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BMJ Open Socioeconomic disparities in coverage of full immunisation among children of adolescent mothers in India, 1990-2006: a repeated cross-sectional analysis

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ABSTRACT

Objective: Studies have highlighted that children of adolescent (aged 15-19 years) mothers are likely to receive relatively poor healthcare. With an unacceptably high adolescent birth rate. India houses the highest number of adolescent mothers globally, putting children at risk of inadequate vaccination. This paper assesses trends and extent of socioeconomic disparities in the coverage of full immunisation among children of adolescent mothers in India.

Design: Repeated cross-sectional analytical study. Data sources: 3 consecutive rounds of the National Family Health Survey (NFHS) conducted during 1992-1993, 1998-1999 and 2005-2006 were used. Besides, the required information is also extracted from the 2011 Indian Census.

Participants: Children (aged 12-23 months) of adolescent (aged 15-19 years) mothers. Sample inclusion criteria involved the last child of the adolescent eligible to avail full immunisation.

Setting: Nationally representative sample.

Data analysis: The Cochran-Armitage test, χ^2 test and binary logistic regression methods were applied to attain the study objective.

Results: Between 1990 and 2006, a non-significant increase of 4 percentage points in full immunisation of children of adolescent mothers was estimated. During the same period, a large difference between the probability of children of adolescent mothers receiving full immunisation belonging to the least (predicted probability (PP): 0.196 in 1990-1993, and PP: 0.213 in 2003-2006) and the most (PP: 0.589 in 1990-1993, and PP: 0.645 in 2003-2006) socioeconomically privileged group was estimated, and this disparity persisted over the survey period.

Conclusions: During 1990-2006, an insufficient improvement in provision of full immunisation to children born to adolescent mothers was recorded. The study underscored the suboptimum immunisation of rural, illiterate and poor children of adolescent women. The programme and policymakers could focus on district-wise concentration of adolescent women, especially those belonging to the underprivileged groups, to design a targeted intervention to elevate the level of immunisation of children of adolescent mothers.

Strengths and limitations of this study

- This study draws attention to an important challenge in the ongoing efforts to improve reproductive and child healthcare services for adolescent mothers in India.
- Use of repeated cross-sectional surveys allows this study to assess the progress in coverage, and disparities in full immunisation across socioeconomic groups over one and half decades. However, unlike longitudinal surveys, this study provides its results based on the proportionate representation of select socioeconomic groups at different time periods.
- In the absence of relevant recent data, this study has limited its analysis to the period 2003-2006. However, the findings of this study would have long-term relevance, as it focuses on socioeconomic disparities, which have persistent influence in the behavioural aspects of healthcare services utilisation.
- This study mainly focuses on highlighting the plight of the children of adolescent mothers webbed into the interaction of the lowest categories of select socioeconomic parameters, and who could not be ignored as they represented more than a quarter of all children of adolescent mothers in India.
- On the technical front, this study acknowledges other important limitations such as the survey samples might not provide exact representation of each age-group of women across different socioeconomic groups. This could further be affected by specific selection of the child population in this study, and the recall errors of mothers (respondents of the survey).

INTRODUCTION

In 2011, nearly 22.4 million children globally were partially vaccinated at 12 months of age and remained at risk for vaccine-preventable morbidity and mortality. More than half of these incompletely vaccinated children were reported to be residing in three countries: India (32%), Nigeria (14%) and Indonesia

(7%). Immunisation with recommended vaccines at an early age for children is considered an essential component to reducing under-five mortality^{2–4} and childhood undernutrition.⁵ India continues to be one of the highest contributors of underweight children⁶ and under-five mortality. Between 2004 and 2008, vaccinepreventable deaths in India were attributed to diphtheria (2000 deaths), tetanus (13 000 deaths), pertussis (86 000 deaths), measles (81 275 deaths), hepatitis B (37 000 deaths), rotavirus (between 122 000–153 000 deaths) and pneumonia (371 605 deaths).⁸ Of the estimated 20.1 million infants who did not receive the first dose of measles-containing vaccine (MCV1) in 2011, 6.7 million (33%) were reported in India. 10 Notwithstanding, India has experienced a substantial reduction in estimated measles mortality during 2000-2011 and has achieved a milestone with its exclusion from the list of polio-endemic countries by the WHO in February 2012. Despite such limited achievements, around half of the children aged 12-23 months in India are devoid of access to all recommended vaccinations (based on a 2007-2008 nationally representative household survey). 12

Realising the major setback in immunisation programmes, the current government has launched Mission *Indradhanush* in December 2014 as a special drive to vaccinate all unvaccinated and partially vaccinated children by 2020 under the Universal Immunisation Programme. ¹³ In line with this government initiative, this study aims to draw attention towards a very important section of the population, that is, newborn children of adolescent mothers. With the spotlight turning to issues of adolescent pregnancy and their reproductive and child healthcare, ¹⁴ the assessment of myriad socioeconomic and public health concerns related to adolescent mothers becomes an obligation for the research fraternity to contribute to this issue and enrich the public health literature.

Why children of adolescent mothers?

