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Rho-associated protein kinase 1 (ROCK1) is increased in Alzheimer's disease and ROCK1 depletion reduces amyloid- β levels in brain

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Abstract

Alzheimer's disease (AD) is the leading cause of dementia and mitigating amyloid- β ($A\beta$) levels may serve as a rational therapeutic avenue to slow AD progression. Pharmacologic inhibition of the Rho-associated protein kinases (ROCK1 and ROCK2) is proposed to curb $A\beta$ levels, and mechanisms that underlie ROCK2's effects on $A\beta$ production are defined. How ROCK1 affects $A\beta$ generation remains a critical barrier. Here, we report that ROCK1 protein levels were elevated in mild cognitive impairment due to AD (MCI) and AD brains compared to controls. $A\beta_{42}$ oligomers marginally increased ROCK1 and ROCK2 protein levels in neurons but strongly induced phosphorylation of Lim kinase 1 (LIMK1), suggesting that $A\beta_{42}$ activates ROCKs. RNAi depletion of ROCK1 or ROCK2 suppressed endogenous $A\beta_{40}$ production in neurons, and $A\beta_{40}$ levels were reduced in brains of ROCK1 heterozygous knock-out mice compared to wild-type littermate controls. ROCK1 knockdown decreased amyloid precursor protein (APP), and treatment with bafilomycin accumulated APP levels in neurons depleted of ROCK1. These observations suggest that reduction of ROCK1 diminishes $A\beta$ levels by enhancing APP protein degradation. Collectively, these findings support the hypothesis that both ROCK1 and ROCK2 are therapeutic targets to combat $A\beta$ production in AD.

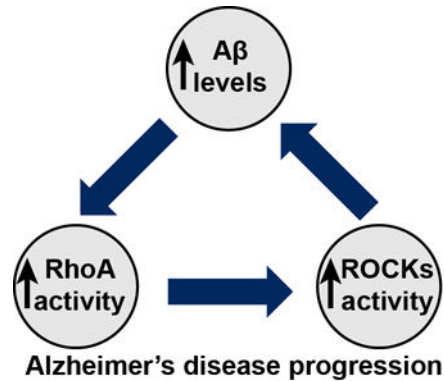
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conflict of interest disclosure

The authors have no conflict of interest to declare.

Summary for Schematic

Mitigating amyloid- β ($A\beta$) levels is a rational strategy for Alzheimer's disease (AD) treatment, however therapeutic targets with clinically available drugs are lacking. We hypothesize that $A\beta$ accumulation in mild cognitive impairment due to AD (MCI) and AD activates the RhoA/ROCK pathway which in turn fuels production of $A\beta$. Escalation of this cycle over the course of many years may contribute to the buildup of amyloid pathology in MCI and/or AD.



Keywords

Alzheimer's disease; mild cognitive impairment; amyloid- β ; Rho kinase; ROCK1; ROCK2

Introduction

There is strong genetic, biochemical, and cell biological evidence to support the hypothesis that accumulation of amyloid- β ($A\beta$) is a driving factor in the development of AD (Hardy & Selkoe 2002). Proteolytic processing of the amyloid precursor protein (APP) yields $A\beta$, and although $A\beta$ cannot account for all features of AD, mitigating its production and accumulation is a key therapeutic strategy. Rho-associated coiled-coil containing protein kinases (ROCK) 1 and ROCK2 are ubiquitous serine/threonine kinases that share 65% similarity in their amino acid sequences and 92% identity in their kinase domains (Nakagawa *et al.* 1996). Targeting ROCKs to combat $A\beta$ production stems from studies suggesting that nonsteroidal anti-inflammatory drugs (NSAIDs) reduce $A\beta$ levels in animal and cellular models of AD by suppressing activity of ROCKs (Zhou *et al.* 2003). Subsequent results indicated that statins mitigate APP processing to $A\beta$ via ROCKs (Pedrini *et al.* 2005). Together, these findings supported the hypothesis that pharmacologic inhibition of ROCKs might serve as a rational avenue to curb $A\beta$ production. However, this promising hypothesis languished for years due to the limited understanding of which ROCK isoform was responsible for these effects. Recent work demonstrated that pharmacologic inhibition of ROCK2 suppresses $A\beta$ production in cellular and animal models of AD (Herskowitz *et al.* 2013). However, whether ROCK1 influences $A\beta$ production in neurons was not addressed. Here, observations from MCI and AD brains were linked to *in vitro* and *in vivo* models to provide evidence that ROCK1 is a rational therapeutic target to curb $A\beta$ levels in AD.

