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Immediate Administration of Intraarticular Triamcinolone Acetonide after Joint Injury Modulates Molecular Outcomes Associated with Early Synovitis

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Abstract

Objective—To test if intraarticular corticosteroid injection mitigates injury-induced synovitis and collagen degradation after anterior cruciate ligament (ACL) transection and characterize the synovial response using a functional genomics approach in a preclinical model of post-traumatic osteoarthritis.

Methods—Yorkshire pigs received untreated unilateral ACL transection (ACLT, n=6) or transection with immediate injection of 20mg triamcinolone acetonide (STEROID, n=6). Total synovial membrane cellularity and synovial fluid concentration of COL-2 3/4C short neopeptide bearing collagen fragments at 14 days post-injury were primary endpoints and compared between ACLT, STEROID and INTACT (n=6 uninjured knees). Cells were differentiated by histological phenotype and counted, while RNA-seq was used to quantify transcriptome-wide gene expression, monocyte, macrophage and lymphocyte markers.

Results—Total cellularity of 13% (95% confidence interval of 9–16) and COL-2 3/4C short levels of 0.24 Kg/ml (0.08–0.39) were determined in INTACT. Significant increases in total cellularity to 21% (16–27) and COL-2 3/4C short to 0.49 Kg/ml (0.39–0.59) were observed in ACLT. Compared to ACLT, total cellularity was non-significantly and COL-2 3/4C short was significantly decreased in STEROID to 17% (15–18, p=0.26) and 0.29 Kg/ml (0.23–0.35). Between ACLT and INTACT, 255 genes were differentially expressed and enriched pathways related to cellular immune response and proteolysis. Mononuclear leukocytes were the dominant

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COMPETING INTEREST AND DATA SHARING

The authors have no competing interests. Transcriptome-wide gene expression data is available at ArrayExpress (E-MTAB-4294).

cell type in cell dense areas. *MARCO*, *SOCS3*, *CCR1*, *IL4R* and *MMP2* expression was significantly associated with COL-2 3/4C short levels.

Conclusions—Early intraarticular immunosuppression mitigated the injury-induced increase of collagen fragments, an outcome better predicted by specific marker expression than histological measures of synovitis.

Keywords

Synovitis; Proteolysis; Osteoarthritis; Corticosteroids; Anterior Cruciate Ligament

INTRODUCTION

Injury to the anterior cruciate ligament (ACL) is clearly linked to the development of post-traumatic osteoarthritis, with radiographic signs of the disease present in 50% or more of the injured knees only 15 years after the injury,[1–4] and a substantially earlier need for joint replacement surgery for patients with a previous ACL tear.[5] It is increasingly recognized that the acute injury to the ACL signals the onset of a molecular stage of the disease process where an early therapeutic intervention could be useful,[6,7] particularly if the molecular processes that are elicited in the joint tissues at the time of injury are known.[8]

The role of the synovial membrane in the development of osteoarthritis has been characterized at later stages of the disease process.[9–11] Synovitis, histologically characterized by increased cellularity (intimal thickness and inflammatory cellular infiltrates) and increased angiogenesis, is associated with clinical symptoms, as well as with the progression of cartilage damage.[9,11] This may be due to the secretion of proinflammatory mediators and catabolic enzymes into the synovial fluid which bathes the intraarticular tissues.[12] The synovial fluid and membrane can be targeted by intraarticular injection of small molecules or biologics. Hence, an improved understanding of the molecular and cellular response of this tissue to knee injury might translate into novel therapeutic strategies of acute knee injuries.

Analyses of human synovial fluid after ACL injury indicate early increases of proinflammatory mediators and catabolic enzymes, changes that have been associated with the extent of cartilage damage.[13–17] Those descriptions triggered clinical studies of intraarticular administration of Interleukin-1 receptor antagonist (Anakinra, NCT00332254), [18,19] and the synthetic glucocorticoid triamcinolone acetonide (Kenalog, AAA-Trial, NCT01692756) on pain, function, and synovial fluid markers of inflammation and cartilage degradation following ACL injury. To date, it has been difficult to obtain synovial tissue for gene expression analyses in clinical trials and subsequently difficult to measure the effect of these agents on the synovial membrane.

The porcine ACL transection model has been previously shown to result in post-traumatic osteoarthritis in a pattern identical to that seen in human patients after an ACL injury.[20] Synovial fluid and tissue can be obtained from the porcine model following surgical ACL injury, while controlling for parameters such as time from injury, previous joint and systemic diseases, sex and age. Targeted analyses demonstrated a pronounced increase in synovial

gene expression of pro-inflammatory cytokines at the first day post-injury followed by increasing levels of protease gene expression, synovial fluid markers of collagen fragments and CD163 expressing synovial macrophages that remained markedly elevated at 14 days post-injury.[21,22] Using this model, we tested the hypothesis that the immediate intraarticular application of triamcinolone acetonide would result in the mitigation of the injury-induced synovitis and subsequent collagen degradation at 14 days after ACL transection. Further, we have utilized the tissue samples generated in this preclinical efficacy trial in combination with a functional genomics approach to characterize the synovial response to injury on a cellular and molecular level with the aim to identify those changes that are strongly associated with the extent of collagen degradation. This strategy appears promising to delineate those processes within the early synovial response to injury that are contributing to the potentially permanent destruction of the collagenous architecture of articular cartilage.