According to the 2011 Indian Census, more than 5 million children were born to adolescent mothers (aged 15-19) in India, probably the largest number of such births in South Asia. The implications for children of adolescents in this region are particularly serious, as 22 of the 100 girls in South Asia give birth by age 18, and 4 of these girls are 15 or younger. 14 Unlike the children of older/physically matured women, the children born to adolescents are more prone to nutritional difficulties because of prematurity, undernutrition, inexperience and other medical complications faced by their mothers. The inadequate reproductive experience among adolescent mothers is also liable to be reflected in the postnatal care for their newborns. Separate estimates on access to full immunisation among children of adolescent mothers are limited; however, a few studies have shown that children of adolescent mothers (aged 15-19 years) often remain unvaccinated or partially

vaccinated. $^{19-21}$ In the Indian context, Singh *et al*²² have assessed the access of full immunisation among children of adolescent mothers (aged 15–19) and examined associated factors. However, this study²² being limited to one survey period is not able to provide the progress in full immunisation among children of adolescent mothers and across different population groups.

Building on the existing literature and using three rounds of nationally representative data, the present study extends an assessment of full immunisation patterns and the extent of socioeconomic disparities among children of adolescents in India over time. It also elucidates the extent of disparity between the two extreme ends of the socioeconomic spectrum in rural and urban areas. The term socioeconomic spectrum is frequently used throughout this paper to refer to the interaction of select socioeconomic indicators such as education of mothers, social group or caste, place of residence and wealth quintile. Being at the disadvantageous end of these socioeconomic indicators (eg. being illiterate, belonging to a deprived social group or caste and in the lowest wealth quintile) is referred to as the least favoured group, while possessing the most advantageous mix of these indicators corresponds to the most favoured group.

Socioeconomic disparity and child healthcare

Three broad policy approaches to reducing health inequities can be identified as: (a) improving the health of the population belonging to the low socioeconomic position (SEP) groups through targeted programmes; (b) closing the health gaps between those in the poorest social circumstances and better off groups; and (c) addressing the entire health gradient, that is, the association between SEP and health across the whole population.²³ In observing the ultimate impact of social processes on health equity, it is found that the structural factors associated with the key components of SEP are at the root of health inequities at the population level. This relationship is confirmed by a substantial body of evidence.^{24–29}

In the Indian context, although health outcomes have improved with time, they continue to be strongly determined by factors such as gender, social or ethnic groups (caste), wealth, education and geography. The several contexts, socioeconomic inequalities in health appear to be widening rather than narrowing. In India, particularly young, poverty-affected women in rural areas are more vulnerable. The Among various social factors, the level of maternal education is one of the key determinants of utilisation of healthcare services by their children. Mothers' education leads to better human, social and cultural capitals that then help increase immunisation rates for their children. Similarly, studies in India have long emphasised the relationship between maternal education, decision-making autonomy and greater utilisation of health services.

Fathers' education is also regarded to be influential in regulating children's morbidity and mortality,⁶⁰ and in

providing their children better healthcare services including immunisation. ⁶¹ Although studies have found mother's education more influential in children's health status, father's education acts as an important passive determinant of child healthcare status. There is evidence that the benefits of education of any member in the household may accrue to all. ⁶²

Another form of disparity in health outcomes or healthcare in India is in the inequities across different social groups or castes. Caste in India continues to represent social stratification, and is categorised in specific groups that are routinely used for population-based monitoring. These social groups are: Scheduled Castes (SC), Scheduled Tribes (ST), Other Backward Class (OBC), and other caste; the ST (8%) and SC (16%) are considered to be the most socially disadvantaged groups in India.⁶³ The elimination of caste-based discriminatory practices and resulting socioeconomic inequalities has long been in the agenda of the Indian constitution, political insurgency and policies and programmes. However, caste-related disparities in some health aspects appear to remain high and show no signs of abating in parts of the country, ⁶⁴ while in a few health indicators, the absolute inequalities between caste groups have been observed increasing with time. 65-67 Thus population-based studies (such as provision of basic amenities and services) in India recognise the caste/social group as an important socioeconomic indicator. 31 39 68–70

To some extent, such social stratification of Indian society also corresponds to the class ranking based on economic positions. A large number of studies have reported that society in India is becoming progressively unequal in terms of income distribution. The economic inequality has increased along several dimensions at the national level, between states, within states, within rural areas, within urban areas and between rural and urban areas.⁷¹ ^{75–77} Several recent studies have underscored the significant relationship between household economic status and child health in terms of mortality,⁷⁸ morbidity, undernutrition³⁴ ^{79–82} and utilisation of health services.⁸³ ⁸⁴ The National Family Health Survey-3 (NFHS-3, 2005-2006) estimated that children (12-23 months old) in the wealthiest quintile were three times as likely as those in the poorest wealth quintile to receive all basic childhood vaccinations. 65 85 This could be linked to the non-affordability of maternal and child healthcare among poorer households.⁸⁶

Moreover, there is notable urban bias in public spending on healthcare and a known rural disadvantage in access to healthcare in India. Several studies in the Indian context have shown that rural inhabitants consistently reported being at a disadvantage in terms of service delivery. However, the immunisation coverage in urban India, although higher than in rural India, is also not universal. In many cases, the health of the urban poor is found to be worse than that of the rest of the urban population, and health conditions are often comparable to those of rural areas.