Methods

Antibodies

ROCK1 Abcam ab45171; Actin Abcam ab6276; ROCK2 Abcam ab56661; LIMK1 Cell Signaling 3842; phospho-LIMK1 (Thr508)/LIMK2 (Thr505) Cell Signaling 3841; MUNC18 Abcam ab3451; APP (22C11) Millipore MAB348.

Tissue and cell lysate preparation and immunoblotting

Postmortem human brain tissue samples were provided by the University of Washington Alzheimer's Disease Research Center (ADRC) and its Adult Changes in Thought Study and the Johns Hopkins ADRC and the Baltimore Longitudinal Study of Aging (Table 1). The soluble (S2) fraction was prepared from each case as previously described (Donovan *et al.* 2012). Mouse tissue and cells were lysed in PBS plus protease inhibitor cocktail (PIC; Roche Diagnostics), Halt phosphatase inhibitor cocktail (Pierce), and lysis buffer containing 0.5% Nonidet P-40, 0.5% deoxycholate, 150 mM sodium chloride, and 50 mM Tris, pH 7.4. Tissue was homogenized (dounce homogenizer) in the PIC Halt lysis buffer. All lysates were subjected to a 13,000-rpm spin to remove nuclei and debris. Protein concentration was determined by bicinchoninic acid method (Pierce). Immunoblots were performed using standard procedures as described previously (Herskowitz *et al.* 2011). 50 µg protein per sample was used per lane. Actin or MUNC18 was used as a loading control. Images were captured using an Odyssey Image Station (LiCor), and band intensities were quantified using Odyssey Application Software Version 3.0 (LiCor).

Cell culture, transduction, and treatments

Primary cortical neurons and HEK293 cells were cultured as previously described (Herskowitz *et al.* 2013). 72 h post-plating, neurons were transduced with indicated lentivirus with a multiplicity of infection of 1. MG132 (carbobenzoxy-L-leucyl-L-leucyl-L-leucinal) (Sigma #C2211) or bafilomycin (Sigma #B1793) was dissolved in 100% dimethyl sulfoxide (DMSO) and used at 10 µM or 100 nM, respectively. Mock was equivalent concentration of DMSO. Aβ42 oligomers (Bachem H-1368.1000) were prepared according to published protocols (Frandsen *et al.* 2014). At 14 days *in vitro* (DIV) primary cortical cultures were treated with 250nM Aβ42 oligomers for 6 h. Lentivirus was generated by the Emory University Viral Vector Core. Lentivirus vectors for shRNA expression were constructed as previously described (Herskowitz *et al.* 2012). Rodent ROCK2 shRNA sequences are previously described (Herskowitz *et al.* 2013). Rodent Scramble shRNA sequence: CTAAGCTAGACGTATATTCAA. Rodent ROCK1 shRNA sequence: TGAAAGCAGAAGATTATTCAA.

Aβ measurements

For culture experiments, media were conditioned for 16 h, and then collected for biochemical analyses. Aβ40 was detected using ELISA (Life Technologies KMB3481) following the manufacturer's instructions. Plates were read at 450 nm on a Spectra Max Plus plate reader (Molecular Devices).

ROCK1+/- mice

Generation of ROCK1+/- mice are described as follows: C57BL/6N-Rock1^{tm1b(NCOM)Mfgc>/Tcp} were made as part of the NorCOMM2 project with C57BL/6N-Rock1^{tm1a(NCOM)Mfgc>/Tcp} mice made from NorCOMM ES cells (Bradley *et al.* 2012) at the Toronto Centre for Phenogenomics. Mice were obtained from the Canadian Mouse Mutant Repository. For each genotype two males and one female were used. All experiments were conducted in compliance with the ARRIVE guidelines and under a protocol approved by the Institutional Animal Care and Use Committee at the University of Alabama at Birmingham.

