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# **Amyloid-**β **oligomers are sequestered by both intracellular and extracellular chaperones**

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# **Abstract**

The aberrant aggregation of the amyloid-β peptide into β-sheet rich, fibrillar structures proceeds via a heterogeneous ensemble of oligomeric intermediates that have been associated with neurotoxicity in Alzheimer's disease (AD). Of particular interest in this context are the mechanisms by which molecular chaperones, part of the primary biological defenses against protein misfolding, influence Aβ aggregation. We have used single-molecule fluorescence techniques to compare the interactions between distinct aggregation states (monomers, oligomers, amyloid fibrils) of the AD-associated amyloid-β(1-40) peptide, and two molecular chaperones, both of which are upregulated in the brains of patients with AD and have been found colocalized with  $\Delta\beta$  in senile plaques. One of the chaperones,  $\alpha$ B-crystallin, is primarily found inside cells while the other, clusterin, is predominantly located in the extracellular environment. We find that both chaperones bind to misfolded oligomeric species and form long-lived complexes thereby preventing both their further growth into fibrils and their dissociation. From these studies, we conclude that these chaperones have a common mechanism of action based on sequestering  $A\beta$ oligomers. This conclusion suggests that these chaperones, both of which are ATP-independent, are able to inhibit potentially pathogenic Aβ oligomer-associated processes whether they occur in the extracellular or intracellular environment.

> The aggregation of the amyloid-β peptide (Aβ), a fragment of the amyloid precursor protein (APP), is associated with the pathogenesis of Alzheimer's disease (AD) (1). Although large fibrillar plaques comprised of fibrillar forms of Aβ have conventionally been viewed as a hallmark of AD, recent evidence has implicated oligomeric aggregates of Aβ generated during the process of fibril formation as a primary cause of AD-related neurotoxicity (2, 3). It is therefore vital in the context of understanding the origins of AD and the development of therapeutic strategies, to understand the properties of these oligomeric species and how they interact with the variety of cellular components. Oligomeric aggregates are by nature

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transient and heterogeneous in both size and structure, rendering them challenging to characterize using bulk techniques. We have chosen to develop a series of single-molecule fluorescence methods, which are capable of resolving such heterogeneity, to examine these oligomers.

The first of these methods used in the present study is confocal two-color coincidence detection (cTCCD), which has the capacity to detect and characterize oligomeric species formed during the aggregation of fluorescently labeled peptides and proteins (4–6). To monitor the aggregation of Aβ peptides with cTCCD, equal amounts of Aβ40 monomers labeled with a HiLyteFluor488-fluorescent tag (Anaspec) and Aβ40 monomers labeled with a HiLyteFluor647 fluorescent tag (Anaspec) are mixed. As the monomers aggregate into oligomeric assemblies, species containing two differently colored fluorophores are formed, and can be readily distinguished from monomers that contain are labeled with only a single fluorophore. When the sample is excited simultaneously with two wavelengths of light, the coincidence of fluorescence signals from the sample in the detection channels with time can be used to distinguish oligomers from monomers and the oligomeric population can be monitored as the aggregation reaction proceeds. Additionally, the size of the oligomeric species can be estimated using the fluorescence intensities of the time-coincident fluorescent bursts. We have already used this method to study the aggregation of several peptide and protein systems including Aβ40 under various aggregation conditions and in the presence or absence of other molecules (4–6). In this study we have also used a second single-molecule technique, total internal reflection microscopy (TIRFM), which allows imaging of the species on a surface to gain insight into their morphology as well as their oligomeric state.

In this work, we have used this single-molecule approach to monitor the size distribution of the oligomers formed during the aggregation and disaggregation of Aβ40 and to examine the interactions of Aβ40 monomers, oligomers and fibrils with molecular chaperones, a key component of the biological defense system against protein misfolding and aggregation in both intracellular and extracellular environments (Figure 1) (7). In a previous study, we examined the interactions between the ATP-independent, predominantly-extracellular chaperone, clusterin, and the Aβ40 peptide, stimulated by a recent discovery of genetic links between clusterin and AD and also because amyloid deposits containing Aβ are largely extracellular (5, 8, 9). In the present work, we extend this previous study to examine the effects of a second chaperone, αB-crystallin, which is also ATP-independent and functions similarly to clusterin. αB-crystallin is of considerable comparative interest as it is found predominantly in the intracellular rather than extracellular space (10). Interestingly, the expression levels of both chaperones are upregulated in the brains of those with AD, and both chaperones have been found colocalized with senile amyloid plaques (11–14). The question of the role of αB-crystallin in AD is also highly relevant in the context of increasing interest in the occurrence and toxicity of intracellular as well as extracellular aggregates of Aβ (15, 16). By combining two single-molecule approaches, cTCCD and TIRFM, we have been able to investigate the mechanisms of action of these two chaperones in vitro and relate these to their roles in a cellular context.