All of the above major socioeconomic characteristics of the population are also supposed to influence each other in a way that the various endowed positive or negative characteristics would be compounded for the respective population, and widen the inequity in health-care services. This study highlights such disparities in access to immunisation services resulting from the predisposed interaction of the pertinent SEPs of the adolescent women.

METHODS Study design

The empirical and validated responses to satisfy the predisposed inquires in this study were established following an analytical framework based on the information available in the public domain. The required information was retrieved from three repeated cross-sectional surveys and a trend analysis was performed along with appropriate statistical models.

Data

This study is based on three rounds of NFHS data, which were collected during 1992-1993 (NFHS-1), 1998-1999 (NFHS-2), and 2005-2006 (NFHS-3) in India. 65-67 NFHS is a standard cross-sectional large-scale survey in India, which provides nationally representative estimates on issues related to family welfare, maternal and child healthcare and nutrition at regular intervals. These surveys use a multistage cluster sampling design, and estimates can be compared by the sampling design. In NFHS-1, the information was collected from women for the previous three births in the 4 years preceding the survey date. Similarly, information was collected for the previous two births in the 3 years preceding the date of NFHS-2 (1998–1999). However, in NFHS-3 (2005–2006), information on antenatal care received by the women was collected only for the previous birth and information on assistance during delivery and immunisation for the previous three births in the 5 years preceding the date of the survey was collected. The individual response was 96.1% in NFHS-1, 95.5% in NFHS-2 and 94.5% in NFHS-3. The details of the sampling weights as well as extensive information on survey design, data collection and management procedures are described in the NFHS reports of the respective rounds. 65-67 This study has also used aggregate data from the 2011 Indian Census.

Study sample

Considering the inconsistencies in the information collected across the three surveys, the study sample (ie, children aged 12–23 months who were liable to be immunised) was limited to information for the previous birth to adolescent mothers in the 3 years preceding the date of survey. The sample criteria included 4665 (NFHS-I), 4465 (NFHS-II) and 3034 (NFHS-III) samples in the study from the three rounds of the survey. The proportion of adolescent mothers (whose children were

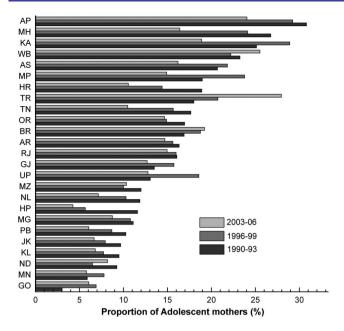


Figure 1 Proportion of adolescent mothers (whose children were included in the sample) out of all mothers in reproductive age by survey periods across states of India. AP, Andhra Pradesh; AR, Arunachal Pradesh; AS, Assam; BR, Bihar; GO, Goa; GJ, Gujarat; HR, Haryana; HP, Himachal Pradesh; JK, Jammu and Kashmir; KA, Karnataka; KL, Kerala; MG, Meghalaya; MH, Maharashtra; MN, Manipur; MP, Madhya Pradesh; MZ, Mizoram; ND, New Delhi; NL, Nagaland; OR, Orissa; PB, Punjab; RJ, Rajasthan; TN, Tamil Nadu; TR, Tripura; UP, Uttar Pradesh; WB, West Bengal.

included in the analysis) out of all mothers of reproductive age in states of India is presented in figure 1. The final analytic sample representing children of adolescent mothers in the 3 years preceding the date of the respective surveys by selected background variables is reported in online supplementary table S1. Data for the state of Sikkim were missing in NFHS-1, therefore in order to retain consistency samples from Sikkim in successive surveys were excluded. Appropriate sample weights as recommended by the NFHS data set were used in the analysis.

Outcome measures

'Adolescence' in this study refers to teenage motherhood, and the adolescent woman/mother is defined as an ever-married woman who has had the experience of childbirth in her teens (age 15–19) during the 3 years preceding the date of the respective surveys. The full immunisation of children (age 12–23 months) of adolescent mothers was assessed during the three successive survey periods stretching across one and half decades. According to the guidelines developed by the WHO (1998), children aged 12–23 months who received one dose each of Bacillus Calmette–Guérin (BCG) and measles, and three doses each of diphtheria, pertussis and tetanus (DPT) and polio vaccine, were defined as being fully immunised. The recommended immunisation schedule for children by age is presented in table 1.

Predictor variables

The key socioeconomic predictors of interest that have prolific scope and influence in government policies and programmes include education of women/mothers and their husbands, social group, type of residence and household economic status. The selection of these variables is based on persistent factors of socioeconomic deprivation 96-98 as well as previous studies on adolescent maternity care.²² A woman's educational indicator was constructed based on information related to attainment of a particular level of education. This was categorised as: illiterate/no education; literate or below primary; primary; middle; and high school and above. A similar procedure was applied to construct the husband's education. The social group variable includes the following categories: SC, ST and 'Others'. In independent India, SC and ST are two historically socially disadvantaged groups who are given explicit recognition in the Constitution of India, and who constitute around 16% and 8% of the population of India respectively, or around 24% altogether. In the context of socioeconomic disparities in India, the comparison of these two constitutionally recognised social groups with the relatively privileged population (observed as 'Others') becomes imperative from a public policy point of view. A household was classified according to the urban/rural definition of the Census of India. The level of economic status of women was derived from the information on household wealth vis-à-vis possession of wealth or assets by the household to which they belonged. In the absence of direct data on income in household sample surveys such as NFHS, a composite index of household wealth or asset is widely used as a surrogate indicator for assessing the economic status of the households. Several studies

