

Nonlinear Imputation of P_{aO_2}/F_{IO_2} From S_{pO_2}/F_{IO_2} Among Patients With Acute Respiratory Distress Syndrome



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BACKGROUND: ARDS is an important clinical problem. The definition of ARDS requires testing of arterial blood gas to define the ratio of P_{aO_2} to F_{IO_2} (P_{aO_2}/F_{IO_2} ratio). However, many patients with ARDS do not undergo blood gas measurement, which may result in underdiagnosis of the condition. As a consequence, a method for estimating P_{aO_2} on the basis of noninvasive measurements is desirable.

METHODS: Using data from three ARDS Network studies, we analyzed the enrollment arterial blood gas measurements to compare nonlinear with linear and log-linear imputation methods of estimating P_{aO_2} from percent saturation of hemoglobin with oxygen as measured by pulse oximetry (S_{pO_2}). We compared mortality on the basis of various measured and imputed P_{aO_2}/F_{IO_2} ratio cutoffs to ensure clinical equivalence.

RESULTS: We studied 1,184 patients, in 707 of whom the $S_{pO_2} \leq 96\%$. Nonlinear imputation from the S_{pO_2}/F_{IO_2} ratio resulted in lower error than linear or log-linear imputation ($P < .001$) for patients with $S_{pO_2} \leq 96\%$ but was equivalent to log-linear imputation in all patients. Ninety-day hospital mortality was 26% to 30%, depending on the P_{aO_2}/F_{IO_2} ratio, whether nonlinearly imputed or measured. On multivariate regression, the association between imputed and measured P_{aO_2} varied by use of vasopressors and S_{pO_2} .

CONCLUSIONS: A nonlinear equation more accurately imputes P_{aO_2}/F_{IO_2} from S_{pO_2}/F_{IO_2} than linear or log-linear equations, with similar observed hospital mortality depending on S_{pO_2}/F_{IO_2} ratio vs measured P_{aO_2}/F_{IO_2} ratios. While further refinement through prospective validation is indicated, a nonlinear imputation appears superior to prior approaches to imputation.

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KEY WORDS: acute respiratory distress syndrome; pulse oximetry; respiratory failure; severity scores

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ABBREVIATIONS: ABG = arterial blood gas; ALTA = Albuterol for the Treatment of ALI; CRF = case report form; EDEN = Early vs Delayed Enteral Nutrition; OMEGA = Omega-3 Fatty Acid Supplementation; PETAL = Prevention and Early Treatment of Acute Lung Injury; RMSE = root mean square error; SAILS = Statins for Acutely Injured Lungs From Sepsis; S_{aO_2} = arterial oxygen saturation; S_{pO_2} = oxygen saturation as measured by pulse oximetry

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ARDS is an important clinical, research, and public health problem, affecting approximately 200,000 Americans annually.¹ ARDS is a syndrome with a range of severities. The ratio of PaO₂ to FIO₂ (PaO₂/FIO₂ ratio) measures the severity of hypoxemia in patients with ARDS. The PaO₂/FIO₂ ratio has been incorporated into the consensus definition of ARDS: PaO₂/FIO₂ ratios of 201 to 300, 101 to 200, and ≤ 100 define mild, moderate, and severe ARDS, respectively.² The PaO₂/FIO₂ ratio has also been incorporated into general critical illness severity indices such as the Sequential Organ Failure Assessment score.³

Arterial blood gas (ABG) measurement is required to determine PaO₂ and calculate the PaO₂/FIO₂ ratio. However, patients with ARDS may not be able to undergo ABG testing in a relevant time frame: arterial catheters (which increase the convenience of ABG testing) are falling out of favor,^{4,5} pulse oximeters have become more accurate and consistent, and some physicians use venous blood gases to monitor Pco₂ and pH.⁶ The lack of ABG results could potentially lead to underdiagnosis or late recognition of patients with ARDS, potentially delaying application of appropriate treatments such as lung-protective ventilation strategies. A noninvasive surrogate for the PaO₂/FIO₂ ratio, based on measuring the oxyhemoglobin percent saturation with a pulse oximeter (SpO₂), would allow patients without ABG data to be evaluated for ARDS, including

in assessment of disease severity. To ensure equivalence, a noninvasive surrogate would require imputation of PaO₂ from SpO₂. The SpO₂/FIO₂ ratio has been proposed as a noninvasive surrogate for the PaO₂/FIO₂ ratio.⁷⁻¹²