## **Materials and Methods**

#### **A**β **preparation and aggregation assays**

HiLyteFluor488 and HiLyteFluor647-labeled Aβ40 peptides were purchased from Anaspec (San Jose, USA). Monomeric starting solutions were prepared and aggregation reactions of all peptides were carried out as described previously (5).

#### **Preparation and labeling of** α**B-crystallin**

Human recombinant αB-crystallin was prepared as described previously (17).The AlexaFluor647 Protein Labeling Kit was purchased from Molecular Probes (Eugene, USA) and αB-crystallin was labeled according to the manufacturer's guidelines.

## **cTCCD and TIRFM data acquisition**

Data acquisition and analysis for both aggregation and disaggregation studies were performed according to previously described protocols (5).

## **Statistical Analysis**

Two tailed independent t-tests were used for comparison of the values from two measurements. Single-factor ANOVA was used for comparison of multiple values.

## **Results**

In order to derive a mechanistic understanding of the action of the two chaperones, we first examined their effects on the aggregation of the Aβ40 peptide using cTCCD and TIRFM. Data were collected for experiments with αB-crystallin using similar protocols to those used in a previous study with clusterin except where specified in the text (5).

#### α**B-crystallin, like clusterin, inhibits oligomer formation by A**β**40 monomers**

We first examined how  $\alpha$ B-crystallin affects the aggregation of A $\beta$ 40 when added at the start of the reaction—when the peptide is predominantly monomeric. Although studies of these chaperones have shown that they can act at sub-stoichiometric ratios (18), we have conducted most of our studies at a 1:1 (molar) chaperone to  $A\beta$  monomer concentration ratio, as such a stoichiometry corresponds approximately to the situation in cerebrospinal fluid or in the cytosol of a number of cell types (19–22).

When equimolar amounts of either αB-crystallin or clusterin were added to a monomeric solution of Aβ40, our single-molecule measurements reveal that the formation of oligomers is inhibited in comparison to the situation observed in the absence of chaperones (Figure 2A); this finding is in accord with bulk measurements which report inhibition of fibril formation in the presence of both of these chaperones (23–25). In addition, analysis of the single-molecule data in this study shows no detectible complex formation between Aβ40 monomers and αB-crystallin (see Supporting Figure S1, see t=0), a result again in agreement with previous findings from the studies of Aβ40 with clusterin (5).

We then examined the effects of αB-crystallin on the Aβ40 aggregation reaction when added at an equimolar ratio to a mixture of Aβ40 monomers and oligomers. To accomplish this, we incubated a solution of monomeric fluorescently labeled Aβ40 for 3-4 hrs. This time is close to the midpoint of the reaction process when studied by bulk methods and is a point during the course of the aggregation at which a population of oligomers is readily detectable by cTCCD (5). Imaging using TIRFM of the species present in the reaction mixture after 24 h reveals that in the absence of αB-crystallin, the species present after 24 h are fibrillar in nature while those present after 24 h in the presence of αB-crystallin are predominantly monomeric and oligomeric (Figure 2B). These findings suggest that both chaperones act similarly not only to prevent any oligomeric species present from growing further into fibrillar structures but also, when present initially, to inhibit monomers from forming oligomers.

We then sought to investigate whether the mechanism of inhibition of fibril growth by  $\alpha$ Bcrystallin involved binding and sequestration of oligomeric species, as found for clusterin in our previous study. Therefore, we tested for any direct interaction between αB-crystallin and Aβ40 by performing complementary cTCCD experiments on labeled Aβ40 in the presence of unlabeled chaperones and experiments on samples where both chaperones and Aβ40 were labeled with different fluorophores. In the first set of experiments, we added AlexaFluor647 labeled αB-crystallin at equimolar ratios to samples taken from an aggregating solution of HiLyteFluor488-labeled Aβ40 at various times after the initiation of the reaction. In the second set of experiments, we used cTCCD to measure the quantity and distribution of oligomers in a mixture of Aβ40 monomers labeled with HiLyteFluor488 and Aβ40 monomers labeled with HiLyteFluor647 but in the absence of chaperones. Examining the results of both experiments enabled a comparison of the fraction of Aβ species in oligomers relative to the fraction of Aβ species associated with chaperones. It was also confirmed in control experiments that the fluorescent labeling of αB-crystallin does not affect its capacity to inhibit the aggregation of Aβ (see Supporting Figure S2).