Table 1 Recor	nmended immunisation s	chedule fo	r children i	in India		
Age (weeks)	Vaccine (months)	BCG	DPT	Polio	Measles	Cumulative coverage
Birth	0	Χ				BCG
6	1.5		Χ	Χ		BCG+DPT 1+polio 1
10	2.5		Χ	X		BCG+DPT 1-2+polio 1-2
14	3.5		Χ	X		BCG+DPT 1-3+polio 1-3
36	9.0				Χ	BCG+DPT 1-3+polio 1-3+measles
Source: Universal	Immunisation Programme D	Division, Dep	artment of I	amily Welfa	re, Ministry of He	alth and Family Welfare.

have found that the 'wealth index' highly correlates with income data in developing countries. ^{99–101} The wealth index is computed using the principle of factor loading to household amenities, assets and durables derived by factor analysis. Based on the factor scores, households are categorised in quintiles (ie, five equal divisions, each representing 20% of the entire sample) from the poorest to the richest groups corresponding to the lowest to the highest quintiles at the national level. Thus, this study has represented the household economic status of women in terms of 'wealth quintile', categorised in five groups, that is, 'poorest', 'poorer', 'middle', 'richer' and 'richest'.

Other social and demographic variables were also used as covariates in the multivariate models, which include mother's age at childbirth (<18 years, and 18–19 years); religion (Hindu, Muslim and others); work status (not working, working at home and working away from home); parity (1, 2, and 3+); birth order and interval (first birth order, birth order 2+ and interval ≤24 months, and birth order 2+ and interval >24 months); sex of the child (male/female); mass media exposure (no exposure, and any exposure); desirable status of the child (wanted, and unwanted); and region of residence (north, central, east, northeast, west, and south). The desirable status of the child (whether 'wanted' or 'unwanted') for adolescent mothers was estimated from the difference between the number of living children to women and the ideal number of children they perceived. With the aim to capture the influence of the prior visits of adolescents to a healthcare facility, the utilisation of full antenatal care and professional attendance at delivery were also used as covariates in the multivariate model.

Statistical analysis

In order to trace the trend among children of adolescent mothers availing full immunisation over time, we assessed whether the association between the predictor of interest and the outcome variable varied by survey rounds. This required the data from all three rounds to be pooled and examined for the trend using linear or non-linear trend analysis. As the sampling design of the NFHS offers an opportunity to make all the three rounds of data comparable, several earlier studies have pooled the different rounds of NFHS datasets to observe changes over time. Prevalence estimates and 95% CIs were calculated for adolescent women and their children (age 12-23 months) by the subgroups of key socioeconomic predictors using NFHS-calculated individual weights to take into account the multistage sampling design. Cochran-Armitage tests¹⁰² were used to test linear time-trend estimates, while χ^2 tests were used for non-linear trends with tests adjusted for complex survey design. 103

Since the outcome indicator used in this study was measured with a binary response in all surveys, we used a pooled multivariate logistic regression model to assess the influence or the strength of predictability of the selected socioeconomic predictors in accessing full immunisation by children of adolescent mothers. The multivariate model was adjusted for a set of sociodemographic factors. The results of the logit models are presented in terms of predicted probabilities with their 95% CIs. We additionally fitted a model stratified by survey periods and with interactions among key socioeconomic predictors to show the extent of inequality in the coverage of full immunisation among the children of adolescents belonging to different socioeconomic spectrum. The interactions between the predictor of interest and the survey rounds in the pooled data set were analysed using Wald tests. For unambiguous presentation of the logit model with number of interaction terms, we again report the results in terms of model-based predicted probabilities along with their 95% CI. Analyses were performed using statistical software STATA V.10 (Statacorp. Stata statistical software: Release 10. College Station: Statacorp LP, 2007) and Microsoft Excel.

RESULTS

Table 2 shows the trends in the proportion of children (aged 12-23 months) of adolescent mothers availing full immunisation by their socioeconomic background. An increase of about four percentage points (13%) was estimated from the level of 1990-1993 to 2003-2006. A substantial growth in the level of full immunisation was observed in the lowest three wealth quintiles and children of adolescent mothers belonging to the SC. The coverage of full immunisation among rural children was estimated to be 9% higher in 2003-2006 from the period 1990–1993, while the increase in immunisation coverage among urban children of adolescent mothers was about 23%. A considerable positive change in the immunisation coverage was also observed among children of uneducated adolescent mothers; however, there was no systematic pattern while comparing the prevalence of full immunisation among children of mothers and fathers with different levels of education.