The oxyhemoglobin percent saturation can be measured with a pulse oximeter (SpO₂), or directly in the arterial blood (SaO₂). The relationship between PaO₂ and SaO₂ (and therefore SpO₂) is sigmoidal. However, prior work investigating the association between SpO₂/FIO₂ and PaO₂/FIO₂ ratios employed linear (or log-linear) regression modeling in adults^{7,8} and children.⁹⁻¹²

The Ellis inversion¹³ of the Severinghaus equation¹⁴ (the Ellis equation is included in e-Table 1) provides a useful nonlinear method for imputing PaO₂ from SaO₂. This technique has been used in cohorts of mostly nonintubated patients with pneumonia¹⁵⁻¹⁸ but not in patients with ARDS. We hypothesized that (1) nonlinear imputation of PaO₂ based on measured SpO₂ would outperform linear and log-linear imputations among patients with ARDS; (2) imputed and measured PaO₂/FIO₂ ratios would identify patients with similar 90-day hospital mortality; (3) certain patient characteristics, such as positive end-expiratory pressure or shock requiring vasopressors, would affect the accuracy of imputation; and (4) imputation would be inaccurate for SpO₂ > 96% (based on the plateau in the hemoglobin-oxygen dissociation curve).¹⁴

Materials and Methods

We studied patients enrolled in studies within the second round of funding for the NIH/NHLBI ARDS Network: Early vs Delayed Enteral Nutrition (EDEN),¹⁹ Omega-3 Fatty Acid Supplementation (OMEGA),²⁰ and Statins for Acutely Injured Lungs From Sepsis (SAILS).²¹ Because Albuterol for the Treatment of Acute Lung Injury

(ALTA)²² did not collect baseline ABG data with an associated SpO₂, we excluded those patients. Patients were enrolled in included trials using largely consistent inclusion and exclusion criteria (while SAILS enrolled only patients with sepsis-associated ARDS, sepsis was a common cause of ARDS in all studies) that matched general consensus criteria for the diagnosis of ARDS.²³ To be eligible, patients had to have a PaO₂/FIO₂ ratio < 300 at some point before randomization.

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We obtained data for all subjects from the prospectively completed case report forms (CRFs). We used ABG data from the “baseline ventilator parameters” CRF, which is completed with the data closest to 8 AM on the day of enrollment. We also obtained age, sex, body mass index, mean arterial pressure, use of vasopressors (including any dose of norepinephrine, epinephrine, dopamine, phenylephrine, or vasopressin) at enrollment, ventilator parameters, study hospital, volume of fluid administered in the 24 hours before enrollment, serum bilirubin, FIO₂ and SpO₂ at the time of ABG measurement, and 90-day hospital mortality. Research coordinators were instructed to record the SpO₂ value reported with the ABG test results.

We used the formulas presented in e-Table 1 to impute PaO₂ values from available SpO₂, using the Ellis nonlinear,¹³ Rice linear,⁷ and Pandharipande log-linear⁸ equations. The PaO₂ values imputed from the respective equations were compared with the measured PaO₂ from the given ABG results. While expanded equations that

incorporate other parameters (eg, pH and P_{CO_2}) exist, we chose equations that depended only on oxygen saturation to avoid dependence on ABG results, the unavailability of which is the primary motivation for the use of noninvasive surrogates for PaO_2 .