HEK293 cell counting

HEK293 cells were transduced with indicated lentivirus, and 96 h later cells were plated at equivalent densities per well. 24 h later, cells were collected for immunoblot analysis or stained with 4',6-diamidino-2-phenylindole (DAPI). Cells were counted using the Countess II Automated Cell Counter (ThermoFisher) according to manufacturer's instructions.

qRT-PCR

RNA was prepared with Trizol (Life Technologies 15596-026) following manufacturer's instructions. cDNA was generated with the SuperScript III First Strand Synthesis System (Life Technologies 18080-051). cDNA was quantified using LightCycler 480 Probes mastermix (Roche) and TaqMan Gene Expression Assays for rodent APP (Rn01524846_m1) and GAPDH (Hs02758991_g1). Amplification was performed on a Roche LightCycler 480. Data was quantified using the Ct method (User Bulletin 2, Applied Biosystems).

Statistical analysis

Statistical analysis was performed using Student's t test for independent samples. Unless otherwise noted, all data are expressed as the percentage of the mean SEM with respect to the control. Error bars represent SEM. Prism software (GraphPad Software) was used for all graphs.

Results

ROCK1 is increased in MCI and AD brains

Previous studies indicated that ROCK2 protein level was increased in asymptomatic AD, mild cognitive impairment due to AD (MCI), and AD brains compared to controls (Herskowitz *et al.* 2013). To assess whether ROCK1 protein level is changing in AD, Brodmann area 46 prefrontal cortex tissue homogenates were prepared from 16 AD and 11 age-matched pathology-free control cases (Table 1). Homogenates were subjected to SDS-PAGE and subsequent immunoblot (Fig. 1a-c). Densitometry analysis indicated that ROCK1 levels were elevated ~57% in AD brains compared to controls (Fig. 1d). To determine if changes in ROCK1 occur early in disease progression, 9 MCI and 5 asymptomatic AD brains were analyzed. Asymptomatic AD is hypothesized to represent early disease stages between the first appearance of AD neuropathology and the onset of clinical symptoms

(Sperling *et al.* 2011, Driscoll & Troncoso 2011), and MCI is a prodromal phase of AD. Densitometry analysis indicated that ROCK1 levels were elevated ~56% and ~54% in MCI and asymptomatic AD brains, respectively, compared to controls (Fig. 1d). These results suggest that ROCK1 levels are increased in the early stages of AD and remain elevated throughout disease progression.

A β 42 oligomers increase phosphorylation of LIMK

Past work suggested that ROCK2 protein level may be influenced by A β oligomers (Pozueta *et al.* 2013). Based on this and our observations that ROCK1 and ROCK2 are elevated in MCI and AD brains (Fig. 1) (Herskowitz *et al.* 2013), we hypothesized that A β oligomers increase ROCK1 and ROCK2 protein level in neurons. To test this, primary cortical neurons were incubated in the presence or absence of A β 42 oligomers for 6 h, and then harvested for immunoblot analysis (Fig. 2a). Densitometry measurements showed higher, but not significantly increased, ROCK1 and ROCK2 protein levels in neurons treated with A β 42 oligomers (Fig. 2b). Next, we sought to determine whether A β 42 oligomers alter activity of ROCKs. Phosphorylation of LIM kinase-1 threonine 508 (pLIMK1), a ROCK1 or ROCK2 substrate (Ohashi *et al.* 2000), was increased significantly ~59% in neurons exposed to A β 42 oligomers (Fig. 2c). These findings suggest that A β 42 oligomers can increase activity of ROCKs in neurons.