After adjusting for selected sociodemographic and economic factors, there was no statistically significant positive change in the overall probability of children of adolescents availing full immunisation during 1990–1993 to 2003-2006 (table 3). However, the selected socioeconomic factors appeared to be significant determinants of the prevalence of full immunisation among children of adolescent mothers, thus suggesting considerable socioeconomic disparities in the immunisation coverage as hypothesised. The probability of children availing full immunisation appeared to be significantly higher with increasing economic level (ie, wealth quintile) of adolescent mothers. Mother's and father's education were non-linearly associated with the probability of availing full immunisation during 1990-2006. Social groups did not appear to wield statistically significant influence on the likelihood of children availing full vaccination. The children of adolescent mothers residing in rural areas were about 24% more likely to avail full immunisation compared with their urban counterparts.

Table 2 Prevalence (%) of children aged 12–23 months of adolescent mothers being fully immunised by socioeconomic characteristics, India, 1990–2006

	Full immunisation				
Socioeconomic characteristics	NFHS-1 (1990–93)	NFHS-2 (1996–99)	NFHS-3 (2003–06)	Relative change (%)*	p Value for trend†
Mother's education					
Illiterate	26.8 (23.9 to 30.0)	25.7 (22.5 to 29.2)	25.1 (21.1 to 29.7)	-6.3	< 0.001
Literate or below primary	45.8 (36.9 to 55.0)	53.1 (43.8 to 62.2)	43.9 (33.2 to 55.1)	-4.3	0.382‡
Primary	51.4 (44.7 to 58.1)	48.3 (41.0 to 55.6)	48.4 (41.1 to 55.8)	-5.8	0.798‡
Middle	58.4 (48.6 to 67.6)	52.4 (42.1 to 62.4)	59.3 (50.5 to 67.6)	1.7	0.553‡
High school and above Father's education	58.6 (47.9 to 68.4)	71.4 (61.2 to 79.8)	61.1 (50.9 to 70.5)	4.4	0.189‡
Illiterate	24.4 (21.0 to 28.3)	26.8 (22.3 to 31.8)	31.7 (25.8 to 38.2)	29.6	0.046
Literate or below primary	37.4 (28.2 to 47.6)	33.1 (24.4 to 43.0)	37.2 (27.0 to 48.8)	-0.5	0.789‡
Primary	39.0 (32.9 to 45.3)	44.1 (37.9 to 50.5)	43.8 (36.6 to 51.3)	12.5	0.468‡
Middle	47.4 (40.8 to 54.1)	41.1 (34.9 to 47.7)	38.7 (32.2 to 45.6)	-18.4	0.066
High school and above	46.5 (41.5 to 51.6)	47.5 (41.5 to 53.6)	50.3 (43.3 to 57.4)	8.2	0.404
Social group					
SC	26.7 (20.6 to 33.7)	39.1 (32.9 to 45.8)	37.6 (30.3 to 45.6)	41.2	0.037‡
ST	29.9 (23.8 to 36.9)	22.6 (16.2 to 30.6)	34.4 (26.0 to 43.9)	14.8	0.123‡
Other than SC and ST	38.2 (35.4 to 41.2)	40.4 (36.7 to 44.2)	41.4 (37.1 to 45.8)	8.2	<0.001
Wealth quintile					
Poorest	20.2 (16.5 to 24.5)	28.8 (23.8 to 34.4)	29.5 (23.7 to 36.0)	46.1	0.085
Poorer	28.7 (23.6 to 34.5)	29.7 (25.2 to 34.5)	35.3 (28.9 to 42.2)	22.8	0.230
Middle	35.1 (30.1 to 40.5)	45.4 (39.3 to 51.6)	45.9 (39.1 to 53.0)	30.8	0.097
Richer	56.3 (49.6 to 62.7)	56.6 (49.3 to 63.7)	49.1 (41.1 to 57.1)	-12.8	0.268‡
Richest	56.4 (49.6 to 63.0)	53.1 (43.2 to 62.9)	60.6 (47.8 to 72.0)	7.4	0.648‡
Area of residence					
Rural	34.8 (31.8 to 37.8)	35.5 (32.1 to 39.0)	37.8 (33.8 to 42.0)	8.8	<0.001
Urban	40.4 (35.1 to 45.9)	49.6 (42.8 to 56.5)	49.7 (42.5 to 56.9)	23.1	<0.001
Total	35.7 (33.2 to 38.3)	38.0 (35.0 to 41.0)	40.3 (36.8 to 43.9)	12.8	<0.001

Figures in parentheses are 95% CIs for the proportions.

Children of rural adolescent mothers with no education in the poorest wealth quintile were 40-43% less likely to avail full immunisation compared with children of urban adolescent mothers with high school and above education in the richest wealth quintile during 1990–2006 (table 4). Similarly, the children of rural SC/ ST adolescent mothers with no education in the lowest two (poorest and poorer) wealth quintiles had 39-54% less probability of availing full immunisation compared with children of urban SC/ST adolescent mothers with high school and above education in the highest two (richest and richer) wealth quintiles. However, the difference in probability between the children of SC/ST adolescent mothers in the lowest two quintiles residing in rural and urban areas was found negligible during the period.