METHODS

Boston Children's Hospital Institutional Animal Care and Use Committee approved this study. 18 adolescent female Yorkshire pigs (E.M. Parsons & Sons Inc., Hadley, MA), aged 83–96 days and weighing 31–37 kg, were randomly assigned to one of three groups: ACL transection (ACLT), ACL transection followed by injection of 20 mg triamcinolone acetonide injection (STEROID), and no surgery (INTACT control; n=6 for all groups). In the ACLT and STEROID groups, the ACL was transected at the junction of the proximal and middle thirds as previously described.[20] No post-operative immobilization was used. Pigs were housed in single cages with ad libitum access to water and were fed three times daily. No adverse event was observed throughout the experiment. After 14 days, the animals were euthanized and synovial fluid was drawn from the joints. Adjacent biopsies of the lateral synovial membrane (distant from the site of the original surgery) were collected, placed into sterile tubes (for RNA extraction) or embedded in optimal cutting temperature medium (OCT; Sakura Finetek, Torrance, CA) (for histology), frozen in liquid nitrogen and stored at –80°C until processed for further analysis.

Histology and cellularity measurements

OCT-embedded synovium was cut at 6 μ m and stained with hematoxylin & eosin (MassHistology, Worcester, MA). Photomicrographs of the entire biopsy (intimal and subintimal tissue) were obtained in a scanning pattern and merged using the Photomerge tool of Adobe Photoshop CS5 Extended Version 12.0.4 (Adobe Systems, San Jose CA, USA). The area ratio occupied by nuclei within the total tissue area of the biopsy was used as a measure of total cellularity throughout the whole biopsy (ImageJ 64-bit version 1.48, National Institutes of Health, Bethesda, MD). Based on the automated measurements the synovial lining and stromal areas representing the highest cellularity of the respective biopsy were selected to manually distinguish cell types. According to their histological morphology, cell types were differentiated into mononuclear leukocytes (MNL), fibroblast-like synoviocytes (FLS) and polymorphonuclear leukocytes (PMNL) by an experienced reader blinded to the group allocation of the samples (MHW). Cell count was normalized on the tissue area and 0.307 mm², subsequently referred to as high power field (HPF). A

semiquantitative synovitis scoring system was used to assess the degree of intimal hyperplasia, stromal cellularity and inflammatory infiltration (each parameter from 0-absent to 3-strong) throughout the biopsy.[23]

Synovial fluid COL-2 3/4C short concentration

Synovial fluid samples were available for all surgical knees and 5 out of 6 of the INTACT group, due to the limited fluid volume in healthy joints. Samples were centrifuged at 3,000 g for 10 min to pellet cells and the supernatant was stored at -80°C . After thawing, fluids were diluted 1:3 in the assay buffer of the COL-2 3/4C short ELISA kit (60-1002-001, IBEX, Montreal, Canada) and then processed according to the manufacturers protocol.

RNA extraction and preparation for sequencing

Total RNA was extracted from the synovial membranes through homogenization, phenol-chloroform separation and on-column purification using the PureLink™ RNA Mini Kit (Life technologies, Carlsbad, CA). RNA samples were treated with DNase I (PureLink™ DNase Set, Life technologies, Carlsbad, CA) and assessed with the 2100 Bioanalyzer (Agilent Technologies, Santa Clara, CA). The samples were then enriched for polyA+ messenger RNA, reverse transcribed with random hexamers, ligated with indexed adapters and amplified with 15 cycles of PCR using the TruSeq RNA Sample Preparation Kit v2 (Illumina, San Diego, CA). Following the removal of primer-dimers with magnetic bead-based purification, samples were pooled and sequenced with 8 libraries per lane on an Illumina HiSeq 2000 machine with 50 basepair paired-end reads (Partners Healthcare, Cambridge, MA).

RNA-seq data analysis

Raw reads were mapped to the pig genome (Susscr3, released Aug. 2011) with RUM.[24] Reads uniquely aligned to the exons of each gene were counted with a custom R script,[25] that utilizes Rsamtools,[26] and GenomicFeatures packages,[27] and used for differential expression analysis with edgeR.[28] Additionally, reads per kilobase of exon model per million mapped reads (RPKM) were calculated. The p-values calculated in the differential expression analysis were corrected for transcriptome-wide testing using a Benjamini and Hochberg approach.[29] As additional measure, p-values had to remain < 0.05 during a leave-one-out cross validation and expression levels had to be > 5 RPKM in at least one of the compared groups to be considered significant.[25] For each of comparison, the differentially expressed genes were used to analyze the enrichment of specific pathways using the process network ontology of the MetaCore bioinformatics suite (Thomson & Reuters, New York City, NY, USA). Pathways were considered as significantly enriched when the adjusted p-values (false discovery rate) were < 0.05 .

Monocyte, macrophage and lymphocyte markers

A specific set of genes including markers of monocytes, macrophages, lymphocytes and their function was analyzed in detail (Table 1). Monocyte surface markers and molecules involved in their trafficking were used as summarized by Shi and Pamer.[30] Commonly used macrophage surface markers as summarized by Murray and Wynn and their proposed

combinatorial marker systems for the phenotyping of activated macrophages were included. [31] Lymphocyte markers included commonly used T-, B- and natural killer cell surface markers. Further, additional marker genes related to macrophage function in inflammation and wound healing as described by Murray and Wynn,[31] including the matrix metalloproteinase encoding *MMP1–MMP15* were assessed (Table 2).