ROCK1 depletion reduces A β levels

To determine how selective depletion of ROCK1 influences A β generation in neurons, primary cortical cultures were transduced with lentivirus expressing ROCK1-targeted or scramble shRNA. Ninety-six hours later, levels of endogenous full-length cell-associated APP, secreted α -secretase cleaved APP (sAPP α), and A β 40 levels were measured by immunoblot or ELISA (β -secretase cleaved APP and A β 42 were below the limit of detection). Secreted A β 40 levels were reduced ~56% and densitometry analysis indicated that APP and sAPP α were decreased ~37% and ~42%, respectively, from ROCK1 knockdown neurons compared to scramble controls (Fig. 3a and b). To assess ROCK1's influence on A β generation *in vivo*, frontal cortex homogenates from adult ROCK1 heterozygous-null (ROCK1 $^{+/-}$) and wild-type littermate control (ROCK1 $^{+/+}$) mice were subjected to immunoblot or ELISA analysis. Endogenous A β 40 levels were reduced ~26% in ROCK1 $^{+/-}$ mice compared to ROCK1 $^{+/+}$ littermates (Fig. 3c). These findings are consistent with ROCK1 knockdown experiments in neurons but conflict with previous work demonstrating that ROCK1 depletion increases endogenous A β 40 production in HEK293 cell lines (Herskowitz *et al.* 2013).

We hypothesized that the opposing outcomes of ROCK1 knockdown on A β levels in postmitotic neurons and human cell lines may be accounted for by differences in cellular proliferation. To test this, HEK293 cells were transduced with lentivirus expressing ROCK1-targeted or scramble shRNA, and 96 h later cells were harvested for immunoblots and cell counting. Analysis by the Countess II Automated Cell Counter revealed that cell number was increased significantly ~44% in wells depleted of ROCK1 (Fig. 3d), suggesting that ROCK1 knockdown enhanced cellular proliferation. This likely contributed to the increase

in A β production that was observed following ROCK1 knockdown in HEK293 cells (Herskowitz et al. 2013).

Additionally, we sought to determine how selective depletion of ROCK2 influences A β generation in neurons. To test this, primary cortical cultures were transduced with lentivirus expressing ROCK2-targeted or scramble shRNA, and 96 h later, levels of endogenous A β 40 were measured by ELISA. Secreted A β 40 levels were reduced ~42% from ROCK2-depleted neurons compared to scramble controls (Fig. 3a and b). This supports past findings that show pharmacologic inhibition of ROCK2 diminishes A β production in human cells and neurons (Herskowitz et al. 2013).

RNAi depletion of ROCK1 suppressed A β generation (Fig. 3a). This was likely due to the reduction in APP level that was observed following ROCK1 knockdown (Fig. 3b). To determine whether the decrease in APP following ROCK1 depletion occurred at the RNA or protein level, quantitative PCR analysis was performed. Primary cortical cultures were transduced with lentivirus expressing ROCK1-targeted or scramble shRNA, and 96 h later cells were harvested for RNA. APP mRNA levels were increased in ROCK1-depleted neurons, indicating that the reduction in APP protein level was not due to decreased APP mRNA (Fig. 3e). To determine if ROCK1 depletion in neurons reduces APP protein level by enhancing APP protein degradation, ROCK1-targeted or scramble shRNA-expressing neurons were treated for 24 hours with MG132, a proteasome inhibitor, or 6 hours with Bafilomycin, an endosomal acidification inhibitor that blocks autophagosome formation (Yamamoto *et al.* 1998). APP protein levels were measured by immunoblot. MG132 treatment reduced APP level, whereas APP accumulated significantly in bafilomycin-treated cultures (Fig. 3f). Based on these findings, we hypothesize that reduction of ROCK1 diminishes A β levels by enhancing lysosomal degradation of APP.

Discussion

Mitigating A β levels is a rational strategy for AD treatment, however therapeutic targets with clinically available drugs are lacking. Our current findings indicate that ROCK1 is elevated in MCI and AD brains and that genetic depletion of ROCK1 reduces A β production. Based on this and past work (Herskowitz et al. 2013), we propose that both ROCK1 and ROCK2 are rational therapeutic targets to combat A β production in AD.