DISCUSSION

This study provides evidence of persisting socioeconomic disparity in access to full immunisation among children of Indian adolescent mothers in the last one and half decades. It presents trends in childhood immunisation by key socioeconomic characteristics and shows wide disparity in availing full immunisation by children of adolescent mothers across select socioeconomic groups. The analysis is crucial from the programmatic point of view, as the findings of this study did not indicate a statistically significant improvement in access to full immunisation by the children of adolescent mothers during 1990-2006. Although, a separate analysis carried out to assess the immunisation status of children of older mothers (age >19 years) indicated a statistically significant improvement (see online supplementary table S2). Moreover, a wide disparity in access to full immunisation among children of adolescent mothers across the extreme ends of socioeconomic status was evident.

Findings showed that the difference in the probabilities of children availing full immunisation belonging to the most disadvantaged and advantaged mix of socioeconomic characteristics (based on their place of residence, education and economic status) was almost

^{*}Calculated as relative change=((final period %/period 1%)-1).

[†]Based on Cochran-Armitage time trend analyses using Rao-Scott adjustments to assess significant trends over time by socioeconomic characteristics.

 $[\]pm \chi^2$ analyses with Rao-Scott adjustments were applied due to nonlinear trends over time by socioeconomic characteristics.

NFHS-1, National Family Health Survey-1; SC, Scheduled Castes; ST, Scheduled Tribes.

Table 3 Selected socioeconomic predictors for children (aged 12–23 months) of adolescent women accessing full immunisation, India, 1990-2006

	Full immunisation	
	Univariate analysis	Multivariate analysis
Children aged 12–23 months (N=4922)	PP† (95% CI)	PP‡ (95% CI)
<u>, </u>	FF (33 % CI)	FF# (93 % CI)
Period	0.055 (0.000) 0.000)	0.007 (0.044) 0.004)
1990–1993	0.357 (0.332 to 0.383)	0.287 (0.244 to 0.334)
1996–1999	0.380 (0.350 to 0.410)	0.307 (0.262 to 0.356)
2003–2006	0.403 (0.368 to 0.439)	0.353 (0.303 to 0.407)
		p=0.339
Mother's education		
Illiterate	0.261 (0.241 to 0.281)	0.216 (0.190 to 0.244)
Literate or below primary	0.479 (0.422 to 0.537)	0.342 (0.312 to 0.373)
Primary	0.493 (0.451 to 0.535)	0.441 (0.409 to 0.474)
Middle	0.570 (0.515 to 0.623)	0.545 (0.510 to 0.580)
High school and above	0.635 (0.575 to 0.691)	0.665 (0.625 to 0.702)
		p<0.001
Father's education		
Illiterate	0.269 (0.243 to 0.296)	0.200 (0.174 to 0.229)
Literate or below primary	0.358 (0.302 to 0.418)	0.284 (0.255 to 0.316)
Primary	0.421 (0.383 to 0.460)	0.333 (0.303 to 0.363)
Middle	0.421 (0.383 to 0.461)	0.398 (0.367 to 0.430)
High school and above	0.480 (0.445 to 0.515)	0.541 (0.504 to 0.578)
, i	,	p=0.013 `
Social group		
Other than SC and ST	0.397 (0.377 to 0.418)	0.394 (0.362 to 0.427)
SC	0.351 (0.311 to 0.393)	0.302 (0.270 to 0.335)
ST	0.290 (0.248 to 0.336)	0.254 (0.219 to 0.293)
	, , , , , , , , , , , , , , , , , , ,	p=0.564
Wealth quintile		·
Poorest	0.258 (0.229 to 0.289)	0.170 (0.147 to 0.197)
Poorer	0.310 (0.278 to 0.343)	0.242 (0.217 to 0.270)
Middle	0.416 (0.381 to 0.452)	0.354 (0.325 to 0.384)
Richer	0.539 (0.497 to 0.582)	0.498 (0.464 to 0.533)
Richest	0.566 (0.514 to 0.616)	0.612 (0.572 to 0.650)
	(p<0.001
Area of residence		
Rural	0.359 (0.339 to 0.379)	0.303 (0.274 to 0.333)
Urban	0.462 (0.425 to 0.501)	0.491 (0.449 to 0.534)
	(320 10 0.00 .)	p=0.072

The p Value refers to adjusted Wald test.

*Multivariate model controls for mother's age at childbirth, religion, work status of mother, parity, birth order and interval, mass media exposure of mother, desirable status of the child, utilisation of full antenatal care by mother, professional attendance at delivery and region of residence besides all variables shown in the table.

twofold to threefold and such disparities were consistent over the survey period. The most deprived children in terms of receiving full immunisation appeared to reside in rural areas, belonged to poor families, and their mothers were illiterate. Interacting the impact of children belonging to socially deprived groups (ie, SC/ST) in association with their place of residence and economic status did not present much variation in probability, compared with the situation when the extreme ends of their mother's education was introduced in the socioeconomic spectrum. This experiment established the fact that economically poor children of illiterate

adolescent mothers from rural areas, irrespective of the social groups they belonged to, were the most deprived groups of children in terms of availing full vaccination. Moreover, the improvement in their vaccination status was found insufficient. The analysis showed that this deprived group of children represented almost onefourth of all children born to adolescent mothers, thus neglecting these children could significantly obstruct India's efforts to combat child mortality due to communicable diseases.