Statistical analysis

Total synovial membrane cellularity and synovial fluid concentration of COL-2 3/4C short neopeptide bearing collagen fragments at 14 days post-injury were the primary endpoints and compared between ACLT, STEROID and INTACT. The significance of differences was determined using a one-way analysis of variance with subsequent Tukey post-hoc test to correct for the comparison of multiple groups. Similarly, the Kruskal-Wallis rank sum test was used for ordinal variables, specifically the synovitis score and its subscales. Adjusted p-values < 0.05 were considered as statistically significant.

The association of histological parameters and marker gene expression levels with the synovial fluid COL-2 3/4C concentration level was determined using linear regression analysis. Only the parameters and markers that were significantly different in at least one comparison of the three groups were included. Associations with $p < 0.05$ were considered as statistically significant. All analyses were performed in R version 3.1.0.

RESULTS

Synovial membrane total cellularity and COL-2 3/4C short fragments

The area occupied by nuclei throughout the synovial membrane biopsy (intima and stroma) increased after ACL transection from 13% (95% confidence interval of 9–16) to 21% (16–27) in INTACT and ACLT, respectively ($p = 0.02$). The mean total cellularity in STEROID and corresponding confidence intervals, were in between ACLT and INTACT mean values at 17% (15–18). However, these differences did not reach statistical significance after correcting for multiple comparisons ($p=0.26$ and 0.40 , respectively; Figure 1A).

The synovial fluid concentration of COL-2 3/4C short collagen fragments doubled after ACL transection from 0.24 Kg/ml (0.08–0.39) to 0.49 Kg/ml (0.39–0.59) in INTACT and ACLT, respectively ($p=0.02$). Compared to ACLT, the COL-2 3/4C short collagen fragment concentrations were significantly reduced to 0.29 Kg/ml (0.23–0.35, $p=0.04$). STEROID was considered similar to the INTACT group ($p=0.78$) (Figure 1A).

The changes in total cellularity only explained a small portion of the variance in COL-2 3/4C short levels ($R^2=0.09$, $p=0.24$). We thus utilized a functional genomics approach to characterize the early synovial response to injury and the association of cellular and molecular processes with the extent of intraarticular collagen degradation.

Transcriptome-wide differential expression and pathway analysis

255 protein-coding transcripts were differentially expressed in the comparison of ACLT with INTACT (Supplementary Table 1), and 33 protein-coding transcripts were differentially expressed in the comparison of STEROID with ACLT (Supplementary Table 2). These genes

mainly enriched pathways related to cellular immune response in both comparisons, while proteolysis and angiogenesis were only enriched in the comparison of ACLT with INTACT (Supplementary Table 3).

Cell type specific changes in synovial membrane cellularity

From each synovial membrane sample, we selected lining and stromal areas that demonstrated the highest measured total cellularity, and counted individual cell types based on their (nuclear) morphology. MNL were more abundant than FLS, and the latter more abundant than PMNL (Figure 2A and B). The number of MNL per HPF was increased from 680 (439–920) in INTACT to 939 (560–1317) in ACLT lining and from 431 (203–660) to 697 (332–1062) in the stroma. However, a considerable variance in MNL count after ACL transection was observed and the increase was thus not considered statistically significant in both regions ($p=0.41$ and $p=0.37$, respectively). Compared to ACLT, the number of MNL per HPF decreased significantly to 379 (217–540, $p=0.03$) in STEROID lining and decreased non-significantly to 380 (224–537) in the stroma ($p=0.25$); values slightly, but not significantly, below INTACT ($p=0.31$, $p=0.96$, respectively). No significant differences were observed in the number of FLS and PMNL per HPF in synovial lining and stroma (Figure 2B; Supplementary Table 4).

Synovial expression of monocyte, macrophage and lymphocyte marker genes

While 11 of 16 monocyte markers (69%) and 15 of 24 macrophage markers (63%) were expressed at a substantial level, defined by >5 RPKM in one or more of the groups, only 1 of 10 lymphocyte markers (10%) was expressed above this threshold (Figure 2C). The transcripts with the highest mean abundances were encoding *ITGAM* (78.6 RPKM) amongst the monocyte markers, *LGALS3* (203.3 RPKM) amongst the macrophage markers and *CD4* (6.8 RPKM) amongst the lymphocyte markers in the ACLT group. In STEROID, *PECAMI1* (68.1 RPKM), *CHI3L1* (279.9 RPKM) and *CD4* (3.1 RPKM) were the most abundant transcripts of the assessed subsets, respectively (Table 1). Amongst the monocyte markers, all of 3 monocyte surface markers (100%), 3 of 8 monocyte chemokine receptors (38%), and all of 5 monocyte adhesion molecules (100%) were substantially expressed. Amongst the macrophage markers, 5 of 6 macrophage surface markers (83%), 3 of 6 markers of M1 activation (50%), 5 of 9 markers of M2 activation (56%) and 2 of 3 context-dependent markers of macrophage activation (67%) were substantially expressed (Table 1).

Further, the differential expression of these markers between groups was investigated. Out of the 50 assessed monocyte, macrophage and lymphocyte marker genes (Table 1), eight were significantly differentially expressed in at least one of the comparisons (all included in Figure 3A). In the comparison of ACLT with INTACT, six of these genes were significantly upregulated in the ACLT group, and none were significantly downregulated. Specifically, the monocyte chemokine receptors, *CX3CR1* and *CCR1*, were upregulated by 5-fold ($p<0.001$) and 3-fold ($p=0.004$) and the macrophage marker *IL4R* was upregulated 4-fold ($p<0.001$).