Whether elevated ROCK1 levels contribute to early pathogenic mechanisms of AD or affect transition from MCI to AD are important questions. It will be critical to determine whether increased ROCK1 is driven by specific cell populations, such as reactive gliosis, or a direct effect of inefficient protein degradation, enhanced gene transcription, or a combination of these mechanisms in neurons. Our results indicate that both ROCK1 and ROCK2 are elevated marginally in neurons exposed to A β 42 (Fig. 2b), which support previous findings that show A β oligomers may increase ROCK2 protein level (Pozueta et al. 2013). ROCK1 and ROCK2 are principle downstream effectors of RhoA, a Rho GTPase family member (Woo & Gomez 2006, Zhang et al. 2003). A β oligomers activate RhoA, and it is likely that A β activates ROCKs via RhoA interaction with N-methyl-D-aspartate receptors (Petratos et al. 2008, Pozueta et al. 2013, Lacor et al. 2007). Results herein strongly support this

hypothesis by demonstrating that pLIMK1, a direct substrate of ROCKs (Ohashi *et al.* 2000), was substantially increased in neurons following exposure to A β 42 oligomers (Fig. 2c). Notably, pLIMK1 levels are increased in AD brains (Heredia *et al.* 2006). There is an accordant relationship between RhoA activity and A β generation (Zhou *et al.* 2003). Based on these findings, we hypothesize that A β accumulation in MCI and AD activates the RhoA/ROCK pathway which in turn fuels production of A β . Escalation of this cycle over the course of many years may contribute to the buildup of amyloid pathology in MCI and/or AD (Fig. 3g).

Pharmacologic inhibition of ROCKs can induce protein degradation pathways, including autophagy, in mammalian cells, primary neurons, and drosophila (Bauer *et al.* 2009, Koch *et al.* 2014, Gentry *et al.* 2016). Recent studies indicate that RNAi depletion of ROCK1 or ROCK2 in human neuroblastoma cells reduces endogenous tau by stimulating autophagy (Gentry *et al.* 2016). Based on this and the findings herein, we hypothesize that ROCK1 mediates A β production by influencing autophagic pathways that regulate APP degradation in lysosomes. Notably, APP mRNA levels were increased in ROCK1-depleted neurons (Fig. 3e). This may reflect intracellular compensatory mechanisms that were induced by the reduction in APP protein level following ROCK1 knockdown. ROCK1 or ROCK2 depletion suppresses A β levels in cultured neurons (Fig. 3a), and on this basis, we propose that small molecules that inhibit both ROCK1 and ROCK2 may be promising agents for amyloid-based therapeutics. To this end, Fasudil is a clinically approved ROCK inhibitor that was shown to suppress A β production in neurons (Shibuya *et al.* 2005, Herskowitz *et al.* 2013).

Acknowledgments

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Abbreviations

AD	Alzheimer's disease
MCI	mild cognitive impairment due to AD
Aβ	amyloid- β
APP	amyloid precursor protein
ROCK	Rho-associated coiled-coil containing protein kinase
LIMK	LIM-kinase
NSAID	non-steroidal anti-inflammatory drug

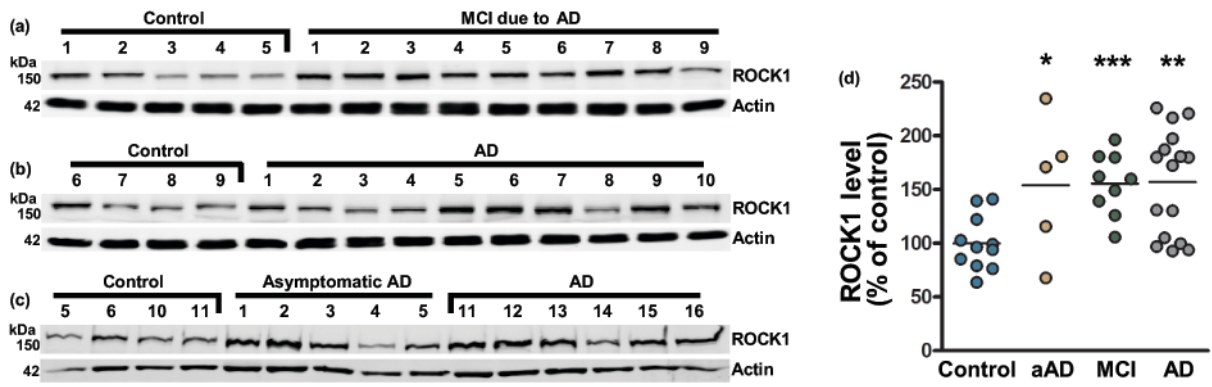


Fig. 1. Increased ROCK1 protein level in human AD brains. (a, b, and c) Immunoblots were performed using homogenates from control, asymptomatic AD (aAD), MCI due to AD, or AD brains. Case numbers correspond to information in Table 1. (c) Densitometry analysis indicated that ROCK1 is elevated in aAD, MCI, and AD, respectively, compared to controls. * $p=0.0261$, *** $p=0.0002$, ** $p=0.0016$. Each case is expressed as an individual data point, and lines represent the mean.