Previous studies from India and other low and middle income countries have highlighted the importance of

[†]Unadjusted predicted probability.

[‡]Adjusted predicted probability.

PP, predicted probability; SC, Scheduled Castes; ST, Scheduled Tribes.

	1990–1993	1996–1999	2003–2006
Paired interactions of covariates	PP 95% CI	PP 95% CI	PP 95% CI
Full immunisation to children*			
Rural×no education×Q1†	0.181 (0.155 to 210)	0.177 (0.149 to 210)	0.191 (0.158 to 228)
Urban×HS and above×Q5	0.611 (0.526 to 690)	0.585 (0.496 to 669)	0.624 (0.536 to 705)
Rural×SC/ST×Q1/Q2	0.212 (0.182 to 246)	0.235 (0.203 to 269)	0.266 (0.228 to 309)
Urban×SC/ST×Q1/Q2	0.257 (0.209 to 311)	0.298 (0.249 to 353)	0.259 (0.212 to 313)
RuralxSC/STxno educationxQ1/Q2	0.196 (0.173 to 220)	0.195 (0.174 to 216)	0.213 (0.188 to 241
UrbanxSC/STxHS and abovexQ4/Q5	0.589 (0.531 to 646)	0.736 (0.692 to 776)	0.645 (0.594 to 693)
	Per cent 95% CI	Per cent 95% CI	Per cent 95% CI
Proportion of children			
Rural×no education×Q1	37.2 (33.3 to 41.4)	36.9 (33.0 to 40.9)	25.9 (22.9 to 29.2)
Urban×HS and above×Q5	32.2 (23.9 to 41.8)	31.5 (22.6 to 42.0)	36.3 (27.7 to 45.9)
Rural×SC/ST×Q1/Q2	28.1 (24.6 to 31.8)	38.7 (35.0 to 42.6)	33.2 (29.8 to 36.8)
UrbanxSC/STxQ1/Q2	37.8 (32.7 to 43.2)	32.2 (27.0 to 38.0)	30.0 (25.7 to 34.7)
RuralxSC/STxno educationxQ1/Q2	31.8 (27.8 to 36.0)	39.4 (35.4 to 43.6)	28.8 (25.3 to 32.6)
Urban×SC/ST×HS and above×Q4/Q5	36.8 (28.7 to 45.7)	34.3 (26.0 to 43.8)	28.9 (22.0 to 36.9)

full antenatal care by mother, professional attendance at delivery, and region of residence besides all variables shown in the table. FEducation refers to mother's education. PP, predicted probability; SC, Scheduled Castes; ST, Scheduled Tribes.

social determinants in child healthcare utilisation. ¹⁰⁴ For example, the rural disadvantage in utilisation of healthcare services over urban has been repeatedly emphasised in various studies. In contrast to urban areas, the utilisation of health services in rural areas is limited by factors associated with availability, accessibility and quality of services as well as the characteristics of the users and the communities in which they live. 105 Specifically, geographical access has a greater impact on the utilisation of healthcare services, particularly in rural areas with limited provision of healthcare services. 106 Similarly, the importance of women's education in healthcare utilisation has been one of the most discussed issues in the global public health debate, particularly in the context of child health in low and middle income countries. However, the effect of education on child healthcare utilisation is much more pragmatic for adolescent women than for older women. Lack of education coupled with reproductive inexperience makes adolescent mothers and their children vulnerable. Early marriages tend to curtail young women's educational attainment, 22 107 as they are often expected to leave school after marriage in order to devote their time to homemaking and taking care of their children. ¹⁰⁸ There is a clear linear relationship between years of education and women's freedom of movement in the context of their visit to market, health facility and even places outside the village and community. 65 For instance, as per the NFHS-3 report, nearly one in five women from the age group 15-19 were allowed to go to a health facility by their families, much lower than the women in the age group 20–24 (36%), 25–29 (50%) and 30–39 (60%).

The economic status of the family is another key factor influencing childhood immunisation, which emerged in this study in the context of children of adolescent mothers. It is often argued that poor households do not have resources for healthcare expenses, as their priority is to meet basic daily needs, whereas wealthier households can spend a higher proportion of their earnings on healthcare. Low coverage of immunisation among children of adolescent mothers could be the result of their additional workload, providing economic support to the family and possible ignorance of child immunisation, highlighted by other studies in India⁶ and other resource-poor settings. 109 110 Although, workforce participation among adolescent women has been found lower compared with their older counterparts. Moreover, of all the adolescent women who were engaged in the formal labour force, nearly 40% were not empowered to spend their earnings as per their wish. Rather, the decision to spend their earnings was largely dependent on their husband and other household members.⁶⁵ This proportion was much lower for women of age-groups 20-24 (27%), 25-29 (19%) and 30-39 (14%).

Although the analyses carried out in this study are limited to the year 2006, the relevance of the findings could not be underestimated, as the estimates from a few later surveys such as District Level Household Survey (DLHS)-3 (2007–2008)¹² and Annual Health Survey (AHS) (2012–2013)¹¹¹ also indicate insufficient coverage in full-immunisation. Even the better performing states such as Uttarakhand, Chhattisgarh and Rajasthan fell short by 20–25 percentage points in achieving universal coverage as per the AHS estimates. Moreover, the focus of this study lies in highlighting the socioeconomic disparities in utilisation of full immunisation by a special group of population, which did not show adequate improvement over one and a half decades and likely to be persistent in near future too, if at all, the issue remained unaddressed.

