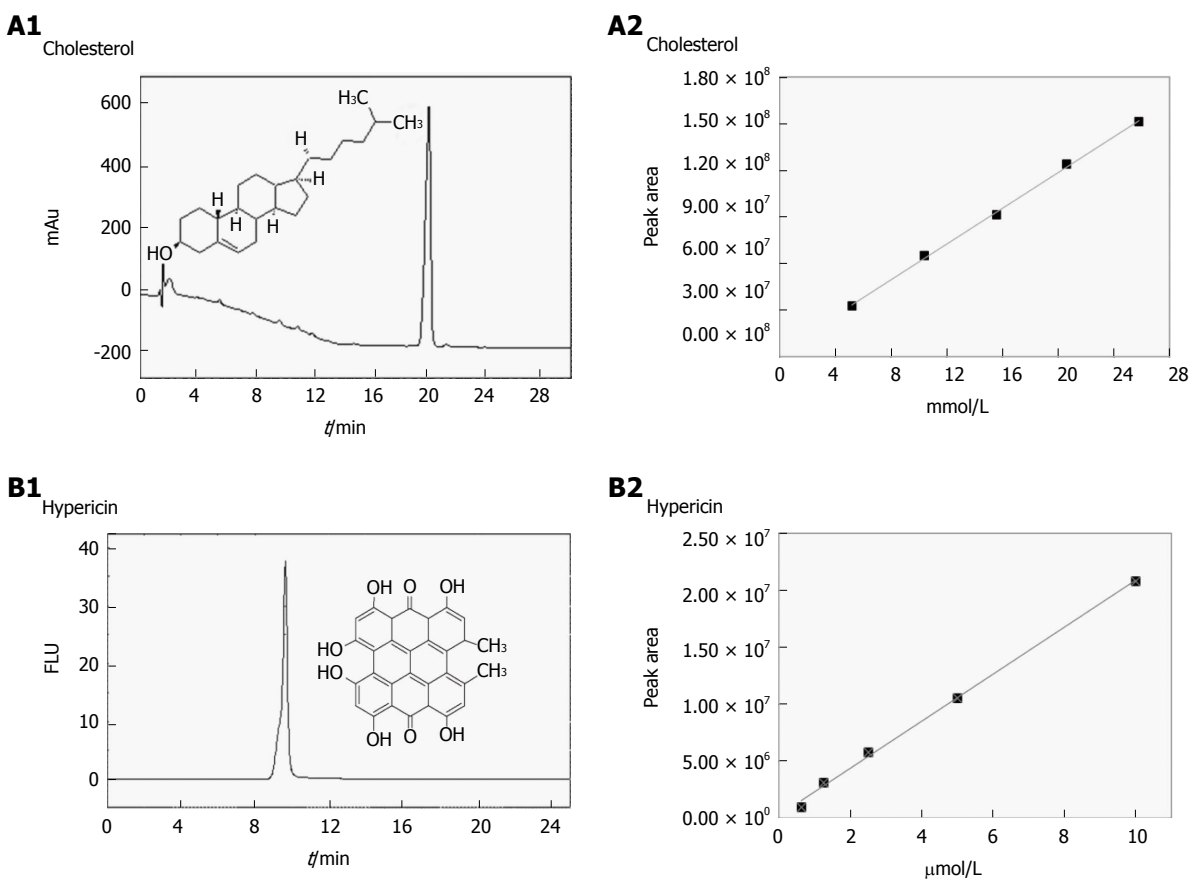


Figure 3 Validation of the chromatographic methods for cholesterol and hypericin quantification in gallstones. A1-B2: Validation data of the analysis by reverse phase-high performance liquid chromatography on hypericin pre-incubated human gallstones with UV (204 nm) and fluorescence detection (excitation/emission wavelengths: 470/600 nm). A typical UV chromatogram of  $5.2 \times 10^{-3}$  M cholesterol with a retention time (RT) of  $19 \pm 0.22$  min (A1) and the HPLC-generated calibration curve (A2) based on four replicate measurements of five working solutions of cholesterol are presented. A representative fluorescence chromatogram of  $1.3 \times 10^{-6}$  M hypericin with an RT of  $9.68 \pm 0.06$  min (B1) along with corresponding HPLC-generated calibration curve of hypericin (B2) is shown. FLU: Fluorescence units; mAu: Milli-absorbance units.

Table 1 presents the PAs and the RTs for the studied concentrations of cholesterol. Good column efficiency with a high number of theoretical plates (N) around 7700 was observed. The As and TF were 1.02 and 1.0, respectively (Table 2). The chromatographic method showed reliability, accuracy and precision. For replicate injections of five different concentrations of cholesterol, high precision was seen with %RSD values of the PAs

below 1.7%. Low variability (%RSD < 1.3%) in RTs was observed (Table 3). The method exhibited a good accuracy having %RSD below 1.6% and recovery values of 99.8%, 100.3%, and 99.6% at 80%, 100% and 120% concentration levels, respectively (Table 4).

Figure 3B depicts the calibration curves corresponding to the mean chromatogram peak areas of cholesterol at different concentrations. The chroma-

**Table 1 Calibration data of the chromatographic methods**

Cholesterol			Hypericin		
Conc. ( $\times 10^{-3}$ M)	PA $\pm$ SD ( <i>n</i> = 4)	RT $\pm$ SD (min)	Conc. ( $\times 10^{-6}$ M)	PA $\pm$ SD ( <i>n</i> = 4)	RT $\pm$ SD (min)
2.6	32715275 $\pm$ 532288	19.60 $\pm$ 0.19	0.6	961398 $\pm$ 14312	9.85 $\pm$ 0.14
5.2	64995700 $\pm$ 622439	19.83 $\pm$ 0.26	1.3	3120453 $\pm$ 33528	9.63 $\pm$ 0.03
7.8	91376450 $\pm$ 1113357	19.79 $\pm$ 0.14	2.5	5782945 $\pm$ 90738	9.41 $\pm$ 0.13
10.3	124007250 $\pm$ 2116420	19.97 $\pm$ 0.11	5.0	10563681 $\pm$ 134692	9.75 $\pm$ 0.11
12.9	151245250 $\pm$ 2660042	20.03 $\pm$ 0.12	10.0	20814150 $\pm$ 226368	9.61 $\pm$ 0.07

Conc.: Concentration; PA: Peak area; RT: Retention time; SD: Standard deviation.