We excluded patients for whom F_{IO_2} , PaO_2 , and SpO_2 were not recorded for ABG analyses on their baseline ventilator parameters CRF. Because PaO_2 varies by both F_{IO_2} and barometric pressure, we adjusted PaO_2/F_{IO_2} ratios at the Denver and Utah sites (altitude, approximately 1,500 m) by the ratio of local to sea-level barometric pressure (0.836 in Denver, 0.845 in Utah).

This secondary analysis of deidentified, previously collected prospective clinical trial data was classified as exempt by the Intermountain Healthcare Institutional Review Board (protocol no. 1040561).

Statistical Analysis

For the purposes of description, we calculated Spearman correlation for imputed PaO_2/F_{IO_2} vs measured PaO_2/F_{IO_2} , both for all patients and among patients in whom $SpO_2 \leq 96\%$. For ease of exposition, we defined correlation as high (0.7-1.0), moderate (0.5-0.7), low

(0.3-0.5), and negligible (0-0.3). For purposes of comparison, we calculated the root mean square error (RMSE) of the estimates (with PaO_2/F_{IO_2} as the true value) and compared the RMSE among the methods of imputation with a paired t test on the squared differences between the imputed and measured values.²⁴ Secondly, we evaluated the imputation of PaO_2 . Since the Rice equation converts SpO_2/F_{IO_2} to PaO_2/F_{IO_2} , we inverted the Rice equation and multiplied it by F_{IO_2} in order to generate a linearly imputed PaO_2 . We followed a similar method with the Pandharipande log-linear equation. To understand the possible effect of other variables on the association between measured and imputed PaO_2/F_{IO_2} ratios, we incorporated relevant clinical covariates into a linear regression of imputed vs measured PaO_2/F_{IO_2} ratio. We used backward stepwise selection to select variables for inclusion in the linear regression model. For the PaO_2/F_{IO_2} thresholds that were used to define mortality strata in the Berlin ARDS definition,² we calculated the imputed PaO_2/F_{IO_2} that was associated with the same mortality as the measured PaO_2/F_{IO_2} threshold; we also calculated the 90-day hospital mortality associated with an imputed PaO_2/F_{IO_2} identical to the measured PaO_2/F_{IO_2} . All analyses were performed with the R Statistical Package version 3.2.1.²⁵

Results

Among 1,628 patients enrolled in the ARDS Network studies, we identified 1,184 patients who met our inclusion criteria, as outlined in Figure 1. Of those 1,184 patients, 707 had $SpO_2 \leq 96\%$. Table 1 displays the baseline characteristics of these patients, stratified by the study in which they were enrolled (all OMEGA patients were co-enrolled in EDEN, and therefore the two studies were merged for the purposes of Table 1).

The overall correlation between measured and imputed PaO_2/F_{IO_2} was high for nonlinear ($\rho = 0.84$), linear ($\rho = 0.73$), and log-linear ($\rho = 0.73$) imputation. The RMSE of the estimates was lower for nonlinear than linear ($P < .001$) imputation but not different from log-linear ($P = .92$) imputation. The overall correlation between measured and imputed PaO_2 ($n = 1,184$)

was high ($\rho = 0.72$) for nonlinear imputation, and negligible for linear imputation ($\rho = 0.13$) and log-linear imputation ($\rho = 0.30$). The RMSE of the estimates was lower for nonlinear than log-linear ($P < .001$) or linear ($P < .001$) imputation.

When restricted to patients with $SpO_2 \leq 96\%$ ($n = 707$), correlation between imputed and measured PaO_2/F_{IO_2} ratios was high for all imputations: nonlinear ($\rho = 0.90$), linear (0.88), and log-linear (0.88). For both PaO_2 and PaO_2/F_{IO_2} estimates in this subgroup, nonlinear imputation had lower (mean, SD) RMSE (28.6, 51.7) than log-linear (32.2, 52.0) or linear (46.4, 66.4) imputation (all $P < .0001$). At $PaO_2/F_{IO_2} < 150$, the linear equation underestimated PaO_2/F_{IO_2} ratios and the log-linear equation overestimated PaO_2/F_{IO_2} ratios, while at $PaO_2/F_{IO_2} > 300$, the nonlinear equation tended to overestimate PaO_2/F_{IO_2} ratios. These findings are visually depicted in Figure 2, in which the error in each imputation strategy is plotted against the measured PaO_2/F_{IO_2} ratio, in a Bland-Altman plot adapted for use when one measurement is taken to be the “gold standard.”