Policy implications

Globally, monitoring inequalities in health is foremost in the agenda of public health surveillance. 33 In 2012, Ministers of Health from 194 countries at the 65th World Health Assembly held in Geneva endorsed the Global Vaccine Action Plan (GVAP), a roadmap to prevent millions of deaths by 2020 through equitable access to vaccines for people in all communities.34 Addressing socioeconomic differences in health and encouraging equitable distribution of health services has been one of the prime goals of India's contemporary health policy.³⁵ In order to achieve this goal, an assessment of health outcomes across space, time and groups is desirable. In this connection, the prime catch of this study concentrated on years-long persistence of disparities in the use of healthcare services across socioeconomic strata, which clearly suggests low priority in addressing social determinants of child immunisation over the select period. This also implies that the increase

in average immunisation may not essentially assure universal and equitable coverage to all, and the reach of services is still confined to certain favoured sections of the population. Findings of the present study re-emphasised the need to prioritise vaccination among children born to adolescent women and to address the socioeconomic disparities in immunisation coverage under existing health programmes, including Mission Indradhanush. Further, focus must be on those adolescent mothers who are illiterate, poor and residing in rural areas. According to the 2011 Indian Census, Uttar Pradesh (18%), West Bengal (13%), Bihar (12%), Maharashtra (7%), Rajasthan (7%), Madhya Pradesh (7%) and Andhra Pradesh (7%) shared almost 70% of all children born to adolescent women residing in rural areas (see online supplementary table S3). These states need to take concerted steps in the care of adolescent women and their children in terms of healthcare services including immunisation. In order to prioritise the programmatic efforts at the district level, this study has presented the district-wise proportion of adolescent women out of total women in reproductive age (figure 2A) and the proportion of rural, illiterate adolescent women who belong to socially deprived groups (ie, SC/ST) out of total rural women in reproductive age (figure 2B), as per the 2011 Indian Census. Bijapur and Dantewada (in Chhattisgarh), Malkangiri (in Odisha), Alirajpur, Jhabua and Burhanpur, Barwani (in Madhya Pradesh), Pratapgarh (in Rajasthan), Mon (in Nagaland) and Jaintia Hills (in Meghalaya) comprised a considerable proportion of rural, illiterate adolescent women who were from the socially deprived groups.

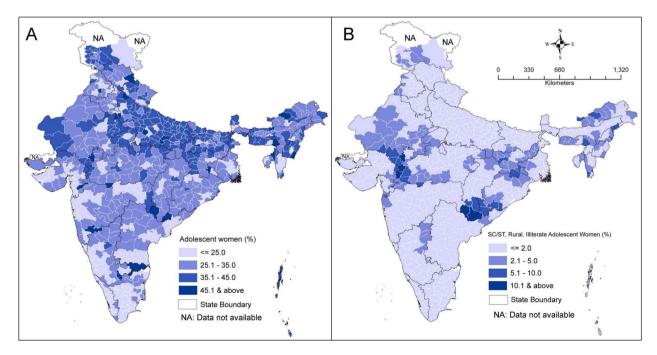


Figure 2 (A) District-wise proportion of adolescent women out of total women in reproductive age, India, 2011; and (B) district-wise proportion of rural, illiterate Scheduled Castes (SC)/Scheduled Tribes (ST) adolescent women out of total rural women in reproductive age, India, 2011.



Limitations of the study

Among the major limitations of this study, the first is the use of relatively old data sets. However, in order to assess the trends in disparity among socioeconomic groups, it was critical to use data from the three available NFHS. Unfortunately, the quinquennial canvassing of the NFHS was discontinued after the third wave of the survey. The fourth wave of the NFHS is expected to be released shortly. Second, the selection of the child sample of the adolescent mothers belonging to different socioeconomic groups might not be nationally representative, as the sampling of the NFHS does not provide specific consideration of each age group of women across different socioeconomic groups. Third, the reporting of the status of full vaccination could be affected by recall errors of mothers (respondents of the survey). As far as relevance of this study in the present time is concerned, it has provided statistics from the recent surveys of no remarkable change in the immunisation pattern, especially in some parts of the country, and the study argues that socioeconomic disparity in the utilisation pattern has a persistent and long-term impact on Indian society.

Conclusion

This study based on empirical analysis underscores insufficient improvement in provision of full immunisation to Indian children, especially to children born to adolescent mothers, over one and a half decades. Highlighting the influence of select socioeconomic indicators, the study presented twofold to threefold difference in the probabilities of children of adolescent mothers availing full immunisation between the least and the most advantaged groups of the population. The study strongly advocates for the promotion of a comprehensive scheme focusing on adolescent mothers and their children to improve levels of full immunisation while minimising the social disparities in the overall coverage. The geographical concentration of adolescent women out of all women of reproductive age, and those belonging to deprived groups, presented in this study would help policymakers to prioritise the intervention in health programmes including immunisation.

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