**Table 2 System suitability**

System suitability parameters	Cholesterol	Hypericin
Theoretical plates (N)	7700	5500
Asymmetry factor (As)	1.02	0.75
Tailing factor (TF)	1.00	0.61

**Table 3 Results of the intra-day precision studies**

Conc. ( $\times 10^{-3}$ M)	Cholesterol		Conc. ( $\times 10^{-6}$ M)	Hypericin	
	RSD-PA	RSD-RT		RSD-PA	RSD-RT
2.6	1.6%	0.9%	0.6%	1.5%	1.4%
5.2	0.9%	1.3%	1.3%	1.1%	0.3%
7.8	1.2%	0.7%	2.5%	1.6%	1.4%
10.3	1.7%	0.5%	5.0%	1.3%	1.1%
12.9	1.7%	0.6%	10.0%	1.1%	0.7%

Conc.: Concentration; PA: Peak area; RSD: Relative standard deviation; RT: Retention time.

tographic conditions used to build the calibration curve allowed an efficient identification of this compound. The slope, Y-intercept and regression equation of the curve are presented in Table 5. Good linearity was observed with correlation coefficients ( $R^2$ ) above 0.998. The LOD and LOQ were  $0.58 \times 10^{-3}$  M and  $1.76 \times 10^{-3}$  M, respectively (Table 5).

For hypericin, standard solutions with five different concentrations from 0.6 to  $10 \times 10^{-6}$  M and a blank were prepared in DMSO/IPA (50%:50%, v/v). Unlike cholesterol, RP-HPLC chromatograms for hypericin were obtained using fluorescence detection (Figure 3C). The PAs and their RTs for the studied concentrations are shown in Table 1. The chromatographic method appeared to be feasible, precise and accurate (Table 2). A high number of theoretical plates ( $N = 5500$ ) were determined, indicating good column efficiency. The As and TF were found to be around 0.75 and 0.61, respectively. For all replicate concentrations, the %RSD values of the PAs and RTs were less than 1.6% (Table 3). The accuracy of the method was excellent with %RSD lower than 1.5% and recovery values of 108.8%, 101.7%, and 103.6% at 80%, 100% and 120% concentration levels, respectively (Table 4).

By using the mean PAs at different concentrations

**Table 4 Results of the recovery studies**

Compound	Labelled amount	Added amount	Found amount	Recovery	RSD
Cholesterol	1.0 mg	0.80 mg	0.79 mg	99.8%	1.6%
		1.00 mg	1.00 mg	100.0%	1.1%
		1.20 mg	1.19 mg	99.6%	1.2%
Hypericin	0.0025 $\mu$ g	0.0020 $\mu$ g	0.0029 $\mu$ g	108.8%	0.4%
		0.0025 $\mu$ g	0.0026 $\mu$ g	101.7%	0.1%
		0.0030 $\mu$ g	0.0032 $\mu$ g	103.6%	1.6%

RSD: Relative standard deviation; SD: Standard deviation.

**Table 5 Linearity of the high performance liquid chromatography methods for cholesterol and hypericin**

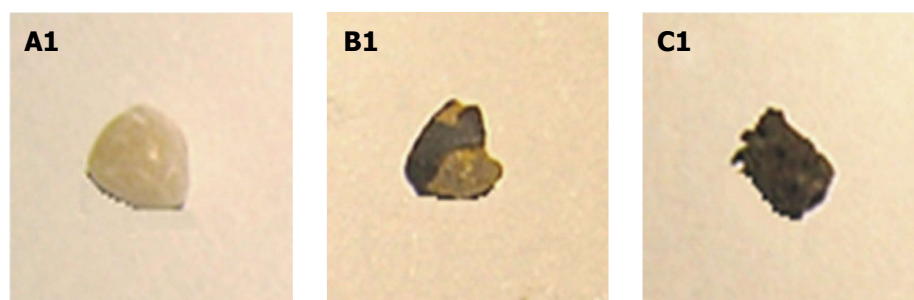
Compound	LR	Slope	SD (LR)	$R^2$	LOD (M)	LOQ (M)
Cholesterol	$y = 1 \times 10^7 x + 3 \times 10^6$	11712479	2055881	0.998	$0.58 \times 10^{-3}$	$1.76 \times 10^{-3}$
Hypericin	$y = 2 \times 10^6 x + 2 \times 10^5$	2066297	433480	0.998	$0.69 \times 10^{-6}$	$2.1 \times 10^{-6}$

LR: Linear regression; SD (LR): Standard deviation of regression line;  $R^2$ : Coefficient of correlation; y: Peak area; x: Compound concentration; LOD: Limit of detection; LOQ: Limit of quantification.

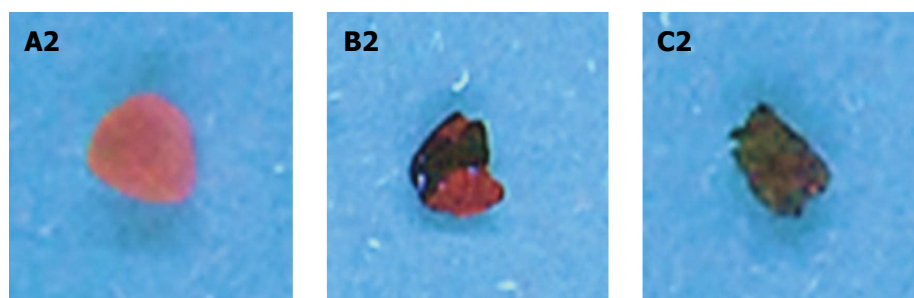
of hypericin, calibration curves were plotted and are presented in Figure 3D. The slope, Y-intercept and regression equation are indicated in Table 5. The HPLC conditions used to construct the standard curves permitted a good identification of hypericin in the studied range of concentrations. The plot showed a good fit for a linear model with  $R^2$  above 0.997. The LOD and LOQ were  $0.64 \times 10^{-6}$  M and  $1.90 \times 10^{-6}$  M, respectively (Table 5).