Mortality rates for threshold values of the PaO_2/F_{IO_2} ratio are displayed in Table 2. While the differences were slight, the nonlinear imputed PaO_2/F_{IO_2} thresholds were associated with mortality that was closer to the mortality associated with measured PaO_2/F_{IO_2} thresholds than linearly imputed PaO_2/F_{IO_2} thresholds. Specifically, percent mortality for measured and nonlinearly imputed PaO_2/F_{IO_2} were almost identical at PaO_2/F_{IO_2} thresholds of 100 (32% vs 32%), 150 (28% vs 29%), 200 (27% vs 28%), and 300 (26% vs 26%).

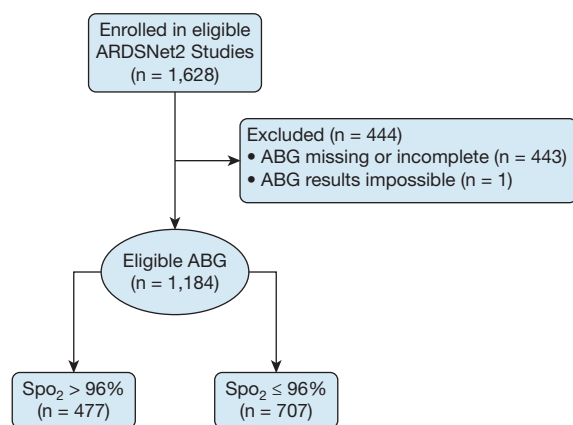


Figure 1 – Identification of subjects for this study. ABG = arterial blood gas; ARDSNet = Acute Respiratory Distress Syndrome Network; SpO_2 = oxygen saturation as measured by pulse oximetry.

TABLE 1] Patient Characteristics by Study

| Characteristic | EDEN/OMEGA (n = 534) | SAILS (n = 650) | P Value (for comparison) |
|---|-------------------------|--------------------|-----------------------------|
| Age, y | 50.5 (15.5) | 54.4 (16.3) | < .001 |
| Female sex, % | 49.8 | 49.2 | .861 |
| Race/ethnicity, % | | | |
| Latino/Hispanic | 13.9 | 11.2 | .184 |
| White | 75.7 | 78.3 | .297 |
| Black | 15.5 | 14.3 | .566 |
| Sepsis as cause of ARDS, % | 59.7 | 75.4 | < .001 |
| APACHE III score, points | 90.2 (27) | 93.6 (27.9) | .039 |
| Vasopressors at baseline, % | 35.8 | 44.5 | .002 |
| Baseline PEEP, cm H ₂ O | 10 (4.4) | 9.3 (3.8) | .003 |
| Baseline tidal volume, mL | 419.5 (96.7) | 413.8 (83.8) | .352 |
| Baseline PaO ₂ /Fio ₂ ratio | 163.3 (71.6) | 170.2 (68.8) | .094 |
| Death in health-care facility to 90 d, % | 23.8 | 27.5 | .143 |

APACHE = Acute Physiology and Chronic Health Evaluation; EDEN = Early vs Delayed Enteral Nutrition; OMEGA = Omega-3 Fatty Acid Supplementation; PEEP = positive end-expiratory pressure.