When these experiments had previously been conducted with clusterin, the proportion of Aβ40 in stable complexes with clusterin matched the proportion of Aβ40 in oligomeric complexes throughout the aggregation reaction (5). In the present study, analogous experiments did not result in evidence for the formation of stable complexes between any of the fluorescently labeled Aβ40 species and αB-crystallin within the first 12 hours of aggregation (Figure 2C, Supporting Figure S1). In order to be detected by cTCCD, a complex has to persist for at least an hour at the picomolar concentrations necessary for the cTCCD measurements. In previous studies we have found that the amyloid species detected by cTCCD are representative (in size) of those present at higher concentrations (5), but the lack of detectable complex formation between αB-crystallin and Aβ40 oligomers by cTCCD does not exclude the presence of complexes of significantly lower stability during the aggregation process. In fact, the observation that both αB-crystallin and clusterin act to inhibit Aβ40 fibril formation even at substoichiometric (to monomeric Aβ) ratios suggests that this mechanism of chaperones is a result of action on the oligomeric species (18) (see Supporting Figure S2).

## α**B-crystallin binds and sequesters oligomers formed during fibril disaggregation**

In the absence of chaperones, Aβ40 fibrils placed in a buffer solution undergo disaggregation and dissociate to yield monomers and a small fraction of oligomeric species (5, 26). In addition, the oligomers formed during the disaggregation process have been shown to be stabilized as a result of binding to clusterin, potentially in a similar manner to the sequestration of oligomers formed during the aggregation reaction. Given the inability to detect complex formation between Aβ40 oligomers and αB-crystallin during the aggregation process, we sought to examine whether αB-crystallin interacts with the oligomers formed from the disaggregation process by adding the chaperone to a solution containing pre-formed fibrils of Aβ40 labeled with HiLyteFluor488. Again fluorescent labeling of the chaperone did not alter its behavior during the fibril disaggregation studies (see Supporting Figure S3).

In these experiments, αB-crystallin was found to bind directly to the oligomers formed from the disaggregation of Aβ40 fibrils with sufficient stability to resist dissociation upon dilution to the concentrations requisite for single-molecule experiments (Figure 2C). The results suggest that these complexes contained approximately one αB-crystallin molecule per Aβ monomer (see Supporting Figure S4). The addition of αB-crystallin to the solutions containing fibrils also resulted in a 4-5 fold increase in the population of oligomers observable in the disaggregation products of the fibrils (Figure 3A). This increase in the observable oligomer population can be attributed to the stabilization of the oligomeric species relative to the fibrillar and monomeric states by the binding of αB-crystallin, to a similar degree to that observed with clusterin (5). The stabilization can be quantified by changes to the apparent free energies of formation of these oligomers in the presence of both chaperones (Table 1).

The ability to observe persistent complexes between αB-crystallin and Aβ40 oligomers enabled the investigation of their kinetic stability. The oligomer complexes formed between clusterin and Aβ40 oligomers during the disaggregation reaction were observed to have a half-time for dissociation at nanomolar concentrations of  $50 \pm 10$  h (5). The analogous complexes formed between αB-crystallin and the Aβ40 oligomers released during fibril disaggregation persisted for over 30 h, and the half-time for dissociation was measured to be  $17 \pm 2$  h (Figure 3B). The dissociation rate of αB-crystallin from Aβ40 fibrils is therefore significantly faster than that of clusterin although the distribution of sizes of the Aβ40 species bound to αB-crystallin is remarkably similar to that of the species bound to clusterin and to those released in the absence of either chaperone (Figure 3C).

A variety of studies of aggregation reactions, including single-molecule studies of αsynuclein, a protein whose aggregation is associated with Parkinson's disease, has revealed that there are time-dependent changes in the structural properties of the oligomeric species  $(27–29)$ . On the basis of these findings, the apparently greater affinity of  $\alpha$ B-crystallin for oligomeric species formed from the disaggregation of fibrillar species relative to those formed during the aggregation reaction could be attributed to structural differences between the oligomers from the disaggregation reaction and those from the aggregation reaction. In particular, it is likely that oligomers from the disaggregation reaction have a greater β-sheet character and a high level of exposed hydrophobicity, a chemical signature for αB-crystallin

substrates and well-correlated with toxicity in previous studies of similar oligomers (6, 30– 33).