**Interaction of different types of gallstones with hypericin:** No solid depositions of solubilized stones fragments were macroscopically observed either in the solvent or at the bottom of the vials. At 365 nm, cholesterol gallstones showed a homogeneous red fluorescence on their surfaces. Mixed stones exhibited similar fluorescent intensity as that observed in cholesterol ones. However, the fluorescence signal had a heterogeneous distribution resembling a dotted pattern. In contrast, no fluorescence was noticed on the pigment stones and on the ones treated only with

## Macroscopy



## Fluorescence



**Figure 4** Macroscopy and fluorescence observations of hypericin-treated human gallstones under white and UV (365 nm) lights. A yellow cholesterol stone (A1) showed homogeneous and red fluorescence on the surface (A2). A mixed stone with yellowish and brown patches (B1) revealed red fluorescence solely on the yellow cholesterol region (B2). A pigment stone appeared dark brown (C1) with almost no fluorescence (C2).

**Table 6** Results of the analysis of cholesterol, mixed and pigment stones

Type of stones	Cholesterol		Hypericin Conc. ( $\times 10^{-6}$ M) IPA/DMSO extracts	<i>P</i> value
	Conc. ( $\times 10^{-3}$ M) IPA/DMSO extracts	Percentage in stone		
Cholesterol	$7.68 \pm 0.25$	83%-86%	$2.01 \pm 0.38$	0.011
Mixed	$6.65 \pm 0.12$	71%-75%	$0.50 \pm 0.19$	
Pigment	$0.08 \pm 0.02$	1%-3%	$0.23 \pm 0.06$	

Conc.: Concentration; DMSO: Dimethyl sulfoxide; IPA: 2-propanol.

solvent (control) (Figure 4).

**Interaction of cholesterol stones with hypericin at different concentrations:** At 365 nm, a stronger red fluorescence was observed on the surfaces of cholesterol stones pre-incubated with  $2 \times 10^{-3}$  M hypericin than that from those stones treated with lower concentrations ( $2 \times 10^{-4}$  and  $2 \times 10^{-5}$  M). Among them,  $2 \times 10^{-5}$  M hypericin produced the lowest fluorescence signal on the stone surface (Figure 5).

**Quantification of hypericin and cholesterol in human stones:** Figure 6 depicts chromatograms of DMSO/IPA (50%:50%, v/v) extracts from cholesterol, mixed and pigment stones obtained by RP-HPLC under diode array (204 nm) and fluorescence (excitation/emission wavelengths: 470/600 nm) detections.

On UV-chromatograms of mixed and cholesterol stones, a single peak was observed at an RT of  $19.99 \pm 0.17$  min, corresponding to the cholesterol contents

in the gallstones. With pigment stones, however, two peaks were seen. The first large peak appeared at  $1.41 \pm 0.02$  min that seemed to correspond to other components which were present at higher amounts than cholesterol. The second small peak having an RT of  $19.81 \pm 0.11$  min represented the cholesterol fraction in this type of stone. The concentrations of cholesterol in the DMSO/IPA extracts were 7.68, 6.65 and  $0.08 \times 10^{-3}$  M representing percentages of 81%-83%, 71%-75% and 1%-3% of the cholesterol, mixed and pigments stones, respectively (Table 6), which differ slightly from known classification<sup>[17,18]</sup>.

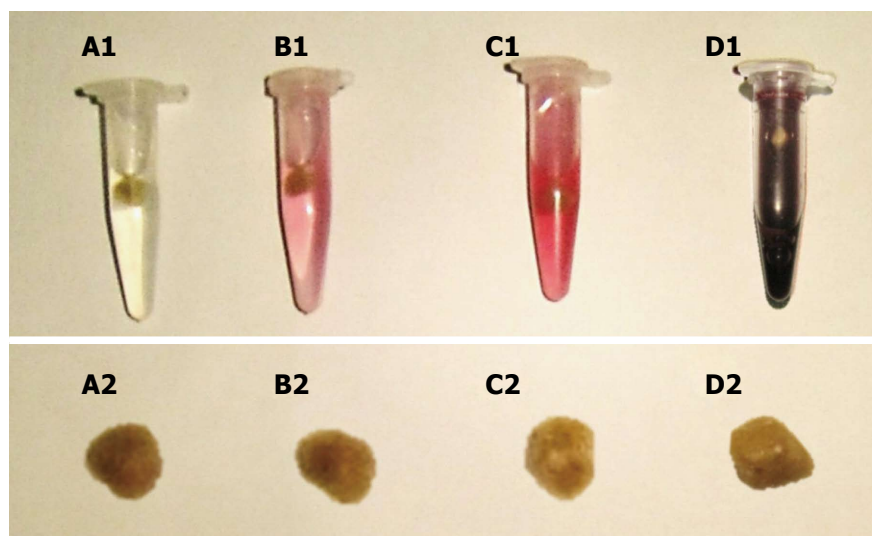
By fluorescence detection for hypericin, a single peak with an RT of  $9.68 \pm 0.06$  min was observed in all types of gallstones. Regarding its concentration, significant differences were found among cholesterol, mixed and pigment stones ( $P = 0.01$ ). The highest contents were detected in cholesterol stones, whereas the lowest values were determined in the pigment ones. The concentrations of hypericin in the DMSO/IPA extracts were 2.0, 0.5 and  $0.2 \times 10^{-6}$  M for cholesterol, mixed and pigments stones, respectively (Table 6).

#### *In vivo* studies

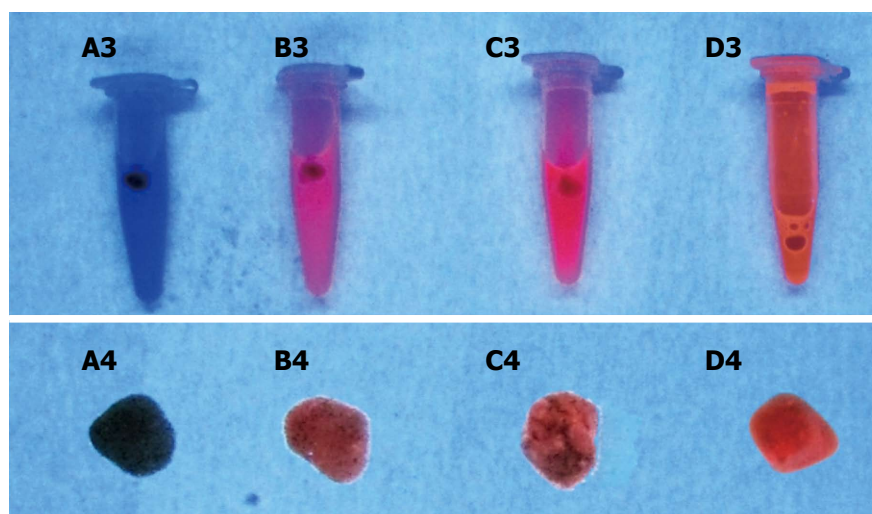
**Fluorescence detection of cholesterol, mixed and pigment stones in a rat model of cholelithiasis receiving hypericin:** Cholelithiasis rats having cholesterol, mixed and pigment stones received IV  $1 \times 10^{-3}$  M hypericin at 5 mg/kg. No unexpected side-effects and good tolerability were observed. Cholesterol gallstones extracted from rats treated with hypericin showed high red fluorescence at 365 nm. Mixed



