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Phase II Randomized Study of p53 Antisense Oligonucleotide (Cenersen) plus Idarubicin With or Without Cytarabine in Refractory and Relapsed Acute Myeloid Leukemia

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Abstract

Background—The p53 antisense oligonucleotide cenersen has been shown to sensitize acute myeloid leukemia (AML) stem cells to DNA damaging agents.

Methods—To determine if cenersen merits testing in larger efficacy studies, an exploratory study of cenersen in combination with idarubicin either alone or with one of two doses of cytarabine was performed in first salvage AML patients. Patients who either had failed to respond to a single induction course or had responded to induction but relapsed within 12 months were enrolled. Stopping rules based on an expected 14% complete response (CR) rate were applied to each treatment arm.

Results—Fifty-three patients were treated and none of the arms was terminated for lack of activity. Nearly all patients received a single course unless they responded. Ten of the 53 (19%) patients responded (8 CR and 2 CR with incomplete platelet recovery [CRp]). There was a positive trend for a better response rate with increasing intensity of chemotherapy in the patients refractory to frontline treatment compared to those who had previously relapsed. One-third (17/53) of the patients received cenersen inhibitors (acetaminophen and/or high dose antioxidants) during treatment and none of these responded to treatment. No unique toxicity was attributed to cenersen.

Conclusion—These results suggest that the combination of cenersen with chemotherapy may have clinical efficacy and additional studies are warranted to explore its full potential.

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Keywords

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Introduction

The normal function of p53 includes protection from the effects of DNA damage and/or proto-oncogene activation by directing defective cells to undergo either p53-dependent programmed cell death (both stimuli) or p53-dependent cell cycle arrest and repair (DNA damage only).¹ Consequently, if a pre-malignant cell is to progress to a full malignant phenotype, it must inhibit p53-dependent programmed cell death. $2-5$ In contrast, p53dependent cell cycle arrest and repair function appear to be frequently retained in cancer cells with wild-type p53.^{1,6,7} When p53 mutates, this protective function is lost but can be compensated for by gain-of-function mutant $p53.8-11$

Cenersen is an antisense oligonucleotide (oligo) that blocks the production of both wild-type and mutant p53 to produce anti-cancer effects.^{12–14} It has a ribonuclease H (RNase H)dependent mechanism of action which causes the p53 mRNA to be cleaved at the site to which cenersen binds.¹⁴ In acute myeloid leukemia (AML), cenersen has preferential activity against the malignant stem cells and some of the more mature progenitor cells probably because they express high levels of RNase $H¹⁵⁻¹⁷$ Cenersen sensitizes these AML cells, at least when they are in cycle, to atmospheric oxygen and to low levels of many different DNA-damaging agents including chemotherapeutic agents used at doses that have minimal or no effect on leukemic cells in the absence of cenersen¹⁵.

In this study, we focused on patients who were either refractory to a single intensive frontline course of induction chemotherapy or who had relapsed less than 12 months following frontline treatment. Historical data shows that the expected complete response (CR) rate for each of these groups is 14% when treated with "high-dose" $(1g/m²)$ cytarabine-containing regimens¹⁸. The primary objective was to determine the efficacy of cenersen in combination with idarubicin and either no cyctarabine or one of two different doses (100mg/m² or 1g/m²) of cytarabine.

Patients, materials and methods

Cenersen

Cenersen is the United States adopted name (USAN) and international nonproprietary name (INN) generic name of a 20-mer phosphorothioate oligo that is complementary to a portion of the coding sequence in the p53 mRNA. The specific nucleotide sequence is: 5′-d[P-Thio] (CCCTG CTCCC CCCTG GCTCC)- 3′.

Study design

This was an open-label, phase 2a, randomized three-arm study involving treatments of increasing chemotherapy intensity in combination with cenersen in first salvage AML patients 18 years old. The trial was conducted using a "selection design" that uses Bayesian

principles to provide good frequentist properties in order to establish a probability of selecting the truly active therapy regimens among those tested by rejecting any truly ineffective regimen. To be eligible, patients were required to be refractory to one induction chemotherapy course or to have obtained a CR lasting <12 months and to have received no other salvage therapy. Other eligibility criteria included performance status of 0–2 and adequate organ function. The study was approved by the Institutional Review Board (IRB) of participating institutions, and all patients signed an IRB approved informed consent.

The primary end point was CR rate. Historical data (M.D. Anderson Cancer Center, 1991 through 2001) indicate that the probability of CR for the subset of first salvage patients meeting the entry criteria for this study is 14%. The most intensive (Group 3) chemotherapy given in the current study is equivalent to the cytarabine regimens given to nearly 70% of the patients used to generate the historical control.