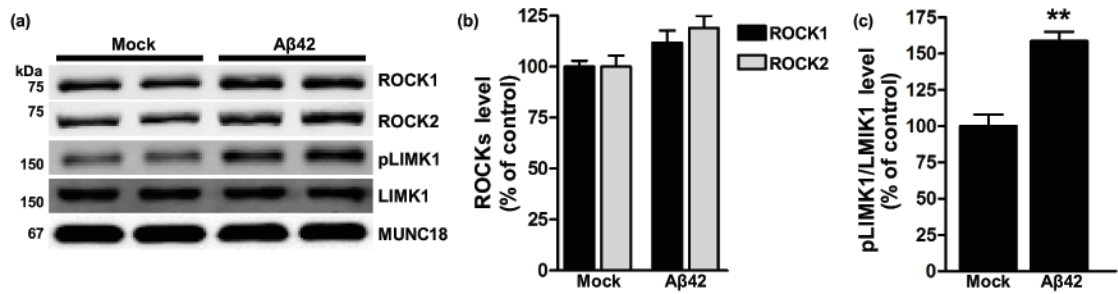


Fig. 2.

Aβ42 oligomers increase pLIMK1. (a) Representative immunoblots of neurons incubated in the presence or absence of Aβ42. (b) Densitometry analysis revealed that ROCK1 ($p=0.15$) and ROCK2 ($p=0.0769$) were marginally increased, while (c) pLIMK1 was increased significantly (** $p=0.0048$) in Aβ42-treated cultures. $N=4$ replicates per condition. All data are expressed as the percentage of the control mean \pm SEM.