Macroscopy



Fluorescence



**Figure 5** Macroscopic digital imaging under white and UV (365 nm) lights of human cholesterol gallstones treated with different concentrations of hypericin ( $2 \times 10^{-5}$  -  $2 \times 10^{-3}$  M) or only with solvent for 72 h. Solvent-treated stone (A1, A2) lacked fluorescence (A3, A4). Gallstones pre-incubated with hypericin solutions at  $2 \times 10^{-5}$  M (B1, B2),  $2 \times 10^{-4}$  M (C1, C2) and  $2 \times 10^{-3}$  M (D1, D2) exhibited fluorescence (B4, C4, D4), which seemed to increase with the hypericin concentration (B3, C3, D3).

stones exhibited similar fluorescent intensity but in a heterogeneous distribution pattern. In contrast, pigment stones or stones from the rats receiving only solvent showed no fluorescent signals (data not shown).

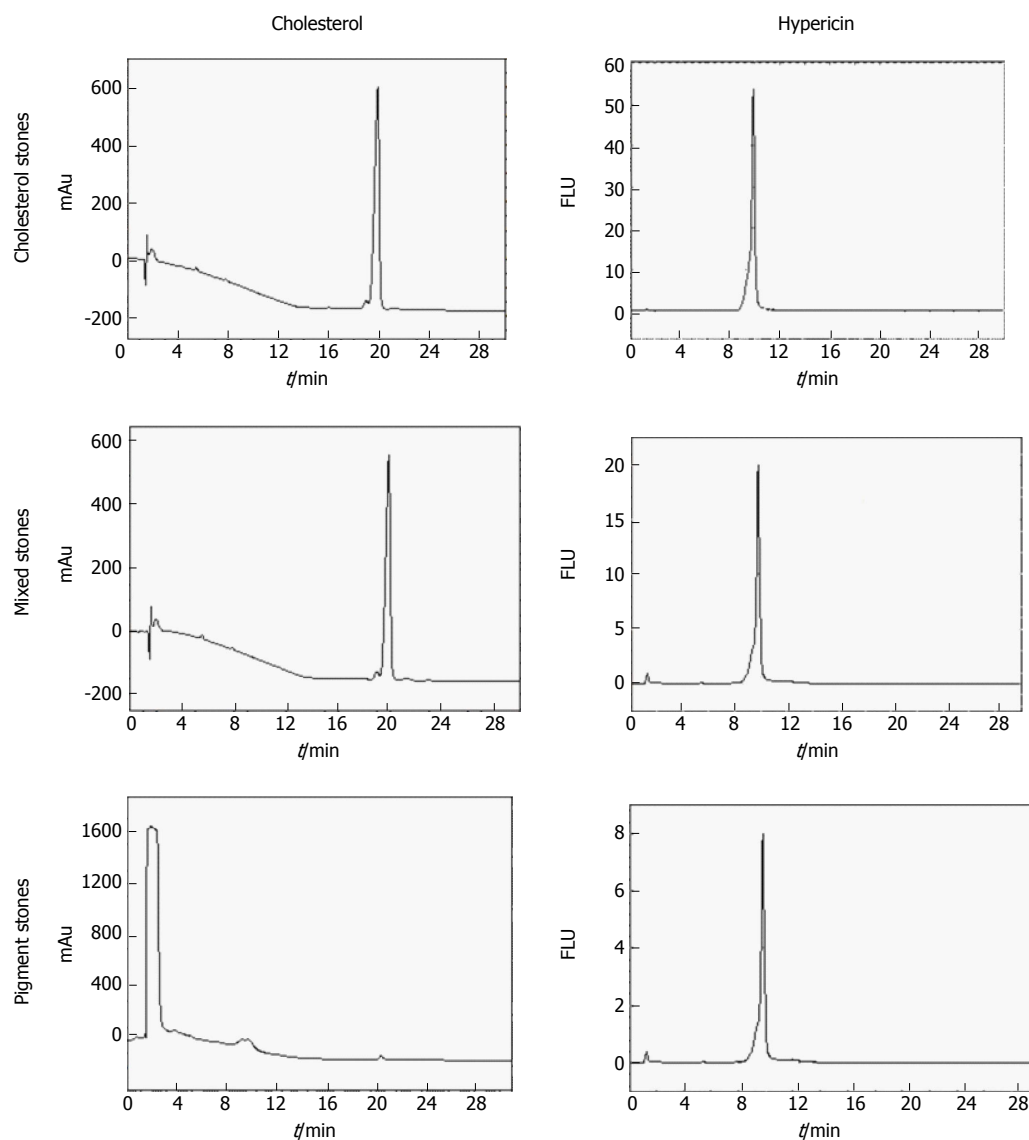
**Fluorescence detection of cholesterol stones in a rat model of cholelithiasis receiving different doses of hypericin:**

Cholelithiasis rats with cholesterol stones were IV given  $1 \times 10^{-3}$  M hypericin at doses of 5, 10 or 15 mg/kg, which were all safe and well-tolerated. With 5 mg/kg, the stones exhibited relative lower fluorescence and, almost no signal was observed from the organs and tissues (Figure 7). After injecting hypericin at 10 mg/kg, stones exhibited high red fluorescence, with moderate signal intensity seen in the diaphragm and intestine (Figure 7). With 15 mg/kg, fluorescence in the midline surgical incision, mouth and

testis skin was detected (data not shown) in addition to the high fluorescence intensity in gallstones as well as the diaphragm, intestine, stomach and pancreas. Overall, the results showed that the fluorescence intensity and the tissue distribution of hypericin were positively correlated with the injected dose. Interestingly, the liver was almost not fluorescent in all hypericin doses (Figure 7), likely due to non-fluorescent binding form of hypericin present in hepatocytes.