Discordant classification was relatively uncommon. Of the 1,184 patients, 764 (65%) were classified as having moderate or severe (as opposed to mild) ARDS (PaO₂/Fio₂ ≤ 200) by both measured and imputed PaO₂/Fio₂; 70 (6%) met criteria only by measured PaO₂/Fio₂ (ie, false negative classification by imputed PaO₂/Fio₂), and 101 (9%) met criteria only by imputed PaO₂/Fio₂ (ie, false positive classification by imputed PaO₂/Fio₂). (The remaining 249 patients had mild ARDS by both measured and imputed PaO₂/Fio₂.) Patients with false negative results had higher mortality (27%) than patients with false positive results (21% mortality); the mortality of concordant patients with moderate ARDS was 28%, while that of concordant patients with mild ARDS was 22%. Concordance was not associated with mortality after controlling for age, positive end-expiratory pressure, and Acute Physiology and Chronic Health Evaluation (APACHE) III score.

On linear regression of imputed or measured PaO₂/Fio₂ restricted to patients with Spo₂ ≤ 96%, univariate regression had an R² of 0.75. Details of bivariate and multivariate regression are presented in Table 3. In the multivariate model only the imputed PaO₂/Fio₂ ratio, Spo₂, and vasopressor administration at the time of enrollment were significantly associated with the measured PaO₂/Fio₂ ratio (the final model had an adjusted R² of 0.76). The mean absolute difference between measured and imputed PaO₂/Fio₂ ratio for patients not receiving vasopressors was 11.0, while the mean absolute difference between measured

and imputed PaO₂/Fio₂ ratio for patients receiving vasopressors was 15.8 (P = .005).

Discussion

In this secondary analysis of data from three clinical trials, we demonstrate that a nonlinear imputation based on the Severinghaus equation outperforms linear and log-linear imputations for PaO₂/Fio₂ in patients with ARDS. The superior performance was visible both in terms of error of the estimate and association with hospital mortality, particularly at low PaO₂/Fio₂ ratios. For defining severe ARDS as judged by low PaO₂/Fio₂, linear imputation performs relatively poorly, despite an overall reasonable correlation, because of its systematic bias. Our findings also confirm concerns about imputing PaO₂ for patients with Spo₂ > 96%, as substantial variation of PaO₂ is present in higher Spo₂ ranges. We also found that the association of measured PaO₂/Fio₂ ratio and imputed PaO₂/Fio₂ ratio was affected by the use of vasopressors at the time of ABG testing, with patients receiving vasopressors having on average a lower imputed than measured PaO₂/Fio₂ ratio.

Our work on nonlinear imputation of PaO₂/Fio₂ extends prior studies in pneumonia,¹⁵⁻¹⁸ which focused on emergency department patients, many of whom were not mechanically ventilated and whose data may not be applicable to ICU patients with ARDS. For convenience of use and reference, we include e-Tables 2 and 3 in the online article to demonstrate how one could incorporate physiologically based nonlinear