Treatment Plan

The treatment plan is summarized in Table 1. Patients received therapy with cenersen by continuous intravenous infusion (CIV) daily for four consecutive days. On the second day of cenersen administration, patients started a 3-day course of idarubicin 12 mg/m²/day while continuing therapy with cenersen. In addition, patients were randomized to receive no cytarabine, a daily dose of cytarabine of 100 mg/m² CIV for 7 consecutive days, or $1g/m^2$ daily CIV for 4 consecutive days $(3 \text{ days for patients} \quad 60 \text{ years of age})$. These schedules were selected to investigate the optimal schedule of cytarabine to be used in combination with cenersen and idarubicin in subsequent studies.

Patients not achieving remission after one course were scheduled to receive a second course of induction chemotherapy with the same schedule as the first course. Patients who achieved a response after one or two courses were eligible to receive additional courses of the same regimen up to a total of 6 at a frequency determined by the treating physician. Patients received supportive care, antimicrobials and other medications as required. Concomitant administration of acetaminophen and high-dose antioxidants was prohibited by the protocol from one day prior to the start of cenersen infusion through the end of day 6 of treatment for a total of 7 days.

Patients had a physical examination, complete blood count, blood chemistry and a bone marrow aspiration and cytogenetic analysis before the start of therapy. During and after chemotherapy patients were followed with complete blood count and blood chemistry at least once weekly, and a bone marrow aspiration was scheduled on day 28 and then as clinically indicated to assess response. Cytogenetic abnormalities were classified according to the Medical Research Council criteria¹⁹ as those conferring favorable prognosis, including $t(8:21)(q22;q22)$ and inv(16); intermediate risk, including diploid, $+21, +22, +4$ and $+8$; and adverse risk, including all others and complex karyotype was defined as $\overline{3}$ abnormalities. Response to therapy was assessed using the definitions proposed by the International Working Group²⁰.

Statistical analysis

Following the initial sequential entry of three patients per dose group (Table 1), the remaining patients were randomly assigned to each of the 3 treatment groups. The outcome of interest was CR. Historical data from the MD Anderson Cancer Center indicated that the probability of CR among patients who failed a single induction course or whose first CR lasted <12 months is 14% (52/372). Denoting the probability of CR by $\theta_{\rm CR/H}$, we assumed that $\theta_{\text{CR/H}}$ follows a (0.3, 1.7) beta distribution; this distribution has a mean of 0.15. We assumed that each of the experimental treatment probabilities $\theta_{\text{CR/E1}}$, $\theta_{\text{CR/E2}}$ and $\theta_{\text{CR/E3}}$ follow the same distribution, i.e., beta (0.3, 1.7). The early stopping rules were to terminate treatment within each experimental arm if, compared to the historical experience, that arm's CR rate is unlikely to increase by a mean of 0.15. This rule was applied in each experimental arm after each cohort of five patients, up to a maximum of 15 per arm, was evaluated. The stopping bounds generated by these rules were designed to terminate accrual to an arm if the CR rate was ≤0/5, 1/10, 2/15, 3/20, 3/25, 4/30, 5/35, or 5/40. The sample sizes above 15 (3/20 etc.) refer to the possibility that at least one arm would be terminated early, with accrual continuing beyond 15 on the remaining arm(s).

All patients receiving at least one dose of cenersen constituted the intent-to-treat (ITT) population.

Ad hoc analyses and definition of per protocol subpopulation

Preclinical data suggested that use of acetaminophen or antioxidants could adversely affect the potential benefit of cenersen therapy. Although use of these agents was not allowed by the protocol during treatment, 32% (17/53) of the patients in the present study received acetaminophen (11), high-dose antioxidants (3) or both (3) during times proscribed by the protocol. In addition to the 17 patients who received prohibited substances, 4 patients failed to meet the protocol entry criteria. The reasons are as follows: two patients had multiple prior treatment failures; one patient had myelofibrosis at study entry, screening bone marrow (BM) <5% blasts, and disease that could not be monitored by BM analysis; and one patient received chemotherapy (hydroxyurea) during study days -2 and -1. Hydroxyurea can cause p53 to undergo post-translational modifications that dramatically increase its half-life. Accordingly, a per protocol population was defined for subset analysis that excluded the patients just described.