***In vivo studies on biliary excretion of hypericin in CBD-cannulated rats***

**Bile collection in CBD-cannulated rats:** The bile flow rate varied from 0.22 to 0.58 mL/h. It remained almost constant at  $0.57 \pm 0.01$  ml/h over the first two hours, but dropped to 0.2 mL/h during the later 7 h. The total volume of bile collected was about 3.5 mL in



**Figure 6** HPLC chromatograms of dimethyl sulfoxide/2-propanol (50%:50%, v/v) extracts from hypericin pre-incubated gallstones with UV (204 nm) and fluorescence detection (excitation/emission wavelengths: 470/600 nm). Under UV, cholesterol and mixed stone extracts showed a main peak with a retention time (RT) of  $19.99 \pm 0.17$  min corresponding to cholesterol. With fluorescence detection, a single peak of hypericin at  $9.68 \pm 0.06$  min was observed. In pigment stone extracts, the UV showed a large peak at  $1.41 \pm 0.02$  min representing other non-cholesterol components in this type of stone. The second small peak with an RT of  $19.81 \pm 0.11$  min corresponding to cholesterol was also observed. Under fluorescence, pigment stone extracts showed a smaller peak of hypericin than that in cholesterol and mixed stones. FLU: Fluorescence units; mAu: Milli-absorbance units; HPLC: High performance liquid chromatography.

the course of the nine hours.

#### Fluorescence intensity over time in bile from CBD-cannulated rats after hypericin administration:

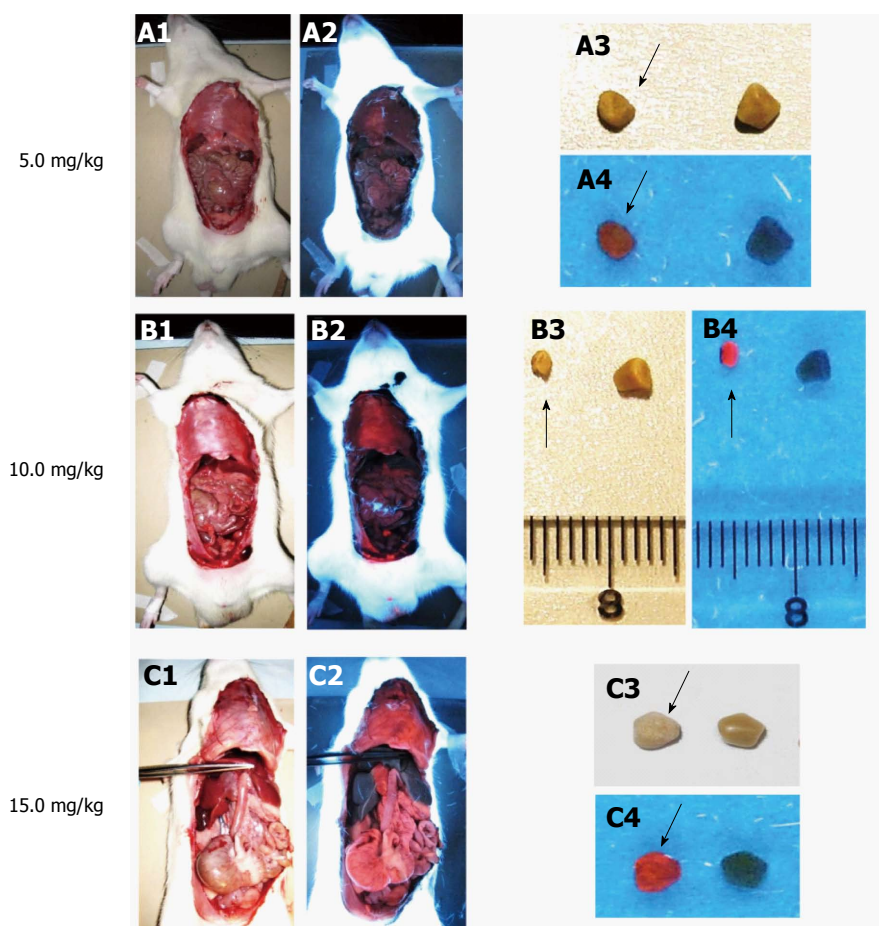
Figure 8 gives the concentration curves of fluorescent species versus time in bile during 9 h after hypericin administration with two peaks observed. The first peak reached its highest value at 2 h. The second higher steep peak occurred at 5 h. From AUC calculation of concentration curves, the percentage of fluorescent species excreted into the bile within 9 h was 20% of the total administered dose of hypericin.

#### Metabolite analysis

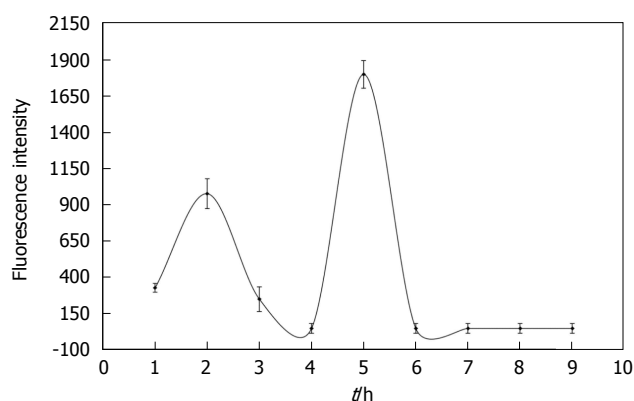
Figure 9 shows fluorescence HPLC chromatograms for  $1.3 \times 10^{-5}$  M hypericin dissolved either in solvent or

bile as well as samples of bile from CBD-cannulated rats before hypericin injection at excitation/emission wavelengths of 470 and 600 nm. With only hypericin, a single narrow peak at an RT of  $29.22 \pm 0.09$  min was seen (Figure 9A). Bile samples before receiving hypericin showed a single peak with a short RT of  $1.67 \pm 0.14$  min that corresponded to the autofluorescent properties of the bile (Fig 9B). HPLC of hypericin in bile had two peaks of RT at  $1.72 \pm 0.22$  min and  $29.38 \pm 0.15$  min, respectively (Figure 9C).