Further analysis of the effects of both of the chaperones on the disaggregation process of Aβ40 fibrils indicates that αB-crystallin binds along the entire fibril surface in a manner similar to that previously observed for clusterin (Figure 3D). We determined a  $K_D$  of 1.2  $\pm$  0.4 μM for the binding of the  $\alpha$ B-crystallin to the fibrils, a value consistent with data from bulk experiments (17). The binding of αB-crystallin to the fibrils also decreases the overall disaggregation rate of the fibril from  $(8.9 \pm 3.3) \times 10^{-5}$  s<sup>-1</sup> to  $(4.6 \pm 1.4) \times 10^{-5}$  s<sup>-1</sup> (Figure 3E, Table 1). We could also define the dissociation rate of the αB-crystallin from the fibrils to be 4.4  $\pm$ 2.7×10<sup>-5</sup>, compared to 9.8  $\pm$  0.9 × 10<sup>-7</sup> s<sup>-1</sup> for clusterin (Table 1). From these data, it seems that αB-crystallin inhibits the disaggregation of Aβ40 fibrils and sequesters any oligomers that are produced during the disaggregation process preventing them from any further dissociation into monomers.

## **Discussion**

In this work we have compared the action of two ATP-independent chaperones, αBcrystallin and clusterin, on a variety of Aβ40 species—monomers, oligomers and fibrils. We find a remarkable number of similarities between the effects of the chaperones, primarily that both molecules inhibit the oligomerization of monomeric peptide molecules, prevent dissociation or further growth of oligomers, and stabilize the oligomers that dissociate from fibrils. The binding of Aβ40 oligomers by these species sequesters them in long-lived complexes and is likely to represent a primary mechanism by which the chaperones prevent oligomer dissociation into monomers and their further growth into fibrils.

The major differences between the actions of αB-crystallin and clusterin on the Aβ40 species involved in the aggregation process are in the magnitude of the effects described above: notably, the αB-crystallin:Aβ40 complexes formed with oligomers from the disaggregation reaction are much more stable than complexes between αB-crystallin and the Aβ40 oligomers formed in the early stages of the aggregation reaction, and therefore are directly observable in the single-molecule experiments. This finding suggests that there is a structural difference between the oligomers formed from the aggregation of monomers and those formed by the disaggregation of fibrils. This can be attributed to their fibrillar origin, as the oligomers that dissociate from the fibrils would possess a more extensive β-sheet structure than those that form from monomers in solution; such a structural difference has been observed for a number of other aggregating proteins in both simulations and experiments (27–29). In contrast to αB-crystallin, clusterin forms stable complexes with oligomers formed throughout the course of the aggregation reaction.

The results also indicate a difference between the two chaperones in their dissociation rate from oligomers formed during the disaggregation of fibrils. In the case of αB-crystallin, these oligomer:chaperone complexes have a half-time of dissociation that is approximately a factor of three shorter than that of the analogous complexes with clusterin and the behavior of the chaperones that interact with the Aβ40 fibrils show similar trends. The dissociation rates of these complexes are all considerably longer than those required for clearance of

chaperone-client-protein complexes which suggests that if the chaperones act to sequester oligomers in a cellular context, this interaction will persist for long enough to permit clearance of potentially toxic species (34).

The differences in the dissociation rates of the complexes of the oligomers with the two chaperones determined *in vitro* can be correlated with the differences in their major cellular locations and the concentration of the two chaperones, in vivo. Clusterin is present at low concentrations (20 to 60 nM) in the cerebrospinal fluid (where  $\overrightarrow{AB}$  is also present at similar endogenous concentrations (19)) whereas αB-crystallin is present at much higher concentrations within cells; indeed, this protein represents up to 2% of the soluble protein in muscle and other cell types  $(20-22)$ . Although A $\beta$  aggregation has been conventionally thought to occur in the extracellular space, observations of damaging effects of intracellular Aβ have been reported (15, 16). There is, therefore, a need for defense mechanisms in both the intracellular and extracellular space to abate the toxic effects of Aβ oligomers. An extracellular chaperone present at relatively low concentrations, as is the case of clusterin, would need to bind with high affinity to  $\text{A}\beta$  oligomers in order to inhibit their interaction with cellular components. In contrast, intracellularly, αB-crystallin is present at much higher concentrations and therefore may not need to bind to these oligomers with such high an affinity to sequester the variety of oligomers present.