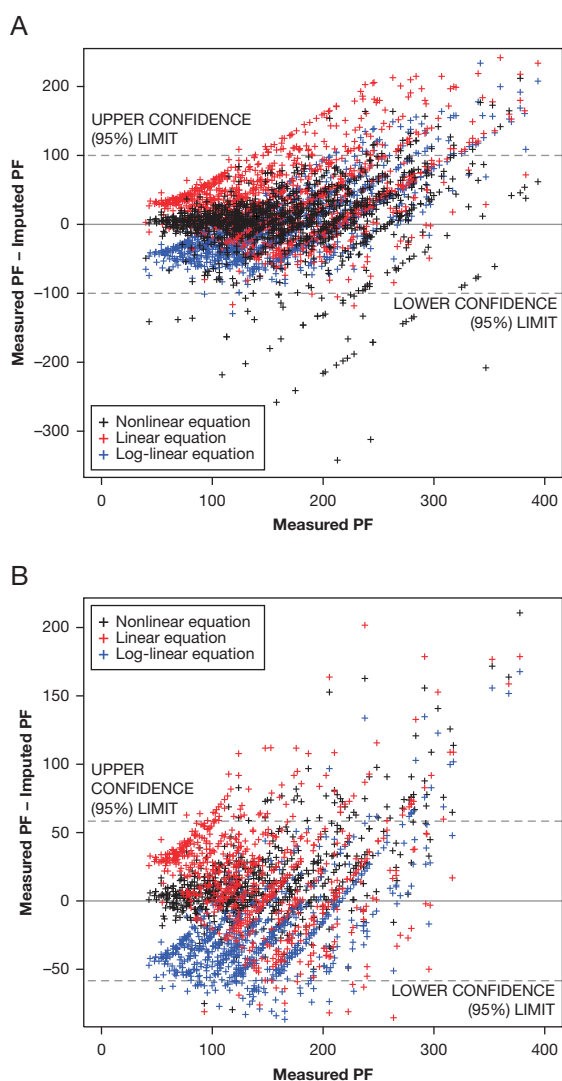


Figure 2 – Measured vs imputed P_{aO_2}/F_{iO_2} ratios. Imputation results: black = nonlinear; red = linear; blue = log-linear. A, Results from all patients ($N = 1,184$); B, Results from patients with $SpO_2 \leq 96\%$ ($n = 707$). PF = P_{aO_2}/F_{iO_2} ratio. See Figure 1 legend for expansion of other abbreviations.

imputation into screening and scoring activities, without the requirement for separate computer programs.

We note that 8% of patients had an SpO_2 of 100% at the time of enrollment. These patients on average were

receiving a median F_{iO_2} of 60%. Forty percent of patients had saturations ($> 96\%$) that placed them on the flat part of the hemoglobin dissociation curve; they too were receiving a median F_{iO_2} of 60%. These high oxygen levels were observed in hospitals that, as part of participation in ARDSNet studies, had access to oxygen titration protocols that target an SpO_2 of 88% to 95%. While debates about safe ranges for F_{iO_2} persist in the literature, the evidence for pulmonary oxygen toxicity^{26,27} and the risk of oxidation related to hyperoxia suggest that needless hyperoxia should be avoided.²⁸ Decreases in F_{iO_2} for patients with high oxygen saturations would make imputation of P_{aO_2} more accurate, thereby potentially improving the accuracy of severity scores and clinical trial enrollments that depend on hypoxemia, and may also decrease the risk of pulmonary oxygen toxicity.

We note that the mortality observed in this cohort was lower for patients with moderate and severe ARDS (as judged by P_{aO_2}/F_{iO_2} criteria) than was observed in the Berlin definition review of multiple studies.² The reasons for this difference in mortality are not immediately clear but may relate to the Berlin review's inclusion of patients not enrolled in clinical trials or to our studying only patients who underwent ABG testing on the day of enrollment and our use of the P_{aO_2}/F_{iO_2} ratio on the day of enrollment rather than the P_{aO_2}/F_{iO_2} ratio by which a patient qualified for study inclusion. Study exclusion criteria (eg, excluding moribund patients), and improvements in mortality between the studies evaluated for the Berlin definition and the more recent studies in our analysis, may also explain this difference. It is also possible that differences in ventilator management strategies account for the difference in mortality.²⁹

Our study has limitations, most importantly the fact that the included ABG data were the result of routine clinical ABG testing, with the associated risk of

TABLE 2] Mortality Thresholds

| P_{aO_2}/F_{iO_2} Threshold | Total Patients | Mortality | Equivalent Nonlinear Imputed P_{aO_2}/F_{iO_2} Threshold | Mortality for Nonlinear Imputed P_{aO_2}/F_{iO_2} at Threshold | Equivalent Linear Imputed P_{aO_2}/F_{iO_2} Threshold | Mortality for Linear Imputed P_{aO_2}/F_{iO_2} at Threshold |
|-------------------------------|----------------|-----------|--|--|---|---|
| 100 | 199 | 0.322 | 98 | 0.316 | 81 | 0.290 |
| 150 | 547 | 0.283 | 162 | 0.286 | 118 | 0.274 |
| 200 | 834 | 0.276 | 164 | 0.268 | 138 | 0.259 |
| 300 | 1,144 | 0.261 | 218 | 0.260 | 244 | 0.259 |