Further, *MARCO* and *SOCS3*, both markers of an M1 activation state (both 7-fold, $p<0.001$), as well as the M2 activation marker *CHI3L1* (4-fold, $p=0.001$) were upregulated in the ACLT group. In the comparison of STEROID with INTACT, five of these genes were

significantly upregulated in the STEROID group and none were downregulated. Specifically, an upregulation of the monocyte surface marker *CD14* was observed (5-fold, $p < 0.001$), while the macrophage marker *IL4R* was upregulated 5-fold ($p < 0.001$) to a similar level as in ACLT. Further, *CHI3L1* and *CCL24*, two markers of an M2 activation state (8-fold and 5-fold, both $p < 0.001$), and the M1 activation marker *SOCS3* (6-fold, $p < 0.001$) were upregulated in the STEROID group. However, in the direct comparison of STEROID with ACLT, only *CX3CR1* was significantly differentially expressed out of the assessed subset of marker genes (Downregulated to 22% of the post-injury expression levels in STEROID vs. ACLT, $p < 0.001$).

Synovial expression of marker genes related to macrophage function in inflammation and wound healing

Out of the 19 assessed genes that are typically associated with macrophage function in inflammation and wound healing (Table 2), 5 were significantly differentially expressed in at least one of the comparisons (all included in Figure 3A). In the comparison of ACLT with INTACT, 3 of these genes were significantly upregulated and none were downregulated. Specifically, the metalloproteinase encoding *MMP1* (9-fold, $p < 0.001$) and *MMP2* (4-fold, $p < 0.001$), as well as the protease inhibitor *TIMP1* were upregulated (3-fold, $p < 0.001$). In the comparison of STEROID with INTACT, 5 genes of this subset were significantly upregulated, encompassing *MMP1* (7-fold), *MMP2* (4-fold), *MMP3* (4-fold), *MMP8* (5-fold, all $p < 0.001$) and *TIMP1* (3-fold, $p = 0.001$), while none were downregulated. Surprisingly, in the direct comparison of STEROID with ACLT, the metalloproteinase encoding *MMP8* was significantly upregulated by 6-fold in STEROID ($p < 0.001$).

Association of marker gene expression and histological measures with synovial fluid COL-2 3/4C short

Amongst the two histological outcome measures that detected significant differences between the groups, none was significantly associated with the synovial fluid COL-2 3/4C short fragment concentration. Specifically, associations of total cellularity ($R^2 = 0.09$, $p = 0.244$) and number of MNL per HPF of synovial lining ($R^2 = 0.10$, $p = 0.210$) only explained small parts of the variance observed in the fluid fragment levels.

In contrast, amongst the 13 differentially expressed marker genes of monocytes, macrophages and their function, 5 were significantly associated with the synovial fluid COL-2 3/4C short fragment levels (all positively correlated). The strongest associations were observed for *MARCO* ($R^2 = 0.35$, $p = 0.012$) and *SOCS3* ($R^2 = 0.34$, $p = 0.014$), both previously described as markers of an M1 macrophage activation state.[31] Further, the monocyte chemokine receptor *CCR1* ($R^2 = 0.25$, $p = 0.039$), the cytokine receptor *IL4R* ($R^2 = 0.25$, $p = 0.043$) and the metalloproteinase encoding *MMP2* ($R^2 = 0.24$, $p = 0.048$) were also significantly associated with the synovial fluid COL-2 3/4C short levels (Figure 3B).

DISCUSSION

This study demonstrates that early intraarticular therapy with triamcinolone acetonide after joint injury entirely mitigates the injury-induced increase in synovial fluid collagen

fragments in a preclinical model, resulting in values similar to those observed in healthy control animals, although the concomitant mitigating effect on the injury-induced increase in synovial total cellularity was smaller and did not reach the predefined level of statistical significance. As this study was based on the assumption that an early post-injury synovitis contributes to the intraarticular collagen degradation, we investigated the relationship between the total cellularity in the synovial membrane and the collagen fragment levels in the synovial fluid. We found that it only explained a small portion of the variance in COL-2 3/4C short levels ($R^2=0.09$), underlining that an improved understanding of the response to injury is needed.