A fluorescent HPLC of bile at 2 h after hypericin injection is shown in Figure 10 with a total of 8 peaks. The first peak with an RT of  $1.76 \pm 0.11$  min and 15% of area referred to the autofluorescent bile fraction. The 2<sup>nd</sup> and 3<sup>rd</sup> peaks overlapped at an RT of  $4.27 \pm 0.09$  min and  $5.03 \pm 0.25$  min with 4.3% and 7.2% of



**Figure 7** Macroscopic digital imaging under white and UV (365 nm) lights in rats of cholelithiasis receiving intravenous  $1 \times 10^{-3}$  M hypericin at 5, 10, 15 mg/kg and their corresponding extracted gallstones. Rats receiving hypericin at 5 mg/kg (A1) exhibited almost no fluorescence in organs (A2). The extracted gallstones (black arrow) showed faint fluorescent relative to control stones (A3, A4). With 10 mg/kg hypericin (B1), moderate fluorescence appeared in the diaphragm (B2). Higher red fluorescence in gallstones (black arrow) was observed as compared to control stone (B3, B4). Rats treated with 15 mg/kg hypericin (C1) revealed high fluorescence in visceral organs (C2). The stone (black arrow) displayed high fluorescence as compared to the control (C3, C4).



**Figure 8** Nine-hour time-concentration curve of fluorescent species in bile from CBD-cannulated rats having received  $1 \times 10^{-3}$  M hypericin at 10 mg/kg. Two peaks accounting for 20% of the administered dose were found at 2 h and 5 h, suggesting enterohepatic circulation.

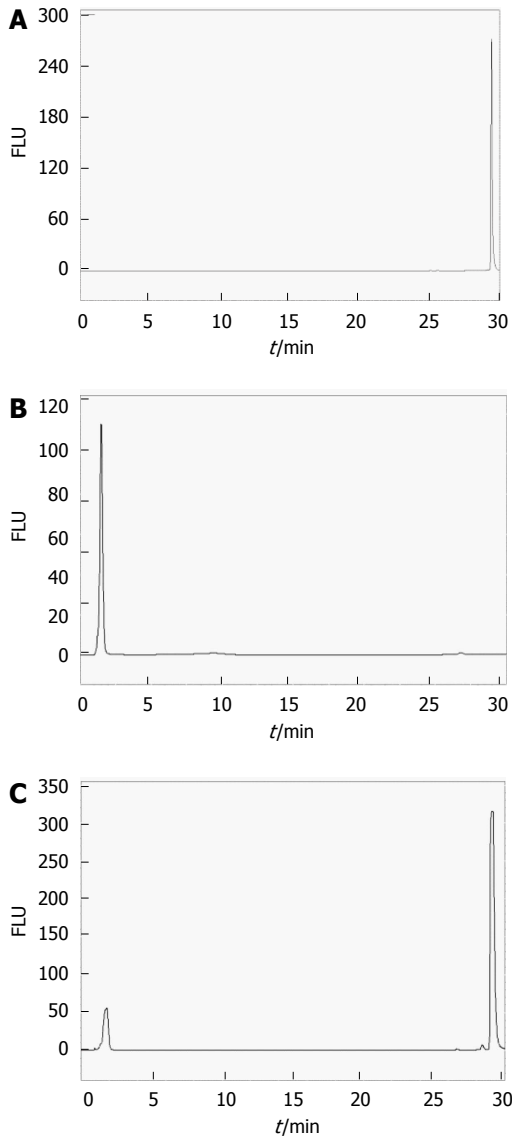
the total area, respectively. The 4<sup>th</sup> peak was detected at  $10.42 \pm 0.18$  min with 26.6% of area. The 5<sup>th</sup> peak slightly overlapped with the 4<sup>th</sup> one came out at  $12.95 \pm 0.25$  min with 37.6% of area. At longer RTs, the 6<sup>th</sup> ( $22.50 \pm 0.26$  min) and 7<sup>th</sup> ( $23.16 \pm 0.72$  min)

small peaks represented less than 4% of the biliary excretion, followed by the last peak with an RT of  $29.12 \pm 0.03$  min accounting for 15.8% of area that seemed to correspond to the intact hypericin (Figure 10A and B).

By MALDI-TOF MS, the collected fluorescent HPLC peaks were analyzed. Among them, however, only one peak (RT = 23.16 min) could be identified, which most likely represents the mono-glucuronide (m/z = 681.9594 Da) ion of hypericin (Figure 11).

## DISCUSSION

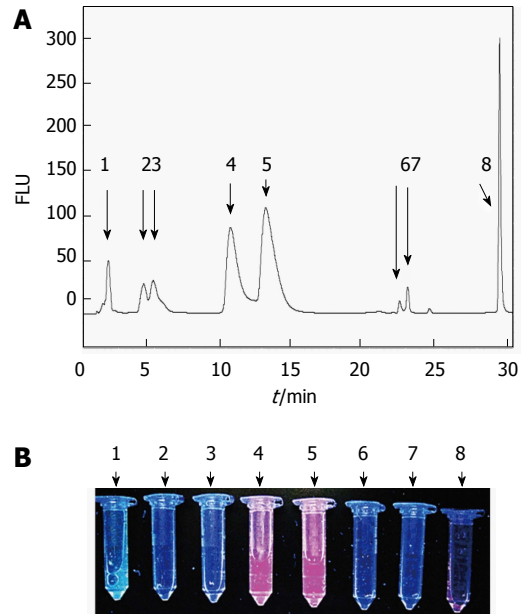
Gallstones are deposits in the gallbladder, which often instigate diseases including cholelithiasis and require treatments including surgery to remove the gallbladder and/or stone(s)<sup>[11-20]</sup>. These crystalline concretions differ in chemical compositions, indicating various mechanisms of formation and growth. Although some diagnostic techniques are clinically available for cholelithiasis, none of them offer a differential imaging diagnosis based on the chemical composition of the gallstones. The feasibility and availability of such a



**Figure 9** HPLC chromatograms with fluorescence detection of  $1.3 \times 10^{-5}$  M hypericin eluting at an RT of 29.22 min (A), bile alone with an RT of 1.67 min (B) and  $1.3 \times 10^{-5}$  M hypericin in bile (C) with two above peaks (A, B) observed. FLU: Fluorescence units; HPLC: High performance liquid chromatography.

technique may help to better treat cholelithiasis and reduce its recurrence.