In conclusion, the differences between the interactions of αB-crystallin and clusterin with Aβ oligomers are primarily in magnitude rather than in nature. Therefore, it appears that the mechanism of action of the two chaperones is similar despite differences in their primary physiological location (10, 18). As it two chaperones have been found to act in a similar manner to inhibit the aggregation of misfolded globular proteins, it seems that both can act to sequester potentially toxic oligomers, and presumably target them for destruction by the degradative cellular machinery. Just as there may be a generic toxicity of these oligomeric amyloid species towards cellular processes (3), there may be generic protective mechanisms to handle these aberrant oligomeric species. The data presented in this paper therefore suggests the idea that it is when these mechanisms do not function normally, or are overwhelmed, a spectrum of disease states manifest (35, 36).

# **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

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## **Abbreviations**

**AD** Alzheimer's disease



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chaperone to examine changes in  $A\beta$  oligomer<br>distribution

Labeled Aß with labeled chaperone to examine direct association between  $A\beta$  and chaperones

Soluble

fibrils

Dilute to samples from above reactions to 25-50 pM



cTCCD: confocal Two Color Coincidence Detection for detection in solution

**Figure 1. A schematic diagram of aggregation and disaggregation reactions examined by cTCCD.**

This figure is adapted from reference (5).

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#### **Figure 2.** α**B-crystallin and clusterin affect the distributions of A**β**40 species present when added to the aggregation reaction at different times.**

(A) The fraction of oligomers produced over time when monomeric Aβ40 was allowed to aggregate in the absence of chaperones (black) or in the presence of added αB-crystallin or clusterin (red, blue respectively) (600 nM [A $\beta$ 40], N=3). (B) Representative TIRFM images showing the approximate morphology of Aβ40 species present after 24 h of aggregation in the absence or presence of αB-crystallin added 3-4 h after initiation of the reaction. Scale bars are 5 µm. (C) The fraction of Aβ40 oligomers bound by either αB-crystallin or clusterin during the aggregation and disaggregation reactions  $(N=12$  or more for all bars). All error bars are SEM. The data for the aggregation reaction in the absence of chaperones and in the presence of clusterin are reproduced from previous work for comparison (5).

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(A) The oligomer (i) and monomer (ii) concentrations present during disaggregation reactions performed in the presence and absence of chaperones ( $N = 12$ , without  $\alpha$ Bcrystallin,  $N = 8$  with clusterin,  $N = 4$  with  $\alpha B$ -crystallin, error bars are SEM). Differences in monomer concentrations between all samples have P-values < 0.02 and differences in oligomer concentrations in the presence of both chaperones when compared to the absence of chaperones have P-values < 0.008). There is, however, no significant difference between oligomer concentration in the presence of clusterin and  $\alpha$ B-crystallin (P-value 0.11). (B)

The normalized fraction of αB-crystallin–associated Aβ40 oligomers (red) and clusterinassociated Aβ40 oligomers (blue) ( $N = 3$ ) dissociating over time. These oligomers are formed during disaggregation, incubated with chaperones and the resulting complexes are diluted to nanomolar concentrations to observe dissociation. (C) Distribution of the apparent sizes of oligomers formed in the absence of chaperones and found in complexes with chaperones during the disaggregation reactions (disaggregation without chaperones,  $N = 10$ ; disaggregation with clusterin,  $N = 3$ ; disaggregation with  $\alpha$ B-crystallin,  $N = 4$ ). (D) A representative TIRFM image depicting HiLyteFluor-488-labeled Aβ40 fibrils (blue, left) bound with AlexaFluor647-labeled αB-crystallin (red, middle). Scale bar is 5 µm. (E) The variation of the concentration of species (both monomeric and oligomeric) released into solution with time during a disaggregation experiment ( $N=12$ , without chaperones,  $N = 8$ with clusterin,  $N = 4$  with  $\alpha B$ -crystallin, error bars are SEM, fibrils formed form 8  $\mu$ M of monomeric Aβ40). The data for the disaggregation reaction performed in the absence of chaperones and in the presence of clusterin are reproduced from previous work for comparison (5).



## **Table 1 Kinetic and Thermodynamic Data**

Rates were derived from fitting a dissociation function to the plot of all soluble species (monomeric and oligomeric) released with time during disaggregation experiments. All thermodynamic values are free energies of formation (G°) for oligomers of different sizes and were determined from apparent size distributions of the various species. Errors in rate values are SD and in thermodynamic values are SEM. All data on Aβ40 in the absence and presence of clusterin are reproduced from a previous study and presented here for comparison (5).