The synovial response to ACL transection

To better characterize the cellular and molecular processes in the early response of the synovial membrane to injury, we utilized a functional genomics approach. Using RNA-seq, we obtained transcriptome-wide expression data and detected 255 differentially expressed protein-coding transcripts in synovium obtained from untreated ACL transected and healthy joints, and 33 transcripts in synovium obtained from corticosteroid treated and non-treated ACL transected joints. Due to their predominance amongst all transcriptome-wide changes, we further investigated pathways related to the cellular immune response and proteolysis, pathways that appear upstream of our measured primary outcomes. Using standard histology, we found MNL as the predominant cell type in synovial areas of high cellularity and further analyzed specific sets of genes (Table 1 and 2) to distinguish between cells that share this nuclear morphology. We detected that 69% and 63% of our monocyte and macrophage markers were expressed at a substantial level, defined by > 5 RPKM in one or more of the groups, while only 10% of lymphocyte markers were expressed above this threshold (corresponding to one marker, *CD4*). Combined with the differential expression observed after untreated ACL transection in these gene sets, we propose that the early synovial response to injury induces an M1 macrophage-driven synovitis. This process includes an increased trafficking and migration of monocytes into the synovial membrane (upregulated chemokine receptors *CX3CR1* and *CCR1*, both previously described to be involved in monocyte trafficking),[30] resulting in an increased presence of macrophages (upregulated cytokine receptor *IL4R*, previously described to be expressed by macrophages) predominantly in the M1 activation state (upregulated M1 activation markers *MARCO* and *SOCS3*).[31] Further, the protease expression (upregulated *MMP1* and *MMP2*) indicate a pro-inflammatory function of macrophages. Simultaneously, the increased expression of one M2 activation marker (upregulated *CHI3L1*) and metalloproteinase inhibitor (upregulated *TIMP1*) suggests an initiation of a regulatory function in some of the present macrophages. Previous reports using a dog ACL transection model of post-traumatic osteoarthritis demonstrated definite MNL infiltration that remained constant throughout 3, 5 and 54 months post-injury, while no infiltration by PMNL was observed.[32,33] In combination with our findings, this suggests that mononuclear infiltration of the synovium is a process that is initiated very early after injury and remains present throughout the entire development of post-traumatic osteoarthritis. Although the role of macrophages in osteoarthritis is only sparsely described, some reports suggest a causal role of macrophages in various features of osteoarthritis, such as osteophyte development and extracellular matrix catabolism.[34, 35, 36] Thus, the migration and activation of macrophages in the synovial membrane might

contribute to the pathogenesis of post-traumatic osteoarthritis. As it is an early feature of the porcine ACL transection model, it appears as a suitable model to further study this phenomenon and the effect of immunosuppressive therapies.

The effect of triamcinolone on synovitis

In response to triamcinolone, the number of MNL per HPF of synovial lining and the expression of the monocyte chemokine receptor *CX3CR1* was significantly reduced compared to the untreated ACL transection. However, the observed effect on the number of MNL in the synovial stroma and the total cellularity (measured throughout the whole biopsy) was smaller and did not reach the level of statistical significance. Further the general macrophage marker *IL4R* was unaffected, suggesting that there were no substantial changes in the abundance of macrophages. However, markers for the activation state of macrophages were modulated to some degree. In later stage OA, synovial macrophages express markers indicative of both M1 (CD86, Tumor necrosis factor-alpha, inducible nitric oxide synthase) and M2 (CD206, Interleukin-10 and Transforming growth factor-beta) activation.[37,38] In general, it is thought that M1 macrophages perpetuate inflammation and proteolysis and that M2 macrophages have anti-inflammatory function and regulate wound healing.[31] Thus, a conversion from M1 to M2 macrophages may move the synovium towards an anti-inflammatory function. Here we observed that, in comparison to the healthy samples, two M1 macrophage markers were upregulated in the untreated ACL transection group (*SOCS3* and *MARCO*), while only *SOCS3* was significantly upregulated after corticosteroid treatment. Further, only one M2 macrophage marker (*CHI3L1*) was significantly upregulated in the untreated ACL transection groups, while two (*CHI3L1* and *CCL24*) were significantly upregulated after corticosteroid treatment. However, the observed differences were not statistically significant in the direct comparison of corticosteroid treated with untreated ACL transection, and thus require further study.

The effect of triamcinolone on collagen degradation and structural progression

In response to triamcinolone, the level of synovial fluid COL-2 3/4C short fragments was significantly reduced at 14 days post-injury. While this experiment was designed to evaluate the early effects of an immediate post-injury corticosteroid injection, previous studies analyzed the effect of a long-term systemic administration of corticosteroid on the structural progression of post-traumatic osteoarthritis. While high doses of oral prednisone (0.3 mg/kg/day) protected against the development of osteophytes and cartilage lesions after ACL transection in dogs, lower doses (0.1 mg/kg/day) administered throughout 12 weeks post-injury did not modulate synovial inflammation or protect against structural progression. [39,40] Similar to high dose oral prednisone, the intraarticular injection of 5 mg triamcinolone hexacetonide immediately and 4 weeks post-injury protected against structural post-traumatic osteoarthritis in the Pond-Nuki model at 8 weeks.[39] In summary of these preclinical experiments, corticosteroids appear to prevent degradation of cartilage extracellular matrix (measured directly or by associated synovial fluid biomarkers) after surgical injury to the joint capsule and anterior cruciate ligament, if a sufficient local dose is achieved. We expected that this effect is mediated by a reduced synovial expression of proteases and assessed *MMP1-MMP15* and other markers of macrophage function in inflammation and wound healing (Table 2). Unexpectedly, the corticosteroid treatment did

not reduce the injury induced expression of *MMP1* and *MMP2*, but further increased protease expression including a significant upregulation of *MMP8* in comparison to the untreated ACL transection group. Thus, the observed changes in synovial membrane protease expression do not intuitively explain the changes in synovial fluid collagen fragment levels.