An ad hoc analysis was undertaken to determine the effect, if any, of the use of acetaminophen and/or high dose antioxidants on the ability of a cenersen containing regimen (cenersen regimen) to induce a response (CR or complete response with incomplete platelet recovery [CRp]). In order to achieve this, 11 patients of the 53 treated who were inappropriate to this particular analysis were censored (4 did not meet entry criteria and 7 could not be analyzed for response: 5 of these because of early death and 2 because of uninterpretable BM results). Of the remaining 42 patients, 14 received substances prohibited by the protocol (8 acetaminophen, 3 high-dose antioxidants, and 3 both) during proscribed times and 28 did not. Thus, 3 of the 17 patients who received prohibited substances could not be evaluated for response and were, therefore, not used in this analysis.

Results

Patient characteristics

The patient characteristics for the overall ITT population for each of the treatment groups are shown in Table 2. The ITT and per protocol populations had an identical median age of 58 years (range, 19 to 88 years). There were no significant differences among the treatment groups 1, 2 or 3 with respect to gender, age, race or cytogenetics. Nineteen of the ITT patients (36%) were previously unresponsive to a single frontline induction course and 34 (64%) had relapsed from frontline therapy in <12 months. Cytogenetic analysis was available for 49 patients and of these 57% had intermediate-, 35% adverse- and 8% favorable-risk cytogenetic abnormalities.

Response to treatment

Considering the ITT population, there were 13 patients in arm 1, 21 in arm 2, and 19 in arm 3. None of the three treatment groups triggered the prospectively defined stopping rules that were established to eliminate treatments that did not at least match the historical control of a 14% CR rate. The ITT response rates by treatment group are shown in Table 3. There appeared to be a trend towards better results with increasing intensity of chemotherapy culminating in a 21% (4/19) CR rate in Group 3. Combining all three treatment groups 10 patients responded to therapy (CR rate $15\% - 8/53$ and CR + CRp rate $19\% - 10/53$). The prior therapy received by patients with response to cenersen based therapy is presented in Table 4.

Table 5 shows the response rates by treatment group for the per protocol population. The response rates of each corresponding group appear to be better than those seen in the ITT analysis (Table 3). The number of responders either within or between groups, however, is too small to meaningfully test differences by cytarabine intensity. The best outcome was seen in Group 3 in which the per protocol CR rate was 36% while there was 1 CR (13%) and 1 CRp in the 8 evaluable patients in Group 1 (25%) and 3 CR (23%) and 1 CRp in the 13 evaluable patients in Group 2 (31%).

The results of the ad hoc analysis to determine what effect the use of acetaminophen and/or high dose antioxidants had, if any, on response to a cenersen regimen is shown in Table 6. All 10 responders in this study were found to be in the group of 28 evaluable patients who did not receive these substances during treatment while none of the 14 patients who received these substances during treatment responded (p=0.0174; 95% confidence interval, 7.5% to 62.6%).

The ratio of patients in this study who were non-responsive to a single induction course vs. those relapsing in <12 months after induction treatment was in the expected range. A disproportionate number of the group refractory to frontline treatment (60%) responded to therapy with cenersen (Table 7). This trend is seen in both the ITT (CR 26% vs. 9%; $CR +$ CRp 32% vs. 12%) and the per protocol populations (CR 38% vs. 16%; $CR + CRp$ 46% vs. 21%). Two of the responses to cenersen-based therapy among the patients unresponsive to frontline induction therapy occurred in Group 1, one occurred in Group 2 and three in Group 3 (Table 4).

Duration of remissions and survival

After a median follow-up of 18.5 months from start of therapy, 2 patients remain alive and in CR. Median duration of response for all 10 responding patients was 7.9 months (range, 2 to 24). Patients received a median of 1 course of therapy with 12 patients receiving two or more courses of therapy (7 of these were responders). After achieving remission, 7 patients underwent a stem cell transplant. The median duration of the response to a cenersen regimen for non-transplanted patients $(n=3)$ was 11.2 vs. 6.6 months for those who were transplanted $(n=7)$.

The median survival for the total patient population was 5.3 months (range, 0.3 to 26.8) and 6.3 months (range 0.3 to 26.8) for the per protocol population (Figure 1). Survival estimates for the three treatment groups are shown in Figure 2. Seven patients (13%) died during induction (i.e., during the 30 days immediately following the start of chemotherapy), with the cause of death reported as respiratory failure $(n=3)$, cardiopulmonary arrest $(n=2)$, sepsis $(n=1)$ and intracranial hemorrhage $(n=1)$.

Six of the 10 responding patients had been refractory to their front line treatment. Of these the average duration of response following a cenersen regimen was 7.6 months (range 2.3 – 24.5 months). The average response duration for the patients responding to frontline treatment was 9.7 months (range 5.9 – 12.2 months) compared to 8.4 months (range 5.4 – 11.6 months) following treatment with a cenersen regimen. The two relapsed patients who had a shorter response duration following a cenersen regimen (220 and 163 days) compared to that following frontline treatment (366 and 343 days) died shortly following transplant.