In this study, we thought hypericin could be a potential fluorophore for the differential detection of gallstones by optical imaging. Literature shows that high amounts of hypericin selectively localized in cholesterol-rich microdomains than in less ordered lipid-rich areas<sup>[9]</sup>. Emission spectrum measurements indicated interactions between pi electrons of hypericin and cholesterol may lead to the formation of a packing arrangement between the common planar structures of the two molecules<sup>[9]</sup>. Based on these observations, we hypothesised that similar interaction could occur between hypericin and the cholesterol crystals (in gallstones), which are formed due to the inability to solubilize the lipid-bile salt micelles in cholesterol-

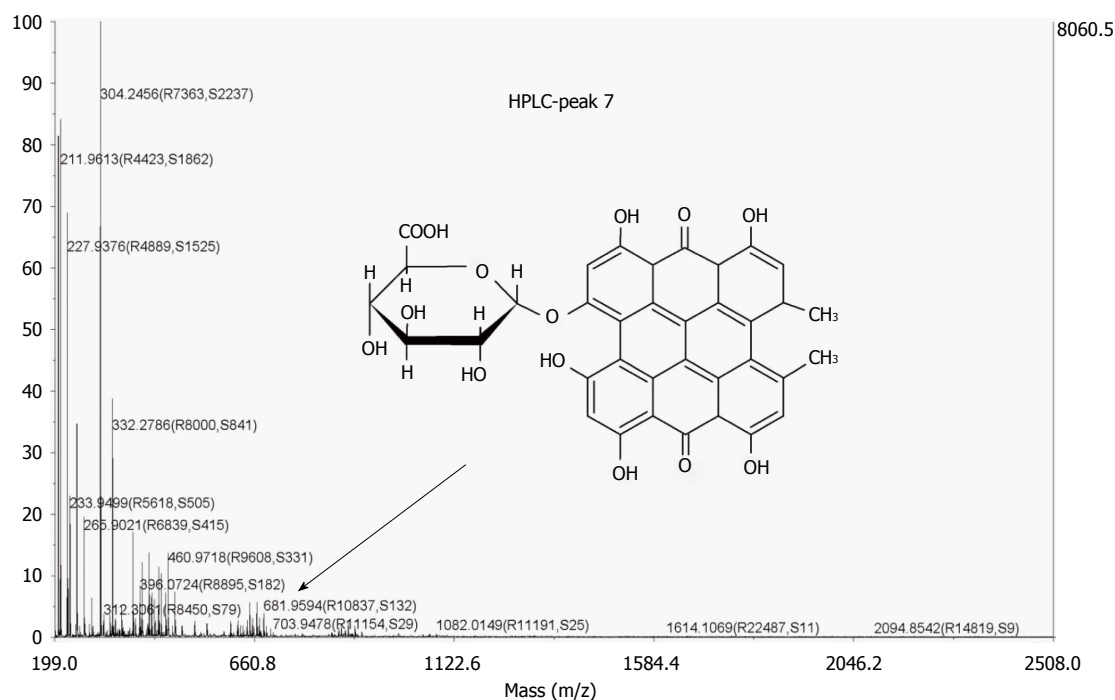


**Figure 10** A typical HPLC chromatogram with fluorescence detection of hypericin and its conjugated metabolites in bile from CBD-cannulated rats at 2 h after hypericin administration. Eight fluorescent peaks were observed. The peak at 1.76 min corresponded to the autofluorescence of the bile. The following six peaks with RT of 4.27, 5.03, 10.42, 12.95, 22.50 and 23.16 min appeared to represent hypericin in conjugated or metabolized forms. The last peak seemed to be unchanged hypericin eluting at 29.12 min (A). Spectrometry measurements of HPLC peaks confirmed the highest fluorescent signals from those with RT of 1.76, 10.42, 12.95 and 29.12 min (B). FLU: Fluorescence units; HPLC: High performance liquid chromatography.

enriched bile. Moreover, the nearly 100% hypericin excretion in the bile could be a favourable feature for the exploration of this approach. Hypericin is highly lipophilic with a high octanol-water partition coefficient value ( $\log P = 3.43$ )<sup>[31]</sup> and a molecular size of 504 g/mol. In its metabolic pathway, being taken up and excreted by hepatocytes, it passes *via* the bile from the liver through the CDB and gallbladder into the intestine<sup>[32]</sup>. This might facilitate the contact between hypericin and the stones located either in the gallbladder or biliary ducts. Furthermore, hypericin has a distinct fluorescent profile in the orange-red region (emission peak about 590 nm) which can offer high quality optical images.

By testing *in vitro*, we proved the specificity and affinity of hypericin for the cholesterol present in the gallstones from cholecystectomy patients. Hypericin-treated cholesterol gallstones showed high and homogeneous fluorescence covering their entire surfaces. In mixed stones with heterogeneous surface distribution of cholesterol, only spotted fluorescence was observed. Pigment stones having low cholesterol contents as well as hypericin-non treated stones exhibited no fluorescent properties. As it was expected, hypericin seemed to accumulate preferably in regions where high concentrations of cholesterol localized.

In a second step to investigate the preferential hypericin accumulation in cholesterol-rich gallstones,



**Figure 11** MALDI TOF-TOF MS spectra of the HPLC-collected peak with an RT of 23.16 min which was isolated from bile of CBD-cannulated rats after administration of hypericin. A peak at  $m/z = 681.9594$  Da could be identified (arrow), representing the mono-glucuronide ion of hypericin. CBD: Common bile duct.

HPLC technique combined with the calibration curve method<sup>[33,34]</sup> was applied to determine cholesterol and hypericin contents in different types of human gallstones pre-incubated with hypericin. Both techniques, separately or in combination, have been applied for quantification of both compounds in different samples<sup>[35,36]</sup>. In this study, standards of either cholesterol or hypericin were assessed by HPLC and, then, the corresponding calibration curves were generated, allowing the quantification of both compounds in the gallstones by further curve-extrapolation. Although we used similar chromatographic conditions such as type and length of analytical column, mobile phase composition and flow rate, with different detectors included, the fluorescence detection of hypericin as the fluorophore was preferred due to its high sensitivity for identifying trace amounts of molecules in biological matrices<sup>[37]</sup>. With the non-fluorescent cholesterol, instead, a diode array detector was set at a wavelength of 204 nm, as has been used in previous works<sup>[38]</sup>. For HPLC analysis, all the stones were treated with a solvent mixture consisting of DMSO/IPA (50%/50%, v/v) to simultaneously extract cholesterol and hypericin. The 2-propanol solvent has been used for cholesterol extraction from different biological fluids and tissues<sup>[39]</sup>. Regarding DMSO, it is the solvent of choice for dissolving water-insoluble hypericin<sup>[40]</sup>. After extrapolating the concentration of hypericin or cholesterol in the DMSO/IPA extracts from the stones to the corresponding calibration curves, cholesterol stones constantly showed the highest amounts of both compounds. Despite these results, it is important to note that the concentration

of hypericin detected is thousand-fold smaller than the total cholesterol contents in the stones, likely due to binding of hypericin to the cholesterol-rich surfaces of the gallstone without going deeper into the internal cholesterol deposits of the stone.