The association of cellular and molecular outcomes with collagen degradation

To identify cellular and molecular changes that are strongly associated with the extent of collagen degradation in this early post-injury stage, we performed linear regression analysis to detect the association between the assessed histological outcomes and marker gene expression levels with the synovial fluid COL-2 3/4C short concentration, and found that the expression of *MARCO*, *SOCS3*, *CCR1*, *IL4R* and *MMP2* were significantly positively associated with the fragment level. Further, the expression of these marker genes ($R^2=0.35-0.24$) better predicted the synovial fluid fragment concentration than histological measures of cellularity ($R^2=0.10-0.09$). This strategy appears promising to delineate those processes within the early synovial response to injury that are associated with and could possibly contribute to the permanent destruction of the collagenous architecture of articular cartilage. It would be expected that some of these genes have previously been described to be implicated in osteoarthritis, and indeed those reports exist for *MMP2*,[42, 43] *CCR1*,[44] and *IL4R*. [45] *MMP2* expression levels in human synovial membranes were associated with the clinical stage of osteoarthritis,[41] and upregulated after destabilization of the medial meniscus in mice.[42] *CCR1* is abundantly expressed in synovial membranes of patients with osteoarthritis,[43] and was previously described to be involved in the recruitment of monocytes into inflamed tissues.[30] *IL4R* encodes Interleukin-4 receptor subunit alpha [IL-4RA], which is further cleaved into soluble IL-4RA. Soluble IL-4RA is present in elevated concentrations in the serum of knee osteoarthritis patients.[44] Interestingly, the 5 genes significantly associated with the synovial fluid level of cartilage fragments included one chemokine receptor involved in monocyte recruitment (*CCR1*),[30] one cytokine receptor of general macrophages (*IL4R*) and two markers of an M1 macrophage activation state (*MARCO*, *SOCS3*).[31] We further report that the respective genes were increasingly expressed in the synovial membrane in response to joint injury. However, it is yet unclear whether the identified genes have a causal role in osteoarthritis.

In conclusion, the immediate intraarticular corticosteroid administration mitigated the injury-induced increase of synovial fluid COL2 3/4C short levels in a preclinical model. Amongst cellular and molecular measures related to synovitis, markers of monocyte recruitment and M1 macrophage activation were significantly associated with the collagen fragment levels and were more predictive than histological measures of synovial cellularity.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgments

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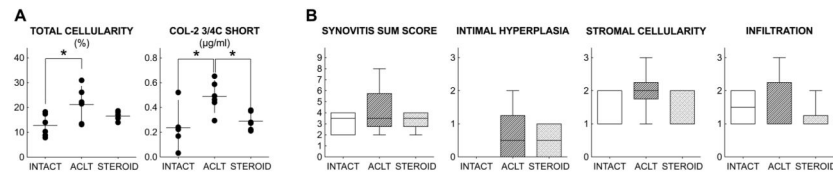


Figure 1.

(A) Effects of ACL transection and intraarticular triamcinolone administration on synovial membrane total cellularity and synovial fluid COL-2 3/4C short concentration. Dots represent individual samples, horizontal lines group means, and vertical bars 95% confidence intervals. Total cellularity and COL-2 3/4C short levels were significantly increased after untreated ACL transection. Corticosteroid injection mitigated the injury-induced increase in COL-2 3/4C short fragment levels. (B) Synovitis sum score and subscores. Subscores range from 0-absent to 3-strong. Horizontal lines depict medians, boxes 25th–75th percentiles and whiskers ranges. Significant group differences (adjusted $p < 0.05$) are indicated by *.

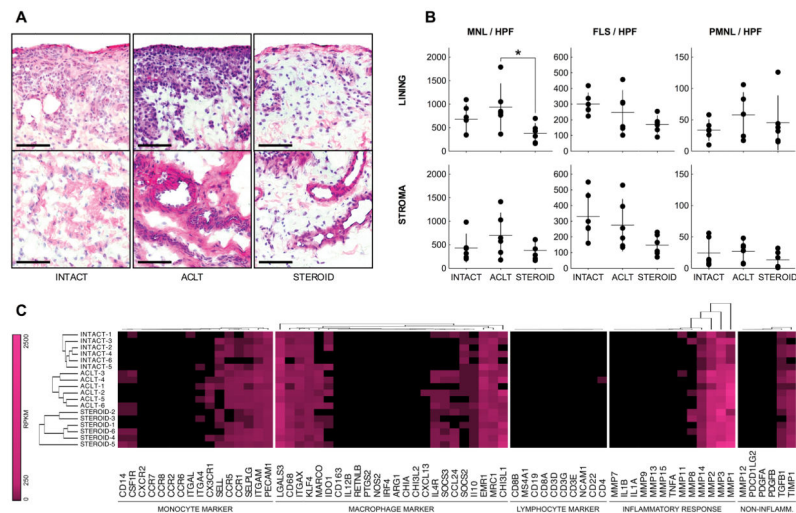


Figure 2.

Cell type specific changes in synovial membrane biopsies. **(A)** Using a hematoxylin-eosin stained section of each biopsy, synovial lining and stromal areas with the highest total cellularity were identified and used to manually count the number of mononuclear leukocytes [MNL], fibroblast-like synoviocytes [FLS] and polymorphonuclear leukocytes [PMNL]. Photomicrographs correspond to the median MNL count per high power field [MNL / HPF] for each group. Bars represent 100 Km. MNL were more abundant than FLS and the latter were more abundant than PMNL in synovial areas of high cellularity. **(B)** Number of MNL, FLS or PMNL per HPF. Dots represent individual samples, horizontal lines group means, and vertical bars 95% confidence intervals. Significant group differences (adjusted $p < 0.05$) are indicated by *. **(C)** Gene expression profiles of synovial membrane biopsies. Abundance of transcripts encoding markers of monocytes, macrophages, lymphocytes and their function is encoded by color using a logarithmic scale. Black indicates absence of detectable expression, pink corresponds to 2500 reads per kilobase of exon model per million mapped reads [RPKM]. Of note, lymphocyte marker gene expression is almost absent, indicating that monocytes and macrophages are the predominant MNLs in homeostatic and post-injury synovial membrane biopsies.