Safety results

The frequency of adverse events in this trial appears to be similar across the treatment groups with the exception of diarrhea, constipation, abdominal pain, febrile neutropenia, rash, headache, dizziness and vomiting, which showed a dose response relationship with increasing cytarabine doses.

The most common treatment-emergent adverse events, regardless of causality, are presented in Table 8. A total of 13 patients (35%) died during study (i.e., within 30 days of the last dose of cenersen). The causes of death included respiratory failure/arrest (n=3); cardiopulmonary arrest (n=3); progressive disease (n=2); septic shock, multi-organ failure, sepsis, intracranial hemorrhage, and unknown cause (n=1) each.

Since idarubicin was included in all arms of therapy in this study, the frequency of adverse events (AEs) seen in the current study was compared to the frequency of AEs described in the Idamycin™ package insert. Several differences were observed in the most common toxicities between those observed in this study and those reported in the package insert for idarubicin used in combination with the Cytarabine regimen used for Group 2: mucositis (34% vs. 50%), hemorrhage (30% vs. 63%), hair loss (13% vs. 77%), and nausea and vomiting (68% vs. 82%).

Discussion

In phase I testing, cenersen was used as a single agent over five dose levels to treat 16 patients with AML or advanced myelodysplasia.²¹. Cenersen demonstrated similar pharmacokinetics to other phosphorothioates and no specific toxicities were attributed to its administration. There were no clinical responses. It was expected at the time that cenersen would have activity as a single agent based on *in vitro* studies. It was subsequently found, however, that atmospheric oxygen was supplying sufficient genomic damage to allow for the anti-leukemic effect of cenersen in vitro. Further, it was shown that low-dose anthracyclines could replace the elevated oxygen level as a source of genomic damage¹⁵.

The current phase IIa study was undertaken to clinically test the demonstrated need to combine a p53 inhibitor with a genome damaging agent in order to enhance the killing of cancer cells with wild-type $p53$.^{13,14,22–25} The statistical design of the study provided for the elimination of any of the three treatment arms that did not meet a predetermined response rate. A total of 53 patients were treated in this study and none of the treatment arms was terminated. In two of the treatment arms the intensity of the chemotherapy was less than that used to generate the historical control data. The CR rate in the intent to treat (ITT) population was 15% with a trend towards an improving CR rate with increasing dose of cytarabine (8%, 14% and 21%). Thus, the primary end point for the ITT population was not different than the 14% historical control. However, we have insufficient information to determine whether there is a true difference in response by cytarabine dose, particularly when considering only patients treated per protocol.

Given the frequent use of prohibited substances in this study an *ad hoc* per protocol population was defined for the purpose of a subset analysis. This per protocol population primarily excluded patients who received the substances prohibited by the protocol for use during treatment but also excluded patients who could not be evaluated for response or who did not meet the entry criteria.

The protocol precluded the use of acetaminophen and high-dose antioxidants during treatment because these agents had been shown in vitro to block the anti-leukemia effect of cenersen. Human AML cell lines and peripheral blood mononuclear cells express cytochrome P450 that converts acetaminophen to the highly reactive metabolite n -acetyl- p benzoquinoneimine (NAPQI).27,28 NAPQI also has been shown to covalently bind to endogenous DNA *in vivo* but at low frequency.²⁹ NAPQI alkylates cenersen and other phosphorothioates at multiple sites but not oligonucleotides with a phosphodiester linkage.³⁰ Thus, this alkylation mostly likely occurs on the non-bridging sulfur in the phosphorothioate linkage.

Antioxidants scavenge free radicals that exhibit anti-leukemia effects on freshly obtained AML blasts when combined with cenersen. In addition, a wide variety of antioxidants can induce p21 independently of p53 and thereby cause cell cycle arrest.^{31–35} A key component of cenersen's potential to sensitize cancers with wild-type p53 to conventional cancer therapeutics is its ability to prevent p53-dependent cell cycle arrest and repair activated by DNA-damaging agents.32–35 Failure to arrest proliferation allows the cancer cells to

replicate their damaged DNA and, in turn, activate p53-independent programmed cell death. High dose antioxidants could stop this process by causing cell cycle arrest and inhibiting the therapeutic effect of cenersen.