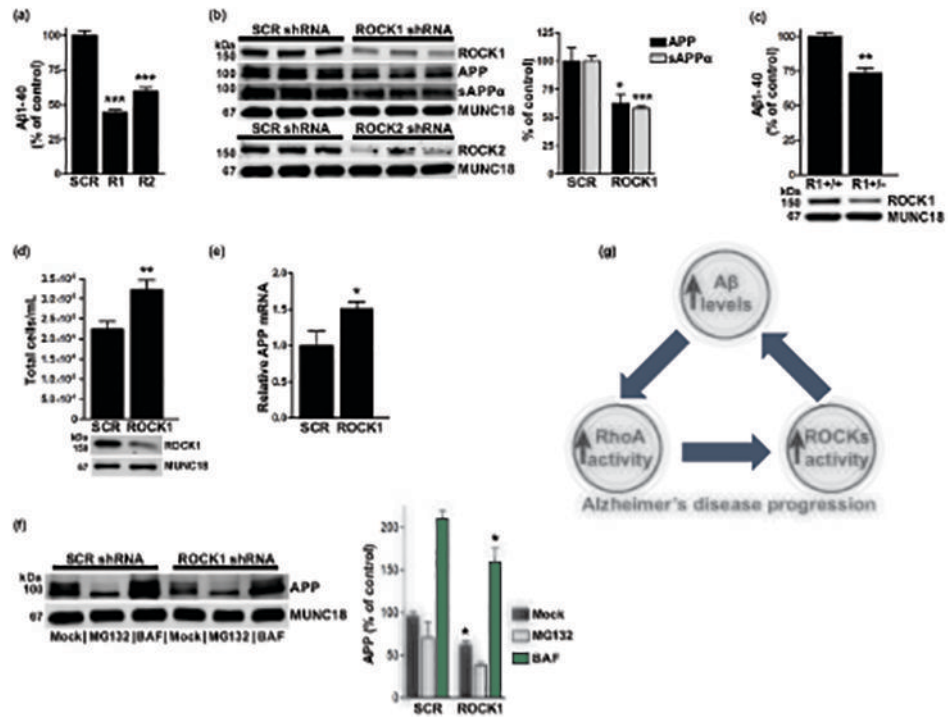


Fig. 3. ROCK1 depletion reduces A β levels. (b – d, f) Representative immunoblots shown. (a) ROCK1 shRNA (R1) or ROCK2 shRNA (R2) reduced A β 40 (***p*<0.0001) compared to scramble (SCR) controls. *N*=4 replicates per condition. (b) Densitometry analysis revealed that APP (**p*=0.0246) and sAPP α (***p*=0.0008) were reduced in ROCK1-depleted neurons. *N*=5 replicates per condition. (c) A β 40 was reduced (***p*=0.0037) in ROCK1+/- mice (R1+/-) compared to ROCK1+/+ littermates (R1+/+). *N*=3 replicates per condition. (d) Cell numbers were increased (**p*=0.0085) in ROCK1-depleted wells compared to SCR. *N*=7 replicates per condition. (e) ROCK1 knockdown increased relative APP mRNA level (**p*=0.0475). *N*=6 replicates per condition. (f) APP is reduced in ROCK1-depleted neurons (**p*=0.0158), and APP accumulates in bafilomycin (BAF) treated neurons (**p*=0.0282). *N*=3 replicates per condition. (g) Proposed model of the interrelationship between A β and RhoA/ROCK activity in AD progression. All data are expressed as the percentage of the control mean \pm SEM.

Postmortem human brain tissue samples. Case numbers correspond to immunoblot samples in Fig. 1. Samples were collected from prospectively studied participants in the Baltimore Longitudinal Study of Aging at the Johns Hopkins' Alzheimer's Disease Research Center (ADRC) as well as from the University of Washington ADRC and its Adult Changes in Thought study. The case diagnosis is based on Mini Mental State Examination, Cognitive Abilities Screening Instrument (CASI) score, Consortium to Establish a Registry for Alzheimer's disease (CERAD) score and BRAAK Staging. Cases were sanctioned into diagnostic groups which included i) cognitively normal controls without AD pathology ii) cognitively normal asymptomatic AD with moderate to severe pathology iii) MCI with moderate to severe pathology and iv) definite AD with severe pathology. If values are blank, information was not available. Notably, cases had no co-existing pathologies, such as stroke or Lewy body disease.

Table 1

Control (N=1)						
Case	CASI	CERAD	BRAAK	Age	Gender	PMI
1		0	2	79	F	
2		0	2	92	F	
3	95	0	1	98	F	
4	96	0	2	86	M	
5	88	0	2	92	F	
6	89	0	2	87	M	
7		A	2	71	F	16
8		0	4	86	M	7
9		0	3	95	M	17
10	99	0	0	78	M	
11	97	0	2	87	F	
MCI (N=9)						
Case	CASI	CERAD	BRAAK	Age	Gender	PMI
1		0	2	68	M	10
2		B	3	87	M	20
3		A	3	90	M	14
4		A	4	89	M	16
5		A	2	90	M	14
6		A	3	88	F	14
7		B	4	82	M	5.5
8		B	4	78	M	4

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Case	CASI	CERAD	BRAAK	Age	Gender	PMI
1	98	C	4	98	M	20
2	92	C	4	92	M	7
3	86	C	6	86	M	15
4	82	C	6	82	F	6
5	72	C	6	72	F	10
6	92	C	6	92	F	19
7	82	C	6	82	M	23
8	83	C	6	83	F	11
9	94	C	6	94	F	17.5
10	91	C	6	91	F	18
11	43	2	6	83	M	
12	78	3	6	89	F	
13	69	3	6	80	F	
14	41	3	5	92	F	
15	70	3	6	78	F	
16	83	3	6	85	F	

Asymptomatic AD (N=5)

Case	CASI	CERAD	BRAAK	Age	Gender	PMI
1	98	2	3	86	M	
2	97	2	3	92	F	
3	97	2	3	79	M	
4	91	2	3	75	F	
5	96	2	4	77	F	

MCI, mild cognitive impairment due to Alzheimer's disease; AD, Alzheimer's disease; PMI, postmortem interval in hours; F, female; M, male.