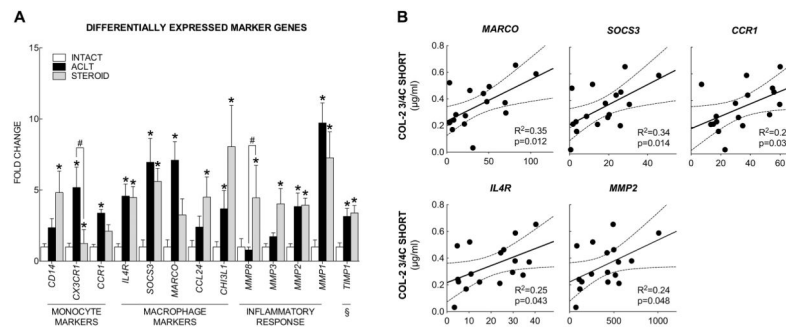


Figure 3.

Synovial marker gene expression and association with COL-2 3/4C short levels. **(A)** Amongst the assessed set of 69 markers of monocytes, macrophages, lymphocytes and their function 13 were differentially expressed in at least one comparison of the three groups. ACL transection induced an upregulation of monocyte (*CX3CR1*, *CCR1*) and macrophage surface receptors (*IL4R*), M1 (*SOCS3* and *MARCO*) and M2 (*CHI3L1*) macrophage markers, as well as proteases (*MMP1*, *MMP2*) and a protease inhibitor (*TIMP1*) when compared to uninjured controls, indicated by *. Corticosteroid administration resulted in significant downregulation of *CX3CR1* and significant upregulation of *MMP8* when compared to untreated ACL transection, indicated by #. Bars represent mean fold-changes relative to intact controls, error bars indicate standard errors of the means. **(B)** Amongst these genes, *MARCO*, *SOCS3*, *CCR1*, *IL4R* and *MMP2* were significantly associated with the synovial fluid concentration of COL-2 3/4C short fragment levels. X-axis depicts the reads per kilobase of exon model per million mapped reads [RPKM], dotted lines depict 95% confidence intervals of regressed lines.

Table 1

Synovial expression of monocyte, macrophage and lymphocyte marker genes

Marker type	Gene symbol	Protein	INTACT mean RPKM	ACTL	STERIOD
Monocyte surface	<i>ITGAM</i>	CD11b or Integrin alpha-M	41.6	78.6	56.9
	<i>CSF1R</i>	CD115 or Macrophage colony-stimulating factor 1 receptor	5.6	10.7	13.9
	<i>CD14</i>	CD14, Monocyte differentiation antigen CD14	4.0	9.5	19.4 *
	<i>CCR1</i>	CCR-1, C-C chemokine receptor type 1	14.8	49.9 *	31.1
Monocyte chemokine receptors	<i>CCR5</i>	CCR-5, C-C chemokine receptor type 5	25.8	39.3	24.3
	<i>CX3CR1</i>	CX3CR1, CX3C chemokine receptor 1	4.6	23.7 *	5.7 #
	<i>CCR6</i>	CCR-6, C-C chemokine receptor type 6	0.6	1.1	1.5
	<i>CCR2</i>	CCR-2, C-C chemokine receptor type 2	0.5	1.1	1.3
	<i>CCR8</i>	CCR-8, C-C chemokine receptor type 8	0.2	0.1	0.1
	<i>CCR7</i>	CCR-7, C-C chemokine receptor type 7	0.1	0.1	0.1
	-	Pig <i>CXCR2</i> orthologue (ENSSSCG00000016183)	0.1	0.0	1.0
Monocyte adhesion molecules	<i>PECAMI</i>	Platelet endothelial cell adhesion molecule	77.2	74.9	68.1
	<i>SEPLG</i>	PSGL-1, P-selectin glycoprotein ligand 1	17.0	48.3	44.1
	<i>SELL</i>	L-Selectin	27.0	14.5	18.5
	<i>ITGA4</i>	Integrin alpha-4 or VLA-4 subunit alpha	6.4	9.5	6.8
	<i>ITGAL</i>	LFA1-1A or Integrin alpha-L	4.6	5.2	3.9
	<i>LGALS3</i>	MAC2 or Galectin-3	183.4	203.3	247.6
Macrophage surface	<i>EMRI</i>	F4/80 or Adhesion G protein-coupled receptor EI	116.2	147.1	119.8
	<i>ITGAX</i>	CD11c or Integrin alpha-X	57.0	71.7	41.2
	<i>CD68</i>	Macrosialin	42.0	66.7	113.7
	<i>IL4R</i>	IL4-RA, Interleukin-4 receptor subunit alpha	5.7	26.0 *	25.4 *
	<i>CD163</i>	CD163 or Scavenger receptor cysteine-rich type 1 protein M130	0.0	0.0	0.0
	<i>MARCO</i>	Macrophage receptor MARCO	8.9	63.4 *	29.0
Macrophage M1 activation	<i>IDO1</i>	IDO-1, Indoleamine 2,3-dioxygenase 1	36.1	25.2	11.5
	<i>SOCS3</i>	SOCS-3, Suppressor of cytokine signaling 3	3.5	24.3 *	19.5 *
	<i>NOS2</i>	iNOS or Nitric oxide synthase, inducible	0.6	0.6	0.4