Three lines of evidence based on comparisons between subgroups of the treated patients suggest possible positive trends supportive of the notion that cenersen might be active in AML. First, the analysis showed that the use of prohibited cenersen inhibitors during treatment was associated with no responses in the 14 patients who received one or both of these substances and who could be evaluated for response. In contrast, all 10 of the responders were in the group of 28 per protocol patients who could be evaluated for response and who did not receive these prohibited substances. Thus, there was a positive trend for a correlation between treatment failure and the administration of cenersen inhibitors ($P = 0.0174$).

Second, the response rate in the ITT group was highest among patients refractory to a single course of induction chemotherapy (CR 26% ; CR + CRp 32%) compared to the response rate (CR 9%; CR + CRp 12%) for relapsed patients. In the per protocol group the respective CR rates for these two groups were refractory CR 38% (46% CR + CRp) vs. relapsed CR 16% $(21\% \text{ CR} + \text{CRp})$. Based on historical controls these two groups were expected to have the same CR rate for a subsequent course of treatment.^{18,36} It is possible, however, that the remissions achieved could have been achieved with the same chemotherapy without cenersen. Randomized studies would be required to further evaluate the possible contribution of cenersen to the responses observed in this patient population.

Third, eight of the 10 patients achieving a CR or CRp in this study either had been unresponsive to frontline treatment or had responses that lasted longer than the responses they had to prior frontline treatment suggesting adding cenersen to chemotherapy may contribute to achieving or obtaining an increased duration of response. There were responders in all three treatment groups. The 7 responders who underwent transplantation had a shorter median duration of response than the 3 responders who were not transplanted. This suggests the improvement in response duration following administration of a cenersen regimen was not due to transplant. The two patients who had a shorter response duration compared to that following frontline treatment died following transplant. Thus, the brevity of their response duration may not be attributable to the cenersen regimen.

Numerous studies have established that blocking p53 function by various means protects a wide variety of normal cells from the toxic effects of chemotherapy or radiation.^{37–40} In this study, there was no evidence that the addition of cenersen increased the toxicity expected from chemotherapy alone and no unique toxicity could be attributed to cenersen. Subsequent controlled trials involving cenersen should seek to more precisely define any role cenersen may have in protecting patients from adverse events resulting from cytotoxic therapies.

The adverse event profiles in this study were both qualitatively and quantitatively within the expected ranges for these chemotherapeutic regimens in first salvage patients.²⁶ This small study failed to signal attribution of specific or unique toxicities to cenersen.

In conclusion, the combination of cenersen with idarubicin, with or without cytarabine, is well tolerated. The preclinical data and the results presented here suggest that this combination could potentially have a role in the management of AML. In order to achieve the optimal potential benefit of cenersen in this context, avoidance of anti-oxidants and acetaminophen are required. A placebo-controlled randomized trial is required to determine the clinical contribution of cenersen in this setting.

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Kaplan-Meier Survival Estimates for Death

Figure 1.

Comparison of the Kaplan-Meier survival estimates for the ITT and Per Protocol Populations

Kaplan-Meier Survival Estimates for Death

Comparison of the Kaplan-Meier survival estimates for all three treatment arms

Summary of Treatment Groups

Patient Characteristics at Study Entry Patient Characteristics at Study Entry

Data is reported as Median, Min., Max., unless otherwise specified. зресше

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Cytogenetics - 4 patients have no available Cytogenetics data, Group 1 (n=1), Group 2 (n=2), Group 3 (n=1) Cytogenetics – 4 patients have no available Cytogenetics data, Group 1 (n=1), Group 2 (n=2), Group 3 (n=1)

BM, bone marrow; WBC, white blood cell count BM, bone marrow; WBC, white blood cell count

Remission Rates by Treatment Group (ITT) Remission Rates by Treatment Group (ITT)

CR indicates complete response CR indicates complete response CRp indicates complete response with incomplete platelet recovery CRp indicates complete response with incomplete platelet recovery

Prior Treatments Given to Responders (CR + CRp) in the Current Study

* Dose unknown

HIDAC = high dose Ara-C

CR indicates complete response

CRp indicates complete response with incomplete platelet recovery

Remission Rates by Treatment Group (Per Protocol) Remission Rates by Treatment Group (Per Protocol)

CR indicates complete response CR indicates complete response CRp indicates complete response with incomplete platelet recovery CRp indicates complete response with incomplete platelet recovery

Lack of Use of Cenersen Inhibitors is Associated with Obtaining a Response in Patients with an Evaluable BM and Meeting Entry Criteria

CR indicates complete response

CRp indicates complete response with incomplete platelet recovery

NR indicates no response

Cenersen Regimen Remission Rates by Response to Frontline Treatment

CR indicates complete response

CRp indicates complete response with incomplete platelet recovery

Most Common Treatment-Emergent Adverse Events