To make steps forward, we investigated the feasibility of using hypericin to detect different types of human gallstones in a rat model of cholelithiasis<sup>[25]</sup> by fluorescence optical imaging. Comparisons among groups of VGHG animals containing different types of gallstones supported our *in vitro* observations. Indeed, 12 h after giving hypericin to VGHG animals, cholesterol and mixed gallstones were fluorescent in contrast to the pigment stones which lacked fluorescent properties. Moreover, we tried to optimize *in vivo* the dose of hypericin needed to obtain a good ratio between the fluorescent signals from cholesterol stones and the background. Such a ratio could be hampered either by tissue autofluorescence or hypericin biodistribution/excretion. Indeed, the results showed dependence between the administered dose of hypericin and its accumulation in the stones and organs. This closely matched with our *in vitro* studies about the influence of hypericin concentration on the fluorescent intensity of cholesterol stones. It seems that a dose of 10 mg/kg offered the best outcome among the tested hypericin doses, with which highly fluorescent contrast on stones was detected relative to the low intestinal background. By injecting 15 mg/kg hypericin, however, high fluorescence from both stones and tissues was observed, which interfered with the detection of gallstones. It may be due to the presence of hypericin remnants in the intestinal lumen

as its major excretion pathway<sup>[32,41]</sup>. With 5 mg/kg hypericin, no fluorescence from the background and faint fluorescent signal from the stones were observed. This could be due to that hypericin was almost cleared from the body and washed out from the surface of gallstones by the bile flow over 12 h. Despite these promising results, improvement is still needed. Because of the possible phototoxicity of hypericin<sup>[42]</sup>, a dose of 10 mg/kg could harm the patients. Lower doses of hypericin along with shorter incubation time (< 12 h) for gallstone detection could be a solution to overcome this drawback. With further optimization, by using a safe dose, it could be possible to guarantee a good signal-to-noise ratio in fluorescence before a complete washout of hypericin from the stone surface.

An additional study was conducted on CBD-cannulated rats for identifying hypericin species in the bile interacting with the stones. For this, the fluorescent properties of bile samples collected in 9 h were assayed by fluorospectrometry, HPLC and MALDI TOF-TOF MS at the excitation and emission wavelengths for the fluorophore hypericin. A collection period of 9 h was chosen due to the decrease in the flow rate of drained biliary juice after long period of CBD cannulation, as was also observed in previous studies<sup>[43]</sup>. By HPLC, a profile of eight fluorescent species was observed along 9 h of bile collection. Hypericin was mainly excreted in conjugated fluorescent forms representing above 60% of the total peak area. This matched with previous results for iodinated-hypericin derivatives<sup>[43]</sup>. Importantly, such peaks could not be observed in a hypericin solution with the bile as a solvent. They only appear during the passage of hypericin through the liver. Because cholesterol is one of the major bile constituents and undergoes intestinal reabsorption<sup>[44]</sup>, and since the affinity between cholesterol and hypericin has been reported<sup>[20,45]</sup>, we initially thought both molecules might form complexes in their primary path through hepatocytes. However, the lipophilicity of both compounds does not explain the presence of hypericin conjugates observed during the RP-HPLC analysis, showing less lipophilic character due to their shorter RTs. An alternative reason is the possible hepatic glucuronidation of hypericin during bile excretion due to its relatively large molecular weight (504 g/mol) and chemical structure<sup>[32,41,46]</sup>. The glucuronic acid-compounds are usually more soluble in water than non-glucuronic acid-containing compounds. This could explain the faster elution of the fluorescent hypericin metabolites compared to the intact hypericin from the hydrophobic HPLC column. Indeed, MALDI TOF-TOF MS showed a peak corresponding to a glucuronide hypericin specie, confirming our hypothesis.

By fluorospectrometry, time-fluorescence concentration curves for hypericin revealed two fluorescent peaks in the bile. The first one is most likely related with the elimination of hypericin through the bile that came a few hours after administration. The second delayed

peak may denote the enterohepatic circulation (EHC) of hypericin, in line with earlier reports on hypericin and its derivatives<sup>[32]</sup>. Consequently, hypericin is partially reabsorbed from intestinal lumen through the portal circulation. Indeed, previous studies on lipophilic compounds such as hypericin have shown the influence of EHC on their absorption, distribution, metabolism and excretion<sup>[32,47,48]</sup>.

In conclusion, this study proves the feasibility of using the fluorophore hypericin for differential detection of human gallstones by their chemical compositions. This approach may assist in fluorescent detection and removal of cholesterol gallstones during open surgery and/or endoscopic cholecystectomy and cholangiotomy. Further research is deemed necessary before this approach could enter clinical applications.

## ACKNOWLEDGMENTS

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## COMMENTS

### Background

Cholelithiasis refers to cholesterol, mixed and pigment gallstones in the biliary system especially the gallbladder, which is a common disorder of the digestive system.

### Research frontiers

Although current diagnostic methods may detect gallstones in the biliary system, none of them may offer an *in situ* differential diagnosis of gallstones regarding their chemical composition.

### Innovations and breakthroughs

Hypericin is a fluorophore plant pigment tending to bind lipids and is excreted *via* bile. Because hypericin presumably targets cholesterol, it could become a potential optical imaging probe for differential fluorescent detection of gallstones. This hypothesis was verified *in vitro* and *in vivo* in a rat model of human gallstones.

### Applications

Such imaging procedures would allow identifying the origin, composition and formation of gallstones in patients and permit adopting strategies to minimize cholelithiasis recurrence.

### Peer-review

The manuscript is well written, the methodological part in particular. It deserves to be published. The authors consider the main benefit of this study to allow a differential detection of human gallstones regarding to their chemical composition. I am afraid this information has, today, little clinical significance to the surgeon. Knowing the chemical composition of the gallstone do not alter the surgical management. However, this information will certainly help treat these patients without surgery. Drugs like Ursodiol, a biliary acid that is used to prevent and treat gallstones, may be better indicated if the chemical composition of the gallstone is known.

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