Marker type	Gene symbol	Protein	INTACT mean RPKM	ACLT	STERIOD
	<i>PTGS2</i>	COX-2 or Prostaglandin G/H synthase 2	0.6	0.5	0.5
	<i>IL12B</i>	IL-12B, Interleukin-12 subunit beta	0.0	0.0	0.0
	<i>CHIT3L1</i>	Chitinase-3-like protein 1	34.7	127.9 *	279.9 *
	<i>KLF4</i>	Kruppel-like factor 4	52.7	41.4	45.0
	<i>CCL24</i>	C-C motif chemokine 24	7.0	16.7	31.4 *
	<i>SOC32</i>	SOC3-2, Suppressor of cytokine signaling 2	23.9	13.1	11.4
Macrophage M2 activation	<i>CXCL13</i>	C-X-C motif chemokine 13	3.6	6.0	1.6
	<i>CHIT3L2</i>	Chitinase-3-like protein 2	1.6	1.4	2.5
	<i>CHIA</i>	AMCase, Acidic mammalian chitinase	1.5	1.3	1.1
	<i>IRF4</i>	Interferon regulatory factor 4	0.3	0.6	0.7
	<i>RETNLB</i>	Resistin-like beta, pig <i>Retnla</i> orthologue	0.1	0.0	0.0
	<i>MRC1</i>	Macrophage mannose receptor 1	103.3	78.8	119.2
Macrophage context- dependent	<i>IL10</i>	IL-10, Interleukin-10	8.7	15.0	16.8
	<i>ARG1</i>	Arginase-1	0.0	0.3	1.6
	<i>CD4</i>	CD4, T-cell surface glycoprotein CD4	5.4	6.8	3.1
	<i>CD22</i>	CD22, B-cell receptor CD22	1.5	1.8	1.2
	<i>NCAM1</i>	CD56 or Neural cell adhesion molecule 1	2.8	1.6	0.9
	<i>CD3E</i>	CD3e, T-cell surface glycoprotein CD3 epsilon chain	1.0	0.8	0.4
	<i>CD3G</i>	CD3g, T-cell surface glycoprotein CD3 gamma chain	1.2	0.7	0.4
Lymphocyte surface	<i>CD3D</i>	CD3d, T-cell surface glycoprotein CD3 delta chain	0.7	0.7	0.3
	<i>CD8A</i>	CD8a, T-cell surface glycoprotein CD8 alpha chain	0.5	0.5	0.2
	<i>CD8B</i>	CD8b, T-cell surface glycoprotein CD8 beta chain	0.1	0.1	0.1
	<i>CD19</i>	CD19, B-lymphocyte antigen CD19	0.2	0.1	0.1
	<i>MS4A1</i>	CD20, B-lymphocyte antigen CD20	0.1	0.1	0.0

* Significantly differentially expressed to INTACT

Significantly differentially expressed between ACLT and STERIOD

Table 2
Synovial expression of marker genes related to macrophage function in inflammation and wound healing

Marker type	Gene symbol	Protein	INTACT mean RPKM	ACLT	STERIOD
	<i>MMP1</i>	MMP-1 or Interstitial collagenase	149.5	1452.9 *	1086.7 *
	<i>MMP2</i>	MMP-2 or 72 kDa type IV collagenase	127.3	488.8 *	501.4 *
	<i>MMP3</i>	MMP-3 or Stromelysin-1	264.8	457.3	1068.3 *
	<i>MMP7</i>	MMP-7 or Matrilysin	0.6	0.4	0.3
	<i>MMP8</i>	MMP-8 or Neutrophil collagenase	8.4	6.6	37.2 *, §
	<i>MMP9</i>	MMP-9, Matrix metalloproteinase-9	0.0	0.4	0.3
Inflammatory response	<i>MMP11</i>	MMP-11 or Stromelysin-3	5.1	5.7	5.5
	<i>MMP13</i>	MMP-13 or Collagenase 3	0.1	0.6	0.2
	<i>MMP14</i>	MT1-MMP or Matrix metalloproteinase-14	24.5	60.1	62.2
	<i>MMP15</i>	MT2-MMP or Matrix metalloproteinase-15	0.5	1.0	0.5
	<i>TNFA</i>	TNF-alpha, Tumor necrosis factor	0.7	1.4	1.3
	<i>IL1A</i>	IL-1 alpha, Interleukin-1 alpha	1.0	0.8	0.5
	<i>IL1B</i>	IL-1 beta, Interleukin-1 beta	0.7	0.5	0.4
	<i>TIMP1</i>	TIMP-1, Metalloproteinase inhibitor 1	28.1	88.2 *	95.1 *
	<i>TGFB1</i>	TGF-beta-1, Transforming growth factor beta-1	18.7	26.7	17.4
Wound healing and fibrosis	<i>PDGFB</i>	PDGF subunit B, Platelet-derived growth factor subunit B	1.2	3.1	2.8
	<i>PDGFA</i>	PDGF subunit A, Platelet-derived growth factor subunit A	0.6	1.0	1.2
	<i>PDCD1LG2</i>	PD-12, Programmed cell death 1 ligand 2	0.4	0.2	0.2
	<i>MMP12</i>	MMP-12, Macrophage metalloelastase	0.0	0.0	0.2

* Significantly differentially expressed to INTACT

§ Significantly differentially expressed between ACLT and STERIOD