TABLE 3] Linear Regression of Measured PaO₂/Fio₂ Ratio, With Potential Covariates

| Predictor | Bivariate | | Multivariate | |
|---|-------------------------|---------|------------------------|---------|
| | Coefficient | P Value | Coefficient | P Value |
| Imputed PaO ₂ /Fio ₂ ^a | 1.05 (1.005-1.093) | < .001 | 1.08 (1.03-1.13) | < .001 |
| Vasopressors | 5.27 (0.75-9.78) | .02 | 4.59 (0.16-9.03) | .04 |
| SpO ₂ | -0.83 (-0.143 to -0.23) | .007 | -0.79 (-1.39 to -0.19) | .01 |
| Fio ₂ | -6.99 (-28.1 to 14.1) | .51 | NA | NA |
| White race | -0.05 (-5.37 to 5.27) | .99 | NA | NA |
| Black race | -1.27 (-7.73 to 5.20) | .7 | NA | NA |
| Latino ethnicity | -2.12 (-8.54 to 4.31) | .52 | NA | NA |
| Age, y | -0.11 (-0.25 to 0.04) | .14 | NA | NA |
| Peak bilirubin, mg/dL | 0.46 (-0.70 to 1.61) | .44 | NA | NA |
| 24-hour fluid input, mL | 0.0009 (-4.5 to 0.002) | .06 | NA | NA |
| MAP, mm Hg | -0.07 (-0.25 to 0.1) | .42 | NA | NA |
| Tidal volume, mL | 0.005 (-0.02 to 0.03) | .7 | NA | NA |
| PEEP, cm H ₂ O | 0.02 (-0.58 to 0.62) | .95 | NA | NA |
| BMI, kg/m ² | -0.04 (-0.28 to 0.20) | .75 | NA | NA |
| APACHE III, points | 0.04 (-0.04 to 0.12) | .35 | NA | NA |
| Peak hematocrit, % | 0.26 (-0.08 to 0.61) | .14 | NA | NA |

MAP = mean arterial pressure; NA = not applicable. See Table 1 legend for expansion of other abbreviations.

^aThis model was univariate.

nonstandardization. We also acknowledge that we studied patients with diagnosed ARDS rather than a larger group of patients in whom ARDS was suspected but not necessarily confirmed. Such patients may be even more likely to have SpO₂ values on the flat portion of the hemoglobin dissociation curve, making SpO₂-based screening methods less useful in that population. In addition, we used the ABG measurement done on the day of enrollment rather than the initial qualifying ABG data (which lacked simultaneous SpO₂ measurement), which may have been performed on blood drawn up to 24 hours before randomization. The outcomes reported may therefore not match reports from patients in whom the nadir PaO₂/Fio₂ ratio on the first hospital day was considered to be the PaO₂/Fio₂ ratio that best represents disease severity. We also did not have information on oximeter type,³⁰ skin pigmentation,^{30,31} body temperature, or other factors that may affect the accuracy of SpO₂ measurements.

Whether our results would apply in patients without ARDS is unknown; similar results have been obtained in patients with pneumonia, but not in other cohorts.

In summary, a nonlinear equation more accurately imputes PaO₂/Fio₂ from SpO₂/Fio₂ than linear or log-linear equations, especially at low PaO₂ values. Mortality rates among patients with ARDS are similar whether their PaO₂/Fio₂ ratios are imputed or measured. Prospective validation of these findings, incorporating measurement of other factors relevant to the accuracy of SpO₂, is indicated.

Conclusions

Because the association between SpO₂ and PaO₂ is sigmoidal, the use of a nonlinear imputation strategy appears preferable to linear imputation strategies.

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Author contributions: S. M. B. had full access to all of the data and takes responsibility for the content of the manuscript, including data and analysis. S. M. B., D. S., and R. B. conceived the study in consultation with all other authors; S. M. B. and D. S. analyzed the data; S. M. B. wrote the first draft; all authors reviewed and revised the manuscript for important intellectual content; all authors approved the submitted version.

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Additional information: The e-Tables can be found in the Supplemental Materials section of the online article.

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